# **Penetration Testing**

#### Task:

Conduct penetration testing to identify and exploit vulnerabilities in systems and applications.

# What is Penetration Testing?

Penetration testing (pentesting) is a cybersecurity practice where security professionals simulate real-world attacks to identify weaknesses in an organization's network, applications, or infrastructure. The goal is to discover vulnerabilities before malicious actors exploit them.

#### **Steps to Conduct Penetration Testing**

## 1. Planning and Reconnaissance

Define scope, objectives, and gather intelligence on the target system.

## 2. Scanning

Use tools like Nmap and Nessus to identify open ports and vulnerabilities.

# 3. Gaining Access

Exploit identified vulnerabilities using Metasploit or manual techniques.

#### 4. Maintaining Access

Test persistence techniques to see if an attacker can remain undetected.

# 5. Analysis and Reporting

Document findings, impact assessment, and recommendations for mitigation.

#### 6. Remediation and Reassessment

Fix vulnerabilities and conduct a retest to ensure they are resolved.

#### **Penetration Testing Resources:**

- OWASP Penetration Testing Guide: https://owasp.org/www-project-web-security-testing-guide/
- Kali Linux: https://www.kali.org/
- Metasploit Framework: https://www.metasploit.com/
- Nmap Security Scanner: https://nmap.org/
- Nessus Vulnerability Scanner: https://www.tenable.com/products/nessus