

# Psychotherapy Study

*Roberts Klotins and Thomas Gargot*

*March, 21th 2016*

## Contents

<b>EFPT</b>	<b>13</b>
<b>Presentation</b>	<b>13</b>
Presentations of the survey . . . . .	13
<b>To do list</b>	<b>13</b>
<b>Actual recommendations</b>	<b>14</b>
EFPT Psychotherapy Working Group statement . . . . .	14
UEMS Psychotherapy Reports . . . . .	14
Questions : . . . . .	14
<b>Get the data</b>	<b>14</b>
<b>European results</b>	<b>15</b>
Number of participants . . . . .	15
Gender . . . . .	16
Age . . . . .	16
Year in Training . . . . .	17
Are you receiving personal psychotherapy or have you received it in the past? . . . . .	17
I am undertaking training in Psychotherapy on my own initiative . . . . .	18
I am not undertaking any training in Psychotherapy . . . . .	19
I have completed full training in a Psychotherapy specialty in the past . . . . .	19
I am training in some modality . . . . .	19
Is psychotherapy important for your identity as a psychiatrist ? . . . . .	20
Do you want to practise Psychotherapy ? . . . . .	21
Are you interested in this psychotherapy? . . . . .	21
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:” . . . . .	22
What types of psychotherapy modalities are available for treatment of patients at your institution? . . . . .	24
How many hours of supervision . . . . .	24
Who pays? . . . . .	25
Would you train for free? . . . . .	25

How much would you invest in psychotherapy training ? . . . . .	26
Satisfaction group . . . . .	27
UEMS recommendations awareness . . . . .	28
<b>Albania results</b>	<b>29</b>
Number of participants . . . . .	29
Gender . . . . .	29
Age . . . . .	30
Year in Training . . . . .	30
Are you receiving personal psychotherapy or have you received it in the past? . . . . .	31
I am undertaking training in Psychotherapy on my own initiative . . . . .	31
I am not undertaking any training in Psychotherapy . . . . .	32
I have completed full training in a Psychotherapy specialty in the past . . . . .	32
I am training in some modality . . . . .	32
Is psychotherapy important for your identity as a psychiatrist ? . . . . .	33
Do you want to practise Psychotherapy ? . . . . .	33
Are you interested in this psychotherapy? . . . . .	34
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:” . . . . .	34
What types of psychotherapy modalities are available for treatment of patients at your institution? . . . . .	36
How many hours of supervision . . . . .	36
Who pays? . . . . .	37
Would you train for free? . . . . .	37
How much would you invest in psychotherapy training ? . . . . .	38
Satisfaction group . . . . .	39
UEMS recommendations awareness . . . . .	40
<b>Belgium results</b>	<b>41</b>
Number of participants . . . . .	41
Gender . . . . .	41
Age . . . . .	42
Year in Training . . . . .	42
Are you receiving personal psychotherapy or have you received it in the past? . . . . .	43
I am undertaking training in Psychotherapy on my own initiative . . . . .	43
I am not undertaking any training in Psychotherapy . . . . .	44
I have completed full training in a Psychotherapy specialty in the past . . . . .	44
I am training in some modality . . . . .	44
Is psychotherapy important for your identity as a psychiatrist ? . . . . .	45

Do you want to practise Psychotherapy ? . . . . .	46
Are you interested in this psychotherapy? . . . . .	46
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:” . .	47
What types of psychotherapy modalities are available for treatment of patients at your institution?	49
How many hours of supervision . . . . .	49
Who pays? . . . . .	50
Would you train for free? . . . . .	50
How much would you invest in psychotherapy training ? . . . . .	51
Satisfaction group . . . . .	52
UEMS recommendations awareness . . . . .	53
<b>Bosnia-Herzegovina results</b>	<b>54</b>
Number of participants . . . . .	54
Gender . . . . .	54
Age . . . . .	55
Year in Training . . . . .	55
Are you receiving personal psychotherapy or have you received it in the past? . . . . .	56
I am undertaking training in Psychotherapy on my own initiative . . . . .	56
I am not undertaking any training in Psychotherapy . . . . .	57
I have completed full training in a Psychotherapy specialty in the past . . . . .	57
I am training in some modality . . . . .	58
Is psychotherapy important for your identity as a psychiatrist ? . . . . .	58
Do you want to practise Psychotherapy ? . . . . .	59
Are you interested in this psychotherapy? . . . . .	60
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:” . .	60
What types of psychotherapy modalities are available for treatment of patients at your institution?	62
How many hours of supervision . . . . .	62
Who pays? . . . . .	63
Would you train for free? . . . . .	63
How much would you invest in psychotherapy training ? . . . . .	64
Satisfaction group . . . . .	65
UEMS recommendations awareness . . . . .	66

<b>Bulgaria results</b>	<b>67</b>
Number of participants . . . . .	67
Gender . . . . .	67
Age . . . . .	68
Year in Training . . . . .	68
Are you receiving personal psychotherapy or have you received it in the past? . . . . .	69
I am undertaking training in Psychotherapy on my own initiative . . . . .	69
I am not undertaking any training in Psychotherapy . . . . .	70
I have completed full training in a Psychotherapy specialty in the past . . . . .	70
I am training in some modality . . . . .	71
Is psychotherapy important for your identity as a psychiatrist ? . . . . .	71
Do you want to practise Psychotherapy ? . . . . .	72
Are you interested in this psychotherapy? . . . . .	73
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:” . .	73
What types of psychotherapy modalities are available for treatment of patients at your institution?	75
How many hours of supervision . . . . .	75
Who pays? . . . . .	76
Would you train for free? . . . . .	76
How much would you invest in psychotherapy training ? . . . . .	77
Satisfaction group . . . . .	78
UEMS recommendations awareness . . . . .	79
<b>Czech Republic results</b>	<b>80</b>
Number of participants . . . . .	80
Gender . . . . .	80
Age . . . . .	81
Year in Training . . . . .	81
Are you receiving personal psychotherapy or have you received it in the past? . . . . .	82
I am undertaking training in Psychotherapy on my own initiative . . . . .	82
I am not undertaking any training in Psychotherapy . . . . .	83
I have completed full training in a Psychotherapy specialty in the past . . . . .	83
I am training in some modality . . . . .	84
Is psychotherapy important for your identity as a psychiatrist ? . . . . .	84
Do you want to practise Psychotherapy ? . . . . .	85
Are you interested in this psychotherapy? . . . . .	86
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:” . .	86
What types of psychotherapy modalities are available for treatment of patients at your institution?	88

How many hours of supervision . . . . .	88
Who pays? . . . . .	89
Would you train for free? . . . . .	89
How much would you invest in psychotherapy training ? . . . . .	90
Satisfaction group . . . . .	91
UEMS recommendations awareness . . . . .	92
<b>Estonia results</b>	<b>93</b>
Number of participants . . . . .	93
Gender . . . . .	93
Age . . . . .	94
Year in Training . . . . .	94
Are you receiving personal psychotherapy or have you received it in the past? . . . . .	95
I am undertaking training in Psychotherapy on my own initiative . . . . .	95
I am not undertaking any training in Psychotherapy . . . . .	96
I have completed full training in a Psychotherapy specialty in the past . . . . .	96
I am training in some modality . . . . .	97
Is psychotherapy important for your identity as a psychiatrist ? . . . . .	97
Do you want to practise Psychotherapy ? . . . . .	98
Are you interested in this psychotherapy? . . . . .	99
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:” . . . . .	99
What types of psychotherapy modalities are available for treatment of patients at your institution? . . . . .	101
How many hours of supervision . . . . .	101
Who pays? . . . . .	102
Would you train for free? . . . . .	102
How much would you invest in psychotherapy training ? . . . . .	103
Satisfaction group . . . . .	104
UEMS recommendations awareness . . . . .	105
<b>Finland results</b>	<b>106</b>
Number of participants . . . . .	106
Gender . . . . .	106
Age . . . . .	107
Year in Training . . . . .	107
Are you receiving personal psychotherapy or have you received it in the past? . . . . .	108
I am undertaking training in Psychotherapy on my own initiative . . . . .	108
I am not undertaking any training in Psychotherapy . . . . .	109

I have completed full training in a Psychotherapy specialty in the past . . . . .	109
I am training in some modality . . . . .	110
Is psychotherapy important for your identity as a psychiatrist ? . . . . .	110
Do you want to practise Psychotherapy ? . . . . .	111
Are you interested in this psychotherapy? . . . . .	112
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:” . .	112
What types of psychotherapy modalities are available for treatment of patients at your institution?	114
How many hours of supervision . . . . .	114
Who pays? . . . . .	115
Would you train for free? . . . . .	115
How much would you invest in psychotherapy training ? . . . . .	116
Satisfaction group . . . . .	117
UEMS recommendations awareness . . . . .	118
<b>France results</b>	<b>119</b>
Number of participants . . . . .	119
Gender . . . . .	120
Age . . . . .	120
Year in Training . . . . .	121
Are you receiving personal psychotherapy or have you received it in the past? . . . . .	121
I am undertaking training in Psychotherapy on my own initiative . . . . .	122
I am not undertaking any training in Psychotherapy . . . . .	123
I have completed full training in a Psychotherapy specialty in the past . . . . .	123
I am training in some modality . . . . .	123
Is psychotherapy important for your identity as a psychiatrist ? . . . . .	124
Do you want to practise Psychotherapy ? . . . . .	125
Are you interested in this psychotherapy? . . . . .	125
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:” . .	126
What types of psychotherapy modalities are available for treatment of patients at your institution?	128
How many hours of supervision . . . . .	128
Who pays? . . . . .	129
Would you train for free? . . . . .	129
How much would you invest in psychotherapy training ? . . . . .	130
Satisfaction group . . . . .	131
UEMS recommendations awareness . . . . .	132

<b>Germany results</b>	<b>133</b>
Number of participants . . . . .	133
Gender . . . . .	133
Age . . . . .	134
Year in Training . . . . .	134
Are you receiving personal psychotherapy or have you received it in the past? . . . . .	135
I am undertaking training in Psychotherapy on my own initiative . . . . .	135
I am not undertaking any training in Psychotherapy . . . . .	136
I have completed full training in a Psychotherapy specialty in the past . . . . .	136
I am training in some modality . . . . .	137
Is psychotherapy important for your identity as a psychiatrist ? . . . . .	137
Do you want to practise Psychotherapy ? . . . . .	138
Are you interested in this psychotherapy? . . . . .	139
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:” . .	139
What types of psychotherapy modalities are available for treatment of patients at your institution?	141
How many hours of supervision . . . . .	141
Who pays? . . . . .	142
Would you train for free? . . . . .	142
How much would you invest in psychotherapy training ? . . . . .	143
Satisfaction group . . . . .	144
UEMS recommendations awareness . . . . .	145
 <b>Gerany results</b>	 <b>146</b>
Number of participants . . . . .	146
Gender . . . . .	146
Age . . . . .	147
Year in Training . . . . .	147
Are you receiving personal psychotherapy or have you received it in the past? . . . . .	148
I am undertaking training in Psychotherapy on my own initiative . . . . .	148
I am not undertaking any training in Psychotherapy . . . . .	149
I have completed full training in a Psychotherapy specialty in the past . . . . .	149
I am training in some modality . . . . .	150
Is psychotherapy important for your identity as a psychiatrist ? . . . . .	150
Do you want to practise Psychotherapy ? . . . . .	151
Are you interested in this psychotherapy? . . . . .	152
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:” . .	152
What types of psychotherapy modalities are available for treatment of patients at your institution?	154

How many hours of supervision . . . . .	154
Who pays? . . . . .	155
Would you train for free? . . . . .	155
How much would you invest in psychotherapy training ? . . . . .	156
Satisfaction group . . . . .	157
UEMS recommendations awareness . . . . .	158
<b>Israel results</b>	<b>159</b>
Number of participants . . . . .	159
Gender . . . . .	159
Age . . . . .	160
Year in Training . . . . .	160
Are you receiving personal psychotherapy or have you received it in the past? . . . . .	161
I am undertaking training in Psychotherapy on my own initiative . . . . .	161
I am not undertaking any training in Psychotherapy . . . . .	162
I have completed full training in a Psychotherapy specialty in the past . . . . .	162
I am training in some modality . . . . .	162
Is psychotherapy important for your identity as a psychiatrist ? . . . . .	163
Do you want to practise Psychotherapy ? . . . . .	163
Are you interested in this psychotherapy? . . . . .	164
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:” . . . . .	164
What types of psychotherapy modalities are available for treatment of patients at your institution? . . . . .	166
How many hours of supervision . . . . .	166
Who pays? . . . . .	167
Would you train for free? . . . . .	167
How much would you invest in psychotherapy training ? . . . . .	168
Satisfaction group . . . . .	169
UEMS recommendations awareness . . . . .	170
<b>Italy results</b>	<b>171</b>
Number of participants . . . . .	171
Gender . . . . .	171
Age . . . . .	172
Year in Training . . . . .	172
Are you receiving personal psychotherapy or have you received it in the past? . . . . .	173
I am undertaking training in Psychotherapy on my own initiative . . . . .	173
I am not undertaking any training in Psychotherapy . . . . .	174



I have completed full training in a Psychotherapy specialty in the past . . . . .	174
I am training in some modality . . . . .	175
Is psychotherapy important for your identity as a psychiatrist ? . . . . .	175
Do you want to practise Psychotherapy ? . . . . .	176
Are you interested in this psychotherapy? . . . . .	177
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:” . .	177
What types of psychotherapy modalities are available for treatment of patients at your institution?	179
How many hours of supervision . . . . .	179
Who pays? . . . . .	180
Would you train for free? . . . . .	180
How much would you invest in psychotherapy training ? . . . . .	181
Satisfaction group . . . . .	182
UEMS recommendations awareness . . . . .	183
<b>Latvia results</b>	<b>184</b>
Number of participants . . . . .	184
Gender . . . . .	184
Age . . . . .	185
Year in Training . . . . .	185
Are you receiving personal psychotherapy or have you received it in the past? . . . . .	186
I am undertaking training in Psychotherapy on my own initiative . . . . .	186
I am not undertaking any training in Psychotherapy . . . . .	187
I have completed full training in a Psychotherapy specialty in the past . . . . .	187
I am training in some modality . . . . .	188
Is psychotherapy important for your identity as a psychiatrist ? . . . . .	188
Do you want to practise Psychotherapy ? . . . . .	189
Are you interested in this psychotherapy? . . . . .	190
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:” . .	190
What types of psychotherapy modalities are available for treatment of patients at your institution?	192
How many hours of supervision . . . . .	192
Who pays? . . . . .	193
Would you train for free? . . . . .	193
How much would you invest in psychotherapy training ? . . . . .	194
Satisfaction group . . . . .	195
UEMS recommendations awareness . . . . .	196

<b>Lithuania results</b>	<b>197</b>
Number of participants . . . . .	197
Gender . . . . .	197
Age . . . . .	198
Year in Training . . . . .	198
Are you receiving personal psychotherapy or have you received it in the past? . . . . .	199
I am undertaking training in Psychotherapy on my own initiative . . . . .	199
I am not undertaking any training in Psychotherapy . . . . .	200
I have completed full training in a Psychotherapy specialty in the past . . . . .	200
I am training in some modality . . . . .	201
Is psychotherapy important for your identity as a psychiatrist ? . . . . .	201
Do you want to practise Psychotherapy ? . . . . .	202
Are you interested in this psychotherapy? . . . . .	203
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:” . . . . .	203
What types of psychotherapy modalities are available for treatment of patients at your institution? . . . . .	205
How many hours of supervision . . . . .	205
Who pays? . . . . .	206
Would you train for free? . . . . .	206
How much would you invest in psychotherapy training ? . . . . .	207
Satisfaction group . . . . .	208
UEMS recommendations awareness . . . . .	209
<b>Malta results</b>	<b>210</b>
Number of participants . . . . .	210
Gender . . . . .	210
Age . . . . .	211
Year in Training . . . . .	211
Are you receiving personal psychotherapy or have you received it in the past? . . . . .	212
I am undertaking training in Psychotherapy on my own initiative . . . . .	212
I am not undertaking any training in Psychotherapy . . . . .	213
I have completed full training in a Psychotherapy specialty in the past . . . . .	213
I am training in some modality . . . . .	213
Is psychotherapy important for your identity as a psychiatrist ? . . . . .	214
Do you want to practise Psychotherapy ? . . . . .	214
Are you interested in this psychotherapy? . . . . .	215
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:” . . . . .	215
What types of psychotherapy modalities are available for treatment of patients at your institution? . . . . .	217

How many hours of supervision . . . . .	217
Who pays? . . . . .	218
Would you train for free? . . . . .	218
How much would you invest in psychotherapy training ? . . . . .	219
Satisfaction group . . . . .	220
UEMS recommendations awareness . . . . .	221
<b>Malta results</b>	<b>222</b>
Number of participants . . . . .	222
Gender . . . . .	222
Age . . . . .	223
Year in Training . . . . .	223
Are you receiving personal psychotherapy or have you received it in the past? . . . . .	224
I am undertaking training in Psychotherapy on my own initiative . . . . .	224
I am not undertaking any training in Psychotherapy . . . . .	225
I have completed full training in a Psychotherapy specialty in the past . . . . .	225
I am training in some modality . . . . .	226
Is psychotherapy important for your identity as a psychiatrist ? . . . . .	226
Do you want to practise Psychotherapy ? . . . . .	227
Are you interested in this psychotherapy? . . . . .	228
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:” . . . . .	228
What types of psychotherapy modalities are available for treatment of patients at your institution? . . . . .	230
How many hours of supervision . . . . .	230
Who pays? . . . . .	231
Would you train for free? . . . . .	231
How much would you invest in psychotherapy training ? . . . . .	232
Satisfaction group . . . . .	233
UEMS recommendations awareness . . . . .	234
<b>Slovenia results</b>	<b>235</b>
Number of participants . . . . .	235
Gender . . . . .	235
Age . . . . .	236
Year in Training . . . . .	236
Are you receiving personal psychotherapy or have you received it in the past? . . . . .	237
I am undertaking training in Psychotherapy on my own initiative . . . . .	237
I am not undertaking any training in Psychotherapy . . . . .	238

I have completed full training in a Psychotherapy specialty in the past . . . . .	238
I am training in some modality . . . . .	238
Is psychotherapy important for your identity as a psychiatrist ? . . . . .	239
Do you want to practise Psychotherapy ? . . . . .	240
Are you interested in this psychotherapy? . . . . .	240
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:” . .	241
What types of psychotherapy modalities are available for treatment of patients at your institution?	243
How many hours of supervision . . . . .	243
Who pays? . . . . .	244
Would you train for free? . . . . .	244
How much would you invest in psychotherapy training ? . . . . .	245
Satisfaction group . . . . .	246
UEMS recommendations awareness . . . . .	247
<b>Spain results</b>	<b>248</b>
Number of participants . . . . .	248
Gender . . . . .	248
Age . . . . .	249
Year in Training . . . . .	249
Are you receiving personal psychotherapy or have you received it in the past? . . . . .	250
I am undertaking training in Psychotherapy on my own initiative . . . . .	250
I am not undertaking any training in Psychotherapy . . . . .	251
I have completed full training in a Psychotherapy specialty in the past . . . . .	251
I am training in some modality . . . . .	252
Is psychotherapy important for your identity as a psychiatrist ? . . . . .	252
Do you want to practise Psychotherapy ? . . . . .	253
Are you interested in this psychotherapy? . . . . .	254
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:” . .	254
What types of psychotherapy modalities are available for treatment of patients at your institution?	256
How many hours of supervision . . . . .	256
Who pays? . . . . .	257
Would you train for free? . . . . .	257
How much would you invest in psychotherapy training ? . . . . .	258
Satisfaction group . . . . .	259
UEMS recommendations awareness . . . . .	260
Research . . . . .	260
Bibliography . . . . .	260

## EFPT

The European Federation of psychiatric trainees (EFPT) is an independent federation of psychiatric trainees associations. It represents the consensus of psychiatric trainees organizations across European countries and advocates for what training should look like, regardless of the country.

[EFPT website](http://efpt.eu)

## Presentation

The psychotherapy study run from 2013 to 2015 to understand the actual opportunities and wishes for training in psychotherapy in Europe among psychiatrist trainees in 19 countries.

## Presentations of the survey

### Past

- “The EFPT Psychotherapy working Group and its Survey on Psychotherapy Training 2013-2015” was presented at the [Royal College of Psychiatrists](#) - faculty of Psychotherapy Annual Meeting 22-24 April 2015 by Alina Petricean (UK, Romania)
- “The EFPT Psychotherapy working group” was presented at the “Portuguese Psychiatric National Congress in 2013 by Rita Silva (Portugal)
- “Should all psychiatrists be skilled to practice psychotherapy ? Thomas GARGOT (France) and Ekin Sonmez (Turkey), [European Psychiatric Association Congress](#), March 12th - March 15th 2016, [slides](#)

### Projects

- Submission Project : “How psychiatrist trainees are trained in Psychotherapies in Europe ? A European trainee survey”, Thomas GARGOT (France), [European Association of Behavioural and Cognitive Therapies conference \(EABCT\)](#), August 31st - September 3rd 2016, deadline 31st march
- Submission Project : How psychiatrist trainees are trained in Psychotherapies in Europe ? A European trainee survey" in Italian, Diego Quattrone (Italy) [Italian Federation of Psychotherapy Associations \(FIAP\)](#)

## To do list

It can be found [here](#).

## Actual recommendations

### EFPT Psychotherapy Working Group statement

“A working knowledge of psychotherapy is an integral part of being a psychiatrist and this must be reflected in training in psychiatry. All trainees must gain the knowledge, skills and attitudes to be competent in psychotherapy. Competence should be gained in at least one recognised form of psychotherapy (of the trainees choice) and basic knowledge should be gained in the other forms of psychotherapy to allow the trainee to evaluate suitability for referral to specialist psychotherapist. Training in psychotherapy must include supervision by qualified therapists. A personal psychotherapeutic experience is seen as a valuable component of training. It is crucial that trainees have access to relevant psychotherapy experience to cater to the needs of the appropriate patient group that the trainee is dealing with or is expected to deal with in the future.

Relevant training authorities should ensure that time, resources and funding are available to all trainees to meet the above mentioned psychotherapy training needs."

Discussed and voted by EFPT delegates in Lisbon 1996, Tampere 1999, Napoli 2001, Sinaia 2002, Paris 2003, Istanbul 2005, Gothenburg 2008, Cambridge 2009 and Zurich 2013

[See all EFPT statements.](#)

### UEMS Psychotherapy Reports

See all UEMS reports related to [psychiatry training](#).

### Questions :

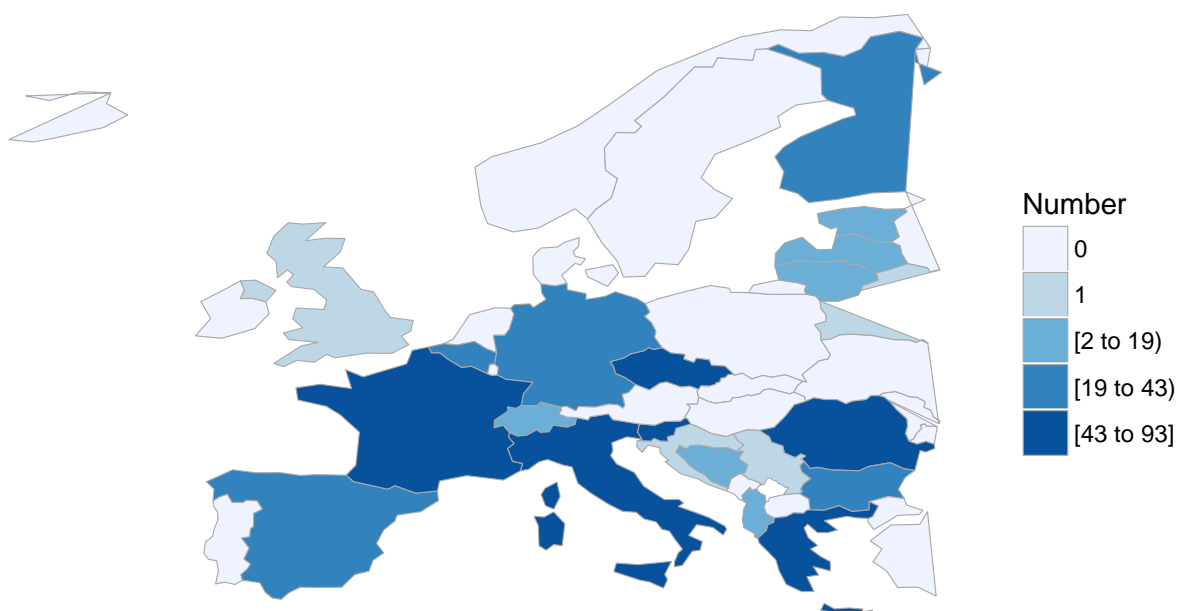
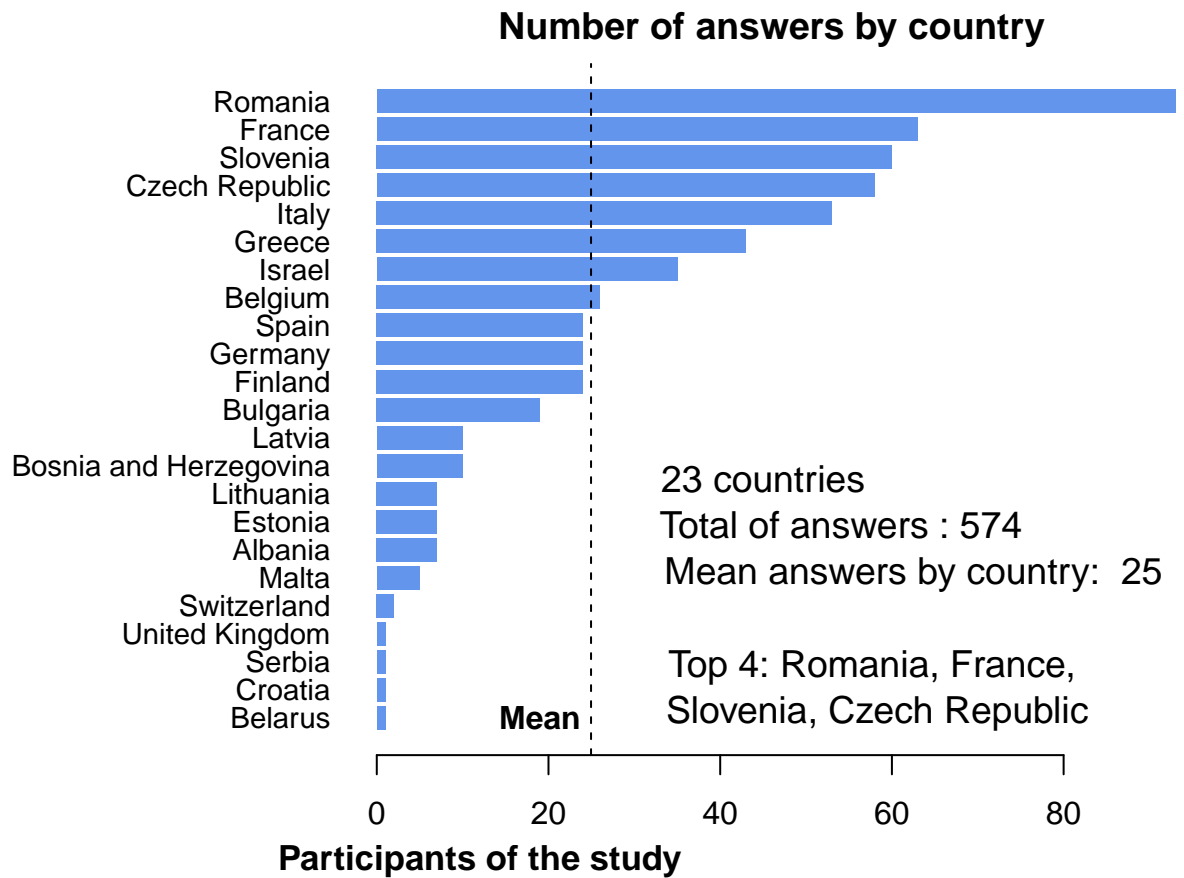
In which country psychotherapy training is the best? In which country there are more hours of supervision ?  
SD for data

### Get the data

You can download our data and our analysis script on [GitHub](#).

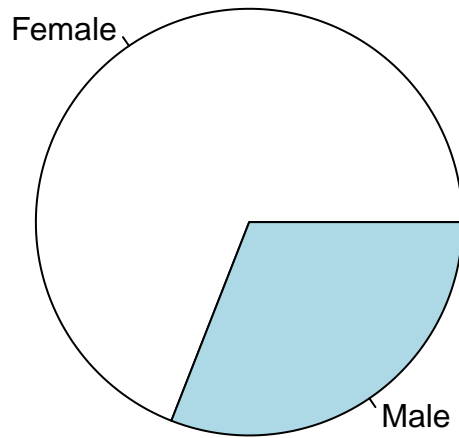
## European results

Number of participants



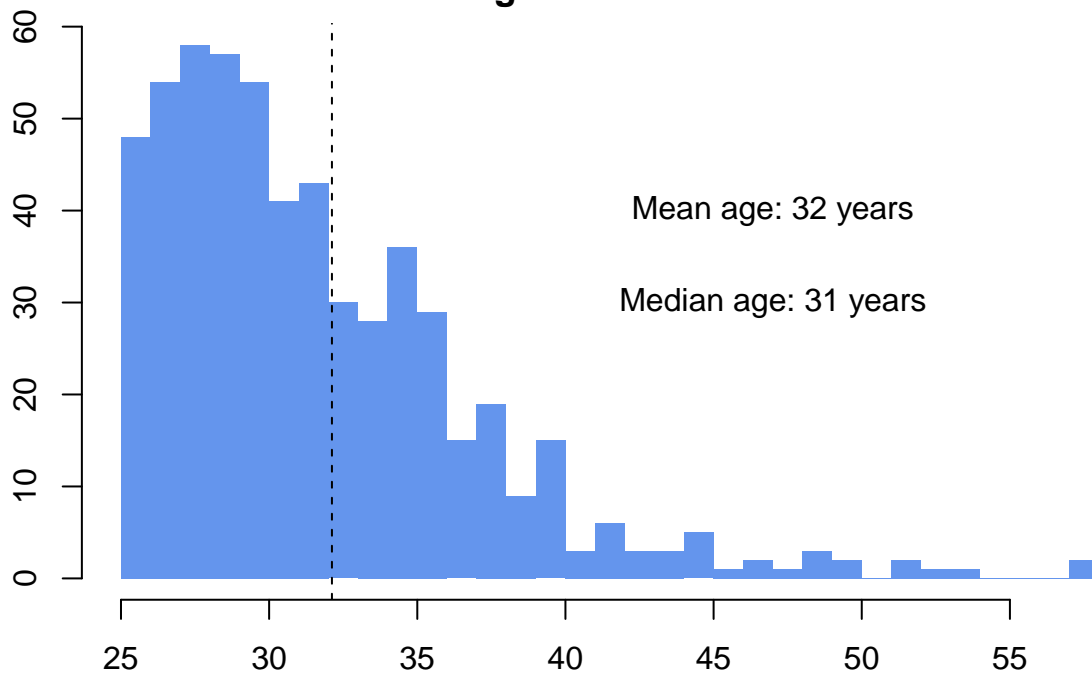
## Gender

### Gender of participants in Europe reponses



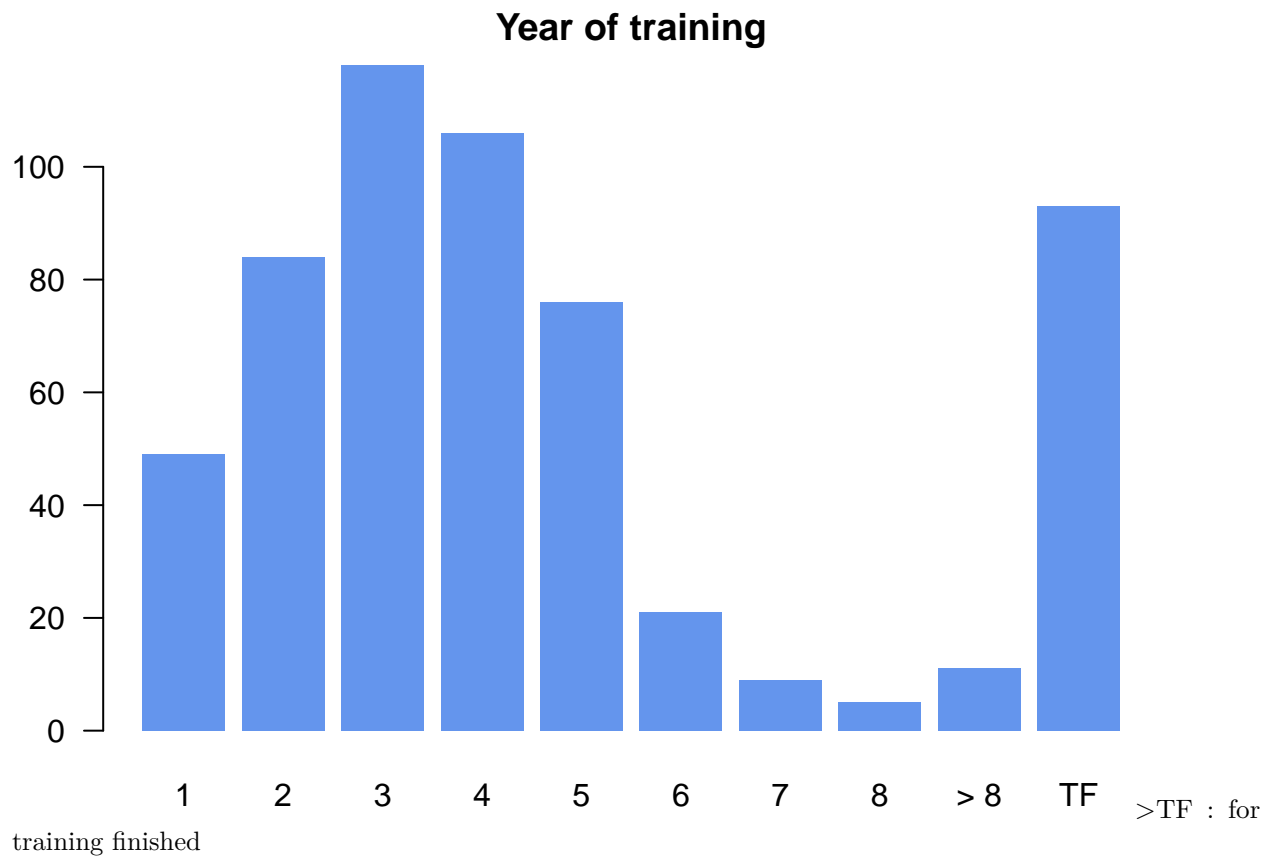
## Age

### Age distribution





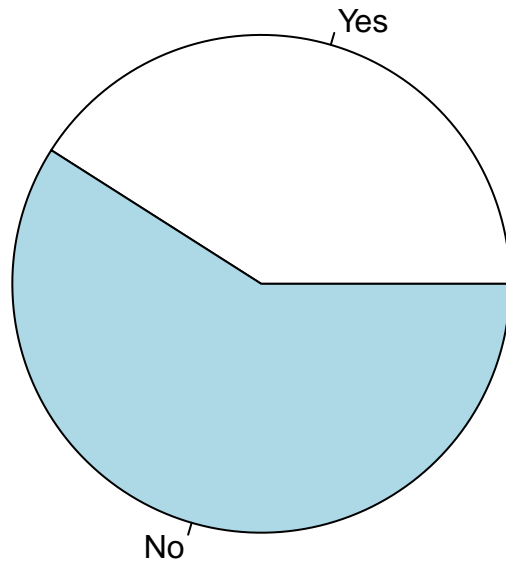
## Year in Training



Are you receiving personal psychotherapy or have you received it in the past?

```
##
##      Yes      No
## 0.4098074 0.5901926
```

## Receiving personal psychotherapy (present or past)

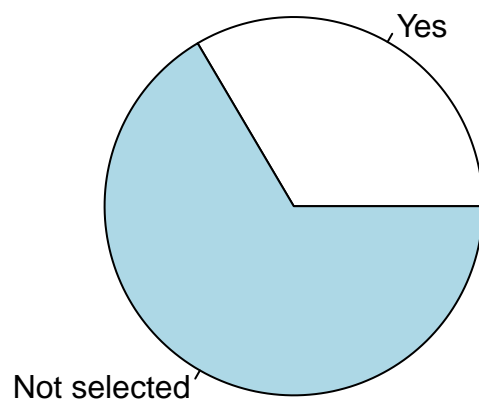


## I am undertaking training in Psychotherapy on my own initiative

```
##
##      Yes Not selected
##      229      455

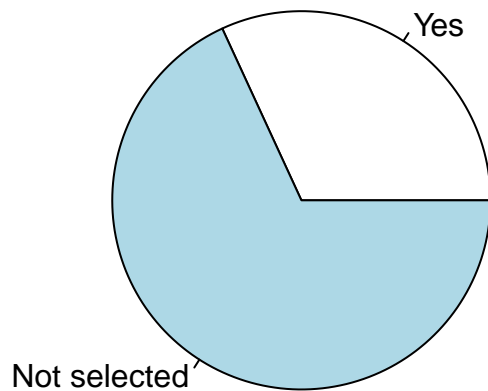
##
##      Yes Not selected
## 0.3347953 0.6652047
```

## Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

**I am not undertaking any training in Psychotherapy**

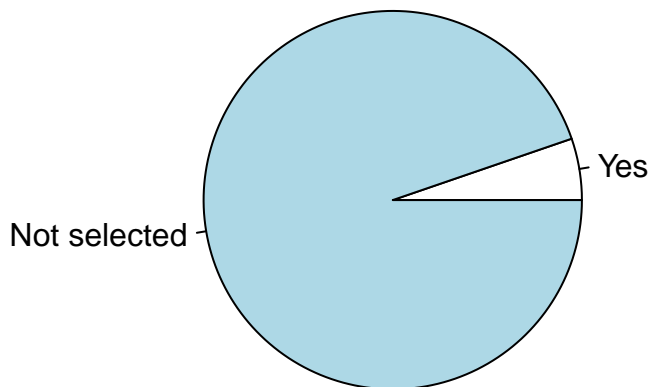


> Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##
##           Yes Not selected
## 0.05263158 0.94736842
```

**Completed a full training in a Psychotherapy (past)**

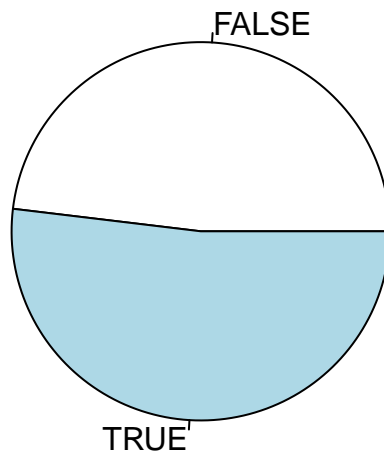


I am training in some modality

```
##
## FALSE TRUE
## 329 355
```

```
##
##      FALSE      TRUE
## 0.4809942 0.5190058
```

## I am training in some modality of psychotherapy

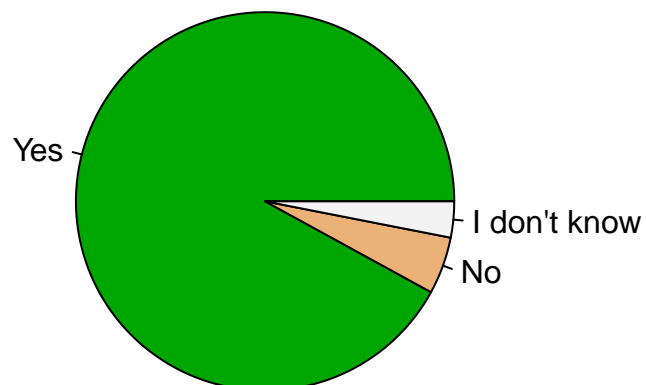


## Is psychotherapy important for your identity as a psychiatrist ?

```
##
##      Yes      No I don't know
##      508      27      17
```

```
##
##      Yes      No I don't know
## 0.92028986 0.04891304 0.03079710
```

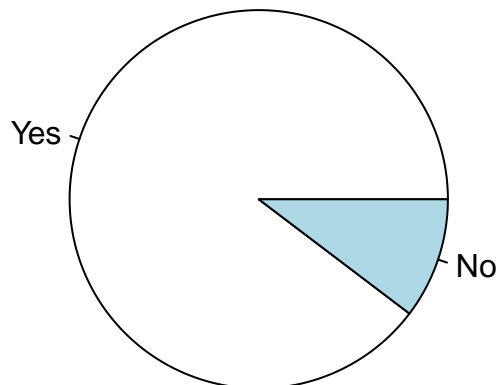
## Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

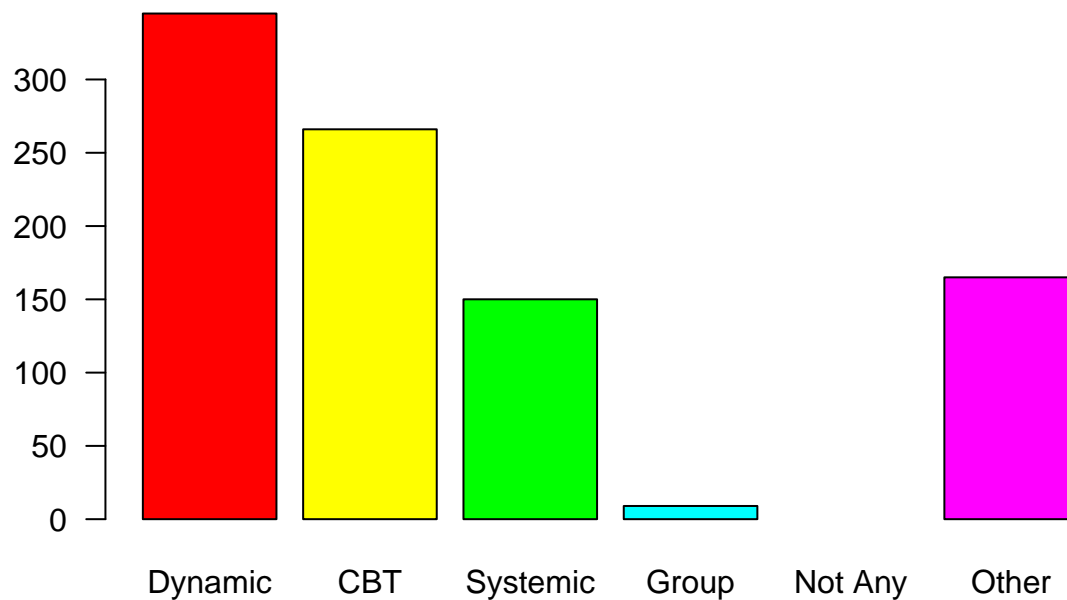
```
##  
##      Yes      No  
## 0.8967391 0.1032609
```

**Plan to practise Psychotherapy after training**



Are you interested in this psychotherapy?

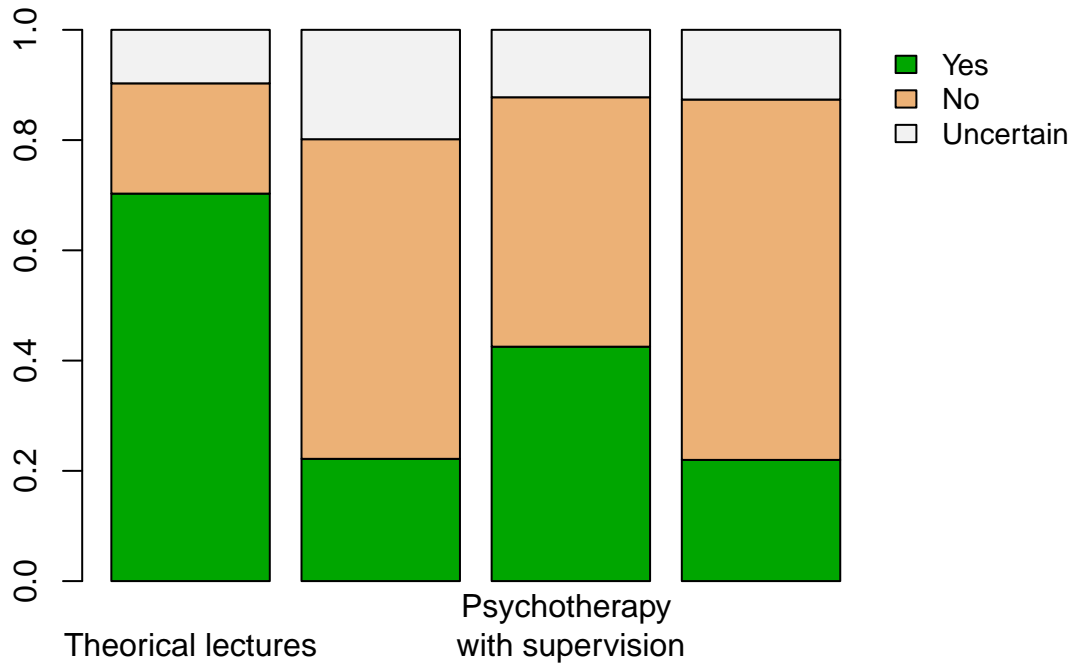
**Interested in this therapy**



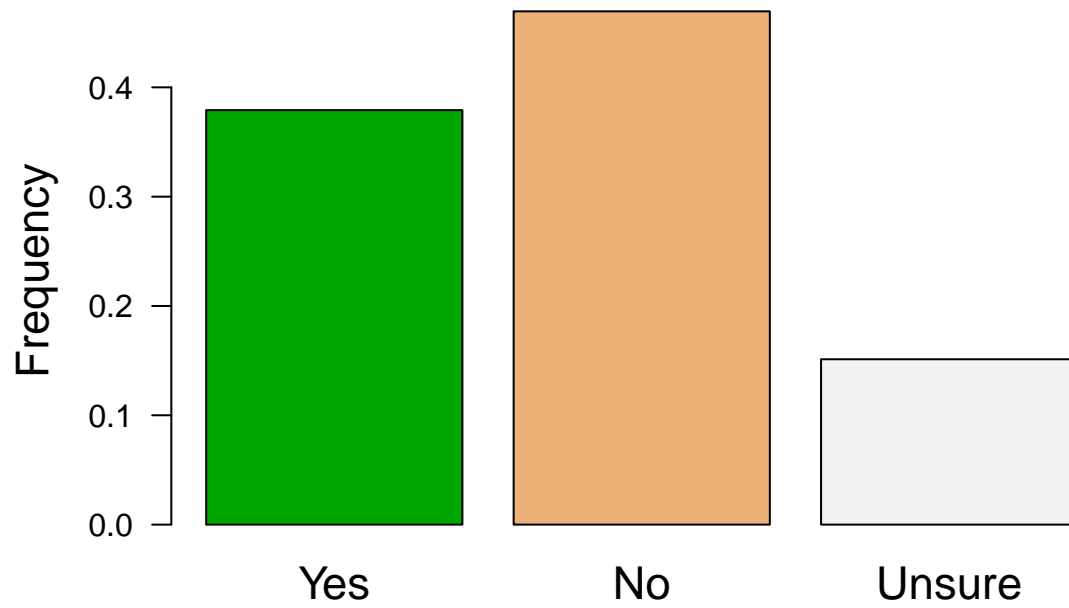
**“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”**

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

**The following experience in psychotherapy is a mandatory part of my training in Psychiatry**

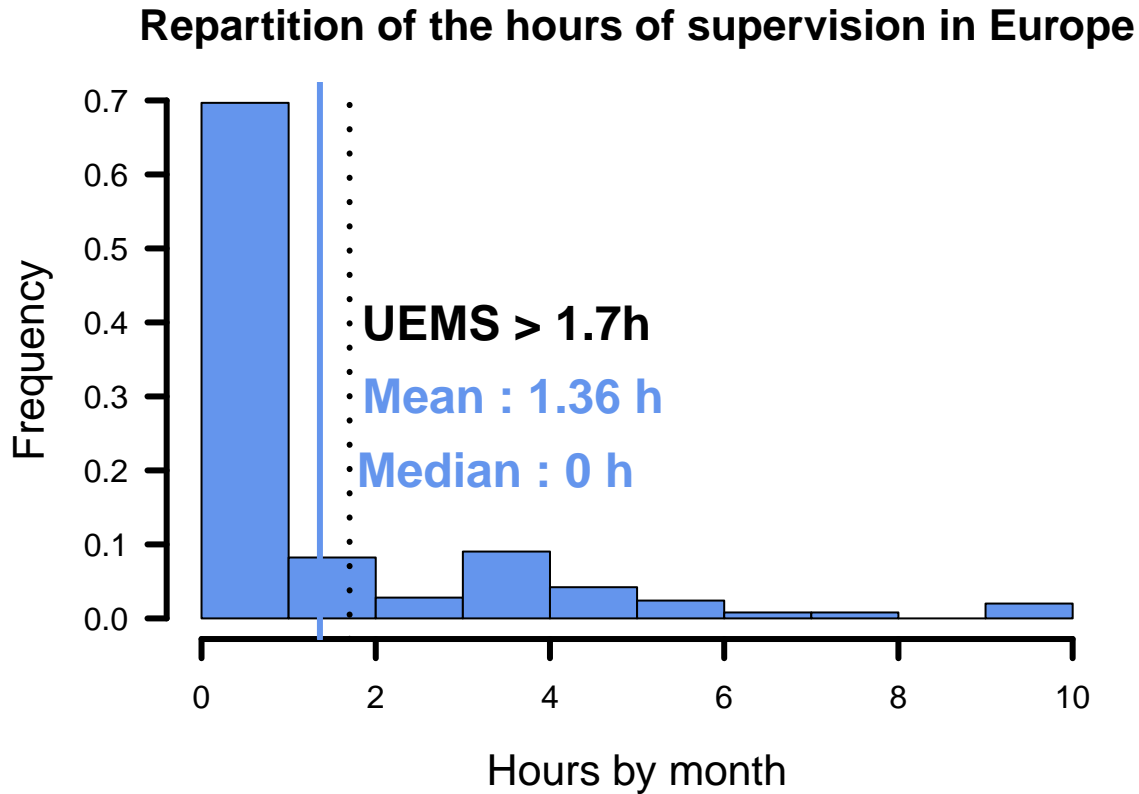


**Are you qualified  
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

How many hours of supervision

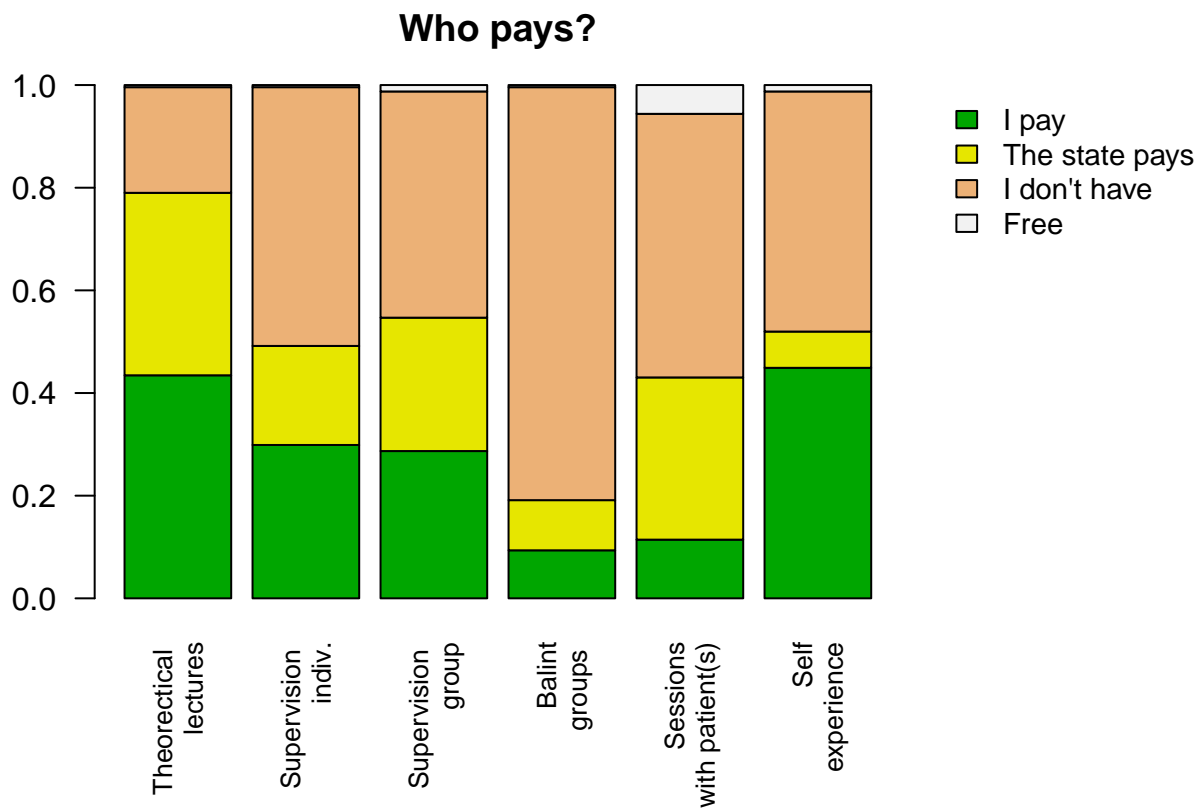


UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(data_Europe$q_0015)
```



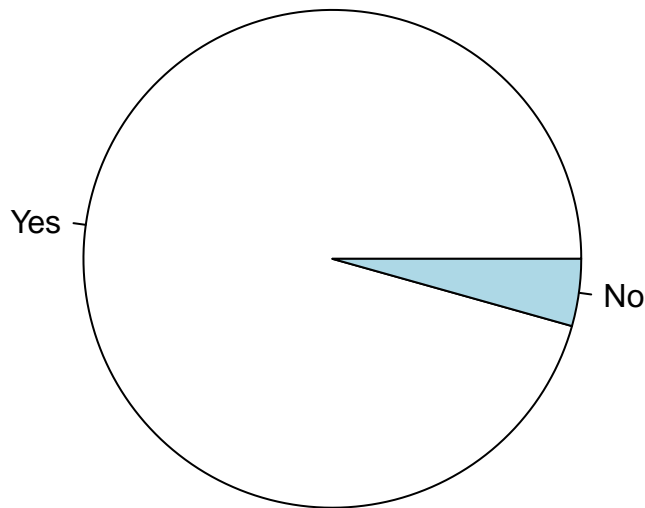
Who pays?



Would you train for free?

```
##
##      Yes      No
## 0.95643154 0.04356846
```

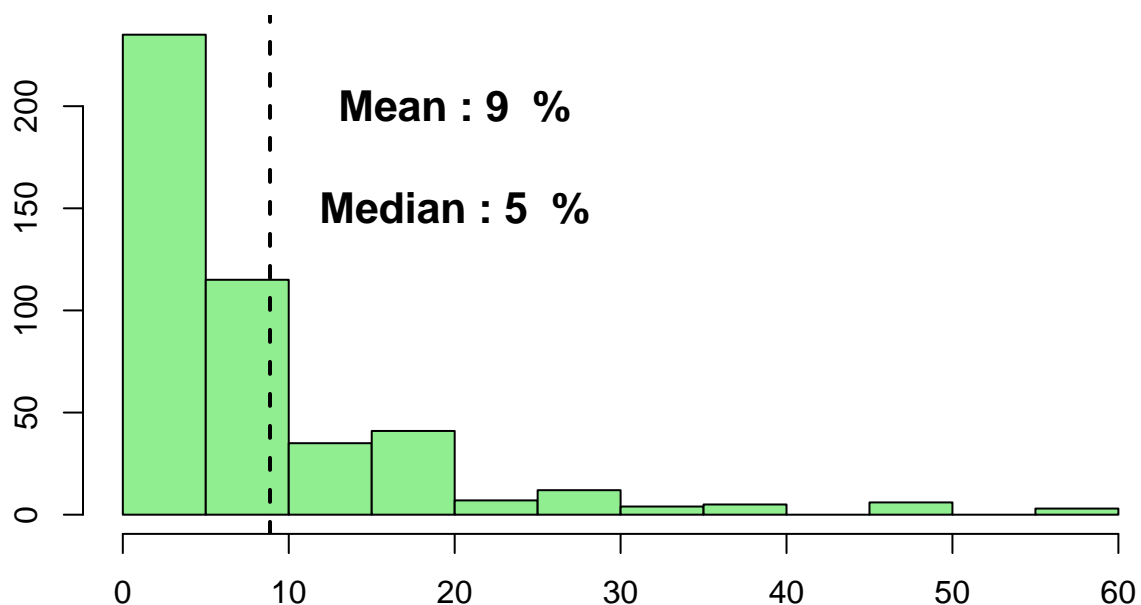
## Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

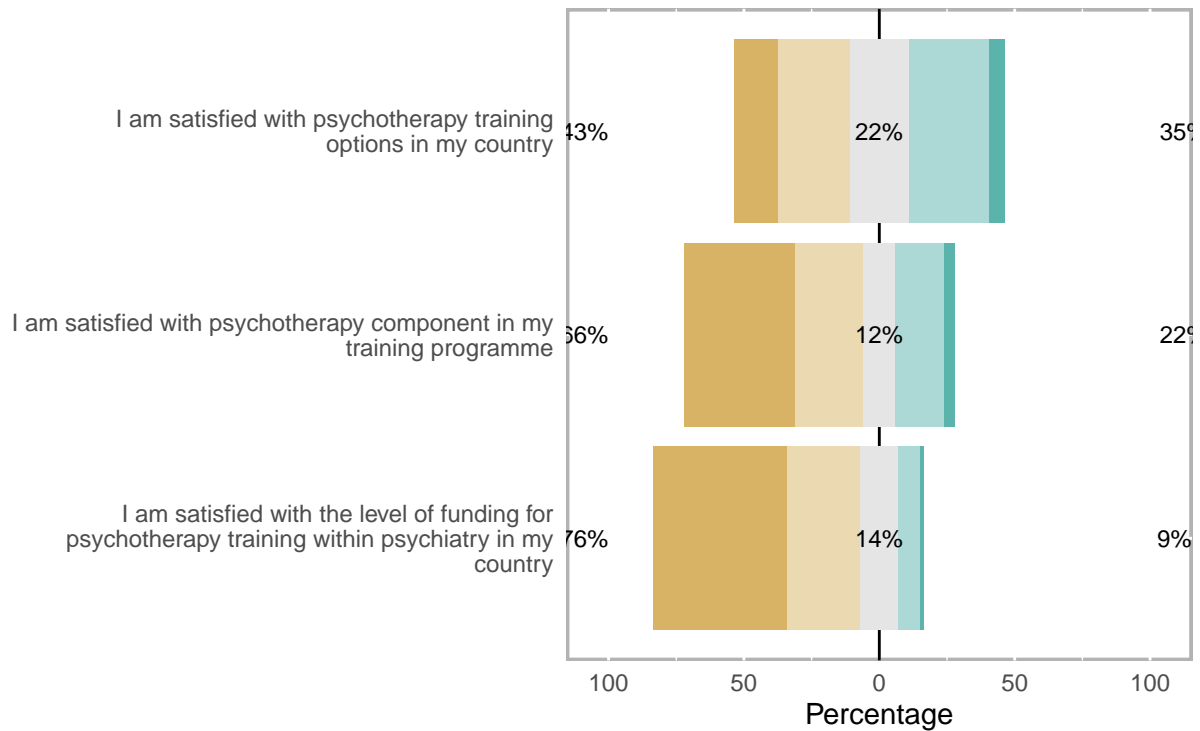
How much would you invest in psychotherapy training ?

## % of annual salary for psychotherapy training



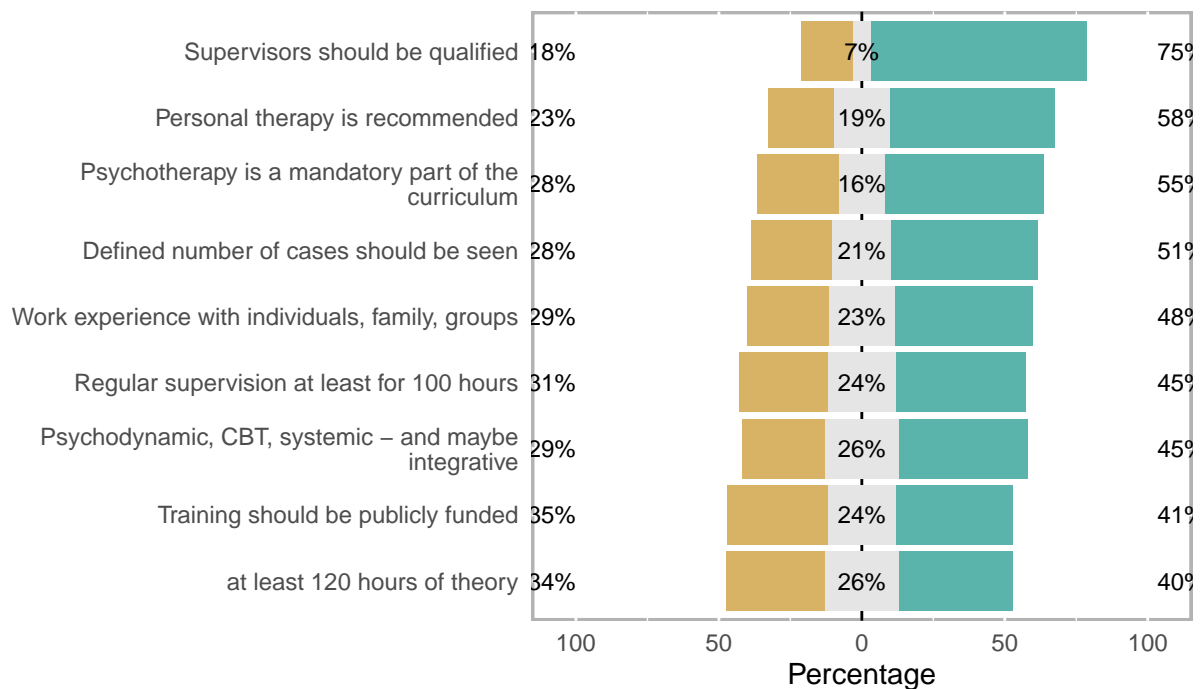
For annual salary do you intend to spend on funding your psychotherapy training In t

## Satisfaction group



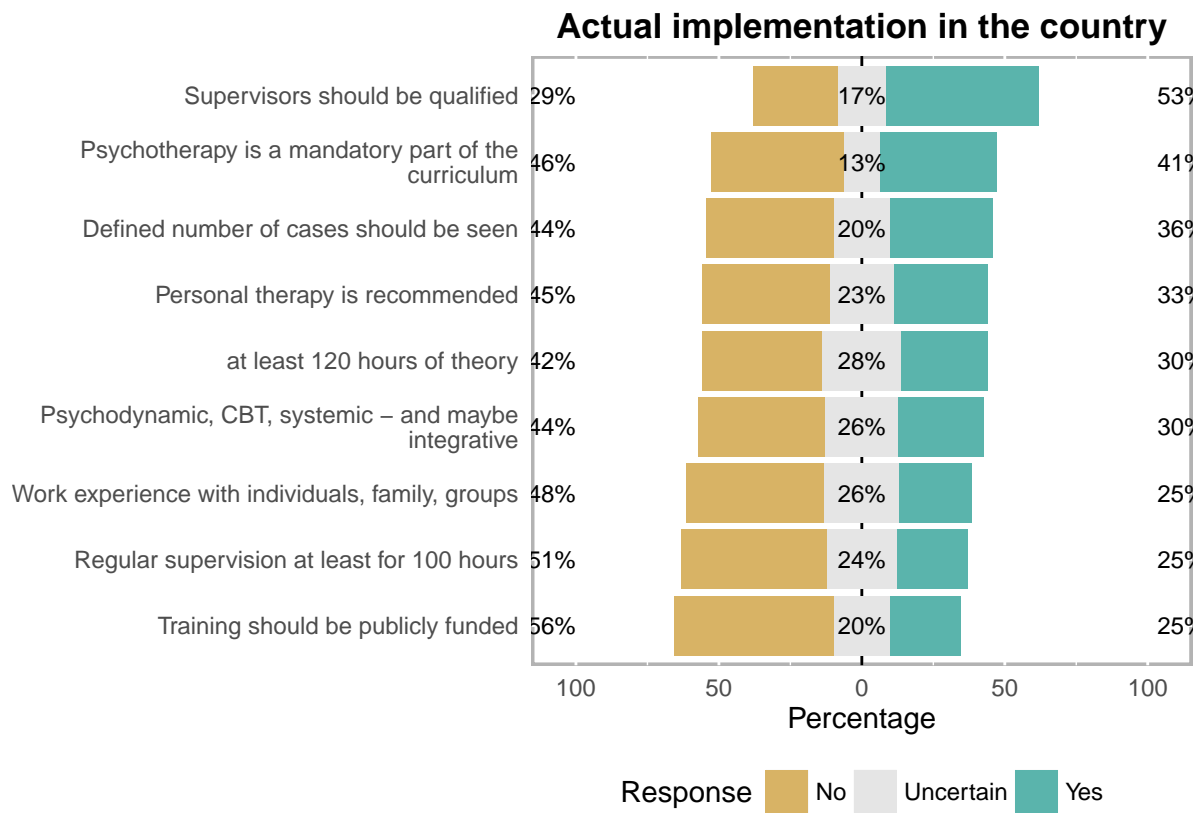
Response Strongly Disagree Disagree Neutral Agree Strongly Agree

## Awareness of UEMS recommendations



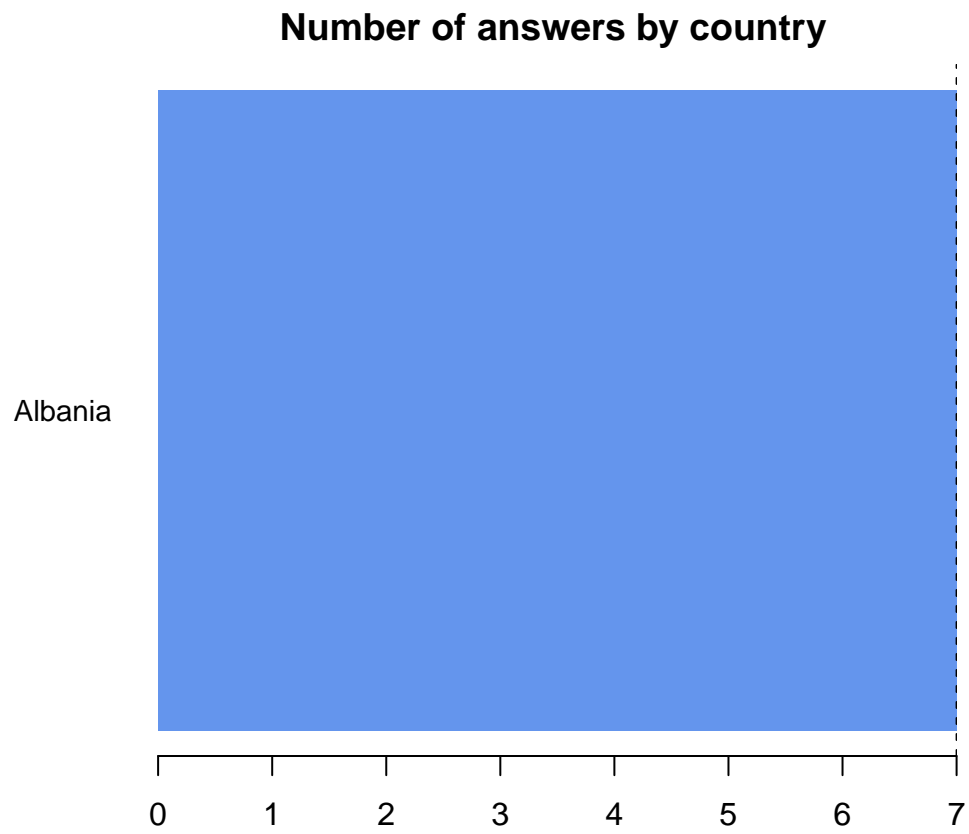
Response No Uncertain Yes

## UEMS recommendations awareness



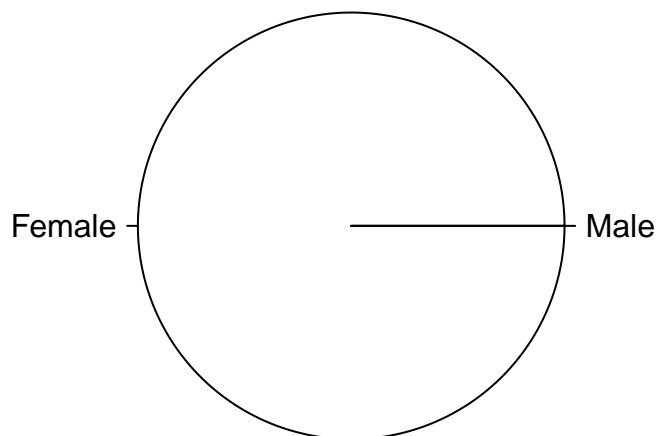
## Albania results

Number of participants

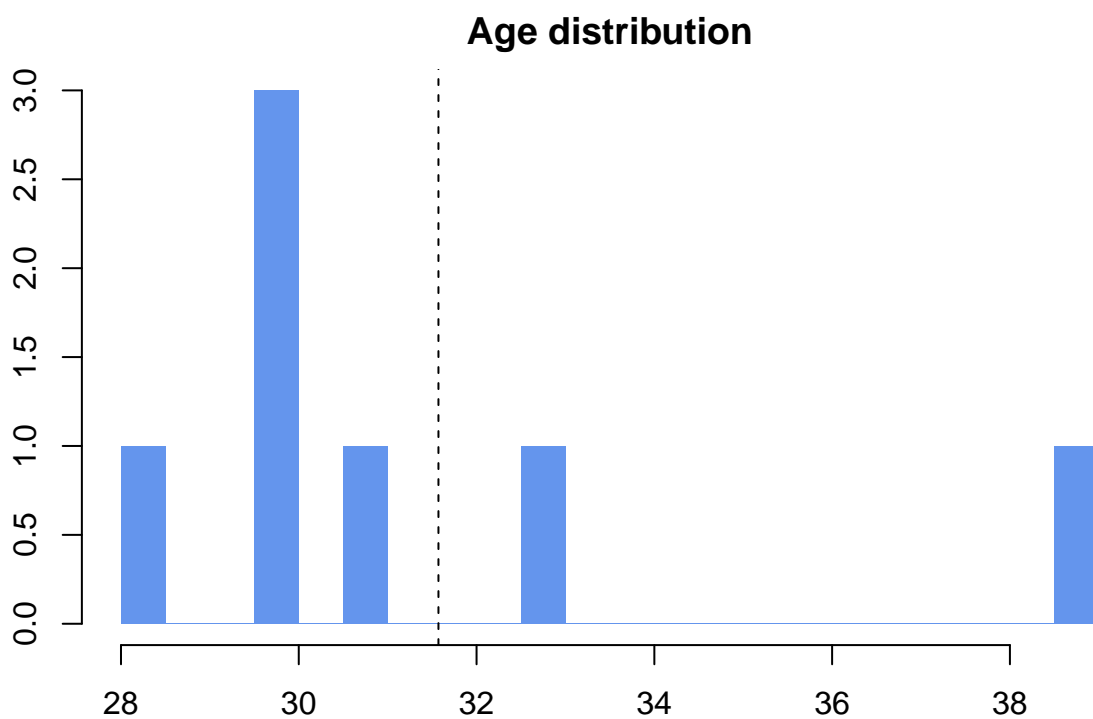


Gender

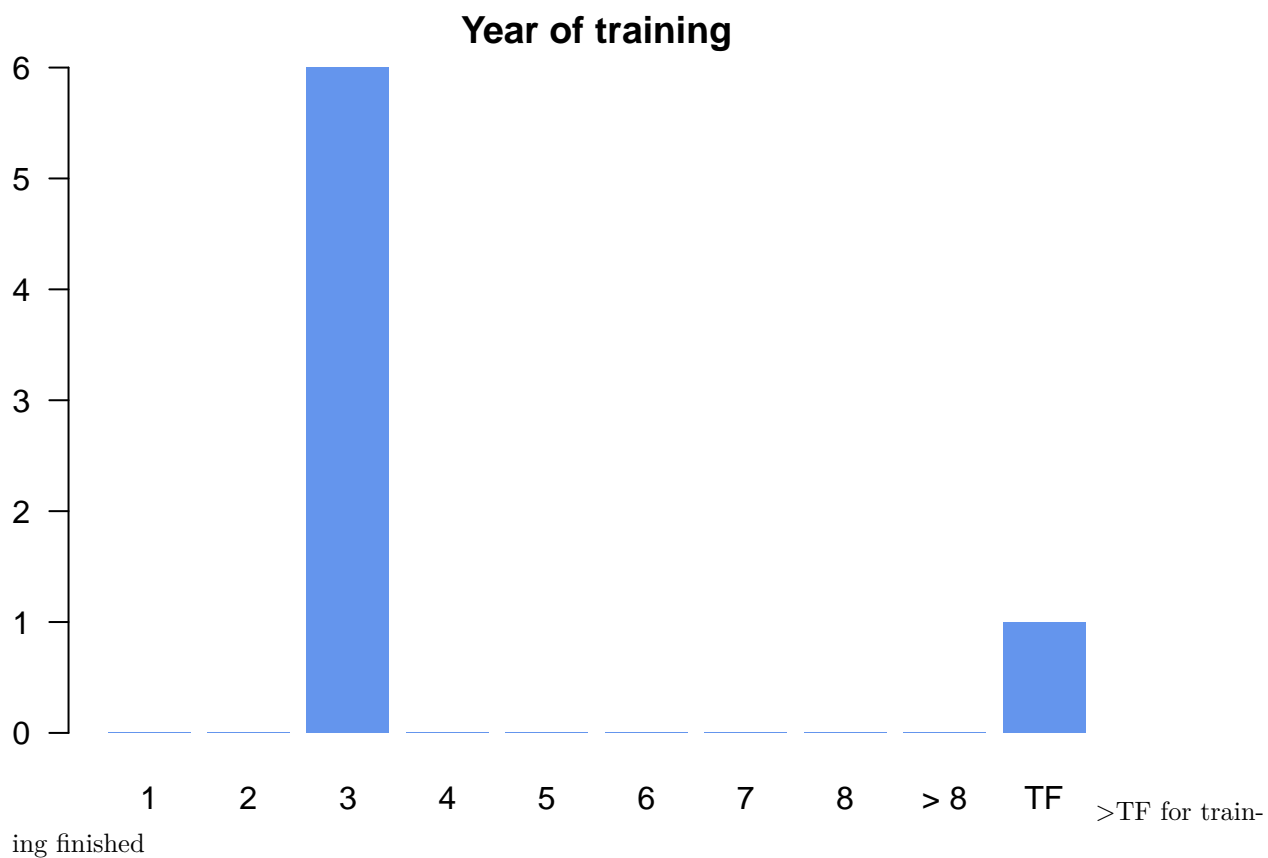
**Gender of participants in Europe reponses**



Age



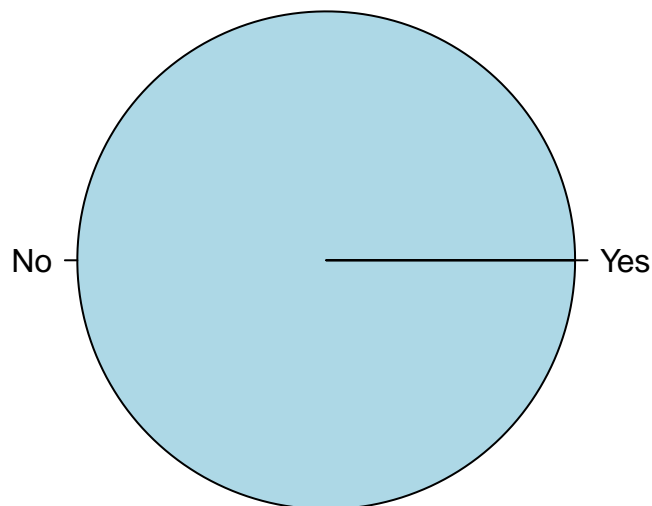
Year in Training



Are you receiving personal psychotherapy or have you received it in the past?

```
##
## Yes  No
##    0   1
```

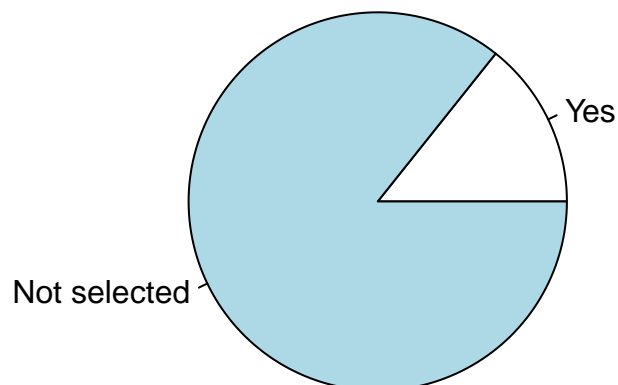
### Receiving personal psychotherapy (present or past)



I am undertaking training in Psychotherapy on my own initiative

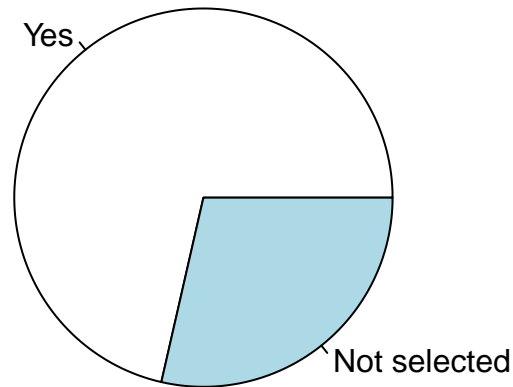
```
##
##      Yes Not selected
##      1         6
##
##      Yes Not selected
##      0.1428571  0.8571429
```

### Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

**I am not undertaking any training in Psychotherapy**

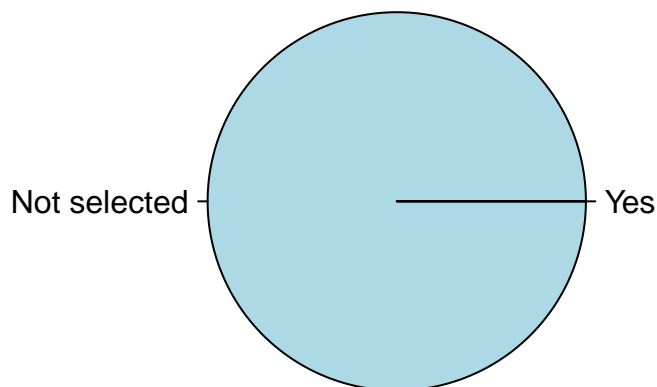


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##
##      Yes Not selected
##      0      1
```

**Completed a full training in a Psychotherapy (past)**



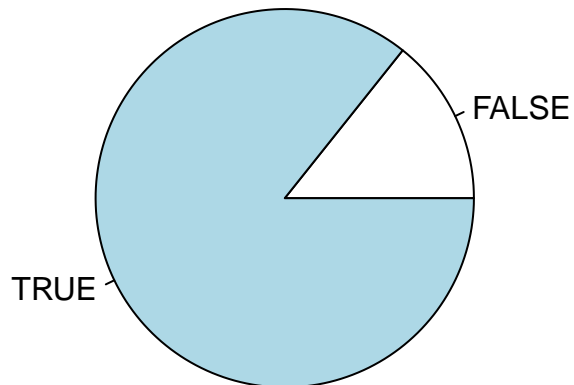
I am training in some modality

```
##
## FALSE TRUE
##      1      6
```



```
##
##      FALSE      TRUE
## 0.1428571 0.8571429
```

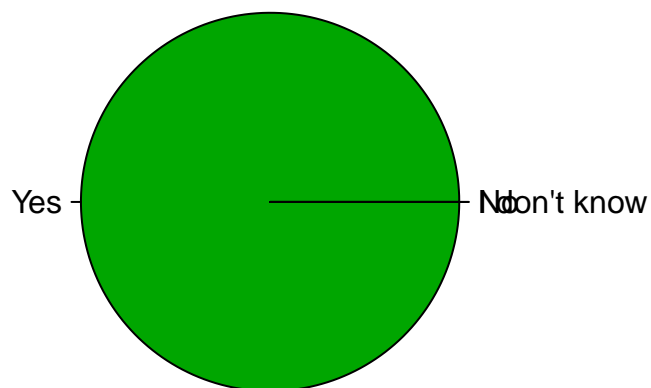
## I am training in some modality of psychotherapy



## Is psychotherapy important for your identity as a psychiatrist ?

```
##
##      Yes      No I don't know
##      7        0        0
##
##      Yes      No I don't know
##      1        0        0
```

## Psychotherapy important for the professional identity

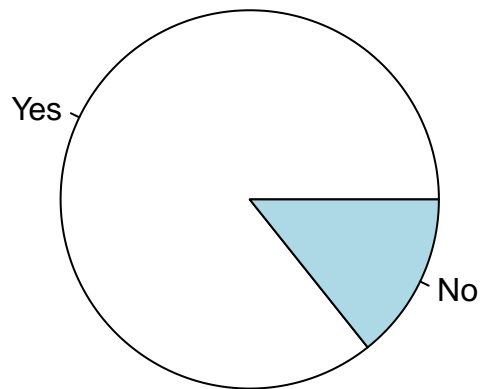


## Do you want to practise Psychotherapy ?

```
##
```

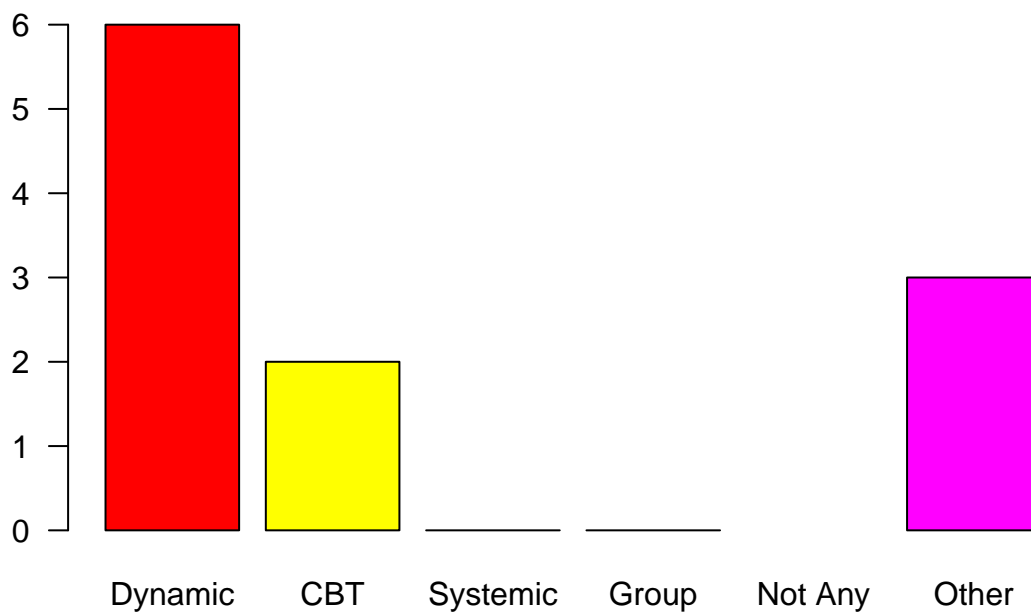
## Yes No  
## 0.8571429 0.1428571

## Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

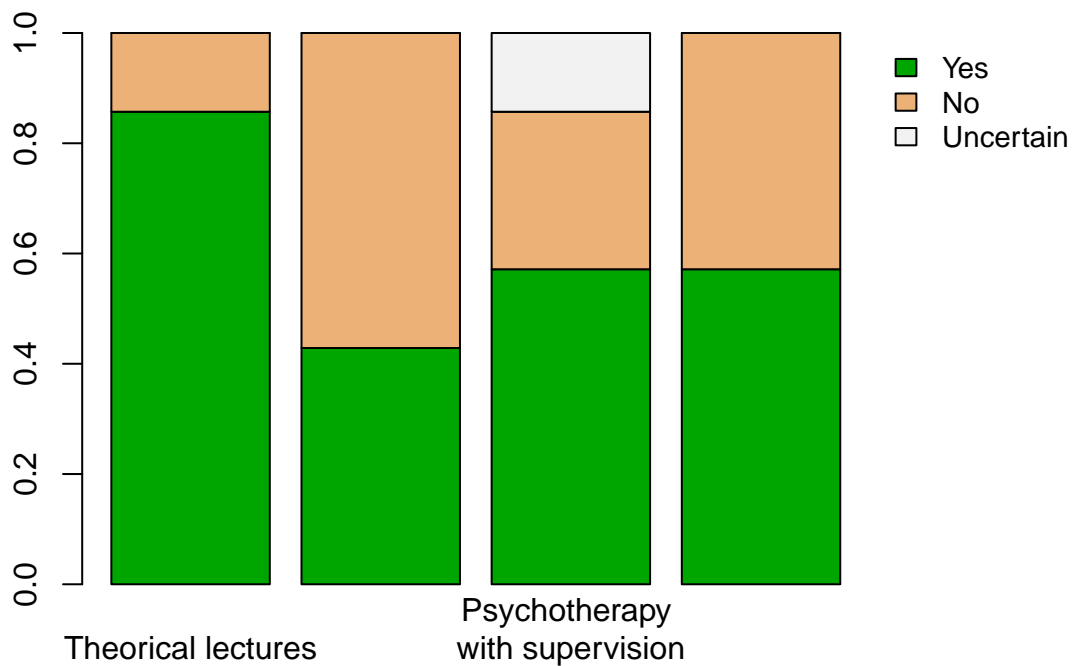
## Interested in this therapy



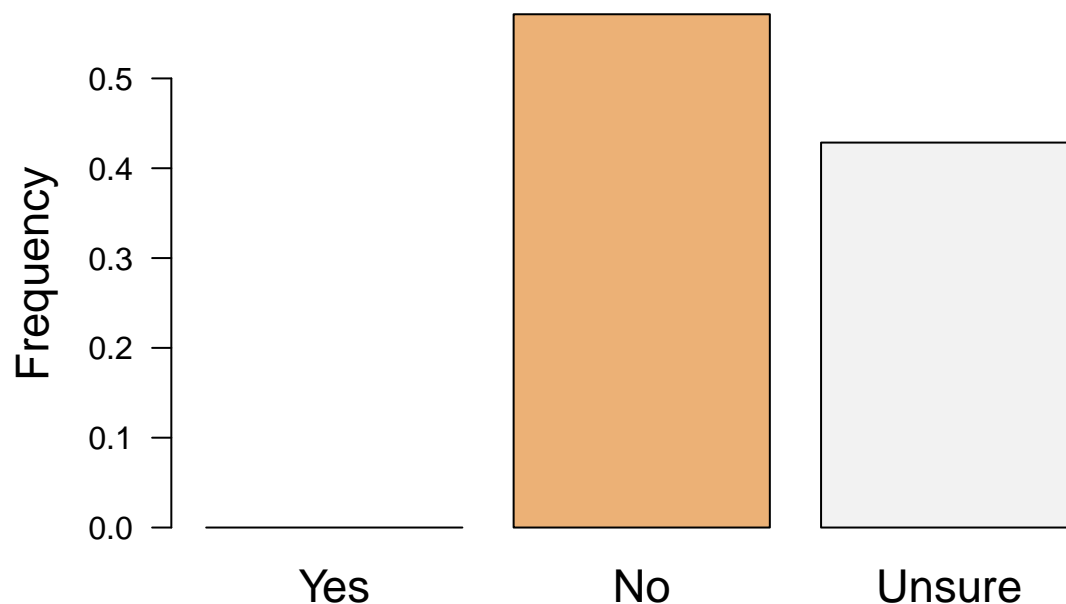
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

**The following experience in psychotherapy  
is a mandatory part of my training in Psychiatry**

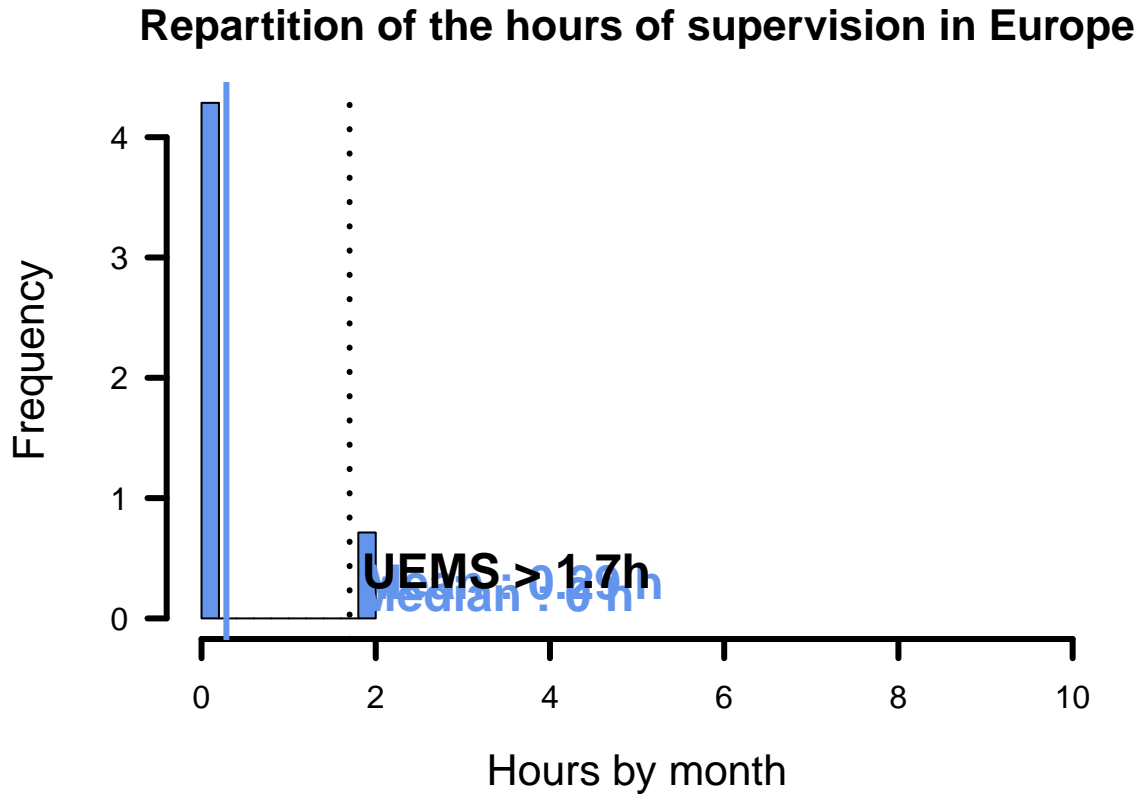


**Are you qualified  
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

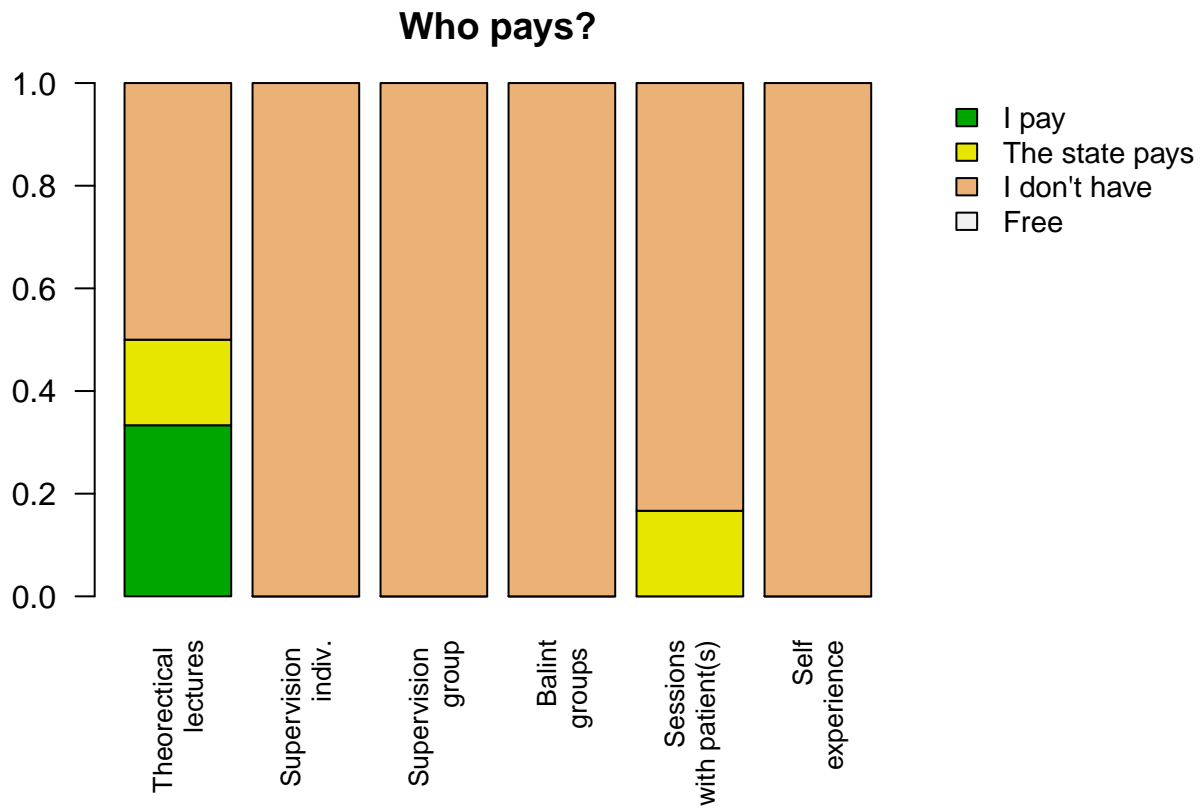
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Albania_data$q_0015)
```

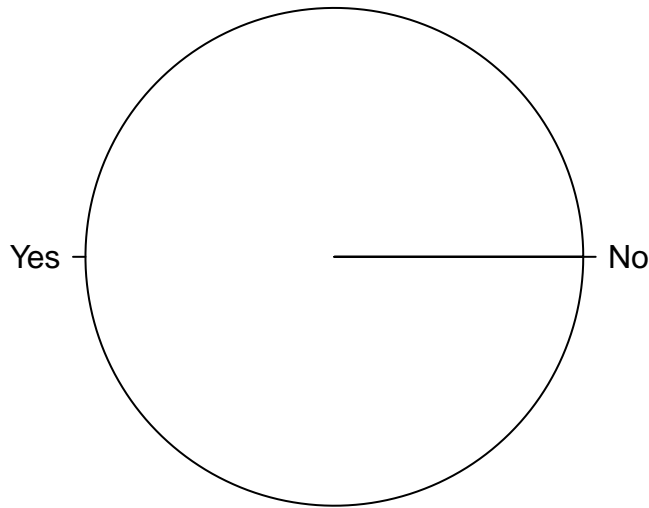
Who pays?



Would you train for free?

```
##
## Yes  No
##    1   0
```

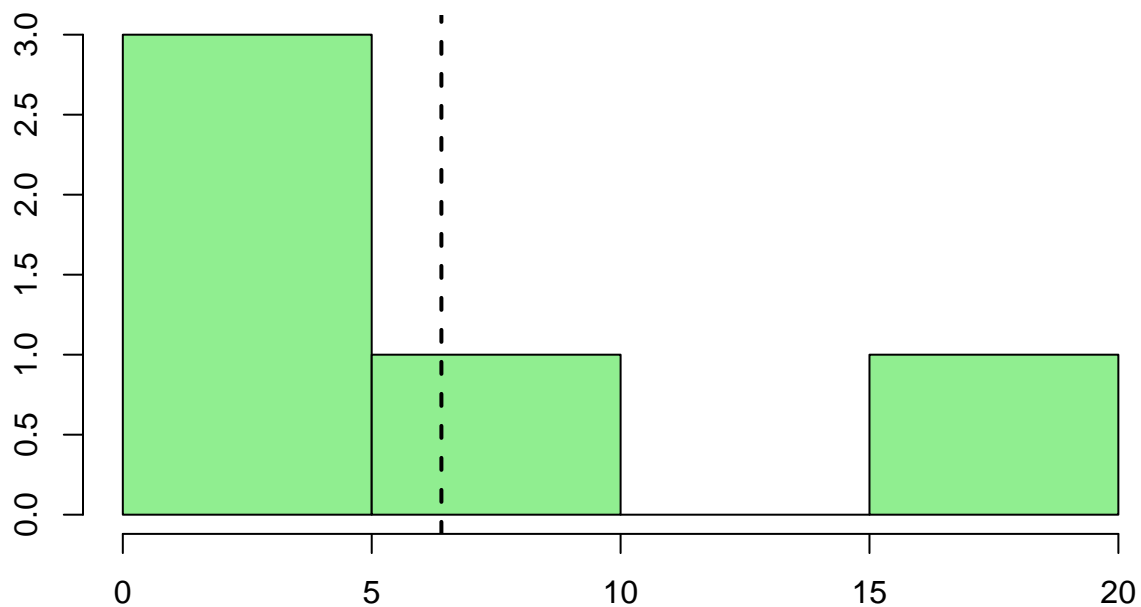
## Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

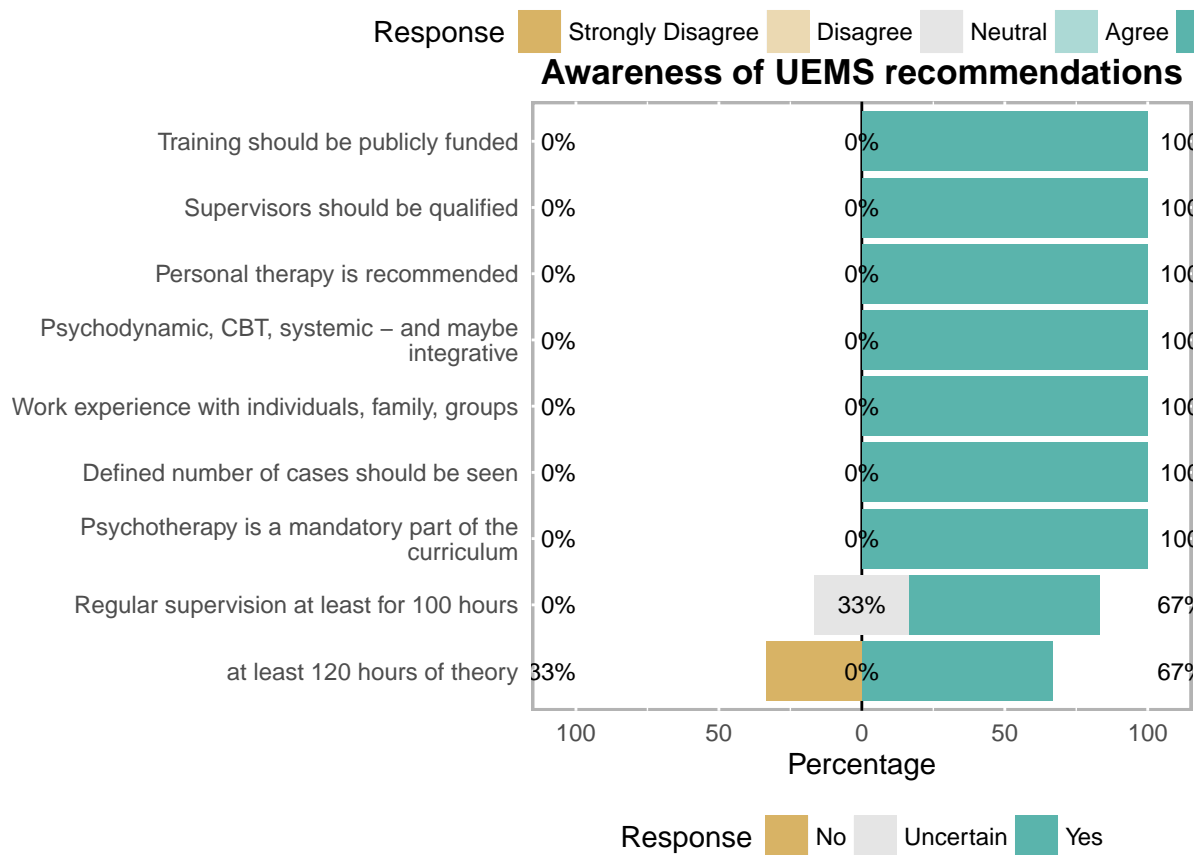
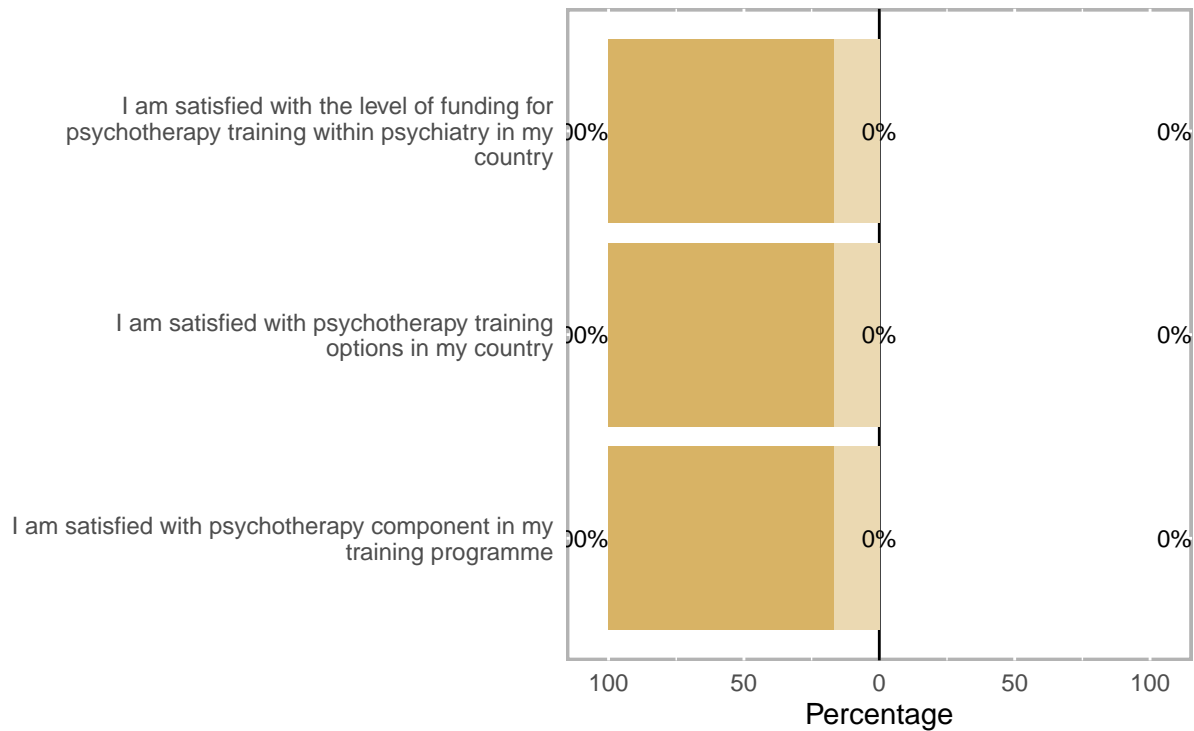
How much would you invest in psychotherapy training ?

## % of annual salary for psychotherapy training

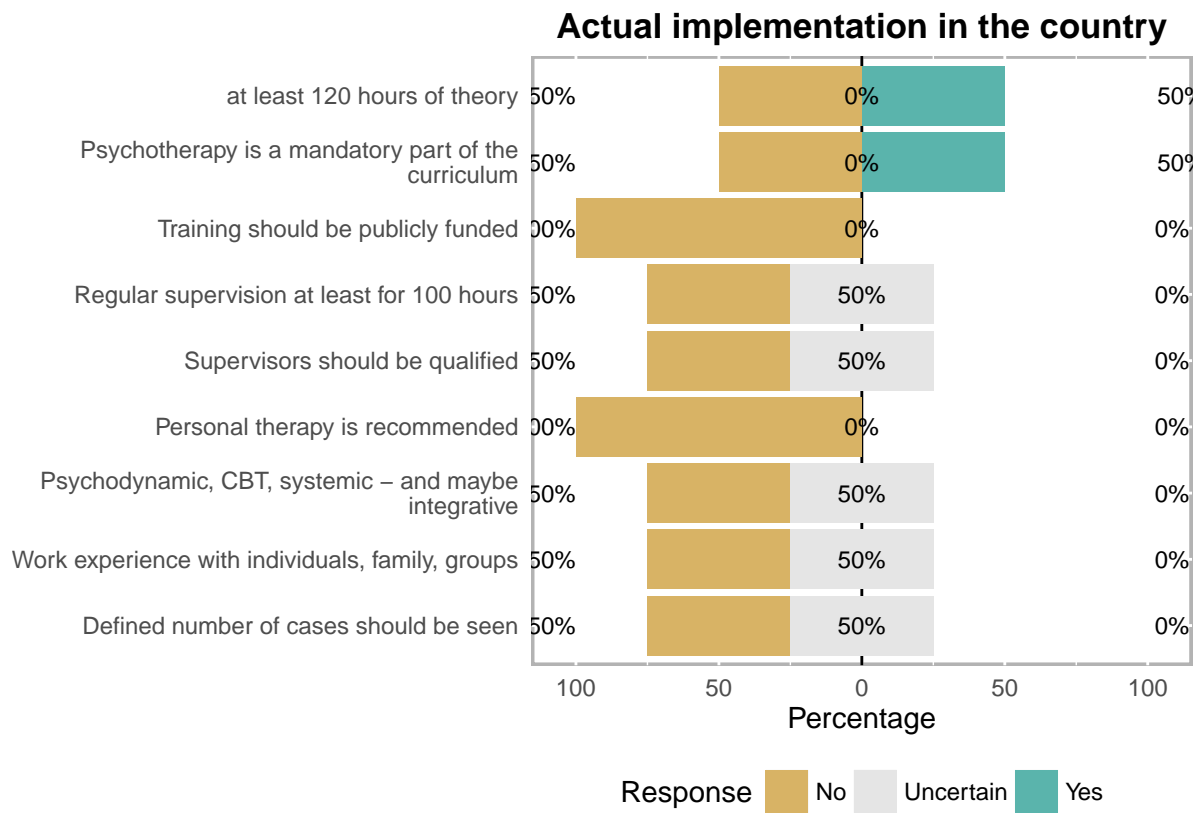


r annual salary do you intend to spend on funding your psychotherapy training In t

## Satisfaction group



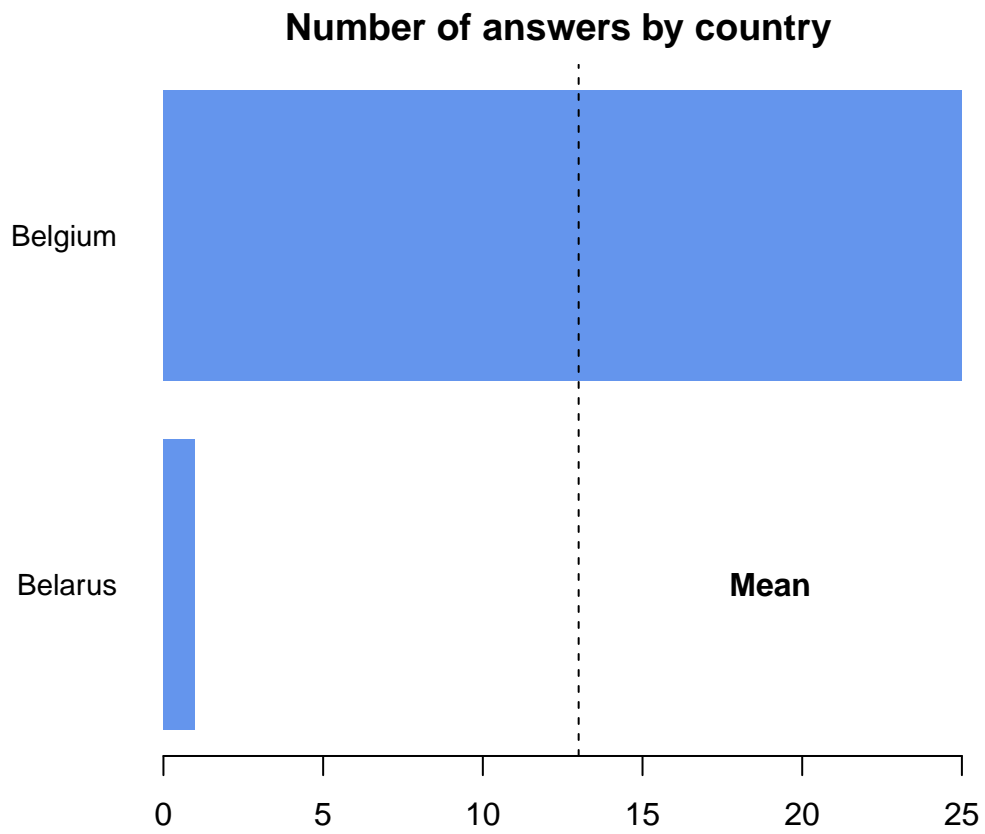
## UEMS recommendations awareness





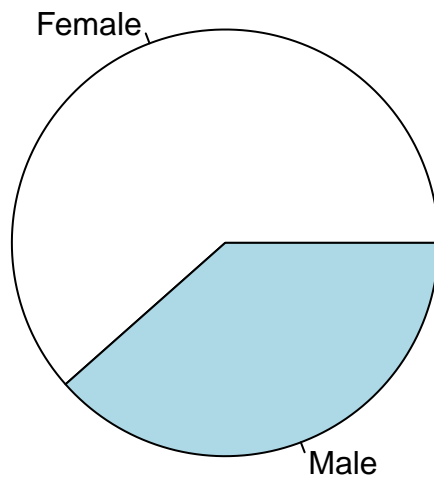
## Belgium results

Number of participants



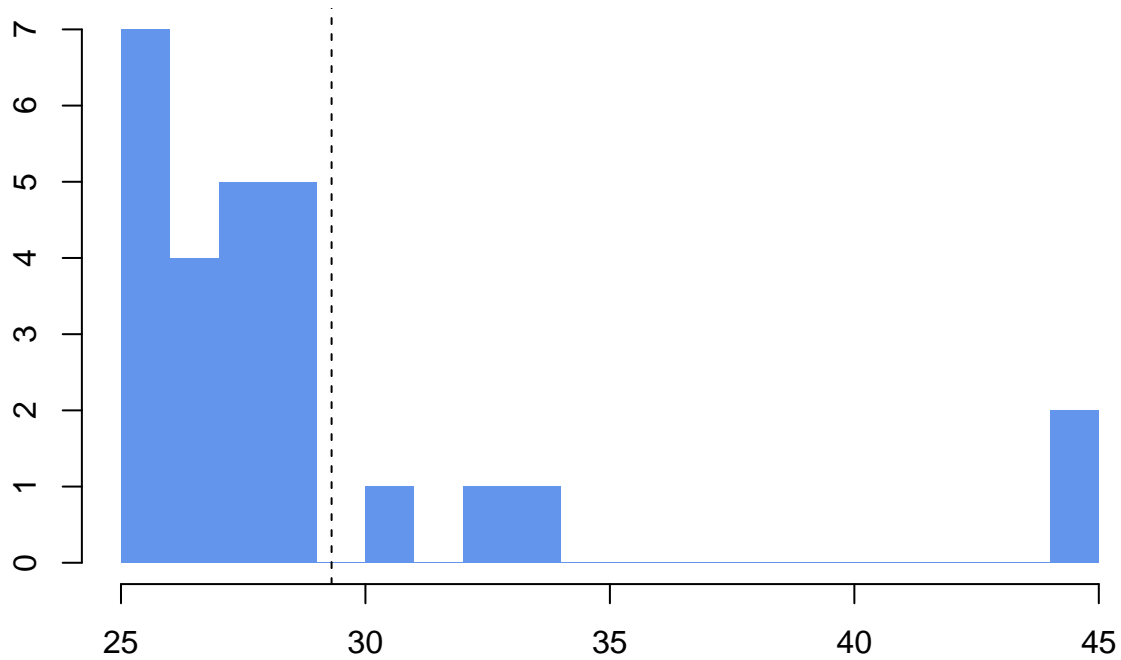
Gender

## Gender of participants in Europe reponses



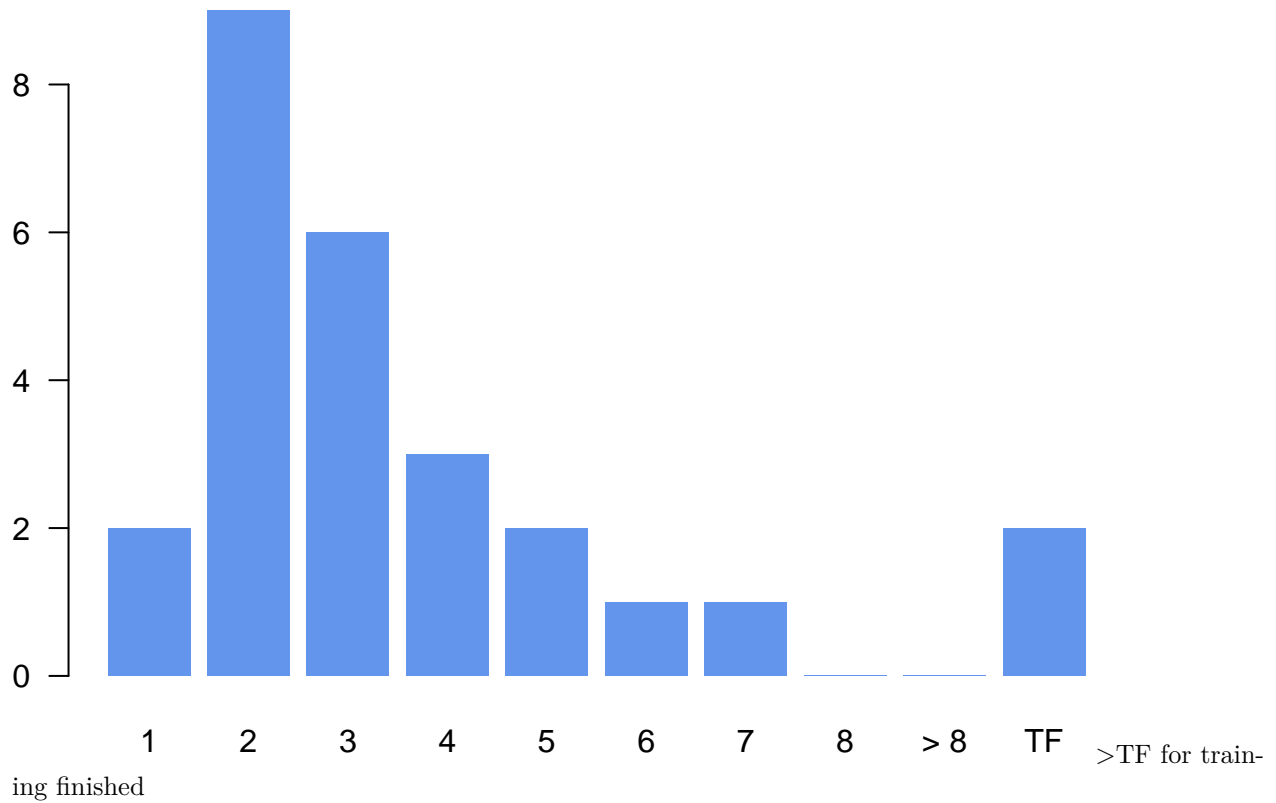
Age

**Age distribution**



Year in Training

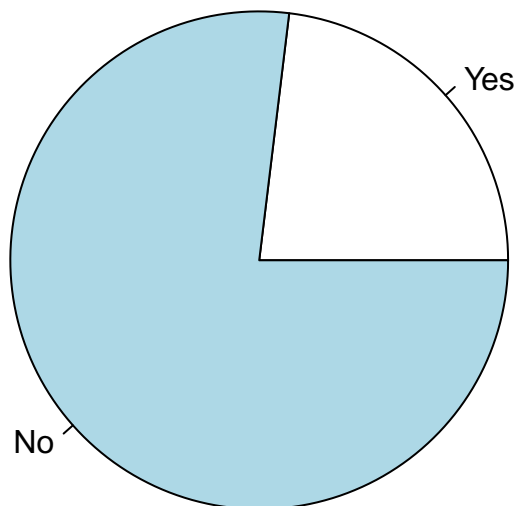
**Year of training**



Are you receiving personal psychotherapy or have you received it in the past?

```
##
##      Yes      No
## 0.2307692 0.7692308
```

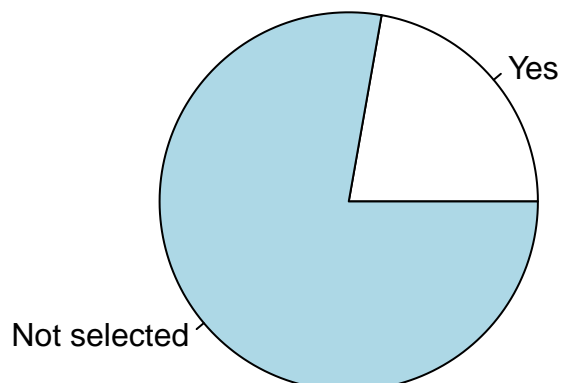
### Receiving personal psychotherapy (present or past)



I am undertaking training in Psychotherapy on my own initiative

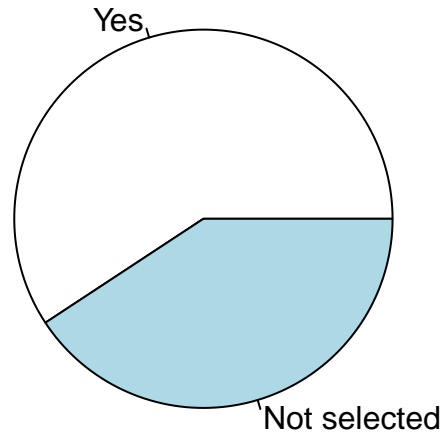
```
##
##      Yes Not selected
##      6      21
##
##      Yes Not selected
## 0.2222222 0.7777778
```

### Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

**I am not undertaking any training in Psychotherapy**

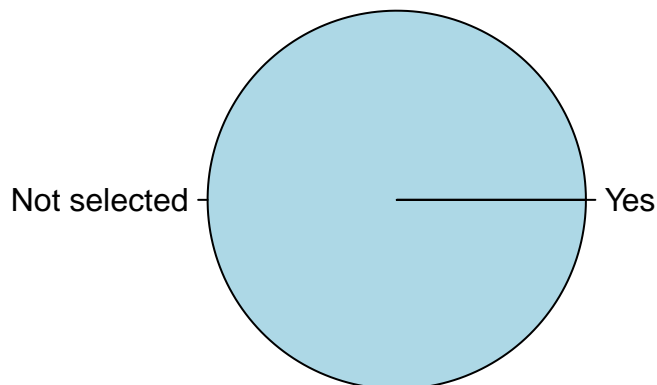


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##
##      Yes Not selected
##      0         1
```

**Completed a full training in a Psychotherapy (past)**



I am training in some modality

```
##
## FALSE  TRUE
```

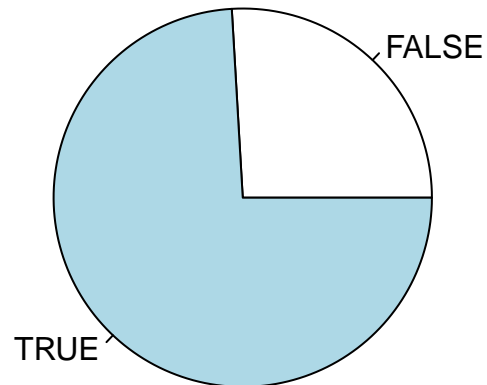
```
##      7      20
```

```
##
```

```
##      FALSE      TRUE
```

```
## 0.2592593 0.7407407
```

## I am training in some modality of psychotherapy



## Is psychotherapy important for your identity as a psychiatrist ?

```
##
```

```
##      Yes      No I don't know
```

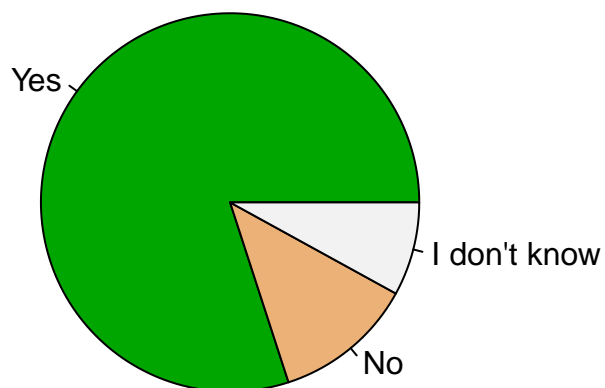
```
##      20      3      2
```

```
##
```

```
##      Yes      No I don't know
```

```
## 0.80      0.12      0.08
```

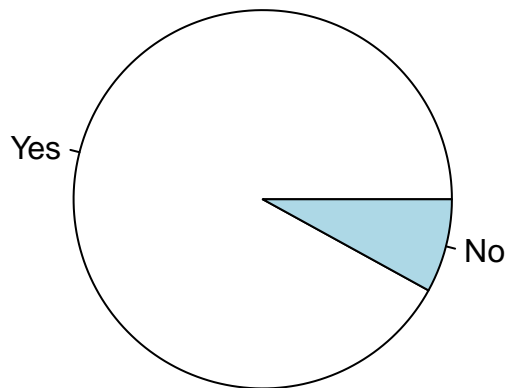
## Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

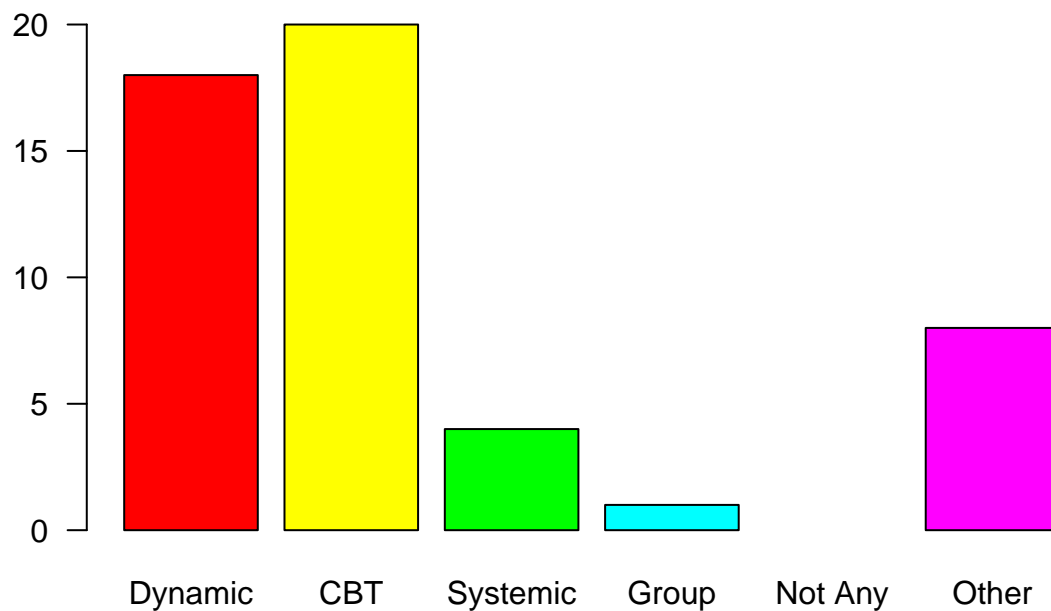
```
##
##  Yes   No
## 0.92 0.08
```

**Plan to practise Psychotherapy after training**



Are you interested in this psychotherapy?

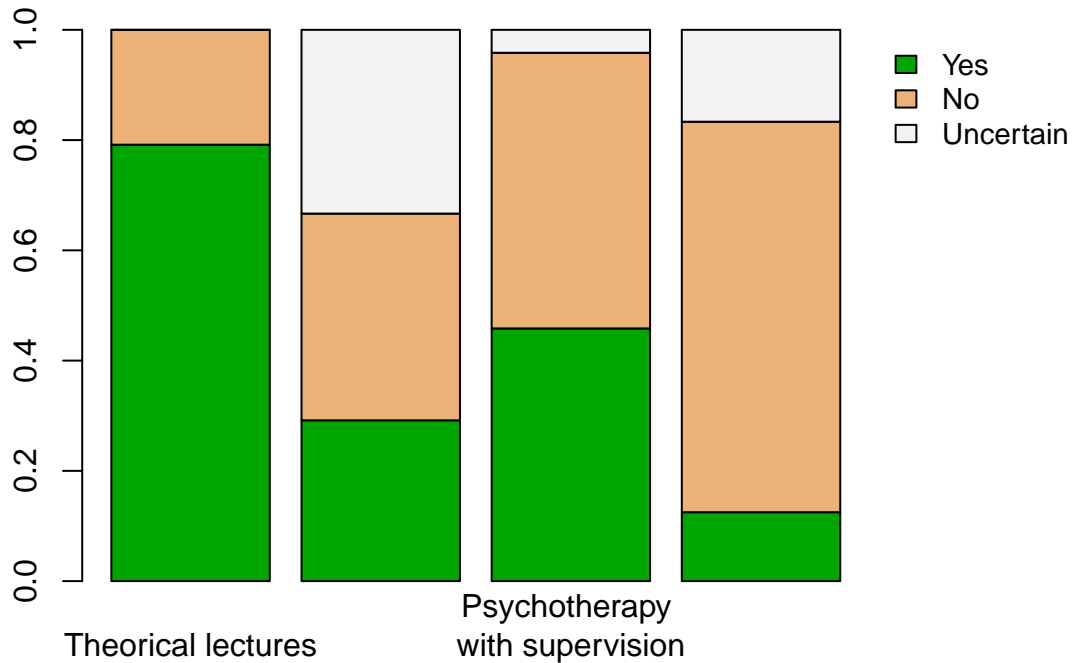
**Interested in this therapy**



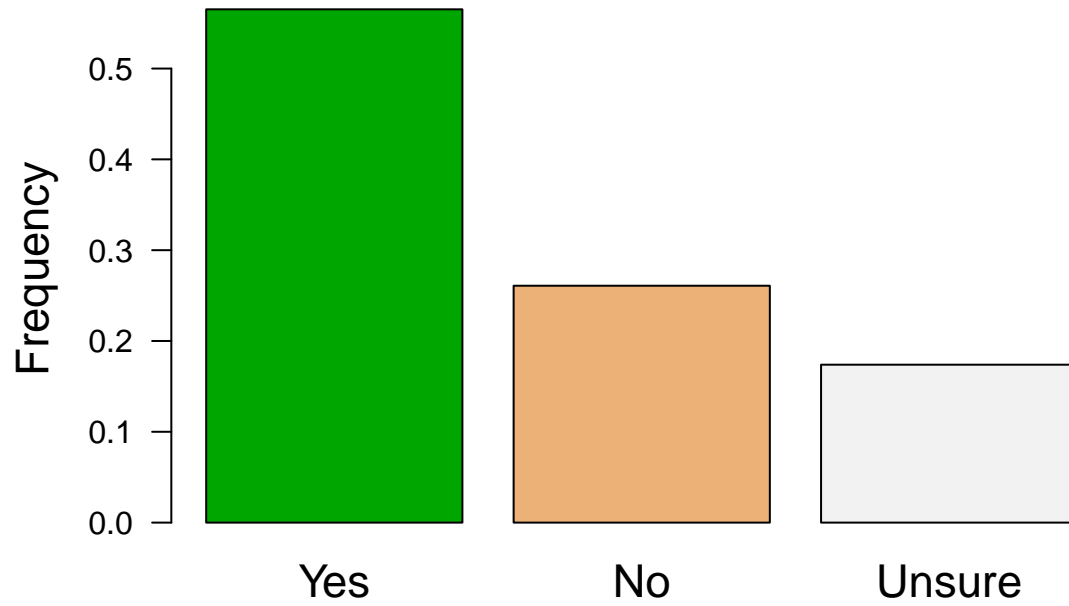
**“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”**

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

**The following experience in psychotherapy is a mandatory part of my training in Psychiatry**



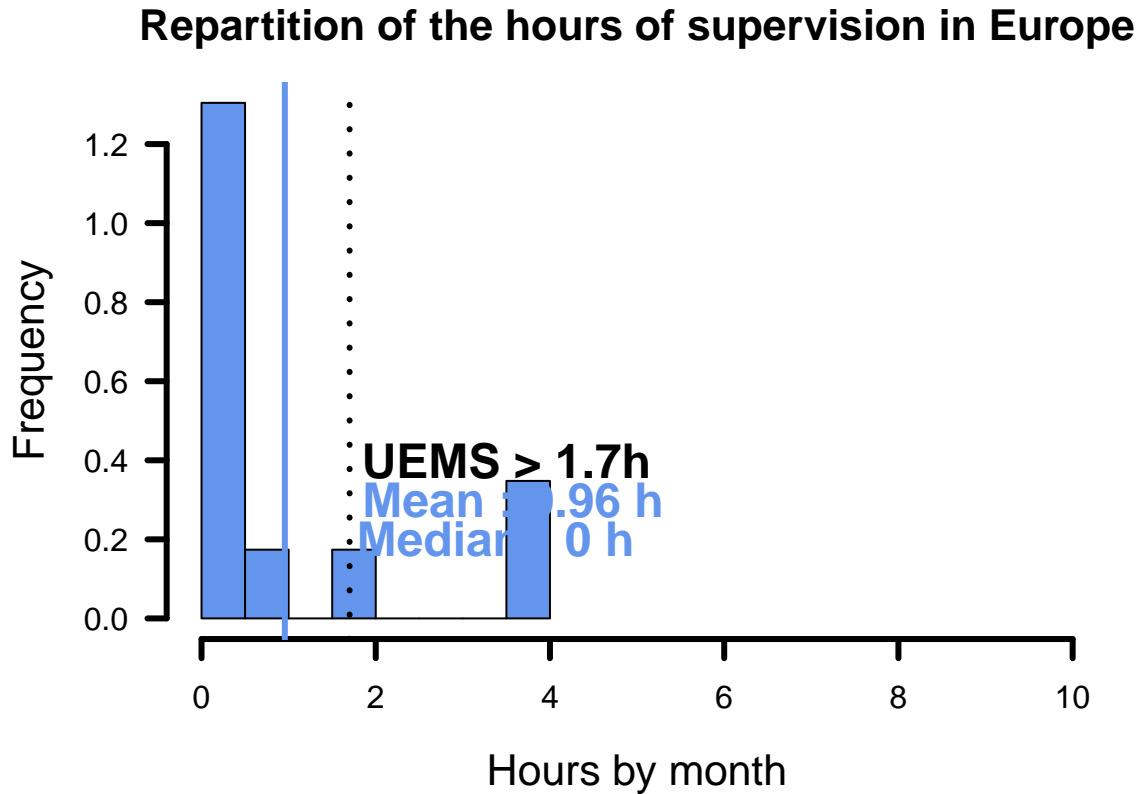
**Are you qualified  
to practice psychotherapy after your training ?**





What types of psychotherapy modalities are available for treatment of patients at your institution?

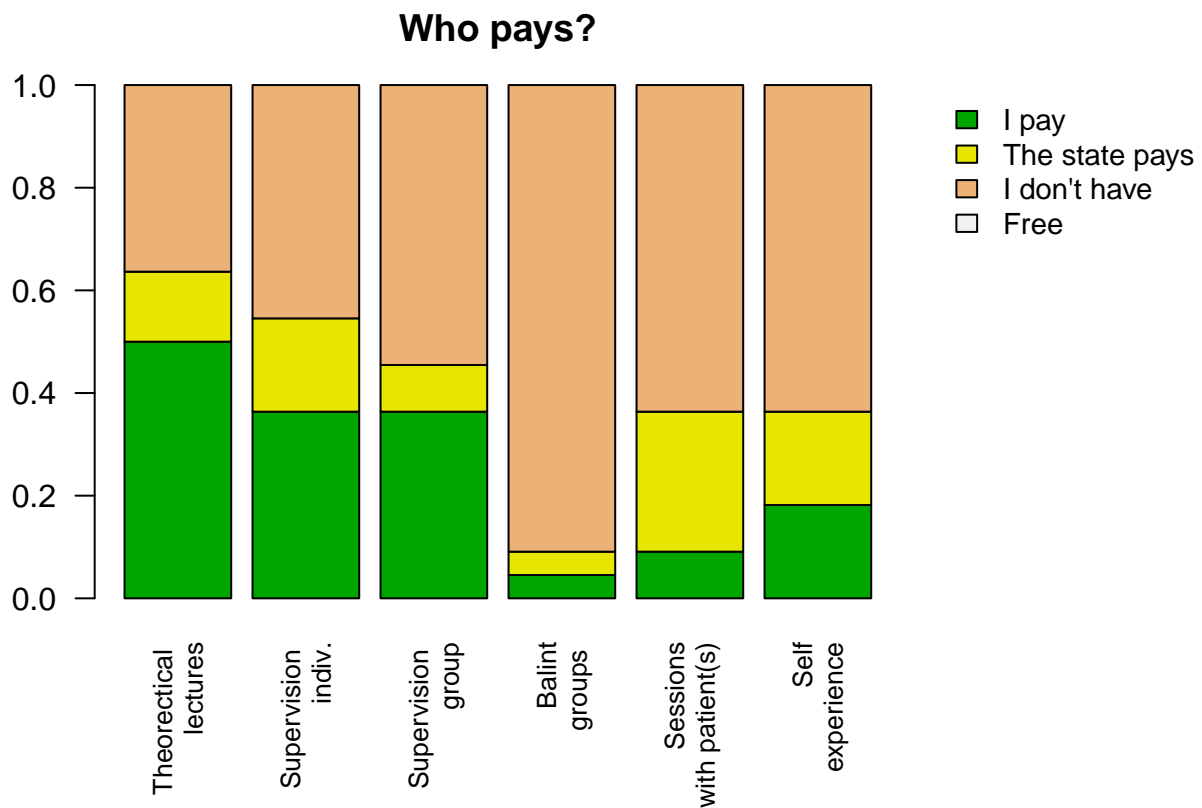
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Belgium_data$q_0015)
```

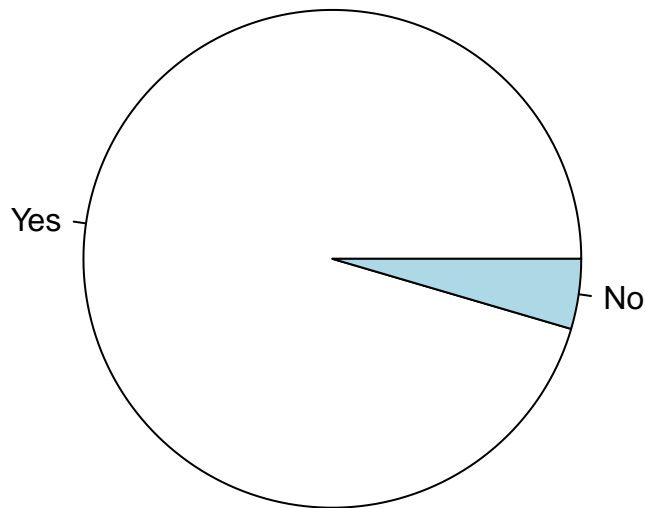
Who pays?



Would you train for free?

```
##
##      Yes      No
## 0.95454545 0.04545455
```

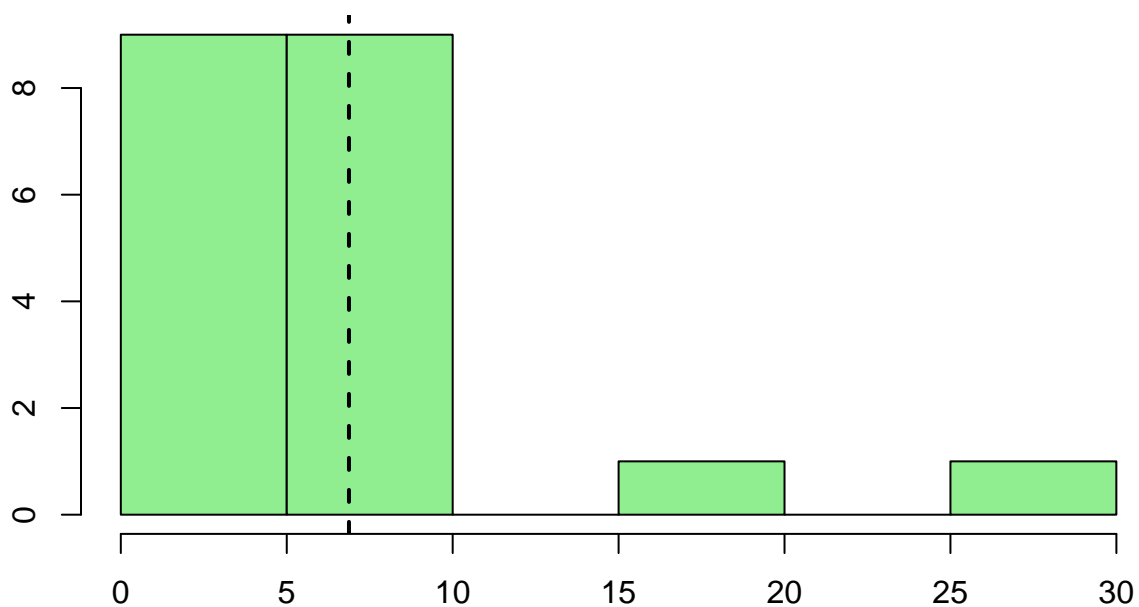
## Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

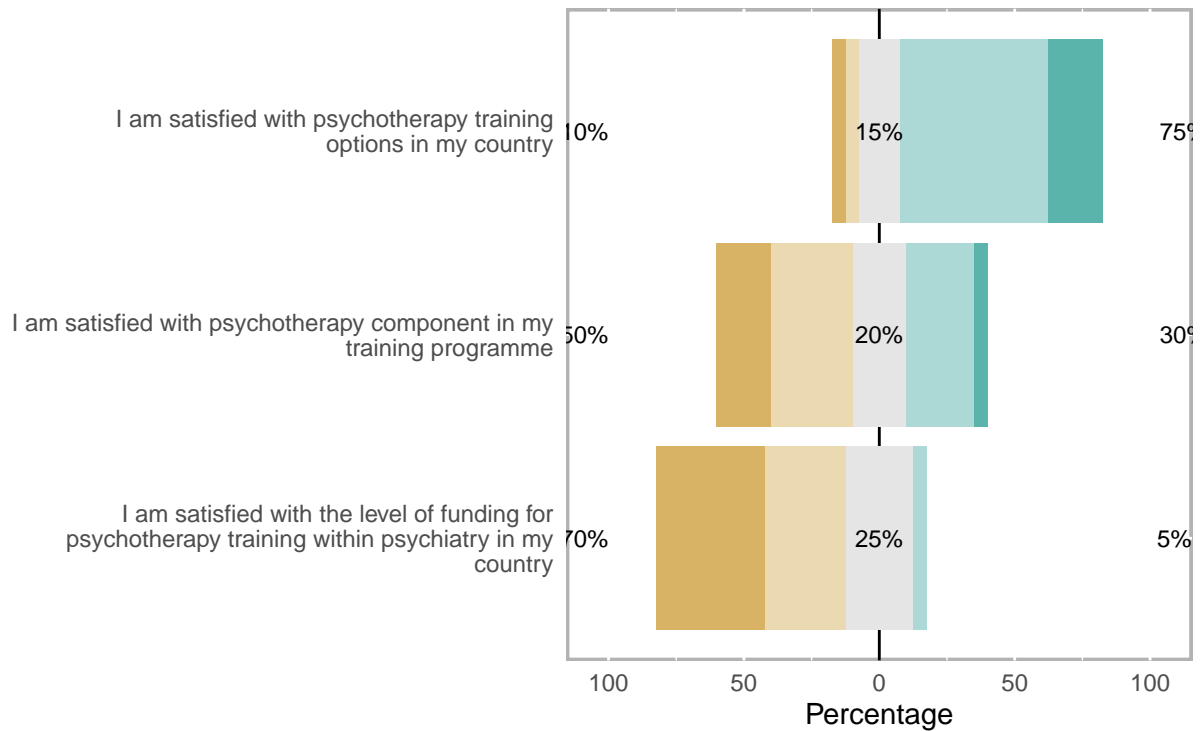
How much would you invest in psychotherapy training ?

## % of annual salary for psychotherapy training



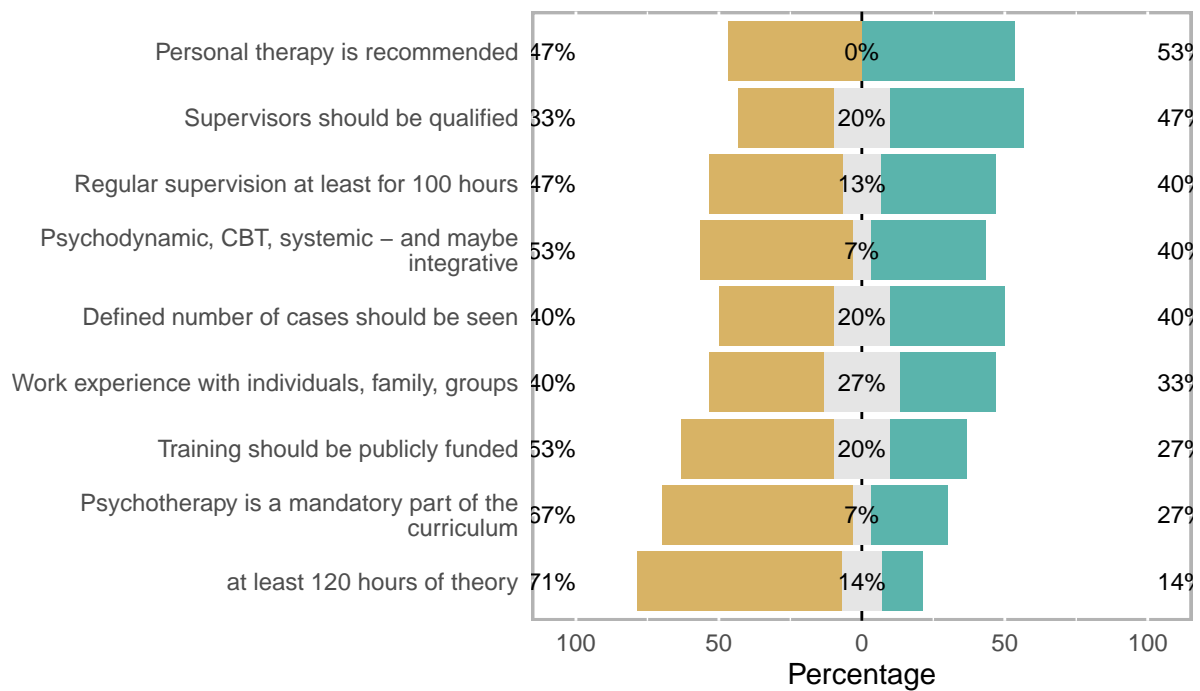
For annual salary do you intend to spend on funding your psychotherapy training In t

## Satisfaction group



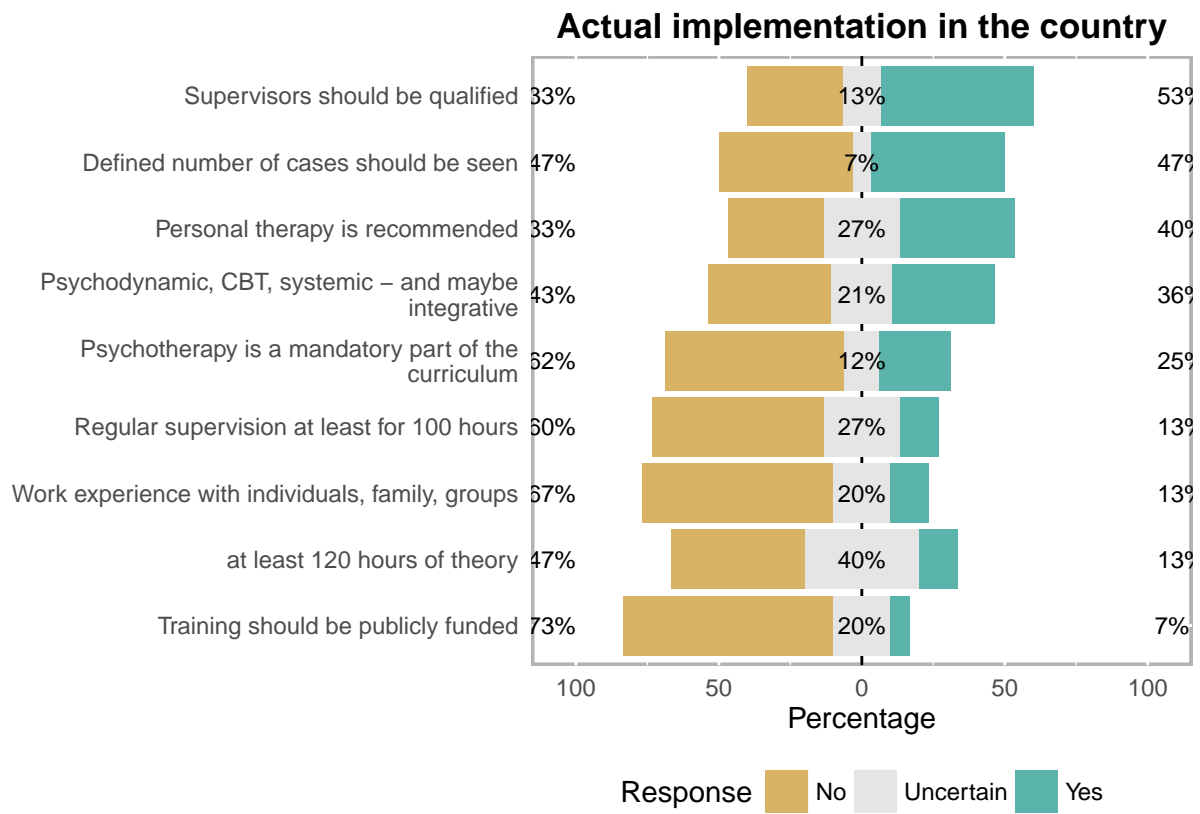
Response Strongly Disagree Disagree Neutral Agree Strongly Agree

## Awareness of UEMS recommendations



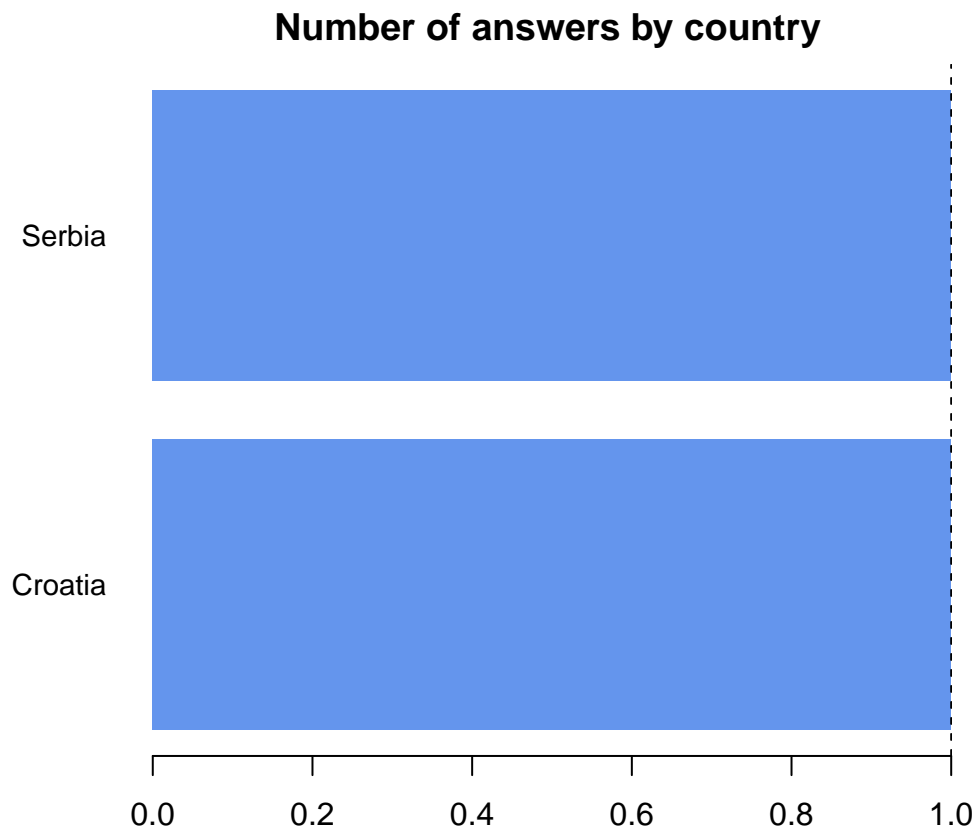
Response No Uncertain Yes

## UEMS recommendations awareness



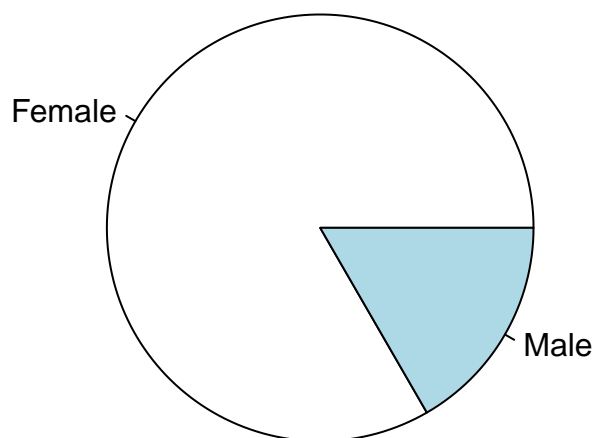
## Bosnia-Herzegovina results

Number of participants

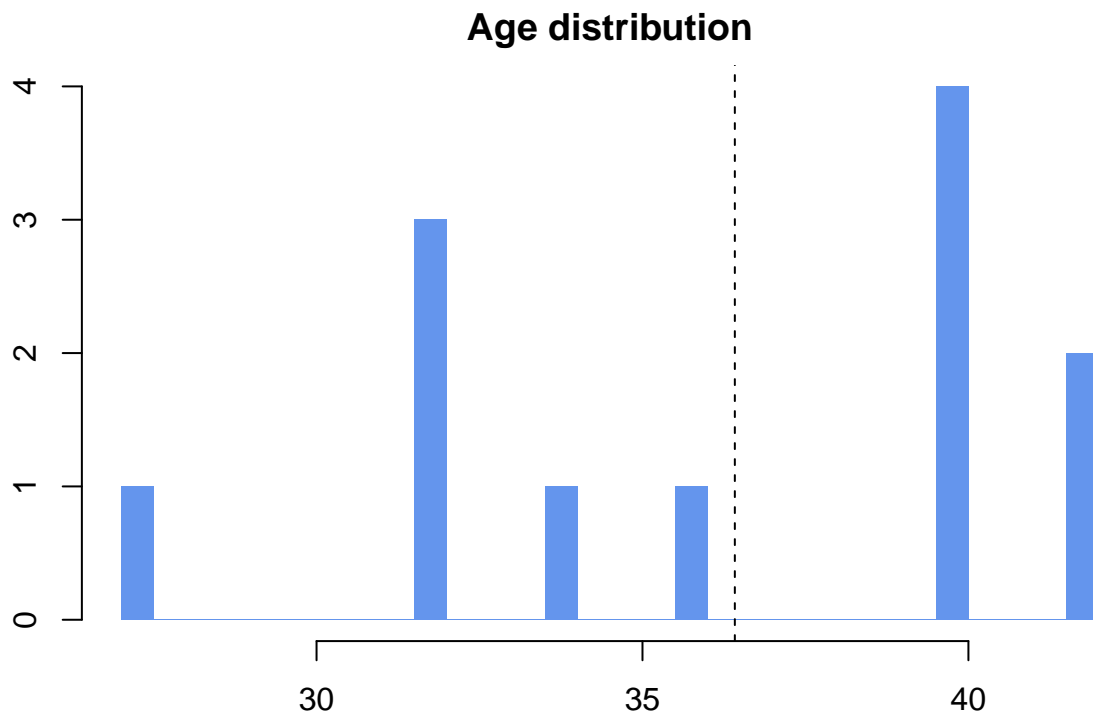


Gender

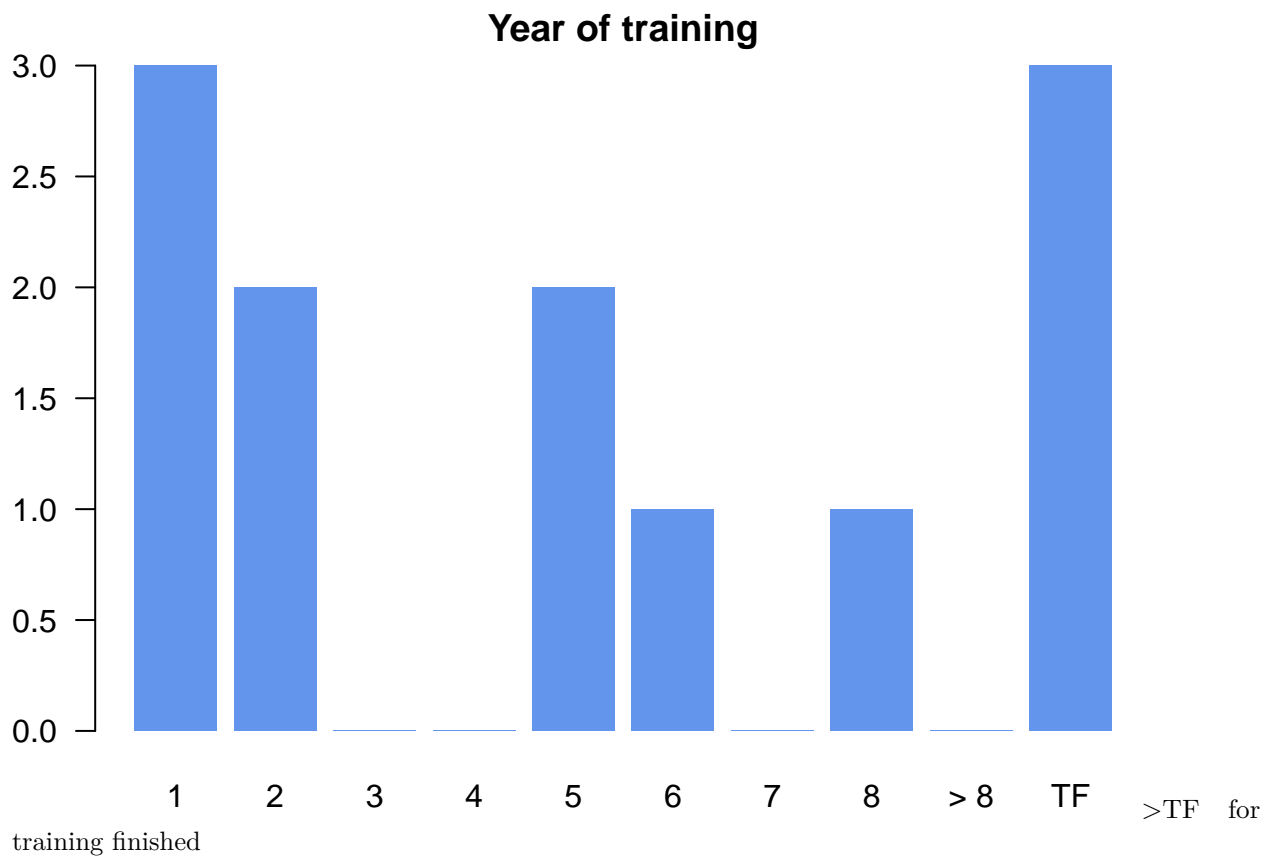
**Gender of participants in Europe reponses**



Age



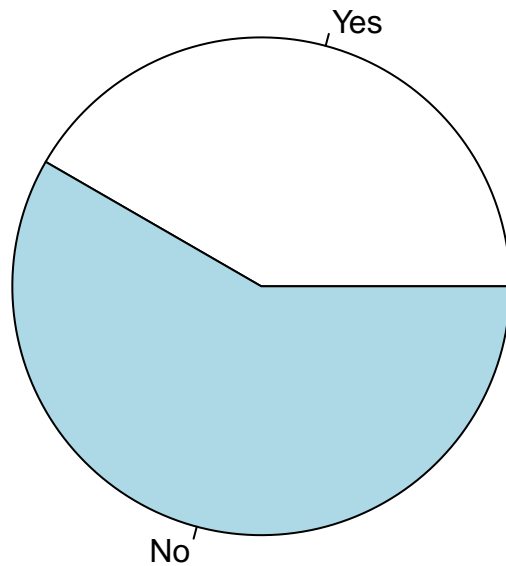
Year in Training



Are you receiving personal psychotherapy or have you received it in the past?

```
##
##      Yes      No
## 0.4166667 0.5833333
```

**Receiving personal psychotherapy (present or past)**



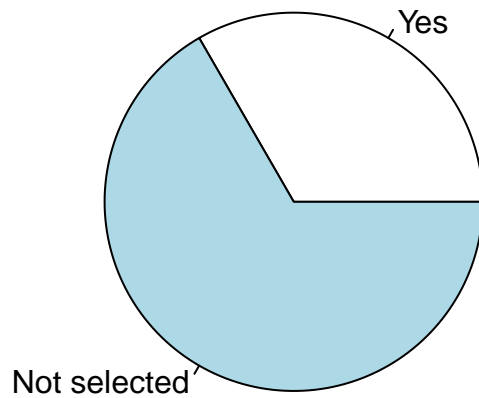
I am undertaking training in Psychotherapy on my own initiative

```
##
##      Yes Not selected
##      5      10

##
##      Yes Not selected
## 0.3333333 0.6666667
```

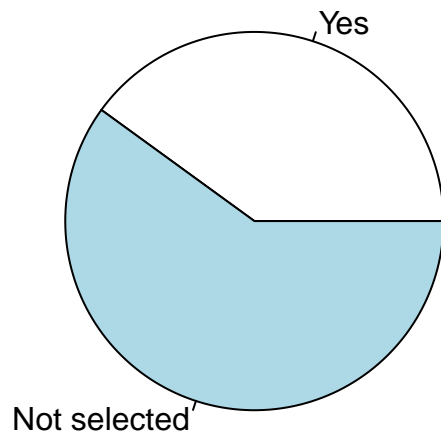


## Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

**I am not undertaking any training in Psychotherapy**

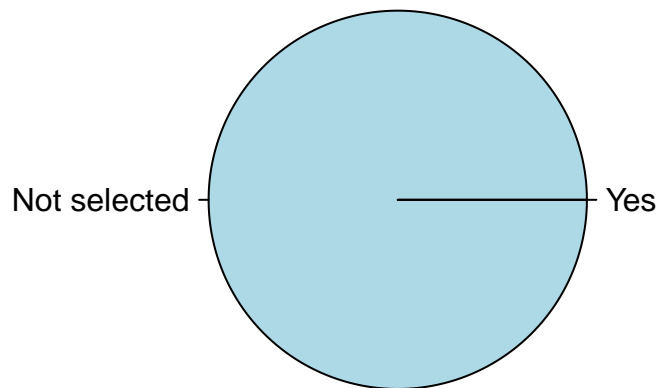


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

**I have completed full training in a Psychotherapy specialty in the past**

##	Yes	Not selected
##	0	1
##		

## Completed a full training in a Psychotherapy (past)

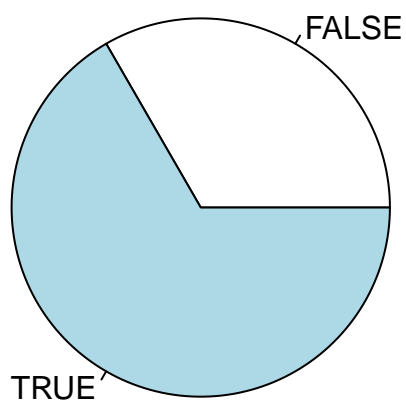


## I am training in some modality

```
##  
## FALSE TRUE  
##      5   10
```

```
##  
##      FALSE      TRUE  
## 0.3333333 0.6666667
```

## I am training in some modality of psychotherapy

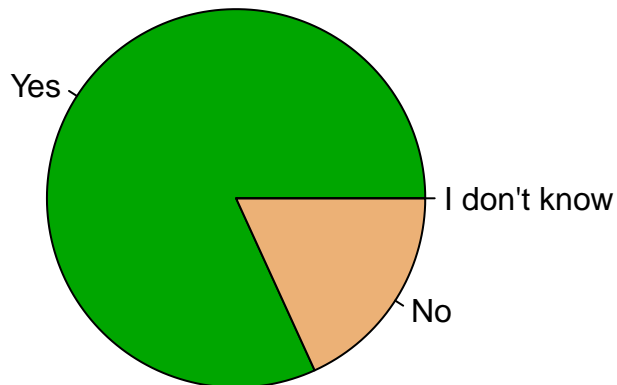


## Is psychotherapy important for your identity as a psychiatrist ?

```
##  
##      Yes      No I don't know  
##        9        2          0
```

```
##
##      Yes      No I don't know
## 0.8181818 0.1818182 0.0000000
```

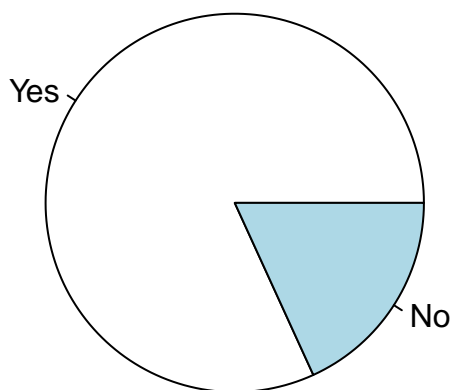
## Psychotherapy important for the professional identity



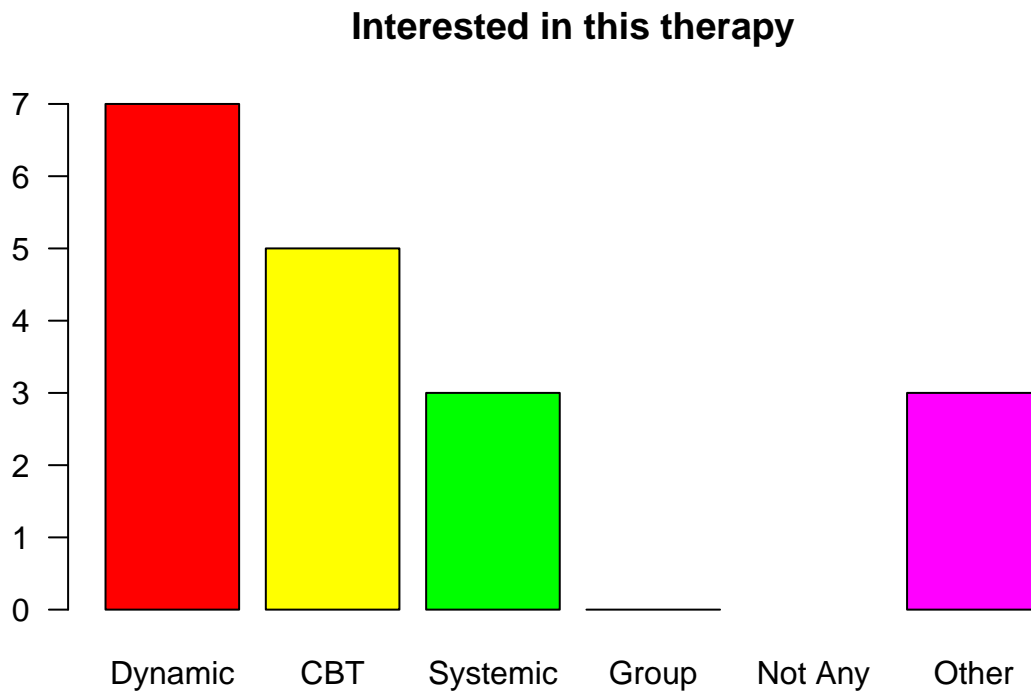
## Do you want to practise Psychotherapy ?

```
##
##      Yes      No
## 0.8181818 0.1818182
```

## Plan to practise Psychotherapy after training



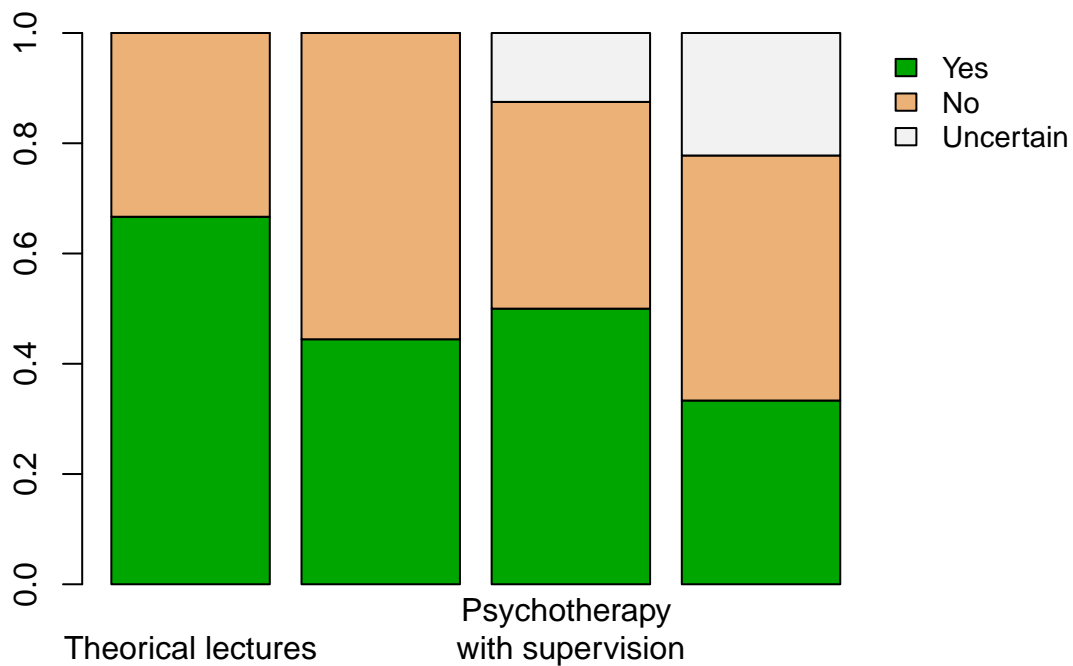
Are you interested in this psychotherapy?



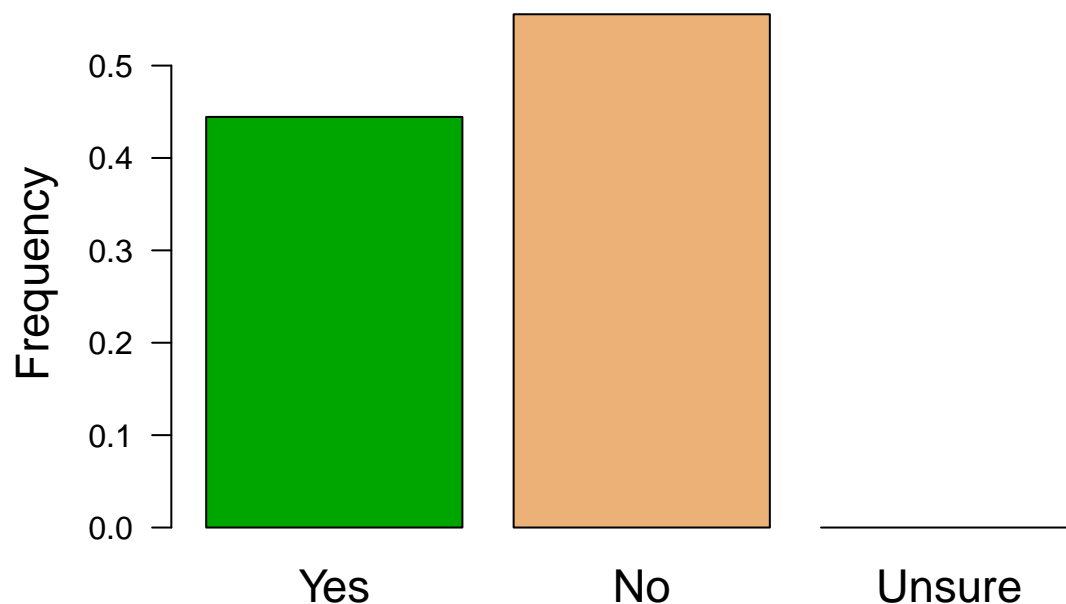
**“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”**

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

**The following experience in psychotherapy  
is a mandatory part of my training in Psychiatry**

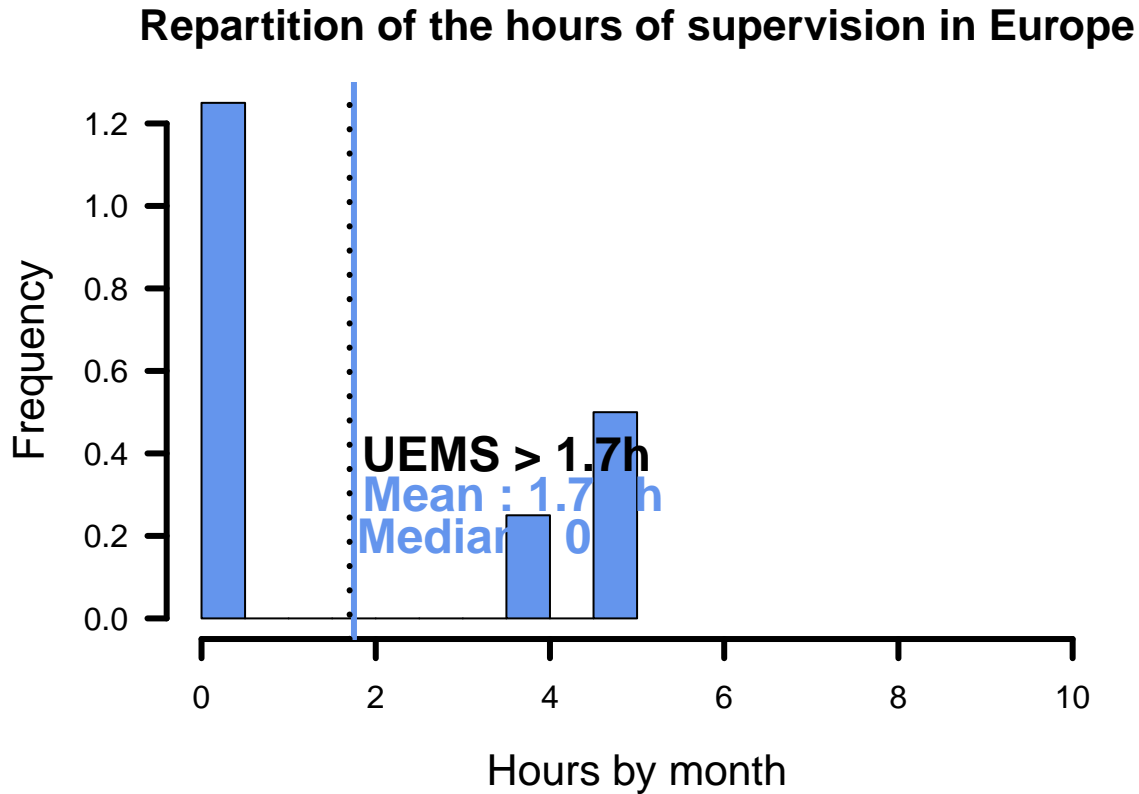


**Are you qualified  
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

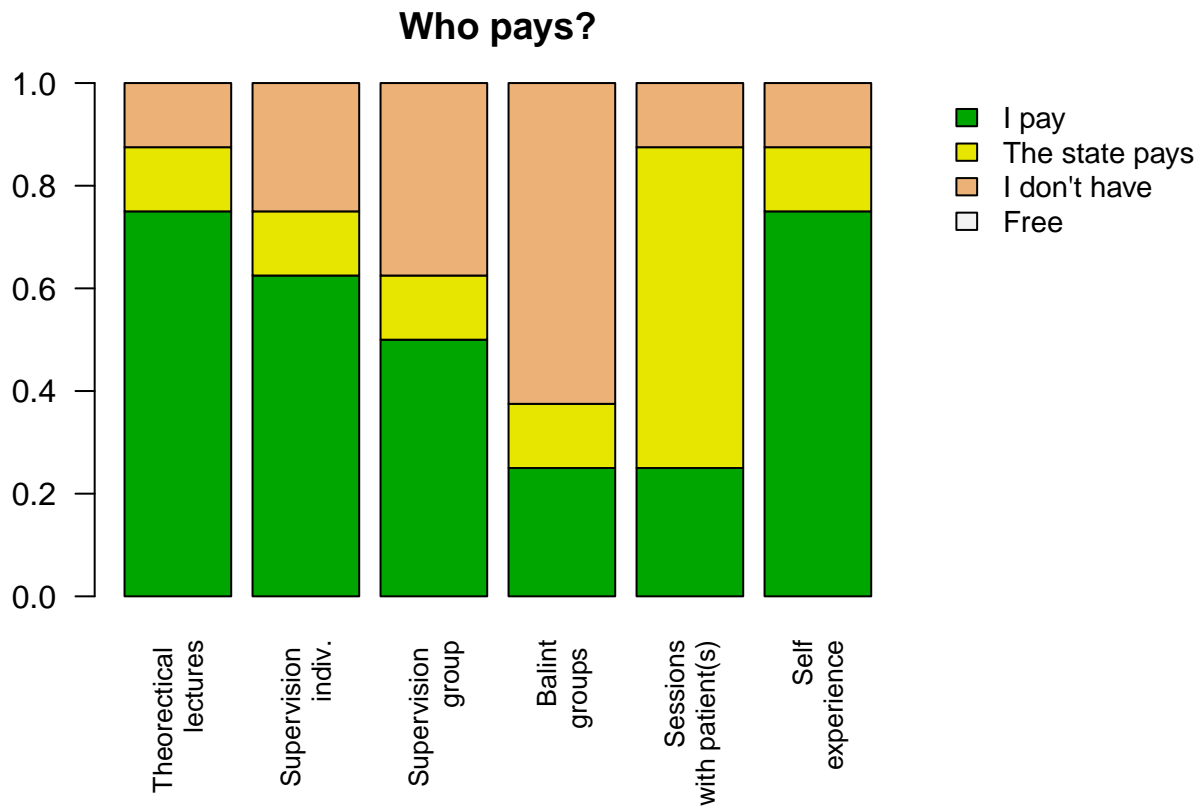
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Bosnia_Herzegovina_data$q_0015)
```

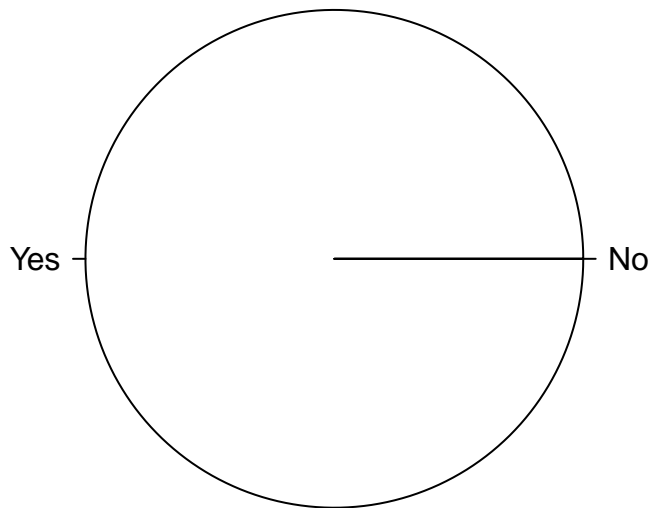
Who pays?



Would you train for free?

```
##
## Yes  No
##    1   0
```

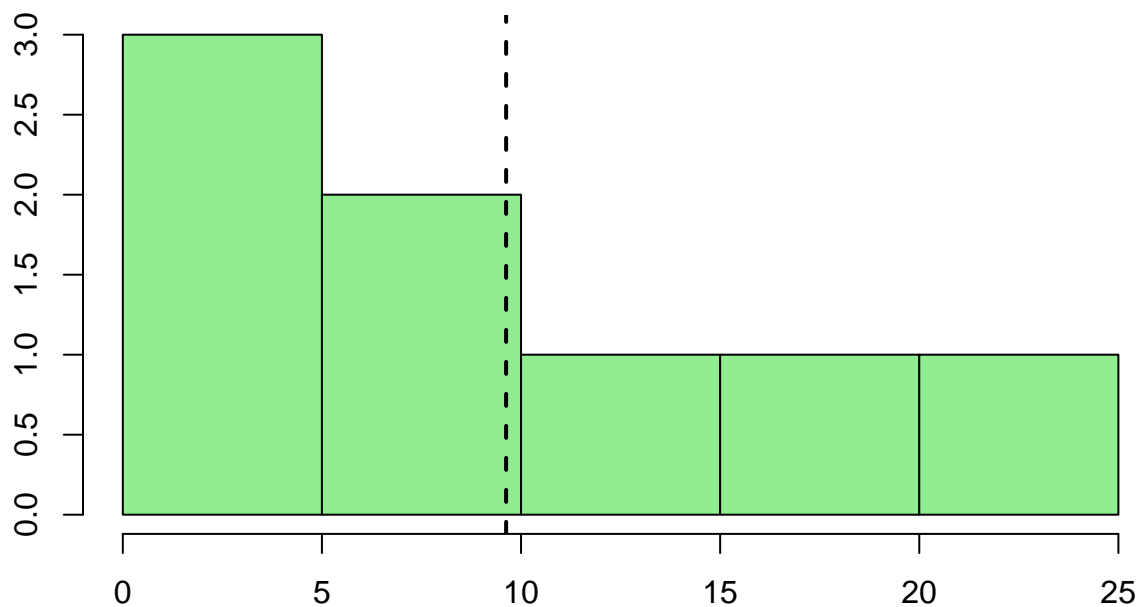
## Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

How much would you invest in psychotherapy training ?

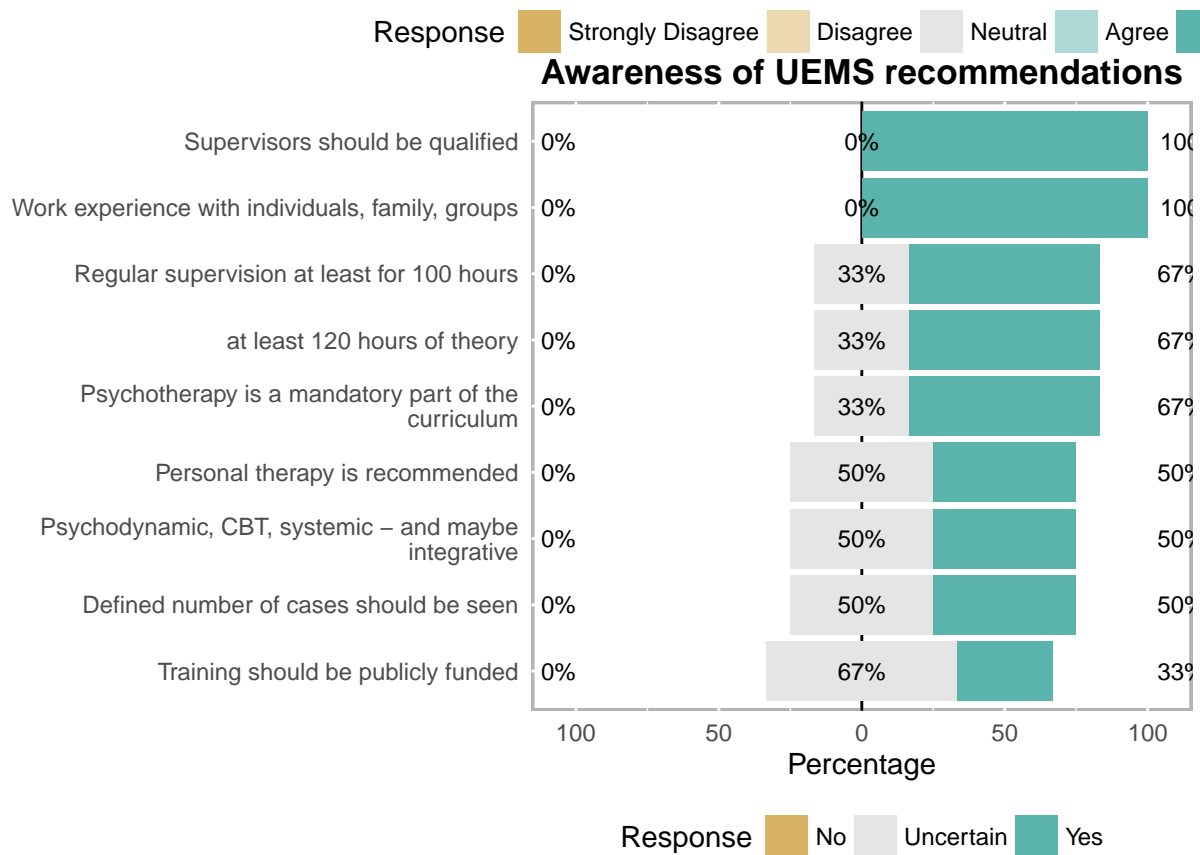
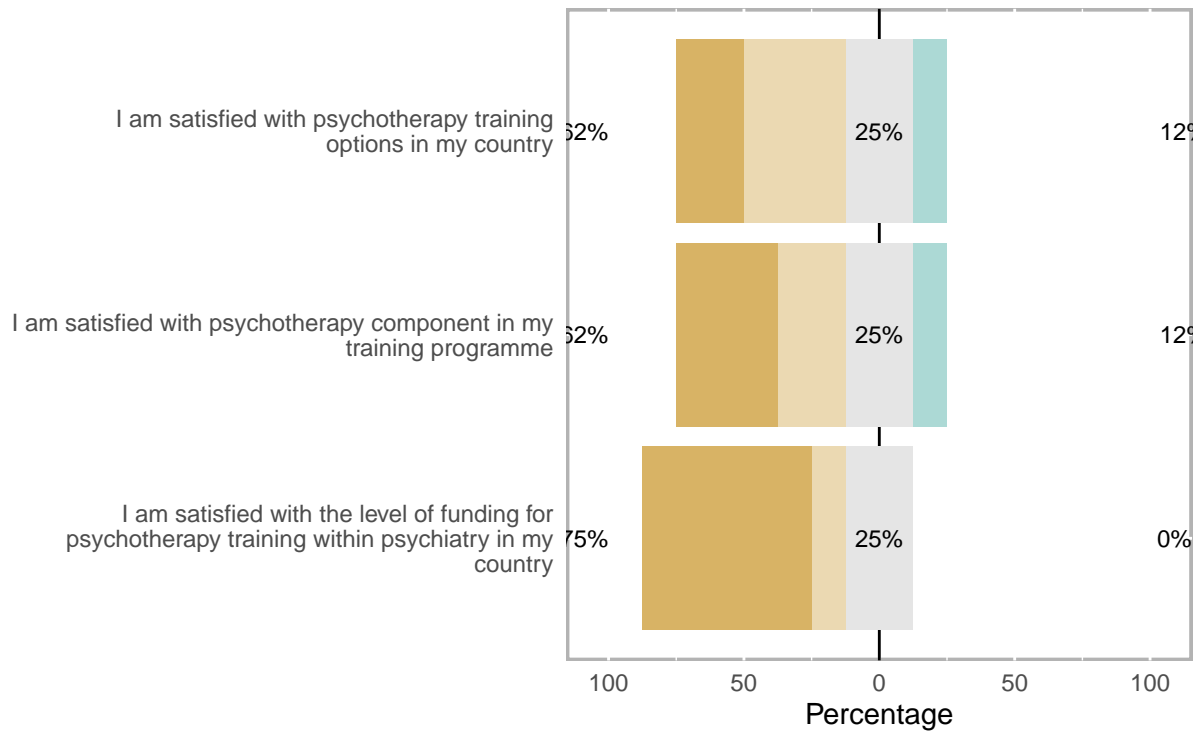
## % of annual salary for psychotherapy training



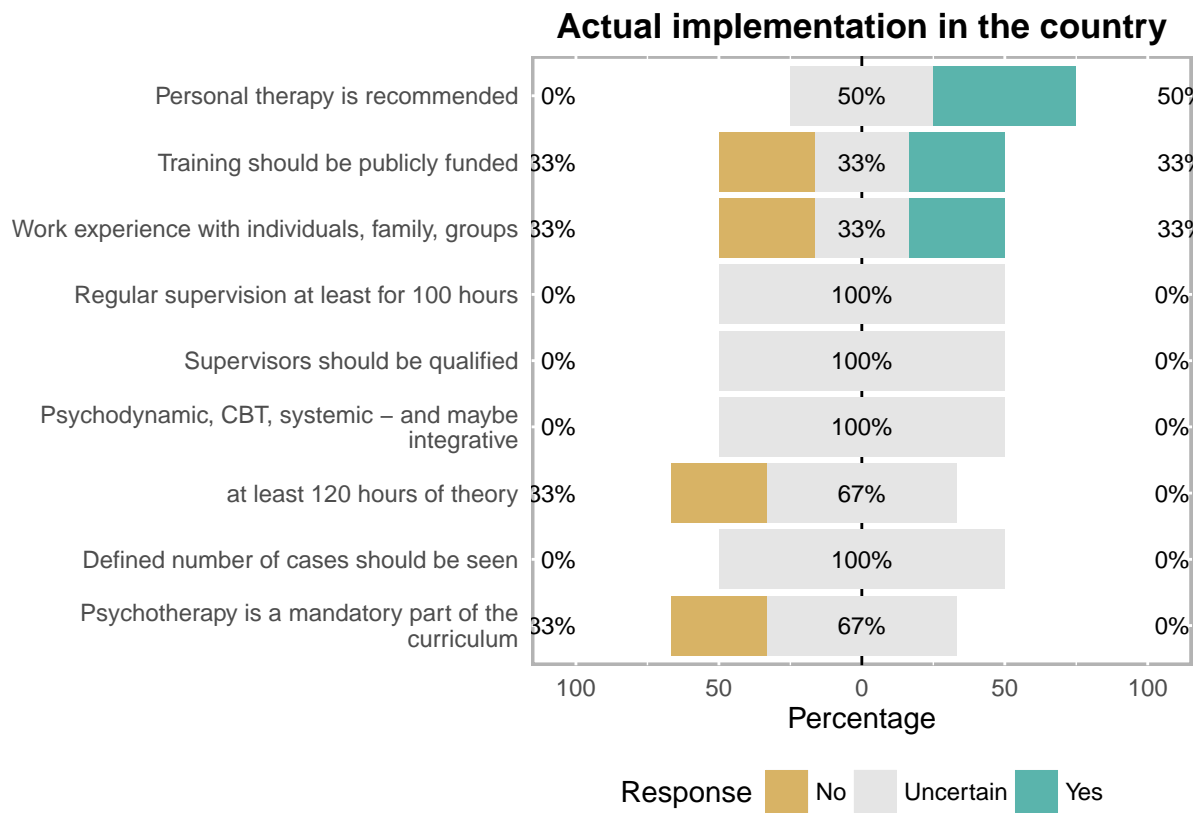
For annual salary do you intend to spend on funding your psychotherapy training In t



## Satisfaction group

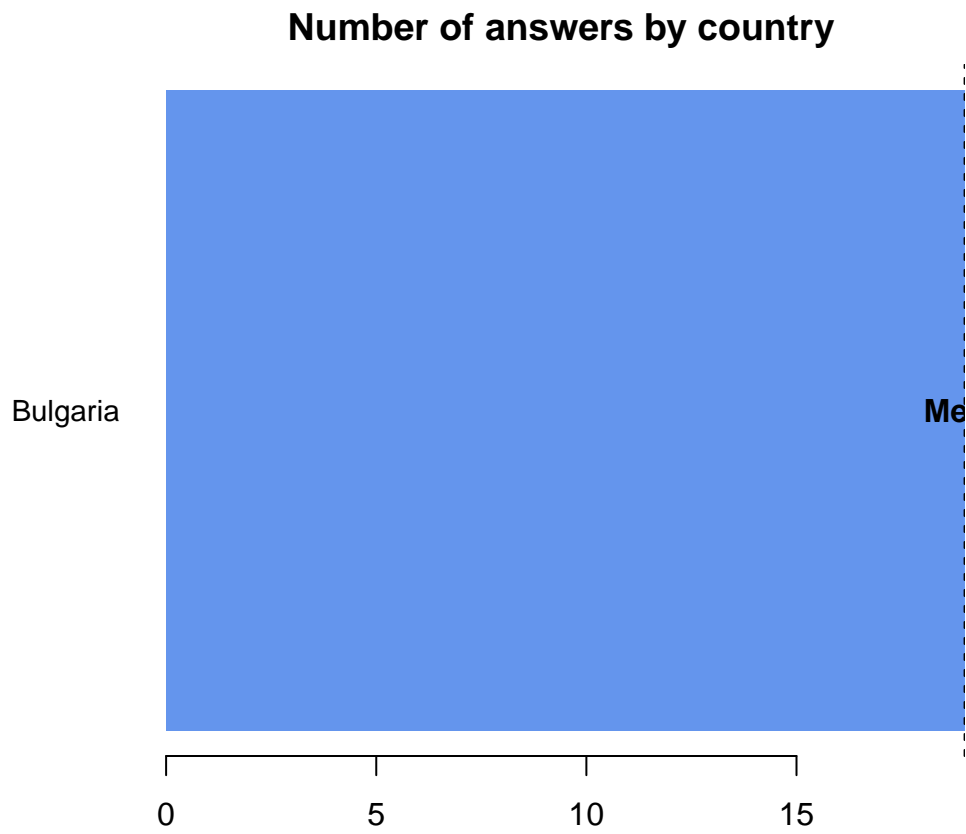


## UEMS recommendations awareness



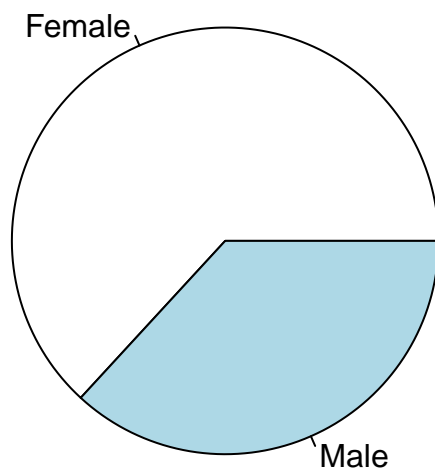
## Bulgaria results

Number of participants

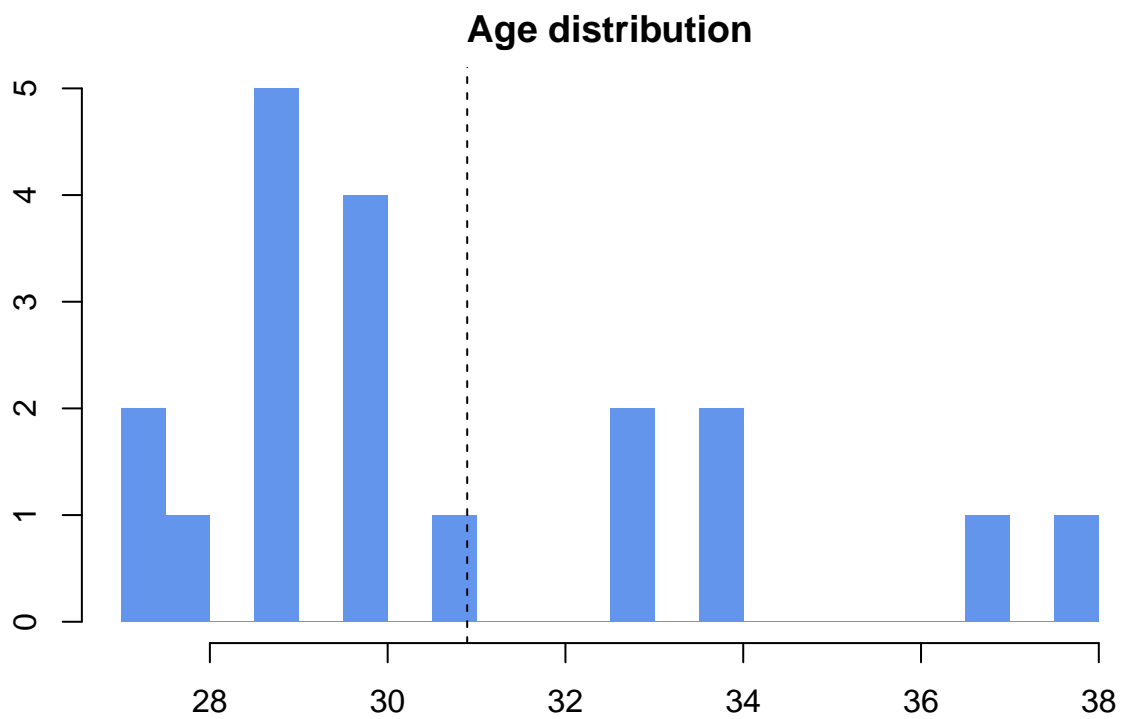


Gender

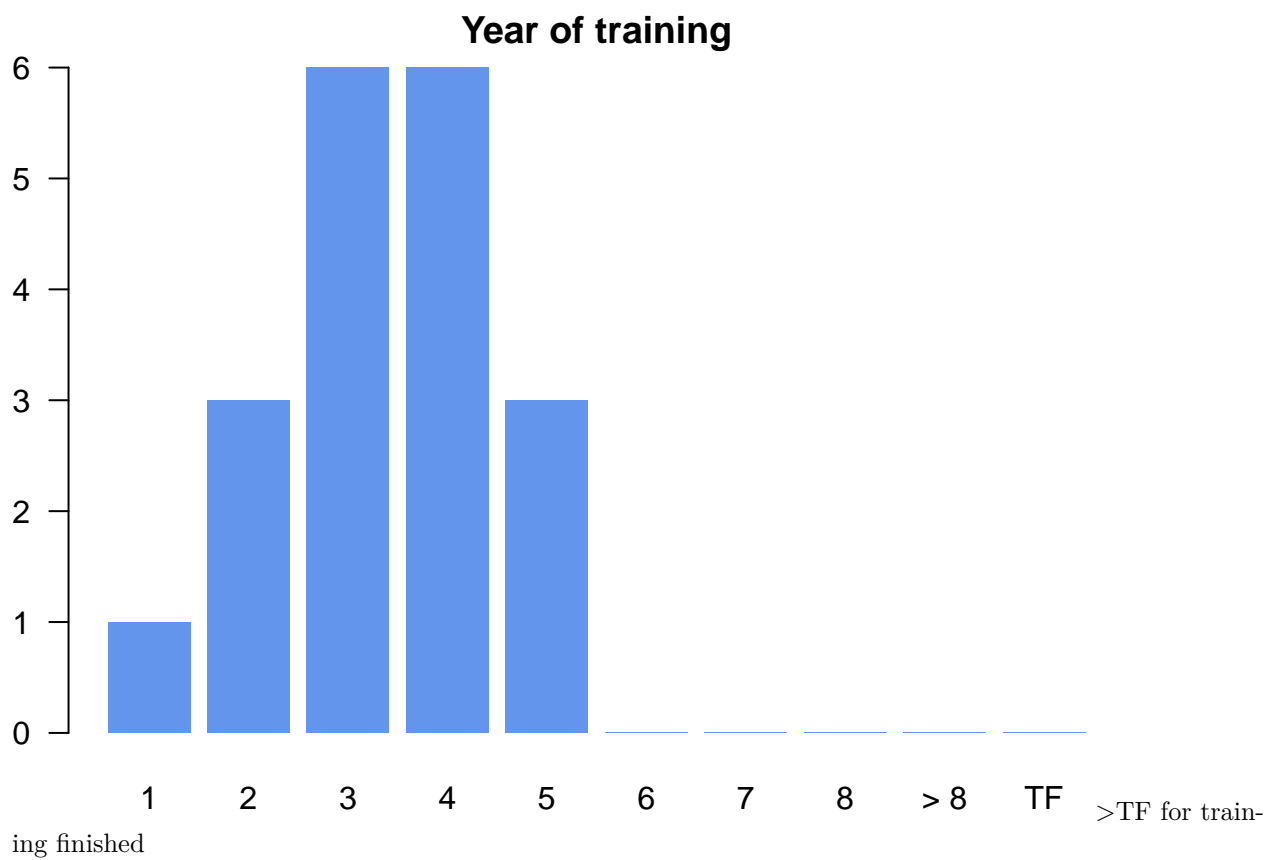
## Gender of participants in Europe reponses



Age



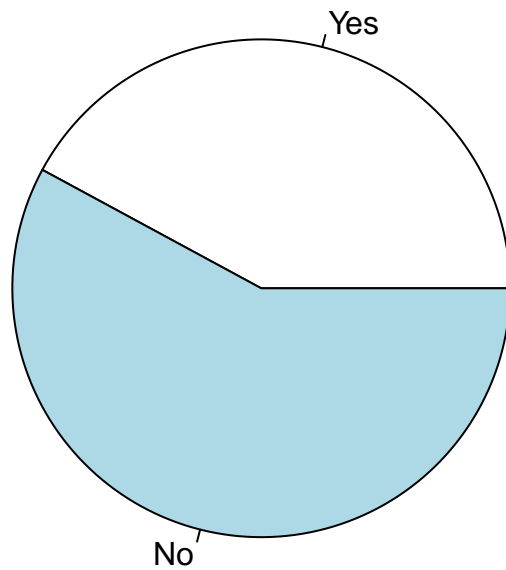
Year in Training



Are you receiving personal psychotherapy or have you received it in the past?

```
##
##      Yes      No
## 0.4210526 0.5789474
```

**Receiving personal psychotherapy (present or past)**

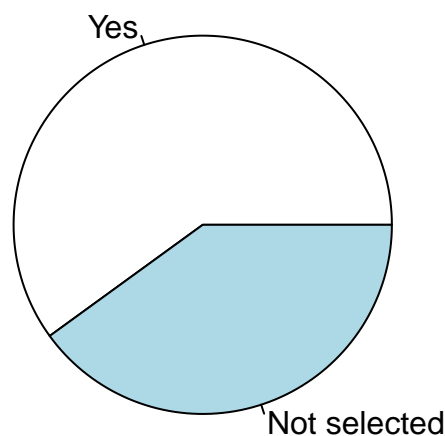


I am undertaking training in Psychotherapy on my own initiative

```
##
##      Yes Not selected
##      12      8

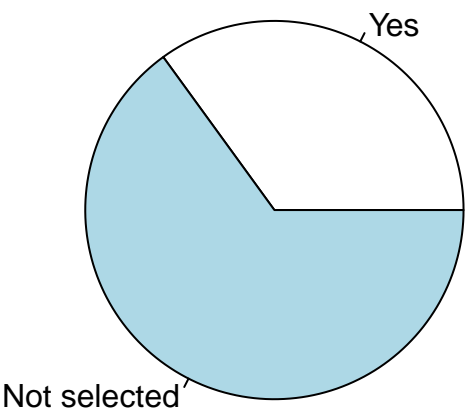
##
##      Yes Not selected
##      0.6      0.4
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

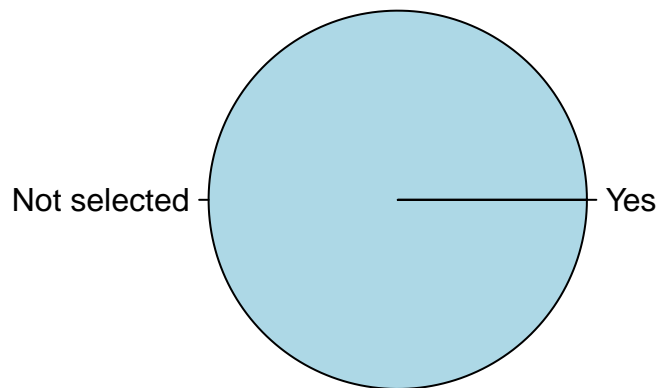


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

##		
##	Yes	Not selected
##	0	1

## Completed a full training in a Psychotherapy (past)

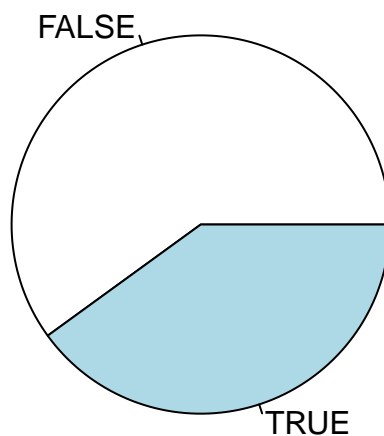


## I am training in some modality

```
##
## FALSE TRUE
## 12 8
```

```
##
## FALSE TRUE
## 0.6 0.4
```

## I am training in some modality of psychotherapy

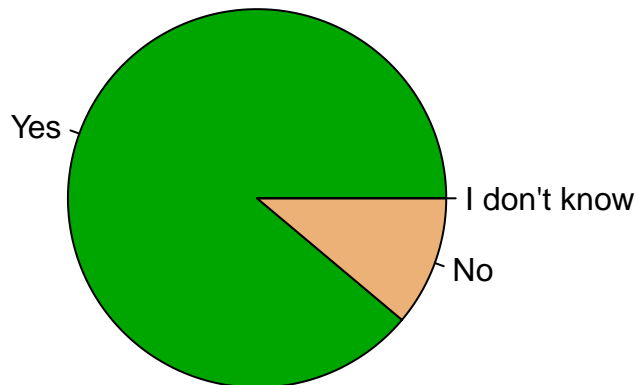


## Is psychotherapy important for your identity as a psychiatrist ?

```
##
## Yes No I don't know
## 16 2 0
```

```
##
##      Yes      No I don't know
## 0.8888889 0.1111111 0.0000000
```

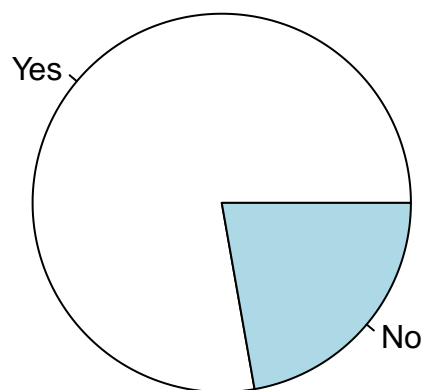
## Psychotherapy important for the professional identity



## Do you want to practise Psychotherapy ?

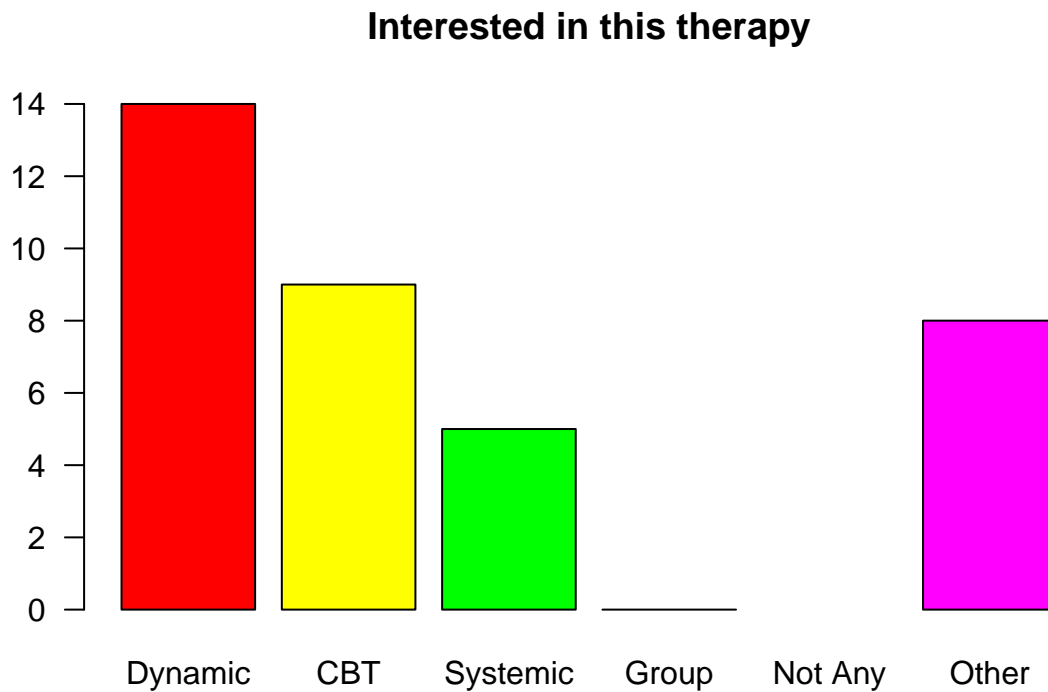
```
##
##      Yes      No
## 0.7777778 0.2222222
```

## Plan to practise Psychotherapy after training





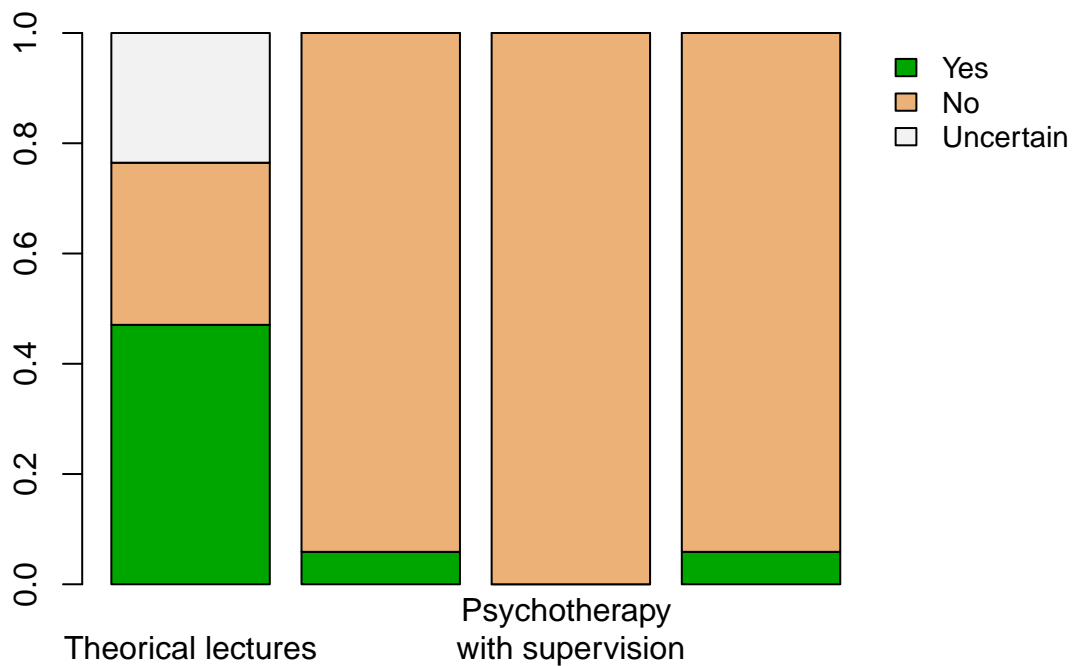
Are you interested in this psychotherapy?



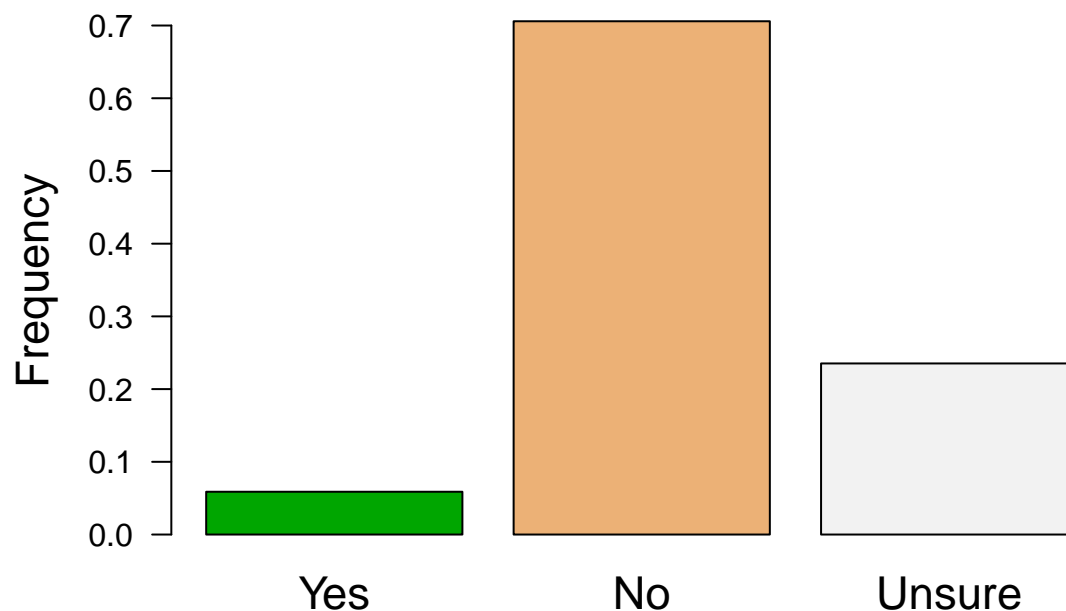
**“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”**

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

**The following experience in psychotherapy  
is a mandatory part of my training in Psychiatry**

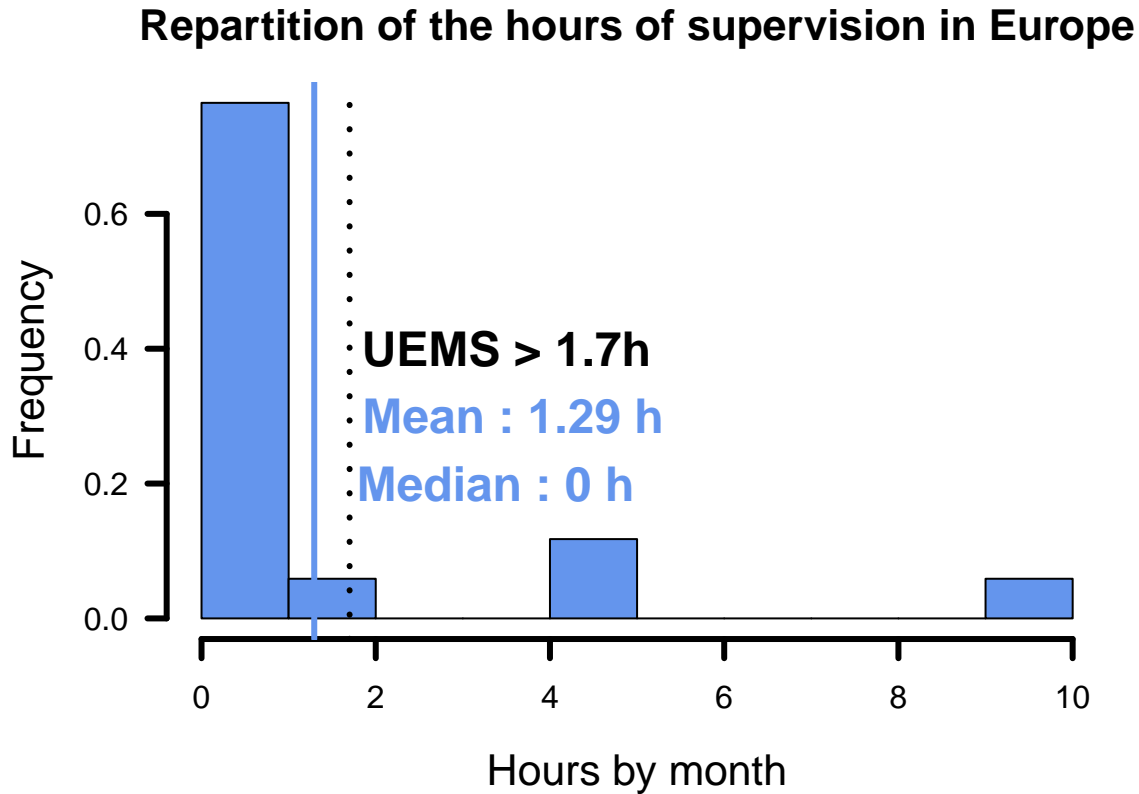


**Are you qualified  
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

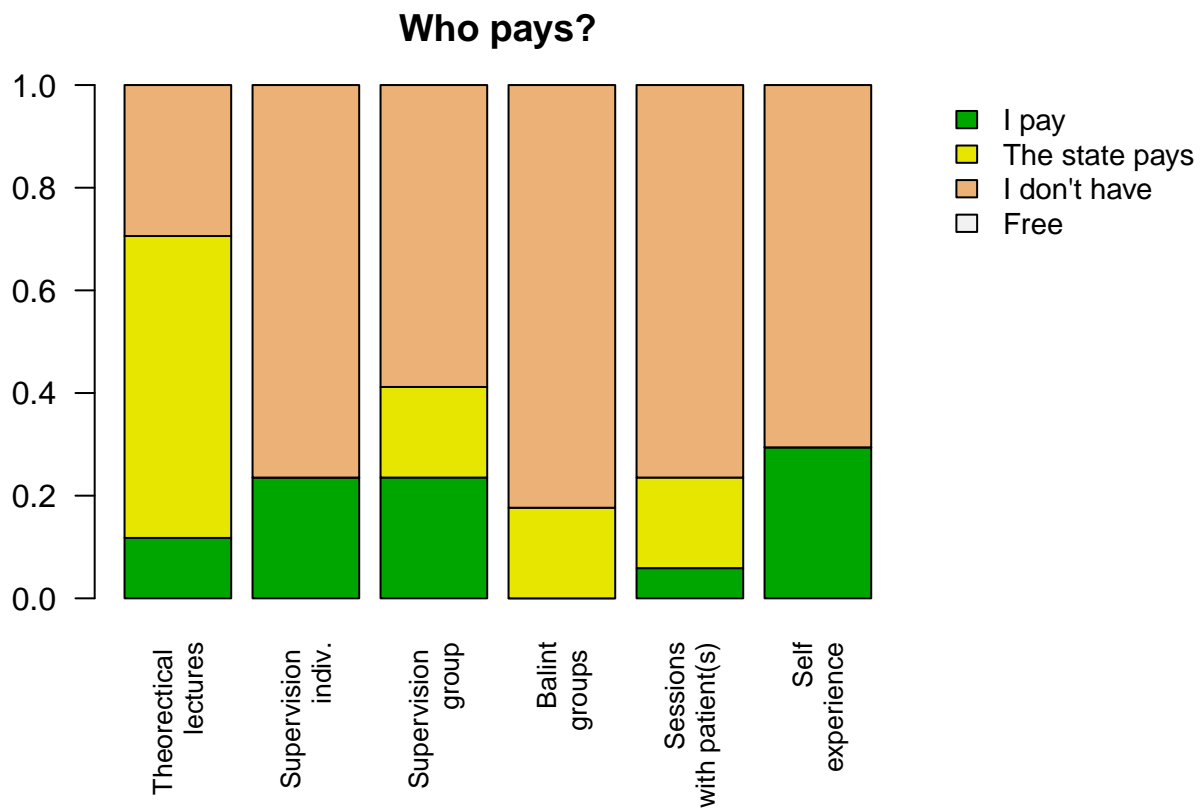
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Bulgaria_data$q_0015)
```

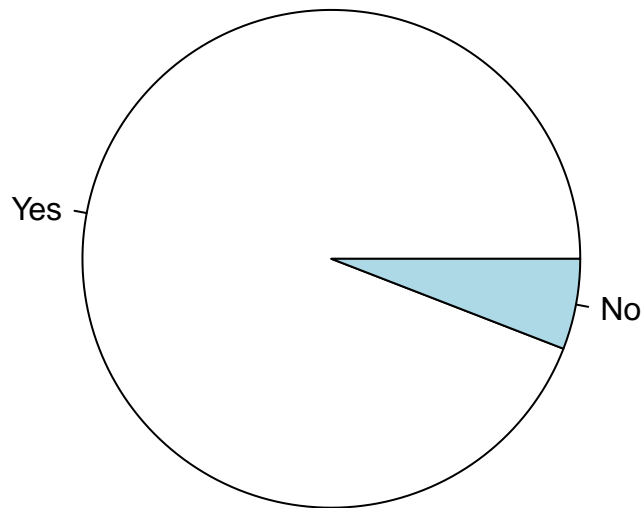
Who pays?



Would you train for free?

```
##
##      Yes      No
## 0.94117647 0.05882353
```

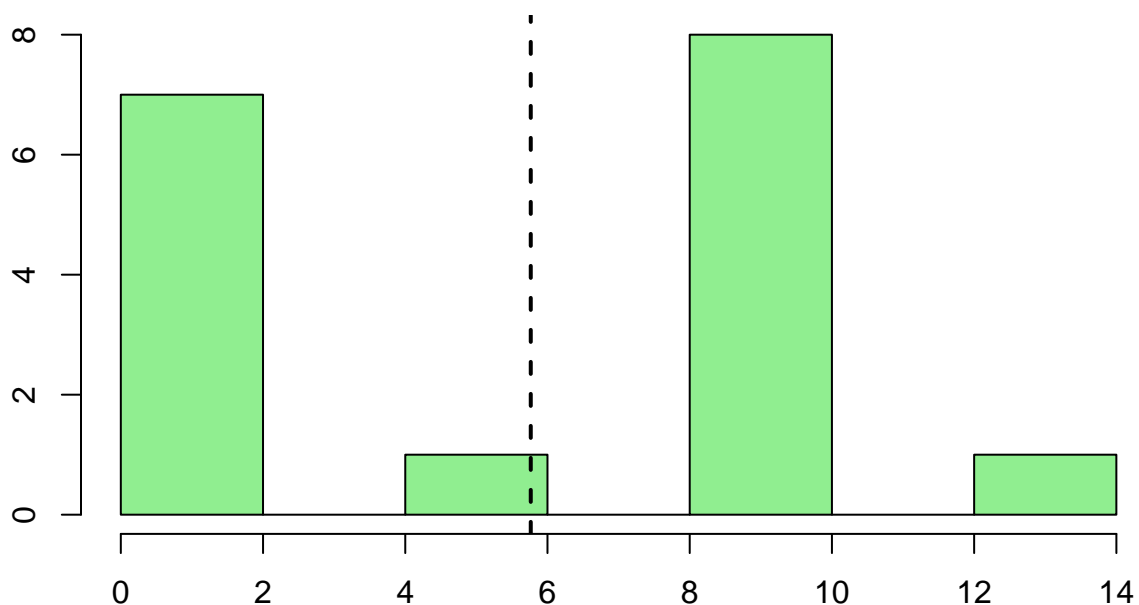
## Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

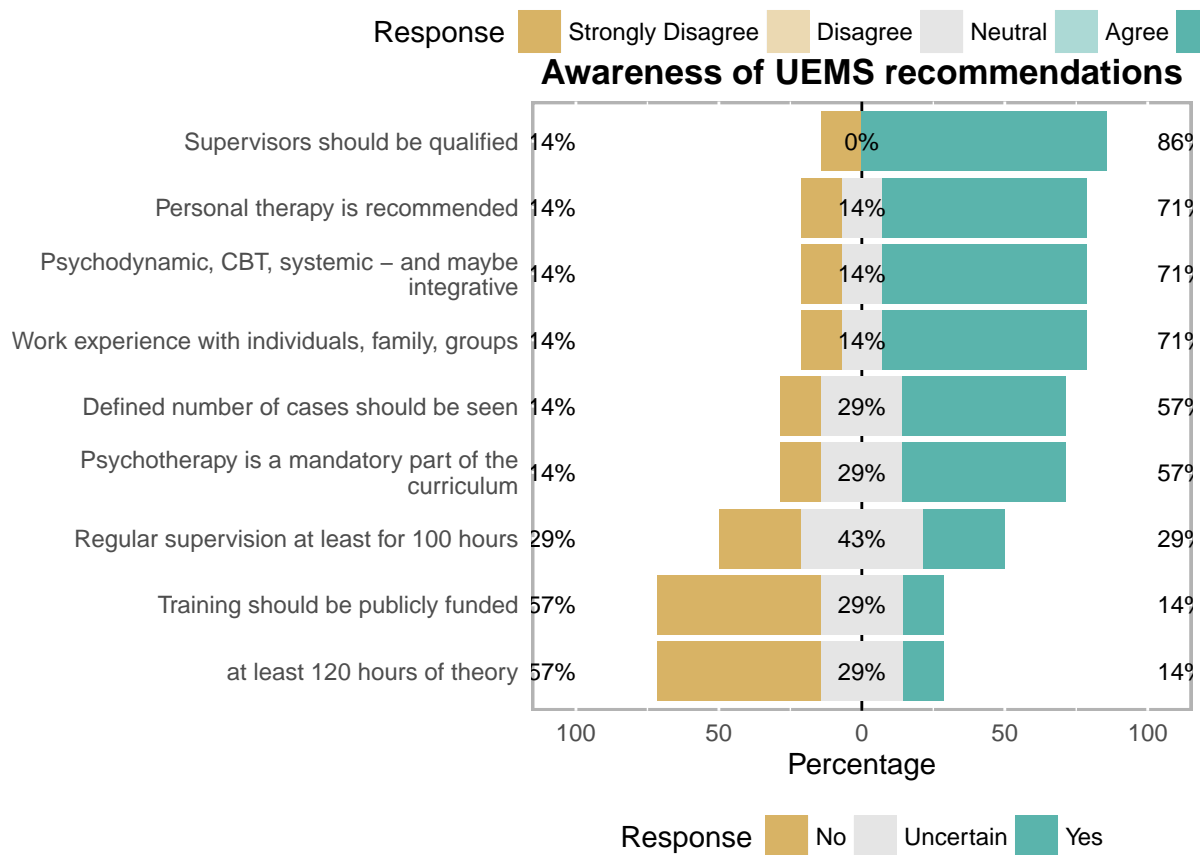
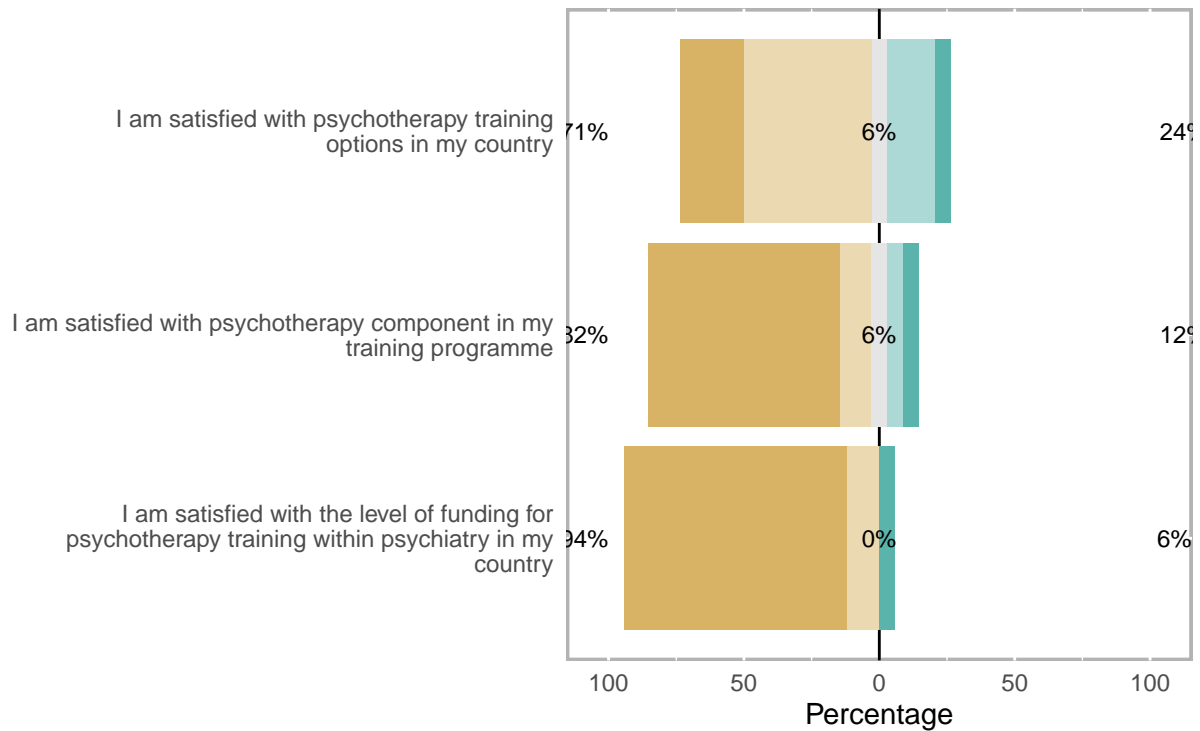
How much would you invest in psychotherapy training ?

## % of annual salary for psychotherapy training

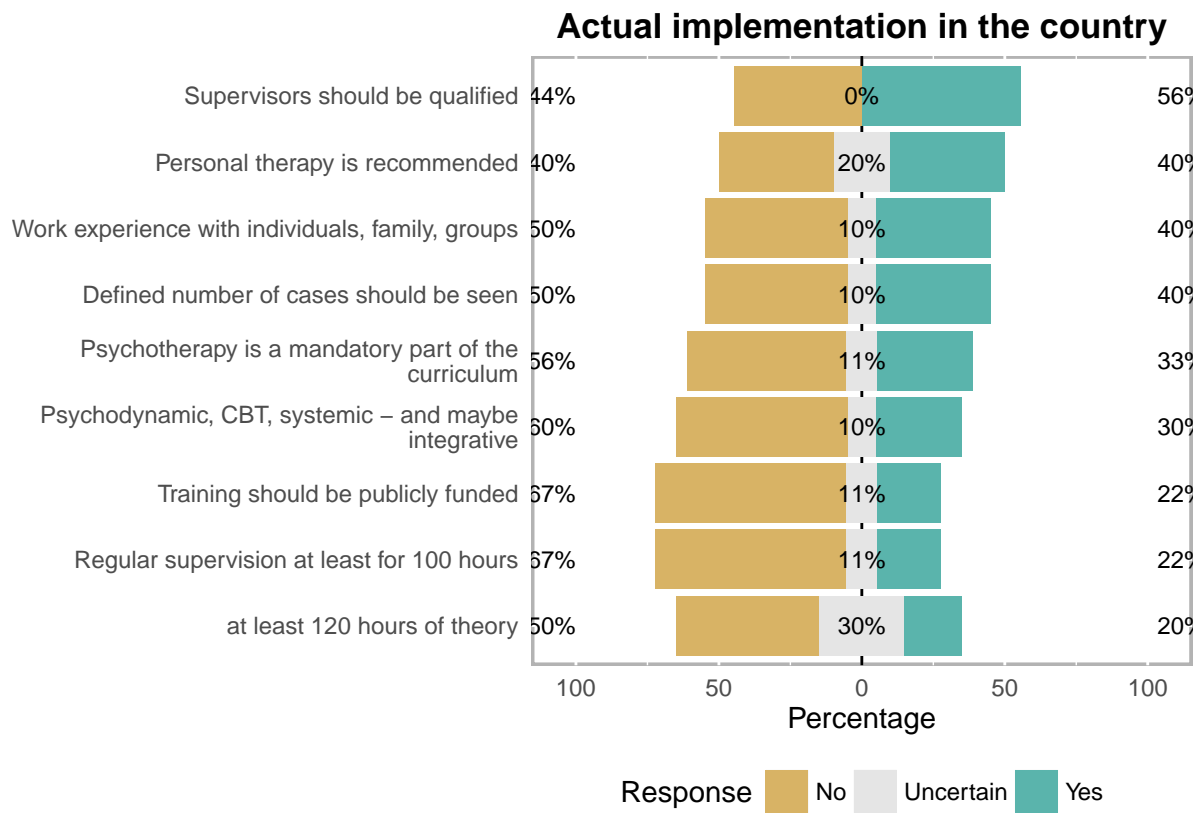


For annual salary do you intend to spend on funding your psychotherapy training In t

## Satisfaction group

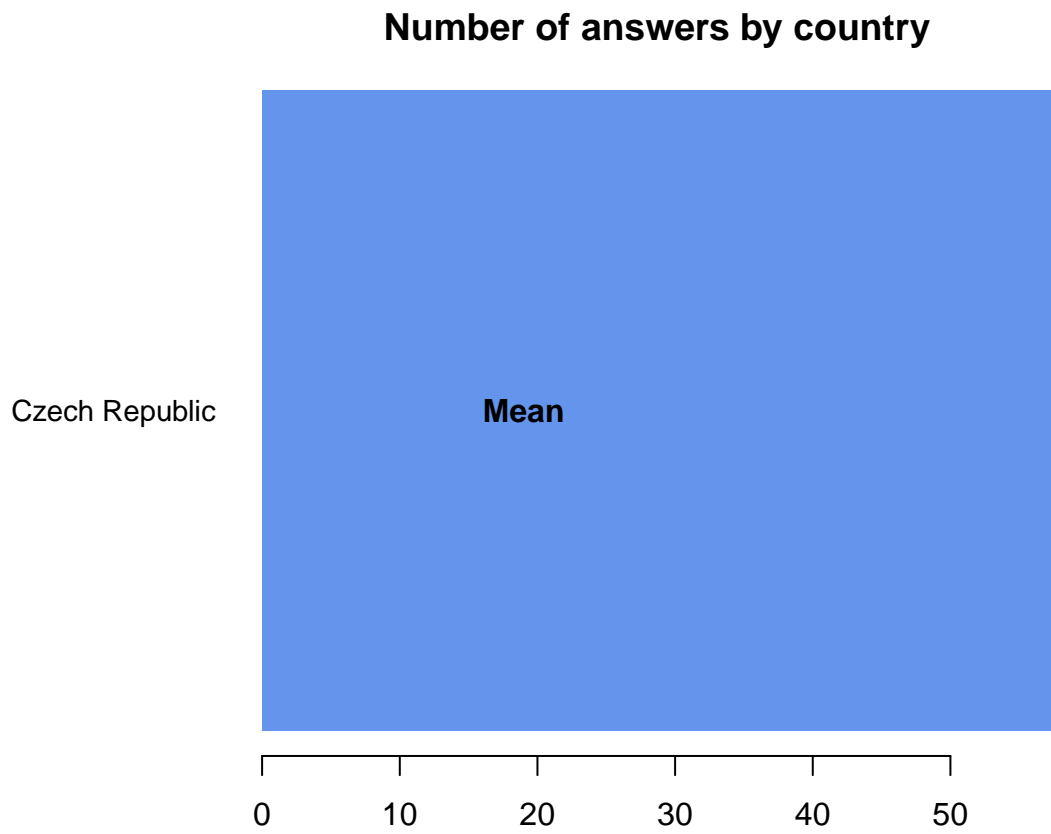


## UEMS recommendations awareness



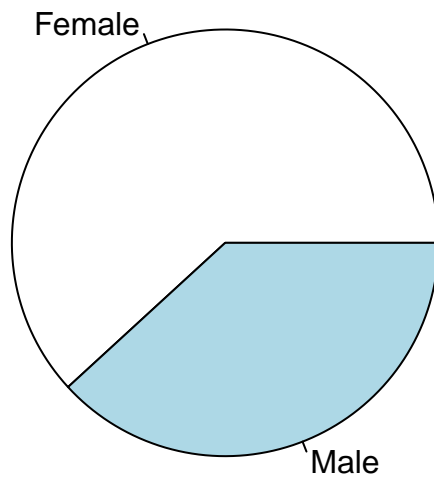
## Czech Republic results

Number of participants



Gender

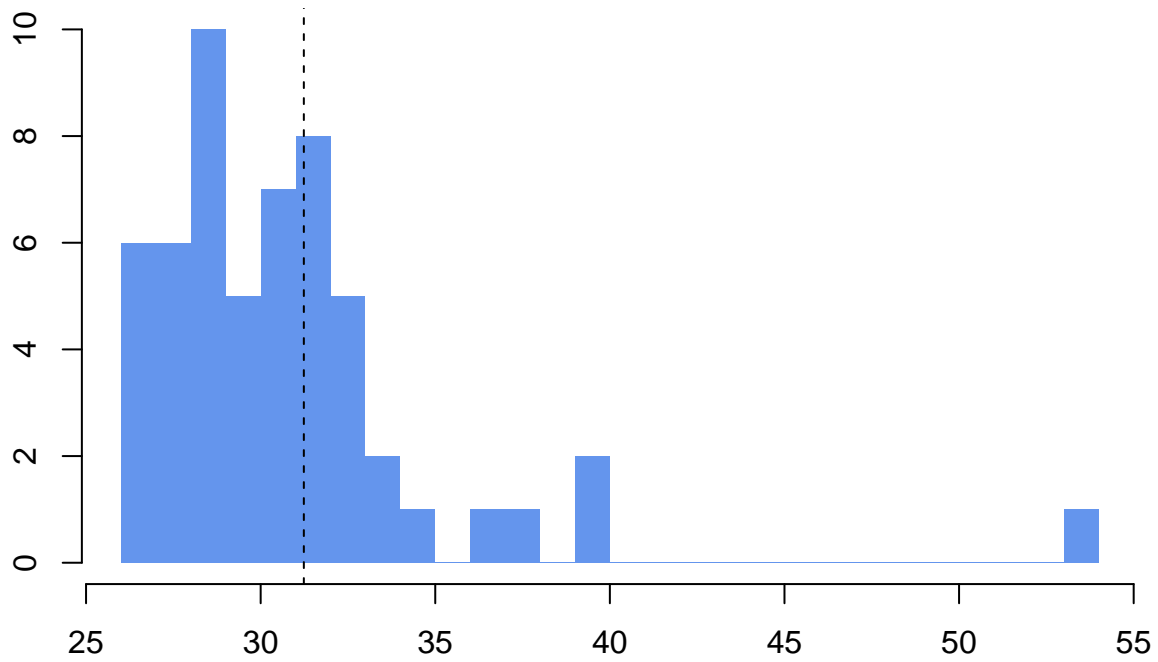
**Gender of participants in Europe reponses**





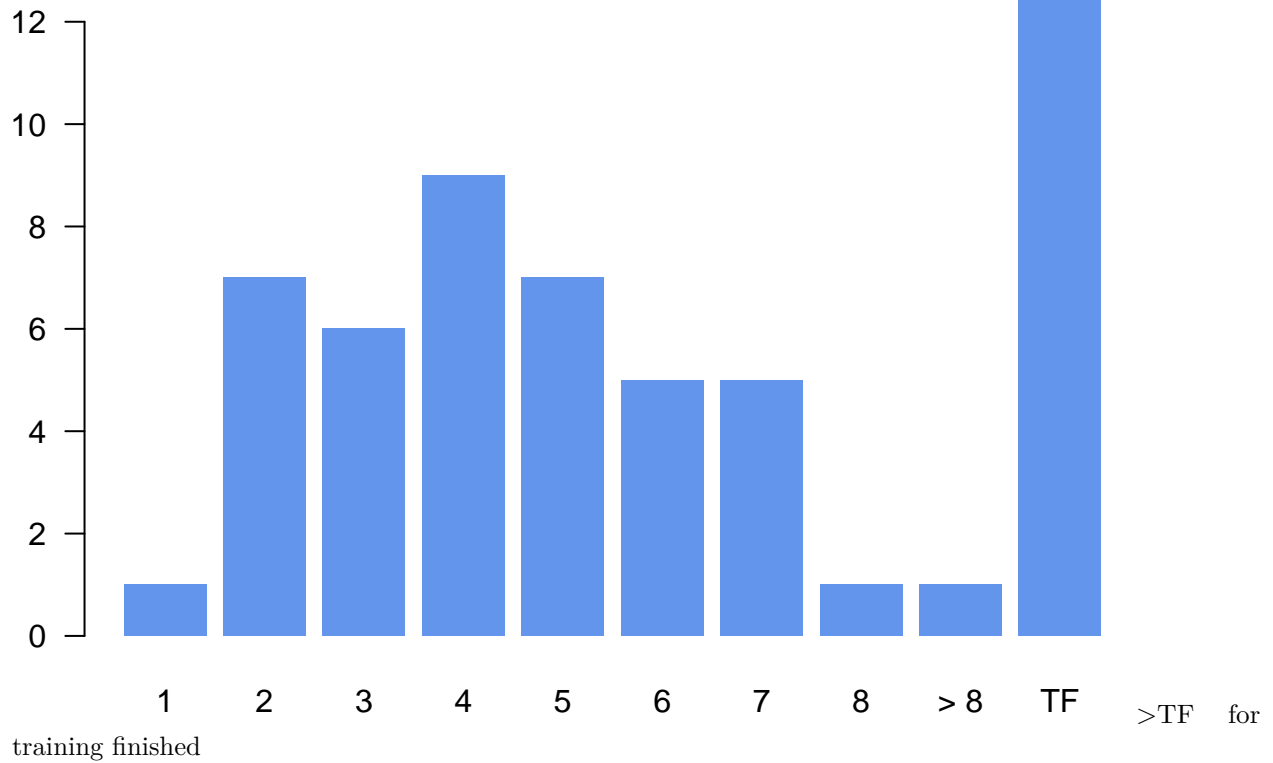
Age

**Age distribution**



Year in Training

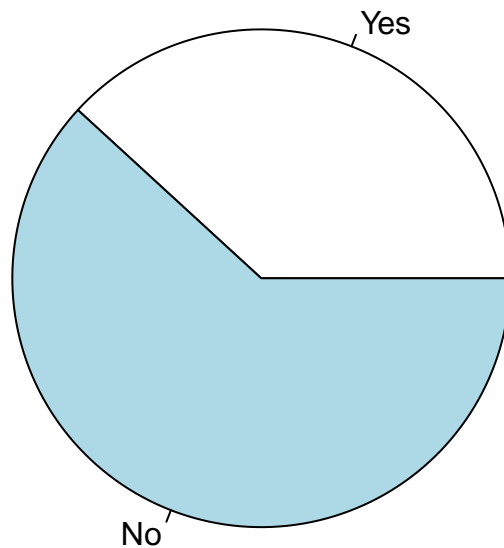
**Year of training**



Are you receiving personal psychotherapy or have you received it in the past?

```
##
##      Yes      No
## 0.3818182 0.6181818
```

**Receiving personal psychotherapy (present or past)**

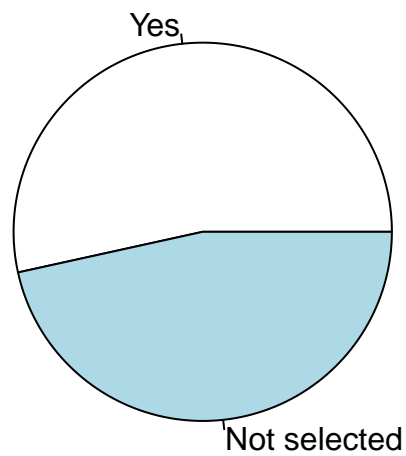


I am undertaking training in Psychotherapy on my own initiative

```
##
##      Yes Not selected
##      31      27
```

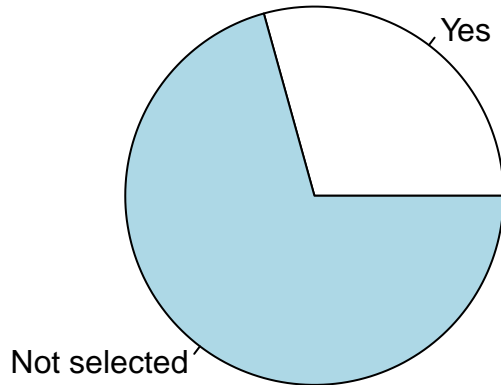
```
##
##      Yes Not selected
## 0.5344828 0.4655172
```

## Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

**I am not undertaking any training in Psychotherapy**

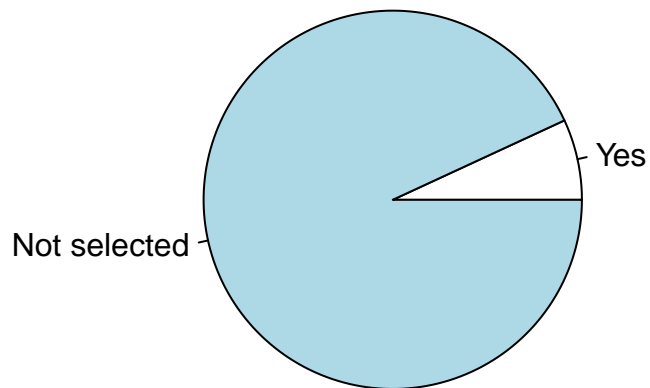


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

**I have completed full training in a Psychotherapy specialty in the past**

```
##
##      Yes Not selected
## 0.06896552 0.93103448
```

## Completed a full training in a Psychotherapy (past)

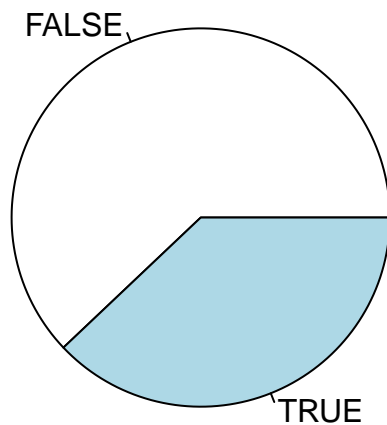


## I am training in some modality

```
##  
## FALSE TRUE  
## 36 22
```

```
##  
## FALSE TRUE  
## 0.6206897 0.3793103
```

## I am training in some modality of psychotherapy

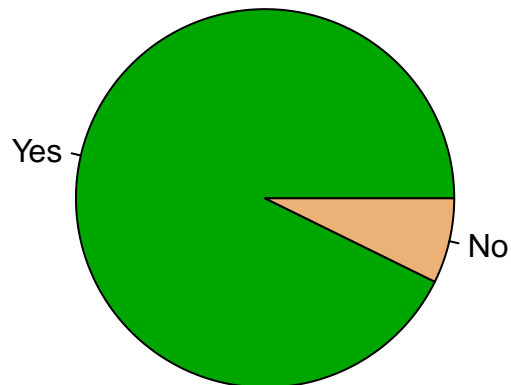


## Is psychotherapy important for your identity as a psychiatrist ?

```
##  
## Yes No  
## 51 4
```

```
##
##      Yes      No
## 0.92727273 0.07272727
```

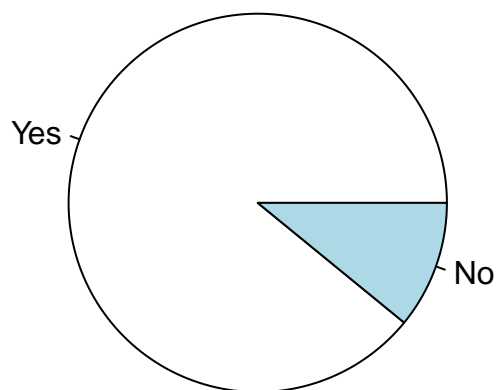
## Psychotherapy important for the professional identity



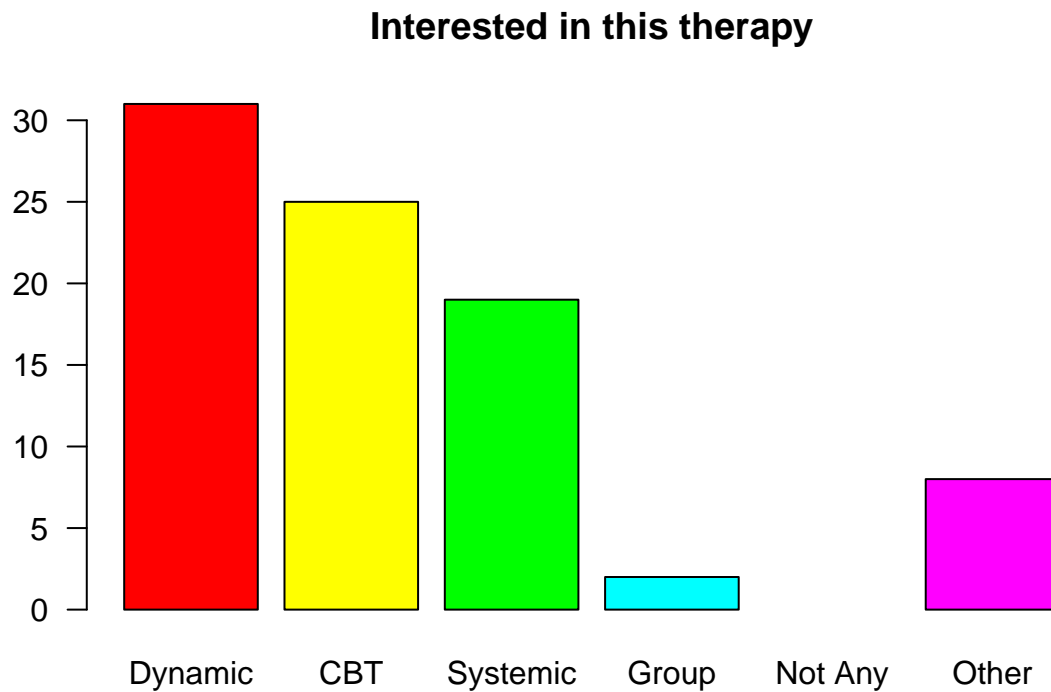
## Do you want to practise Psychotherapy ?

```
##
##      Yes      No
## 0.8909091 0.1090909
```

## Plan to practise Psychotherapy after training



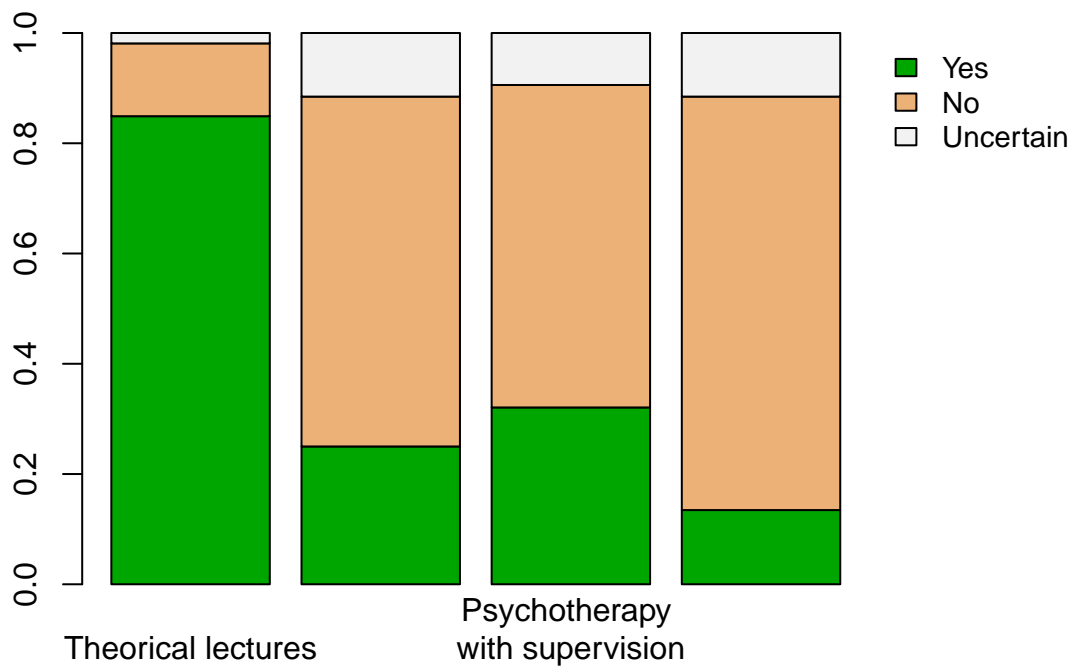
Are you interested in this psychotherapy?



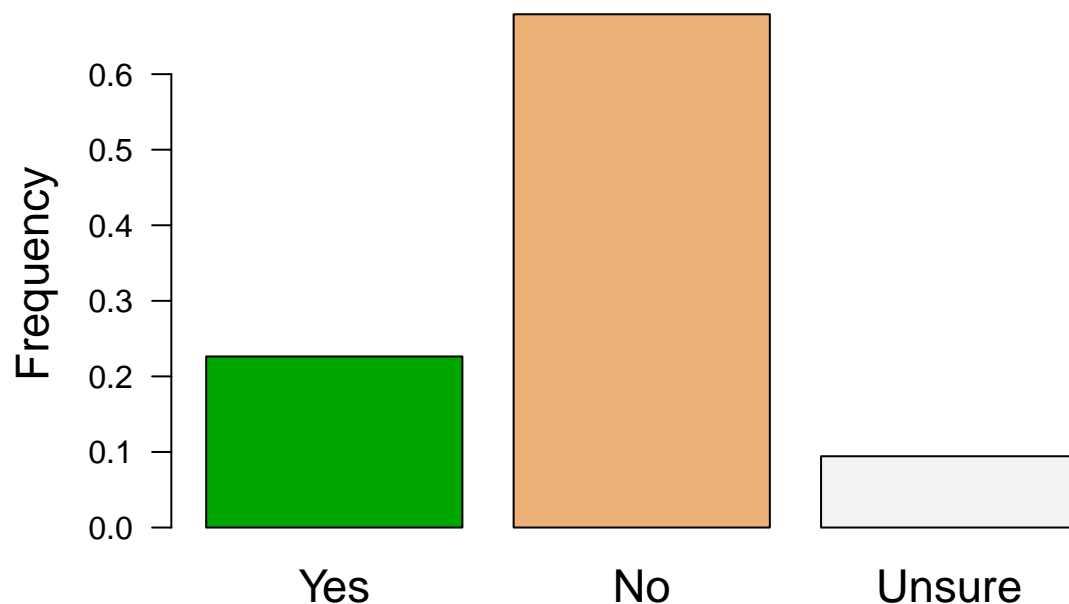
**“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”**

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

**The following experience in psychotherapy  
is a mandatory part of my training in Psychiatry**

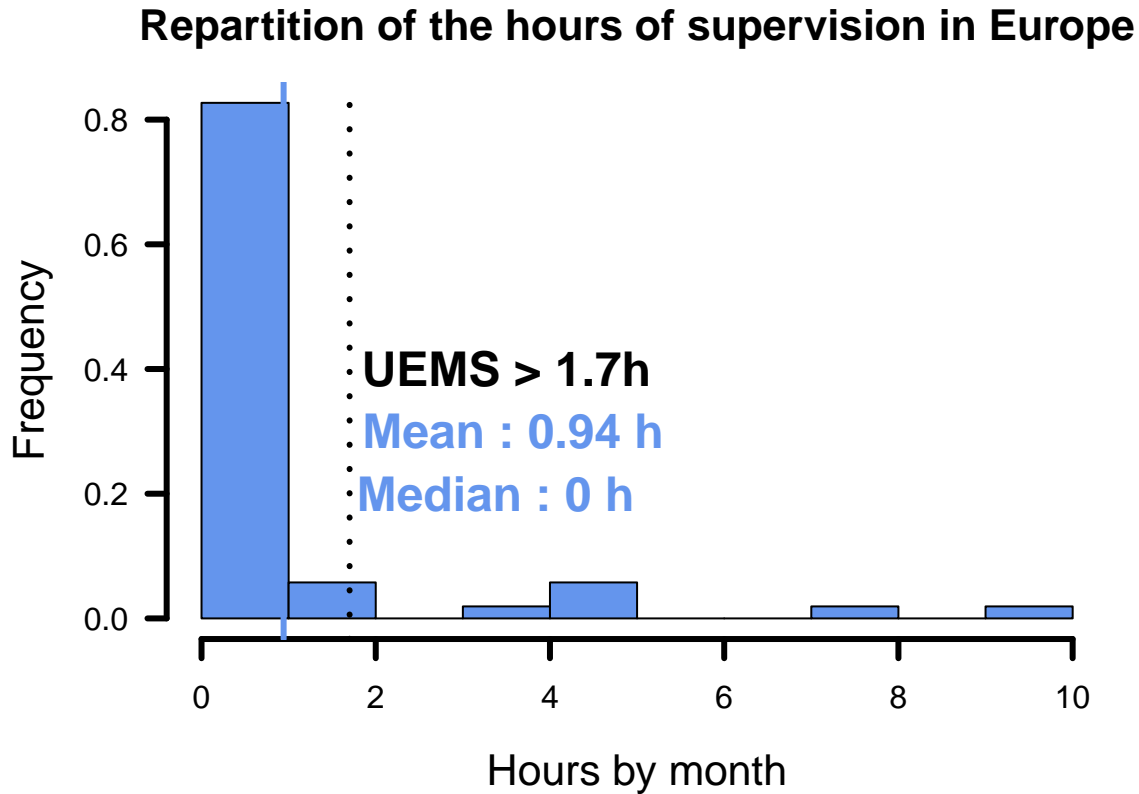


**Are you qualified  
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

How many hours of supervision

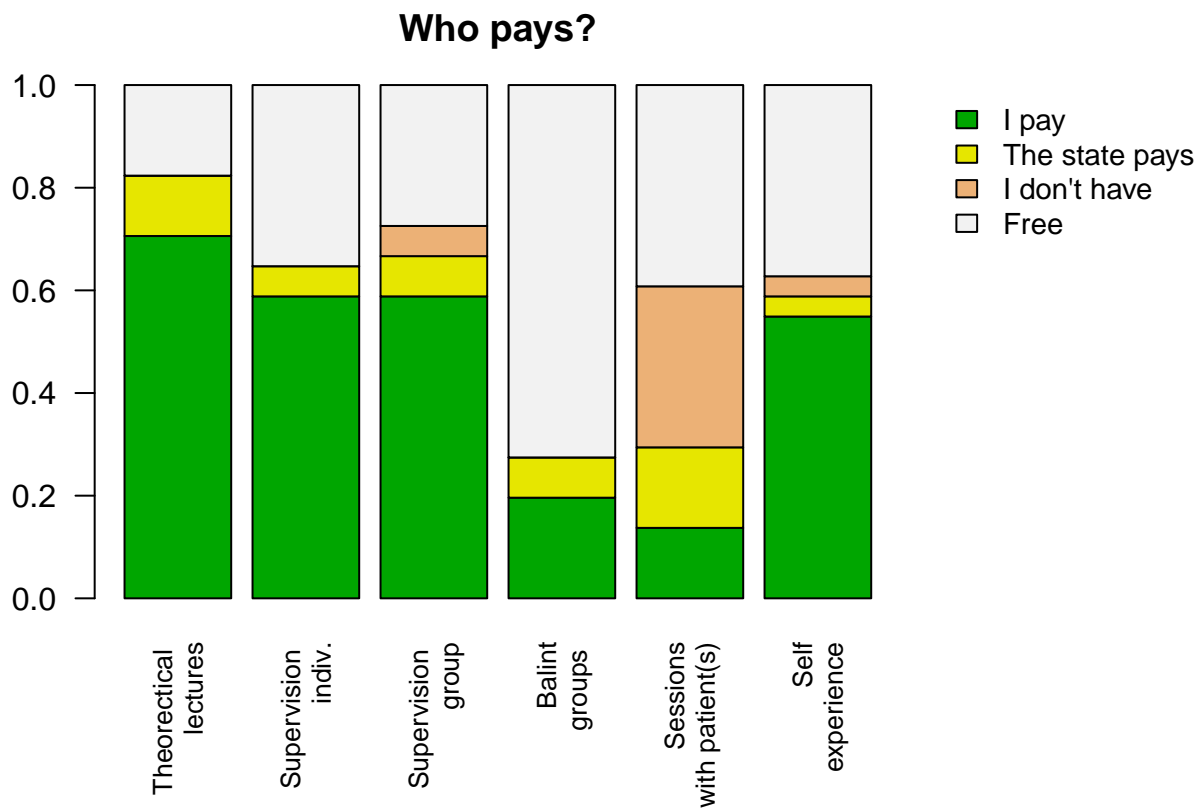


UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Czech_Republic_data$q_0015)
```



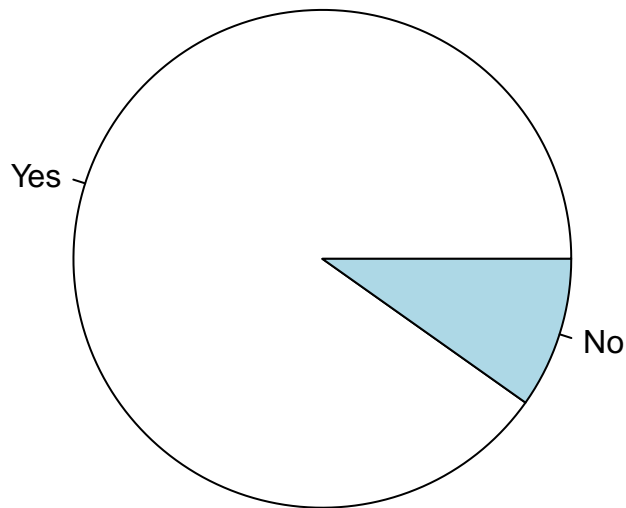
Who pays?



Would you train for free?

```
##
##      Yes      No
## 0.90196078 0.09803922
```

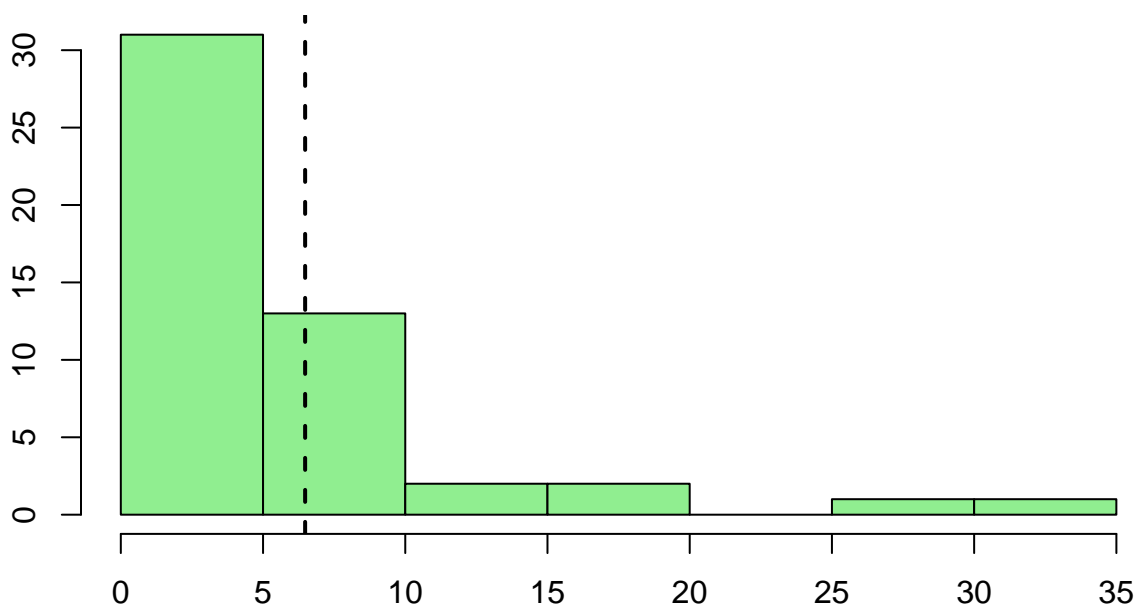
## Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

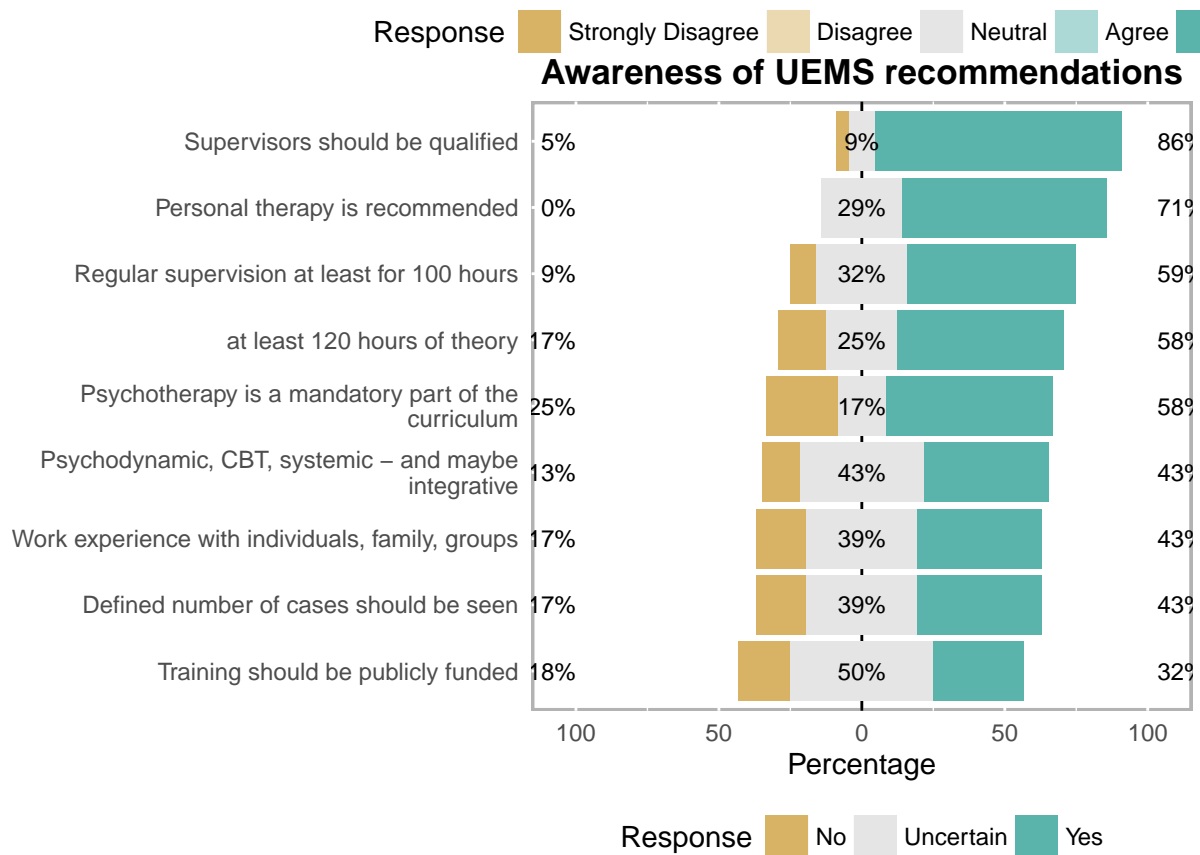
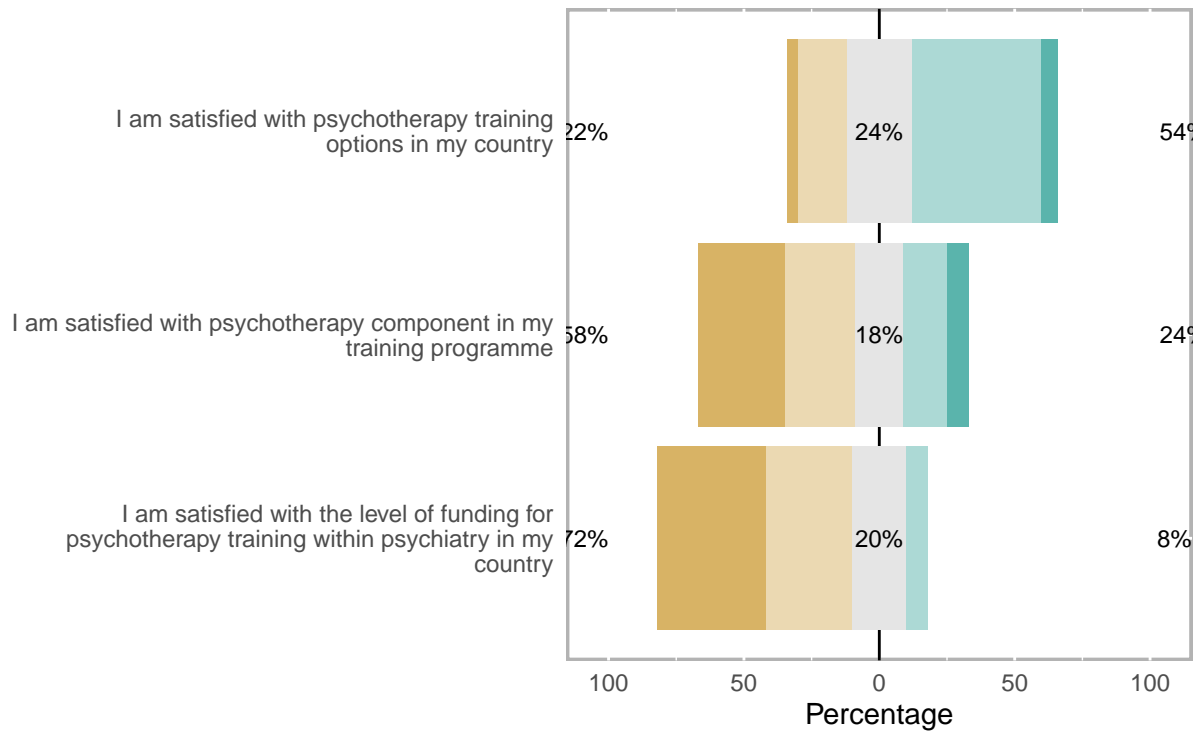
How much would you invest in psychotherapy training ?

## % of annual salary for psychotherapy training

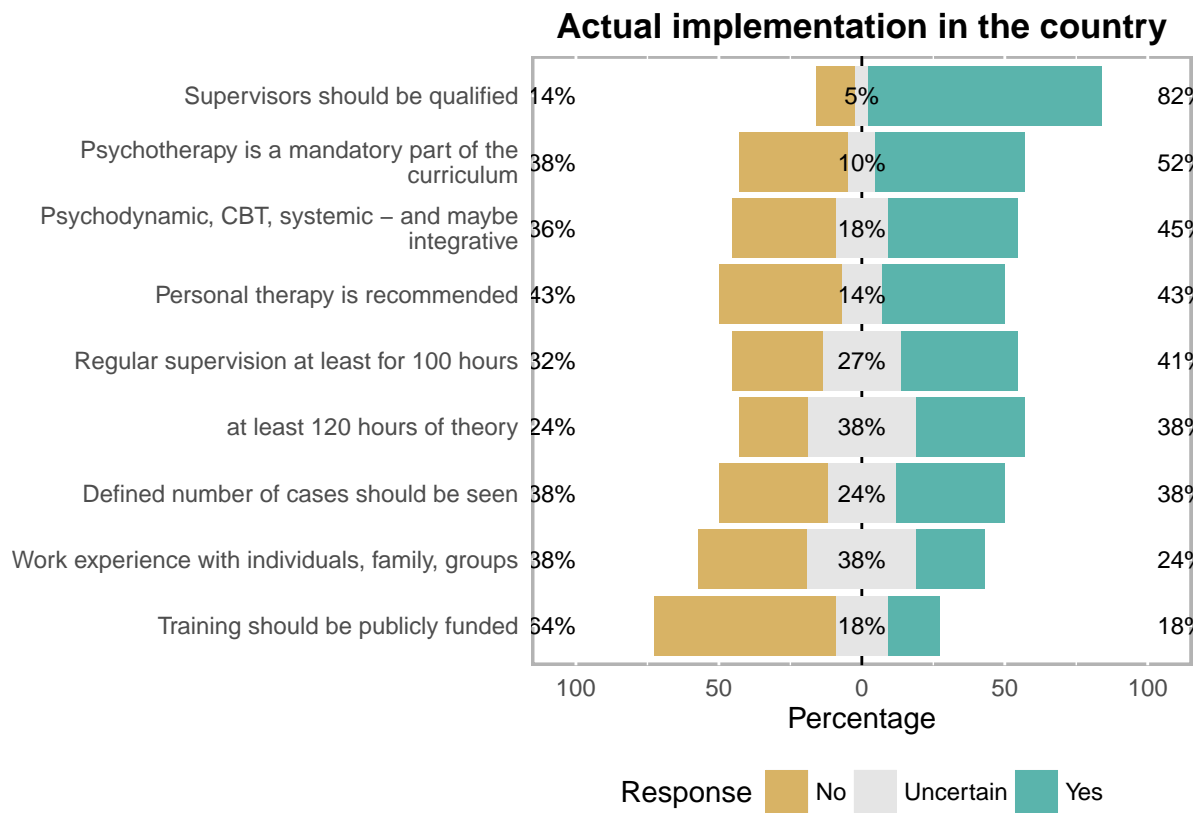


For annual salary do you intend to spend on funding your psychotherapy training In t

## Satisfaction group

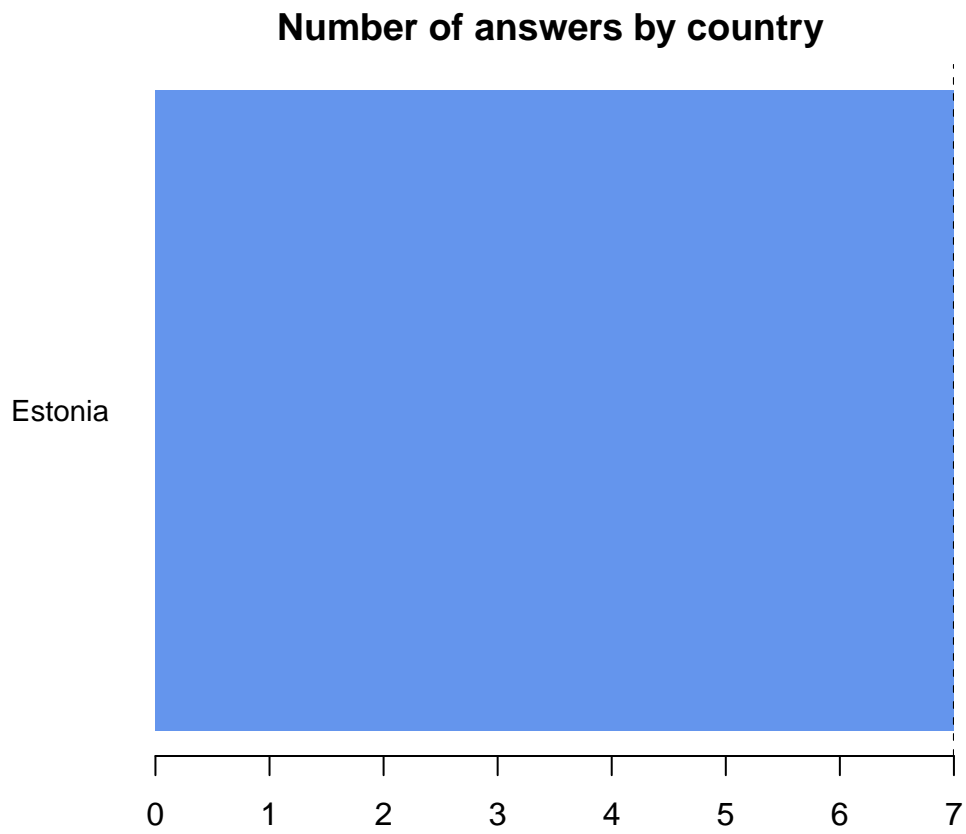


## UEMS recommendations awareness



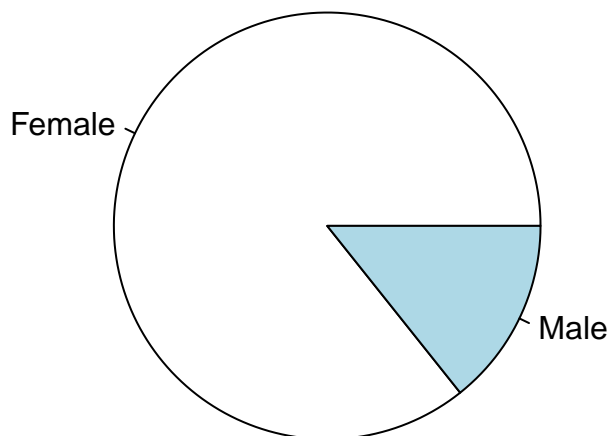
## Estonia results

Number of participants



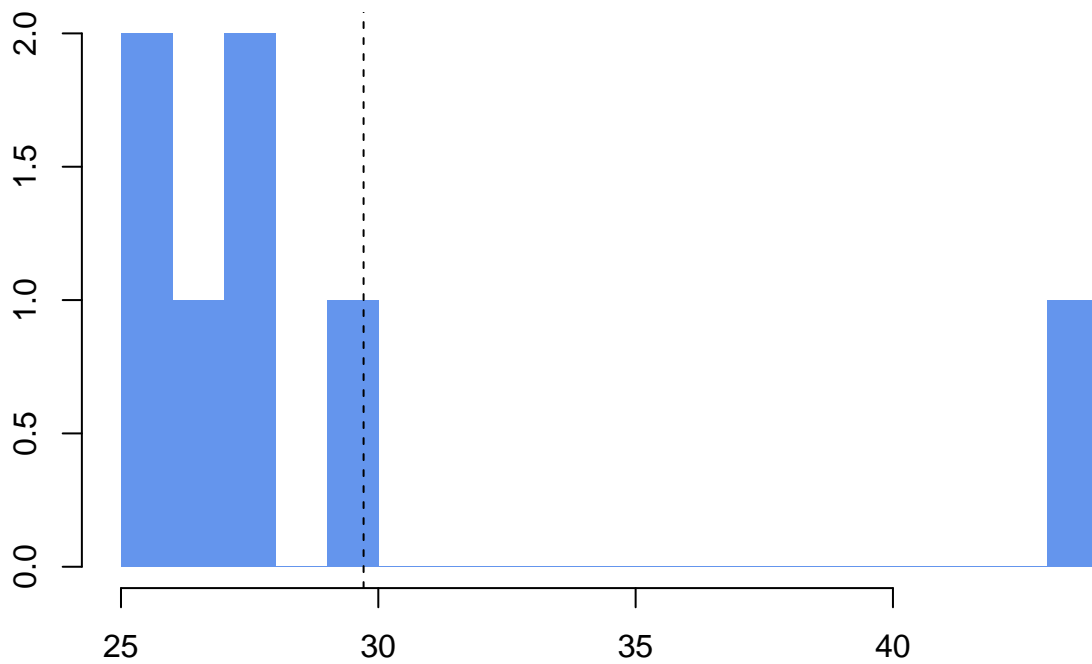
Gender

**Gender of participants in Europe reponses**



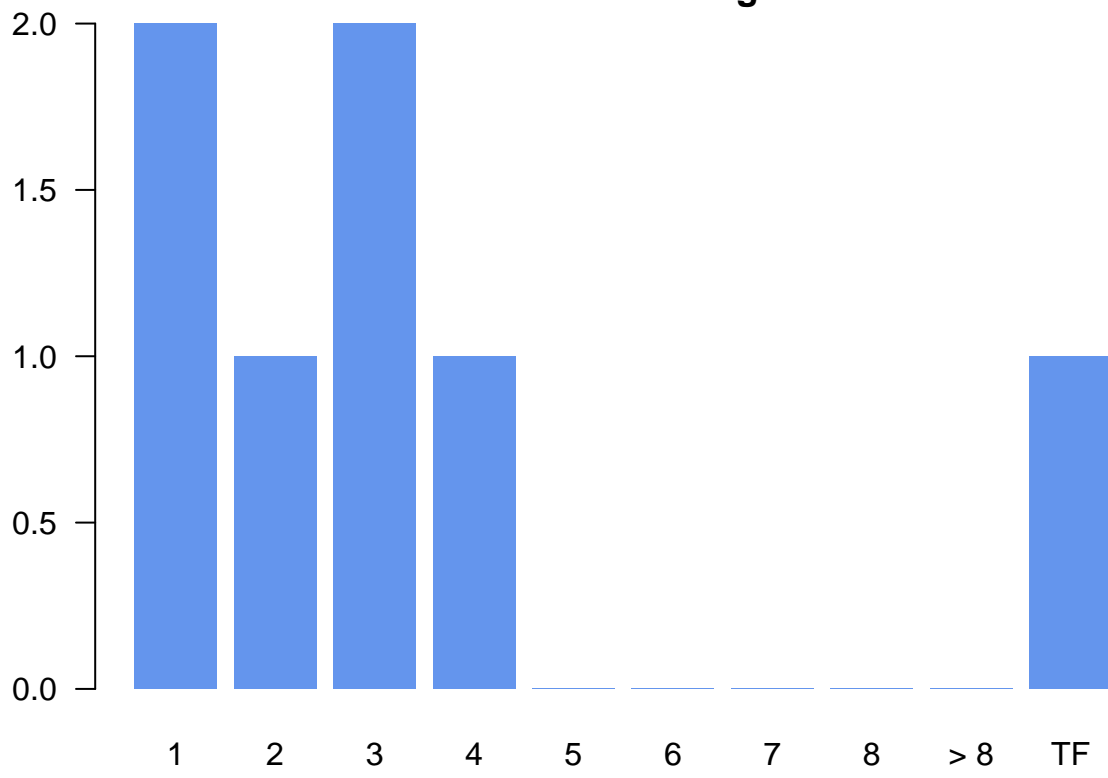
Age

**Age distribution**



Year in Training

**Year of training**



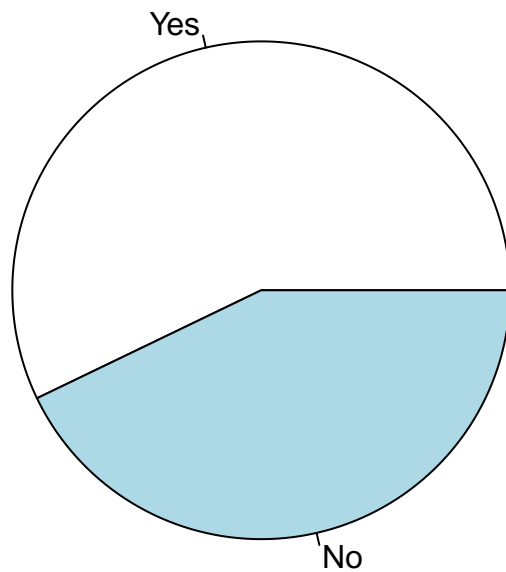
training finished

>TF for

Are you receiving personal psychotherapy or have you received it in the past?

```
##
##      Yes      No
## 0.5714286 0.4285714
```

**Receiving personal psychotherapy (present or past)**

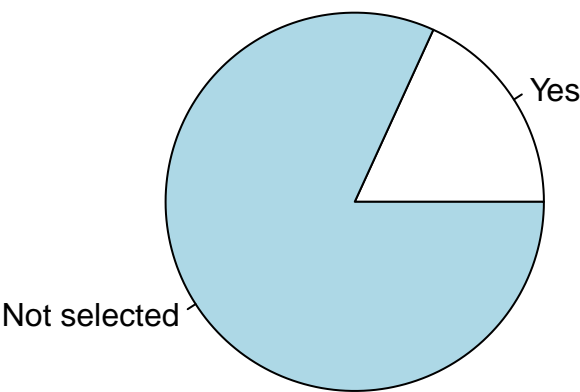


I am undertaking training in Psychotherapy on my own initiative

```
##
##      Yes Not selected
##      2      9
```

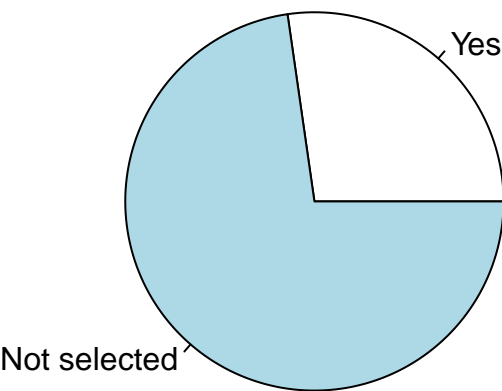
```
##
##      Yes Not selected
## 0.1818182 0.8181818
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

**I am not undertaking any training in Psychotherapy**



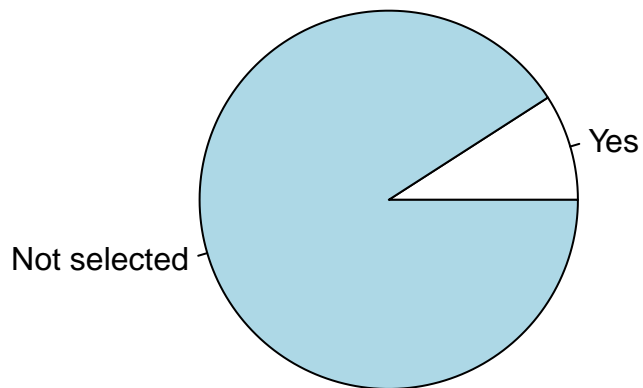
Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

**I have completed full training in a Psychotherapy specialty in the past**

##		
##	Yes	Not selected
##	0.09090909	0.90909091



## Completed a full training in a Psychotherapy (past)

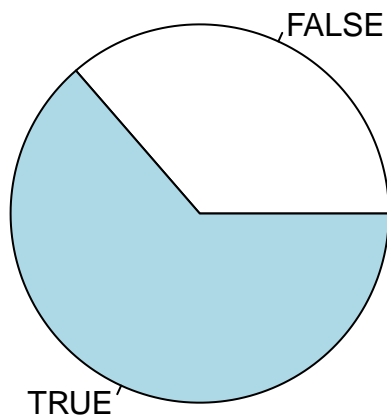


## I am training in some modality

```
##  
## FALSE TRUE  
## 4 7
```

```
##  
## FALSE TRUE  
## 0.3636364 0.6363636
```

## I am training in some modality of psychotherapy

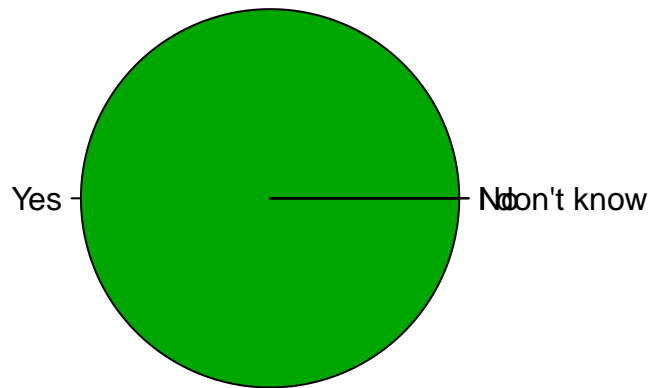


## Is psychotherapy important for your identity as a psychiatrist ?

```
##  
## Yes No I don't know  
## 7 0 0
```

##			
##	Yes	No	I don't know
##	1	0	0

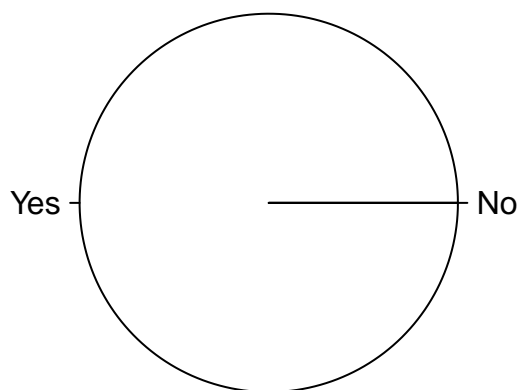
## Psychotherapy important for the professional identity



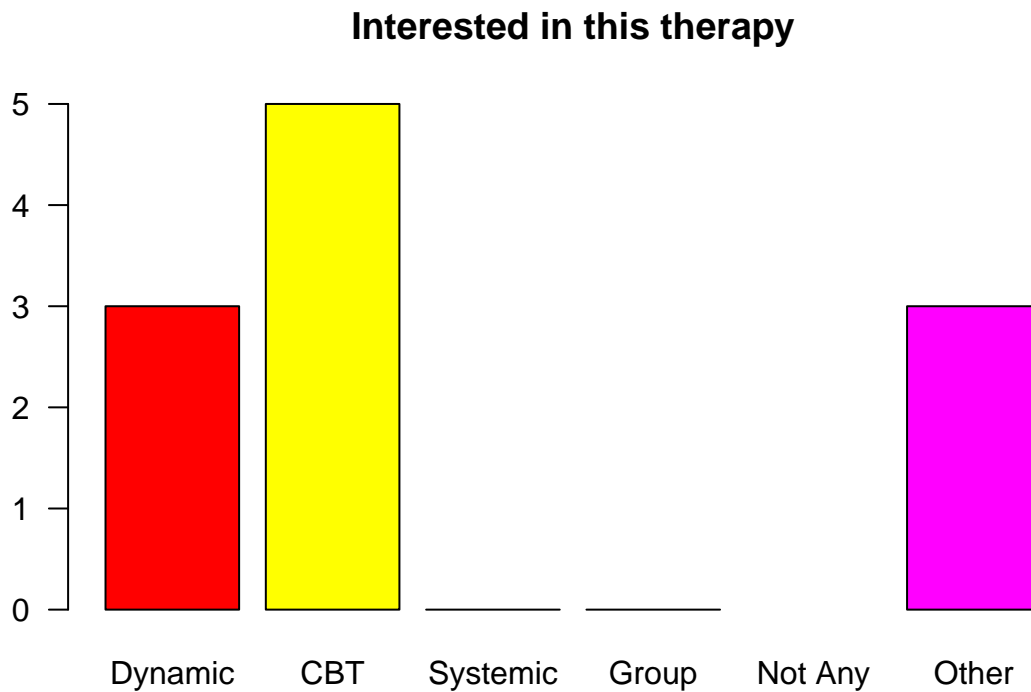
## Do you want to practise Psychotherapy ?

##		
##	Yes	No
##	1	0

## Plan to practise Psychotherapy after training



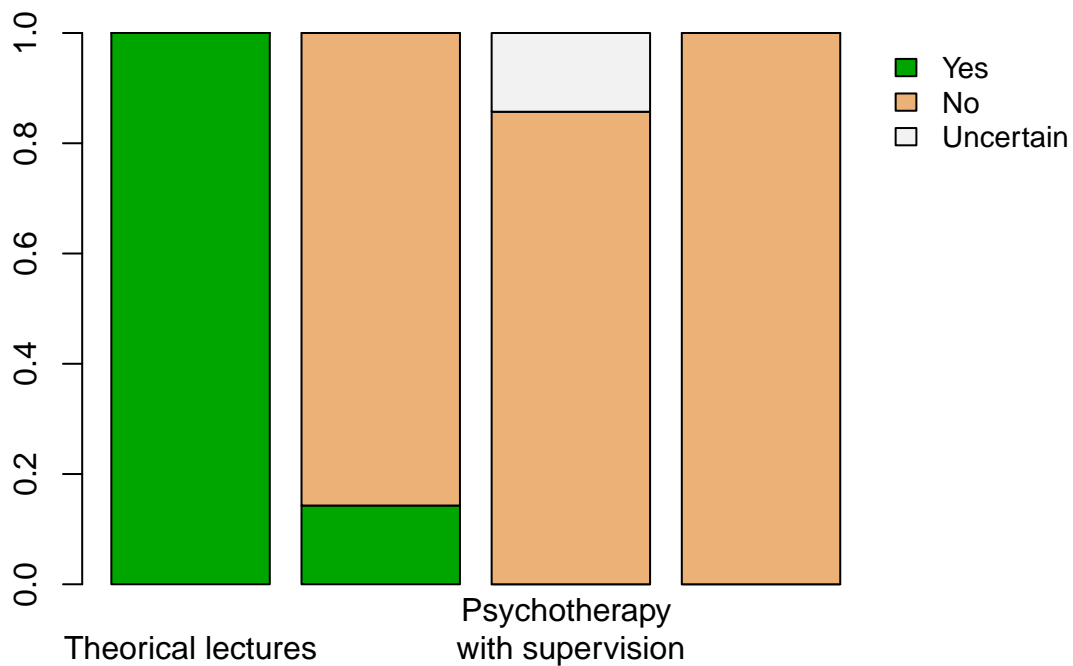
Are you interested in this psychotherapy?



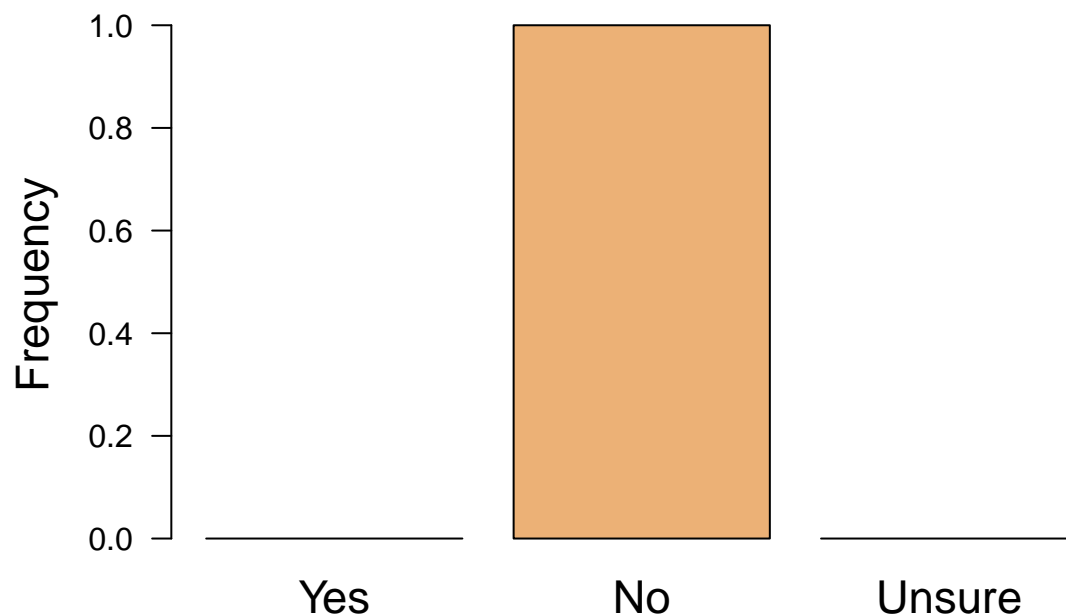
**“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”**

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

**The following experience in psychotherapy  
is a mandatory part of my training in Psychiatry**

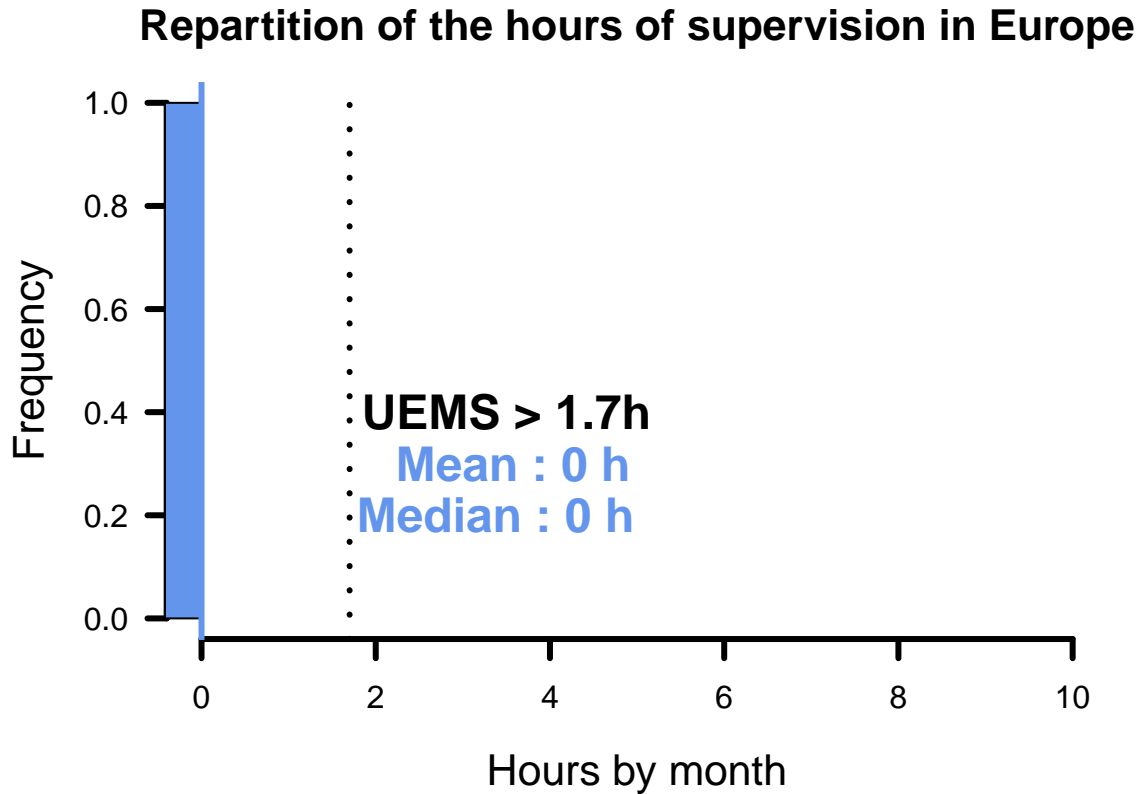


**Are you qualified  
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

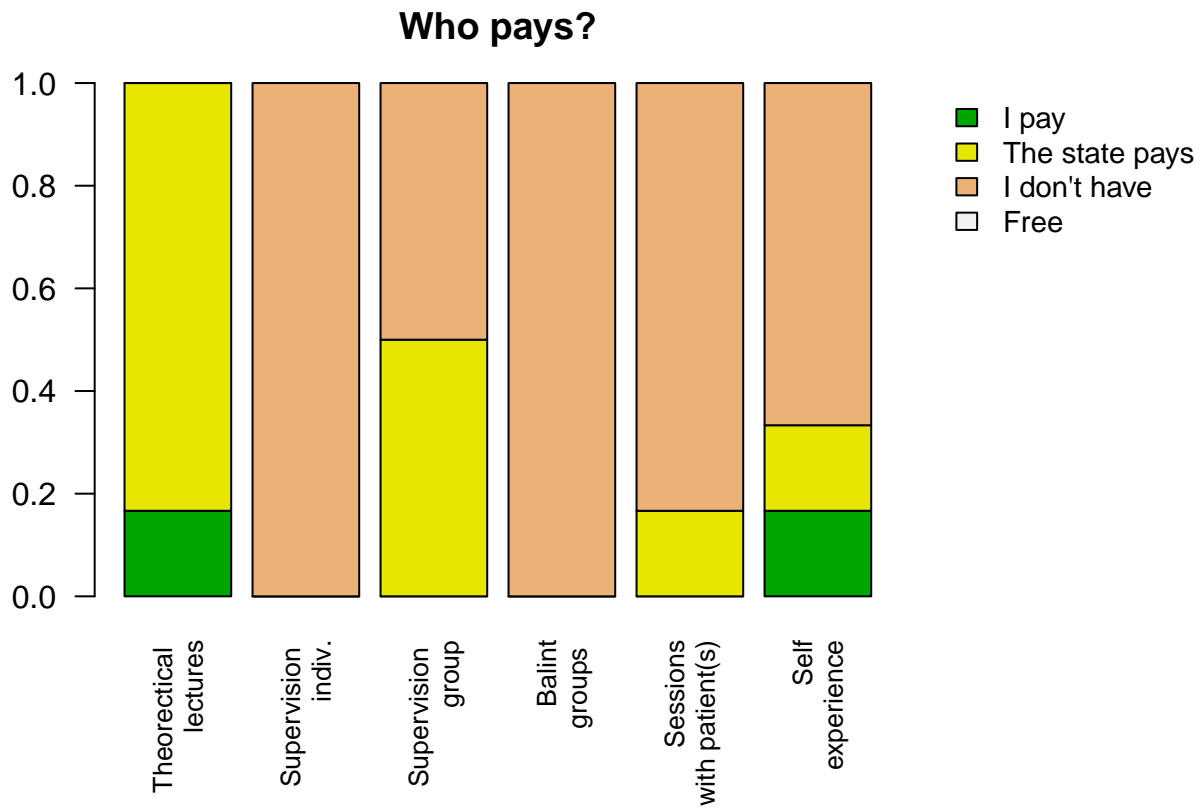
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Estonia_data$q_0015)
```

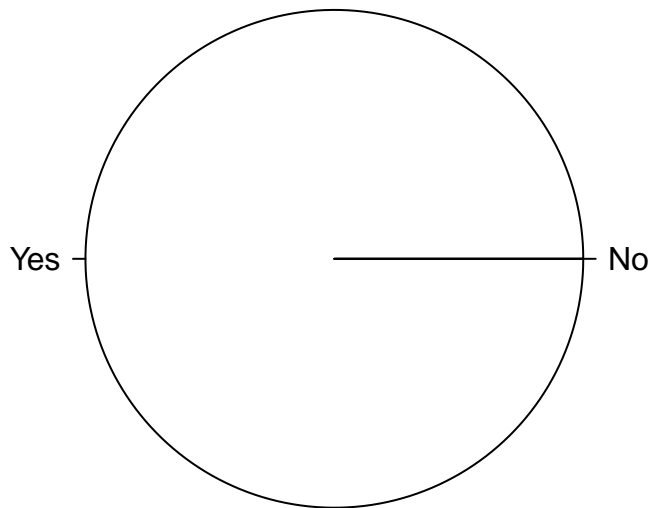
Who pays?



Would you train for free?

```
##
## Yes No
## 1 0
```

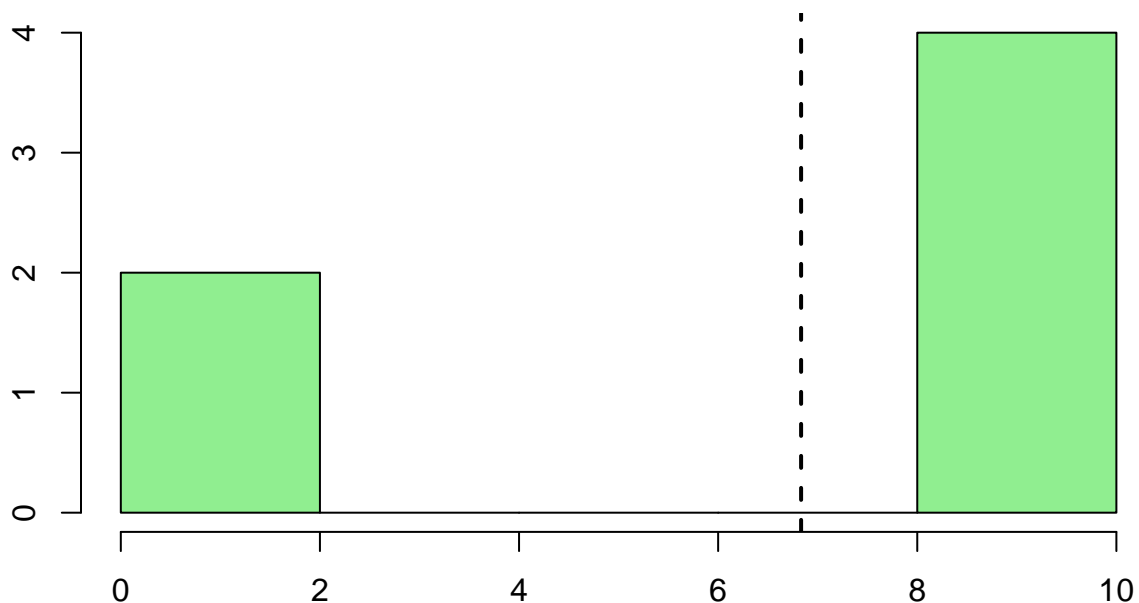
## Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

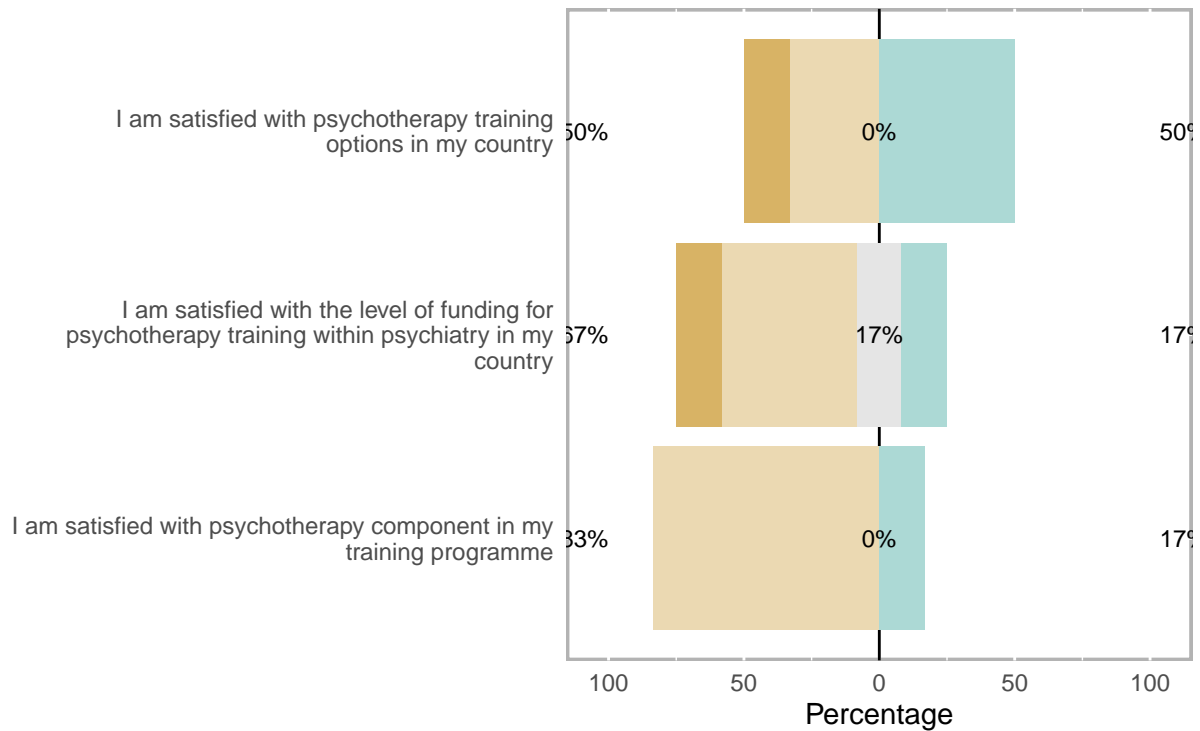
How much would you invest in psychotherapy training ?

## % of annual salary for psychotherapy training



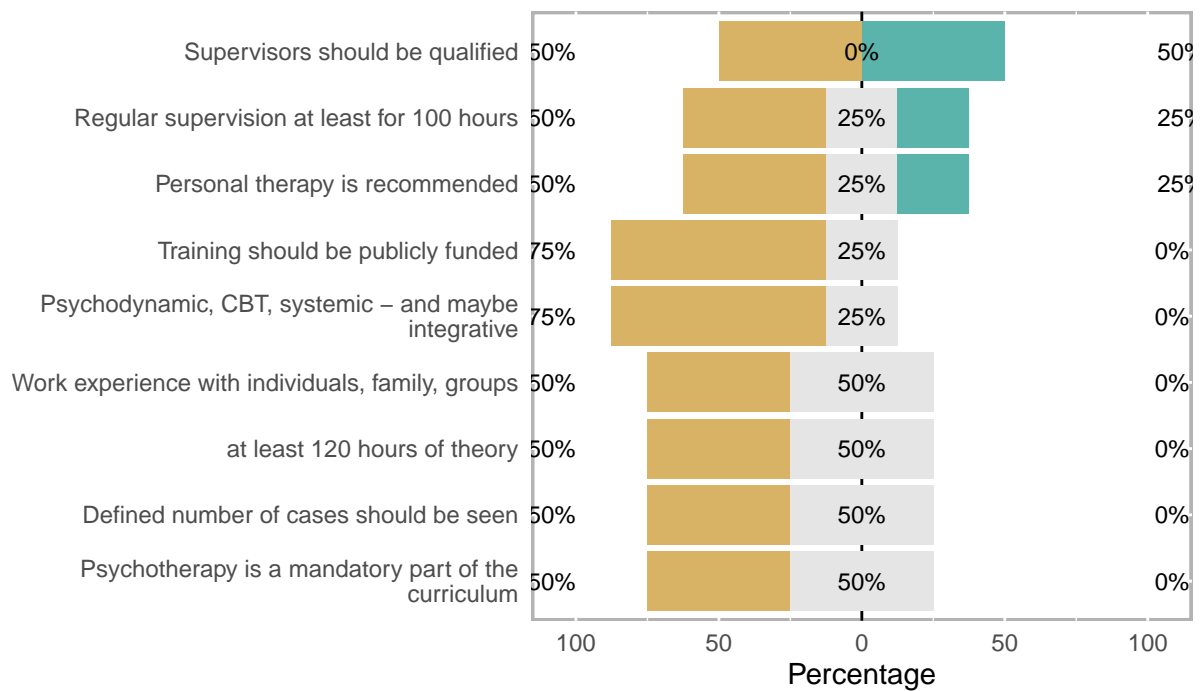
r annual salary do you intend to spend on funding your psychotherapy training In t

## Satisfaction group



Response Strongly Disagree Disagree Neutral Agree

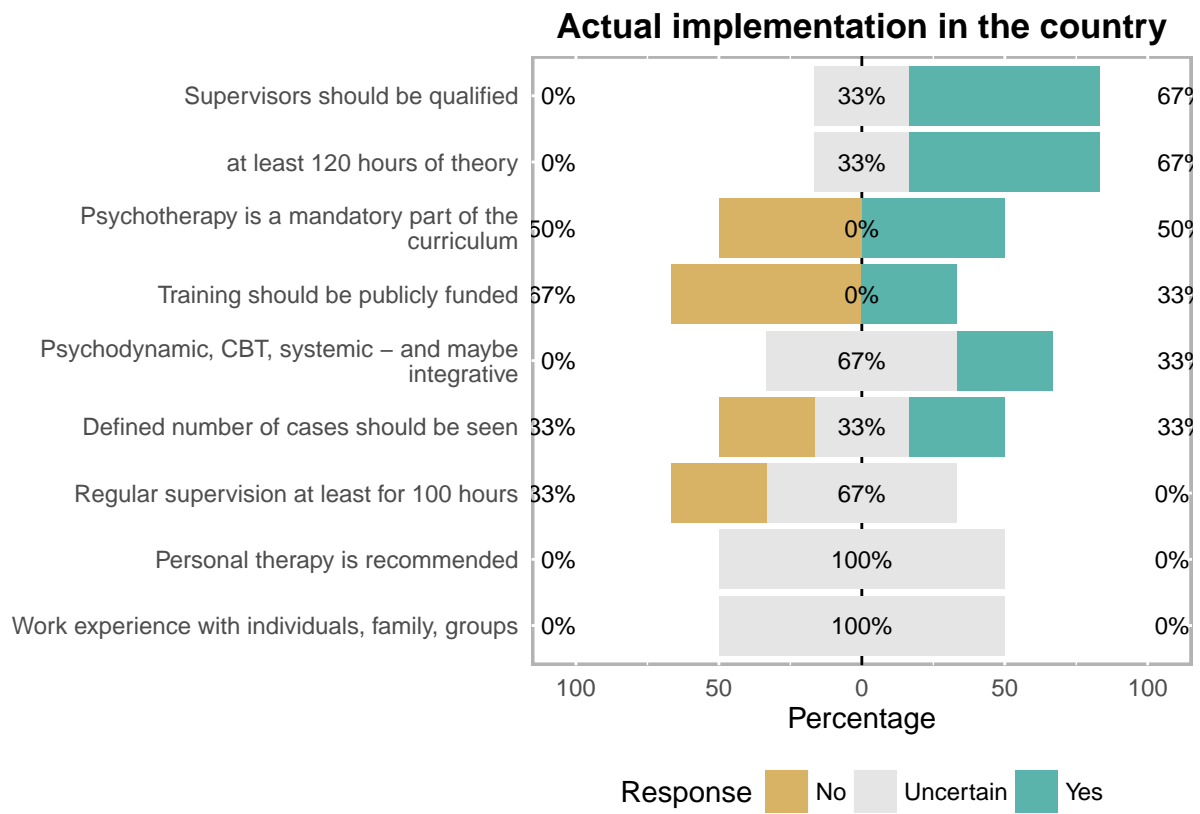
## Awareness of UEMS recommendations



Response No Uncertain Yes

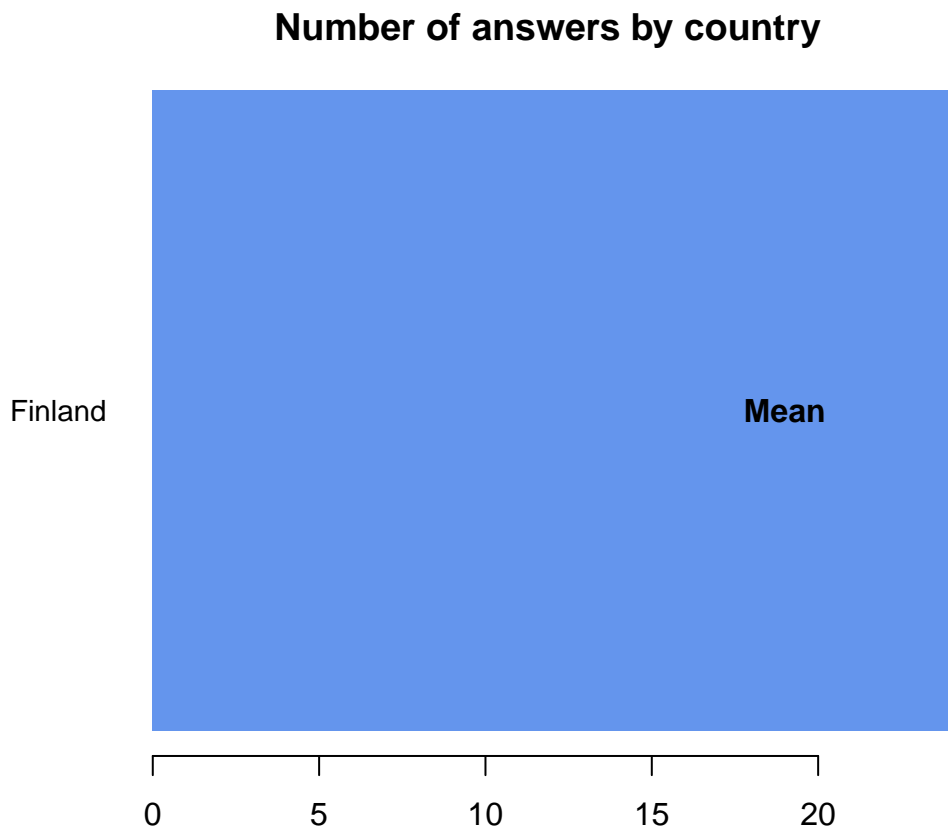


## UEMS recommendations awareness



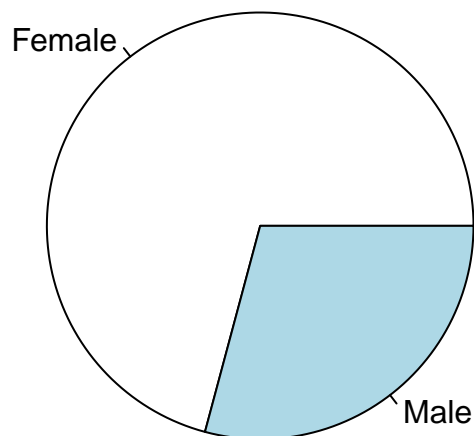
## Finland results

Number of participants

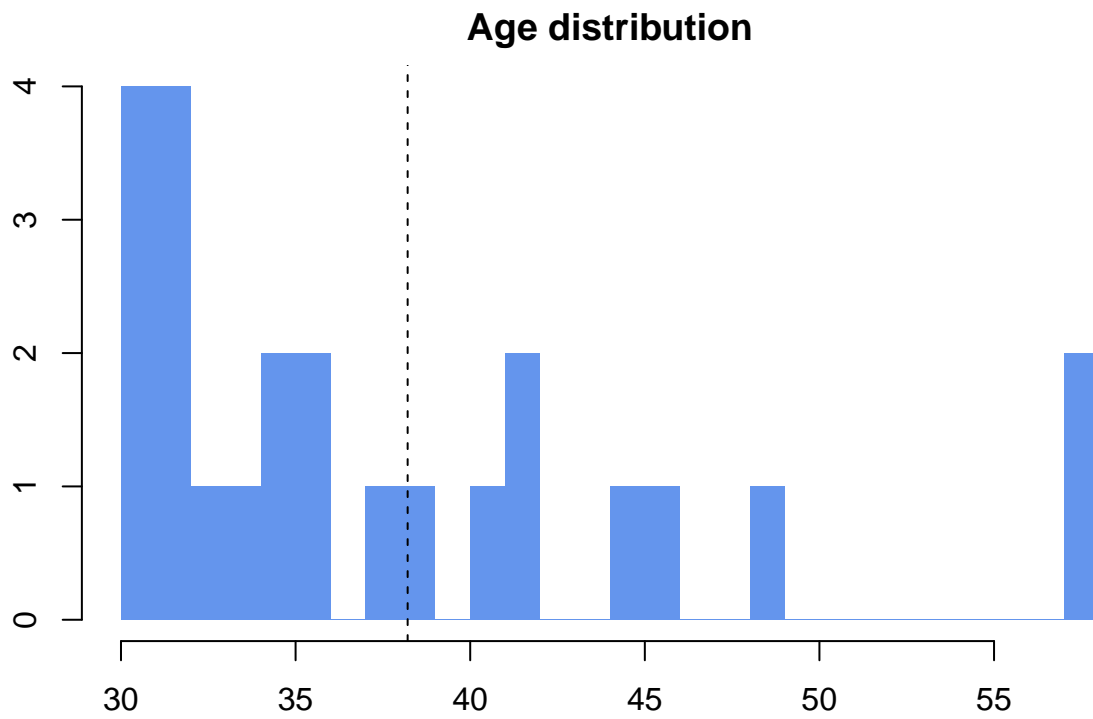


Gender

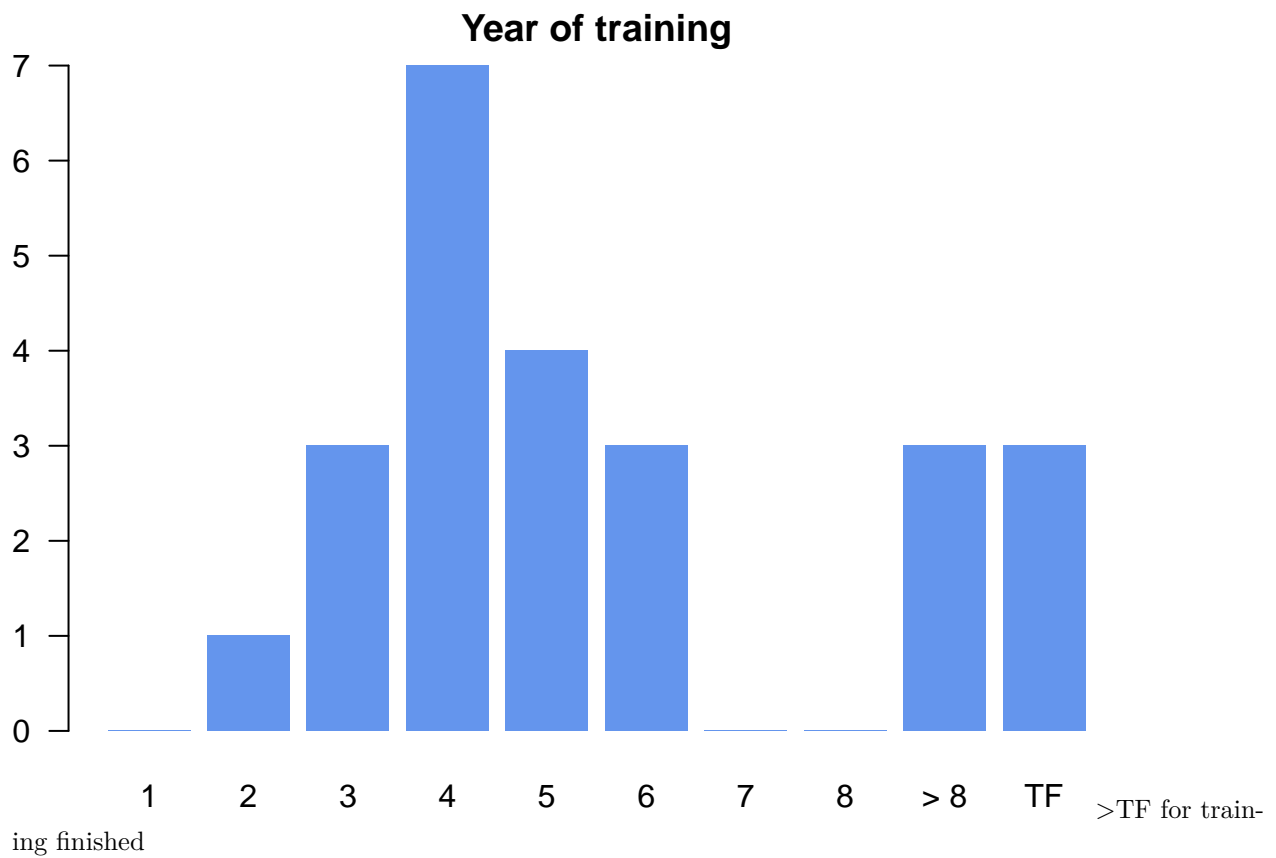
## Gender of participants in Europe reponses



Age



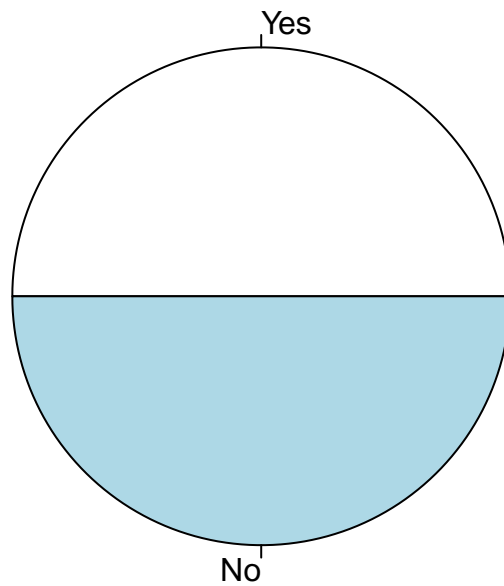
Year in Training



Are you receiving personal psychotherapy or have you received it in the past?

```
##
## Yes  No
## 0.5 0.5
```

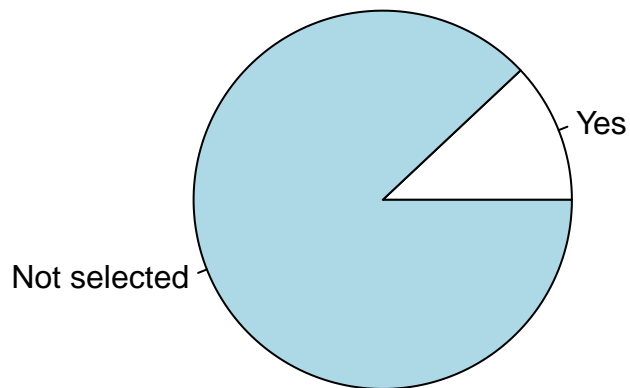
**Receiving personal psychotherapy (present or past)**



I am undertaking training in Psychotherapy on my own initiative

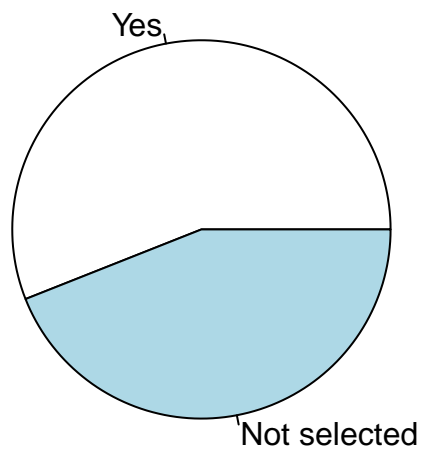
```
##
##      Yes Not selected
##      3      22
##
##      Yes Not selected
##      0.12    0.88
```

## Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

**I am not undertaking any training in Psychotherapy**

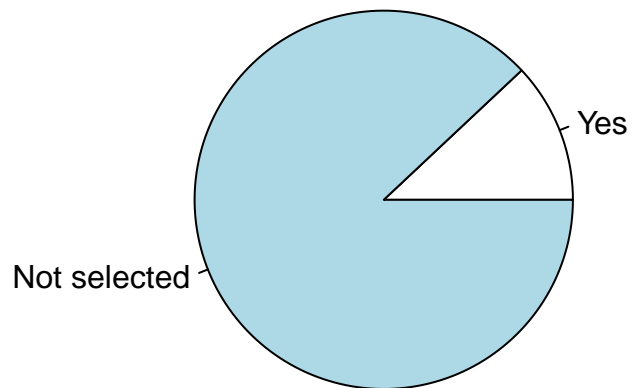


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

**I have completed full training in a Psychotherapy specialty in the past**

```
##
##      Yes Not selected
##      0.12      0.88
```

## Completed a full training in a Psychotherapy (past)

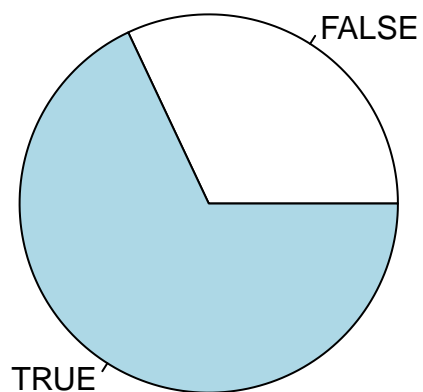


## I am training in some modality

```
##  
## FALSE TRUE  
##      8   17
```

```
##  
## FALSE TRUE  
## 0.32 0.68
```

## I am training in some modality of psychotherapy

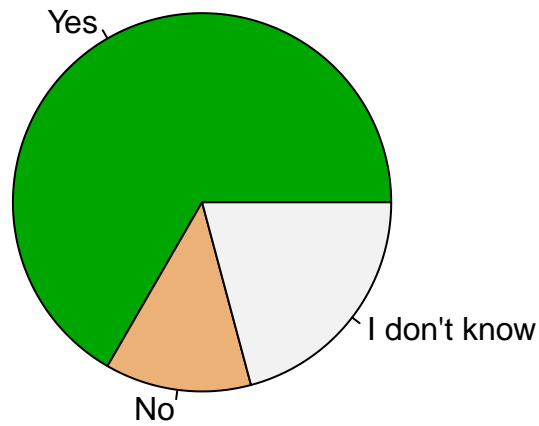


## Is psychotherapy important for your identity as a psychiatrist ?

```
##  
##      Yes      No I don't know  
##      16         3         5
```

```
##
##      Yes      No I don't know
## 0.6666667 0.1250000 0.2083333
```

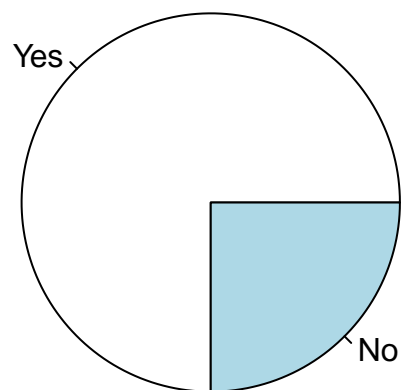
## Psychotherapy important for the professional identity



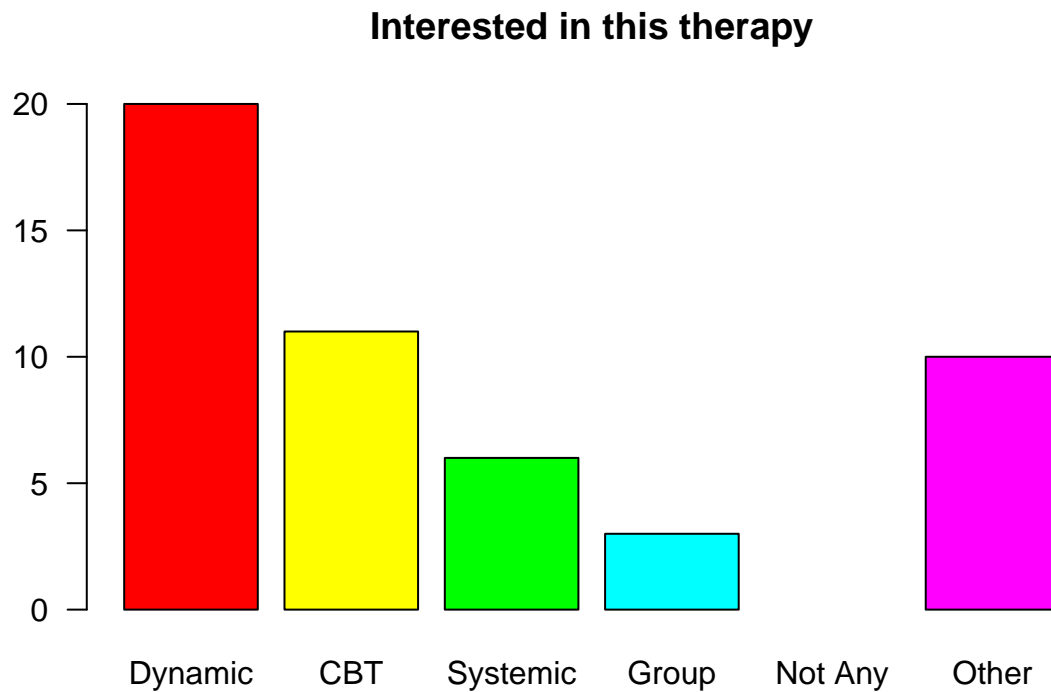
## Do you want to practise Psychotherapy ?

```
##
## Yes No
## 0.75 0.25
```

## Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

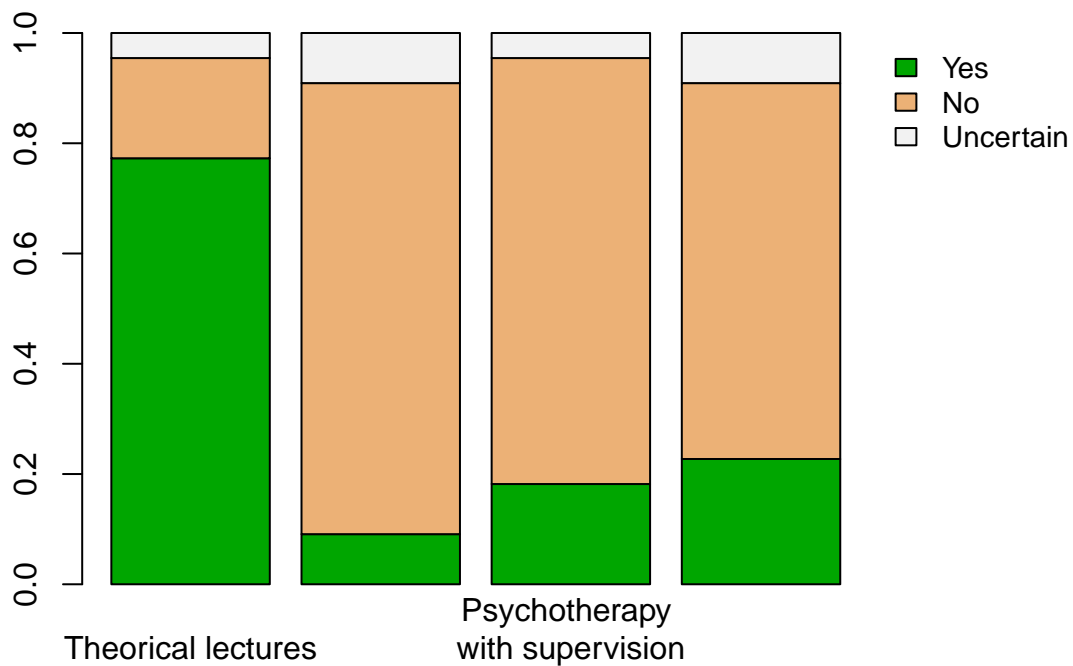


**“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”**

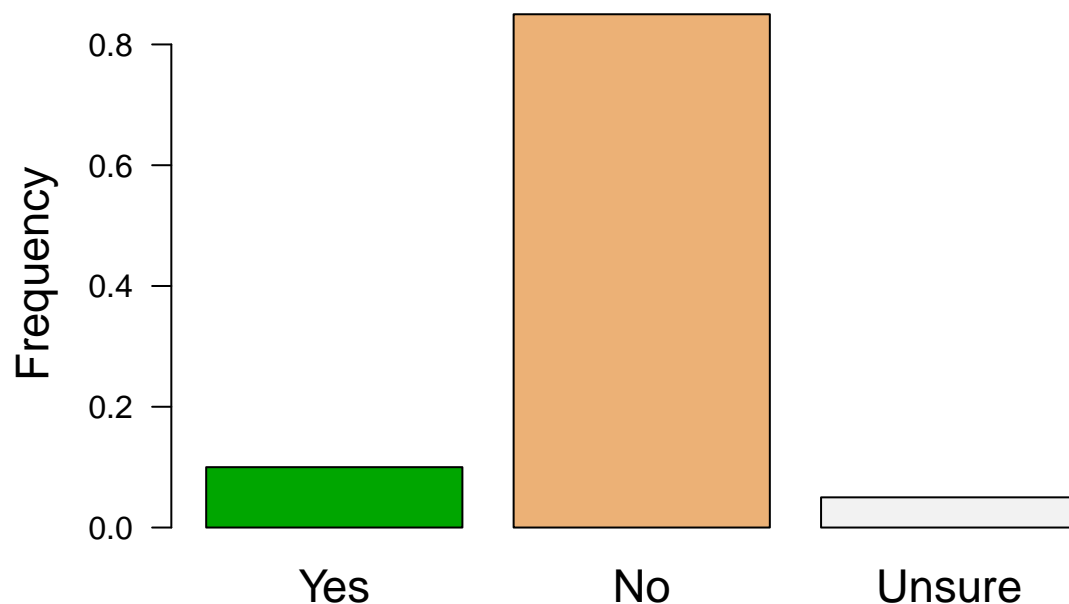
UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.



**The following experience in psychotherapy  
is a mandatory part of my training in Psychiatry**

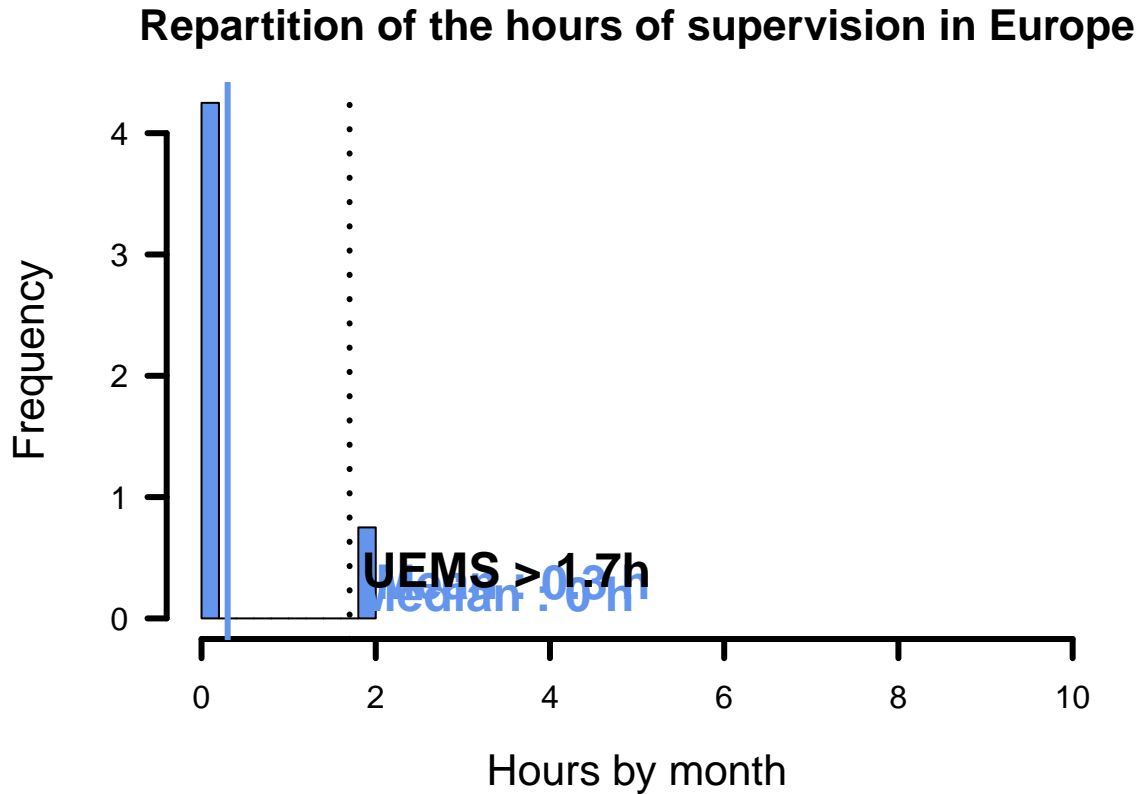


**Are you qualified  
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

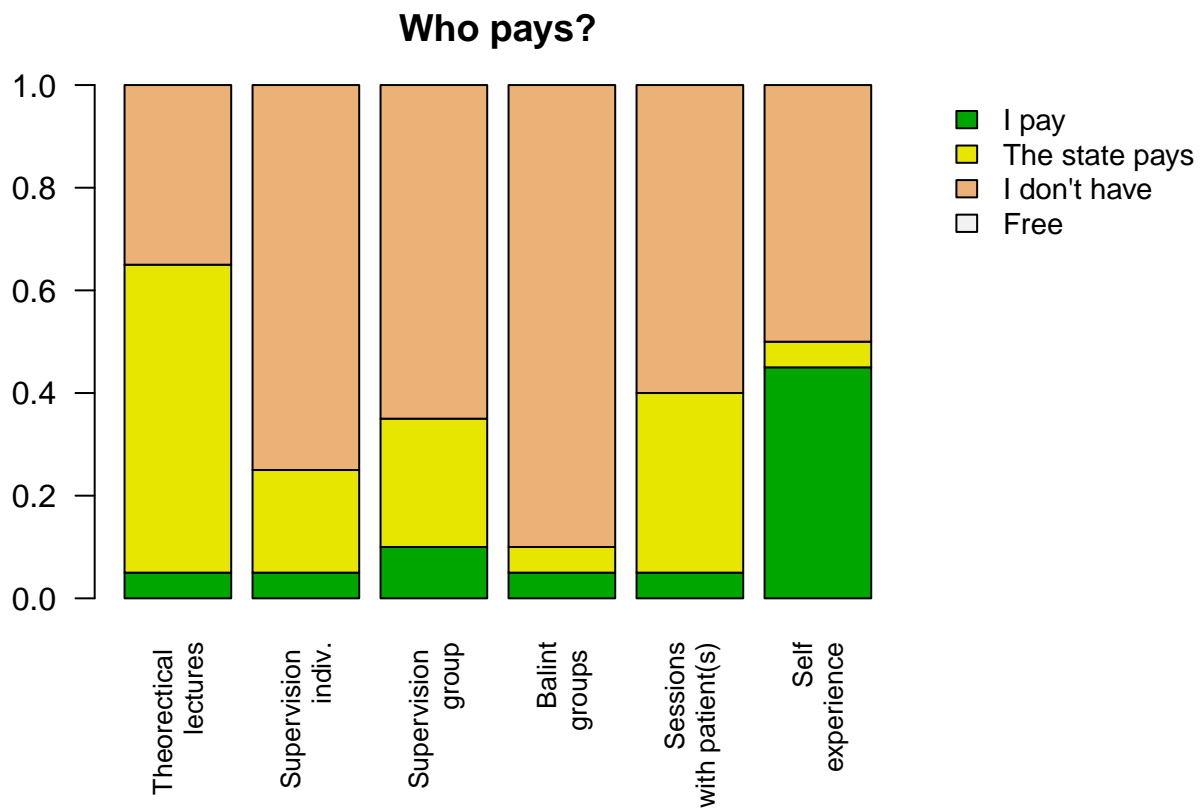
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Finland_data$q_0015)
```

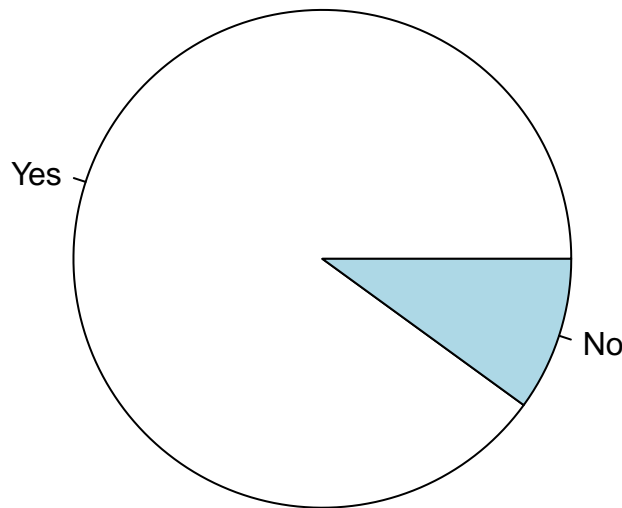
Who pays?



Would you train for free?

```
##
## Yes  No
## 0.9 0.1
```

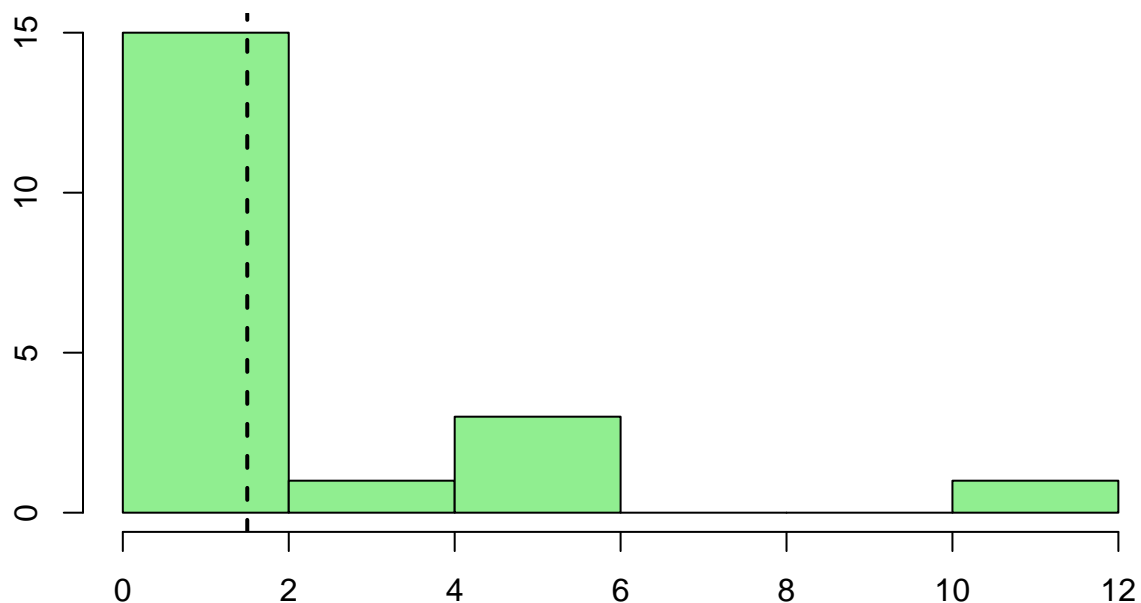
## Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

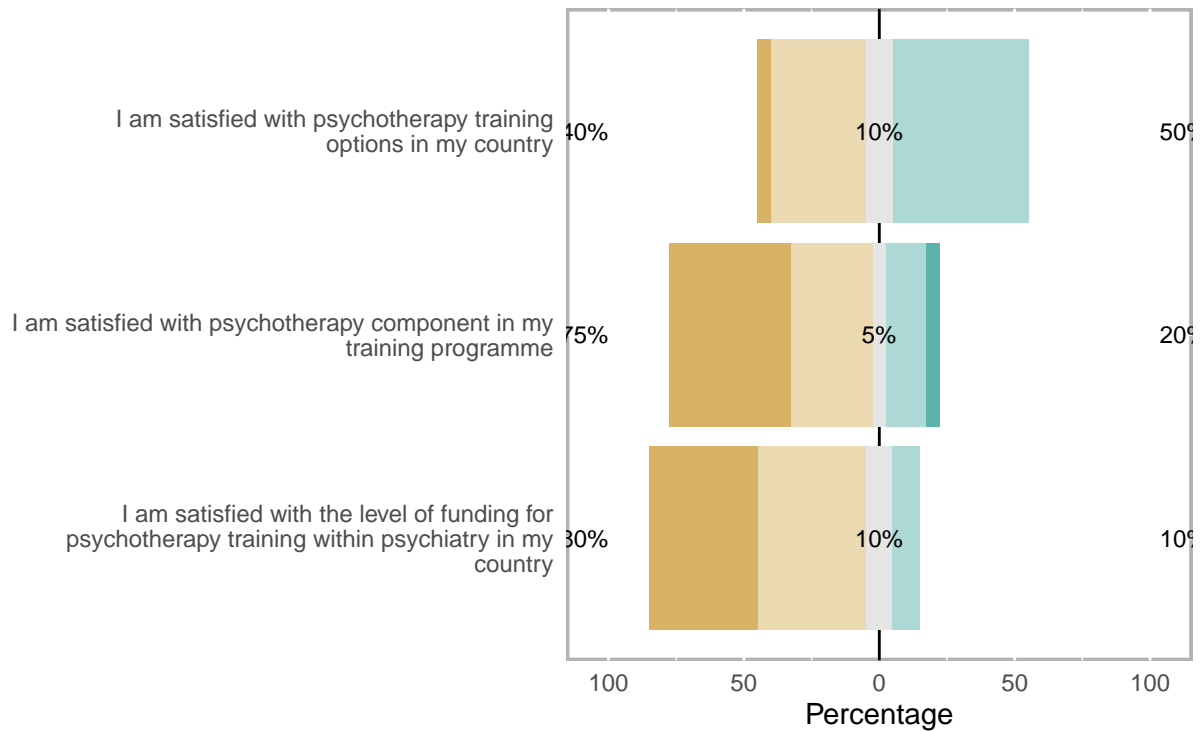
How much would you invest in psychotherapy training ?

## % of annual salary for psychotherapy training



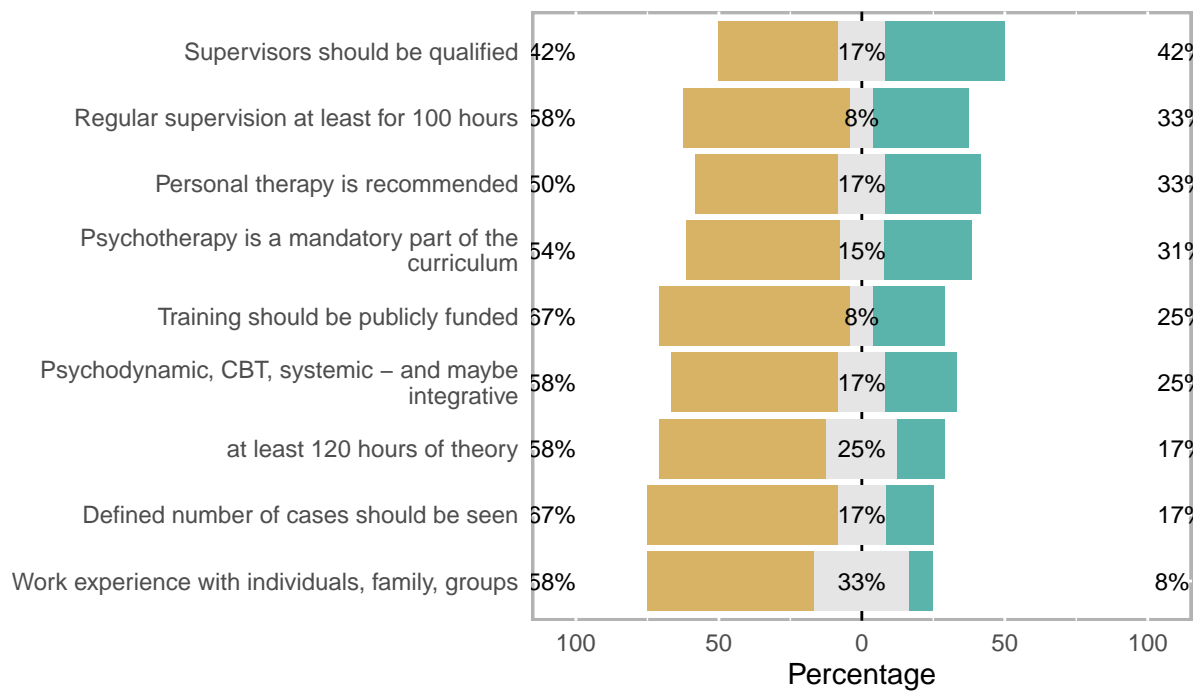
For annual salary do you intend to spend on funding your psychotherapy training In t

## Satisfaction group



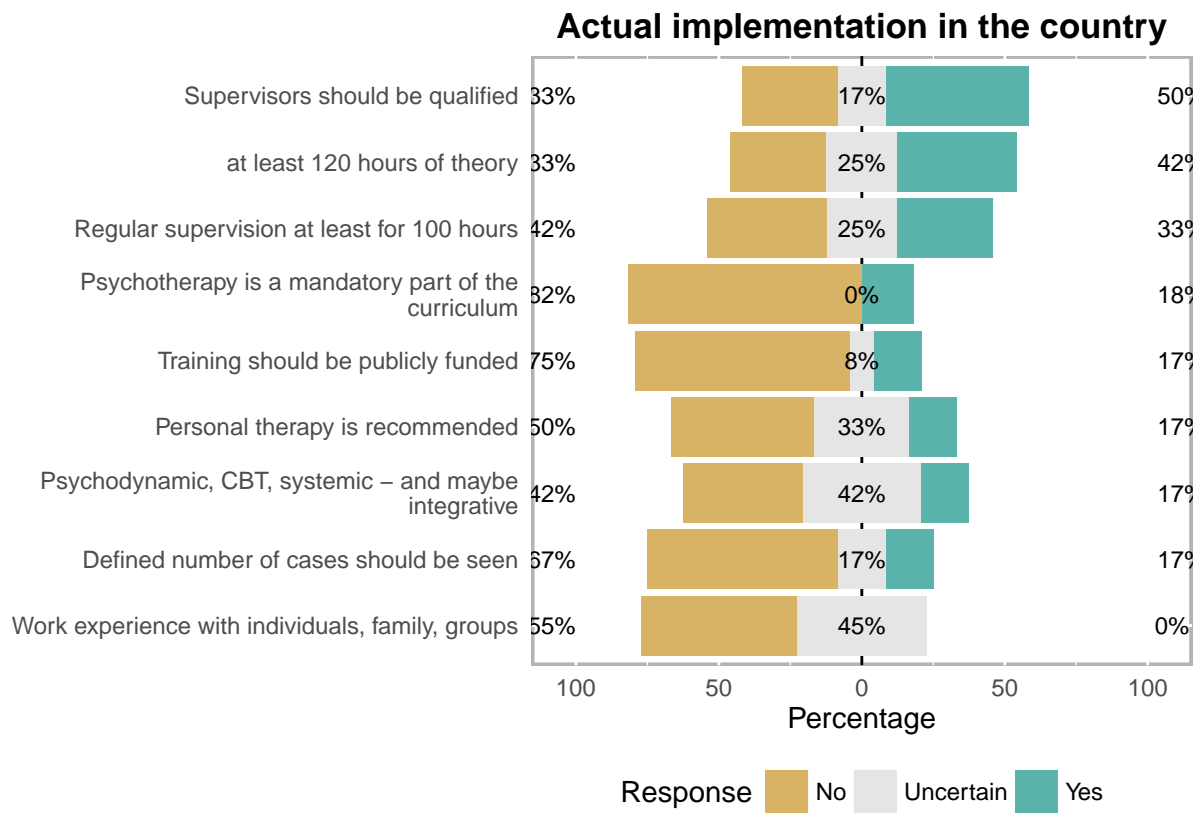
Response Strongly Disagree Disagree Neutral Agree

## Awareness of UEMS recommendations



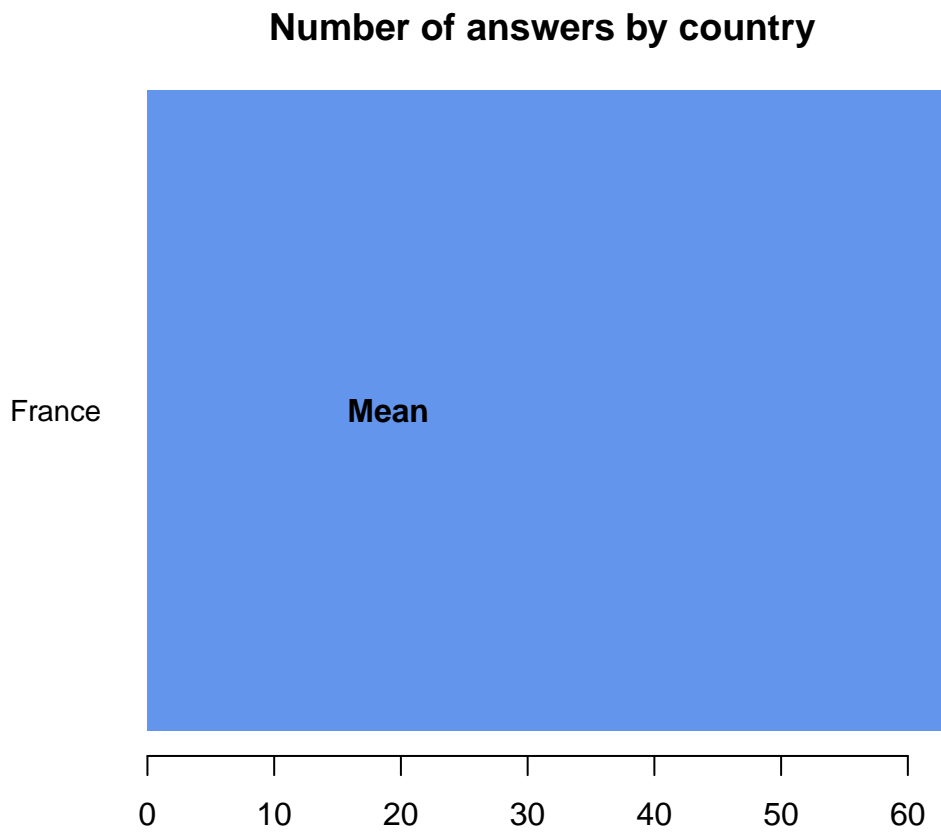
Response No Uncertain Yes

## UEMS recommendations awareness



## France results

Number of participants

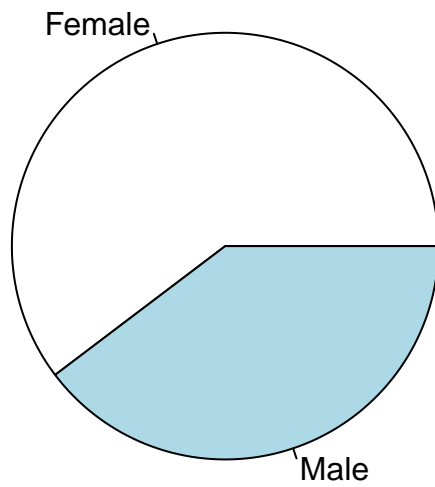


## France

## 63

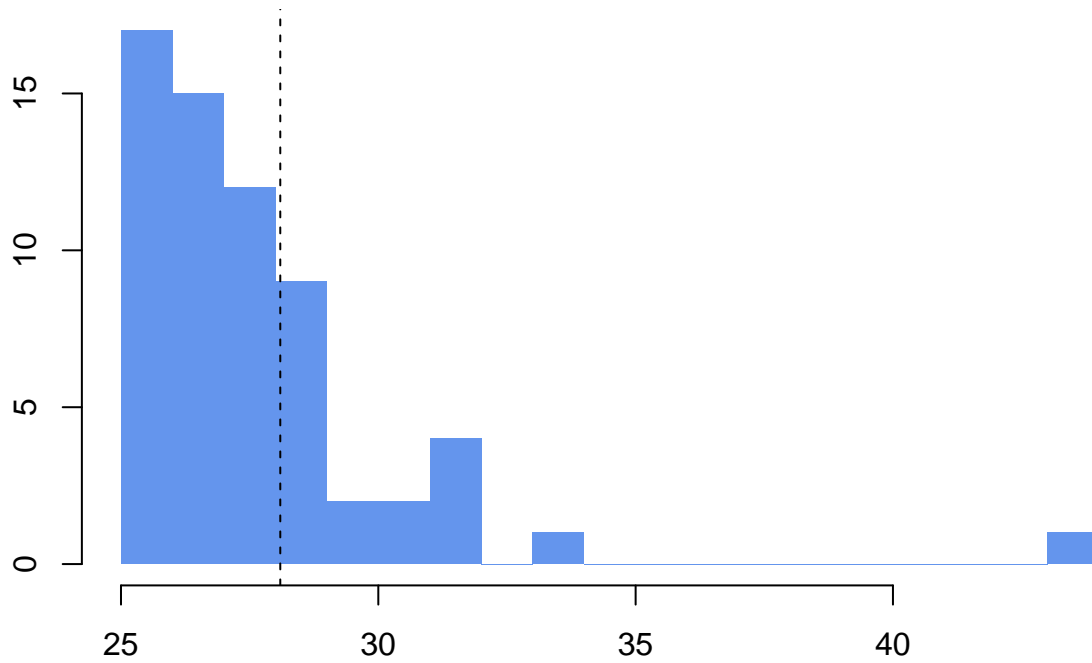
## Gender

### Gender of participants in Europe reponses



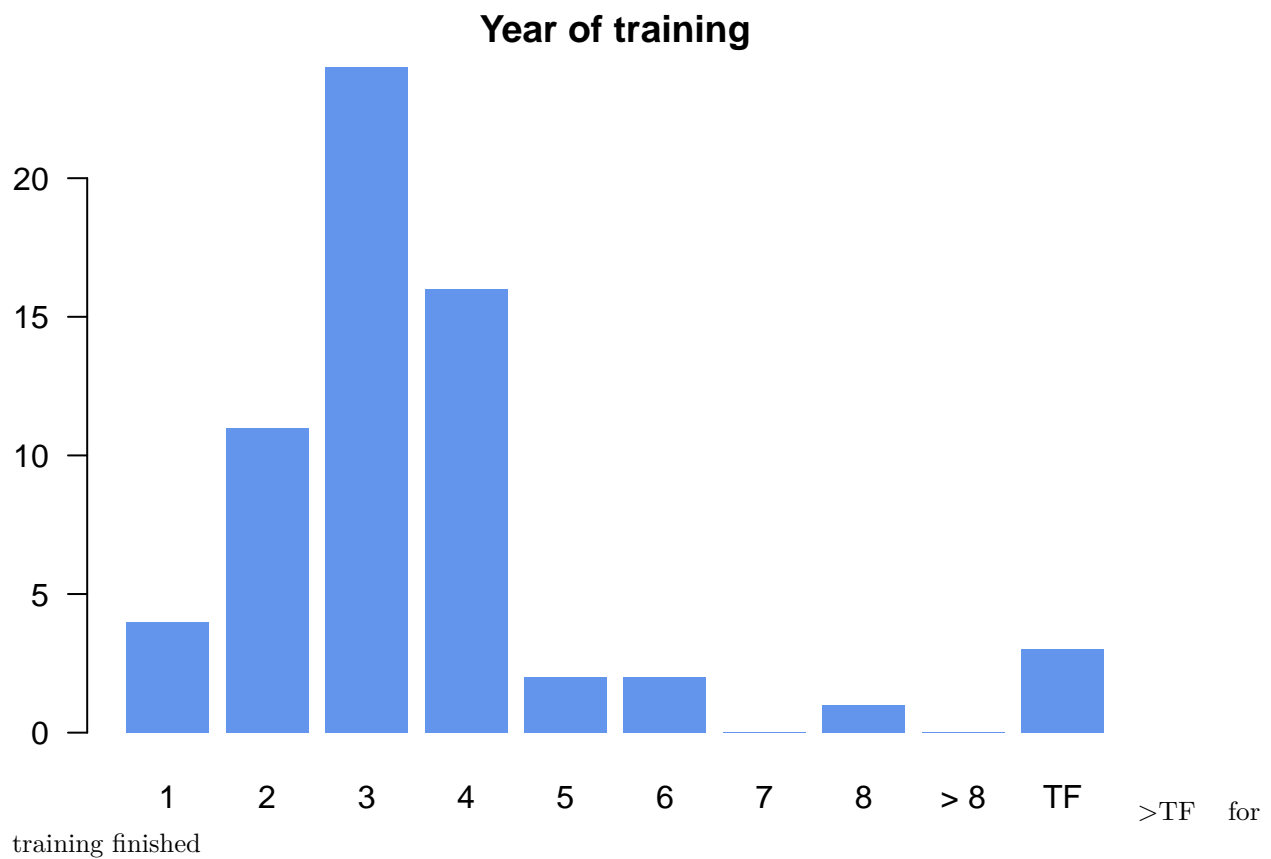
## Age

### Age distribution





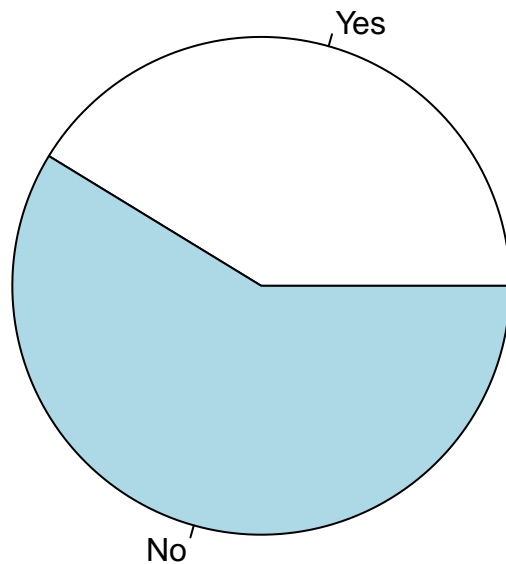
Year in Training



Are you receiving personal psychotherapy or have you received it in the past?

```
##
##      Yes      No
## 0.4126984 0.5873016
```

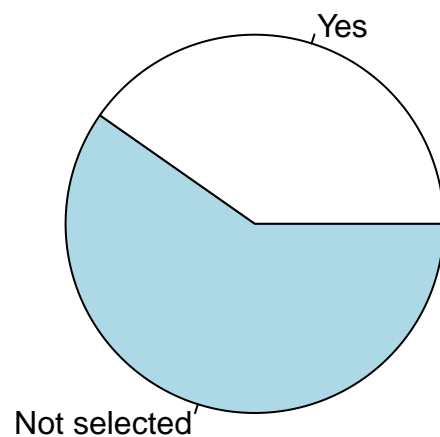
## Receiving personal psychotherapy (present or past)



## I am undertaking training in Psychotherapy on my own initiative

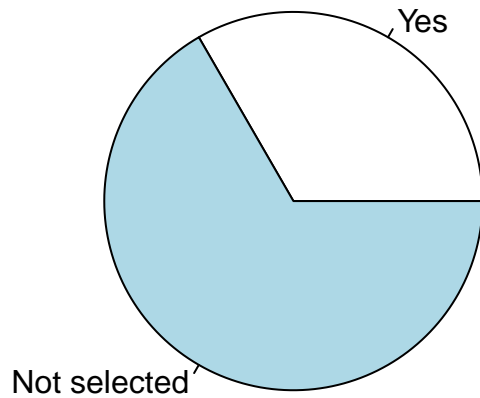
```
##
##      Yes Not selected
##      29      43
##
##
##      Yes Not selected
##      0.402778    0.597222
```

## Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

**I am not undertaking any training in Psychotherapy**

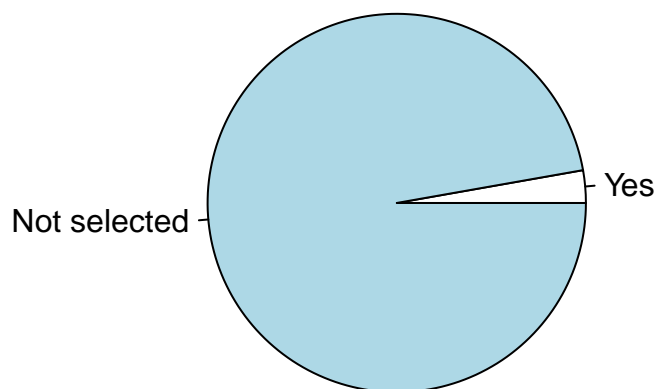


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##
##           Yes Not selected
## 0.02777778 0.97222222
```

**Completed a full training in a Psychotherapy (past)**

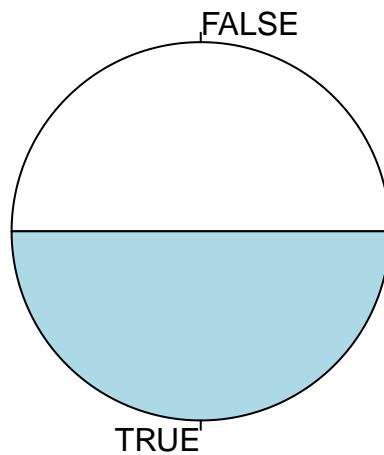


I am training in some modality

```
##
## FALSE TRUE
## 36 36
```

```
##
## FALSE  TRUE
##    0.5   0.5
```

**I am training in some modality of psychotherapy**



**Is psychotherapy important for your identity as a psychiatrist ?**

```
##
##      Yes      No I don't know
##      53       3         4
```

```
##
##      Yes      No I don't know
## 0.88333333 0.05000000 0.06666667
```

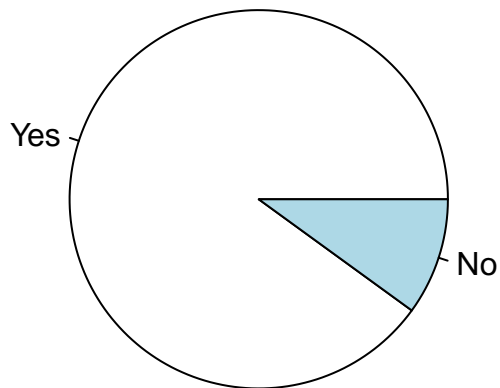
**Psychotherapy important for the professional identity**



Do you want to practise Psychotherapy ?

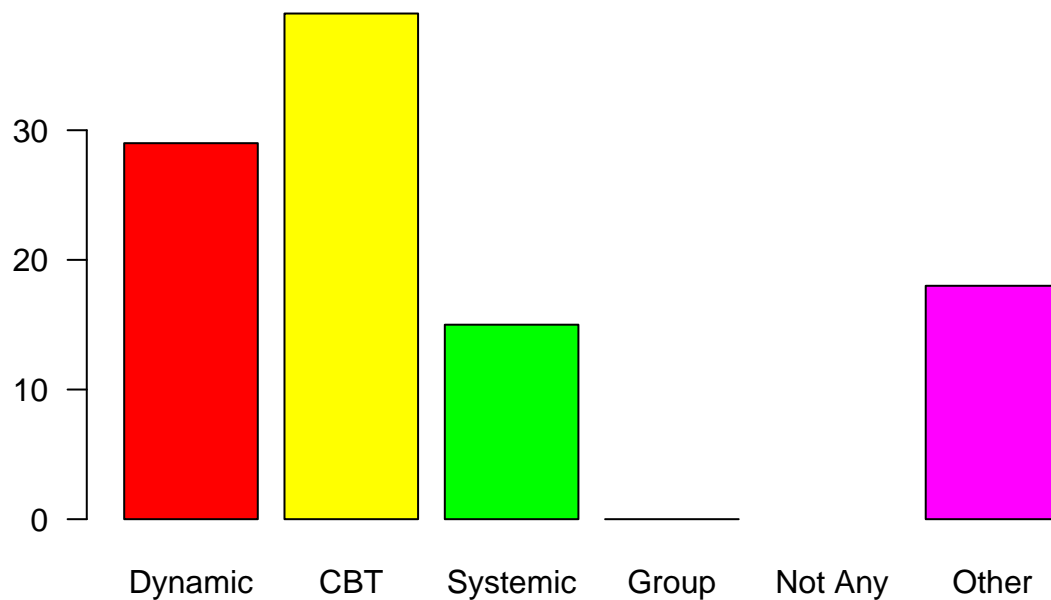
```
##
## Yes  No
## 0.9 0.1
```

**Plan to practise Psychotherapy after training**



Are you interested in this psychotherapy?

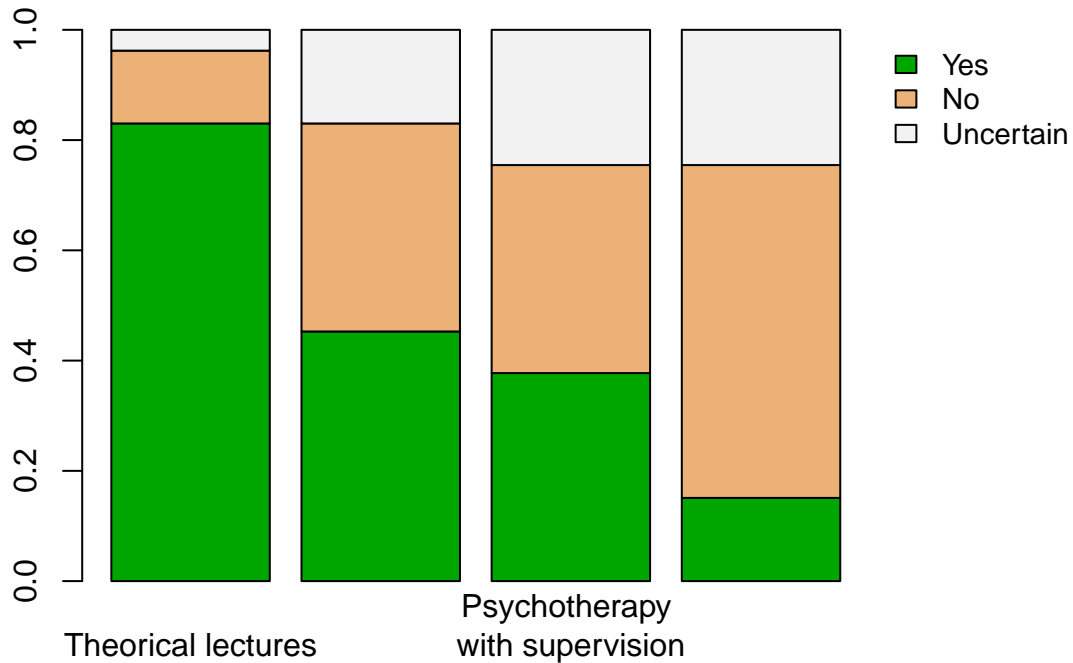
**Interested in this therapy**



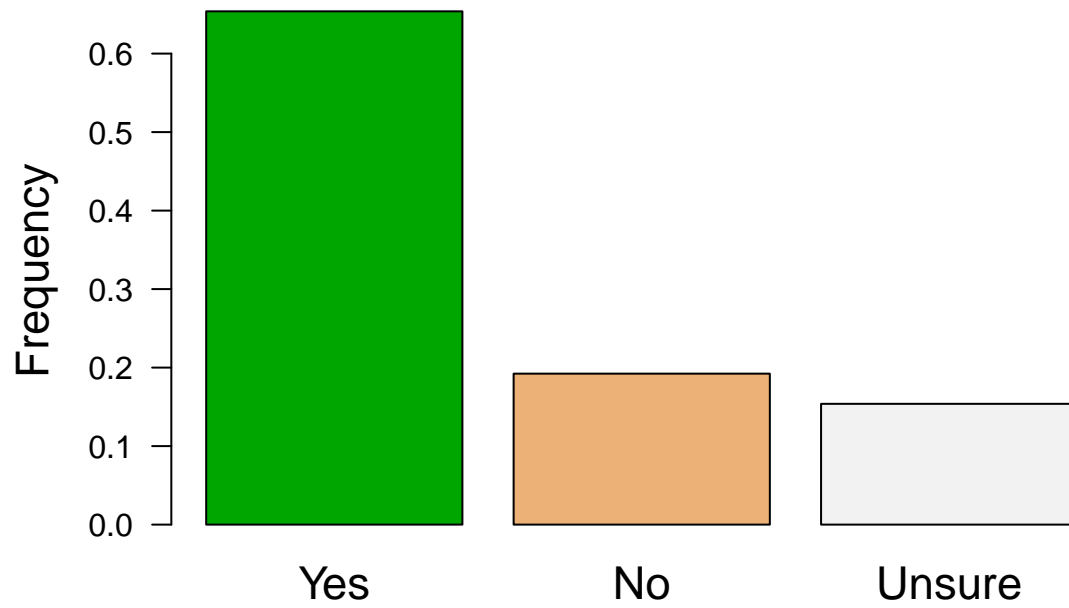
**“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”**

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

**The following experience in psychotherapy is a mandatory part of my training in Psychiatry**

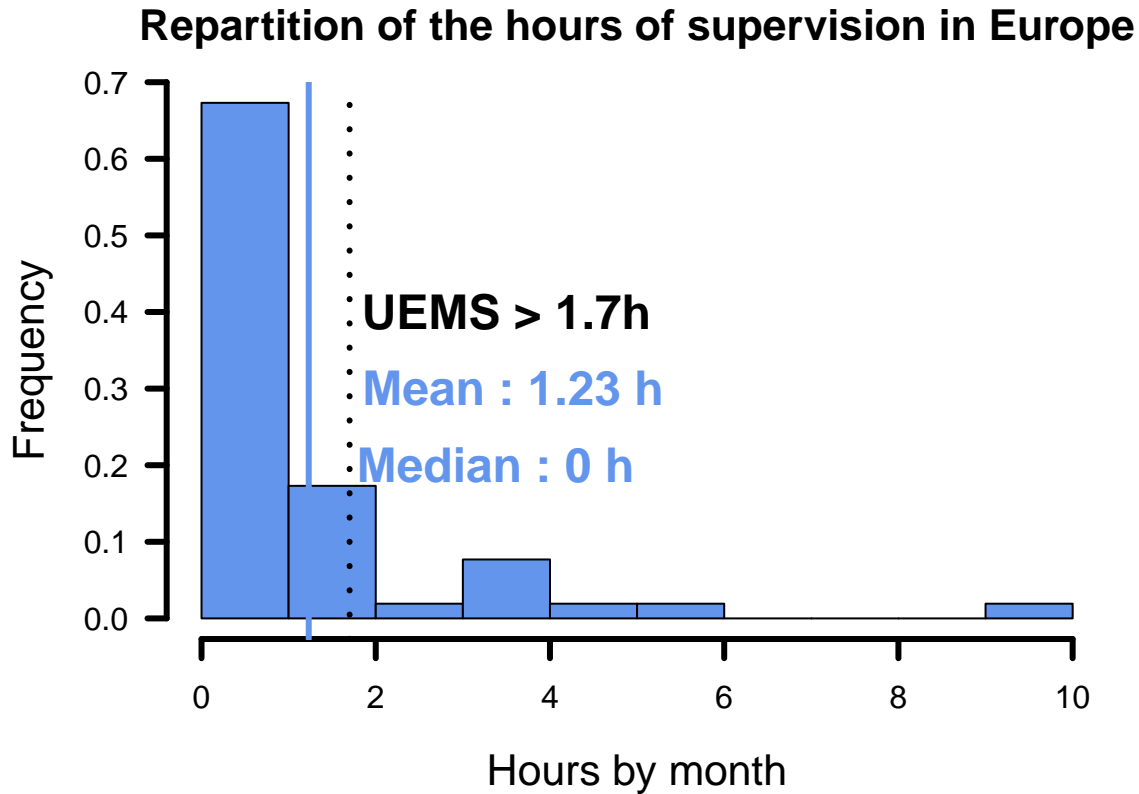


**Are you qualified  
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

How many hours of supervision

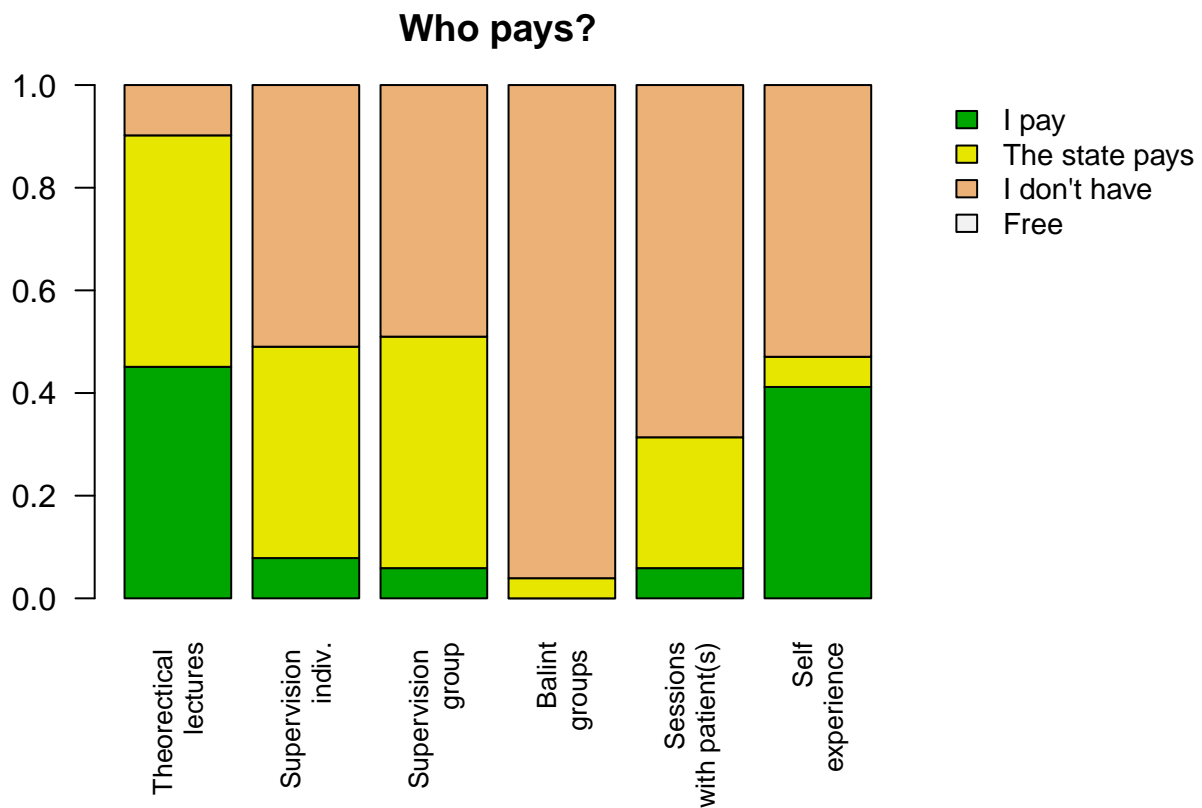


UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(France_data$q_0015)
```



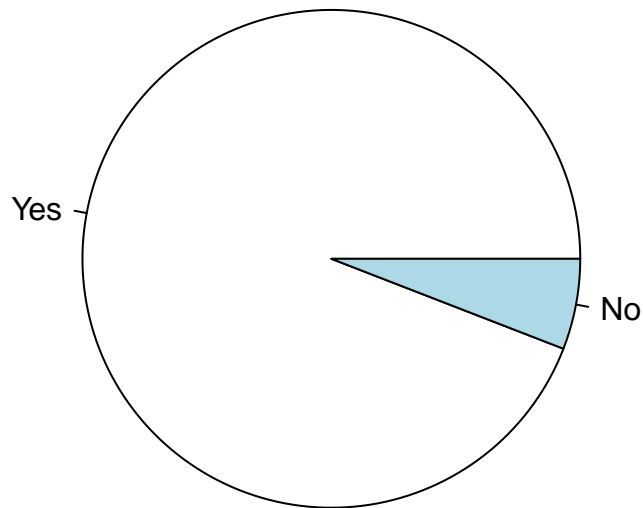
Who pays?



Would you train for free?

```
##
##      Yes      No
## 0.94117647 0.05882353
```

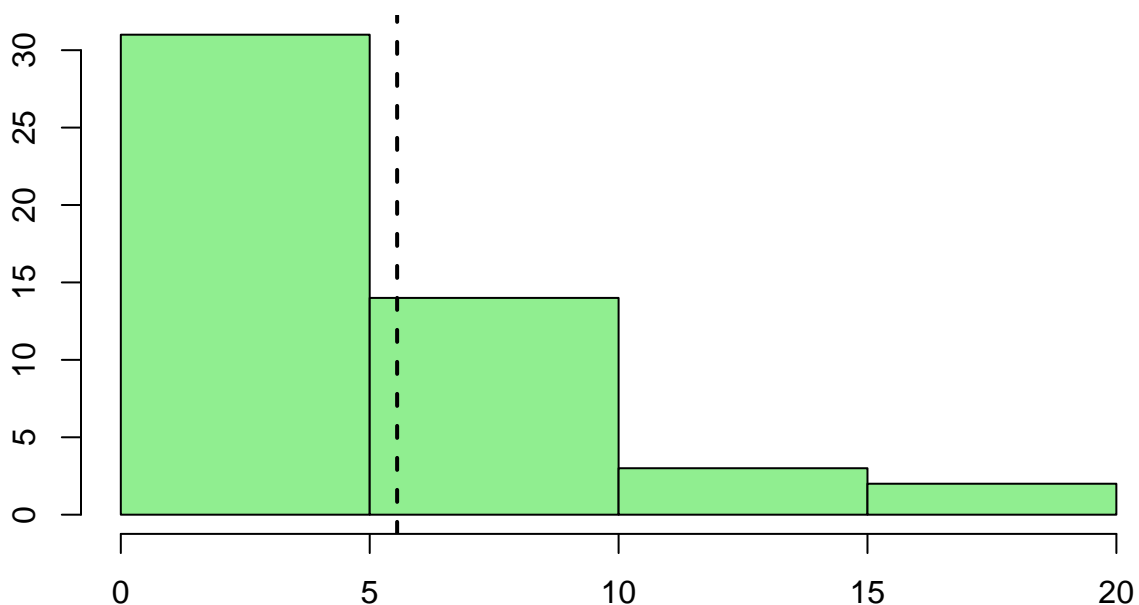
## Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

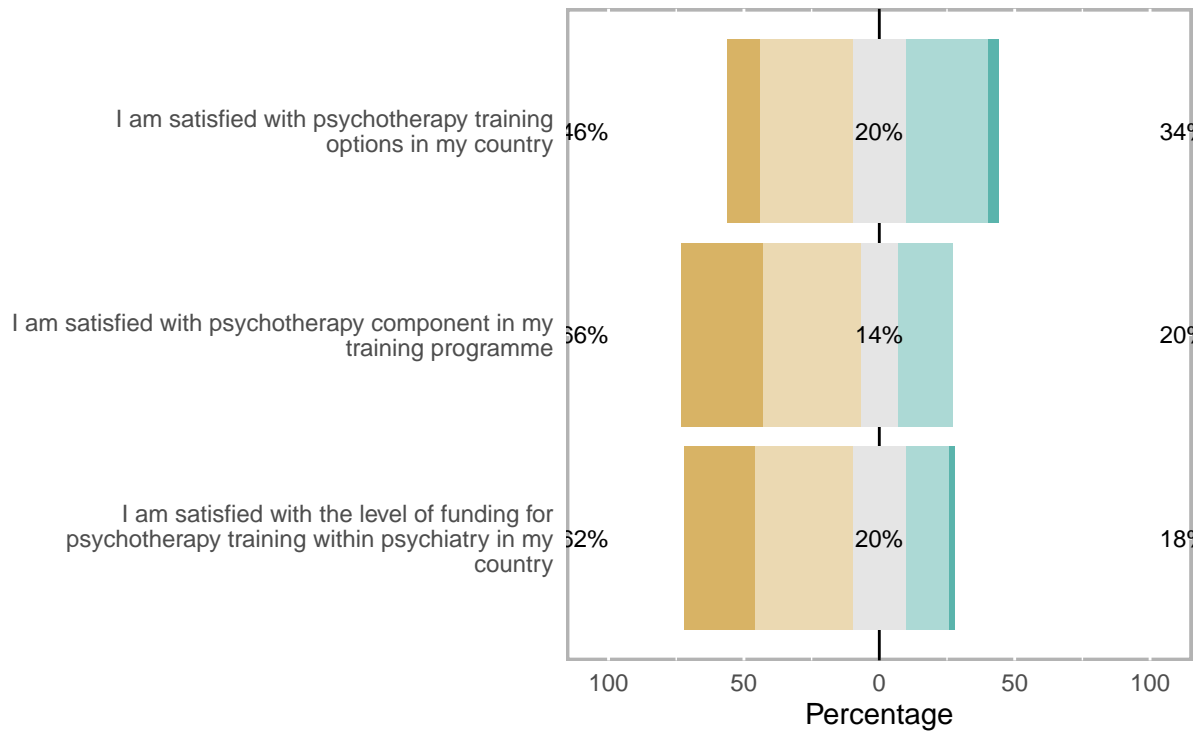
How much would you invest in psychotherapy training ?

## % of annual salary for psychotherapy training



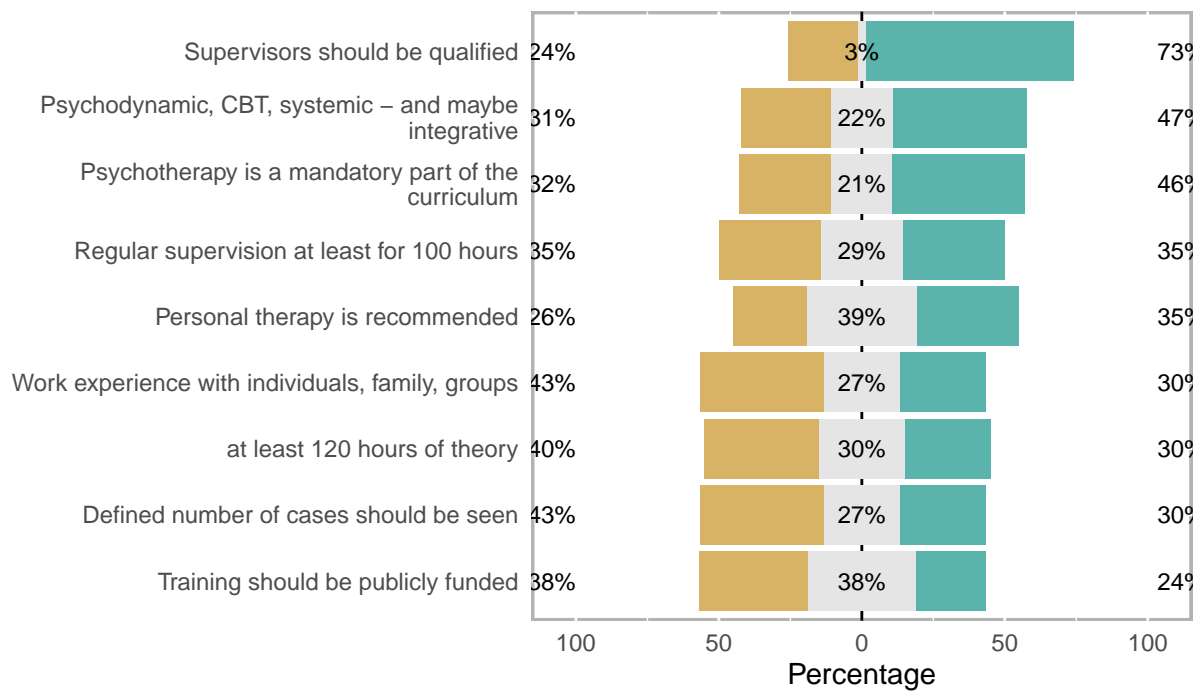
For annual salary do you intend to spend on funding your psychotherapy training In t

## Satisfaction group



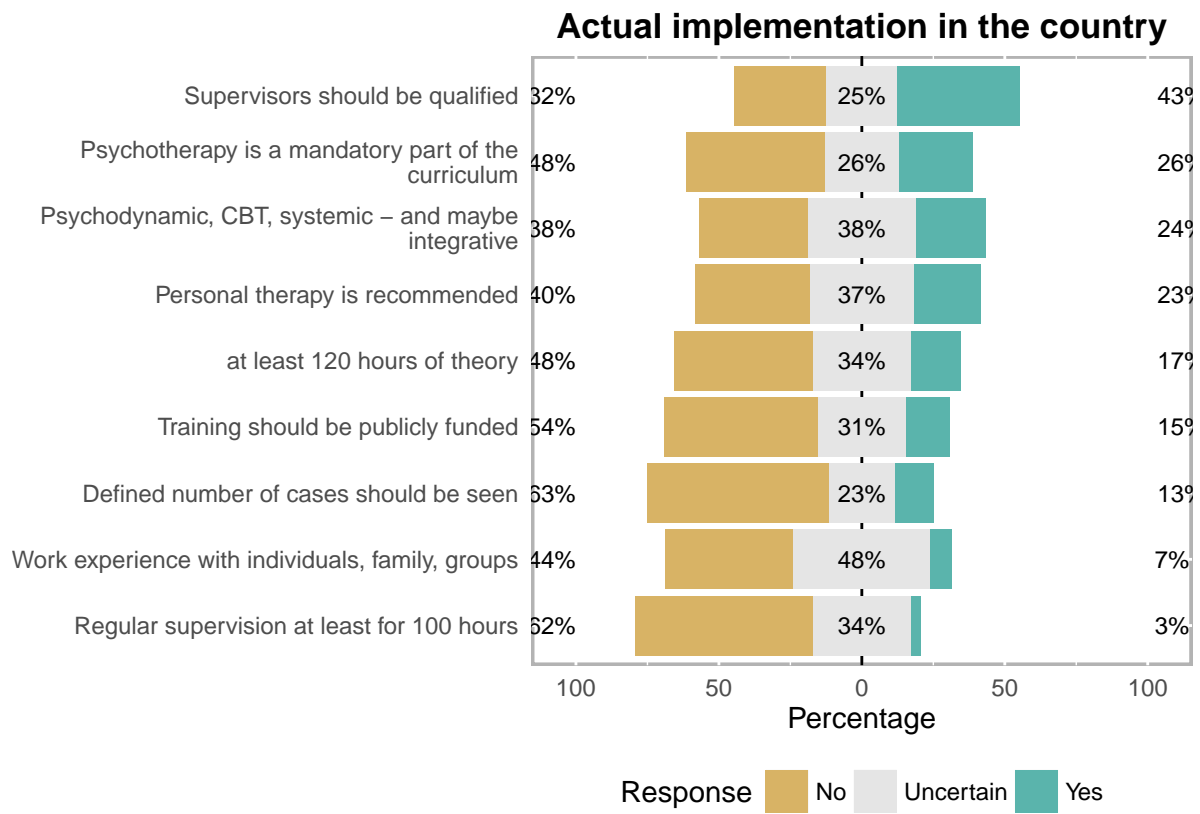
Response Strongly Disagree Disagree Neutral Agree

## Awareness of UEMS recommendations



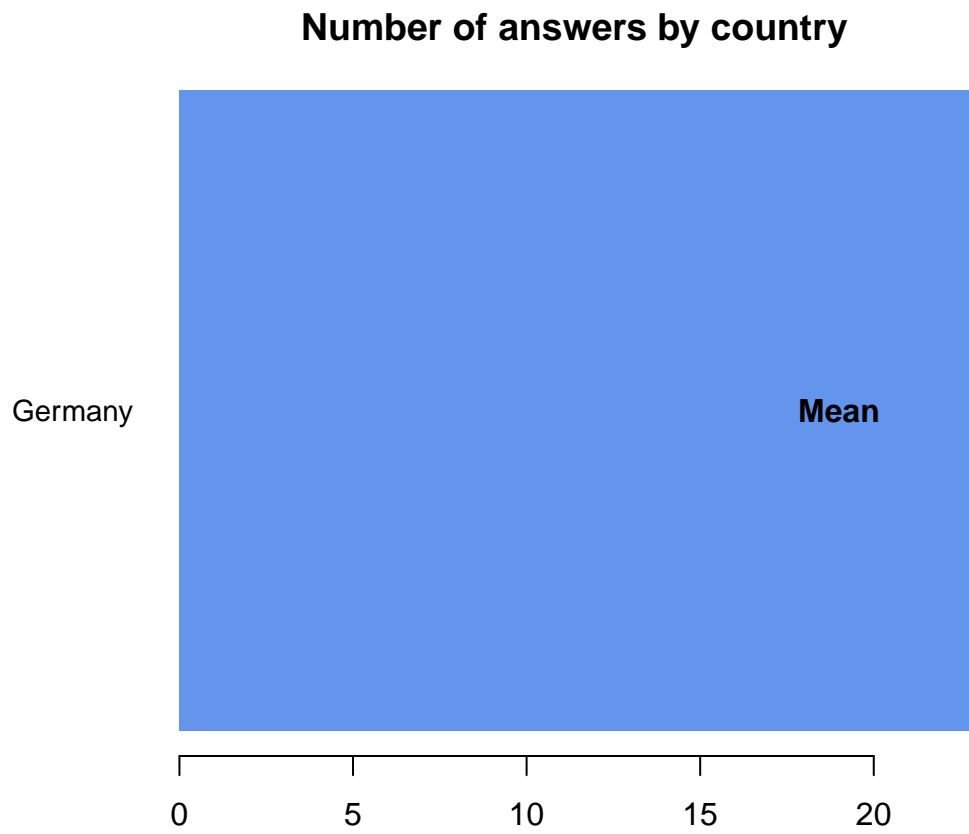
Response No Uncertain Yes

## UEMS recommendations awareness



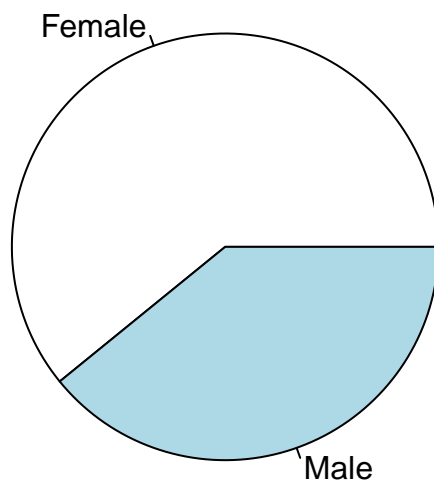
## Germany results

Number of participants

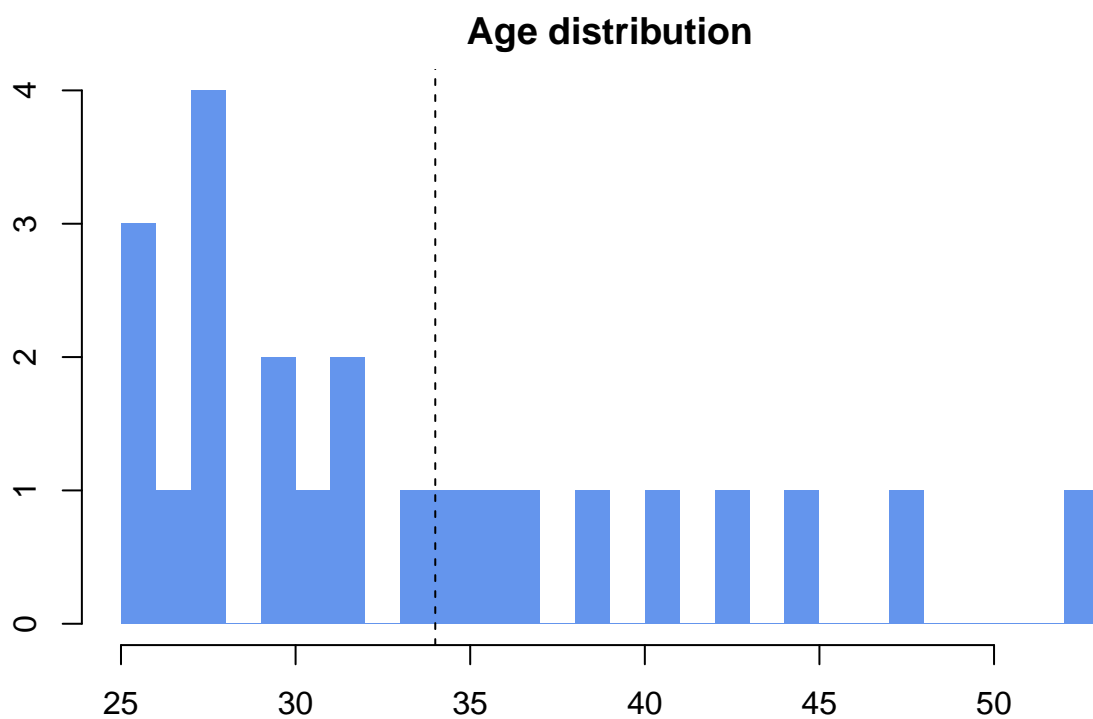


Gender

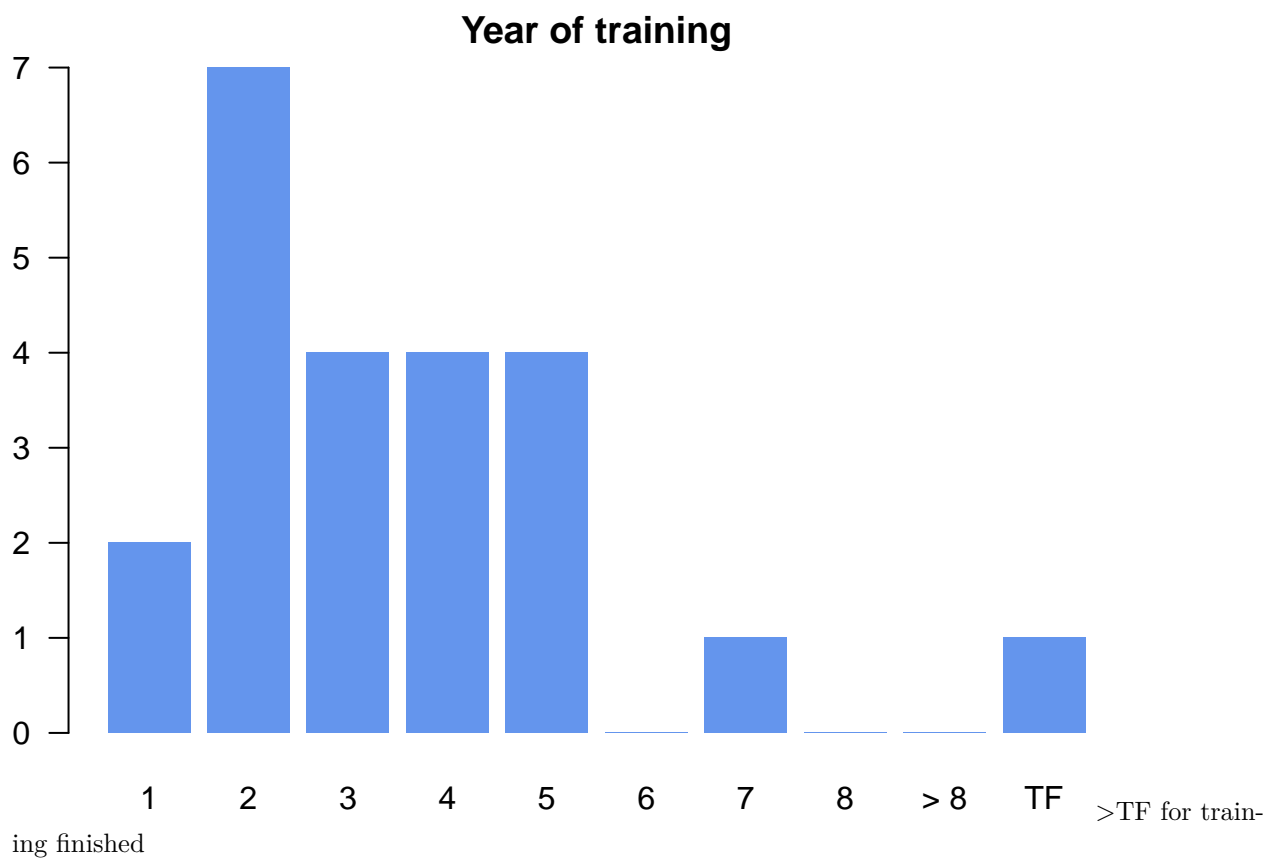
## Gender of participants in Europe reponses



Age



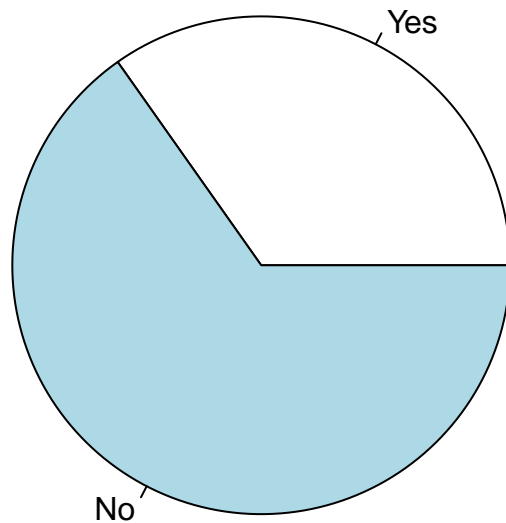
Year in Training



Are you receiving personal psychotherapy or have you received it in the past?

```
##
##      Yes      No
## 0.3478261 0.6521739
```

### Receiving personal psychotherapy (present or past)

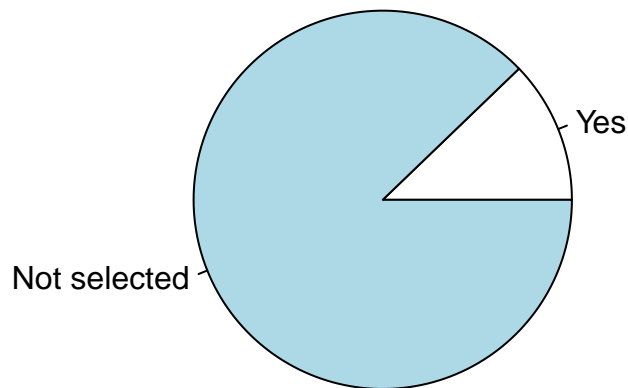


I am undertaking training in Psychotherapy on my own initiative

```
##
##      Yes Not selected
##      5      36
```

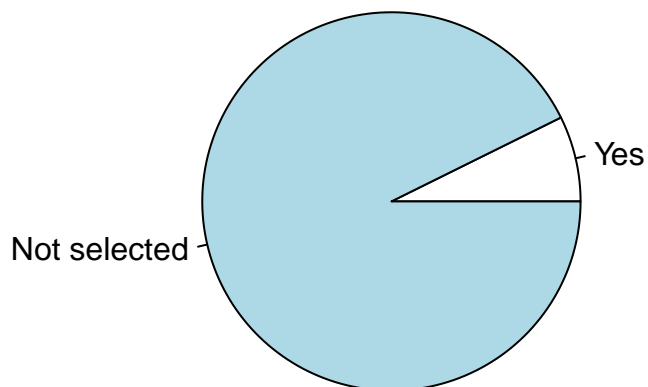
```
##
##      Yes Not selected
## 0.1219512 0.8780488
```

## Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

**I am not undertaking any training in Psychotherapy**



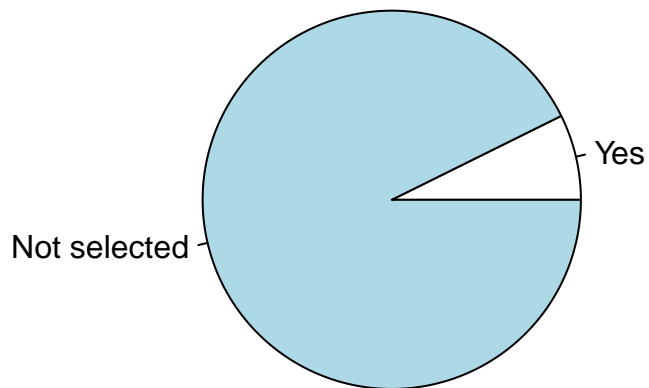
Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

**I have completed full training in a Psychotherapy specialty in the past**

```
##
##           Yes Not selected
## 0.07317073 0.92682927
```



## Completed a full training in a Psychotherapy (past)

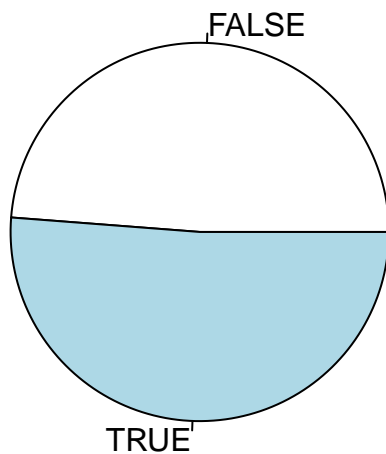


## I am training in some modality

```
##
## FALSE TRUE
## 20 21

##
## FALSE TRUE
## 0.4878049 0.5121951
```

## I am training in some modality of psychotherapy

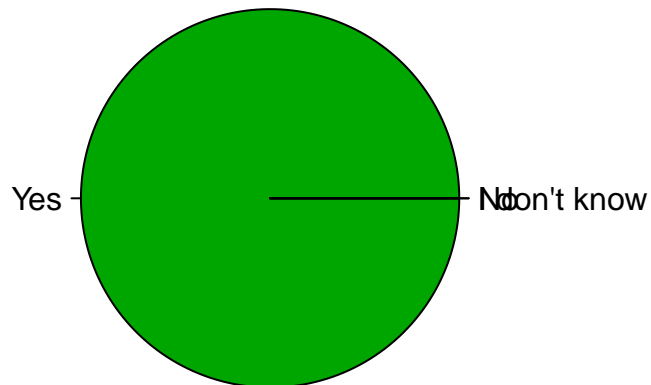


## Is psychotherapy important for your identity as a psychiatrist ?

```
##
## Yes No I don't know
## 23 0 0
```

```
##
##      Yes      No I don't know
##      1        0          0
```

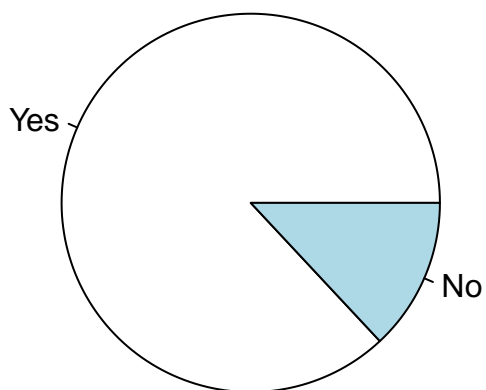
## Psychotherapy important for the professional identity



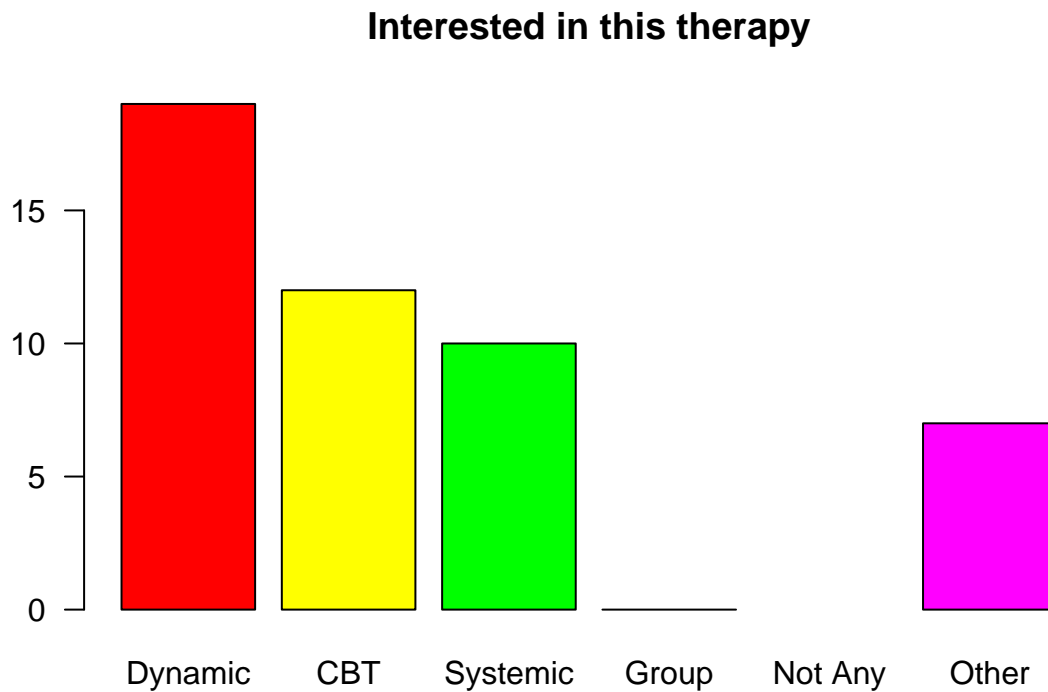
## Do you want to practise Psychotherapy ?

```
##
##      Yes      No
## 0.8695652 0.1304348
```

## Plan to practise Psychotherapy after training



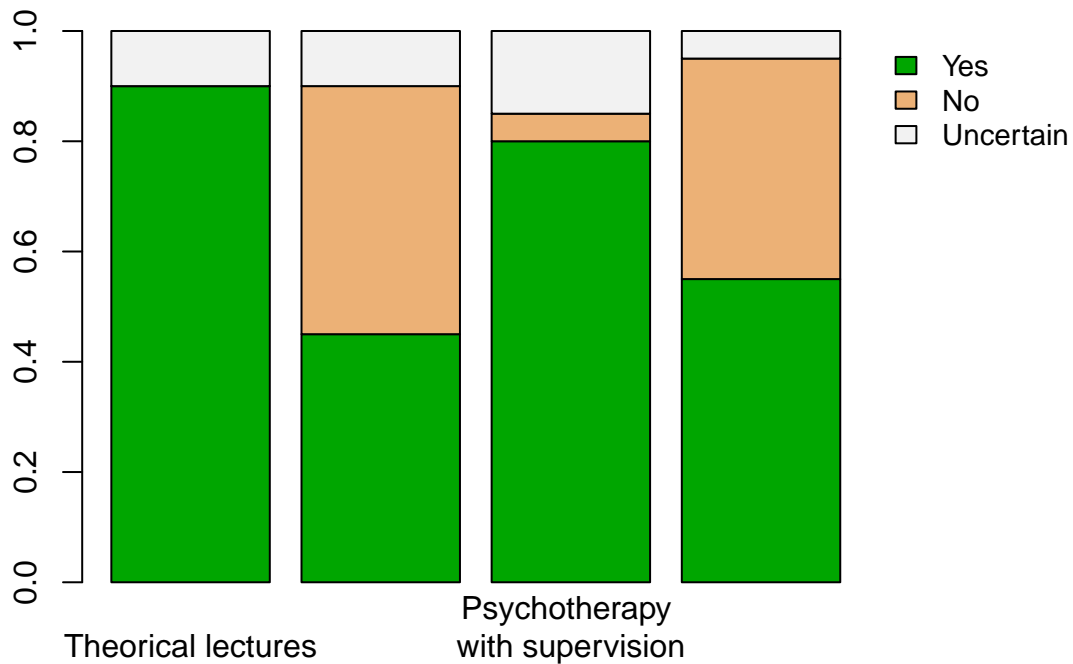
Are you interested in this psychotherapy?



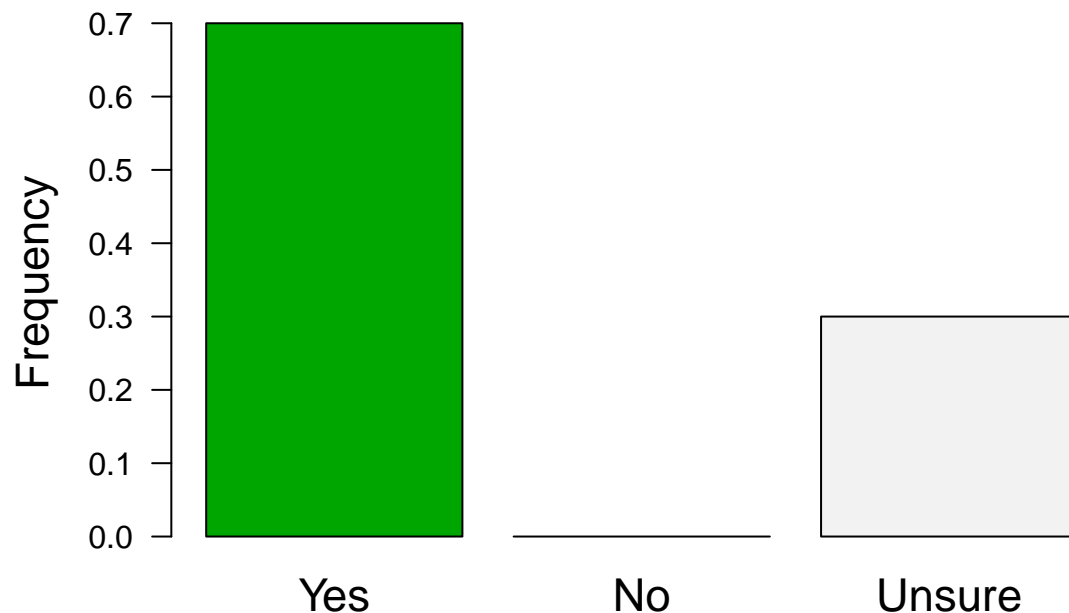
**“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”**

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

**The following experience in psychotherapy  
is a mandatory part of my training in Psychiatry**

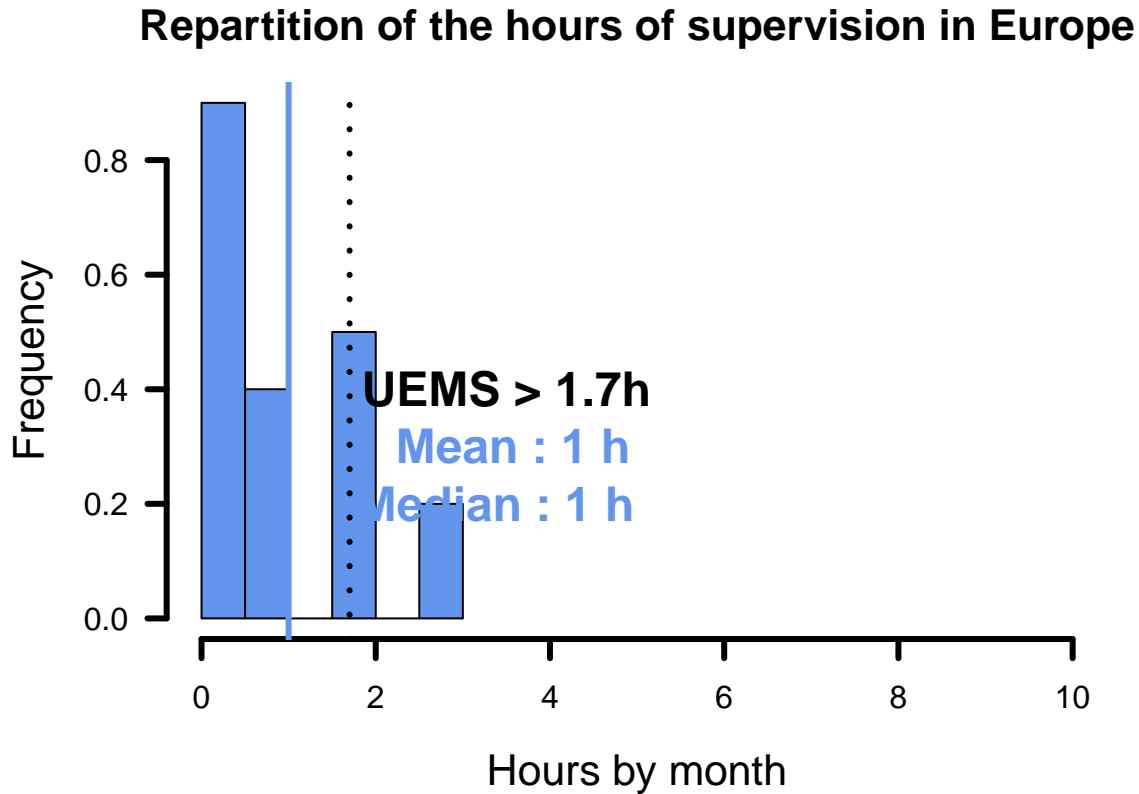


**Are you qualified  
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

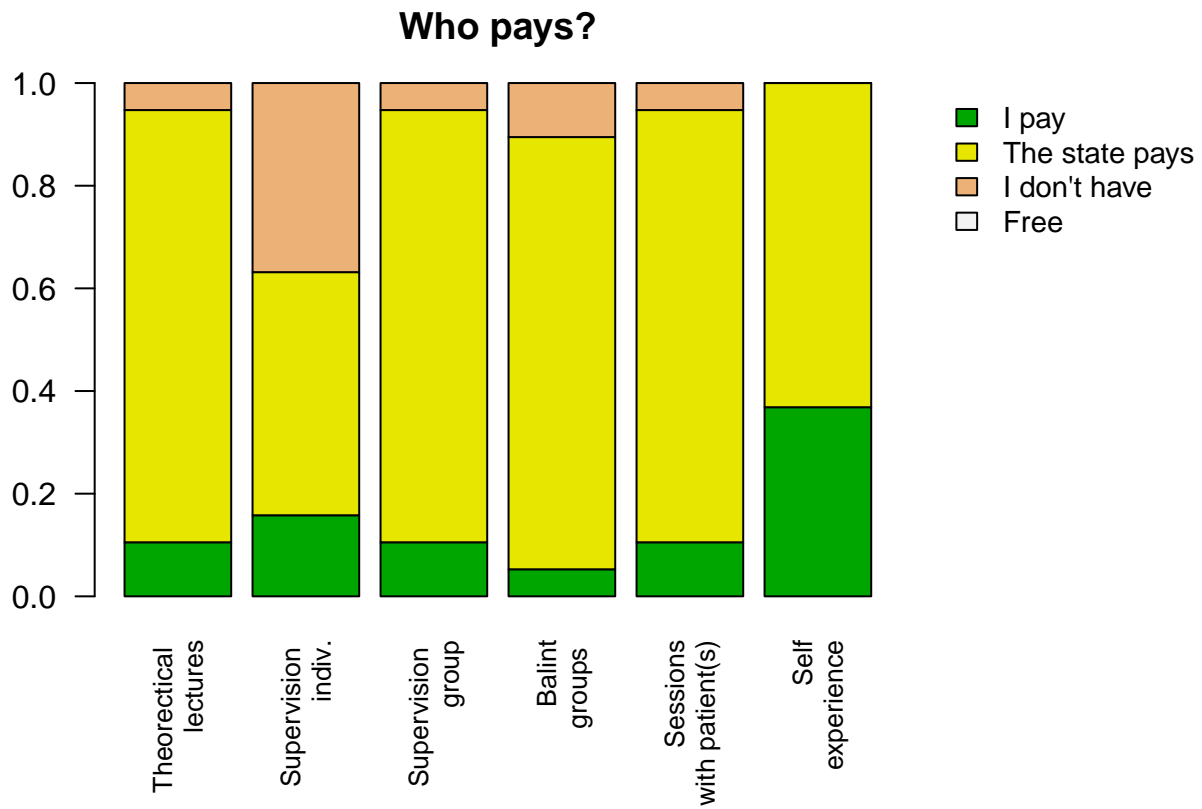
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Germany_data$q_0015)
```

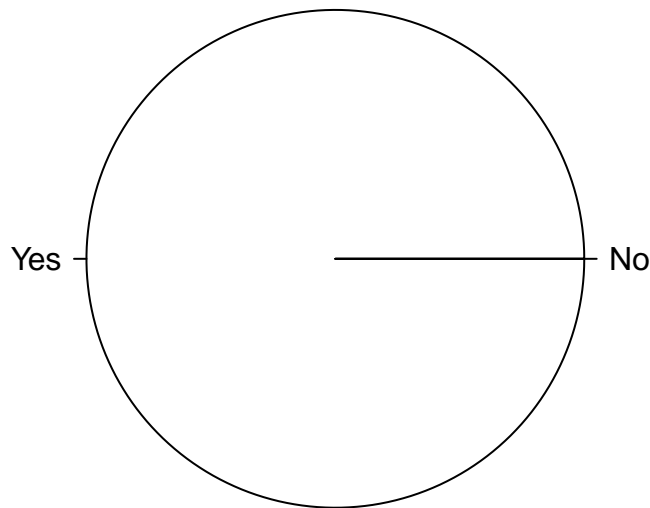
Who pays?



Would you train for free?

```
##
## Yes  No
##    1   0
```

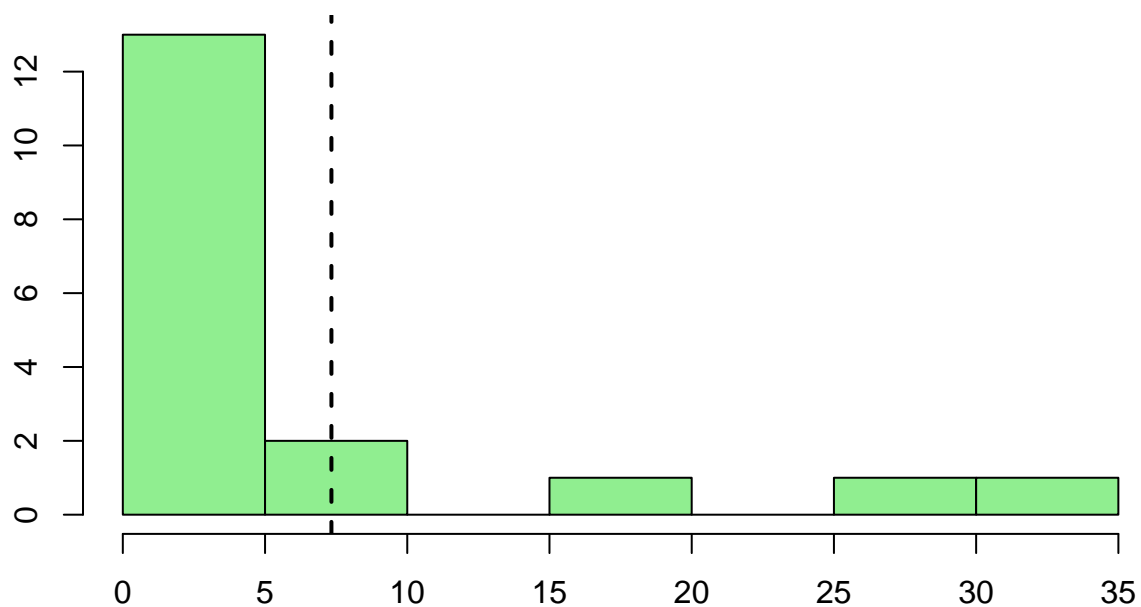
## Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

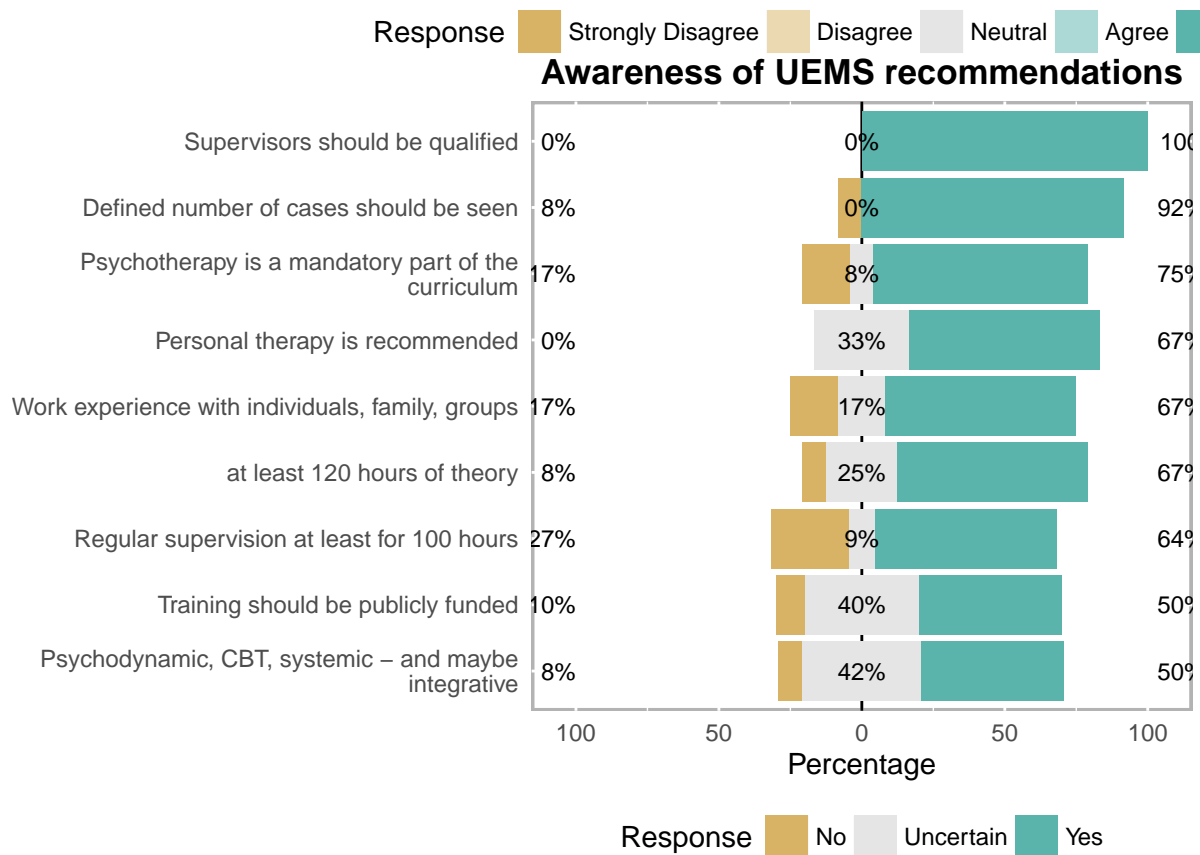
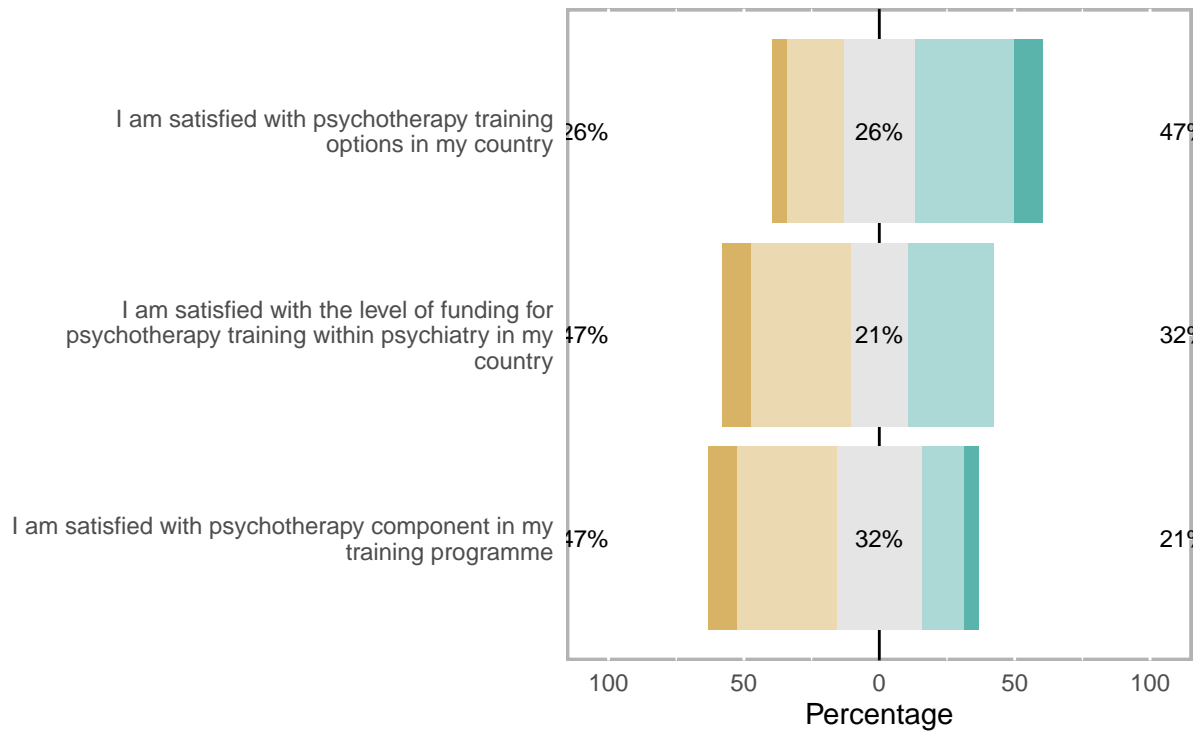
How much would you invest in psychotherapy training ?

## % of annual salary for psychotherapy training



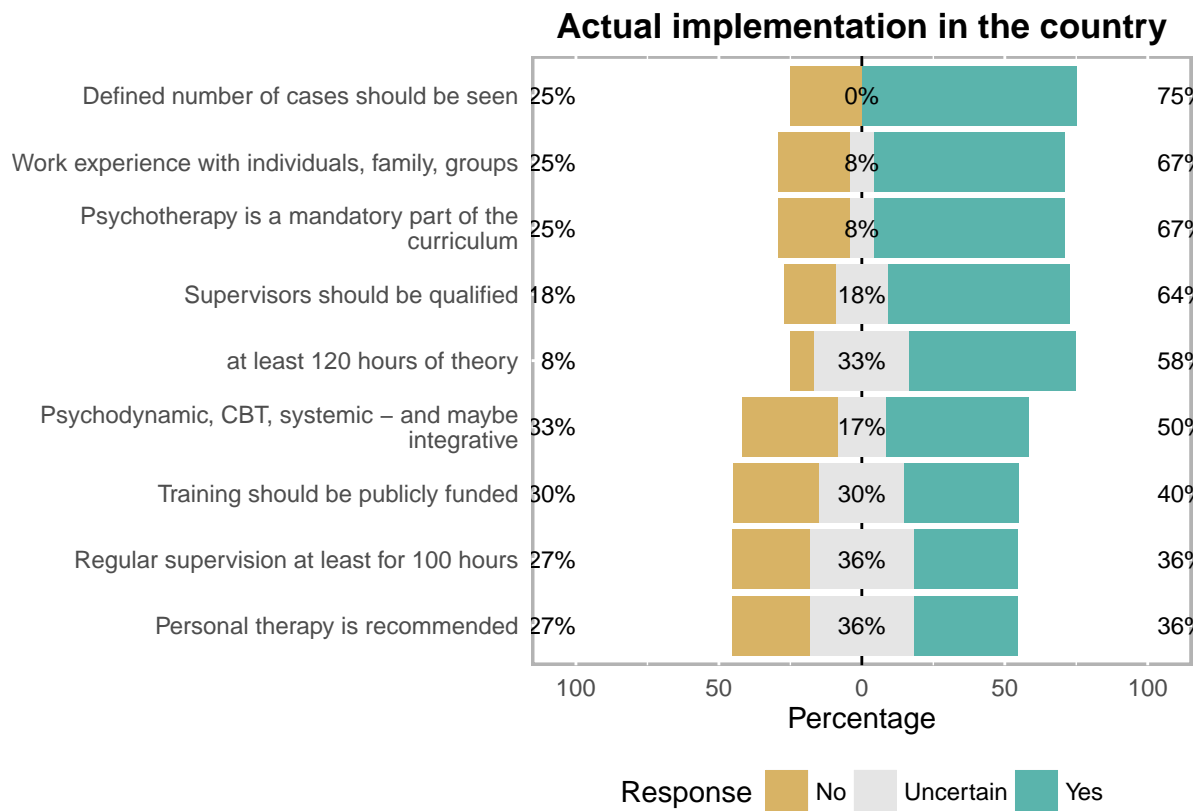
For annual salary do you intend to spend on funding your psychotherapy training In t

## Satisfaction group



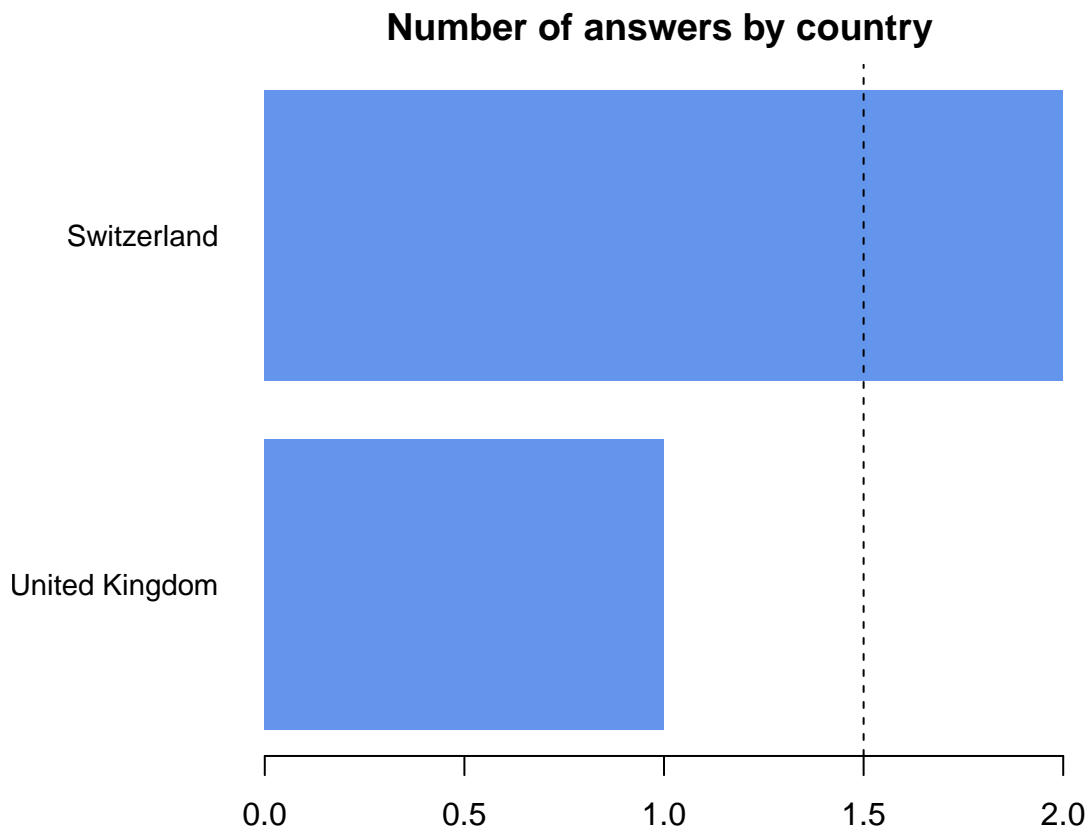


## UEMS recommendations awareness



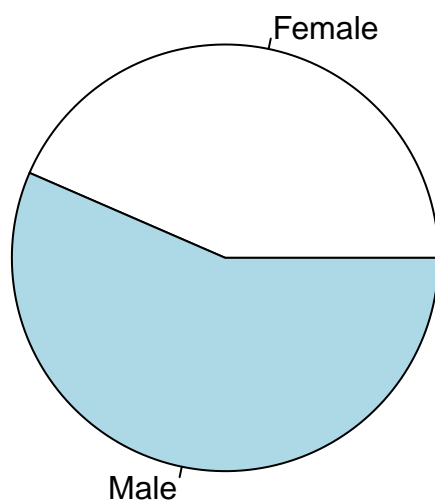
## Gerany results

Number of participants

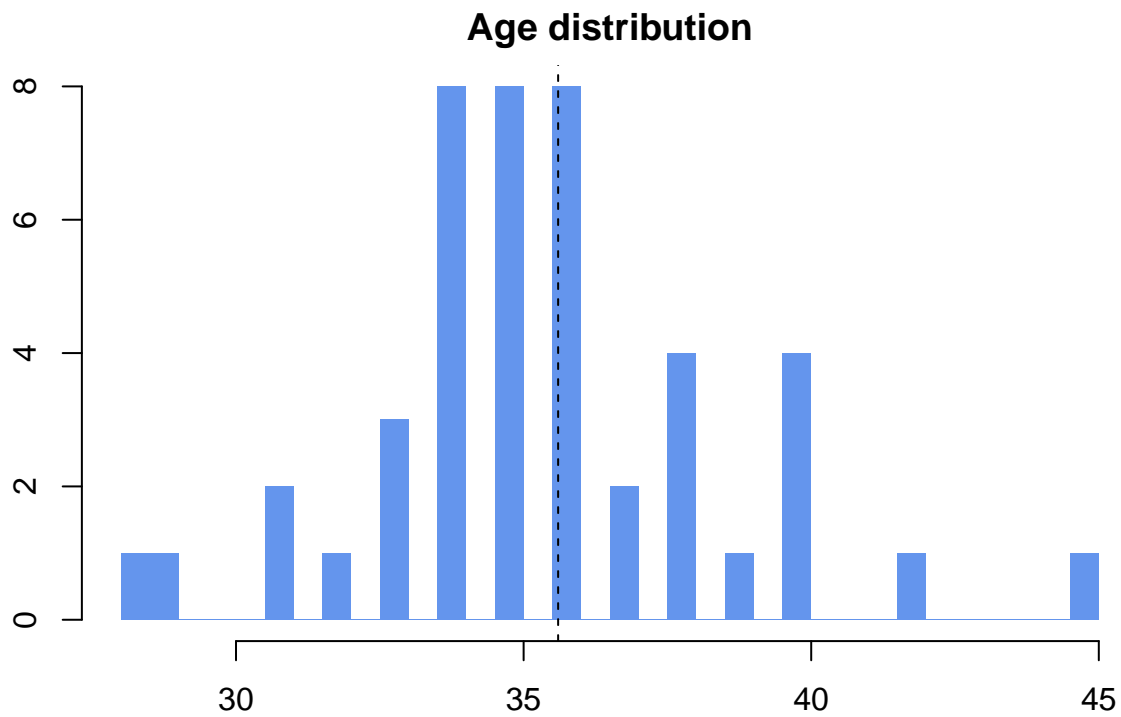


Gender

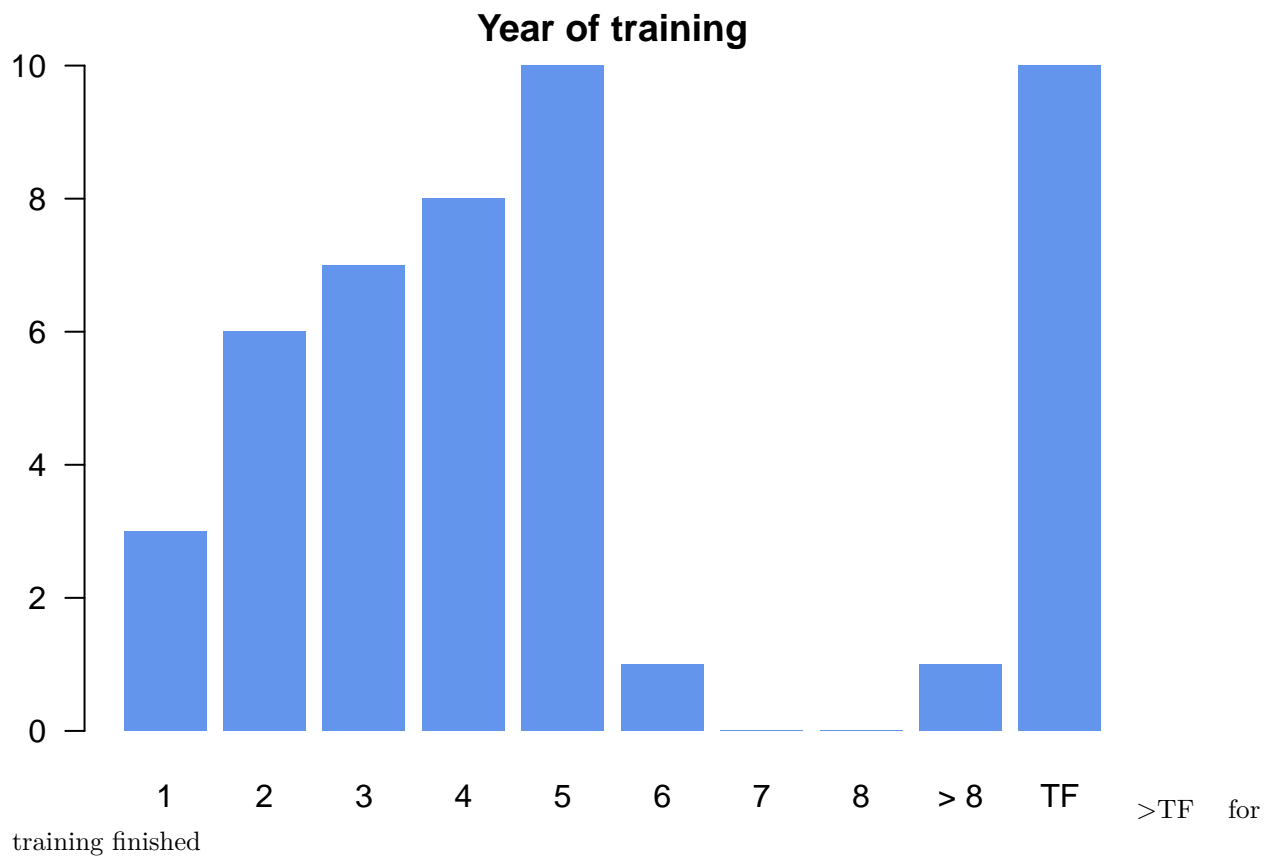
**Gender of participants in Europe reponses**



Age



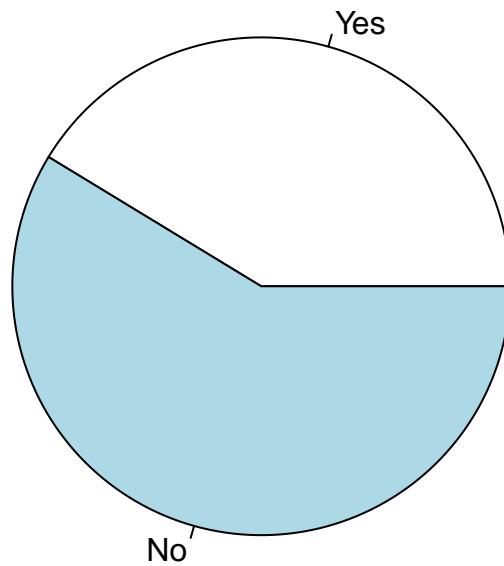
Year in Training



Are you receiving personal psychotherapy or have you received it in the past?

```
##
##      Yes      No
## 0.4130435 0.5869565
```

**Receiving personal psychotherapy (present or past)**

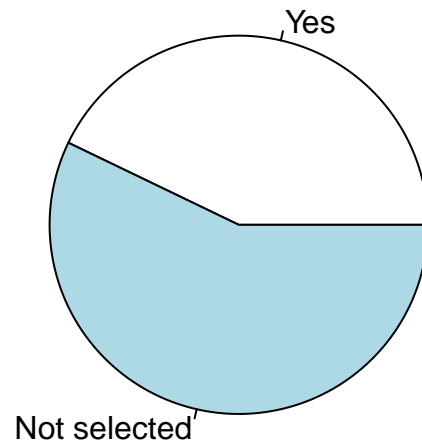


I am undertaking training in Psychotherapy on my own initiative

```
##
##      Yes Not selected
##      24      32

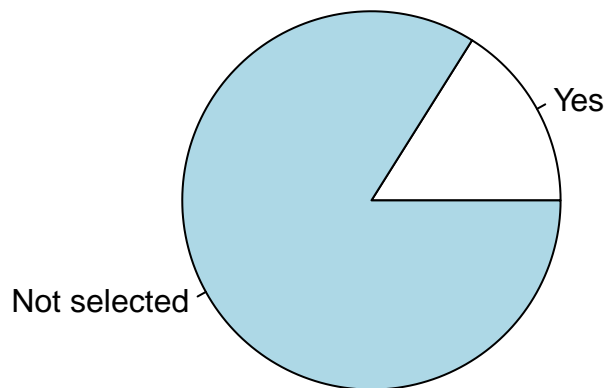
##
##      Yes Not selected
## 0.4285714 0.5714286
```

## Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

**I am not undertaking any training in Psychotherapy**

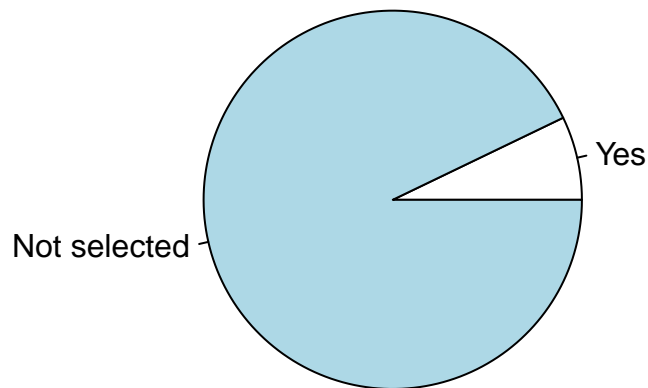


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

**I have completed full training in a Psychotherapy specialty in the past**

```
##
##           Yes Not selected
## 0.07142857 0.92857143
```

## Completed a full training in a Psychotherapy (past)

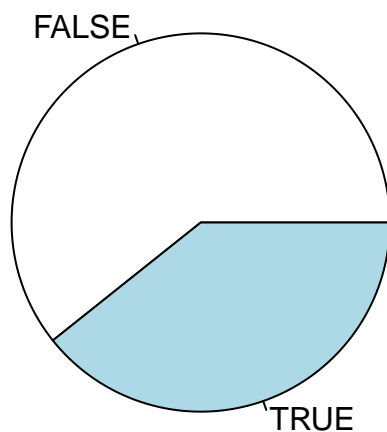


## I am training in some modality

```
##
## FALSE TRUE
## 34 22
```

```
##
## FALSE TRUE
## 0.6071429 0.3928571
```

## I am training in some modality of psychotherapy

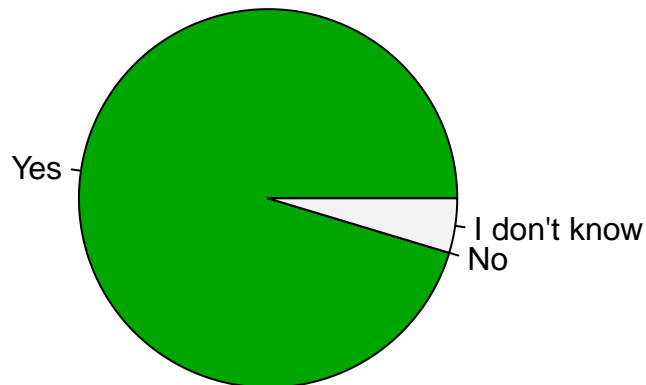


## Is psychotherapy important for your identity as a psychiatrist ?

```
##
## Yes No I don't know
## 41 0 2
```

```
##
##           Yes           No I don't know
## 0.95348837 0.00000000 0.04651163
```

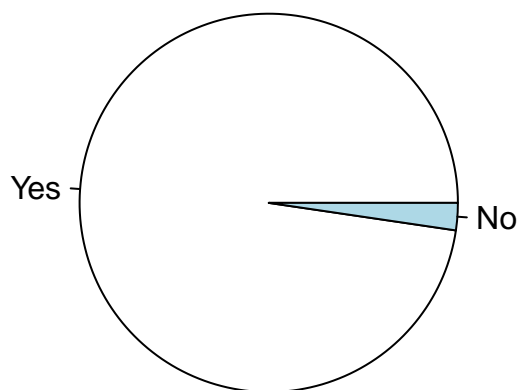
## Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

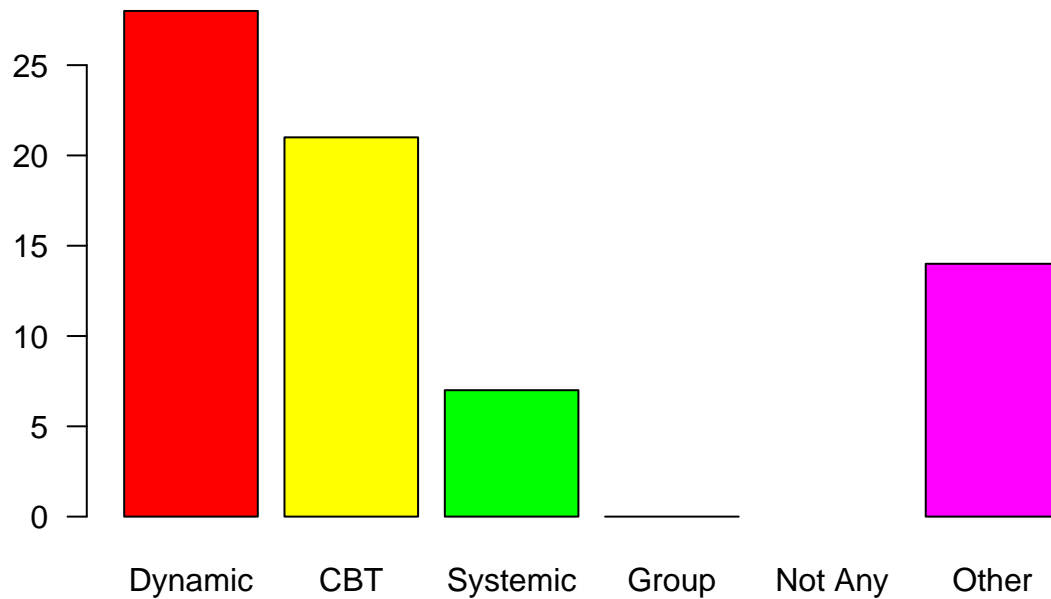
```
##
##           Yes           No
## 0.97674419 0.02325581
```

## Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

### Interested in this therapy

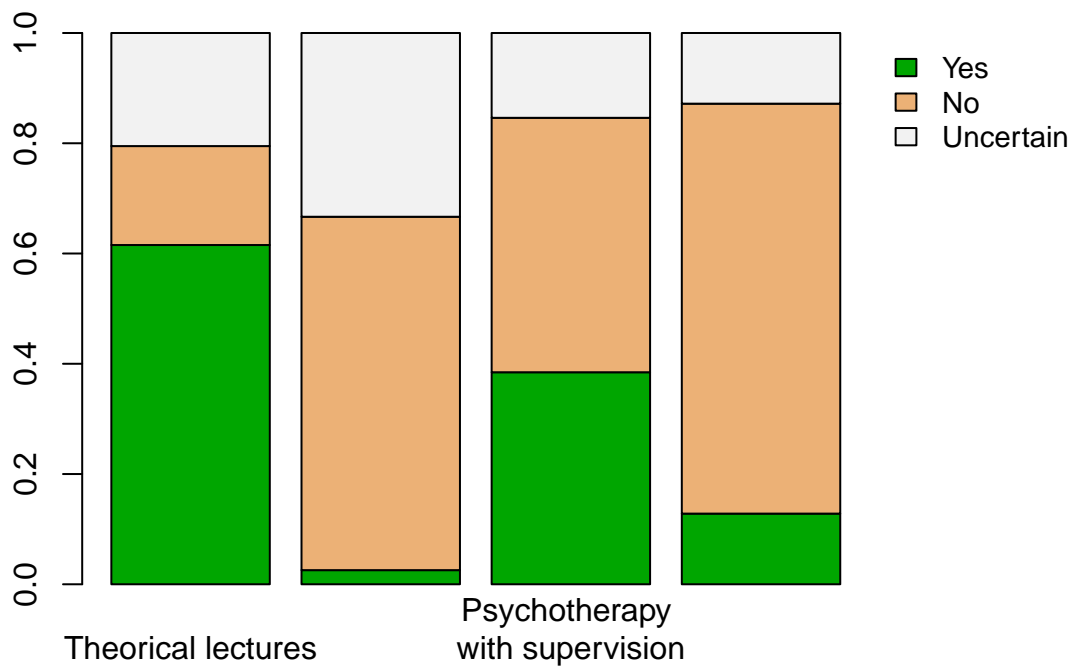


**“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”**

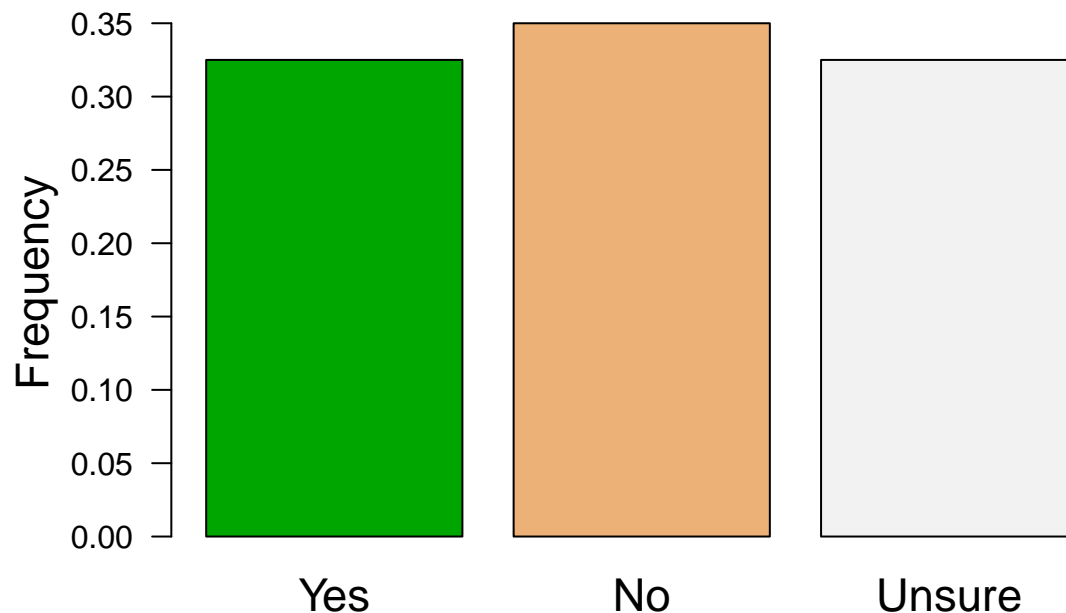
UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.



**The following experience in psychotherapy  
is a mandatory part of my training in Psychiatry**

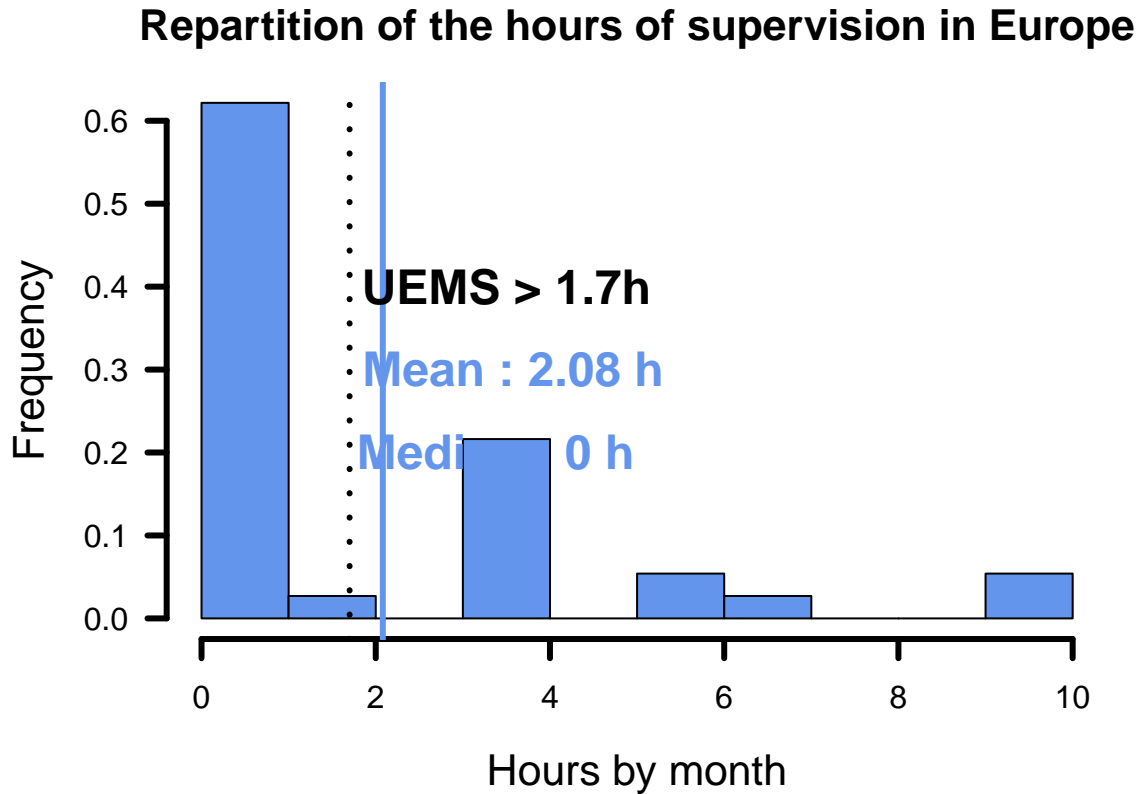


**Are you qualified  
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

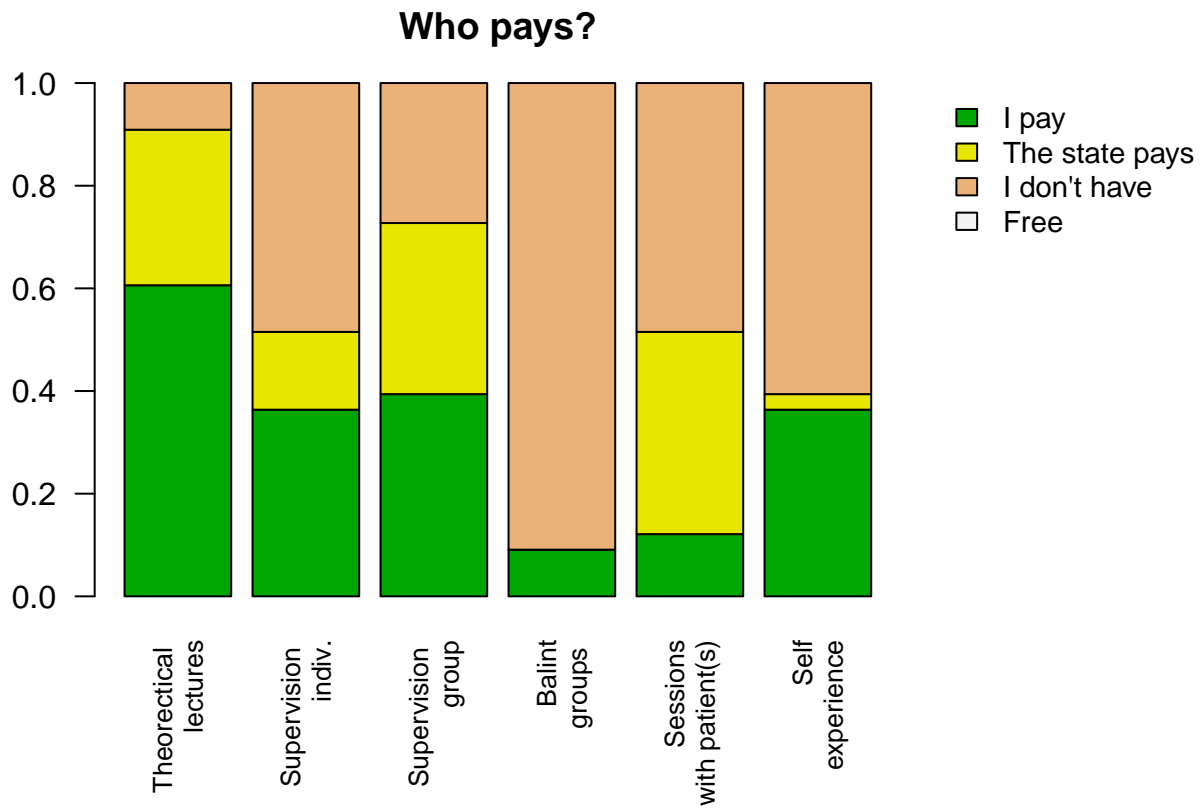
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Greece_data$q_0015)
```

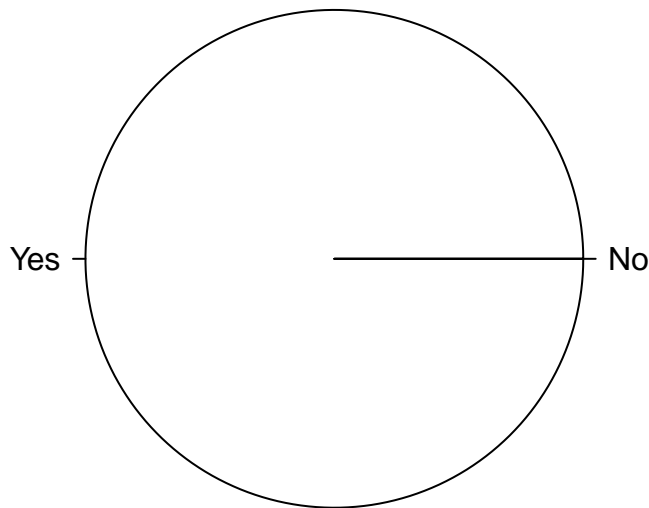
Who pays?



Would you train for free?

```
##
## Yes  No
##    1   0
```

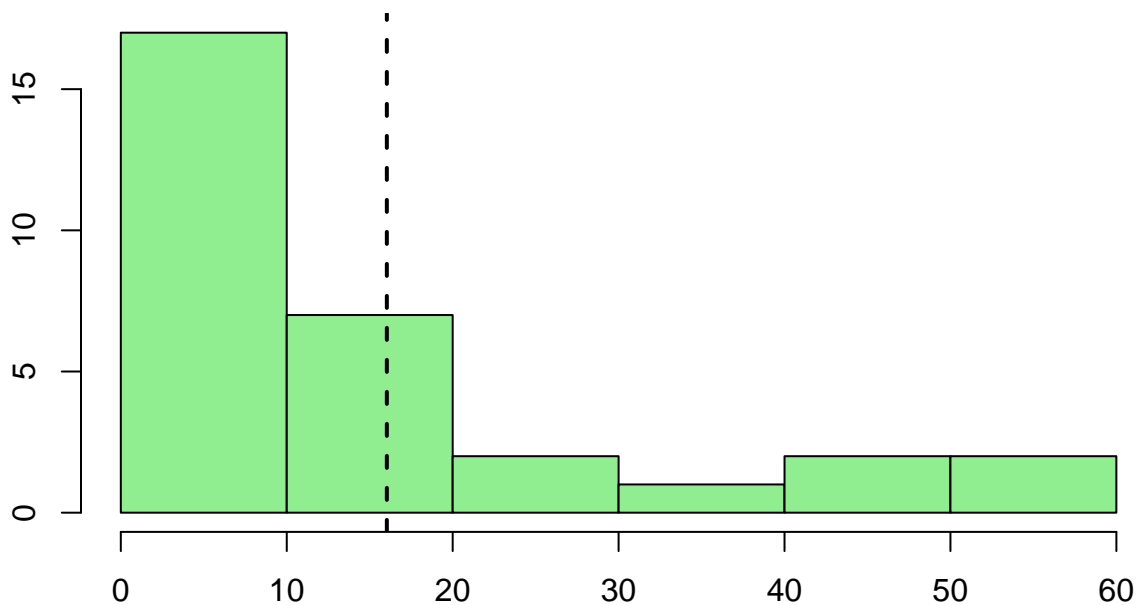
## Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

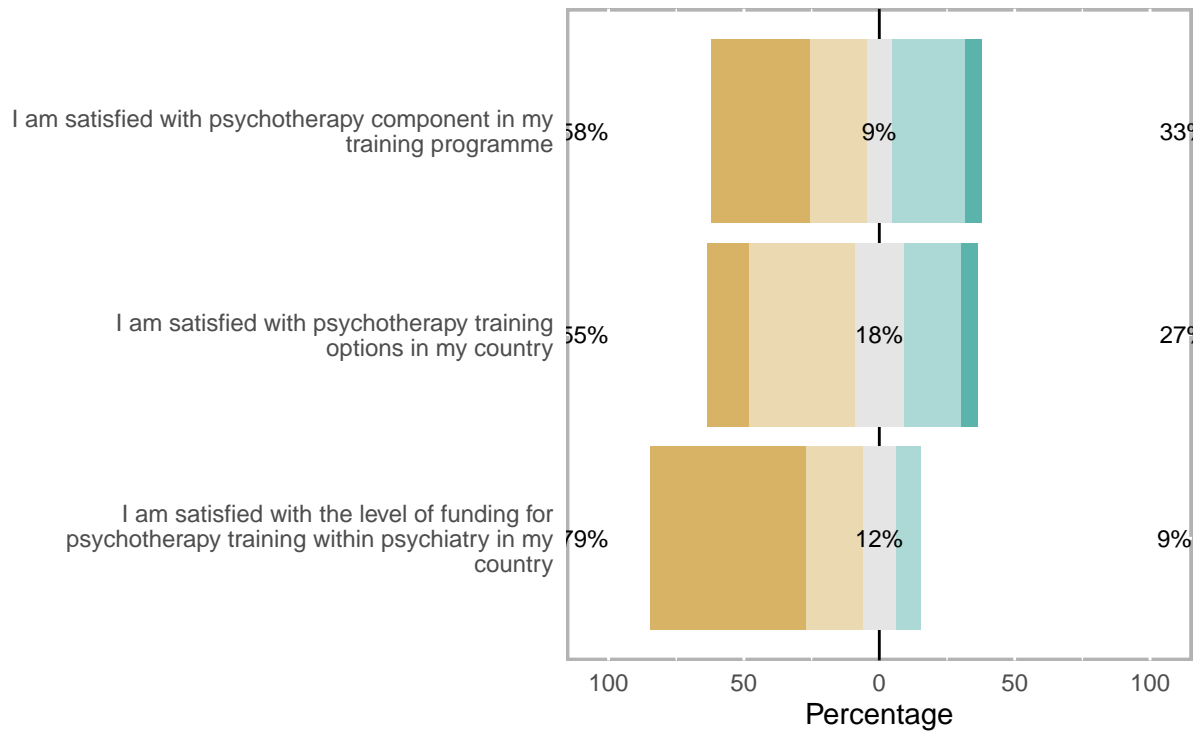
How much would you invest in psychotherapy training ?

## % of annual salary for psychotherapy training



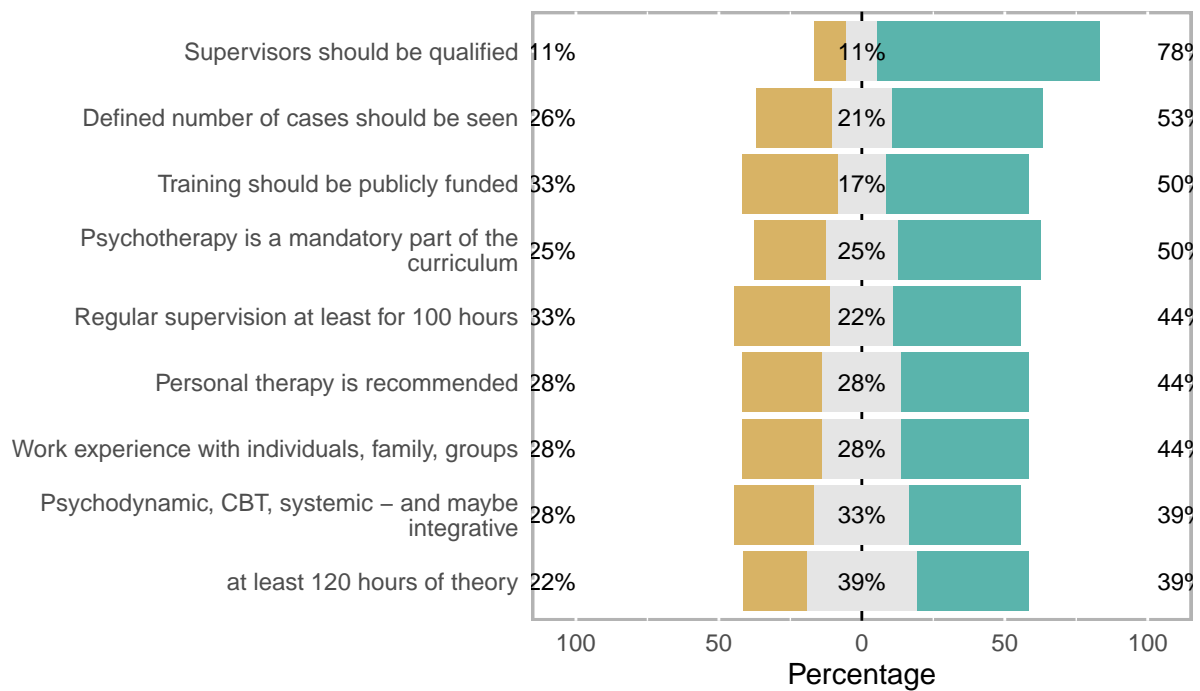
For annual salary do you intend to spend on funding your psychotherapy training In t

## Satisfaction group



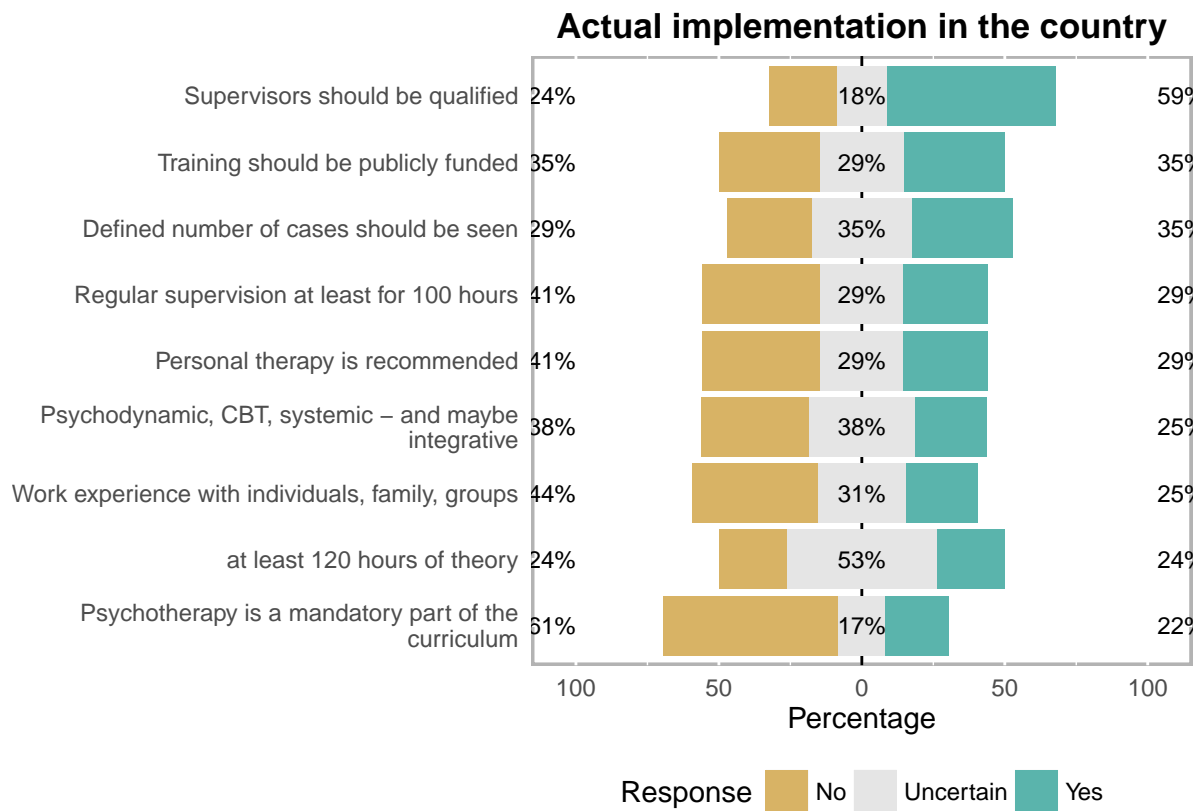
Response Strongly Disagree Disagree Neutral Agree Strongly Agree

## Awareness of UEMS recommendations



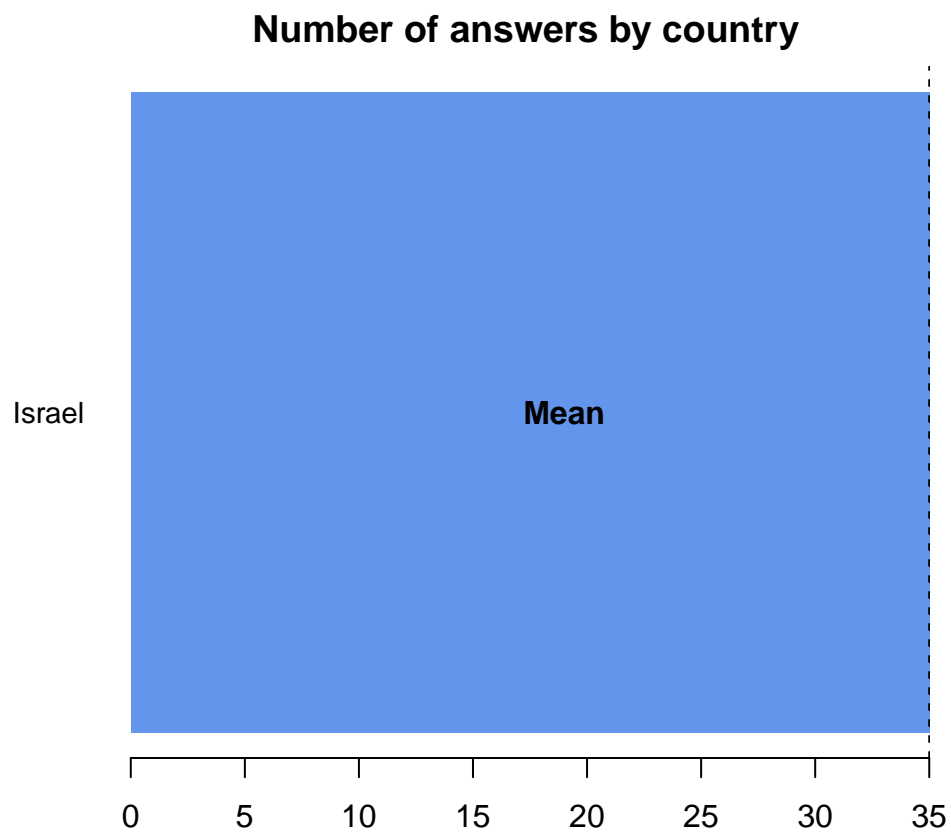
Response No Uncertain Yes

## UEMS recommendations awareness



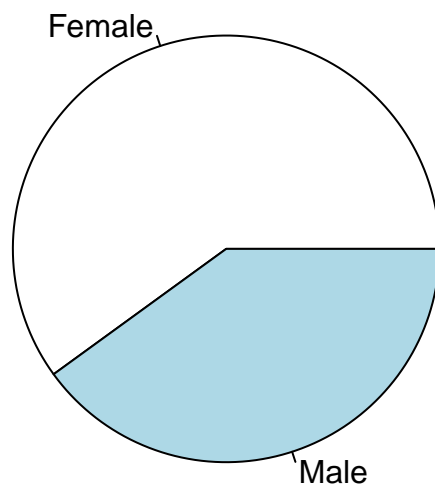
## Israel results

Number of participants

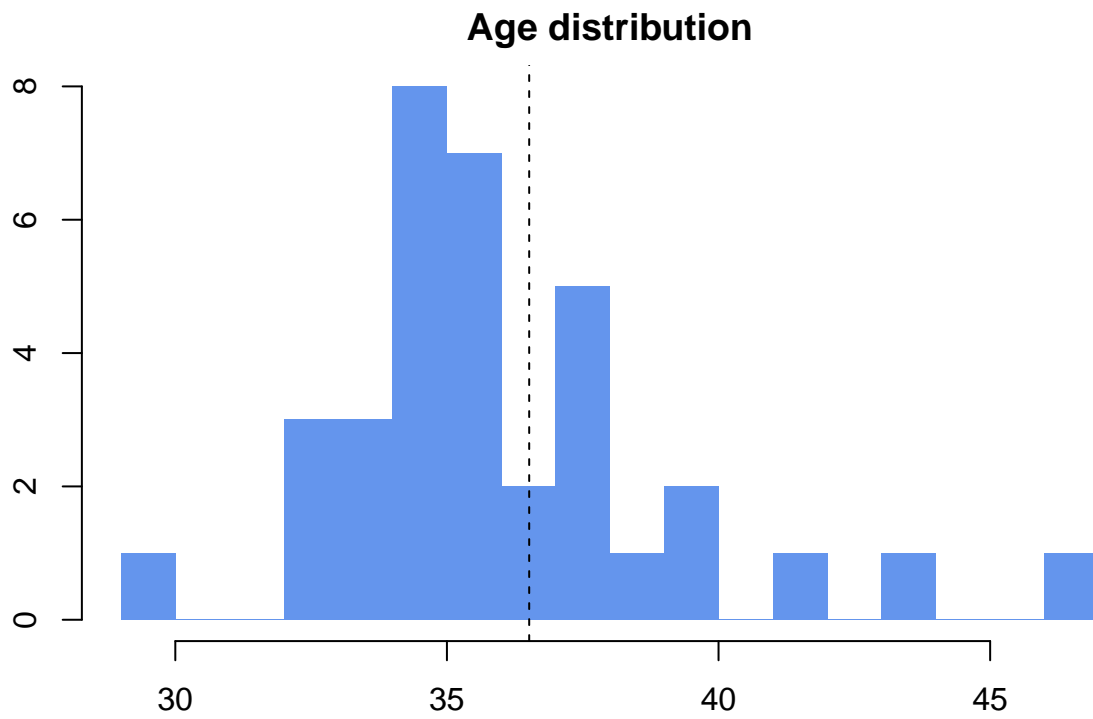


Gender

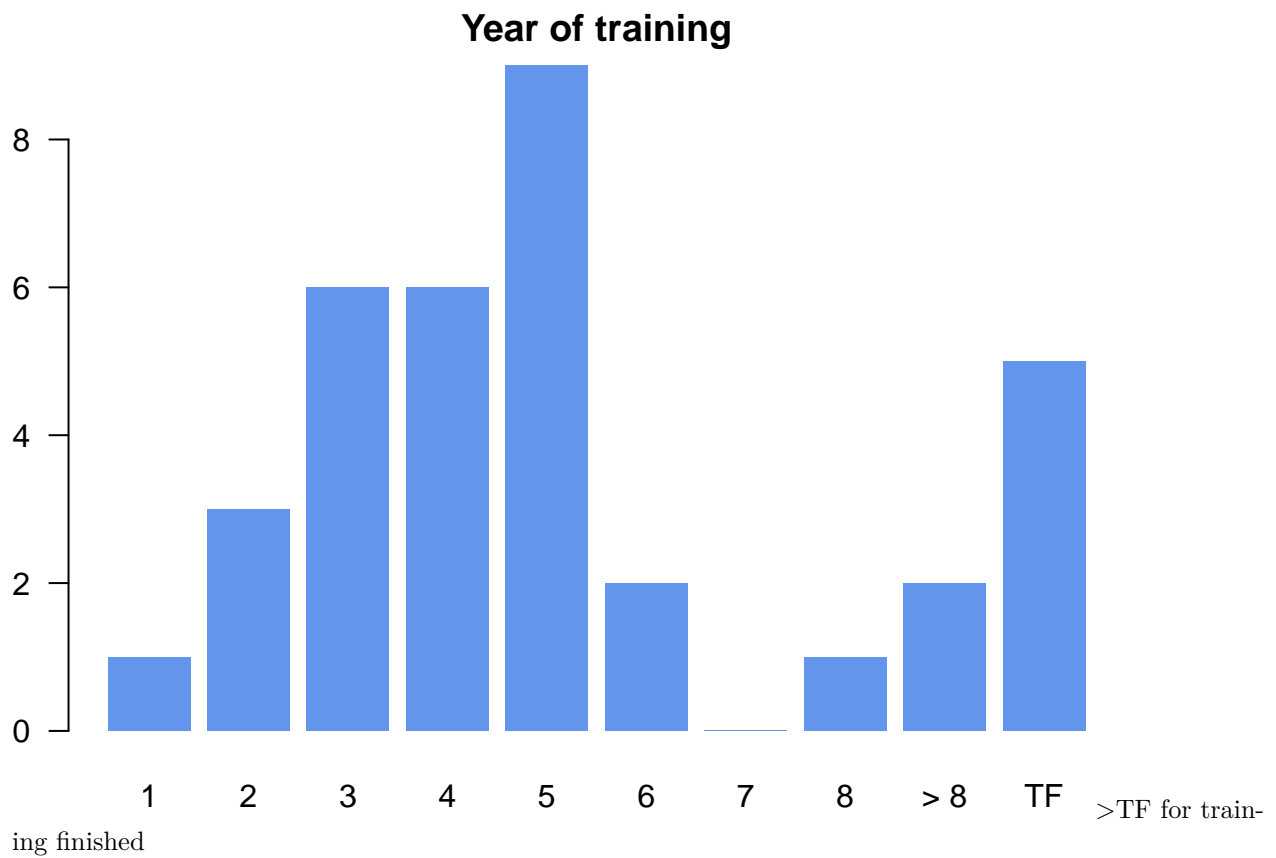
## Gender of participants in Europe reponses



Age



Year in Training

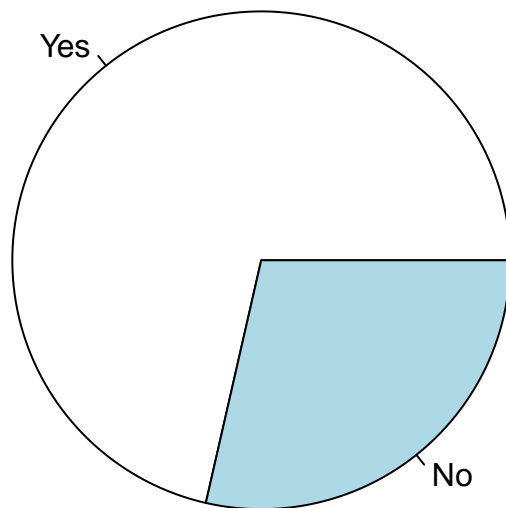




Are you receiving personal psychotherapy or have you received it in the past?

```
##
##      Yes      No
## 0.7142857 0.2857143
```

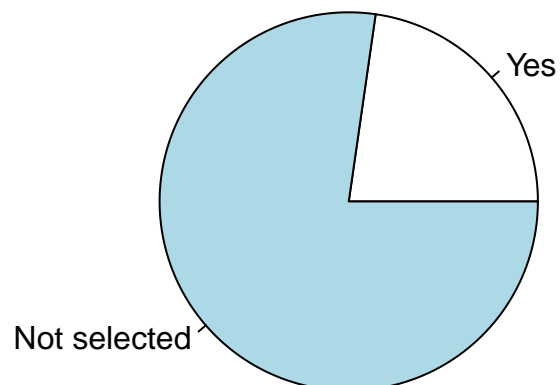
### Receiving personal psychotherapy (present or past)



I am undertaking training in Psychotherapy on my own initiative

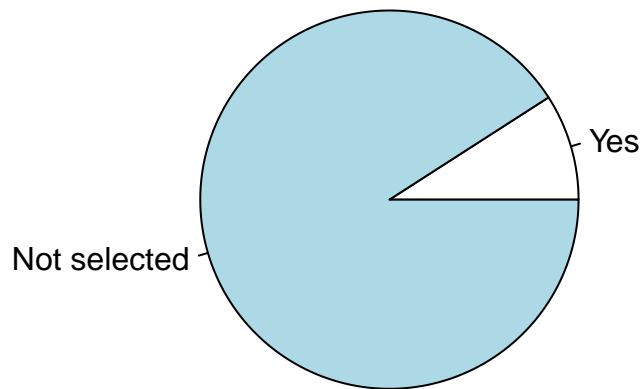
```
##
##      Yes Not selected
##      10         34
##
##
##      Yes Not selected
##      0.2272727 0.7727273
```

### Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

**I am not undertaking any training in Psychotherapy**

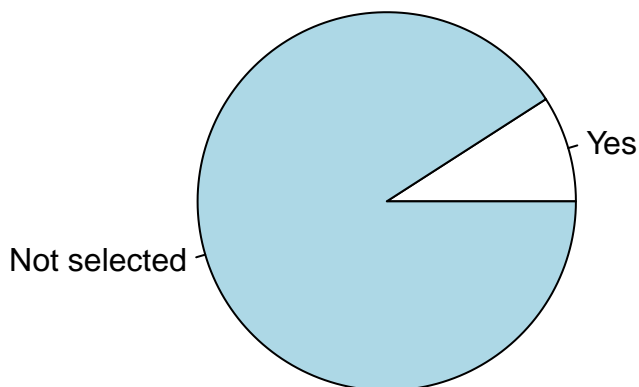


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##
##           Yes Not selected
## 0.09090909 0.90909091
```

**Completed a full training in a Psychotherapy (past)**

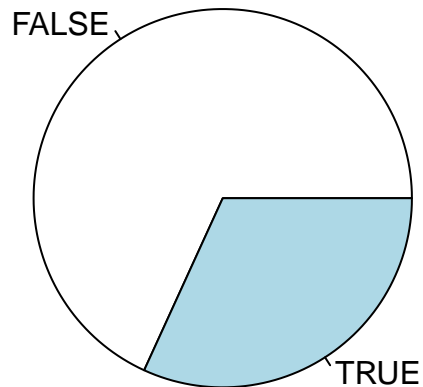


I am training in some modality

```
##
## FALSE  TRUE
##    30    14
```

```
##
##      FALSE      TRUE
## 0.6818182 0.3181818
```

## I am training in some modality of psychotherapy



## Is psychotherapy important for your identity as a psychiatrist ?

```
##
##      Yes      No I don't know
##      32      1      2
##
##      Yes      No I don't know
## 0.91428571 0.02857143 0.05714286
```

## Psychotherapy important for the professional identity

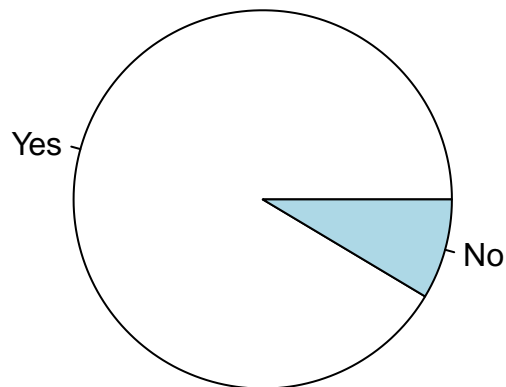


## Do you want to practise Psychotherapy ?

```
##
```

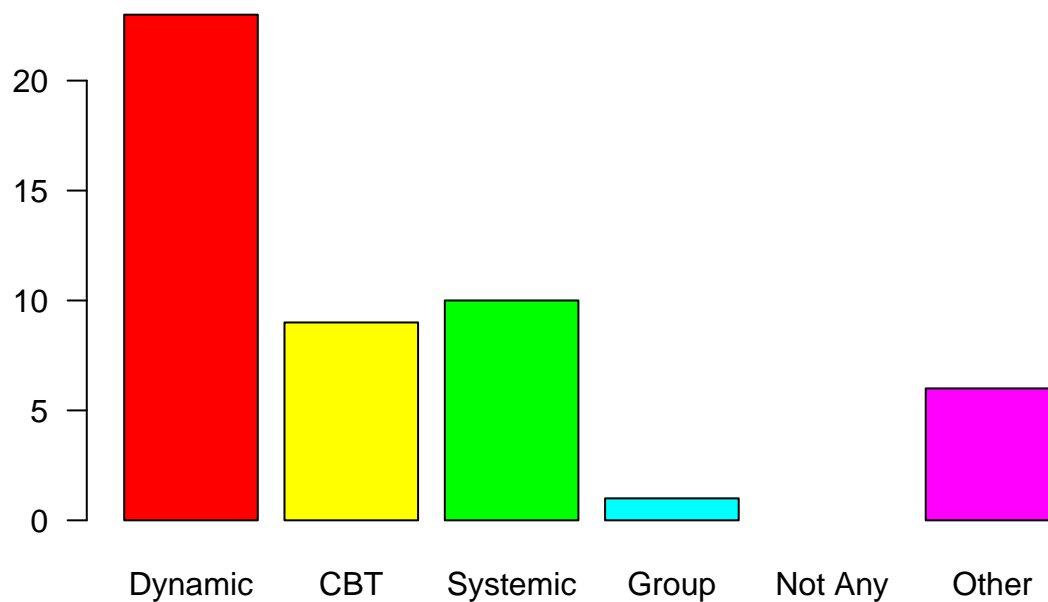
## Yes No  
## 0.91428571 0.08571429

## Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

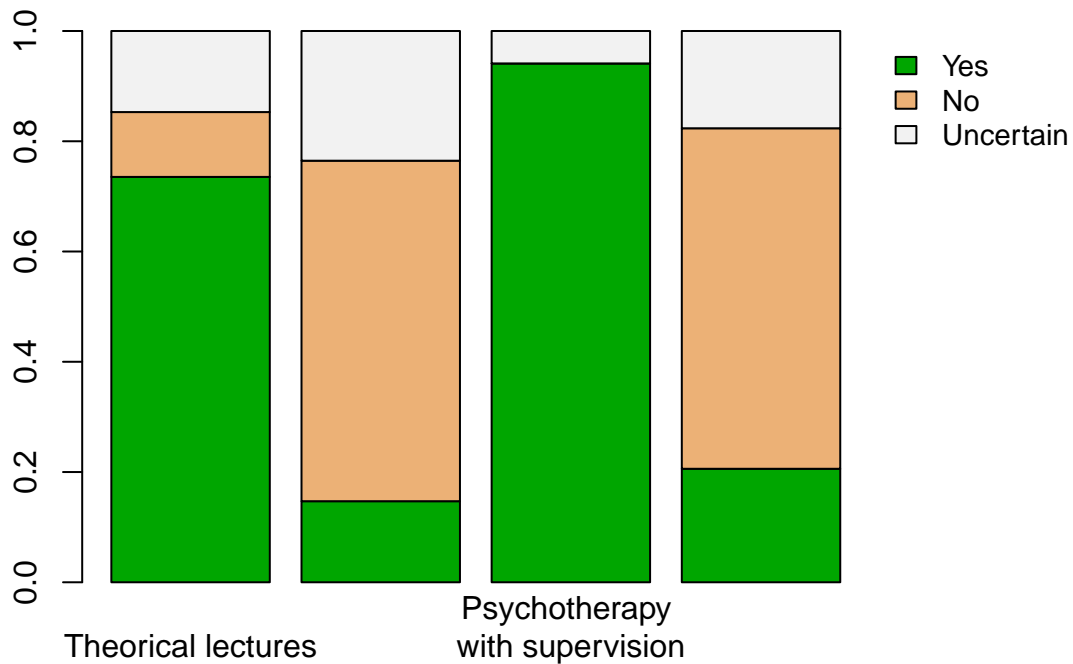
## Interested in this therapy



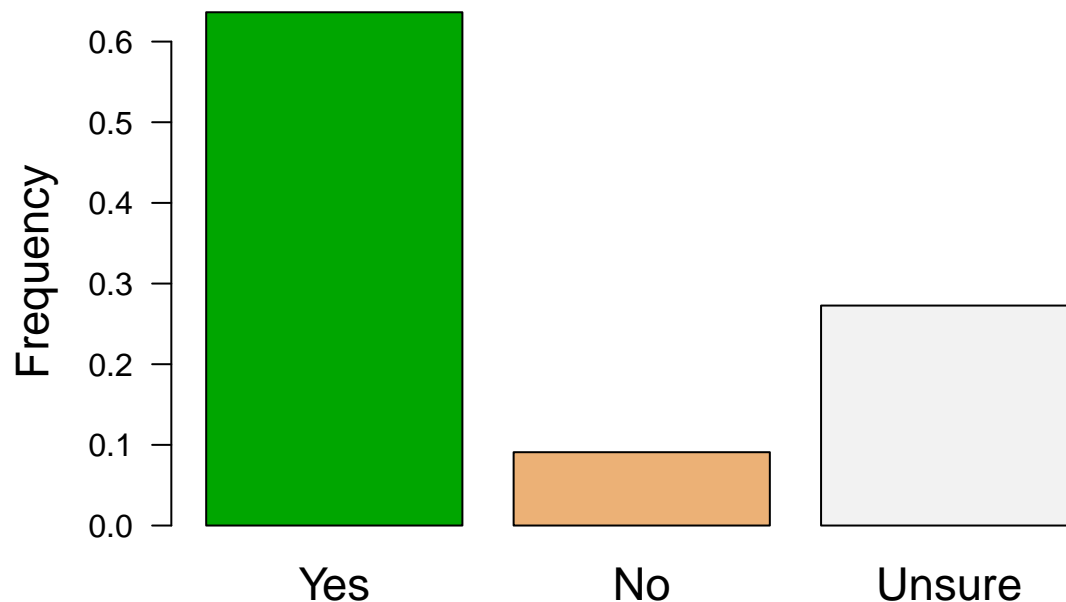
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

**The following experience in psychotherapy  
is a mandatory part of my training in Psychiatry**

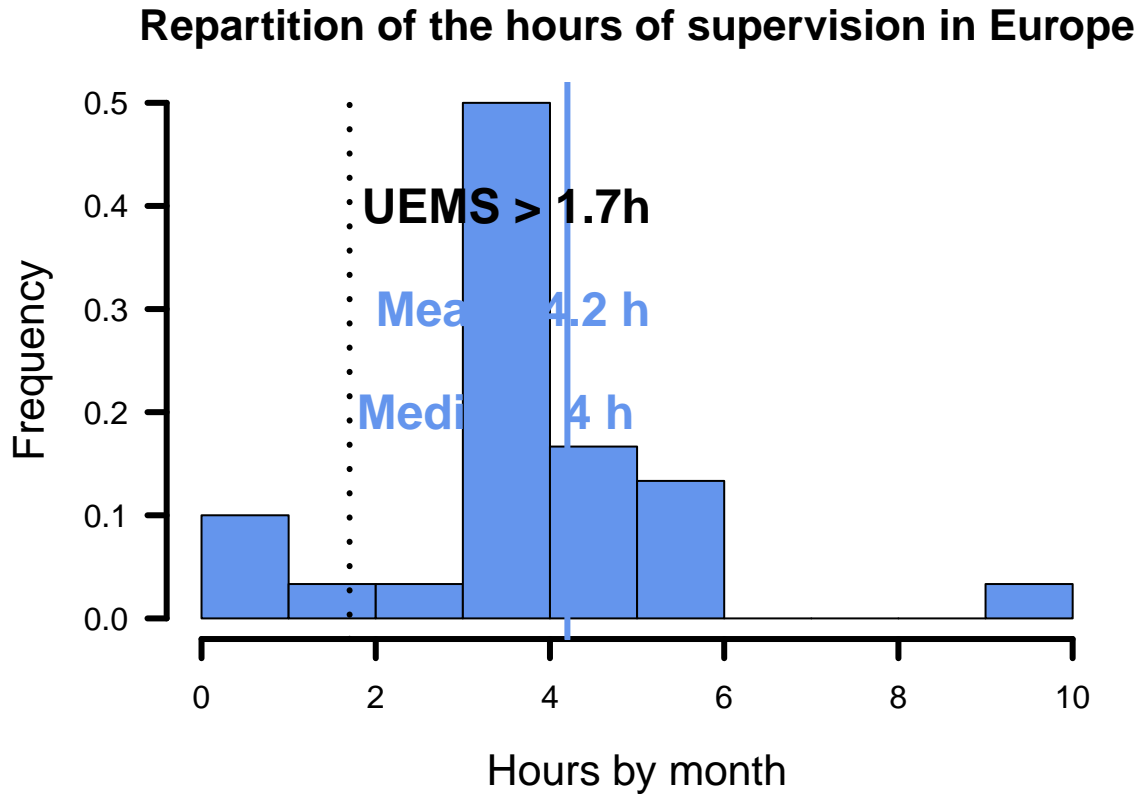


**Are you qualified  
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

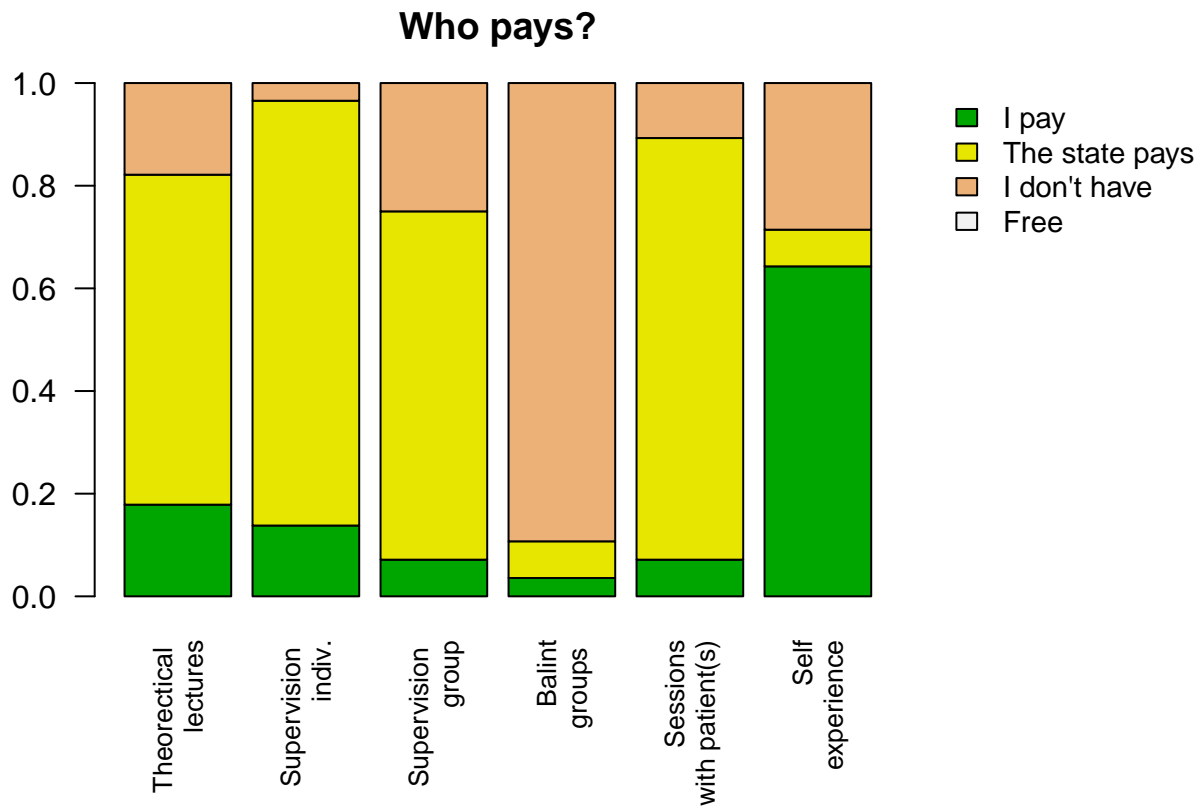
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Israel_data$q_0015)
```

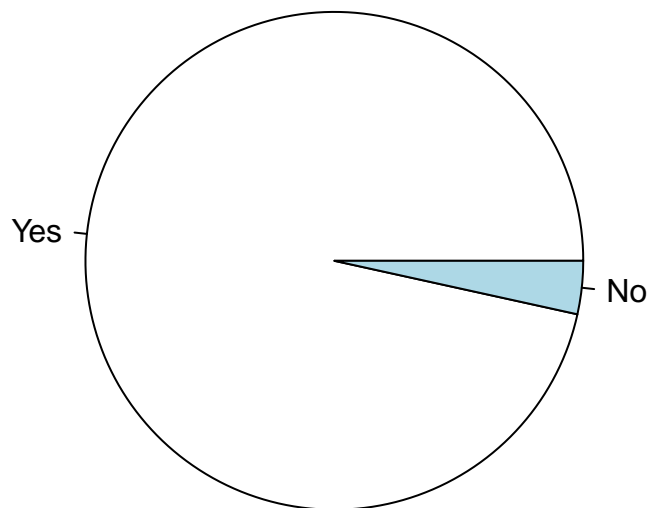
Who pays?



Would you train for free?

```
##
##      Yes      No
## 0.96551724 0.03448276
```

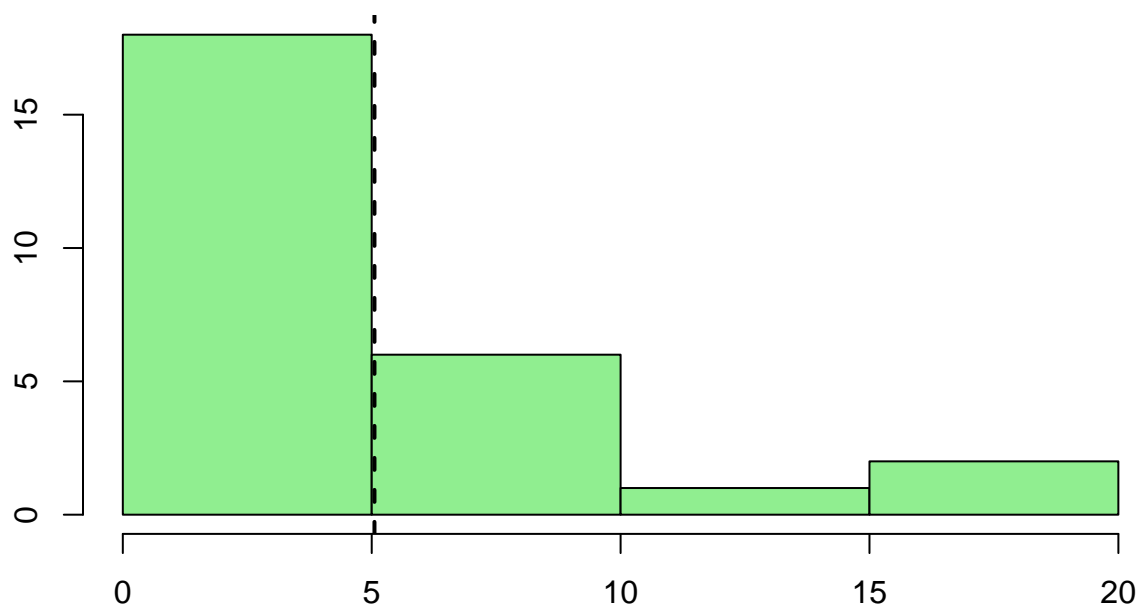
## Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

How much would you invest in psychotherapy training ?

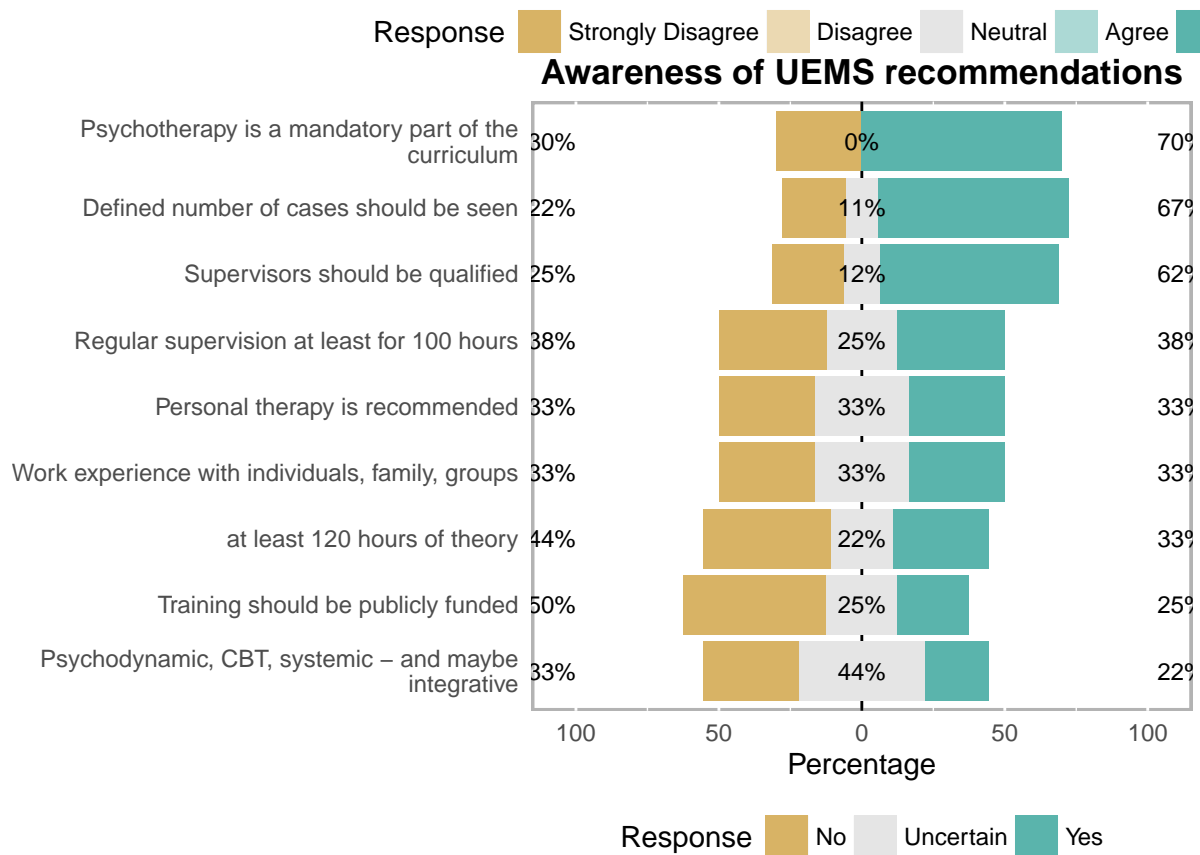
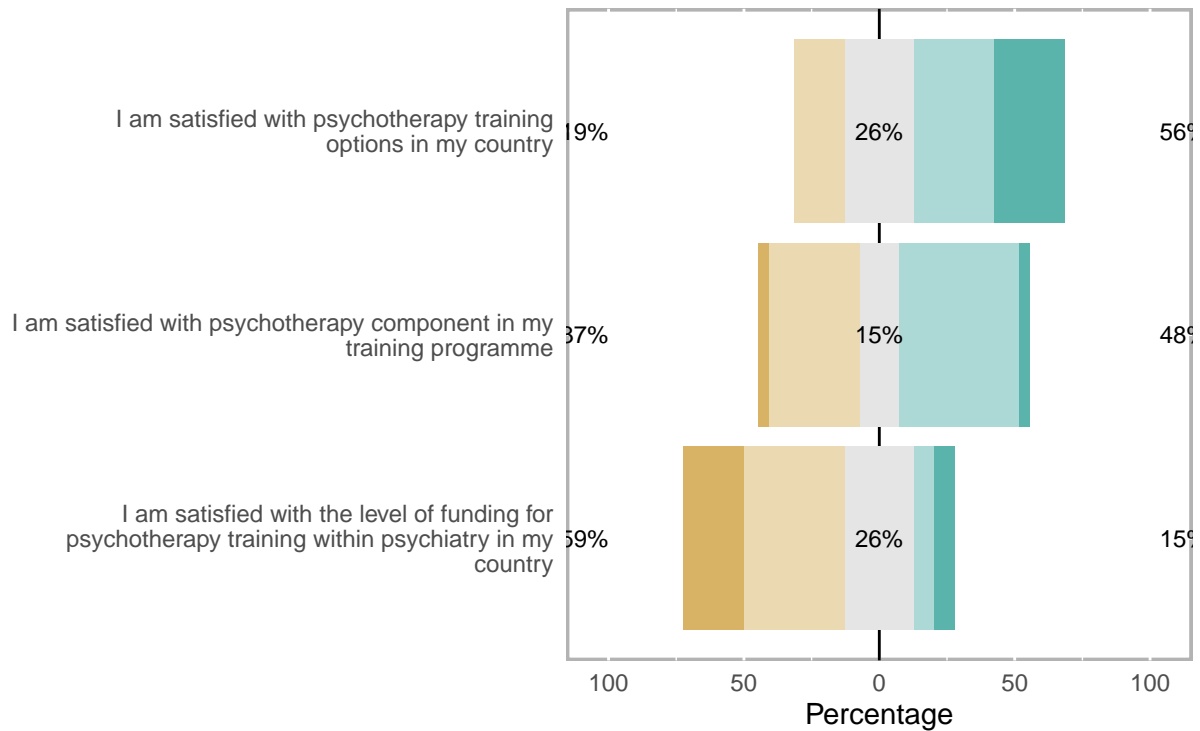
## % of annual salary for psychotherapy training



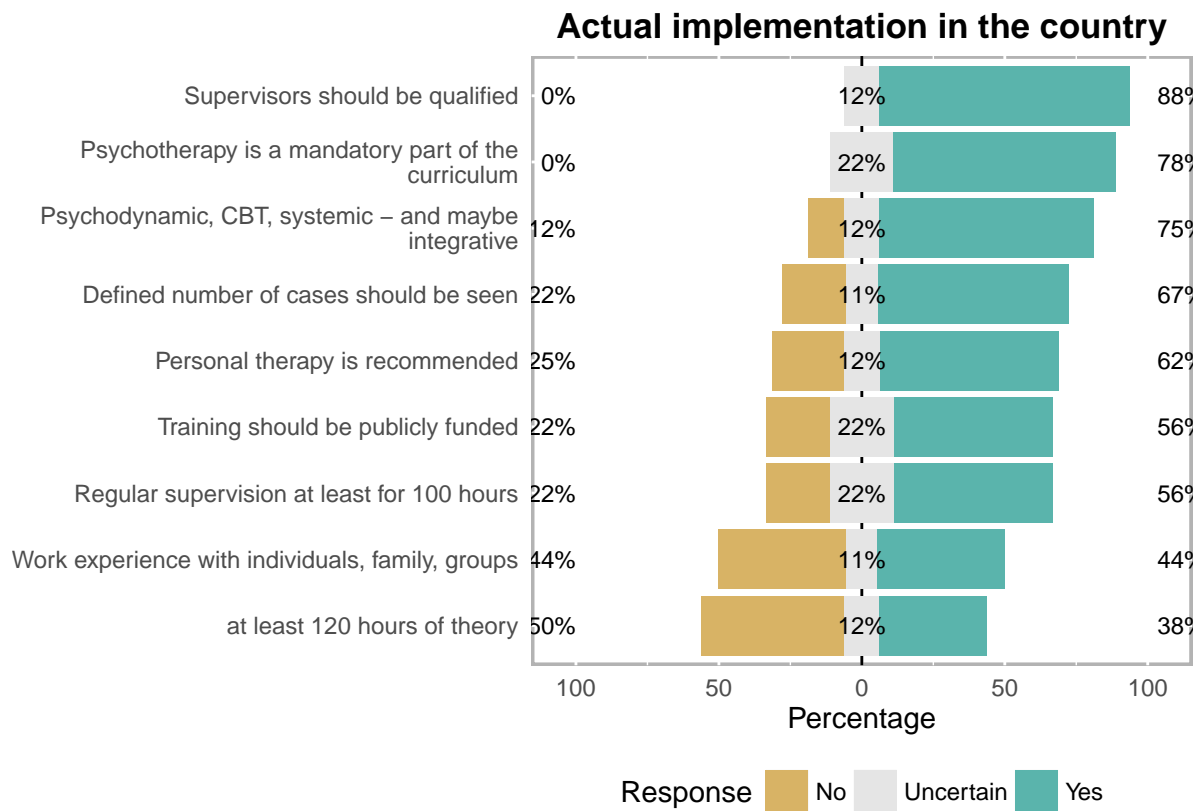
For annual salary do you intend to spend on funding your psychotherapy training In t



## Satisfaction group

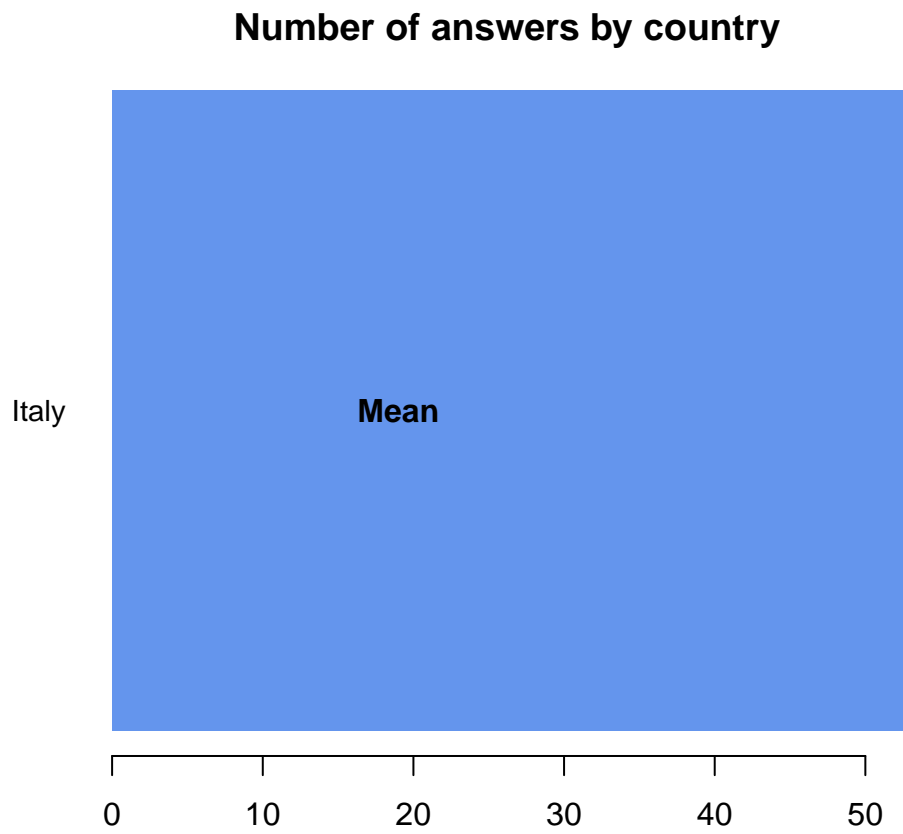


## UEMS recommendations awareness



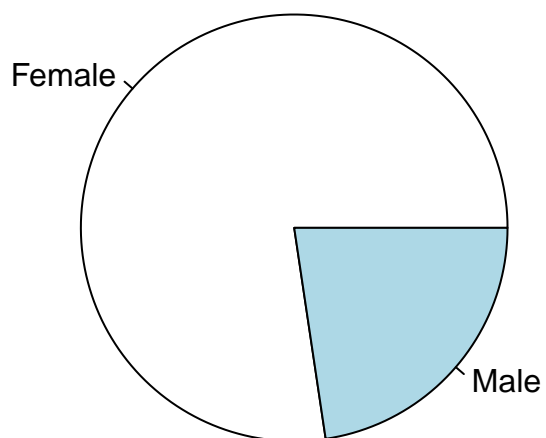
## Italy results

Number of participants



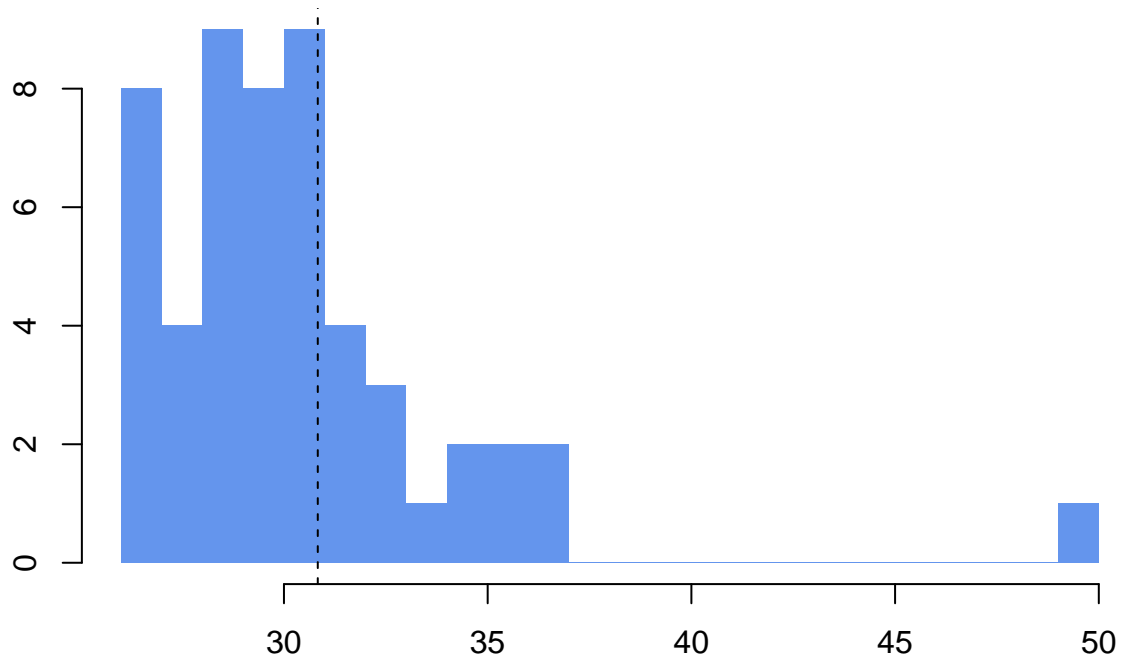
Gender

**Gender of participants in Europe reponses**



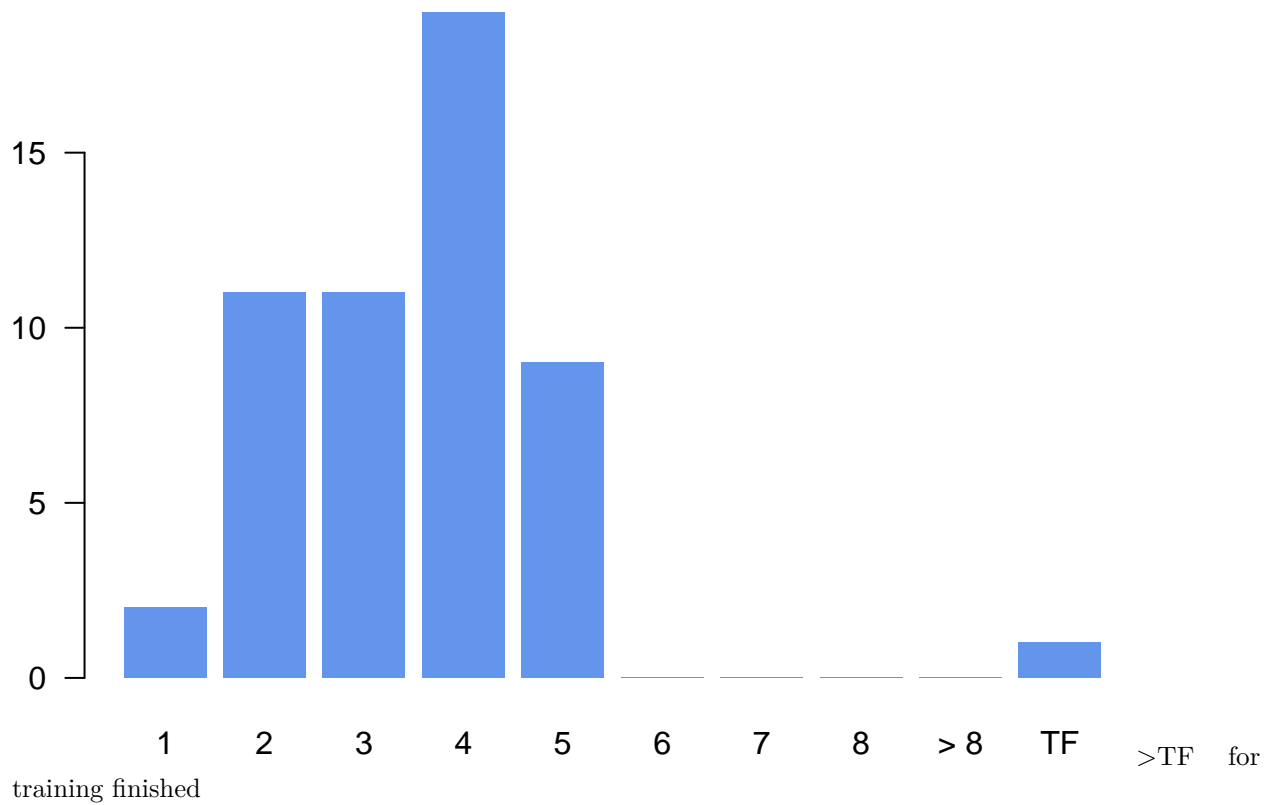
Age

**Age distribution**



Year in Training

**Year of training**

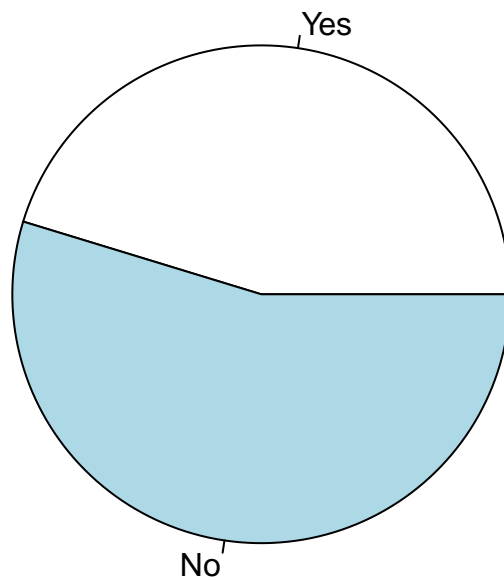


training finished

Are you receiving personal psychotherapy or have you received it in the past?

```
##
##      Yes      No
## 0.4528302 0.5471698
```

**Receiving personal psychotherapy (present or past)**

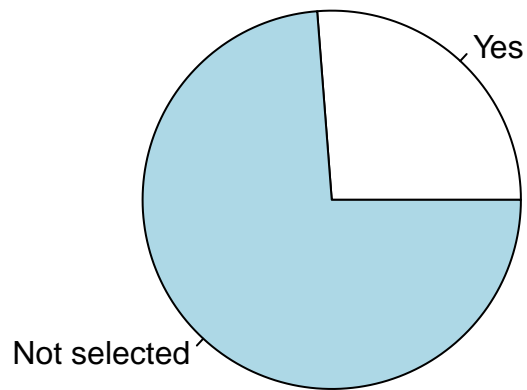


I am undertaking training in Psychotherapy on my own initiative

```
##
##      Yes Not selected
##      16      45

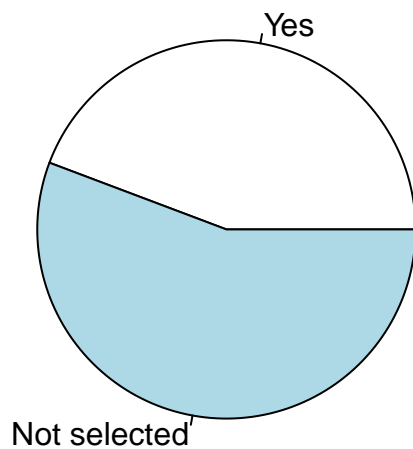
##
##      Yes Not selected
## 0.2622951 0.7377049
```

## Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

**I am not undertaking any training in Psychotherapy**

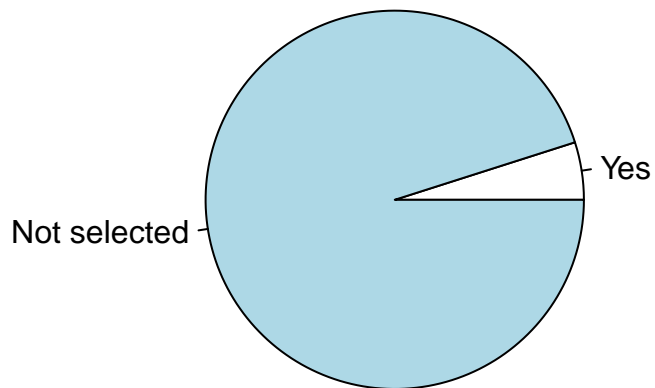


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

**I have completed full training in a Psychotherapy specialty in the past**

```
##
##      Yes Not selected
## 0.04918033 0.95081967
```

## Completed a full training in a Psychotherapy (past)

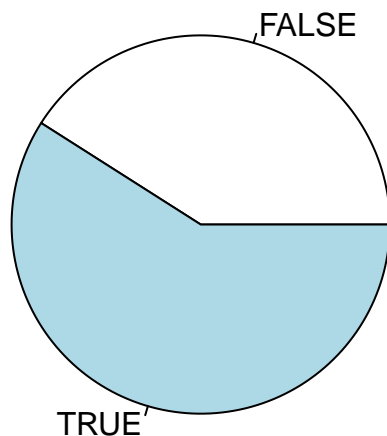


## I am training in some modality

```
##
## FALSE TRUE
##    25   36
```

```
##
##      FALSE      TRUE
## 0.4098361 0.5901639
```

## I am training in some modality of psychotherapy

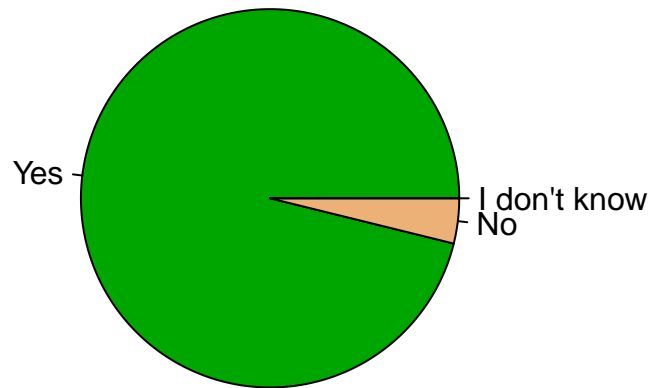


## Is psychotherapy important for your identity as a psychiatrist ?

```
##
##      Yes      No I don't know
##      50       2         0
```

```
##
##      Yes      No I don't know
## 0.96153846 0.03846154 0.00000000
```

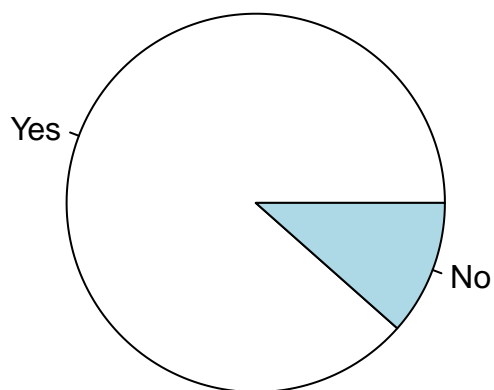
## Psychotherapy important for the professional identity



## Do you want to practise Psychotherapy ?

```
##
##      Yes      No
## 0.8846154 0.1153846
```

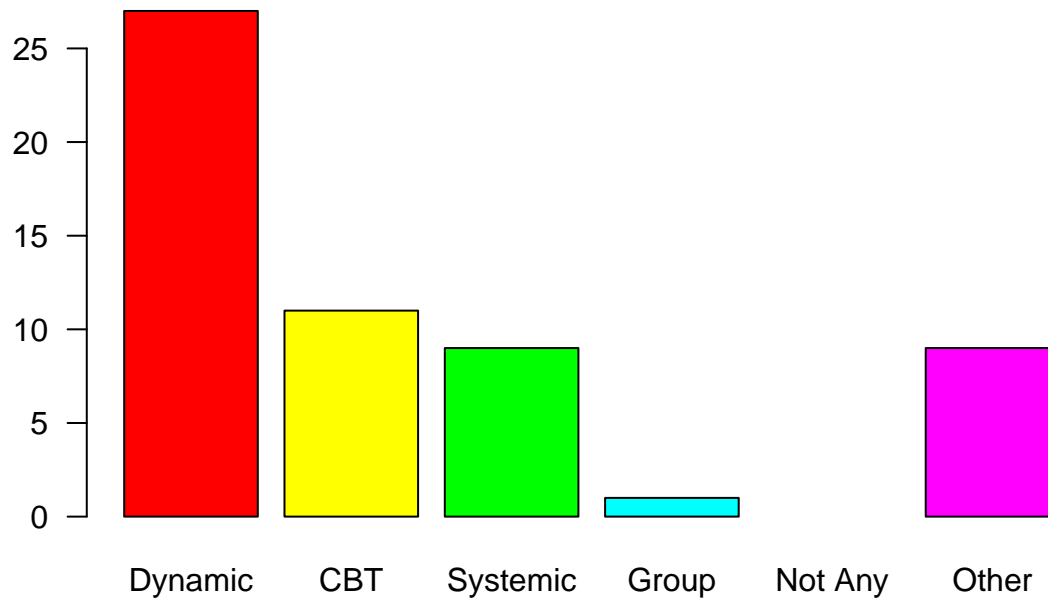
## Plan to practise Psychotherapy after training





Are you interested in this psychotherapy?

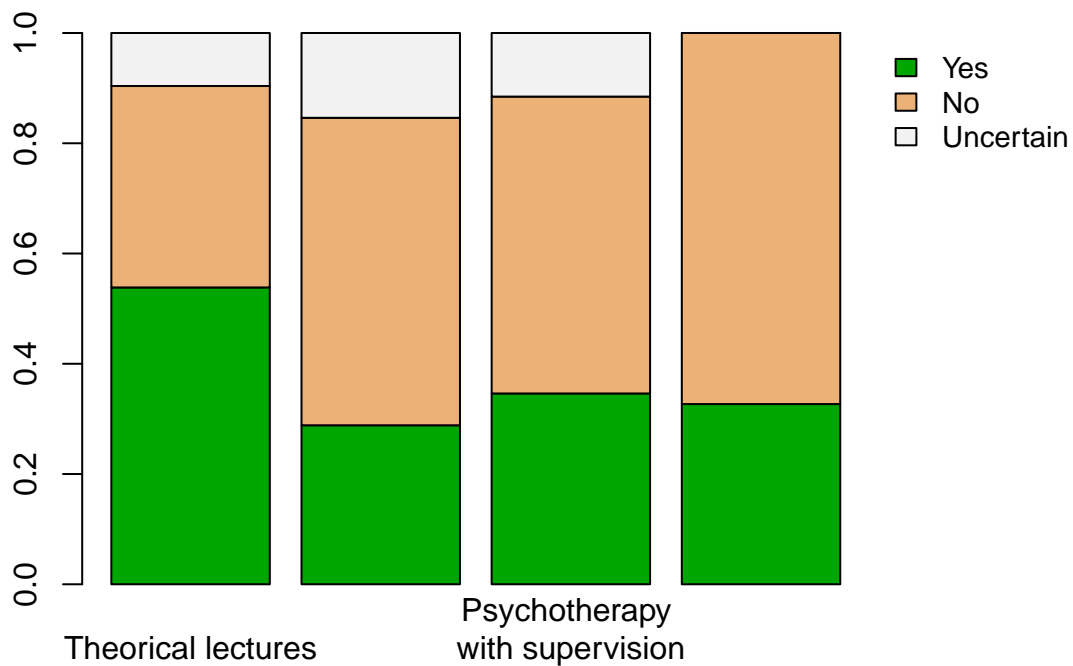
### Interested in this therapy



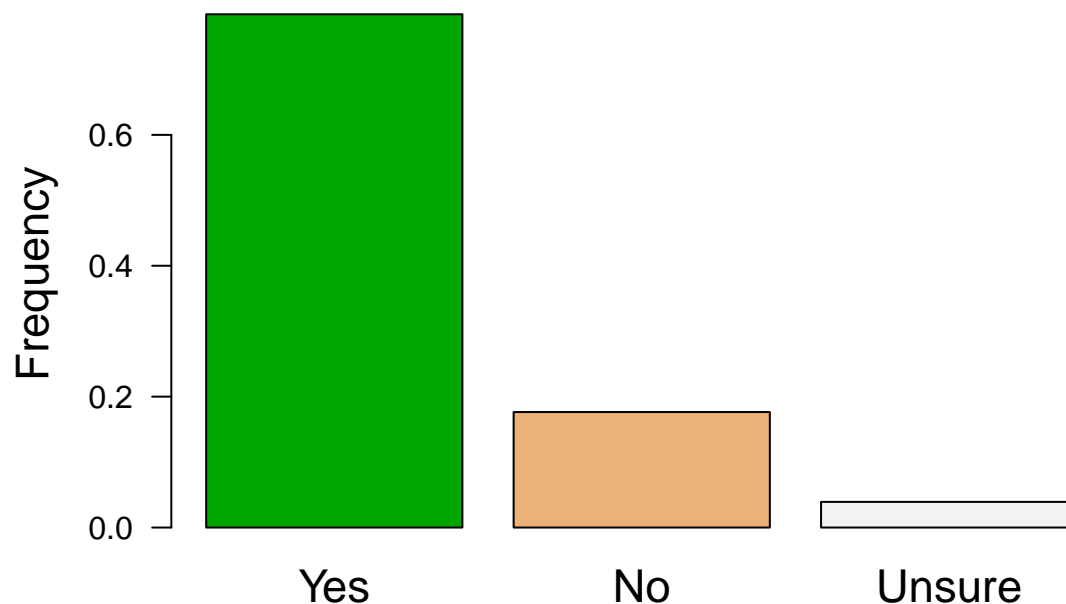
**“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”**

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

**The following experience in psychotherapy  
is a mandatory part of my training in Psychiatry**

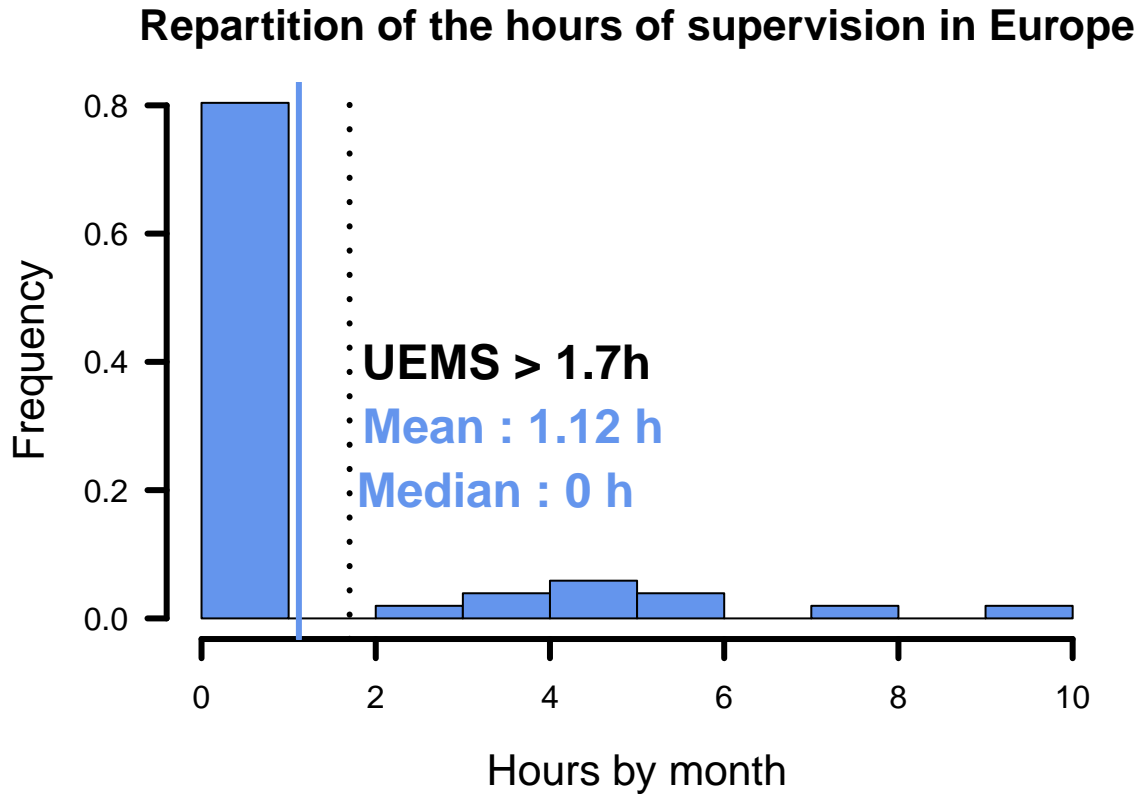


**Are you qualified  
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

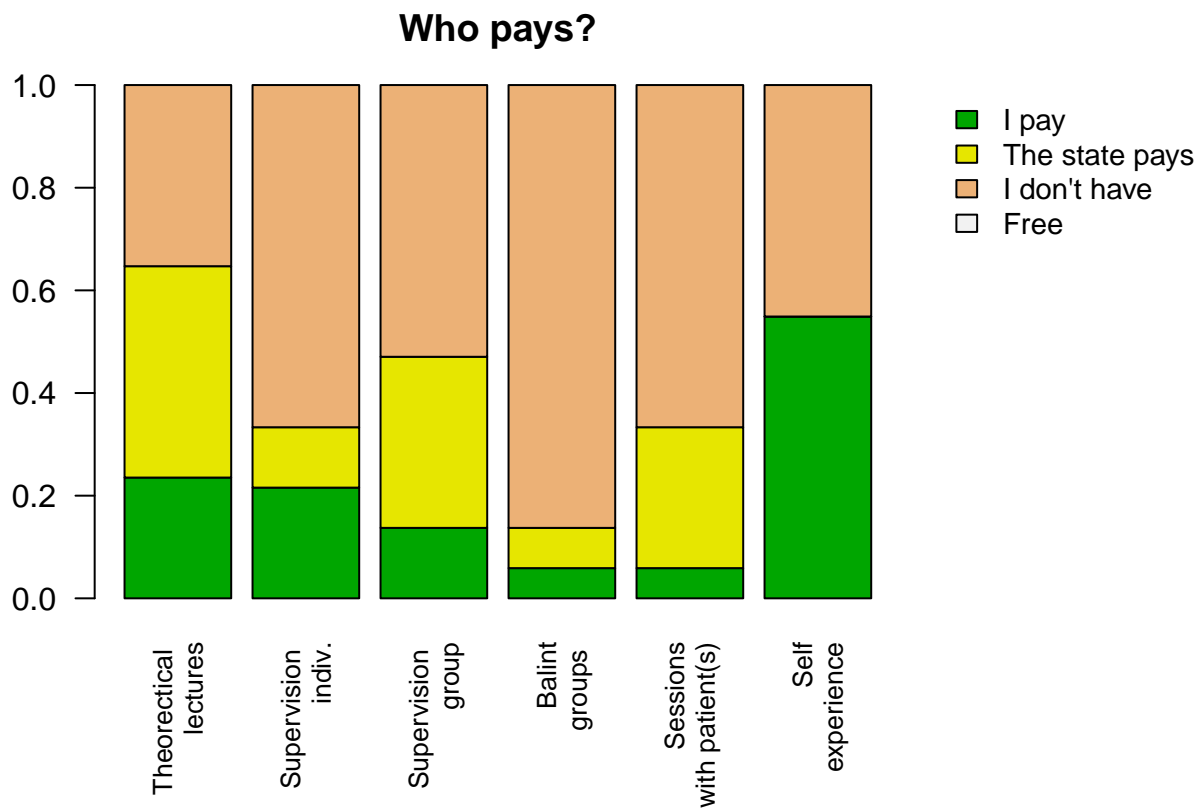
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Italy_data$q_0015)
```

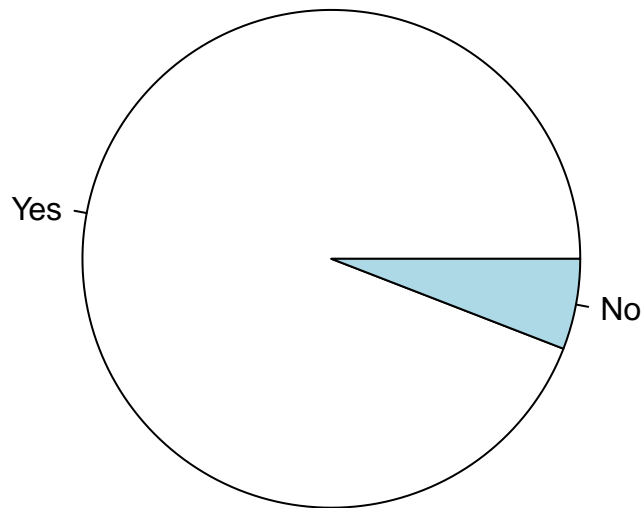
Who pays?



Would you train for free?

```
##
##      Yes      No
## 0.94117647 0.05882353
```

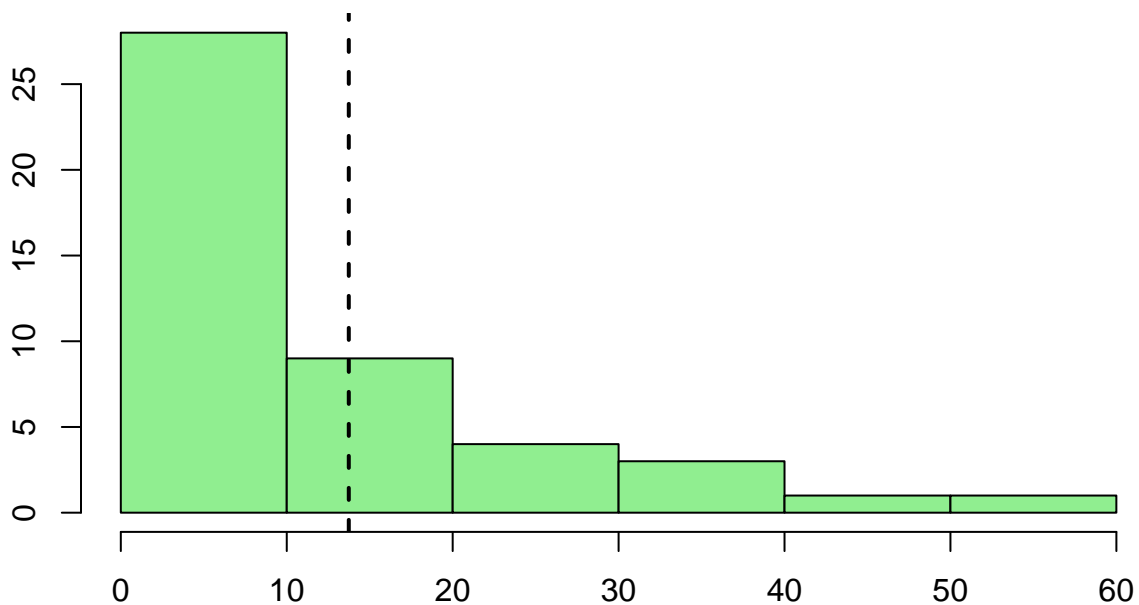
## Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

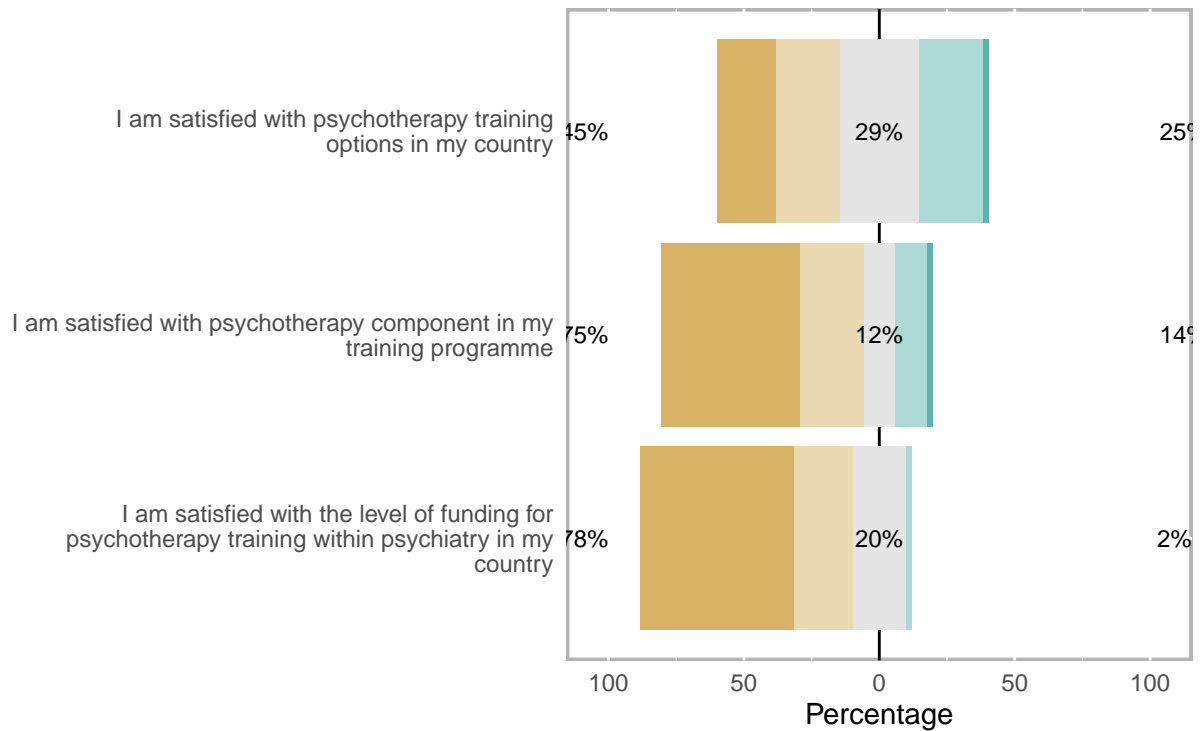
How much would you invest in psychotherapy training ?

## % of annual salary for psychotherapy training



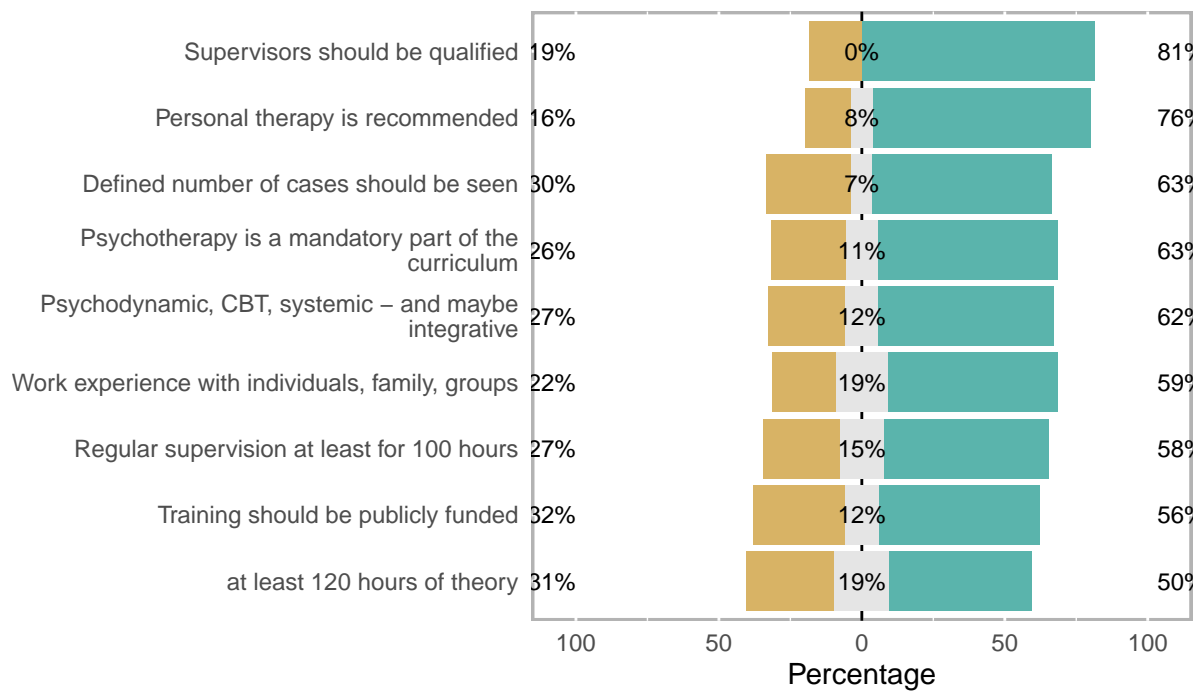
For annual salary do you intend to spend on funding your psychotherapy training In t

## Satisfaction group



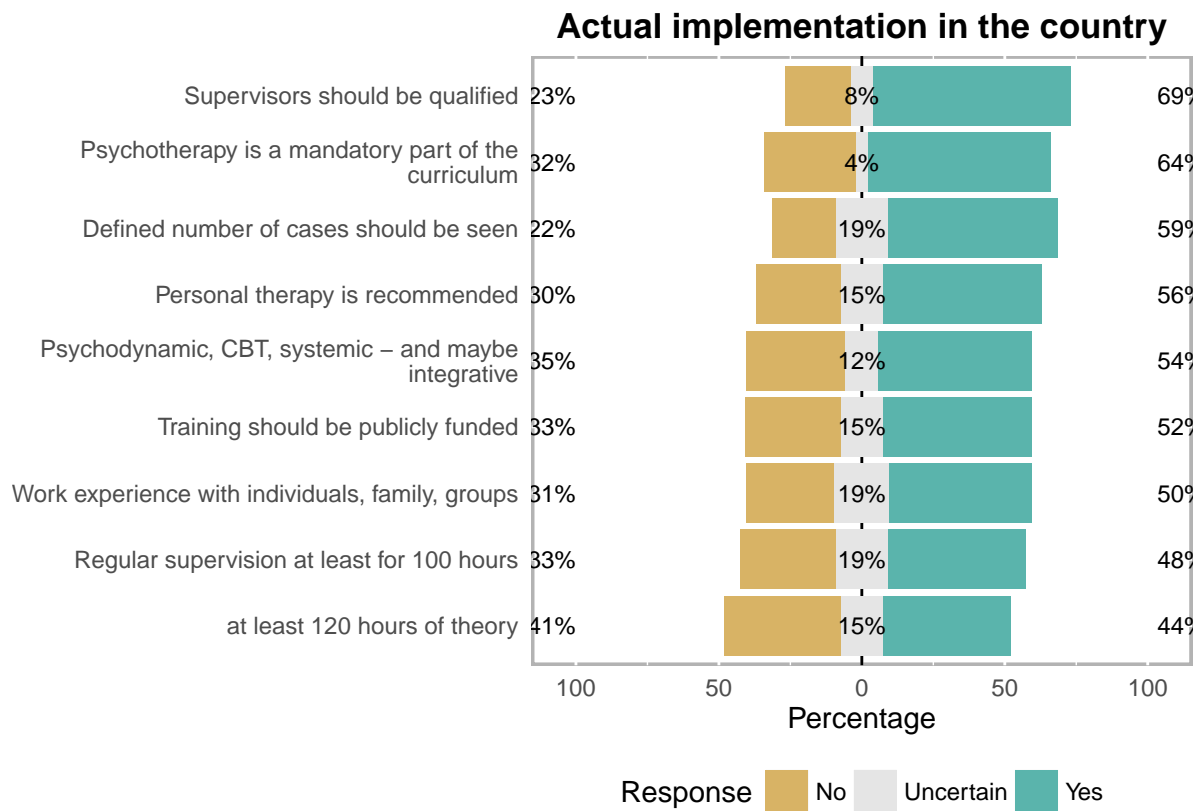
Response Strongly Disagree Disagree Neutral Agree Strongly Agree

## Awareness of UEMS recommendations



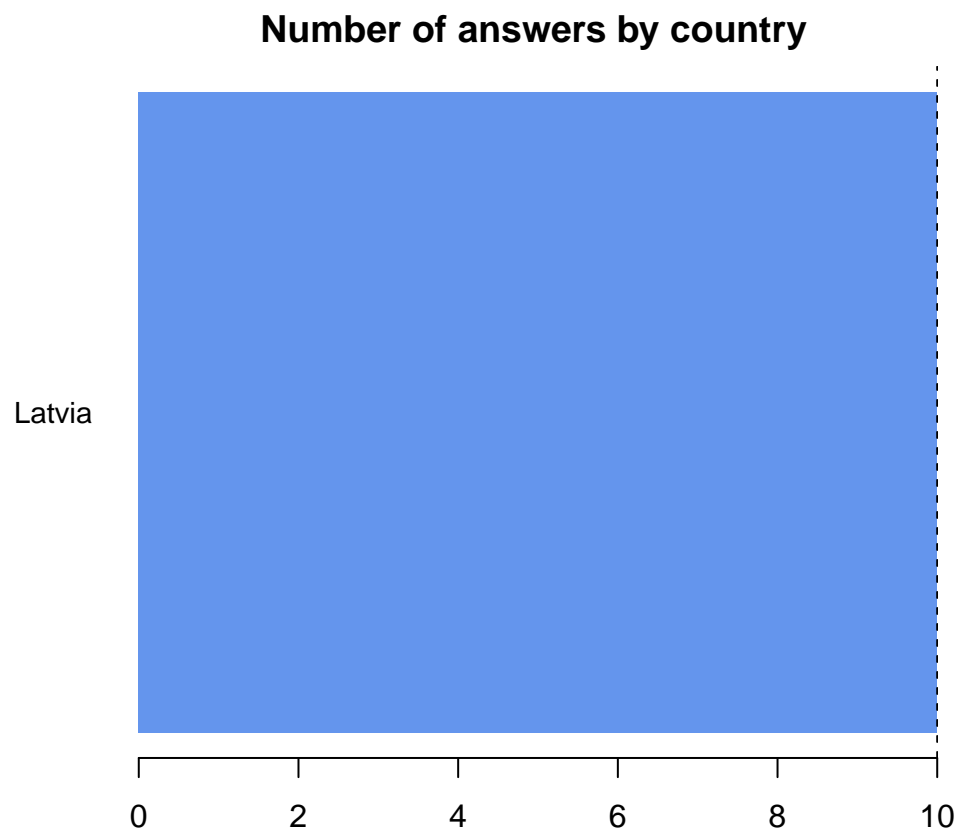
Response No Uncertain Yes

## UEMS recommendations awareness



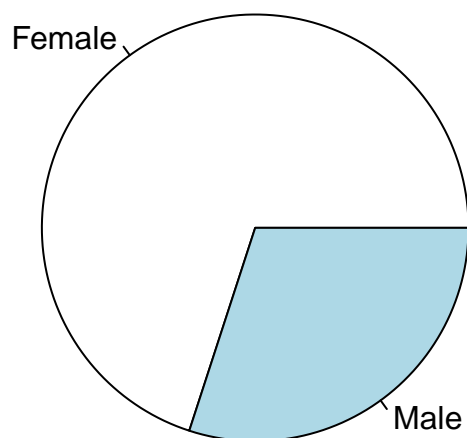
## Latvia results

Number of participants



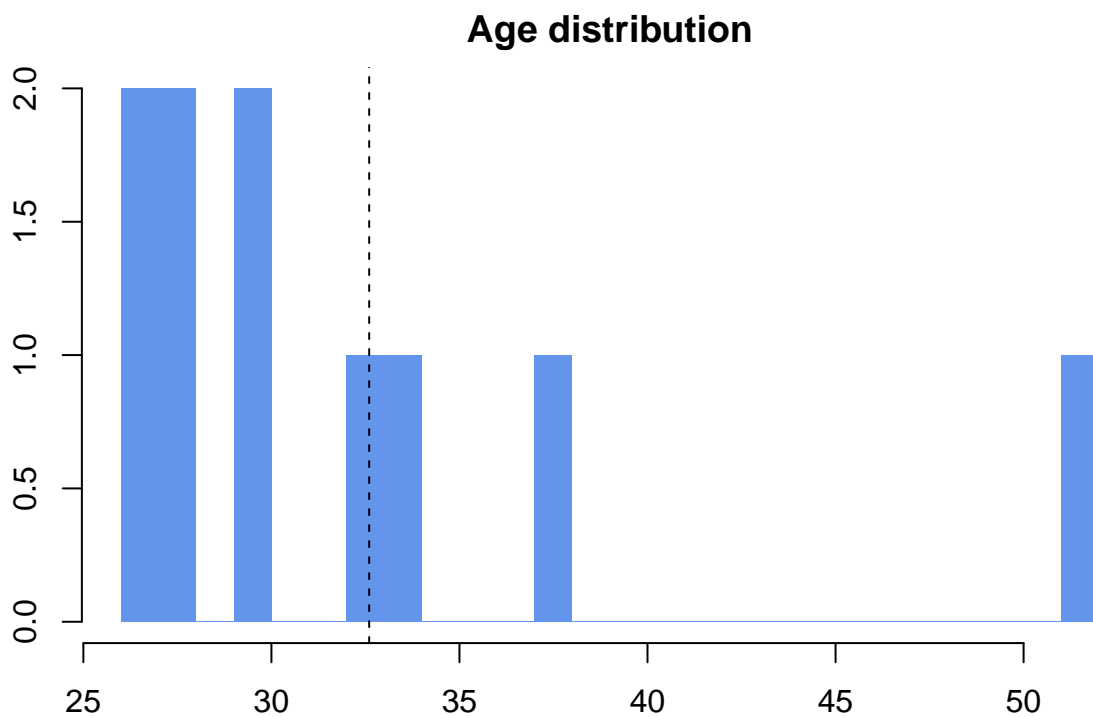
Gender

## Gender of participants in Europe reponses

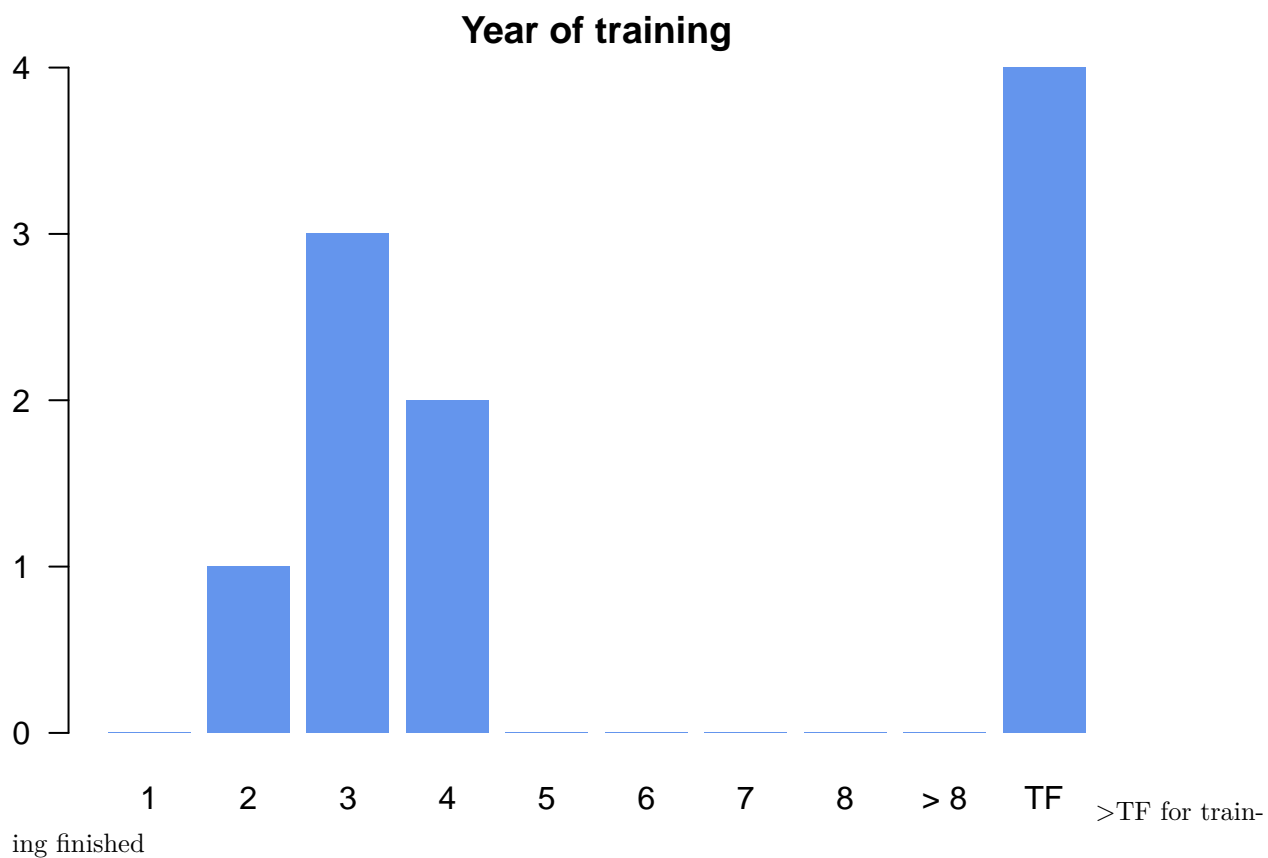




Age



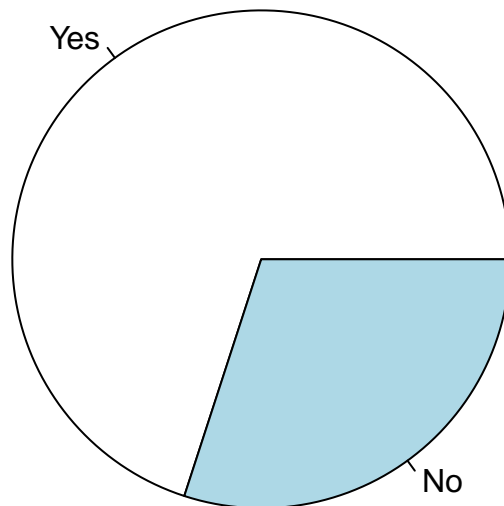
Year in Training



Are you receiving personal psychotherapy or have you received it in the past?

```
##
## Yes  No
## 0.7 0.3
```

**Receiving personal psychotherapy (present or past)**

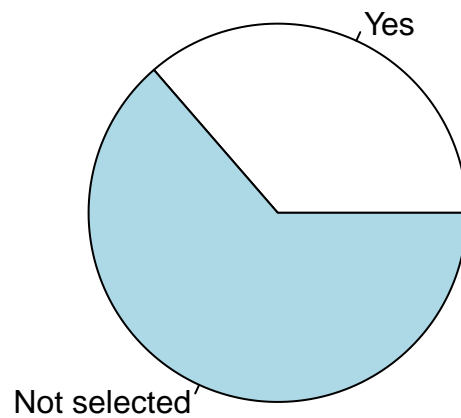


I am undertaking training in Psychotherapy on my own initiative

```
##
##          Yes Not selected
##          4          7
```

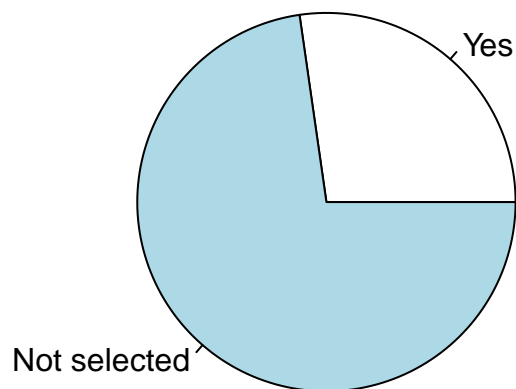
```
##
##          Yes Not selected
## 0.3636364 0.6363636
```

## Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

**I am not undertaking any training in Psychotherapy**

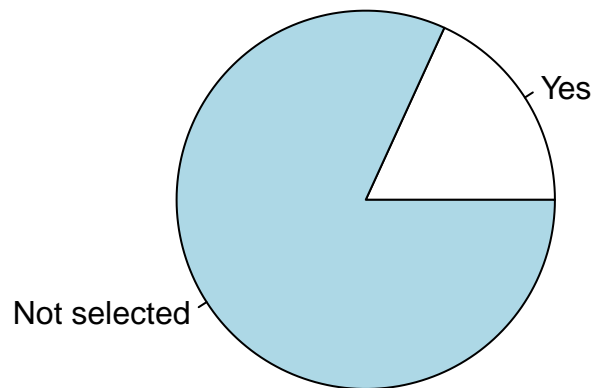


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

**I have completed full training in a Psychotherapy specialty in the past**

```
##
##      Yes Not selected
## 0.1818182 0.8181818
```

## Completed a full training in a Psychotherapy (past)

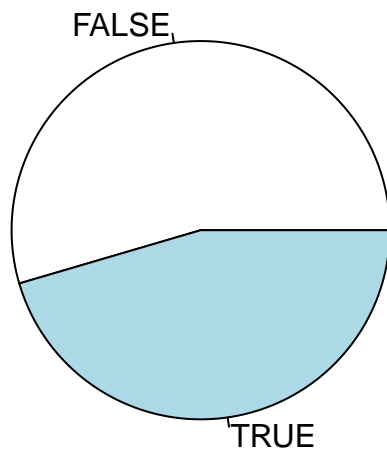


## I am training in some modality

```
##
## FALSE TRUE
##      6   5
```

```
##
##      FALSE      TRUE
## 0.5454545 0.4545455
```

## I am training in some modality of psychotherapy

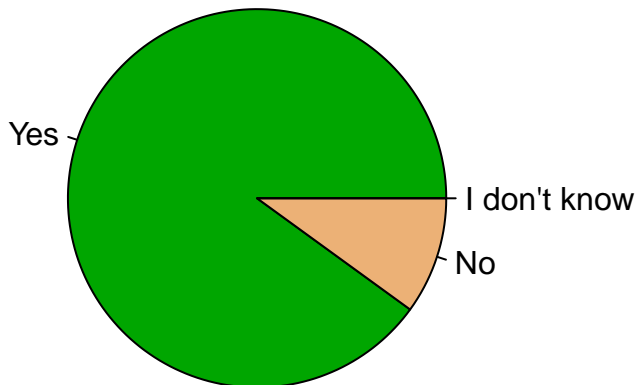


## Is psychotherapy important for your identity as a psychiatrist ?

```
##
##      Yes      No I don't know
##      9       1       0
```

##			
##	Yes	No	I don't know
##	0.9	0.1	0.0

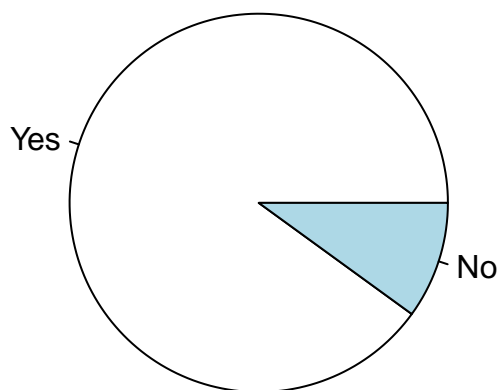
## Psychotherapy important for the professional identity



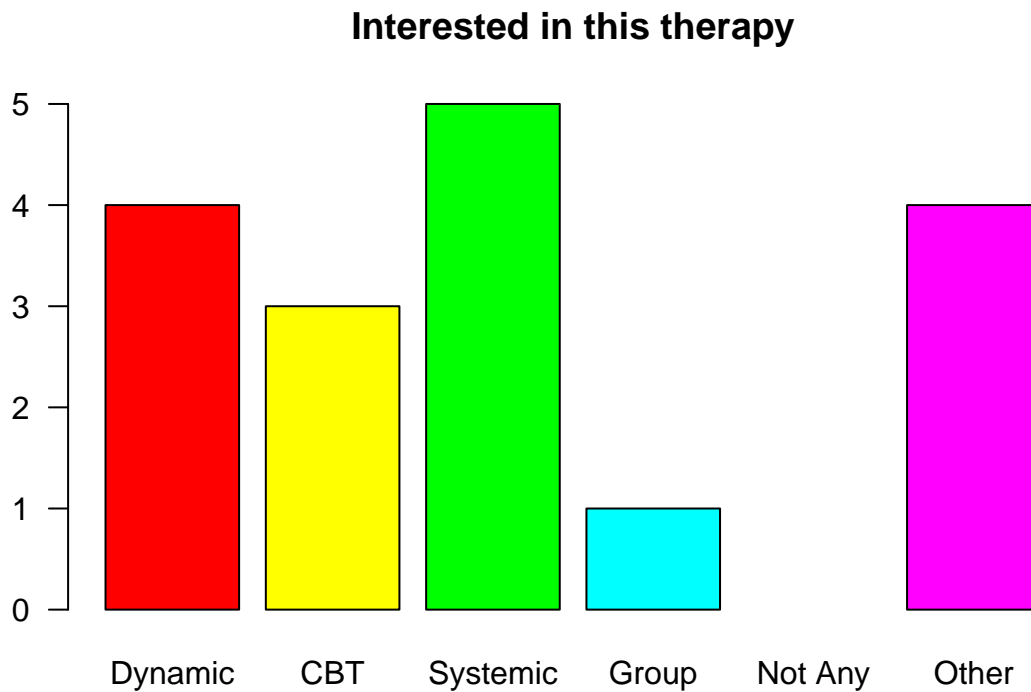
## Do you want to practise Psychotherapy ?

##		
##	Yes	No
##	0.9	0.1

## Plan to practise Psychotherapy after training



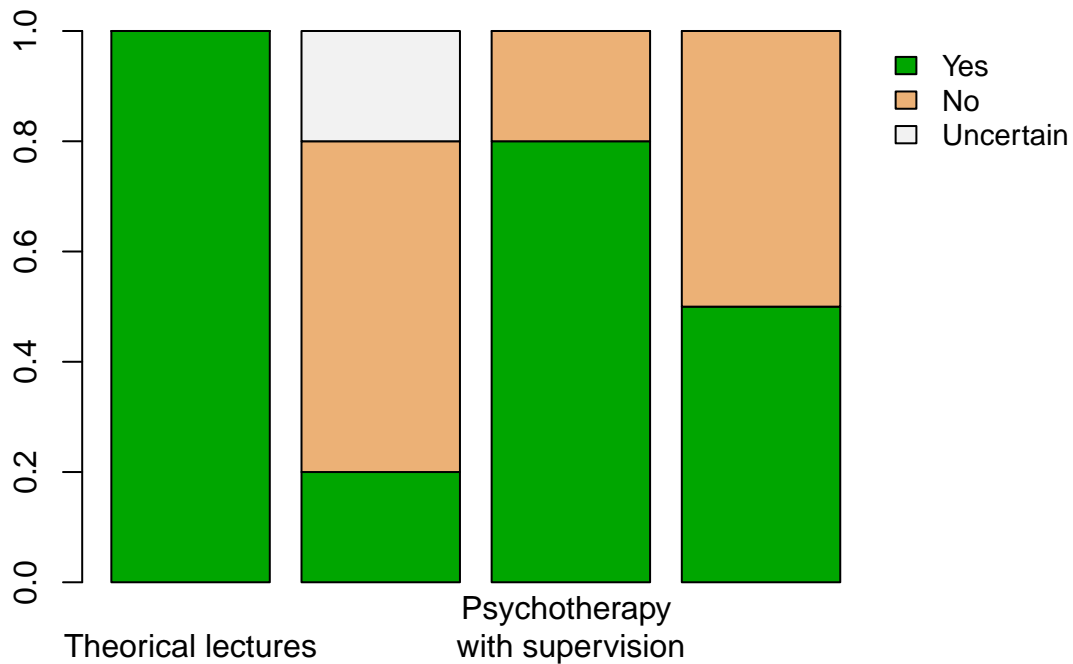
Are you interested in this psychotherapy?



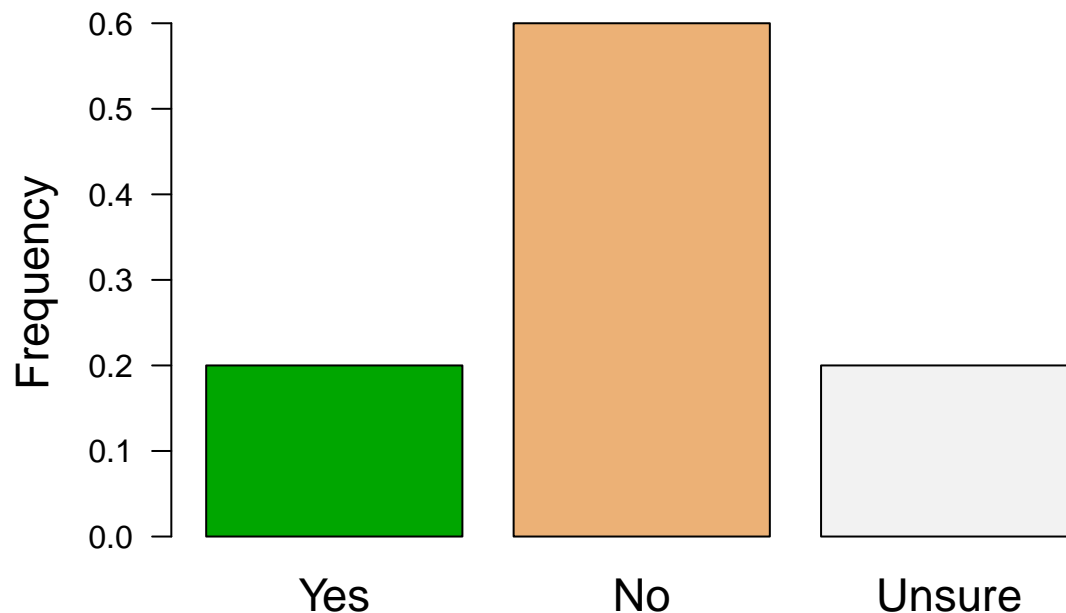
**“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”**

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

**The following experience in psychotherapy  
is a mandatory part of my training in Psychiatry**

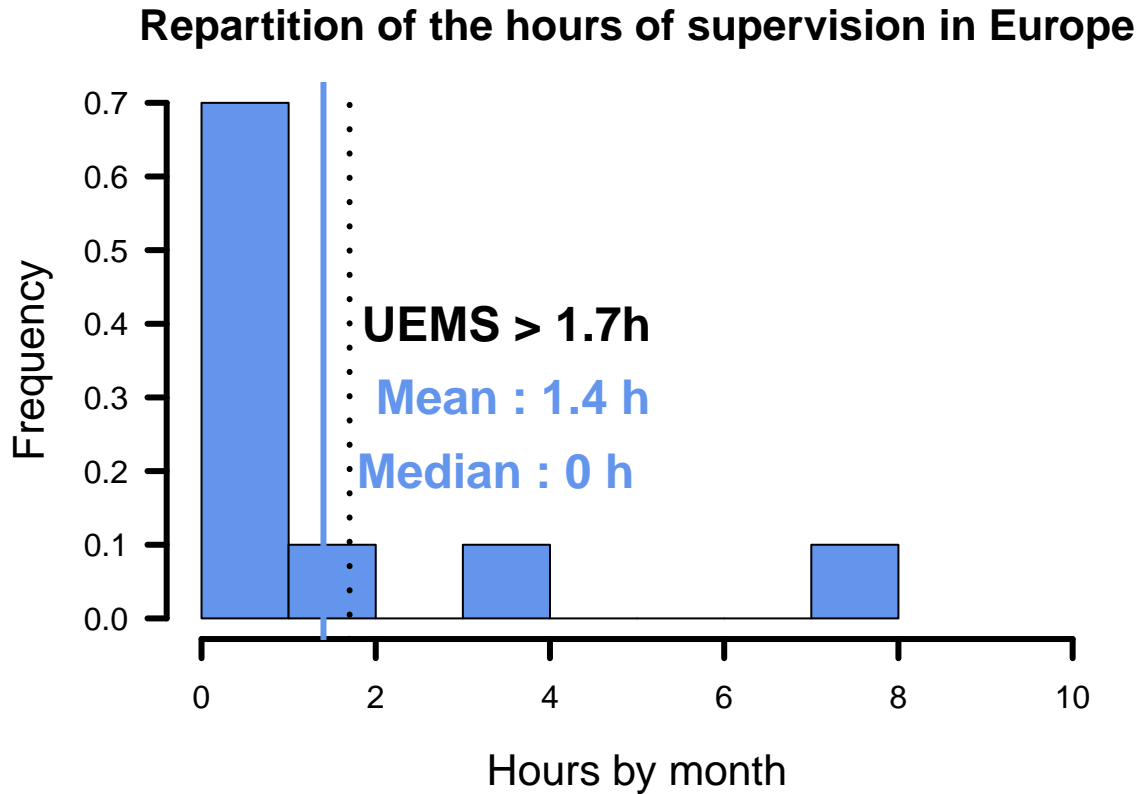


**Are you qualified  
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

How many hours of supervision

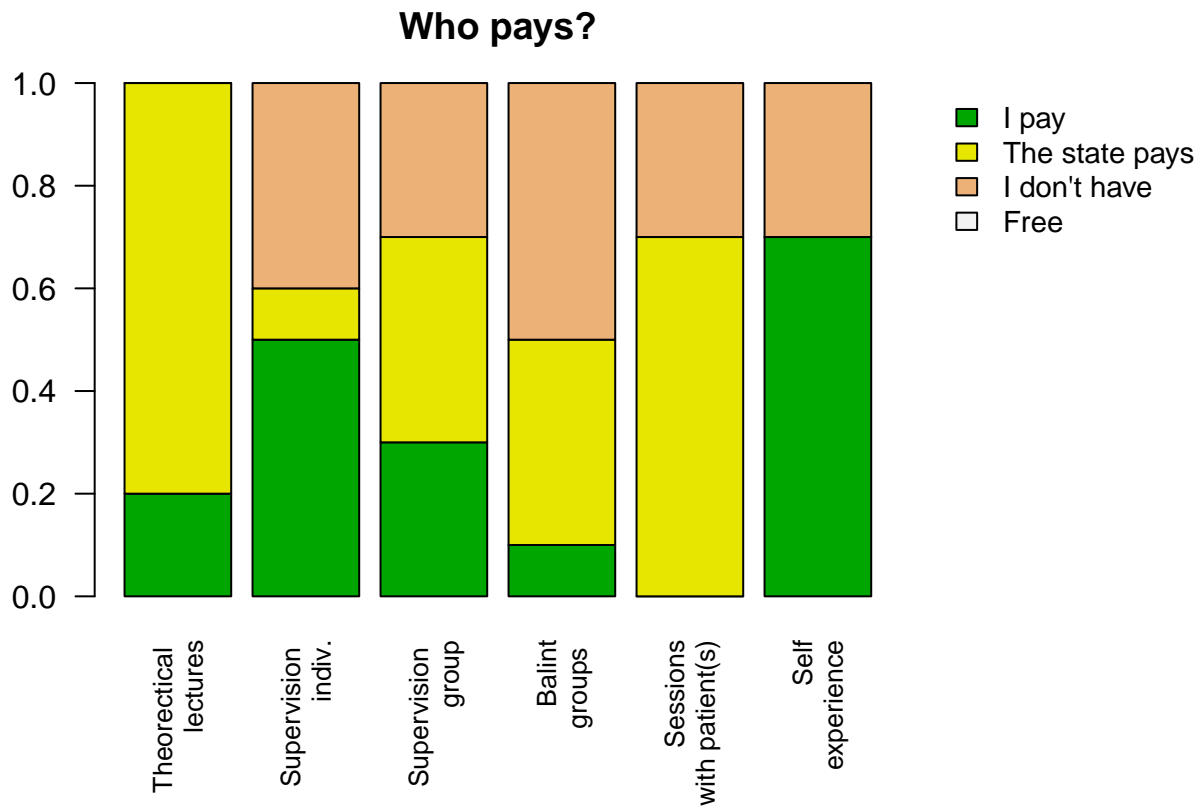


UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Latvia_data$q_0015)
```



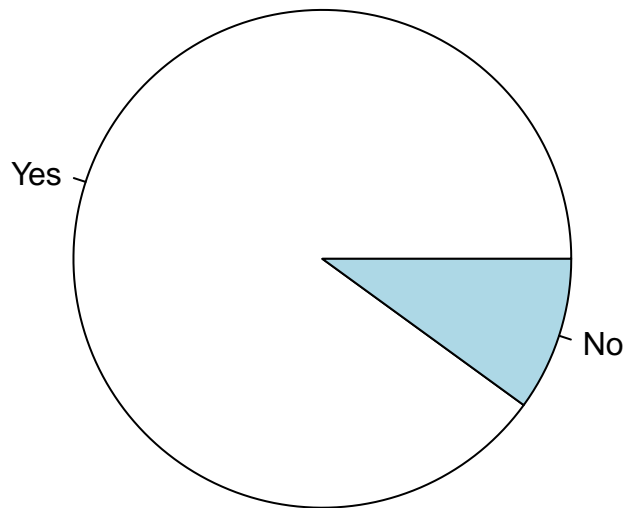
Who pays?



Would you train for free?

```
##
## Yes  No
## 0.9 0.1
```

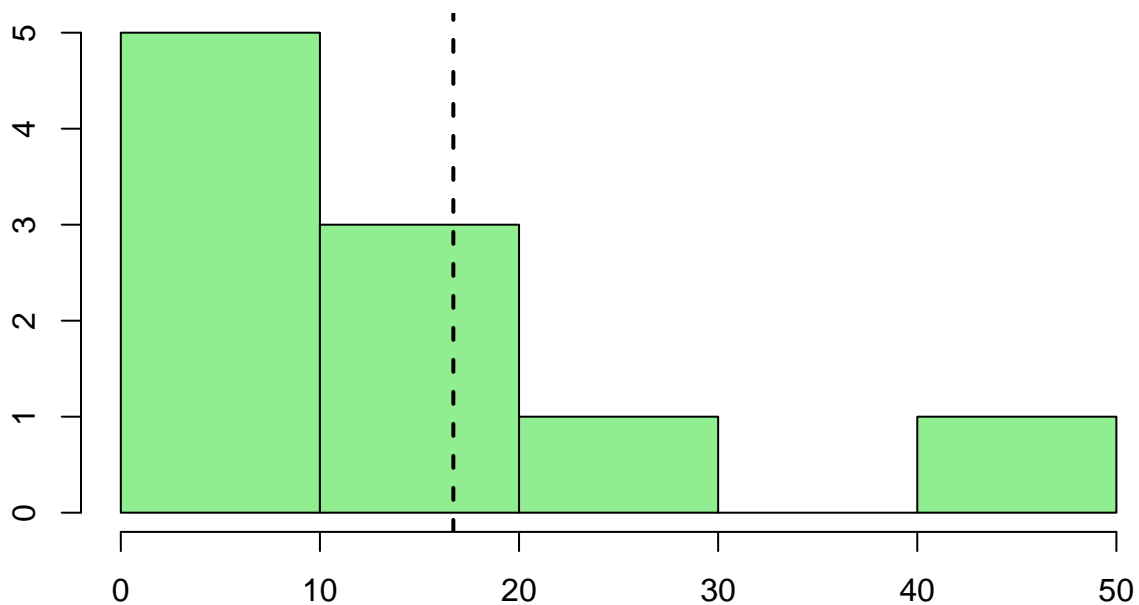
## Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

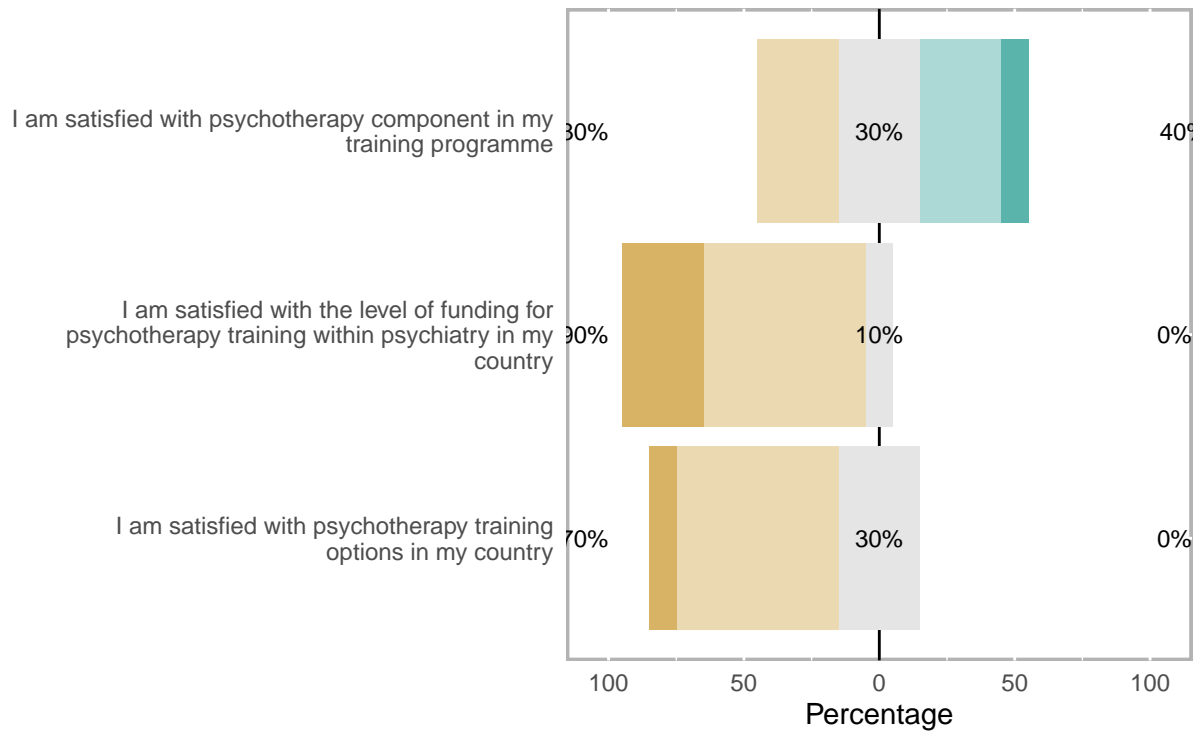
How much would you invest in psychotherapy training ?

## % of annual salary for psychotherapy training



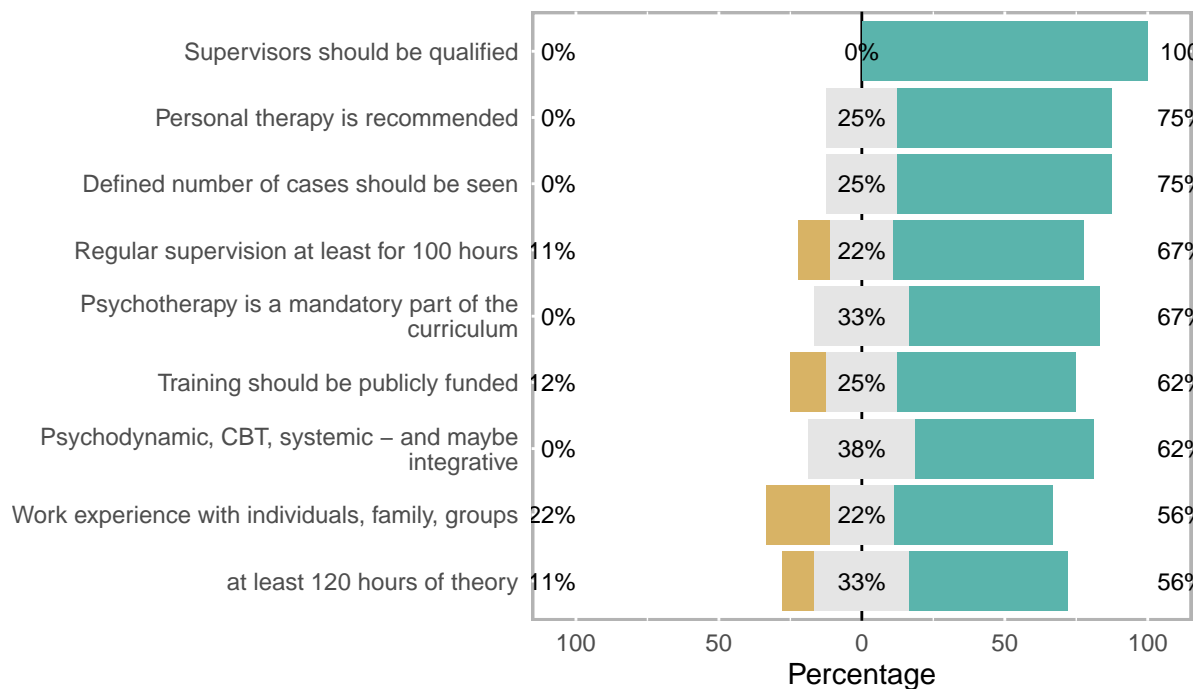
For annual salary do you intend to spend on funding your psychotherapy training In t

## Satisfaction group



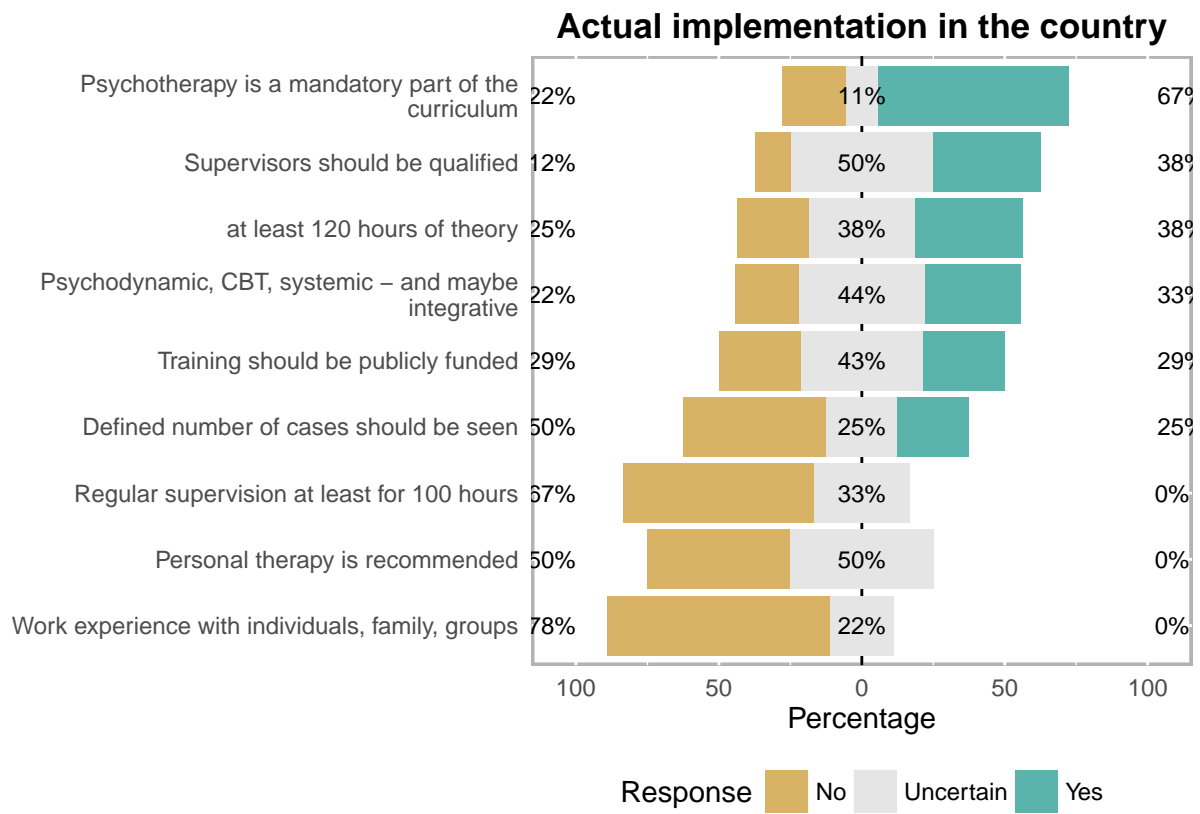
Response Strongly Disagree Disagree Neutral Agree

## Awareness of UEMS recommendations



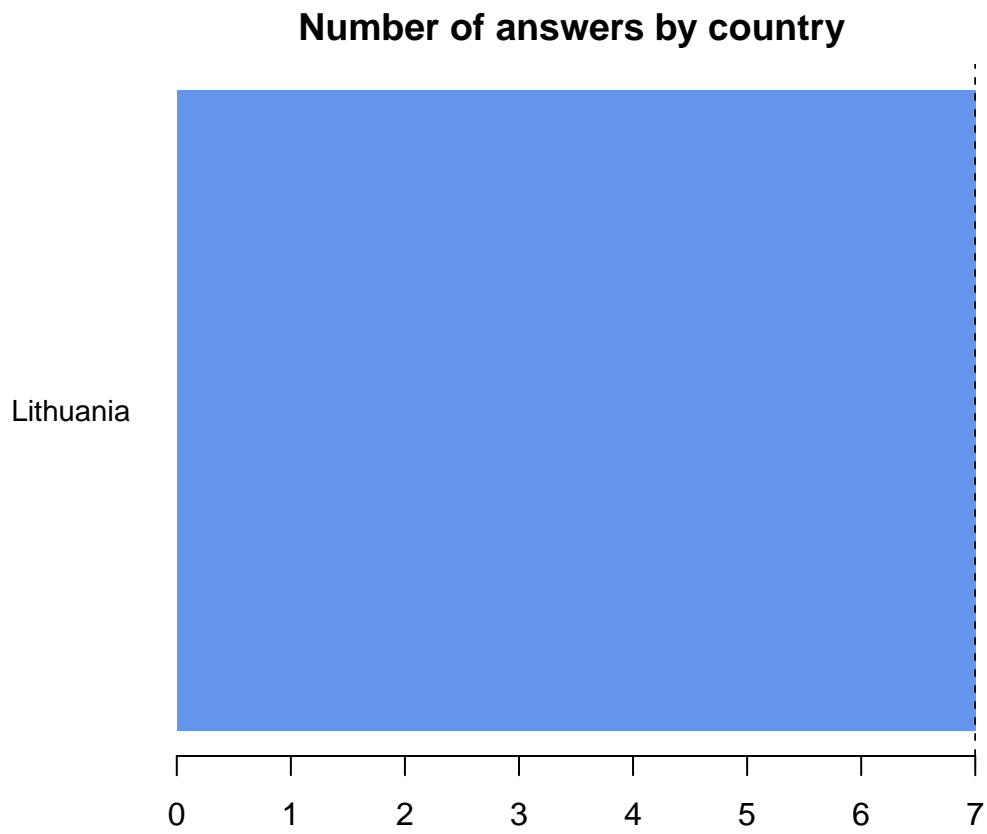
Response No Uncertain Yes

## UEMS recommendations awareness



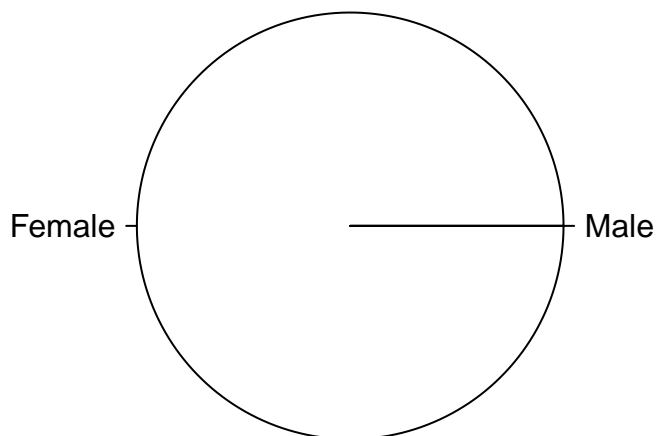
## Lithuania results

Number of participants

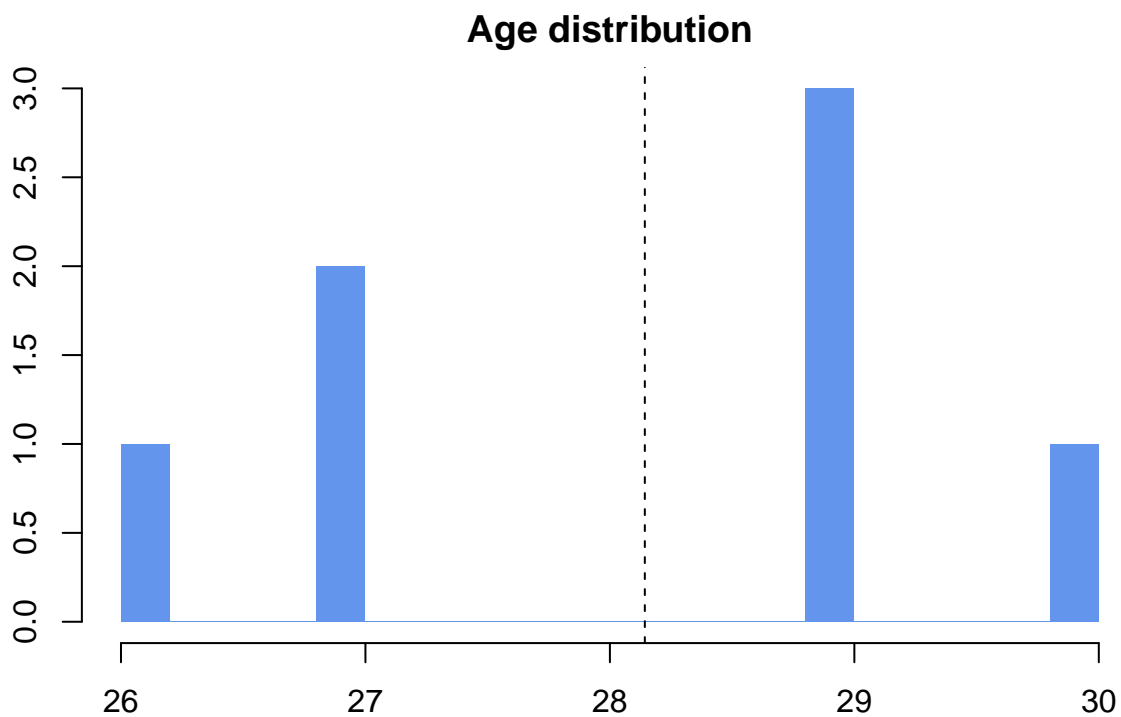


Gender

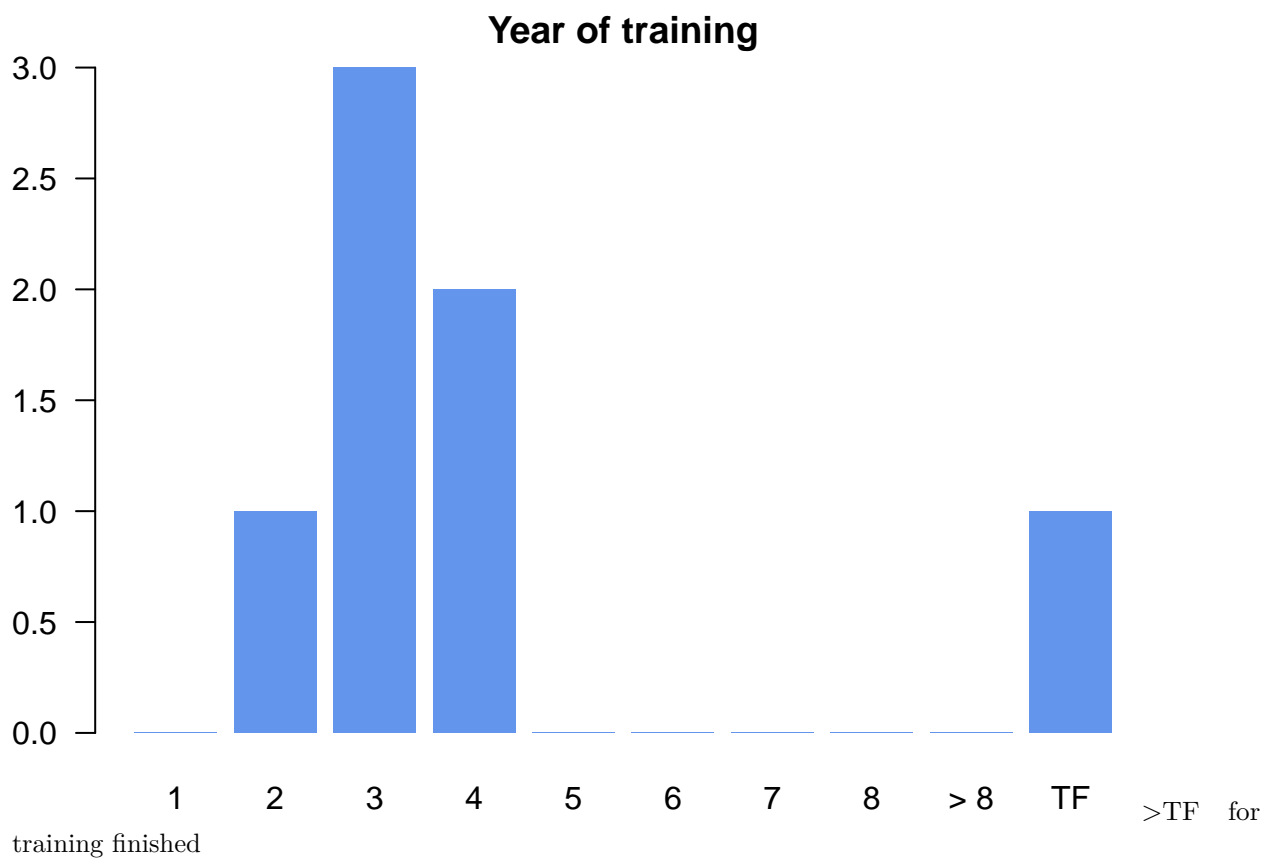
**Gender of participants in Europe reponses**



Age



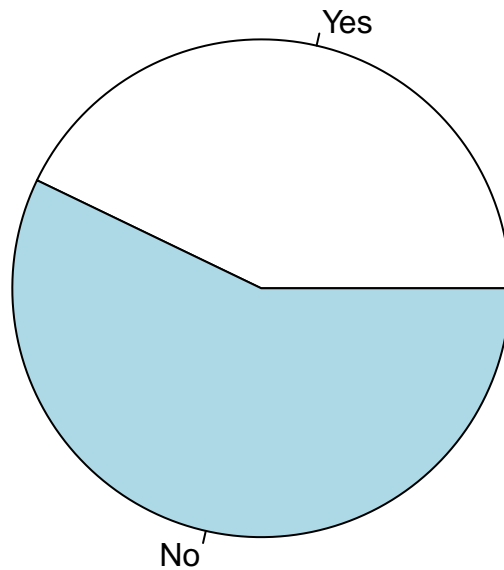
Year in Training



Are you receiving personal psychotherapy or have you received it in the past?

```
##
##      Yes      No
## 0.4285714 0.5714286
```

**Receiving personal psychotherapy (present or past)**

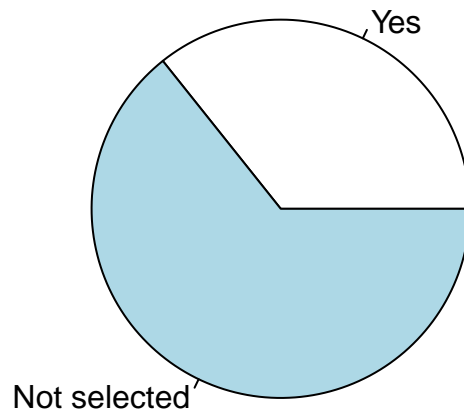


I am undertaking training in Psychotherapy on my own initiative

```
##
##      Yes Not selected
##      5      9
```

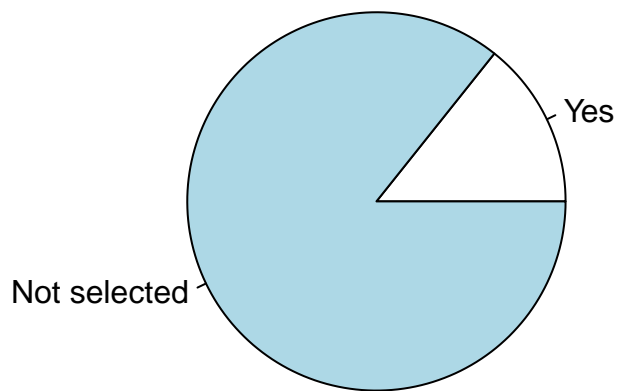
```
##
##      Yes Not selected
## 0.3571429 0.6428571
```

## Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

**I am not undertaking any training in Psychotherapy**



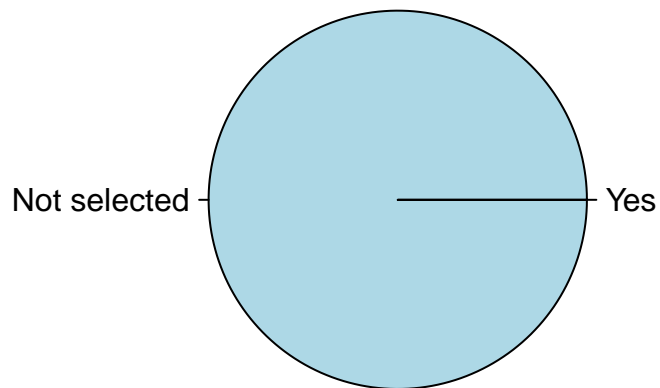
Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

**I have completed full training in a Psychotherapy specialty in the past**

##	Yes	Not selected
##	0	1
##		



## Completed a full training in a Psychotherapy (past)

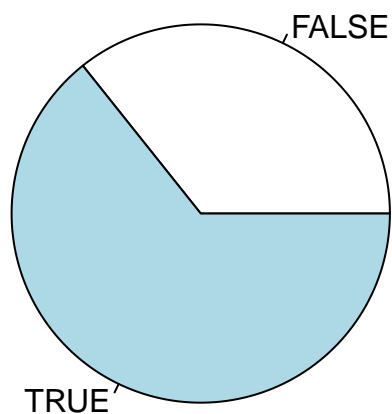


## I am training in some modality

```
##  
## FALSE TRUE  
##    5    9
```

```
##  
##      FALSE      TRUE  
## 0.3571429 0.6428571
```

## I am training in some modality of psychotherapy

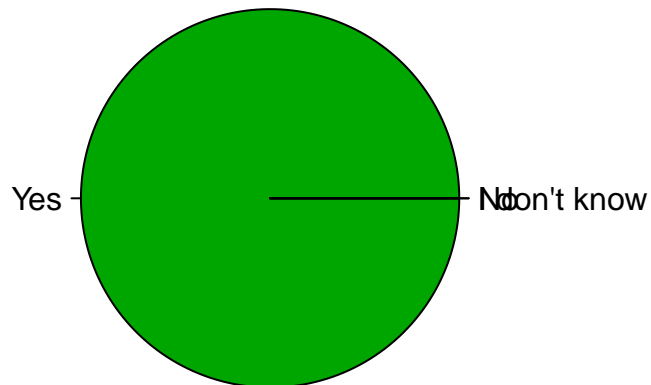


## Is psychotherapy important for your identity as a psychiatrist ?

```
##  
##      Yes      No I don't know  
##       7       0       0
```

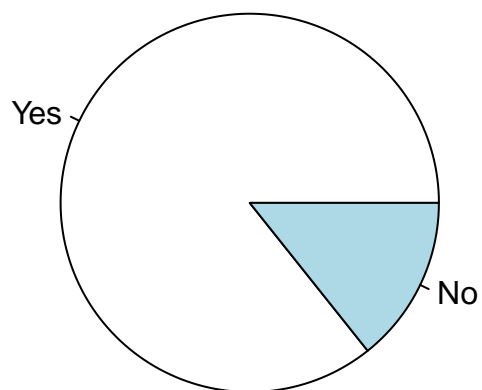
```
##
##      Yes      No I don't know
##      1        0          0
```

## Psychotherapy important for the professional identity



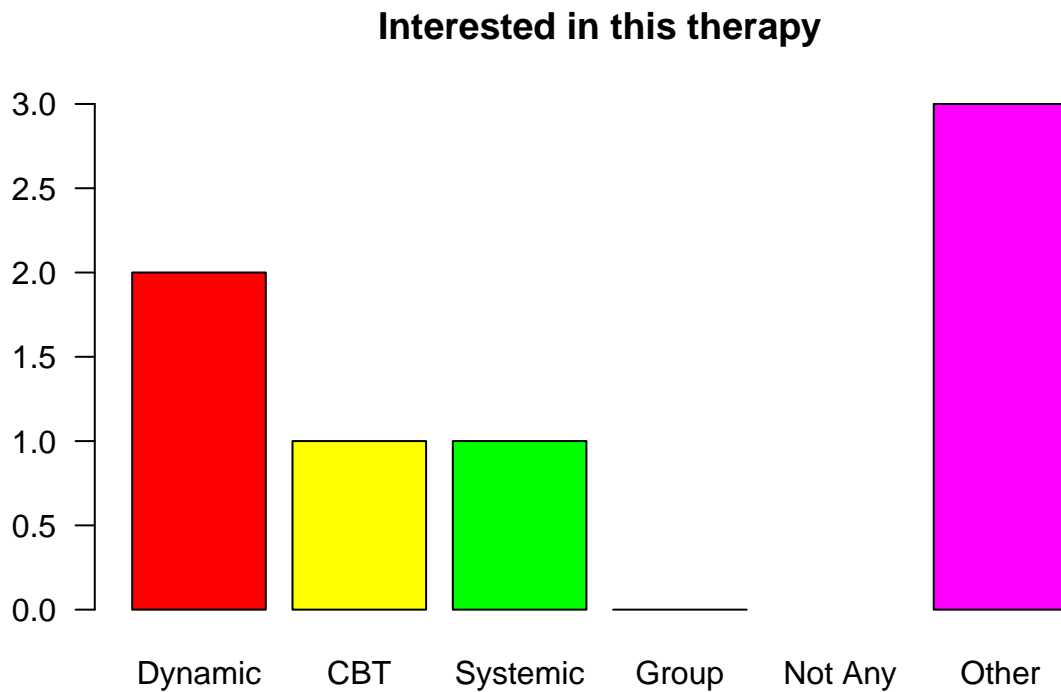
## Do you want to practise Psychotherapy ?

```
##
##      Yes      No
## 0.8571429 0.1428571
```



## Plan to practise Psychotherapy after training

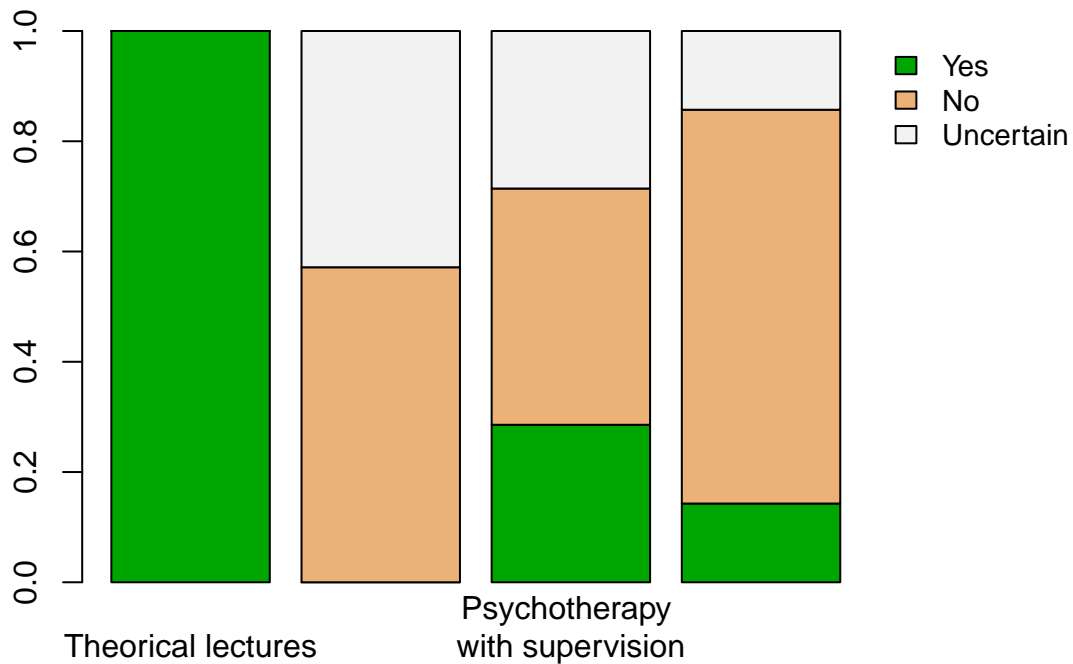
Are you interested in this psychotherapy?



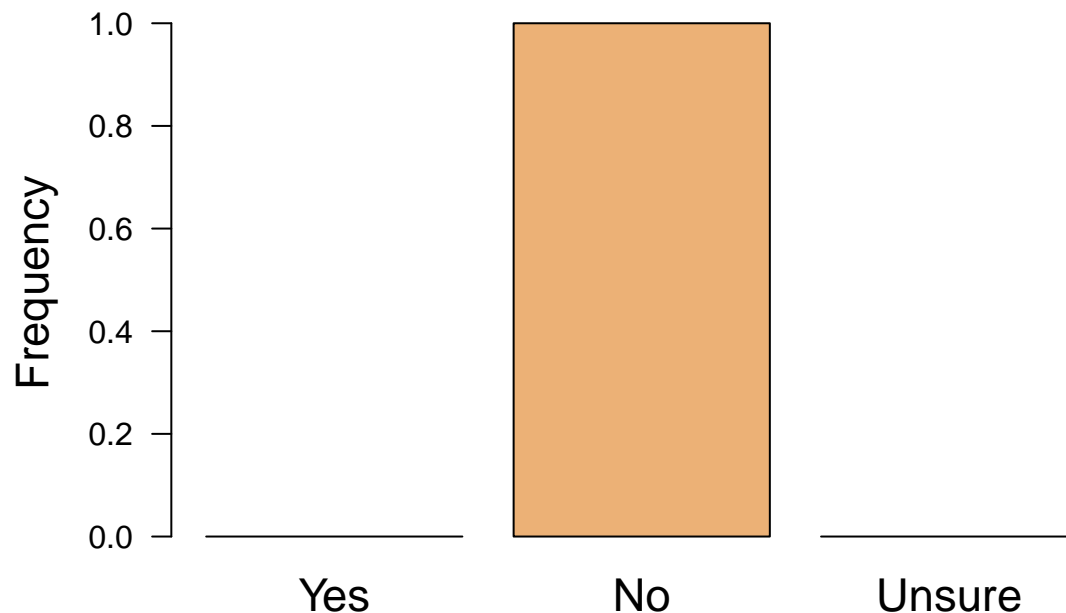
**“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”**

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

**The following experience in psychotherapy  
is a mandatory part of my training in Psychiatry**

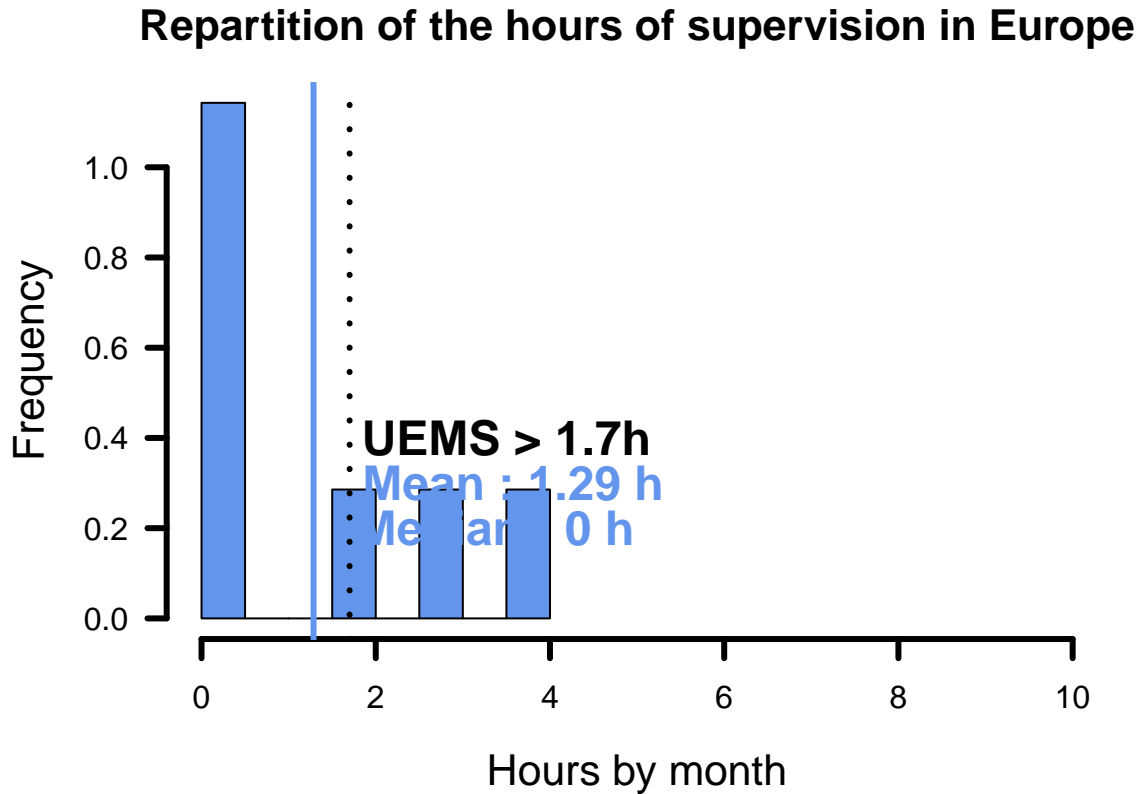


**Are you qualified  
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

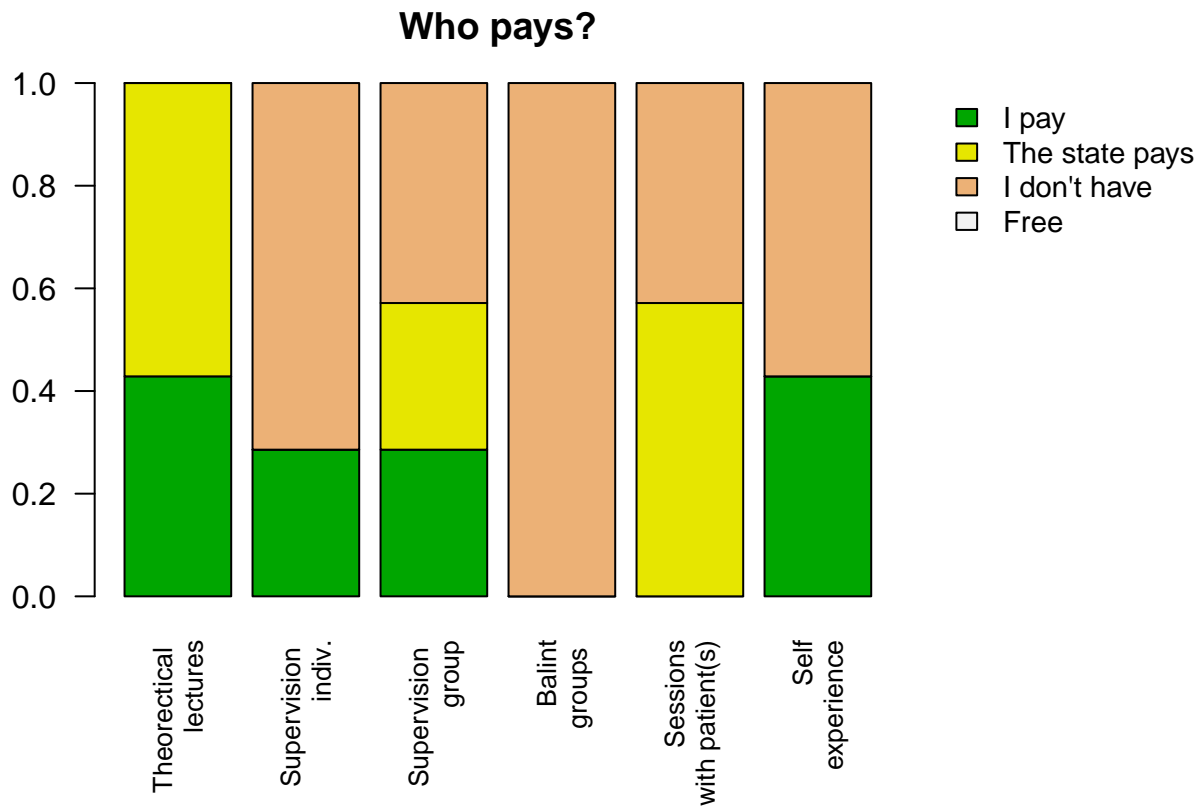
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Lithuania_data$q_0015)
```

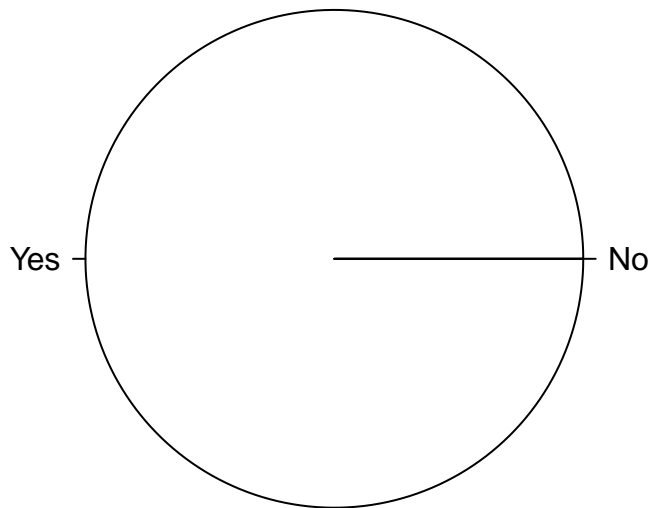
Who pays?



Would you train for free?

```
##
## Yes  No
##    1   0
```

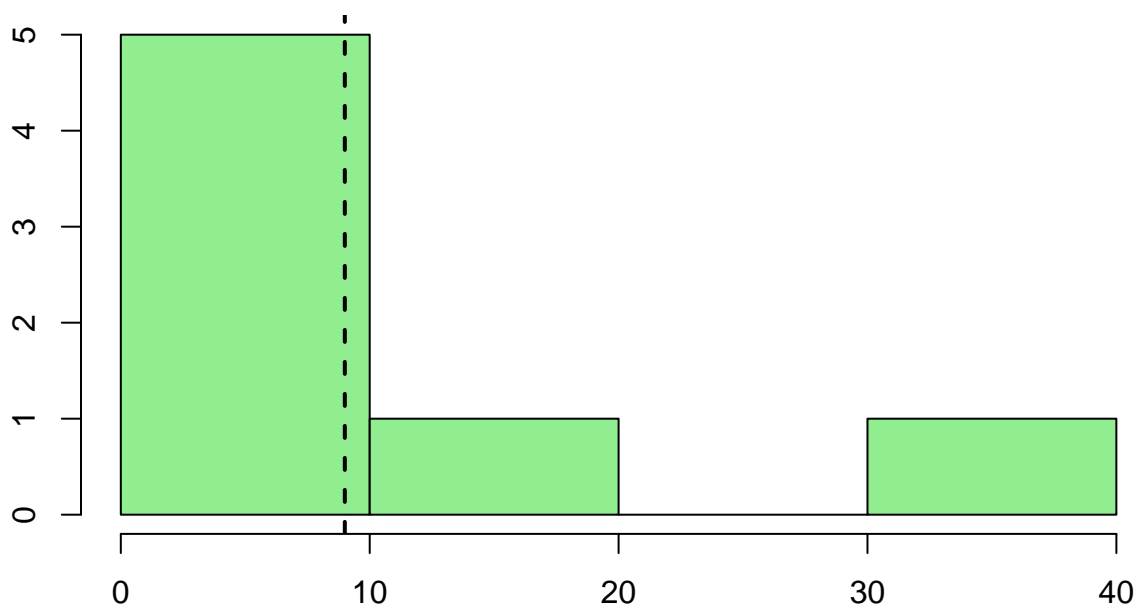
## Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

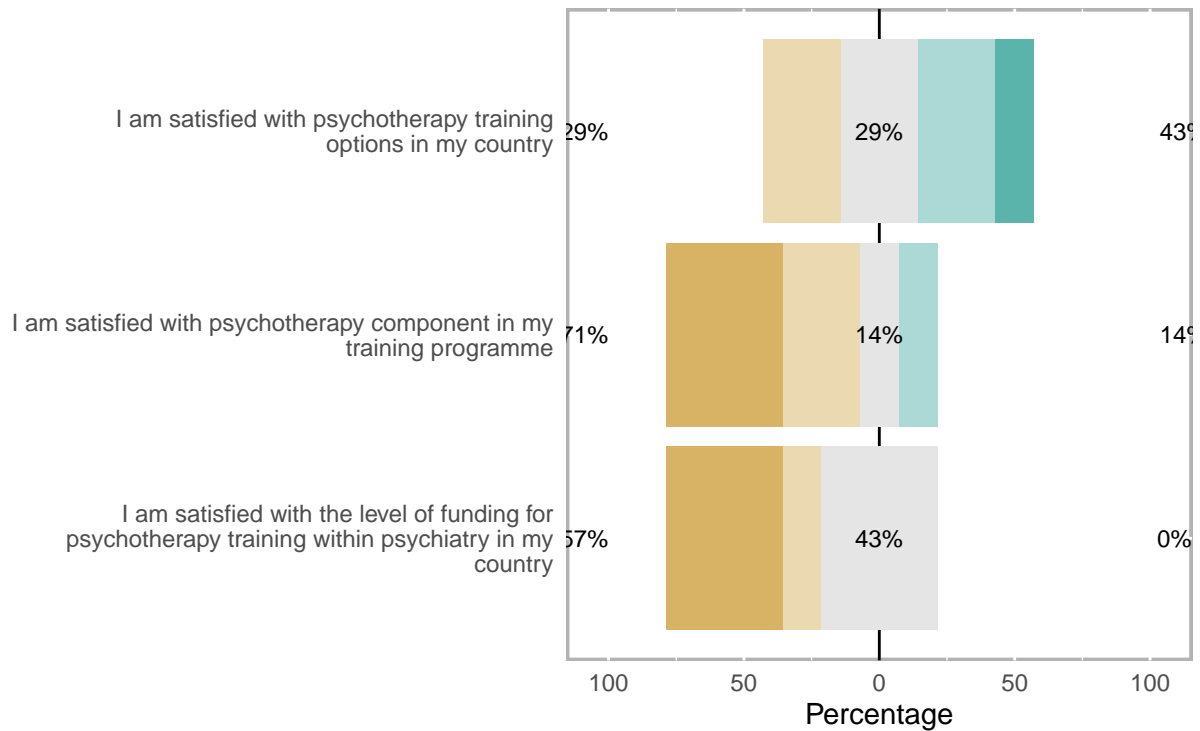
How much would you invest in psychotherapy training ?

## % of annual salary for psychotherapy training



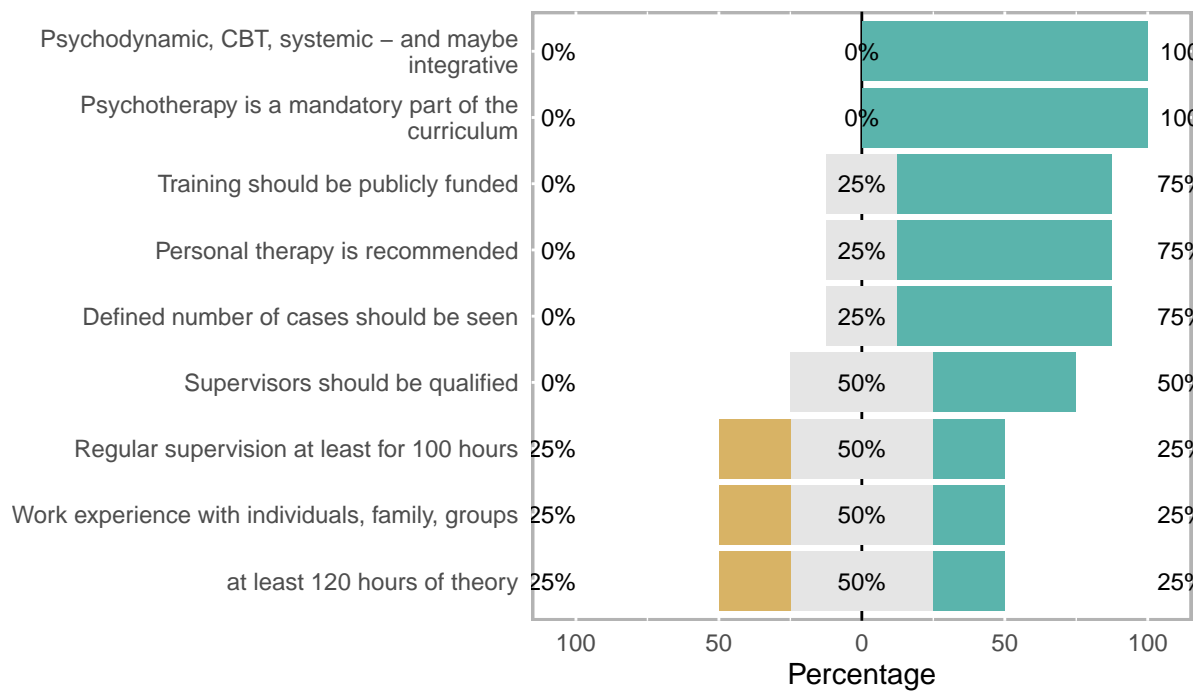
For annual salary do you intend to spend on funding your psychotherapy training In t

## Satisfaction group



Response Strongly Disagree Disagree Neutral Agree Strongly Agree

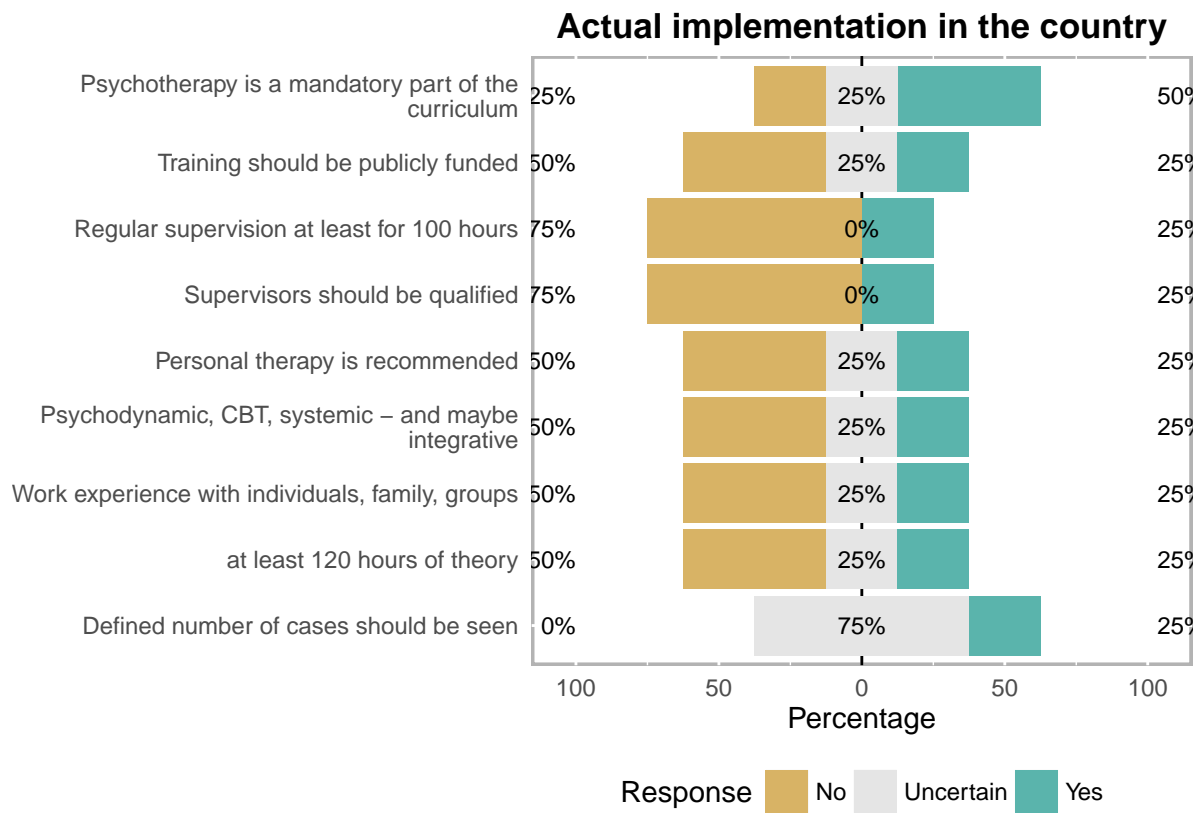
## Awareness of UEMS recommendations



Response No Uncertain Yes

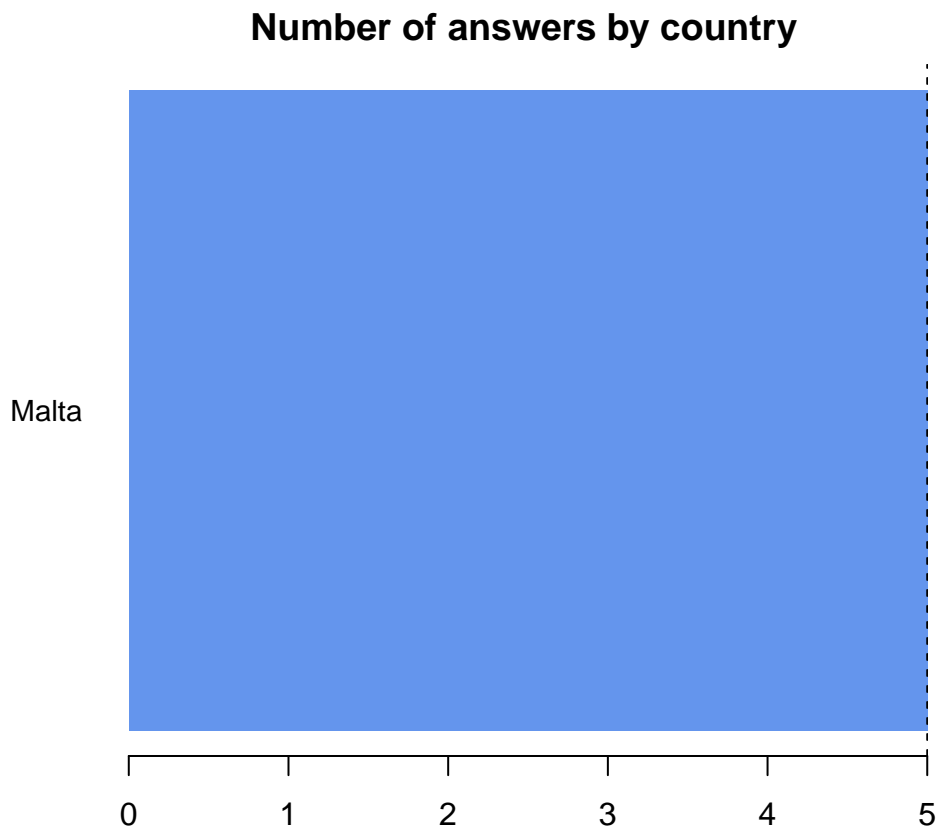


## UEMS recommendations awareness



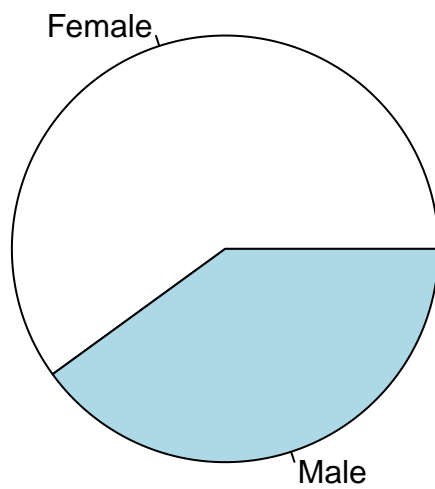
## Malta results

Number of participants

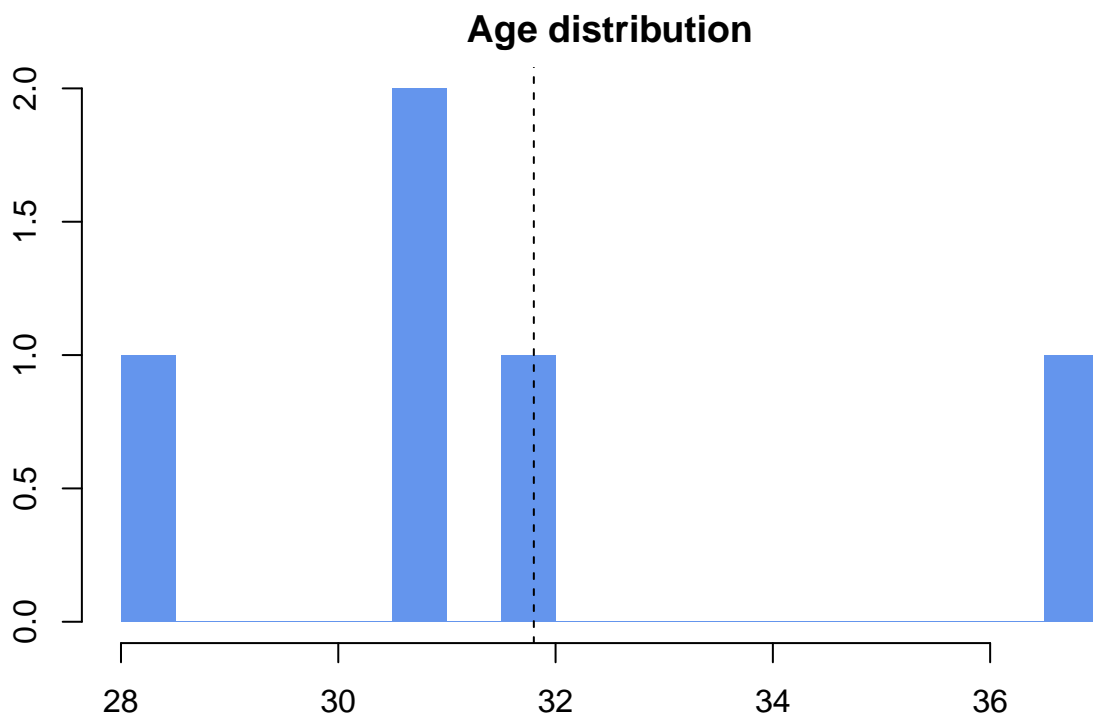


Gender

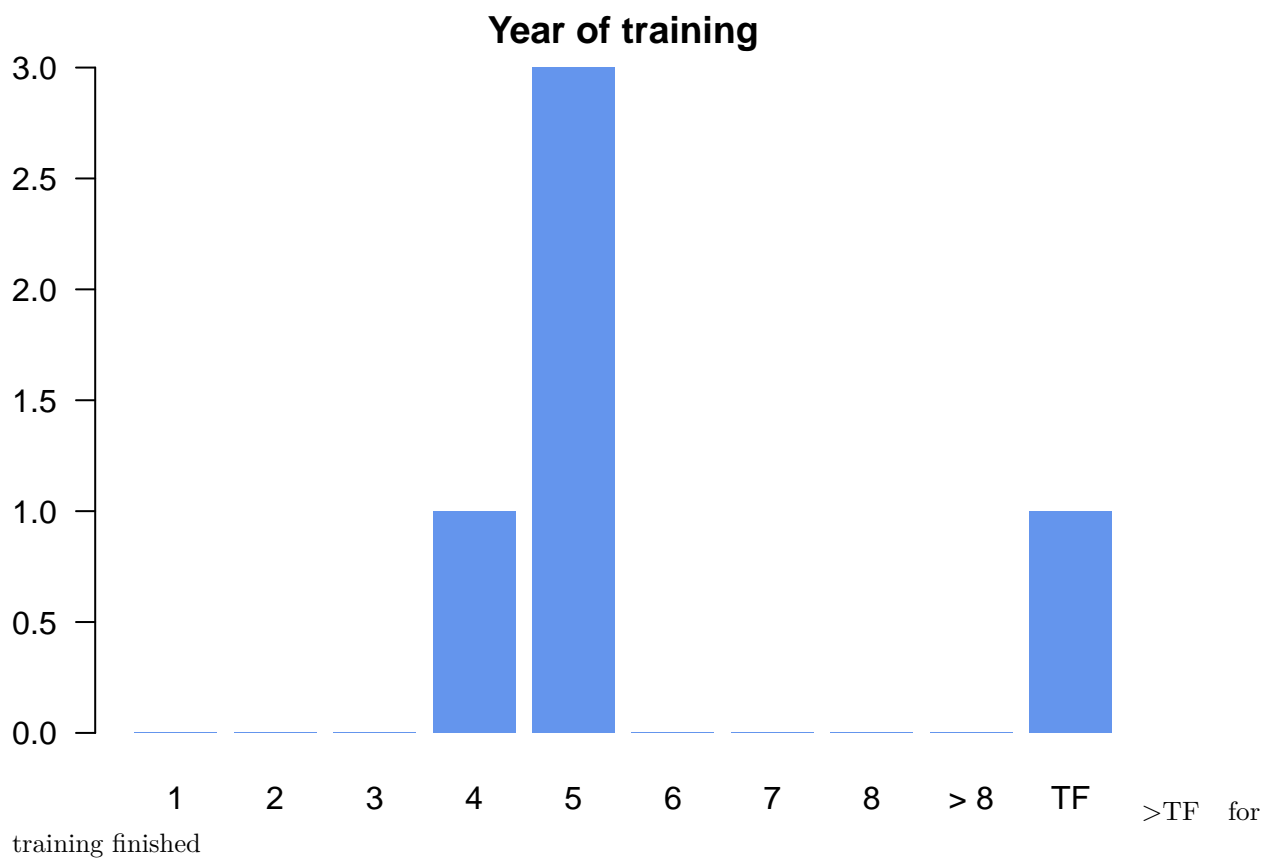
**Gender of participants in Europe reponses**



Age



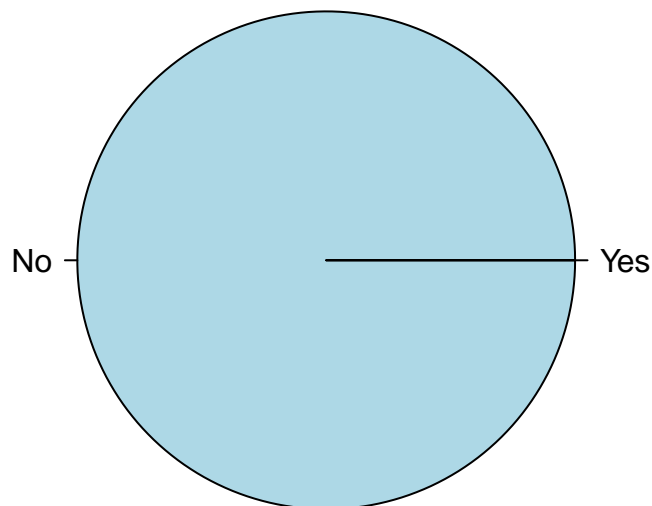
Year in Training



Are you receiving personal psychotherapy or have you received it in the past?

```
##
## Yes  No
##    0   1
```

### Receiving personal psychotherapy (present or past)

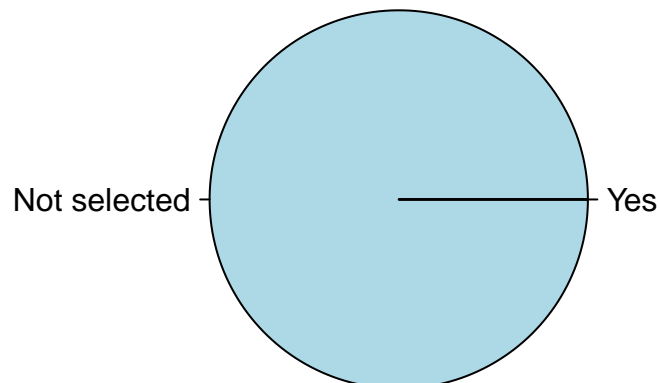


I am undertaking training in Psychotherapy on my own initiative

```
##
##      Yes Not selected
##      0           5

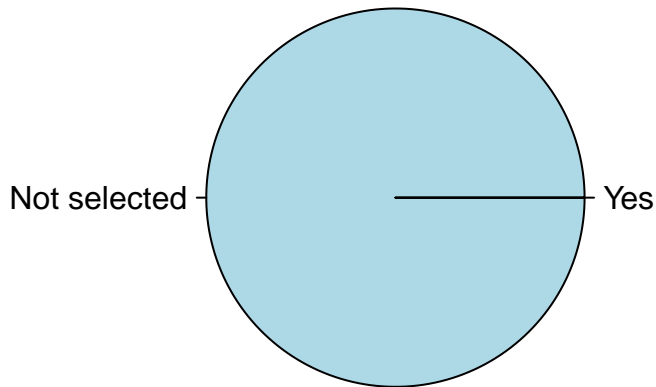
##
##      Yes Not selected
##      0           1
```

### Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

**I am not undertaking any training in Psychotherapy**

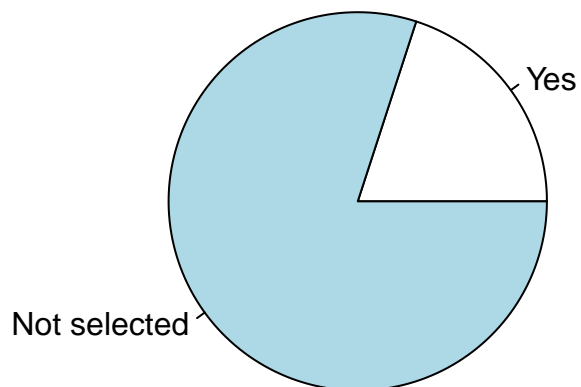


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##
##      Yes Not selected
##      0.2      0.8
```

**Completed a full training in a Psychotherapy (past)**

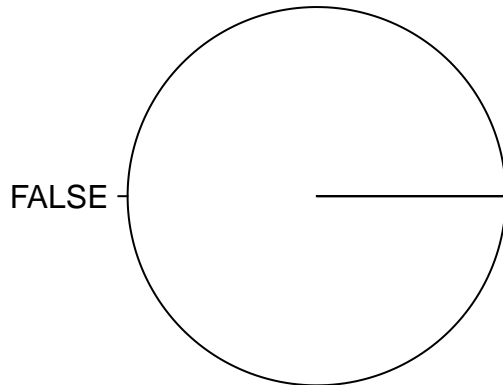


I am training in some modality

```
##
## FALSE
##      5
```

```
##
## FALSE
##      1
```

**I am training in some modality of psychotherapy**



**Is psychotherapy important for your identity as a psychiatrist ?**

```
##
##      Yes      No I don't know
##      4         1         0
##
##      Yes      No I don't know
##      0.8      0.2      0.0
```

**Psychotherapy important for the professional identity**

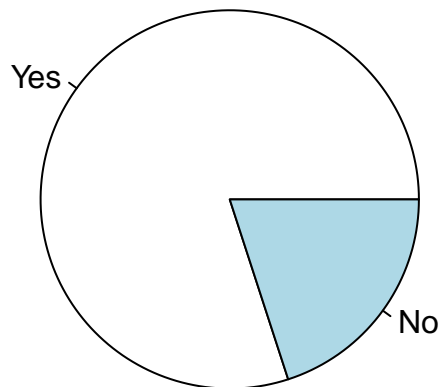


**Do you want to practise Psychotherapy ?**

```
##
```

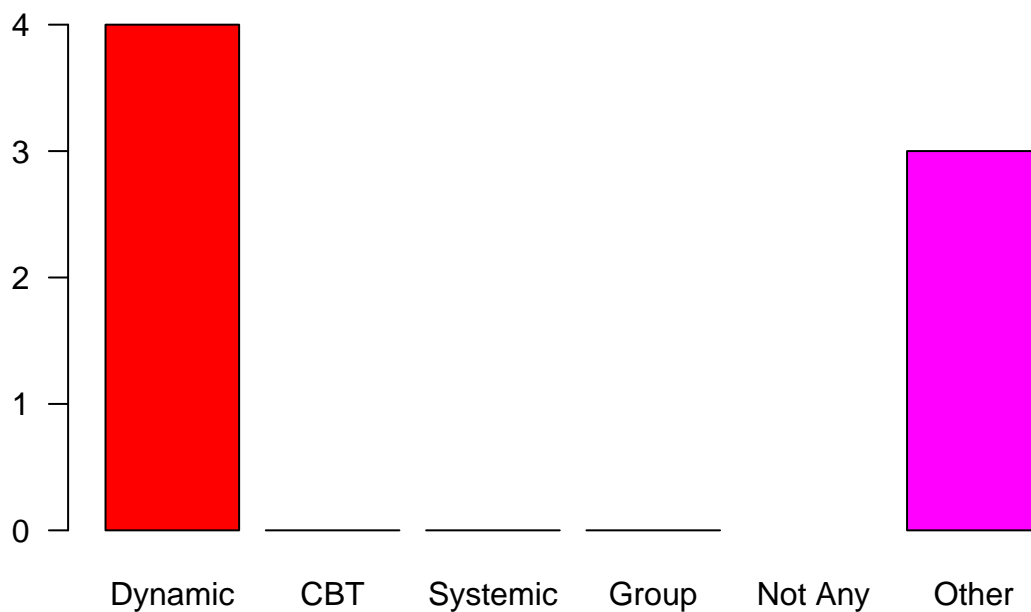
## Yes No  
## 0.8 0.2

### Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

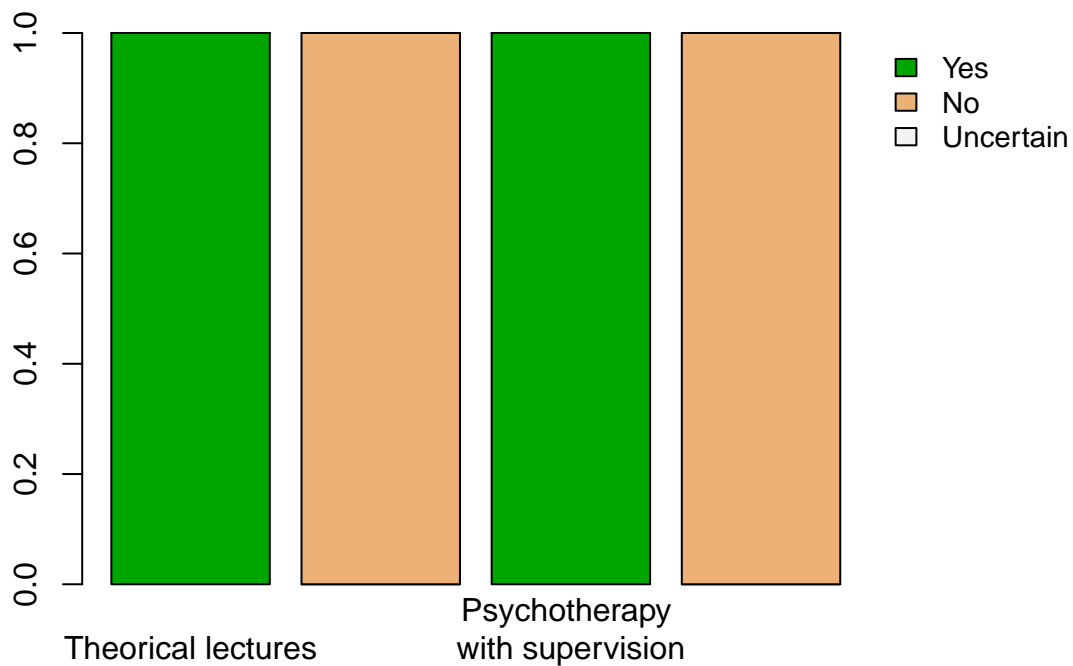
### Interested in this therapy



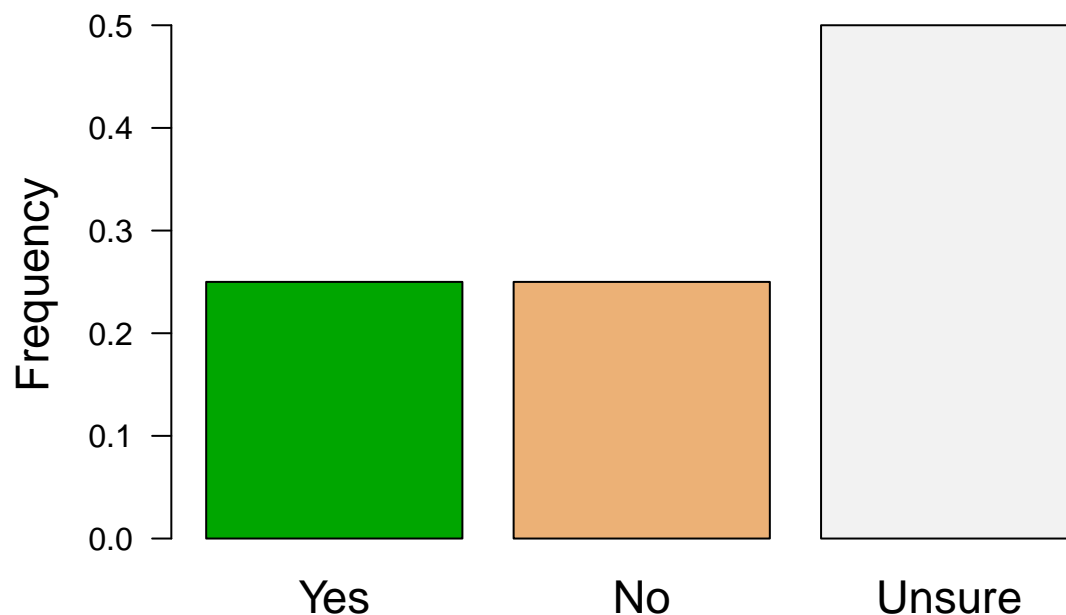
**“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”**

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

**The following experience in psychotherapy  
is a mandatory part of my training in Psychiatry**



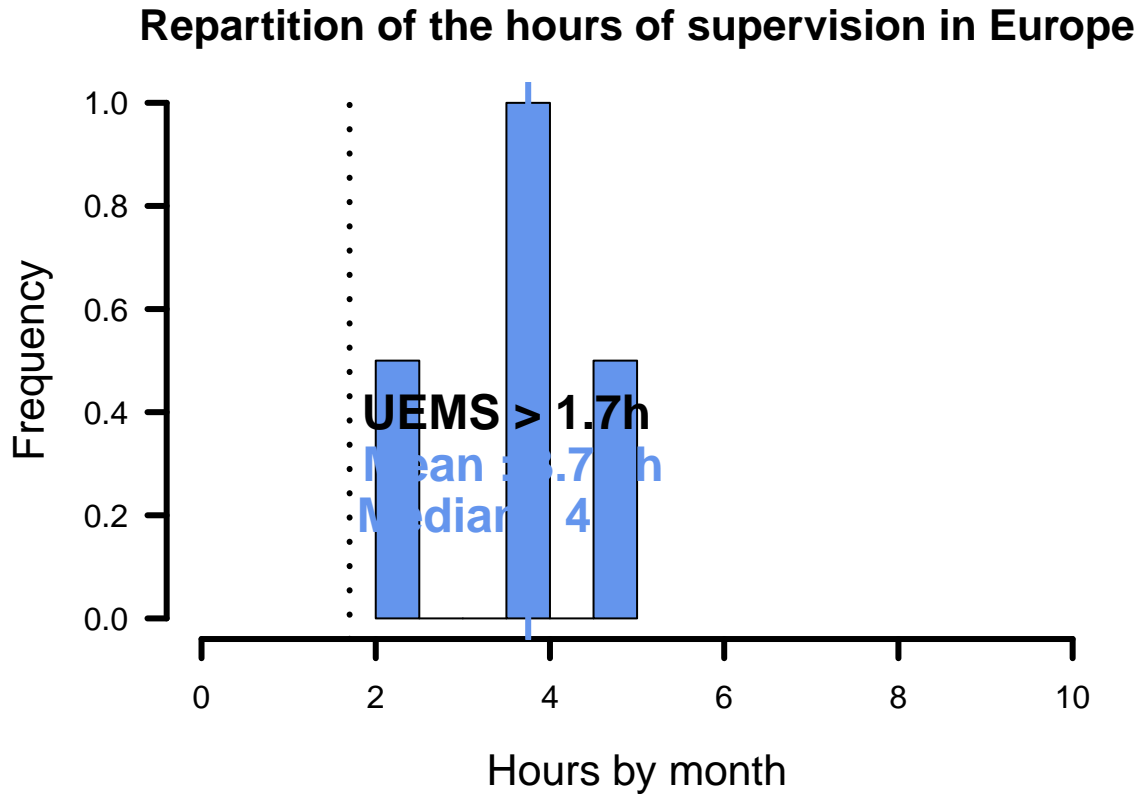
**Are you qualified  
to practice psychotherapy after your training ?**





What types of psychotherapy modalities are available for treatment of patients at your institution?

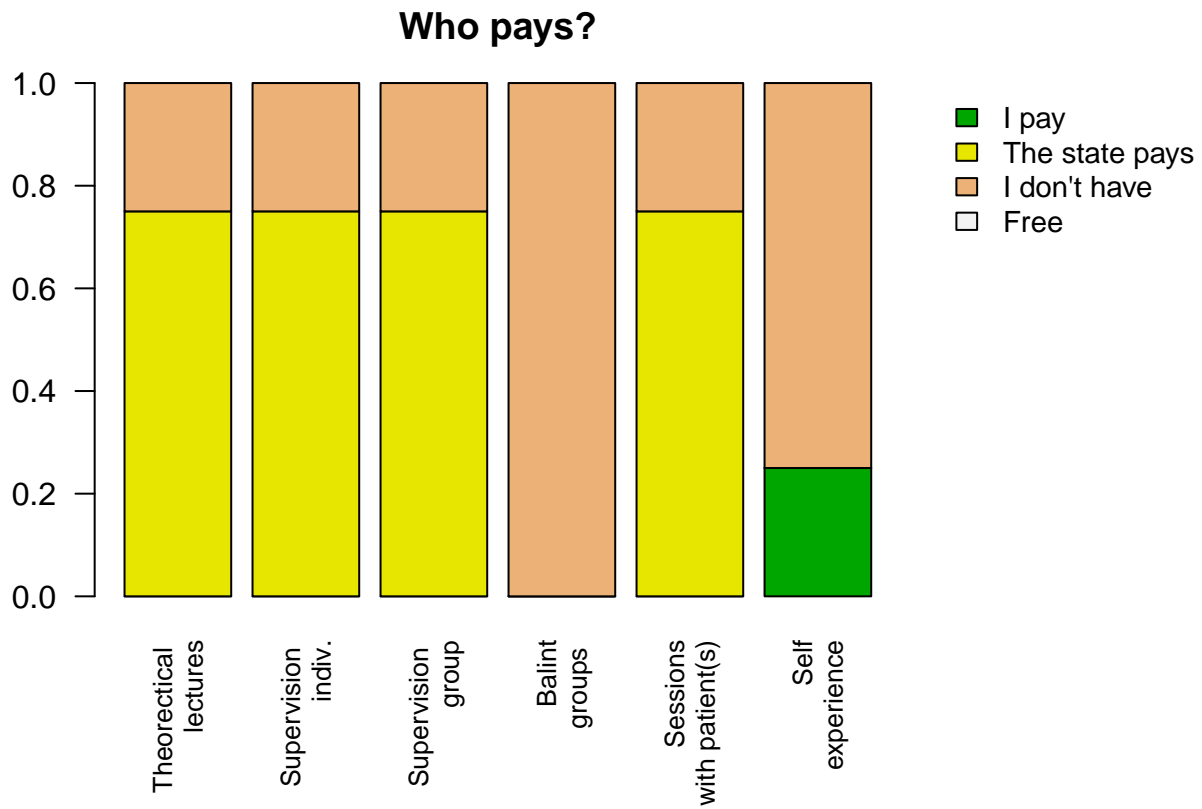
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Malta_data$q_0015)
```

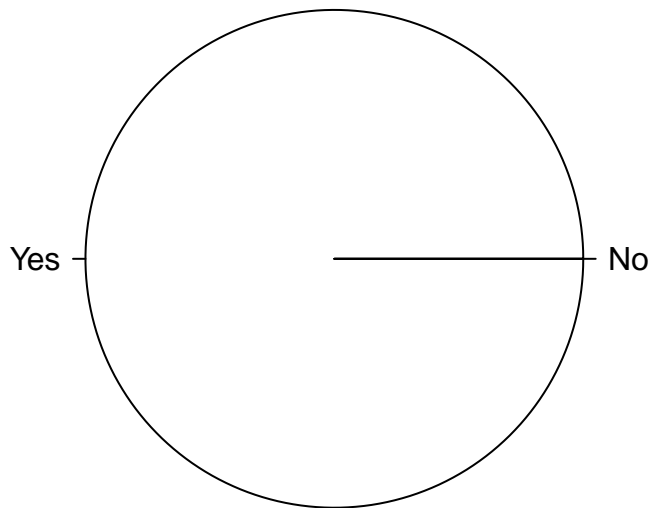
Who pays?



Would you train for free?

```
##
## Yes No
## 1 0
```

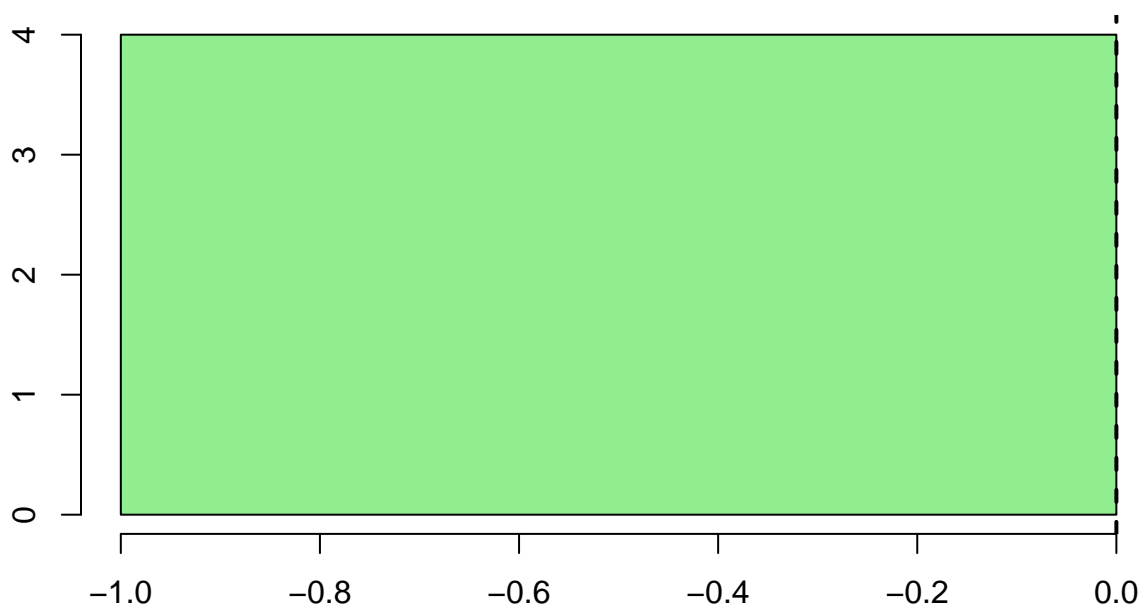
## Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

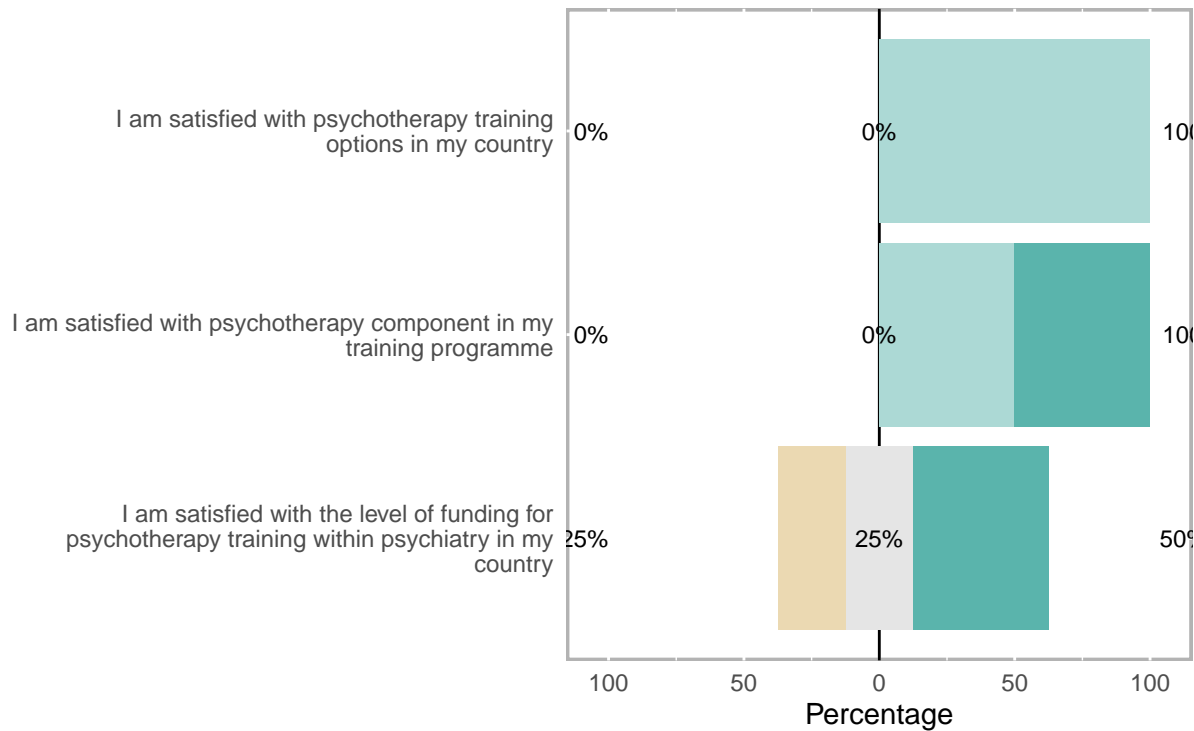
How much would you invest in psychotherapy training ?

## % of annual salary for psychotherapy training



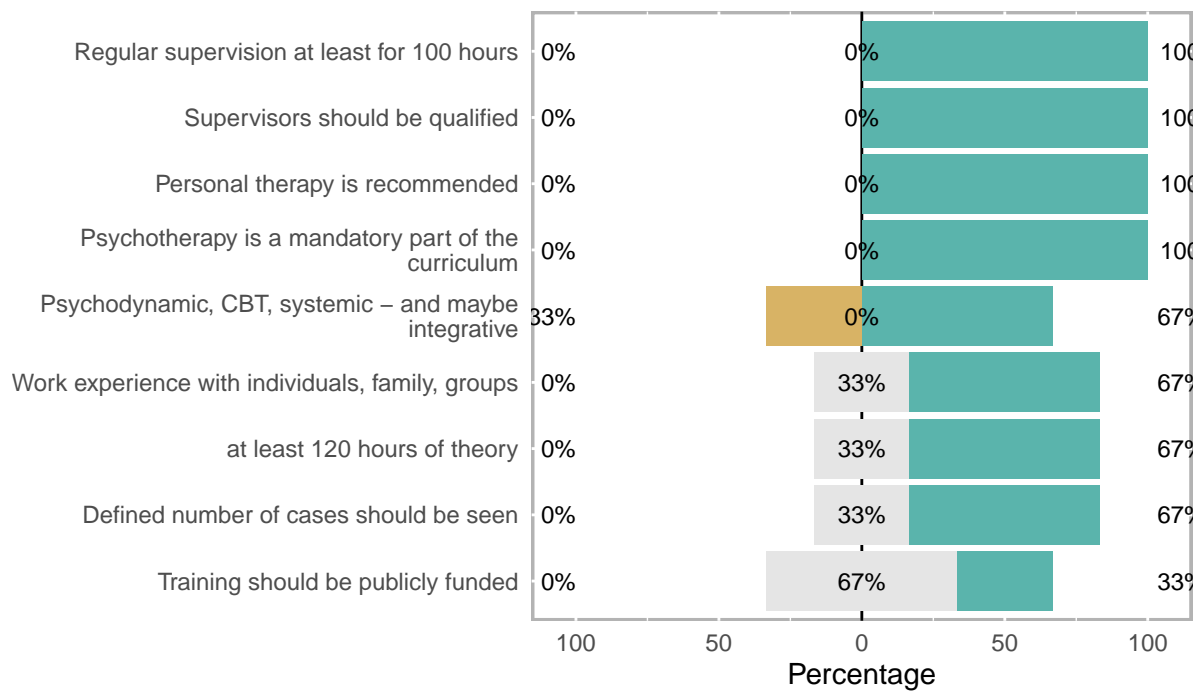
What percentage of your annual salary do you intend to spend on funding your psychotherapy training?

## Satisfaction group



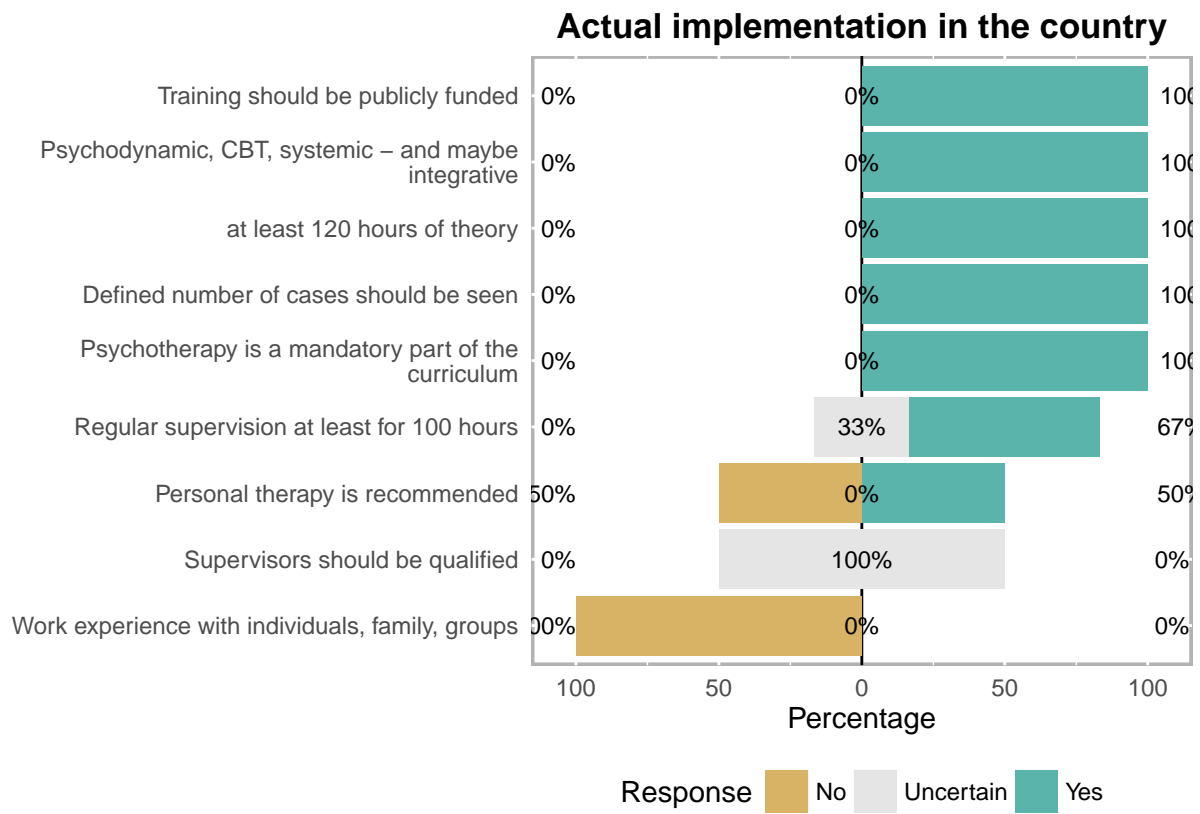
Response Strongly Disagree Disagree Neutral Agree Strongly Agree

## Awareness of UEMS recommendations



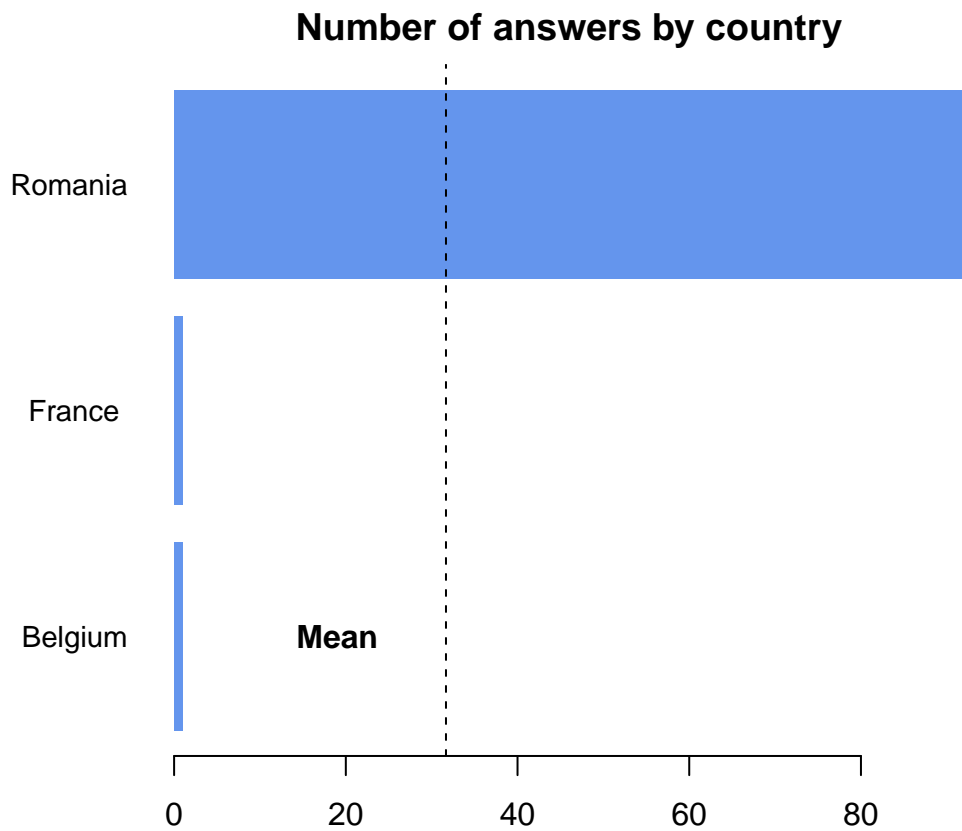
Response No Uncertain Yes

## UEMS recommendations awareness



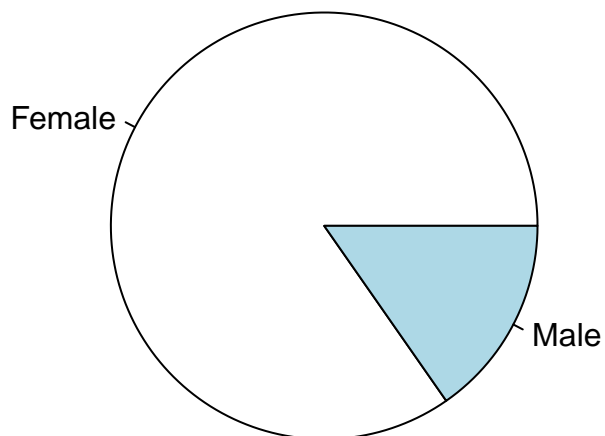
## Malta results

Number of participants

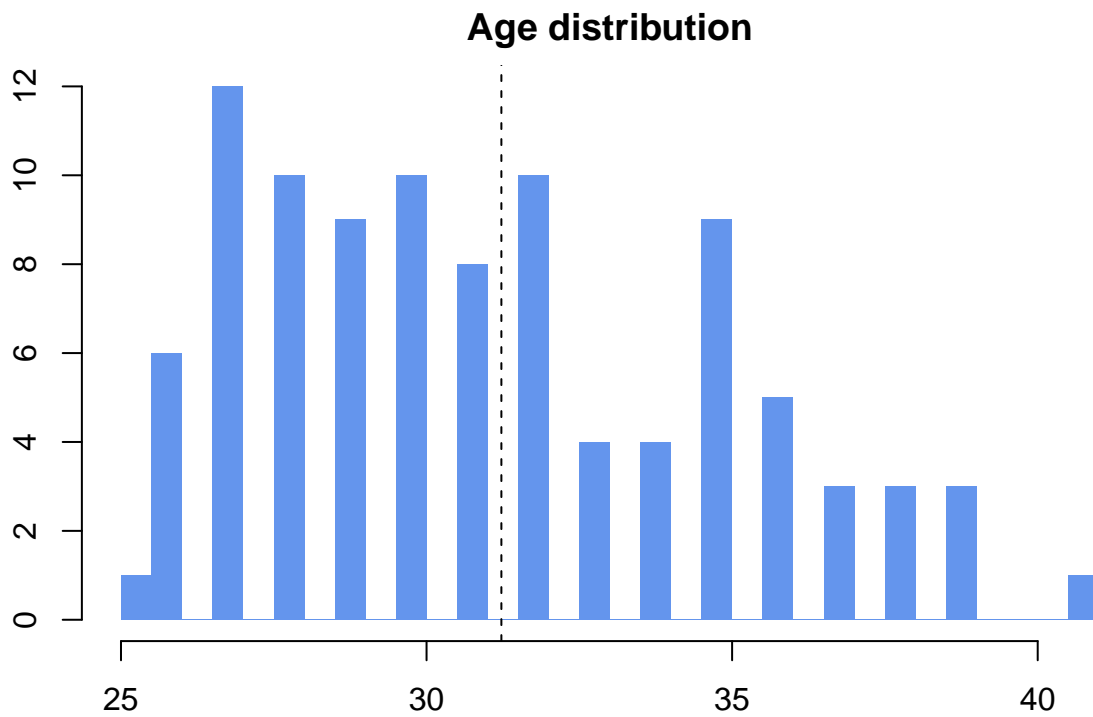


Gender

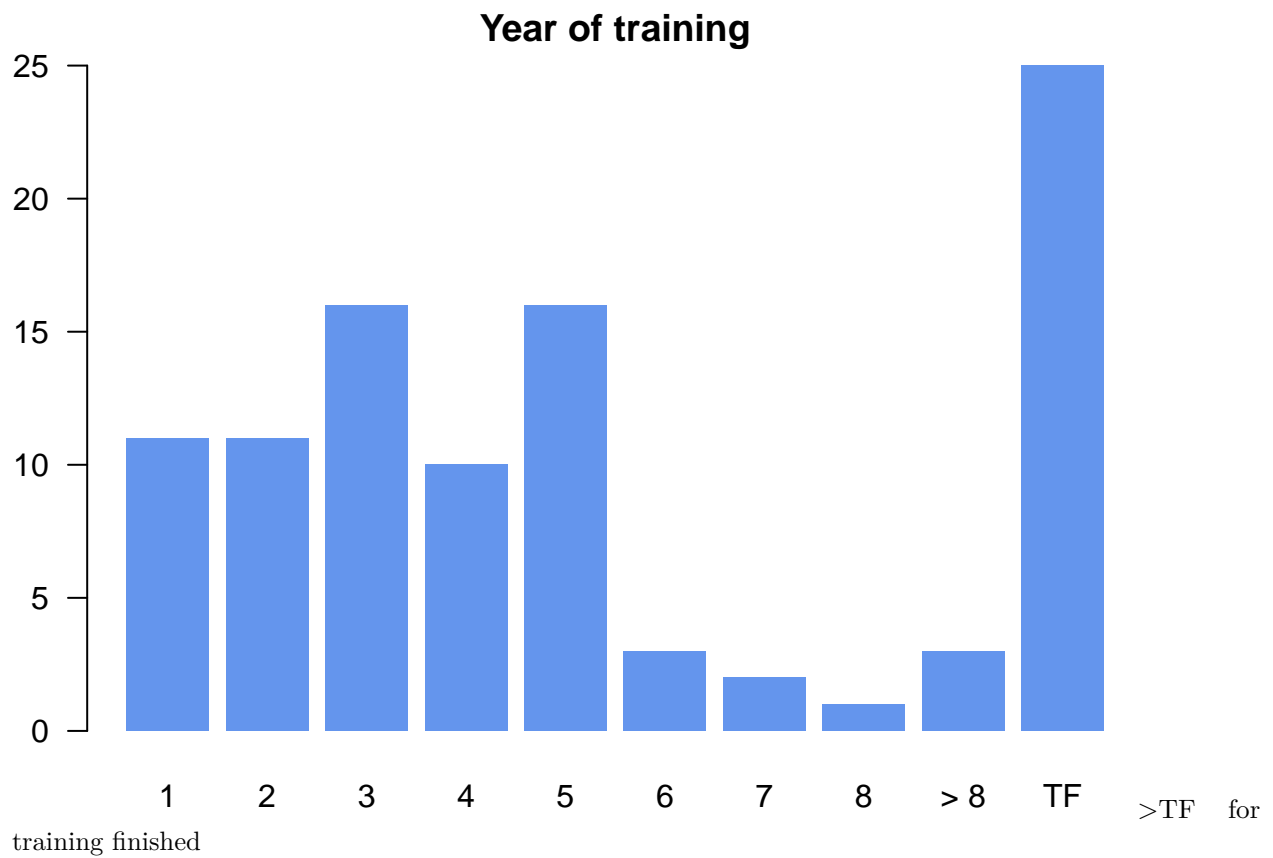
**Gender of participants in Europe reponses**



Age



Year in Training

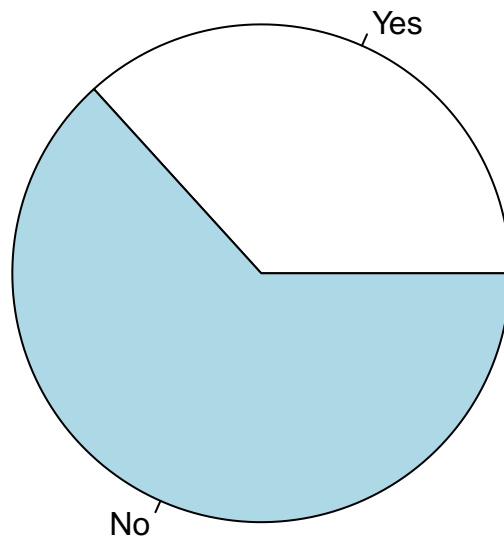


training finished

Are you receiving personal psychotherapy or have you received it in the past?

```
##
##      Yes      No
## 0.3673469 0.6326531
```

**Receiving personal psychotherapy (present or past)**



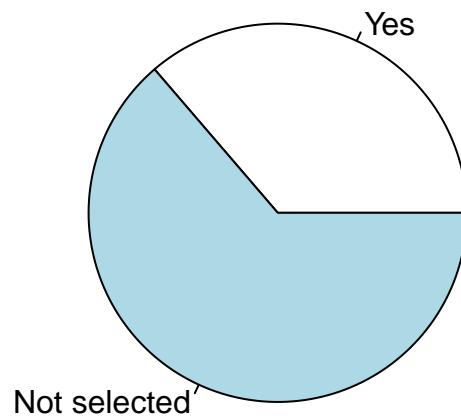
I am undertaking training in Psychotherapy on my own initiative

```
##
##      Yes Not selected
##      45      79
```

```
##
##      Yes Not selected
## 0.3629032 0.6370968
```

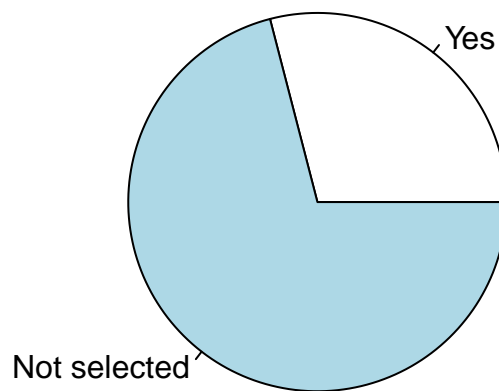


## Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

**I am not undertaking any training in Psychotherapy**

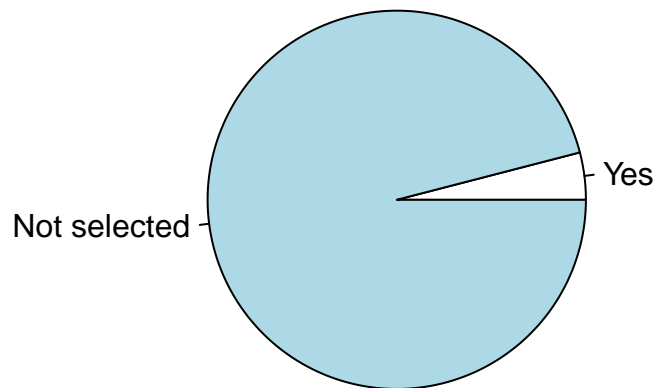


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

**I have completed full training in a Psychotherapy specialty in the past**

```
##
##      Yes Not selected
## 0.04032258 0.95967742
```

## Completed a full training in a Psychotherapy (past)

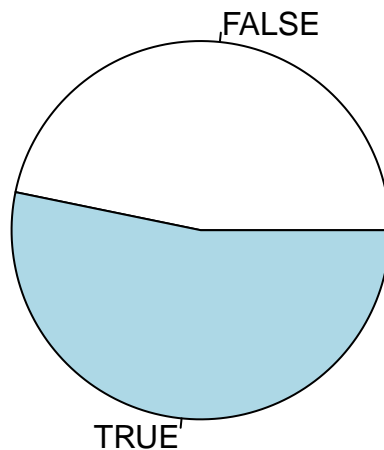


## I am training in some modality

```
##
## FALSE TRUE
## 58 66
```

```
##
## FALSE TRUE
## 0.4677419 0.5322581
```

## I am training in some modality of psychotherapy

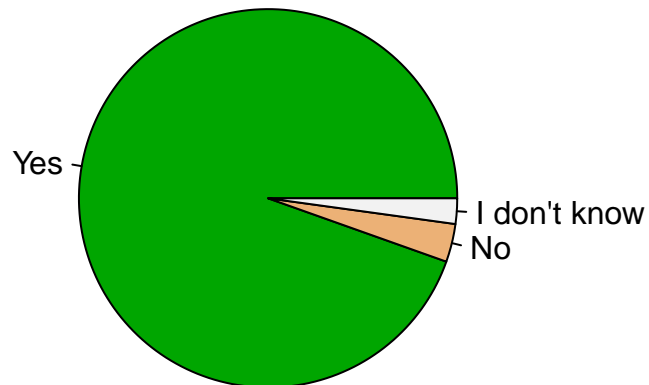


## Is psychotherapy important for your identity as a psychiatrist ?

```
##
## Yes No I don't know
## 87 3 2
```

```
##
##      Yes      No I don't know
## 0.94565217 0.03260870 0.02173913
```

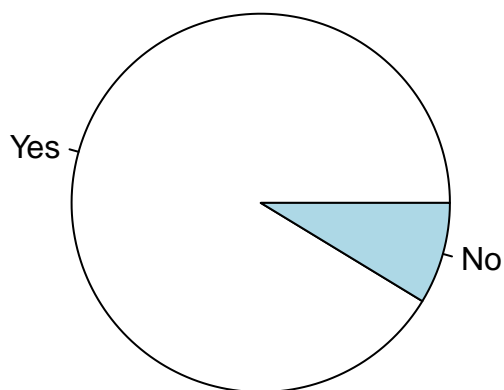
## Psychotherapy important for the professional identity



## Do you want to practise Psychotherapy ?

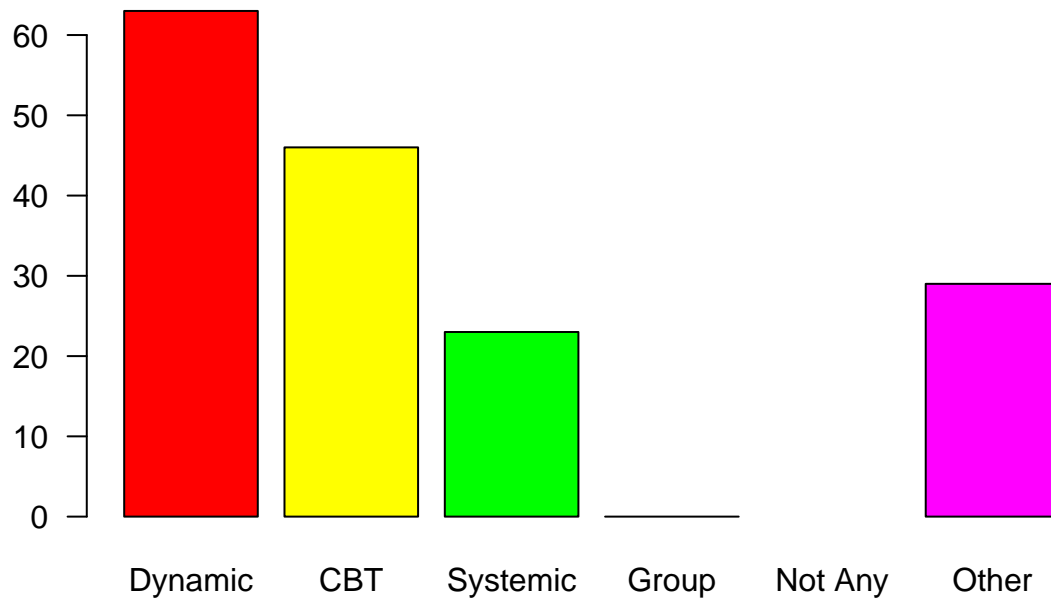
```
##
##      Yes      No
## 0.91304348 0.08695652
```

## Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

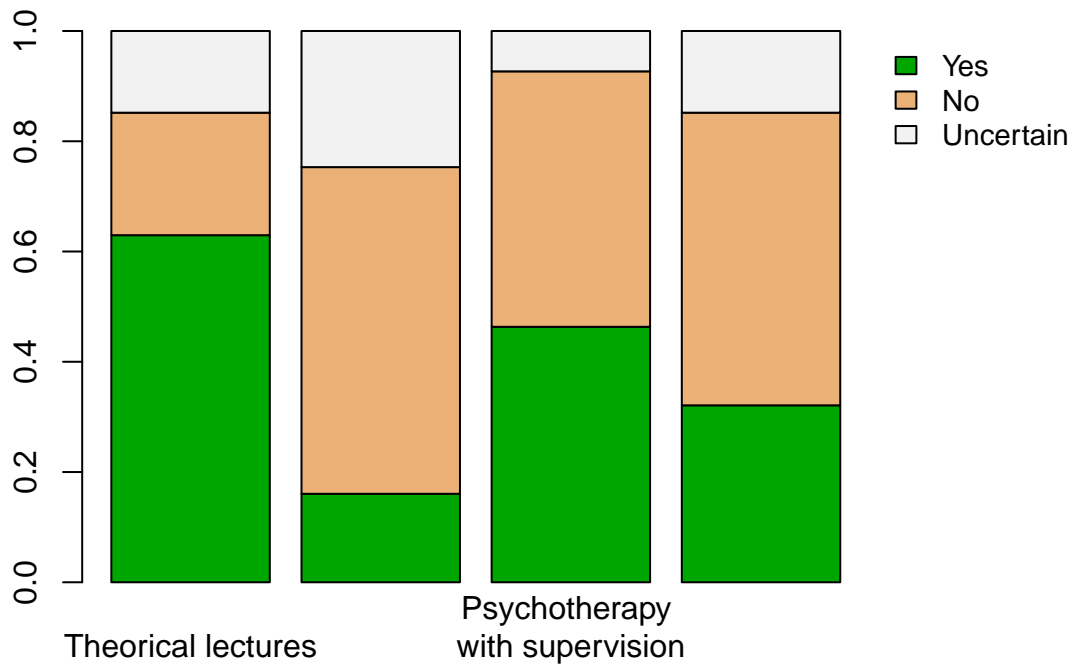
### Interested in this therapy



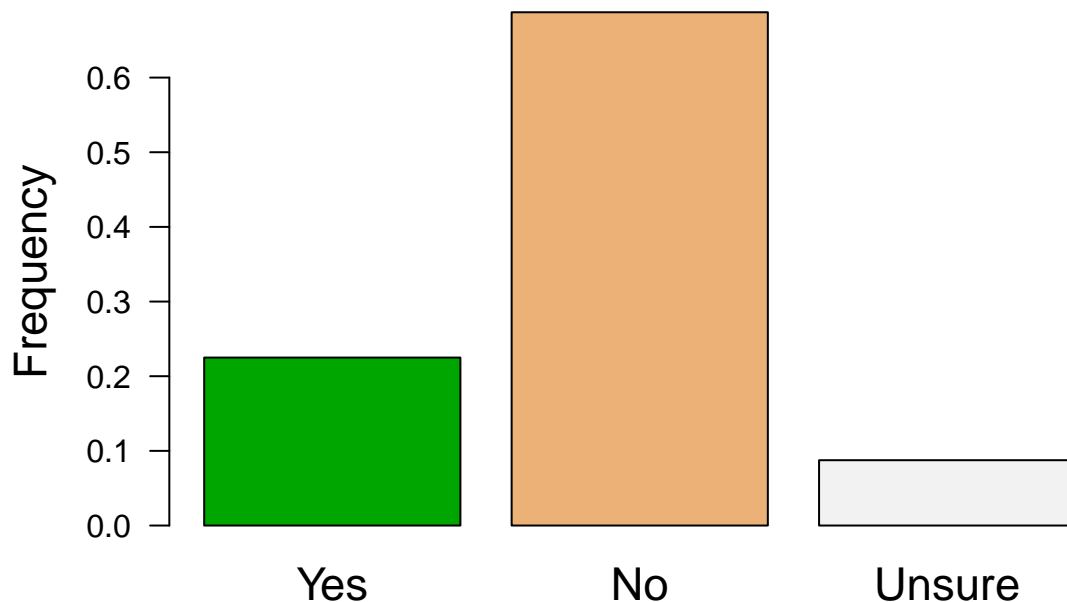
**“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”**

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

**The following experience in psychotherapy  
is a mandatory part of my training in Psychiatry**

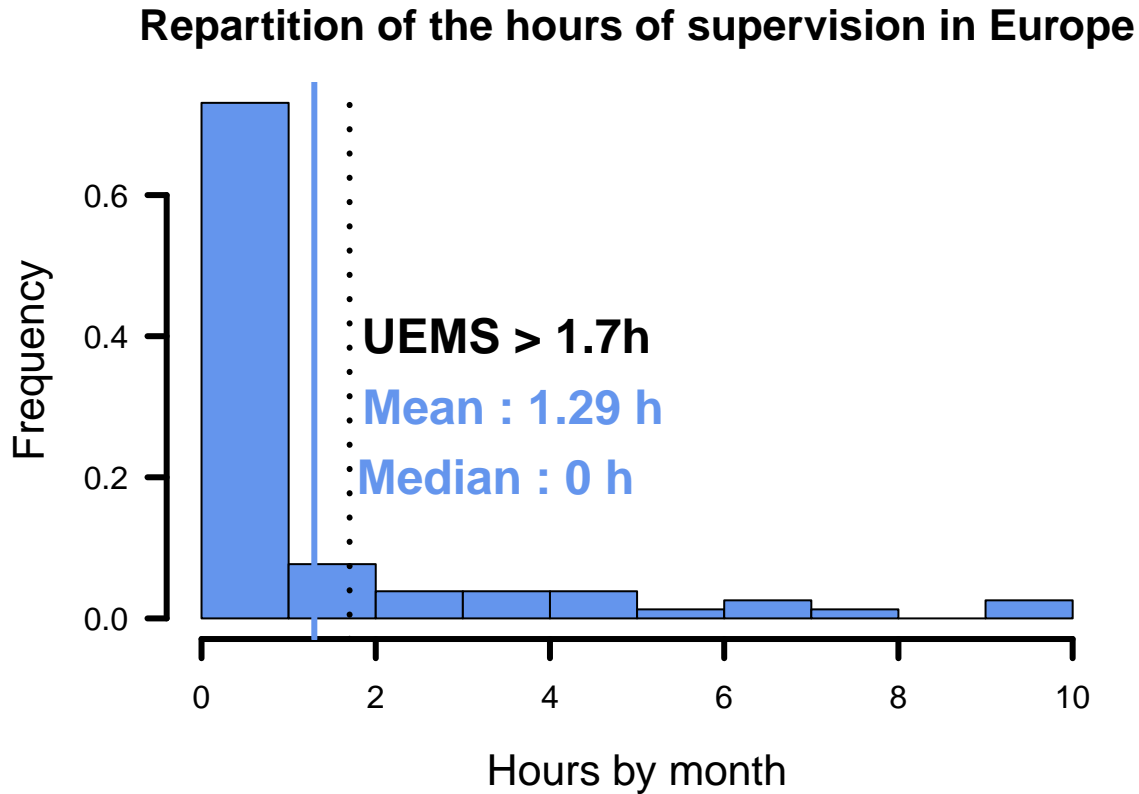


**Are you qualified  
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

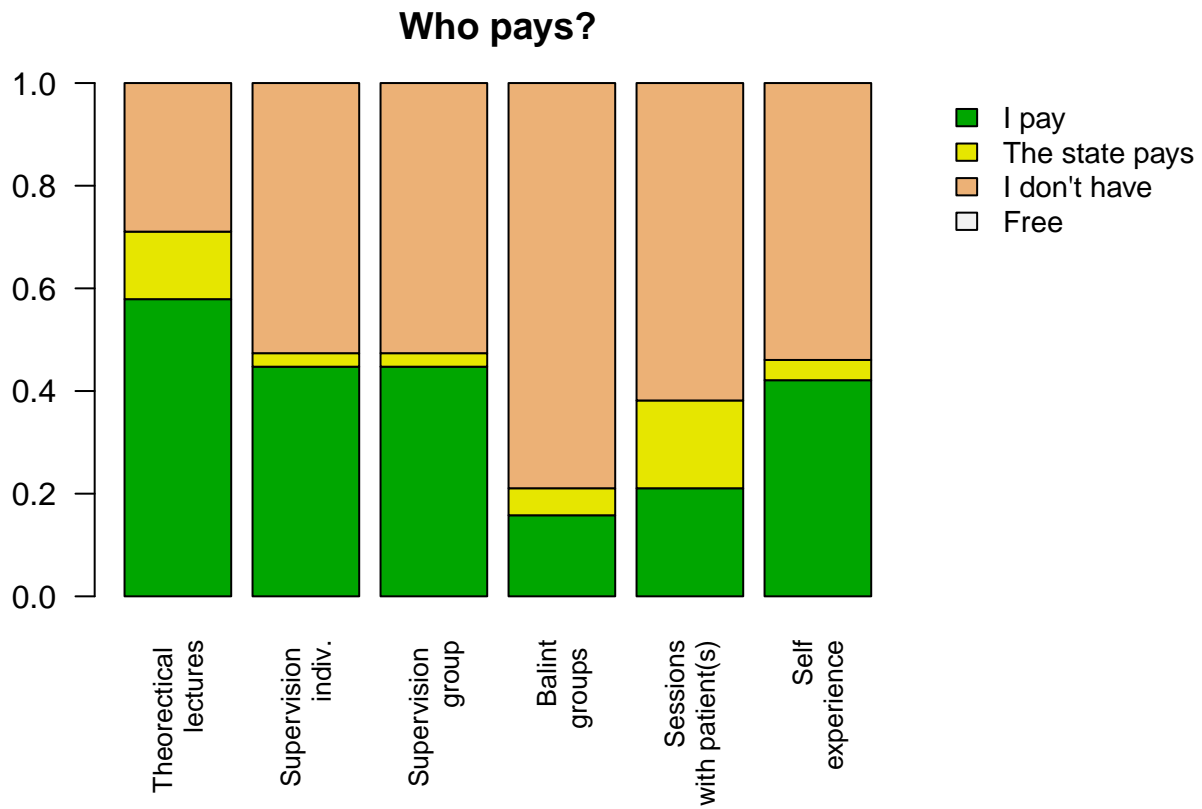
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Romania_data$q_0015)
```

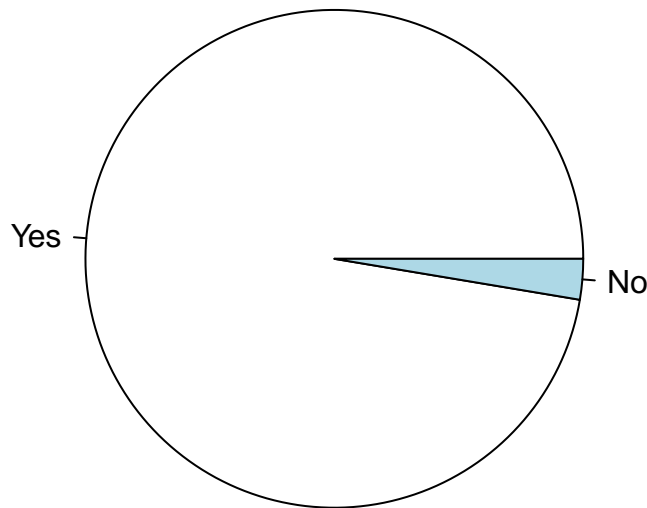
Who pays?



Would you train for free?

```
##
##      Yes      No
## 0.97368421 0.02631579
```

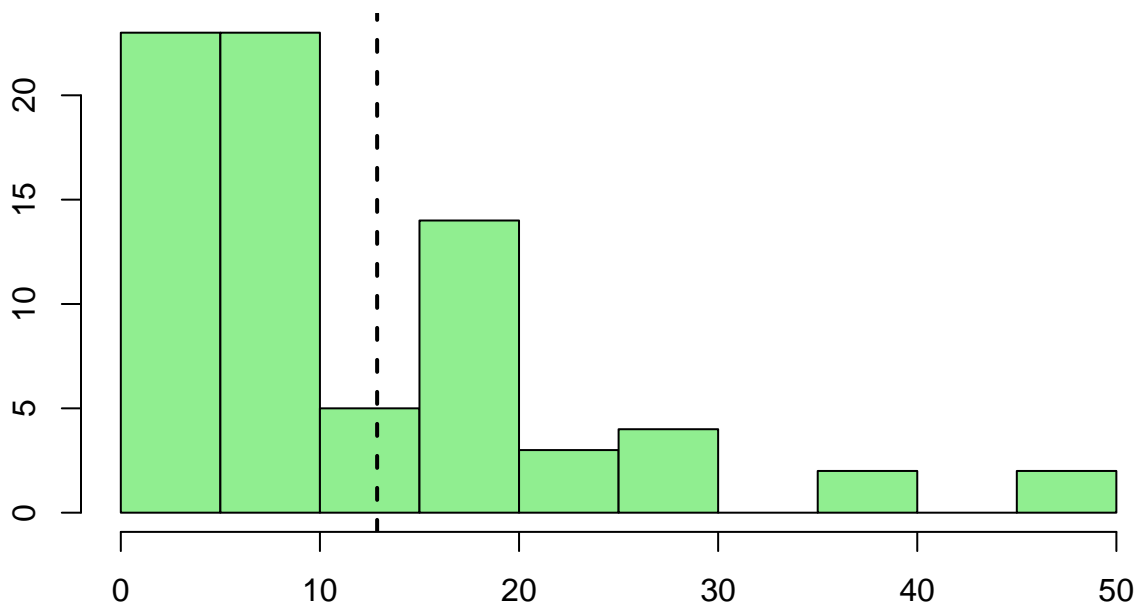
## Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

How much would you invest in psychotherapy training ?

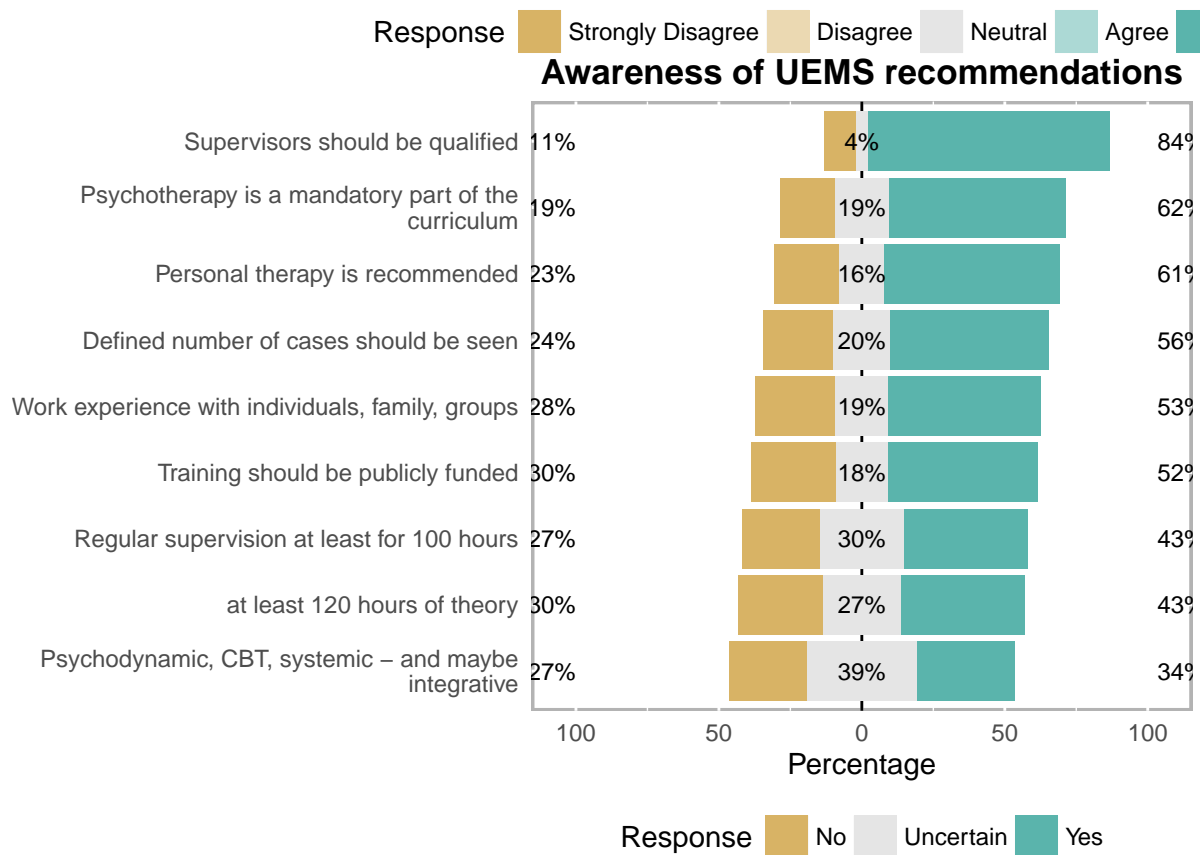
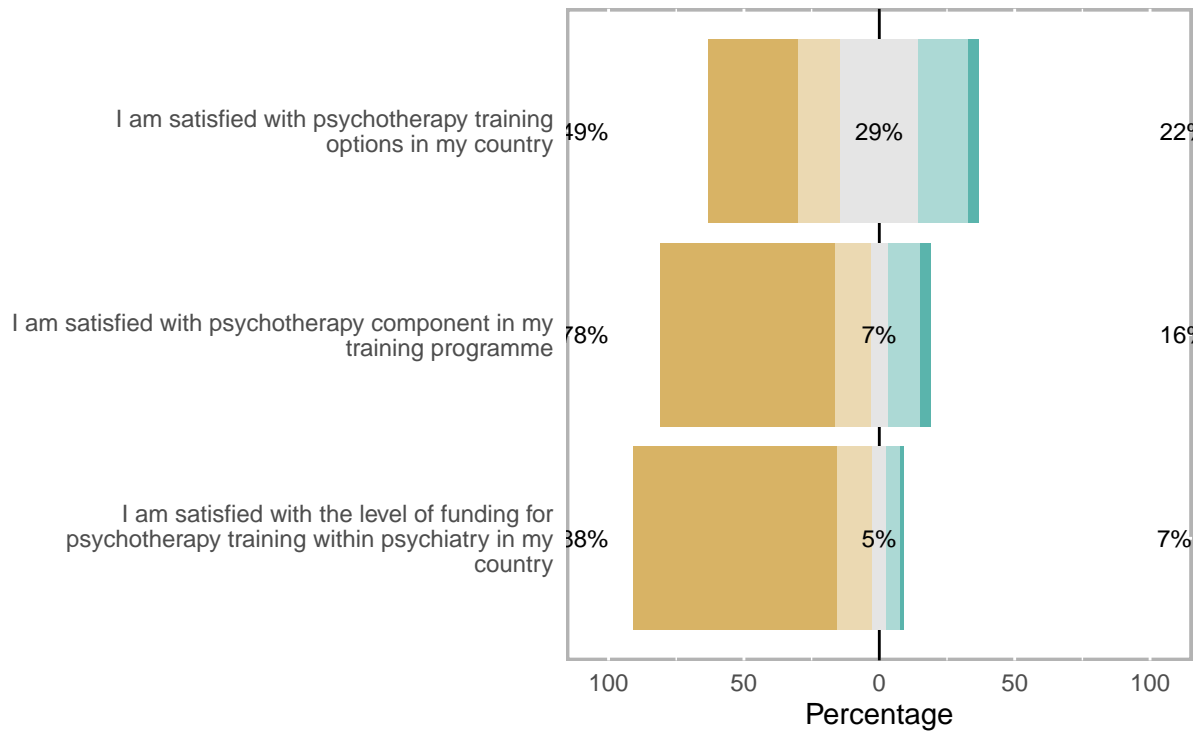
## % of annual salary for psychotherapy training



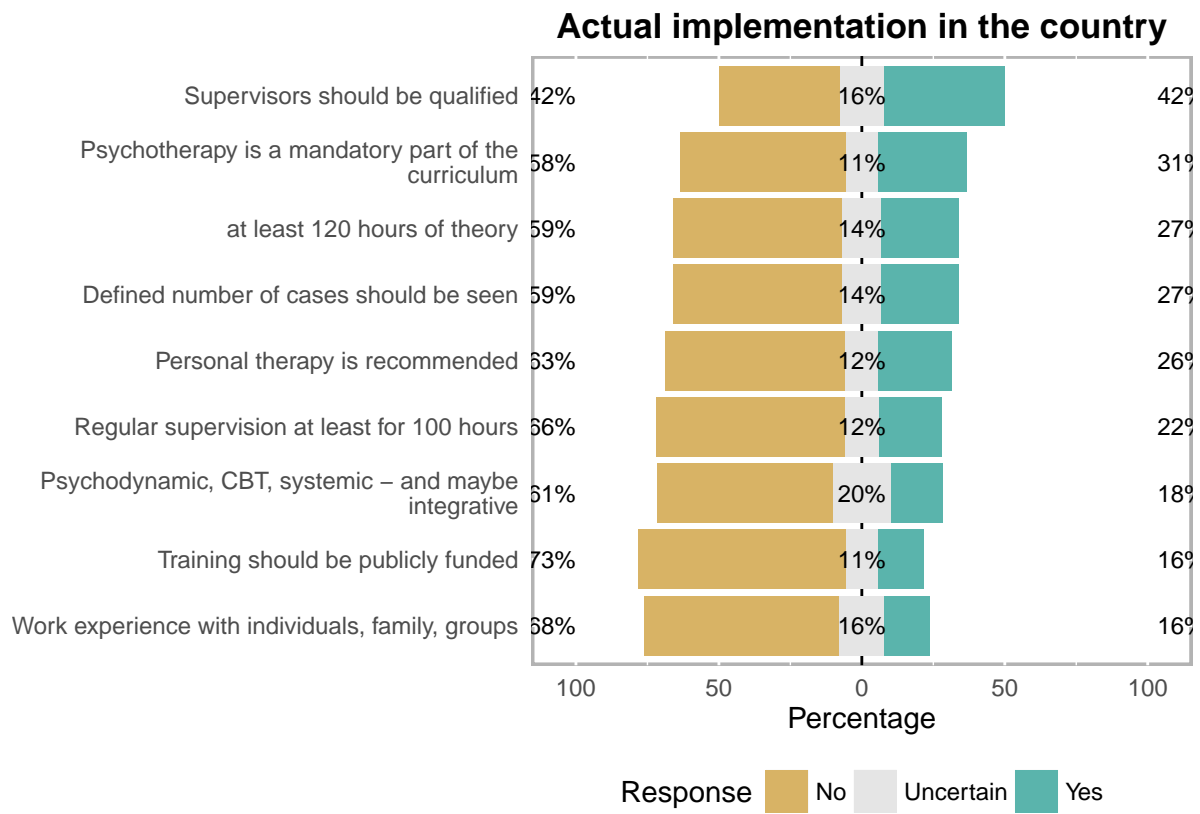
For annual salary do you intend to spend on funding your psychotherapy training In t



## Satisfaction group

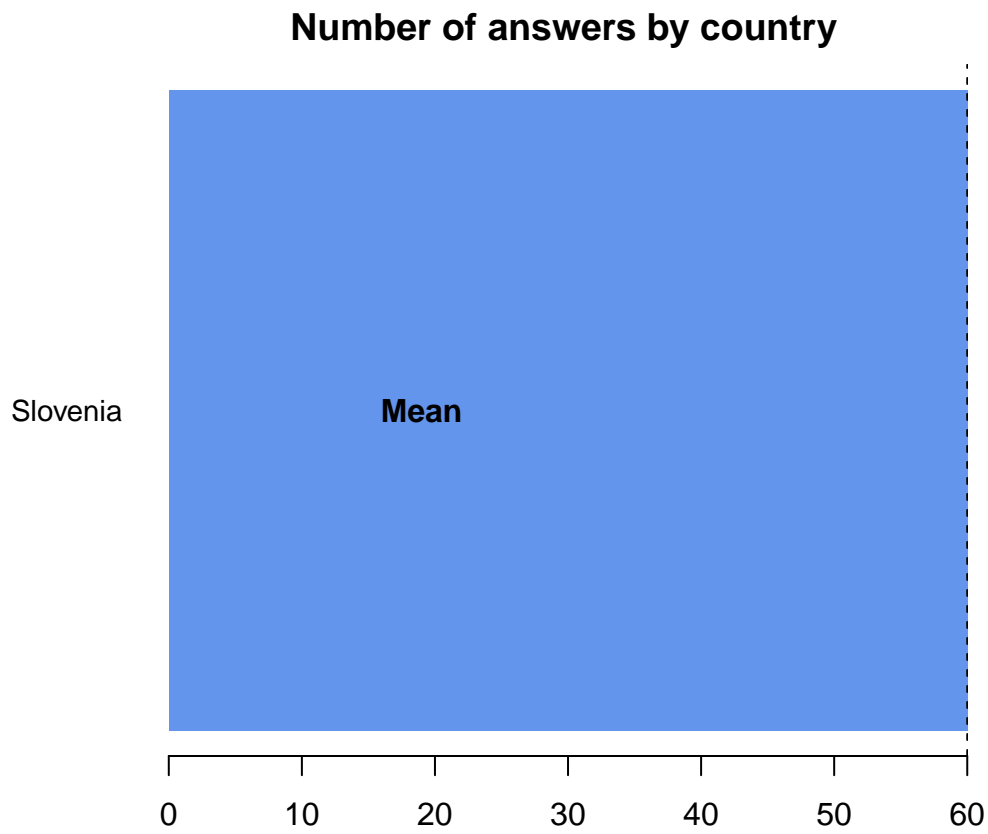


## UEMS recommendations awareness



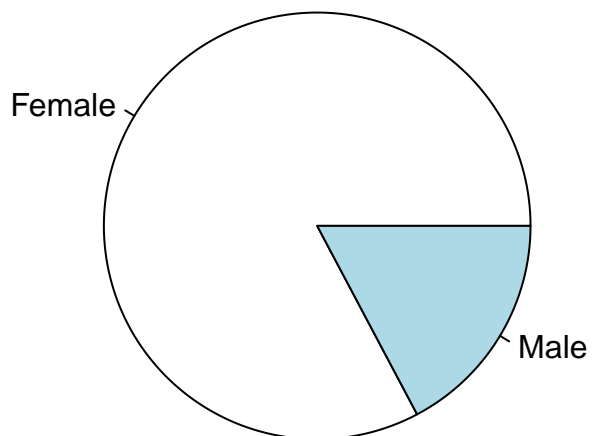
## Slovenia results

Number of participants

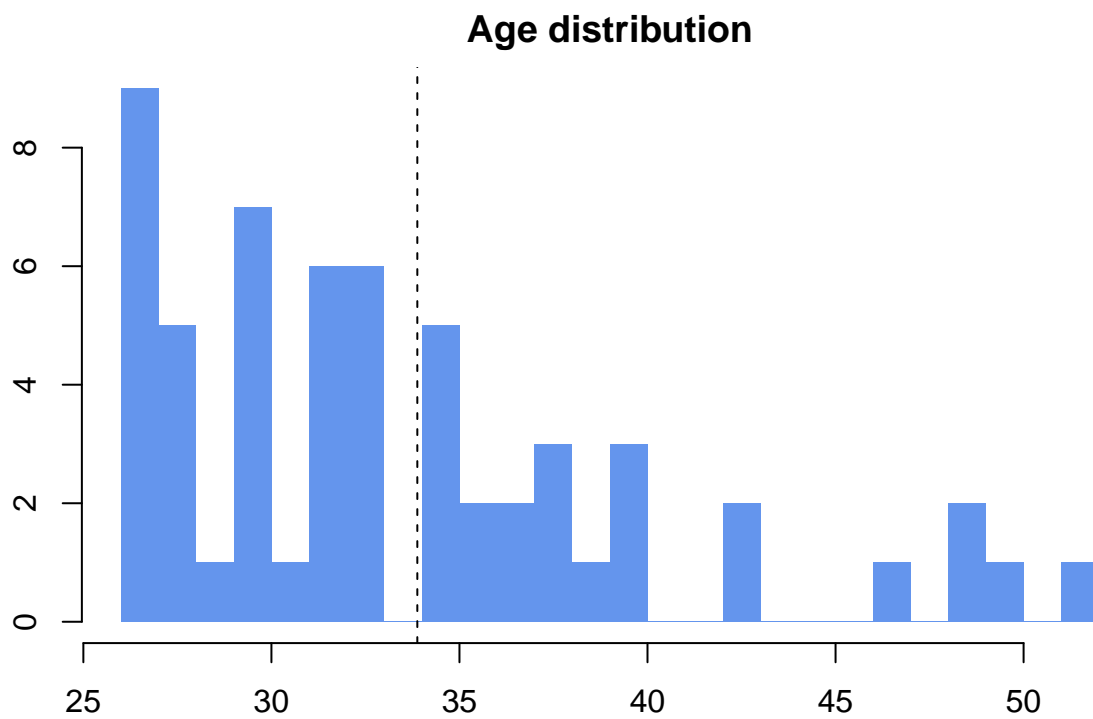


Gender

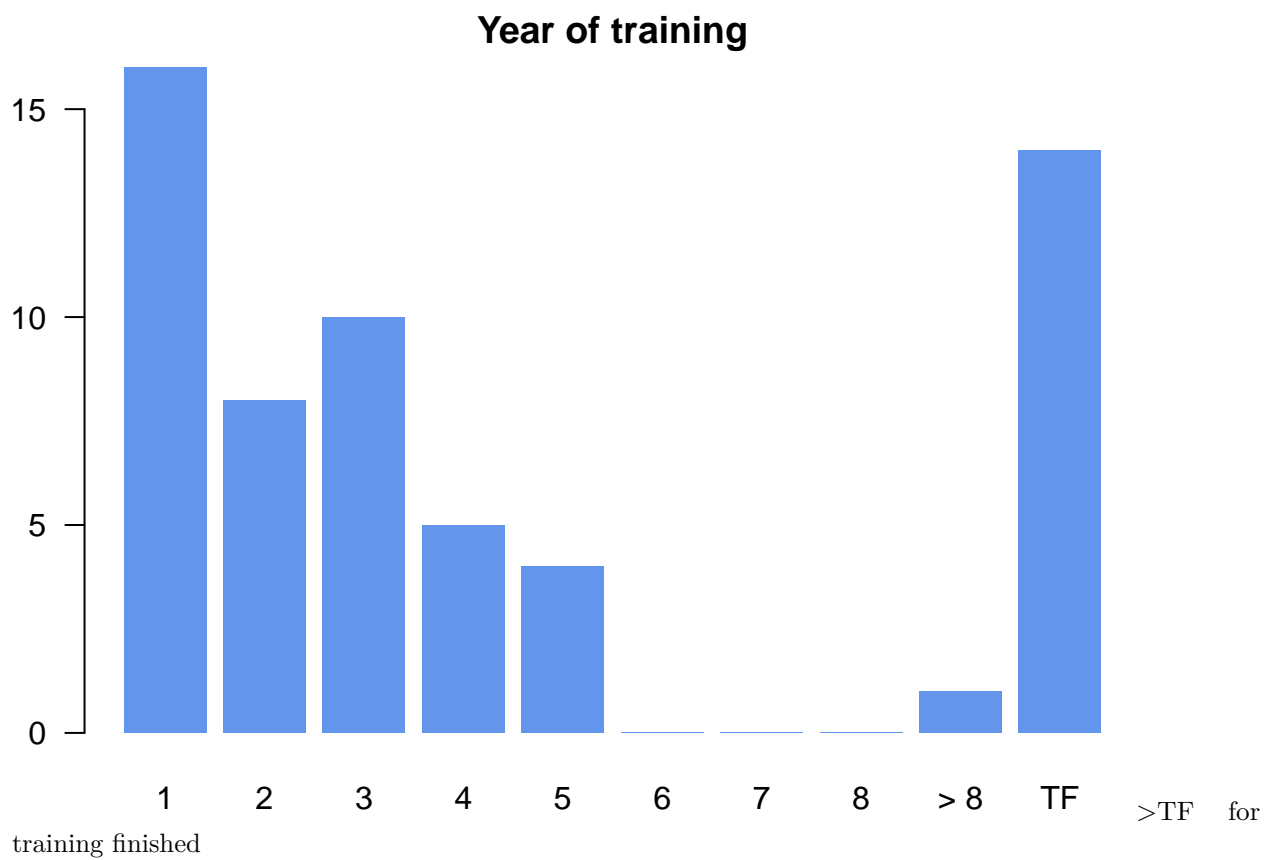
**Gender of participants in Europe reponses**



Age



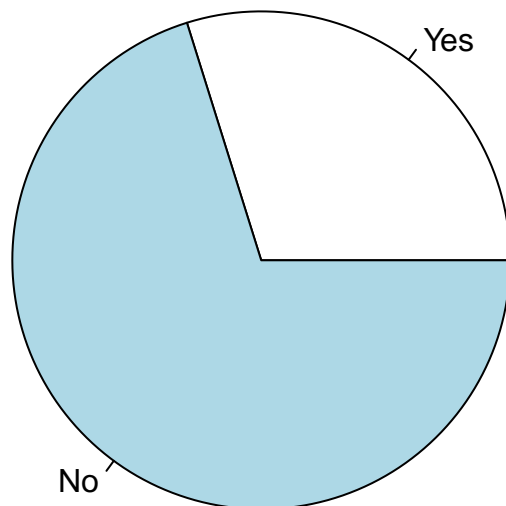
Year in Training



Are you receiving personal psychotherapy or have you received it in the past?

```
##
##      Yes      No
## 0.2982456 0.7017544
```

### Receiving personal psychotherapy (present or past)

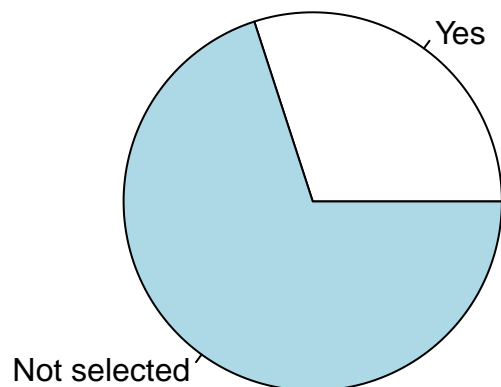


I am undertaking training in Psychotherapy on my own initiative

```
##
##      Yes Not selected
##      18      42

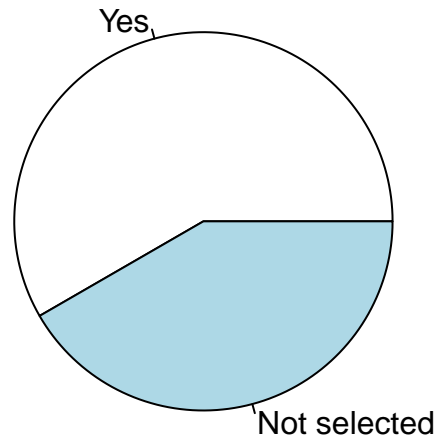
##
##      Yes Not selected
##      0.3      0.7
```

### Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

**I am not undertaking any training in Psychotherapy**

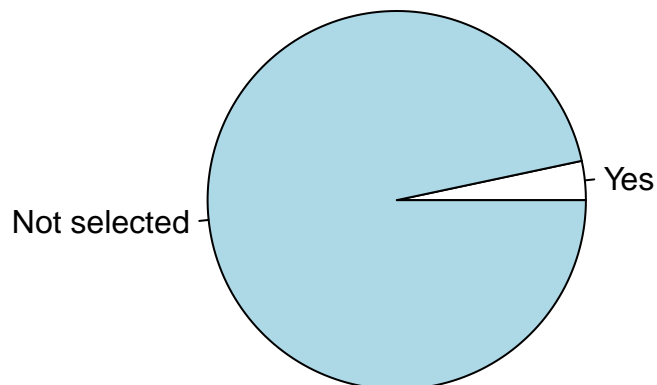


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##
##           Yes Not selected
## 0.03333333 0.96666667
```

**Completed a full training in a Psychotherapy (past)**



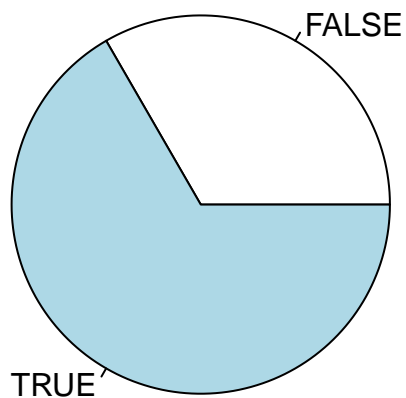
I am training in some modality

##

```
## FALSE TRUE
##    20    40
```

```
##
##    FALSE    TRUE
## 0.3333333 0.6666667
```

## I am training in some modality of psychotherapy

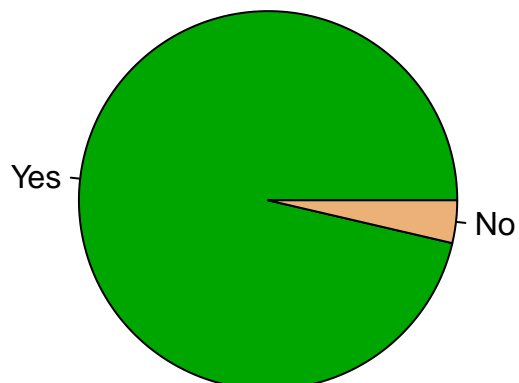


## Is psychotherapy important for your identity as a psychiatrist ?

```
##
## Yes No
## 53  2
```

```
##
##    Yes    No
## 0.9636364 0.0363636
```

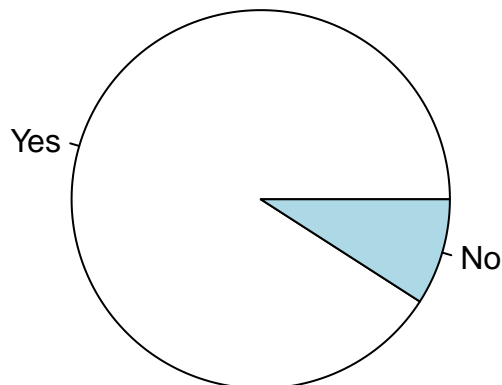
## Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

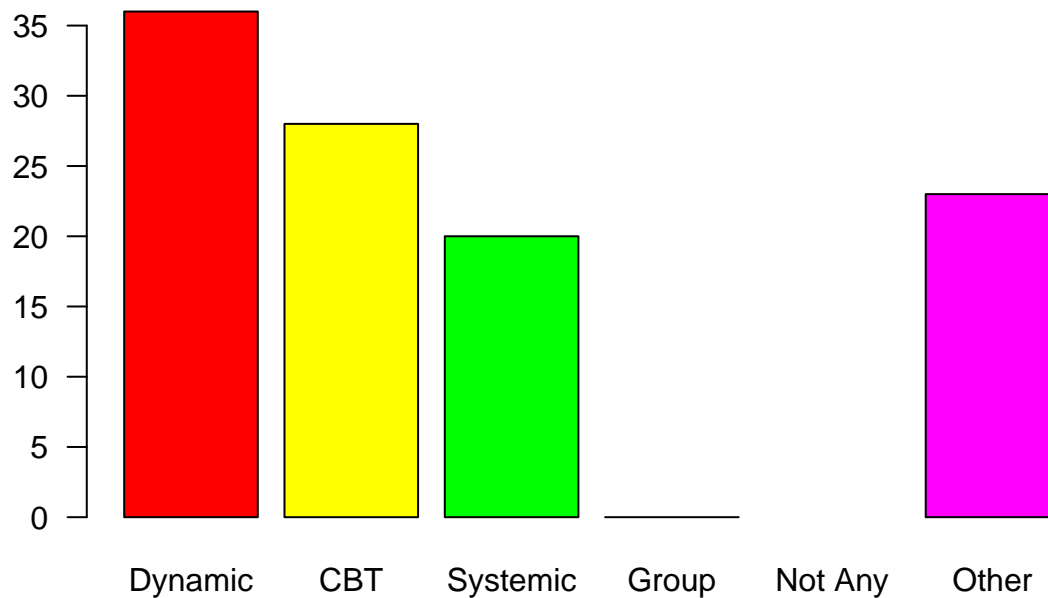
```
##  
##      Yes      No  
## 0.90909091 0.09090909
```

**Plan to practise Psychotherapy after training**



Are you interested in this psychotherapy?

**Interested in this therapy**

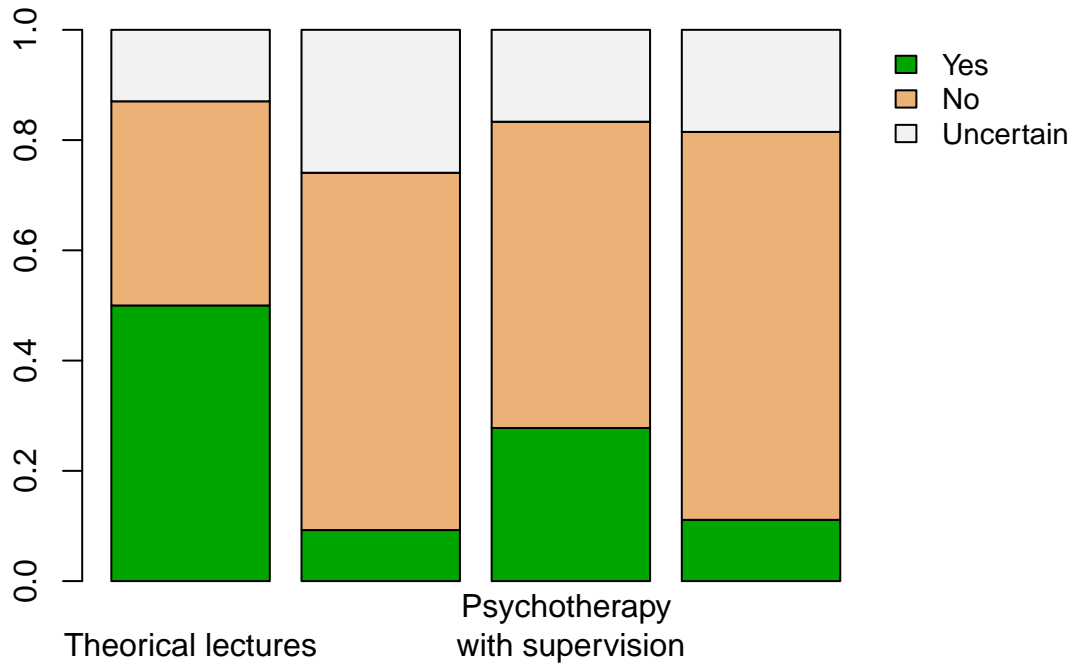




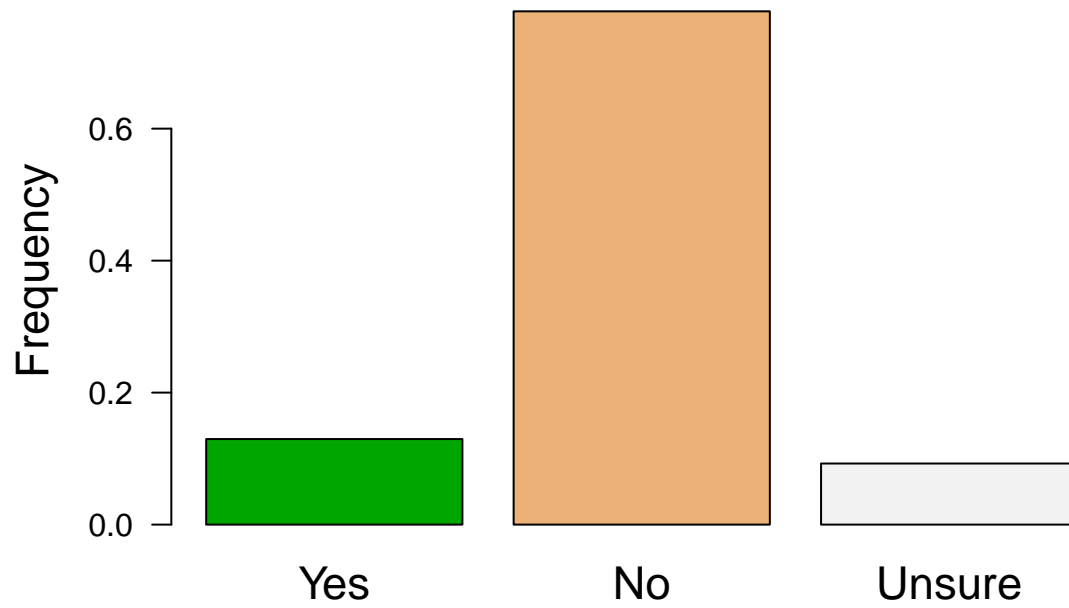
**“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”**

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

**The following experience in psychotherapy is a mandatory part of my training in Psychiatry**

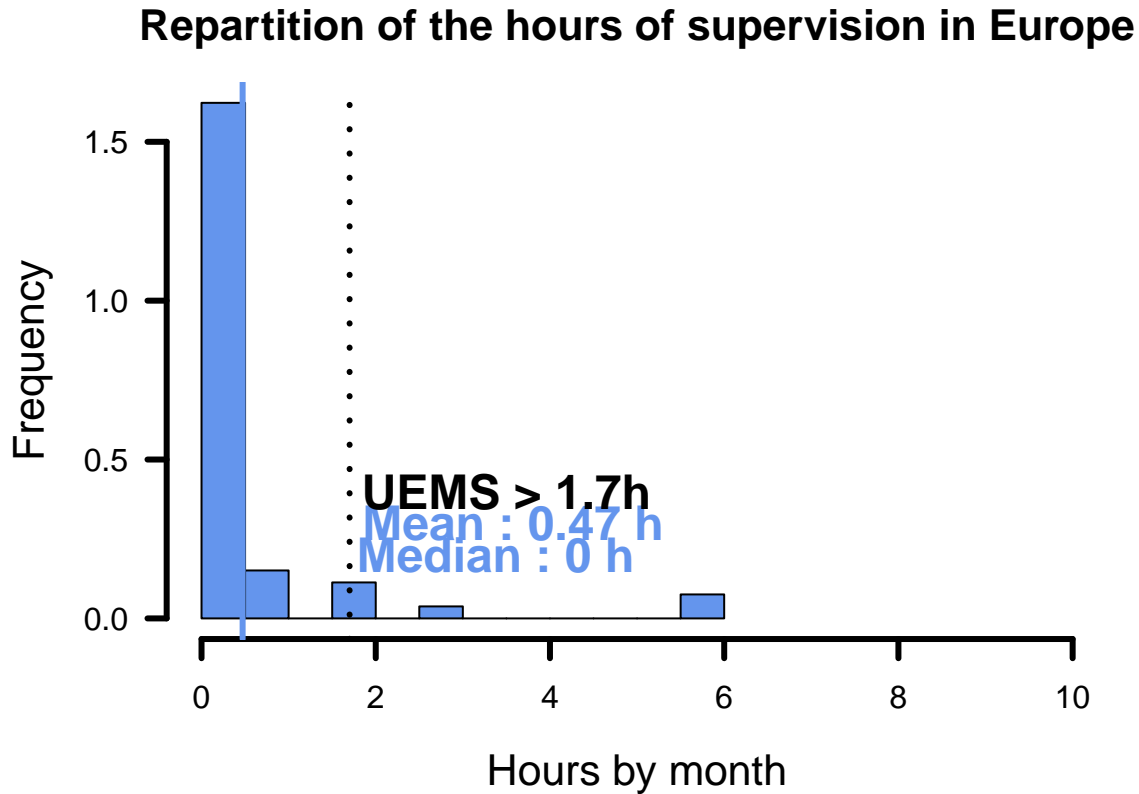


**Are you qualified  
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

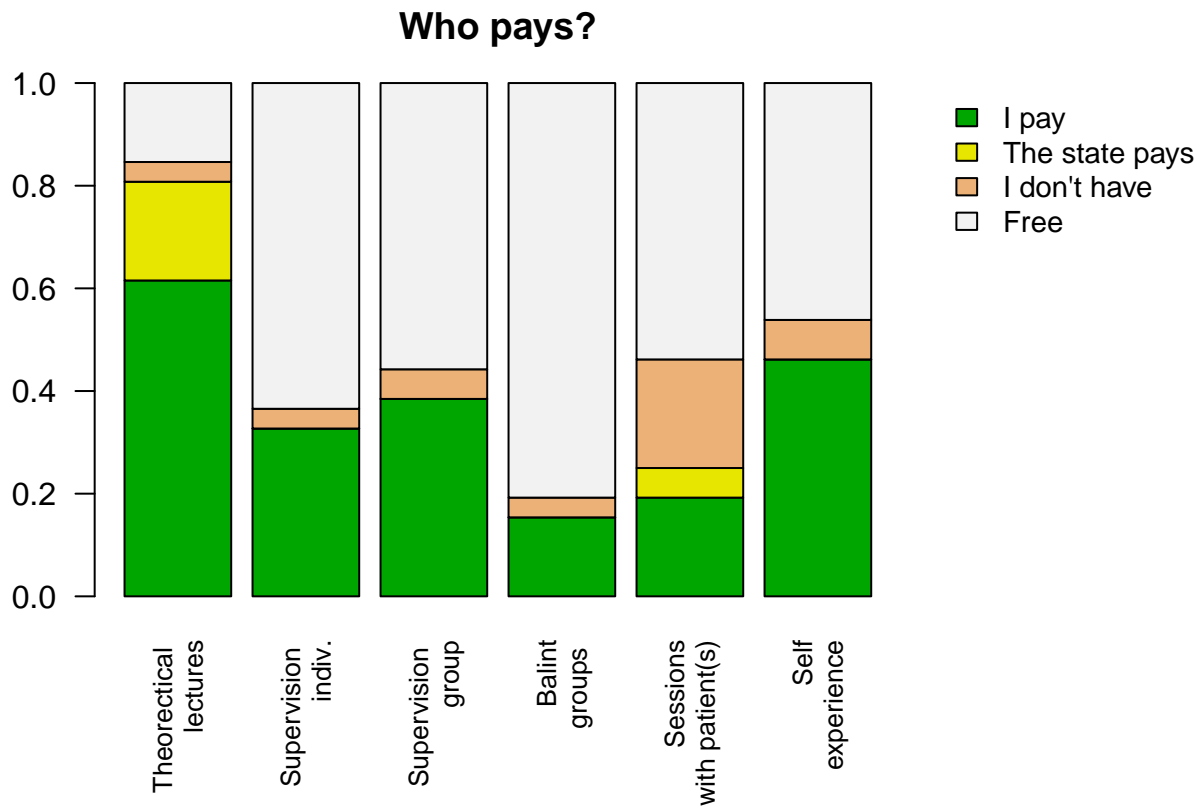
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Slovenia_data$q_0015)
```

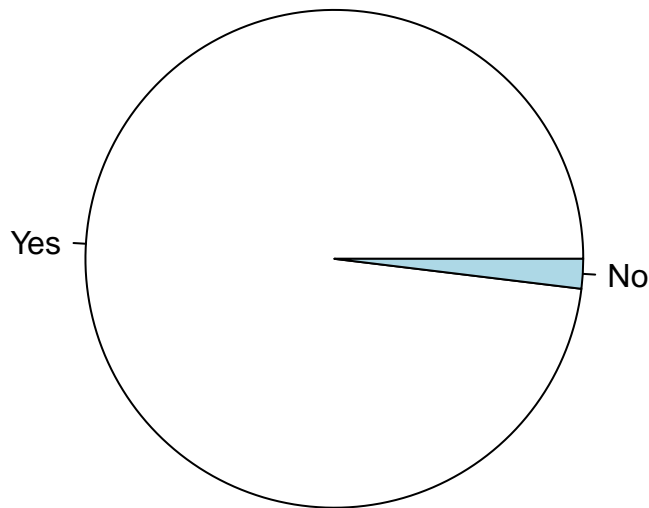
Who pays?



Would you train for free?

```
##
##      Yes      No
## 0.98076923 0.01923077
```

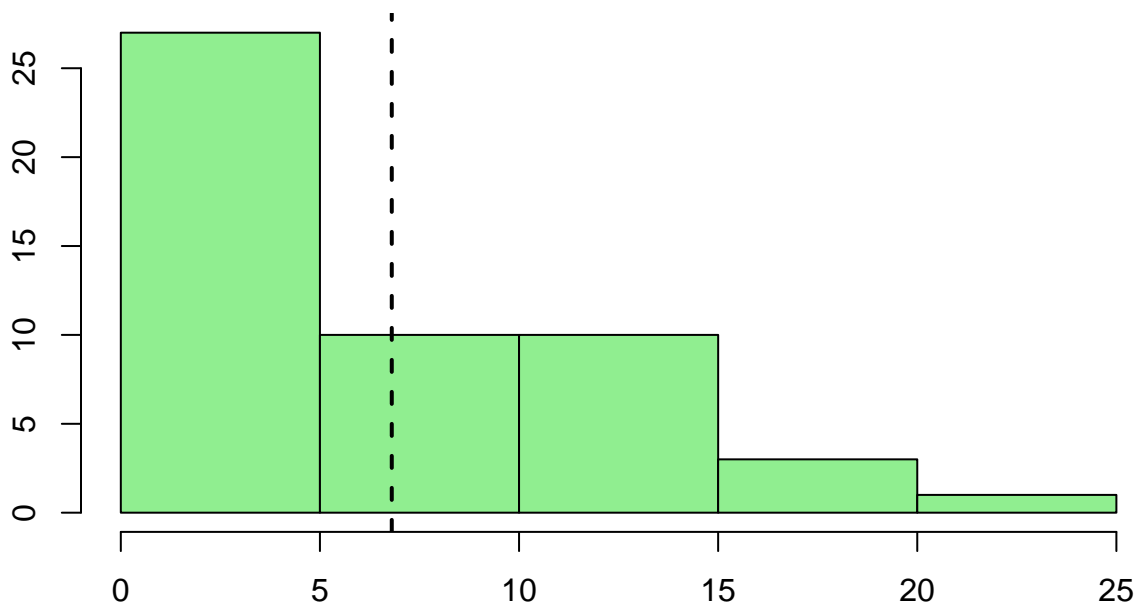
## Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

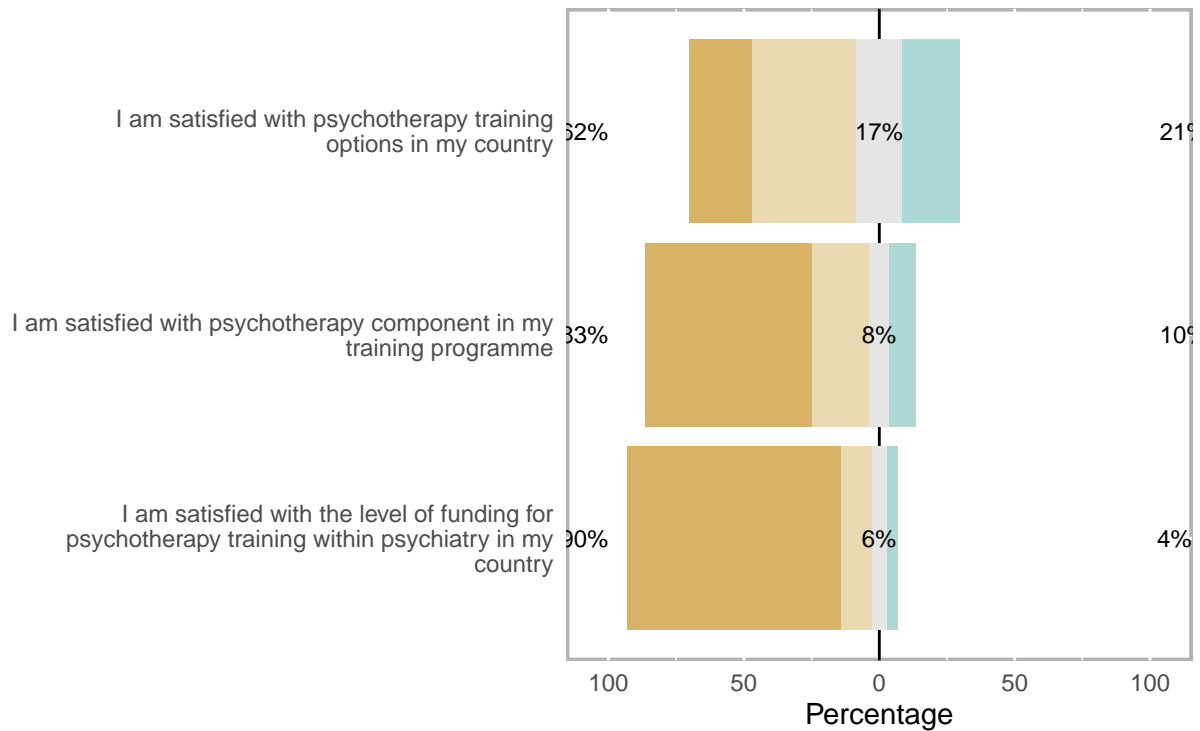
How much would you invest in psychotherapy training ?

## % of annual salary for psychotherapy training



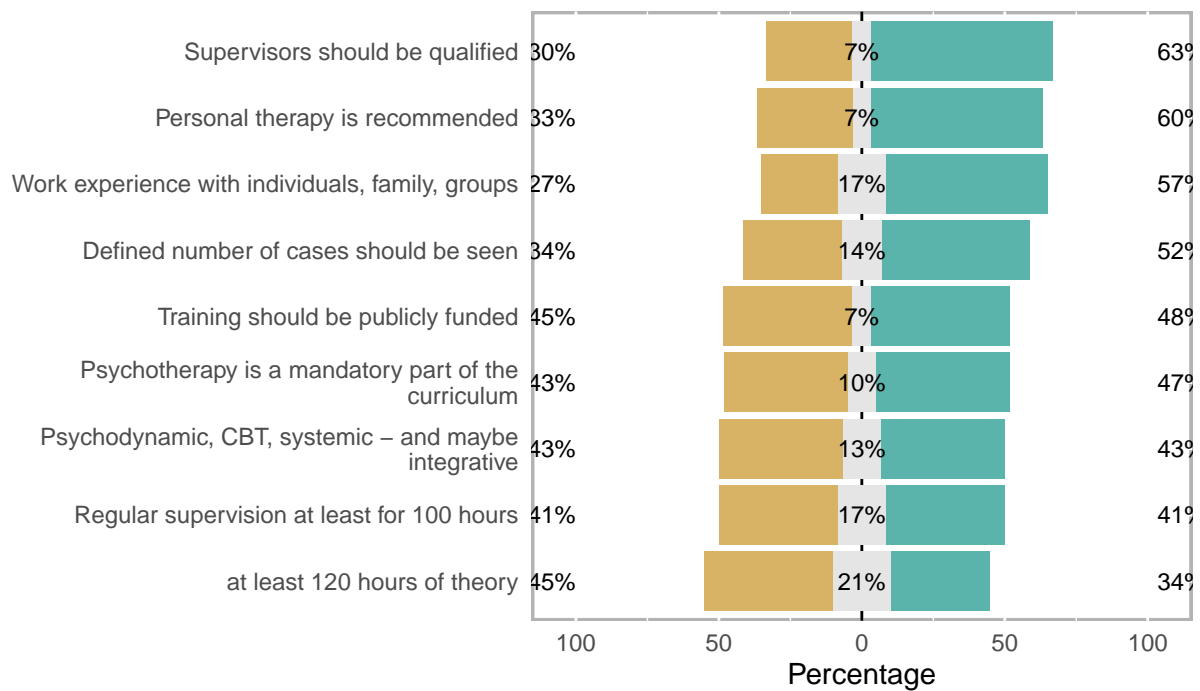
For annual salary do you intend to spend on funding your psychotherapy training In t

## Satisfaction group



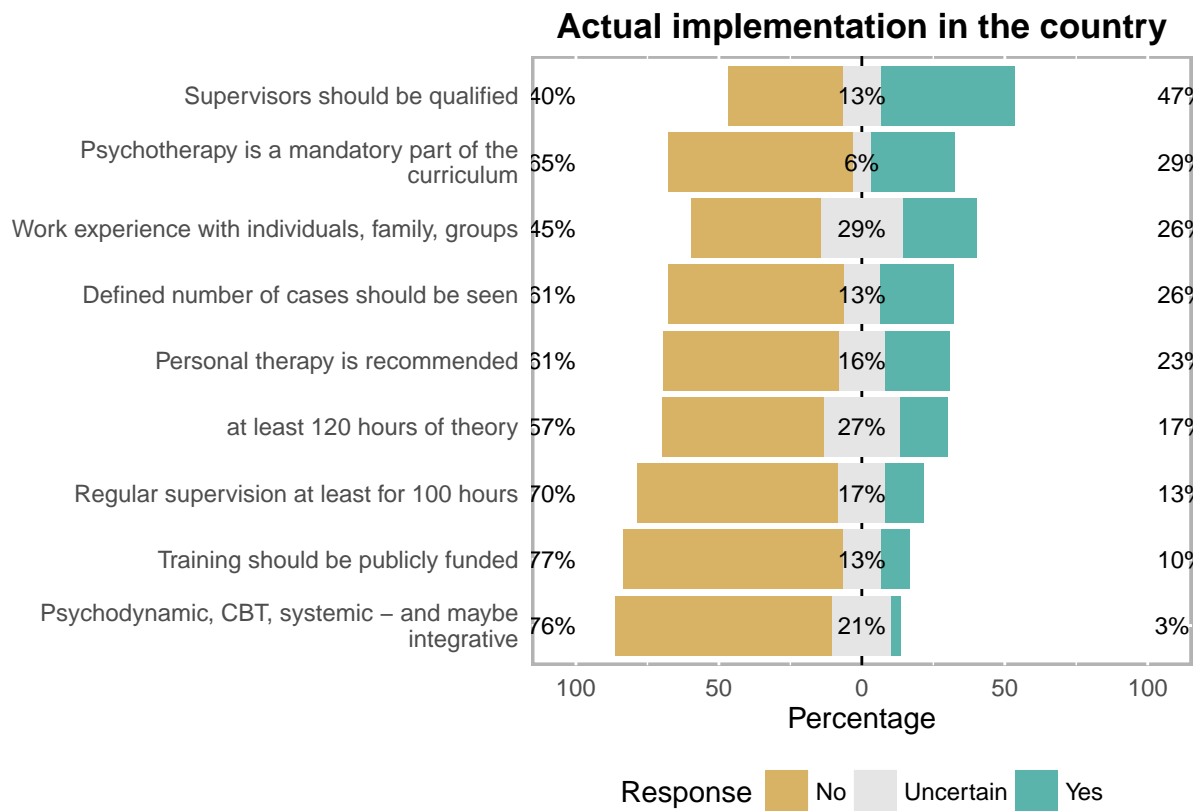
Response Strongly Disagree Disagree Neutral Agree

## Awareness of UEMS recommendations



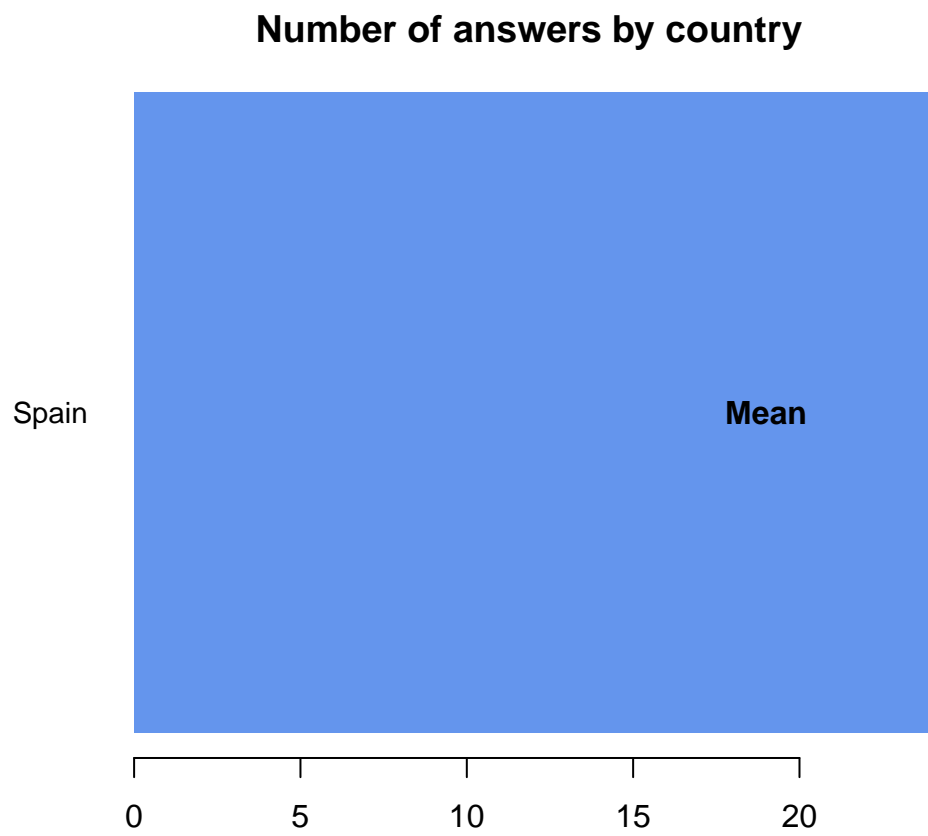
Response No Uncertain Yes

## UEMS recommendations awareness



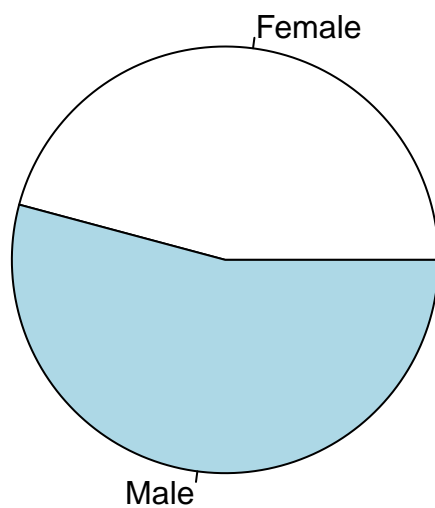
## Spain results

Number of participants



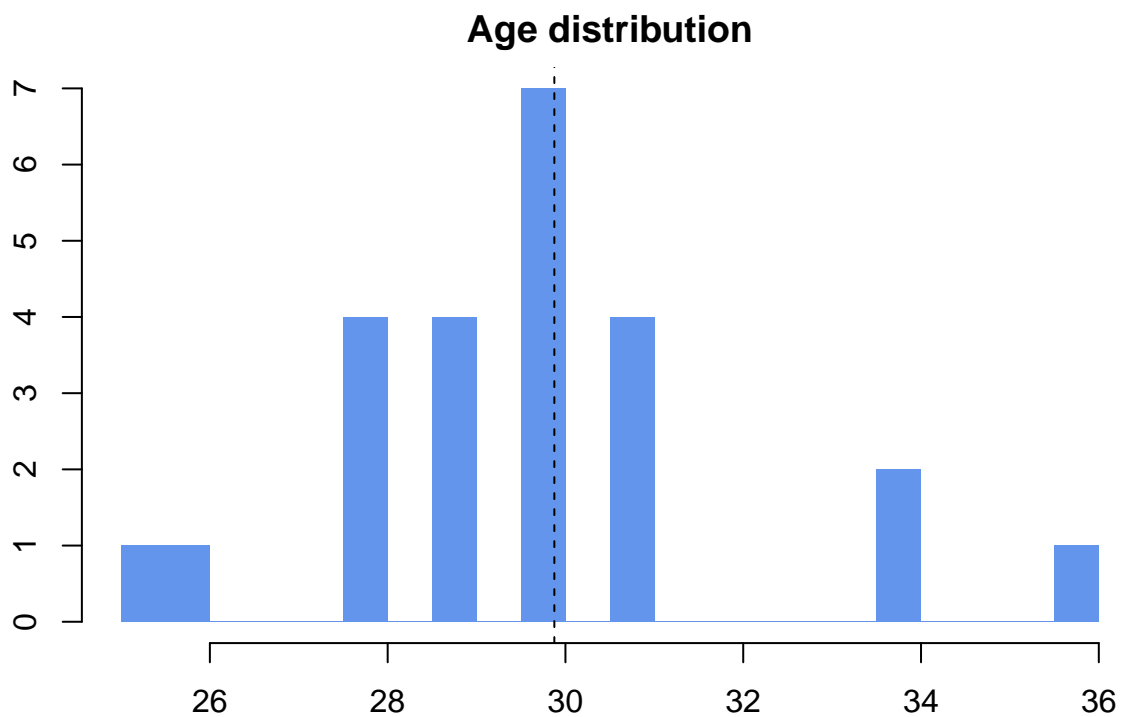
Gender

**Gender of participants in Europe reponses**

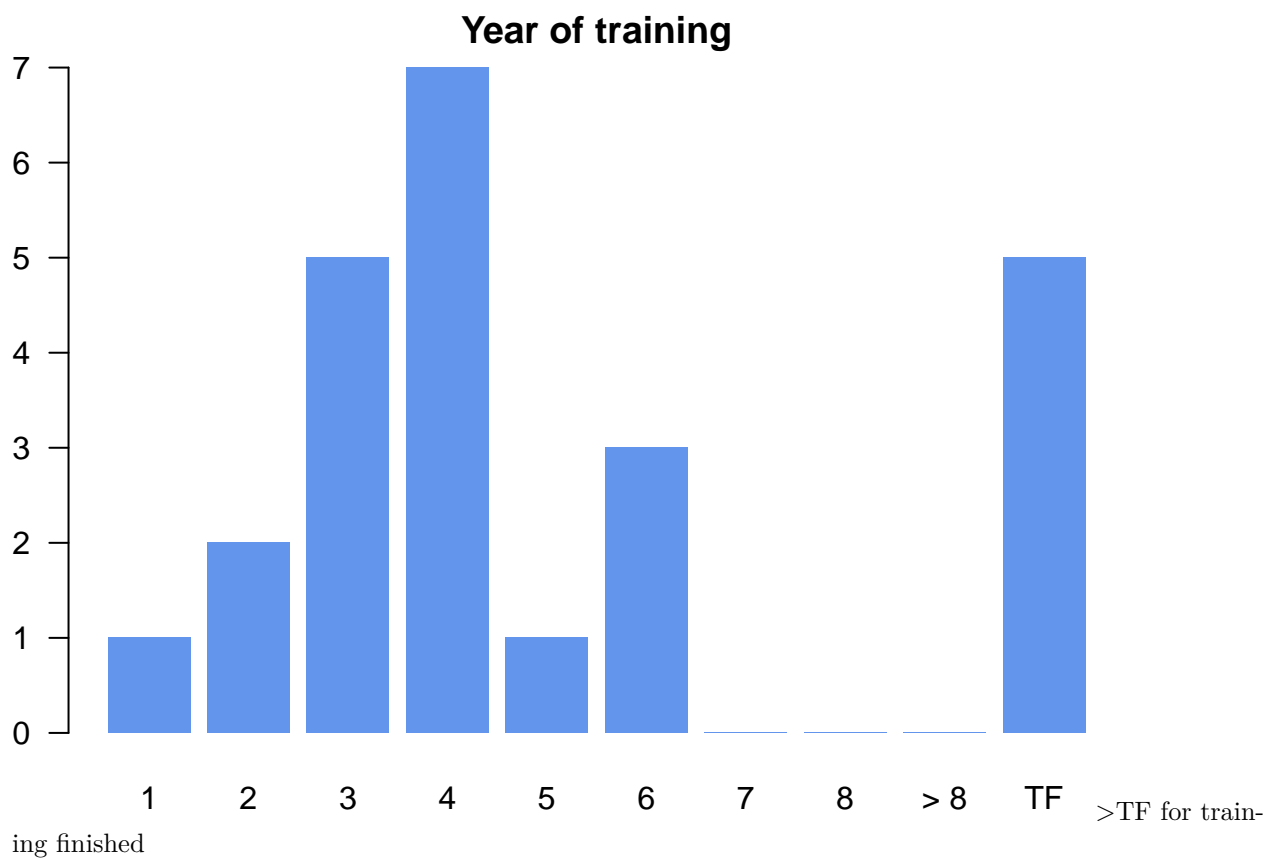




Age



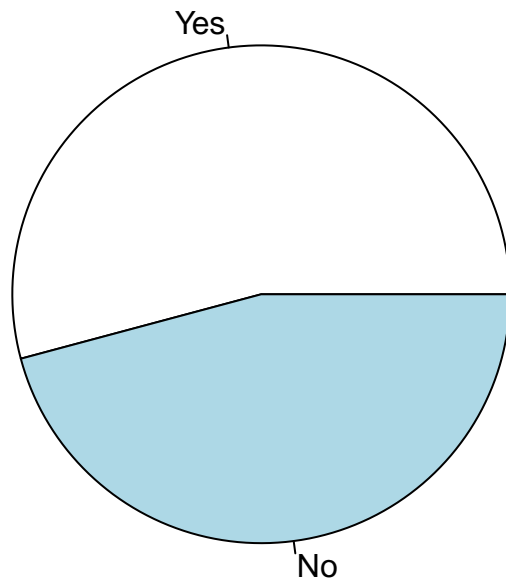
Year in Training



Are you receiving personal psychotherapy or have you received it in the past?

```
##
##      Yes      No
## 0.5416667 0.4583333
```

**Receiving personal psychotherapy (present or past)**

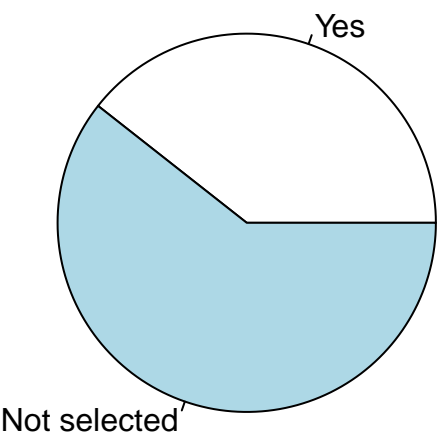


I am undertaking training in Psychotherapy on my own initiative

```
##
##      Yes Not selected
##      13      20
```

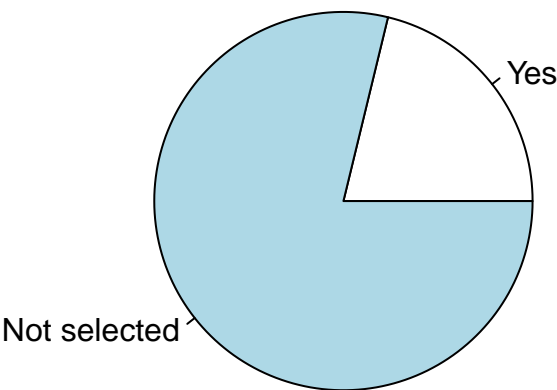
```
##
##      Yes Not selected
## 0.3939394 0.6060606
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

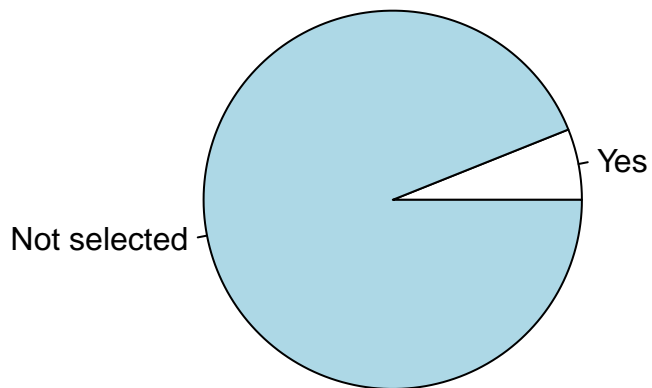


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

##		
##	Yes	Not selected
##	0.06060606	0.93939394

## Completed a full training in a Psychotherapy (past)

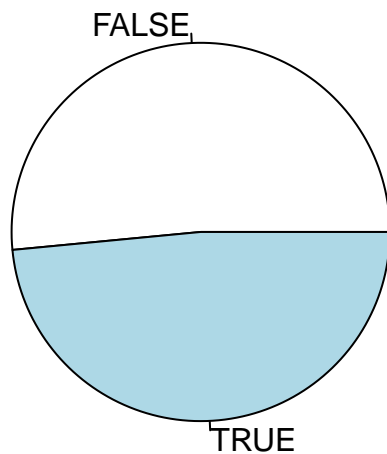


## I am training in some modality

```
##
## FALSE TRUE
## 17 16

##
## FALSE TRUE
## 0.5151515 0.4848485
```

## I am training in some modality of psychotherapy

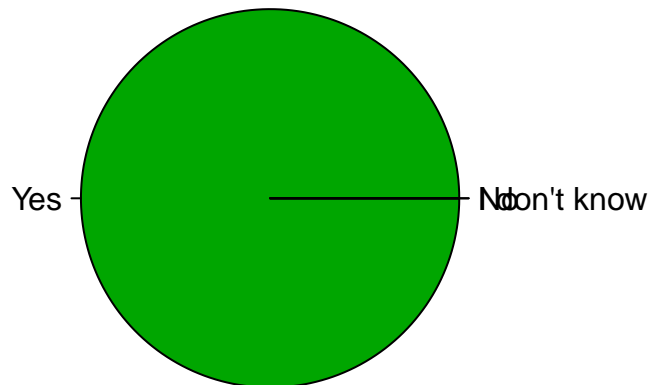


## Is psychotherapy important for your identity as a psychiatrist ?

```
##
## Yes No I don't know
## 23 0 0
```

```
##
##      Yes      No I don't know
##      1        0          0
```

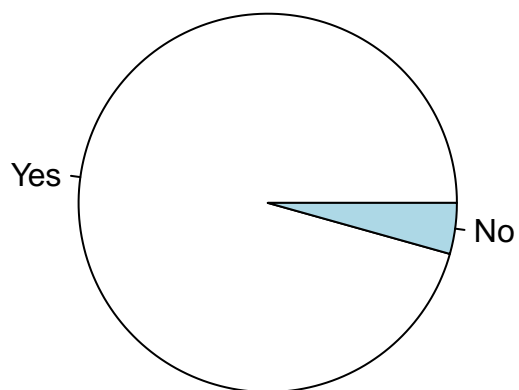
## Psychotherapy important for the professional identity



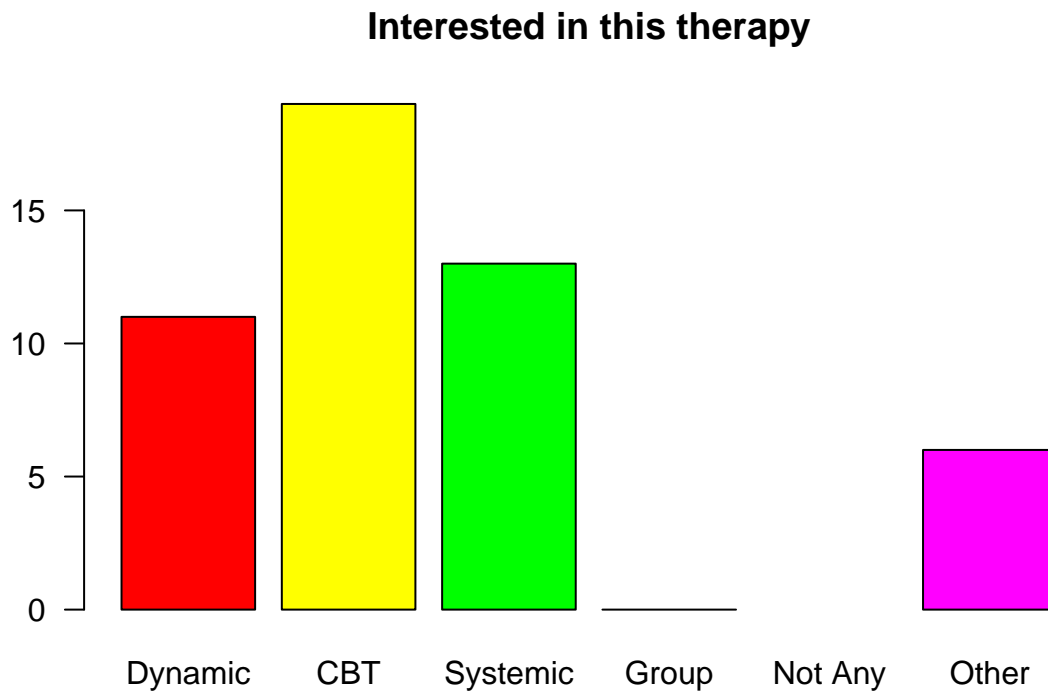
## Do you want to practise Psychotherapy ?

```
##
##      Yes      No
## 0.95652174 0.04347826
```

## Plan to practise Psychotherapy after training



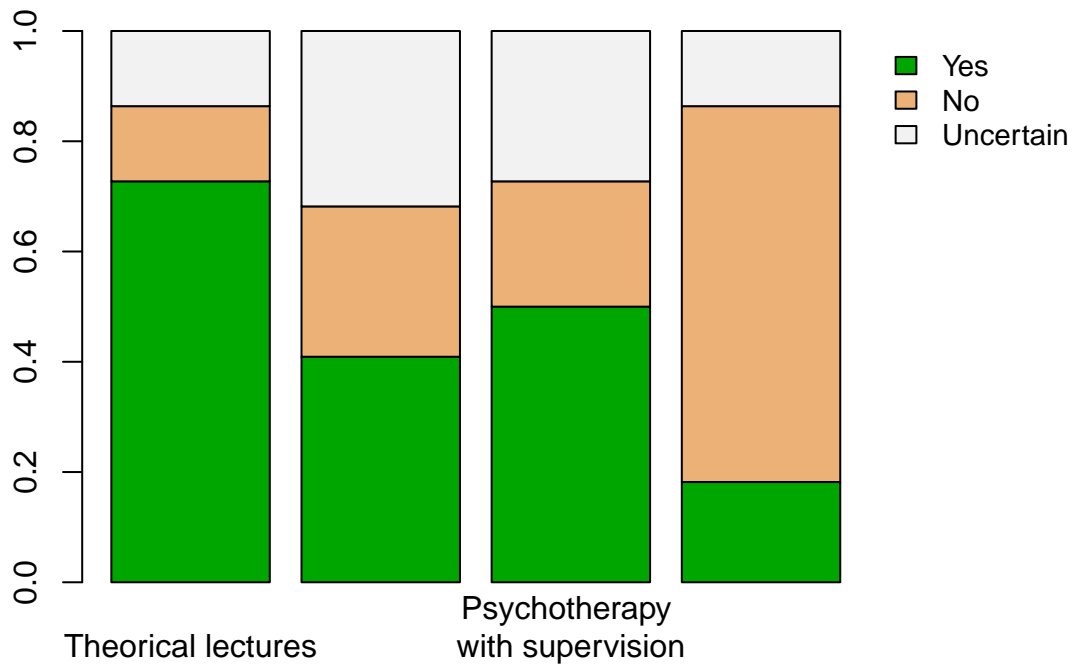
Are you interested in this psychotherapy?



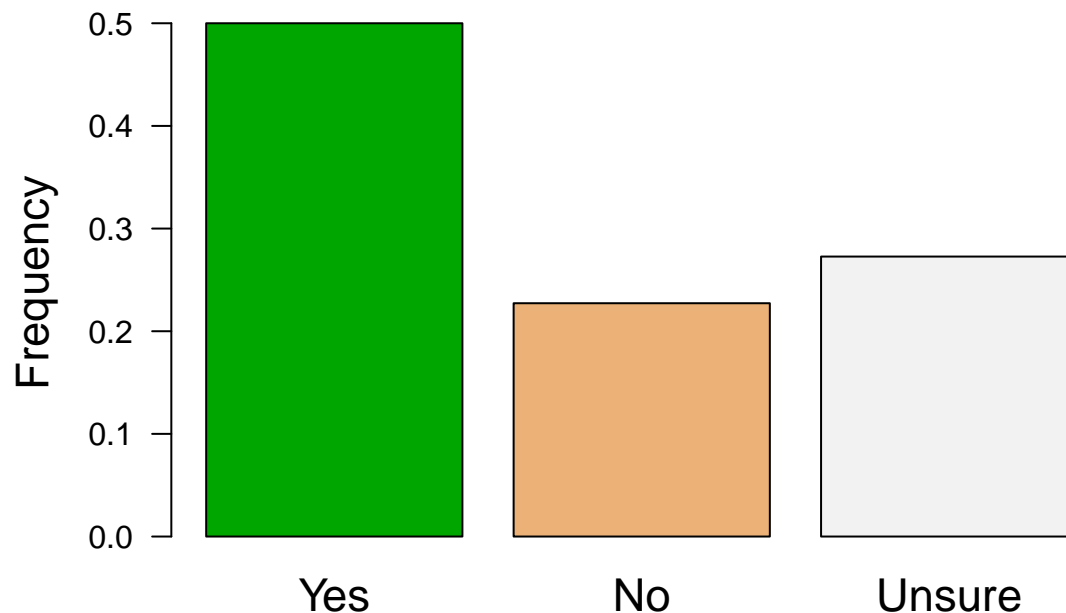
**“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”**

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

**The following experience in psychotherapy  
is a mandatory part of my training in Psychiatry**

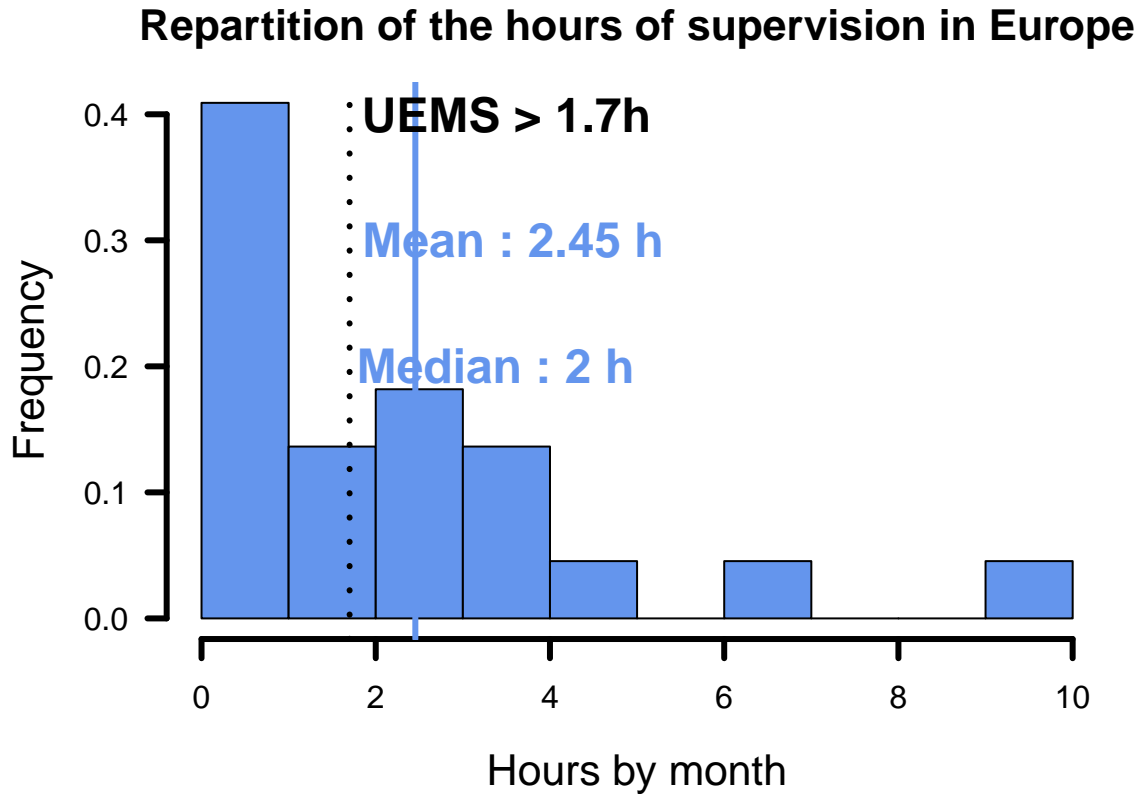


**Are you qualified  
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

How many hours of supervision

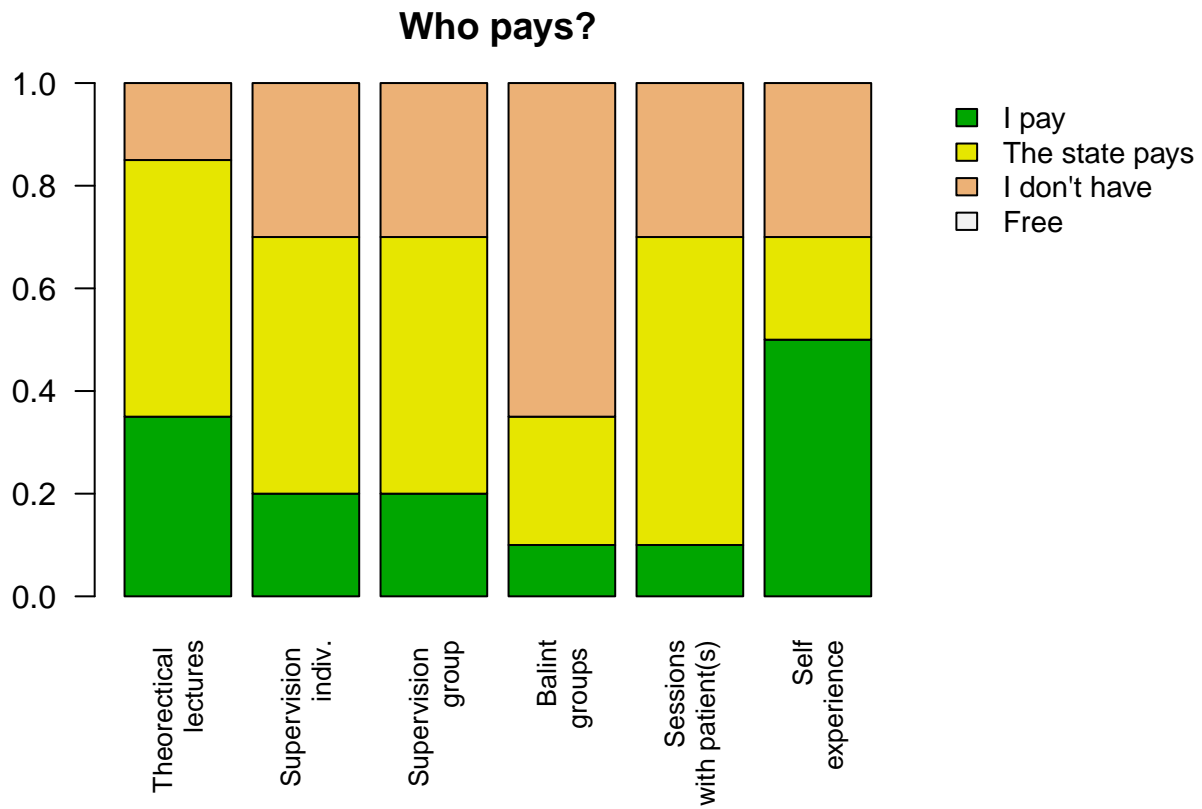


UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Spain_data$q_0015)
```



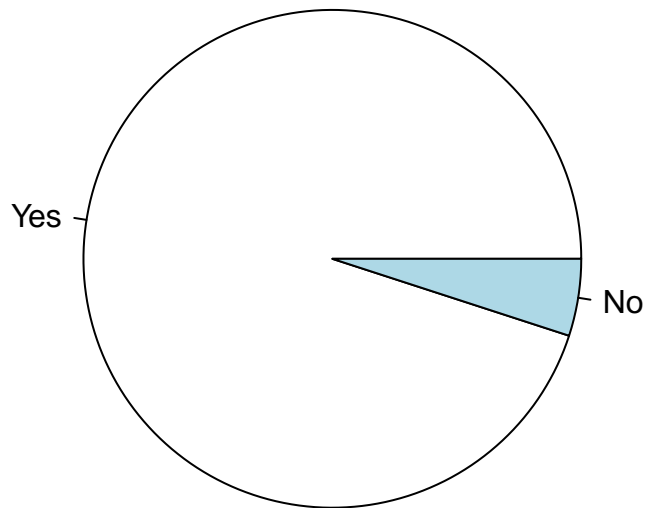
Who pays?



Would you train for free?

```
##
## Yes No
## 0.95 0.05
```

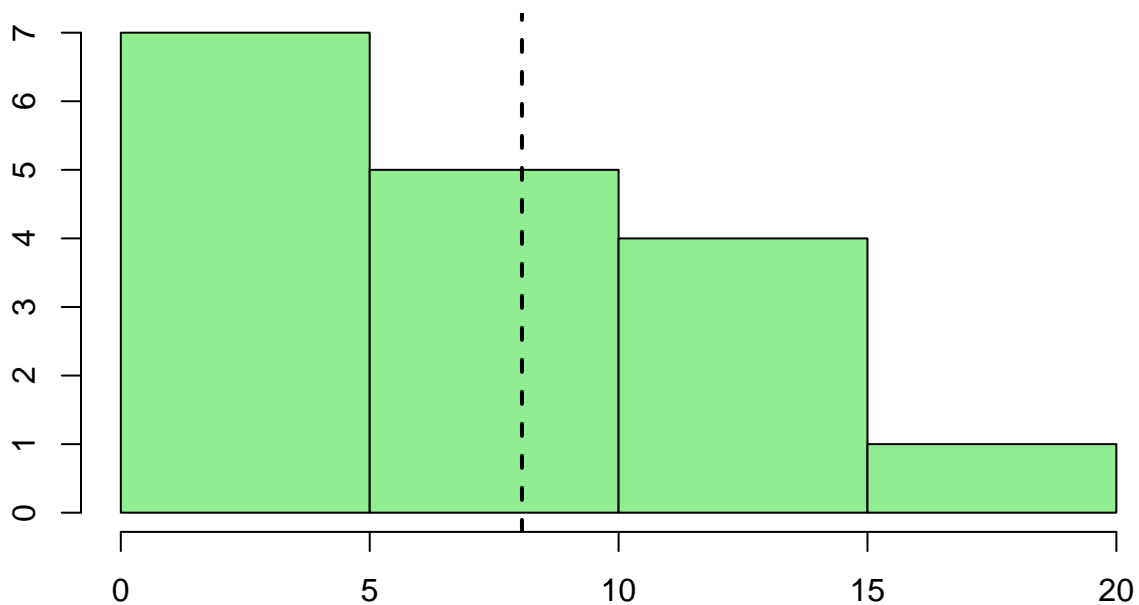
## Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

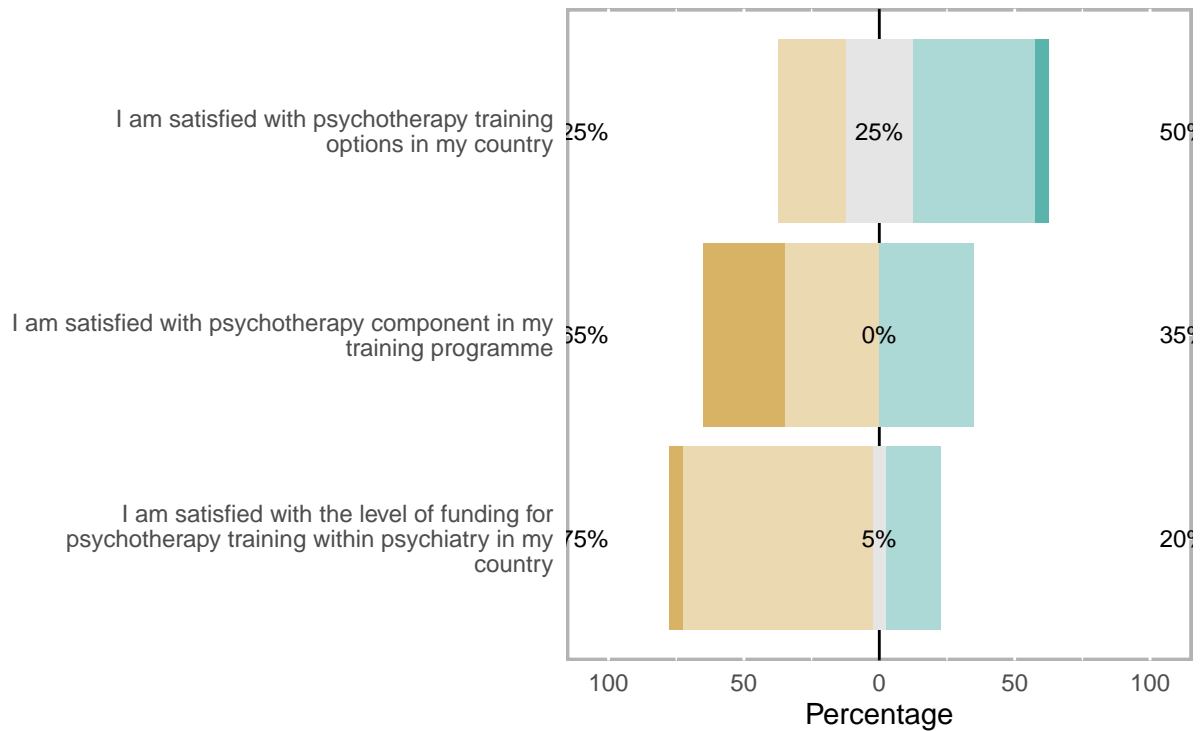
How much would you invest in psychotherapy training ?

## % of annual salary for psychotherapy training



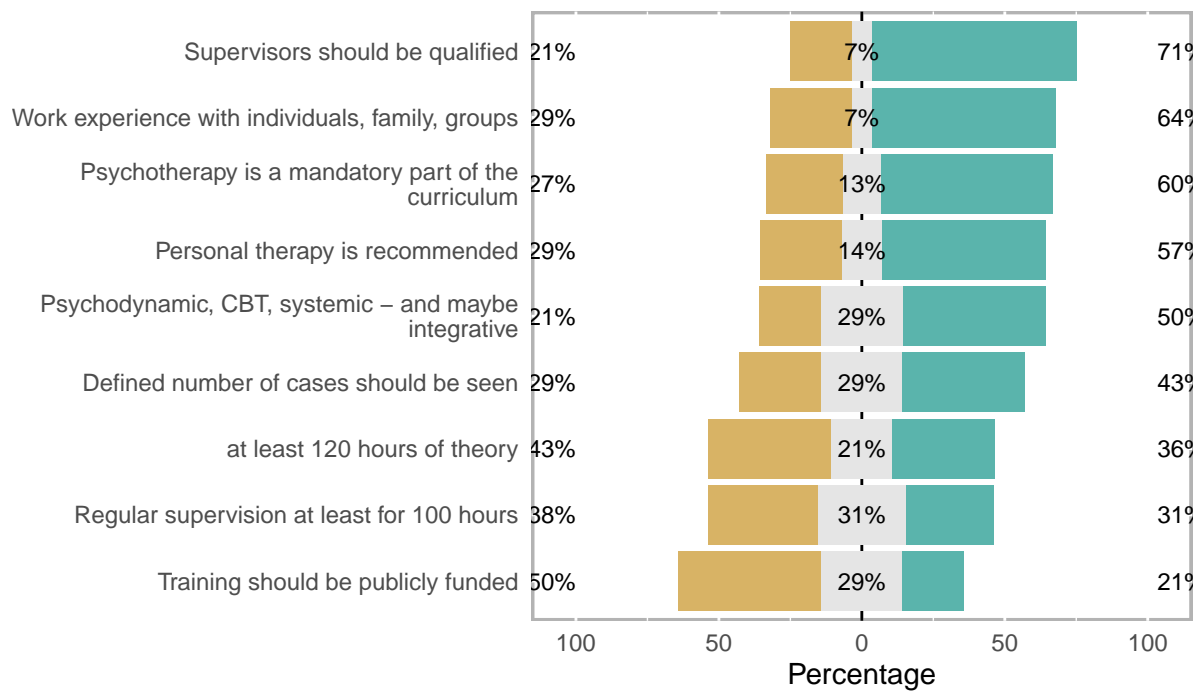
For annual salary do you intend to spend on funding your psychotherapy training In t

## Satisfaction group



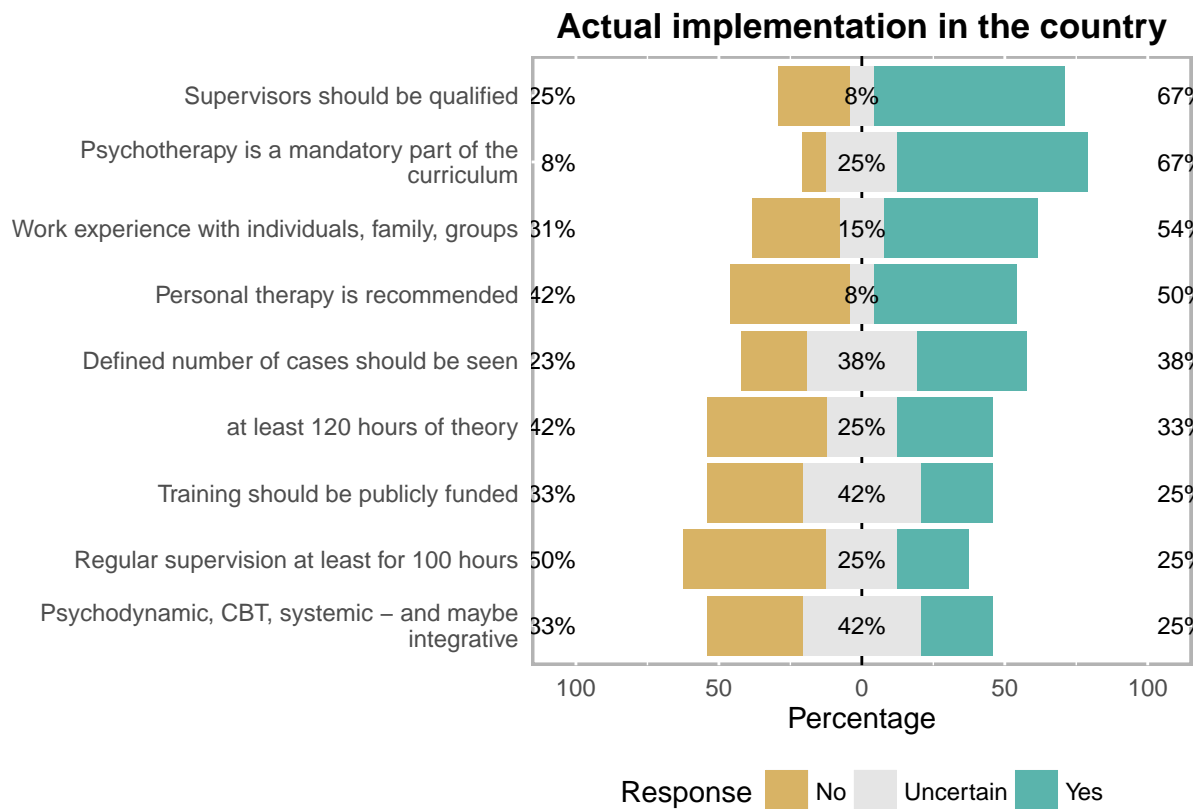
Response Strongly Disagree Disagree Neutral Agree

## Awareness of UEMS recommendations



Response No Uncertain Yes

## UEMS recommendations awareness



## Research

UEMS recommendations states that research methodology should be included in psychotherapy training.

## Bibliography

- Please join our [zotero group](#)