



OUAIS C'EST PIERRE

DESCRIPTION

I am a runner in lost times and a Pokemon breeder, he's preparing special ingredients for his pokemon and stay fit for being able to follow them in a step of constant evolution. My last marathon was not a long time ago and it was cool. It goes along the river. The view is very nice and it's not too demanding. And i'am still preparing some other ones that are coming.

GOALS

Becoming the best Pokemon breeder

- being gentle with his compagnon
- training them and feed them
- compete in future tournament

Being as fit as possible

- Daily routin and progress check-up
- special meal for steady progress

HABITS/FRUSTRATIONS

-I'm running about 4 to 5 times a week
-Training with my pokemons

-Sometimes i can be too-much of a woman-lover
-my jokes are bad ones
need a little improvement in the hydrataion sector.