## WATSON FOR HEALTHCARE

# **NUTRITIONIST SLACKBOT**

POWERED BY
WATSON CONVERSATION AND DISCOVERY

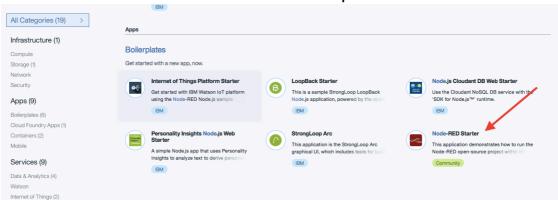
**DO IT YOURSELF!** 

### **INDEX**

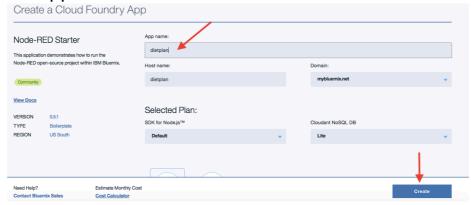
- 1. SETTING UP APP ON BLUEMIX
- 2. CONFIGURING WATSON CONVERSATION
- 3. CONFIGURING WATSON DISCOVERY
- 4. CONFIGURING NODERED
- 5. CONFIGURING SLACK

### **SETTING UP APP ON BLUEMIX**

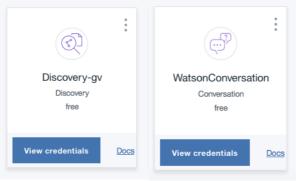
1. Select NODE-Red Starter from Boilerplates



2. Enter App name and CREATE SERVICE



3. Bind Conversation & Discovery service to the Node-RED App



CREATE DISCOVERY SERVICE OUTSIDE THE APPLICATION AND THEN BIND IT TO APPLICATION, OTHERWISE IT WILL THROW ERROR 422

### CONFIGURE WATSON CONVERSATION

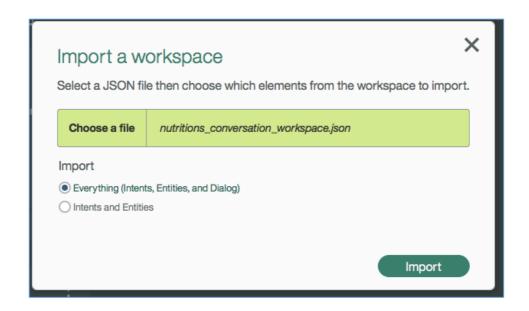
1. Click on Watson Conversation service and Launch Tool



2. In workspaces, click on to import workspace



 Choose file nutritions\_conversation\_workspace.json from <a href="https://github.com/ECoDIndia/Watson Healthcare Conversation/tree/master/Nutritions Slackbot discovery">https://github.com/ECoDIndia/Watson Healthcare Conversation/tree/master/Nutritions Slackbot discovery</a> and Import <a href="https://example.com/Everything">Everything</a> and Click Import

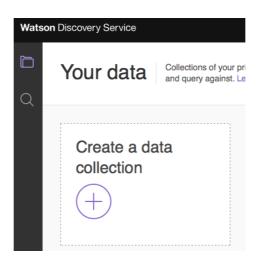


### **CONFIGURE WATSON DISCOVERY**

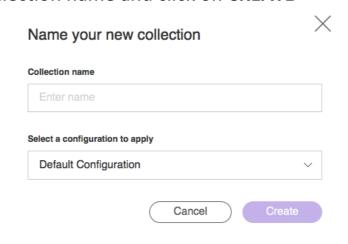
1. Click on Watson Discovery service and LAUNCH TOOL



2. Click on CREATE A DATA COLLECTION



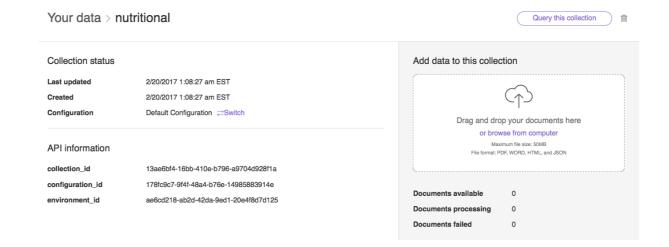
3. Enter Collection name and click on CREATE



### 4. Upload collections from

https://github.com/ECoDIndia/Watson\_Healthcare\_Convers ation/tree/master/Nutritions\_Slackbot\_discovery/collection s

Take a note of collection\_id and environment\_id (required in later steps)



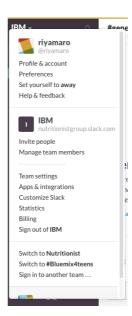
### **CONFIGURE SLACK**

#### 1. CREATE NEW TEAM IN SLACK

- Create a new team in slack <a href="https://slack.com/create#email">https://slack.com/create#email</a> by entering your Email ID.
- Enter 6-digit confirmation code that you have received in your Email ID.
- Create new username and password.
- Enter details about your team and company name.
- Choose the address you'll use to sign into Slack (Address has to be unique) and Click on CREATE TEAM.
- Review and agree the Terms and Conditions.
- If required, send invitations to your friends or skip it for now.
- Your team is set up! You can enter into your team with the address you had set. For Example: nutritionistgroup.slack.com

#### 2. Configure Slash Command in Slack

1. Goto your team, In the left side, click as shown below. In the drop down click on **Apps & Integrations** 



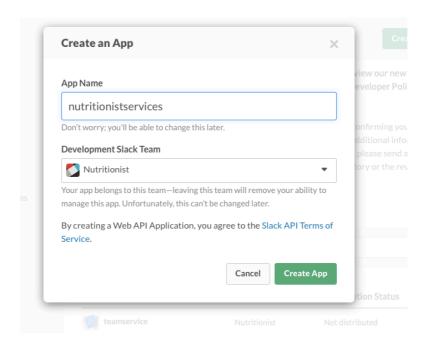
2. Click on **Build** (in the right side of page)



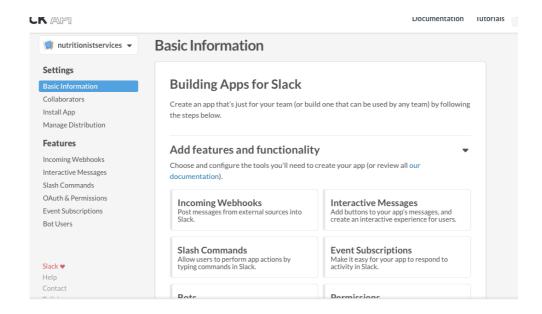
3. Click on Start Building button



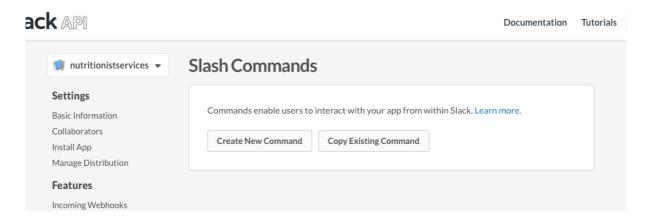
4. Enter App Name and Development Slack Team and Click Create App button



#### 5. Click on Slash Commands



#### 6. Click on Create New Command button

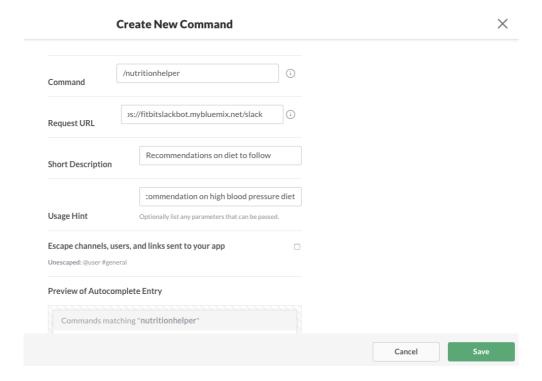


7. Enter Command: (Eg: /nutritionhelper),

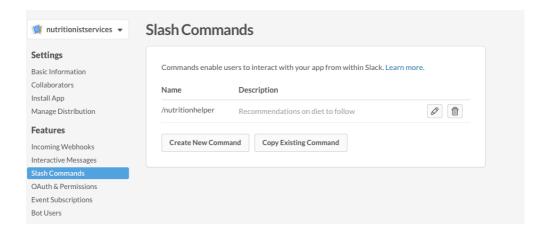
**Request URL**: URL is your node-red URL with HTTP IN URL appended (Note down your request URL (For example /slack), have to be added in the Node-Red HTTP In node).

**Short Description:** Enter short description of what your slash command will do

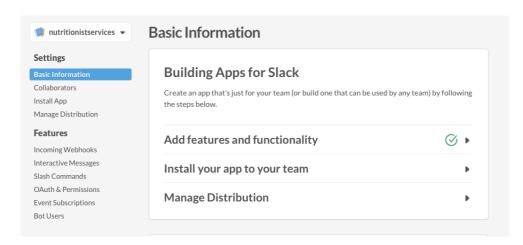
**Usage Hint:** Enter usage hint (of how users should type their query) and Click on **SAVE** button.



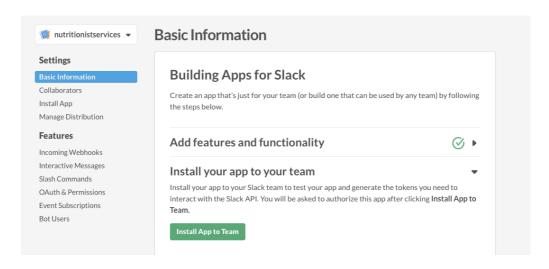
8. You can now see your slash command in the list of Slash Commands



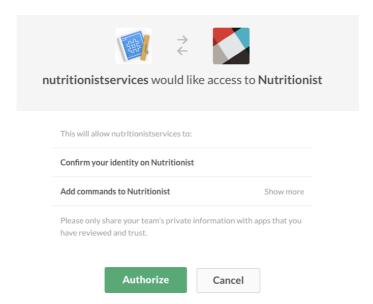
9. Go to **Basic Information** tab (in the left side)



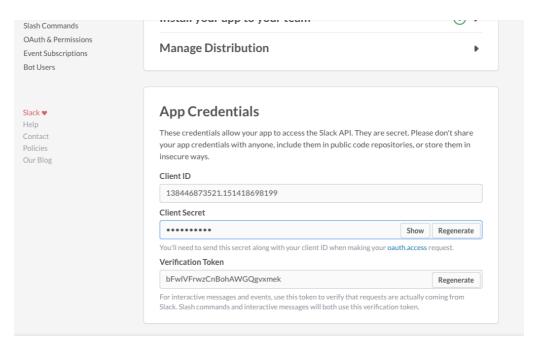
10. Click on **Install your app to your team** and then click on button **Install App to Team** 



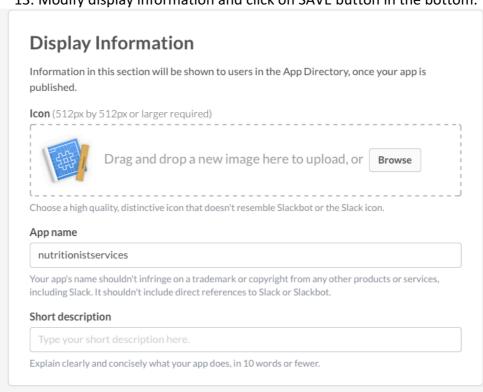
#### 11. Click on Authorize button



# 12. Scroll down to find App Credentials. TAKE NOTE OF VERIFICATION TOKEN (required in later steps)



#### 13. Modify display information and click on SAVE button in the bottom.

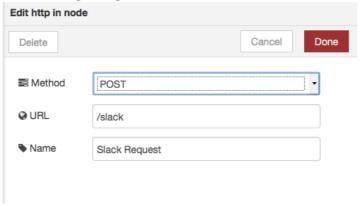


### **CONFIGURE NODERED**

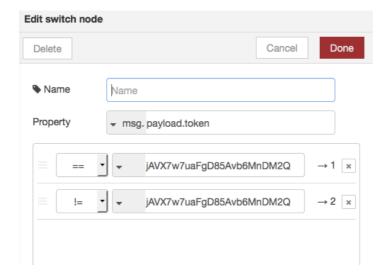
#### Import nodes from

https://github.com/ECoDIndia/Watson\_Healthcare\_Conversation/blob/master/Nutritions\_Slackbot\_discovery/conversation\_nutritionist\_nodered.txt into NODE-RED flow editor

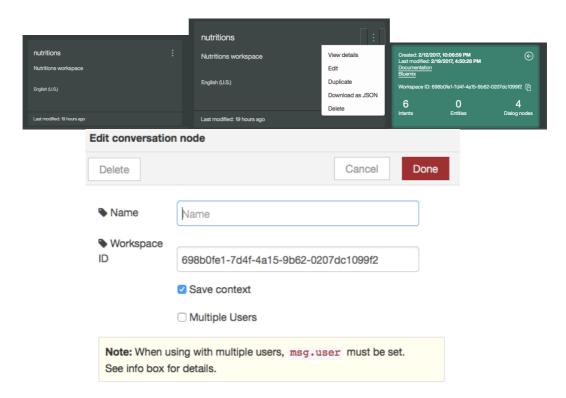
1. In **Slack Request** Node, enter the same request URL that you had entered while configuring slash command with Method POST.



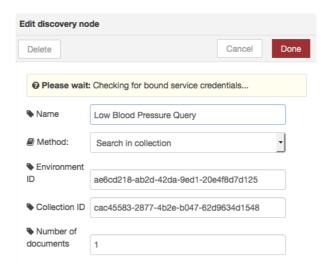
2. In **switch** node, enter your token from Slash Command configuration (as noted in the earlier steps)



3. In conversation node,enter your conversation **Workspace ID** (Shown in the Conversation tool in Bluemix→Workspace→View Details)



4. In Low Blood Pressure Query node, enter **Environment ID** & **Collection ID** which was noted in the earlier steps from the Dicovery service while creating collection.



Likewise, enter same Environment ID & Collection ID in High Blood pressure, Low Blood Sugar Query & High blood sugar query node.

#### 5. Click **DEPLOY** in NODE-RED and then go to Slack team. Open any Channels and then type /<slash-command> Text



/nutritionist Low bp diet?

#### 6. You can see the response now!



riyamaro 4:55 PM /nutritionist Hello



nutritionist APP 4:55 PM Hola! I'm excited to help you!! :-)



riyamaro 4:57 PM /nutritionist Low bp diet?



nutritionist APP 4:57 PM ☆

Low blood pressure, medically known as hypotension, is a rare condition, according to Cleveland Clinic. The more common health problem is hypertension pressure, for which millions of Americans take medication to manage. More than one type of low blood pressure exists, some of which can be managed by to the cause of your condition.

Normal Blood Pressure Readings

When measuring blood pressure, your doctor looks at both your systolic and diastolic pressure, the top and bottom numbers respectively. Your systolic measuring blood pressure, and the pressure is the pressure of the presamount of pressure when your heart beats, while your diastolic measures the amount of pressure in your arteries between heart beats. A normal pressure  $although \ 115/75 \ is \ optimal. \ Hypotension \ is \ a \ systolic \ of \ 90, \ or \ diastolic \ of \ 60, \ but \ only \ one \ pressure \ has to \ be \ low \ for \ your \ doctor \ to \ consider \ your \ blood \ pressure \ has to \ be \ low \ for \ your \ doctor \ to \ consider \ your \ blood \ pressure \ has \ to \ be \ low \ for \ your \ doctor \ to \ consider \ your \ blood \ pressure \ has \ to \ be \ low \ for \ your \ doctor \ to \ consider \ your \ blood \ pressure \ has \ to \ be \ low \ for \ your \ doctor \ to \ consider \ your \ blood \ pressure \ has \ to \ be \ low \ for \ your \ doctor \ to \ consider \ your \ blood \ pressure \ has \ to \ be \ low \ for \ your \ doctor \ to \ consider \ your \ blood \ pressure \ has \ to \ be \ low \ for \ your \ blood \ pressure \ has \ to \ be \ low \ for \ your \ doctor \ to \ consider \ your \ blood \ pressure \ has \ to \ be \ low \ for \ your \ blood \ pressure \ has \ to \ be \ low \ for \ your \ blood \ pressure \ has \ to \ be \ low \ for \ your \ has \ to \ be \ low \ for \ your \ has \ for \ has \$ range. For example, 115/50 might be considered hypotension, according to MayoClinic.com.

Types of Low Blood Pressure