

ZIPPORAH K. ONYIEGO

Caregiver

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EDUCATION

DIPLOMA IN CAREGIVING

Alison Online Course

July 2020-Nov 2020

BACHELOR SCIENCE IN AGRICULTURE

University of Eastern Africa, Baraton

Jan 2018-Aug 2022

DIPLOMA IN GENERAL AGRICULTURE

Rift Valley Institute of Science and Technology

Jan 2015-Nov 2017

SKILLS

- Communication and interpersonal skills
- Personal care assistance
- Childcare
- Patient Advocacy
- Multitasking
- Basic Life Support
- Patient Advocacy
- Record Keeping
- Meal planning and preparation
- Mobility assistance
- Emotional support and physical exercise

LANGUAGES

- English

CERTIFICATION

- Kenya Driving License
- Dementia Specialty Training Certificate
- Mental Health Specialty Training Certificate

PROFESSIONAL SUMMARY

Dedicated and compassionate caregiver with 1 year of hands-on experience providing exceptional care to individuals in need. Skilled in delivering personalized support and maintaining a safe, nurturing environment. Seeking to utilize my caregiving expertise and writing skills in a rewarding role that allows me to make a positive impact on the lives of others.

PROFESSIONAL EXPERIENCE

VOLUNTEER CAREGIVER

Mama Africa Home For The Elderly

Nov 2022-June 2023

- Provide compassionate care to patients with various medical conditions, including elderly, disabled, and terminally ill individuals.
- Assist patients with personal care tasks, administer medications, and document treatment progress accurately.
- Collaborate with nursing staff and doctors to ensure effective communication and coordinated patient care.
- Support patients' emotional needs and maintain a positive and supportive atmosphere.
- Assist patients with ADLs, ensuring their comfort and well-being during their stay at the hospital.
- Monitor patients' vital signs and promptly reported any changes or concerns to the medical team.
- Implement safety measures and infection control protocols to prevent accidents and maintain a clean environment.

VOLUNTEER CAREGIVER

Kenya Dexters Homecare

April 2019- Sep 2019

- Provided daily care and support to 5 elderly clients with various medical conditions and disabilities, ensuring their physical and emotional well-being.
- Assisted with activities of daily living, including bathing, grooming, dressing, and toileting, while preserving client dignity and privacy.
- Implemented an exercise and stretching routine for clients, resulting in a 15% increase in mobility and flexibility.
- Achieved a 95% client satisfaction rating based on post-service feedback surveys.
- Monitored and reported changes in the health condition of 5 individuals to healthcare professionals and family members.
- Successfully maintained a clean and organized environment, adhering to safety standards and achieving a 0% incident rate related to patient safety issues.