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Ecotoxicology is not normal.

A comparison of statistical approaches for analysis of count and proportion data in ecotoxicology.

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Abstract Counts and proportions are data types often encountered by ecotoxicologists, which are rarely normally distributed. To meet the assumptions of normality and heteroscedasticity, the standard procedure has been to either transform the data or use non-parametric methods if this fails. Generalised Linear Models (GLM) allow directly model distributions fitting such data. Here, we compare the performance of parametric methods assuming (1) normality of transformed data, (2) appropriate distributions (Poisson, negativ binomial, binomial) and (3) non-parametric methods.

We simulated typical data mimicking low replicated ecotoxicological experiments of two common data types (counts and proportions from counts). We compared the performance of different methods in terms of statistical power and type 1 error for detecting a general treatment effect and determining the lowest observed effect concentration (LOEC). In addition, we outlined differences and advantages of GLMs on a real world mesocosm data set.

For counts, we found that the quasi-Poisson model and the negative binomial model in combination with the parametric boostrap had higher statistical power than data transformation. For proportions GLMs performed better, except to determine LOEC at extremly low sample sizes. The compared non-parametric methods had generally lower power.

We recommend that counts and proportions from counts should be analysed by making appropriate distributional assumptions and GLMs should become a standard method in ecotoxicology.

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Tel.: +49 06341 280 31552 E-mail: szoecs@uni-landau.de $\begin{tabular}{ll} \textbf{Keywords} & Generalized \ Linear \ Models \cdot Transformations \cdot \\ Simulation \cdot Power \cdot Type \ 1 \ error \\ \end{tabular}$

1 Introduction

Ecotoxicologists perform various kinds of experiments yielding different types of data. Examples are animal counts in mesocosm experiments (non-negative, integer-valued data) or proportions of surviving animals (data bounded between 0 and 1, discrete). These data are typically not normally distributed. Nevertheless, they are often analysed using methods assuming a normal distribution and variance homogeneity (Wang and Riffel 2011). To meet these assumptions, data are usually transformed. For example, ecotoxicological textbooks (Newman 2012) and guidelines (EPA 2002; OECD 2006) advise that survival data can be transformed using an arcsine square root transformation. For count data from mesocosm experiments a log(Ay + C) transformation is usually applied, where the constants A and C are either chosen arbitrarily or following general recommendations. For example, van den Brink et al (2000) suggest to set the term Ay to be 2 for the lowest abundance value (y) greater than zero and C to 1. Moreover, other transformations like the square root or fourth root are commonly applied in community ecology. Note that there has been little evaluation and advice for practitioners, which transformations to use. If the transformed data still do not meet the assumptions (i.e. normality and variance homogeneity), nonparametric tests are usually applied (Wang and Riffel 2011).

Generalised linear models (GLM) provide a method to analyse counts or proportions from counts in a statistically sound way (Nelder and Wedderburn 1972). GLMs can handle various types of data distributions, e.g. Poisson or negative binomial (for count data) or binomial (for proportions); the normal distribution being a special case of GLMs. De-

spite GLMs being available more than 40 years, ecotoxicologists do not regularly make use of them. Recent studies concluded that data transformations should be avoided and GLMs be used as they have better statistical properties (O'Hara and Kotze 2010 (counts), Warton and Hui 2011; Warton 2005 (proportions from counts)).

Ecotoxicological experiments often involve small sample sizes due to practical constraints. For example, extremely low samples sizes (n <5) are common in many mesocosm studies (Sanderson 2002; Szöcs et al 2015). Small sample sizes lead to low power in statistical hypothesis testing, on which many ecotoxiological approaches (e.g. risk assessment for pesticides) rely. Such an endpoint are L/NOEC (Lowest / No observed effect concentration) values. Although their use has been heavily criticized in the past (Laskowski 1995), they are the predominant endpoint in mesocosm experiments (Brock et al 2015; EFSA PPR 2013).

We explore how GLMs may enhance inference in ecotoxicological studies and compared three types of statistical methods (transformation and normality assumption, GLM, non-parametric tests). We first illustrate differences between statistical methods using a data set from a mesocosm study. Then we further elaborate differences in detecting a general treatment effect and determining the LOEC using simulations of two common data types in ecotoxicology: counts and proportions from counts.

2 Methods

2.1 Models for count data

2.1.1 Linear model for transformed data

To meet the assumptions of the standard linear model, count data usually needs to be transformed. We followed the recommendations of van den Brink et al (2000) and used a log(Ay + 1) transformation (eqn. 1):

$$y_i^T = log(Ay_i + 1) \tag{1}$$

, where y_i is the measured and y_i^T the transformed abundance of the *i*th observation. The factor A was chosen in such way that Ay equals 2 for the lowest non-zero abundance value (y).

Then we fitted the linear model to the transformed abundances (hereafter LM):

$$y_i^T \sim N(\mu_i, \sigma^2)$$

$$E(y_i^T) = \mu_i \text{ and } var(y_i^T) = \sigma^2$$

$$\mu_i = \beta Treatment_i$$
(2)

This model assumes a normal distribution of the transformed abundances. The expected value for each observation i is given by its mean (μ_i) and the variance (σ^2) is constant between treatments. We allow this mean to vary between treatments and β are the coefficients related to these changes in transformed abundances between treatments (eqn. 2).

2.1.2 Generalised Linear Models

GLMs extend the normal model by modelling other distributions. Instead of transforming the response variable, the counts could be directly modelled by a Poisson GLM (GLM_p) :

$$y_{i} \sim P(\mu_{i})$$

$$E(y_{i}) = var(y_{i}) = \mu_{i}$$

$$log(\mu_{i}) = \beta Treatment_{i}$$
(3)

This model assumes poisson distributed abundances with mean $\mu_i \ge 0$. The expected value for each observation i is given by its mean. Moreover, this model assumes that mean and variance are equal. We are modelling the mean as a function of treatment membership. However, to avoid negative values of the mean this is done on a log scale. Therefore, β also describes the differences between treatments on a log scale (eqn. 3).

The assumption of equal mean and variance is rarely met with ecological data, which is typically characterized by greater variance than the mean (overdispersion). To overcome this problem a quasi-Poisson model (GLM_{qp}) could be used, which assumes that variance is a linear function of the mean (eqn. 4):

$$var(y_i) = \Theta \mu_i \tag{4}$$

Here, Θ is used to account for additional variation and is known as overdispersion parameter. The quasi-Poisson model is a post hoc method, meaning that first a Poisson model is estimated (eqn. 3) and than the standard errors are scaled by the degree of overdispersion.

Another possibility to deal with overdispersion is to fit a negative binomial distribution (GLM_{nb} , eqn. 5):

$$y_{i} \sim NB(\mu_{i}, \kappa)$$

$$E(y_{i}) = \mu_{i} \text{ and } var(y_{i}) = \mu_{i} + \mu_{i}^{2}/\kappa$$

$$log(\mu_{i}) = \beta Treatment_{i}$$
(5)

This models assumes that abundances are negative binomially distributed, with a mean of $\mu_i \geq 0$ and a variance $\mu_i + \mu_i^2/\kappa$. Similar to the Poisson model we use a log link between mean and treatments. Note, that the quasi-Poisson model assumes a linear mean-variance relationship (eqn. 4), whereas the negative binomial model assumes a quadratic relationship (eqn. 5).

The above described models are most commonly used in ecology (Ver Hoef and Boveng 2007), although other distributions for count data are possible, like the negative binomial model with a linear mean-variance relationship (also known as NB1) or the poisson inverse gaussian model (Hilbe 2014).

2.2 Models for binomial data

A binomial variable counts how often an event x occurs in a fixed number of independent trials N (e.g. "5 out of 10 fish survived"), with an equal probability of occurrence π between trials. The number of times an event occurs can also be calculated as proportion x/N.

2.2.1 Linear model for transformed data

To accommodate the assumptions for the standard linear model with such proportions, a special arcsine square root transformation (eqn. 6) is suggested (EPA 2002; Newman 2012):

$$y_i^T = \begin{cases} arcsin(1) - arcsin(\sqrt{\frac{1}{4n}}) & \text{, if } y_i = 1\\ arcsin(\sqrt{\frac{1}{4n}}) & \text{, if } y_i = 0\\ arcsin(\sqrt{y_i}) & \text{, otherwise} \end{cases}$$
 (6)

, where y_i^T are the transformed proportions and n is the total number of exposed animals per treatment. The transformed proportions are then analysed using the standard linear model (LM, eqn. 2). Note, that the parameters of the linear model are not directly interpretable due to transformation.

2.2.2 Generalised Linear Models

A more natural way to model such data is the binomial distribution with parameters N and π (GLM_{bin}):

$$y_{i} \sim Bin(N, \pi_{i})$$

$$E(y_{i}) = \pi_{i} \times N \text{ and } var(y_{i}) = \pi_{i}(1 - \pi_{i})/N$$

$$logit(\pi_{i}) = \beta Treatment_{i}$$
(7)

This model assumes that the number of occurences are binomially distributed, where N = number of trials (e.g. exposed animals) and π_i is the probability of occurrences (fish survived), which together give the expected number of occurrences. The variance of the binomial distribution is a quadratic function of the mean. We are modelling the probability of occurrence as function of treatment membership and to ensure that $0 < \pi_i < 1$ we do this on a logit scale (eqn. 7). However, the parameters β of this model are directly interpretable as changes in log odds between treatments.

Similarly to counts, binomial data may also show overdispersion. Methods to deal with overdispersed binomial data are either quasi methods (see above) or Generalized Linear Mixed models (GLMM). However, these are not further investigated in this paper (see Warton and Hui (2011) for a comparison).

2.3 Statistical Inference

After model fitting and parameter estimation the next step is statistical inference. Ecotoxicologists are generally interested in two hypotheses: (i) is there any treatment related effect? and (ii) which treatments show a treatment effect (to determine the LOEC)?

Following general recommendations (Bolker et al 2009; Faraway 2006), we used F-tests (LM and GLM_{qp}) and Likelihood-Ratio (LR) tests (GLM_p , GLM_{nb} and GLM_{bin}) to test the first hypothesis. However, it is well known that LR test are unreliable with small sample sizes (Wilks 1938). Therefore, we additionally explored the parametric bootstrap (Faraway 2006) to assess the significance of the LR. Bootstrapping is computationally very intensive and for this reason we applied it only for the negative binomial models (using 500 bootstrap samples, denoted as GLM_{npb}).

To assess the LOEC we used Dunnett contrasts (Dunnett 1955) with one-sided Wald t tests (normal and quasi-Poisson models) and one-sided Wald Z tests (Poisson, negative binomial and binomial models). Beside these parametric methods we also applied two, in ecotoxicology commonly used, non-parametric methods: The Kruskal-Wallis test (KW) to test for a general treatment effect and a pairwise Wilcoxon test (WT) to determine the LOEC. We adjusted for multiple testing using the method of Holm (1979).

2.4 Case study

Brock et al (2015) presents a typical example of data from mesocosm studies, which we use to demonstrate differences between methods. The data are mayfly larvae counts on artificial substrate samplers were at one sampling date. A total of 18 mesocosm have been sampled from 6 treatments (Control (n = 4), 0.1, 0.3, 1, 3 mg/L (n = 3) and 10 mg/L (n = 2)) (Figure 1).

2.5 Simulations

2.5.1 Count data

To further scrutinise the differences between methods we simulated data sets with known properties. We simulated count data that mimics the data of the case study with five

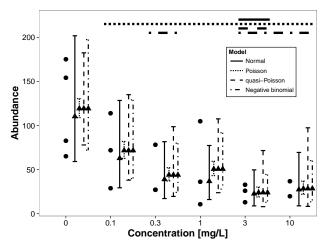


Fig. 1 Data from Brock et al (2015) (dots). Predicted values (triangles) and 95% Wald Z or t confidence intervals from the fitted models (vertical lines) are given beside. Horizontal bars above indicate treatments statistically significant different from the control group (Dunnett contrasts). The data showed overdispersion ($\kappa = 4$) and therefore, the Poisson model underestimates the width of confidence intervals.

treatments (T1 - T5) and one control group (C). Counts were drawn from a negative binomial distribution with overdispersion at all treatments ($\kappa = 4$, eqn. 5). We simulated data sets with different number of replicates (N = {3, 6, 9}) and different abundances in control treatments ($\mu_{\rm c} = \{2, 4, 8, 16, 32, 64, 128\}$). For power estimation, mean abundance in treatments T2 - T5 was reduced to half of control and T1 ($\mu_{\rm T2} = ... = \mu_{\rm T5} = 0.5 \ \mu_{\rm c} = 0.5 \ \mu_{\rm T1}$), resulting in a theoretical LOEC at T2. Mean abundance was kept equal between all groups in Type 1 error simulations. We generated 1000 data sets for each combination of N and $\mu_{\rm c}$ and analysed these using the models outlined in section 2.1.

2.5.2 Binomial data

We simulated data from a commonly used design as described in Weber et al (1989), with 5 treated (T1 - T5) and a control group (C). Proportions were drawn from a Bin(10, π) distribution, with varying probability of survival ($\pi_C = \{0.60, 0.65, 0.70, 0.75, 0.80, 0.85, 0.90, 0.95\}$) and varying number of replicates (N = $\{3, 6, 9\}$). For Type 1 error estimation, π_C was held constant between groups. For power estimation π_C in C and T1 was fixed at 0.95 and was set to values between 0.6 and 0.95 for the treatments T2 - T5. For each combination we simulated 1000 data sets and analysed these using the models outlined in section 2.2.

2.6 Data Analysis

We analysed the case study and the simulated data using the outlined methods. We compared the methods and models in terms of Type 1 error (detection of an effect when there

is none) and power (ability to detect an effect when it is present).

All simulations were done in R (Version 3.1.2) (R Core Team 2014) on an Amazon EC2 virtual Linux server (64bit, 15GB RAM, 8 cores, 2.8 GHz). Source code to reproduce the simulations and paper is available online at https://github.com/EDiLD/usetheglm. Moreover, Supplement 2 provides worked examples of the data of Brock et al (2015) and Weber et al (1989).

3 Results

3.1 Case study

The data set showed considerable higher variance then expected by the Poisson model ($\Theta=22.41$, eqn. 4). Therefore, the Poisson model did not fit to this data and lead to underestimated standard errors and confidence intervals, as well as overestimated statistical significance (Figure 1). In this case, inferences on the Poisson model are not valid and we do not further discuss its results. The normal (F = 2.57, p = 0.084) and quasi-Poisson model (F = 2.90, p = 0.061), as well as the Kruskal test (p = 0.145) did not show a statistically significant treatment effects. By contrast, the LR test and parametric bootstrap of the negative binomial model indicated a treatment-related effect (LR = 13.99, p = 0.016, bootstrap: p = 0.042).

All methods predicted similar values, except the normal model predicting always lower abundances (Figure 1). 95% confidence intervals (CI) where most narrow for the negative binomial model and widest for the quasi-Poisson model - especially at lower estimated abundances. Consequently, the LOECs differed (Normal and quasi-Poisson: 3 mg/L, negative binomial: 0.3 mg/L). The pairwise Wilcoxon test did not detect any treatment different from control.

3.2 Simulations

3.2.1 Count data

For detecting a general treatment effect, GLM_{nb} and GLM_p showed inflated type 1 error rates, whereas KW was conservative at low sample sizes. However, using parametric bootstrap for the negative binomial model (GLM_{npb}) resulted in appropriate type 1 error rates. For detecting a treatment effect, GLM_{npb} and GLM_{qp} exhibited higher power than LM and KW, the latter having least power (Figure 2). For our simulation design (reduction in abundance by 50%) a sample size per treatment of n = 9 was needed to achieve a power greater than 80%. At small sample sizes (n = 3, 6) and low abundances ($\mu_C = 2, 4$) many of the negative binomial

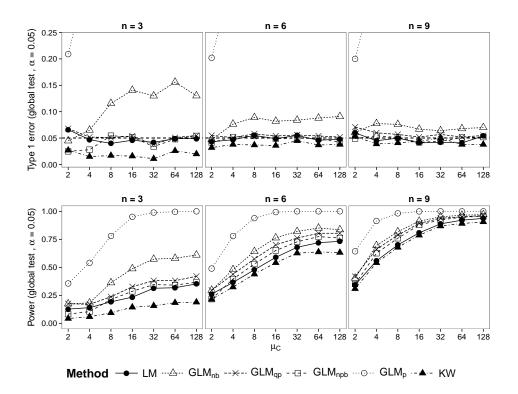


Fig. 2 Count data simulations: Type 1 error (top) and Power (bottom) for the test of a treatment effect. Only type 1 errors <25% are displayed. GLM_p showed type 1 errors >20% in all simulation scenarios. Power levels for models with inflated type I error are shown for completeness. For $n = \{3, 6\}$ and $\mu_C = \{2, 4\}$ less than 85% of GLM_{nb} and GLM_{npb} models did converge. Dashed horizontal line denotes the nominal Type 1 error rate at $\alpha = 0.05$.

models (GLM_{nb} and GLM_{npb}) did not converge to a solution (convergence rate <85% of the simulations, Supplement 1).

For LOEC determination GLM_{nb} and GLM_p showed an increased Type 1 error and all other methods were slightly conservative. The inferences on LOEC generally showed less power. LM showed a mean reduction of 20.7% and GLM_{qp} of 24.3%. Power to detect the LOEC was highest for GLM_{qp} . LM and WT showed less power, with WT having no power to detect the LOEC at low sample sizes (Figure 3).

3.2.2 Binomial data

 GLM_{bin} showed slightly increased type 1 error rates at low sample sizes and small effect sizes. KW was more conservative than LM and GLM_{bin} . In addition, GLM_{bin} exhibited the greatest power for testing the treatment effect. This was especially apparent at low sample sizes (n = 3), with up to 27% higher power compared to LM. However, the differences between methods quickly vanished with increasing samples sizes (Figure 4).

For inference on LOEC we found that all methods were slightly conservative. WT was generally more conservative and GLM_{bin} especially at low effect sizes ($p_E > 0.7$). Inference on LOEC was not as powerful as inference on the

general treatment effect. Contrary to the general treatment effect, LM showed the higher power than GLM_{bin} at small sample sizes (n = 3, 6). WT had no power for n = 3 and showed less power in the other simulation runs (Figure 5).

4 Discussion

4.1 Case study

The outlined case study demonstrates that the choice of the statistical model and procedure can have substantial impact on ecotoxicological inferences and endpoints like the LOEC. Therefore, ecotoxicologists should not base their inferences solely on statistical significance tests, but also on parameter estimates, their uncertainty and importance (Gelman and Stern 2006). Nevertheless, O'Hara and Kotze (2010) showed that *LM* using a log transformation gave unreliable and biased parameter estimates, whereas GLMs performed well with little bias. Bias occurs also when backtransforming means to the original scale, which explains the lower predicted means by *LM* in Figure 1 (Rothery 1988) and should be corrected for (Newman 1993).

This is further highlighted by the fact that for the same model (linear model of transformed data), Brock et al (2015) reported a 10-fold lower LOEC (0.3 mg/L) then found in our

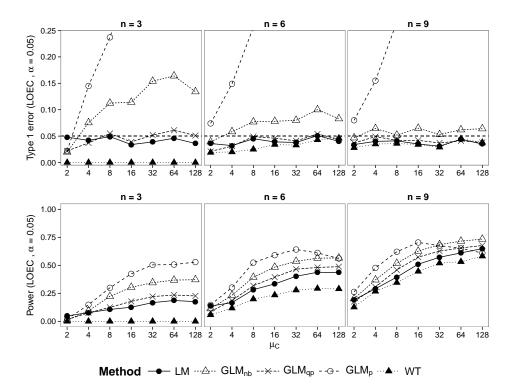


Fig. 3 Count data simulations: Type 1 error (top) and Power (bottom) for determination of LOEC. For clarity only type 1 errors <25% are displayed. Power levels for models with inflated type I error are shown for completeness. For n = $\{3, 6\}$ and $\mu_C = \{2, 4\}$ less than 85% of GLM_{nb} models did converge. Dashed horizontal line denotes the nominal Type 1 error rate at $\alpha = 0.05$.

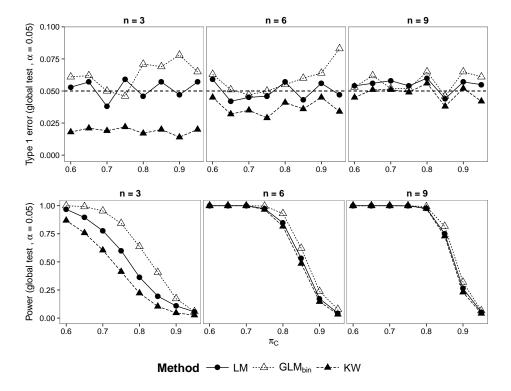


Fig. 4 Binomial data simulations: Type 1 error (top) and power (bottom) for the test of a treatment effect. Dashed horizontal line denotes the nominal Type 1 error rate at $\alpha = 0.05$.

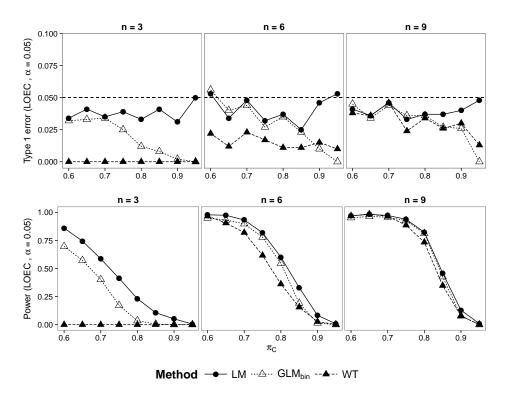


Fig. 5 Binomial data simulations: Type 1 error (top) and power (bottom) for the test for determination of LOEC. Dashed horizontal line denotes the nominal Type 1 error rate at $\alpha = 0.05$.

study (3 mg/L, Figure 1). The reasons are manifold: (Brock et al 2015) used a log(2y+1) transformation, whereas we used a log(A y+1) transformation, where A = 2/11 = 0.182(van den Brink et al 2000). However, this contributed only little to the differences. A much bigger impact had the type of multiple comparison: Brock et al (2015) used a one-sided Williams test (Williams 1972), whereas we used one-sided comparisons to the control (Dunnett contrasts). In contrast to the Williams test, Dunnett contrasts do not assume a monotonic dose-response relationship and allow individual comparisons between treatment groups and the control. However, under monotonicity they have less power, which explains the differences (Jaki and Hothorn 2013). Both types of multiple comparisons are available as multiple contrast tests in a GLM framework. Therefore, our comparison of methods should be independent from the choice of contrast, which is determined by assumptions and research questions.

Overdispersion is common for ecological datasets (Warton 2005) and the case study illustrates the potential effects of overdispersion that is not accounted for: standard errors will be underestimated and significance overestimated (Figures 1). This is also shown by our simulations (Figures 2, 3) where GLM_p showed increased type 1 error rates because of overdispersed simulated data. However, in factorial designs the mean-variance relationship can be easily checked by plotting mean versus variance of the treatment

groups (see Supplement 2). In the introduction we pointed out that there is little advice how to choose between the plenty of possible transformations - how do GLMs simplify this problem? The distribution modelled can be chosen using knowledge about the data (e.g. bounds, integer or continuous data etc). Knowing what type of data is modelled (see Methods section), the model selection process can be completely guided by the data and diagnostic tools. Therefore, choosing an appropriate model is easier than choosing between possible transformations.

4.2 Simulations

Our simulations showed that generally GLMs have greater power than data transformations. However, the simulations also suggest that the power at the population level in common mesocosm experiments is low. For common samples sizes ($n \le 4$) and a reduction in abundance of 50% we found a low power to detect any treatment-related effect (<50% for methods with appropriate Type 1 error, Figure 2). Statistical power to detect the correct LOEC was even lower (less than 25%), which can be attributed to multiple testing. The low power of all methods to detect significant treatment levels such as the LOEC or NOEC suggests that these end-points from ecotoxicological studies should be interpreted

with caution and underpins their criticism (Laskowski 1995; Landis and Chapman 2011).

Mesocosm studies allow also inferences on community level. For community analyses *GLM for multivariate data* (Warton et al 2012) have been proposed as alternative to Principal Response Curves (PRC) and yielded to similar inferences, but better indication of responsive taxa (Szöcs et al 2015). However, ter Braak and Šmilauer (2014) argue to use data transformations with community data because of their simplicity and robustness. Although our simulations covered only simple experimental designs at the population level, findings may also extend to more complex situations. Nested or repeated designs with non-normal data could be analysed using Generalised Linear Mixed Models (GLMM) and may have advantages with respect to power (Stroup 2014).

To counteract the problems with low power at the population level Brock et al (2015) proposed to take the Minimum Detectable Difference (MDD), a method to assess statistical power *a posteriori*, for inference into account. However, *a priori* power analyses can be performed easily using simulations, even for complex experimental designs (Johnson et al 2014), and might help to design, interpret and evaluate ecotoxicological studies. Moreover, Brock et al (2015) proposed that statistical power of mesocosm experiments can be increased by reducing sampling variability through improved sampling techniques and quantification methods, though they also caution against depleting populations through more exhaustive sampling. As we showed, using appropriate statistical methods (like GLMs) can enhance the power at no extra costs.

Wang and Riffel (2011) advocated that in the typical case of small sample sizes (n <20) and non-normal data, non-parametric tests perform better than parametric tests assuming normality. In contrast, our results showed that the often applied KW and WT have less power compared to LM. Moreover, GLMs always performed better than non-parametric tests. Though more powerful non-parametric tests may be available (Konietschke et al 2012), these are focused on hypothesis testing and do not provide estimation of effect sizes. Additionally to testing, GLMs allow the estimation and interpretation of effects that might not be statistically significant, but ecologically relevant. Therefore, we advise using GLMs instead of non-parametric tests for non-normal data.

We found an increased Type-I error for GLM_{nb} at low sample sizes. However, it is well known that the LR statistic is not reliable at small sample sizes (Bolker et al 2009; Wilks 1938). Parametric bootstrap (GLM_{npb}) is a valuable alternative in such situations and maintains appropriate levels (Figure 2). Moreover, at small sample sizes and low abundances a significant amount of negative binomial models did not converge. We used an iterative algorithm to fit these models

(Venables and Ripley 2002) and other methods assessing the likelihood directly may perform better.

 GLM_{qp} showed higher statistical power than GLM_{npb} (Figure 2, bottom). This could be explained by the simpler mean-variance relationship of GLM_{qp} (eqn. 4 and 5), because at small samples sizes, low abundances or few treatment groups it is difficult to determine the mean-variance relationship.

Binomial data are often collected in lab trials, where increasing the sample size may be relatively easy to accomplish. We found notable differences in power to detect a treatment effect for all simulated sample sizes. Similarly, Warton and Hui (2011) also found that GLMs have higher power than arcsine transformed linear models. Though we did not simulate overdispersed binomial data, this should be checked and accounted for. In such situations a GLMM may offer an appealing alternative (Warton and Hui 2011). At low effect sizes GLMbin became conservative with increasing π_C , although this effect lessened as sample size increased (Figure 5). This is because π approaches its boundary and is also known as the Hauck-Donner effect (Hauck and Donner 1977). A LR-Test or parametric bootstrap may provide an alternative in such situations (Bolker et al 2009). This can also explain why LM performed better for deriving LOECs at low sample sizes.

GLMs can be fitted with several statistical software packages and many textbooks are available to introduce ecotoxicologists to these models (e.g. Zuur 2013 or Quinn and Keough 2009). We recommend that ecotoxicologists should change their models instead of their data. GLMs should become a standard method in ecotoxicology and incorporated into respective guidelines.

5 Compliance with Ethical Standards

Conflict of Interest: The authors declare that they have no conflict of interest.

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