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EUROPEAN FEDERATION
OF PSYCHIATRIC TRAINEES

Shaping the future of psychiatry

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EFPT

The European Federation of psychiatric trainees (EFPT) is an independent federation of psychiatric trainees associations. It represents the consensus of psychiatric trainees organizations across European countries and advocates for what training should look like, regardless of the country.

EFPT website (<http://efpt.eu/>)

Presentation

The psychotherapy study run from 2013 to 2015 to understand the actual opportunities and wishes for training in psychotherapy in Europe among psychiatrist trainees in 19 countries.

Presentations of the survey

Past

- “The EFPT Psychotherapy working Group and its Survey on Psychotherapy Training 2013-2015” was presented at the Royal College of Psychiatrists (http://www.rcpsych.ac.uk/pdf/CALC_MedPsych2015confbooklet.pdf) - faculty of Psychotherapy Annual Meeting 22-24 April 2015 by Alina Petricean (UK, Romania)
- “The EFPT Psychotherapy working group” was presented at the “Portuguese Psychiatric National Congress in 2013 by Rita Silva (Portugal)
- “Should all psychiatrists be skilled to practice psychotherapy ? Thomas GARGOT (France) and Ekin Sonmez (Turkey), European Psychiatric Association Congress (<http://efpt.eu/events/european-psychiatric-association-congress/>), March 12th - March 15th 2016, slides (http://efpt.eu/wp-content/uploads/2014/07/ES_TG_EPA_Psychotherapy.pdf)
- “How psychiatrist trainees are trained in Psychotherapies in Europe ? A European trainee survey”, Thomas GARGOT (France), European Association of Behavioural and Cognitive Therapies conference (EABCT) (<http://eabct2016.org/>), August 31st - September 3rd 2016, deadline 31st march

What is the actual status of psychotherapy training in Europe?



EUROPEAN FEDERATION
OF PSYCHIATRIC TRAINEES

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Motivations



The European Federation of Psychiatric Trainees (EFPT) aimed to evaluate the actual psychotherapy availabilities in Europe for psychiatry trainees and the implementation of the European Union of Medical Specialists (UEMS) guidelines in their training.

Demography

From 2013 to 2015, the EFPT collected 574 answers (Fig 1.) from trainees of 23 European countries with an on-line survey.

The mean age of respondents was 32 years (SD: 5,3). 70 % were female. 84% of respondents were still trainees.



Fig 1. Number of answers by country

Psychiatry trainees are motivated to train in psychotherapy even if they need to invest time and money.

92 % of trainees considered psychotherapy as important for their professional identity.

90 % would like to practise psychotherapy after their training.

Psychoanalysis, CBT and Systemic Therapy were the most popular schools of psychotherapy.

96 % would train for free. **50 %** intend to spend up to **5 %** of their salary for psychotherapy training.

However, in practice the possibilities are quite low

For most trainees, **only theoretical** lectures are mandatory (Fig. 2).

Whereas training in psychotherapy is recommended by UEMS as a mandatory component of curriculum, most trainees don't receive any or need to pay for it (Fig. 3.).



Fig 2. Mandatory training

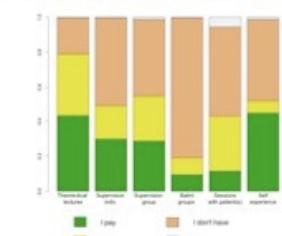


Fig 3. Who pays the training

Consequently, only **52 %** of trainees were training (or trained) in psychotherapy.

41 % underwent personal psychotherapy.

33 % undertook psychotherapy training on their own initiative.

Whereas more than 1.7 hours of supervision per month are recommended by UEMS, **50 %** don't get any hour during the month.

Perspectives

EFPT strongly supports initiatives for better psychotherapy training and thinks that wider availability of good quality e-learning resources and international collaborations exemplified by EPA and ECNP could be a step to bridge this gap.

To do list

It can be found here (<https://github.com/r0bis/efptPWG/blob/master/about-data/todolist.md>).

Actual recommandations

EFPT Psychotherapy Working Group statement

"A working knowledge of psychotherapy is an integral part of being a psychiatrist and this must be reflected in training in psychiatry. All trainees must gain the knowledge, skills and attitudes to be competent in psychotherapy. Competence should be gained in at least one recognised form of psychotherapy (of the trainees choice) and basic knowledge should be gained in the other forms of psychotherapy to allow the trainee to evaluate suitability for referral to specialist psychotherapist. Training in psychotherapy must include supervision by qualified therapists. A personal psychotherapeutic experience is seen as a valuable component of training. It is crucial that trainees have access to relevant psychotherapy experience to cater to the needs of the appropriate patient group that the trainee is dealing with or is expected to deal with in the future.

Relevant training authorities should ensure that time, resources and funding are available to all trainees to meet the above mentioned psychotherapy training needs."

Discussed and voted by EFPT delegates in Lisbon 1996, Tampere 1999, Napoli 2001, Sinaia 2002, Paris 2003, Istanbul 2005, Gothenburg 2008, Cambridge 2009 and Zurich 2013

See all EFPT statements (<http://efpt.eu/statements/>).

UEMS Psychotherapy Reports

See all UEMS reports related to psychiatry training (<http://uemspsychiatry.org/board/training-reports/>).

Get the data

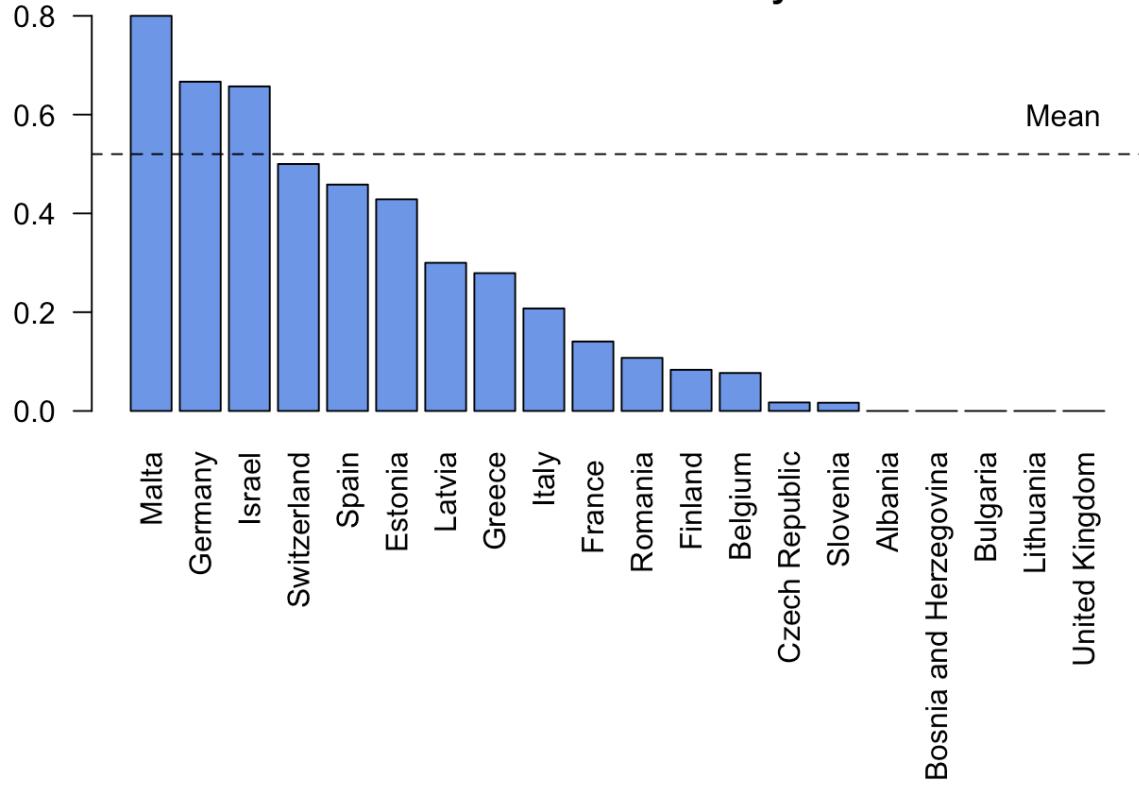
You can download our data and our analysis script on GitHub (<https://github.com/r0bis/efptPWG>).

European results

```
names(data_mini_Europe) <- c("country", "in.training", "own.initiative", "future.practice", "satisfied", "satisfied.funding", "hours.supervision")
#str(data_mini_Europe)
country <- data_mini_Europe$country
mini <- aggregate(data_mini_Europe[-1], by=list(country), FUN = mean, na.rm=TRUE, simplify = TRUE)
colnames(mini)[colnames(mini)=="Group.1"] <- "country"
#Exclusion of Belarus, Serbia, Croatia : not full
mini <- mini[complete.cases(mini),]

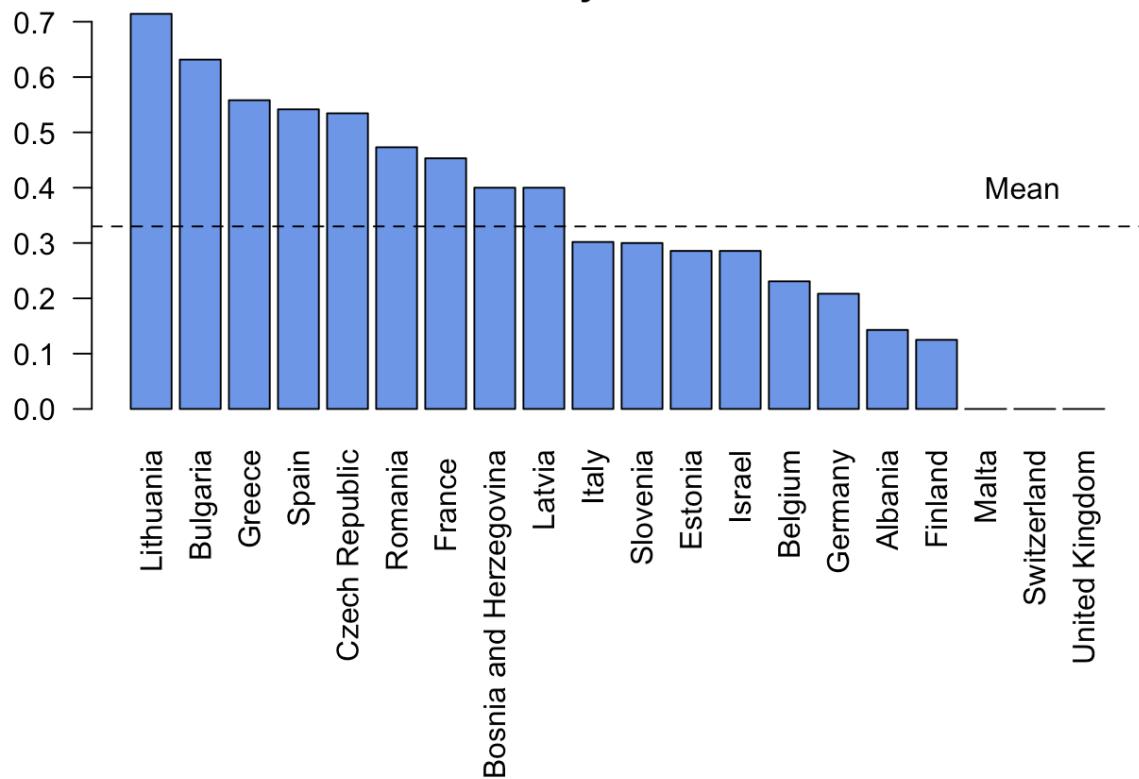
in.training.sort <- mini[with(mini, order(-in.training)), ]
par(mar=c(11,3,3,3))
barplot(in.training.sort$in.training, names=in.training.sort$country, las=2, main="Proportion of respondents in psychotherapy training
in each country", col="cornflowerblue")
abline(h=0.52, lty=2)
text(23, 0.6, "Mean")
```

Proportion of respondents in psychotherapy training in each country



```
oi.sort <- mini[with(mini, order(-own.initiative)), ]
barplot(oi.sort$own.initiative, names=oi.sort$country, las=2, main="Proportion
of respondents in psychotherapy training
in each country on their own initiative", col="cornflowerblue")
abline(h=0.33, lty=2)
text(22, 0.40, "Mean")
```

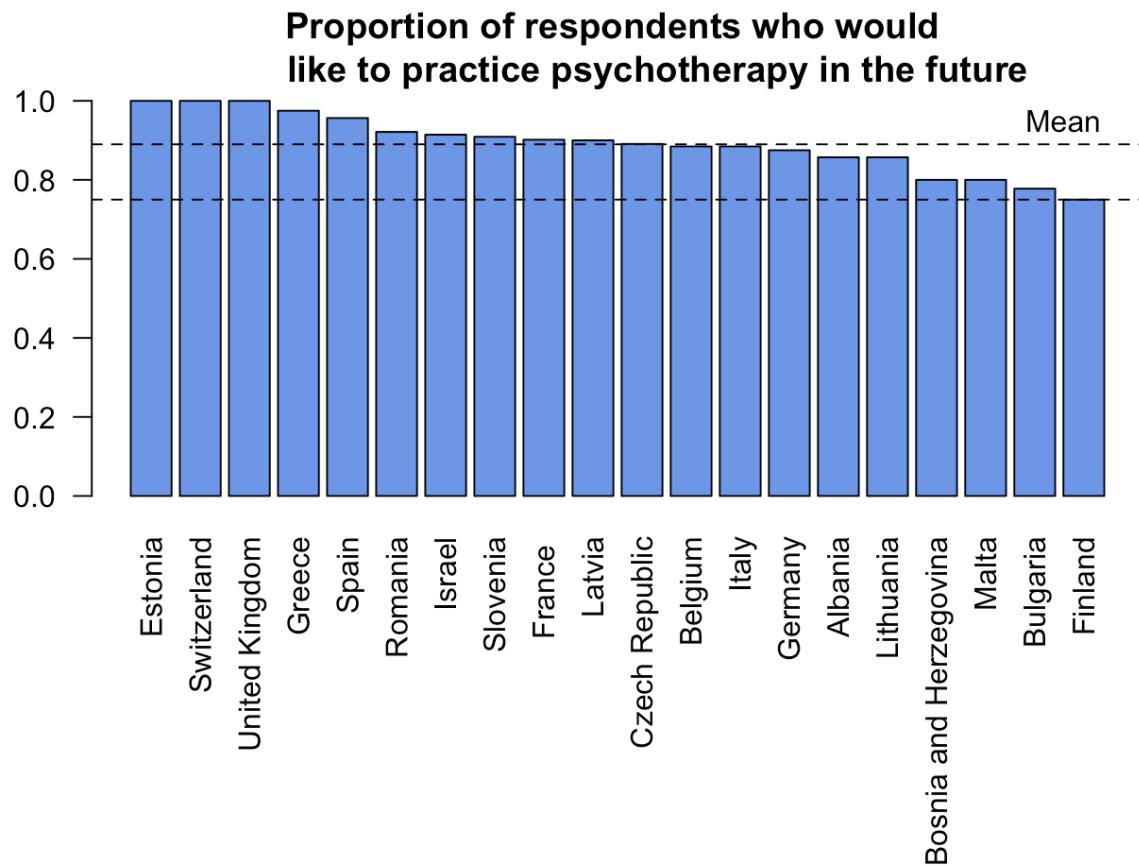
Proportion of respondents in psychotherapy training in each country on their own initiative



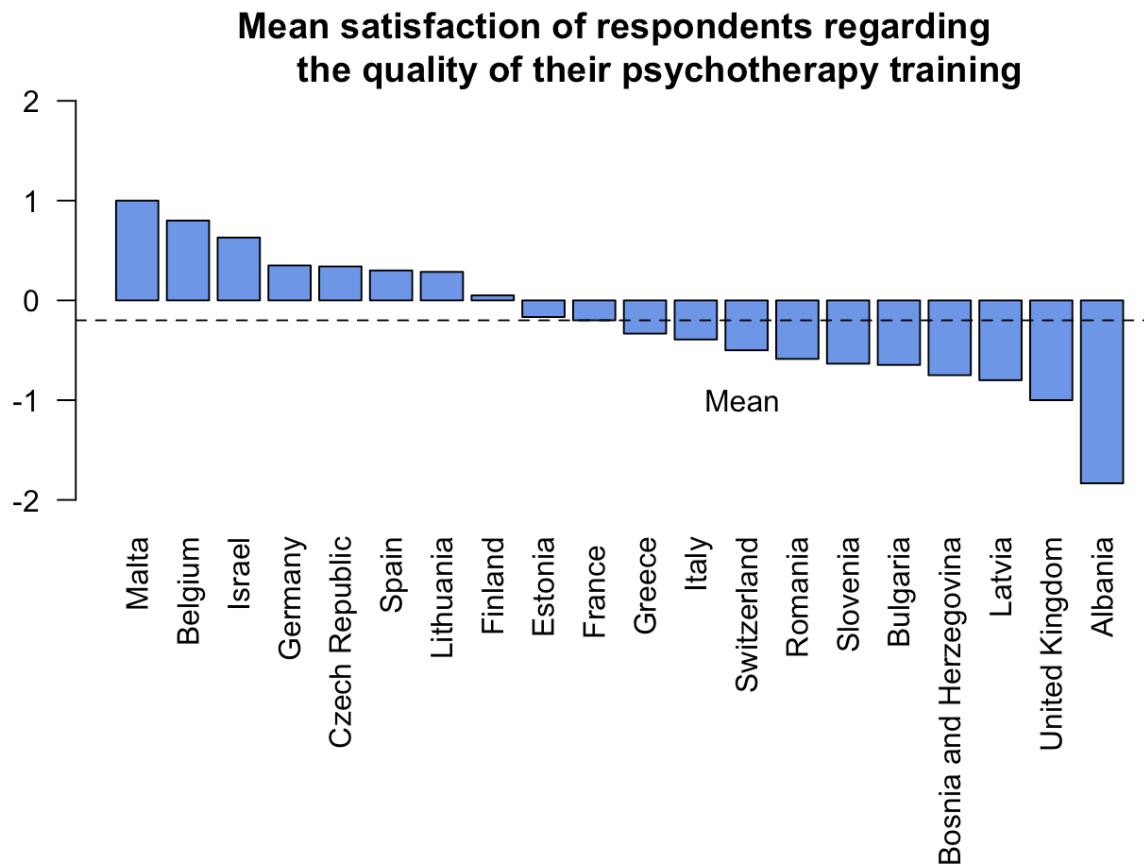
```

future.sort <- mini[with(mini, order(-future.practice)), ]
barplot(future.sort$future.practice, names=future.sort$country, las=2, main="P
roportion of respondents who would
like to practice psychotherapy in the future", col="cornflowerblue")
abline(h=0.89, lty=2)
text(23, 0.95, "Mean")
abline(h=0.75, lty=2)

```



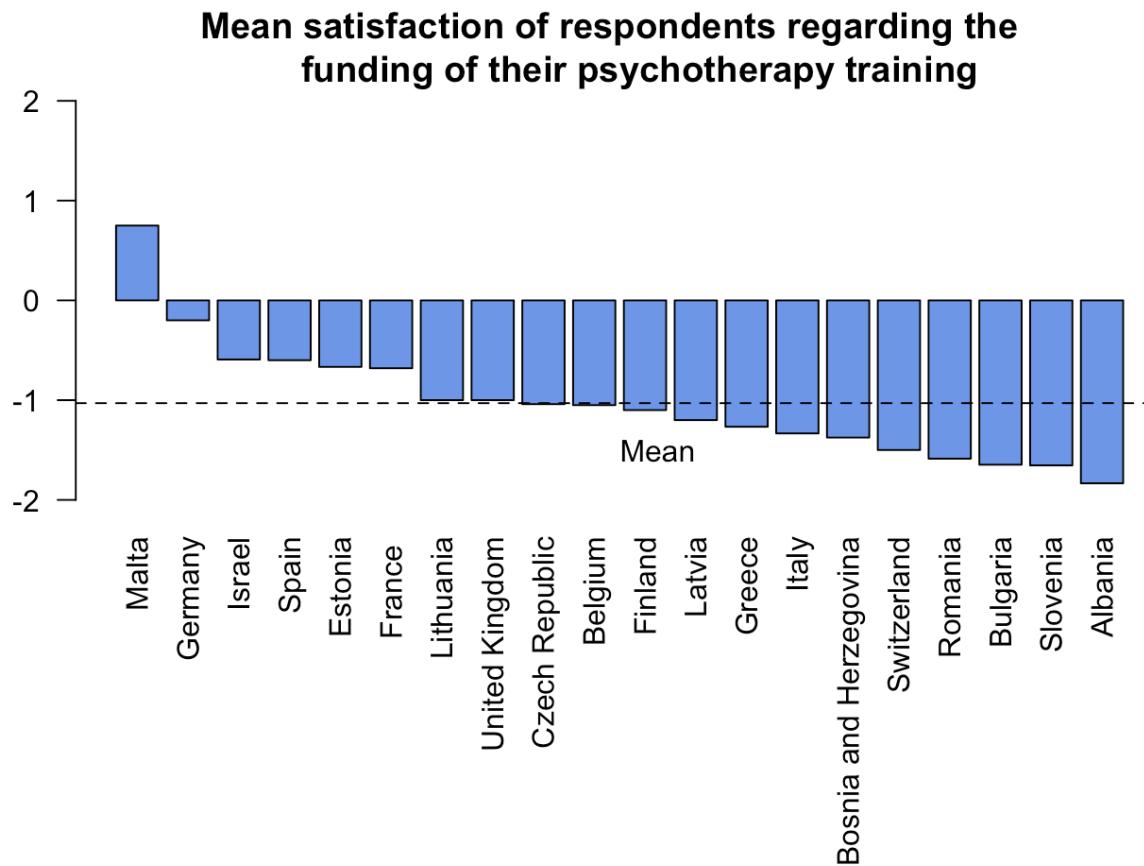
```
par(mar=c(11,3,3,2))
satisfied.sort <- mini[with(mini, order(-satisfied)), ]
barplot(satisfied.sort$satisfied, names=satisfied.sort$country, las=2, main="Mean satisfaction of respondents regarding
the quality of their psychotherapy training", col="cornflowerblue", ylim=c(-2,2))
abline(h=-0.20, lty=2)
text(15, -1, "Mean")
```



```

par(mar=c(11,3,3,2))
satisfied.funding <- mini[with(mini, order(-satisfied.funding)), ]
barplot(satisfied.funding$satisfied.funding, names=satisfied.funding$country,
las=2, main="Mean satisfaction of respondents regarding the
funding of their psychotherapy training", col="cornflowerblue", ylim=c(-2,
2))
abline(h=-1.03, lty=2)
text(13, -1.5, "Mean")

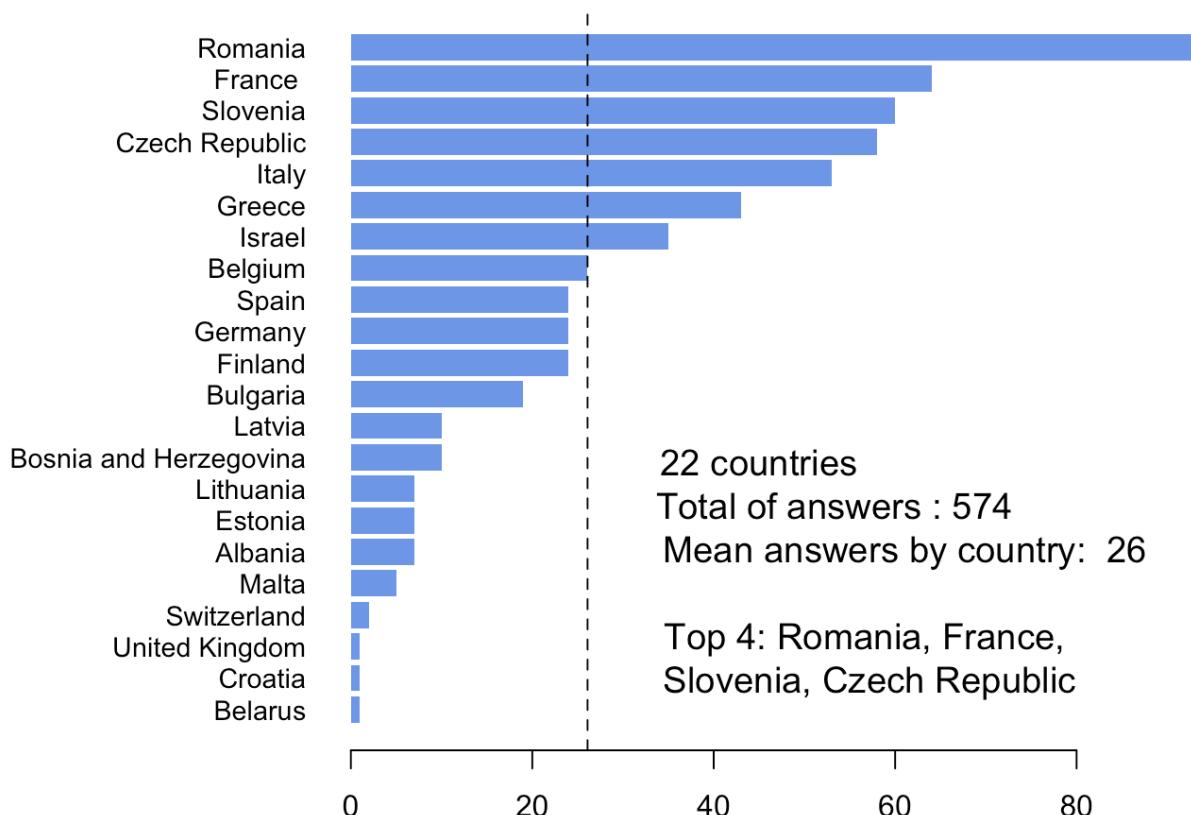
```



```
#write.csv(mini, "aggregate.file.csv")
```

Number of participants by country (barplot)

Number of answers by country



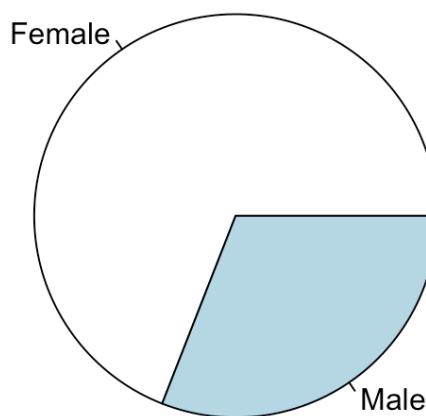
##			
##	Belarus	Croatia	United Kingdom
##	1	1	1
##	Switzerland	Malta	Albania
##	2	5	7
##	Estonia	Lithuania	Bosnia and Herzegovina
##	7	7	10
##	Latvia	Bulgaria	Finland
##	10	19	24
##	Germany	Spain	Belgium
##	24	24	26
##	Israel	Greece	Italy
##	35	43	53
##	Czech Republic	Slovenia	France
##	58	60	64
##	Romania		
##	93		

```
##
##           Albania          Belarus        Belgium
##                 7                  1                26
## Bosnia and Herzegovina      Bulgaria       Croatia
##                   10                 19                  1
## Czech Republic            Estonia        Finland
##                   58                  7                24
## France                  Germany       Greece
##                   64                  24                43
## Israel                  Italy         Latvia
##                   35                  53                10
## Lithuania              Malta        Romania
##                   7                  5                93
## Slovenia              Spain        Switzerland
##                   60                 24                  2
## United Kingdom           1
##
```

Number of participants by country (map)

Gender

Gender of participants in Europe responses



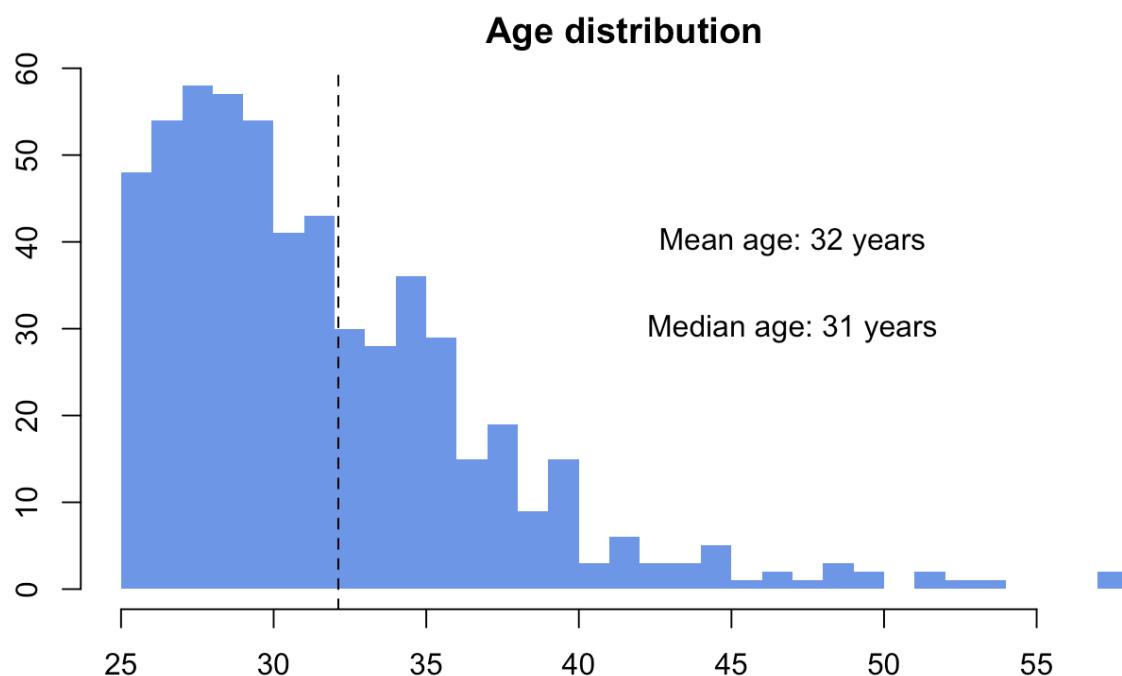
```
##
## Female   Male
## 395     177
```

```
##
## Female   Male
## 0.6905594 0.3094406
```

```
##  
##      Female      Male  
## 0.6905594 0.3094406
```

```
##  
## 1-sample proportions test with continuity correction  
##  
## data: gender, null probability 0.5  
## X-squared = 82.323, df = 1, p-value < 2.2e-16  
## alternative hypothesis: true p is not equal to 0.5  
## 95 percent confidence interval:  
## 0.6506134 0.7279046  
## sample estimates:  
##  
##          p  
## 0.6905594
```

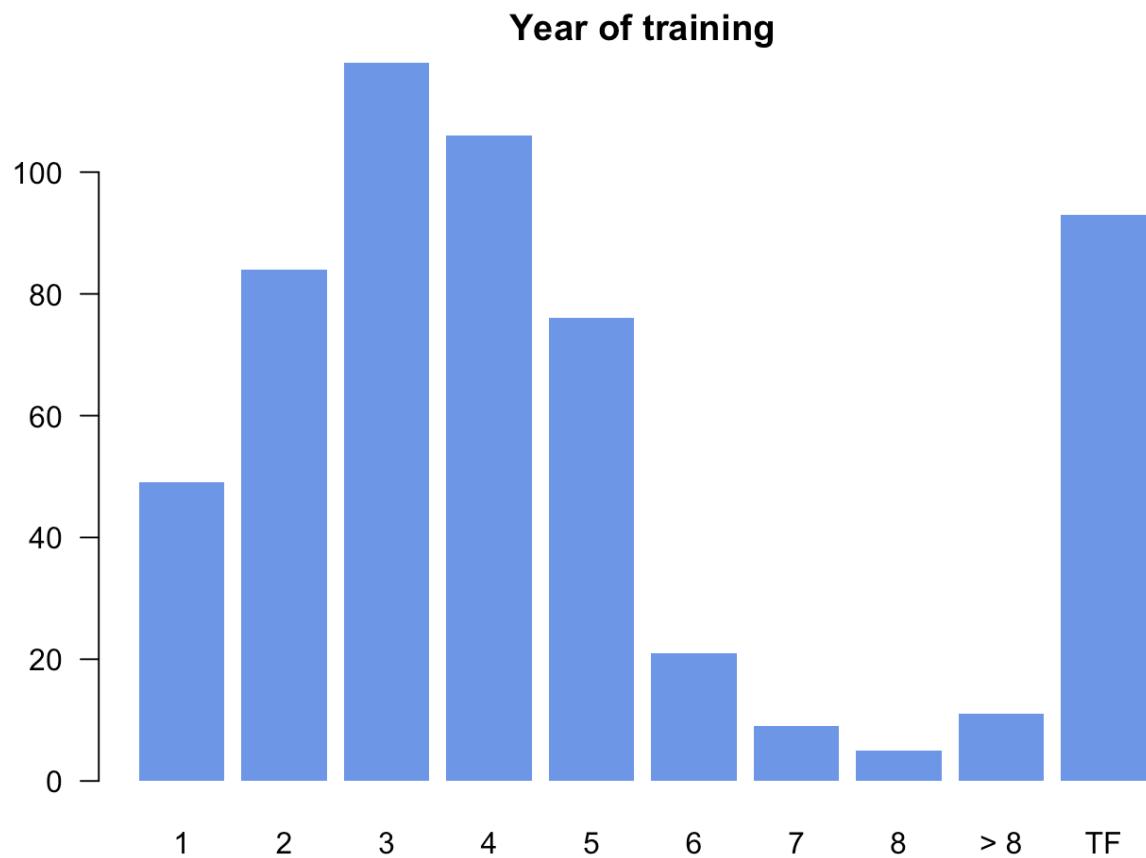
Age



```
## [1] 31
```

```
## [1] 5.3354
```

Year in Training



```
## [1] 10
```

```
## [1] 479
```

```
## TF
## 93
```

```
##           TF
## 0.1941545
```

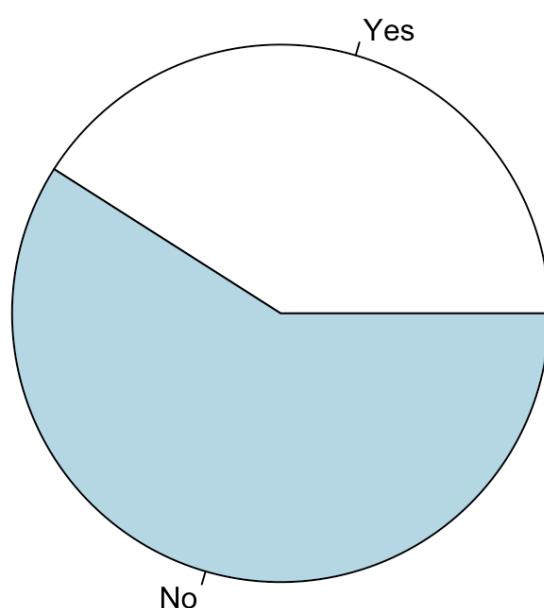
TF : for training finished

Are you receiving personal psychotherapy or have you received it in the past?

```
##
##           Yes          No
## 0.4098074 0.5901926
```

```
##
## 1-sample proportions test with continuity correction
##
## data: table(data_Europe$q_0004), null probability 0.5
## X-squared = 18.221, df = 1, p-value = 1.967e-05
## alternative hypothesis: true p is not equal to 0.5
## 95 percent confidence interval:
## 0.3693456 0.4515006
## sample estimates:
## p
## 0.4098074
```

Receiving personal psychotherapy (present or past)



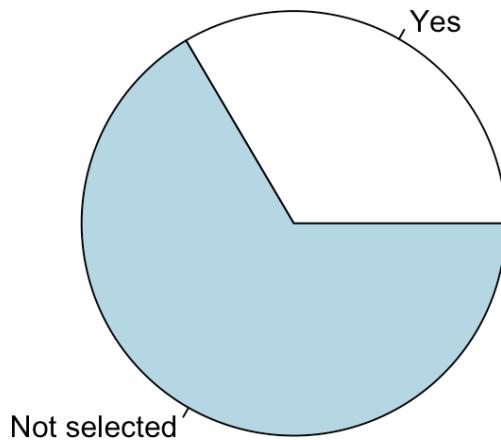
I am undertaking training in Psychotherapy on my own initiative

```
##
##      Yes Not selected
##      229          455
```

```
##
##      Yes Not selected
## 0.3347953 0.6652047
```

```
##
## 1-sample proportions test with continuity correction
##
## data: table(data_Europe$q_0005_S05A2), null probability 0.5
## X-squared = 74.013, df = 1, p-value < 2.2e-16
## alternative hypothesis: true p is not equal to 0.5
## 95 percent confidence interval:
##  0.2997308 0.3717431
## sample estimates:
##           p
## 0.3347953
```

Training in psychotherapy outside my training programme



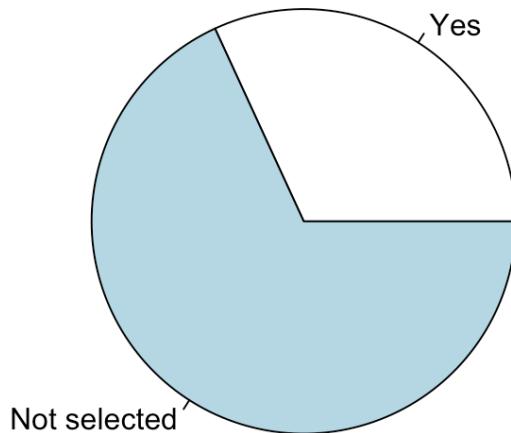
I am not undertaking any training in Psychotherapy

```
##
##      Yes Not selected
##      218          466
```

```
##
##      Yes Not selected
##  0.3187135   0.6812865
```

```
##  
## 1-sample proportions test with continuity correction  
##  
## data: table(data_Europe$q_0005_S05A3), null probability 0.5  
## X-squared = 89.194, df = 1, p-value < 2.2e-16  
## alternative hypothesis: true p is not equal to 0.5  
## 95 percent confidence interval:  
## 0.2841822 0.3553118  
## sample estimates:  
## p  
## 0.3187135
```

I am not undertaking any training in Psychotherapy



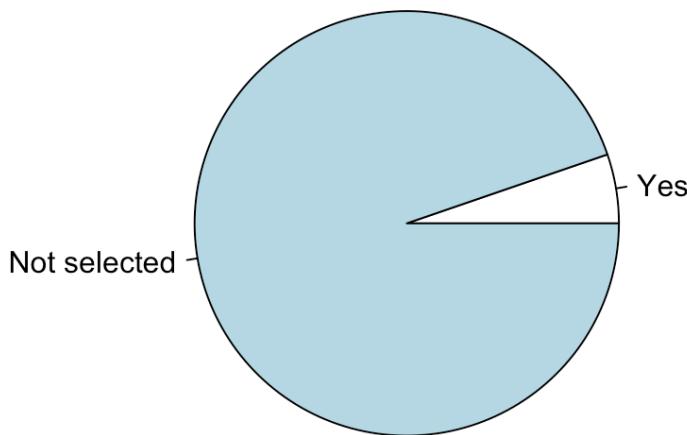
> Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##  
## Yes Not selected  
## 0.05263158 0.94736842
```

```
##  
## 1-sample proportions test with continuity correction  
##  
## data: table(data_Europe$q_0005_S05A4), null probability 0.5  
## X-squared = 545.79, df = 1, p-value < 2.2e-16  
## alternative hypothesis: true p is not equal to 0.5  
## 95 percent confidence interval:  
## 0.03763788 0.07283748  
## sample estimates:  
##  
## p  
## 0.05263158
```

Completed a full training in a Psychotherapy (past)



I am training in some modality of psychotherapy

```
##  
## FALSE TRUE  
## 329 355
```

```
##  
## FALSE TRUE  
## 0.4809942 0.5190058
```

```
##
## 1-sample proportions test with continuity correction
##
## data: (table(is.na(data_Europe$q_0006))), null probability 0.5
## X-squared = 0.91374, df = 1, p-value = 0.3391
## alternative hypothesis: true p is not equal to 0.5
## 95 percent confidence interval:
## 0.4430366 0.5191681
## sample estimates:
## p
## 0.4809942
```

Is psychotherapy important for your identity as a psychiatrist ?

```
##
##          Yes      No I don't know
##      508           27            17
```

```
##
##          Yes      No I don't know
## 0.92028986 0.04891304 0.03079710
```

```
##
## 1-sample proportions test with continuity correction
##
## data: k out of n, null probability 0.5
## X-squared = 388.35, df = 1, p-value < 2.2e-16
## alternative hypothesis: true p is not equal to 0.5
## 95 percent confidence interval:
## 0.8936684 0.9408718
## sample estimates:
## p
## 0.9202899
```

```
## [1] 508
```

```
## [1] 552
```

Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

```
##  
##      Yes       No  
## 0.8967391 0.1032609
```

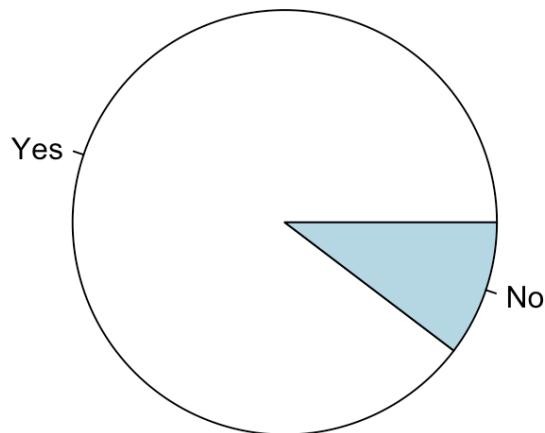
```
##  
## 1-sample proportions test with continuity correction  
##  
## data: table(data_Europe$q_0008), null probability 0.5  
## X-squared = 345.96, df = 1, p-value < 2.2e-16  
## alternative hypothesis: true p is not equal to 0.5  
## 95 percent confidence interval:  
##  0.8675556 0.9202450  
## sample estimates:  
##           p  
## 0.8967391
```

```
##  
## 1-sample proportions test with continuity correction  
##  
## data: k out of n, null probability 0.5  
## X-squared = 388.35, df = 1, p-value < 2.2e-16  
## alternative hypothesis: true p is not equal to 0.5  
## 95 percent confidence interval:  
## 0.8936684 0.9408718  
## sample estimates:  
## p  
## 0.9202899
```

```
## [1] 508
```

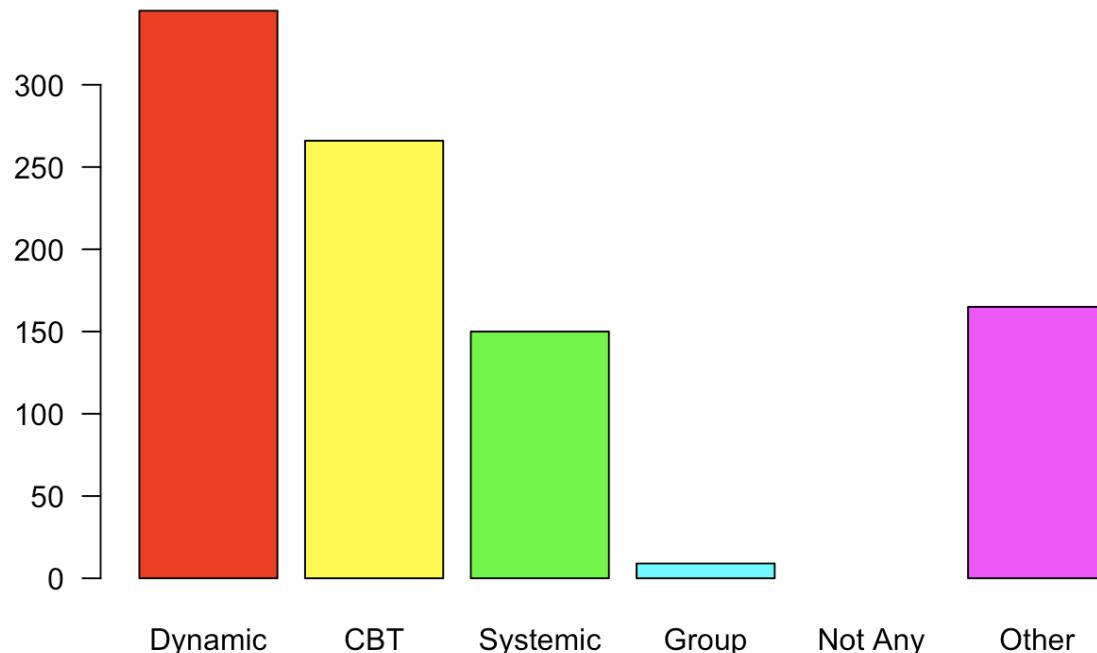
```
## [1] 552
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

Interested in this therapy



```
## 
##          0          1          2          3 
## 0.2865497 0.3888889 0.2368421 0.0877193
```

```
## [1] 0.6754386 0.3245614
```

```
## [1] 0.6754386
```

```
## [1] 0.3245614
```

```
## [1] 0.0000000 0.0000000 0.0000000 0.0000000 NA 0.2874564
```

“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”

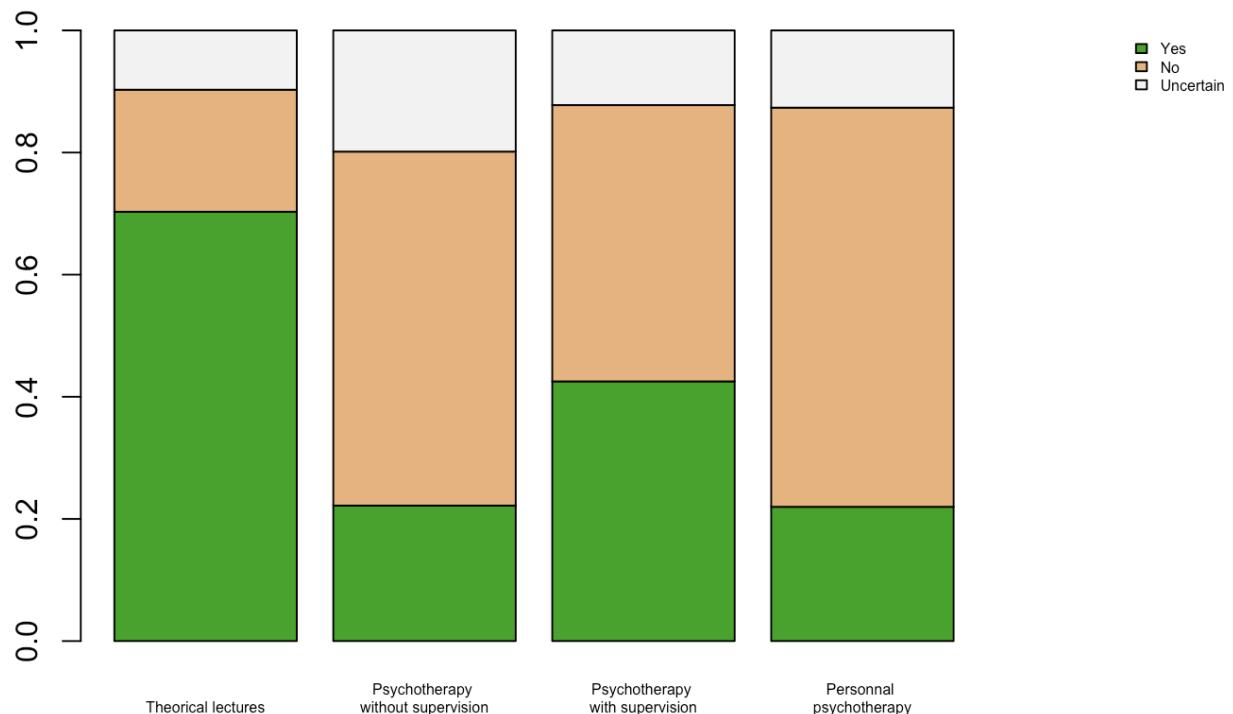
UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

```
##  
## 1-sample proportions test with continuity correction  
##  
## data: k out of n, null probability 0.5  
## X-squared = 84.008, df = 1, p-value < 2.2e-16  
## alternative hypothesis: true p is not equal to 0.5  
## 95 percent confidence interval:  
## 0.6610603 0.7416867  
## sample estimates:  
## p  
## 0.7029126
```

```
##  
## 1-sample proportions test with continuity correction  
##  
## data: k out of n, null probability 0.5  
## X-squared = 11.216, df = 1, p-value = 0.0008112  
## alternative hypothesis: true p is not equal to 0.5  
## 95 percent confidence interval:  
## 0.3823021 0.4693154  
## sample estimates:  
## p  
## 0.4252427
```

```
##  
## 1-sample proportions test with continuity correction  
##  
## data: k out of n, null probability 0.5  
## X-squared = 160.25, df = 1, p-value < 2.2e-16  
## alternative hypothesis: true p is not equal to 0.5  
## 95 percent confidence interval:  
## 0.1852833 0.2586742  
## sample estimates:  
## p  
## 0.2198444
```

The following experience in psychotherapy is a mandatory part of my training in Psychiatry

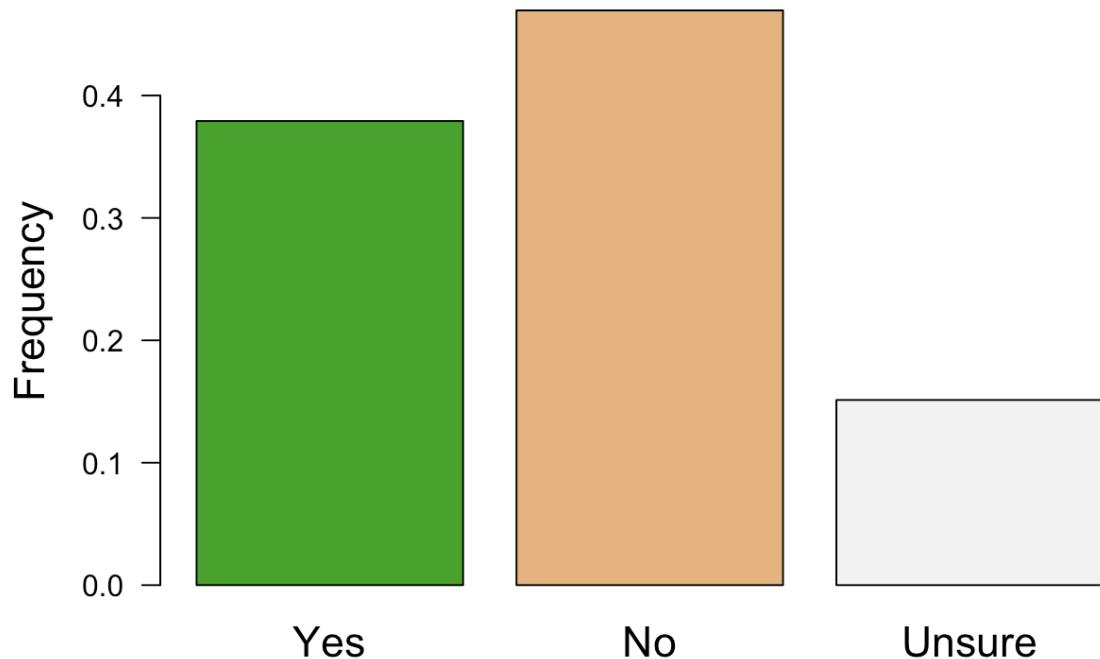


```
##           [,1]      [,2]      [,3]      [,4]
## Yes       0.70291262 0.2217899 0.4252427 0.2198444
## No        0.20000000 0.5797665 0.4524272 0.6536965
## Uncertain 0.09708738 0.1984436 0.1223301 0.1264591
```

```
##
##          Yes      No     Unsure
## 0.3791749 0.4695481 0.1512770
```

```
##
## 1-sample proportions test with continuity correction
##
## data: k out of n, null probability 0.5
## X-squared = 29.242, df = 1, p-value = 6.389e-08
## alternative hypothesis: true p is not equal to 0.5
## 95 percent confidence interval:
## 0.3371248 0.4230770
## sample estimates:
## p
## 0.3791749
```

Are you qualified to practice psychotherapy after your training ?



```
##  
##      Yes       No     Unsure  
## 0.3791749 0.4695481 0.1512770
```

What types of psychotherapy modalities are available for treatment of patients at your institution?

```
##  
##  
###  
##  
1  
##  
. psychodynamic psychotherapy; Group psychotherapy  
##  
1  
##  
"none"  
##  
1  
##  
"psychothérapie institutionnelle" psychodynamic family and marital group  
##  
1  
##  
ABA CBT Group psychotherapy Psihodinamic analysis  
##  
1  
##  
all  
##  
3  
##  
ALL except therapeutic community and existential psychotherapy  
##  
1  
##  
All of the options  
##  
1  
##  
all those mentioned above  
##  
1  
##  
analytic, behavioural, semi-analytic  
##  
1  
##  
At the moment we have group psychotherapy sessions.  
##  
1  
##  
At this moment I don't know.  
##  
1  
##  
BCT  
##
```

```
1
##
Behaviour therapy    CBT  Councelling
##
1
##
Bichevioral, group therapy, support, psychodynamic (unsure)
##
1
##
Brief Psychodynamic Psychotherapy, Counseling, Group Psychotherapy
##
1
##
Brief psychodynamic psychotherapies and psychodrama groups
##
1
##
CAT
##
1
##
CBT
##
13
##
CBT   Family therapy
##
1
##
cbt   dynamic
##
1
##
CBT   dynamic psychotherapy  group psychotherapy
##
1
##
CBT   Family  Psychodynamic Psychotherapy  ?
##
1
##
CBT, counselling, group psychotherapy, body-oriented psychotherapie, dialectic
behavioural therapy, systemic therapy, interpersonal therapy
##
1
##
CBT, Daseinsanalysis, psychoanalysis, Group psychotherapy, Satitherapy, Gestal
t
##
1
##
```

```
CBT, eriksonian
##
1
##
CBT, family therapy
##
1
##
CBT, family therapy, interpersonal therapy
##
1
##
CBT, family, art, dynamic, group, counselling, community
##
1
##
CBT, family, body-oriented (BBAT), counselling
##
1
##
CBT, group psychotherapy
##
1
##
CBT, Group Psychotherapy
##
1
##
CBT, Group Psychotherapy, psychodynamic
##
1
##
CBT, Group Therapy, Psychoeducation, EEG-biofeedback
##
1
##
CBT, Groups, Creative psychotherapy
##
1
##
CBT, integrative and gestalt.
##
1
##
CBT, interpersonal therapy
##
1
##
CBT, IPT, Group, DBT, Trauma,
##
1
##
```

```
CBT, Psichodynamic p.  
##  
1  
##  
CBT, psychodynamic  
##  
1  
##  
CBT, PSYCHODYNAMIC PSYCHOTHERAPY  
##  
1  
##  
Cbt, psychodynamic psychotherapy, family therapy, group therapy, body oriented  
therapy  
##  
1  
##  
CBT, Psychodynamic PsyTh  
##  
1  
##  
CBT, Psychodynamic, Family therapy, IPT, counselling  
##  
1  
##  
cbt, psychodynamic, family, group  
##  
1  
##  
CBT, psychodynamic, group, body-oriented, family  
##  
1  
##  
Cbt, psychodynamic, integrative, family therapy  
##  
1  
##  
CBT, Psychodynamic, IPT,  
##  
1  
##  
CBT, systemic, psychodynamic, group psychotherapy  
##  
1  
##  
CBT, GROUP PSYCH.  
##  
1  
##  
CGT / psychoanalysis / systeem / client centered  
##  
1
```

```
##  
City of Rovaniemi Mental Health Clinic: Psycodynamic-, kognitive-, trauma-, so  
lution-focused-psycghotherapies and family therapy. Mental Hospital near Rova  
niemi: Family therapy, cognitive- and psychodynamic-psychotherapy.  
##  
1  
##  
cognitive behavioural psychotarapy  
##  
1  
##  
Cogn.Behav.Th., Group Psychoth., Ther.community,  
##  
1  
##  
Cognitieve Behavioural, psychodynamic, integrative  
##  
1  
##  
Cognitive bahavioural and positive  
##  
1  
##  
cognitive beavioural therapy, family therapy, interpersonal therapy  
##  
1  
##  
Cognitive behavioral therapy  
##  
1  
##  
Cognitive Behavioral Therapy Psychodynamic Therapy Group Therapy Body-oriен  
ted  
##  
1  
##  
Cognitive behavioral Therapy Trauma Therapy  
##  
1  
##  
cognitive behavioral therapy, family and marital therapy.  
##  
1  
##  
Cognitive Behaviour Therapy; Psychodynamic pst, Gestalt pst, Jungian analytic  
pst, Group therapy, Therapeutic Community, Person centered pst  
##  
1  
##  
cognitive behavioural  
##  
2
```

```
##  
cognitive behavioural  psychodynamic  
##  
1  
##  
Cognitive Behavioural based Therapy, Family and Marital therapy  
##  
1  
##  
cognitive behavioural Therapy  
##  
9  
##  
COgnitive behavioural therapy  
##  
1  
##  
Cognitive Behavioural Therapy  Group Psychotherapy  
##  
1  
##  
Cognitive Behavioural Therapy  Group Psychotherapy  Family and Marital Therapy  
##  
1  
##  
cognitive behavioural therapy  group psychotherapy  mindfulness  
##  
1  
##  
cognitive behavioural therapy  interpersonal psychotherapy  group psychotherap  
y  
##  
1  
##  
Cognitive Behavioural Therapy  Psychodynamic Psychotherapy  Individual and Fam  
ily Counselling  Group Psychotherapy  Therapeutic Community  
##  
1  
##  
cognitive behavioural therapy  psychodynamic psychotherapy  systemic psychothe
```

```
rapie
##
1
##
Cognitive Behavioural Therapy,
##
2
##
Cognitive Behavioural Therapy, Family and Marital Therapy, Counselling, Psy
chodynamic Psychotherapy, Group Psychotherapy
##
1
##
Cognitive Behavioural Therapy, Brief Psychodynamic Psychotherapy
##
1
##
Cognitive Behavioural Therapy, Counselling
##
1
##
Cognitive Behavioural Therapy, Counselling, Group psychotherapy
##
1
##
Cognitive Behavioural Therapy, Counselling, Group Psychotherapy
##
2
##
Cognitive Behavioural therapy, Counselling, Group Psychotherapy.
##
1
##
Cognitive Behavioural Therapy, Counselling, Therapeutic Community
##
1
##
Cognitive Behavioural Therapy, Dialectic Behavioural Therapy, Trauma Therapy
##
1
##
cognitive behavioural therapy, family and marital therapy
##
1
##
Cognitive Behavioural Therapy, Family and Marital Therapy
##
1
##
Cognitive Behavioural Therapy, Family and Marital Therapy,
```

```
##  
cognitive behavioural therapy, family and marital therapy, counselling  
##  
1  
##  
Cognitive Behavioural Therapy, Family and Marital Therapy, Counselling, Group  
Psychotherapy.  
##  
1  
##  
Cognitive Behavioural Therapy, Family and Marital Therapy, Group Psychotherapy  
##  
1  
##  
Cognitive Behavioural Therapy, Family and Marital Therapy, Interpersonal Thera  
py and Group Psychotherapy are available for the patients, depending on the do  
ctor they have.  
##  
1  
##  
Cognitive Behavioural Therapy, Family and Marital Therapy, Interpersonal Thera  
py,  
##  
1  
##  
Cognitive Behavioural Therapy, Family and Marital Therapy, Interpersonal Thera  
py, Counselling, Group Psychotherapy,  
##  
1  
##  
Cognitive Behavioural Therapy, Family and Marital Therapy, Interpersonal Thera  
py, Group Psychotherapy, Therapeutic Community,  
##  
1  
##  
Cognitive Behavioural Therapy, Family and Marital Therapy, Group Psychotherapy  
##  
1  
##  
Cognitive Behavioural Therapy, Family Therapy  
##  
2  
##  
Cognitive Behavioural therapy, family therapy, group psychotherapy  
##  
1  
##  
cognitive behavioural therapy, gestalt therapy, group psychotherapy, therapeut  
ic community  
##  
1  
##
```

```
Cognitive Behavioural Therapy, Group Psychotherapy
##
2
##
Cognitive Behavioural Therapy, Group Psychotherapy,
##
1
##
Cognitive Behavioural Therapy, Group Therapie
##
1
##
Cognitive Behavioural Therapy, Interpersonal Therapy, Group Psychotherapy
##
1
##
cognitive behavioural therapy, interpersonal therapy, group psychotherapy
##
1
##
Cognitive Behavioural Therapy, Psychodynamic Psychotherapy
##
1
##
Cognitive behavioural therapy, Psychodynamic psychotherapy (both very limited
due to very few psychiatrists / psychologists practicing it)
##
1
##
Cognitive Behavioural Therapy, Psychodynamic Psychotherapy, Group Psychotherap
y
##
1
##
Cognitive Behavioural Therapy, suportive therapy
##
1
##
Cognitive Behavioural Therapy, Supportive Therapy, Psychoeducation, EEG-biofee
dback, Group Therapy
##
1
##
Cognitive Behavioural Therapy, Existential Psychotherapy
##
1
##
Cognitive Behavioural Therapy, Group Psychotherapy
##
1
##
Cognitive Behavioural Therapy, Interpersonal Therapy, Counselling,
```

```

##  

1  

##  

Cognitive Behavioural, Family, Group  

##  

1  

##  

Cognitive Behavioural, Group Psychotherapy.  

##  

1  

##  

cognitive behavioral therapy psychodynamic therapy group therapy  

##  

1  

##  

Cognitive therapy for the eating disorders patients. Other than that: none tha-
t I know.  

##  

1  

##  

Cognitive-behavioral, Family, Group psychoterapy  

##  

1  

##  

Cognitive-behavioural therapy, Art therapy, Positive psychotherapy, PSYCHODRAMA  

A METHOD /we are best at this method in our institution, especially MONODRAMA,  

we have one of the best clinical psychologists trained particularly with great  

emphasis in this technique; we have developed our original theory and practice  

of applying PSYCHODRAMA in the psychotherapy of schizophrenic patients./] grou-
p psychotherapy, emphatic psychotherapy /also one of our original inventions/,  

you cannot imagine the astonishing results accomplished with this unconvention-
al altruistic technique among all kinds of psychiatric patients ranging from a  

nxiety and affective disorders through substance addictions and psychotic diso-
rders, especially for florid mania syndromes.  

##  

1  

##  

cognitive-behavioural, family and marital therapy  

##  

1  

##  

cognitive, psychoanalytic, systemic, client-centered  

##  

1  

##  

Cognitive, systemic, interpersonal therapy  

##  

1  

##  

cognitive, systemique, psychodynamique  

##  

1

```

```
##  
Counseling. Other modalities as well, but am not sure which ones.  
##  
1  
##  
counselling  
##  
2  
##  
Counselling  
##  
4  
##  
counselling, adlerian therapy for children, CBT, family therapy  
##  
1  
##  
Counselling, Cognitive Behavioural Therapy.  
##  
1  
##  
counselling, group psychotherapy  
##  
1  
##  
Counselling, Group Psychotherapy, Existential Psychotherapy, Cognitive Behavioural Therapy.  
##  
1  
##  
Counselling, Psychodynamic Psychotherapy, Group Psychotherapy  
##  
1  
##  
Counselling, Cognitive Behavioural Therapy, Interpersonal Therapy, Psychodynamic Psychotherapy  
##  
1  
##  
Counselling, Group Psychotherapy,  
##  
1  
##  
Counselling, group,  
##  
1  
##  
Counselling.  
##  
1  
##  
counselling
```

```
##  
1  
##  
couselling,Cognitive Behavioural Therapy  
##  
1  
##  
Crisis intervention, psychodynamic psychotherapia,counselling.  
##  
1  
##  
dialectical behavioral therapy, counselling  
##  
1  
##  
different types: behavior, psychodynamic, system  
##  
1  
##  
DKT, CBT, Traumatherapies, cOgnitive remediatibe therapy, C-Basp etc.  
##  
1  
##  
Doing a PhD at the moment,so no clinical contact;prior hospitals have offered  
group CBT and individual systemic therapy  
##  
1  
##  
Dynamic CBT  
##  
1  
##  
dynamic group psychotherapy, cognitive-behavioural  
##  
1  
##  
Dynamic, cbt, family, group  
##  
1  
##  
dynamic, cbt, ipt, cat, family  
##  
1  
##  
Dynamic, family, group, cbt  
##  
1  
##  
dynamic, group, family, CBT, motivational interw., hypnosis, gestalt, body-ori  
ented, systemic, etc.  
##  
1
```

```
##  
Existential psih.  
##  
1  
##  
Existential; CBT; Hypnosis  
##  
1  
##  
familial and marital psychodynamic cognitive behavioural  
##  
1  
##  
Family /Sistemic Therapy or Cognitive Behavioural Therapy are available for treatment of patients at my hospital  
##  
1  
##  
Family and group psychotherapy  
##  
1  
##  
Family and Marital Psychotherapy, Psychodynamic Psychotherapy.  
##  
1  
##  
family and marital therapy  
##  
1  
##  
family and marital therapy cognitive behavioural therapy group psychotherapy  
##  
1  
##  
Family and Marital Therapy Group Psychotherapy  
##  
1  
##  
Family and Marital Therapy, Group Psychotherapy  
##  
1  
##  
Family and Marital Therapy, Therapeutic Community, Group Psychotherapy,  
##  
1  
##  
Family and Marital Therapy,Psychodynamic Psychotherapy  
##  
1  
##  
family and marital,cognitive behavioural,psychodynamic  
##
```

```
1
##
family therapy
##
1
##
Family therapy, CBT
##
1
##
family therapy, psychodynamic / psychoanalytic, trauma, cognitive
##
1
##
Family treatment Cognitive psychoterapy Psychodinamic p.
##
1
##
Family-systemic, Cognitive Behavioural
##
1
##
Generally, there are some modalities available (e.g. Cognitive Behavioural therapy, family and marital therapy) but non of all is used regulary in everyday practice.
##
1
##
Gestalt and psychodynamic
##
1
##
cognitive behavioural therapy,psychodynamic psychotherapy
##
1
##
group
##
1
##
group analitic therapy and analitic individual therapy
##
1
##
Group analysis, emdr
##
1
##
group psychodynamic, CBT, family...Many diferent types.
##
1
##
```

```
Group Psychotherapy.  
##  
1  
##  
group psychotherapy  
##  
1  
##  
Group psychotherapy  
##  
2  
##  
Group Psychotherapy - but it is not regular  
##  
1  
##  
Group psychotherapy Cognitive Behavioural Therapy  
##  
1  
##  
Group Psychotherapy,  
##  
1  
##  
group psychotherapy, CBT  
##  
1  
##  
Group Psychotherapy, Counselling  
##  
1  
##  
Group Psychotherapy, Family Therapy  
##  
1  
##  
Group psychotherapy, Therapeutic community  
##  
1  
##  
Group Psychotherapy, Therapeutic Community  
##  
2  
##  
Group psychotherapy, Therapeutic Community, Family Therapy  
##  
1  
##  
Group psychotherapy Counselling Cognitive behavioral therapy  
##  
1  
##
```

```
group therapy
##
1
##
Group therapy
##
1
##
Group therapy for addiction patients
##
1
##
group therapy, Cognitive Behavioral Therapy
##
1
##
group therapy; CBT
##
1
##
group, behaviour, confrontation
##
1
##
group, counselling
##
1
##
Group, family, interpersonal therapy, therapeutic community
##
1
##
Group, psychodynamic
##
1
##
Group, psychodynamic, community.
##
1
##
Group/individual; counselling, supportive, family-marital, interpersonal.
##
1
##
I cannot say precisely, because I don't know what psychotherapists work in my
hospital.
##
1
##
I don't know
##
1
```

```
##  
I don't know yet  
##  
1  
##  
I don't know yet, as I don't know where I will work...  
##  
1  
##  
I don\\'t know.  
##  
1  
##  
I dont know, but I whant to learn cognitive behavioural therapy  
##  
1  
##  
In the hospital where I am training are no psychotherapy modalities available  
because or medica sistem does not cover the expences with that, so people can  
not afford it. Besides the educational and cultural level in my country is sti  
ll far from accepting a psychiatrist as part of a normal health process.  
##  
1  
##  
individual / group psychotherapy;  
##  
1  
##  
INDIVIDUAL AND GROUP PSYCHOTHERAPY  
##  
1  
##  
individual and groupal psychodynamic psychotherapy, constructivist psychothera  
py  
##  
1  
##  
instutitionnal systemic cognitive and comportemental brief therapy  
##  
1  
##  
Integrative psychotherapy.  
##  
1  
##  
Integrative, CBT, psychodynamic, counselling, gestalt  
##  
1  
##  
Interpersonal Psychotherapy  
##  
1
```

```
##  
interpersonal therapy  
##  
1  
##  
Interpersonal Therapy, Counselling  
##  
1  
##  
Interpersonal Therapy, Existential Psychotherapy  
##  
1  
##  
Interpersonal Therapy, Group Psychotherapy, Therapeutic Community  
##  
1  
##  
it depends on the institution: sometimes CBT, family therapy or psychodynamic  
therapy, sometimes no one.  
##  
1  
##  
KBT, Gestalt, Family PT, systematic. th.,  
##  
1  
##  
KBT, Gestalt, imaginative  
##  
1  
##  
KBT, SUR, psychoeducation, Family and Marital Therapy, Counselling  
##  
1  
##  
mentalisation based treatment, CBT, DBT  
##  
1  
##  
Mindfulness group, body oriented psychotherapy, group psychotherapy, family th  
erapy, psychodynamic psychotherapy, Cognitive behavioural therapy  
##  
1  
##  
Mostly psychodynamic, maybe a bit CBT.  
##  
1  
##  
N  
##  
1  
##  
no one
```

```
##  
2  
##  
No one, only supporting psychotherapy!!!  
##  
1  
##  
No problem.  
##  
1  
##  
No psychotherapy at all, but measures taking influences from psychodynamics, CBT, dialectical behavior therapy, interpersonal, group, acceptance and commitment therapy and relaxation training and body-oriented therapy. Also systemic and MDFT influences. Psychotherapy per se is not available in the university hospital; it's outsourced.  
##  
1  
##  
No species  
##  
1  
##  
none  
##  
33  
##  
None  
##  
19  
##  
NONE  
##  
2  
##  
None at the moment...  
##  
1  
##  
None unfortunately. Supportive psychotherapy.  
##  
1  
##  
None.  
##  
1  
##  
none. also, in Romania, psychotherapy is not payed by medical insurance  
##  
1  
##  
None. But some psychiatrists are trained psychotherapists and do psychotherapy
```

on a individual basis, not as a par of hospital program.

1

None... However when individually a psychiatrist is also a trained psychotherapist, they can treat their patients in any model they like. However most of the psychiatrists in our hospital are not trained in psychotherapists.

1

Not aware of the kinds.

1

nothing for real

1

only the one in which the senior psychiatrists are trained in, mostly cognitive therapy

1

Psicodinamica

1

Psicodinamica. Cognitivo-comportamentale

1

psychodynamic, CBT, PE, supportive, crisis intervention, less family

1

psychanalyse, family therapy, cognitive behavioural therapy, interpersonal psychotherapy

1

psychoanalisis, CBT, group psychotherapy, family and marital therapy, counseling, therapeutic community,

1

psychoanalysis, cognitive behavioural therapy, family and marital therapy, body-oriented psychotherapy

1

psychoanalysis, dynamic psychotherapy, group psychotherapy, family and marital therapy

```
##  
1  
##  
psychoanalysis, systemic therapies  
##  
1  
##  
Psychoanalytical/dynamic, CBT and family therapy are aknowledged methods. Many  
psychiatrists at institutsion I are appropriately trained to practice three fo  
rms.  
##  
1  
##  
psychodinamic psychotherapy - but only for few patients  
##  
1  
##  
Psychodinamic Psychotherapy, Family and Marital Therapy, Group Psychotherapy  
##  
1  
##  
Psychodinamic, Cognitive Behavioural Therapy and Group Psychotherapy  
##  
1  
##  
Psychodonamic, group  
##  
1  
##  
Psychodymnamic Psychotherapy, Family and Marital Therapy (systemic), Group Psy  
chotherapy  
##  
1  
##  
psychodynamic  
##  
2  
##  
Psychodynamic CBT Group therapy systemic  
##  
1  
##  
psychodynamic group cbt dbt  
##  
1  
##  
psychodynamic Group : psychodrame family therapy  
##  
1  
##  
Psychodynamic (Psychoanalytic) Psychotherapy Cognitive Behavioural Psychother  
apy Family / Systemic Therapy Group modalities of psychotherapies
```

```
##  
1  
##  
Psychodynamic P., CBT, Family Therapy, Group Psychotherapy, Therapeutic Commu  
nity  
##  
1  
##  
psychodynamic ps., cognitive beh.,family and marital th.,group ps.,ther. commu  
nity th.  
##  
1  
##  
Psychodynamic psychotherapy, art therapies (music, dance, art).  
##  
1  
##  
Psychodynamic Psychotherapy, Cognitive-Behavioural Therapy  
##  
1  
##  
Psychodynamic Psychotherapy Family and Marital Therapy  
##  
1  
##  
psychodynamic psychotherapy  
##  
2  
##  
Psychodynamic psychotherapy  
##  
1  
##  
Psychodynamic Psychotherapy  
##  
6  
##  
psychodynamic psychotherapy cbt  
##  
1  
##  
psychodynamic psychotherapy CBT group therapy family therapy  
##  
1  
##  
Psychodynamic Psychotherapy Cognitive Behavioral Therapy Group Therapy  
##  
1  
##  
Psychodynamic Psychotherapy Cognitive Behavioural Therapy  
##  
1
```

```
##  
Psychodynamic Psychotherapy Cognitive Behavioural Therapy Family and Marital  
Therapy Interpersonal Therapy Relaxational Therapy  
##  
1  
##  
Psychodynamic psychotherapy , family therapy, cognitive therapy , counseling,  
##  
1  
##  
Psychodynamic Psychotherapy, Group Psychotherapy,  
##  
1  
##  
Psychodynamic psychotherapy, CBT, cognitive-analytic therapy, dialectical beha  
vioral therapy, different forms of group psychotherapy  
##  
1  
##  
Psychodynamic Psychotherapy, CBT, Counselling, Group Psychotherapy, Psychother  
apy through art, psychodrama etc.  
##  
1  
##  
Psychodynamic psychotherapy, cognitive behavioural therapy, counselling, group  
psychotherapy.  
##  
1  
##  
Psychodynamic psychotherapy, Cognitive behavioral psychotherapy  
##  
1  
##  
Psychodynamic psychotherapy, cognitive behavioral psychotherapy,therapeutic co  
mmunity, but mostly provided by psychologists.  
##  
1  
##  
Psychodynamic Psychotherapy, Cognitive behavioural psicotherapy  
##  
1  
##  
Psychodynamic psychotherapy, cognitive behavioural psychotherapy, family and m  
arital therapy, group psychotherapy  
##  
1  
##  
Psychodynamic psychotherapy, cognitive behavioural therapy  
##  
1  
##  
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy
```

```
##  
8  
##  
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy,  
##  
1  
##  
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Gestalt Therapy.  
##  
1  
##  
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Body-oriented Psychotherapy  
##  
1  
##  
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, counselling  
##  
1  
##  
Psychodynamic Psychotherapy, Cognitive Behavioural therapy, Counselling, Group Psychotherapy  
##  
1  
##  
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Counselling, Group Psychotherapy  
##  
1  
##  
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Counselling, Group Psychotherapy, Body-oriented Psychotherapy  
##  
1  
##  
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Counselling, Group Psychotherapy, Therapeutic Community,  
##  
1  
##  
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family Therapy  
##  
1  
##  
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital Therapy  
##  
7  
##  
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital Therapy psychotherapy service is separated from the psychiatric service and belongs to the clinical psychology department (we share only a few patients, m
```

```
ostly eating disorders)
##
1
##
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital
Therapy,
##
2
##
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital
Therapy, Counselling,, Group Psychotherapy
##
1
##
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital
Therapy, Group Psychotherapy,
##
1
##
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital
Therapy, Art Therapy, Body-oriented Psychotherapy, Group Psychotherapy, Therap
eutic Community
##
1
##
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital
Therapy, Body-oriented Psychotherapy, Group Psychotherapy, Client centered the
rapy
##
1
##
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital
Therapy, Brief therapies
##
1
##
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital
Therapy, Counselling, Gestalt Therapy, Group Psychotherapy,
##
1
##
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital
Therapy, Counselling, Group Psychotherapy, Therapeutic Community
##
1
##
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital
Therapy, Counselling,Group Psychotherapy, Therapeutic Community, Brief Intensi
ve Psychodynamic Psychotherapy, Cognitive Analytic Therapy
##
1
##
```

Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital Therapy, Gestalt Therapy, Existential Psychotherapy.

##

1

##

Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital Therapy, Group Psychotherapy

##

2

##

Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital Therapy, Group Psychotherapy, Counselling

##

1

##

Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital Therapy, Group Psychotherapy, Interpersonal Therapy

##

1

##

Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital Therapy, group therapy

##

1

##

Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital Therapy, Interpersonal Therapy, Counselling, Group Psychotherapy

##

1

##

Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital Therapy, Interpersonal Therapy, Counselling, Gestalt Therapy, Group Psychotherapy,

##

1

##

Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital Therapy, Interpersonal Therapy, Counselling, Gestalt Therapy, Group Psychotherapy, Therapeutic Community

##

2

##

Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital Therapy, Interpersonal Therapy, Counselling, Gestalt Therapy, Group Psychotherapy, Therapeutic Community, Body-oriented Psychotherapy, Existential Psychotherapy, etc.

##

1

##

Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital Therapy, Interpersonal Therapy, Counselling, Group Psychotherapy

##

```
2
##
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital
Therapy, Interpersonal Therapy, Counselling, Group Psychotherapy, Therapeutic
Community, Body-oriented Psychotherapy, Existential Psychotherapy.
##
1
##
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital
Therapy, Interpersonal Therapy, Gestalt Therapy, Group Psychotherapy
##
1
##
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital
Therapy, Interpersonal Therapy, Group Psychotherapy, Body-oriented Psychothera
py
##
1
##
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital
Therapy, Interpersonal Therapy, Group Psychotherapy, Mindfulness,
##
1
##
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital
Therapy, Interpersonal Therapy,Group Psychotherapy,
##
1
##
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital
Therapy, Interpersonal Therapy. Group Psychotherapy, Therapeutic Community
##
1
##
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital
Therapy,Counselling
##
1
##
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital
Therapy,Group Psychotherapy
##
1
##
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital
Therapy,Group Psychotherapy,
##
2
##
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital
Therapy.
##
```

```
1
##
Psychodynamic psychotherapy, cognitive behavioural therapy, family systemic th
erapy
##
1
##
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family Therapy, Co
unselling, Group Psychotherapy, Existential Psychotherapy, Playing therapy
##
1
##
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Gestalt Therapy, G
roup Psychotherapy, Therapeutic Community
##
1
##
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Group Psychotherap
y
##
4
##
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Group Psychotherap
y,
##
1
##
Psychodynamic psychotherapy, cognitive behavioural therapy, interpersonal ther
apy
##
1
##
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Therapeutic Commun
ity,
##
1
##
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, and group therapy
##
1
##
Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Group Psychotherapy
##
1
##
psychodynamic psychotherapy, cognitive behavioural, counselling, group psychot
herapy
##
1
##
psychodynamic psychotherapy, cognitive behavioral therapy
##
```

```
1
##
psychodynamic psychotherapy, cognitive therapy, behavioral therapy, family therapy
##
1
##
Psychodynamic Psychotherapy, Counselling, Family and Systematic Therapy, not sure of any others
##
1
##
Psychodynamic Psychotherapy, Counselling, Group Psychotherapy, Therapeutic Community, Family and Systemic Therapy
##
1
##
Psychodynamic Psychotherapy, Family and Marital Therapy
##
1
##
Psychodynamic Psychotherapy, Family and Marital Therapy, Counselling, Group Psychotherapy, Therapeutic Community
##
1
##
Psychodynamic Psychotherapy, Family and Marital Therapy, Group Psychotherapy, Therapeutic community
##
1
##
psychodynamic psychotherapy, family and marital therapy, systemic therapy
##
1
##
psychodynamic psychotherapy, family therapy
##
1
##
Psychodynamic Psychotherapy, Family Therapy, Behavioural Therapy, Therapeutic Community
##
1
##
Psychodynamic Psychotherapy, Family Therapy, Group therapy
##
1
##
psychodynamic psychotherapy, Family therapy, group therapy, cbt
##
1
##
```

```
Psychodynamic Psychotherapy, Group Psychotherapy
##
4
##
psychodynamic psychotherapy, some kind of no regular Family Therapy.
##
1
##
Psychodynamic Psychotherapy,Cognitive Behavioural Therapy
##
1
##
psychodynamic psychotherapy,Cognitive Behavioural Therapy, Family and Marital
Therapy,Group Psychotherapy
##
1
##
Psychodynamic Psychotherapy,Group Psychotherapy
##
1
##
Psychodynamic Psychotherapy,Group Psychotherapy, Counselling,
##
1
##
psychodynamic psychotherapy. family and marital psychotherapy
##
1
##
psychodynamic psychotherapy. marital and familial psychotherapy.
##
1
##
Psychodynamic therapy, cognitive behavioural therapy and interpersonal therapy
, family and marital therapy, counceling, group psychoterapy
##
1
##
Psychodynamic, group ,CBT
##
1
##
psychodynamic, CBT, body oriented, group
##
1
##
psychodynamic, CBT, family
##
1
##
Psychodynamic, CBT, Family therapy, counseling,
##
```

```
1
##
psychodynamic, CBT, family/marital treatments, group therapy. not sure about other types.
##
1
##
Psychodynamic, cbt, group, dbt, family
##
1
##
Psychodynamic, cognitive
##
1
##
Psychodynamic, Cognitive behavioural
##
1
##
psychodynamic, cognitive behavioural therapy, group psychotherapy, therapeutic community
##
1
##
Psychodynamic, Cognitive Behavioural, Family Therapy, Interpersonal therapy, Group Therapy, Therapeutic community
##
1
##
psychodynamic, cognitive behavioural, family, counselling
##
1
##
psychodynamic, cognitive therapy
##
1
##
psychodynamic, cognitive-bahavioural
##
1
##
Psychodynamic, cognitive-behavioral
##
1
##
Psychodynamic, supportive, CBT, family, group
##
1
##
psychodynamie, cognitive behavioural, family, group, hypnose
##
1
```

```

##  

psychodynamic, CBT, famil and marital, group  

##  

1  

##  

Psychodynamic Psychotherapy, Family and Marital Therapy, Group Psychotherapy  

##  

1  

##  

psychoeducation, group therapy, art therapy  

##  

1  

## Psychotherapy is not in general given at the hospitals or out-patient clinics (where doctors are trained) but patients are advised to find therapy through the private sector. Many psychotherapists that practice in the private sector have sought and been given proof of fulfilling certain specified requirements for their patients to be entitled to a certain degree of (partial) public funding for up to 2 or 3 years therapy. The funding is granted through a process of annual applications that has to be supported by an evaluation conducted by a psychiatrists and a statement by the psychiatrist and the psychotherapist. The application has to go through a formal approval process conducted by the national funding body. Some patients may receive funding for psychotherapy through their private insurance (less common) and again some may have the opportunity to choose to pay for themselves. Younger children may also be granted funding for therapy through the hospital/health services (that have public funded through tax money).  

##  

1  

##  

psycodinamic, family therapy, Group Psychotherapy  

##  

1  

##  

Psycodynamic  

##  

1  

##  

q  

##  

1  

##  

qweqwe  

##  

1  

##  

sincerely i don 't know because i didn't saw any of it applied, i think the discussions we have with patients may be considered some kind of therapy  

##  

1  

##  

Specific rotation : in prison, so limited  

##

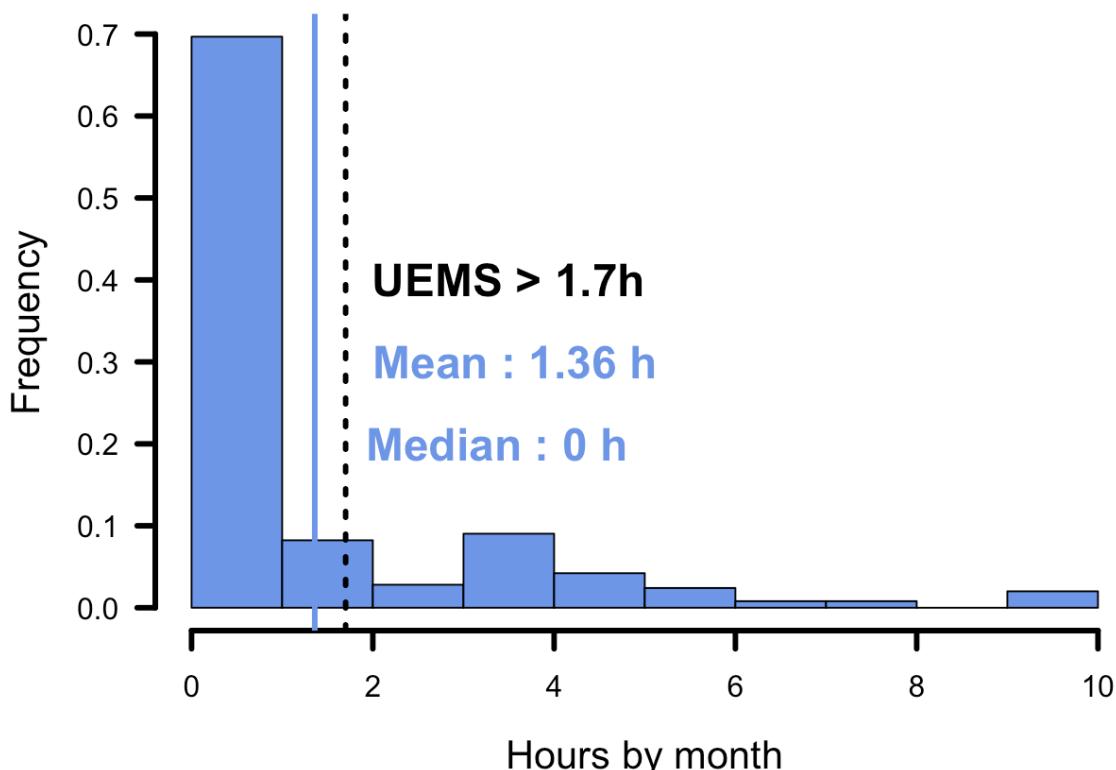
```

```
1
##
Support therapy, CBT, Therapeutic community
##
1
##
supportive psychotherapy, family therapy, 6-week group psychotherapy
##
1
##
Supportive therapy. Most of the psychotherapy is conducted in the private sector and the hospital buys those services.
##
1
##
systemic/family
##
1
##
the types as described above
##
1
##
Therapeutic Community,
##
1
##
Therapeutic Community, Counselling, some Group. Unsure about the others.
##
1
##
therapeutic community, group psychotherapy
##
1
##
Therapeutic Community,Cognitive Behavioural Therapy
##
1
##
There are no types of psychotherapies supported by the State and provided for patients at the teaching hospital where we train.
##
1
##
to much psycho analysis, to little cognitive behavior therapy and too little systemic approach. There is no insight in the differentiation between ADHD and dissociative disorders, cultural adaptations and dealing with spiritual problems. The most difficult patients were referred to centers for mental health care and also long-term follow up was not really done, making a candidate less experienced in the most difficult issues
##
1
```

```
##
Various, I do not have a complete list and work In several institutions
##
1
##
Verhaltenstherapie
##
1
##
Very limited access to CBT in one of the day-care centers belonging to our hospital.
##
what you want, if i know how to do. In France when we finish the studies, officially we are able to be a "psychothérapist", but I Thing we need more knowledge about a therapy in particular to use it for a patient. But I Know some stuff about Psychodynamic Psychotherapy, Cognitive Behavioural Therapy, Family and Marital Therapy, Interpersonal Therapy, Group Psychotherapy
##
1
```

How many hours of supervision

Repartition of the hours of supervision in Europe



```
## [1] 0
```

```
## [1] 1.161096 1.557780
```

UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(data_Europe$q_0015)
```

```
##  
## a form of supervision consisting of the discussion of a clinical case with  
the care-givers' equipe (opsychiatrists, nurses, social assistants..)and a ps  
ychodinamic psychotherapist, focusing on the equipe dinamics in the care proc  
ess of that case  
##  
1  
##  
A group supervision of the therapeutic team  
##  
1  
##  
By e mail  
##  
1  
##  
Consultation  
##  
1  
##  
dayli discussion with elder psychiatriste  
##  
1  
##  
discussion with other practician  
##  
1  
##  
external and not only internal of the institution  
##  
1  
##  
General talking about training, eventual troubles, questions etc. with our men  
tore  
##  
1  
##  
hours of supervision the work with clients in my personal trainee - person cen  
tered therapy  
##  
1  
##  
I am do  
##  
1  
##  
I don't knoe the amount of hours per each question...sorry  
##  
1  
##  
I have supervision once per month.  
##
```

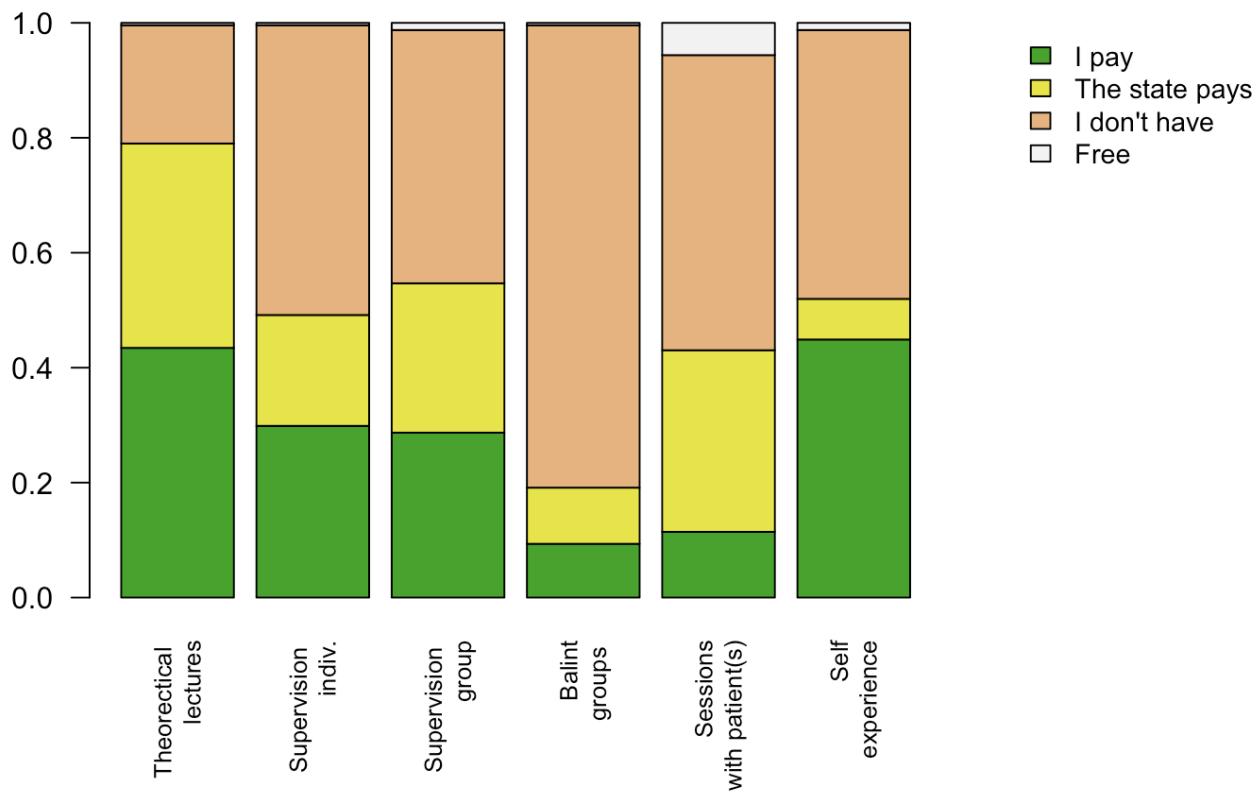
```

1
##
I regularly talk about patients and their treatment with my mentor. We discuss
how to motivate them for cooperation, and taking medicines.
##
1
##
most of the training is already finished, other is in modules and supervision
is once in a while
##
1
##
Role play
##
1
##
sharing difficult cases with workmates
##
1
##
summer course in CBT
##
1
##
Supervision of cases during the PT training hold in group (ad 6 people)
##
1
##
supervision of team-working proceeds
##
1
##
supervision with other members of my ward, not directed at psychotherapy but w
orking in general
##
1
##
The team of the department where I am working is meeting once a week for ca 2
hours to talk about patients, I consider this a supervision
##
1

```

Who pays?

Who pays?



```
##
##           I pay State / 3rd party pays      I don't have it
##          0.434511435          0.355509356          0.205821206
##           It is FREE
##          0.004158004
```

```
##
## 1-sample proportions test with continuity correction
##
## data: k out of n, null probability 0.5
## X-squared = 39.593, df = 1, p-value = 3.129e-10
## alternative hypothesis: true p is not equal to 0.5
## 95 percent confidence interval:
##  0.3130282 0.4003355
## sample estimates:
##        p
## 0.3555094
```

```
##
##           I pay State / 3rd party pays      I don't have it
##          0.434511435          0.355509356          0.205821206
##           It is FREE
##          0.004158004
```

```
##
## 1-sample proportions test with continuity correction
##
## data: k out of n, null probability 0.5
## X-squared = 7.9917, df = 1, p-value = 0.004699
## alternative hypothesis: true p is not equal to 0.5
## 95 percent confidence interval:
## 0.3898857 0.4801992
## sample estimates:
##          p
## 0.4345114
```

```
##
##           I pay State / 3rd party pays      I don't have it
##           0.28690229          0.25987526          0.44074844
##           It is FREE
##           0.01247401
```

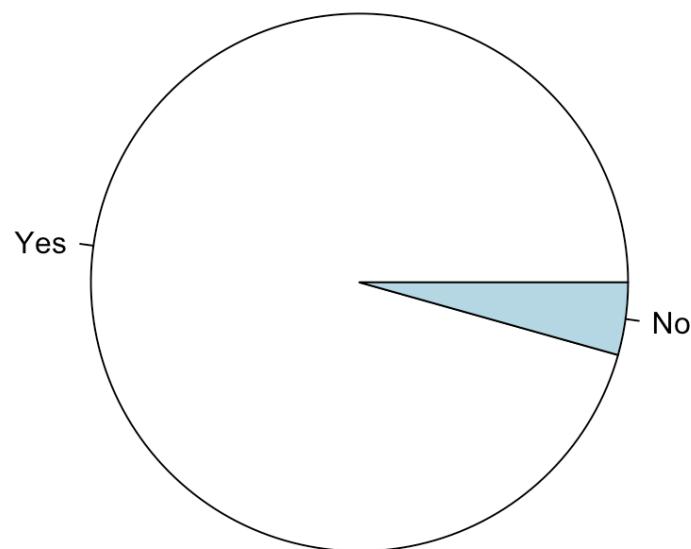
```
##
## 1-sample proportions test with continuity correction
##
## data: k out of n, null probability 0.5
## X-squared = 109.98, df = 1, p-value < 2.2e-16
## alternative hypothesis: true p is not equal to 0.5
## 95 percent confidence interval:
## 0.2217129 0.3019431
## sample estimates:
##          p
## 0.2598753
```

Would you train for free?

```
##
##           Yes          No
##           0.95643154  0.04356846
```

```
##
## 1-sample proportions test with continuity correction
##
## data: table(data_Europe$q_0017), null probability 0.5
## X-squared = 399.84, df = 1, p-value < 2.2e-16
## alternative hypothesis: true p is not equal to 0.5
## 95 percent confidence interval:
## 0.9330872 0.9721566
## sample estimates:
##          p
## 0.9564315
```

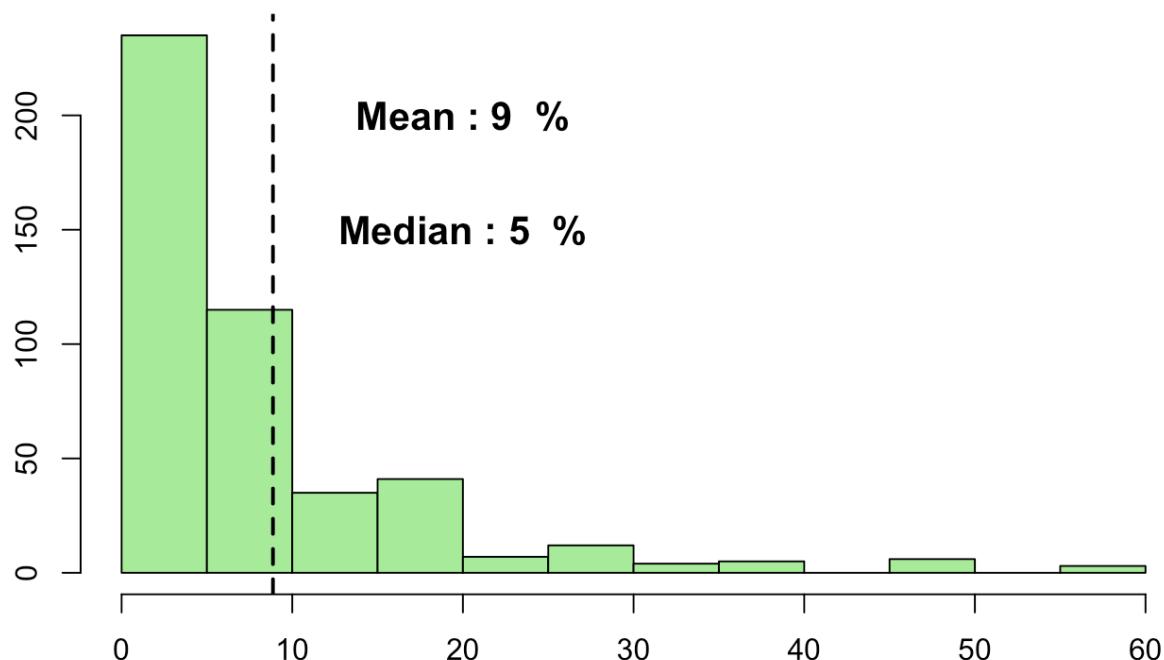
Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

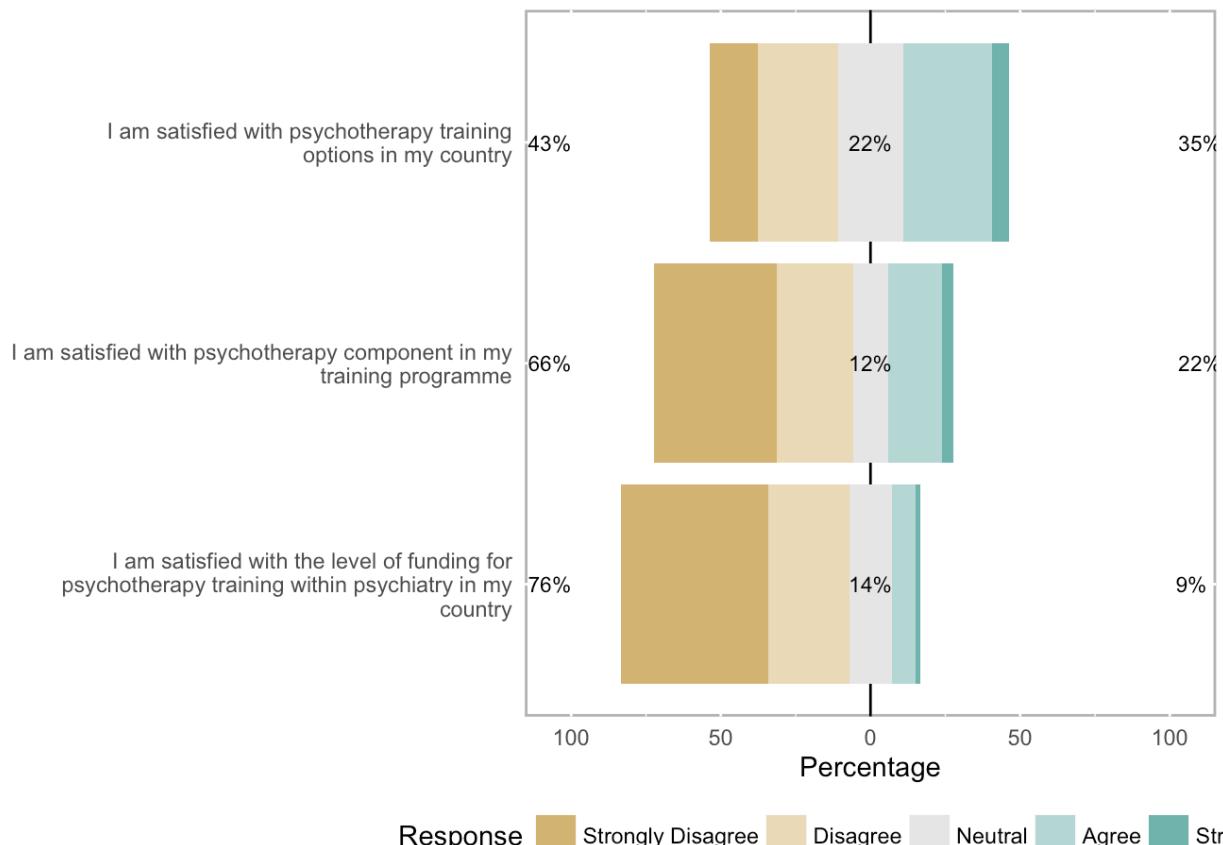
How much would you invest in psychotherapy training ?

% of annual salary for psychotherapy training

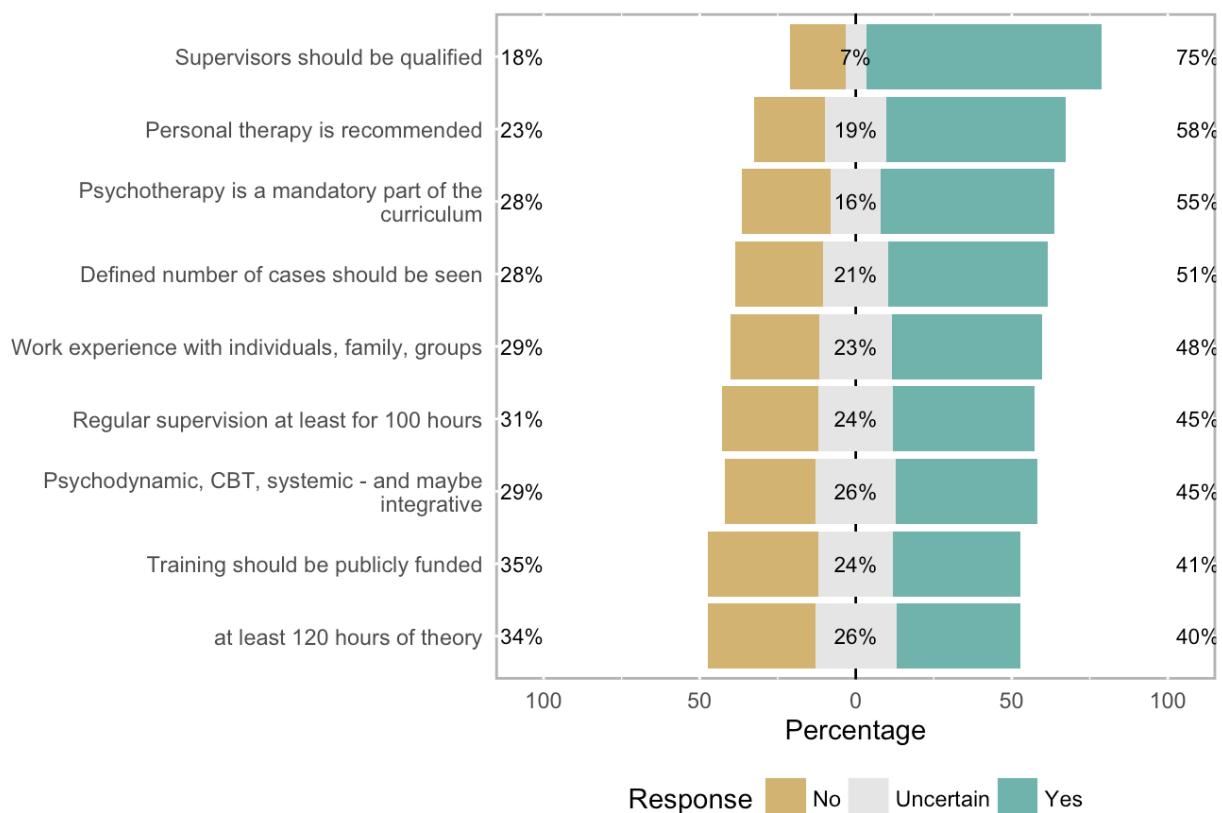


our annual salary do you intend to spend on funding your psychotherapy training In the

Satisfaction group

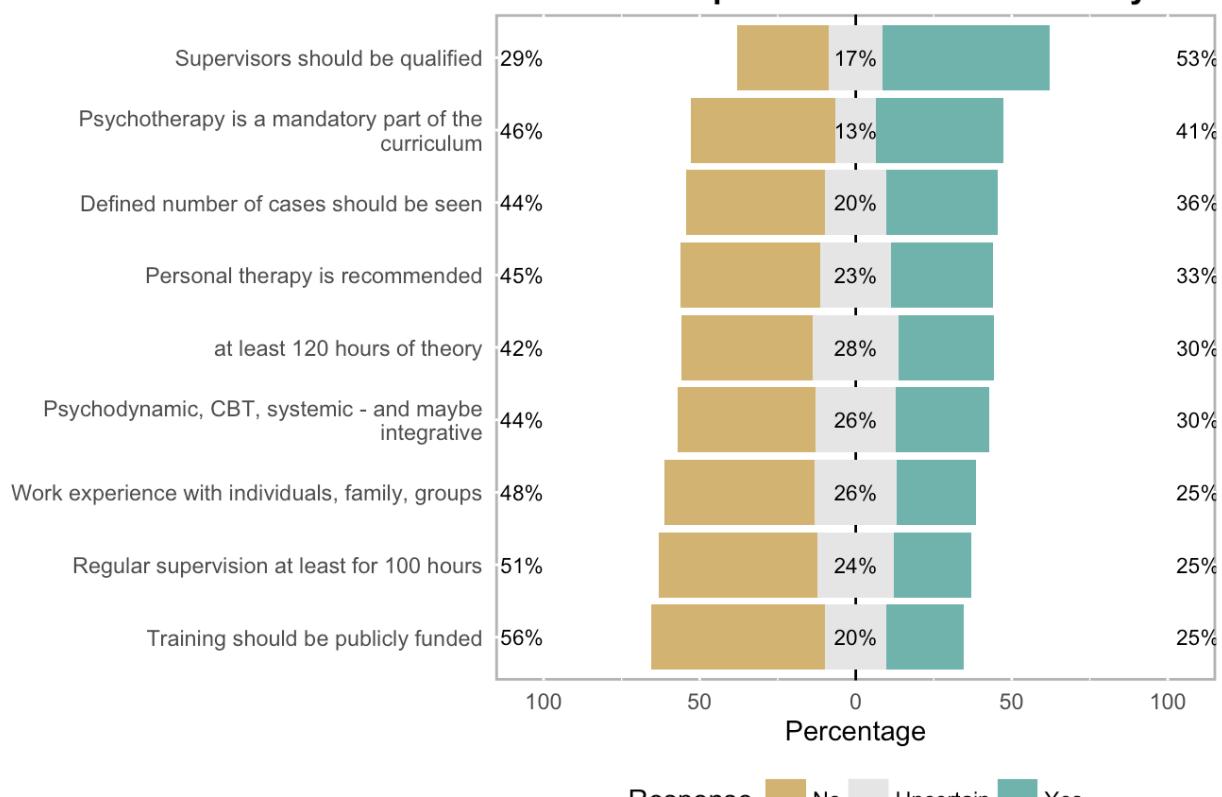


Awareness of UEMS recommendations



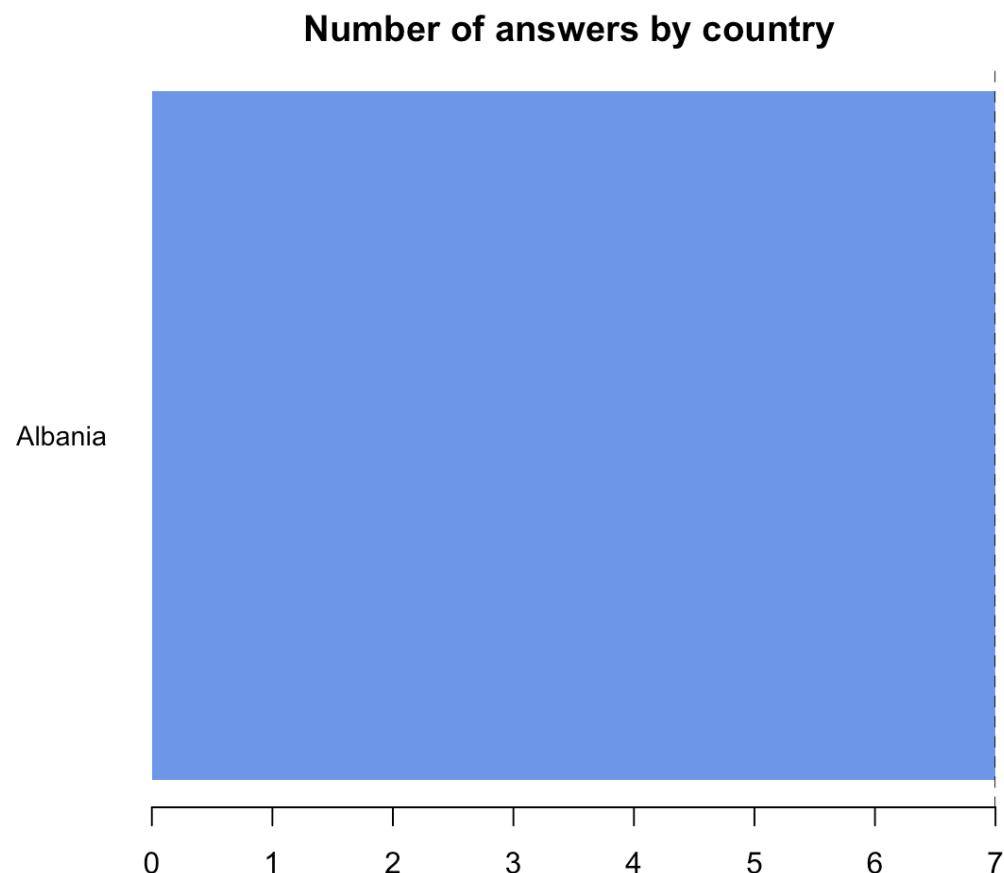
UEMS recommendations awareness

Actual implementation in the country



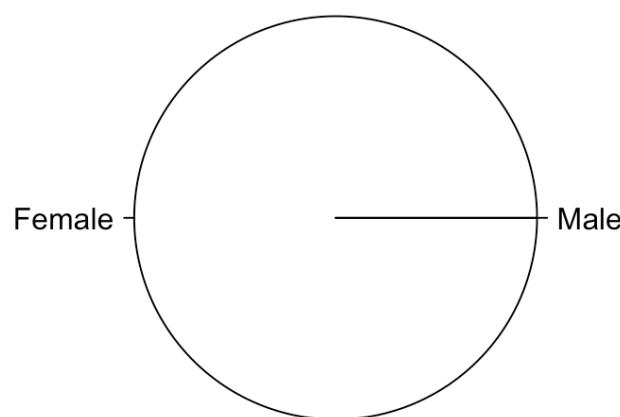
Albania results

Number of participants

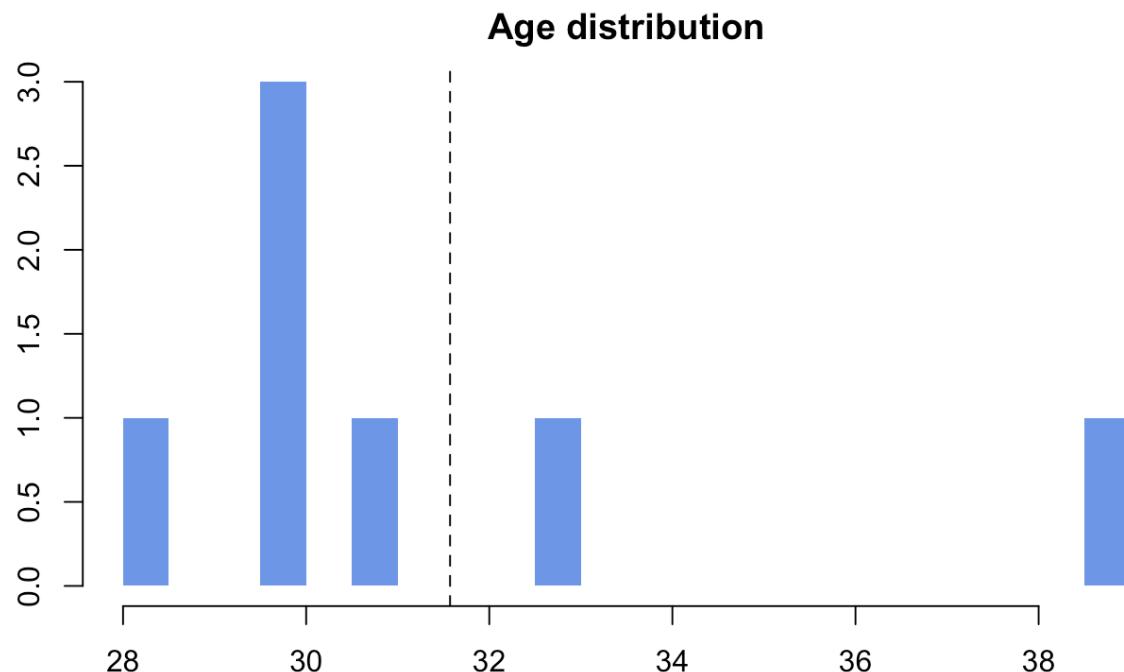


Gender

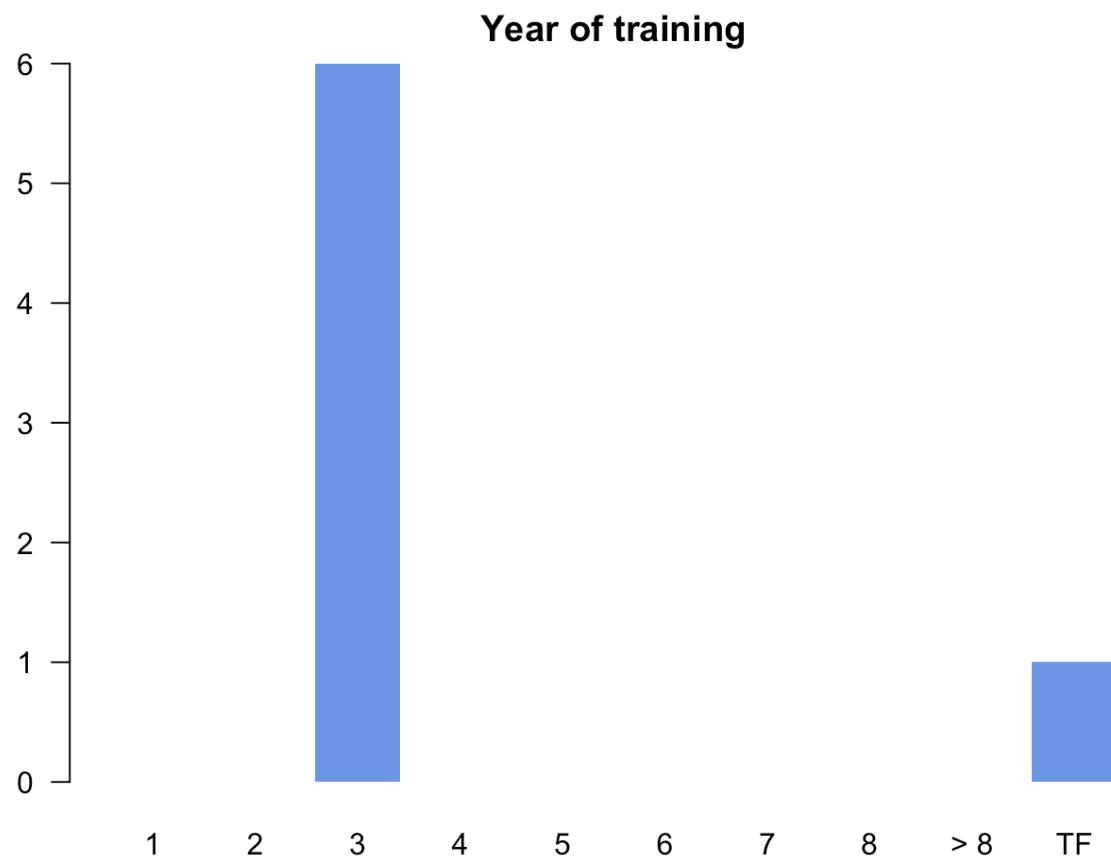
Gender of participants in Europe responses



Age



Year in Training

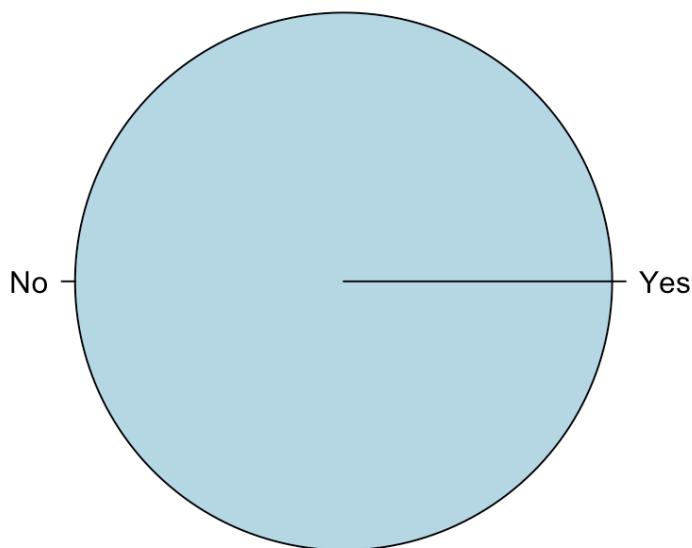


>TF for training finished

Are you receiving personal psychotherapy or have you received it in the past?

```
##  
## Yes No  
## 0 1
```

Receiving personal psychotherapy (present or past)

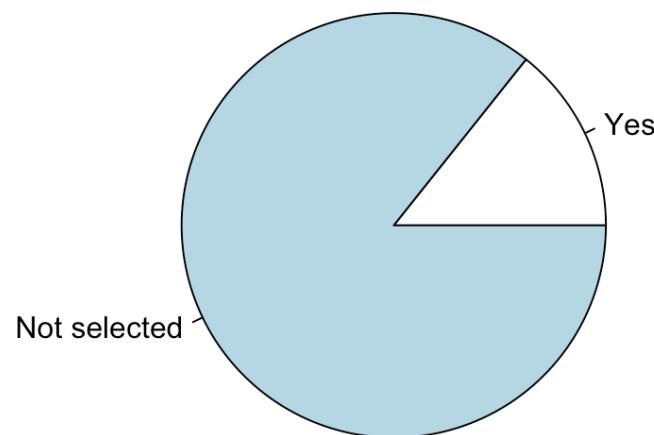


I am undertaking training in Psychotherapy on my own initiative

```
##  
## Yes Not selected  
## 1 6
```

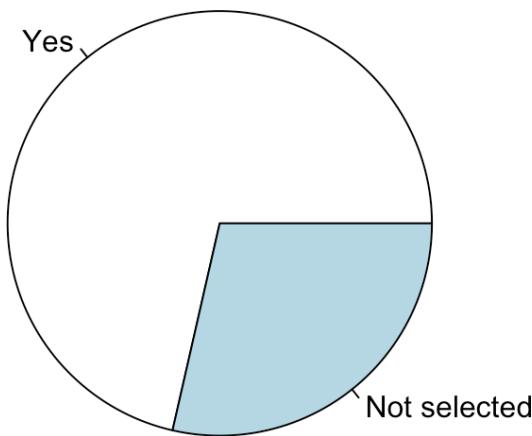
```
##  
## Yes Not selected  
## 0.1428571 0.8571429
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

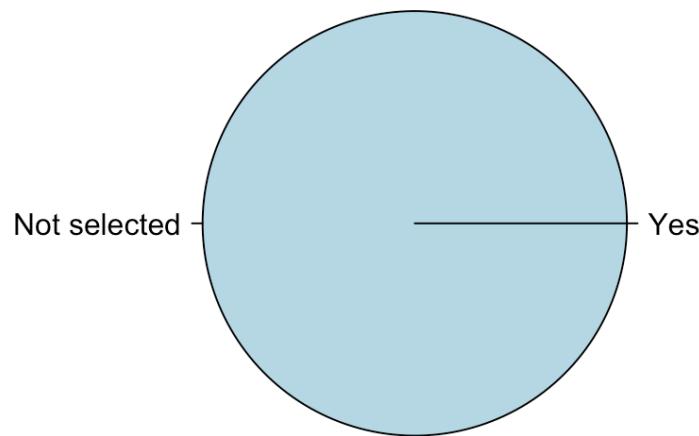


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

##	
##	Yes Not selected
##	0 1

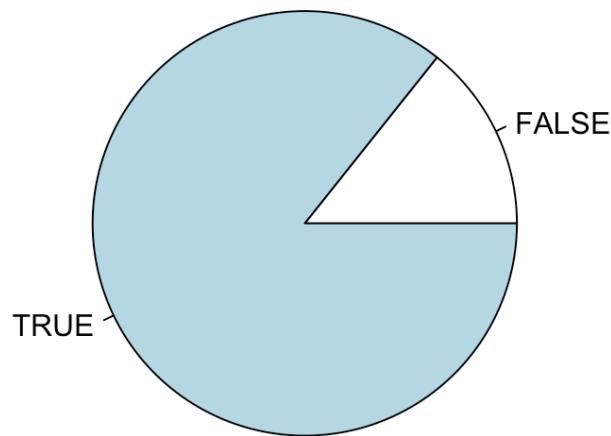
Completed a full training in a Psychotherapy (past)



I am training in some modality

```
##  
## FALSE TRUE  
## 1 6
```

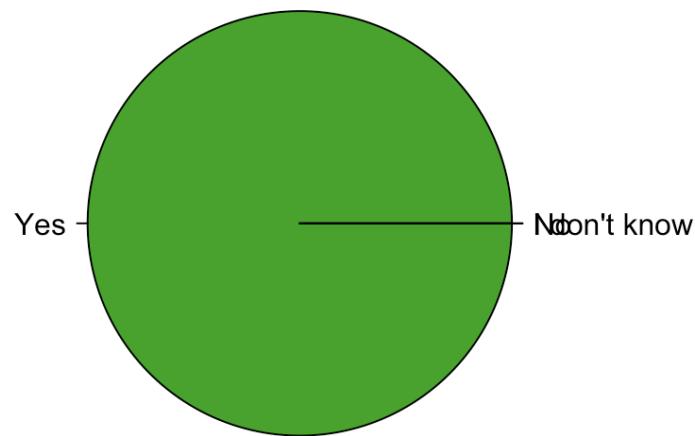
```
##  
## FALSE TRUE  
## 0.1428571 0.8571429
```

I am training in some modality of psychotherapy**Is psychotherapy important for your identity as a psychiatrist ?**

##			
##	Yes	No I don't know	
##	7	0	0

##			
##	Yes	No I don't know	
##	1	0	0

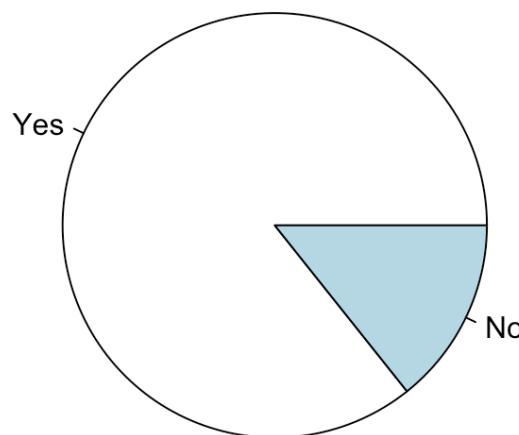
Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

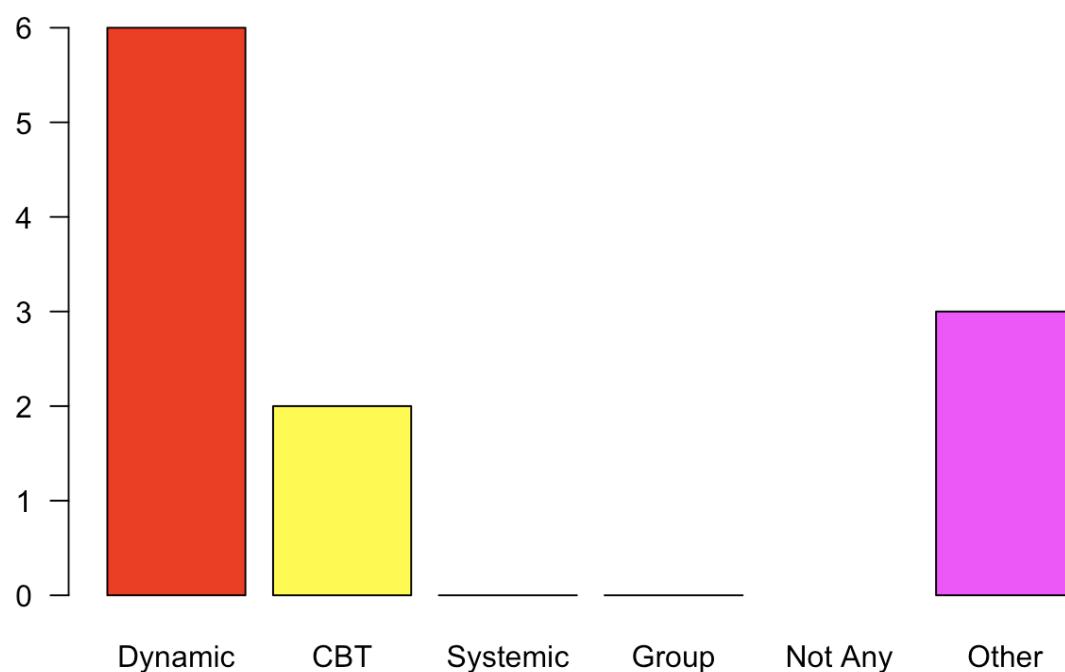
```
##  
##      Yes          No  
## 0.8571429 0.1428571
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

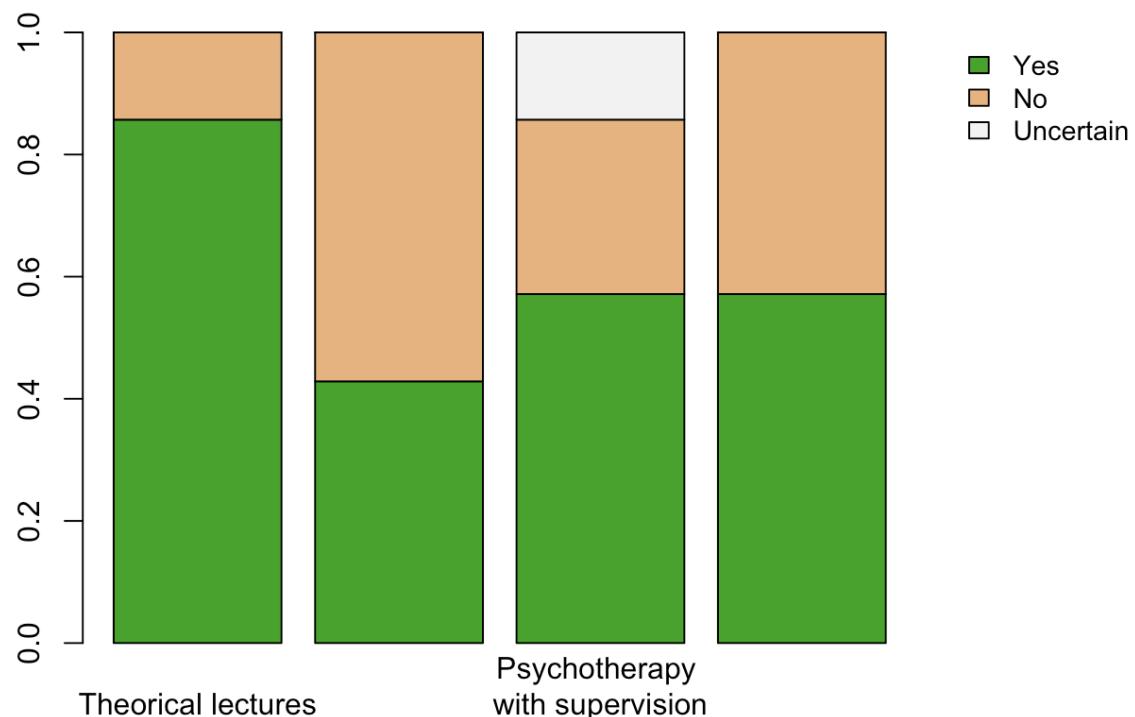
Interested in this therapy



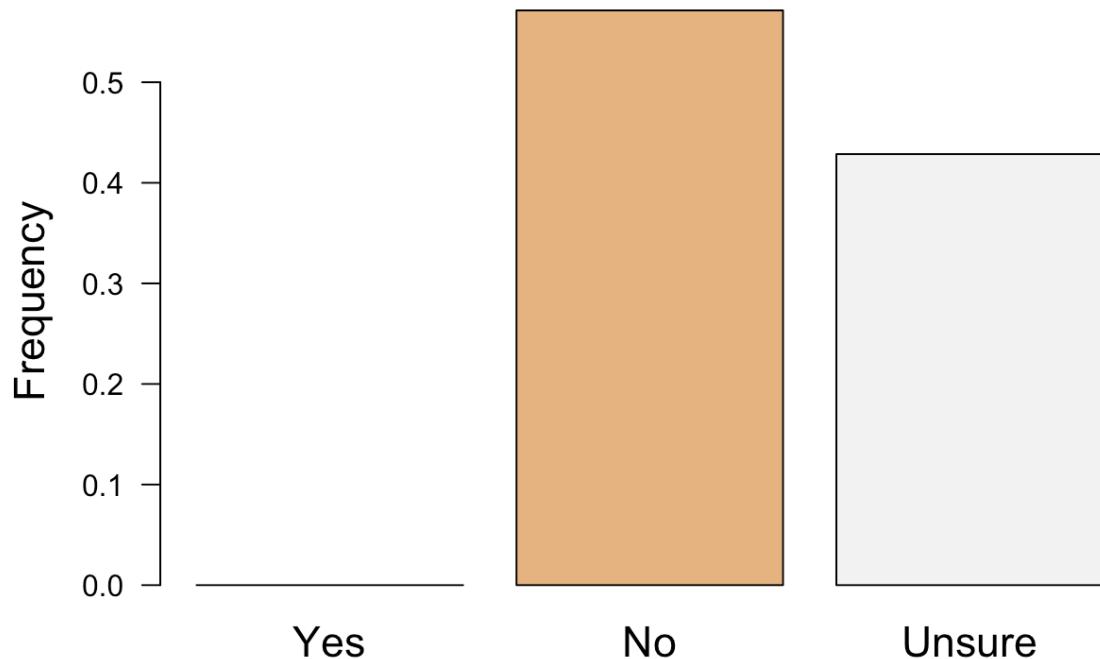
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

The following experience in psychotherapy is a mandatory part of my training in Psychiatry



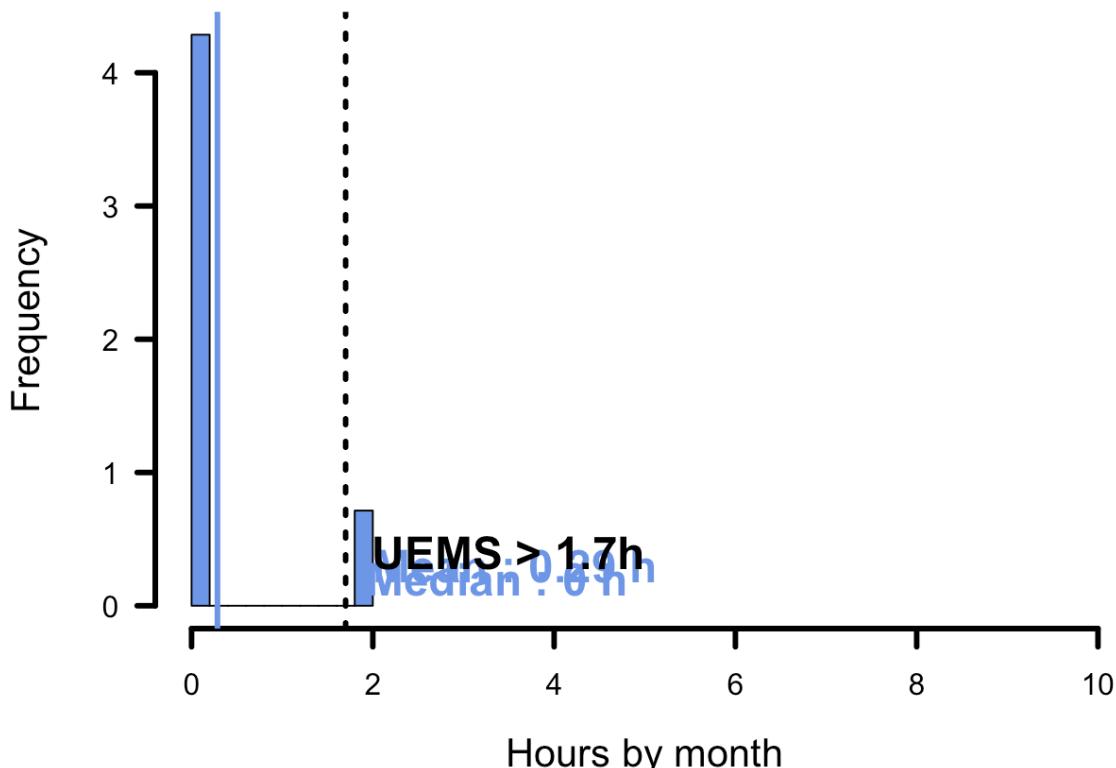
**Are you qualified
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

How many hours of supervision

Repartition of the hours of supervision in Europe

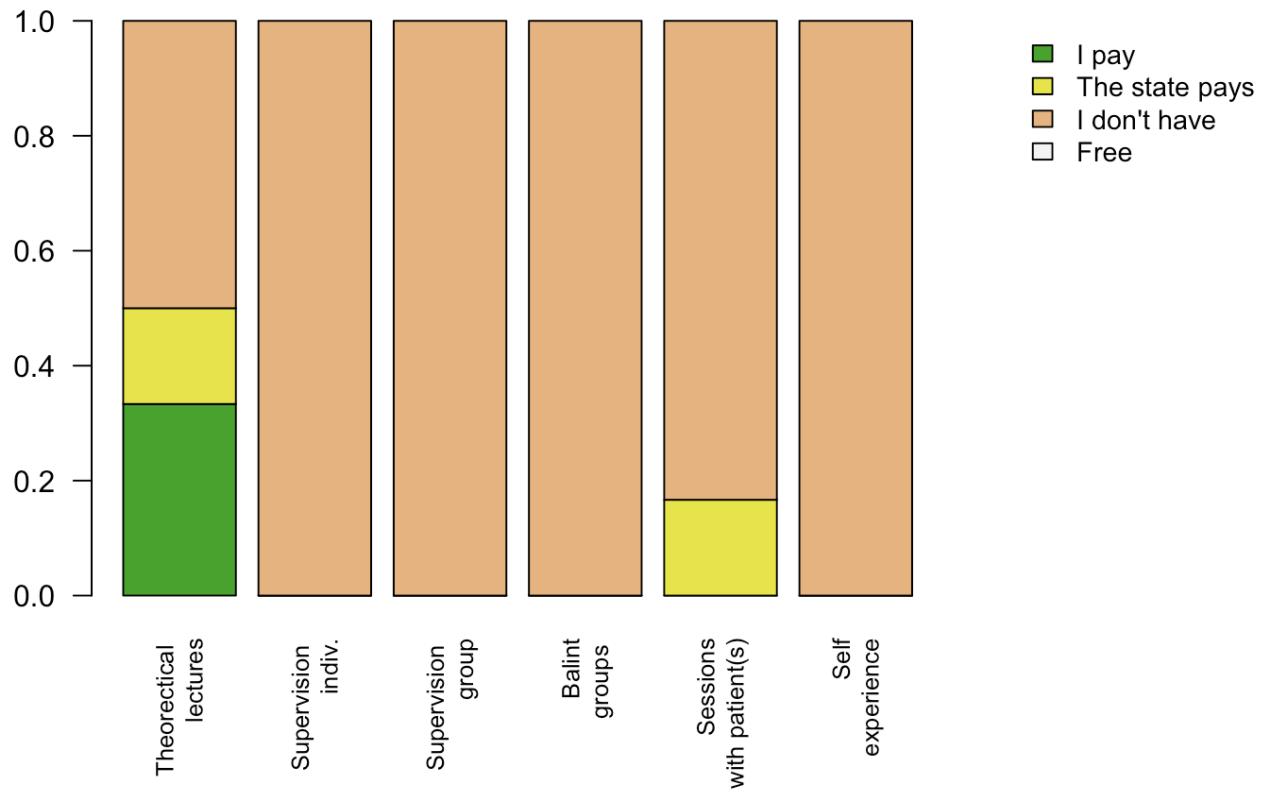


UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Albania_data$q_0015)
```

Who pays?

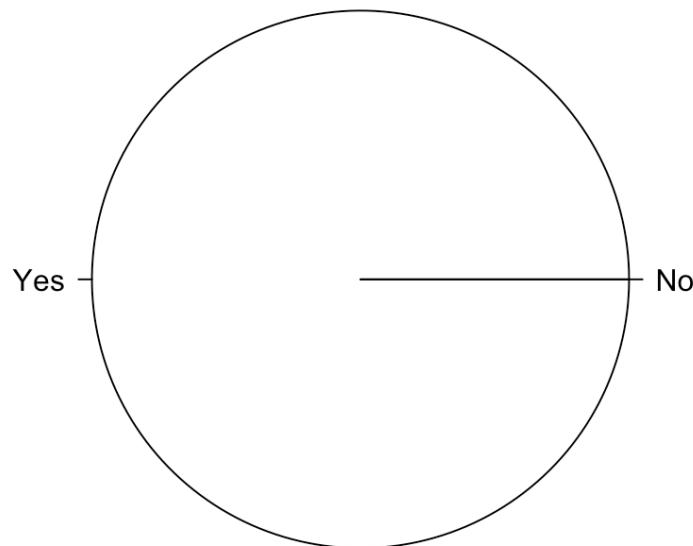
Who pays?



Would you train for free?

```
##  
## Yes No  
## 1 0
```

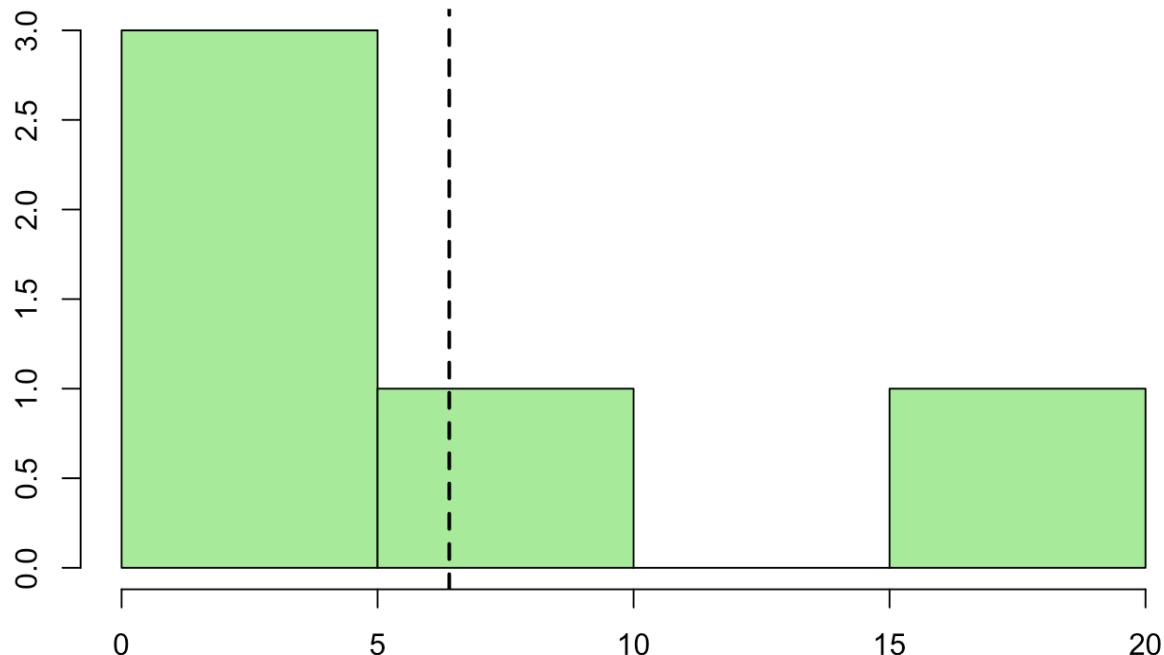
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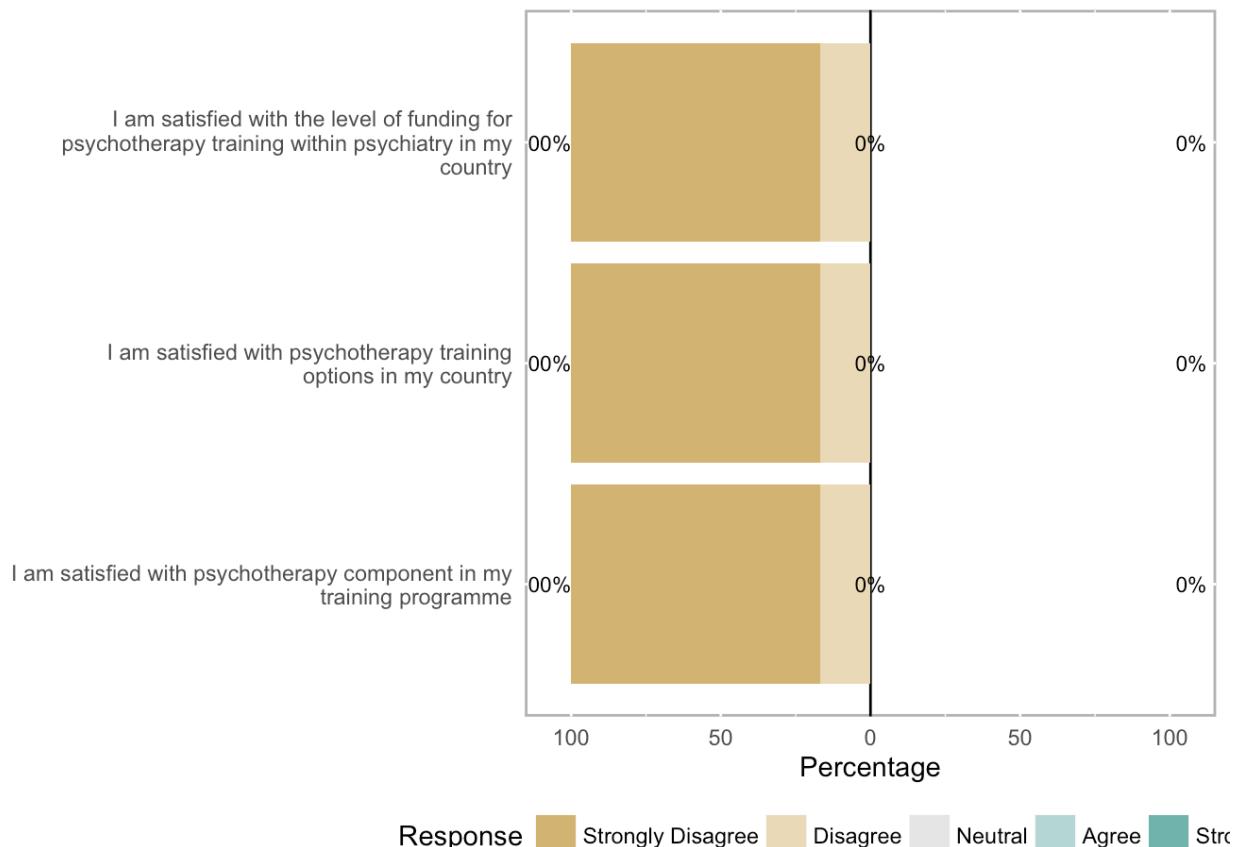
How much would you invest in psychotherapy training ?

% of annual salary for psychotherapy training

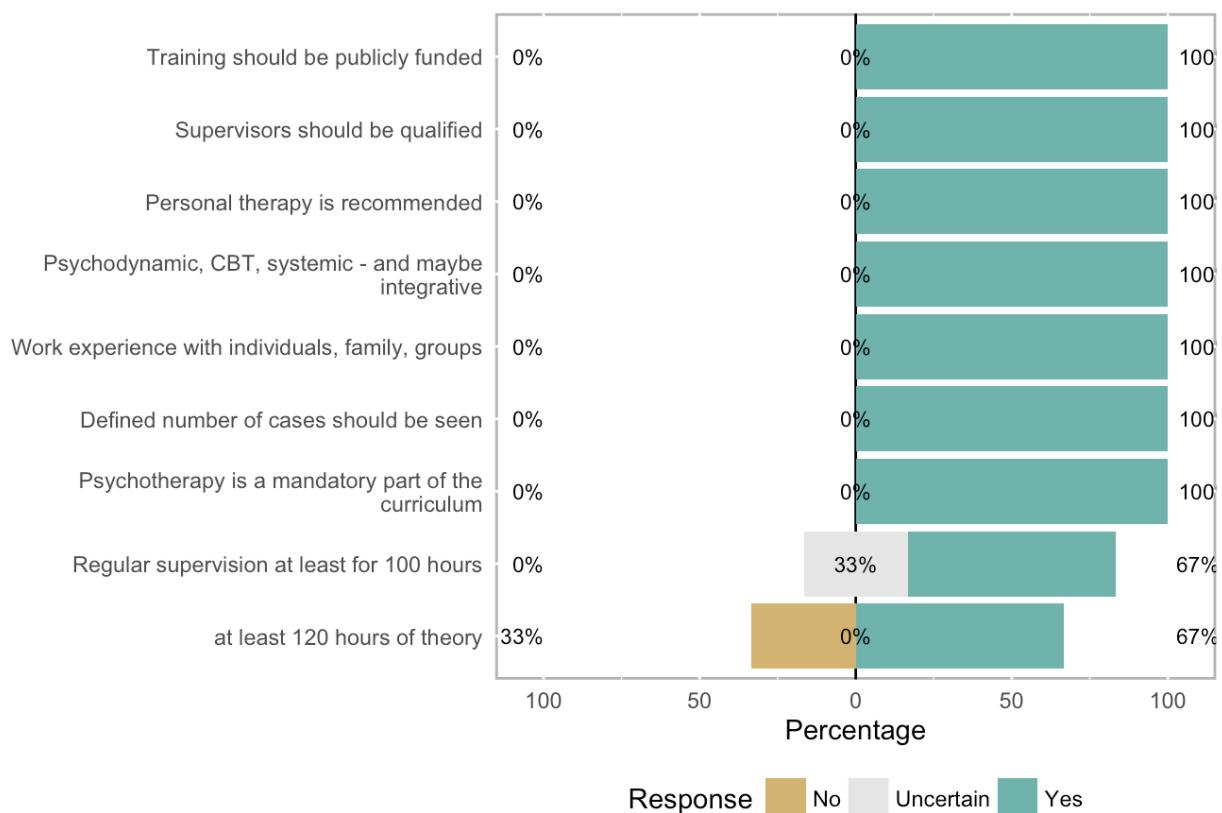


our annual salary do you intend to spend on funding your psychotherapy training In the

Satisfaction group

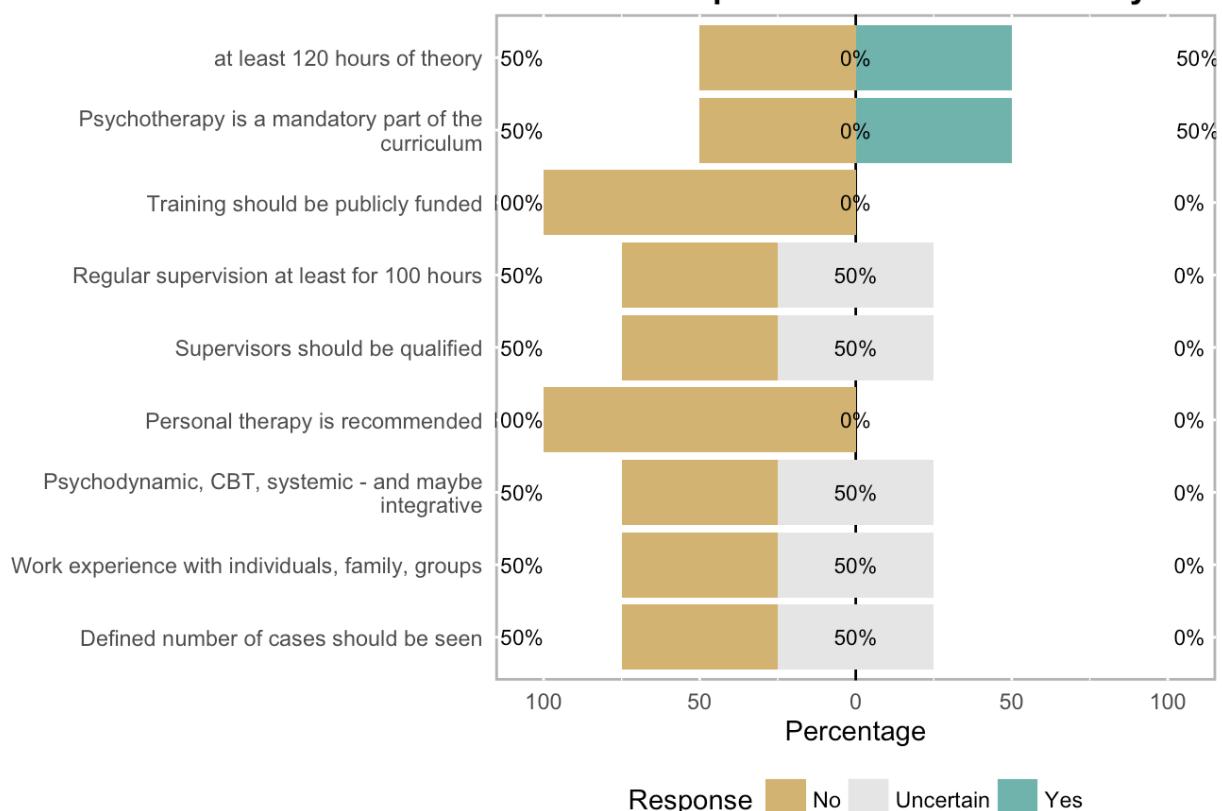


Awareness of UEMS recommendations



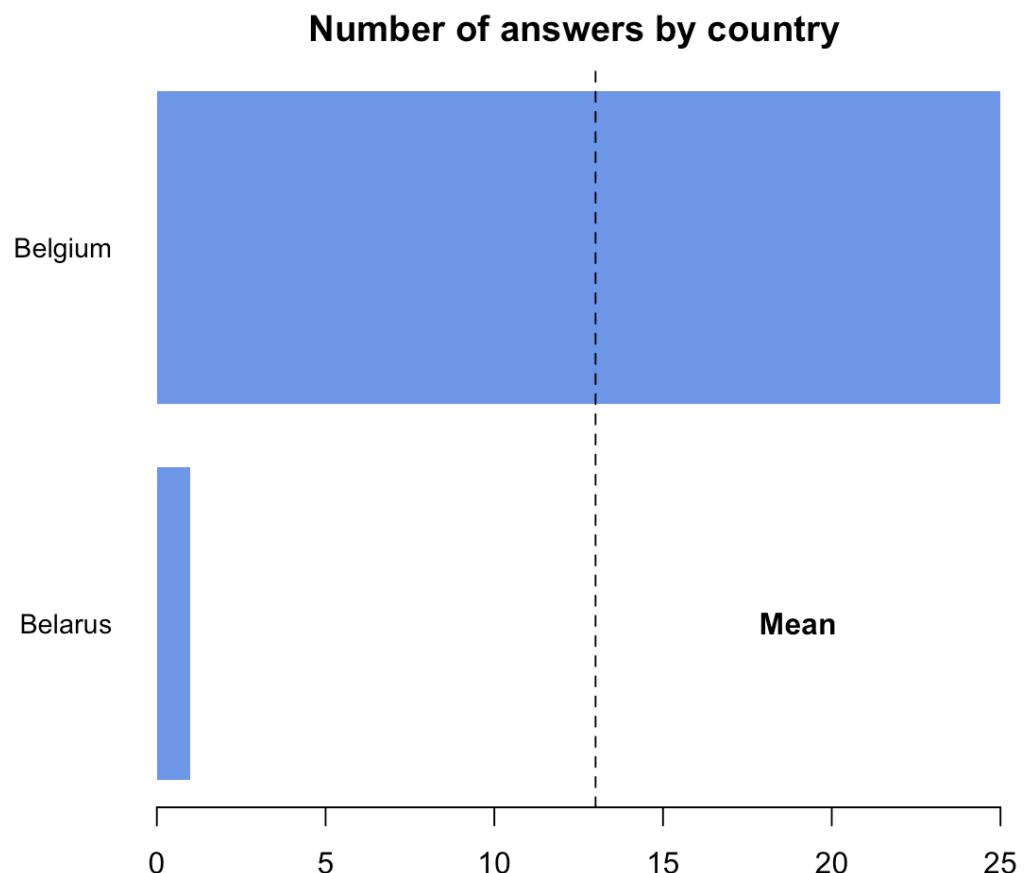
UEMS recommendations awareness

Actual implementation in the country



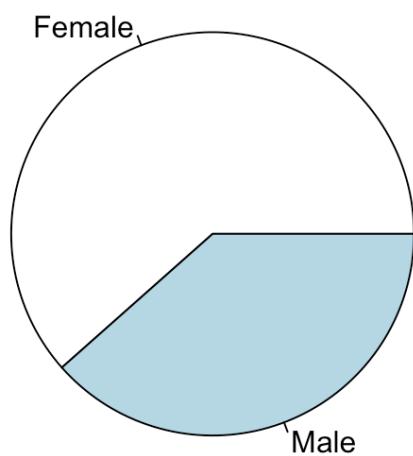
Belgium results

Number of participants



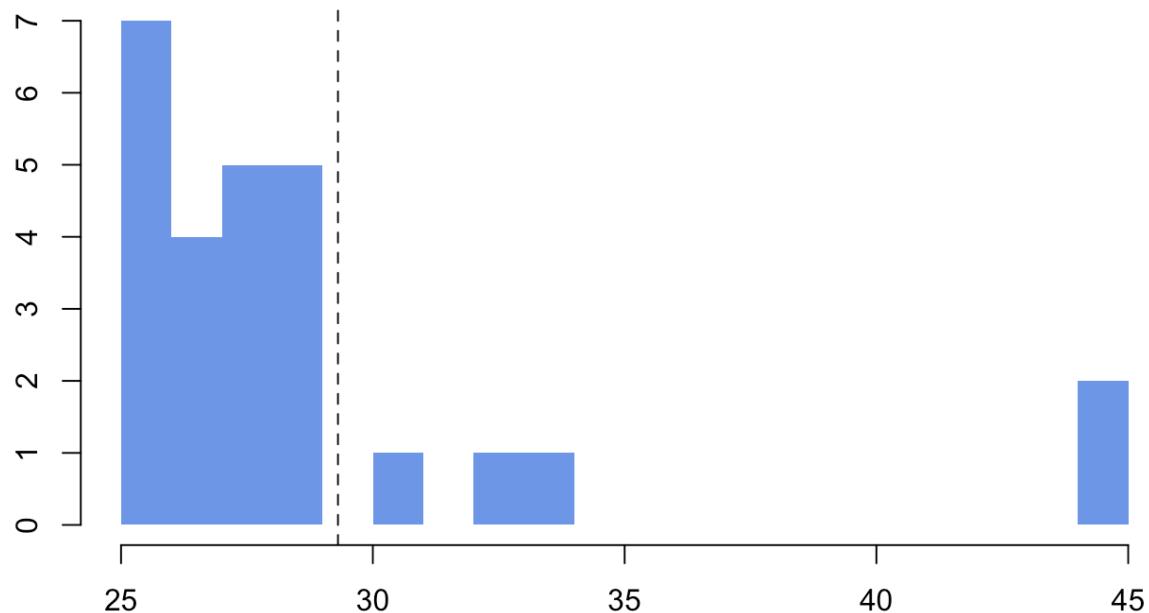
Gender

Gender of participants in Europe responses



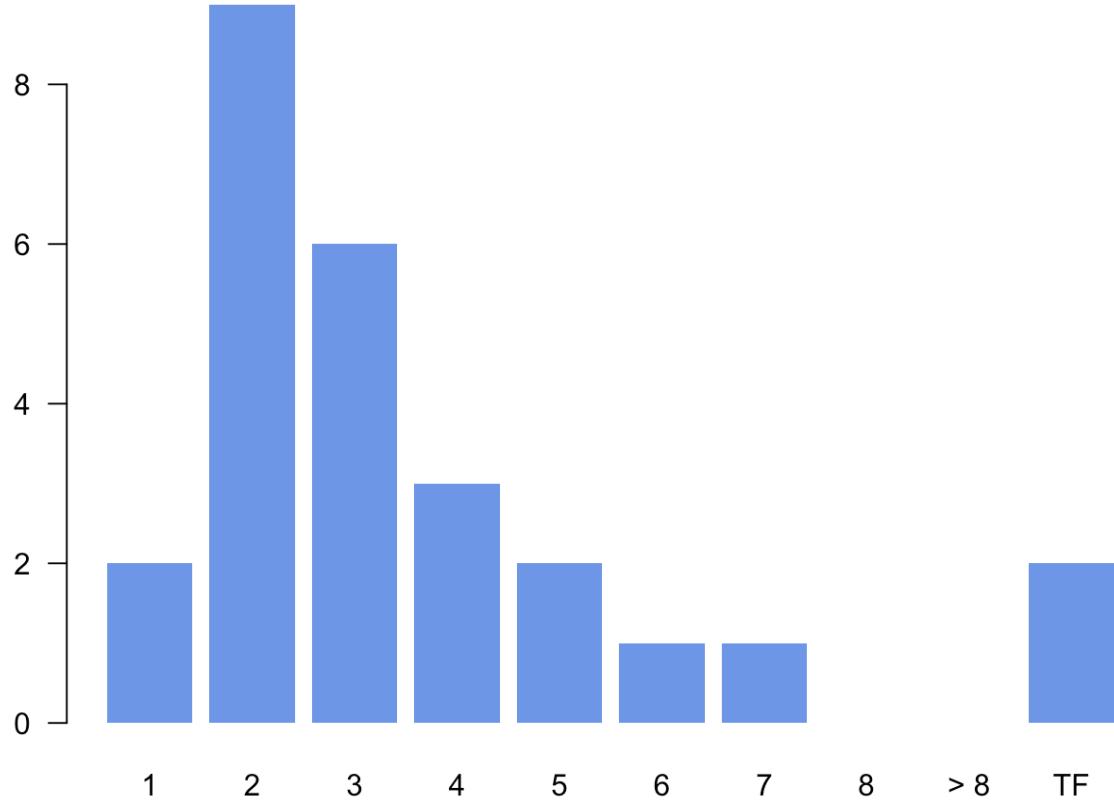
Age

Age distribution



Year in Training

Year of training

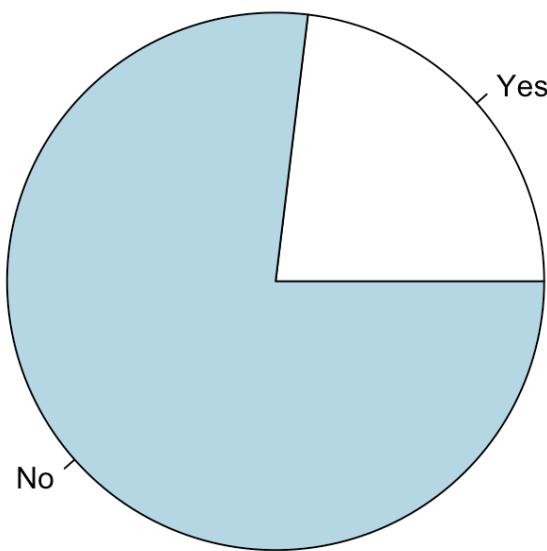


>TF for training finished

Are you receiving personal psychotherapy or have you received it in the past?

```
##  
##      Yes      No  
## 0.2307692 0.7692308
```

Receiving personal psychotherapy (present or past)

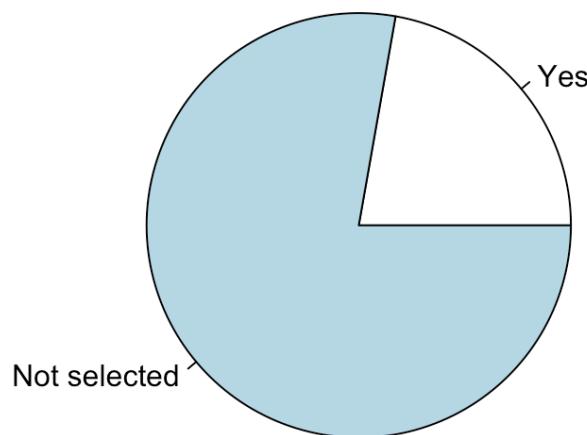


I am undertaking training in Psychotherapy on my own initiative

```
##  
##      Yes Not selected  
##          6           21
```

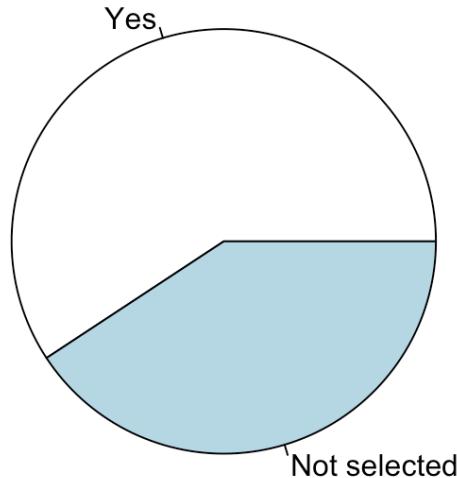
```
##  
##      Yes Not selected  
## 0.2222222 0.7777778
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

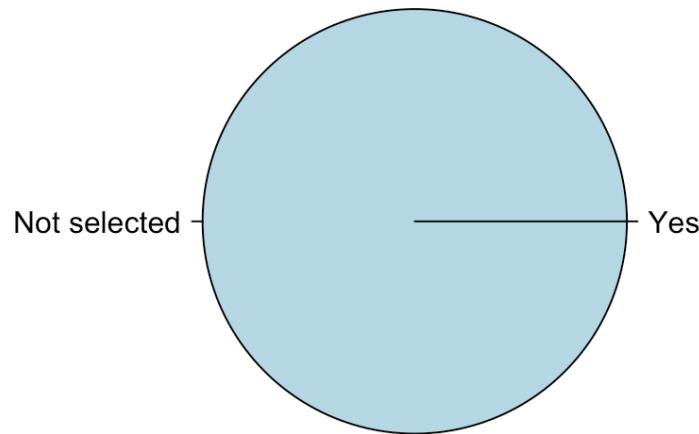


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

##	
##	Yes Not selected
##	0 1

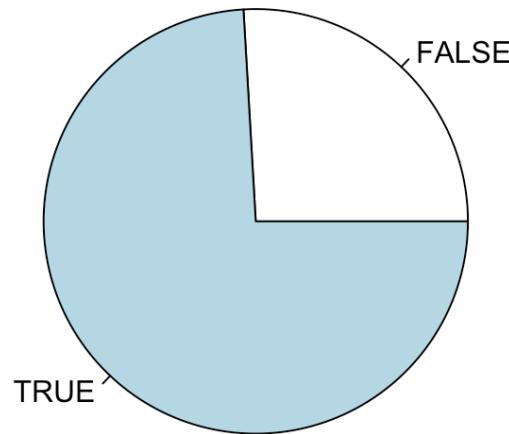
Completed a full training in a Psychotherapy (past)



I am training in some modality

```
##  
## FALSE TRUE  
##    7    20
```

```
##  
##      FALSE      TRUE  
## 0.2592593 0.7407407
```

I am training in some modality of psychotherapy**Is psychotherapy important for your identity as a psychiatrist ?**

##			
##	Yes	No I don't know	
##	20	3	2

##			
##	Yes	No I don't know	
##	0.80	0.12	0.08

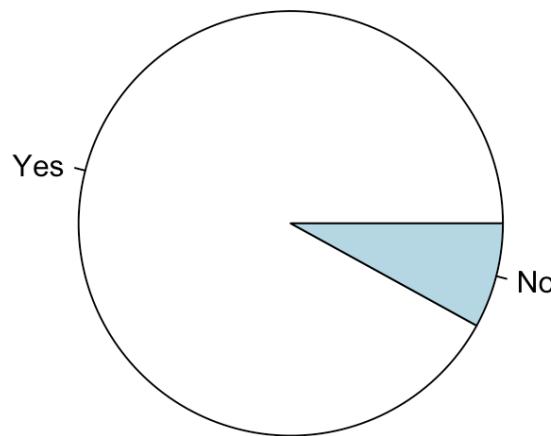
Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

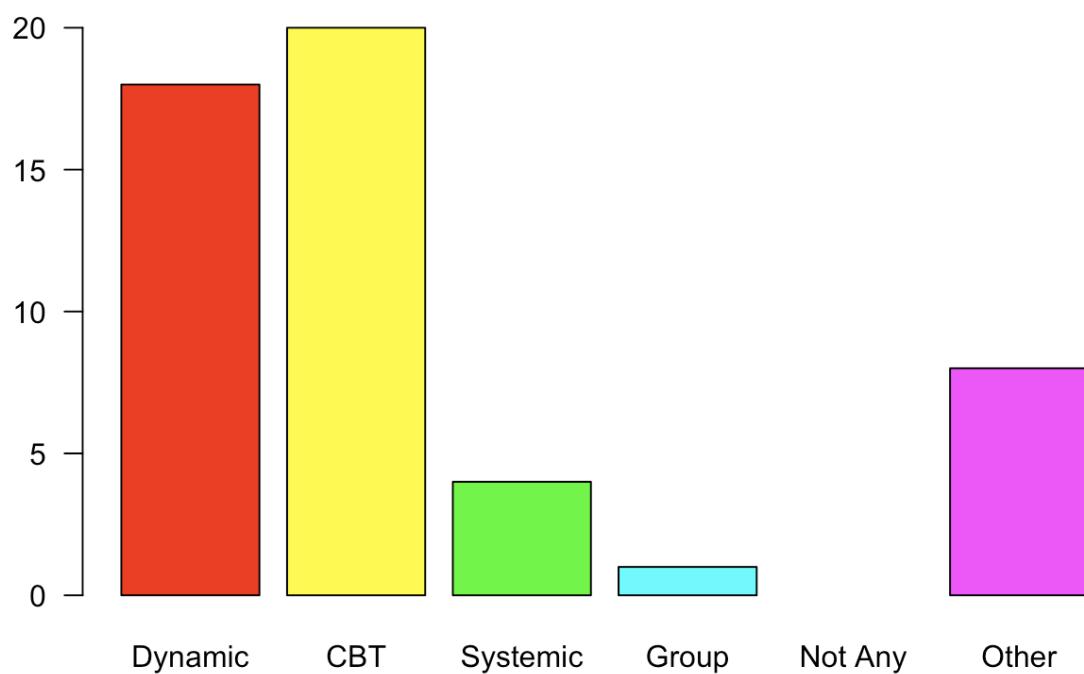
```
##  
## Yes No  
## 0.92 0.08
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

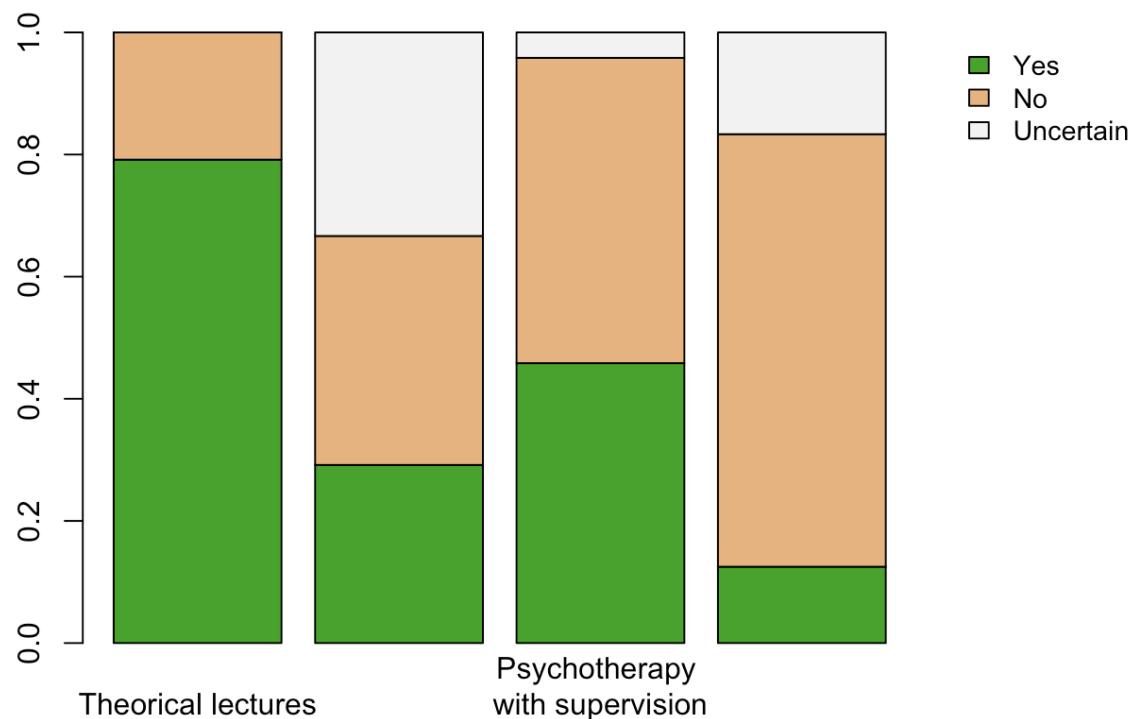
Interested in this therapy



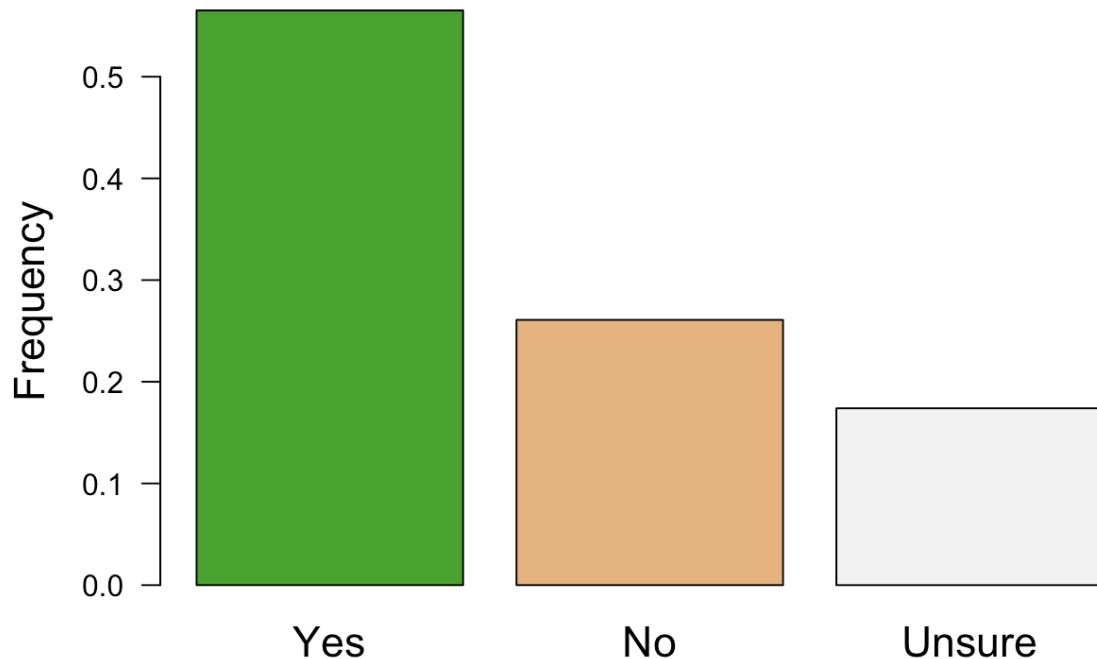
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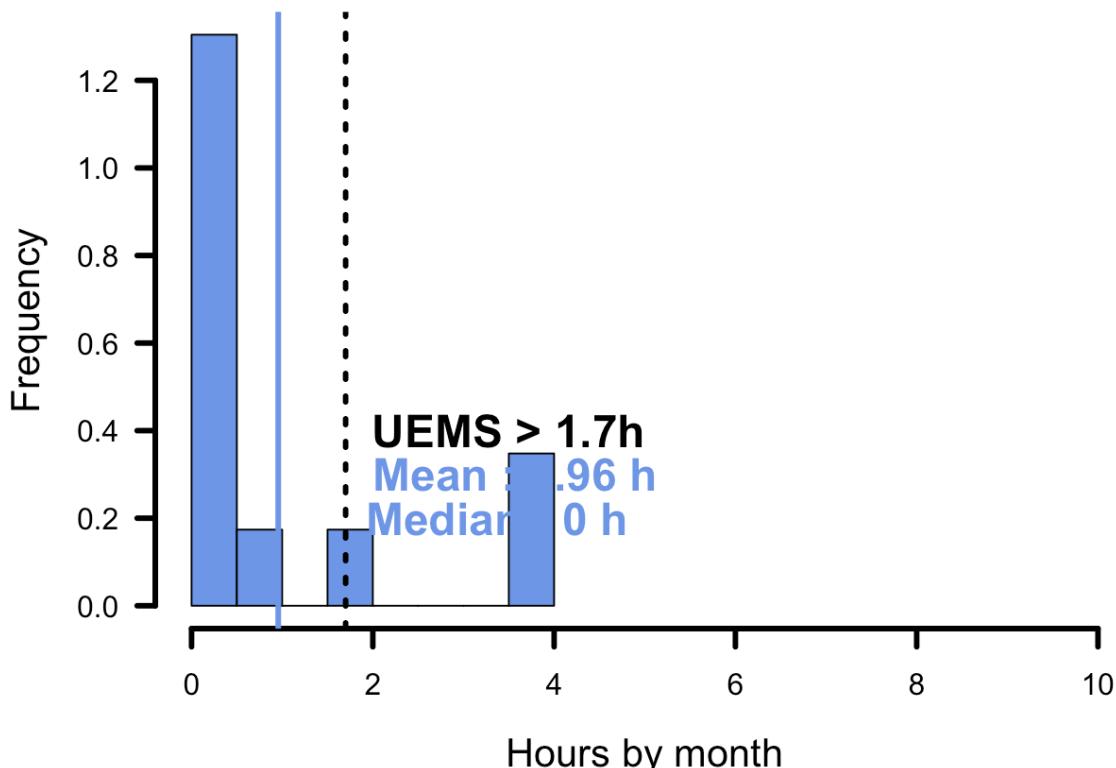
**Are you qualified
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What types of psychotherapy modalities are available for treatment of patients at your institution?

How many hours of supervision

Repartition of the hours of supervision in Europe

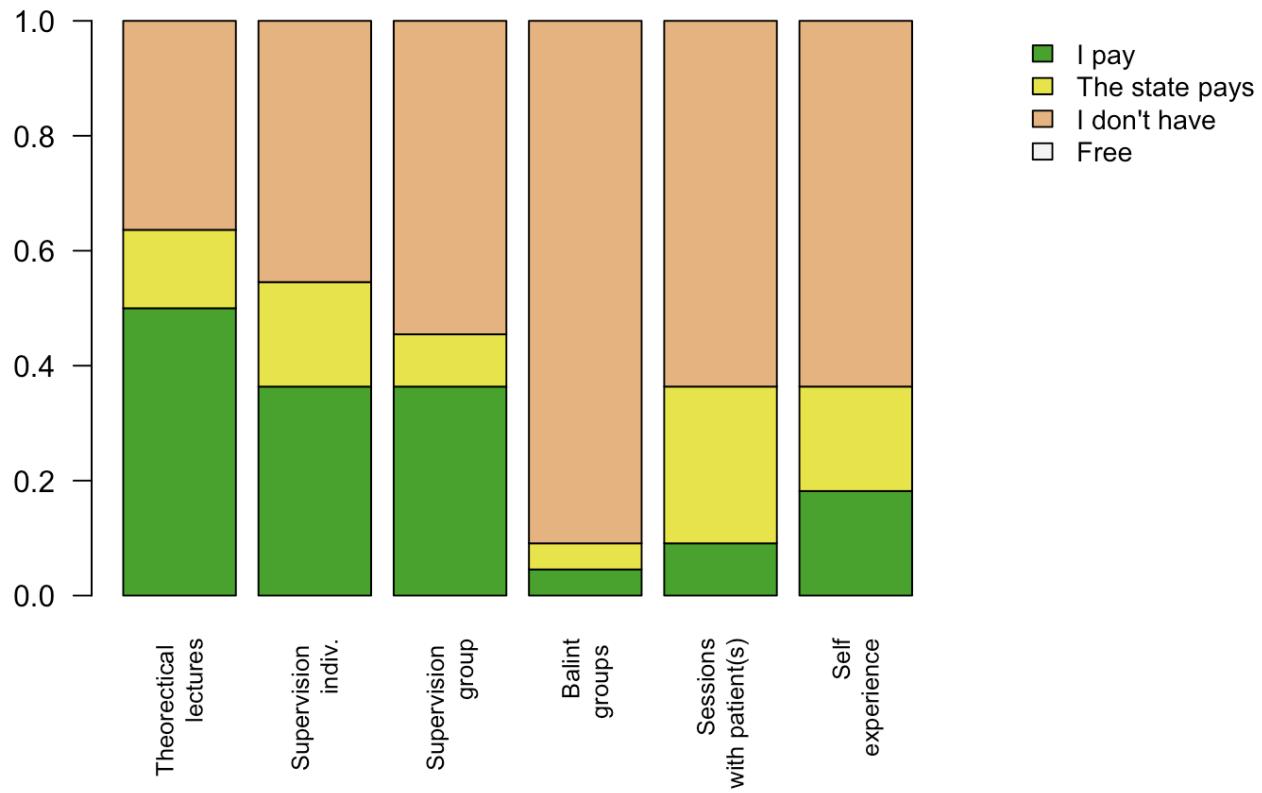


UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Belgium_data$q_0015)
```

Who pays?

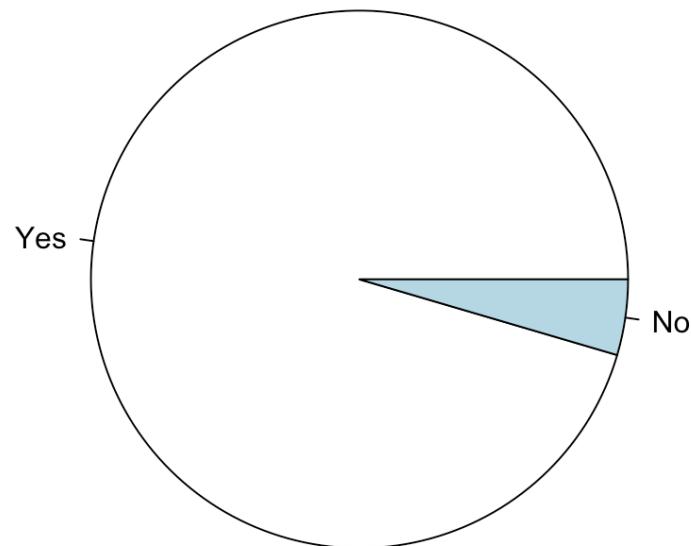
Who pays?



Would you train for free?

```
##  
##           Yes          No  
## 0.95454545 0.04545455
```

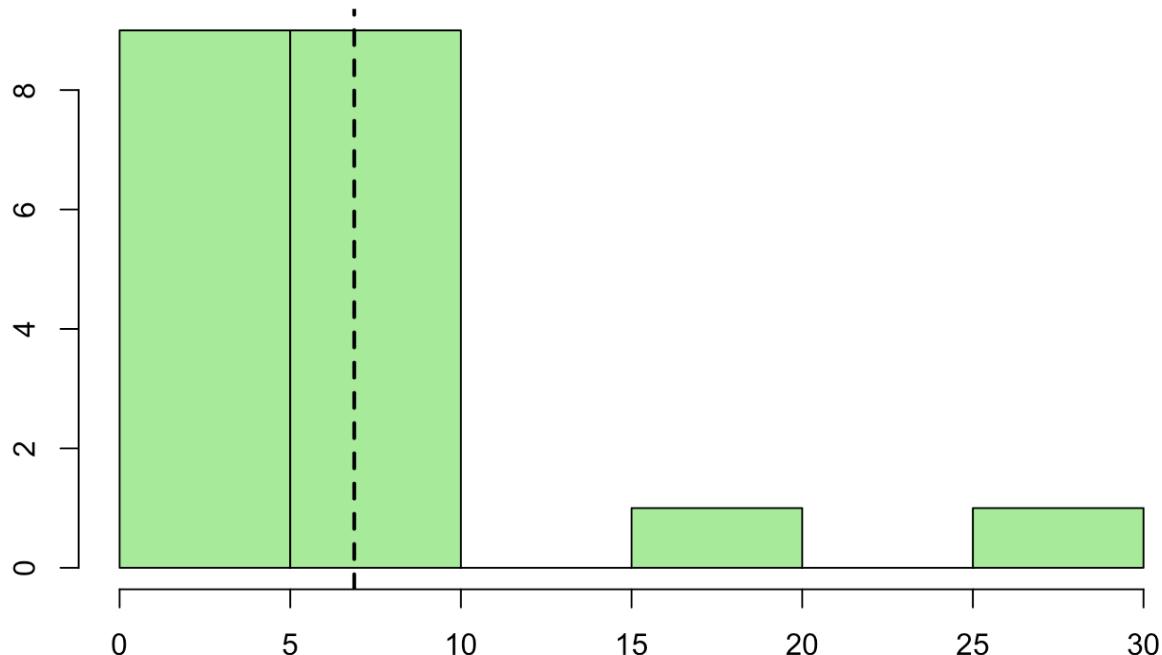
Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

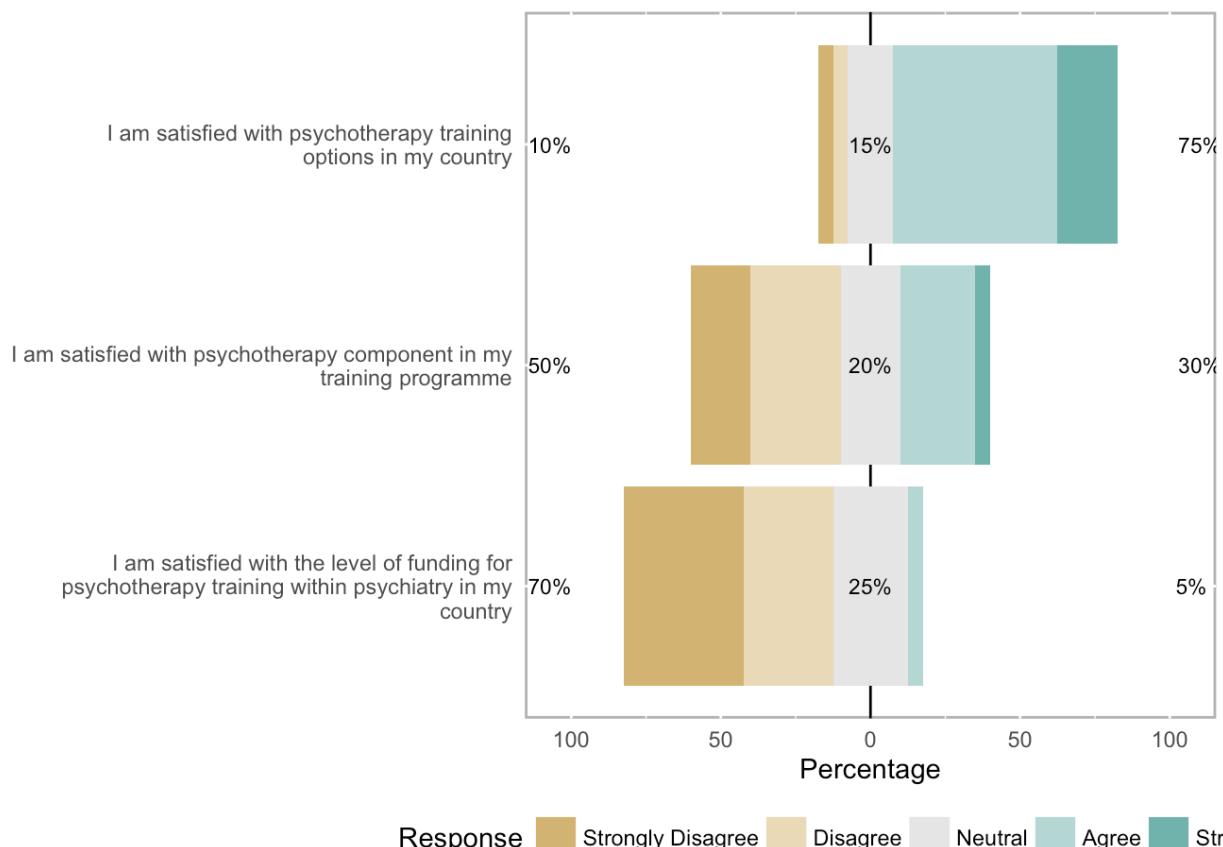
How much would you invest in psychotherapy training ?

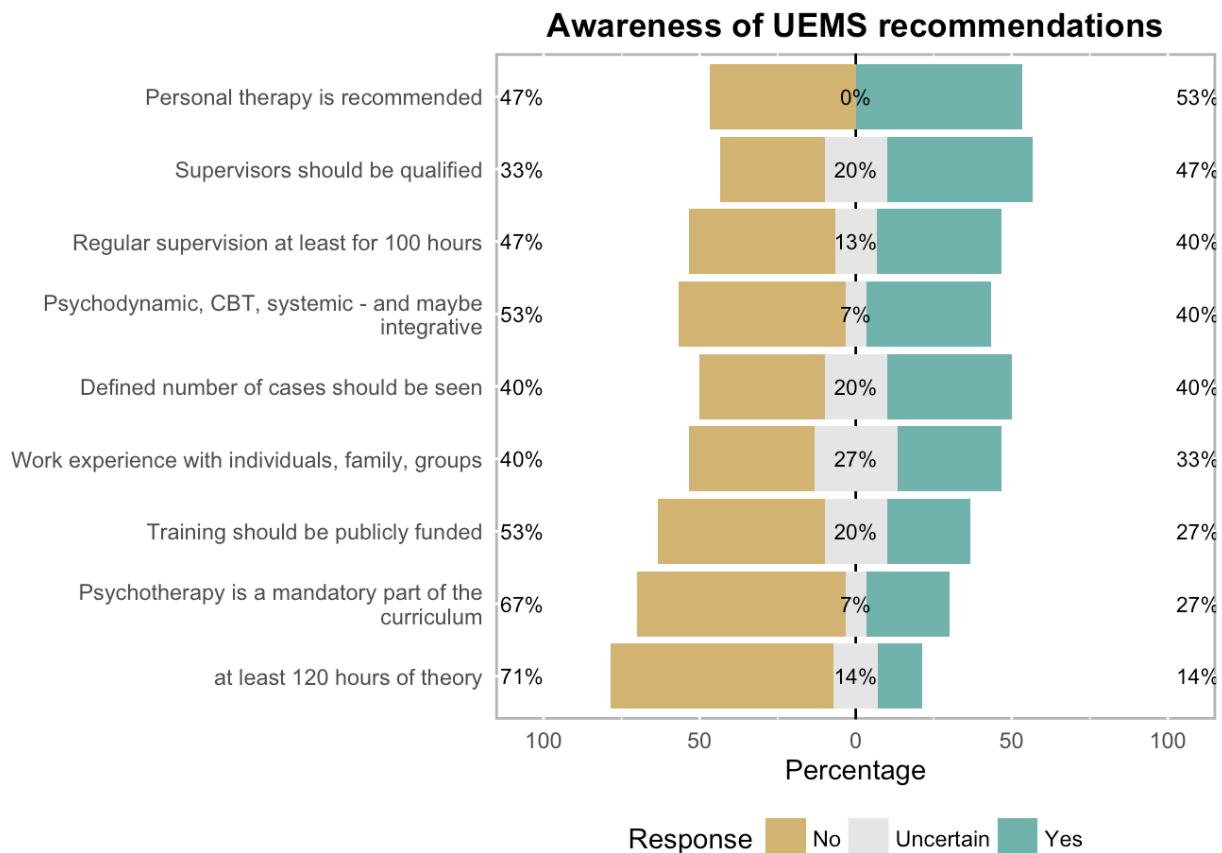
% of annual salary for psychotherapy training



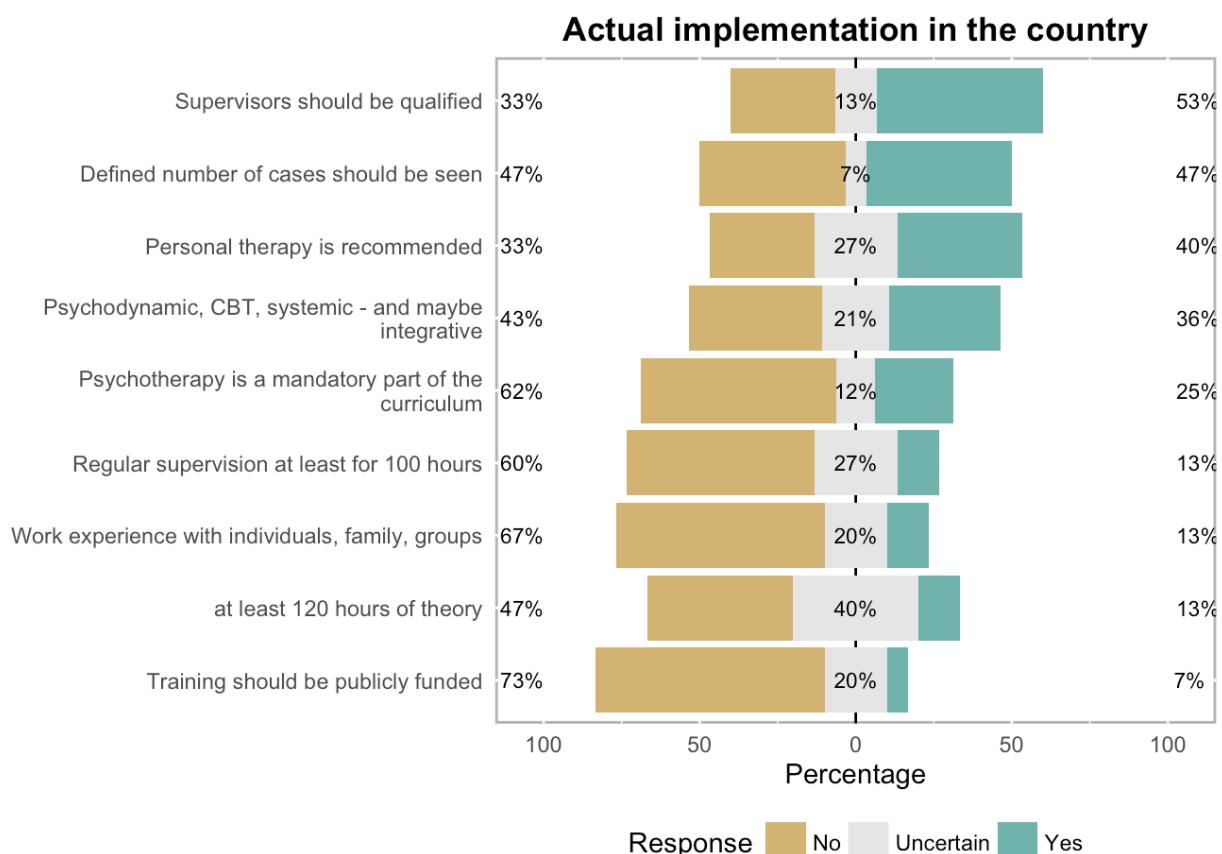
our annual salary do you intend to spend on funding your psychotherapy training In the

Satisfaction group



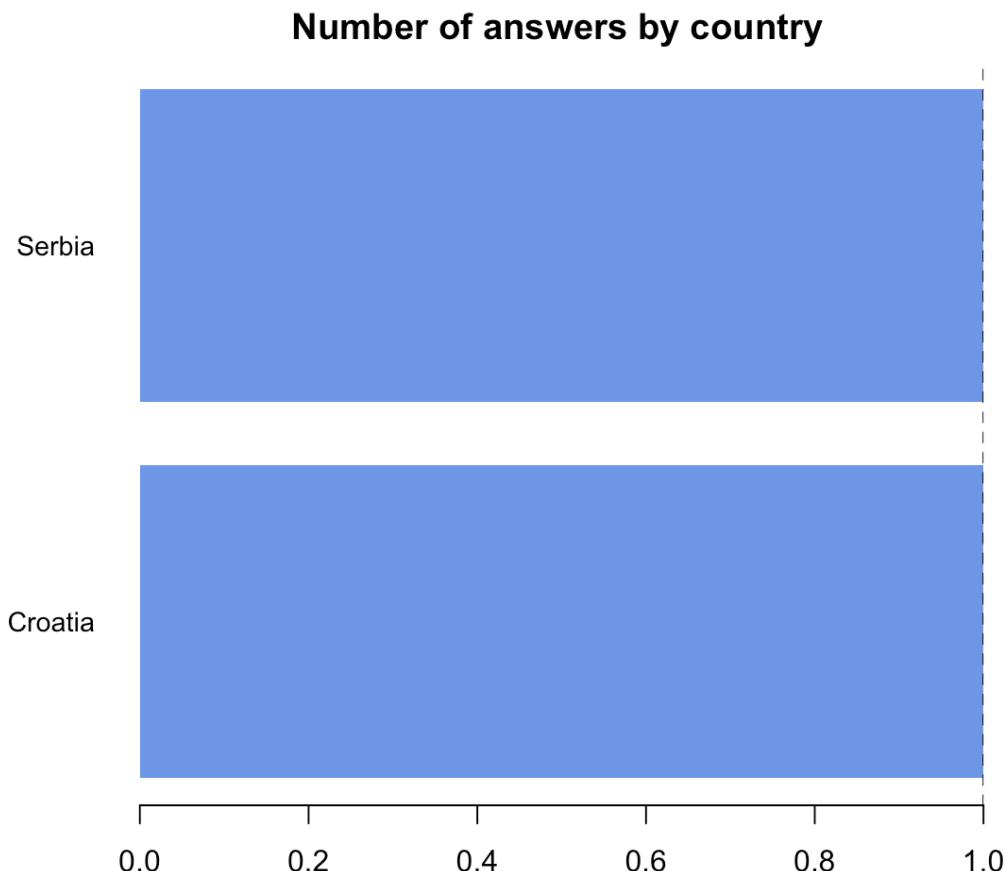


UEMS recommendations awareness



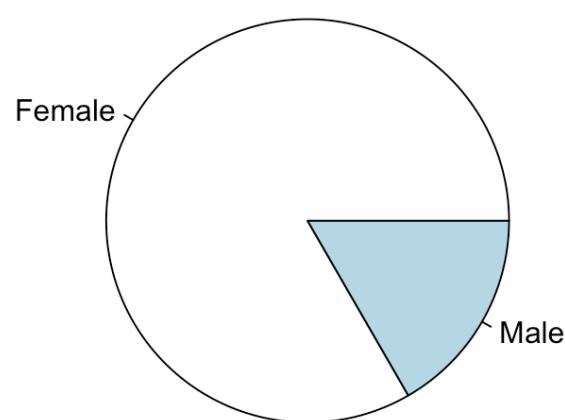
Bosnia-Herzegovina results

Number of participants



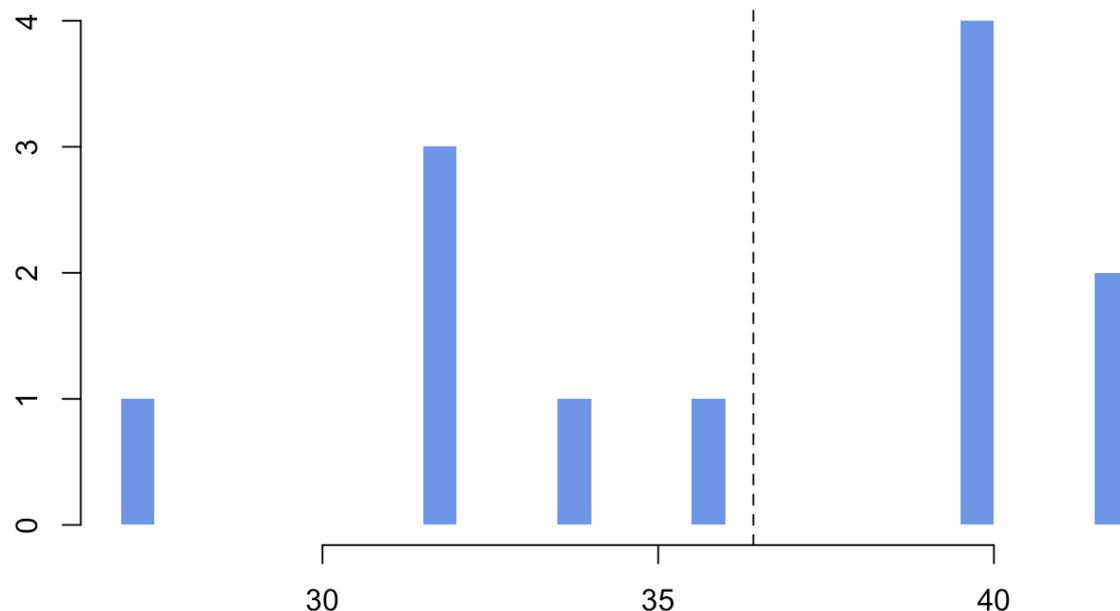
Gender

Gender of participants in Europe responses



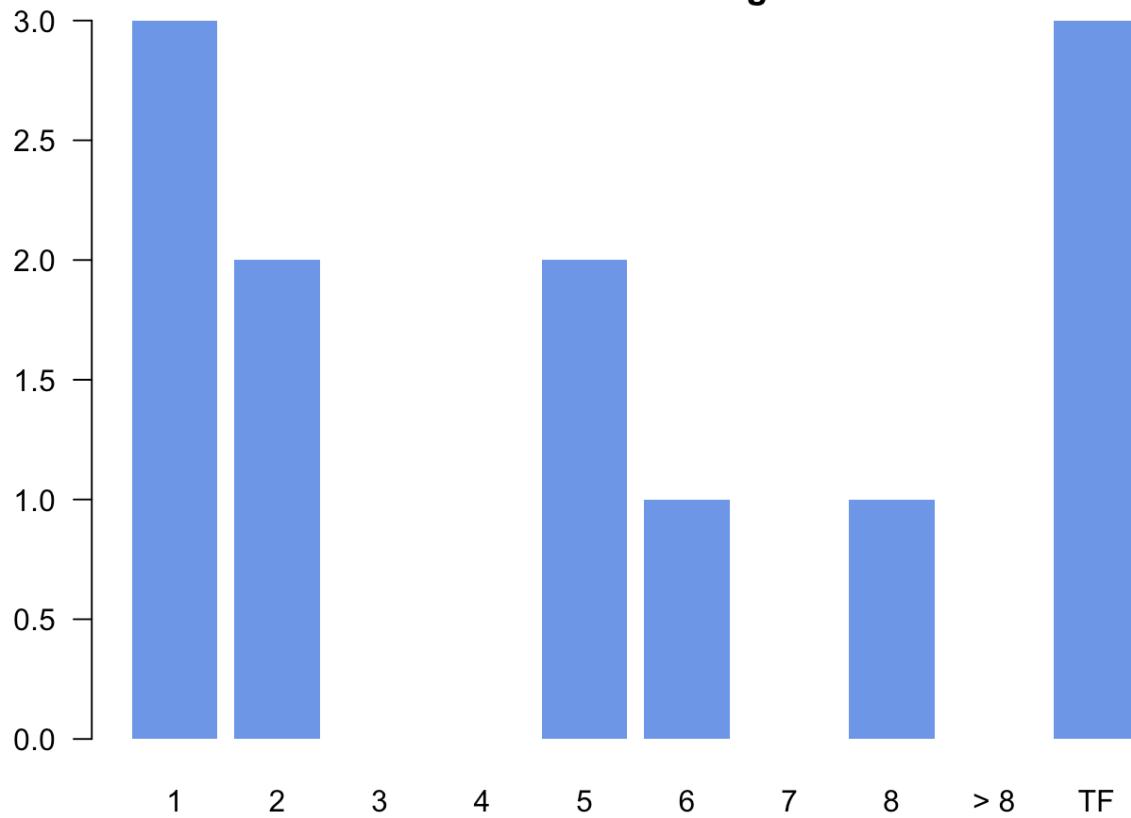
Age

Age distribution



Year in Training

Year of training

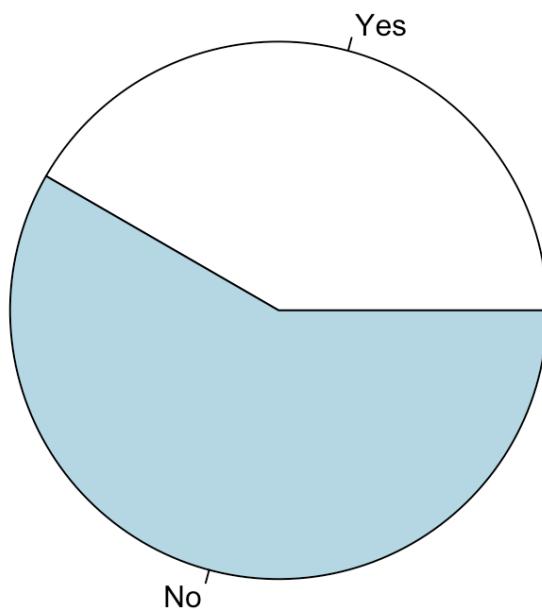


>TF for training finished

Are you receiving personal psychotherapy or have you received it in the past?

```
##  
##      Yes      No  
## 0.4166667 0.5833333
```

Receiving personal psychotherapy (present or past)

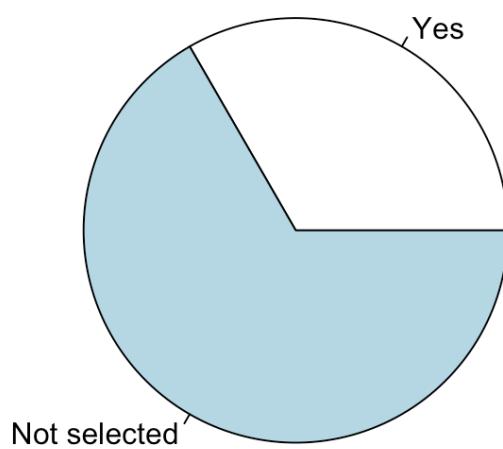


I am undertaking training in Psychotherapy on my own initiative

```
##  
##      Yes Not selected  
##          5           10
```

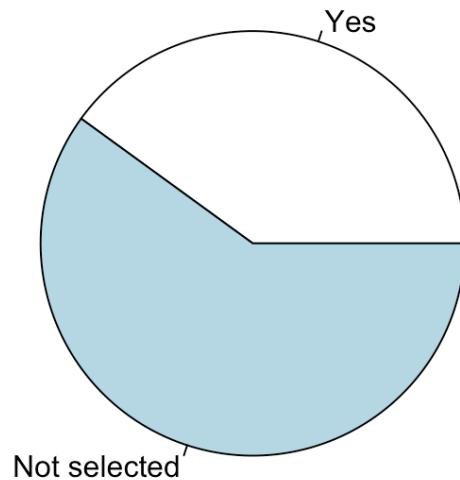
```
##  
##      Yes Not selected  
## 0.3333333 0.6666667
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

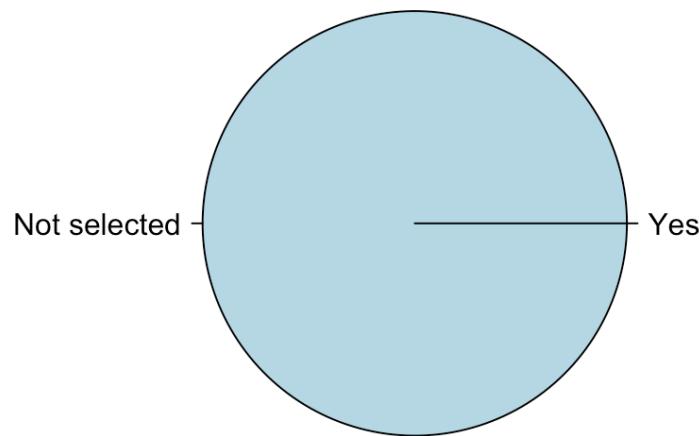


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

##	
##	Yes Not selected
##	0 1

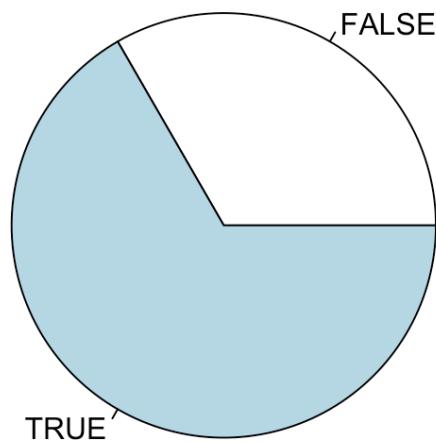
Completed a full training in a Psychotherapy (past)



I am training in some modality

```
##  
## FALSE TRUE  
##      5     10
```

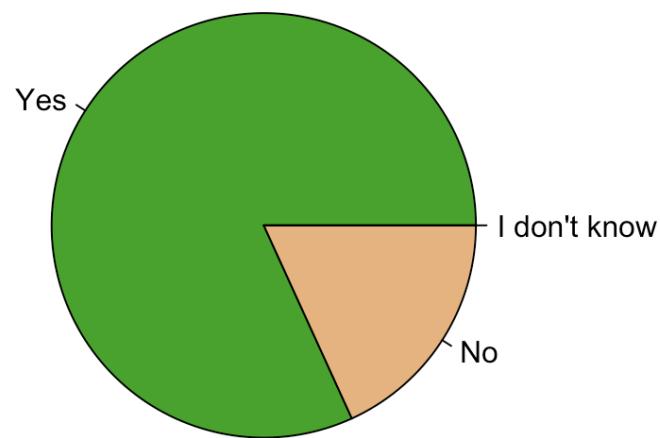
```
##  
##      FALSE      TRUE  
## 0.3333333 0.6666667
```

I am training in some modality of psychotherapy**Is psychotherapy important for your identity as a psychiatrist ?**

##		
##	Yes	No I don't know
##	9	2
##		0

##		
##	Yes	No I don't know
##	0.8181818	0.1818182
##		0.0000000

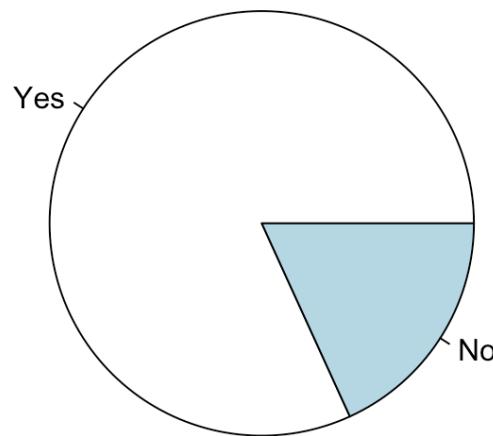
Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

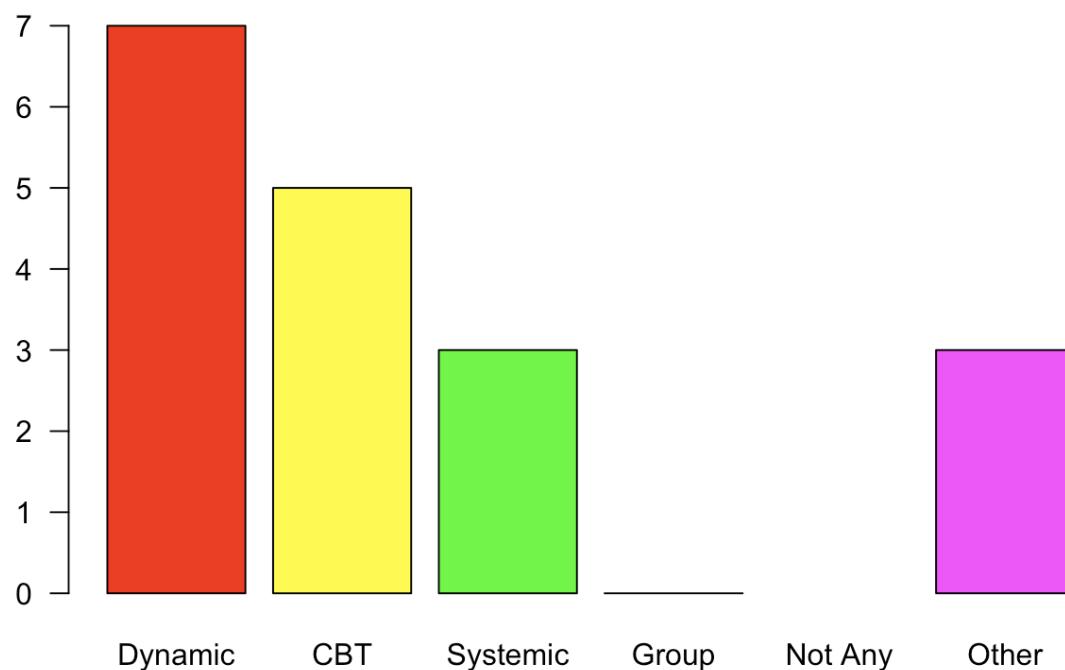
```
##  
##      Yes      No  
## 0.8181818 0.1818182
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

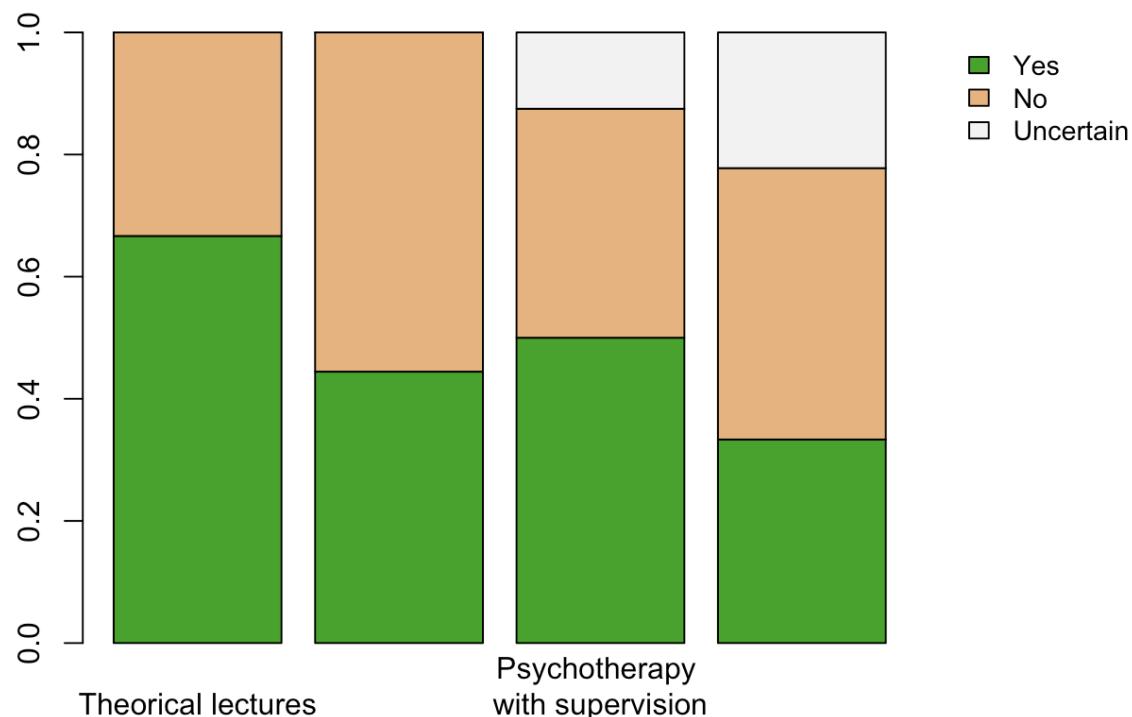
Interested in this therapy



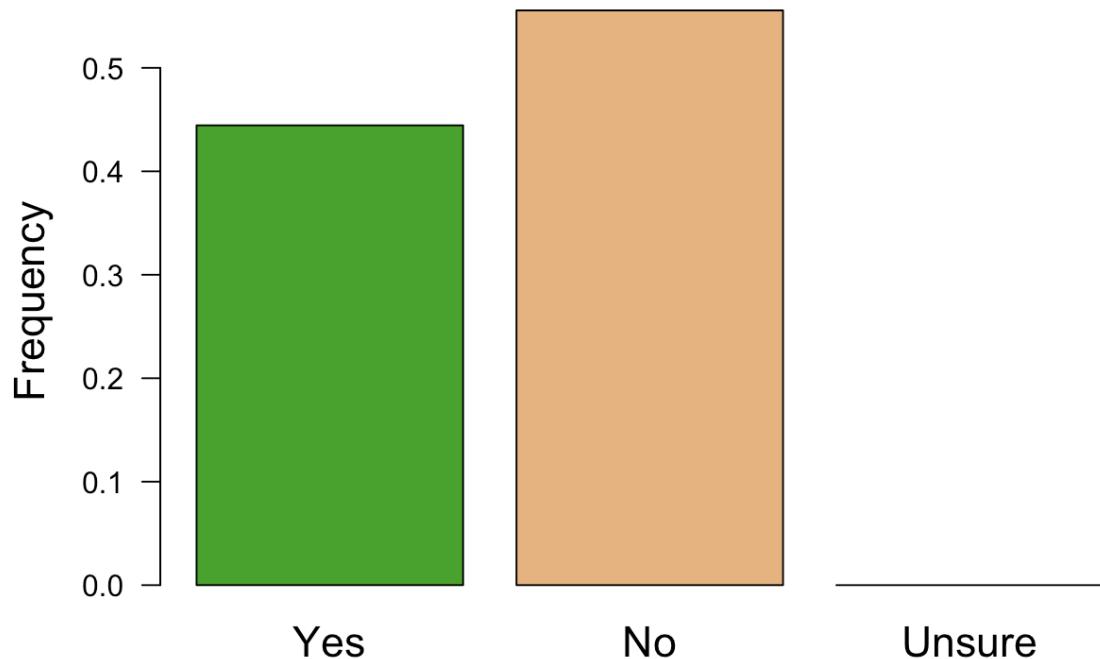
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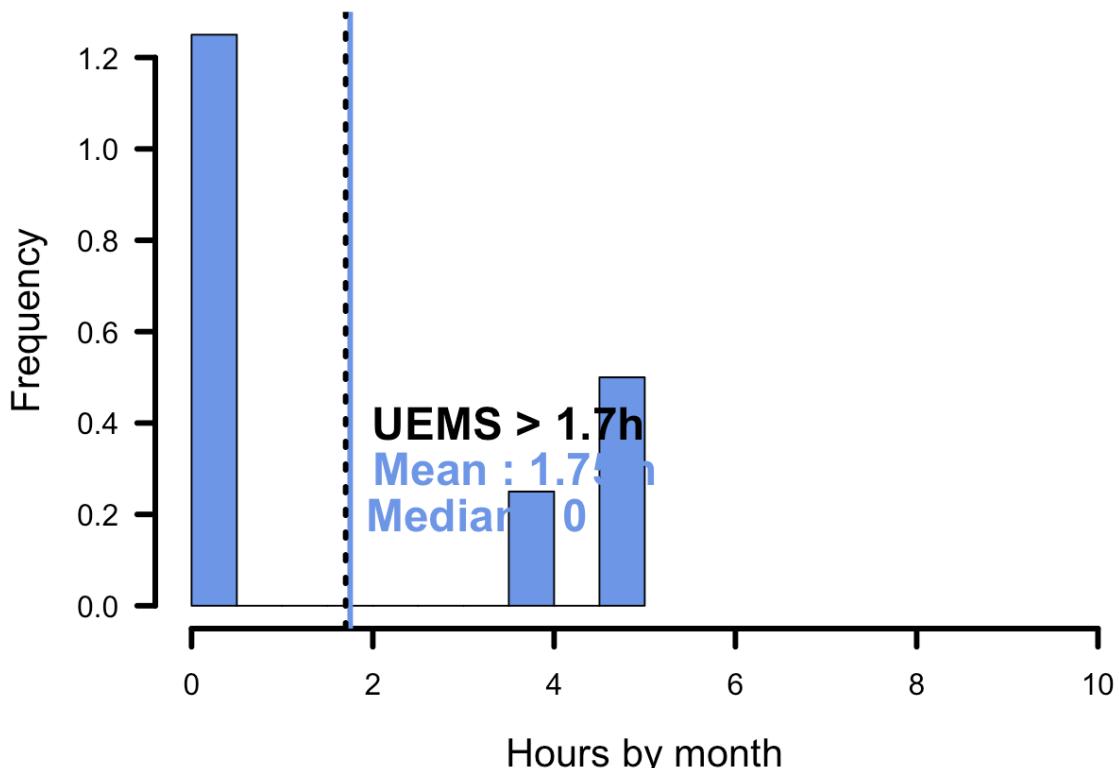
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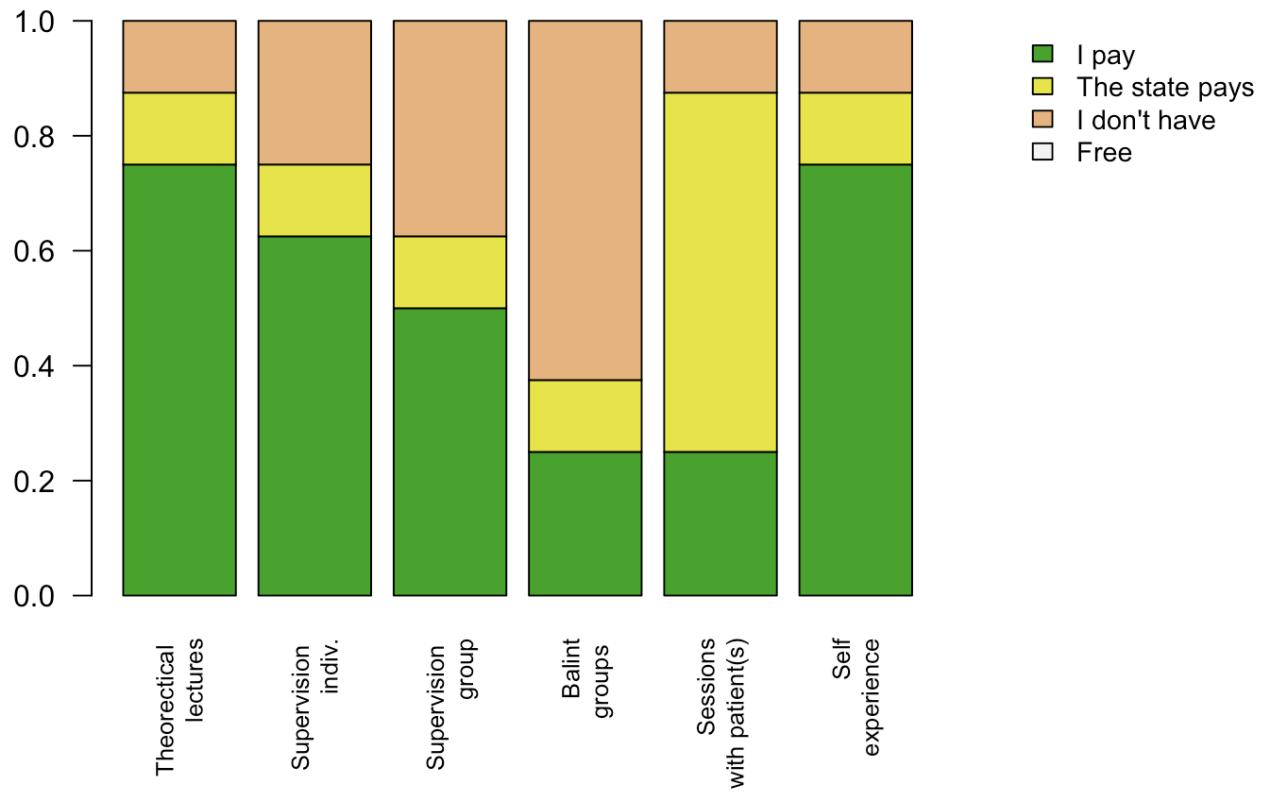


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```
table(Bosnia_Herzegovina_data$q_0015)
```

Who pays?

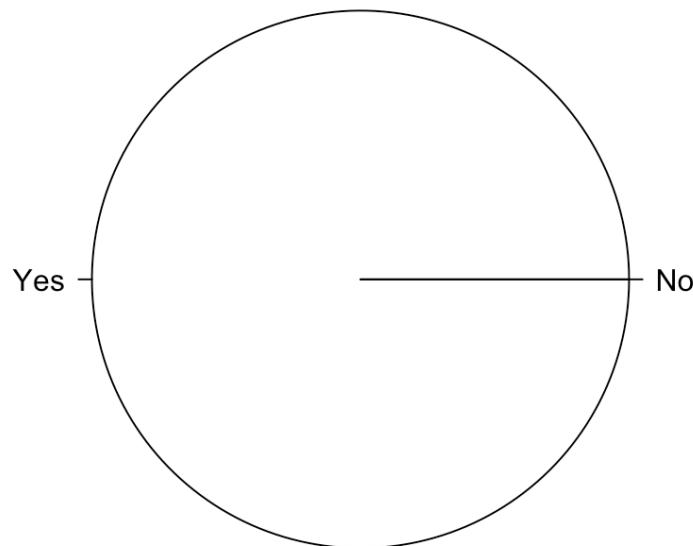
Who pays?



Would you train for free?

```
##  
## Yes No  
## 1 0
```

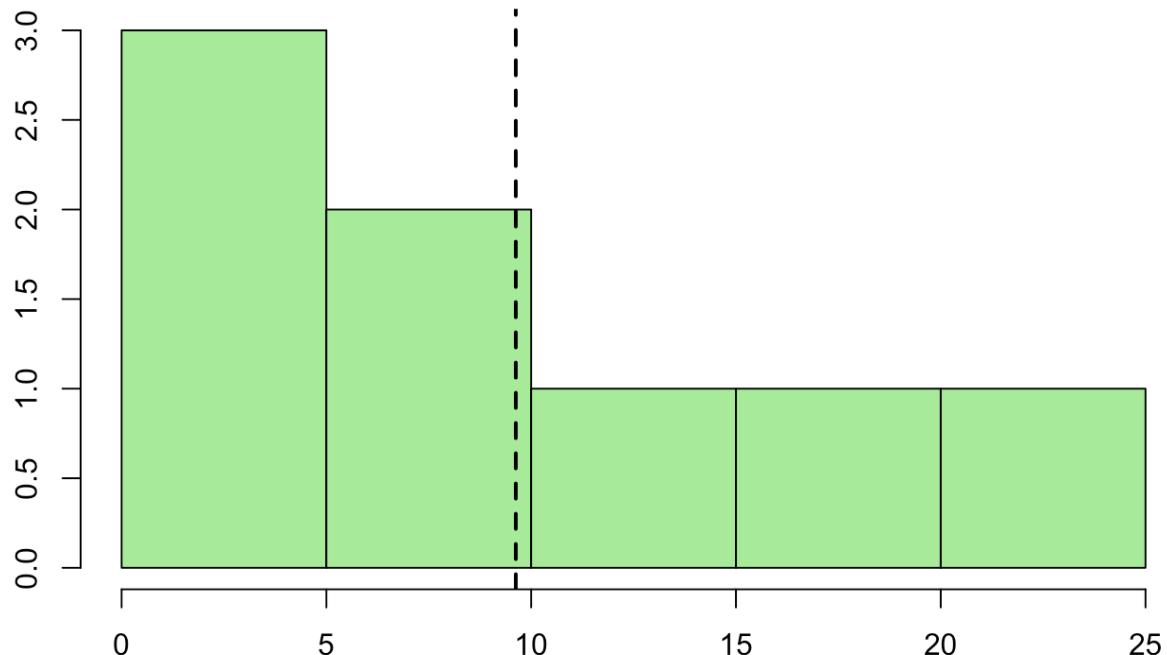
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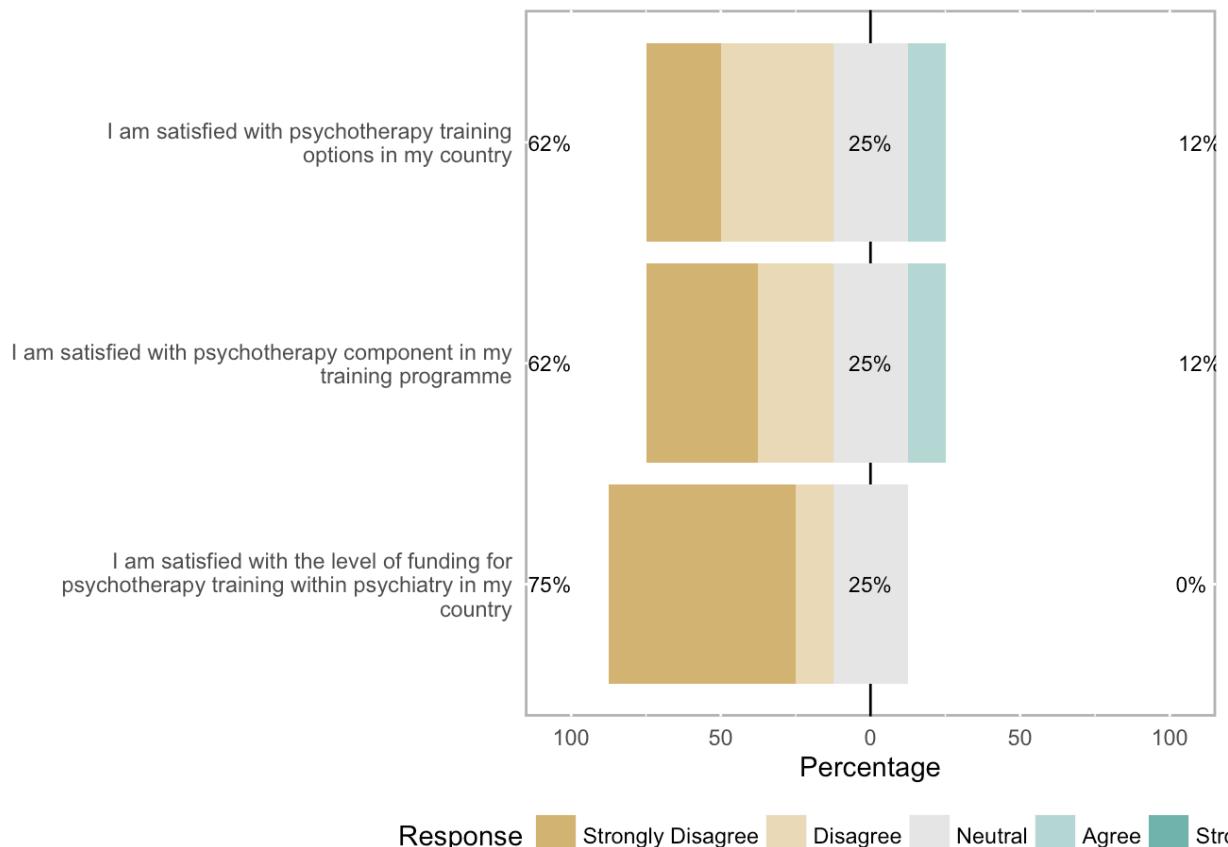
How much would you invest in psychotherapy training ?

% of annual salary for psychotherapy training

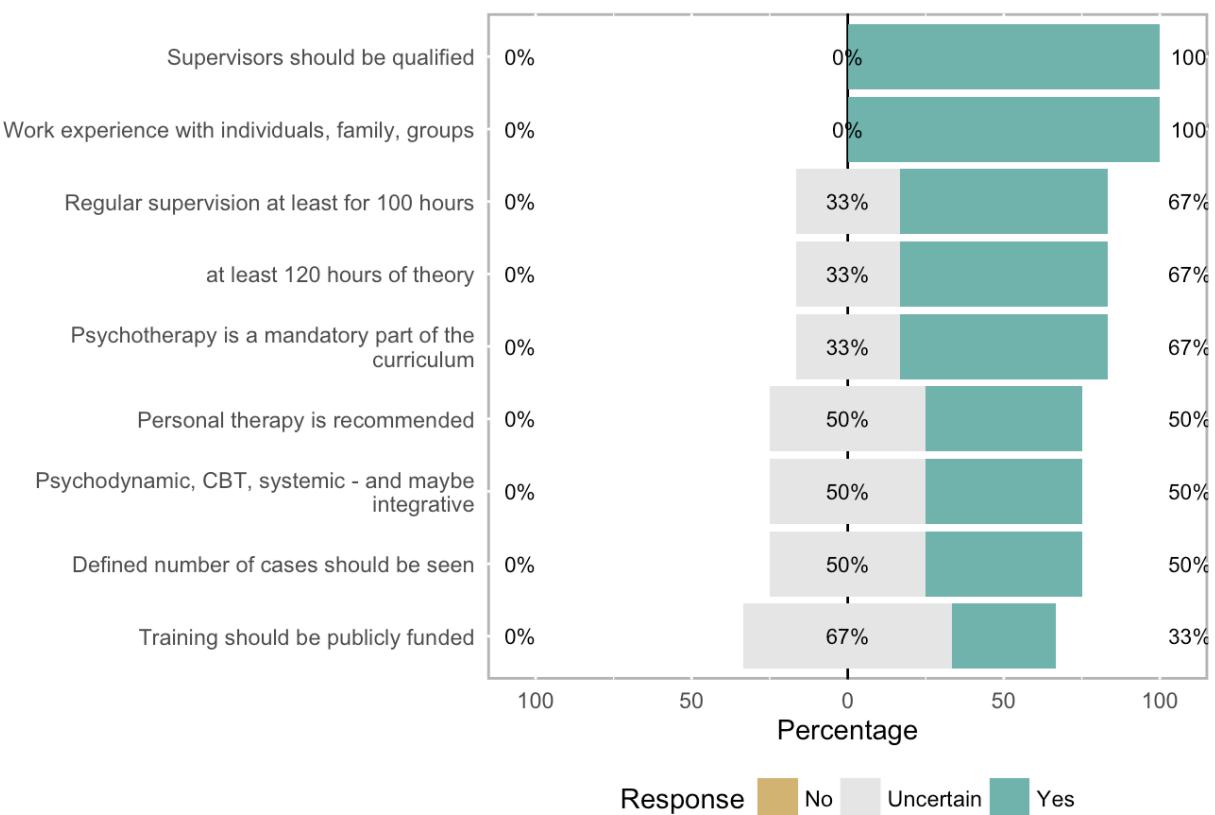


our annual salary do you intend to spend on funding your psychotherapy training In the

Satisfaction group

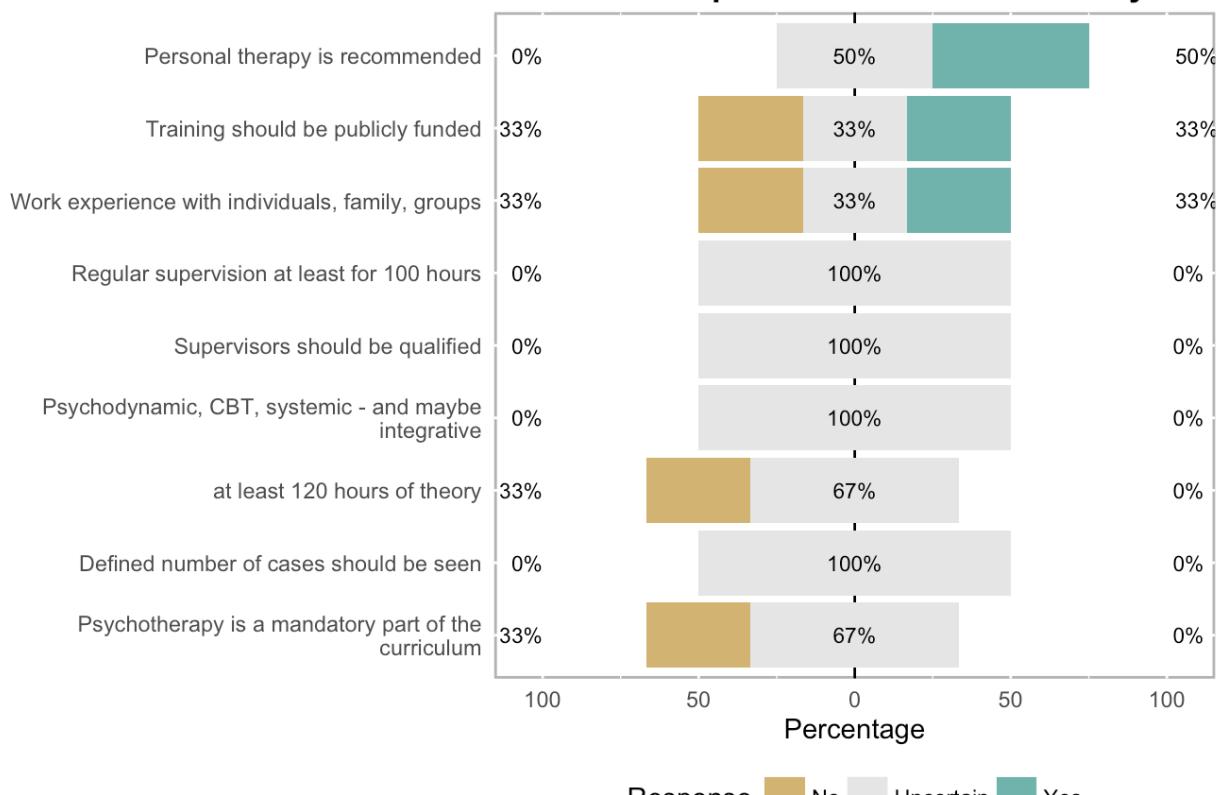


Awareness of UEMS recommendations



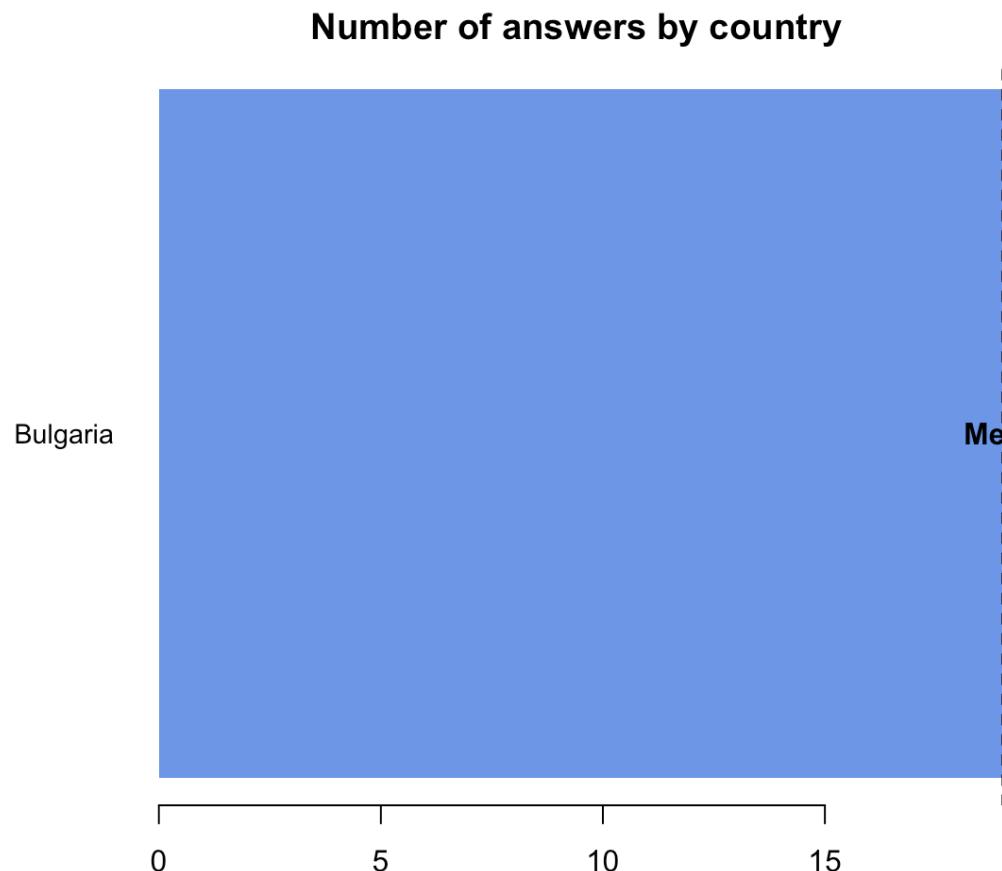
UEMS recommendations awareness

Actual implementation in the country



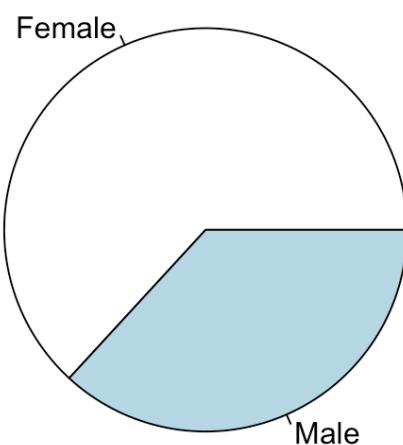
Bulgaria results

Number of participants



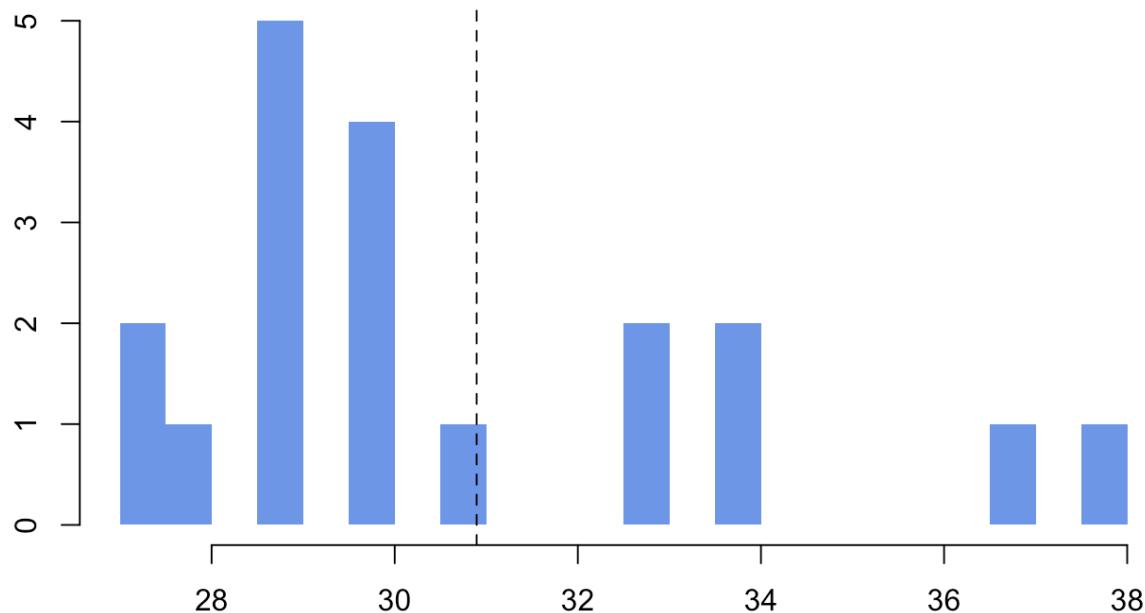
Gender

Gender of participants in Europe responses



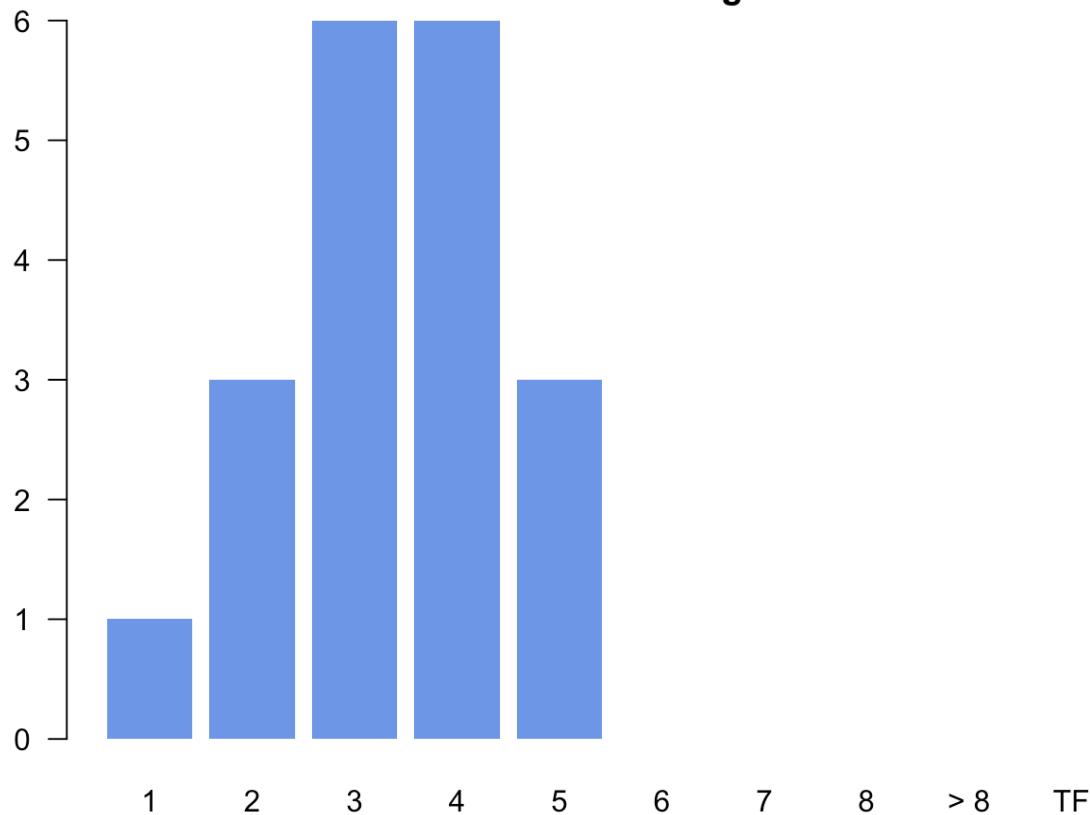
Age

Age distribution



Year in Training

Year of training

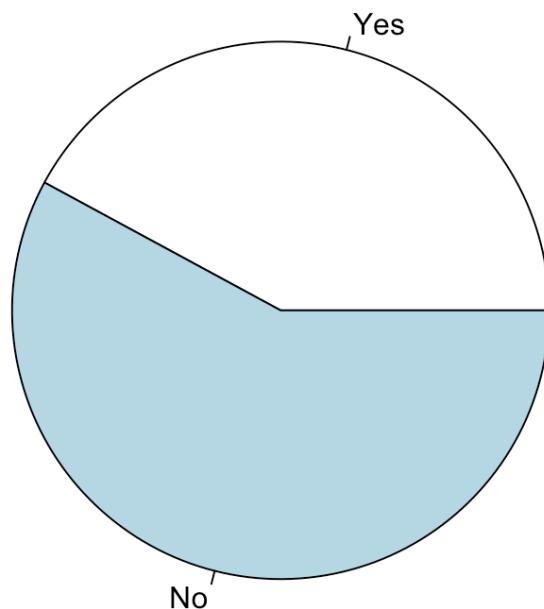


>TF for training finished

Are you receiving personal psychotherapy or have you received it in the past?

```
##  
##      Yes      No  
## 0.4210526 0.5789474
```

Receiving personal psychotherapy (present or past)

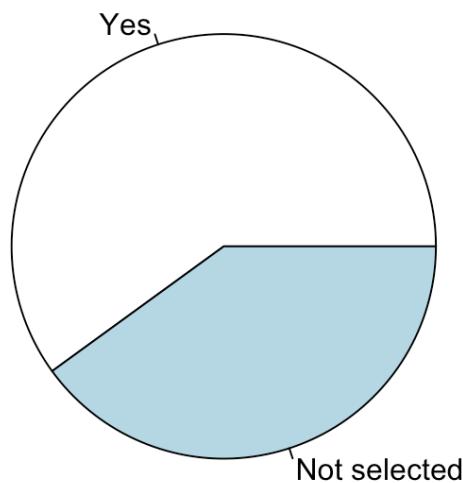


I am undertaking training in Psychotherapy on my own initiative

```
##  
##      Yes Not selected  
##          12           8
```

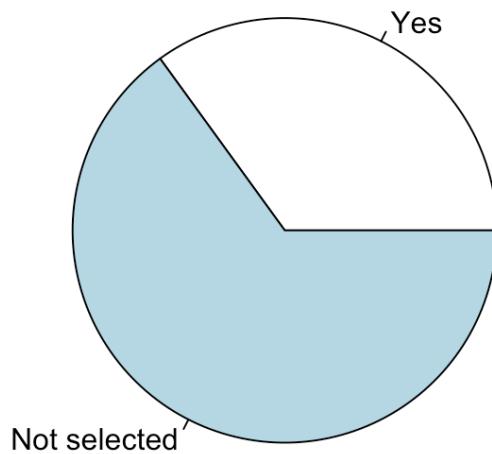
```
##  
##      Yes Not selected  
##          0.6           0.4
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

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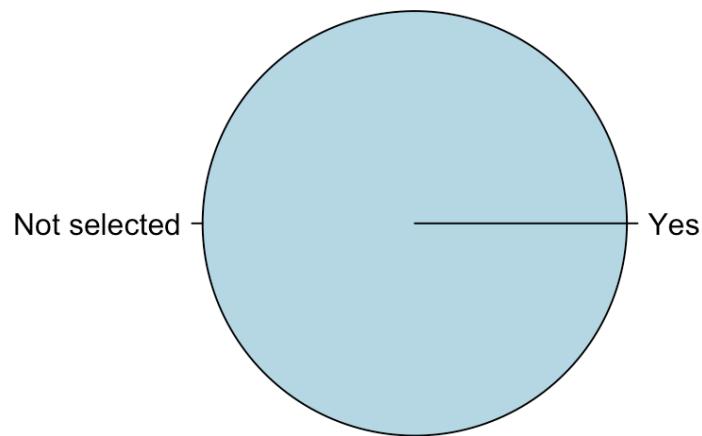


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##	
##	Yes Not selected
##	0 1

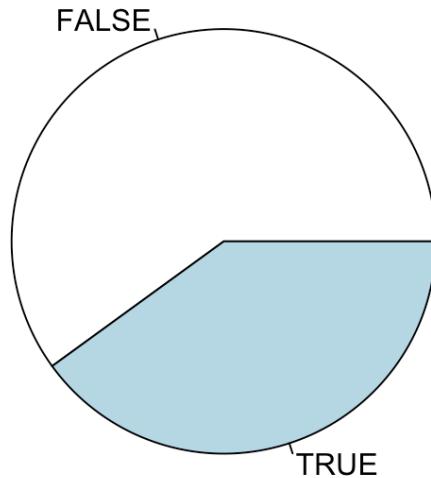
Completed a full training in a Psychotherapy (past)



I am training in some modality

```
##  
## FALSE TRUE  
## 12 8
```

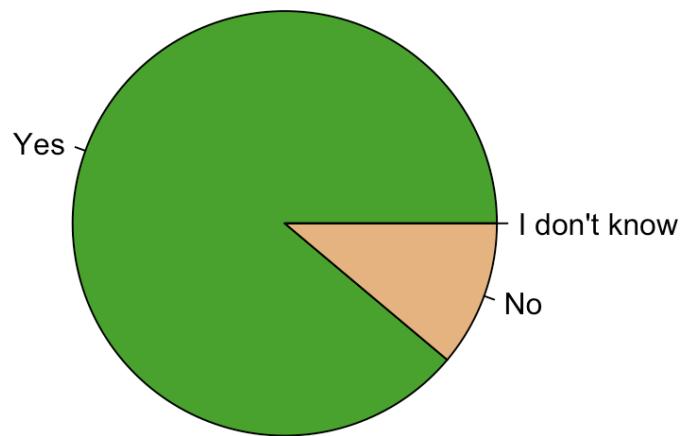
```
##  
## FALSE TRUE  
## 0.6 0.4
```

I am training in some modality of psychotherapy**Is psychotherapy important for your identity as a psychiatrist ?**

##			
##	Yes	No I don't know	
##	16	2	0

##			
##	Yes	No I don't know	
##	0.8888889	0.1111111	0.0000000

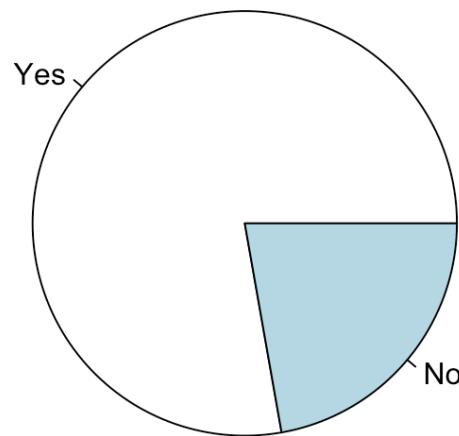
Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

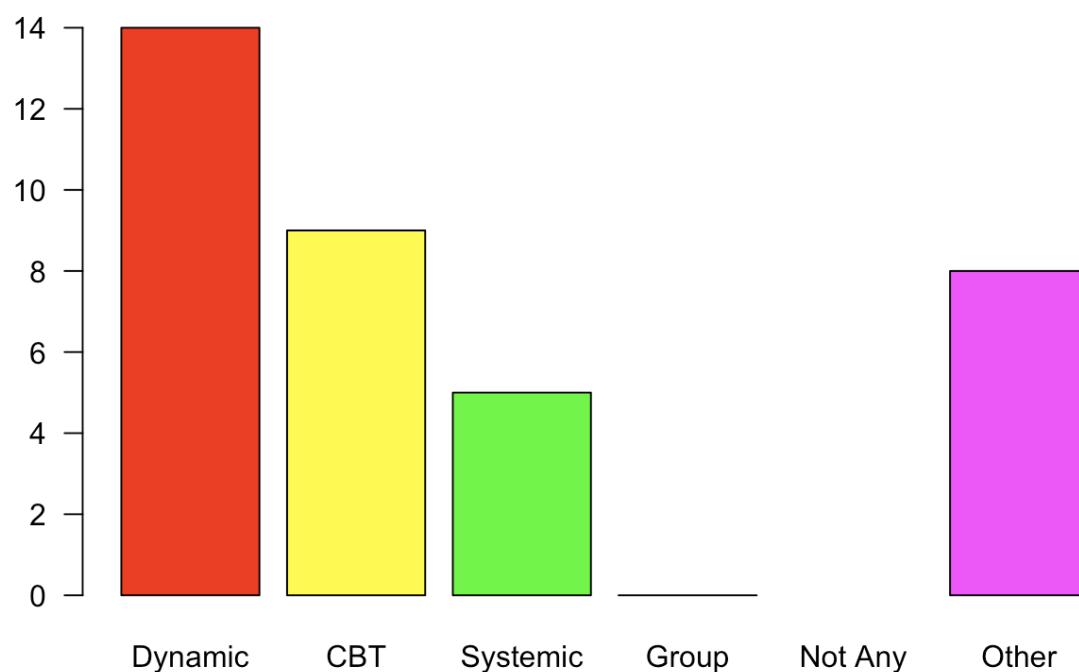
```
##  
##      Yes          No  
## 0.7777778 0.2222222
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

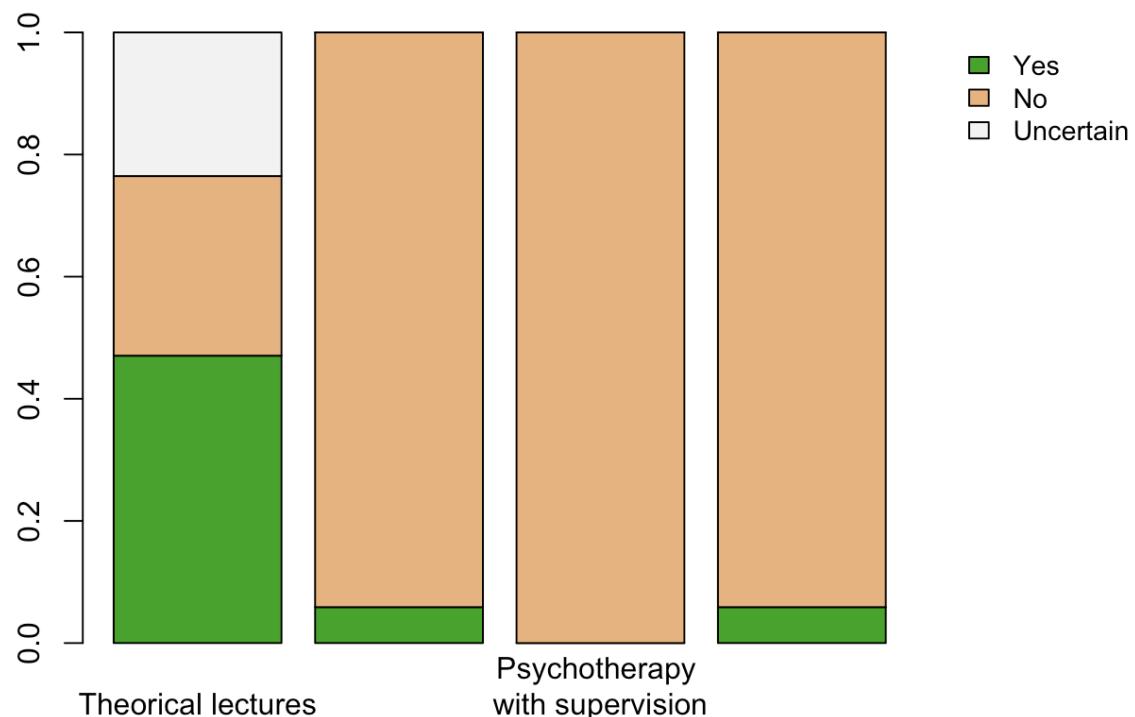
Interested in this therapy



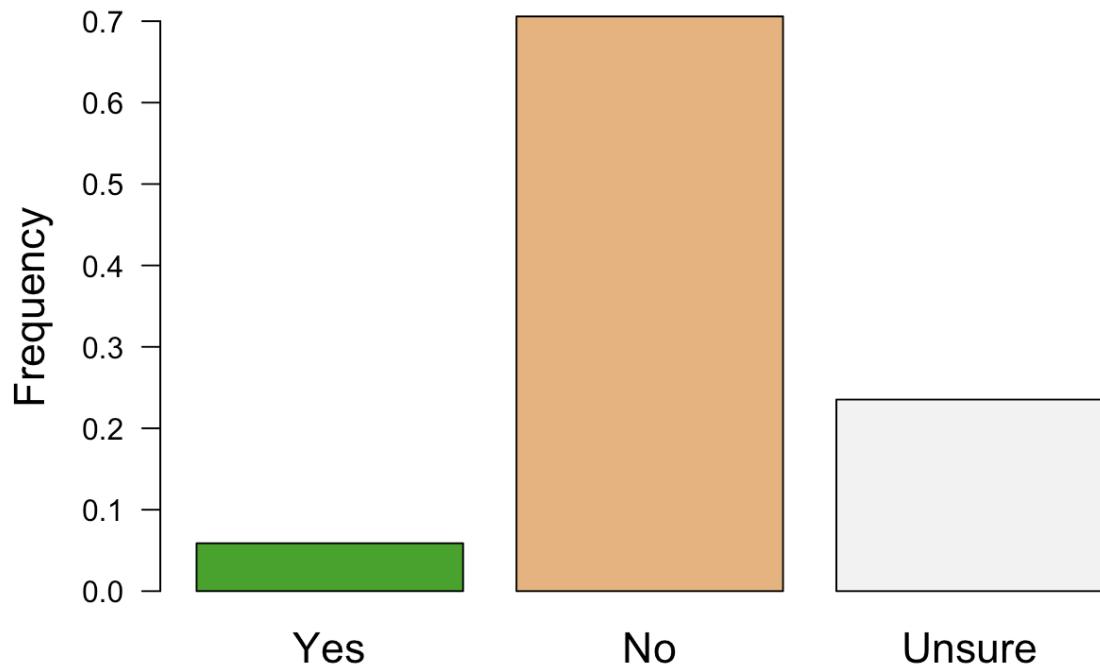
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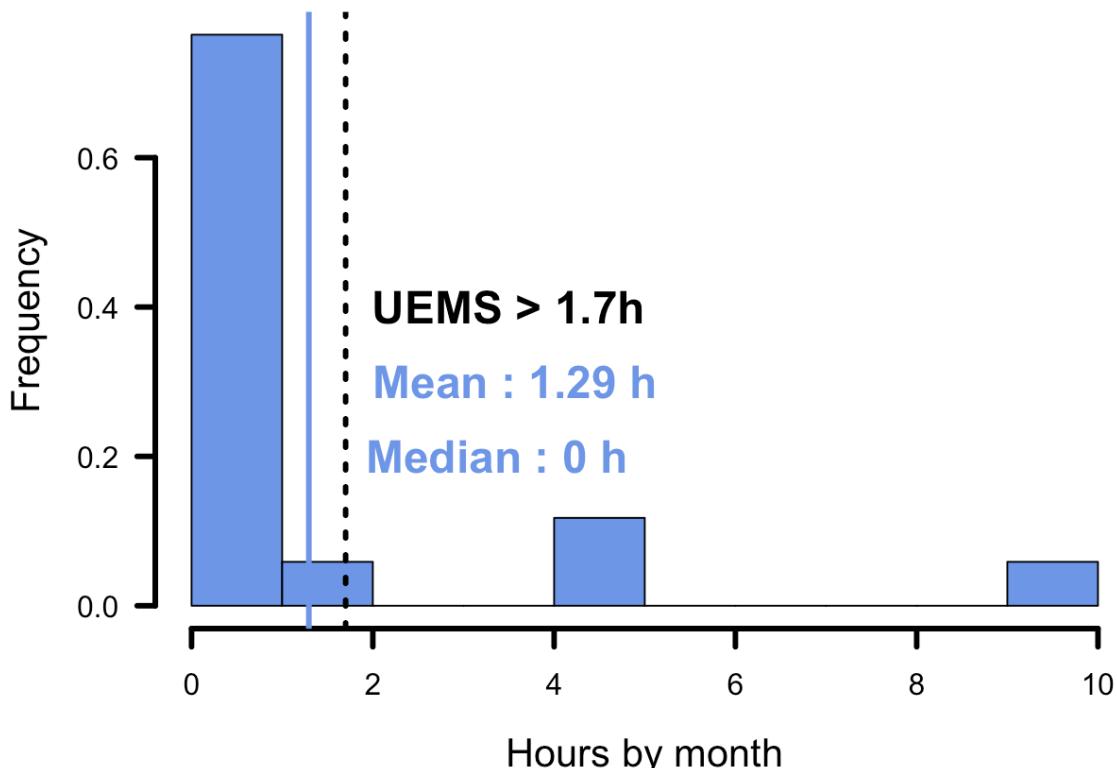
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Repartition of the hours of supervision in Europe

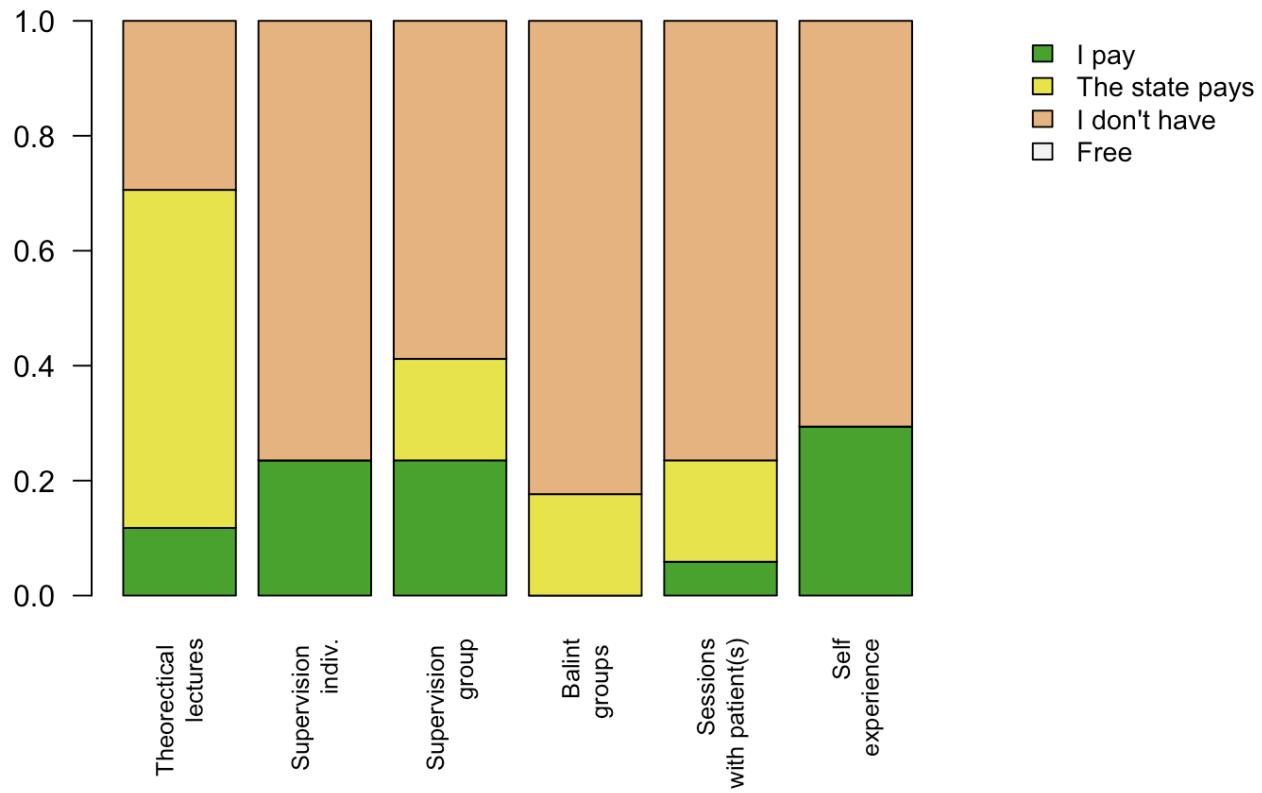


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```
table(Bulgaria_data$q_0015)
```

Who pays?

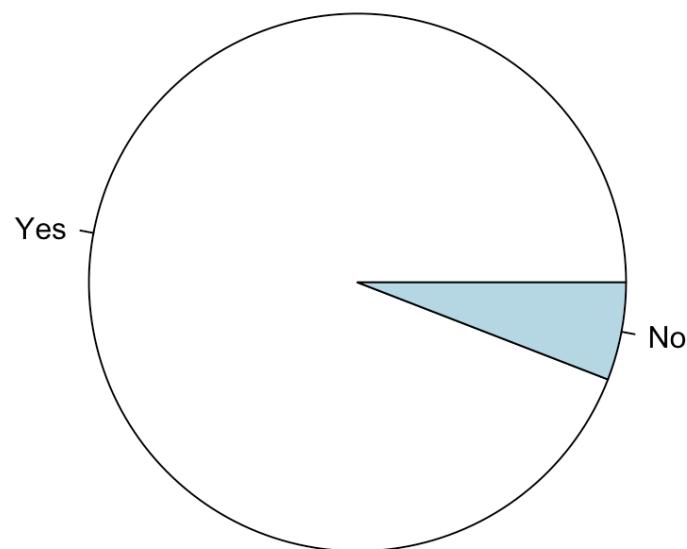
Who pays?



Would you train for free?

```
##  
##           Yes          No  
## 0.94117647 0.05882353
```

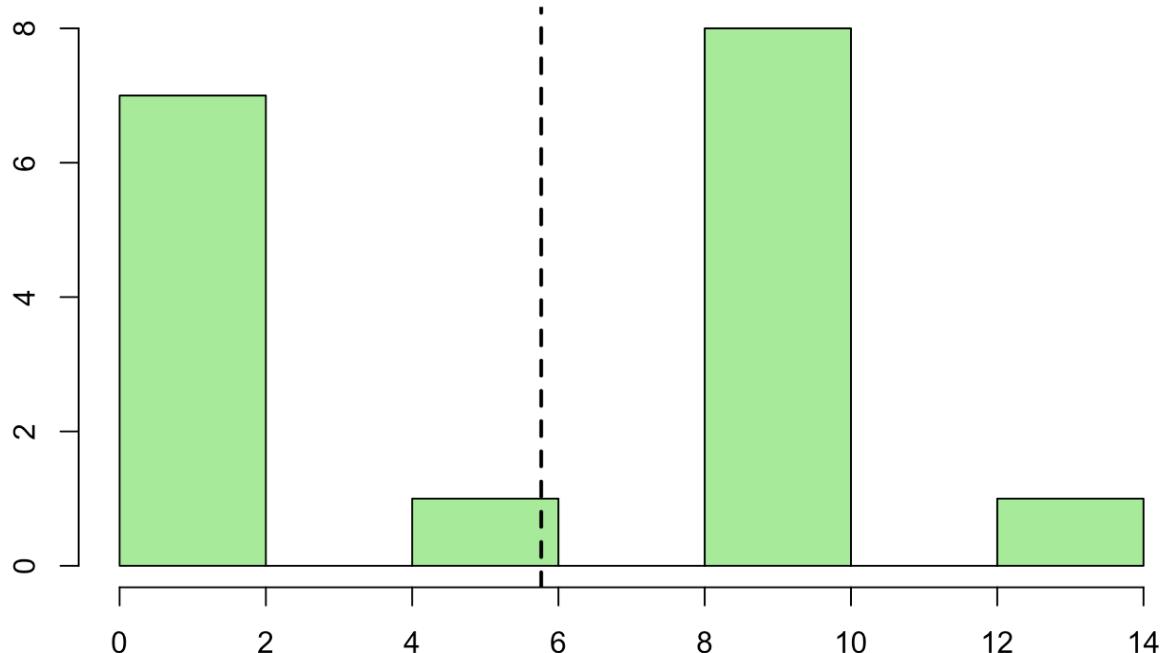
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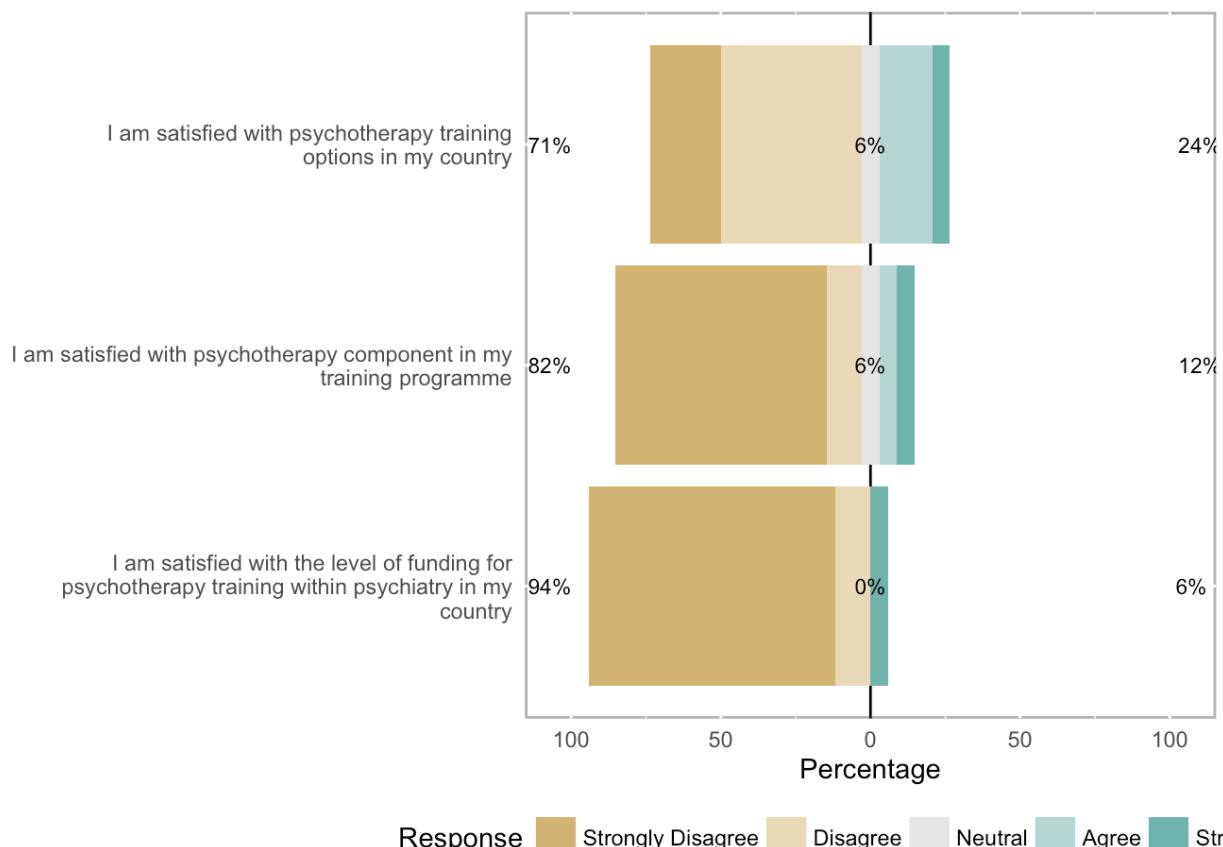
How much would you invest in psychotherapy training ?

% of annual salary for psychotherapy training

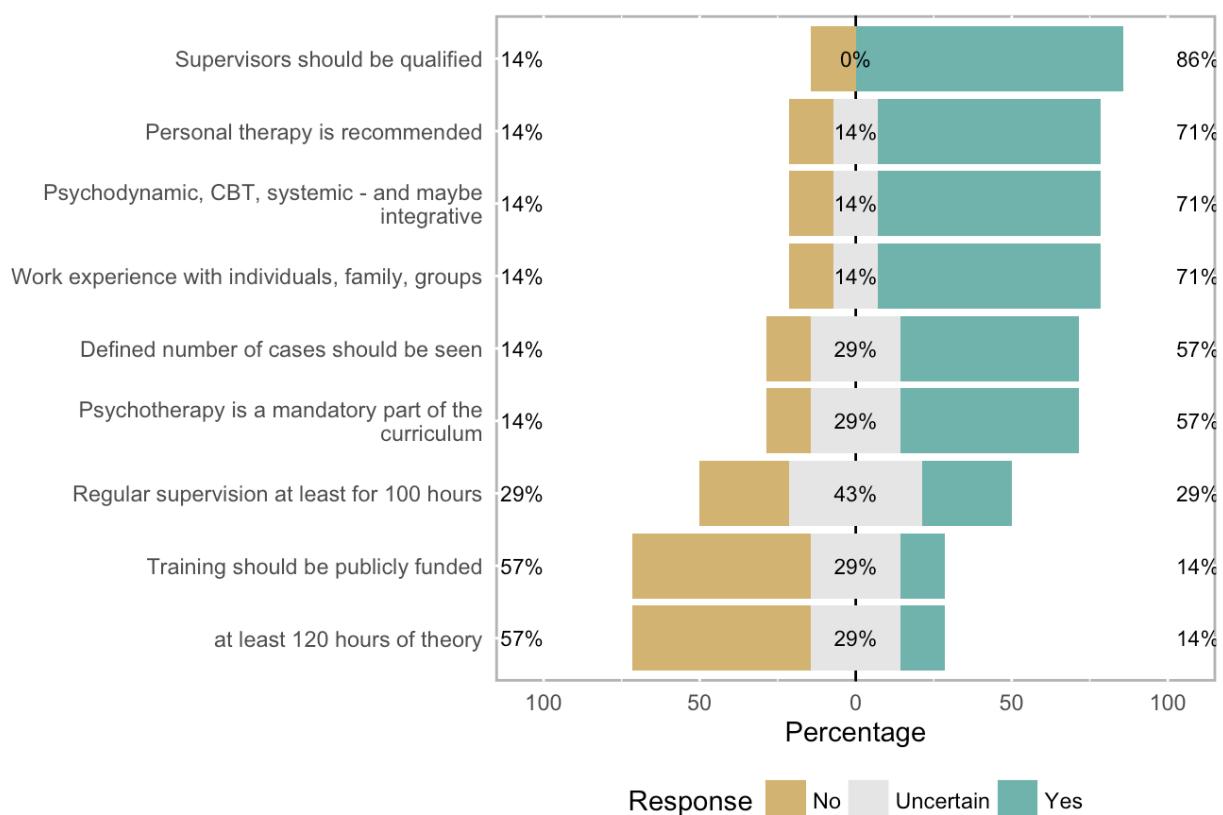


our annual salary do you intend to spend on funding your psychotherapy training In the

Satisfaction group

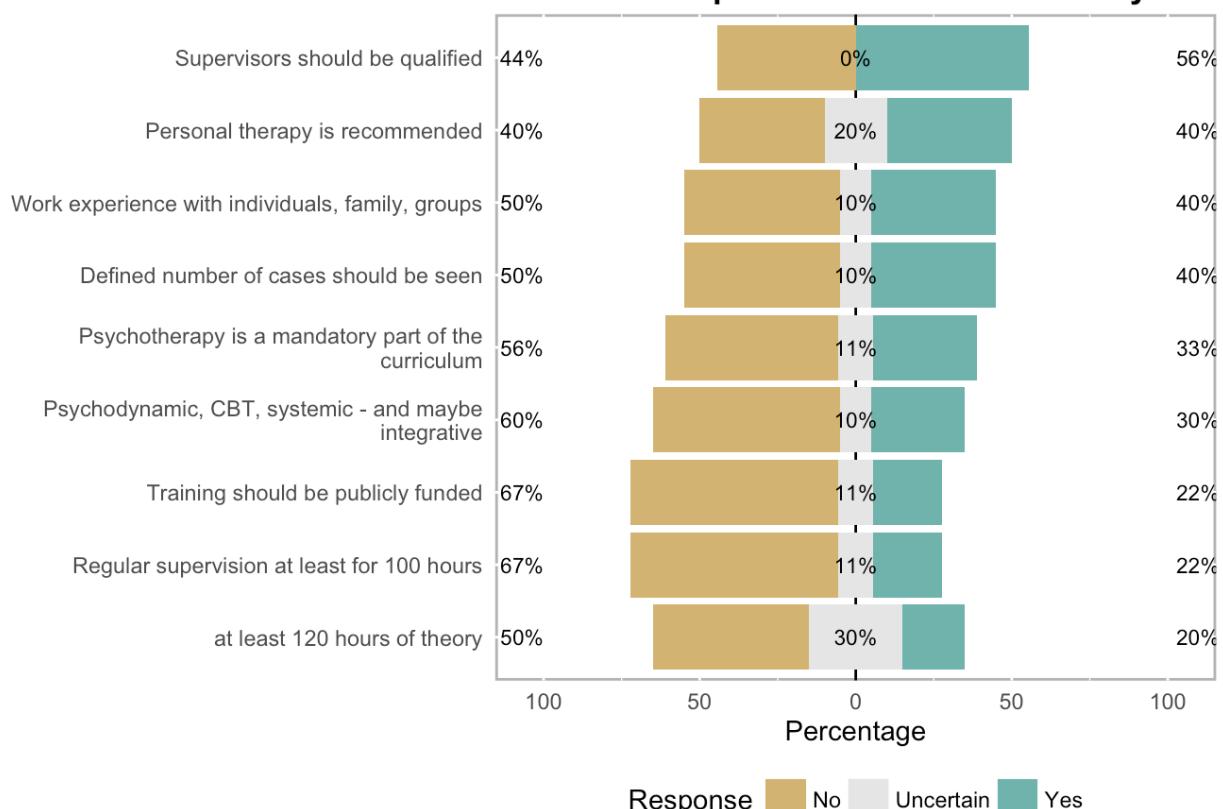


Awareness of UEMS recommendations



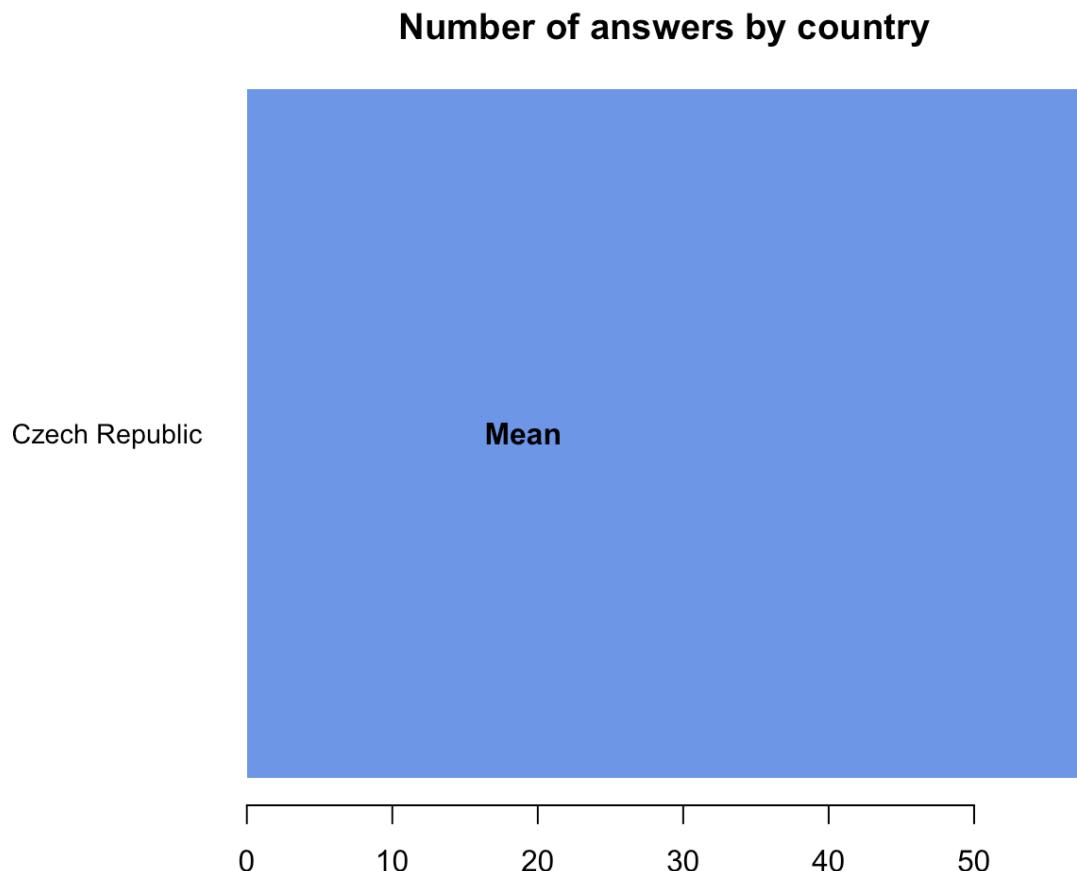
UEMS recommendations awareness

Actual implementation in the country



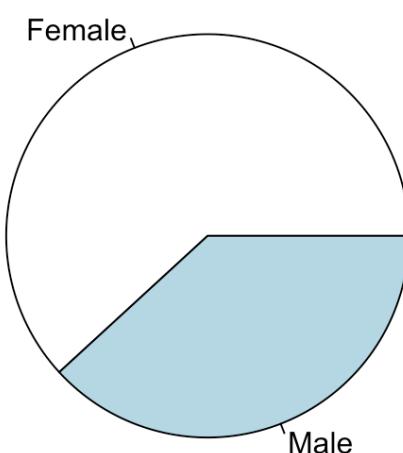
Czech Republic results

Number of participants



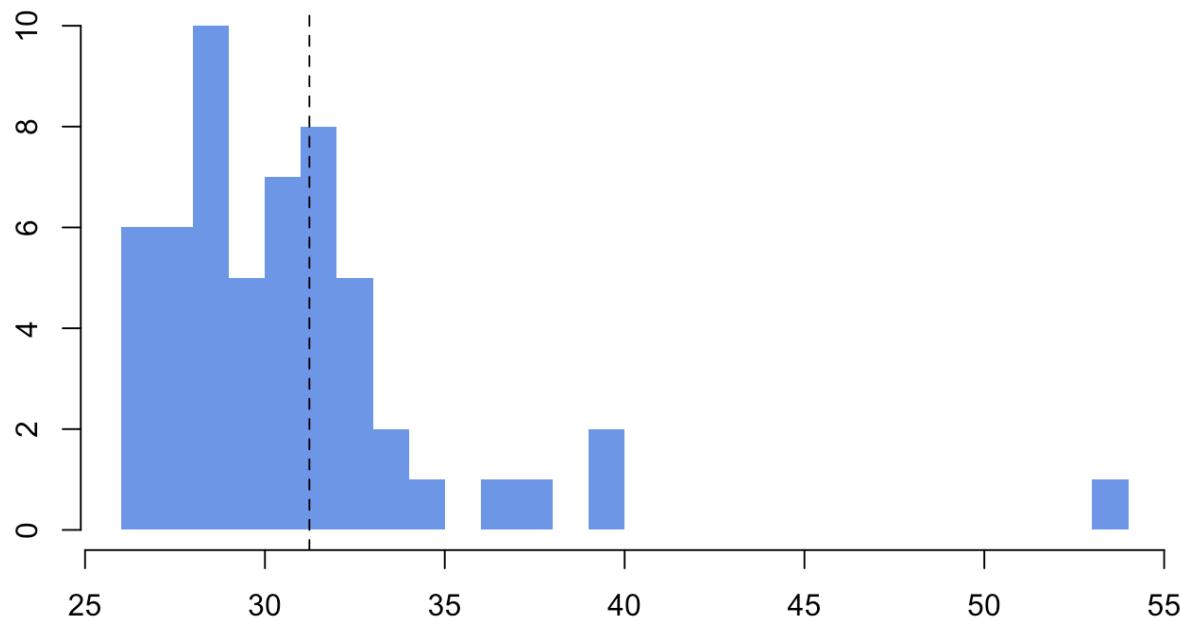
Gender

Gender of participants in Europe responses



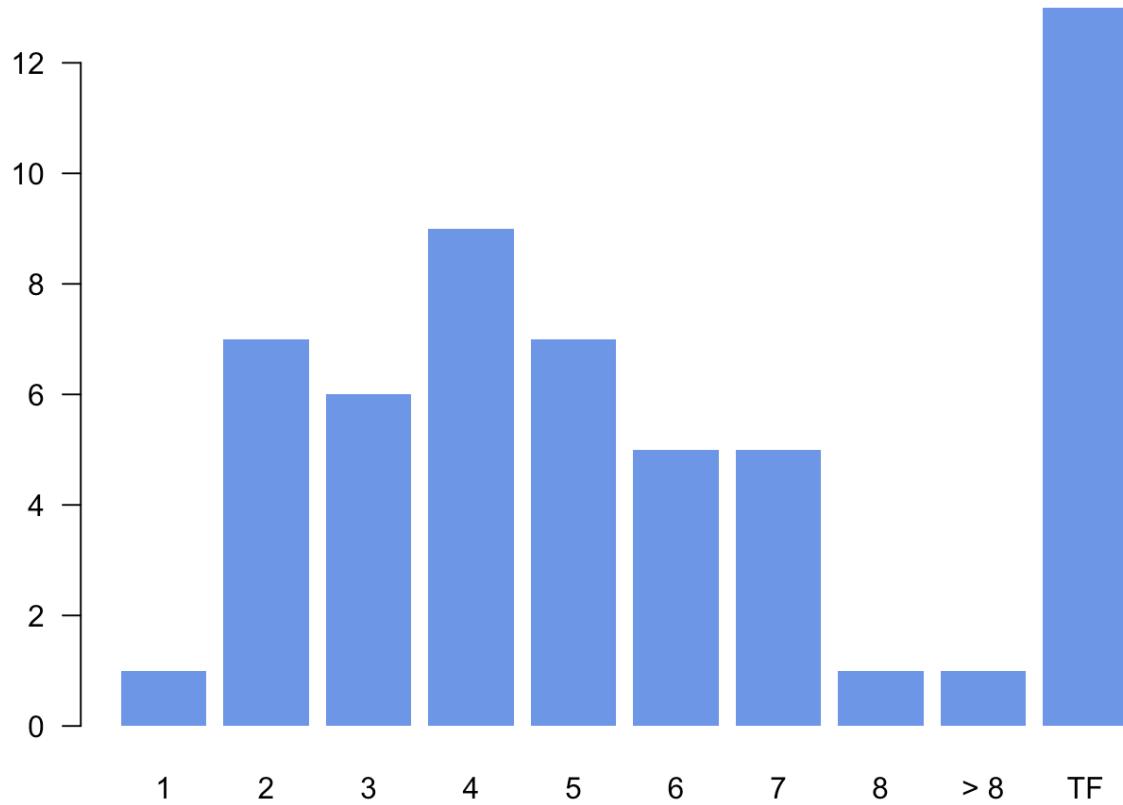
Age

Age distribution



Year in Training

Year of training

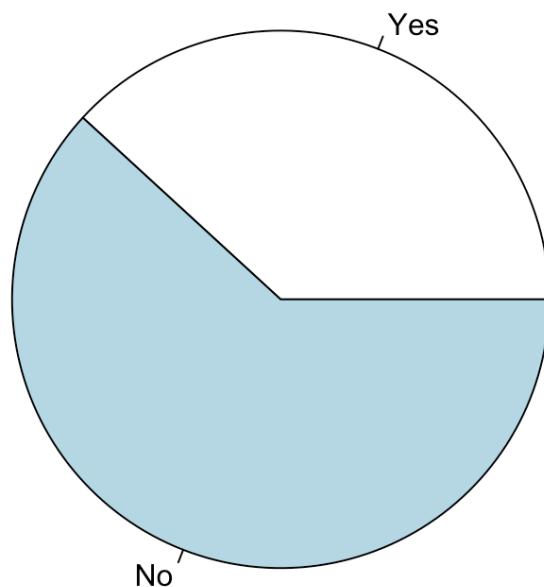


>TF for training finished

Are you receiving personal psychotherapy or have you received it in the past?

```
##  
##      Yes          No  
## 0.3818182 0.6181818
```

Receiving personal psychotherapy (present or past)

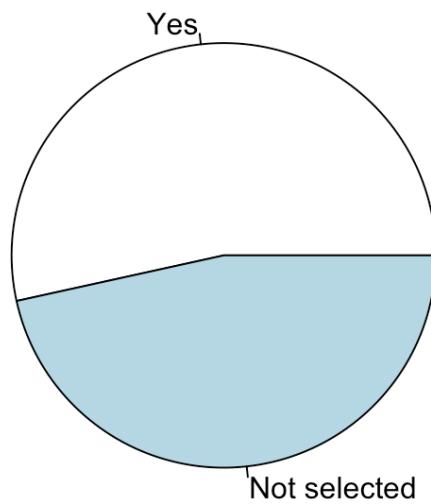


I am undertaking training in Psychotherapy on my own initiative

```
##  
##      Yes Not selected  
##          31          27
```

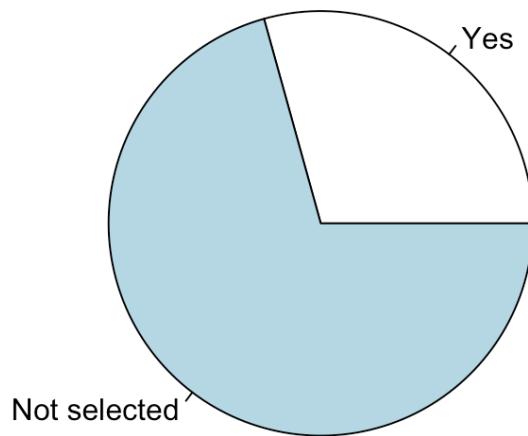
```
##  
##      Yes Not selected  
## 0.5344828 0.4655172
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

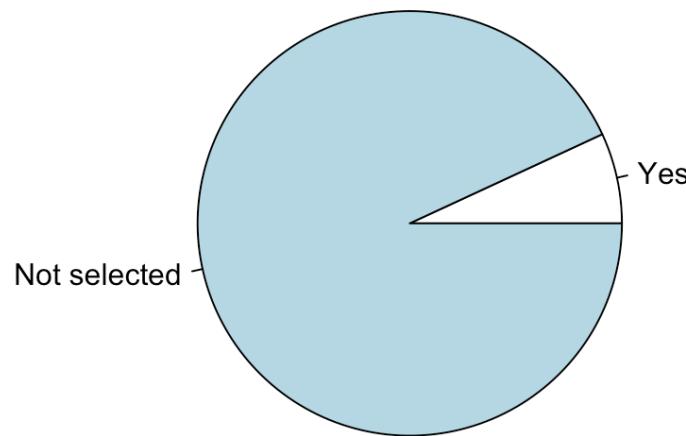


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##  
##           Yes Not selected  
## 0.06896552 0.93103448
```

Completed a full training in a Psychotherapy (past)

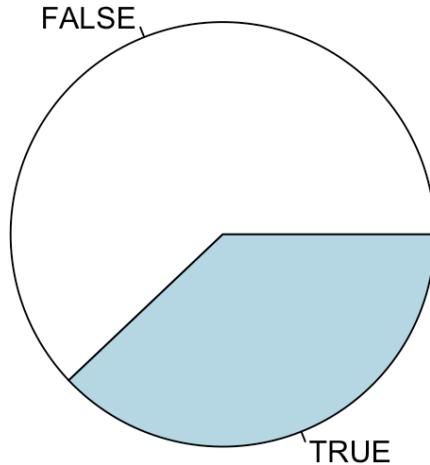


I am training in some modality

```
##  
## FALSE TRUE  
## 36 22
```

```
##  
## FALSE TRUE  
## 0.6206897 0.3793103
```

I am training in some modality of psychotherapy

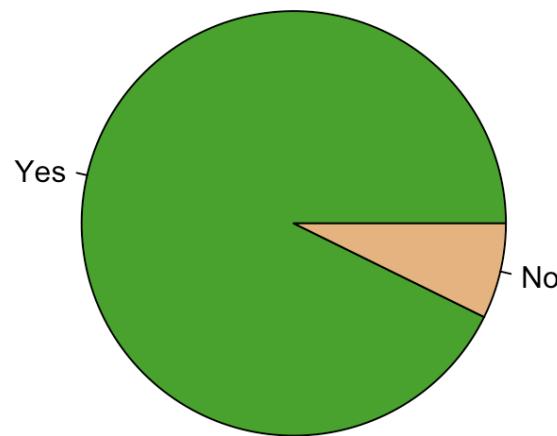


Is psychotherapy important for your identity
as a psychiatrist ?

```
##  
## Yes No  
## 51 4
```

```
##  
## Yes No  
## 0.92727273 0.07272727
```

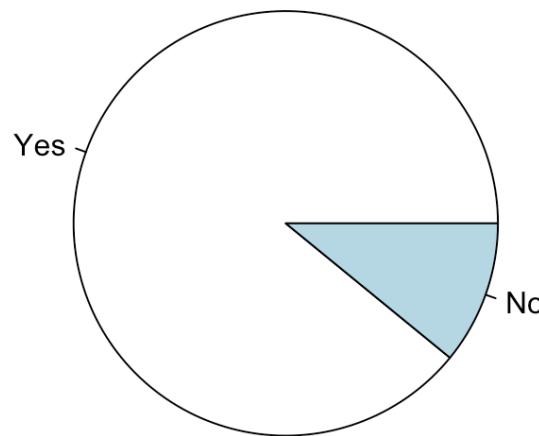
Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

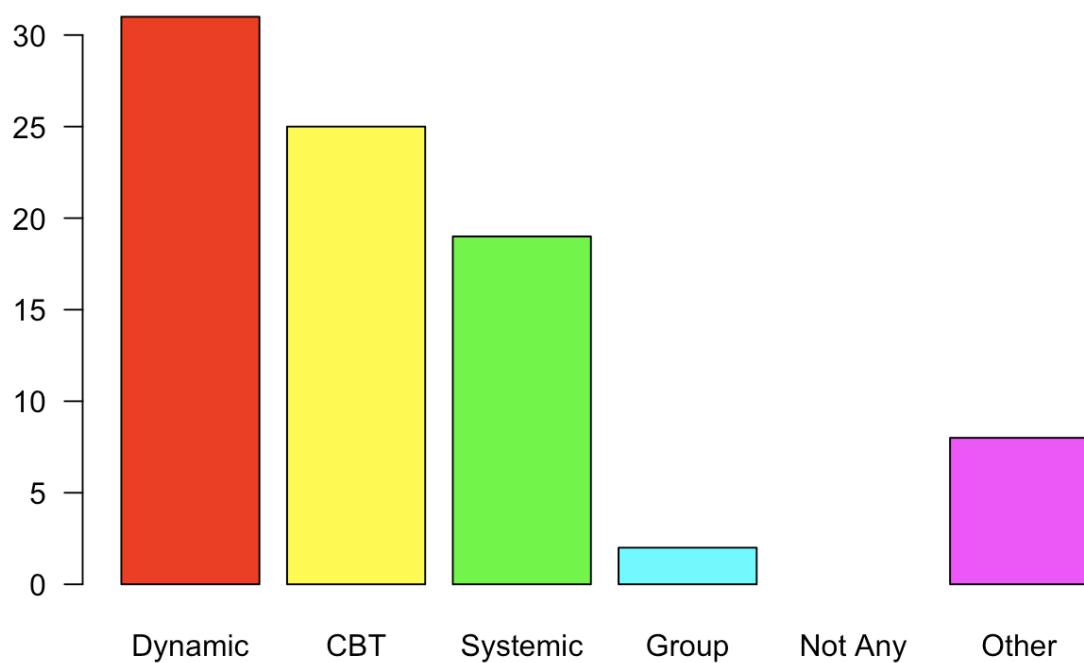
```
##  
##      Yes      No  
## 0.8909091 0.1090909
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

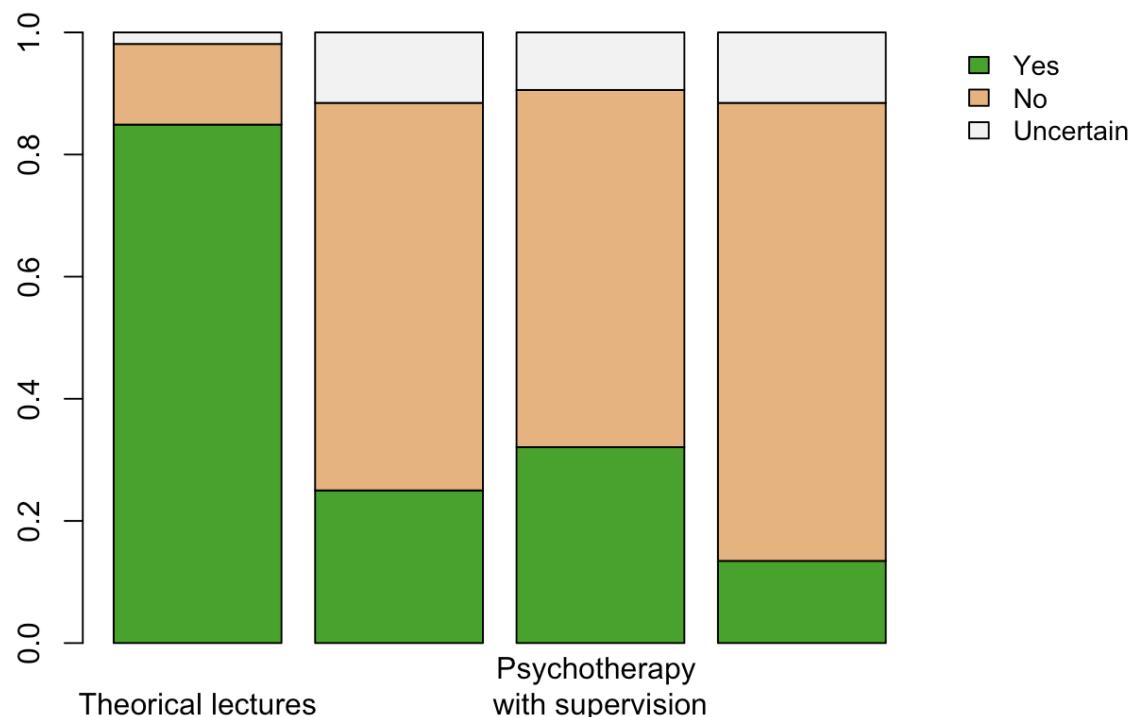
Interested in this therapy



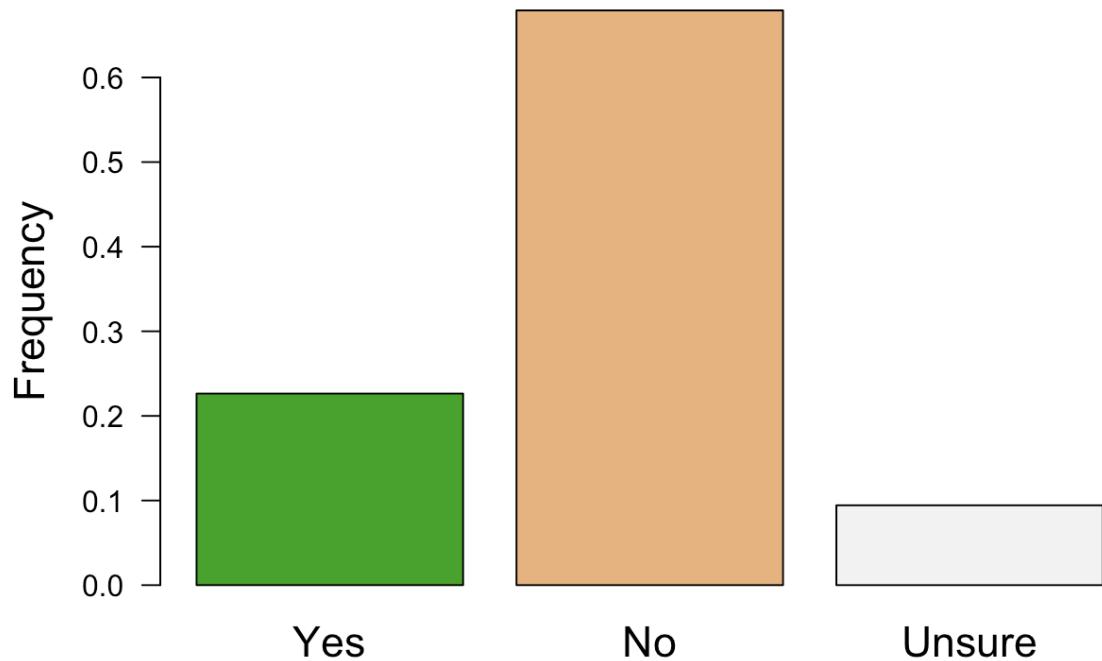
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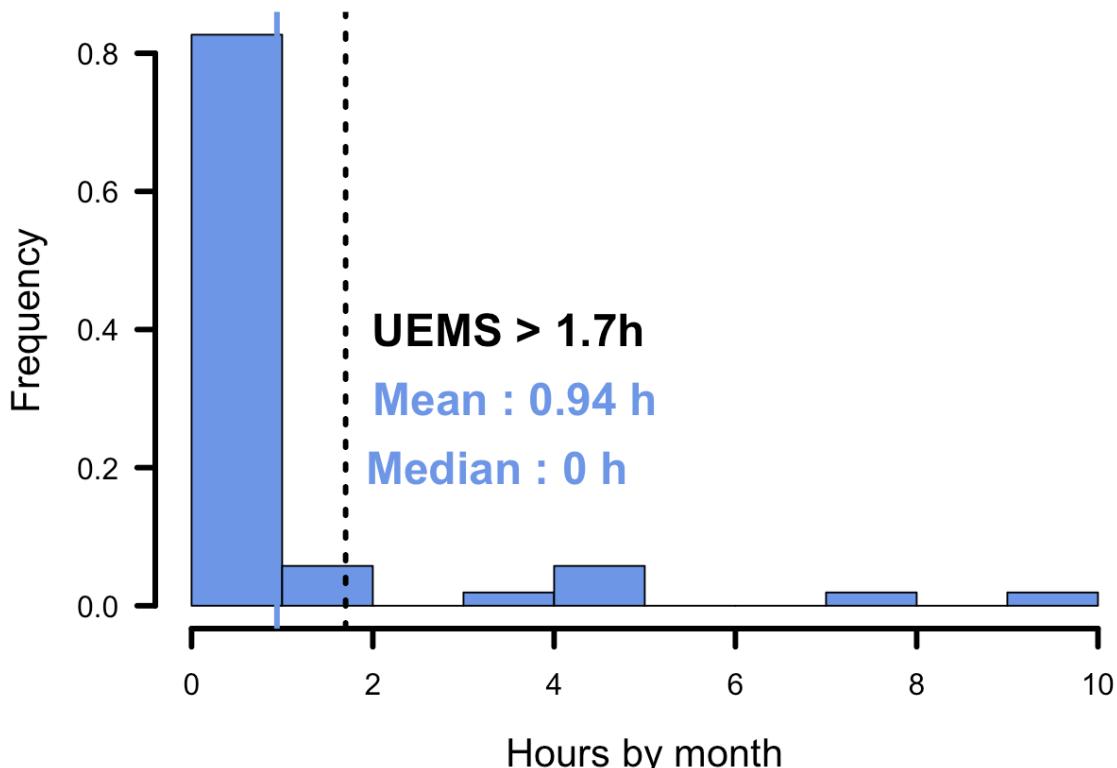
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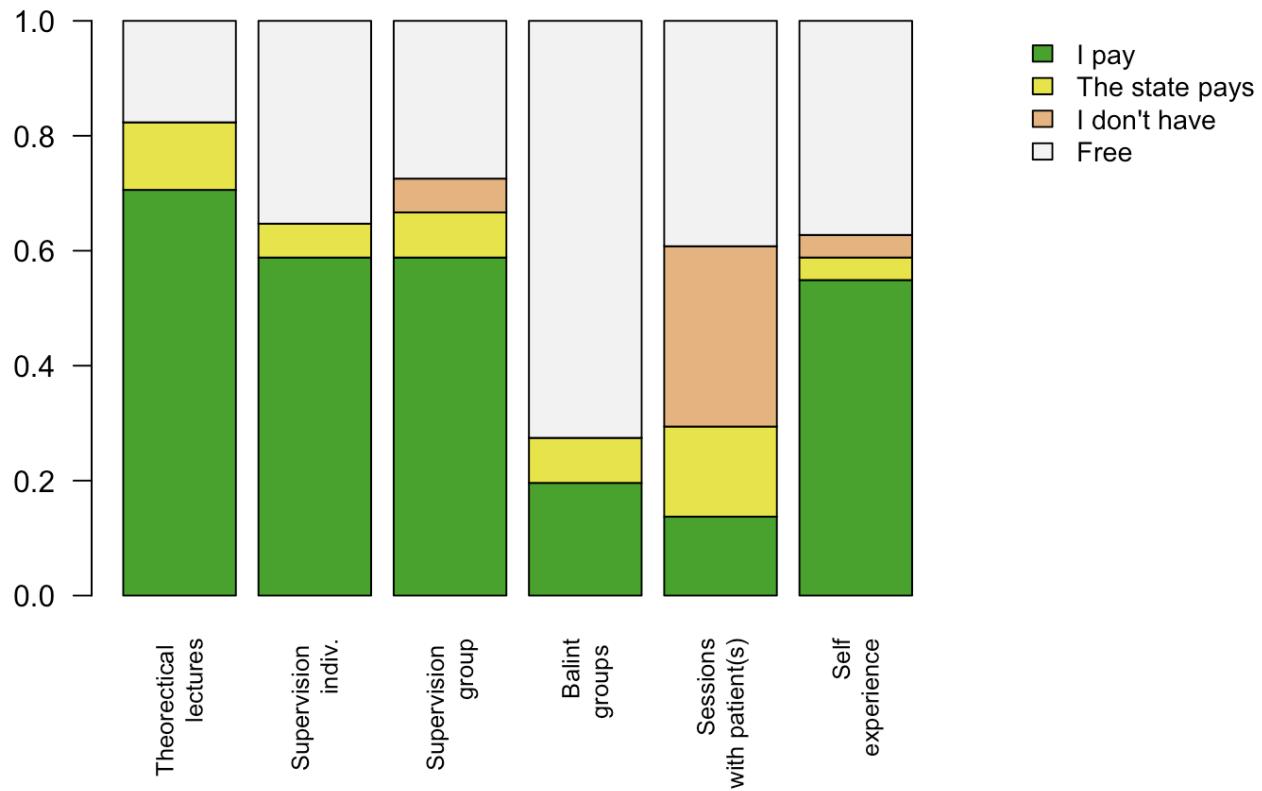


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```
table(Czech_Republic_data$q_0015)
```

Who pays?

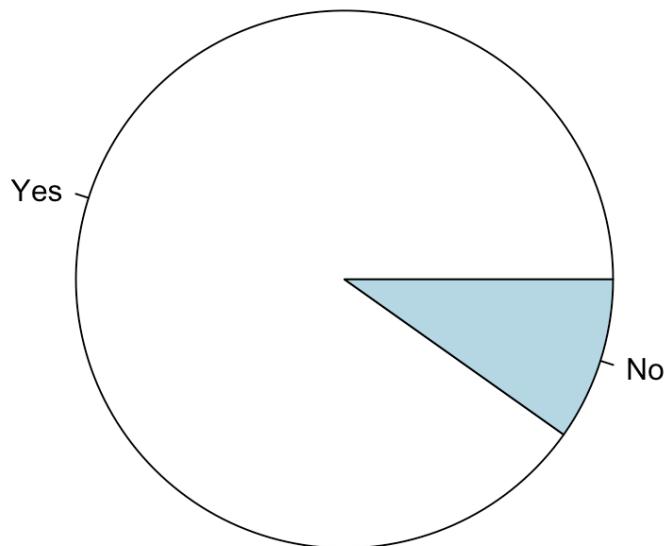
Who pays?



Would you train for free?

```
##  
##           Yes          No  
## 0.90196078 0.09803922
```

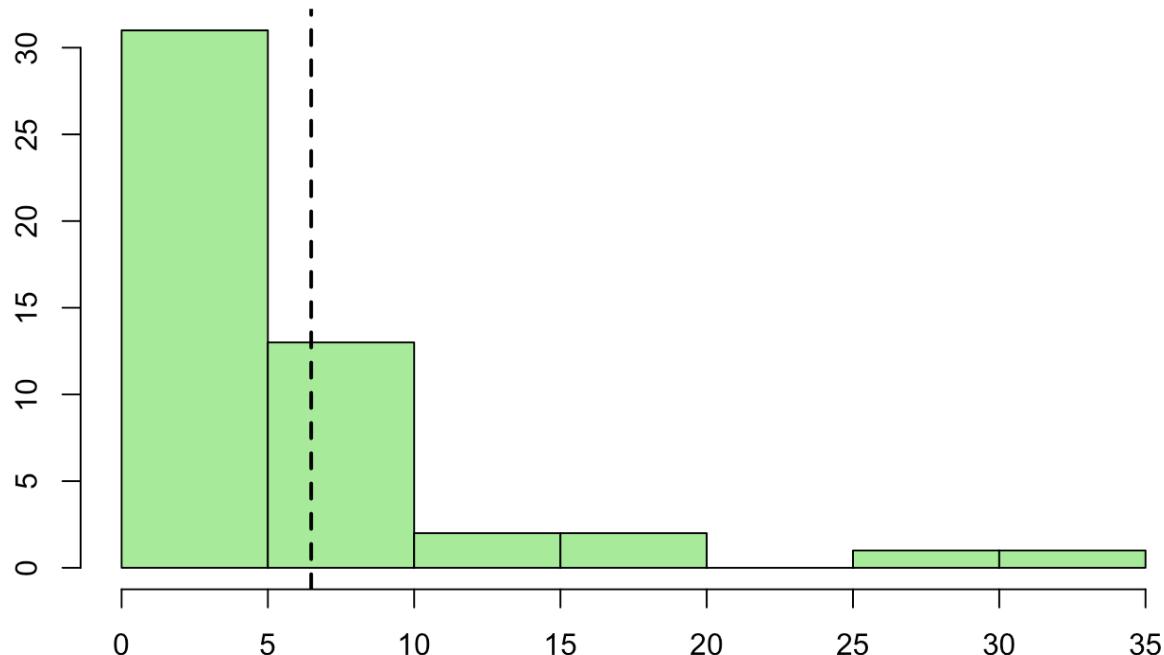
Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

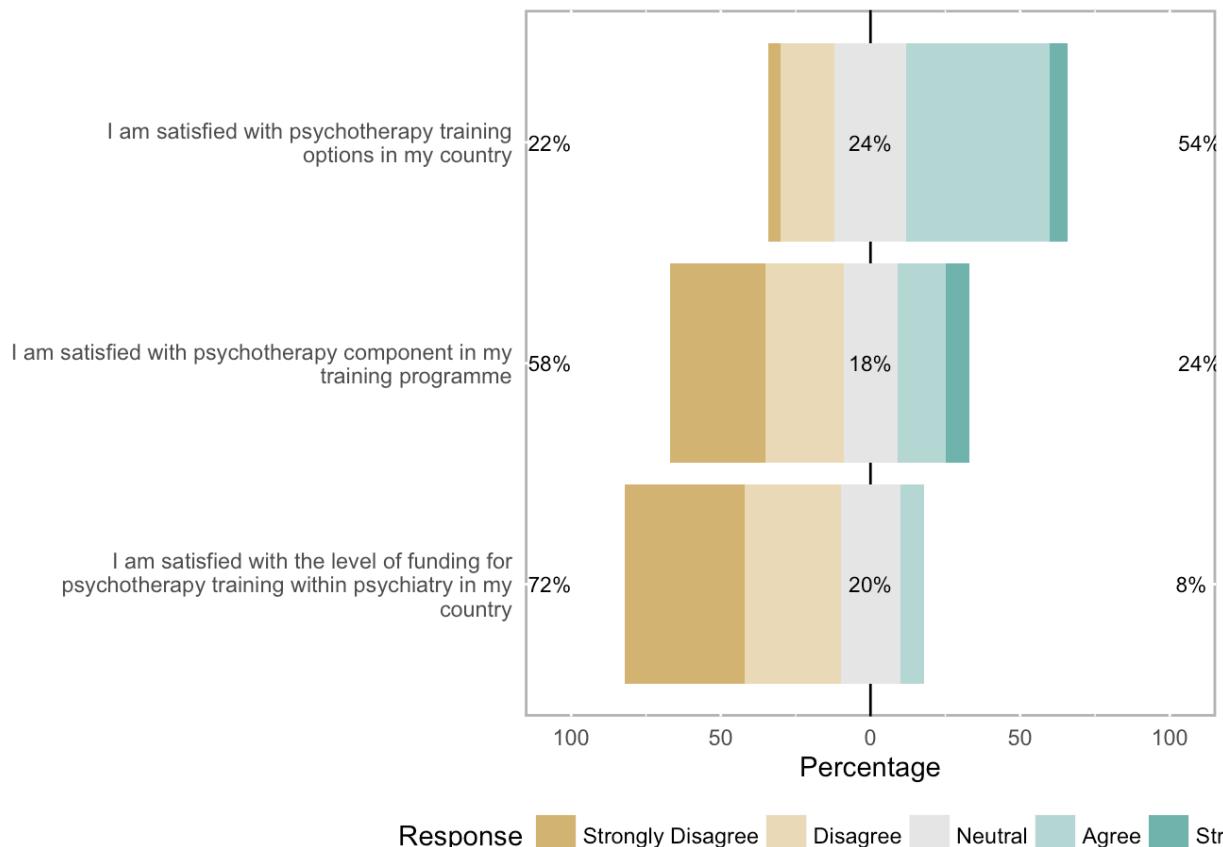
How much would you invest in psychotherapy training ?

% of annual salary for psychotherapy training

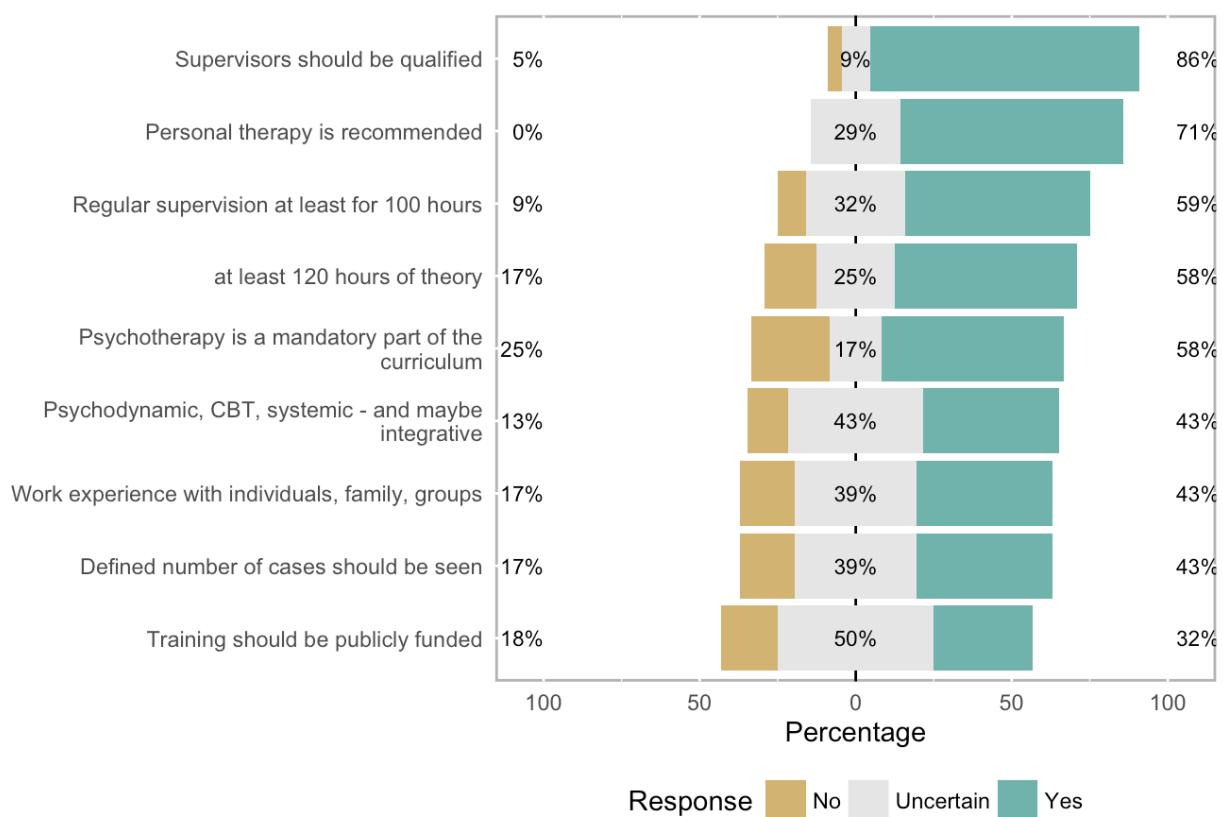


our annual salary do you intend to spend on funding your psychotherapy training In the

Satisfaction group

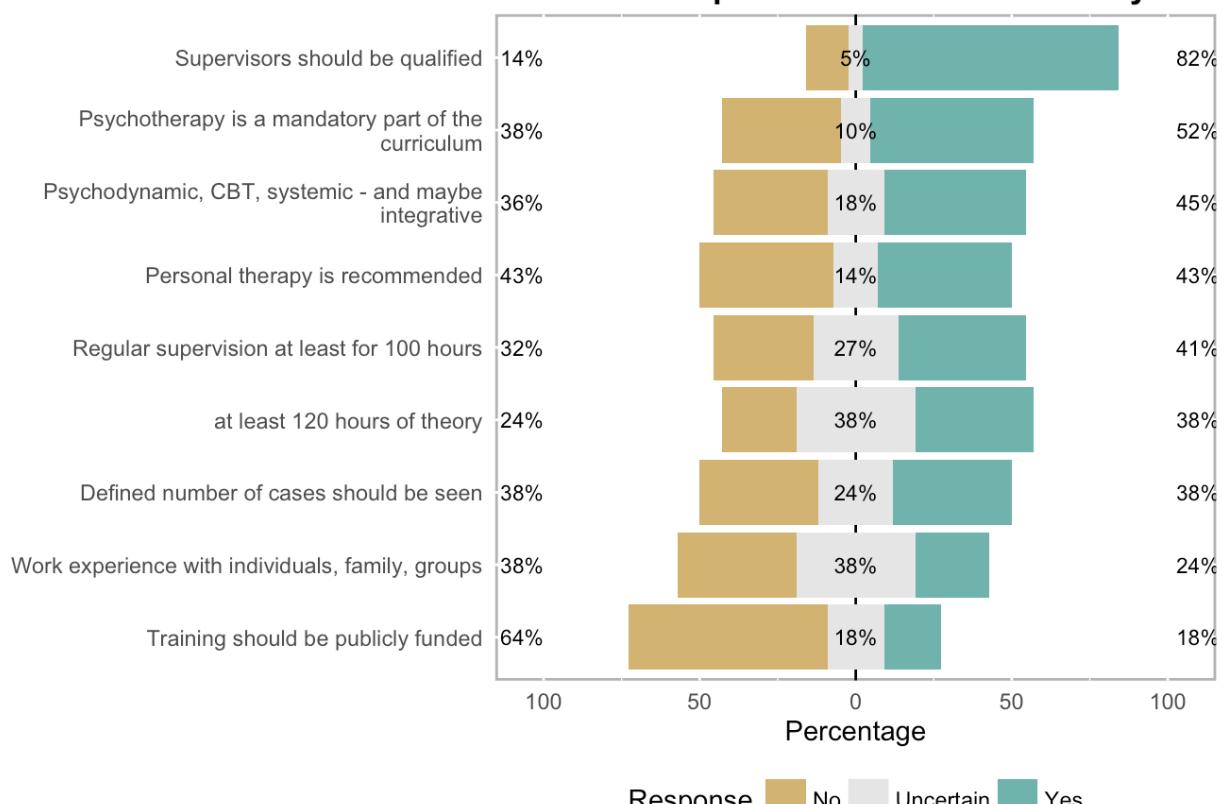


Awareness of UEMS recommendations



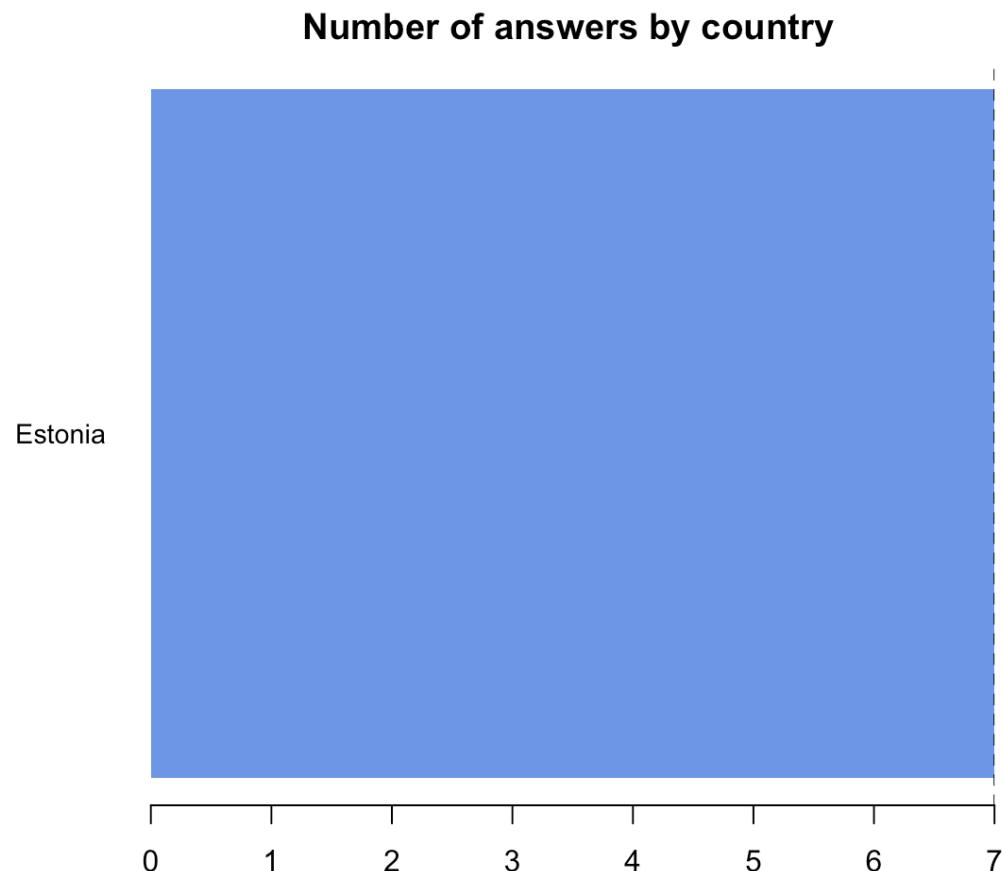
UEMS recommendations awareness

Actual implementation in the country



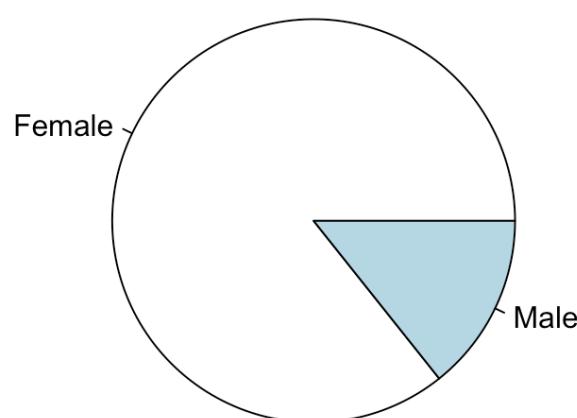
Estonia results

Number of participants



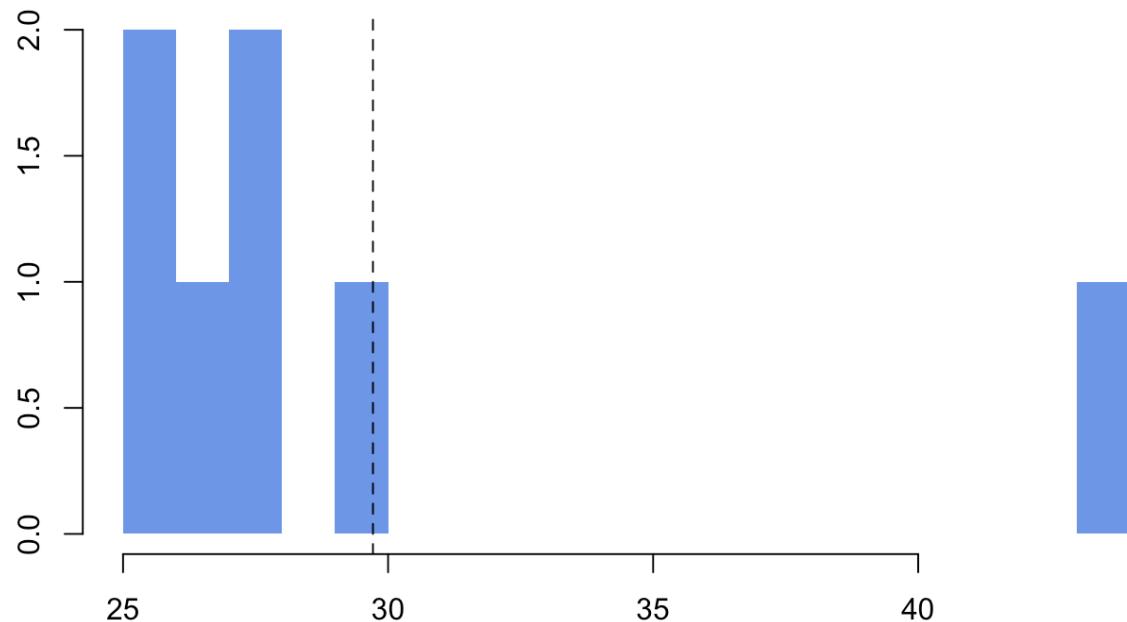
Gender

Gender of participants in Europe responses



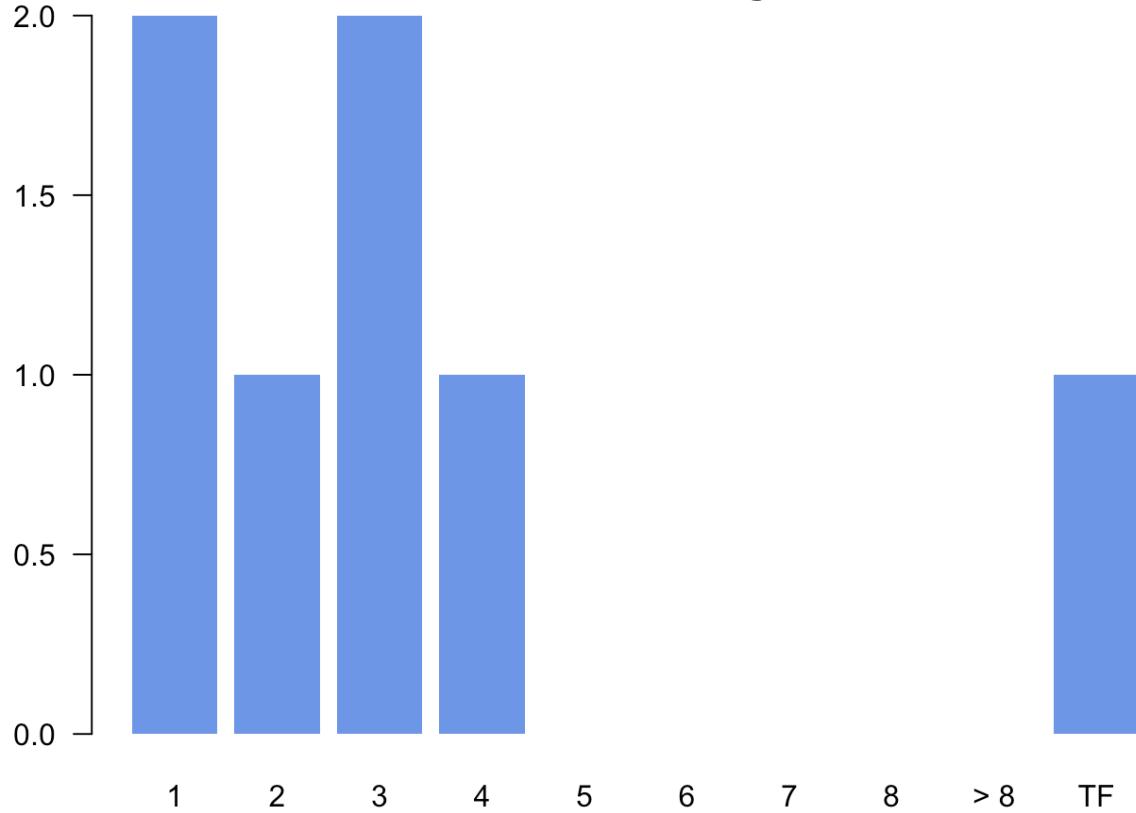
Age

Age distribution



Year in Training

Year of training

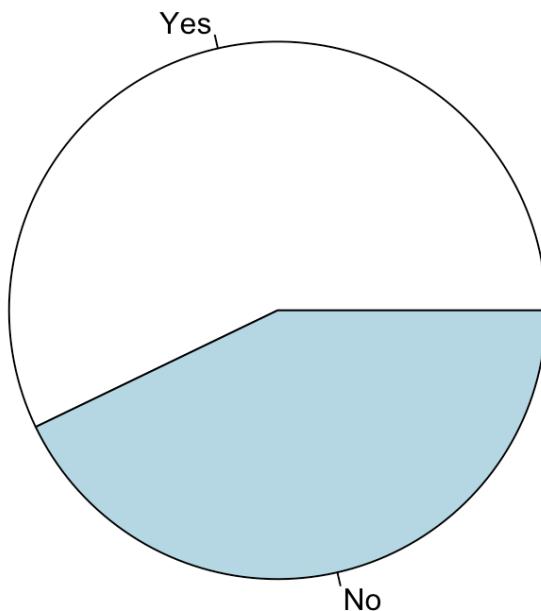


>TF for training finished

Are you receiving personal psychotherapy or have you received it in the past?

```
##  
##      Yes          No  
## 0.5714286 0.4285714
```

Receiving personal psychotherapy (present or past)

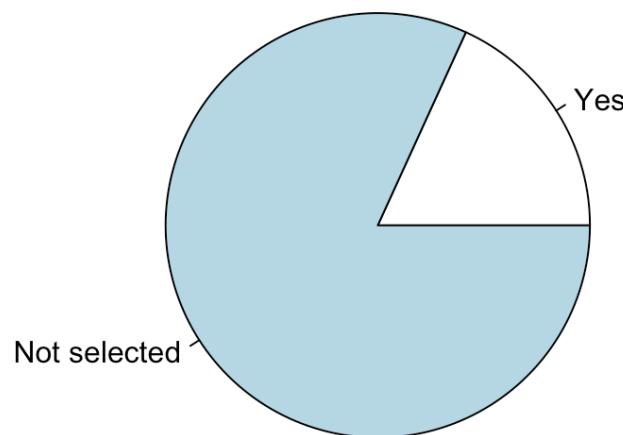


I am undertaking training in Psychotherapy on my own initiative

```
##  
##      Yes Not selected  
##           2            9
```

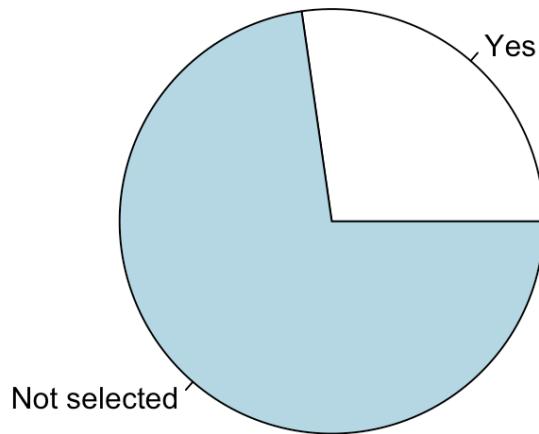
```
##  
##      Yes Not selected  
## 0.1818182 0.8181818
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

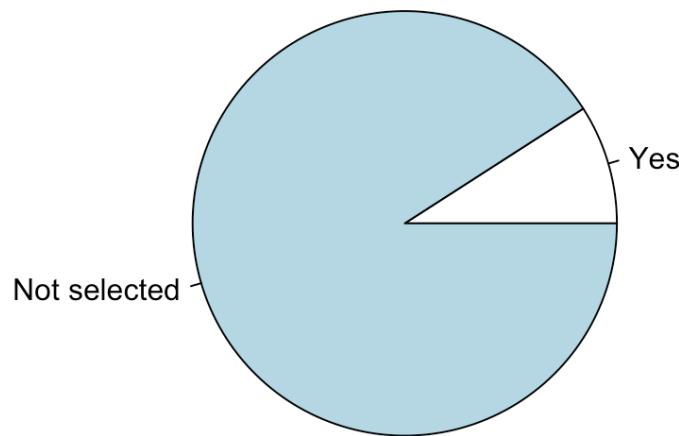


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##  
##           Yes Not selected  
## 0.09090909 0.90909091
```

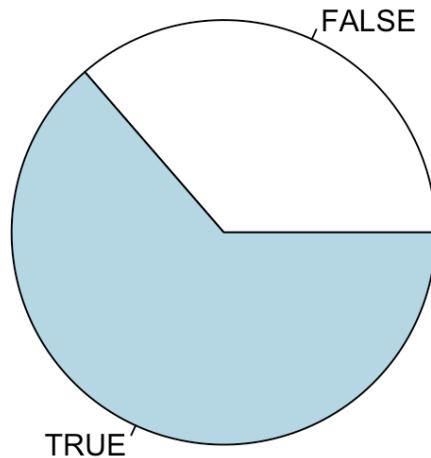
Completed a full training in a Psychotherapy (past)



I am training in some modality

```
##  
## FALSE TRUE  
## 4 7
```

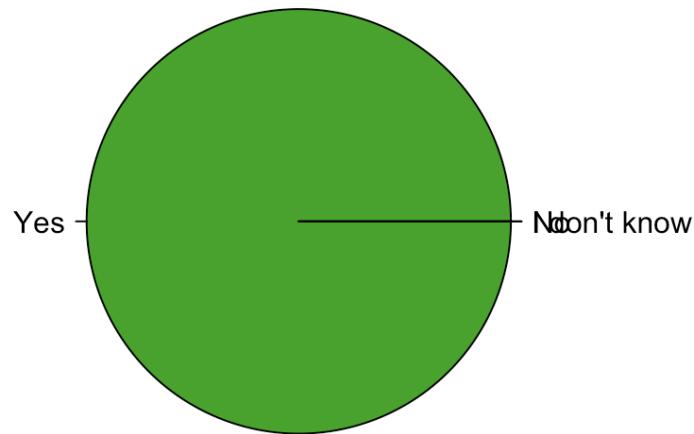
```
##  
## FALSE TRUE  
## 0.3636364 0.6363636
```

I am training in some modality of psychotherapy**Is psychotherapy important for your identity as a psychiatrist ?**

##			
##	Yes	No I don't know	
##	7	0	0

##			
##	Yes	No I don't know	
##	1	0	0

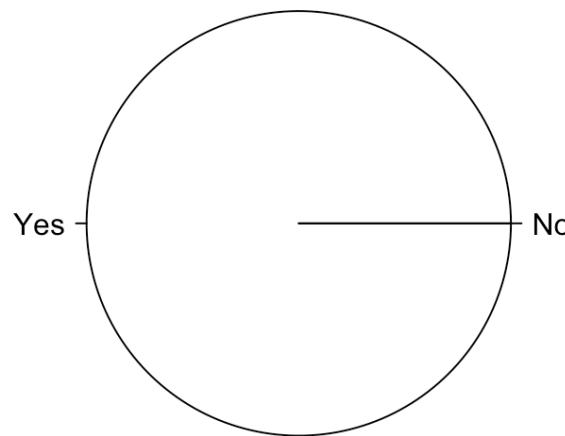
Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

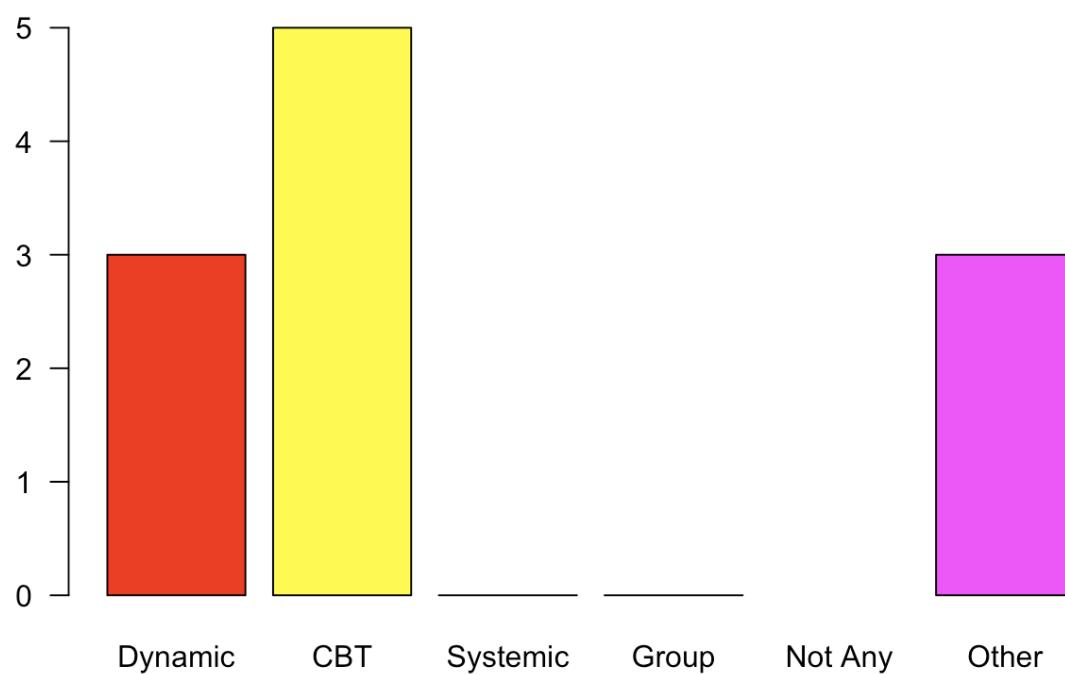
```
##  
## Yes  No  
##   1    0
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

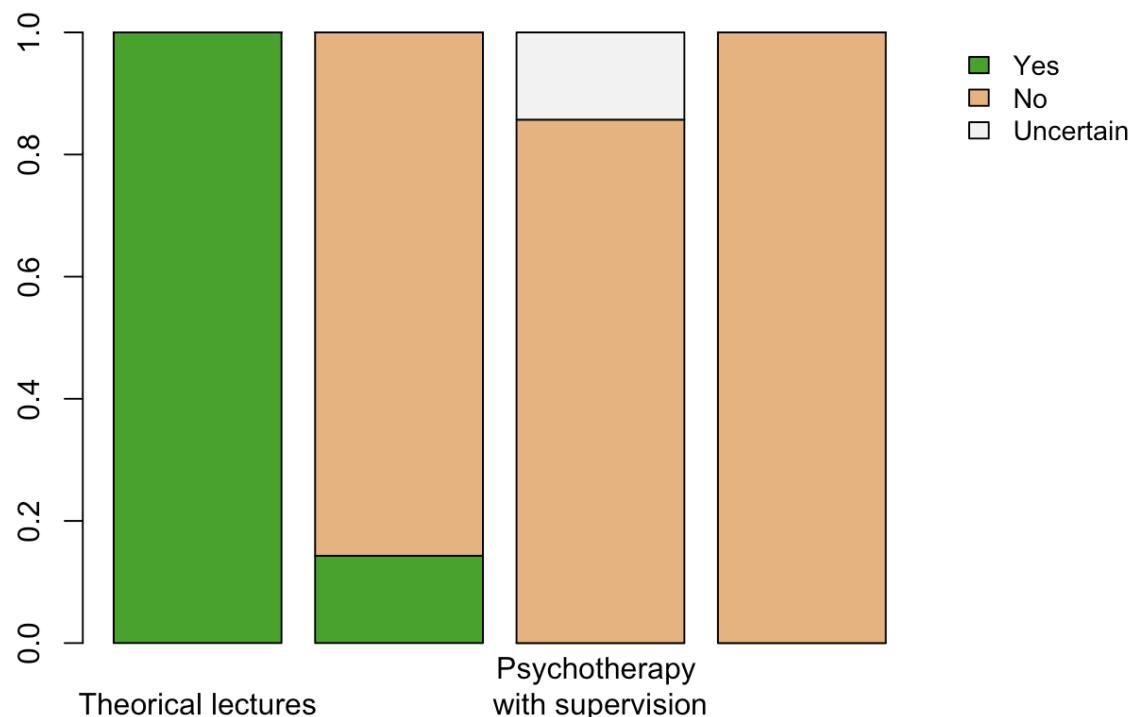
Interested in this therapy



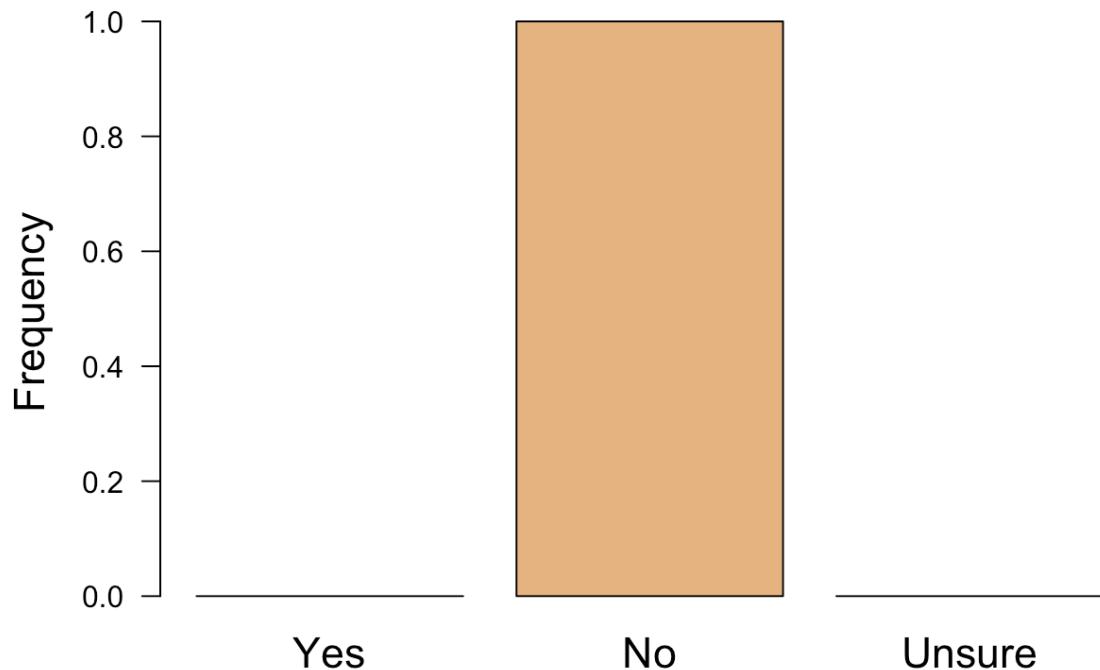
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

The following experience in psychotherapy is a mandatory part of my training in Psychiatry

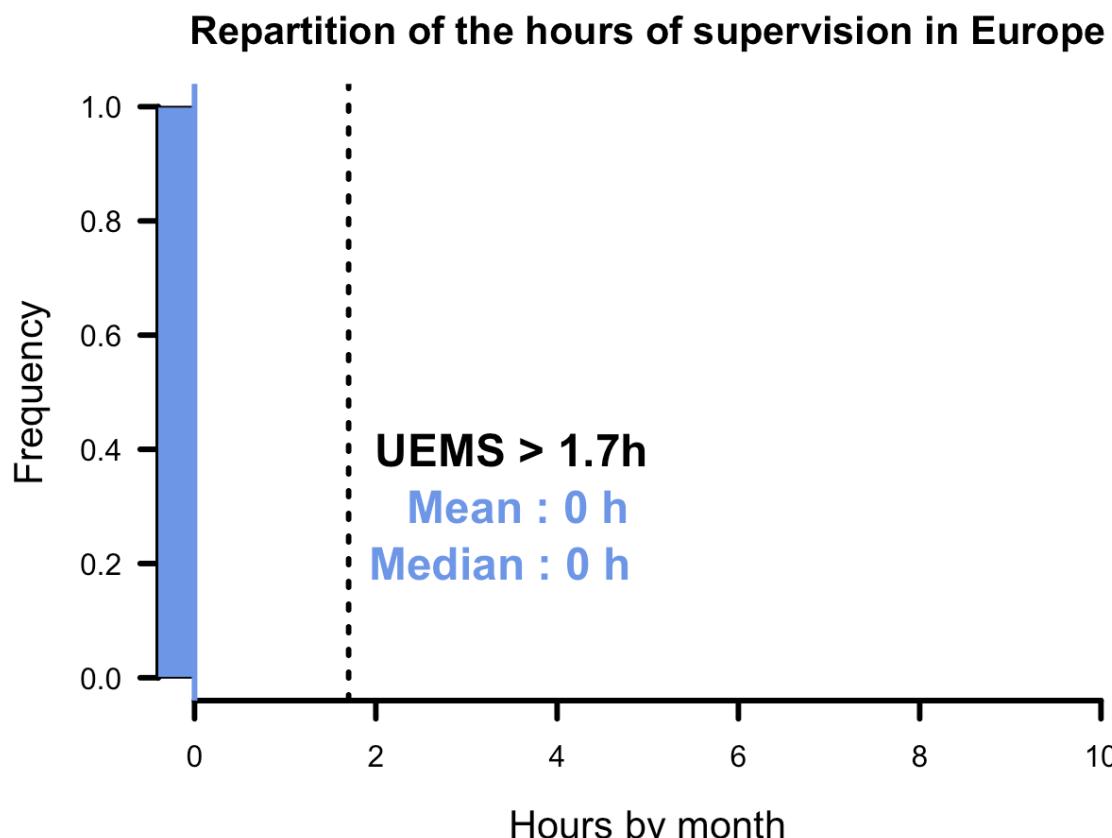


**Are you qualified
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

How many hours of supervision

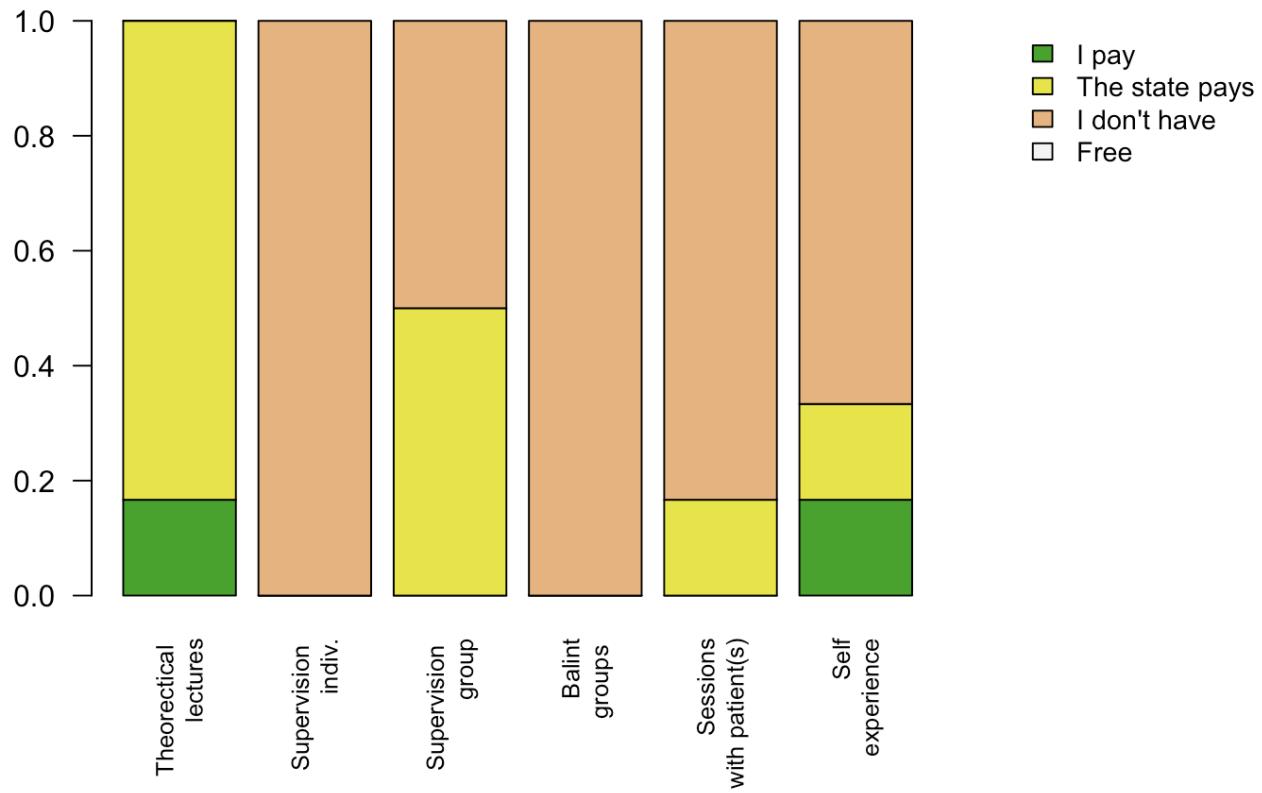


UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Estonia_data$q_0015)
```

Who pays?

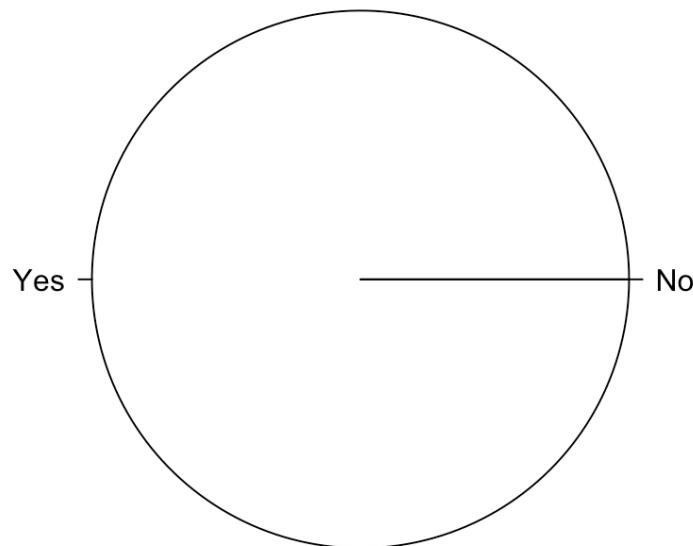
Who pays?



Would you train for free?

```
##  
## Yes No  
## 1 0
```

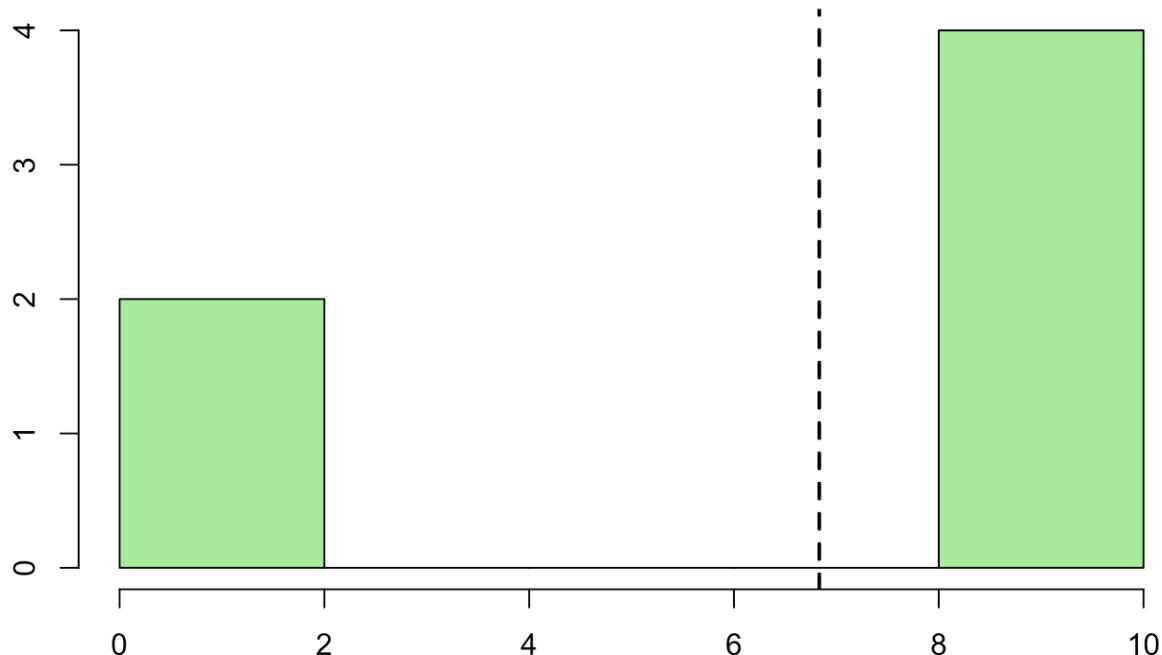
Motivated to train in Psychotherapy for free?



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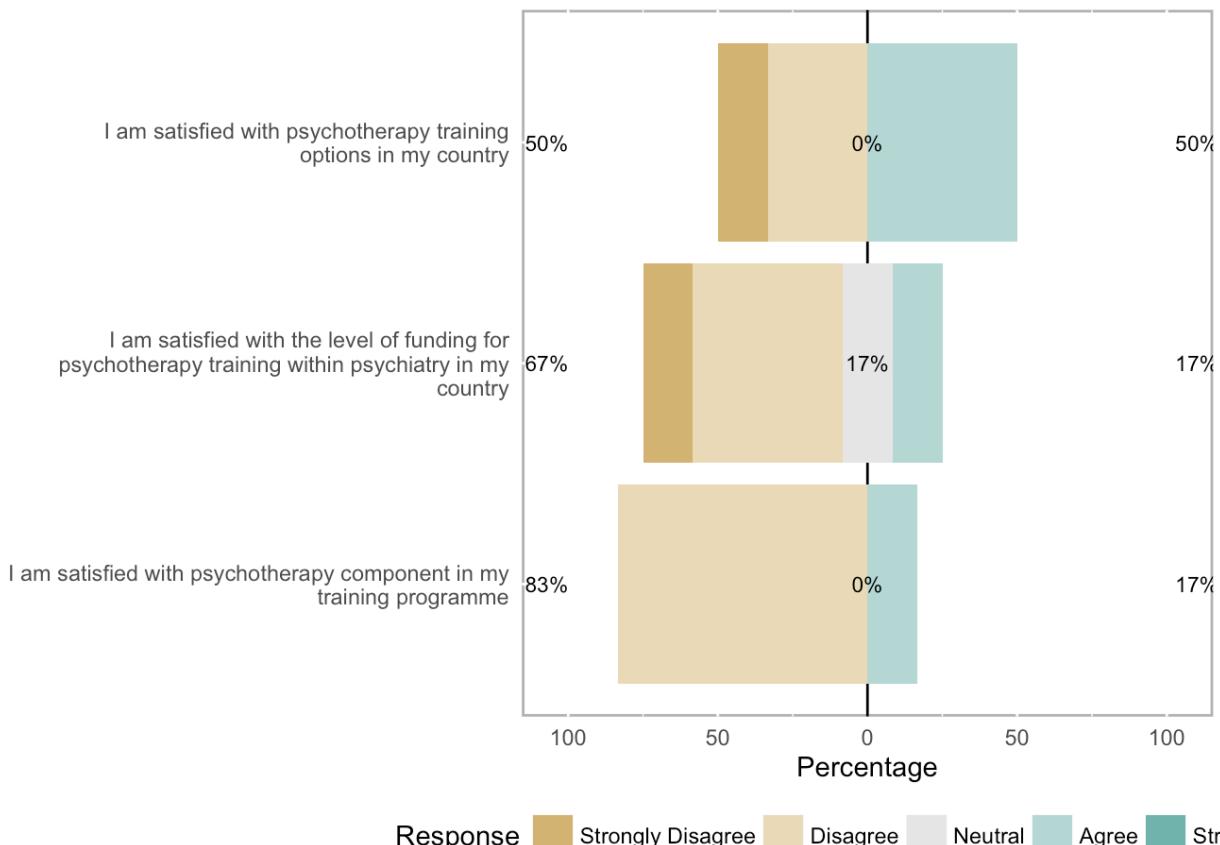
How much would you invest in psychotherapy training ?

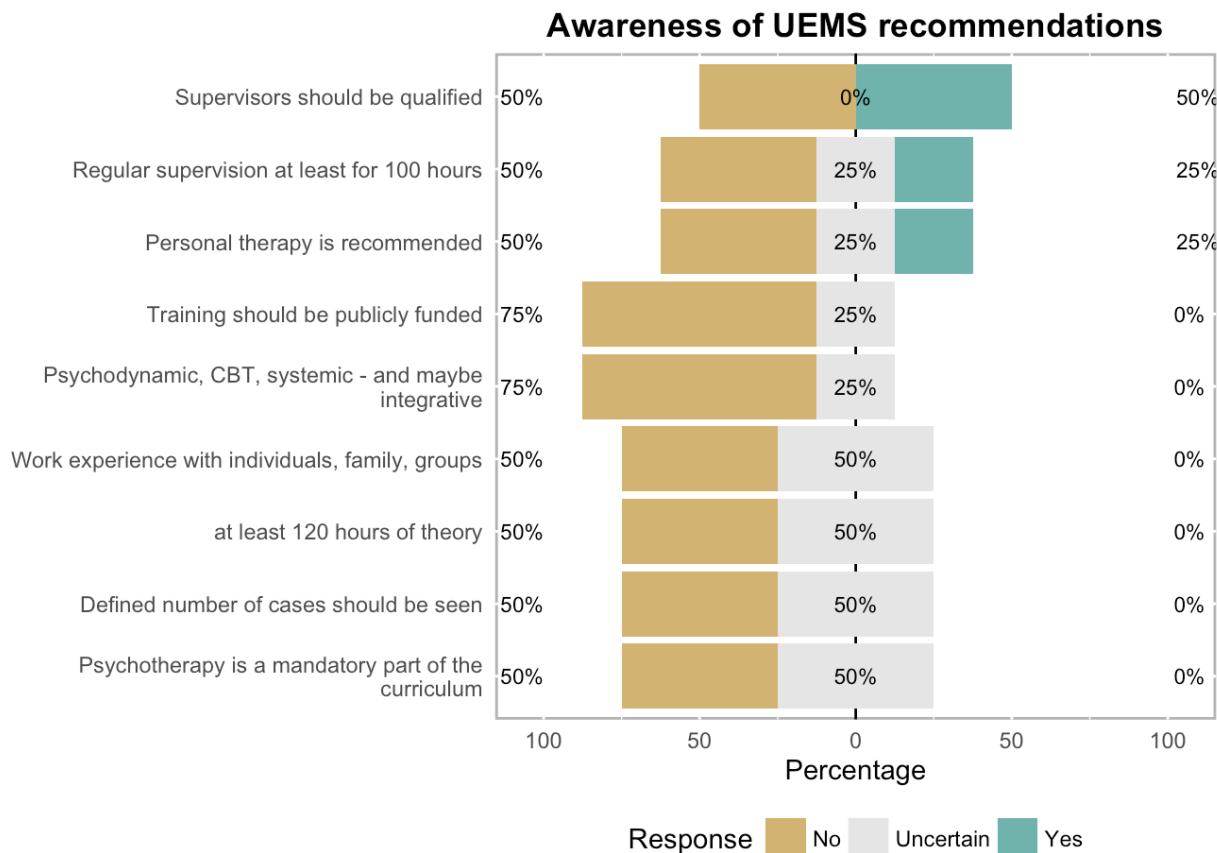
% of annual salary for psychotherapy training



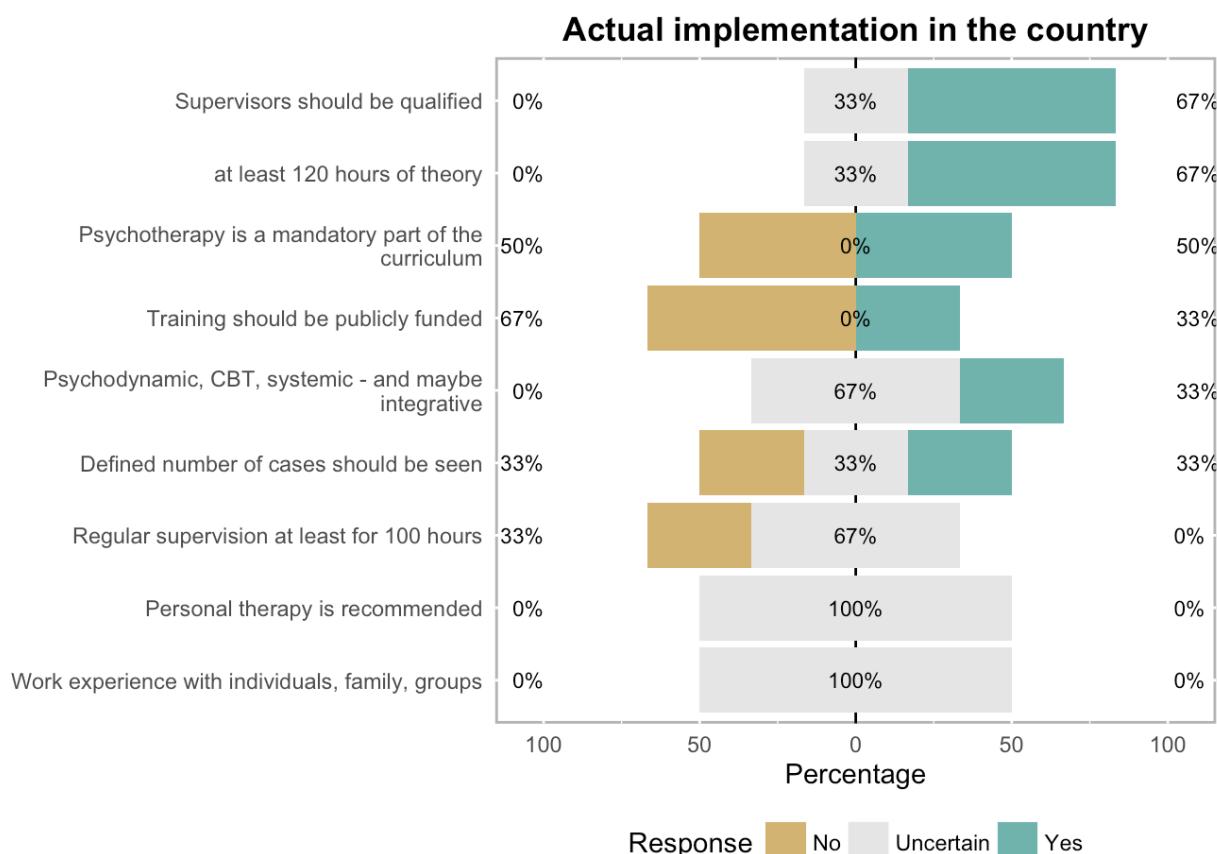
our annual salary do you intend to spend on funding your psychotherapy training In the

Satisfaction group



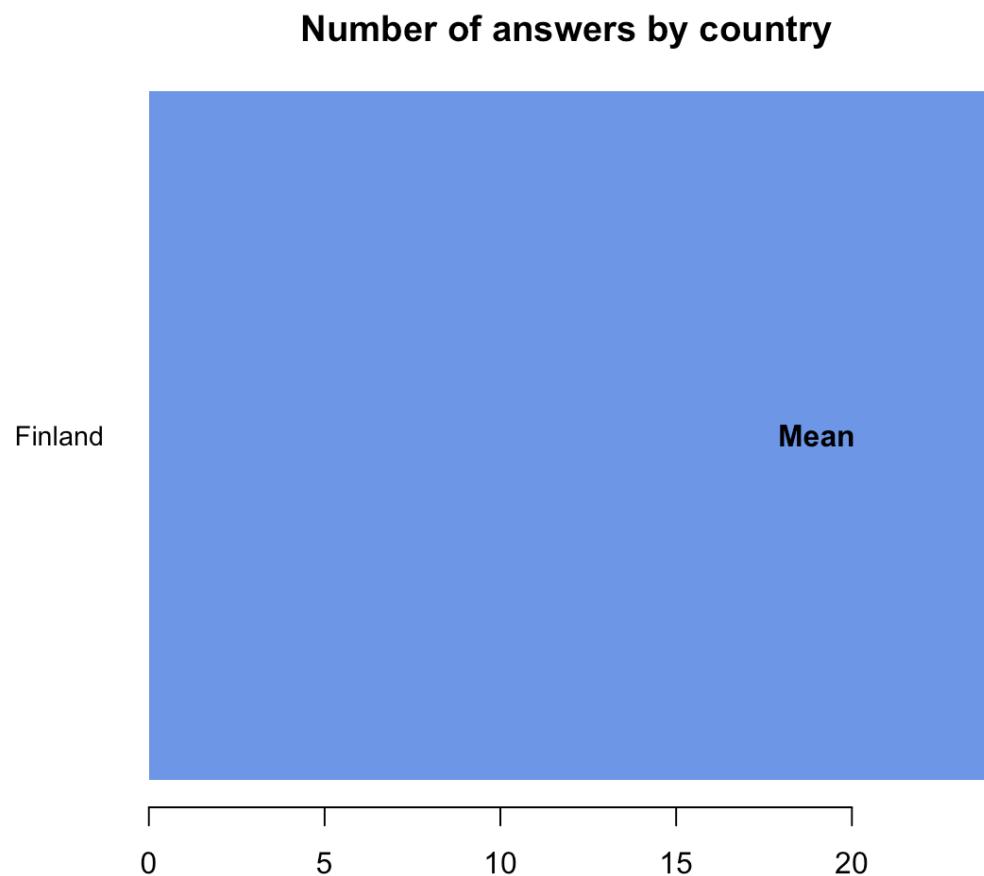


UEMS recommendations awareness



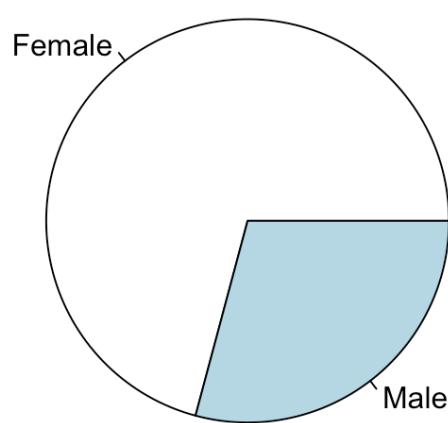
Finland results

Number of participants



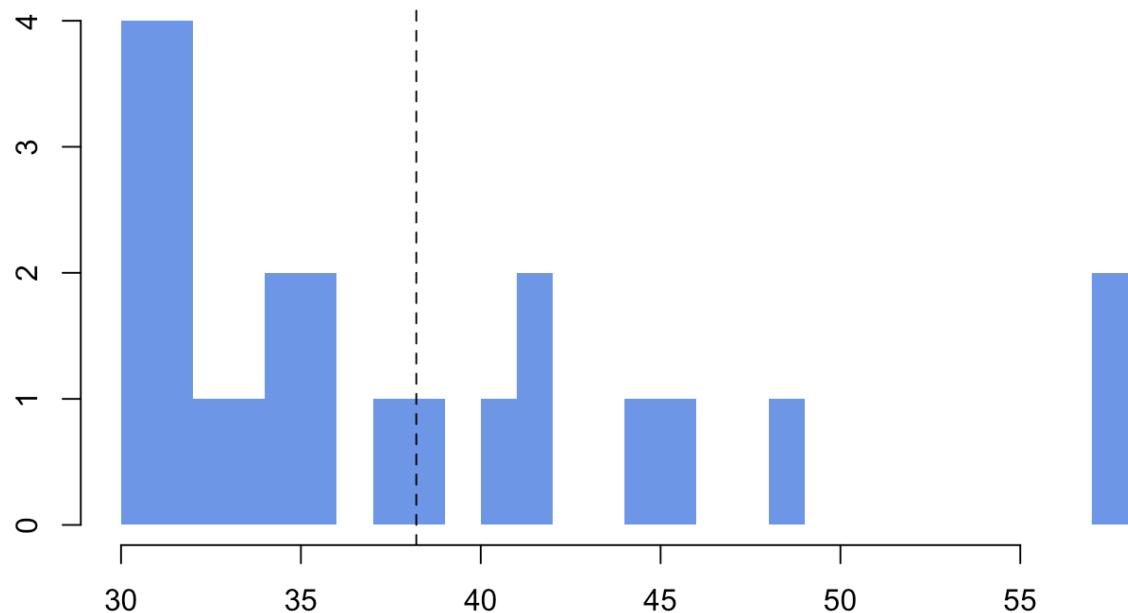
Gender

Gender of participants in Europe responses



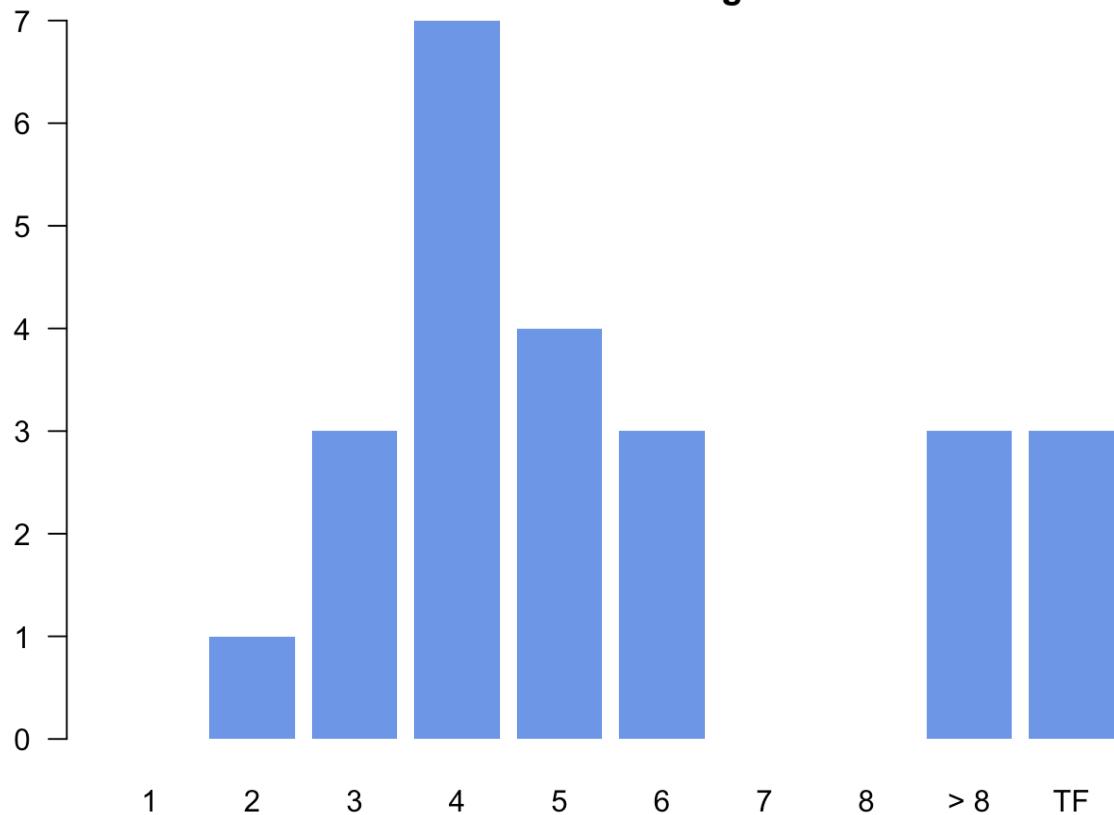
Age

Age distribution



Year in Training

Year of training

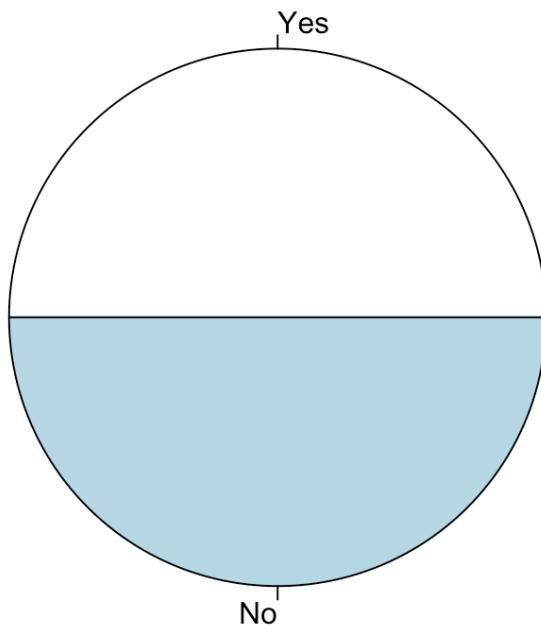


>TF for training finished

Are you receiving personal psychotherapy or have you received it in the past?

```
##  
## Yes No  
## 0.5 0.5
```

Receiving personal psychotherapy (present or past)

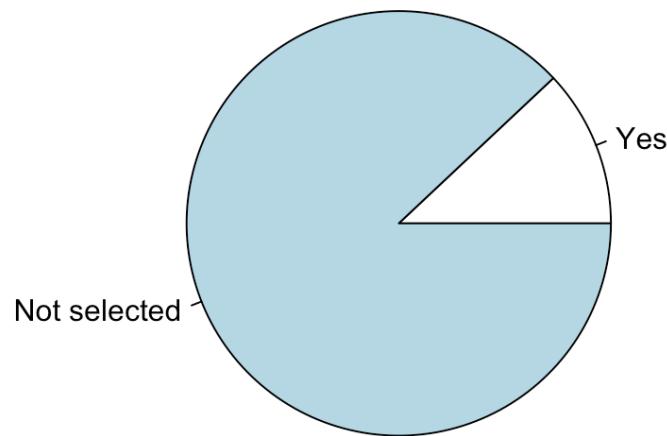


I am undertaking training in Psychotherapy on my own initiative

```
##  
## Yes Not selected  
## 3 22
```

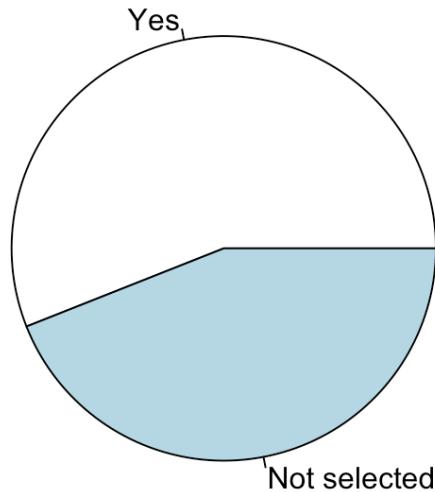
```
##  
## Yes Not selected  
## 0.12 0.88
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

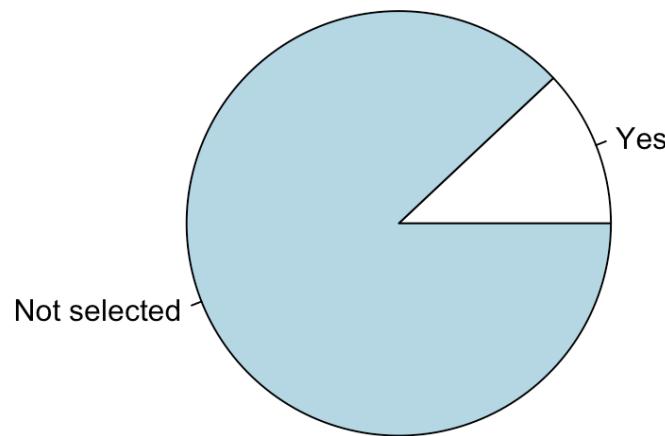


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

##		
##	Yes	Not selected
##	0.12	0.88

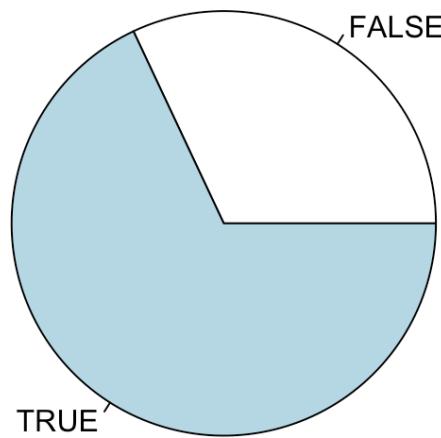
Completed a full training in a Psychotherapy (past)



I am training in some modality

```
##  
## FALSE TRUE  
##     8    17
```

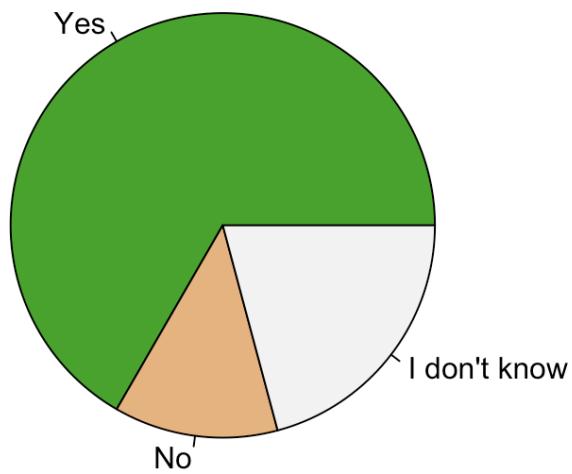
```
##  
## FALSE TRUE  
##  0.32  0.68
```

I am training in some modality of psychotherapy**Is psychotherapy important for your identity as a psychiatrist ?**

##			
##	Yes	No I don't know	
##	16	3	5

##			
##	Yes	No I don't know	
##	0.6666667	0.1250000	0.2083333

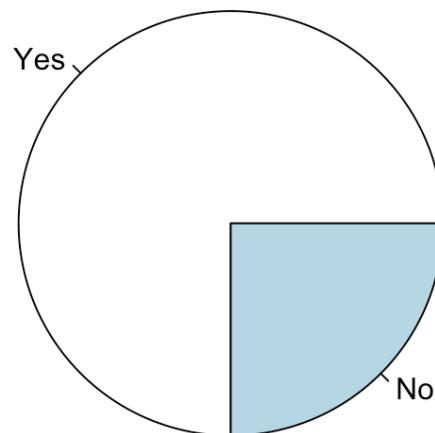
Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

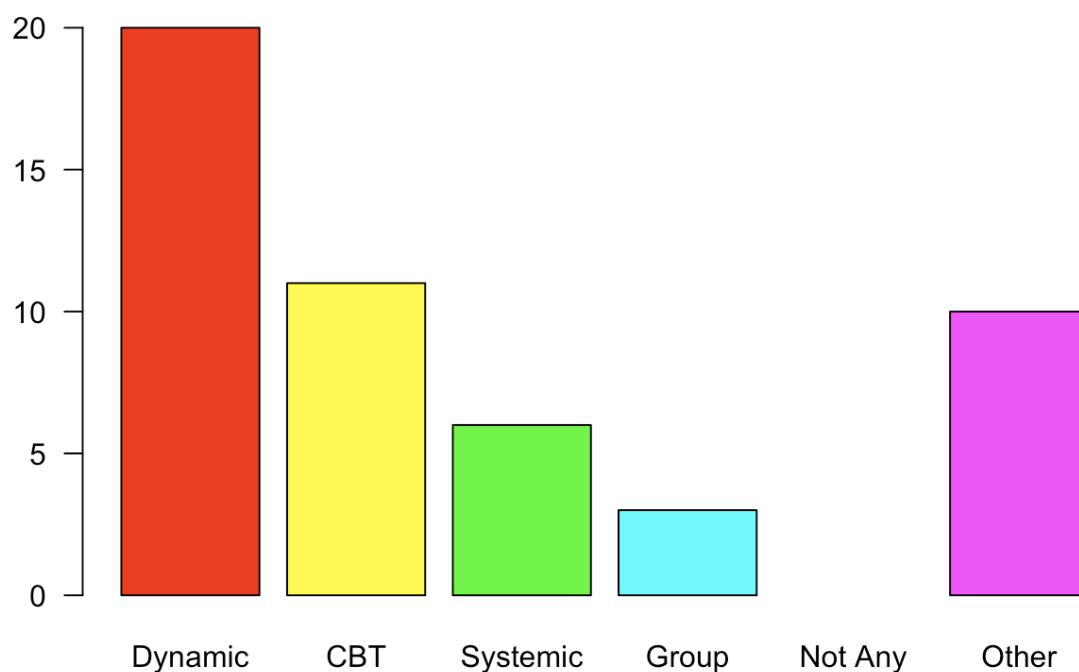
```
##  
## Yes No  
## 0.75 0.25
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

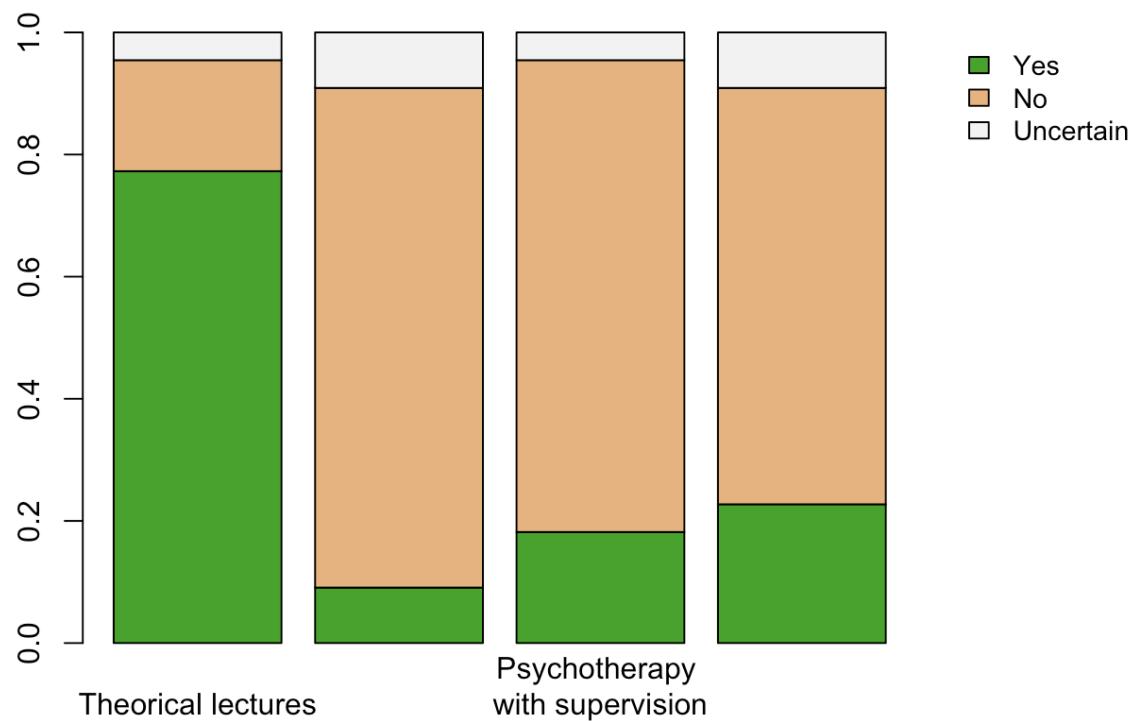
Interested in this therapy



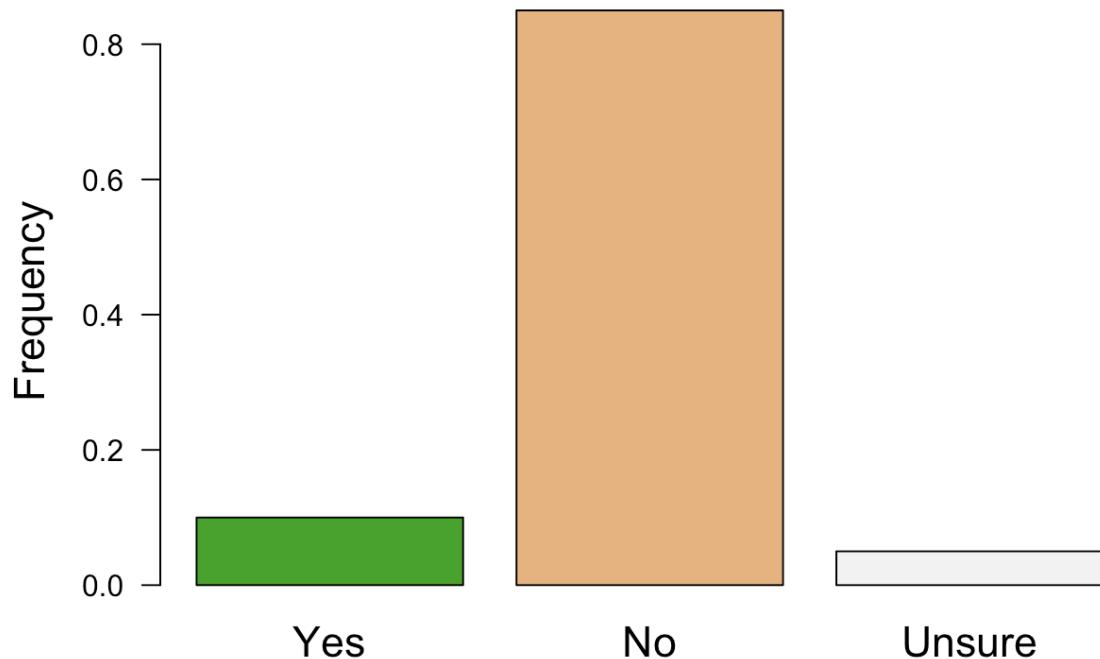
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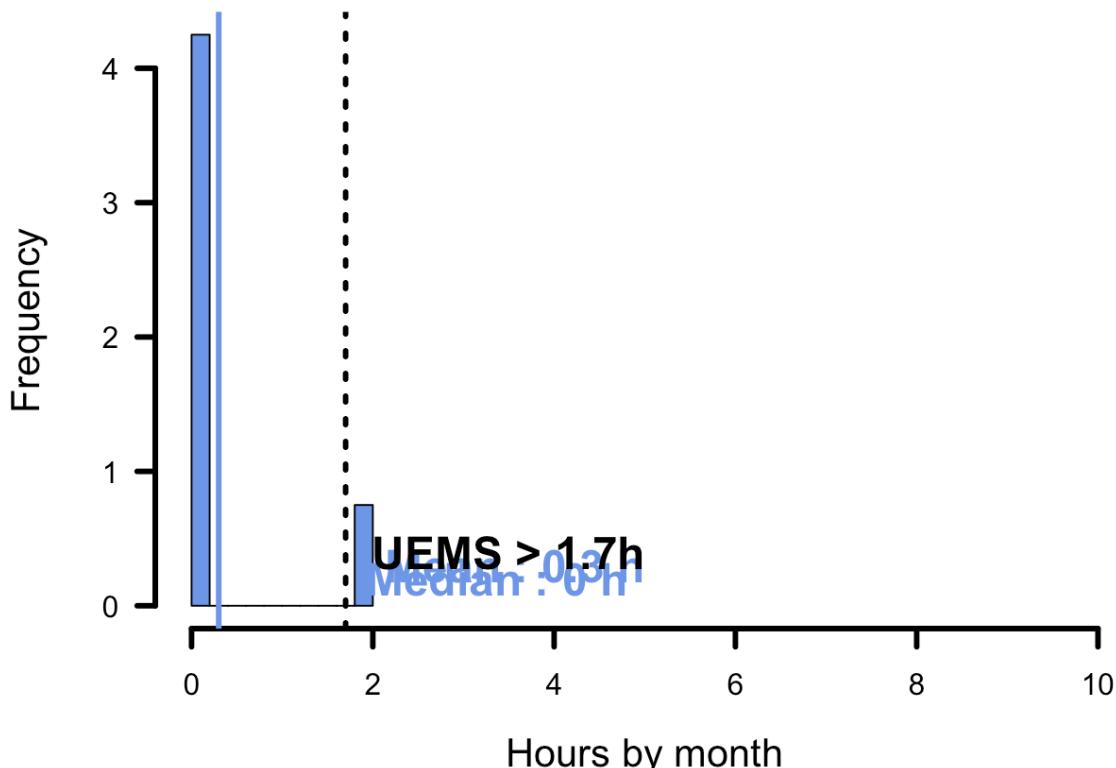
**Are you qualified
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

How many hours of supervision

Repartition of the hours of supervision in Europe

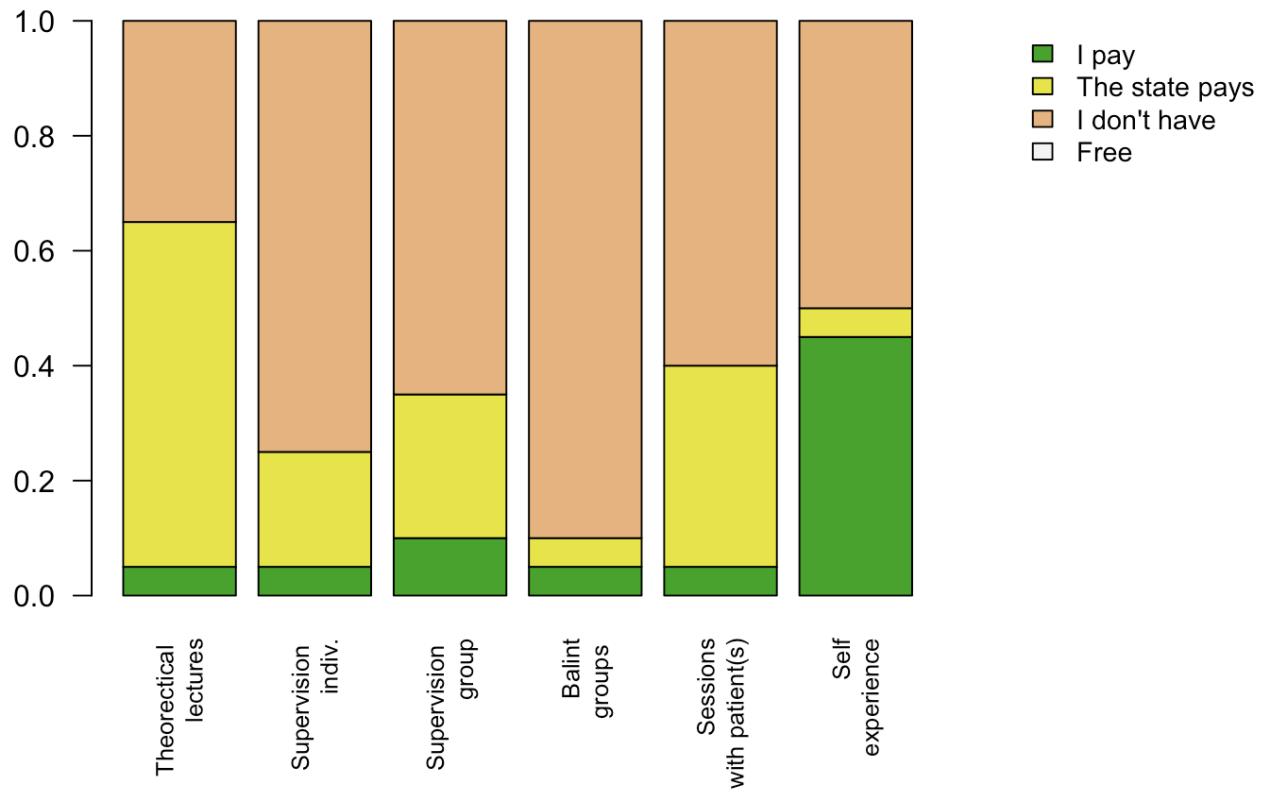


UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Finland_data$q_0015)
```

Who pays?

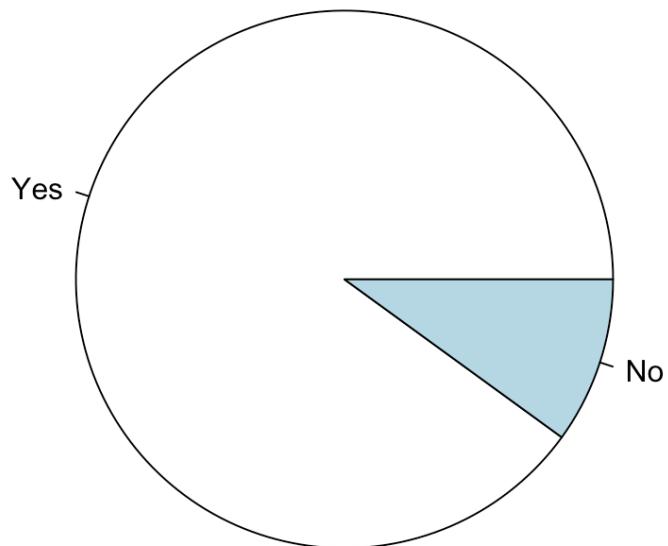
Who pays?



Would you train for free?

```
##  
## Yes No  
## 0.9 0.1
```

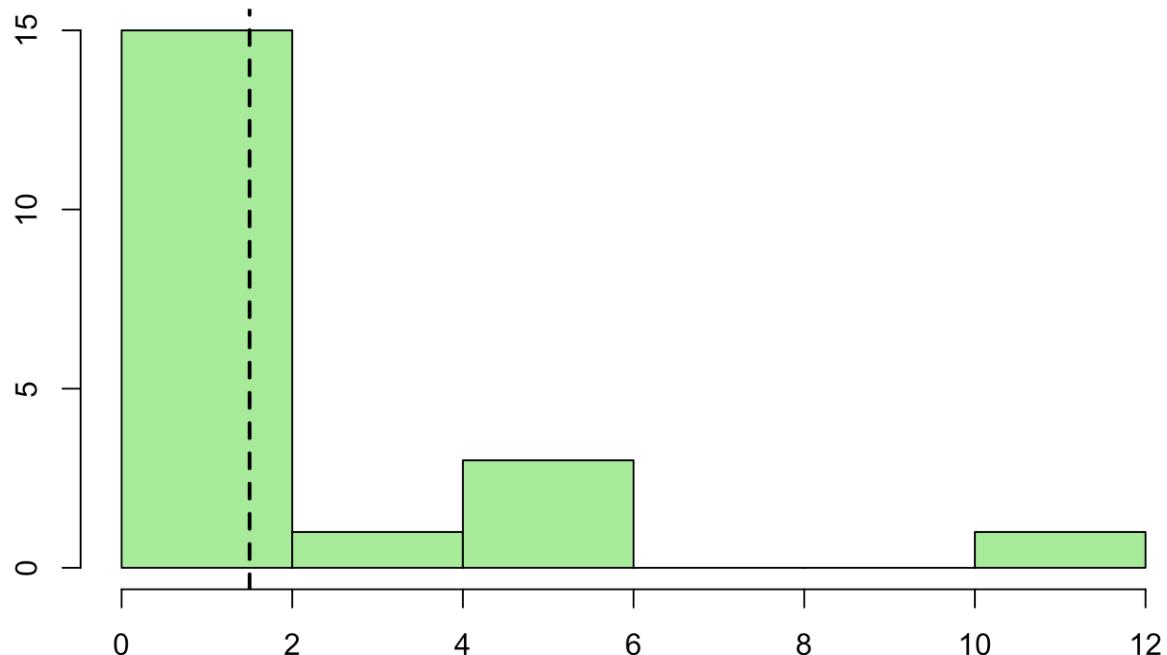
Motivated to train in Psychotherapy for free?



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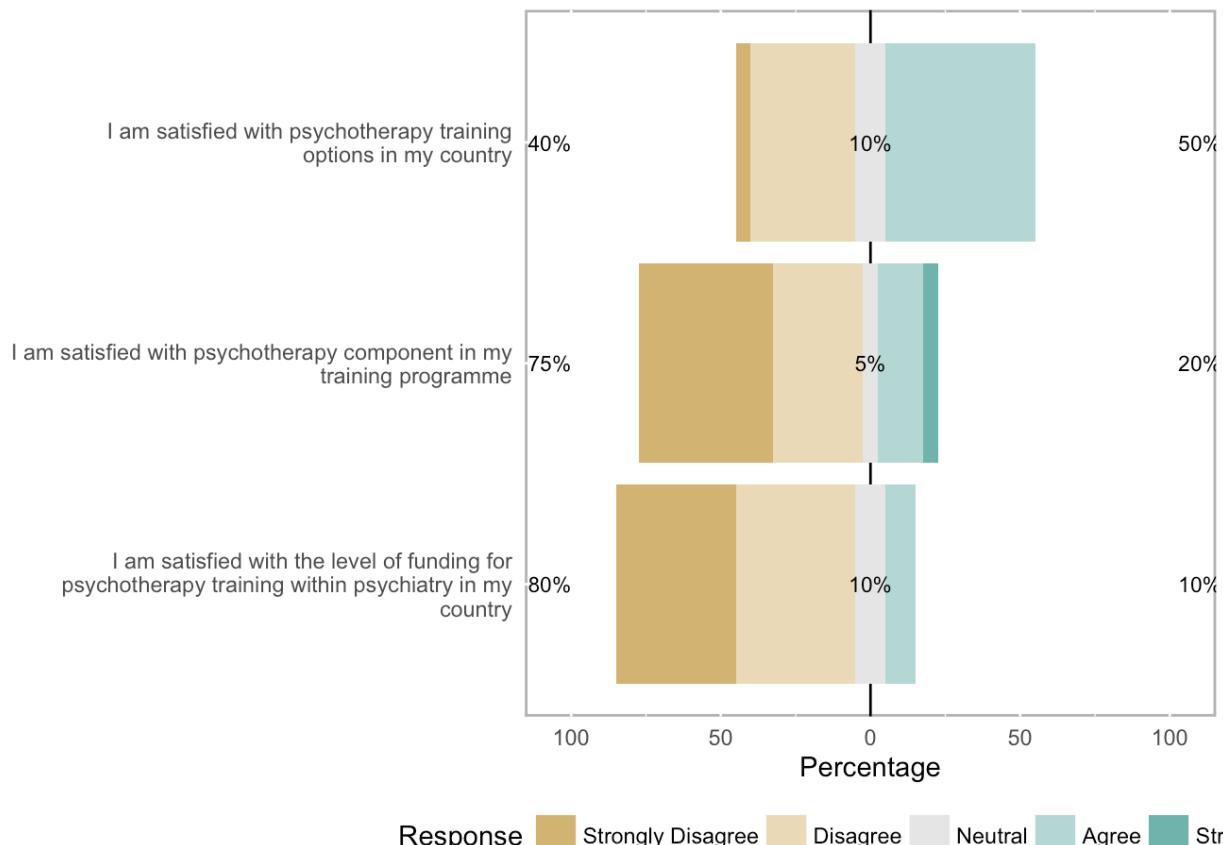
How much would you invest in psychotherapy training ?

% of annual salary for psychotherapy training

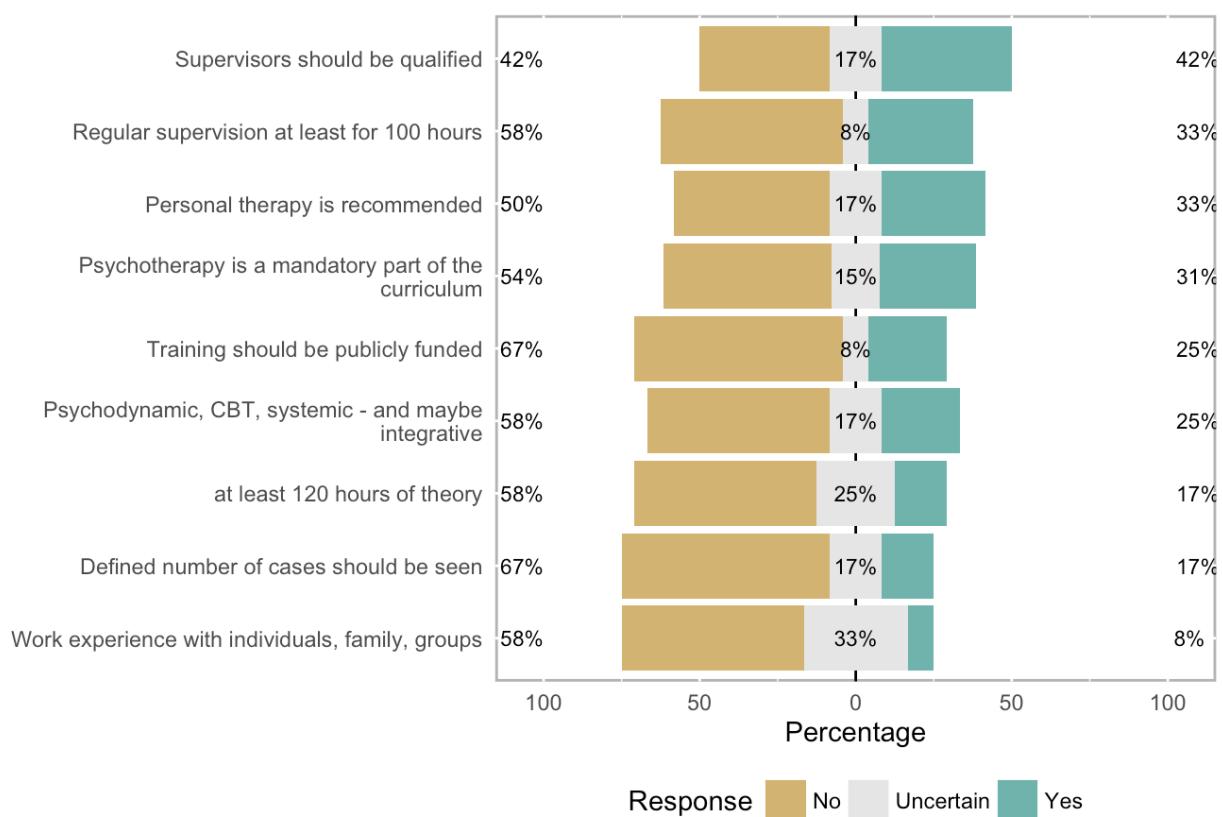


our annual salary do you intend to spend on funding your psychotherapy training In the

Satisfaction group

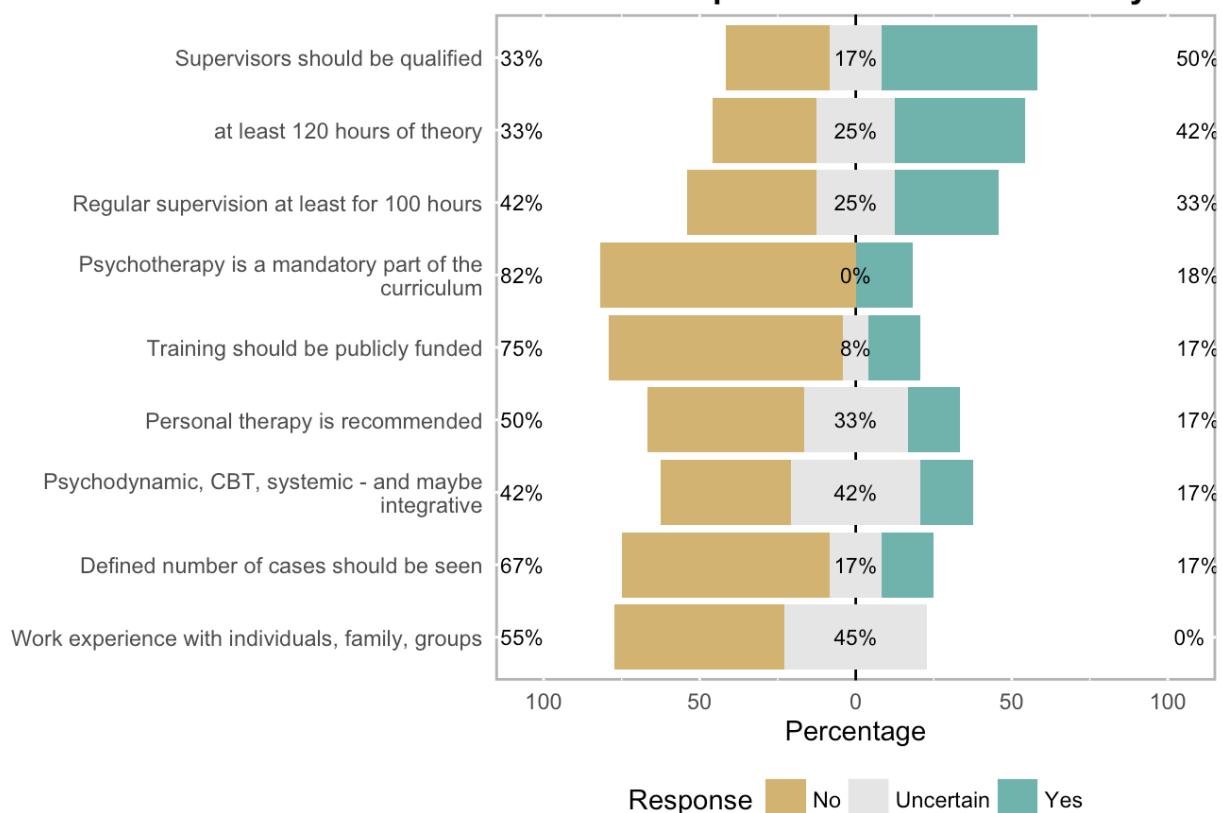


Awareness of UEMS recommendations



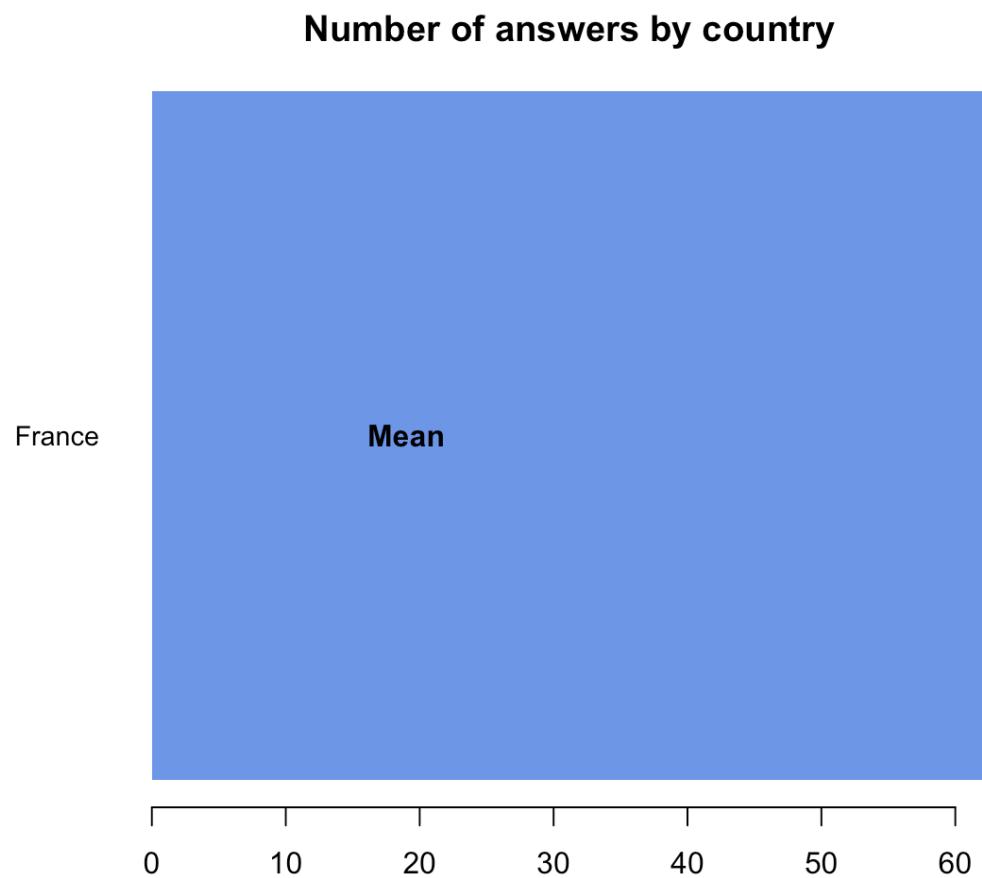
UEMS recommendations awareness

Actual implementation in the country



France results

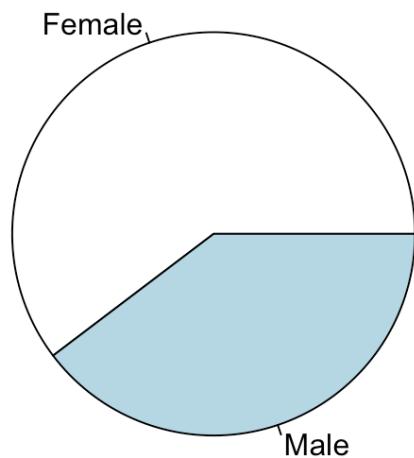
Number of participants



```
## France  
##      63
```

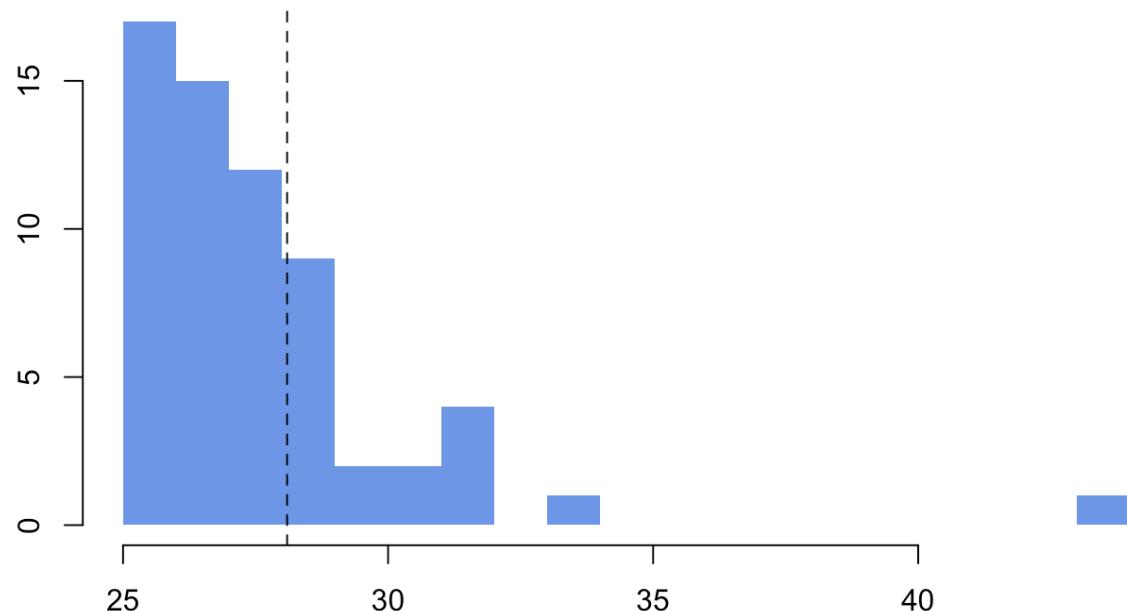
Gender

Gender of participants in Europe responses

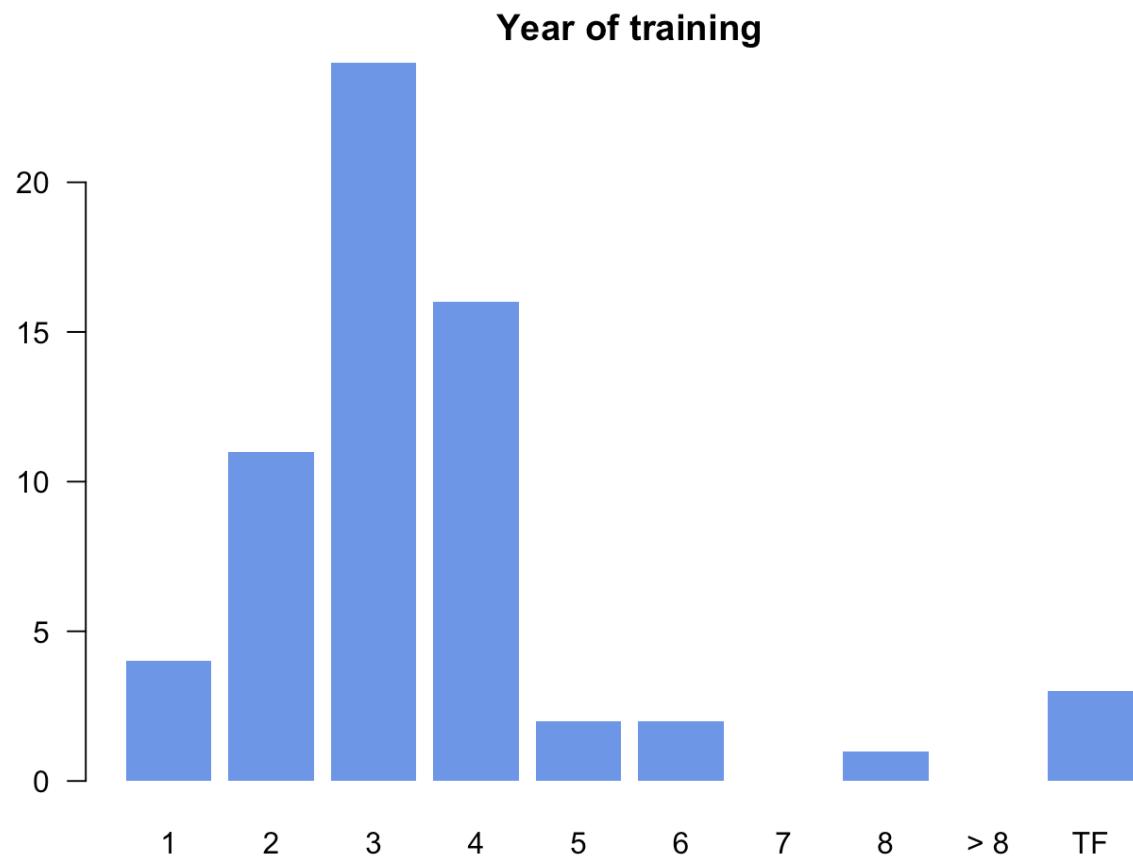


Age

Age distribution



Year in Training

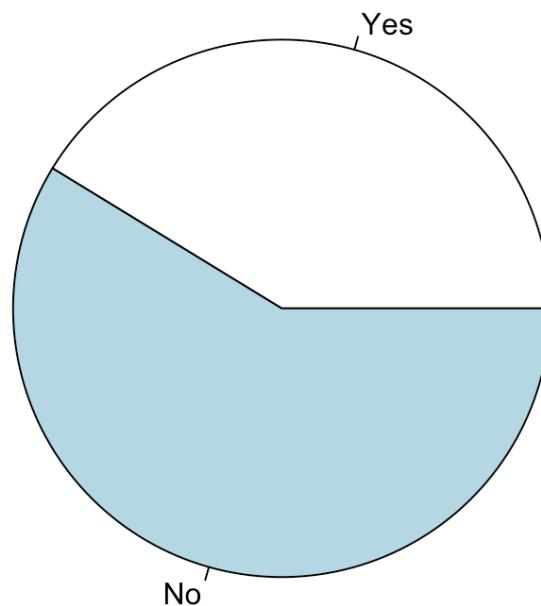


>TF for training finished

Are you receiving personal psychotherapy or have you received it in the past?

```
##  
##      Yes        No  
## 0.4126984 0.5873016
```

Receiving personal psychotherapy (present or past)

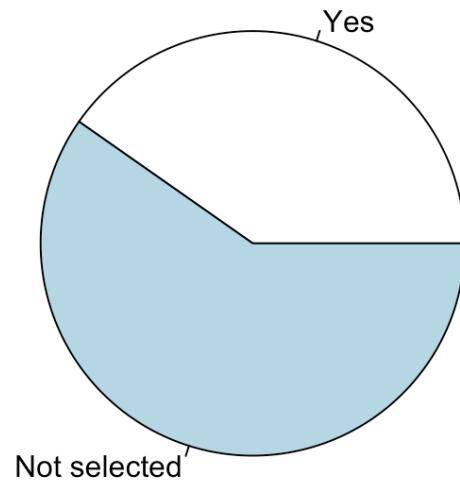


I am undertaking training in Psychotherapy on my own initiative

```
##  
##      Yes Not selected  
##          29           43
```

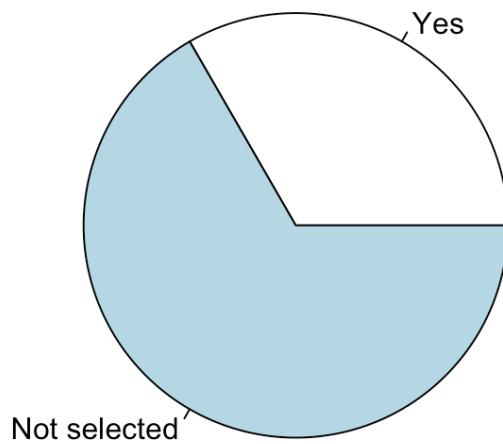
```
##  
##      Yes Not selected  
##  0.4027778   0.5972222
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

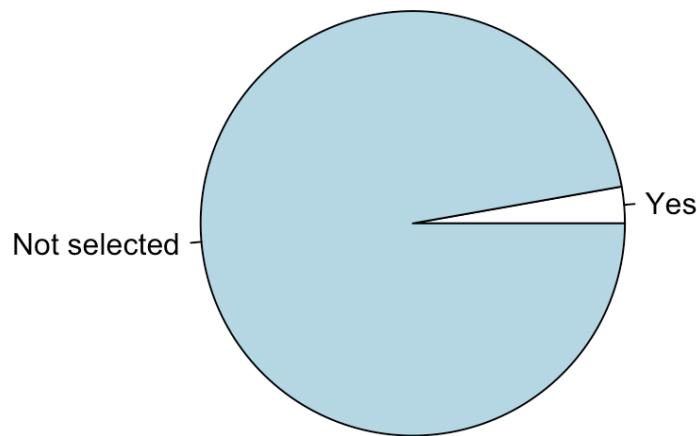


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##  
##           Yes Not selected  
##     0.02777778   0.97222222
```

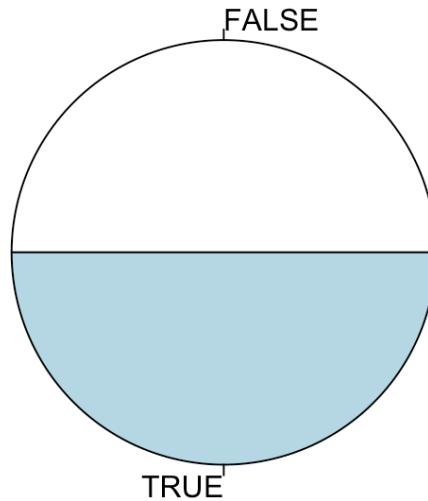
Completed a full training in a Psychotherapy (past)



I am training in some modality

```
##  
## FALSE TRUE  
## 36 36
```

```
##  
## FALSE TRUE  
## 0.5 0.5
```

I am training in some modality of psychotherapy**Is psychotherapy important for your identity as a psychiatrist ?**

##			
##	Yes	No I don't know	
##	53	3	4

##			
##	Yes	No I don't know	
##	0.88333333	0.05000000	0.06666667

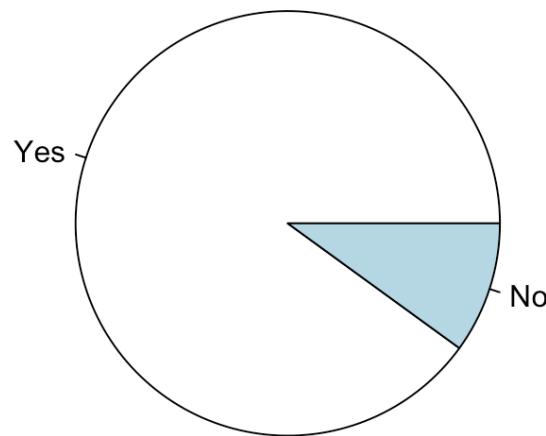
Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

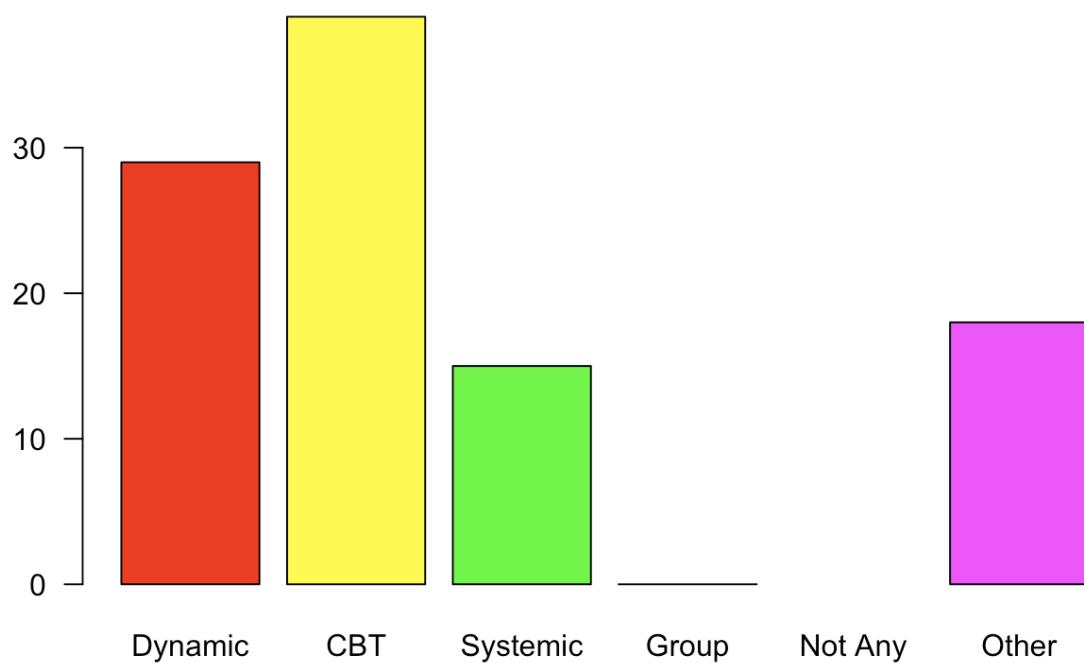
```
##  
## Yes  No  
## 0.9  0.1
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

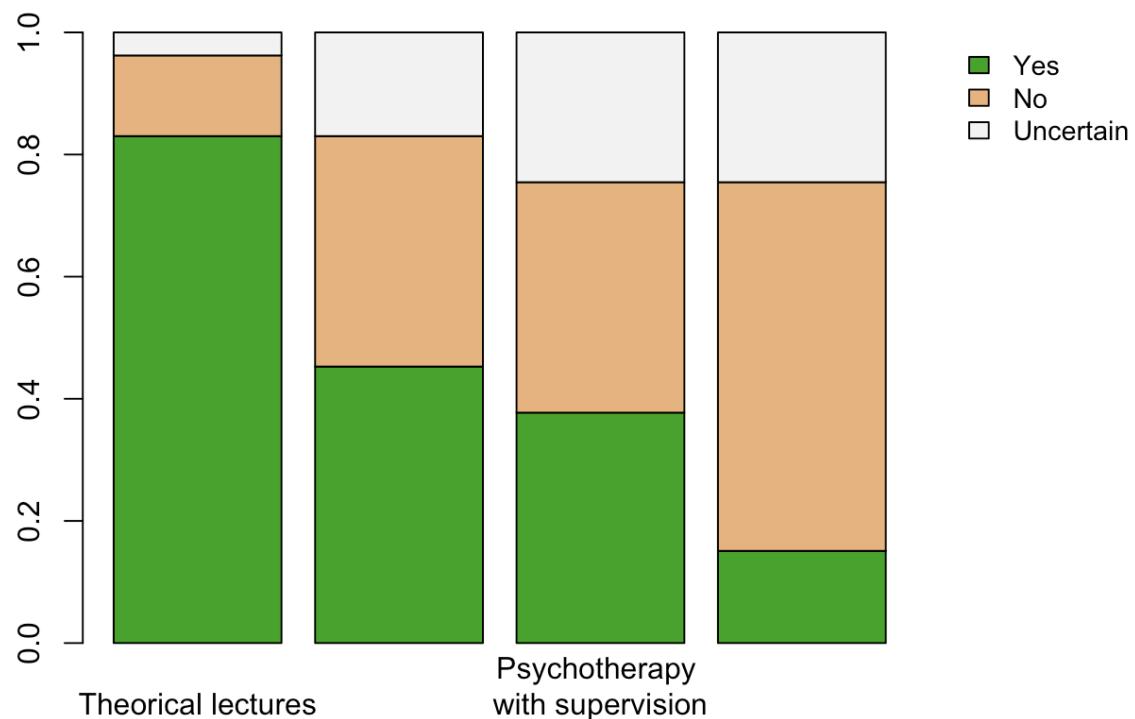
Interested in this therapy



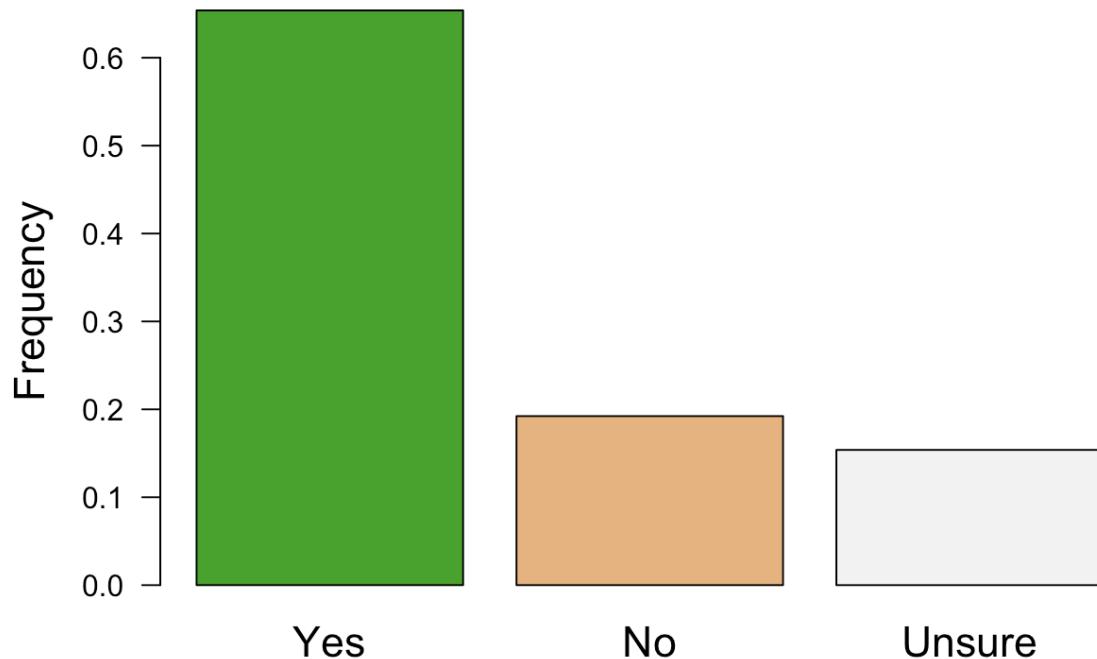
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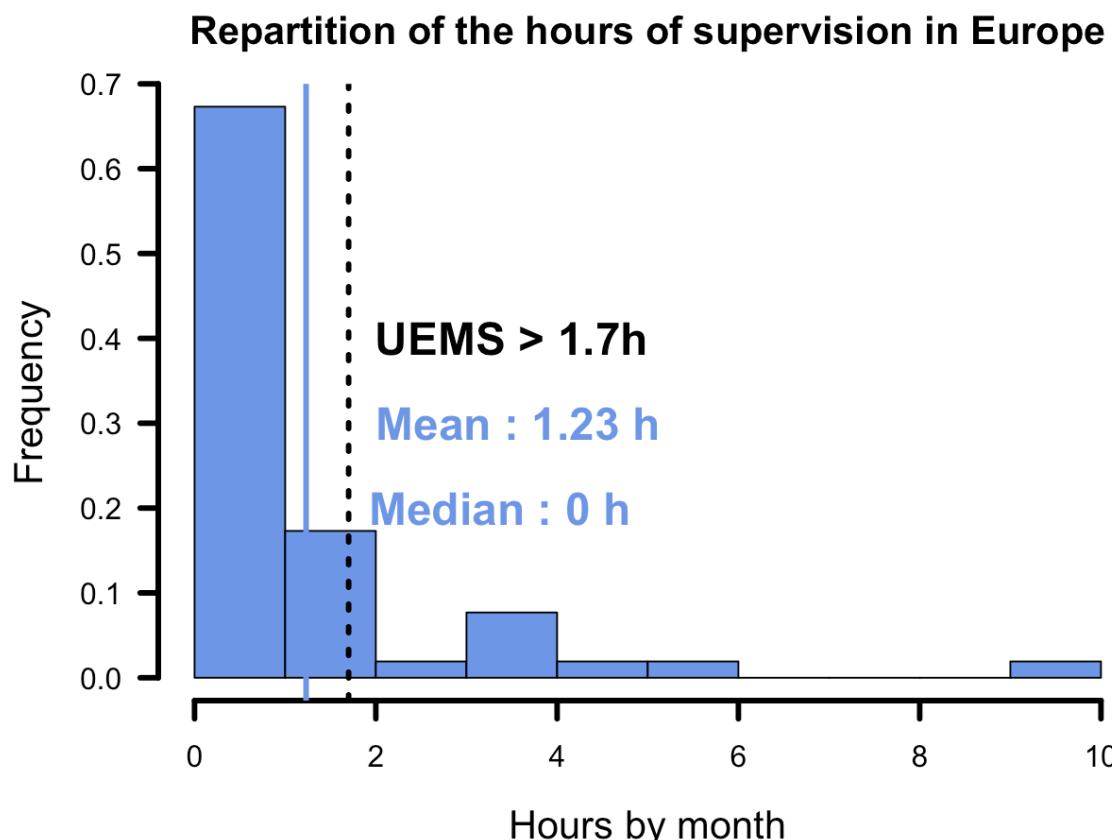


**Are you qualified
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

How many hours of supervision

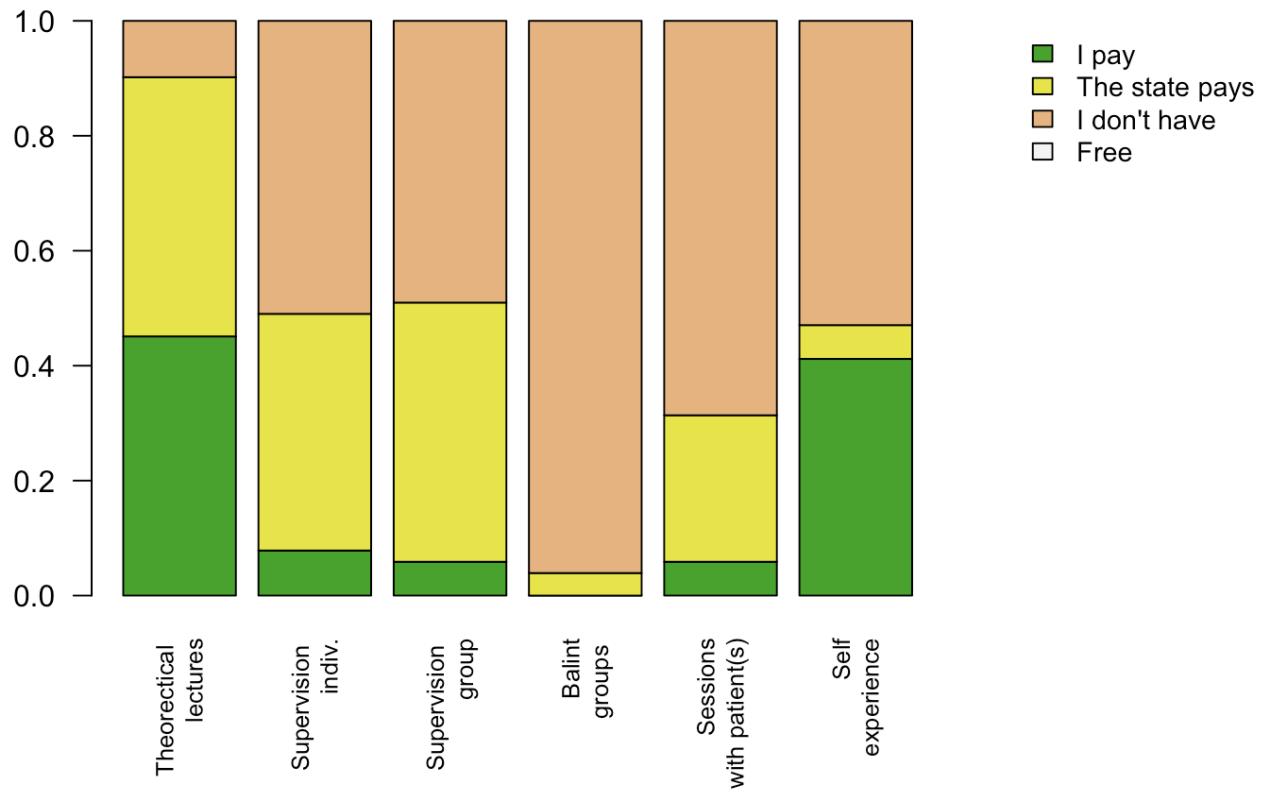


UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(France_data$q_0015)
```

Who pays?

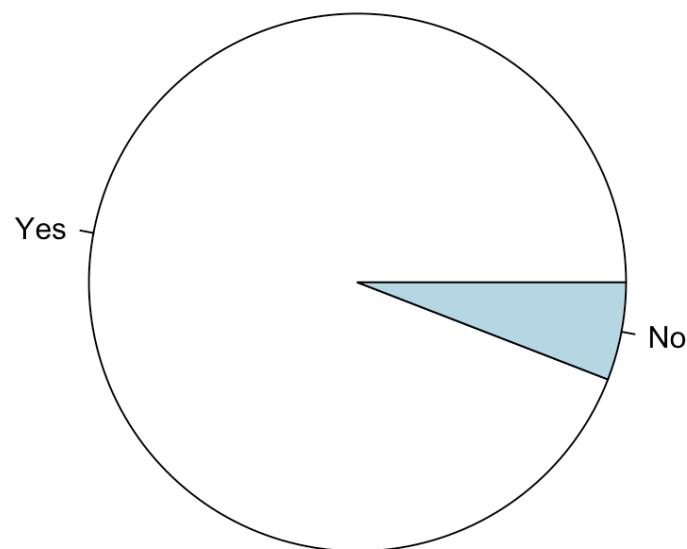
Who pays?



Would you train for free?

```
##  
##           Yes          No  
## 0.94117647 0.05882353
```

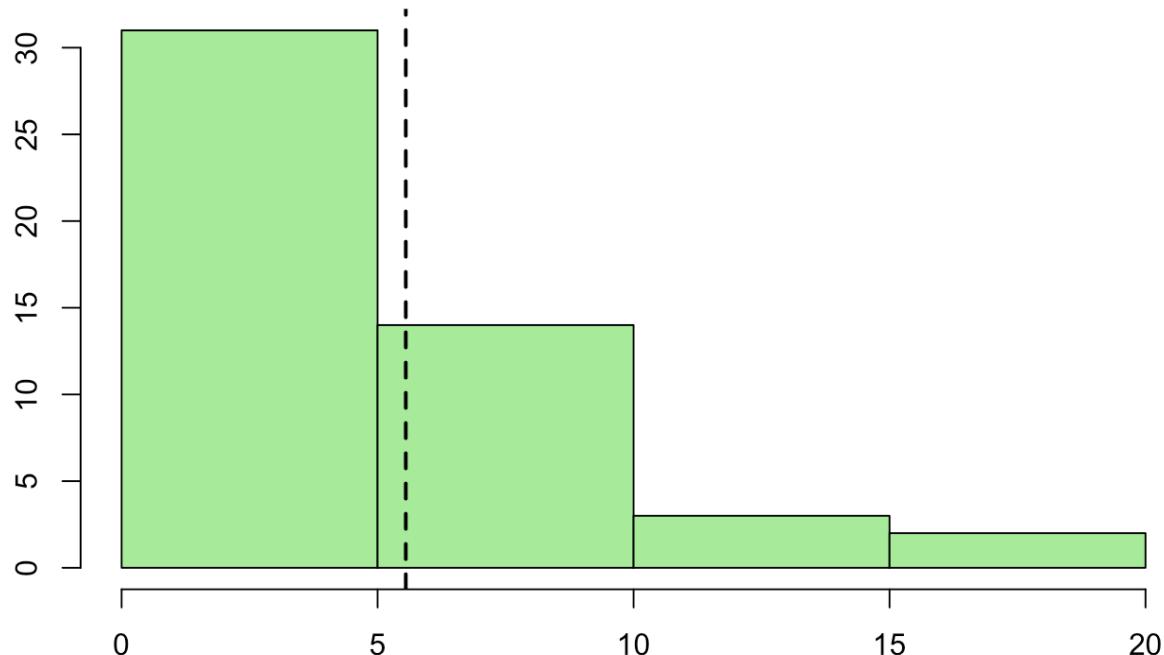
Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

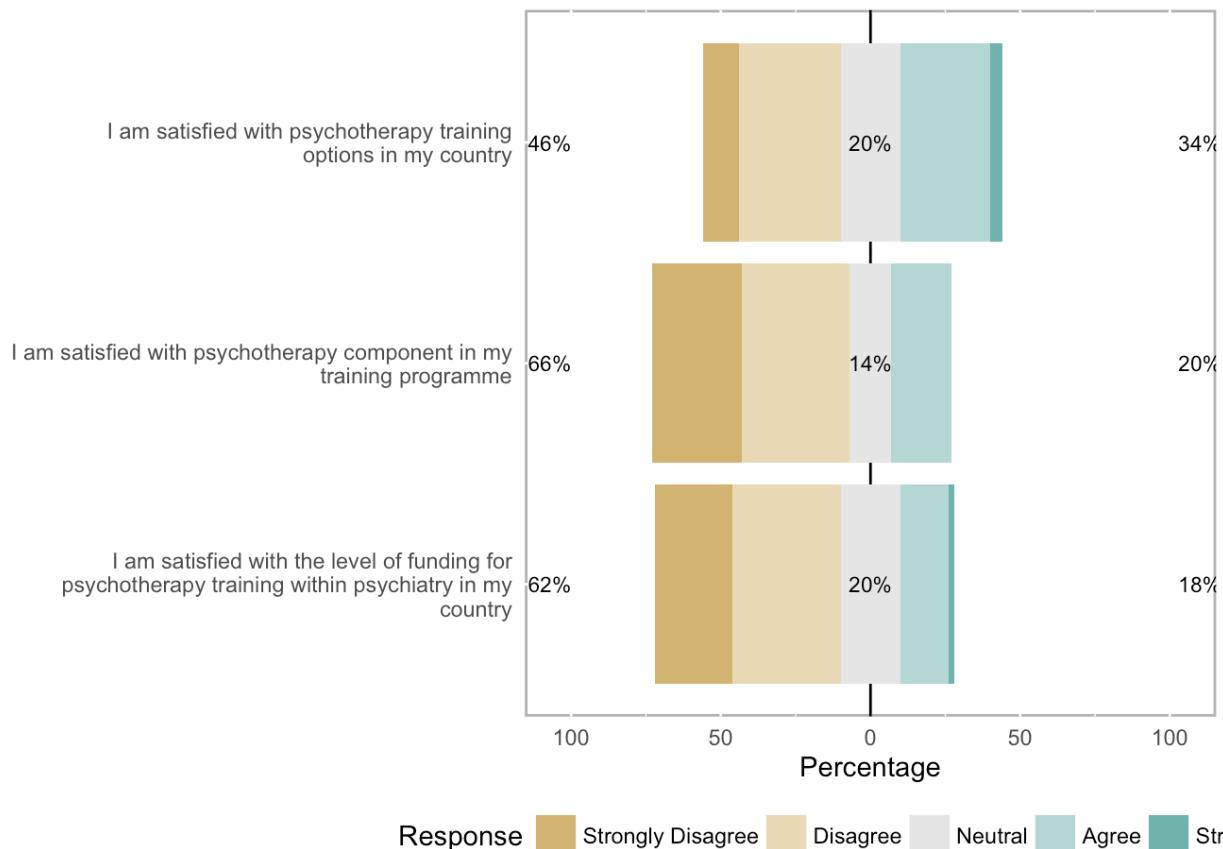
How much would you invest in psychotherapy training ?

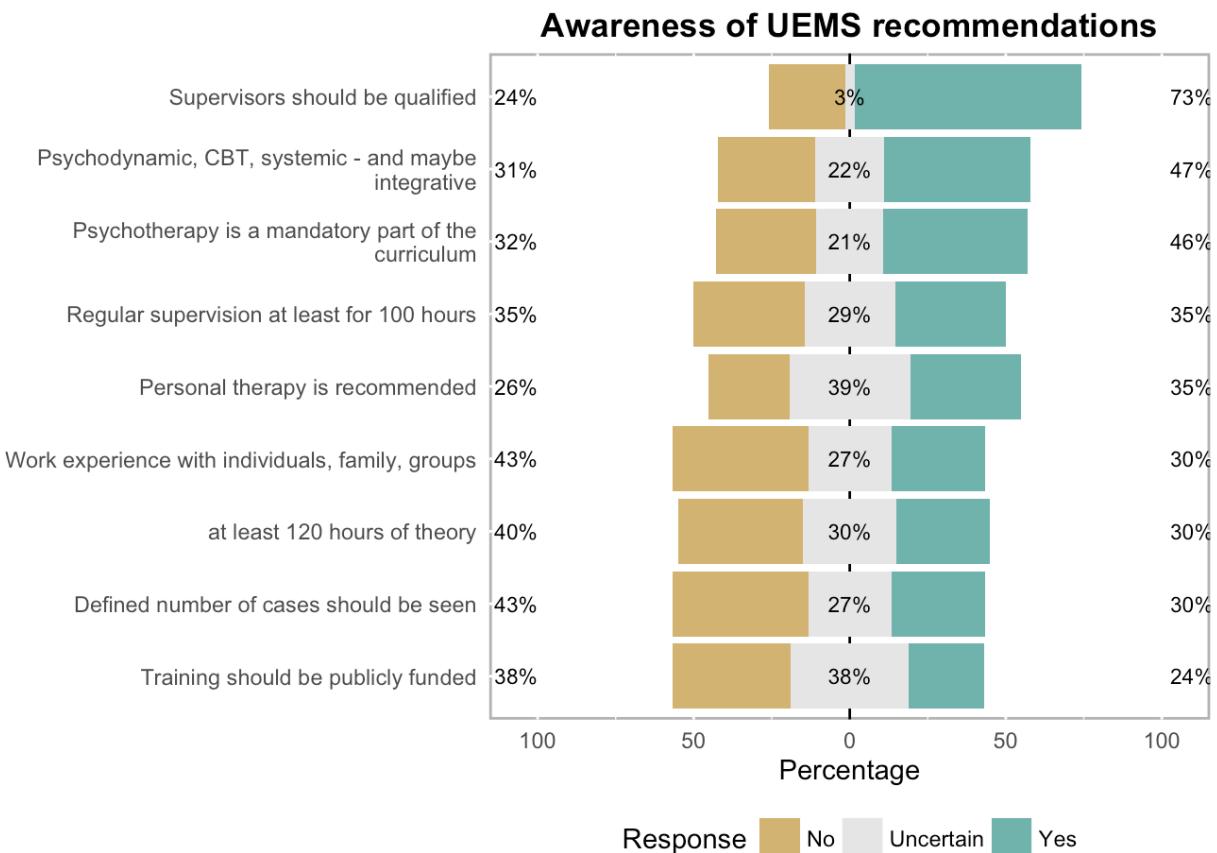
% of annual salary for psychotherapy training



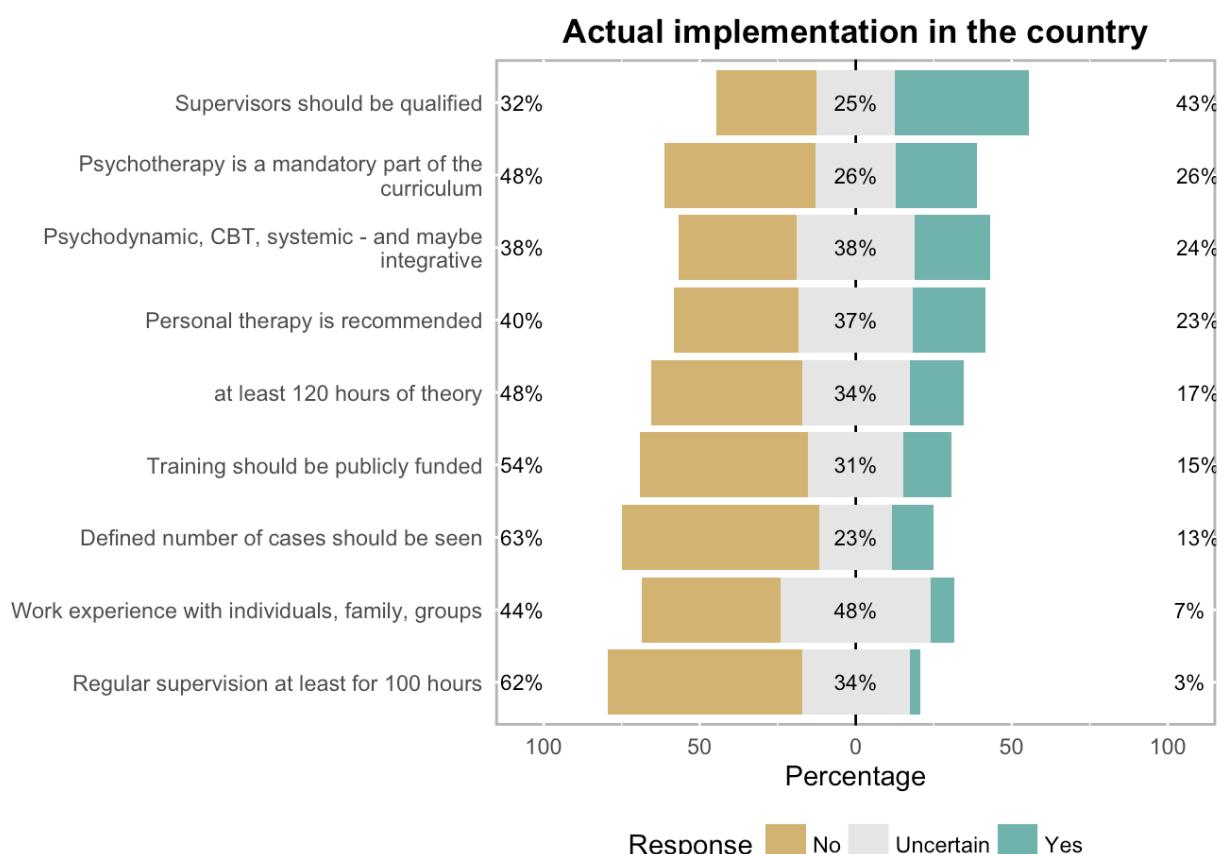
our annual salary do you intend to spend on funding your psychotherapy training In the

Satisfaction group



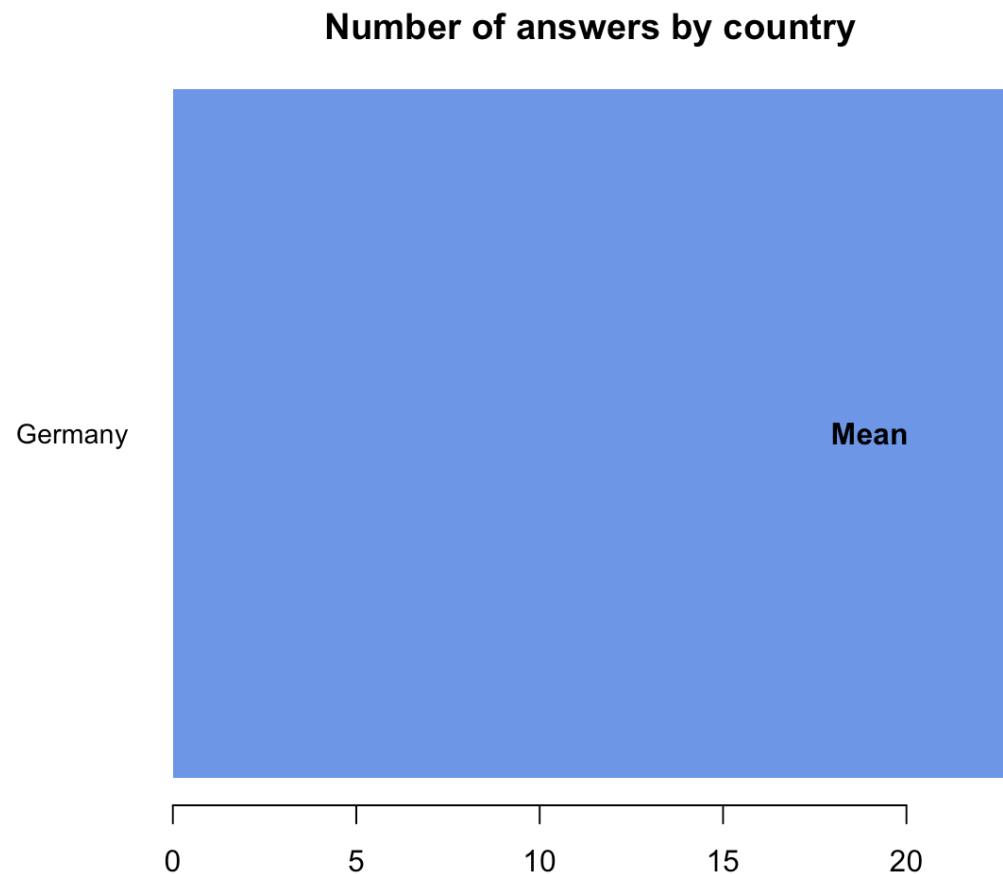


UEMS recommendations awareness



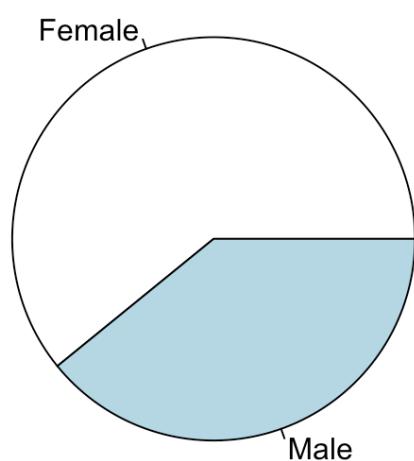
Germany results

Number of participants

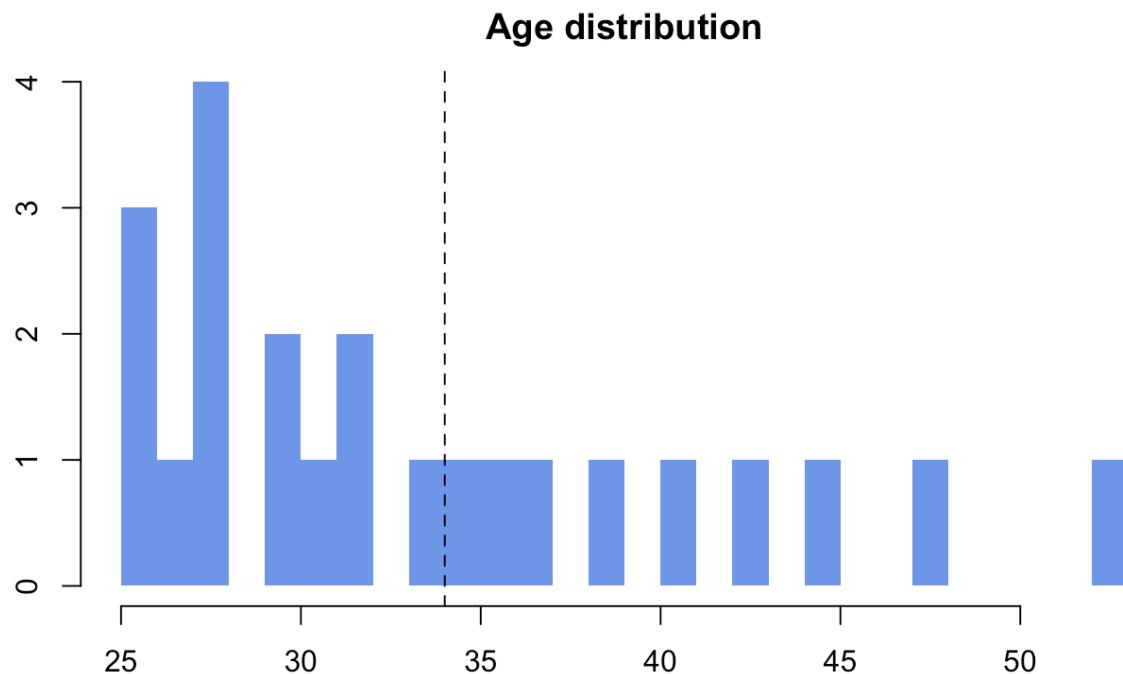


Gender

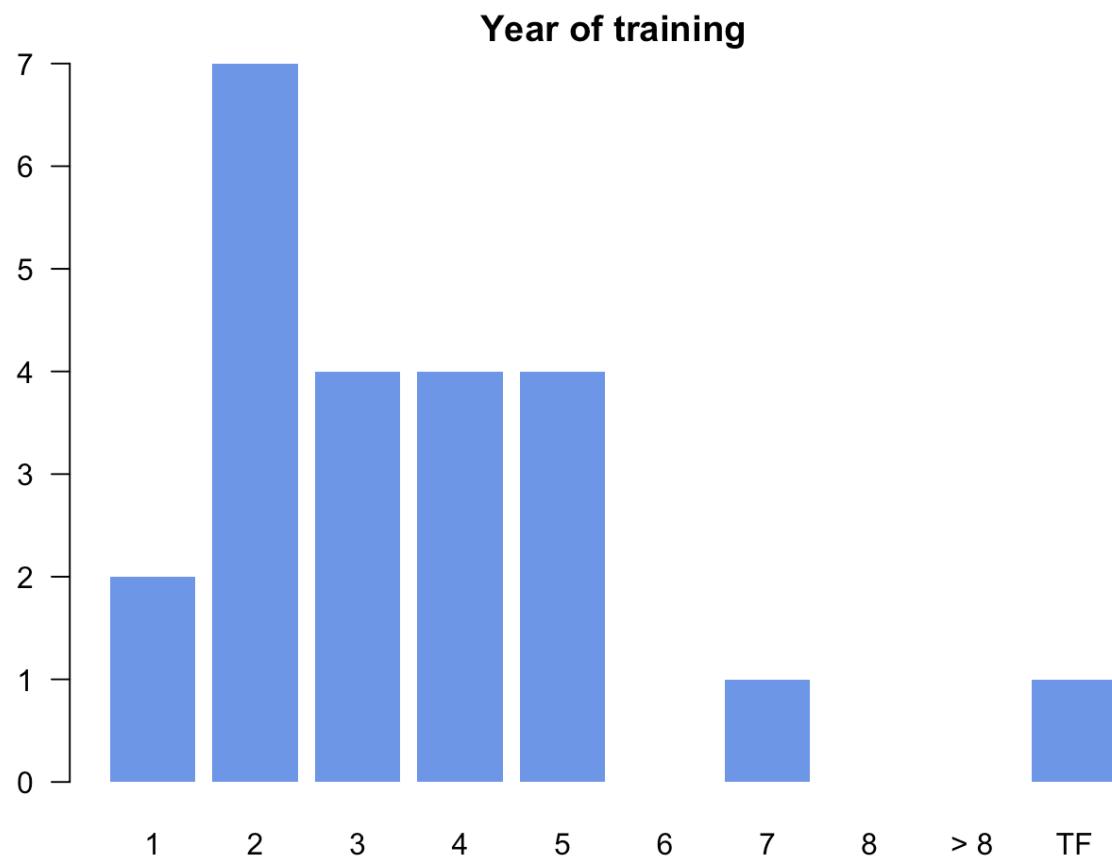
Gender of participants in Europe responses



Age



Year in Training

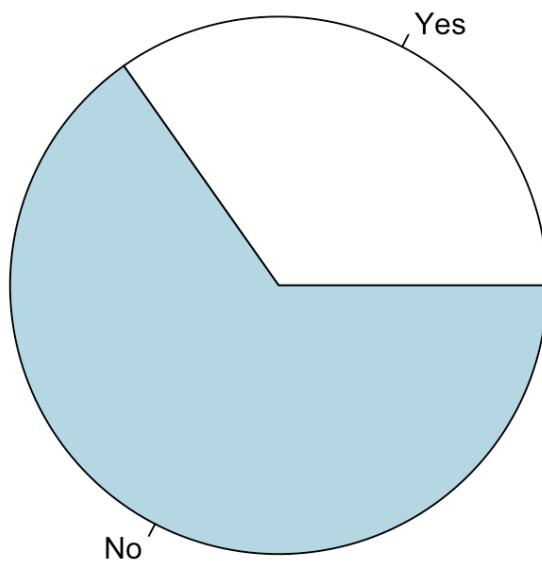


>TF for training finished

Are you receiving personal psychotherapy or have you received it in the past?

```
##  
##      Yes      No  
## 0.3478261 0.6521739
```

Receiving personal psychotherapy (present or past)

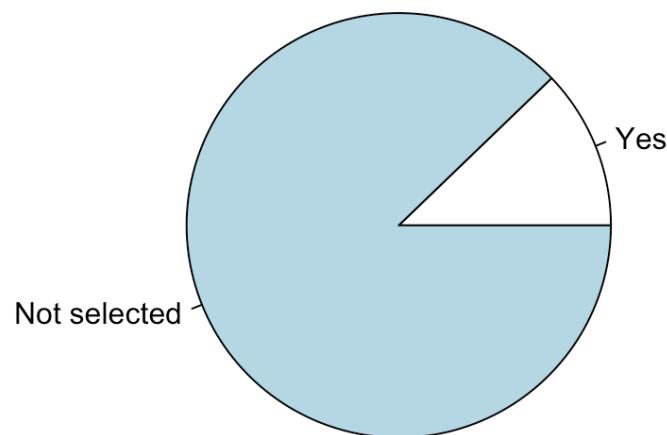


I am undertaking training in Psychotherapy on my own initiative

```
##  
##      Yes Not selected  
##          5          36
```

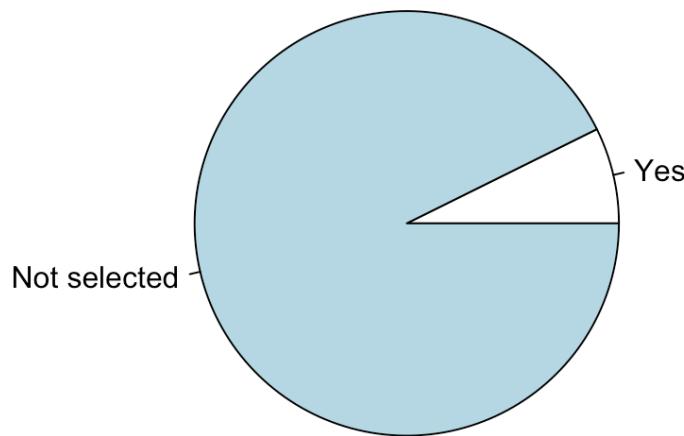
```
##  
##      Yes Not selected  
## 0.1219512 0.8780488
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

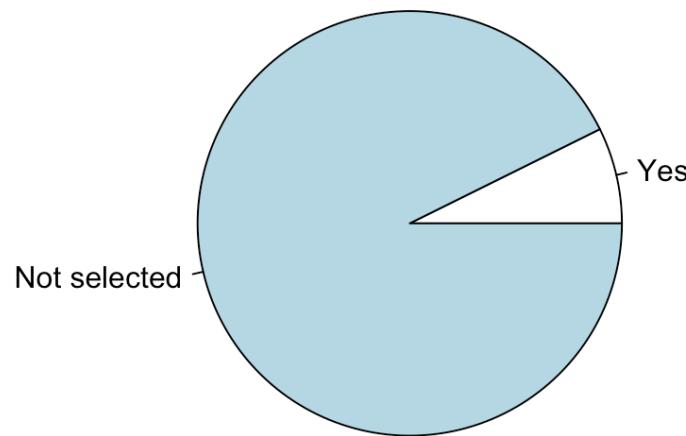


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##  
##           Yes Not selected  
##     0.07317073   0.92682927
```

Completed a full training in a Psychotherapy (past)



I am training in some modality

```
##  
## FALSE TRUE  
## 20 21
```

```
##  
## FALSE TRUE  
## 0.4878049 0.5121951
```