

CURRICULUM VITAE

BEENA MATHEW

Mob No : 00971 552936387

Email : beenamoncy03@gmail.com

Visa status : Visiting Visa 14/3/2019 to 12/5/2019



OBJECTIVES :

A suitable position with an organization where I can utilize the best of my skills and abilities that fit to my education, skills and experience where I can provide comprehensive care for the welfare of my clients and society. Aims to achieve professional excellence intellectual abilities that gives scope to apply knowledge and skills in comprehensive nursing care that dynamically works toward the growth of organization.

ACADEMIC QUALIFICATION

Exam passed	Institution	Board/University	Year
S S L C	NSS GHS, Perunna, Changanassery	Board of Public Examinations Kerala	1997
Pre Degree	St. John's College Thiruvalla	M G University	1999

PROFESSIONAL QUALIFICATION :

Level of Course	Institution	Period	Subject for Specialty
ANM (Nursing Assistant Course)	G.K. Hospital, Kavumbhagom Thiruvalla	1999-2000	Nursing
BLS Course (Basic Life support)	Academy of Global Education, India	15.03.2019 to 03/2021	CPR and AED

WORK EXPERIENCE :

Organization : Mangirish Surgical, Maternity & Children's Hospital,
Mumbai

Designation : Assistant Nurse
Period : 01.04.2001 to 06.05.2004
Department : Medical Neonatal & Paediatric Ward

Organization : Ministry of Social Affairs, Sulaibikhat, Kuwait
Designation : Assistant Nurse
Period : 28.09.2005 to 21.01.2010
Department : Medical Department

Organization : UTKARSH NURSING HOME, Mumbai
Designation : Nurse
Period : 05.03.2011 to 15.08.2016
Department : Gynecology & Paediatric Ward

Organization : S N Hospital, Kadapra, Kerala
Designation : Nurse
Period : 03.02.2017 to 10.03.2019
Department : Medical Ward

STRENGTHS :

- Willing to work in shifts
- Self-starter with lots of enthusiasm and motivation.
- Ability to work in a team with excellent group dynamics.
- Ability to deal with people diplomatically
- Excellent communication and interpersonal skills.

AWARENESS :

- Very good Knowledge about various disease conditions & its Medical & Surgical management including collaborative nursing care.
- Very good Skills in providing Nursing care according to nursing processes.
- Good knowledge in handling emergency cases and trauma care.

SKILLS IN :

- Admission and Orientation of the patient.
- Assessing the needs of the patient.
- Plan nursing care as per the needs of patient.
- Provision of psychological support to the patient.
- Supporting the activities of daily living of the patient.
- Continuous monitoring by closed observation.
- Performing and assisting the life saving procedures such as CPR, Defibrillation, Pulse Oximetry, suctioning, etc.

PERSONAL PROFILE :

Name : BEENA MATHEW
Address : Palathinkal House
Ezhinjillam
Perumthuruti P.O.
Thiruvalla-689107
India
Date of Birth : 09.05.1980
Nationality : Indian
Marital Status : Married
Religion : Christian
Gender : Female
Languages known : English, Arabic, Hindi, Malayalam

PASSPORT DETAILS :

Passport Number : J0700205
Date of issue : 06.08.2010
Date of Expiry : 05.08.2020
Place of Issue : Trivandrum