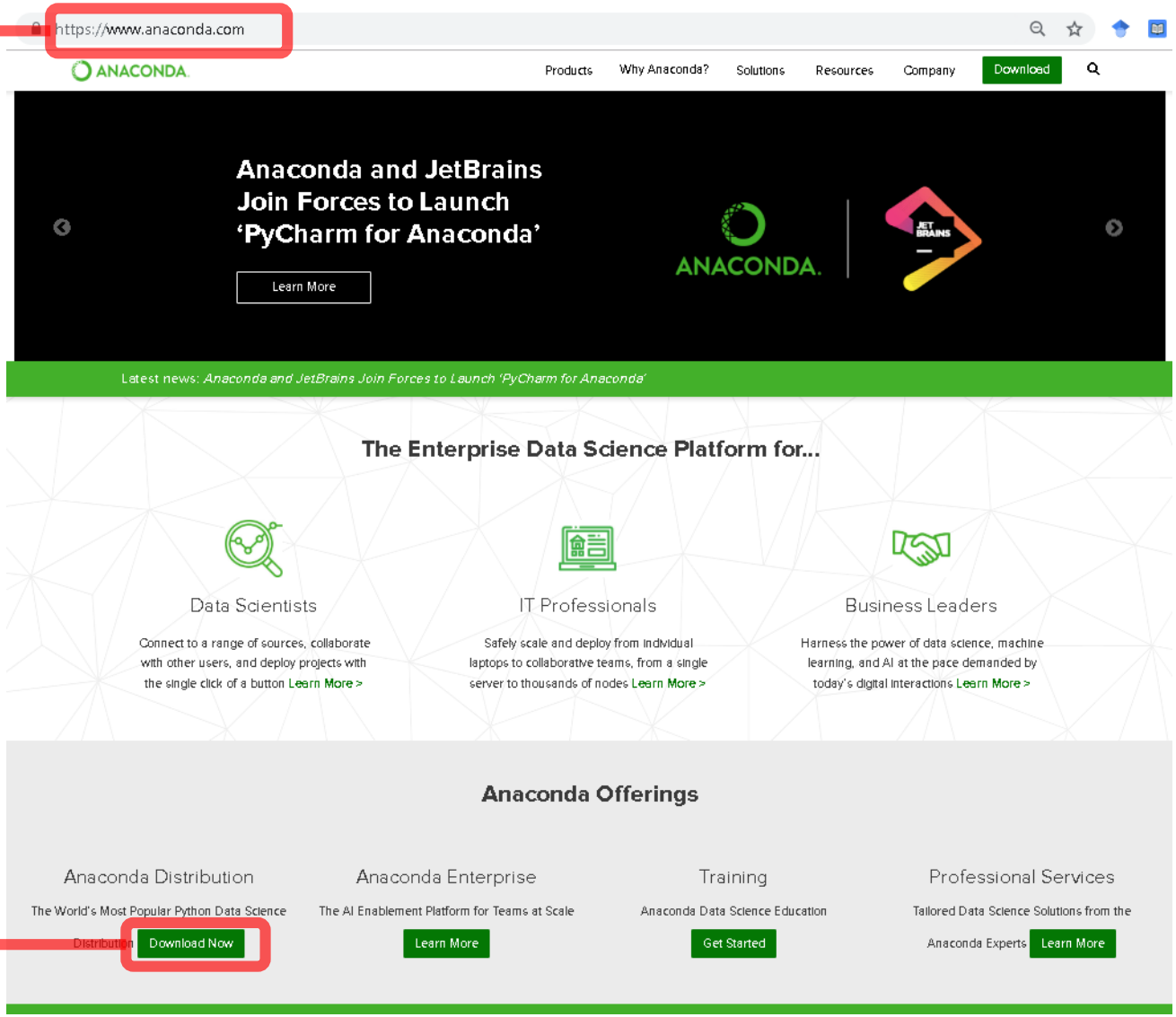
Instalación de python, a través de anaconda

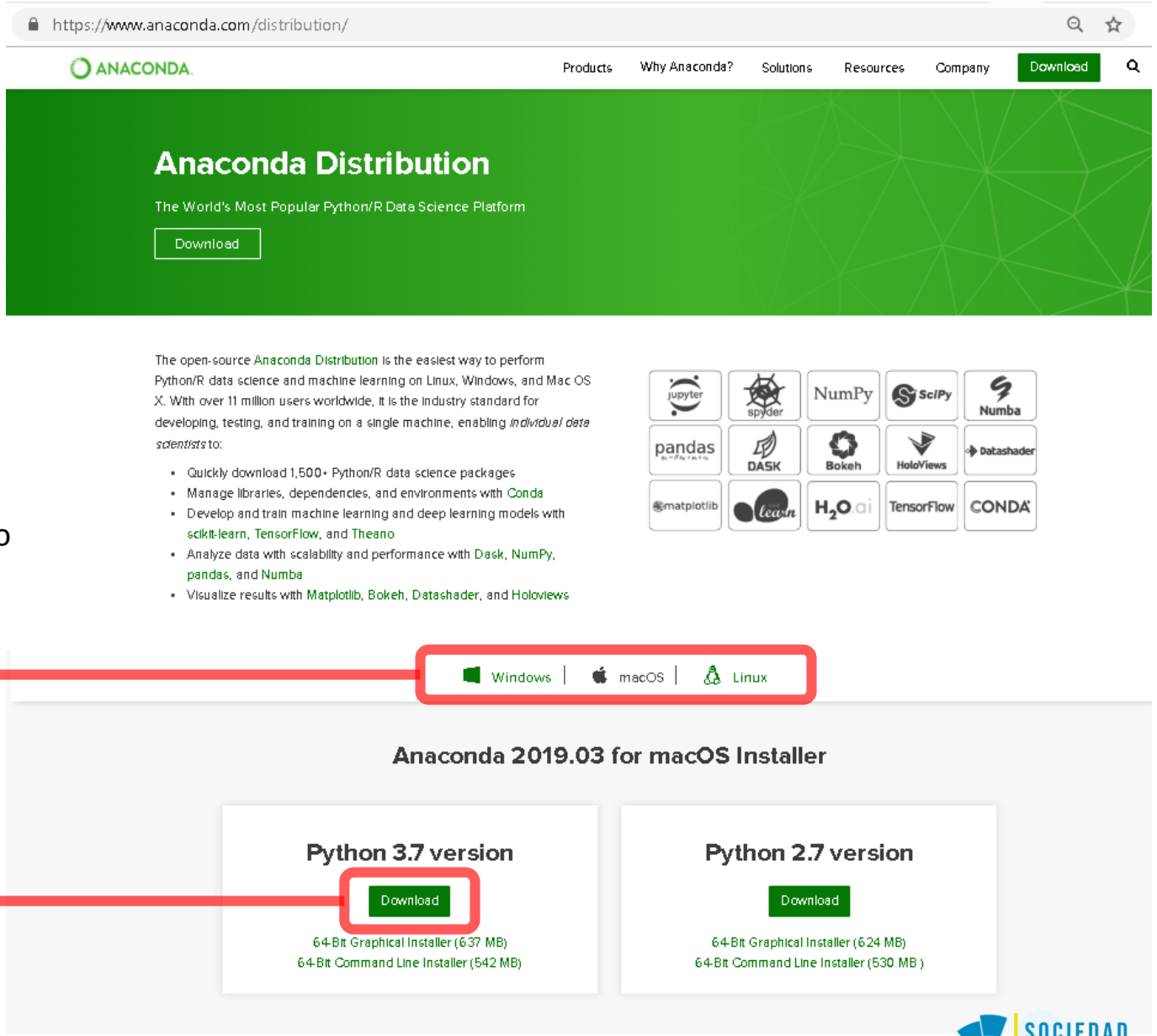
- Ir a: https://www.anaconda.com/

- Click en Anaconda Distribution, Botón Download Now



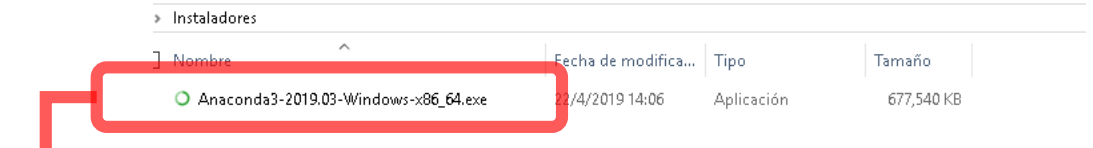
Escoger su sistema operativo

En la sección de Python 3.7, dar click en descargar

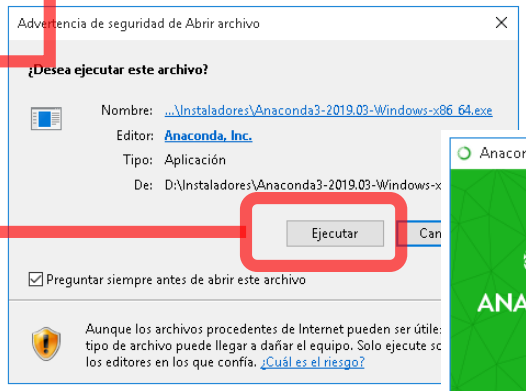


Ejecutar archivo .exe

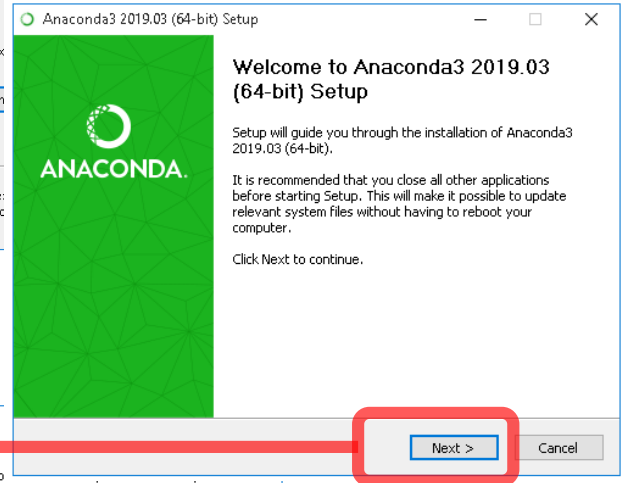
A veces es necesario dar click derecho y ejecutar como administrador

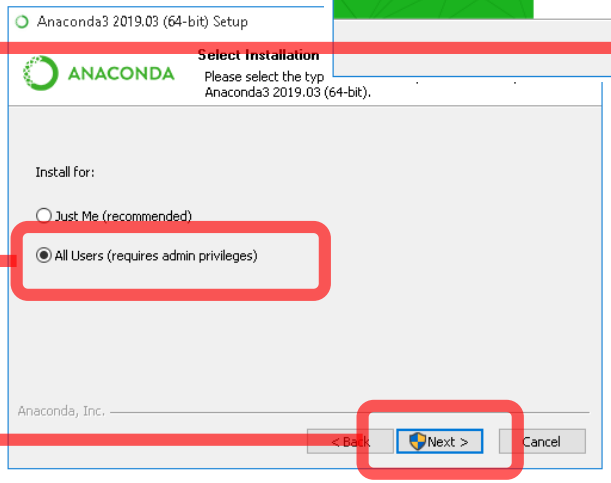


Dar click en ejecutar



Dar click en Next, aceptar luego condiciones

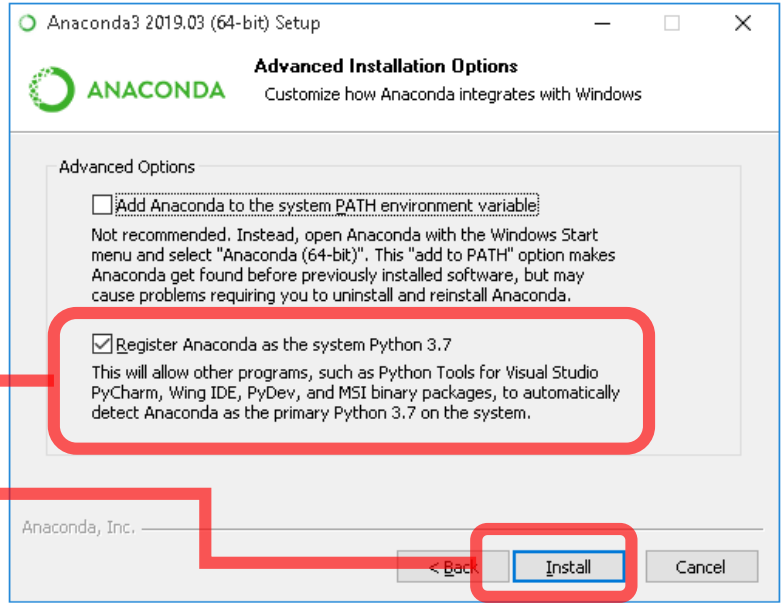




Escoger All Users y Next, Next

Sólo dar visto en la segunda sección

Click en Instalar



Ya puede empezar a usar Python desde Spyder o Jupyter Notebook!!