Quantitative prior probabilities for disease-causing variants reveal the top genetic contributors in inborn errors of immunity

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Abstract

We present a novel framework for quantifying the prior probability of observing disease-associated variants in any gene for a given phenotype. By integrating large-scale genomic annotations, including population allele frequencies and ClinVar variant classifications, with Hardy-Weinberg-based calculations, our method estimates per-variant observation probabilities under autosomal dominant (AD), autosomal recessive (AR), and X-linked modes of inheritance. Applied to 557 genes implicated in primary immunodeficiency and inflammatory disease, our approach generated 54,814 variant probabilities. First, these detailed, pre-calculated results provide robust priors for any gene-disease combination. Second, a score positive total metric summarises the aggregate pathogenic burden, serving as an indicator of the likelihood of observing a patient with the disease and reflecting genetic constraint. Validation in *NFKB1* (AD) and *CFTR* (AR) disorders confirmed close concordance between predicted and observed case counts. The resulting datasets, available in both machine-readable and human-friendly formats, support Bayesian variant interpretation and clinical decision-making. [1]

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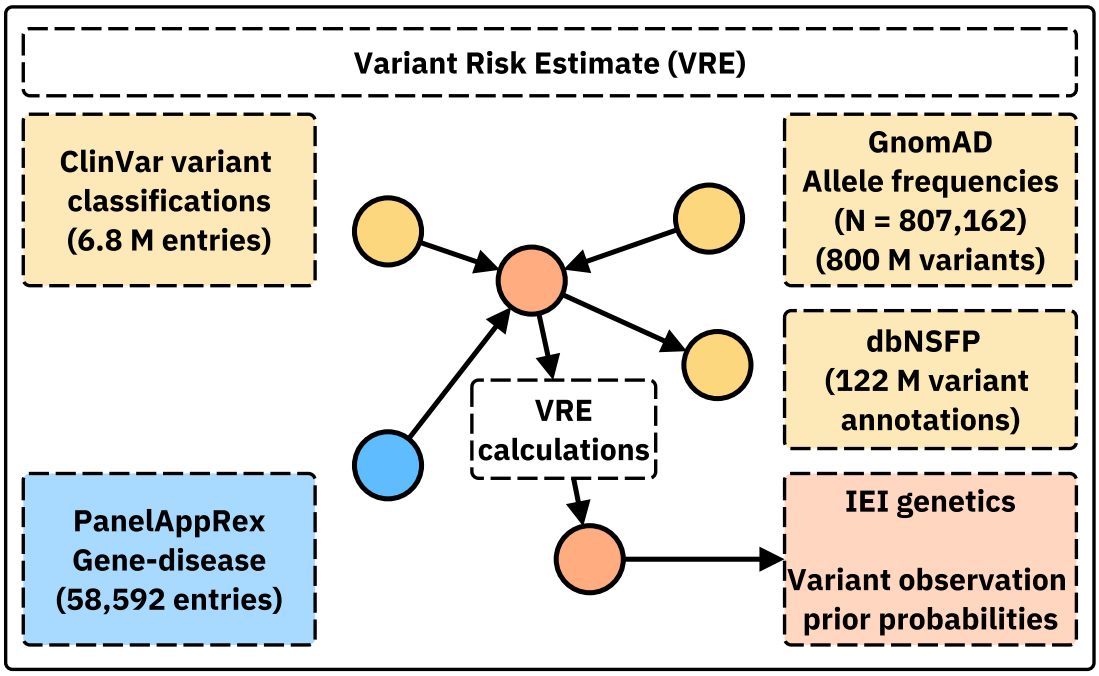
[1] **Availability:** This data is integrated in public panels at https://iei-genetics.github.io. The source code and data are accessible as part of the variant risk estimation project at https://github.com/DylanLawless/var_risk_est. The variant-level data is available from the Zenodo repository: https://doi.org/10.5281/zenodo.15111583 (VarRiskEst PanelAppRex ID 398 gene variants.tsv). VarRiskEst is available under the MIT licence.


Variant Risk Estimate (VRE)
ClinVar variant classifications (6.8 M entries)
GnomAD Allele frequencies (N = 807,162) (800 M variants)
dbNSFP (122 M variant annotations)
VRE calculations
PanelAppRex Gene-disease (58,592 entries)
IEI genetics
Variant observation prior probabilities

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Acronyms

ACMG American College of Medical Genetics and Genomics . . . 22
ACAT Aggregated Cauchy Association Test . . . 22
AD Autosomal Dominant . . . 4
ANOVA Analysis of Variance . . . 11
AR Autosomal Recessive . . . 4
BMF Bone Marrow Failure . . . 18
CD Complement Deficiencies . . . 19
CI Confidence Interval . . . 12
CF Cystic Fibrosis . . . 10
CFTR Cystic Fibrosis Transmembrane Conductance Regulator . . . 5
CVID Common Variable Immunodeficiency . . . 8
dbNSFP database for Non-Synonymous Functional Predictions . . . 5
GE Genomics England . . . 5
gnomAD Genome Aggregation Database . . . 5
HGVS Human Genome Variation Society . . . 5
HPC High-Performance Computing . . . 8
HWE Hardy-Weinberg Equilibrium . . . 4
IEI Inborn Errors of Immunity . . . 4
InDel Insertion/Deletion . . . 5
LOEUF Loss-Of-function Observed/Expected Upper bound Fraction . . . 11
LOF Loss-of-Function . . . 18
MOI Mode of Inheritance . . . 4
NFKB1 Nuclear Factor Kappa B Subunit 1 . . . 5
OMIM Online Mendelian Inheritance in Man . . . 20
PID Primary Immunodeficiency . . . 4
PPI Protein-Protein Interaction . . . 5
SNV Single Nucleotide Variant . . . 4
SKAT Sequence Kernel Association Test . . . 22
STRINGdb Search Tool for the Retrieval of Interacting Genes/Proteins . . . 5
HSD Honestly Significant Difference . . . 11
UMAP Uniform Manifold Approximation and Projection . . . 18
UniProt Universal Protein Resource . . . 5
VEP Variant Effect Predictor . . . 5
XL X-Linked . . . 4

1 Introduction

In this study, we focused on reporting the probability of disease observation through genome-wide assessments of gene-disease combinations. Our central hypothesis was that by using highly curated annotation data including population allele frequencies, disease phenotypes, Mode of Inheritance (MOI) patterns, and variant classifications and by applying rigorous calculations based on Hardy-Weinberg Equilibrium (HWE), we could accurately estimate the expected probabilities of observing disease-associated variants. Among other benefits, this knowledge can be used to derive genetic diagnosis confidence by incorporating these new priors.

In this report, we focused on known Inborn Errors of Immunity (IEI) genes, also referred to as the Primary Immunodeficiency (PID) or Monogenic Inflammatory Bowel Disease genes (1–3) to validate our approach and demonstrate its clinical relevance. This application to a well-established genotype-phenotype set, comprising over 500 gene-disease associations, underscores its utility (1).

Quantifying the risk that a newborn inherits a disease-causing variant is a fundamental challenge in genomics. Classical statistical approaches grounded in HWE (7; 8) have long been used to calculate genetic MOI probabilities for Single Nucleotide Variant (SNV)s. However, applying these methods becomes more complex when accounting for different MOI, such as Autosomal Recessive (AR) versus Autosomal Dominant (AD) or X-Linked (XL) disorders. In AR conditions, for example, the occurrence probability must incorporate both the homozygous state and compound heterozygosity, whereas for AD and XL disorders, a single pathogenic allele is sufficient to cause disease. Advances in genetic research have revealed that MOI can be even more complex (9). Mechanisms such as dominant negative effects, haploinsufficiency, mosaicism, and digenic or epistatic interactions can further modulate disease risk and clinical presentation, underscoring the need for nuanced approaches in risk estimation. Karczewski et al. (10) made significant advances; however, the remaining challenge lay in applying the necessary statistical genomics data across all MOI for any gene-disease combination Similar approaches have been reported for disease such Wilson disease, Mucopolysaccharidoses, Primary ciliary dyskinesia, and treatable metabolic diseasse, (4; 5), as reviewed by Hannah et al. (6).

To our knowledge all approaches to date have been limited to single MOI, specific to the given disease, or restricted to a small number of genes. We argue that our integrated approach is highly powerful because the resulting probabilities can serve as informative priors in a Bayesian framework for variant and disease probability estimation; a perspective that is often overlooked in clinical and statistical genetics. Such a framework not only refines classical HWE-based risk estimates but also has the potential to enrich clinicians' understanding of what to expect in a patient and to enhance the analytical models employed by bioinformaticians. The dataset also holds value for AI and reinforcement learning applications, providing an enriched version of the data underpinning frameworks such as AlphaFold (11) and AlphaMissense (12).

We introduced PanelAppRex to aggregate gene panel data from multiple sources,

including Genomics England (GE) PanelApp, ClinVar, and Universal Protein Resource (UniProt), thereby enabling advanced natural searches for clinical and research applications (2; 3; 13; 14). It automatically retrieves expert-curated panels, such as those from the NHS National Genomic Test Directory and the 100,000 Genomes Project, and converts them into machine-readable formats for rapid variant discovery and interpretation. We used PanelAppRex to label disease-associated variants. We also integrate key statistical genomic resources. The gnomAD v4 dataset compiles data from 807,162 individuals, encompassing over 786 million SNVs and 122 million Insertion/Deletion (InDel)s with detailed population-specific allele frequencies (10). database for Non-Synonymous Functional Predictions (dbNSFP) provides functional predictions for over 120 million potential non-synonymous and splicing-site SNVs, aggregating scores from 33 sources alongside allele frequencies from major populations (15). ClinVar offers curated variant classifications such as "Pathogenic", "Likely pathogenic" and "Benign" mapped to HGVS standards and incorporating expert reviews (13).

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2 Methods

2.1 Dataset

Data from Genome Aggregation Database (gnomAD) v4 comprised 807,162 individuals, including 730,947 exomes and 76,215 genomes (10). This dataset provided 786,500,648 SNVs and 122,583,462 InDels, with variant type counts of 9,643,254 synonymous, 16,412,219 missense, 726,924 nonsense, 1,186,588 frameshift and 542,514 canonical splice site variants. ClinVar data were obtained from the variant summary dataset (as of: 16 March 2025) available from the NCBI FTP site, and included 6,845,091 entries, which were processed into 91,319 gene classification groups and a total of 38,983 gene classifications; for example, the gene *A1BG* contained four variants classified as likely benign and 102 total entries (13). For our analysis phase we also used dbNSFP which consisted of a number of annotations for 121,832,908 SNVs (15). The PanelAppRex core model contained 58,592 entries consisting of 52 sets of annotations, including the gene name, disease-gene panel ID, diseases-related features, confidence measurements. (2) A Protein-Protein Interaction (PPI) network data was provided by Search Tool for the Retrieval of Interacting Genes/Proteins (STRINGdb), consisting of 19,566 proteins and 505,968 interactions (16). The Human Genome Variation Society (HGVS) nomenclature is used with Variant Effect Predictor (VEP)-based codes for variant IDs. We carried out validations for disease cohorts with Nuclear Factor Kappa B Subunit 1 (*NFKB1*) (17–20) and Cystic Fibrosis Transmembrane Conductance Regulator (*CFTR*) (21–23) to demonstrate

applications in AD and AR disease genes, respectively. **Box 2.1** list the definitions for the major disease categories used throughout this study.

Box 2.1 Definitions for IEI Major Disease Categories

Major Category	Description
1. CID	Immunodeficiencies affecting cellular and humoral immunity
2. CID+	Combined immunodeficiencies with associated or syndromic features
3. PAD	Predominantly Antibody Deficiencies
4. PIRD	Diseases of Immune Dysregulation
5. PD	Congenital defects of phagocyte number or function
6. IID	Defects in intrinsic and innate immunity
7. AID	Autoinflammatory Disorders
8. CD	Complement Deficiencies
9. BMF	Bone marrow failure

2.2 Variant Class Observation Probability

As a starting point, we considered the classical HWE for a biallelic locus:

$$p^2 + 2pq + q^2 = 1,$$

where p is the allele frequency, $q = 1 - p$, p^2 represents the homozygous dominant, $2pq$ the heterozygous, and q^2 the homozygous recessive genotype frequencies. For disease phenotypes, particularly under AR MOI, the risk is traditionally linked to the homozygous state (p^2); however, to account for compound heterozygosity across multiple variants, we extend this by incorporating the contribution from other pathogenic alleles.

Our computational pipeline estimated the probability of observing a disease-associated genotype for each variant and aggregated these probabilities by gene and ClinVar classification. This approach included all variant classifications, not limited solely to those deemed "pathogenic", and explicitly conditioned the classification on the given phenotype, recognising that a variant could only be considered pathogenic relative to a defined clinical context. The core calculations proceeded as follows:

1. Allele Frequency and Total Variant Frequency. For each variant i in a gene, the allele frequency was denoted as p_i. For each gene, we defined the total variant frequency (summing across all reported variants in that gene) as:

$$P_{\text{tot}} = \sum_{i \in \text{gene}} p_i.$$

If a variant had no observed allele ($p_i = 0$), we assigned a minimal risk:

$$p_i = \frac{1}{\max(AN) + 1},$$

where $\max(AN)$ was the maximum allele number observed for that gene. This adjustment ensured that a nonzero risk was incorporated even in the absence of observed variants.

2. Occurrence Probability Based on MOI. The probability that an individual was affected by a variant depended on the mode of MOI relative to a specific phenotype. Specifically, we calculated the occurrence probability $p_{\text{disease},i}$ for each variant as follows:

- For **AD** and **XL** variants, a single copy was sufficient, so

  $$p_{\text{disease},i} = p_i.$$

- For **AR** variants, disease manifested when two pathogenic alleles were present. In this case, we accounted for both the homozygous state and the possibility of compound heterozygosity:

  $$p_{\text{disease},i} = p_i^2 + 2\,p_i\big(P_{\text{tot}} - p_i\big).$$

3. Expected Case Numbers and Case Detection Probability. Given a population with N births (e.g. as seen in our validation studies, $N = 69\,433\,632$), the expected number of cases attributable to variant i was calculated as:

$$E_i = N \cdot p_{\text{disease},i}.$$

The probability of detecting at least one affected individual for that variant was computed as:

$$P(\geq 1)_i = 1 - \big(1 - p_{\text{disease},i}\big)^N.$$

4. Aggregation by Gene and ClinVar Classification. For each gene and for each ClinVar classification (e.g. "Pathogenic", "Likely pathogenic", "Uncertain significance", etc.), we aggregated the results across all variants. The total expected cases for a given group was:

$$E_{\text{group}} = \sum_{i \in \text{group}} E_i,$$

and the overall probability of observing at least one case within the group was calculated as:

$$P_{\text{group}} = 1 - \prod_{i \in \text{group}} \left(1 - p_{\text{disease},i}\right).$$

5. Data Processing and Implementation. We implemented the calculations within a High-Performance Computing (HPC) pipeline and provided an example for a single dominant disease gene, *TNFAIP3*, in the source code to enhance reproducibility. Variant data were imported in chunks from the annotation database for all chromosomes (1-22, X, Y, M).

For each data chunk, the relevant fields were gene name, position, allele number, allele frequency, ClinVar classification, and HGVS annotations. Missing classifications (denoted by ".") were replaced with zeros and allele frequencies were converted to numeric values. We then retained only the first transcript allele annotation for simplicity, as the analysis was based on genomic coordinates. Subsequently, the variant data were merged with gene panel data from PanelAppRex to obtain the disease-related MOI mode for each gene. For each gene, if no variant was observed for a given ClinVar classification (i.e. $p_i = 0$), a minimal risk was assigned as described above. Finally, we computed the occurrence probability, expected cases, and the probability of observing at least one case using the equations presented.

The final results were aggregated by gene and ClinVar classification and used to generate summary statistics that reviewed the predicted disease observation probabilities.

2.3 Validation of Autosomal Dominant Estimates Using *NFKB1*

To validate our genome-wide probability estimates in an AD gene, we focused on *NFKB1*. Our goal was to compare the expected number of *NFKB1*-related Common Variable Immunodeficiency (CVID) cases, as predicted by our framework, with the reported case count in a well-characterised national-scale PID cohort.

1. Reference Dataset. We used a reference dataset reported by Tuijnenburg et al. (17) to build a validation model in an AD disease gene. A whole-genome sequencing study of 846 predominantly sporadic, unrelated PID cases from the NIHR BioResource-Rare Diseases cohort identified *NFKB1* as one of the genes most strongly associated with PID. Sixteen novel heterozygous variants-including truncating, missense, and gene deletion variants-in *NFKB1* were found, accounting for 46% of CVID cases (n = 390) in the cohort.

Functional analyses, including structural protein evaluation, immunophenotyping, immunoblotting, and ex vivo lymphocyte stimulation, revealed that all carriers exhibited deficiencies in B-lymphocyte differentiation, particularly an increased CD21low B-cell population. These findings had established heterozygous loss-of-function variants in *NFKB1* as the most common monogenic cause of CVID, with significant prognostic implications.

2. Cohort Prevalence Calculation. Therefore, we used this UK-based cohort of 846 unrelated PID patients where 390 cases of CVID were attributed to *NFKB1*,

yielding an observed cohort prevalence of

$$\text{Prevalence}_{\text{cohort}} = \frac{390}{846} \approx 0.461.$$

3. National Estimate Based on Literature. Based on literature, the prevalence of CVID in the general population was estimated at approximately 1/25 000 (17–20). For a UK population of $N_{\text{UK}} \approx 69\,433\,632$, the expected number of CVID cases was calculated as

$$E_{\text{CVID}} \approx \frac{69\,433\,632}{25\,000} \approx 2777.$$

Thus, the maximum expected number of *NFKB1*-related CVID cases in the entire population was estimated as

$$\text{Estimated } NFKB1 \text{ cases} \approx 2777 \times 0.461 \approx 1280,$$

with an approximate 95% confidence interval (derived from Wilson's method) of 1188 to 1374 cases.

4. Bayesian Adjustment. Given that the clinical cohort was derived from a specialized setting-likely capturing nearly all PID cases-the observed 390 cases may have better represented the true burden. To reconcile these perspectives, we performed a Bayesian adjustment by combining the known cohort data with the national estimate. Specifically, we computed a weighted average to symbolically acknowledge potential uncertainty:

$$\text{Adjusted Estimate} = w \cdot 390 + (1 - w) \cdot 1280,$$

with w set to 0.9 to reflect a strong preference for the observed data. Additionally, we modelled the uncertainty in the observed prevalence using a beta distribution:

$$p \sim \text{Beta}(390 + 1,\ 846 - 390 + 1),$$

and generated 10 000 posterior samples to obtain a density distribution for the adjusted estimate.

5. Validation test. Thus, the expected number of *NFKB1*-related CVID cases derived from our genome-wide probability estimates was compared with the observed counts from the UK-based PID cohort. This comparison validated our framework for estimating disease incidence in AD disorders.

2.4 Validation Study for Autosomal Recessive CF Using CFTR

To validate our framework for AR diseases, we focused on Cystic Fibrosis (CF). For comparability sizes between the validation studies, we analysed the most common SNV in the *CFTR* gene, typically reported as "p.Arg117His" (GRCh38 Chr 7:117530975 G/A, MANE Select HGVSp ENST00000003084.11: p.Arg117His). Our goal was to validate our genome-wide probability estimates by comparing the expected number of CF cases attributable to the p.Arg117His variant in *CFTR* with the nationally reported case count in a well-characterised disease cohort (21–23).

1. Expected Genotype Counts. Let p denote the allele frequency of the p.Arg117His variant and q denote the combined frequency of all other pathogenic *CFTR* variants, such that

$$q = P_{\text{tot}} - p \quad \text{with} \quad P_{\text{tot}} = \sum_{i \in \text{CFTR}} p_i.$$

Under Hardy–Weinberg equilibrium for an AR trait, the expected frequencies were:

$$f_{\text{hom}} = p^2 \quad \text{(homozygous for p.Arg117His)}$$

and

$$f_{\text{comphet}} = 2p\,q \quad \text{(compound heterozygotes carrying p.Arg117His and another pathogenic allele).}$$

For a population of size N (here, $N \approx 69\,433\,632$), the expected number of cases were:

$$E_{\text{hom}} = N \cdot p^2, \quad E_{\text{comphet}} = N \cdot 2p\,q, \quad E_{\text{total}} = E_{\text{hom}} + E_{\text{comphet}}.$$

2. Mortality Adjustment. Since CF patients experience increased mortality, we adjusted the expected genotype counts using an exponential survival model (21–23). With an annual mortality rate $\lambda \approx 0.004$ and a median age of 22 years, the survival factor was computed as:

$$S = \exp(-\lambda \cdot 22).$$

Thus, the mortality-adjusted expected genotype count became:

$$E_{\text{adj}} = E_{\text{total}} \times S.$$

3. Bayesian Uncertainty Simulation. To incorporate uncertainty in the allele frequency p, we modelled p as a beta-distributed random variable:

$$p \sim \text{Beta}(p \cdot \text{AN}_{\text{eff}} + 1,\ \text{AN}_{\text{eff}} - p \cdot \text{AN}_{\text{eff}} + 1),$$

using a large effective allele count (AN_{eff}) for illustration. By generating 10,000 posterior samples of p, we obtained a distribution of the literature-based adjusted expected counts, E_{adj}.

4. Bayesian Mixture Adjustment. Since the national registry may not capture all nuances (e.g., reduced penetrance) of *CFTR*-related disease, we further combined the literature-based estimate with the observed national count (714 cases from the UK Cystic Fibrosis Registry 2023 Annual Data Report) using a 50:50 weighting:

$$E_{\text{Bayes}} = 0.5 \times (\text{Observed Count}) + 0.5 \times E_{\text{adj}}.$$

5. Validation test. Thus, the expected number of *CFTR*-related CF cases derived from our genome-wide probability estimates was compared with the observed counts from the UK-based CF registry. This comparison validated our framework for estimating disease incidence in AD disorders.

2.5 Protein Network and Genetic Constraint Interpretation

A PPI network was constructed using protein interaction data from STRINGdb (16). We previously prepared and reported on this dataset consisting of 19,566 proteins and 505,968 interactions (https://github.com/DylanLawless/ProteoMCLustR). Node attributes were derived from log-transformed score-positive-total values, which informed both node size and colour. Top-scoring nodes (top 15 based on score) were labelled to highlight prominent interactions. To evaluate group differences in score-positive-total across major disease categories, one-way Analysis of Variance (ANOVA) was performed followed by Tukey Honestly Significant Difference (HSD) post hoc tests (and non-parametric Dunn's test for confirmation). GnomAD v4.1 constraint metrics data was used for the PPI analysis and was sourced from Karczewski et al. (10). This provided transcript-level metrics, such as observed/expected ratios, Loss-Of-function Observed/Expected Upper bound Fraction (LOEUF), pLI, and Z-scores, quantifying loss-of-function and missense intolerance, along with confidence intervals and related annotations for 211,523 observations.

3 Results

3.1 Observation Probability Across Disease Genes

Our study integrated large-scale annotation databases with gene panels from PanelAppRex to systematically assess disease genes by MOI. By combining population allele frequencies with ClinVar clinical classifications, we computed an expected observation probability for each SNV, representing the likelihood of encountering a variant of a specific pathogenicity for a given phenotype. We report these probabilities for 54,814 ClinVar variant classifications across 557 genes (linked dataset (24)).

In practice, our approach computed a simple observation probability for every SNV across the genome and was applicable to any disease-gene panel. Here, we focused on panels related to Primary Immunodeficiency or Monogenic Inflammatory

Bowel Disease, using PanelAppRex panel ID 398 as a case study. **Figure 1** displays all reported ClinVar variant classifications for this panel. The resulting natural scaling system (-5 to +5) accounts for the frequently encountered combinations of classification labels (e.g. benign to pathogenic). The resulting data set (24) is briefly shown in **Table 1** to illustrate that our method yielded estimations of the probability of observing a variant with a particular ClinVar classification.

Table 1: Example of the first several rows from our main results for 557 genes of PanelAppRex's panel: (ID 398) Primary immunodeficiency or monogenic inflammatory bowel disease. "ClinVar Significance" indicates the pathogenicity classification assigned by ClinVar, while inVar Significance" indicates the pathogenicity classification assigned by ClinVar, while "Occurrence Prob" represents our calculated probability of observing the corresponding variant class for a given phenotype. Additional columns, such as population allele frequency, are not shown. (24)

Gene	Panel ID	ClinVar Clinical Significance	GRCh38 Pos	HGVSc (VEP)	HGVSp (VEP)	Inheritance	Occurrence Probability
ABI3	398	Uncertain significance	49210771	c.47G>A	p.Arg16Gln	AR	0.000000007
ABI3	398	Uncertain significance	49216678	c.265C>T	p.Arg89Cys	AR	0.000000005
ABI3	398	Uncertain significance	49217742	c.289G>A	p.Val97Met	AR	0.000000002
ABI3	398	Uncertain significance	49217781	c.328G>A	p.Gly110Ser	AR	0.000000002
ABI3	398	Uncertain significance	49217844	c.391C>T	p.Pro131Ser	AR	0.000000015
ABI3	398	Uncertain significance	49220257	c.733C>G	p.Pro245Ala	AR	0.000000022

3.2 Validation of Dominant Disease Occurrence with *NFKB1*

To validate our genome-wide probability estimates for AD disorders, we focused on *NFKB1*. We used a reference dataset from Tuijnenburg et al. (17), in which whole-genome sequencing of 846 PID patients identified *NFKB1* as one of the genes most strongly associated with the disease, with 390 CVID cases attributed to heterozygous variants. Our goal was to compare the predicted number of *NFKB1*-related CVID cases with the reported count in this well-characterised national-scale cohort.

Our model calculated 456 *NFKB1*-related CVID cases in the UK. In the reference cohort, 390 *NFKB1* CVID cases were reported. We additionally wanted to account for potential under-reporting in the reference study. We used an extrapolated national CVID prevalence to yield an upper bound maximum of 1280 cases (95% Confidence Interval (CI): 1188–1374), while a Bayesian-adjusted mixture estimate produced a median of 835 cases (95% CI: 789–882). **Figure 2 (A)** illustrates that our predicted value of 456 lies within these ranges and is closer to the observed count, thereby supporting the validity of our integrated probability estimation framework for AD disorders.

3.3 Validation of Recessive Disease Occurrence with *CFTR*

Our analysis predicted the number of CF cases attributable to carriage of the p.Arg117His variant (either as homozygous or as compound heterozygous with another pathogenic

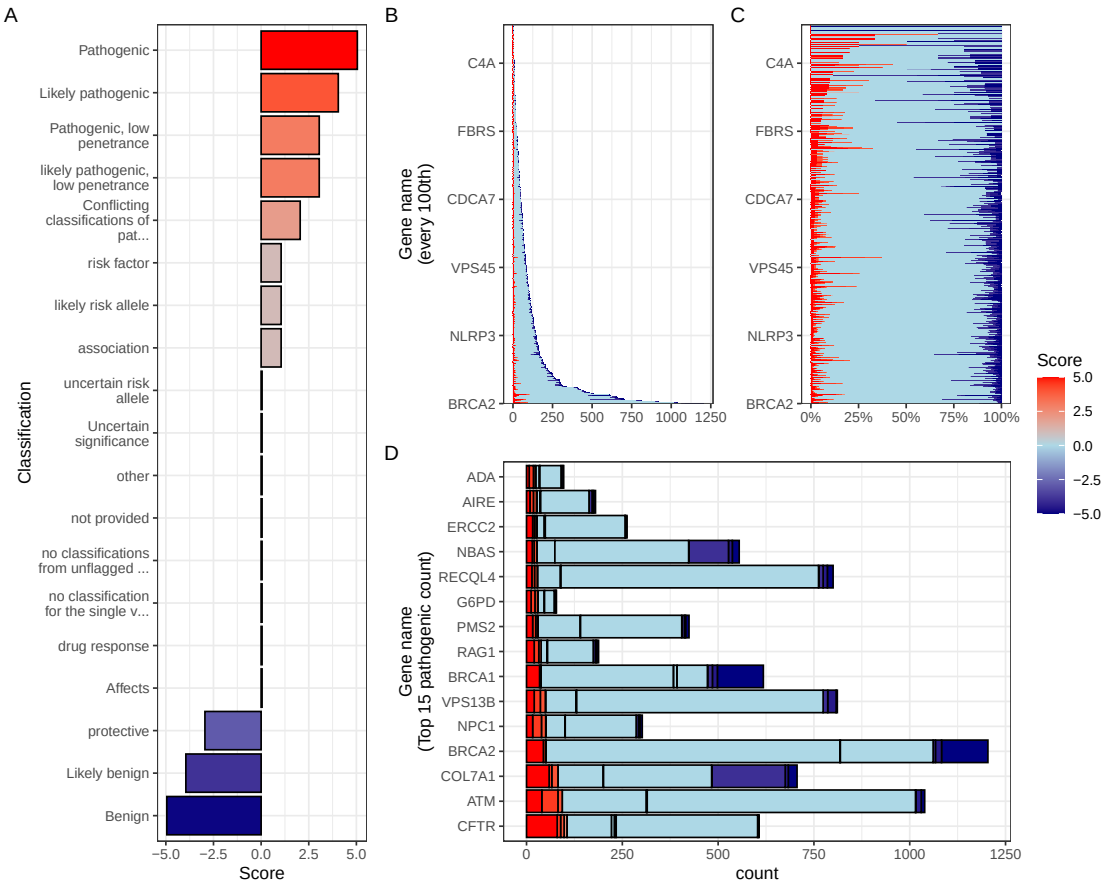

Figure 1: **Summary of ClinVar clinical significance classifications in the PID gene panel.** (A) Shows the numeric score coding for each classification. Panels (B) and (C) display the tally of classifications per gene as absolute counts and as percentages, respectively. (D) Highlights the top 15 genes with the highest number of reported pathogenic classifications (score 5).

allele) in the UK. Based on HWE calculations and mortality adjustments, we predicted approximately 648 cases arising from biallelic variants and 160 cases from homozygous variants, resulting in a total of 808 expected cases.

In contrast, the nationally reported number of CF cases was 714, as recorded in the UK Cystic Fibrosis Registry 2023 Annual Data Report (21). To account for factors such as reduced penetrance and the mortality-adjusted expected genotype, we derived a Bayesian-adjusted estimate via posterior simulation. Our Bayesian approach yielded a median estimate of 740 cases (95% CI: 696, 786) and a mixture-based estimate of 727 cases (95% CI: 705, 750). **Figure 2 (B)** illustrates the close concordance between the predicted values, the Bayesian-adjusted estimates, and the national report supports the validity of our approach for estimating disease.

Figure S1 shows the final values for these genes of interest in a given population size and phenotype. It reveals that an allele frequency threshold of approximately

0.000007 is required to observe a single heterozygous disease-causing variant carrier in the UK population for both genes. However, owing to the AR MOI pattern of *CFTR*, this threshold translates into more than 100,000 heterozygous carriers, compared to only 456 carriers for the AD gene *NFKB1*. Note that this allele frequency threshold, being derived from the current reference population, represents a lower bound that can become more precise as public datasets continue to grow. This marked difference underscores the significant impact of MOI patterns on population carrier frequencies and the observed disease prevalence.

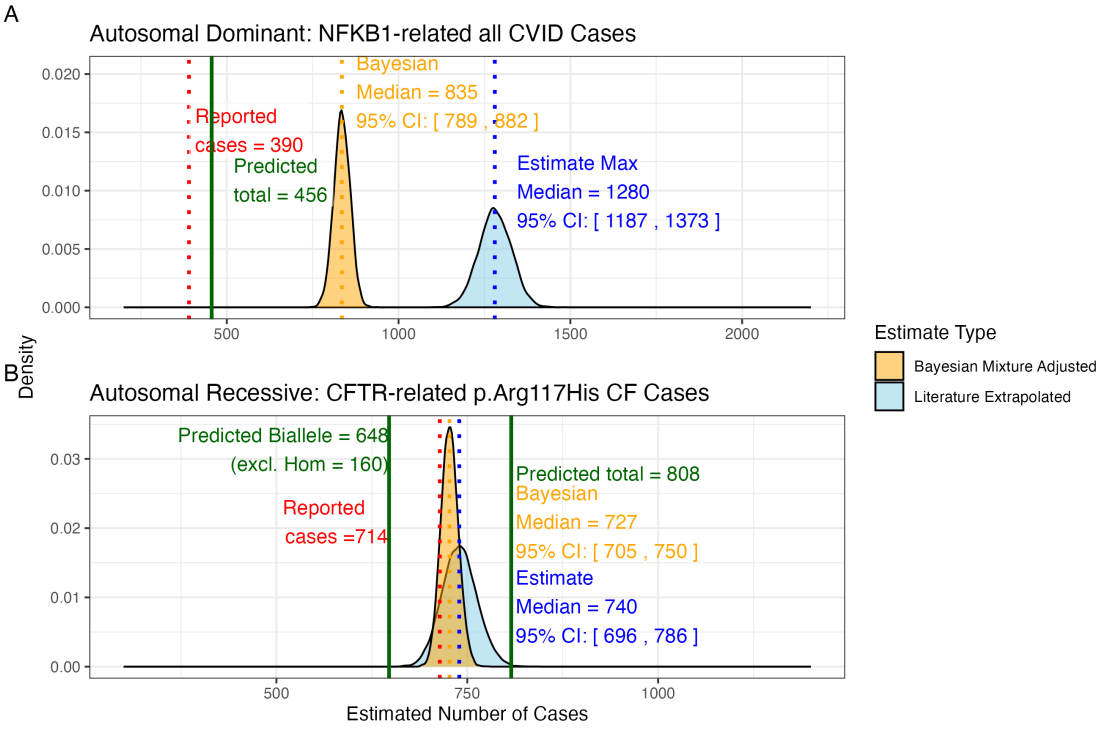

Figure 2: **Prior probabilities compared to validation disease cohort metrics.** (A) Density distributions for the number of *NFKB1*-related CVID cases in the UK. Our model (green) predicted 456 cases, which falls between the observed cohort count (red) of 390 and the upper extrapolated values. The blue curve represents maximum count of 1280, and the orange curve shows the Bayesian-adjusted mixture estimate of 835. (B) Density distributions for *CFTR*-related p.Arg117His CF cases. Our model (green) predicted 648 biallelic cases and 808 total cases. The nationally reported case count (red) was 714. The blue curve represents maximum extrapolated count of 740, and the orange curve shows the Bayesian-adjusted mixture estimate of 727. We observed close agreement among the reported disease cases and our integrated probability estimation framework.

3.4 Interpretation of ClinVar Variant Observations

Figure 3 shows the two validation study PID genes, representing AR and dominant MOI. **Figure 3 (A)** illustrates the overall probability of an affected birth by ClinVar variant classification, whereas **Figure 3 (B)** depicts the total expected number of cases per classification for an example population, here the UK, of approximately 69.4 million.

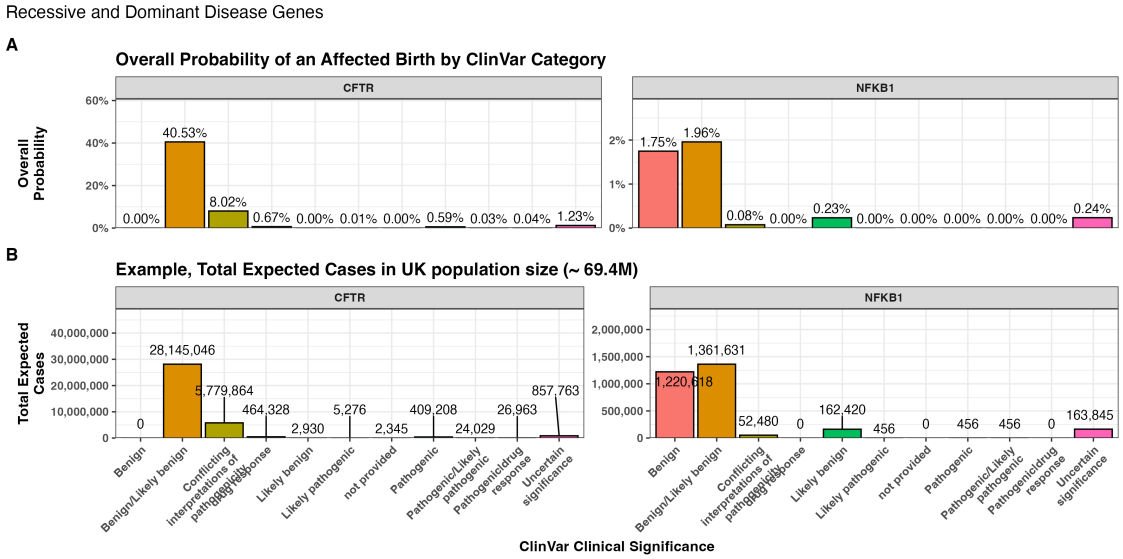

Figure 3: **Combined bar charts summarizing the genome-wide analysis of ClinVar clinical significance for the PID gene panel**. Panel (A) shows the overall probability of an affected birth by variant classification, and (B) displays the total expected number of cases per classification, both stratified by gene. These integrated results illustrate the variability in variant observations across genes and underpin our validation of the probability estimation framework.

3.5 Genetic constraint in high-impact protein networks

We next examined genetic constraint in high-impact protein networks across the whole IEI gene set of over 500 known disease-gene phenotypes (1). By integrating ClinVar variant classification scores with PPI data, we quantified the pathogenic burden per gene and assessed its relationship with network connectivity and genetic constraint (10; 16).

3.5.1 Score-Positive-Total within IEI PPI network

The ClinVar classifications reported in **Figure 1** were scaled -5 to +5 based on their pathogenicity. We were interested in positive (potentially damaging) but not negative

(benign) scoring variants, which are statistically incidental in this analysis. We tallied gene-level positive scores to give the score positive total metric. **Figure 4 (A)** shows the PPI network of disease-associated genes, where node size and colour encode the score positive total (log-transformed). The top 15 genes with the highest total prior probabilities of being observed with disease are labelled (as per **Figure 1**).

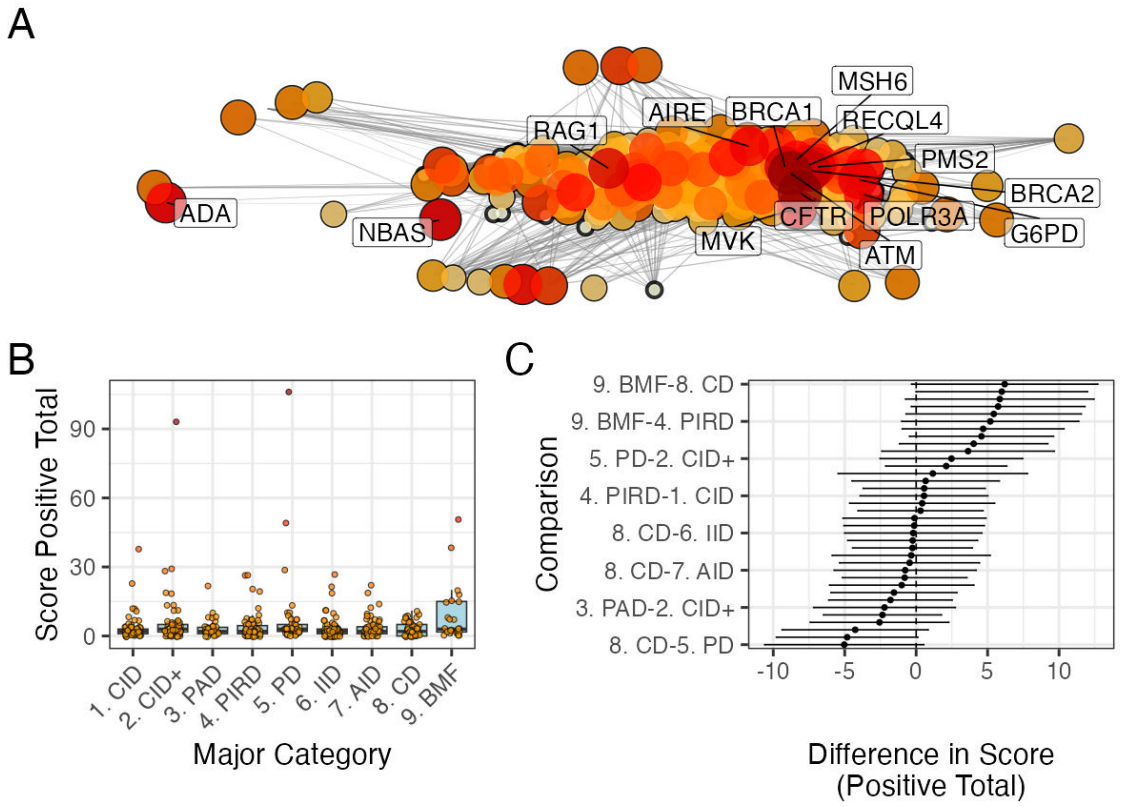

Figure 4: **PPI network and score positive total ClinVar significance variants**. (A) PPI network of disease-associated genes. Node size and colour represent the log-transformed score positive total, the top 15 genes/proteins with the highest probability of being observed in disease are labelled. (B) Distribution of score positive total across the major IEI disease categories. (C) Tukey HSD comparisons of mean differences in score positive total among all pairwise disease categories. Every 5th label is shown on y-axis.

3.5.2 Association Analysis of Score-Positive-Total across IEI Categories

We checked for any statistical enrichment in score positive totals, which represents the expected observation of pathogenicity, between the IEI categories. The one-way ANOVA revealed an effect of major disease category on score positive total ($F(8, 500) = 2.82$, $p = 0.0046$), indicating that group means were not identical, which we observed in **Figure 4 (B)**. However, despite some apparent differences in median scores across

categories (i.e. 9. Bone Marrow Failure (BMF)), the Tukey HSD post hoc comparisons **Figure 4 (C)** showed that all pairwise differences had 95% confidence intervals overlapping zero, suggesting that individual group differences were not significant.

3.5.3 UMAP Embedding of the PPI Network

To address the density of the PPI network for the IEI gene panel, we applied Uniform Manifold Approximation and Projection (UMAP) (**Figure 5**). Node sizes reflect interaction degree, a measure of evidence-supported connectivity (16). We tested for a correlation between interaction degree and score positive total. In **Figure 5**, gene names with degrees above the 95th percentile are labelled in blue, while the top 15 genes by score positive total are labelled in yellow (as per **Figure 1**). Notably, genes with high pathogenic variant loads segregated from highly connected nodes, suggesting that Loss-of-Function (LOF) in hub genes is selectively constrained, whereas damaging variants in lower-degree genes yield more specific effects. This observation was subsequently tested empirically.

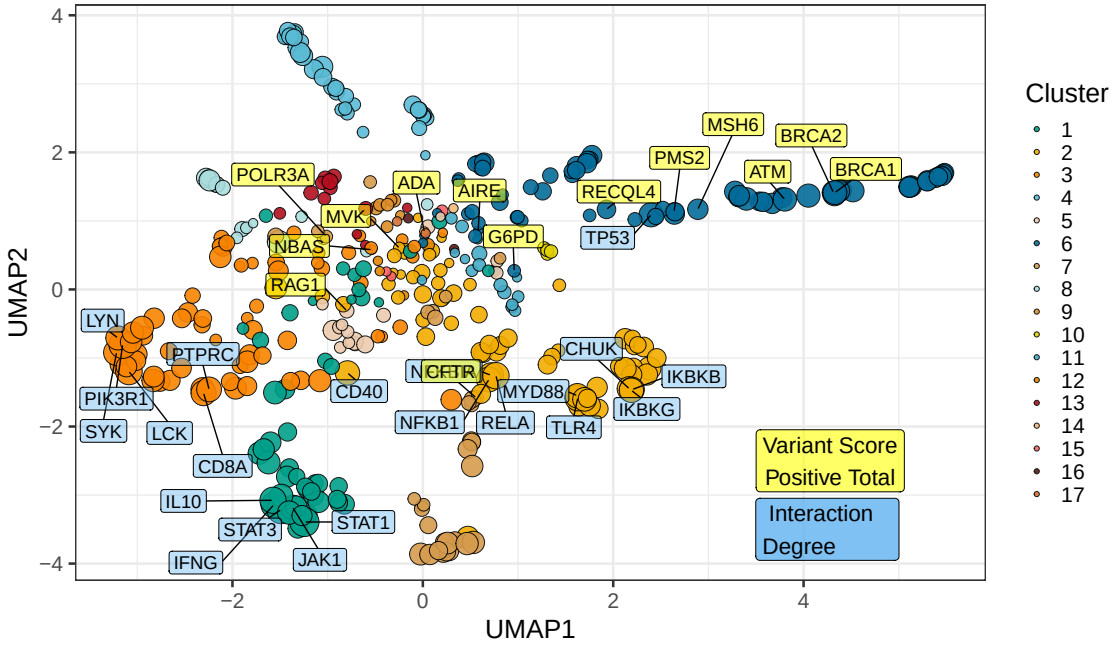

Figure 5: **UMAP embedding of the PPI network (p_umap).** The plot projects the high-dimensional protein-protein interaction network into two dimensions, with nodes coloured by cluster and sized by interaction degree. Blue labels indicate hub genes (degree above the 95th percentile) and yellow labels mark the top 15 genes by score positive total (damaging ClinVar classifications). The spatial segregation suggests that genes with high pathogenic variant loads are distinct from highly connected nodes.

3.5.4 Hierarchical Clustering of Enrichment Scores for Major Disease Categories

Figure S2 presents a heatmap of standardised residuals for major disease categories across network clusters, as per **Figure 5**. A dendrogram clusters similar disease categories, while the accompanying bar plot displays the maximum absolute standardised residual for each category. Notably, (8) Complement Deficiencies (CD) shows the highest maximum enrichment, followed by (9) BMF. While all maximum values exceed 2, the threshold for significance, this likely reflects the presence of protein clusters with strong damaging variant scores rather than uniform significance across all categories (i.e. genes from cluster 4 in 8 CD).

3.5.5 PPI Connectivity, LOEUF Constraint and Enriched Network Cluster Analysis

Based on the preliminary insight from **Figure S2** , we evaluated the relationship between network connectivity (PPI degree) and LOF constraint (LOEUF upper rank) Karczewski et al. (10) using Spearman's rank correlation . Overall, there was a weak but significant negative correlation ($\rho = -0.181$, $p = 0.00024$) at the global scale, indicating that highly connected genes tend to be more constrained. A supplementary analysis (see **Figure 6** did not reveal distinct visual associations between network clusters and constraint metrics, likely due to the high network density. However once stratified by gene clusters, the natural biological scenario based on quantitative PPI evidence (16), some groups showed strong correlations; for instance, cluster 2 ($\rho = -0.375$, $p = 0.000994$) and cluster 4 ($\rho = -0.800$, $p < 0.000001$), while others did not. This indicated that shared mechanisms within pathway clusters may underpin genetic constraints, particularity for LOF intolerance. We observe that the score positive total metric effectively summarises the aggregate pathogenic burden across IEI genes, serving as a robust indicator of genetic constraint and highlighting those with elevated disease relevance.

Figure 6 (C, D) shows the re-plotted PPI networks for clusters with significant correlations between PPI degree and LOEUF upper rank. In these networks, node size is scaled by a normalised variant score, while node colour reflects the variant score according to a predefined palette.

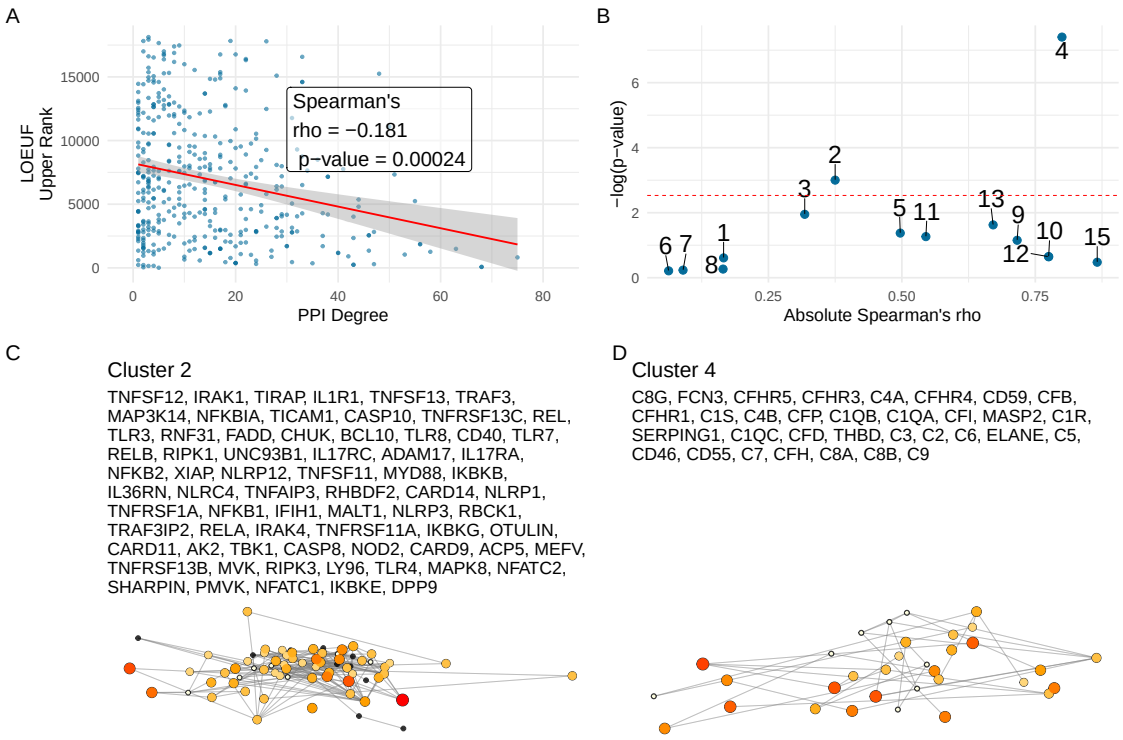

Figure 6: **Correlation between PPI degree and LOEUF upper rank. (A)** Ananlysis across all genes revealed a weak, significant negative correlation between PPI degree and LOEUF upper rank. **(B)** The cluster-wise analysis showed that clusters 2 and 4 exhibited moderate to strong correlations, while other clusters display weak or non-significant relationships. **(C) and (D)** Shows the new network plots for the significantly enriched clusters based on gnomAD constraint metrics.

3.5.6 Integration of Variant Probabilities into IEI Genetics Data

We integrated the computed prior probabilities for observing variants in all known genes associated with a given phenotype (1), across AD, AR, and XL MOI, into our IEI genetics framework. These calculations, derived from gene panels in PanelAppRex, have yielded novel insights for the IEI disease panel. The final result comprised of machine- and human-readable datasets, including the table of variant classifications and priors available via a the linked repository (24), and a user-friendly web interface that incorporates these new metrics.

Figure 7 shows the interface summarising integrated variant data. Server-side pre-calculation of summary statistics minimises browser load, while clinical significance is converted to numerical metrics. Key quantiles (min, Q1, median, Q3, max) for each gene are rendered as sparkline box plots, and dynamic URLs link table entries to external databases (e.g. ClinVar, Online Mendelian Inheritance in Man (OMIM), AlphaFold).

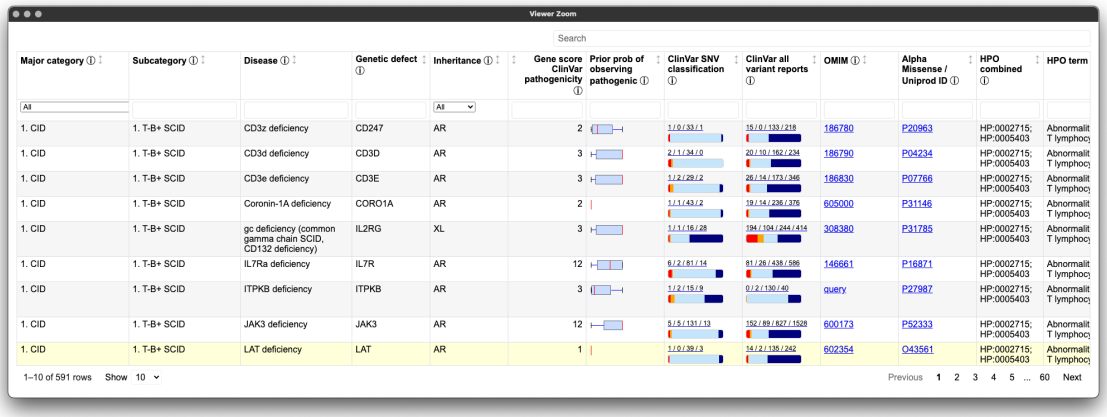

Figure 7: **Integration of variant probabilities into the IEI genetics framework.** The interface summarises the condensed variant data, with pre-calculated summary statistics and dynamic links to external databases. This integration enables immediate access to detailed variant classifications and prior probabilities for each gene.

4 Discussion

Our study presents, to our knowledge, the first comprehensive framework for calculating prior probabilities of observing disease-associated variants. By integrating large-scale genomic annotations, including population allele frequencies from gnomAD (10), variant classifications from ClinVar (13), and functional annotations from resources such as dbNSFP, with classical Hardy-Weinberg-based calculations, we derived robust estimates for 54,814 ClinVar variant classifications across 557 IEI genes implicated in PID and monogenic inflammatory bowel disease (1; 2).

Our approach yielded two key results. First, our detailed, per-variant pre-calculated results provide prior probabilities of observing disease-associated variants across all MOI for any gene-disease combination. Second, the score positive total metric effectively summarises the aggregate pathogenic burden across genes, serving as a robust indicator of genetic constraint and highlighting those with elevated disease relevance.

Estimating disease risk in genetic studies is complicated by uncertainties in key parameters such as variant penetrance and the fraction of cases attributable to specific variants (9). In the simplest model, where a single, fully penetrant variant causes disease, the lifetime risk $P(D)$ is equivalent to the genotype frequency $P(G)$. For an allele with frequency p, this translates to:

$$\begin{aligned} \text{Recessive:} \quad & P(D) = p^2, \\ \text{Dominant:} \quad & P(D) = 2p(1-p) \approx 2p. \end{aligned}$$

When penetrance is incomplete, defined as $P(D \mid G)$, the risk becomes:

$$P(D) = P(G)\, P(D \mid G).$$

In more realistic scenarios where multiple variants contribute to disease, $P(G \mid D)$ denotes the fraction of cases attributable to a given variant. This leads to:

$$P(D) = \frac{P(G)\,P(D \mid G)}{P(G \mid D)}.$$

Because both penetrance and $P(G \mid D)$ are often uncertain, solving this equation systematically poses a major challenge.

Our framework addresses this challenge by combining variant classifications, population allele frequencies, and curated gene-disease associations. While imperfect on an individual level, these sources exhibit predictable aggregate behaviour, supported by James-Stein estimation principles (25). Curated gene-disease associations help identify genes that explainable for most disease cases, allowing us to approximate $P(G \mid D)$ close to one. In this way, we obtain robust estimates of $P(G)$ (the frequency of disease-associated genotypes), even when exact values of penetrance and case attribution remain uncertain.

This approach allows us to pre-calculate priors and summarise the overall pathogenic burden using our *score positive total* metric. By focusing on a subset $\mathcal{V}$ of variants that pass stringent filtering, where each $P(G_i \mid D)$ is the probability that a case of disease D is attributable to variant i, we assume that, in aggregate,

$$\sum_{i \in \mathcal{V}} P(G_i \mid D) \approx 1.$$

Even if the cumulative contribution is slightly less than one, the resultant risk estimates remain robust within the broad confidence intervals typical of epidemiological studies. By incorporating these pre-calculated priors into a Bayesian framework, our method refines risk estimates and enhances clinical decision-making despite inherent uncertainties.

Our results focused on IEI, but the genome-wide approach accommodates the distinct MOI patterns of AD, AR, and XL disorders. Whereas AD and XL conditions require only a single pathogenic allele, AR disorders necessitate the consideration of both homozygous and compound heterozygous states. These classical HWE-based estimates provide an informative baseline for predicting variant occurrence and serve as robust priors for Bayesian models of variant and disease risk estimation. This is an approach that has been underutilised in clinical and statistical genetics. As such, our framework refines risk calculations by incorporating MOI complexities and enhances clinicians' understanding of expected variant occurrences, thereby improving diagnostic precision.

Moreover, our method complements existing statistical approaches for aggregating variant effects with methods like Sequence Kernel Association Test (SKAT) and Aggregated Cauchy Association Test (ACAT) (26–29)) and multi-omics integration techniques (30; 31), while remaining consistent with established variant interpretation guidelines from the American College of Medical Genetics and Genomics (ACMG)

(32) and complementary frameworks (33; 34), as well as quality control protocols (35; 36). Standardised reporting for qualifying variant sets, such as ACMG Secondary Findings v3.2 (37), further contextualises the integration of these probabilities into clinical decision-making.

We acknowledge that our current framework is restricted to SNVs and does not incorporate numerous other complexities of genetic disease, such as structural variants, de novo variants, hypomorphic alleles, overdominance, variable penetrance, tissue-specific expression, the Wahlund effect, pleiotropy, and others (9). In certain applications, more refined estimates would benefit from including factors such as embryonic lethality, condition-specific penetrance, and age of onset (6). Our analysis also relies on simplifying assumptions of random mating, an effectively infinite population, and the absence of migration, novel mutations, or natural selection.

Future work will incorporate additional variant types and models to further refine these probability estimates. By continuously updating classical estimates with emerging data and prior knowledge, we aim to enhance the precision of genetic diagnostics and ultimately improve patient care.

5 Conclusion

Our work generates prior probabilities for observing any variant classification in IEI genetic disease, providing a quantitative resource to enhance Bayesian variant interpretation and clinical decision-making.

Acknowledgements

We acknowledge Genomics England for providing public access to the PanelApp data. The use of data from Genomics England panelapp was licensed under the Apache License 2.0. The use of data from UniProt was licensed under Creative Commons Attribution 4.0 International (CC BY 4.0). ClinVar asks its users who distribute or copy data to provide attribution to them as a data source in publications and websites (13). dbNSFP version 4.4a is licensed under the Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International (CC BY-NC-ND 4.0); while we cite this dataset as used our research publication, it is not used for the final version which instead used ClinVar and gnomAD directly. GnomAD is licensed under Creative Commons Zero Public Domain Dedication (CC0 1.0 Universal). GnomAD request that usages cites the gnomAD flagship paper (10) and any online resources that include the data set provide a link to the browser, and note that tool includes data from the gnomAD v4.1 release.

Competing interest

We declare no competing interest.

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6 Supplemental

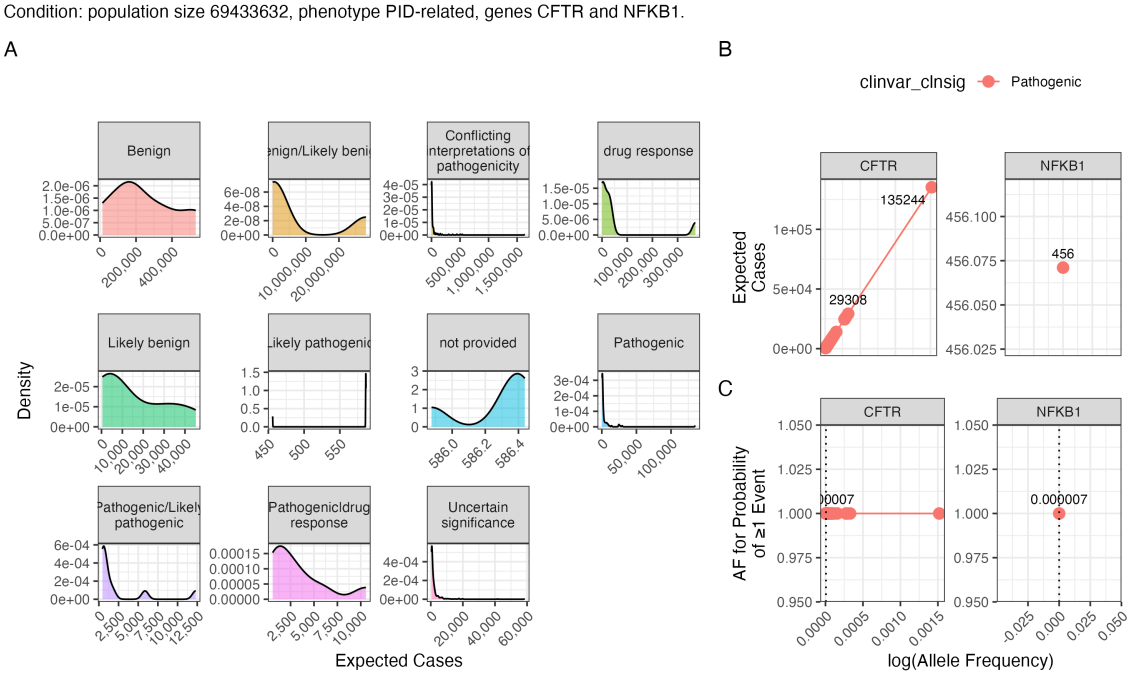

Figure S1: **Interpretation of probability of observing a variant classification.** The result from the chosen validation genes *CFTR* and *NFKB1* are shown. Case counts are dependant on the population size and phenotype. (A) The density plots of expected observations by ClinVar clinical significance. We then highlight the values for pathogenic variants specifically showing; (B) the allele frequency versus expected cases in this population size and (C) the probability of observing at least one event in this population size.

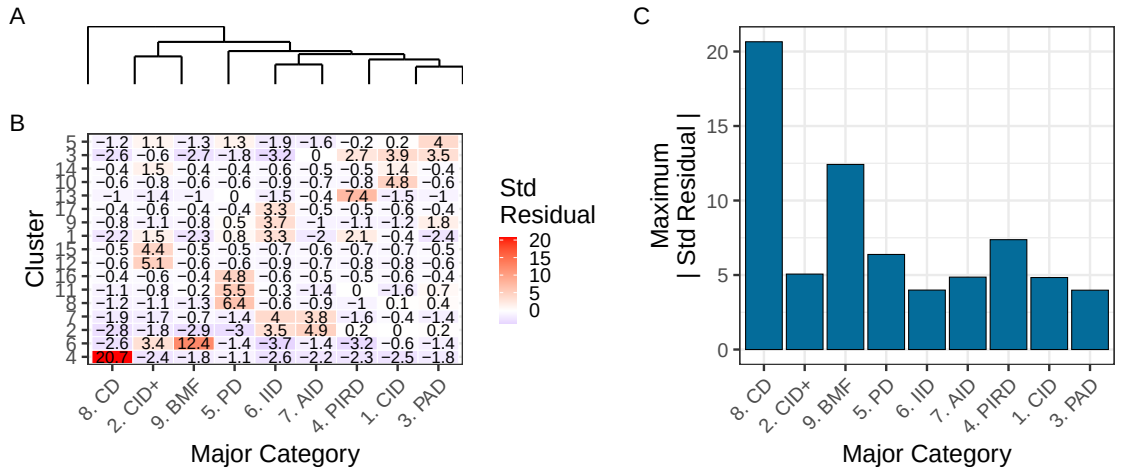

Figure S2: Hierarchical clustering of enrichment scores. The heatmap displays standardised residuals for major disease categories (x-axis) across network clusters (y-axis). A dendrogram groups similar disease categories, and the bar plot shows the maximum absolute residual per category. (8) CD and (9)BMF show the highest vales, indicating significant enrichment or depletion (residuals $> |2|$). Definitions in **Box 2.1**.

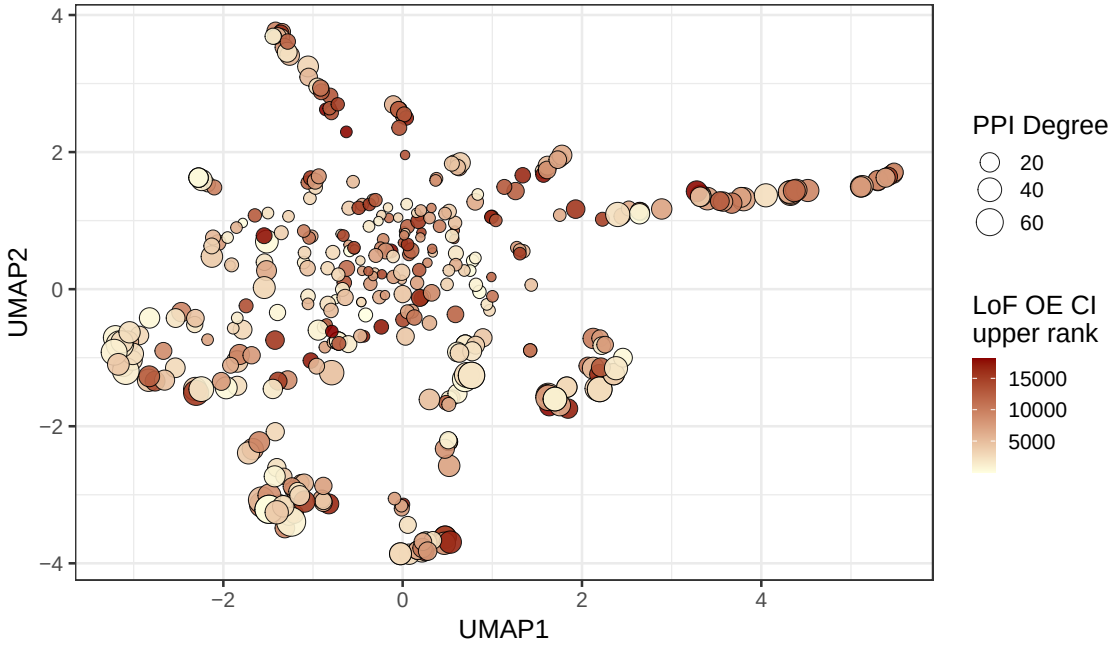

Figure S3: Supplementary analysis of PPI degree versus LOEUF upper rank with UMAP embedding of the PPI network. The relationship between PPI degree (size) and LOEUF upper rank (color) across gene clusters. No clear patterns are evident.