

Listening Segment

Form completion:

Audio:

https://drive.google.com/file/d/1ELVLiSIToTwiupYnpuHIISODyD-GOpFB/view?usp=sharing

Complete the information below. Write NO MORE THAN THREE WORDS OR A NUMBER for each answer.

PACKHAM'S Shipping Agency- Customer quotation form

lame: Jacobe 1
Address to be collected from: 2 College, Downlands Rd.
own: Bristol
Size of container : ength: 1.5m
Vidth: 4
leight: 5
Contents: Clothes 6 7
otal estimated value: 8 £



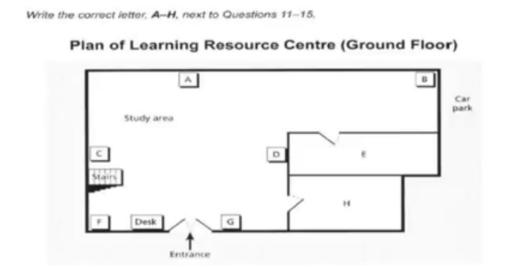
Answers:

- 1) Mkere
- 2) Westall
- 3) .75m
- 4) .5m
- 5) Books
- 6) Toys
- 7) 1700

Map Labeling:

Audio:https://drive.google.com/file/d/1BOVL-Z-9YAqlqTHEEAQJrBUPI-c_A2qk/view?usp=sharing

Map: Plan of Learning Resource Centre (Ground floor)



Questions:

II.Newspapers
12.Computers
13.Photocopier
14.Café
15.Sports books



Answers:

- 11. C
- 12. B
- 13. A
- 14. H
- 15. G

MCQ Lesson:

Audio:https://drive.google.com/file/d/1zVv3AmHLan8IvWICKOa_INT63mZ9
MZGW/view?usp=sharing

Questions 21-24

Choose the correct letter, A, B or C.

Self-Access Centre

- 21. Students want to keep the Self-Access Centre because
 - A) they enjoy the variety of equipment
 - B) they like being able to work on their own
 - C) it is an important part of their studies.
- 22. Some teachers would prefer to
 - A) close the Self-Access Centre.
 - B) move the Self-Access Centre elsewhere
 - C) restrict access to the Self-Access Centre
- 23. The students' main concern about using the library would be
 - A) the size of the library
 - B) difficulty in getting help
 - C) the lack of materials



24. The Director of Studies is concerned about A) the cost of upgrading the centre B) the lack of space in the centre C) the difficulty in supervising the centre **Answers**: 21. C 22. B 23. B 24. C **Sentence Completion:** Audio:https://drive.google.com/file/d/1CT6I-8SRNXyuFKqUfhlkQXIzhEsVZc 6q/view?usp=sharing **QUESTIONS 1-5** Complete the sentences below. Write NO MORE THAN TWO WORDS AND/OR A NUMBER for each answer. THE SPORT OF SQUASH 1. The name of the country where squash was first played is 2. The name 'squash' was first used to describe the ______ which is used in the game.

3. The material used to make the first squash racquets was



4. The color used to indicate an advanced level ball is

____·

5. In an advanced squash match, the ball generally travels at

_____ kilometers per hour.

Answers:

- 1. England
- 2. (soft) ball
- 3. wood
- 4. yellow
- 5. 200/two hundred

Diagram lesson:

Audio:https://drive.google.com/file/d/1qJgh9bjjwV26PZfjNzCC8jKF47qt1y-H/view?usp=sharing

Complete the information below. Write NO MORE THAN TWO WORDS OR A NUMBER for each answer.





Answers:

- 1. Interior
- 2. Equator
- 3. Crust
- 4. Robotic arm
- 5. Temperature wind
- 6. Solar panels
- 7. 516

Gap filling:

Audio: https://drive.google.com/file/d/16zvaedKwnVjKLLnStCVsSpQs47LaEc
Lc/view?usp=sharing

Complete the notes below.

Write ONE WORD ONLY for each answer.

1. Festivals are useful to	the cultural traditions of different
countries.	
2. The majority of festivals can be tro	iced back to a cultural
3. Festivals are a time when	are put aside.

4. Although countries have different festivals, their _____ is often the same.

Answers:

- 1. propagate
- 2. belief
- 3. differences
- 4. purpose



Reading Segment

READING PASSAGE 1

You should spend about 20 minutes on **Questions 1-14** which are based on Reading Passage 1 below.

THE VALUE OF HANDWRITING

Α

'When I was in school in the 1970s,' says Tammy Chou, 'my end-of-term report included Handwriting as a subject alongside Mathematics and Physical Education, yet, by the time my brother started, a decade later, it had been subsumed into English. I learnt two scripts: printing and *cursive, while Chris can only print.'

The 2013 Common Core, a curriculum used throughout most of the US, requires the tuition of legible writing (generally printing) only in the first two years of school; thereafter, teaching keyboard skills is a priority.

В

'I work in recruitment,' continues Chou. 'Sure, these days, applicants submit a digital CV and cover letter, but there's still information interviewees need to fill out by hand, and I still judge them by the neatness of their writing when they do so. Plus there's nothing more disheartening than receiving a birthday greeting or a condolence card with a scrawled message.'

C

Psychologists and neuroscientists may concur with Chou for different reasons.

They believe children learn to read faster when they start to write by hand,
and they generate new ideas and retain information better. Karin James



conducted an experiment at Indiana University in the US in which children who had not learnt to read were shown a letter on a card and asked to reproduce it by tracing, by drawing it on another piece of paper, or by typing it on a keyboard. Then, their brains were scanned while viewing the original image again. Children who had produced the freehand letter showed increased neural activity in the left fusiform gyrus, the inferior frontal gyrus, and the posterior parietal cortex – areas activated when adults read or write, whereas all other children displayed significantly weaker activation of the same areas.

James speculates that in handwriting, there is variation in the production of any letter, so the brain has to learn each personal font – each variant of 'F', for example, that is still 'F'. Recognition of variation may establish the eventual representation more permanently than recognising a uniform letter printed by computer.

Victoria Berninger at the University of Washington studied children in the first two grades of school to demonstrate that printing, cursive, and keyboarding are associated with separate brain patterns. Furthermore, children who wrote by hand did so much faster than the typists, who had not been taught to touch type. Not only did the typists produce fewer words but also the quality of their ideas was consistently lower. Scans from the older children's brains exhibited enhanced neural activity when their handwriting was neater than average, and, importantly, the parts of their brains activated are those crucial to working memory.

Pam Mueller and Daniel Oppenheimer have shown in laboratories and live classrooms that tertiary students learn better when they take notes by hand rather than inputting via keyboard. As a result, some institutions ban laptops and tablets in lectures and prohibit smartphone photography of lecture notes. Mueller and Oppenheimer also believe handwriting aids contemplation as well as memory storage.



D

Some learners of English whose native script is not the Roman alphabet have difficulty in forming several English letters: the lower case 'b' and 'd', 'p' and 'q', 'n' and 'u', 'm' and 'w' may be confused. This condition affects a tiny minority of first-language learners and sufferers of brain damage. Called dysgraphia, it appears less frequently when writers use cursive instead of printing, which is why cursive has been posited as a cure for dyslexia.

Ε

Berninger is of the opinion that cursive, endangered in American schools, promotes self-control, which printing may not, and which typing – especially with the 'delete' function – unequivocally does not. In a world saturated with texting, where many have observed that people are losing the ability to filter their thoughts, a little more restraint would be a good thing.

A rare-book and manuscript librarian, Valerie Hotchkiss, worries about the cost to our heritage as knowledge of cursive fades. Her library contains archives from the literary giants Mark Twain, Marcel Proust, HG Wells, and others. If the young generation does not learn cursive, its ability to decipher older documents may be compromised, and culture lost.

F

Paul Bloom, from Yale University, is less convinced about the long-term benefits of handwriting. In the 1950s – indeed in Tammy Chou's idyllic 1970s – when children spent hours practising their copperplate, what were they doing with it? Mainly copying mindlessly. For Bloom, education, in the complex digital age, has moved on.

*A style of writing in which letters are joined, and the pen is lifted off the paper at the end of a word.



Questions 1-5

Passage 1 on the following page has six sections: A-F.

Choose the correct heading for sections **B-F** from the list of headings below.

Write the correct number, *i-ix*, in boxes *1-5* on your answer sheet.

List of Headings

- i Handwriting and a more active brain
- ii The disgrace of dysgraphia
- iii A school subject
- iv Handwriting has had its day
- v Handwriting raises academic performance
- **vi** Handwriting reduces typing ability
- **vii** The medium is the message?
- viii Cursive may treat a reading disorder
- ix The social and cultural advantages of handwriting
- 1 Section B
- 2 Section C
- 3 Section D
- 4 Section E
- 5 Section F



Questions 6-9

Look at the following statements and list of people below.

Match each statement with the correct person: **A**, **B**, **C**, or **D**.

Write the correct letter **A**, **B**, **C**, or **D**, in boxes **6-9** on your answer sheet.

- **6** According to him/ her/ them, education is now very sophisticated, so handwriting is unimportant.
- 7 He/She/They found children who wrote by hand generated more ideas.
- **8** Universities have stopped students from using electronic devices in class due to his/her/ their research.
- 9 He/ She/ They may assess character by handwriting.

List of people

- A Tammy Chou
- **B** Victoria Berninger
- C Paul Mueller and Daniel Oppenheimer
- **D** Paul Bloom

Questions 10-14

Complete the summary using the list of words, A-H, below.

Write the correct letter, **A-H**, in boxes **10-14** on your answer sheet.

A correlation B dispute C essentially D evidence

E inevitable F proponents G psychologists H teachers



The value of handwriting

Educators in the US have decided that handwriting is no longer worth much curriculum time. Printing, not cursive, is usually taught. Some 10
academics believe in the necessity of handwriting. In the digital world,
perhaps keyboarding is 14
Answers:
1. vii
2. i
3. viii
4. ix
5. iv
6. D
7. B
8. C
9. A
10. G
11. B



12. A

13. F

14. E

READING PASSAGE 2

You should spend about 20 minutes on **Questions 15-27** which are based on Reading Passage 2 below.

Growing up in New Zealand

It has long been known that the first one thousand days of life are the most critical in ensuring a person's healthy future; precisely what happens during this period to any individual has been less well documented. To allocate resources appropriately, public health and education policies need to be based upon quantifiable data, so the New Zealand Ministry of Social Development began a longitudinal study of these early days, with the view to extending it for two decades. Born between March 2009 and May 2010, the 6,846 babies recruited came from a densely populated area of New Zealand, and it is hoped they will be followed until they reach the age of 21.

By 2014, fur reports, collectively known as *Growing Up in New Zealand* (*GUINZ*), had been published, showing New Zealand to be a complex, changing country, with the participants and their families' being markedly different from those of previous generations.

Of the 6,846 babies, the majority were identified as European New Zealanders, but one quarter was Maori (indigenous New Zealanders), 20% were Pacific (originating in islands in the Pacific), and one in six were Asian. Almost 50% of the children had more than one ethnicity.



The first three reports of *GUINZ* are descriptive, portraying the cohort before birth, at nine months, and at two years of age. Already, the first report, *Before we are born*, has made history as it contains interviews with the children's mothers *and* fathers. The fourth report, which is more analytical, explores the definition of vulnerability for children in their first one thousand days.

Before we are born, published in 2010, describes the hopes, dreams, and realities that prospective parents have. It shows that the average age of both parents having a child was 30, and around two-thirds of parents were in legally binding relationships. However, one-third of the children were born to either a mother or a father who did not grow up in New Zealand – a significant difference from previous longitudinal studies in which a vast majority of parents were New Zealanders born and bred. Around 60% of the births in the cohort were planned, and most families hoped to have two or three children. During pregnancy, some women changed their behaviour, with regard to smoking, alcohol, and exercise, but many did not. Such information will be useful for public health campaigns.

Now we are born is the second report. Fifty-two percent of its babies were male and 48% female, with nearly a quarter delivered by caesarean section. The World Health Organisation and New Zealand guidelines recommend babies be breastfed exclusively for six months, but the median age for this in the GUINZ cohort was four months, since almost one-third of mothers had returned to full-time work. By nine months, the babies were all eating solid food. While 54% of them were living in accommodation their families owned, their parents had almost all experienced a drop in income, sometimes a steep one, mostly due to mothers' not working. Over 90% of the babies were immunised, and almost all were in very good health. Of the mothers, however, 11% had experienced post-natal depression – an alarming statistic, perhaps, but, once again, useful for mental health campaigns. Many of the babies were put in childcare while their mothers worked or studied, and the providers varied by ethnicity: children who were Maori or Pacific were more likely to be



looked after by grandparents; European New Zealanders tended to be sent to daycare.

Now we are two, the third report, provides more insights into the children's development – physically, emotionally, behaviourally, and cognitively. Major changes in home environments are documented, like the socio-economic situation, and childcare arrangements. Information was collected both from direct observations of the children and from parental interviews. Once again, a high proportion of New Zealand two-year-olds were in very good health. Two-thirds of the children knew their gender, and used their own name or expressed independence in some way. The most common first word was a variation on 'Mum', and the most common favourite first food was a banana. Bilingual or multilingual children were in a large minority of 40%. Digital exposure was high: one in seven two-year-olds had used a laptop or a children's computer, and 80% watched TV or DVDs daily; by contrast, 66% had books read to them each day.

The fourth report evaluates twelve environmental risk factors that increase the likelihood of poor developmental outcomes for children and draws on experiences in Western Europe, where the specific factors were collated. This, however, was the first time for their use in a New Zealand context. The factors include: being born to an adolescent mother; having one or both parents on income-tested benefits; and, living in cramped conditions.

In addition to descriptive ones, future reports will focus on children who move in and out of vulnerability to see how these transitions affect their later life.

To date, *GUINZ* has been highly successful with only a very small dropout rate for participants – even those living abroad, predominantly in Australia, have continued to provide information. The portrait *GUINZ* paints of a country and its people is indeed revealing.



Questions 15-20

Do the following statements agree with the information given in Passage 2?

In boxes 15-20 on your answer sheet, write:

TRUE if the statement agrees with the information.

FALSE if the statement contradicts the information.

NOT GIVEN if there is no information on this.

- 15 Findings from studies like GUINZ will inform public policy.
- **16** Exactly 6,846 babies formed the GUINZ cohort.
- **17** GUINZ will probably end when the children reach ten.
- **18** Eventually, there will be 21 reports in *GUINZ*.
- **19** So far, *GUINZ* has shown New Zealanders today to be rather similar to those of 25 years ago.
- **20** Parents who took part in *GUiNZ* believe New Zealand is a good place to raise children.

Questions 21-27

Classify the following things that relate to:

- A Report 1.
- **B** Report 2.
- C Report 3.
- **D** Report 4.

Write the correct letter A, B, C, or D, in boxes 21-27 on your answer sheet.



21	This is unique because it contains interviews with both parents.		
22	This looks at how children might be at risk.		
23	This suggests having a child may lead to financial hardship.		
24	Information for this came from direct observations of children.		
25	This shows many children use electronic devices.		
26	This was modelled on criteria used in Western Europe.		
27	This suggests having a teenage mother could negatively affect a child.		
Ans	swers:		
15. ⁻	TRUE		
16.	TRUE		
17. FALSE			
18. NOT GIVEN			
19. FALSE			
20. NOT GIVEN			
21. A			
22. D			
23. B			
24. C			
25.	25. C		
26.	26. D		
27.	27. D		



READING PASSAGE 3

You should spend about 20 minutes on **Questions 28-40** which are based on Reading Passage 3 below.

LET THERE BE LIGHT?

Α

'Incandescent light bulbs lit the 20th century; the 21st will be lit by LED lamps.' So stated the Nobel Prize Committee on awarding the 2014 prize for physics to the inventors of light-emitting diodes (LEDs).

Around the world, LED systems are replacing most kinds of conventional lighting since they use about half the electricity, and the US Department of Energy expects LEDs to account for 74% of US lighting sales by 2030.

However, with lower running costs, LEDs may be left on longer, or installed in places that were previously unlit. Historically, when there has been an improvement in lighting technology, far more outdoor illumination has occurred. Furthermore, many LEDs are brighter than other lights, and they produce a blue-wavelength light that animals misinterpret as the dawn.

According to the American Medical Association, there has been a noticeable rise in obesity, diabetes, cancer, and cardiovascular disease in people like shift workers exposed to too much artificial light of any kind. It is likely more pervasive LEDs will contribute to a further rise.

В

In some cities, a brown haze of industrial pollution prevents enjoyment of the night sky; in others, a yellow haze from lighting has the same effect, and it is thought that almost 70% of people can no longer see the Milky Way.



When a small earthquake disabled power plants in Los Angeles a few years ago, the director of the Griffith Observatory was bombarded with phone calls by locals who reported an unusual phenomenon they thought was caused by the quake – a brilliantly illuminated night sky, in which around 7,000 stars were visible. In fact, this was just an ordinary starry night, seldom seen in LA due to light pollution!

Certainly, light pollution makes professional astronomy difficult, but it also endangers humans' age-old connection to the stars. It is conceivable that children who do not experience a truly starry night may not speculate about the universe, nor may they learn about nocturnal creatures.

C

Excessive illumination impacts upon the nocturnal world. Around 30% of vertebrates and over 60% of invertebrates are nocturnal; many of the remainders are crepuscular – most active at dawn and dusk. Night lighting, hundreds of thousands of times greater than its natural level, has drastically reduced insect, bird, bat, lizard, frog, turtle, and fish life, with even dairy cows producing less milk in brightly-lit sheds.

Night lighting has a vacuum-cleaner effect on insects, particularly moths, drawing them from as far away as 122 metres. As insects play an important role in pollination, and in providing food for birds, their destruction is a grave concern. Using low-pressure sodium-vapour lamps or UV-filtered bulbs would reduce insect mortality, but an alternative light source does not help amphibians: fogs exposed to any night light experience altered feeding and mating behaviour, making them easy prey.

Furthermore, birds and insects use the sun, the moon, and the stars to navigate. It is estimated that around 500 million migratory birds are killed each year by collisions with brightly-lit structures, like skyscrapers or radio towers. In Toronto, Canada, the Fatal Light Awareness Program educates



building owners about reducing such deaths by darkening their buildings at the peak of the migratory season. Still, over 1,500 birds may be killed within one night when this does not happen.

Non-migratory birds are also adversely affected by light pollution – sleep is difficult, and waking up only occurs when the sun has overpowered artificial lighting, resulting in the birds' being too late to catch insects.

Leatherback turtles, which have lived on Earth for over 150 million years, are now endangered as their hatchlings are meant to follow light reflected from the moon and stars to go from their sandy nests to the sea. Instead, they follow street lamps or hotel lights, resulting in death by dehydration, predation, or accidents, since they wander onto the road in the opposite direction from the sea.

D

Currently, eight percent of all energy generated in the US is dedicated to public outdoor lighting, and much evidence shows that lighting and energy use are growing at around four percent a year, exceeding population growth. In some newly-industrialised countries, lighting use is rising by 20%. Unfortunately, as the developing world urbanises, it also lights up brightly, rather than opting for sustainability.

Ε

There are several organisations devoted to restoring the night sky: one is the International Dark-Sky Association (IDA), based in Arizona, US. The IDA draws attention to the hazards of light pollution and works with manufacturers, planners, legislators, and citizens to encourage lighting only what is necessary when necessary.

With 58 chapters in sixteen countries, the IDA has been the driving force behind the establishment of nine world reserves, most recently the



1,720-square-kilometre Rhon Biosphere Reserve in Germany. IDA campaigns have also reduced street lighting in several US states and changed national legislation in Italy.

F

Except in some parks and observatory zones, the IDA does not defend complete darkness, acknowledging that urban areas operate around the clock. For transport, lighting is particularly important. Nonetheless, there is an appreciable difference between harsh, glaring lights and those that illuminate the ground without streaming into the sky. The US Department of Transportation recently conducted research into highway safety and found that a highway lit well only at interchanges was as safe as one lit along its entire length. In addition, reflective signage and strategic white paint improved safety more than adding lights.

Research by the US Department of Justice showed that outdoor lighting may not deter crime. Its only real benefit is in citizens' perceptions: lighting reduces the fear of crime, not crime itself. Indeed, bright lights may compromise the safety, as they make victims and property more visible.

The IDA recommends that where streetlights stay on all night, they have a lower lumen rating, or are controlled with dimmers; and, that they point downwards, or are fitted with directional metal shields. For private dwellings, low-lumen nightlights should be activated only when motion is detected.

G

It is not merely the firefly, the fruit bat, or the fog that suffers from light pollution – many human beings no longer experience filling stars or any but the brightest stars, nor consequently ponder their own place in the universe. Hopefully, prize-winning LED lights will be modified and used circumspectly to return to us all the splendour of the night sky.



Questions 28-32

Reading Passage 3 has seven sections, **A-G**.

Which section contains the following information?

Write the correct letter **A-G**, in boxes **28-32** on your answer sheet.

- 28 A light-hearted example of ignorance about the night sky
- **29** An explanation of how lighting may not equate with safety
- **30** A description of the activities of the International Dark-sky Association
- 31 An example of baby animals affected by too much night light
- **32** A list of the possible drawbacks of new lighting technology

Questions 33-35

Complete the sentences below.

Choose **ONE WORD OR A NUMBER** from the passage for each answer.

Write your answers in boxes **33-35** on your answer sheet.

- 33 Too muchlight has led to a rise in serious illness.
- **34** Approximately% of humans are unable to see the Milky Way.
- **35** About million migratory birds die crashing into lit-up tall buildings each year.



Questions 36-39

Do the following statements agree with the claims of the writer in Passage 3?

In boxes **36-39** on your answer sheet, write:

YES if the statement agrees with the claims of the writer.

NO if the statement contradicts the claims of the writer.

NOT GIVEN if it is impossible to say what the writer thinks about this.

- 36 It is alarming that so many animals are killed by night lighting.
- **37** It is good that developing countries now have brighter lighting.
- **38** Italians need not worry about reduced street lighting.
- 39 Bright lights along the road are necessary for safe driving.

Question 40

Choose the correct letter A, B, C, or D.

Write the correct letter in box **40** on your answer sheet.

According to the writer, how much night lighting should there be in relation to what there is?

- A Much more
- **B** A little more
- **C** A little less
- **D** Much less



Answers

- 28. B
- 29. F
- 30. E
- 31. C
- 32. A
- 33. artificial/night
- 34. 70
- 35. 500
- 36. YES
- 37. NO
- 38. NOT GIVEN
- 39. NO
- 40. D



Writing Segment

WRITING TASK 1

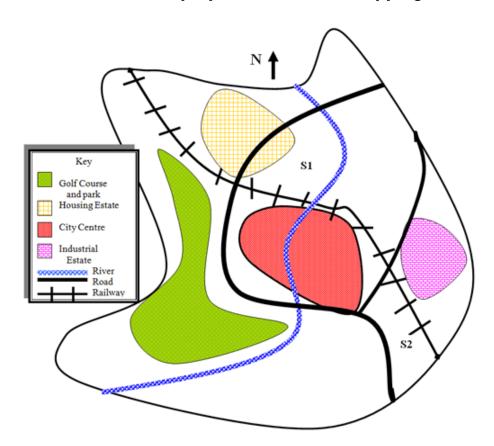
You should spend about 20 minutes on this task.

Below is a map of the city of Brandfield. City planners have decided to build a new shopping mall for the area, and two sites, S1 and S2 have been proposed.

Summarize the information by selecting and reporting the main features and making comparisons where relevant.

Write at least 150 words.

Map of Brandfield with two proposed sites for a shopping mall





WRITING TASK 1 Answer

The map illustrates plans for two possible sites for a shopping mall in the city of Brandfield. It can be seen that the two sites under consideration are in the north and the southeast of the town.

The first possible site for the shopping mall, S1, is just north of the city center, above the railway line, which runs from the southeast of the city to the northwest. If it is built here, it will be next to a large housing estate, thus providing easy access for those living on the estate and in the city center. It will also be next to the river that runs through the town.

The site in the southeast, S2, is again just by the railway line and fairly close to the city center, but it is near to an industrial estate rather than housing.

There is a main road that runs through the city and is close to both sites, thus providing good road access to either location. A large golf course and park in the west of the town prevent this area from being available as a site.

(190 words)

WRITING TASK 2

You should spend about 40 minutes on this task.

Write about the following topic:

Is it good for children to start using computers from an early age and spend long hours on them? Discuss the advantages and disadvantages.

Give reasons for your answer and include any relevant examples from your own knowledge or experience.

Write at least 250 words.



WRITING TASK 2 Answer

In recent years, children, like adults, have become increasingly exposed to computers. While some child psychologists have claimed that this is a good thing, others have claimed that it has an overwhelmingly detrimental impact on children. In this essay, I shall draw upon a number of studies in cognitive science and industrial psychology that reveal the positive and negative aspects of this phenomenon.

To begin with, there are clearly reasons why computers do not allow children to develop longer attention spans. This is because computers are packed with many supposedly child-friendly games that require minimal levels of concentration in order to be enjoyed.

For example, a study by the New York Child Learning Association found that children who read from picture books were 50% less likely to get distracted than children who played educational computer games. Therefore computers almost certainly have a negative impact on young children.

However, since the world has become heavily reliant on computers, there are also clear advantages to exposing children to computers. This is because children with such exposure will stand a better chance of finding employment.

For example, after being interviewed by Yale psychologists, over 70% of young office workers admitted that they had spent long hours on computers in their middle and late childhood years. Therefore it is clear that computer exposure can be beneficial to children.

In conclusion, there are advantages and disadvantages to early computer exposure. However, if, in the future, the quality of educational gaming is increased, there is good reason to believe that these negative consequences will fall entirely away.



Speaking Segment

Speaking Part 2

Describe your (or your friend's) illness or injury experience.

You should say:

- What it was.
- When did it happen?
- How you (or your friend) handled it.

and say how you feel about it now.

Answer:

I would like to talk about a car accident that happened to me a few years ago and resulted in serious injuries. It was a horrible experience that I would not want to relive. My family was driving home, when a big truck crashed into our passenger car. After the accident I blacked out and was transported to the hospital. When I regained consciousness, I discovered that I had five broken bones, several ruptures and many cuts and bruises. To restore the collarbone and leg bone, I had to go through operations, during which metal rods were put onto these bones to fix them. Not surprisingly, I was in a severe pain, so physicians prescribed me to take painkillers and other medicines for a couple of weeks. During my recovery, I wasn't able to walk properly and my life then was very difficult. But after several months of proper treatment and physical therapy I fully recovered. I even took up karate soon after! Although the illness was definitely not a pleasant experience, I am very happy and grateful that now I am healthy. Probably, I learned to value health and became stronger.