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# Sudden Stratospheric Warnings

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## Key Points:

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- Sudden stratospheric warmings are dramatic events of the polar stratosphere that affect the atmosphere from the surface to the thermosphere.
- Our understanding of sudden stratospheric warmings has accelerated recently, particularly the predictability of surface weather effects.
- More observations, improved climate models, and big data methods will address uncertainties in key aspects of sudden stratospheric warmings.

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28 **Abstract**

29 Sudden stratospheric warmings (SSWs) are impressive fluid dynamical events in which  
 30 large and rapid temperature increases in the winter polar stratosphere ( $\sim$ 10–50km) are  
 31 associated with a complete reversal of the climatological wintertime westerly winds. SSWs  
 32 are caused by the breaking of planetary-scale waves that propagate upwards from the  
 33 troposphere. During an SSW, the polar vortex breaks down, accompanied by rapid de-  
 34 scent and warming of air in polar latitudes, mirrored by ascent and cooling above the  
 35 warming. The rapid warming and descent of the polar air column affects tropospheric  
 36 weather, shifting jet streams, storm tracks, and the Northern Annular Mode, making cold  
 37 air outbreaks over North America and Eurasia more likely. SSWs affect the atmosphere  
 38 above the stratosphere, producing widespread effects on atmospheric chemistry, temper-  
 39 atures, winds, neutral (non-ionized) particles and electron densities, and electric fields.  
 40 These effects span both hemispheres. Given their crucial role in the whole atmosphere,  
 41 SSWs are also seen as a key process to analyze in climate change studies and subseasonal  
 42 to seasonal prediction. This work reviews the current knowledge on the most important  
 43 aspects of SSWs, from the historical background to dynamical processes, modelling, chem-  
 44 istry, and impact on other atmospheric layers.

45 **Plain Language Summary**

46 The stratosphere is the layer of the atmosphere from  $\sim$ 10 to 50km, with pressures  
 47 decreasing to  $\sim$ 1 hPa (0.1% of surface pressure) at the top. The polar stratosphere during  
 48 winter is normally very cold, with strong westerly winds. Roughly every two years in the Northern Hemisphere, the quiescent vortex suddenly warms over a week or two, and the winds slow dramatically, resulting in easterly winds that are more similar to the summer. These events, known as sudden stratospheric warmings (SSWs) were discovered in the early 1950s, and today they are observed in detail by satellites. After several decades researching SSWs, considerable progress has been made in dynamical aspects of SSWs, but our understanding of how they affect both surface weather and the upper atmosphere is incomplete. We observe that variability of the stratospheric circulation (SSWs being an extreme event) is associated with shifts in the jet stream and the paths of storms, with associated effects on rainfall and temperatures. The likelihood of cold weather spells and damaging wind storms is also affected. Almost all SSWs have occurred in the Northern Hemisphere, but there was one spectacular major SSW in 2002 in the Southern Hemisphere.

61 **1 Introduction**

62 Sudden stratospheric warmings (SSWs) are the most dramatic stratospheric phe-  
 63 nomenon. During SSWs, the normally strong wintertime westerly stratospheric circu-  
 64 lation breaks down in a few days, and is replaced by weak easterly winds. This is accom-  
 65 panied by polar warming by up to  $50^{\circ}\text{C}$ ; the effects extend to Earth's surface as well as  
 66 through the mesosphere and beyond. The climatology of both the mean flow and planetary-  
 67 scale wave amplitudes determines the overall likelihood of SSWs, which occur only dur-  
 68 ing extended winter and almost exclusively in the Northern Hemisphere.

69 The variation of insolation with latitude and season drives a strong annual cycle  
 70 in the stratosphere. During winter the polar stratosphere is characterized by a strong,  
 71 westerly, cold polar vortex. The polar vortex is formed primarily through radiative cool-  
 72 ing and is characterized by a band of strong westerly winds at mid- to high latitudes.  
 73 Typical temperatures are  $\sim$ -65° to -55° $\text{C}$  ( $\sim$ 208 to 218 K) in the polar Northern Hemi-  
 74 sphere at 10 hPa. Roughly every two years, the wintertime vortex is disrupted by planetary-  
 75 scale waves to such an extent that this circulation breaks down, with westerly winds be-  
 76 coming weak easterly, and temperatures climbing several tens of  $^{\circ}\text{C}$ —essentially sum-  
 77 mertime conditions—and occasionally (e.g., January 2009) climbing above 0° $\text{C}$  at some

local points. SSWs happen very rapidly, i.e., in a few days, resulting in one of the most dramatic atmospheric events. Figure 1 illustrates a sudden warming event in 2018–2019, together with the background climatology and variability of zonal wind, and the average temperature from 65°–90°N at 10 hPa. It is important to highlight that both the lowest and highest recorded temperatures occurred in mid-winter. Outside of winter, the stratosphere is quiescent. The warming event (red curve) was followed, after more than a month, by anomalously low temperatures and strong winds in the middle stratosphere. Figure 2 illustrates zonal mean temperature anomalies averaged over days 0–30 following SSW events. The upper stratosphere cools, and that there is slight cooling in the mid-latitudes and tropics in compensation for the downward adiabatic warming over the polar cap. Vectors illustrate the approximate motion consistent with the temperature anomalies (and pressure anomalies, not shown). See Baldwin, Birner, and Ayarzagüena (2019) for details of the calculation. In particular, note the poleward movement of mass near the surface at high latitudes. This leads to higher Arctic surface pressure following SSWs.

The effects of SSWs are not only identified in the middle stratosphere. SSWs last much longer in the lower stratosphere and troposphere than they do in the upper stratosphere. Figure 3a illustrates a lag composite of temperature anomalies for SSW events in JRA-55 reanalyses (1958–2015). Above 30 km, the SSW events end within two to three weeks, while in the lowermost stratosphere SSWs last more than two months, on average. This is largely due to the faster radiative time scale in the upper stratosphere. Pressure anomaly composites (Figure 3b) are similar to temperature, except that surface effects are clearly visible. The “lumpiness” of the surface signal is due to averaging of a relatively small number of SSWs. Averaged over days 0–60 the surface pressure anomaly is 2.1 hPa, but is only 0.74 hPa near the tropopause. This is called “surface amplification” of the stratospheric signal (Baldwin, Birner, & Ayarzagüena, 2019). The fact that the pressure anomaly from SSWs is largest at the surface is important. It means that tropospheric near-surface processes must be reinforcing the stratospheric signal, raising surface pressure over the polar cap (See Section 7).

SSWs are fascinating from a fluid dynamical perspective, and perhaps the simplest and most insightful way of viewing the dynamics is maps of potential vorticity (PV; see Section 4) (McIntyre & Palmer, 1983, 1984). Maps of PV in the middle stratosphere show that planetary-scale wave breaking erodes the polar vortex, sharpening its edge. All SSWs are preceded by erosion of the vortex, which forms a “surf zone” surrounding the vortex. With fine enough resolution, one can see filamentation—thin streamers—of PV being stripped away from the vortex and mixed into the surf zone. This horizontal view complements the zonal mean, which shows mainly rapid temperature rises as air descends over the polar cap, accompanied by slowing of the zonal winds. Over time, differing mechanisms have been suggested to explain the occurrence of SSWs. Some of the mechanisms are complementary descriptions from different perspectives, e.g., the zonal-mean perspective of wave, mean-flow interaction, vs. the horizontal perspective of wave breaking and potential vorticity. These issues are discussed in Section 4.

An underlying question is whether or not SSWs are dynamically unique extreme events. Given the observed distributions of temperatures, winds, PV, etc., do SSWs stand out as outliers from the distribution? Or is it that SSWs simply occupy one tail of the distribution? In the Northern Hemisphere (NH), it appears that SSWs occupy one tail of the distribution (e.g., of wintertime of zonal mean wind at 60°N, 10 hPa). There is a broad continuum of warmings, from very minor to major deviations from climatology (Coughlin & Gray, 2009). Thus, defining an SSW as having occurred or not comes down to defining a fixed threshold (e.g., of absolute stratospheric fields such as polar wind and/or temperature at some level) or a relative field (e.g., based on the variability of the polar stratosphere such as the Northern Annular Mode or just the variability of the polar temperature (Butler et al., 2015)). As summarized in Section 3, many different criteria have been proposed for detecting major SSW events. They often identify the most disruptive

131 events but differ in the quantitative size and timing of the events. However, the use of  
 132 different algorithms in studies can lead to inconsistent conclusions among studies, par-  
 133 ticularly when using different models or under different climate states (McLandress &  
 134 Shepherd, 2009a).

135 So far we have mainly focused on the NH, since all major SSWs occurred in the  
 136 NH prior to 2002. In fact, in the Southern Hemisphere (SH) there has been only one ma-  
 137 jor SSW (in 2002), and it was indeed spectacular (Kruger et al., 2005). In terms of daily  
 138 zonal wind anomalies, the event was approximately eight standard deviations from the  
 139 mean—far outside the distribution up to that time. As rare as this event was, in early  
 140 September 2019 a similarly anomalous event occurred, though it did not technically qual-  
 141 ify as a major SSW by established criteria (Hendon et al., 2019; Rao, Garfinkel, White,  
 142 & Schwartz, 2020). Southern Hemisphere warming events are important because they  
 143 inhibit strong heterogeneous ozone depletion—essentially preventing the formation of the  
 144 ozone hole—and because these events affect jet streams, precipitation (and droughts) es-  
 145 pecially across Australia (e.g Thompson et al., 2005; Lim et al., 2019).

146 The effects of SSWs are not confined to the polar stratosphere. SSWs affect the  
 147 circulation in the tropical stratosphere (e.g. Kodera et al., 2011) and beyond, mixing chem-  
 148 ical constituents such as ozone, as indicated in Section 9. The large descent over the po-  
 149 lar cap associated with the SSW is balanced by upwelling south of  $\sim 50^{\circ}\text{N}$  that extends  
 150 into the Southern Hemisphere (Figure 2). Also visible is ascent (cooling) in the polar up-  
 151 per stratosphere, that extends into the mesosphere (Körnich & Becker, 2010). SSWs can  
 152 affect thermospheric chemistry, temperatures, winds, electron densities, and electric fields,  
 153 across both hemispheres (Chau et al., 2012). These effects are discussed in Section 8.

154 Some of the most important impacts of SSWs occur in the troposphere, and this  
 155 is actually one of the SSW features that has received most of the attention in literature  
 156 in the last decade—as summarized in Section 7. On average, SSWs are observed to have  
 157 substantial, long-lasting effects on surface weather and climate, especially on sea-level  
 158 pressure (SLP) and the Northern Annular Mode (NAM), with associated shifts in the  
 159 jet streams, storm tracks, and precipitation (e.g Baldwin & Dunkerton, 2001). These ef-  
 160 fects are much larger than can be explained by dynamical theories such as PV inversion  
 161 (e.g. Charlton et al., 2005) or the tropospheric response to stratospheric wave forcing.  
 162 Tropospheric processes, possibly involving low-level Arctic temperature anomalies, act  
 163 to amplify the stratospheric signal (Baldwin, Birner, & Ayarzagüena, 2019). This pic-  
 164 ture of SSW impacts on surface weather becomes clear when analysis over many SSWs  
 165 is averaged together. Despite the extensive efforts of the scientific community, it is still  
 166 impossible to predict which individual SSW will have a visible downward impact—meaning  
 167 that the tropospheric anomalies (e.g., NAM index or pressure) are of the same sign as  
 168 as those in the stratosphere. Some SSWs may have a tropospheric impact, but not enough  
 169 to be obvious.

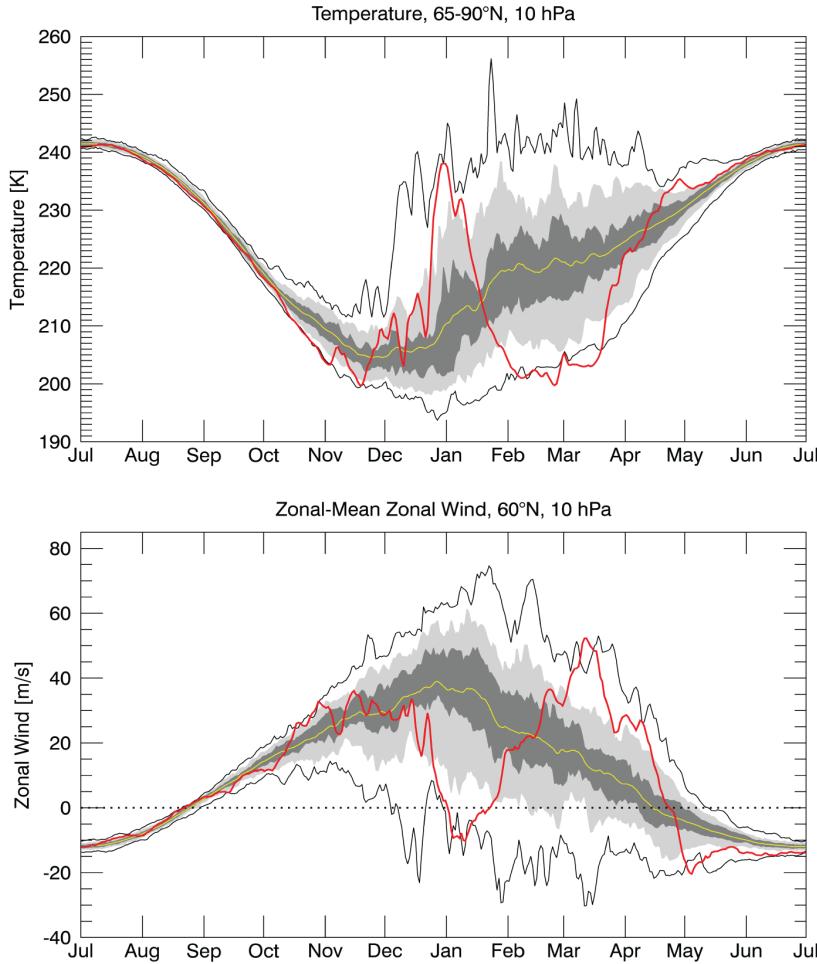
170 Given the relevance of SSW events on the whole atmosphere, several efforts have  
 171 been made in investigating their predictability. SSWs can be predicted relatively well  
 172 10–15 days in advance (Tripathi et al., 2015; Karpechko, 2018; Domeisen, Butler, et al.,  
 173 2020a). Several phenomena outside the polar stratosphere have been identified, in the  
 174 observations, as possible modulators of the likelihood of SSWs. Some of them are related  
 175 to the tropical stratosphere such as the Quasi-Biennial Oscillation (QBO) and Semi-Annual  
 176 Oscillation (SAO) of the equatorial stratosphere. Others are related to ocean-atmosphere  
 177 system such as the El Niño-Southern Oscillation (ENSO) and Madden Julian Oscilla-  
 178 tion (MJO), and some others even refer to external phenomena such as the 11-yr solar  
 179 cycle. With multiple possible influences, and only around 40 SSWs since 1958, quanti-  
 180 fying these relationships is challenging.

181 In this study, we offer a review of our current understanding of most aspects of SSWs.  
 182 Most of the previous reviews of SSWs were published several decades ago and only or

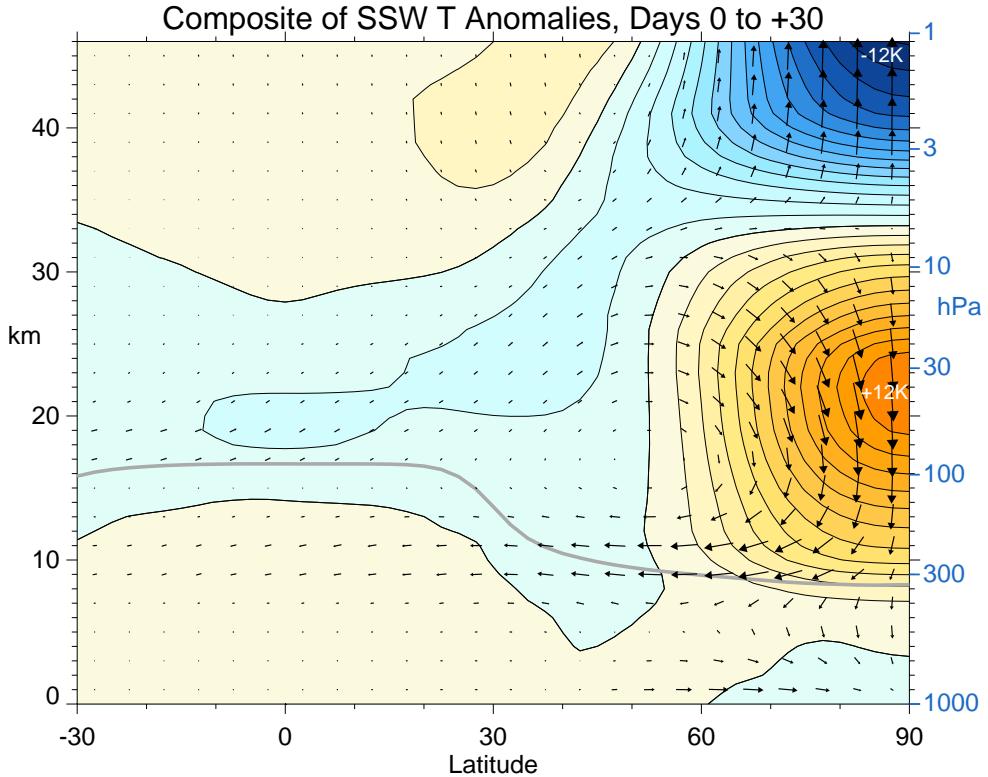
mostly focused on the explanation of the dynamics involved in the occurrence of these events (e.g. Schoeberl, 1978; Holton, 1980; McIntyre, 1982). Around 1980 the availability of observations in the stratosphere was very limited, mainly because meteorological satellites were just starting to operate. This hindered the investigation of SSW aspects such as the effects on the upper atmosphere. Surface weather effects were not widely recognised until 1999 (e.g. Baldwin & Dunkerton, 1999). Another limitation was that general circulation models (GCMs) in the 1970s and 1980s had low vertical resolution of the stratosphere. The biggest increase in the number models with well-resolved stratospheres was relatively recent, during the Coupled Model Intercomparison Project Phase 5 (CMIP5) (Charlton-Perez et al., 2013). Model development has not only allowed the advance in knowledge on known dynamical and chemistry aspects, but also the exploration of new SSW perspectives such as the benefits of including stratospheric information to improve medium-range to subseasonal predictions of surface weather. Research on SSWs has accelerated in very recent decades with a large increase in the number of publications on this topic. Summaries have been written by O'Neill et al. (2015) and Padatella et al. (2018), but not in detail, or just covering the most common aspects such as dynamics, types of events, history or tropospheric fingerprint. For instance, O'Neill et al. (2015) do not address the effects of SSWs on the atmosphere above the stratopause, whereas Padatella et al. (2018) provide just an overview of SSWs influence on the whole atmosphere without going much in detail. Still, as anticipated previously, many questions remain open. The present review aims to provide a general overview of SSWs by covering the major aspects of SSWs, their impacts, and the outstanding research challenges. In Section 2 a brief historical background is provided and Section 3 describes the classification of these events. Dynamical theories for the occurrence of SSWs are included in Section 4, and possible external factors driving SSWs are discussed in Section 5. The predictability of SSWs is discussed in Section 6, and their effects on climate and weather are presented in Section 7. Effects above the stratosphere are described in Section 8, and chemical/tracer aspects are shown in Section 9. Finally, the outlook/conclusion is provided in Section 10.

## 2 Historical background

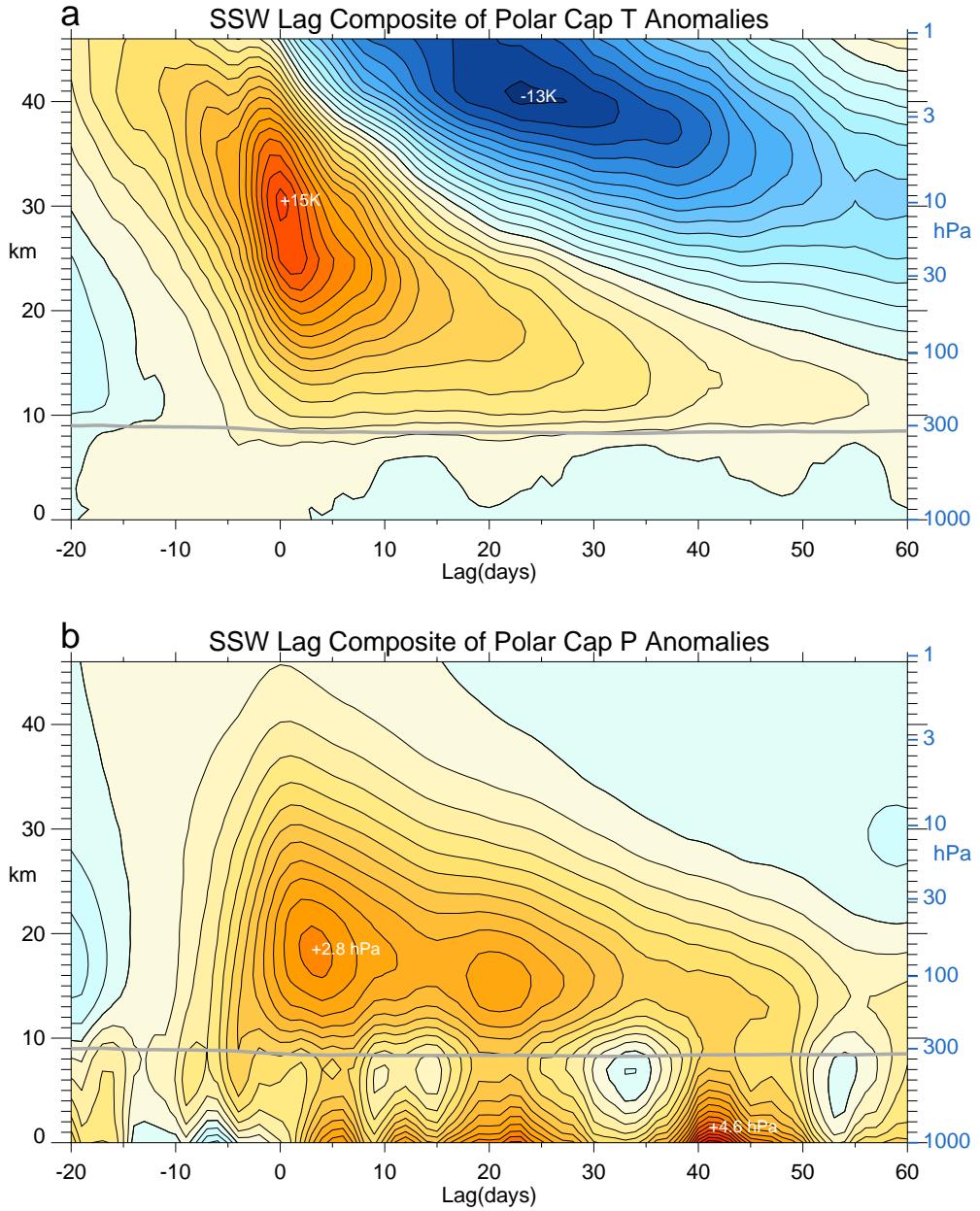
SSWs were discovered by Richard Scherhag in radiosonde temperature measurements above Berlin, Germany. Scherhag started regular radiosonde measurements from the area of the former Tempelhof airport in Berlin in January 1951. As professor and head of the recently founded Institute of Meteorology at Freie Universität Berlin he was interested in exploring the stratosphere. With the help of the U.S. allies in post-war Berlin he was able to employ a new type of American radiosonde using neoprene balloons which provided regular measurements of the stratosphere up to  $\sim 30$  km altitude ( $\sim 10$  hPa). In a first publication in spring 1952, Scherhag reported an “explosive-type warming of the high stratosphere” in January 1952 and concluded that the observed warming was too strong to be explained by advection (Scherhag, 1952a). This “Berlin Phenomenon”, as Scherhag called the warming, developed as follows: “While all measured stratospheric temperatures ranged between  $-56^\circ$  and  $-69^\circ\text{C}$  on January 26, only two days later  $-37^\circ\text{C}$  were measured at 13 hPa. This means a sudden warming of 30 degrees had started on January 27. On January 30, the temperature reached  $-23^\circ\text{C}$  in 10 hPa, followed by a rapid cooling.” Scherhag also found that the warming slowly propagated downward to the 200 hPa pressure level within one week. This first warming pulse was followed by a second, even stronger warming about one month later, with a temperature maximum of  $-12.4^\circ\text{C}$  (a warming of  $\sim 37^\circ\text{C}$  within 2 days) at 10 hPa on February 23 and a change in circulation to south-easterly winds in the middle stratosphere. Figure 4 shows the Tempelhof radiosonde temperature measurements of February 21 (before the warming), February 23 (at the peak of the SSW), and on February 28 (after the peak) (Wiehler, 1955). Also in February 1952, upper-level wind data from radiosondes over the northern U.S. indicated an increase of the frequency of easterly winds at 50 hPa associated with a closed



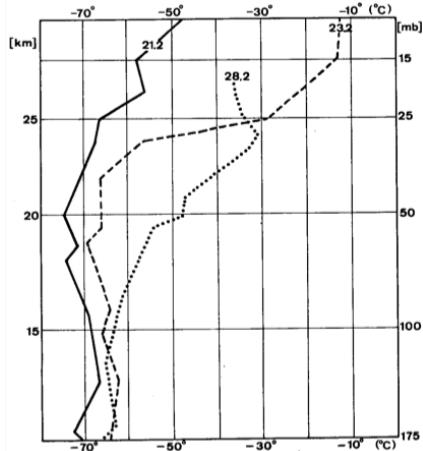
**Figure 1.** 10-hPa 65°–90°N ERA-Interim reanalysis (Dee et al., 2011) zonal-mean temperatures (top) and zonal-mean wind at 60°N (bottom) for July 2018–June 2019 (red lines). An SSW event is seen as the upward spike in temperature and the reduction to less than 0 m/s in zonal wind (easterlies). The yellow lines signifies the average conditions in the stratosphere for that time of year, while the gray shading show 70th (dark) and 90th (light) percentiles. Solid black lines show the max/min for prior winters 1979–2018. The month ticks indicate the first day of the month.



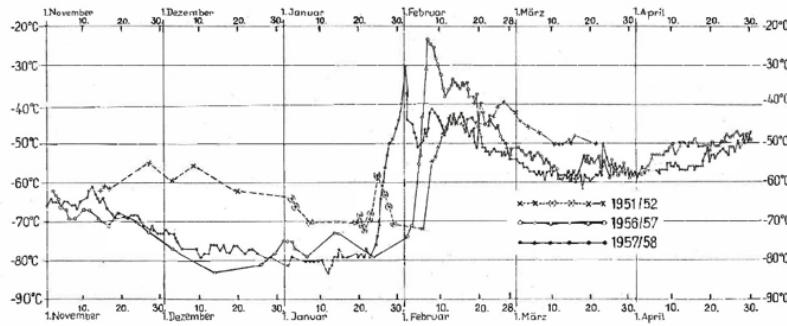
**Figure 2.** Composite temperature anomalies averaged during days 0–30 following 36 SSW events during 1958–2015 in JRA-55 data (1116 day mean) (Kobayashi et al., 2015). The SSWs dates are defined based on the reversal of the zonal mean zonal wind at  $60^{\circ}\text{N}$  and 10 hPa, applying the criterion of Charlton and Polvani (2007). The contour interval is 1K. The vertical component of the vectors represent the approximate displacement (from the climatological basic state) to form the temperature anomalies shown. Similarly, the horizontal components represent the north-south movement consistent with pressure regressions (not shown). The vectors are derived statistically from regressions, and are not a dynamical circulation. Beginning with the basic state, atmospheric movement defined by the vectors would create temperature and pressure anomalies approximately equal to the regression values. The calculation was performed in height coordinates. The pressure labels are approximate. The lapse-rate tropopause (gray line) is shown for the days in the composite.



**Figure 3.** (a) Lag-composite of polar cap ( $65^{\circ}$ – $90^{\circ}$ N) mean temperature anomalies from 36 SSW events during 1958–2015 in JRA-55 data. The SSWs dates are defined based on the reversal of the zonal mean zonal wind at  $60^{\circ}$ N and 10 hPa, applying the criterion of Charlton and Polvani (2007). The contour interval is 1K. The tropopause (gray line) is depressed by  $\sim 750$ m following the warmings. (b) as in (a) except for polar cap pressure anomalies. Contour interval 0.25 hPa



**Figure 4.** Radiosonde temperature measurements in Berlin-Tempelhof during the first recorded Sudden Stratospheric Warming in February 21-28, 1952. Figure from Wiegler (1955).



**Figure 5.** 50 hPa temperature time series over Alert, Ellesmere Land, during the 3 winters with stratospheric warmings in the 1950s. Figure from Warnecke (1962).

236 persistent anticyclonic circulation northwest of Hudson Bay and a warming over Canada  
237 and Greenland (Darling, 1953).

238 In a first attempt to explain the unexpected warming of the winter stratosphere,  
239 Scherhag (1952b) and Willett (1952) suspected a severe solar eruption on February 24  
240 to be the source. While we now know that solar effects are not strong enough to force  
241 individual SSWs, a statistical relation between the occurrence of SSWs and solar activi-  
242 ty is actively discussed until the present day. A similar stratospheric warming had also  
243 been noted the year before, in February 1951, from British Meteorological Office radiosonde  
244 and radar measurements over England and Scotland. It was accompanied by a reversal  
245 of the lower stratospheric winds to easterlies which were followed again by westerlies be-  
246 fore the transition to summertime easterlies (Scrase, 1953). It then took until the win-  
247 ters 1956/57 and 1957/58 that similarly strong SSWs were analysed in maps which had  
248 been specifically produced on stratospheric pressure levels (Teweles, 1958; Teweles & Fin-  
249 ger, 1958). Figure 5 shows the evolution of 50 hPa temperature over Alert, Ellesmere  
250 Land, during 3 winters with stratospheric warmings in the 1950s.

251 With the start of the International Geophysical Year (IGY) in July 1957, the num-  
252 ber of radiosonde balloons reaching altitudes above 30 km increased. Stratospheric maps  
253 (daily or every five days, at 100, 50, 30 and 10 hPa) for the Northern Hemisphere were

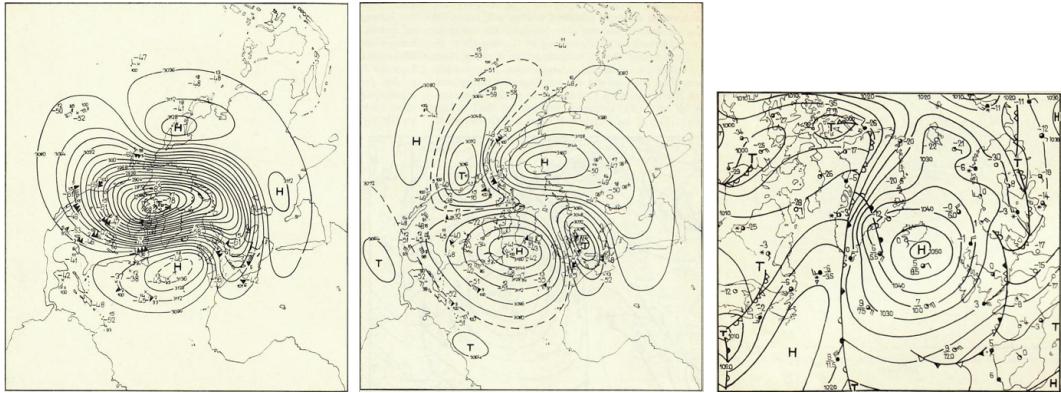
published by several centers, e.g., the US Weather Bureau, the Arctic Meteorology Research Group of McGill University Montreal and the Stratospheric Research Group of Freie Universität Berlin. Meteorological rocketsondes provided new insights: It was found, for example, that the strong stratospheric warming over Fort Churchill in January 1958 occurred a couple of days earlier in the altitude region above 40 km than in the layers below (Stroud et al., 1960). Moreover, intense warmings were detected in the upper stratosphere which were never detected below 10 hPa. In order to obtain an increased number of high-altitude soundings during stratospheric warmings, the STRATWARM warning system was established by the WMO in 1964. These alerts included information on the intensity and movement of the warmings and were distributed internationally from the meteorological centers at Melbourne, Tokyo, Berlin and Washington D.C. As suggested in the WMO/IQSY (1964) report, SSWs were classified according to their time of occurrence (“mid-winter warmings” versus “final warmings” in late winter) and their intensity. While “minor mid-winter warmings” were characterized by a strong warming of the Arctic stratosphere at 10 hPa and higher levels, “major mid-winter warmings” had to be additionally accompanied by a complete circulation reversal from westerlies to easterlies polewards of 60°N at the same levels. Alternative SSW definitions that were developed later are discussed in Section 3.

In a plea for additional upper air data, Scherhag et al. (1970) raised the question of “whether an intimate knowledge of the stratospheric circulation would prove valuable in, for example, forecasting.” They stated that phase relationships between events in the stratosphere and troposphere must be known for a full exploration of forecast probabilities. In fact, Scherhag had speculated about the impact of SSWs on surface weather as early as in his initial 1952 report, in which he pointed out a drop in forecast skill score following the February 1952 SSW (perhaps related to the fact that stratospheric information was not included in the forecasts). Indeed, some early studies had pointed at a potential interaction of tropospheric and stratospheric zonal wavenumber 2 during the 1967/68 warming (Johnson, 1969) and the role of tropospheric blockings for the onset of stratospheric warmings (Julian & Labitzke, 1965). An early example of stratosphere-troposphere coupling is illustrated in Figure 6 which shows 10 hPa height maps at the beginning (January 18, left panel) and peak (January 27, middle panel) of the 1963 stratospheric warming, and the surface pressure map of January 31 (Fig 6, right panel) (Scherhag, 1965). A few days after the stratospheric warming, a surface anticyclone developed over Greenland which extended through the troposphere up to the middle stratosphere. This was consistent with Labitzke (1965) who described the occurrence of a tropospheric blocking about ten days after a stratospheric warming and Quiroz (1977) who found tropospheric temperature changes after a stratospheric warming.

With the beginning of the satellite era in 1979 much improved data coverage allowed new breakthroughs in our understanding of stratospheric dynamics and SSWs. McIntyre and Palmer (1983) showed the first observationally derived hemispheric scale maps of PV on a mid-stratospheric potential temperature surface (850 K) based on the then newly available radiance data from the Stratospheric Sounding Unit (SSU). These maps clearly demonstrate the existence of large amplitude planetary wavenumber 1 preceding the 1979 SSW event with subsequent evolution showing wave breaking. The maps furthermore illustrate the split of the vortex during the 1979 major SSW as seen in PV at 850 K. Satellite data have continued to provide valuable observational constraints on the dynamics and transport characteristics surrounding SSW events [e.g., Manney, Harwood, et al. (2009); see also Section 9].

### 3 Types and classification of SSWs

In the early decades after the discovery of SSWs, the WMO developed an international monitoring program called STRATALERT, led by Karin Labitzke of Freie Universität Berlin, to detect SSWs. Early metrics to measure these events were based on



**Figure 6.** 10 hPa height map on January 18, 1963 (left) and January 27, 1963 (middle) and sea level pressure on January 31, 1963 (right) (From Scherhag (1965). ©Springer. Used with permission.)

temperature changes, as the sudden and rapid warming of the stratosphere were key features measurable by radiosondes and rocketsondes. WMO/IQSY (1964) established that “major” SSWs were separated from more minor events by requiring a reversal (from westerly to easterly) of the zonal winds poleward of  $60^{\circ}$  latitude and an increase in the zonal-mean temperature polewards of  $60^{\circ}$  at 10 hPa (WMO/IQSY, 1964; McInturff, 1978; Labitzke, 1981). The inclusion of a zonal circulation reversal criteria stems from wave-mean flow theory which stipulates that quasi-stationary planetary-scale waves cannot propagate into easterly flow (Charney & Drazin, 1961; Matsuno, 1971; Palmer, 1981). Thus, an obvious dynamical distinction between a major and minor SSW is that vertical wave propagation from the troposphere is prohibited beyond the middle stratosphere following a major event. A remarkable aspect of these early metrics is the extent to which they still form the basis of SSW detection, despite being based on a very small number of observations.

The most commonly used metric to detect major SSWs was proposed by Charlton and Polvani (2007) (hereafter CP07) and adapted from earlier definitions: the reversal of the daily-mean zonal-mean zonal winds from westerly to easterly at  $60^{\circ}\text{N}$  latitude and 10 hPa from November to April<sup>1</sup>. The earlier criteria for a temperature gradient increase was found to be largely redundant since, by thermal wind balance, this occurs in almost all cases of a zonal wind reversal. While the detection of major SSWs using the CP07 definition is sensitive to the particular latitude, altitude, and threshold of the zonal wind weakening (Butler et al., 2015), the choice of a reversal at 10 hPa and  $60^{\circ}\text{N}$  optimizes key features and impacts of major SSWs (Butler & Gerber, 2018). Having a common metric for major SSWs allows for consistent intercomparison of models (Charlton-Perez et al., 2013; Kim et al., 2017; Ayarzagüena et al., 2018) and reanalyses (Palmeiro et al., 2015; Butler et al., 2017; Martineau et al., 2018; Ayarzagüena et al., 2019).

It should be noted that the CP07 metric was developed during a time when the increased availability of global climate model simulations necessitated the evaluation of the model stratosphere in large gridded datasets (Charlton-Perez et al., 2013). Thus, a major criterion for the CP07 metric was that the data request needed for the calculation should be as small as possible. In the current era, with greater availability of dy-

<sup>1</sup> By CP07, wind reversals must be separated by 20 consecutive days of westerly winds, and must return to westerly for at least 10 consecutive days prior to 30 April, to be classified as a mid-winter SSW.

namical metrics output from model simulations (Gerber & Manzini, 2016), this requirement is not as stringent. Thus, it is worth emphasizing the intended use of the CP07 definition as a simple metric for polar vortex weak extremes, rather than as an infallible selection of events that should be deemed “important”. This metric yields on average 6 major SSWs per decade in the NH. There is however significant decadal variability in the frequency of SSW events (Reichler et al., 2012), with the 1990s exhibiting only two SSWs (in 1998 and 1999) and the 2000s exhibiting 9 events according to the CP07 metric. According to a reconstruction of SSW frequency based on the surface NAO, recent decades since 1970 show stronger decadal variability in SSW frequency than the period in the middle of the 20th century, with the 1990s likely representing the longest absence of SSW events since 1850 (Domeisen, 2019).

The application of the CP07 metric to the SH polar vortex (where zonal-mean zonal wind reversals at 60°S and 10 hPa between May–October are considered) reveals only one major SH SSW in the reanalysis back to 1958, which occurred on 26 September 2002 (Shepherd et al., 2005). This highlights important differences in dynamics and climatology between the NH and SH. However, in mid-September of 2019 an extremely anomalous weakening of the SH vortex occurred (Hendon et al., 2019; Rao, Garfinkel, White, & Schwartz, 2020) that did not meet the CP07 criterion for a major SSW. Nonetheless, this event should not be disregarded simply because the circulation failed to meet one metric; the event set new records for mid-stratospheric temperatures in September, and the downward influence from this SSW was associated with an extremely persistent equatorward shift of the SH jet stream that led to significant impacts on surface climate, such as extensive Australian bushfires (Lim et al., 2019). Further diagnostics should thus be considered for evaluating the relevance of extreme vortex events in both hemispheres for surface weather effects; a so-called minor SSW can have major societal impacts.

In addition to major versus minor SSWs, there is also classification of the morphology of the event. During a SSW, the polar vortex can either be displaced off the pole or split into two pieces. Several different methods have been developed to classify split versus displacements (CP07; Mitchell et al., 2011; Seviour et al., 2013; Lehtonen & Karpechko, 2016). About a third of the observed 36 major SSWs in the 1958–2012 period can be unambiguously classified across all methods as splits and another third as displacements (Gerber et al., 2020). The rest of the events are more ambiguous across methods, perhaps because in some cases the polar vortex both displaces and splits within a period of several days (Rao, Garfinkel, et al., 2019).

Furthermore, SSWs have been classified by the zonal wavenumber of the tropospheric precursor patterns leading up to the SSW. These predominantly wave-1 and wave-2 patterns tend to precede SSWs (Tung & Lindzen, 1979a; Woollings et al., 2010; Garfinkel et al., 2010; Cohen & Jones, 2011). In particular, blocking (a persistent anomalous high pressure) over the Pacific region and North Atlantic/Scandinavian region has been tied to wave-2 driving of split vortex events (Martius et al., 2009). Anomalous low pressure over the North Pacific/Aleutians with Euro-Atlantic blocking has been tied to wave-1 driving of primarily displacement vortex events (Castanheira & Barriopedro, 2010). While displacements of the vortex are nearly always preceded by wave-1 forcing, splits of the vortex can be preceded by either wave-1 or wave-2 forcing (Bancalá et al., 2012; Barriopedro & Calvo, 2014) and often proceed with an increase in wave-1 followed by a subsequent increase in wave-2.

While the focus of this review is on SSWs, which represent the weakest polar vortex extremes, SSWs are just one extreme within a broad spectrum of polar stratospheric dynamic variability. A wide range of variations (see Figure 1, daily maximum and minimum values in black lines)—from more minor deviations from climatology, to the strongest polar vortex extremes—can influence stratosphere-troposphere coupling, transport, and chemical processes. Polar stratospheric variability peaks from January–March in the Northern Hemisphere, and from September–November in the Southern Hemisphere (though

variability is less). Early winter extremes may evolve differently than late winter extremes; for example, *Canadian Warmings* are amplifications of the Aleutian High in the lower and middle NH stratosphere, and are the dominant type of stratospheric warming in early boreal winter (Labitzke, 1977). *Final warmings* refer to the seasonal transition of the polar vortex from its westerly to easterly state. In the NH the timing and other characteristics of this transition present a large interannual variability that in turn may have surface impacts, often distinct from those associated with mid-winter SSW (Ayarzagüena & Serrano, 2009; Hardiman et al., 2011; Butler et al., 2019; Thiéblemont et al., 2019). In the SH, the timing of the final warming drives a substantial fraction of surface climate variability in austral late spring and summer (Byrne & Shepherd, 2018; Lim et al., 2018).

Additional metrics have been proposed to better capture the full spectrum of polar stratospheric variability. A number of studies consider metrics based on empirical orthogonal functions (EOFs). For example, the first EOF of geopotential height anomalies, also known as the “annular mode”, (Baldwin & Dunkerton, 1999, 2001; Baldwin & Thompson, 2009; Gerber et al., 2010) captures mass fluctuations between the polar cap and extratropics. EOFs of vertical polar-cap temperature profiles have been used to identify weak vortex extremes (SSWs) that have the most extended recovery periods, called “Polar-night Jet Oscillations” (PJO) (Kuroda & Kodera, 2004; Hitchcock & Shepherd, 2012; Hitchcock et al., 2013). An advantage to EOF-based techniques is that thresholds for extremes are based on anomalies (deviations from the climatology) rather than absolute values, as in the CP07 zonal wind metric. Thus, EOF metrics can capture anomalous events relative to any changes in the climatology (McLandress & Shepherd, 2009b; Kim et al., 2017).

## 4 Development of dynamical theories

SSWs have been interpreted as a manifestation of strong two-way interactions between upward propagating planetary waves and the stratospheric mean flow—although the extreme flow disruptions stretch the concept of waves on a mean flow. The polar vortex can be disrupted by large wave perturbations, primarily planetary-scale zonal wave-number 1–2 quasi-stationary waves. Sufficient wave forcing of the mean flow by these waves can result in an SSW, with the breakdown of the westerly polar vortex, and easterly winds replacing westerlies near 10 hPa, 60°N. When the winds in the polar vortex slow, air is forced to move poleward to conserve angular momentum, with descent over the polar cap (arrows in Figure 2). The adiabatic heating associated with this descent results in the observed rapid increases in polar cap temperatures on time scales of just a few days.

Strong westerly winds in the polar night jet inhibit all but the largest, planetary scale waves from propagating into the stratosphere (Charney & Drazin, 1961). While planetary scale waves can spontaneously be generated by baroclinic instability (Hartmann, 1979; Domeisen & Plumb, 2012) or via upscale cascade from synoptic scale waves (Scinocca & Haynes, 1998), they are chiefly forced by planetary scale features at the surface: topography and land-sea contrast (Garfinkel, White, et al., 2020). The relative zonal symmetry of the austral hemisphere explains why SSWs are almost exclusively a boreal hemispheric phenomena, but this does not imply that the stratosphere just passively responds to wave driving from the troposphere.

The diversity of observed SSWs demonstrates that some SSWs appear to be forced by anomalous bursts of planetary wave activity from the troposphere, while in other SSWs the stratosphere itself acts to regulate upward wave propagation. All theories agree, however, that it is the sustained dissipation of wave activity in the stratosphere, chiefly through nonlinear wave breaking and irreversible mixing (Eliassen-Palm flux convergence), that generates a deep, sustained warming of the polar vortex. Once the vortex is destroyed, strong radiative cooling helps to rebuild the vortex provided there is time before the end

of winter, but this radiatively controlled process can take several weeks (see Figure 3). Rotation and stratification couple the poleward transport of heat by waves to a downward transport of westerly momentum. Thus, the warming of the polar stratosphere occurs in concert with an eradication of the climatological vortex in a major warming event.

#### 444 4.1 Wave-mean flow interactions, dissipation, and SSWs

445 The wintertime stratospheric polar vortex is formed primarily through radiative  
 446 cooling, as the variation of insolation with latitude and season decreases the absorption  
 447 of UV radiation by ozone at higher latitudes. Much of the theory of how SSWs occur  
 448 relies on the basic assumption of waves propagating on a zonal mean flow. Although this  
 449 assumption is violated during the extreme flow disruptions of SSWs (particularly at high  
 450 latitudes), wave mean-flow interaction theory has been remarkably successful in explaining  
 451 (at least qualitatively) the dynamics of how SSWs occur.

452 Upward propagation of a Rossby wave on a zonal-mean flow is associated with a  
 453 poleward heat flux,  $v'\theta'$  (e.g., Eliassen & Palm, 1961; Charney & Drazin, 1961) (see also  
 454 Vallis (2017), Chapt. 10). Warming of the vortex could then, in principle, be provided  
 455 by convergence of the heat flux on the poleward flank of an upward propagating plan-  
 456 etary wave. However, an opposing tendency arises due to the fact that the wave also in-  
 457 duces vertical advection, producing adiabatic cooling where the heat flux would other-  
 458 wise warm the air. (Likewise, the air on the equatorward side, which would be cooled  
 459 by the poleward heat flux, sinks and adiabatically warms.) For conservatively propagat-  
 460 ing waves, i.e., a case with no dissipation, the two tendencies exactly cancel when inte-  
 461 grated over the wave and no net warming or cooling occurs:

$$\bar{\omega}_r \frac{\partial \bar{\theta}}{\partial p} = - \frac{\frac{\partial}{\partial \varphi} (\cos \varphi v' \theta')}{a \cos \varphi}. \quad (1)$$

462 Wave transience, say due to a wave propagating into the region of interest, gives rise to  
 463 temporary polar cap warming and slowing down of the vortex with reversed tendencies  
 464 as the wave leaves the region. In eq. 1,  $\omega$  corresponds to vertical velocity in pressure co-  
 465 ordinates,  $\theta$  is the potential temperature,  $v$  refers to the meridional wind,  $a$  is the Earth's  
 466 radius and  $\varphi$  refers to latitude. Overbar and primes denote zonal mean and deviation  
 467 from it, respectively. Here, we have adopted the notation  $\bar{\omega}_r$  to refer to the reversible  
 468 component of zonal mean vertical motion that arises due to conservatively propagating  
 469 waves. The nonacceleration theorem states that for steady waves with no dissipation and  
 470 no critical levels, waves propagate through the mean flow without leading to accelera-  
 471 tions or decelerations. In the presence of dissipation or diabatic processes, the full ver-  
 472 tical velocity  $\omega \neq \bar{\omega}_r$ , but the reversible component  $\bar{\omega}_r$  can still be identified from (1).

473 The calculus changes when the waves are allowed to dissipate, either damped by  
 474 radiation and/or friction, or more cataclysmically, through non-linear breaking (though  
 475 dissipation still plays a role, as breaking simply moves energy to smaller scales). Rossby  
 476 waves carry easterly momentum owing to their intrinsic easterly phase speed; this east-  
 477 erly momentum is transferred to the mean flow during dissipation. The resulting east-  
 478 erly body force not only decelerates the vortex but also causes poleward flow, due to the  
 479 Coriolis torque, and downwelling over the polar cap. This downwelling opposes the wave-  
 480 induced upward motion described above. With extreme wave dissipation, it completely  
 481 overwhelms the upwelling tendency and drives the spectacular warming of the polar strato-  
 482 sphere characterized by an SSW.

483 From this perspective, formalized in the “Transformed Eulerian Mean” represen-  
 484 tation of atmospheric dynamics (Andrews & McIntyre, 1976; Edmon et al., 1980), it is  
 485 the residual ( $\sim$ Lagrangian) downwelling that gives rise to warming of the polar cap when  
 486 planetary waves dissipate. Neglecting diabatic heating during the onset of the warming,

487 this can be written as in equation 2:

$$\frac{\partial \bar{\theta}}{\partial t} \approx -\bar{\omega} \frac{\partial \bar{\theta}}{\partial p} - \frac{\frac{\partial}{\partial \varphi}(\cos \varphi \bar{v}' \bar{\theta}')}{a \cos \varphi} = -\bar{\omega} \frac{\partial \bar{\theta}}{\partial p} + \bar{\omega}_r \frac{\partial \bar{\theta}}{\partial p} = -\bar{\omega}^* \frac{\partial \bar{\theta}}{\partial p}, \quad (2)$$

488 where  $\bar{\omega}^* \equiv \bar{\omega} + \frac{\frac{\partial}{\partial \varphi}(\cos \varphi \bar{v}' \bar{\theta}')}{(a \cos \varphi) \frac{\partial \bar{\theta}}{\partial p}}$  is a modified vertical velocity that incorporates the ef-  
489 fect of reversible wave-induced vertical motion and therefore corresponds to the net, resid-  
490 ual vertical motion that gives rise to adiabatic warming (residual downwelling) or cool-  
491 ing (residual upwelling). Full temperature tendency needs to also take into account di-  
492 abatic (radiative) heating.

493 Planetary wave dissipation gives rise to polar cap warming. This warming can at  
494 times be explosive, resulting in SSWs even if the waves themselves remain linear, due  
495 to the nonlinear nature of the wave-mean flow coupling (e.g., Geisler, 1974; Holton &  
496 Mass, 1976; Plumb, 1981). However, the vortex may be displaced from the pole or split  
497 in two, clearly violating the assumption of waves propagating on a zonal mean flow. The  
498 wave-induced deceleration of the vortex and the associated polar cap warming are at ex-  
499 treme levels; exactly how such extreme interactions between the waves and mean flow  
500 get triggered and unfold to the point of complete breakdown of the vortex is still not fully  
501 understood.

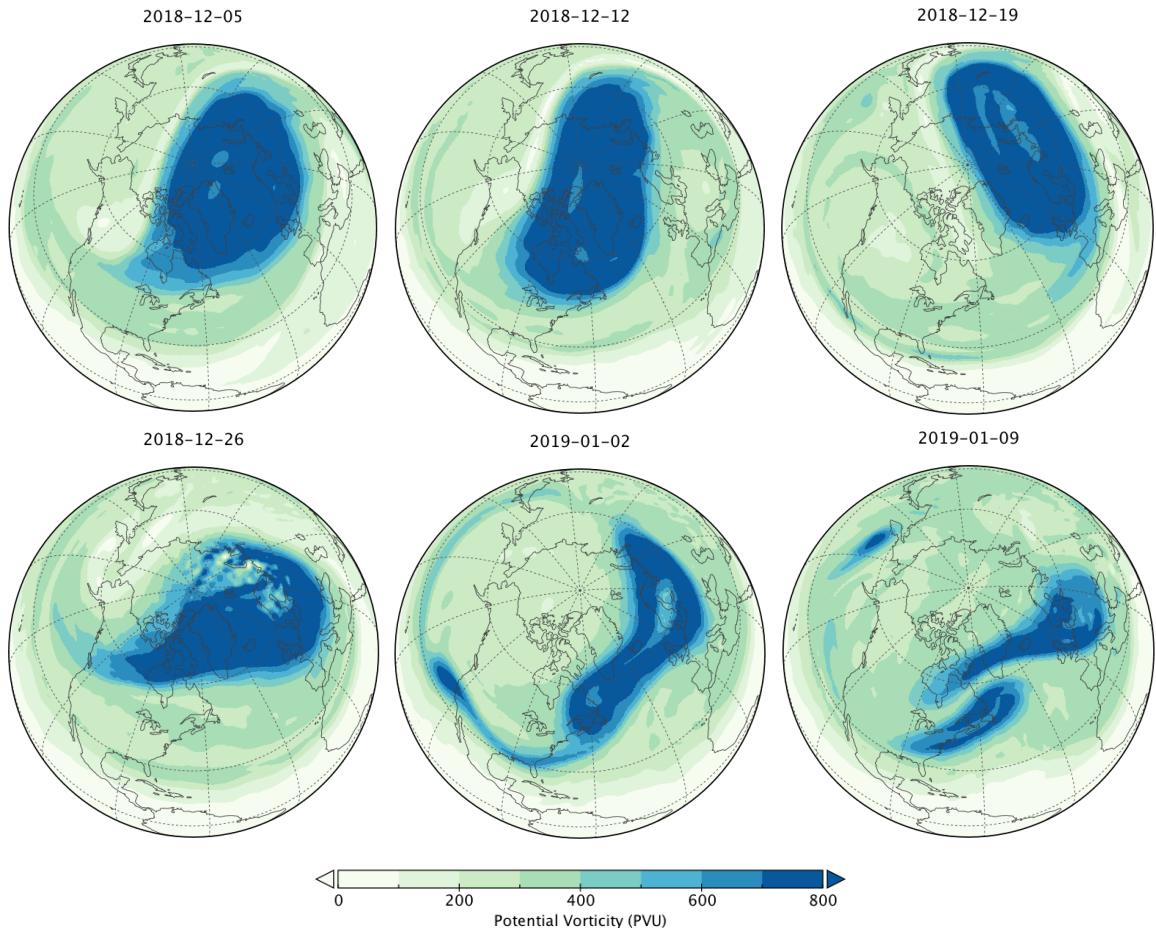
502 The wave breaking associated with a specific SSW is shown in Figure 7, illustrated  
503 with maps of potential vorticity (PV) on isentropic surfaces. Potential vorticity is de-  
504 fined by

$$PV = -g \frac{\partial \theta}{\partial p} (\zeta_\theta + f), \quad (3)$$

505 where  $g$  is gravity,  $\theta$  is potential temperature,  $p$  is pressure,  $\zeta_\theta$  is relative vorticity per-  
506 pendicular to an isentropic surface, and  $f$  is the Coriolis parameter. PV combines the  
507 conservation of mass and angular momentum. It is thus materially conserved in the ab-  
508 sence of diabatic processes, and hence provides an effective diagnostic tool on the time  
509 scales associated with SSWs. Maps of PV on isentropic surfaces, as in Figure 7, show  
510 the breaking of planetary-scale Rossby waves in the “surf zone” (McIntyre & Palmer,  
511 1983, 1984). As winter progresses, wave breaking in the surf zone sharpens the edge of  
512 the vortex, and if the wave breaking persists, the vortex can be displaced from the pole  
513 or even split in two. This can be viewed on horizontal maps of PV, or simply by mea-  
514 suring the size of the polar vortex in terms of PV (e.g. Butchart & Remsberg, 1986; Bald-  
515 win & Holton, 1988).

516 Two different perspectives exist in the literature regarding the role of the tropo-  
517 sphere in initiating wave breaking events in the stratosphere (see section 4.2 below). Early  
518 work focused on the role of anomalous wave fluxes from the troposphere that drive the  
519 SSW, i.e., provide sufficient additional wave drag in the stratosphere to destroy the vor-  
520 tex, especially if it accumulates over a sufficiently long period of time. A second view  
521 holds that, given a wave field provided by the troposphere—which does not need to be  
522 anomalously strong—the stratospheric polar vortex may spontaneously feed back onto  
523 the wave field such that both get mutually amplified, reminiscent of resonance phenom-  
524 ena (e.g., Plumb, 1981).

525 Regardless of the perspective on the triggering mechanisms of SSWs, once the pri-  
526 mary circulation breaks down and easterlies ensue, vertical propagation of stationary Rossby  
527 waves is inhibited. (Stationary wave can only exist if there are mean westerlies to off-  
528 set their intrinsic easterly propagation.) The resulting “critical line” drives an accumu-  
529 lation of wave dissipation just below it, associated with more easterly acceleration and  
530 rapid lowering of the critical line (Matsuno, 1971). The corresponding downward pro-  
531 gression of easterly zonal wind anomalies is mechanistically similar to the QBO (Plumb  
& Semeniuk, 2003), but acts on a much faster timescale, on the order of days, not years.



**Figure 7.** Illustration of the evolution of the polar vortex during an SSW in the winter 2018/19. Panels show PV on the 850K isentropic surface on six dates, showing a sequence illustrating a displacement of the vortex off the pole with concomitant stripping away of vortex filaments into the surf zone. Once the vortex is fully displaced off the pole (bottom middle) it then further splits into two smaller vortices (bottom right). From Baldwin, Birner, Brasseur, et al. (2019) ©American Meteorological Society. Used with permission.

533           **4.2 Bottom up or top down: An evolving understanding on the mech-**  
 534           **anism(s) driving SSWs**

535           A “bottom up” perspective, focused on the role of enhanced tropospheric wave forc-  
 536           ing, is inherent in Matsuno’s seminal work on showing that SSWs are dynamically forced.  
 537           Matsuno (1971) prescribed a switch-on planetary wave 2 forcing at the lower boundary  
 538           (approximately the tropopause) of a general circulation model. The model produced a  
 539           strong split SSW in response to this pulse from below.

540           Matsuno’s work suggests two key criteria for forcing an SSW. (1) SSWs only hap-  
 541           pen with sufficiently strong planetary wave forcing from the troposphere, and (2) SSWs  
 542           require a pulse of anomalously strong wave forcing from the troposphere to initiate. Sup-  
 543           port for the first criterion includes the simple observation that warming events are much  
 544           more prevalent in the Northern versus Southern Hemisphere. Additional support for a  
 545           necessary minimum amount of wave forcing from the troposphere was established in a  
 546           conceptual model developed by Holton and Mass (1976), who sought to distill an SSW  
 547           down to its most basic elements.

548           The Holton and Mass model consists of a single planetary wave of constant am-  
 549           plitude, prescribed as input forcing to the stratosphere at its lower boundary. The mean  
 550           flow (i.e, the vortex) exists either in a strong state with weak wave amplitudes (corre-  
 551           sponding to weak wave-mean flow interaction), or a weak state with strong wave ampli-  
 552           tudes (corresponding to strong wave-mean flow interaction similar to the dynamics in-  
 553           volved in SSWs). More recently, idealized GCM studies have found a sharp increase in  
 554           SSW frequency as planetary scale zonal asymmetries in the underlying flow are increased,  
 555           either by topography (e.g., Taguchi and Yoden (2002); Gerber and Polvani (2009)) or  
 556           thermal perturbations (Lindgren et al., 2018), though both topography and land-sea con-  
 557           trast may need to be present if represented in a realistic manner (Garfinkel, White, et  
 558           al., 2020).

559           The second criterion in the Matsuno model—that SSWs are driven by an excep-  
 560           tional pulse of wave activity from the troposphere—is supported by the fact that SSWs  
 561           are often preceded by blocking events, which amplify the tropospheric wave activity (e.g.  
 562           Quiroz, 1986; Martius et al., 2009). This has led researchers to look for tropospheric pre-  
 563           cursor events that potentially give rise to additional planetary wave fluxes entering the  
 564           stratosphere (e.g. Garfinkel et al., 2010; Cohen & Jones, 2011; Sun et al., 2012).

565           Palmer (1981) suggested that the stratospheric vortex may need to be “pre-conditioned”  
 566           to accept a pulse of wave activity, based on observations of the 1979 event, a topic fur-  
 567           ther explored by McIntyre (1982). Various studies have suggested that the strength and  
 568           size of the vortex play a critical role in allowing wave activity to penetrate deep into the  
 569           stratosphere (Limpasuvan et al., 2004; Nishii et al., 2009; Kuttippurath & Nikulin, 2012;  
 570           Albers & Birner, 2014; Jucker & Reichler, 2018).

571           Newman et al. (2001) and Polvani and Waugh (2004) pointed out that a single pre-  
 572           cursor event will likely not cause sufficient deceleration of the stratospheric polar vor-  
 573           tex; rather it is the accumulated wave forcing over 40-60 days that needs to be anom-  
 574           alyously strong to cause enough deceleration to reverse the zonal mean flow around the po-  
 575           lar cap. Sjoberg and Birner (2012) further pointed out that sustained forcing that lasts  
 576           for at least 10 days, but does not need to be anomalously strong, is crucial for forcing  
 577           SSWs. Processes that can lead to such a sustained increase in wave forcing from the tro-  
 578           posphere are discussed in Section 5.

579           Preconditioning suggests that the state of the stratospheric vortex impacts its re-  
 580           ceptivity to accept waves from the troposphere. The “top down” perspective takes this  
 581           view to the extreme, supposing that that fluctuations in tropospheric wave forcing do  
 582           not play an important role at all. Rather, as long as the background wave fluxes enter-  
 583           ing the stratosphere are strong enough (such as provided by the climatological conditions

584 in Northern Hemisphere winter) the stratosphere is capable of generating SSWs on its  
 585 own.

586 The top down perspective has often been framed in the context of resonant growth  
 587 of wave disturbances (e.g. Clark, 1974; Tung & Lindzen, 1979b). In a particularly in-  
 588 sightful incarnation of this mechanism, the wave-mean flow interaction causes the vor-  
 589 tex to tune itself toward its resonant excitation point (Plumb, 1981; Matthewman & Es-  
 590 ler, 2011; Scott, 2016). Support for this perspective comes from idealized numerical model  
 591 experiments that show that the stratosphere is capable of controlling the upward wave  
 592 activity flux near the tropopause (Scott & Polvani, 2004, 2006; Hitchcock & Haynes, 2016)  
 593 and that stratospheric perturbations can trigger SSWs even when the tropospheric wave  
 594 activity is held fixed (Sjoberg & Birner, 2014; de la Cámara et al., 2017).

595 Preconditioning of the polar vortex, i.e., wave driving that brings it to the criti-  
 596 cal state, would clearly play a key role in this mechanism, suggesting that SSWs could  
 597 potentially be predicted in advance, even in the limit where they are entirely controlled  
 598 by the state of the stratospheric vortex.

599 The bottom up and top down SSW mechanisms are associated with a different ex-  
 600 pected lag-lead relationship in upward wave energy propagation (i.e., the Eliassen-Palm  
 601 flux) between the tropospheric source and stratospheric sink. Events forced by tropo-  
 602 spheric waves will be preceded by a build up of wave activity over time, while self-tuned  
 603 resonant SSWs would be characterised by nearly instantaneous wave amplification through-  
 604 out an extended deep layer, and no lag between troposphere/tropopause and stratosphere.

605 In this context it is important to note that fluctuations in the upward wave flux  
 606 at 100 hPa are not generally representative of fluctuations in the troposphere below (Polvani  
 607 & Waugh, 2004; Jucker, 2016; de la Cámara et al., 2017). The typical tropopause pres-  
 608 sure over the extratropical atmosphere during winter is around 300 hPa, as shown in Fig-  
 609 ures 2 and 3. That is, wave flux events at 100 hPa can generally not be interpreted as  
 610 tropospheric precursor signals because  $\frac{2}{3}$  of stratospheric mass is below the height of the  
 611 100-hPa surface. Nevertheless, enhancements of upward wave fluxes from the troposphere  
 612 at sufficiently long time scales (e.g., associated with climate variability extending over  
 613 winter) tend to cause enhanced wave flux across 100 hPa into the polar vortex, which  
 614 increases the likelihood for SSWs (as discussed in Section 5).

615 Evidence supporting both the bottom up and top down pathways has been observed,  
 616 but it has become clear that the second criterion suggested by the Matsuno (1971) model—that  
 617 the troposphere must drive an SSW with a pulse of enhanced wave activity—is not nec-  
 618 essary. Birner and Albers (2017) found that only  $\frac{1}{3}$  of SSWs can be traced back to a pulse  
 619 of extreme tropospheric wave fluxes. Roughly  $\frac{2}{3}$  of observed SSWs are more consistent  
 620 with the top-down category or do not fit into either prototype (i.e., tropospheric wave  
 621 fluxes are anomalously strong but not extreme). Similar ratios have been observed in  
 622 modeling studies by White et al. (2019) and de la Cámara et al. (2019).

623 It also appears that the mechanism may vary with the type of warming. While Matsuno  
 624 (1971) prescribed a wave 2 disturbance, it appears that wave 1 (displacement) events tend  
 625 to be associated with the slow build up of wave activity, better matching the bottom-  
 626 up paradigm, although resonant behavior has also been suggested for displacement events  
 627 (Esler & Matthewman, 2011). Split, or wave 2, events are more instantaneous in nature  
 628 (Albers & Birner, 2014; Watt-Meyer & Kushner, 2015), more closely matching the top-  
 629 down paradigm.

## 630 5 External influences on SSWs

631 Because there have only been around 40 observed SSWs between 1958 and 2019,  
 632 it is challenging to quantify and/or establish statistically robust changes in frequency

of SSWs from external influences, especially if the observations show a subtle effect. Despite this difficulty, a range of external influences have been connected to SSWs, including the Quasi-Biennial Oscillation (QBO), ENSO, the 11-year solar cycle, the Madden-Julian Oscillation, and snow cover. Confidence in the robustness of such relationships is increased if there is a well described physical mechanism that is expected to produce the observed effect, for example through changes in the propagation and breaking of Rossby waves in the stratosphere or the generation of planetary Rossby waves in the troposphere. Similarly, confirmation of observed relationships in modelling studies also increases confidence that they are robust. Even more challenging is establishing relationships in the observations whereby two or more external influences act in concert (Salminen et al., 2020), a topic we return to in Section 10.

It has been recognized for 40 years that the stratospheric polar vortex is weaker during the easterly QBO winter than during the westerly QBO winter, known as the Holton-Tan relationship (Holton & Tan, 1980; Anstey & Shepherd, 2014). The frequency of occurrence of SSWs during each QBO phase is shown in Table 1 based on NCEP-NCAR reanalysis. SSW likelihood is higher during easterly QBO winters than during westerly QBO phase (0.9/yr vs 0.5/yr), consistent with early studies (Labitzke, 1982; Naito et al., 2003). Models also simulate a weakened vortex and more SSWs during easterly QBO as compared to westerly QBO, though the magnitude of the effect tends to be somewhat weaker than that observed (e.g. Anstey and Shepherd (2014); Garfinkel et al. (2018); Rao, Garfinkel, and White (2020a)). At least four different (likely complementary) mechanisms have been proposed linking the QBO to vortex variability, and the relative importance of these mechanisms is still unclear (Holton & Tan, 1980; Garfinkel, Shaw, et al., 2012; Watson & Gray, 2014; White et al., 2015; Silverman et al., 2018).

**Table 1.** Revisiting the QBO-SSW relationship during 1958–2019, based on the dates computed by Charlton and Polvani (2007) for 1958–2001 and by Rao, Ren, et al. (2019) for 2002–2018 with NCEP/NCAR reanalysis data. The first column is the QBO phase. The second column is the corresponding composite size total winter (Nov–Feb mean) size. The third column is the number of SSWs events for that composite size, and the fourth column is the SSW frequency (units: events times per year). EQBO=easterly phase of QBO; WQBO=westerly phase of QBO. The unit of QBO50 is  $\text{ms}^{-1}$ . Significance for this and following tables is computed based on the following Monte Carlo test: SSWs are randomly assigned to winters while maintaining the overall SSW frequency, and then the frequency of SSWs for each phase is computed. This procedure is repeated 10,000 times, to which the observed SSW frequency is compared. If the observed frequency is less than 2.5%(5%) of the random samples, or greater than 97.5%(95%), then we can reject a null hypothesis of no relationship at the 95% or 90% confidence levels, which are indicated on the table with bold and a star. Reprinted with permission from Rao, Garfinkel, et al. (2019).

QBO-SSW relationship			
QBO phase	Winter no.	SSW no.	SSW frequency
EQBO ( $\text{QBO50} \geq 5$ )	20	18	<b>0.9*</b>
WQBO ( $\text{QBO50} \leq -5$ )	36	18	0.5
Neutral ( $ \text{QBO50}  < 5$ )	6	1	0.17*
Total	62	37	0.60

The relationship between the northern winter stratospheric polar vortex and ENSO, including a full discussion of possible mechanisms, has recently been reviewed in this journal (Domeisen et al., 2019). The statistical relationship between ENSO and SSWs in NCEP-NCAR reanalysis data is revisited and shown in Table 2. The likelihood of SSW events

increases in both El Niño and La Niña relative to the ENSO neutral state (Butler & Polvani, 2011; Garfinkel, Butler, et al., 2012), and while the modulation of SSWs is not statistically significant, the effect of El Niño on the seasonal mean stratospheric vortex is significant and of similar strength to that of EQBO (Camp & Tung, 2007; Garfinkel & Hartmann, 2007; Domeisen et al., 2019). Increases in SSW frequency during La Niña in the observed record are not thought to be forced and, instead, are associated with internal variability or confounding climate forcings (Weinberger et al., 2019; Domeisen et al., 2019), particularly in the case of weak La Niña events (Iza et al., 2016). High-top models show a response to opposite phases of ENSO that, if anything, is generally stronger than that observed (Taguchi & Hartmann, 2006; Garfinkel, Butler, et al., 2012; Garfinkel et al., 2019) and that can be used for improving predictability over Europe (Domeisen et al., 2015).

**Table 2.** As in Table 1 but for the ENSO-SSW relationship during 1958–2019. The unit of Niño34 is °C. Reprinted with permission from Rao, Garfinkel, et al. (2019).

ENSO-SSW relationship			
ENSO phase	Winter no.	SSW no.	SSW frequency
El Niño ( $\text{Niño34} \geq 0.5$ )	20	13	0.65
moderate El Niño ( $0.5 \leq \text{Niño34} \leq 2$ )	17	13	0.77
La Niña ( $\text{Niño34} \leq -0.5$ )	23	15	0.65
Neutral ( $ \text{Niño34}  < 0.5$ )	19	9	0.47
Total	62	37	0.60

The solar cycle may affect the stratospheric polar vortex, and earlier work reported that mid-winter SSWs tend to occur during solar minimum QBO easterly phase (i.e. classical Holton-Tan effect) *and* during solar maximum and QBO westerly phase (Labitzke, 1987; Gray et al., 2004; Labitzke et al., 2006; Gray et al., 2010). Updating these relationship for data through 2019, however, suggests that although this relationship holds, it is modest. During solar maximum/westerly QBO years, midwinter SSW frequency is 0.44/yr (Table 3). During solar minimum/easterly QBO years the frequency of midwinter SSW is increased somewhat (0.67/yr), and this increase is statistically significant at the 90% confidence level. Observations alone are not sufficient to verify that a solar-QBO-SSW relationship is robust. There is a wide spread in the ability of models to simulate an influence of solar variability on the polar stratosphere (Mitchell et al., 2015), partly related to their ability to capture the effects of solar variability on the tropical stratosphere.

October Eurasian snow cover has also been linked to subsequent variability of the stratospheric vortex, with more extensive snow leading to a weakened vortex (Cohen et al., 2007; Henderson et al., 2018) via a strengthened Ural ridge and subsequent constructive interference with climatological stationary waves (Garfinkel et al., 2010; Cohen et al., 2014). There is a slight increase in SSW frequency for winters following enhanced snow cover (Table 4), but this effect is not statistically significant. Results are similar if only early winter SSW events are considered (not shown). The relationship between October Eurasian snow and the monthly mean vortex strength is non-stationary: it peaked over the period 1991–2010 and has since collapsed (Henderson et al., 2018). Most free-running models tend to not capture the link between snow cover and a weakened vortex (Furtado et al., 2015), though there are some exceptions (Garfinkel, Schwartz, et al., 2020), and models forced with idealized snow perturbations do capture this effect to some extent (Henderson et al., 2018).

The Madden Julian Oscillation (MJO) has also been shown to influence the timing of SSW events: of the 23 events considered by Schwartz and Garfinkel (2017) and

**Table 3.** As in Table 1 but for the solar-SSW relationship during 1958–2019. Max=solar maximum; Min=solar minimum. The number in parentheses is SSWs during January–February (JF). Reprinted with permission from Rao, Garfinkel, et al. (2019)

solar-SSW relationship				
solar phase	QBO phase	Winter no.	SSW no. (JF SSW no.)	SSW frequency
Max	EQBO	11	11 (6)	<b>1.0*</b> (0.55)
	WQBO	16	8 (7)	0.5* (0.44)
	Neutral	3	1 (0)	0.33 (0.0)
	SUM	30	20 (13)	0.67 (0.43)
Min	EQBO	9	7 (6)	0.78 (0.67*)
	WQBO	20	10 (6)	0.5 (0.3)
	Neutral	3	0.0 (0.0)	0.0 (0.0)
	SUM	32	17 (12)	0.53 (0.38)
Total		62	37(25)	0.60 (0.40)

**Table 4.** As in Table 1 but for the October snow cover–SSW relationship during 1968–2019. Snow cover data is sourced from [https://climate.rutgers.edu/snowcover/table\\_area.php?ui\\_set=1](https://climate.rutgers.edu/snowcover/table_area.php?ui_set=1), with “enhanced” and “reduced” defined as snow cover anomalies exceeding 0.5 standard deviations. Snow data is missing for October 1969.

snow-SSW relationship			
Snow-coverage	Winter no.	SSW no.	SSW frequency
enhanced	14	9	0.64
reduced	17	9	0.53
Neutral	20	12	0.6
No data	1	1	—
Total	52	31	0.59

the two events since, more than half (13 of 25) were preceded by MJO phases with enhanced convection in the tropical West Pacific (6 or 7 as characterized by Wheeler and Hendon (2004)). The climatological occurrence of these phases is  $\sim 18\%$  (updated from Schwartz and Garfinkel (2017)), and hence this represents an increased probability of an SSW occurring. The mechanism whereby convection in the West Pacific weakens the vortex is similar to the mechanism for the influence of ENSO and snow cover: the transient extratropical response associated with the MJO constructively interferes with the climatological planetary wave pattern (Garfinkel et al., 2014). Models simulate an effect similar to that observed (Kang & Tziperman, 2017; Schwartz & Garfinkel, 2020), and SSW probabilistic predictability is enhanced when the MJO is strong (Garfinkel & Schwartz, 2017).

## 6 How well can SSWs be forecast?

Prediction system models (particularly systems with high tops) are typically able to capture the onset of SSW events more than five days before the event (Tripathi et al., 2015). Fewer than 50% of ensemble members predict the SSW date at lead times of two weeks (Domeisen, Butler, et al., 2020a), though individual events can exhibit longer predictability (Rao, Garfinkel, et al., 2019). There is, however, significant event-to-event variability in predictability for the same modeling systems as demonstrated for European Centre for Medium-Range Weather Forecasts (ECMWF) forecasts by Karpechko (2018). Much of this variation in predictive skill is likely linked to the limitations in predictive skill of key tropospheric drivers of the SSW process. An interesting recent example of

722 this is the limited skill that models had in forecasting the February 2018 SSW, which  
 723 has been linked to the inability of some models to capture high pressure over the Urals  
 724 (Karpechko et al., 2018) and related anticyclonic wave breaking in the North Atlantic  
 725 sector (Lee et al., 2019).

726 There can also be substantial variation in forecasting skill for different modeling  
 727 systems, both in forecasting individual SSW events (Tripathi et al., 2016; Taguchi, 2018;  
 728 Rao, Garfinkel, et al., 2019; Taguchi, 2020) and in the mean aggregate skill (Domeisen,  
 729 Butler, et al., 2020a). The impact of long standing stratospheric biases and how these  
 730 influence the skill of different modeling systems, for example cold biases in the lowermost  
 731 extratropical stratosphere, remains an area of active research interest. As noted by Noguchi  
 732 et al. (2016), predictions of SSW events are also sensitive to the background stratospheric  
 733 state prior to the SSW.

734 Nonetheless, our ability to predict SSW events into the medium-range (lead times  
 735 of three to ten days) and sub-seasonal timescales and to capture changes to the seasonal  
 736 likelihood of SSW events has increased substantially as forecasting systems have increased  
 737 their model top, stratospheric vertical resolution, and increased the sophistication of key  
 738 stratospheric physical processes like gravity wave drag (Marshall & Scaife, 2010; Domeisen,  
 739 Butler, et al., 2020a).

## 740 7 Effects on weather and climate

### 741 7.1 Dynamical theories for downward influence

742 There are several theoretical reasons to expect that SSWs (and stratospheric vari-  
 743 ability in general) should affect surface weather. The main categories of mechanisms are:

- 744 1. The remote effects of wave driving (EP-flux divergence) in the stratosphere (Song  
 745 & Robinson, 2004; Thompson et al., 2006). The downward effect through the in-  
 746 duced meridional circulation has been termed “downward control” (Haynes et al.,  
 747 1991).
- 748 2. Planetary wave absorption and reflection (Perlitz & Harnik, 2003; Shaw et al.,  
 749 2010; Kodera et al., 2016)
- 750 3. Direct effects on baroclinicity and baroclinic eddies (Smy & Scott, 2009).
- 751 4. The remote effects of stratospheric PV anomalies (Hartley et al., 1998; Black, 2002;  
 752 Ambaum & Hoskins, 2002). This category includes studies such as White et al.  
 753 (2020), in which deep polar temperature anomalies are prescribed, because they  
 754 are equivalent to PV anomalies (Baldwin, Birner, & Ayarzagüena, 2019).

755 All of these mechanisms may contribute to tropospheric effects from SSWs. If we  
 756 are trying to explain the surface pressure anomalies following SSWs (Figure 3), or shifts  
 757 in the NAM index (e.g. Baldwin & Dunkerton, 2001), it is clear that the main observed  
 758 feature is that surface effects are roughly proportional to the anomalous strength of the  
 759 polar vortex in the lower stratosphere (as measured by temperature, wind, or the NAM  
 760 index). In a model study, White et al. (2020) found a robust linear relationship between  
 761 the strength of the lower-stratospheric warming and the tropospheric response, with the  
 762 linearity also extending to sudden stratospheric cooling events. A second observation is  
 763 that surface pressure anomalies are largest near the North Pole. Stratospheric wave driv-  
 764 ing (EP-flux divergence) is not, in general, proportional to the anomalous strength of  
 765 the polar vortex. It therefore cannot be the primary explanation for the tropospheric re-  
 766 sponse, as seen in Figure 3b. When Thompson et al. (2006) examined the connection  
 767 between stratospheric wave driving and near-surface wind changes, they found that sur-  
 768 face effects were too small, and there was no indication of a NAM-like pressure pattern,  
 769 as documented in Baldwin and Dunkerton (2001).

770 Planetary wave absorption and reflection primarily affects tropospheric wave fields,  
 771 but is not generally proportional to the anomalous strength of the stratospheric polar  
 772 vortex. A small change in wind induced by an SSW can be amplified by eddy propaga-  
 773 tion of transient waves produced in the troposphere. However, this mechanism does not  
 774 predict the observed NAM variations or surface amplification. Direct effects on baroclinic  
 775 eddies may be important because they are expected to be proportional to the anom-  
 776 arious strength of the stratospheric polar vortex, and in addition momentum fluxes from  
 777 transient eddies in midlatitudes drive annular modes.

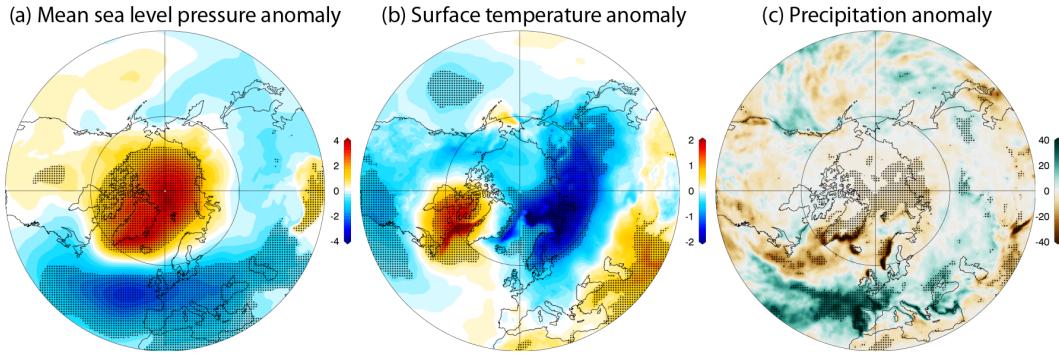
778 The remote effects of stratospheric PV anomalies would be expected to look sim-  
 779 ilar to the NAM pressure pattern, and the effects are proportional to the anomalous strength  
 780 of the stratospheric polar vortex (Black, 2002). However, as pointed out by Ambaum  
 781 and Hoskins (2002), the remote effects of stratospheric PV anomalies are expected the-  
 782oretically to decrease through the troposphere with an *e*-folding depth of  $\sim 5$  km. PV  
 783 theory explains very well the atmospheric response down to the tropopause, but it does  
 784 not explain the enhanced surface pressure response in Figure 3b. Surface pressure anom-  
 785 alies should be only  $\sim 20\%$  of those at the tropopause. The surface pressure response is  
 786 an order of magnitude larger than PV theory indicates. This “surface amplification” is  
 787 well reproduced in prediction models (Domeisen, Butler, et al., 2020b).

788 The remote effects of stratospheric PV anomalies, combined with a mechanism to  
 789 amplify the surface pressure signal, could explain the main observed SSW effects. It is  
 790 clear from the observations that following an SSW, tropospheric processes act to move  
 791 mass into the polar cap, raising Arctic surface pressure. The low-level build-up of mass  
 792 over the polar cap cannot come from the stratosphere because the surface pressure anom-  
 793 alyes are larger than seen at any stratospheric level. The mechanisms for this movement  
 794 of mass have not been fully explained. Both synoptic-scale and planetary-scale waves  
 795 are found to contribute to the tropospheric response following SSW events (Simpson et  
 796 al., 2009; Domeisen et al., 2013; Garfinkel et al., 2013; Hitchcock & Simpson, 2014, 2016;  
 797 K. L. Smith & Scott, 2016). Baldwin, Birner, and Ayarzagüena (2019) hypothesized that  
 798 the low-level polar cap temperature anomalies (as seen in Figures 3 and 8) are respon-  
 799 sible for the movement of mass through the mechanism of radiative cooling-induced an-  
 800 ticyclogenesis (Wexler, 1937; Curry, 1987), also see modeling results in Hoskins et al. (1985)).  
 801 If the Arctic lower troposphere cools, the air mass contracts and pulls in additional mass  
 802 from lower latitudes, raising the average surface pressure over the Arctic, as is observed.

## 803 7.2 Observed and modeled downward impact for both hemispheres

804 Both hemispheres show significant tropospheric effects following stratospheric ex-  
 805 treme events. In particular, SSW events tend to be followed by a negative signature of  
 806 the NAM in the NH (Baldwin & Dunkerton, 1999, 2001) and the SAM in the SH. In the  
 807 NH, the strongest response to SSW events is observed in the North Atlantic basin (Fig-  
 808 ure 8), where the response to SSW events often projects onto the negative phase of the  
 809 North Atlantic Oscillation (NAO) (Charlton-Perez et al., 2018; Domeisen, 2019). The  
 810 negative phase of the NAO is associated with cold air outbreaks over Northern Eurasia  
 811 and the eastern United States (Kolstad et al., 2010; Lehtonen & Karpechko, 2016; King  
 812 et al., 2019) as well as over the Barents and Norwegian Seas (Afargan-Gerstman et al.,  
 813 2020), and wet anomalies over Southern Europe (Ayarzagüena et al., 2018) due to the  
 814 southward shift and persistence of the North Atlantic eddy-driven jet (Maycock et al.,  
 815 2020) and the storm track (Afargan-Gerstman & Domeisen, 2020). Further anomalies  
 816 include positive temperature anomalies over Greenland and eastern Canada, and sub-  
 817 tropical Africa and the Middle East. Anomalous tropospheric blocking is often observed  
 818 after SSW events (Labitzke, 1965; Vial et al., 2013).

819 In the SH, the winter stratospheric variability is weaker compared to the NH due  
 820 to less wave driving (Plumb, 1989), meaning far fewer SSWs have been observed (Sec-



**Figure 8.** Composites of the 60 days following historical SSWs in the JRA-55 reanalysis for (a) mean sea level pressure anomalies (hPa), (b) surface temperature anomalies (K), and (c) precipitation anomalies (mm). Stippling indicates regions significantly different from climatology at the 95% level. [Figure from Butler et al. (2017), ©Copernicus. Used with permission.]

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 tion 3). Nonetheless, anomalous weakenings of the SH polar vortex, tied to shifts in the seasonal evolution of the vortex, are associated with a negative SAM pattern and significant surface impacts over Antarctica, Australia, New Zealand, and South America (Lim et al., 2018, 2019). Following the only major SSW that occurred in September 2002, the SAM stayed persistently negative from September to November (Thompson et al., 2005), with warmer and drier conditions over southeast Australia, and colder and wetter conditions over New Zealand and southern Chile (Gillett et al., 2006). Similar impacts were seen following the extreme polar vortex weakening in 2019 (Hendon et al., 2019).

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 Furthermore, there are significant effects of SSW events in the tropics, which contribute to a downward pathway to the troposphere through tropical convective activity. In particular, the induced meridional circulation associated with the anomalous wave driving leads to anomalous tropical upwelling and anomalous cooling in the tropical tropopause region (visible in Figure 2), modulating tropical convection (Kodera, 2006). The anomalous tropical upwelling may also lead to drying of the tropical tropopause layer (Eguchi & Kodera, 2010; Evan et al., 2015).

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 The downward response to SSWs tends to be well reproduced in model studies. Models ranging from idealized dynamical cores to complex coupled model systems show a tropospheric response, though its persistence is often overestimated, especially in simplified models (Gerber, Polvani, & Ancukiewicz, 2008; Gerber, Voronin, & Polvani, 2008). Additionally, idealized model experiments confirm the direction of causality, i.e., stratospheric anomalies have a downward impact even if the troposphere is perturbed and does not retain memory from potential tropospheric precursors (Gerber et al., 2009), or if a SSW is imposed without any tropospheric precursors (White et al., 2020). This stratospheric downward effect is known to contribute to surface predictability (Sigmond et al., 2013; Scaife et al., 2016; Domeisen, Butler, et al., 2020b).

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 While on average the “downward impact” of SSWs is robust, not all SSWs appear to couple down to the surface. Most studies agree that about two thirds (Charlton-Perez et al., 2018; Domeisen, 2019; White et al., 2019) of SSW events are characterized as having a visible downward impact (e.g., persistent negative phase of the NAM or NAO in the lower troposphere and/or the lower stratosphere, (e.g Karpechko et al., 2017; Domeisen, 2019)). One factor affecting the appearance of downward impact is the tropospheric NAM index prior to and at the time of the SSW. If the NAM is already negative, there will be a vertical connection to the negative stratospheric NAM. On the other hand, if the

tropospheric NAM is strongly positive prior to the SSW, the appearance of vertical coupling is less likely, at least initially. The same is true for the NAO: if a negative NAO is present at the time of the SSW, the downward coupling is instantaneous but short-lived, while otherwise the negative NAO often appears after the SSW event (Domeisen, Grams, & Papritz, 2020). The stratosphere is one of several factors influencing the NAM, with most NAM variability being generated within the troposphere (and from surface interactions). The stratospheric influence becomes clear, only statistically, in regressions or in composites of many SSWs. Specifically, the concept of surface amplification of the polar pressure signal (Figure 3) will not be apparent during every SSW, but it becomes clear when averaging over many events. This is because the troposphere is highly variable, and the stratosphere represents a modest influence that is active during the cold season.

However, it is still not possible to predict which SSW events will have a visible downward impact. Knowing in advance or at the time of an SSW event the magnitude of its downward impact could have a significant benefit for medium-range to sub-seasonal predictions. Several studies have investigated possible stratospheric causes for the different surface impacts of SSW events:

1. The type of wave propagation during SSW events has been characterized as either absorbing or reflecting (Kodera et al., 2016) based on wave propagation during the recovery phase of the polar vortex, leading to different surface impacts. Absorbing type events are found to induce the canonical negative NAO response, while reflecting events are associated with wave reflection and blocking in the Pacific basin.
2. The type of SSW in terms of split or displacement had been suggested to produce different surface responses (Nakagawa & Yamazaki, 2006; Mitchell et al., 2013; Seviour et al., 2016). However, some other studies could not find significant difference in the annular mode response in long model simulations (Maycock & Hitchcock, 2015; White et al., 2019).
3. The duration and strength of the signal in the lower stratosphere has been suggested to contribute to the duration and strength of the surface impact (Karpechko et al., 2017; Runde et al., 2016; Rao, Garfinkel, & White, 2020b). In particular, weak vortex events that are classified as PJO events have a stronger and more persistent coupling to the troposphere than those events that lack PJO characteristics (Hitchcock et al., 2013).

Further studies have investigated tropospheric sources for different responses to stratospheric forcing, in terms of jet stream location (Garfinkel et al., 2013; Chan & Plumb, 2009), North Atlantic weather regimes (Domeisen, Grams, & Papritz, 2020), Eastern Pacific precursors (Afargan-Gerstman & Domeisen, 2020), and the characteristics of tropospheric precursors to SSW events, in particular Ural blocking (White et al., 2019). The response is also likely dependent on concurrent tropospheric climate patterns such as ENSO (Polvani et al., 2017; Oehrlein et al., 2019) and the MJO (Schwartz & Garfinkel, 2017; Green & Furtado, 2019).

## 8 Effects on the atmosphere above the stratosphere

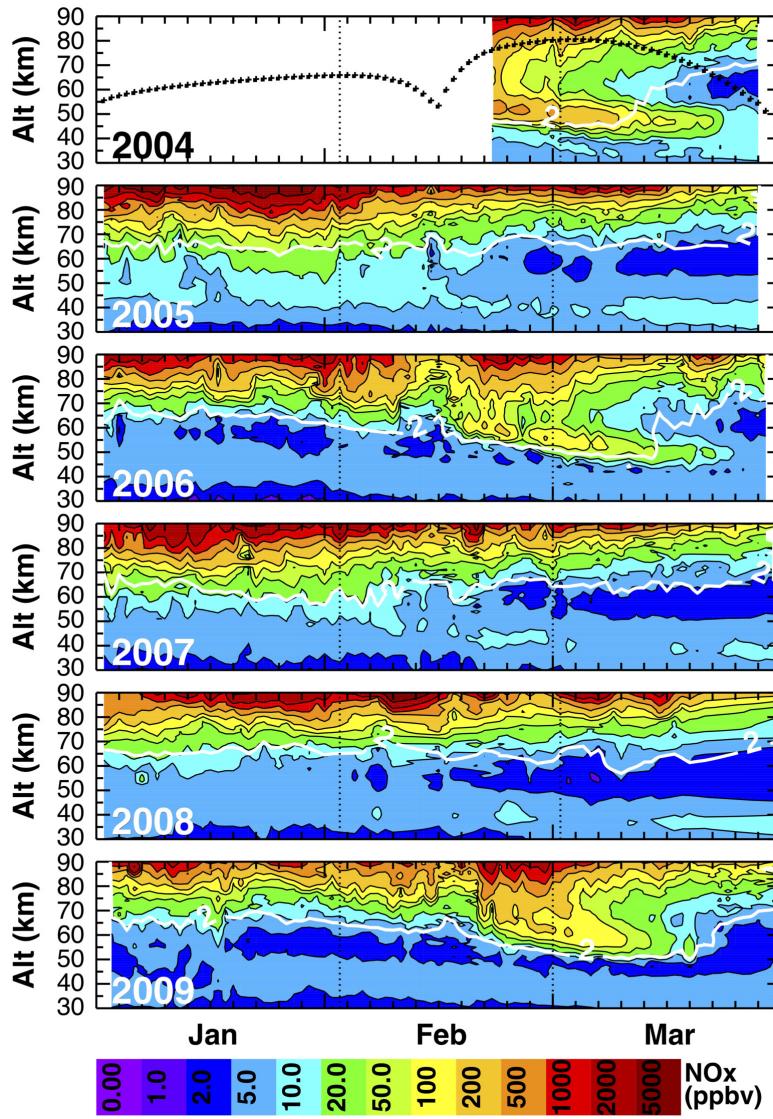
The effects of SSW events are now recognized to extend well above the stratosphere, and can significantly alter the chemistry and dynamics of the mesosphere, thermosphere, and ionosphere. They are thus a significant component of the short-term variability in the upper atmosphere. This section briefly reviews the major impacts of SSWs on the upper stratosphere-mesosphere, thermosphere, and ionosphere. More detailed reviews focused solely on the upper atmosphere can be found in Chandran et al. (2014) and Chau et al. (2012).

905            **8.1 Impacts on the Upper Stratosphere-Mesosphere**

906            The stratopause often reforms at high altitudes ( $\sim$ 70–80 km) after SSW events,  
 907            followed by a gradual descent to its climatological altitude of  $\sim$ 50–55 km over the en-  
 908            suing 2–3 weeks (Manney et al., 2008; Siskind et al., 2010). Such elevated stratopause  
 909            events occur in roughly one-third of Northern Hemisphere winters (Chandran et al., 2013,  
 910            2014). Numerical simulations successfully reproduce elevated stratopause events, pro-  
 911            viding insight into the formation mechanisms. The elevated stratopause forms due to en-  
 912            hanced westward gravity wave forcing following SSW events, which leads to downwelling  
 913            and adiabatic heating at high altitudes where the stratopause reforms (Chandran et al.,  
 914            2013; Limpasuvan et al., 2016).

915            SSW events lead to dramatic changes in the mesosphere and lower thermosphere.  
 916            This includes high latitude cooling, as well as a reversal of the zonal mean zonal winds  
 917            from easterly to westerly (the opposite as in the stratosphere) (Labitzke, 1982; H. L. Liu  
 918            & Roble, 2002; Hoffmann et al., 2007; Siskind et al., 2010; Limpasuvan et al., 2016). The  
 919            mesosphere-lower thermosphere changes during SSWs are primarily due to changes in  
 920            gravity wave drag. The weakening, and potential reversal, of the westerly stratospheric  
 921            winds leads to more eastward propagating gravity waves reaching the mesosphere-lower  
 922            thermosphere, where, upon breaking, they increase the eastward forcing at mesosphere-  
 923            lower thermosphere altitudes. The enhanced eastward forcing leads to the reversal of the  
 924            mesosphere-lower thermosphere winds, and also changes the high latitude residual cir-  
 925            culation from downward to upward, resulting in adiabatic cooling of the mesosphere (H. L. Liu  
 926            & Roble, 2002; Siskind et al., 2010; Limpasuvan et al., 2016). The altered stratosphere-  
 927            mesosphere residual circulation during SSW events may also lead to a warming of the  
 928            summer hemisphere mesosphere, and a decrease in the occurrence of polar mesospheric  
 929            clouds (Karlsson et al., 2007, 2009; Körnich & Becker, 2010). Though Körnich and Becker  
 930            (2010) originally explained the coupling between wintertime SSWs and mesospheric warm-  
 931            ings in the summer hemisphere as due to altered wave forcing in the summer hemisphere,  
 932            A. K. Smith et al. (2020) recently proposed that the inter-hemispheric coupling is due  
 933            to changes in the stratosphere-mesosphere circulation, and not due to modified wave forc-  
 934            ing in the summer hemisphere mesosphere. The mesosphere-lower thermosphere changes  
 935            that occur during SSWs are only weakly correlated with the changes that occur in the  
 936            stratosphere (e.g. A. K. Smith et al., 2020), and there is significant event-to-event vari-  
 937            ability (Zülicke & Becker, 2013; Zülicke et al., 2018). The lack of a direct linear corre-  
 938            spondence between the stratosphere and mesosphere-lower thermosphere illustrates the  
 939            complexity of the coupling processes.

940            The circulation changes in the upper stratosphere and mesosphere-lower thermo-  
 941            sphere that are discussed above lead to notable changes in chemical transport, altering  
 942            the distribution of chemical species in the stratosphere and mesosphere. Changes in chem-  
 943            istry are particularly notable following elevated stratopause events, when there is sig-  
 944            nificantly enhanced downward transport in the lower mesosphere and upper stratosphere  
 945            (e.g., Siskind et al., 2015). The enhanced downward transport leads to enhancements  
 946            in NOx and CO in the stratosphere (Manney, Schwartz, et al., 2009; Randall et al., 2006,  
 947            2009). Observations of NOx during the winters of 2004-2009 are shown in Figure 9, clearly  
 948            illustrating the enhanced downward transport of NOx during the winters of 2004, 2007,  
 949            and 2009 during which major SSWs occurred. An increase in NOx is particularly rel-  
 950            evant as it can lead to the loss of stratospheric ozone. Though enhanced descent of trace  
 951            species is well observed, the descent in numerical models is typically too weak, leading  
 952            to simulations with a deficit in NOx and CO in the stratosphere following SSW events  
 953            (Funke et al., 2017). This is partly due to inadequate representation of the mesosphere-  
 954            lower thermosphere dynamics (Meraner et al., 2016; Pedatella et al., 2018), though may  
 955            also be due to insufficient source parameterizations (Randall et al., 2015; Pettit et al.,  
 956            2019).



**Figure 9.** Zonal average ACE-FTS NO<sub>x</sub> (color) in the NH from 1 January through 31 March of 2004-2009. The white contour indicates CO=2.0 ppmv. Measurement latitudes are shown in the top panel as black dots. From Randall et al. (2009).

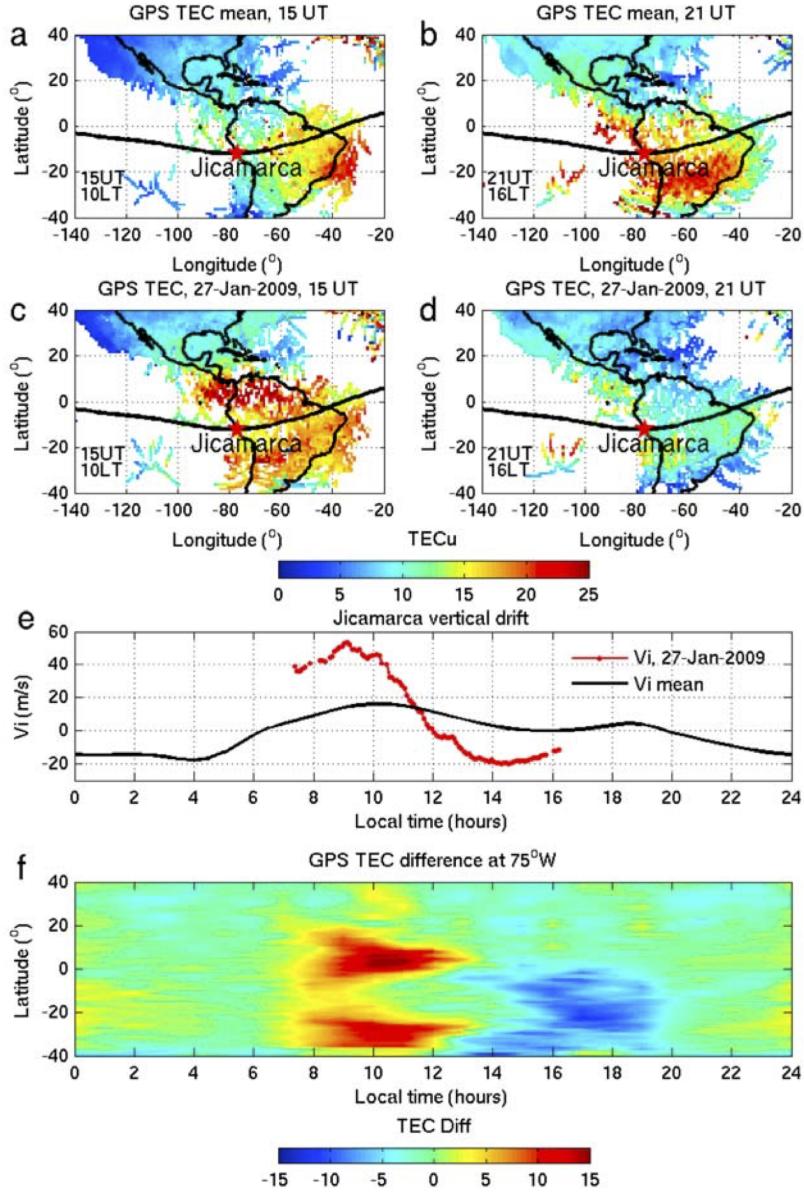
The changes in stratosphere-mesosphere chemistry and zonal winds during SSWs influence solar and lunar atmospheric tides, which, in-turn, play a key role in coupling SSWs to variability in the ionosphere and thermosphere. The most notable changes are an enhancement in the migrating semidiurnal solar and lunar tides. The migrating semidiurnal solar tide is primarily generated by stratospheric ozone, and Goncharenko et al. (2012) proposed that it is enhanced during SSWs due to changes in stratospheric ozone. However, recent numerical experiments by Siddiqui et al. (2019) demonstrate that the migrating semi-diurnal solar tide in the lower thermosphere is primarily enhanced due to altered wave propagation, with ozone only being a minor (~20-30%) contributor to the maximum enhancement. Though generally small, the migrating semidiurnal lunar tide is greatly enhanced during SSWs, and can obtain amplitudes equal to or larger than the migrating semidiurnal solar tide (e.g., Chau et al., 2015). The enhanced lunar tide is attributed to changes in the background zonal mean zonal winds, which shifts the Pekeris resonance mode of the atmosphere close to the frequency of the migrating semidiurnal lunar tide (Forbes & Zhang, 2012). The magnitude and timing of the semidiurnal lunar tide enhancements appear to be correlated with stratospheric variability (Zhang & Forbes, 2014; Chau et al., 2015), though, as discussed in Chau et al. (2015), there are events that do not follow the linear relationship.

## 8.2 Impacts on the ionosphere

The influence of SSWs on the ionosphere was first hypothesized several decades ago by Stening (1977) and Stening et al. (1996). However, it was not until Goncharenko and Zhang (2008) and Chau et al. (2009) that the impact of SSWs on the ionosphere was unequivocally demonstrated. Since these studies there has been considerable research into the role of SSWs on generating variability in the low-latitude and mid-latitude ionosphere.

Observations have revealed that the low-latitude ionosphere exhibits a consistent response to SSWs, with an increase in vertical plasma drifts and electron densities in the morning and a decrease in the afternoon (Figure 10). The morning enhancement and afternoon depletion gradually, over the course of several days, shifts towards later local times (e.g., Chau et al., 2009; Goncharenko, Chau, et al., 2010; Goncharenko, Coster, et al., 2010; Fejer et al., 2011). This behavior is primarily attributed to the enhancement of the solar and lunar migrating semidiurnal tides during SSWs, which influence the generation of electric fields via the E-region dynamo mechanism (Fang et al., 2012; Pedatella & Liu, 2013). The migrating semidiurnal lunar tide is thought to be especially important in producing the gradual shift of the ionospheric perturbations towards later local times. As demonstrated by Siddiqui et al. (2015), there is a linear relationship between the strength of the stratospheric disturbance and the magnitude of the semidiurnal lunar tide in the equatorial electrojet. Numerical modeling studies indicate that the influence of SSWs on the low-latitude ionosphere should be larger during solar minimum compared to solar maximum (Fang et al., 2014; Pedatella et al., 2012). Observations have, however, revealed that equally large responses can occur during solar maximum (Goncharenko et al., 2013), indicating that factors in the lower-middle atmosphere, such as the SSW strength and lifetime, may be equally as important as solar activity.

A number of studies have investigated the impact of SSWs on the low-latitude ionosphere in different longitudes. They have found that the characteristic features of the ionosphere variability during SSWs is broadly similar across longitudes (Anderson & Araujo-Pradere, 2010; Fejer et al., 2010; Siddiqui et al., 2017). There are, however, differences in the response at different longitudes. In particular, the response is strongest, and tends to occur earliest, over South America. The longitudinal differences are related to the effects of nonmigrating semidiurnal tides and the influence of Earth's geomagnetic main field (Maute et al., 2015).



**Figure 10.** Observations of ionospheric behavior during the 2009 SSW event. (a) Mean total electron content (TEC) at 15 UT (morning sector, 10LT at  $75^{\circ}\text{W}$ ). (b) Same as Figure 10a, except for at 21 UT (afternoon sector, 16 LT at  $75^{\circ}\text{W}$ ). (c) TEC in the morning sector (15 UT) on January 27, 2009, during the SSW. (d) TEC in the afternoon sector (21 UT) on January 27, 2009. (e) Vertical drift observations by the Jicamarca incoherent scatter radar ( $12^{\circ}\text{S}$ ,  $75^{\circ}\text{W}$ ) at 200-500 km altitude. The red line indicates observations on January 27, 2009, and the black line indicates the average behavior for winter and low solar activity. (f) Change in TEC at  $75^{\circ}\text{W}$  during the SSW as a function of local time and latitude. From Goncharenko, Chau, et al. (2010).

One of the reasons that the ionospheric variability during SSWs has attracted attention is that it potentially enables improved forecasting of ionosphere variability. Due to being primarily an externally forced system, the ionosphere and thermosphere are less sensitive to initial conditions compared to the troposphere-stratosphere (Siscoe & Solomon, 2006). This leads to skillful forecasts of the ionosphere being typically less than 24 h (Jee et al., 2007). If, however, the external drivers of ionosphere variability can be well-forecast, then the length of skillful ionosphere forecasts can be extended. The two external drivers of the ionosphere are solar activity and effects from the lower atmosphere. The relatively good predictability of SSWs means that they could enable enhanced ionosphere forecast skill by improved forecasting of the lower atmospheric driver of ionosphere variability. The ability to forecast the low-latitude ionosphere during the 2009 SSW was investigated by Wang et al. (2014) and Pedatella et al. (2018). Both studies found that ionospheric variability could be forecast  $\sim$ 10 days in advance of the SSW, which is consistent with the ability to predict the occurrence of SSWs. SSWs may thus provide a pathway for improving forecasts of the ionosphere.

The effects of SSWs on the ionosphere extend to middle latitudes, and are, perhaps surprisingly, stronger in the SH. Fagundes et al. (2015) and Goncharenko et al. (2018) both observed notable daytime TEC enhancements in the SH middle latitude ionosphere. Goncharenko et al. (2018) also observed large decreases in nighttime ionosphere electron densities at middle latitudes. The mechanism generating variability in the middle latitude ionosphere is thought to be changes in the thermosphere neutral winds, and the greater response in the SH has been interpreted as being due to a larger amplitude semi-diurnal lunar tide in the SH which propagates upwards into the thermosphere where it modulates the neutral winds (Pedatella & Maute, 2015).

Understanding the formation of small-scale irregularities in the ionosphere, often referred to as spread-F, equatorial plasma bubbles, or scintillation, is important owing to the disruptive impact of small-scale irregularities on communications and navigation (e.g., GPS) signals. Determining the role of SSWs on the formation of ionosphere irregularities is thus of considerable interest. Current observational evidence of the impact of SSWs on ionosphere irregularities is inconclusive, with some studies suggesting a suppression of irregularities (de Paula et al., 2015; Patra et al., 2014), and others an enhancement of irregularities (Stoneback et al., 2011). This is therefore an area that requires considerably more research.

### 8.3 Impacts on the thermosphere

The impact of SSWs on the thermosphere has received considerably less attention compared to the ionosphere. This is primarily due to the limited number of direct observations as well as generally smaller impacts of SSWs on the thermosphere. Nonetheless, investigations have revealed that there are clear impacts on the thermosphere temperature, density, and composition.

Numerical simulations by H. L. Liu and Roble (2002) first revealed that the effects of SSWs can extend into the lower thermosphere. They found that the lower thermosphere ( $\sim$ 110-170 km) in the NH warms by  $\sim$ 20-30 K during a SSW. Warming of the Northern Hemisphere lower thermosphere was confirmed observationally by Funke et al. (2010). Subsequent simulations by H. Liu et al. (2013) using the GAIA whole atmosphere model revealed that the zonal mean temperature changes globally, and throughout the thermosphere. In particular the GAIA simulations revealed upper thermosphere cooling in the tropics and Southern Hemisphere, and a global average cooling of  $\sim$ 10K during the 2009 SSW. The global cooling of the thermosphere is largely attributed to the dissipation of enhanced semidiurnal solar and lunar tides during the SSW, which significantly alters the circulation of the lower thermosphere (H. Liu et al., 2014). The cooling of the thermosphere leads to a contraction of the thermosphere, and a reduction in

1058 the neutral density at a fixed altitude. Based on satellite orbital drag derived thermo-  
 1059 sphere densities, Yamazaki et al. (2015) investigated the thermosphere density response  
 1060 to SSW events. They found a 3–7% decrease in global mean thermosphere density at al-  
 1061 titudes of 250–575 km.

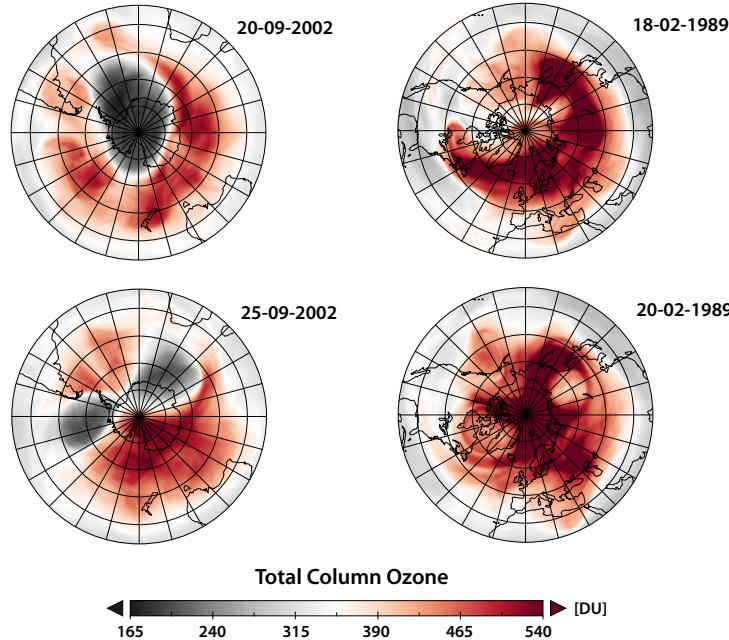
1062 The composition of the thermosphere is also impacted by SSWs, with model sim-  
 1063 ulations and observations finding a ~10% reduction in the ratio of atomic oxygen to molec-  
 1064 ular nitrogen ( $[O]/[N_2]$ ) during SSW events (Pedatella et al., 2016; Oberheide et al., 2020).  
 1065 This reduction arises due to the enhancement of migrating semidiurnal solar and lunar  
 1066 tides during the SSW, and their influence on the mean meridional circulation. In par-  
 1067 ticular, the dissipation of the tides induces a westward momentum forcing in the lower  
 1068 thermosphere, which drives a mean meridional circulation that is upward in the equa-  
 1069 torial region, poleward at middle latitudes, and downward at high latitudes. This altered  
 1070 mean meridional circulation leads to an increase of  $[O]$  and a decrease of  $[N_2]$  in the lower  
 1071 thermosphere that is then communicated to the upper thermosphere via molecular dif-  
 1072 fusion (e.g., Yamazaki & Richmond, 2013). As thermospheric  $[O]/[N_2]$  influences the pro-  
 1073 duction and loss of  $O^+$ , the  $[O]/[N_2]$  reduction during SSWs leads to a decrease in the  
 1074 diurnal and zonal mean ionosphere electron densities, which are approximately equal to  
 1075  $O^+$  in the F-region ionosphere.

## 1076 9 Effects on stratospheric transport and composition

1077 The dramatic dynamical perturbations during SSWs are associated with anom-  
 1078 alies in the transport circulation, and thus lead to anomalies in the distributions of con-  
 1079 stituents such as ozone and other trace gases throughout the lower and middle strato-  
 1080 sphere, with the impacts on the upper stratosphere and lower mesosphere discussed in  
 1081 the previous section.

1082 It has been known since the mid-twentieth century that the winter is dynamically  
 1083 the most active season in the stratosphere (see Baldwin, Birner, Brasseur, et al. (2019)),  
 1084 and it was correctly anticipated that the largest ozone changes would also occur during  
 1085 this season. However, measurements of both total column and profile ozone remained  
 1086 sparse before the 1970s and exhibited large differences among measurement stations, leading  
 1087 to large uncertainties in deriving knowledge on natural variability in ozone and its  
 1088 drivers. Nevertheless, the influence of SSWs was recognised and could be shown from  
 1089 observations as early as in the late 1950s, with Dütsch (1963) revealing a close spatial  
 1090 correlation between total column ozone and temperatures in the 50–10 hPa layer dur-  
 1091 ing the 1957–1958 SSW over Europe. Based on averaged total column ozone observa-  
 1092 tions over all available stations north of 40°N, Züllig (1973) further developed the find-  
 1093 ings by Dütsch to show that the seasonal evolution of ozone was exhibiting a much more  
 1094 abrupt initial increase during years with SSW events (1962–1963 and 1967–1968) than  
 1095 during a year without an SSW event (1966–1967).

1096 In the early 1970s, the Backscatter Ultraviolet (BUV) instrument on Nimbus IV  
 1097 provided the first global ozone data from space, which served to verify the findings by  
 1098 Dütsch (1963) and Züllig (1973) from single measurement stations of total column ozone  
 1099 during SSWs (Heath, 1974). These global satellite measurements have continued to date,  
 1100 with a series of SBUV, TOMS, GOME, and OMI instruments flown on different satel-  
 1101 lites, providing immediate information on the impact of SSWs on total column ozone dis-  
 1102 tributions in a visual manner. Figure 11 (left column) shows the total column ozone dis-  
 1103 tribution over the Antarctic region in 2002 as derived from the ECWMF ERA5 reanal-  
 1104 ysis (Hersbach et al., 2020), before and after the occurrence of an SSW. This event was  
 1105 the first to be observed in the SH and as mentioned above led to an impressive split of  
 1106 the 2002 Antarctic ozone hole (Varotsos, 2002; von Savigny et al., 2005), at least par-  
 1107 tially cutting short ozone depletion during that year (Weber et al., 2003). A similar event



**Figure 11.** Total column ozone distributions in [DU] as obtained from ECMWF ERA5 before (upper panels) and after (lower panels) SSW events, for the Antarctic polar region in 2002 (left column) and the Arctic polar region in 1989 (right column), respectively.

is shown on the right for the winter 1989 over the Arctic region. While the overall ozone levels are much higher than in the SH, the split vortex can still be clearly identified.

SSWs not only leave a clear signature in total column ozone, but also affect the vertical structure of ozone (e.g., Kiesewetter et al., 2010; de la Cámara et al., 2018). With the advent of stratospheric limb sounders in the late 1970s, a wealth of observations had become available to study these features, including in trace gases other than ozone such as nitrous oxide, carbon monoxide, and nitrogen oxides (e.g., Manney, Schwartz, et al., 2009; Manney, Harwood, et al., 2009; Tao et al., 2015). As shown by Kiesewetter et al. (2010) and de la Cámara et al. (2018), after onset of an SSW, ozone anomalies become positive above 500K and negative below. The positive anomalies then slowly descend to lower altitudes, with the middle stratosphere relaxing back to normal trace gas concentrations the fastest. The enhanced poleward and downward transport during an SSW will lead to an increase in transport of other species such as carbon monoxide as well, with the breakdown of the polar vortex leading to enhanced mixing between mid and high latitudes and a flattening of the tracer gradients (Manney, Schwartz, et al., 2009). This will lead to cutting short ozone depletion by halogens in the Arctic polar stratosphere during spring, the opposite as found during the very cold and undisturbed 2013 Arctic winter that featured unprecedented Arctic ozone loss (Manney et al., 2015).

Due to the highly variable character of SSWs, observations fall short of providing the statistical information needed to fully explain trace gas transport during these events, hence models are used to more closely investigate the drivers behind the transport. Local tracer mixing ratios are the results of a balance between chemical sources or sinks and transport. In the TEM framework, the equation for a tracer mixing ratio  $X$  can be written as in equation 4:

$$\frac{\partial \bar{X}}{\partial t} = - \left[ \bar{v}^* \frac{\partial}{\partial y} + \bar{w}^* \frac{\partial}{\partial z} \right] \bar{X} + \nabla \cdot M + S \quad (4)$$

1132 The chemical sources and sinks are represented by  $S$ , while the first two terms on  
 1133 the right hand side represent transport. Of these, the first term describes slow residual  
 1134 advection, with upward transport in the tropics and downward transport in the extra-  
 1135 tropics (see also Section 4). The second term is the divergence of eddy tracer fluxes (of  
 1136 the form  $(\bar{v}' \bar{X}', \bar{w}' \bar{X}')$ ), and thus describes the effect of mixing processes (M). The lat-  
 1137 ter arises due to stirring of tracer contours and subsequent small-scale diffusion, lead-  
 1138 ing to no net mass transport, but, in the presence of tracer gradients to tracer transport.

1139 As described in Section 4, the strongly enhanced wave forcing prior and during a  
 1140 SSW event drives a strongly enhanced residual circulation. High latitude downwelling  
 1141 is enhanced by up to one standard deviation between about 10 days prior the SSW up  
 1142 to the central date (de la Camara et al., 2018). After the central date, wave propaga-  
 1143 tion is mostly prohibited and subsequently the lack of wave forcing leads to weakened  
 1144 polar downwelling. The weakening of the residual circulation can persist up to two months  
 1145 after the SSW, in particular for PJO events (de la Camara et al., 2018; Hitchcock et al.,  
 1146 2013). The extended persistence in the lower stratosphere is partly a result of longer ra-  
 1147 diative timescales in this region (Hitchcock et al., 2013), but it has been shown that also  
 1148 enhanced diffusive PV mixing leads to the prolonged recovery phase of the polar vor-  
 1149 tex (de la Camara et al., 2018; Lubis et al., 2018).

1150 Next to the anomalous vertical residual advection in the polar vortex region, trac-  
 1151 ers are affected by anomalous mixing during SSW events. Mixing, as measured by ef-  
 1152 fective diffusivity or equivalent length [a measure of the disturbances of a tracer contour  
 1153 line relative to a zonally symmetric contour line (see Nakamura (1996))], is enhanced in  
 1154 the aftermath of SSW events: strongest anomalies are found around 10 days after the  
 1155 central date at the vortex edge in the mid-stratosphere, with anomalies propagating pole-  
 1156 ward and downward in the following weeks to months (de la Camara et al., 2018; Lu-  
 1157 bis et al., 2018). Enhanced mixing in the lower stratosphere is found to persist for more  
 1158 than two months for PJO events (de la Camara et al., 2018), largely equivalent to “ab-  
 1159 sorptive” events as classified by Lubis et al. (2018). Those prolonged diffusive mixing  
 1160 anomalies of PV delay the vortex recovery (see above); however they are not necessar-  
 1161 ily associated with enhanced eddy PV fluxes (or negative Eliassen-Palm flux divergence),  
 1162 but rather are compensated by wave activity transience, as revealed by an analysis of  
 1163 finite-amplitude wave activity (Lubis et al., 2018). The exact mechanism of the lower  
 1164 stratospheric mixing enhancement remains to be understood.

1165 In summary, prior to and during an SSW tracers are affected mostly by enhanced  
 1166 downwelling, while after the SSW, downwelling is reduced and at the same time, enhanced  
 1167 quasi-horizontal mixing sets in. Together with the eroded polar vortex, and thus weak-  
 1168 ened transport barrier (see e.g., Tao et al., 2015), enhanced mixing between mid-latitude  
 1169 and high latitude air will affect tracer concentrations after SSW events.

## 1170 10 Outlook

1171 Despite decades of research, many key aspects of SSWs are still unclear. Even top-  
 1172 ics that have been addressed since the discovery of these phenomena, such as the mech-  
 1173 anisms driving SSWs, present important open questions. For instance, the relative im-  
 1174 portance of tropospheric forcing versus internal stratospheric dynamics for triggering these  
 1175 events is still under debate.

1176 Another “old” unclear key aspect of SSW research, investigated since the late 1970s,  
 1177 concerns the impact of factors such as the QBO and ENSO on the likelihood of SSWs.  
 1178 The underlying observational limitation is that the relatively short observational record

(which has large internal variability) must be interpreted with caution (Polvani et al., 2017). For example, SSW occurrence was significantly reduced in the 1990s relative to the 2000s (Domeisen, 2019) and it is not clear if this decadal variability occurred by chance or was perhaps due in part to, say, ocean variability or sea-ice loss (Garfinkel et al., 2017; Hu & Guan, 2018; Sun et al., 2015). Separating the effects of internal variability on the occurrence of SSWs from other influences (e.g., ocean variability, solar cycles, the QBO) is essentially not feasible on a statistical basis alone, due to the short data record and multiple potential factors influencing SSWs. Fortunately, the improvement of climate models in representing stratospheric processes as well as the increasing use of model hierarchies (Maher et al., 2019) might help in quantifying these effects in the future, together with a better knowledge of theory. Further, as confidence in theory and modelling improves it is possible that somewhat different answers are obtained than from the limited observational record.

Another important category of SSW research revolves around forecasting. The first step is to develop the best possible forecasts of the stratosphere itself—currently models can predict SSWs with a lead time of approximately two weeks. What are the limitations of the predictability of SSWs within the stratosphere, and of stratospheric variability in general? To what degree are accurate stratospheric forecasts dependent on accurate forecasts of the troposphere vs. internal stratospheric dynamics?

Looking downward, we need a better dynamical understanding of how SSWs (and stratospheric variability in general) affect the troposphere and surface weather. The effects of SSWs on surface weather and climate are well quantified statistically, but not completely understood in detail. In particular, we do not have a good understanding of how the troposphere amplifies the stratospheric signal. At the same time the relative importance of characteristics of this stratospheric signal such as the morphology of vortex splits for the tropospheric fingerprint is still debated. Even interactive stratospheric chemistry has recently been suggested to modulate the tropospheric response to stratospheric variability associated with SSWs (Calvo et al., 2015; Haase & Matthes, 2019; Oehrlein et al., 2020). Consequently, we still do not have a confident answer to why some SSWs appear to have a strong surface impact, whereas the troposphere appears to be unaffected by some others.

Accurately simulating the effects of the stratosphere on surface weather will depend on identifying those aspects of the models which require improvement. This is relevant on all timescales from weather forecasts to climate projections. Ultimately, to what degree can stratospheric predictions be exploited for surface weather forecasts? One potentially important aspect is that SSWs have an influence on Arctic surface temperatures for several weeks. Can long-range forecasts of Arctic weather and sea ice movement be improved through improved stratospheric forecasts and a more accurate representation of stratosphere-troposphere coupling?

Looking upward, the effects of SSWs above the stratosphere are not well quantified and it is yet to be established if these effects are largely limited to SSWs or if the effects are proportional to stratospheric disturbances of either sign. The physical mechanisms by which SSWs impact the upper atmosphere are also not fully understood, with a number of open questions concerning how SSWs generate variability in the ionosphere and thermosphere. In a society extremely dependent on technology affected by space weather, the need for answering these questions will extend scientific curiosity.

Finally, one of the most outstanding questions is whether SSWs will change in the future by climate change. Will the frequency of SSWs be affected due to increasing greenhouse gas concentrations? Despite many efforts in the last 30 years (e.g., Rind et al., 1990; Butchart et al., 2000; McLandress & Shepherd, 2009a; Mitchell et al., 2012), the answer remains unclear. An analysis of SSWs during the climate of the Last Glacial Maximum (20,000–25,000 YBP) showed no significant difference in SSW frequency compared to to-

day (Fu et al., 2020). Analyses of SSWs in the two most recent multi-model intercomparison projects (Chemistry Climate Models Initiative (CCMI,(Morgenstern et al., 2017)) and Coupled Model Intercomparison Project Phase 6 (CMIP6, (Eyring et al., 2016))) do not provide a robust answer. Ayarzagüena et al. (2018) showed, *on average* in CCMI models, insignificant future changes in SSWs. However, most individual CMIP6 models project significant changes, but with no consensus on the sign of the change (Ayarzagüena et al., 2020). Different reasons might explain this uncertainty. First, as already indicated, there are many unclear aspects about basic dynamics of SSWs and this translates into differences among models in how they represent it. Secondly, biases in the model representation of the mean atmospheric state and how it reacts to climate change might be another reason. In this sense, the disparity in the distribution of tropospheric warming (i.e., different relative importance of tropical and polar amplifications) among models might be a candidate to project different stratospheric forcings. In the stratosphere, the opposing signals with climate change (i.e., radiative CO<sub>2</sub>-cooling vs. increased adiabatic warming from a faster Brewer-Dobson circulation) results in a weak amplitude of the total signal (Mitchell et al., 2012). A different relative strength of these signals among models likely contributes to a disparity in the sign of the change in frequency of SSWs.

After enumerating uncertainties in key research aspects, it becomes clear that reducing most of these uncertainties might benefit humanity through improved weather forecasts, improved climate projections, and minimising ionospheric effects on communications. Stratospheric research has the potential to benefit from evolving fields such as machine learning, big data, artificial intelligence, and data mining that are becoming more feasible as the ability to handle very large data sets becomes more routine. All these new techniques might boost future SSW research.

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