

Yes. Respiratory viruses can be passed by shaking hands and touching your eyes, nose and mouth.

Greet people with a wave, a nod or a bow instead.

Should I avoid shaking hands because of the new coronavirus?



No. Regularly washing your bare hands offers more protection against catching COVID-19 than wearing rubber gloves.

You can still pick up COVID-19 contamination on rubber gloves. If you then touch your face, the contamination goes from your glove to your face and can infect you.

Is wearing rubber gloves while out in public effective in preventing the new coronavirus infection?



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#Coronavirus #COVID19

9 March 2020

To prevent COVID-19 it is  
safest to avoid physical  
contact when greeting.  
Safe greetings include a  
wave, a nod, or a bow.

How should I greet  
another person to avoid  
catching the new  
coronavirus?



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