

- (1) mental- fun 01:57 PM to 02:24 PM
- (2) relaxing, travel 02:24 PM to 04:25 PM
- (3) relaxing, mental- fun, gaming 04:25 PM to 06:20 PM (4) eating, mental- fun 06:20 PM to 08:10 PM
- (5) physical-fun 08:10 PM to 08:44 PM
- (6) relaxing, gaming 08:44 PM to 09:20 PM
 (7) physical-fun, mental- fun, gaming 09:20 PM to 11:10 PM
 (8) mental- fun 11:10 PM to 11:40 PM
- (9) physical-fun, gaming 11:40 PM to 12:10 AM (10) mental- fun 12:10 AM to 12:20 AM
- (11) physical-fun, travel 12:20 AM to 12:30 AM (12) relaxing 12:30 AM to 12:37 AM (13) sleep 12:37 AM to 08:33 AM