

Proofs - Auxiliary ODE Grönwall Tools

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1 Generalized Grönwall inequalities

[Integral and differential Grönwall inequalities] Let $T > 0$, and suppose $y : [0, T] \rightarrow [0, \infty)$ is continuous.

1. (Integral form) If there are nonnegative functions $a, b \in L^1(0, T)$ such that

$$y(t) \leq a(t) + \int_0^t b(s) y(s) ds, \quad \forall t \in [0, T],$$

then

$$y(t) \leq a(t) + \int_0^t a(s) b(s) \exp\left(\int_s^t b(\sigma) d\sigma\right) ds.$$

In particular, if a is nondecreasing then

$$y(t) \leq a(t) \exp\left(\int_0^t b(s) ds\right).$$

2. (Differential form) If $y \in C^1([0, T])$ satisfies

$$\frac{dy}{dt} \leq \alpha(t) y(t) + \beta(t), \quad \forall t \in [0, T],$$

for integrable functions α, β , then

$$y(t) \leq y(0) \exp\left(\int_0^t \alpha(s) ds\right) + \int_0^t \beta(s) \exp\left(\int_s^t \alpha(\sigma) d\sigma\right) ds.$$

- 1. Integral form.** Define $z(t) = \int_0^t b(s) y(s) ds$. Then the hypothesis gives

$$y(t) \leq a(t) + z(t) \implies z'(t) = b(t) y(t) \leq b(t) a(t) + b(t) z(t).$$

Apply the differential-form Grönwall inequality (part 2) to z :

$$z(t) \leq \int_0^t b(s) a(s) \exp\left(\int_s^t b(\sigma) d\sigma\right) ds.$$

Hence

$$y(t) \leq a(t) + z(t) \leq a(t) + \int_0^t a(s) b(s) \exp\left(\int_s^t b(\sigma) d\sigma\right) ds.$$

If a is nondecreasing then $a(s) \leq a(t)$ for $0 \leq s \leq t$, so

$$y(t) \leq a(t) \left[1 + \int_0^t b(s) \exp\left(\int_s^t b(\sigma) d\sigma\right) ds\right] = a(t) \exp\left(\int_0^t b(s) ds\right).$$

2. Differential form. Rearrange the inequality as

$$\frac{d}{dt} \left(e^{-\int_0^t \alpha} y(t) \right) = e^{-\int_0^t \alpha} \left(y'(t) - \alpha(t) y(t) \right) \leq e^{-\int_0^t \alpha} \beta(t).$$

Integrate from 0 to t :

$$e^{-\int_0^t \alpha} y(t) - y(0) \leq \int_0^t e^{-\int_0^s \alpha} \beta(s) ds.$$

Multiplying by $e^{\int_0^t \alpha}$ yields

$$y(t) \leq y(0) e^{\int_0^t \alpha} + \int_0^t \beta(s) e^{\int_s^t \alpha} ds,$$

which is the claimed result.

2 ODE-comparison lemma for $\dot{y} \leq Ay + By^2$

[Comparison for quadratic growth ODE] Let $A, B \geq 0$. Suppose $y \in C^1([0, T])$ satisfies

$$\frac{dy}{dt} \leq Ay + By^2, \quad y(0) = y_0 \geq 0.$$

Then for all $t \in [0, T]$ with $1 - BAy_0(e^{At} - 1) > 0$,

$$y(t) \leq \frac{y_0 e^{At}}{1 - BAy_0(e^{At} - 1)}.$$

Consider the Riccati equation

$$\frac{dz}{dt} = Az + Bz^2, \quad z(0) = y_0,$$

whose explicit solution is

$$z(t) = \frac{y_0 e^{At}}{1 - BAy_0(e^{At} - 1)},$$

valid as long as the denominator stays positive. Since y satisfies $\dot{y} \leq Ay + By^2$ and $y(0) = z(0)$, the standard comparison principle for ODEs implies $y(t) \leq z(t)$ for all t up to the blow-up time of z . This yields the stated bound.

3 Continuity-in-time lemmas

[Weak-continuity in L^2] Let $u \in L^\infty(0, T; L_\sigma^2(\mathbb{R}^3))$ satisfy

$$\partial_t u \in L^{4/3}(0, T; (H_\sigma^1(\mathbb{R}^3))').$$

Then $u \in C_w([0, T]; L_\sigma^2(\mathbb{R}^3))$, i.e. $t \mapsto \langle u(t), \varphi \rangle$ is continuous for every $\varphi \in L_\sigma^2(\mathbb{R}^3)$.

Fix $\varphi \in H_\sigma^1(\mathbb{R}^3) \subset L_\sigma^2(\mathbb{R}^3)$. For a.e. $s, t \in [0, T]$,

$$\langle u(t) - u(s), \varphi \rangle = \int_s^t \langle \partial_\tau u(\tau), \varphi \rangle d\tau.$$

Since $\partial_t u \in L^{4/3}(0, T; (H^1)')$ and $\varphi \in H^1$, Hölder gives

$$|\langle u(t) - u(s), \varphi \rangle| \leq \|\partial_t u\|_{L^{4/3}(s, t; (H^1)')} \|\varphi\|_{L^4(s, t; H^1)} \leq C |t - s|^{1/4} \|\partial_t u\|_{L^{4/3}(0, T; (H^1)')} \|\varphi\|_{H^1}.$$

Thus $t \mapsto \langle u(t), \varphi \rangle$ is Hölder-continuous of exponent $1/4$, hence continuous.

Density of H_σ^1 in L_σ^2 and the uniform $L_t^\infty L_x^2$ -bound then upgrade this to continuity against all $\varphi \in L_\sigma^2$, proving $u \in C_w([0, T]; L_\sigma^2)$.

[Strong-continuity in L^2] Let

$$u \in L^2(0, T; H_\sigma^1(\mathbb{R}^3)), \quad \partial_t u \in L^2(0, T; (H_\sigma^1(\mathbb{R}^3))').$$

Then $u \in C([0, T]; L_\sigma^2(\mathbb{R}^3))$ and, moreover,

$$\|u(t)\|_{L^2}^2 = \|u(0)\|_{L^2}^2 + 2 \int_0^t \langle \partial_s u(s), u(s) \rangle_{(H^1)', H^1} ds.$$

This is the classical Lions–Magenes lemma (see *e.g.* [?]), specialized to the Gelfand triplet

$$H_\sigma^1(\mathbb{R}^3) \hookrightarrow L_\sigma^2(\mathbb{R}^3) \hookrightarrow (H_\sigma^1(\mathbb{R}^3))'.$$

Precisely, since $u \in L^2(0, T; H_\sigma^1)$ and $\partial_t u \in L^2(0, T; (H^1)')$, one has $u \in C([0, T]; L_\sigma^2)$ and the above identity holds by differentiating $\|u(t)\|_{L^2}^2$ in time in the weak sense. A direct proof uses a mollification in time and passage to the limit, which recovers both continuity and the energy-identity formula.

4 Interpolation inequalities in time–space norms

[Interpolation in mixed Lebesgue spaces] Let $0 \leq \theta \leq 1$, and let $1 \leq p_0, p_1, q_0, q_1 \leq \infty$. Define

$$\frac{1}{p} = \frac{\theta}{p_0} + \frac{1-\theta}{p_1}, \quad \frac{1}{q} = \frac{\theta}{q_0} + \frac{1-\theta}{q_1}.$$

If $f: [0, T] \times \mathbb{R}^3 \rightarrow \mathbb{R}$ satisfies

$$f \in L^{p_0}(0, T; L^{q_0}(\mathbb{R}^3)) \quad \text{and} \quad f \in L^{p_1}(0, T; L^{q_1}(\mathbb{R}^3)),$$

then $f \in L^p(0, T; L^q(\mathbb{R}^3))$ and there is a constant C , depending only on the indices, such that

$$\|f\|_{L_t^p L_x^q} \leq \|f\|_{L_t^{p_0} L_x^{q_0}}^\theta \|f\|_{L_t^{p_1} L_x^{q_1}}^{1-\theta}.$$

In particular, for any $r \in [p_0, p_1]$ and $s \in [q_0, q_1]$ with $1r = \theta p_0 + 1 - \theta p_1$, $1s = \theta q_0 + 1 - \theta q_1$, one has $\|f\|_{L_t^r L_x^s} \leq \|f\|_{L_t^{p_0} L_x^{q_0}}^\theta \|f\|_{L_t^{p_1} L_x^{q_1}}^{1-\theta}$.

Apply the Riesz–Thorin interpolation theorem first in x for each fixed t , to deduce

$$\|f(t, \cdot)\|_{L_x^q} \leq \|f(t, \cdot)\|_{L_x^{q_0}}^\theta \|f(t, \cdot)\|_{L_x^{q_1}}^{1-\theta}.$$

Raising to the p th power and integrating in t gives

$$\|f\|_{L_t^p L_x^q}^p = \int_0^T \|f(t)\|_{L_x^q}^p dt \leq \int_0^T \|f(t)\|_{L_x^{q_0}}^{\theta p} \|f(t)\|_{L_x^{q_1}}^{(1-\theta)p} dt.$$

Now apply Hölder's inequality in time with exponents $p_0 \theta p$ and $p_1 (1 - \theta)p$, which satisfy $\theta p p_0 + (1 - \theta)p p_1 = 1$. One obtains

$$\|f\|_{L_t^p L_x^q}^p \leq \left(\int_0^T \|f(t)\|_{L_x^{q_0}}^{p_0} dt \right)^{\theta p / p_0} \left(\int_0^T \|f(t)\|_{L_x^{q_1}}^{p_1} dt \right)^{(1-\theta)p / p_1}.$$

Taking p th roots yields the stated interpolation inequality.