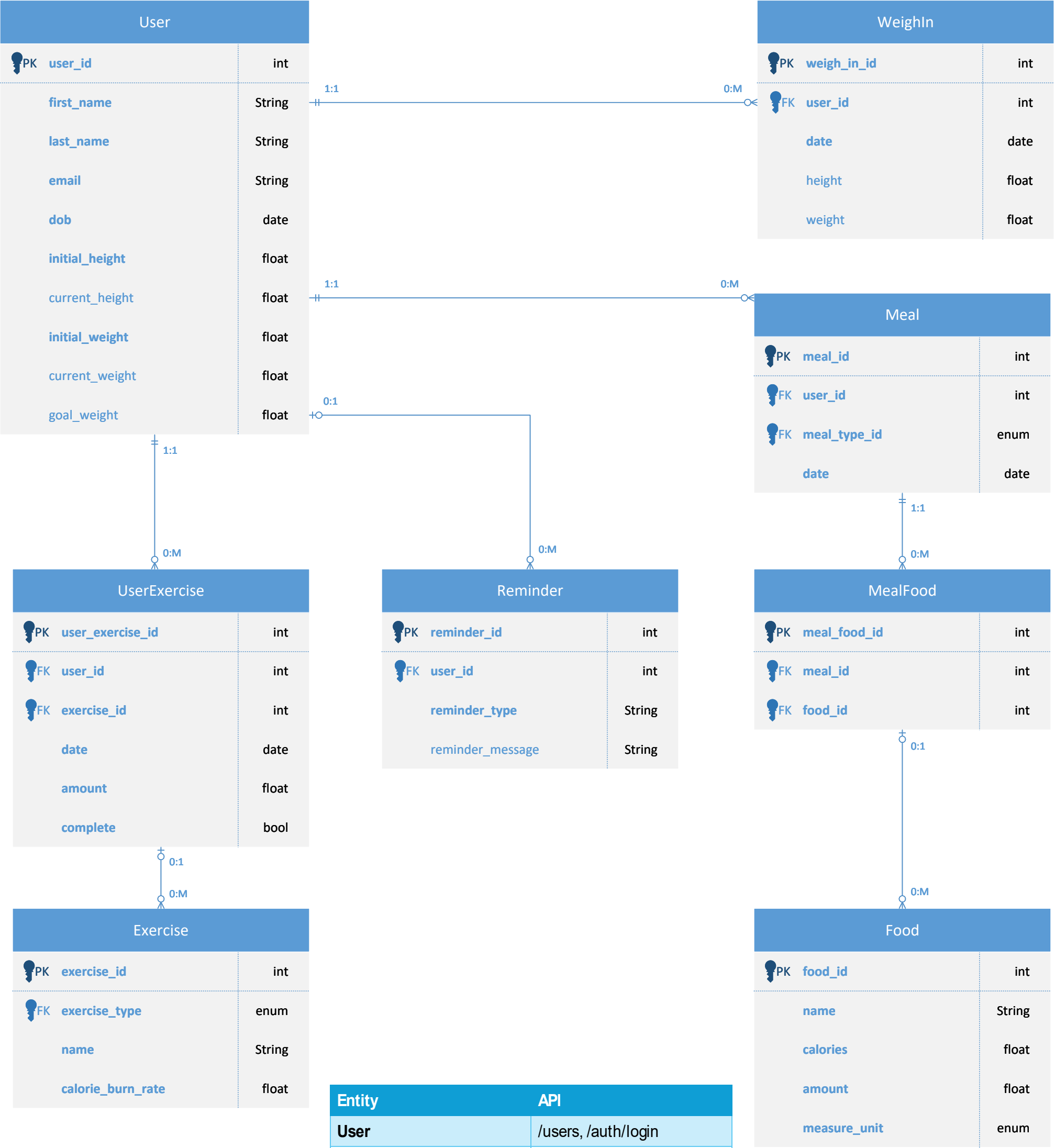


Health & Wellness
Entity Relationship Diagram
CEN 4940
Fall 2025

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Entity	API
User	/users, /auth/login
UserExercise	/users/{id}/exercises
Exercise	/exercises
Meal	/users/{id}/meals
MealFood	/meals/{id}/items
Food	/foods
WeighIn	/users/{id}/weighins
Reminder	/users/{id}/reminders