WATSON FOR HEALTHCARE

NUTRITIONIST SLACKBOT

POWERED BY
WATSON CONVERSATION AND DISCOVERY

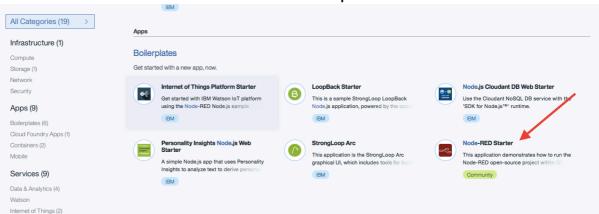
DO IT YOURSELF!

INDEX

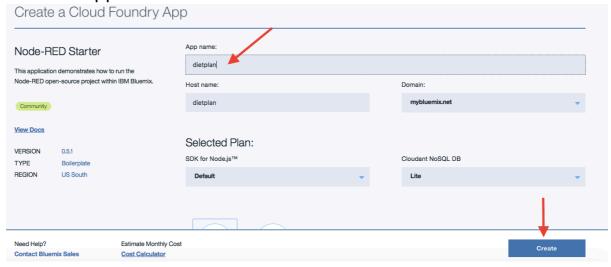
- 1. SETTING UP APP ON BLUEMIX
- 2. CONFIGURING WATSON CONVERSATION
- 3. CONFIGURING WATSON DISCOVERY
- 4. CONFIGURING NODERED
- 5. CONFIGURING SLACK

SETTING UP APP ON BLUEMIX

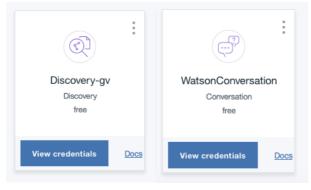
1. Select NODE-Red Starter from Boilerplates



2. Enter App name and CREATE SERVICE

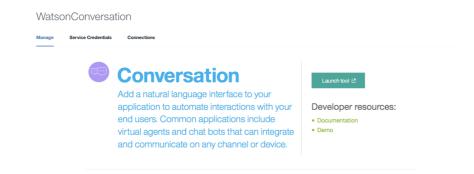


3. Bind Conversation & Discovery service to the Node-RED App



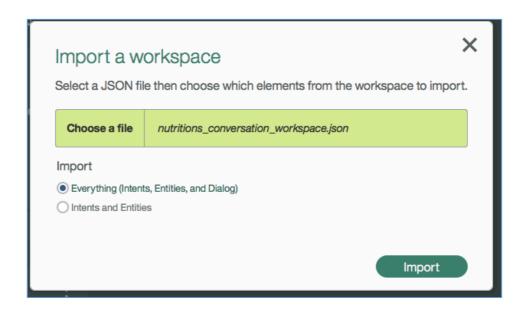
CONFIGURE WATSON CONVERSATION

1. Click on Watson Conversation service and Launch Tool



2. In workspaces, click on to import workspace



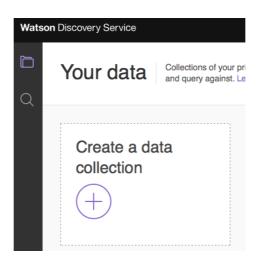


CONFIGURE WATSON DISCOVERY

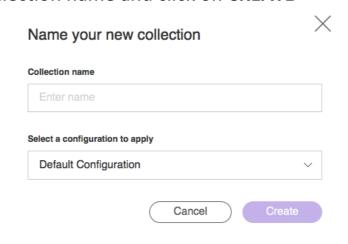
1. Click on Watson Discovery service and LAUNCH TOOL



2. Click on CREATE A DATA COLLECTION



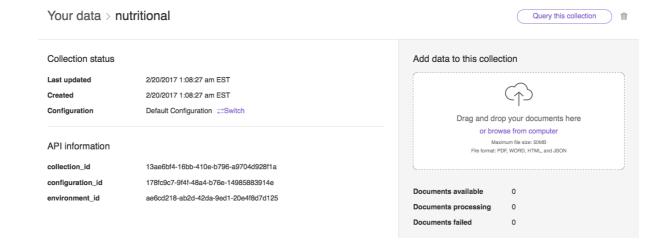
3. Enter Collection name and click on CREATE



4. Upload collections from

https://github.com/ECoDIndia/Watson_Healthcare_Convers ation/tree/master/Nutritions_Slackbot_discovery/collection s

Take a note of collection_id and environment_id (required in later steps)



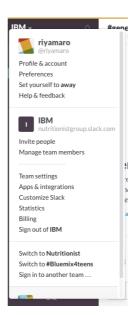
CONFIGURE SLACK

1. CREATE NEW TEAM IN SLACK

- Create a new team in slack https://slack.com/create#email by entering your Email ID.
- Enter 6-digit confirmation code that you have received in your Email ID.
- Create new username and password.
- Enter details about your team and company name.
- Choose the address you'll use to sign into Slack (Address has to be unique) and Click on CREATE TEAM.
- Review and agree the Terms and Conditions.
- If required, send invitations to your friends or skip it for now.
- Your team is set up! You can enter into your team with the address you had set. For Example: nutritionistgroup.slack.com

2. Configure Slash Command in Slack

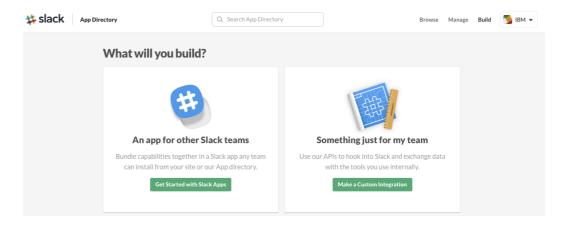
1. Goto your team, In the left side, click as shown below. In the drop down click on **Apps & Integrations**



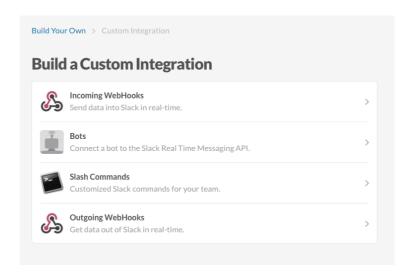
2. Click on Build in the right side



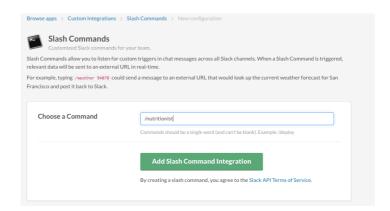
3. Click on Make a Custom Integration as shown in the image below



4. Click on Slash Commands as shown below

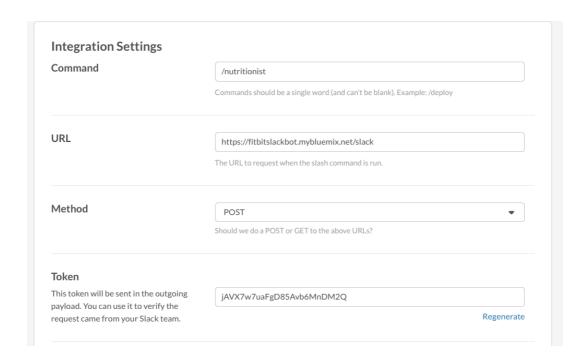


5. Choose a name (For Example:/nutritionist) and Add Slash Command Integration

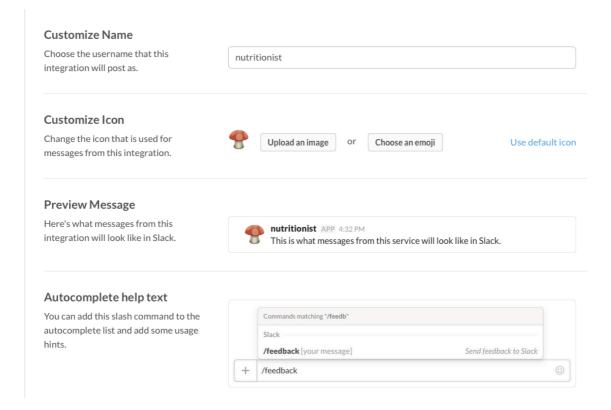


 URL is your node-red URL with HTTP IN URL appended (Note down your request URL(For example /slack), have to be added in the Node-Red HTTP In node). Method is **POST**.

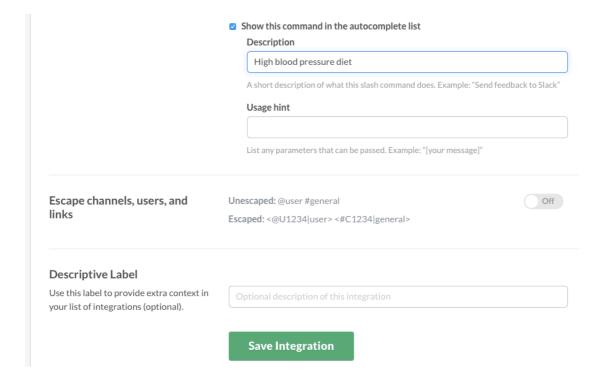
Note down TOKEN in notepad (required in later steps)



7. Customize Name and Icon as shown in image below



8. Edit the description and SAVE INTEGRATION as shown in the image above

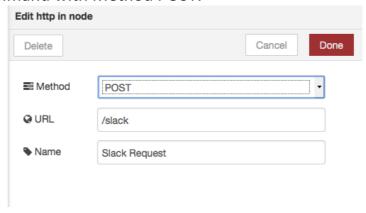


CONFIGURE NODERED

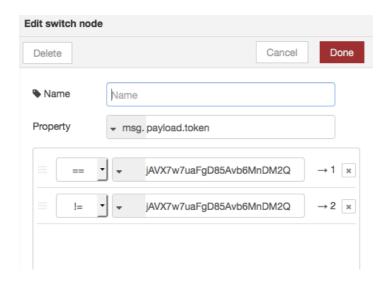
Import nodes from

https://github.com/ECoDIndia/Watson_Healthcare_Conversation/blob/master/Nutritions_Slackbot_discovery/conversation_nutritionist_noder_ed.txt into NODE-RED flow editor

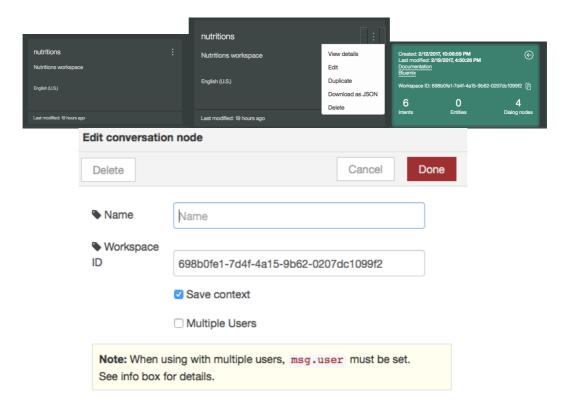
1. Enter the same request URL that you had entered while configuring slash command with Method POST.



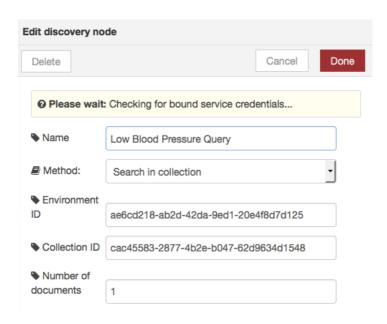
2. Enter your token from Slash Command configuration (as noted in the earlier steps)



3. Enter your conversation **Workspace ID** (Shown in the Conversation tool in Bluemix→Workspace→View Details)



4. Enter your **Environment ID** & **Collection ID** in the **discovery node** (noted in the earlier steps).



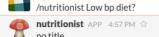
5. Click **DEPLOY** in NODE-RED and then go to Slack team. Open any Channels and then type /<slash-command> Text



/nutritionist Low bp diet?

6. You can see the response now!





Low blood pressure, medically known as hypotension, is a rare condition, according to Cleveland Clinic. The more common health problem is hypertension pressure, for which millions of Americans take medication to manage. More than one type of low blood pressure exists, some of which can be managed by to the cause of your condition.

Normal Blood Pressure Readings

When measuring blood pressure, your doctor looks at both your systolic and diastolic pressure, the top and bottom numbers respectively. Your systolic measures the amount of pressure in your arteries between heart beats. A normal pressure although 115/75 is optimal. Hypotension is a systolic of 90, or diastolic of 60, but only one pressure has to be low for your doctor to consider your blood prange. For example, 115/50 might be considered hypotension, according to MayoClinic.com.

Types of Low Blood Pressure