

# 12 Months of Sustainability

***Simple Actions for a Greener Future***



# January

Start the year by swapping **old habits for sustainable ones**—donate, recycle, or upcycle items you no longer need.



# February

Install **LED lights**, unplug devices when not in use, and **optimize heating or cooling systems.**



# March

Prepare for summer by planting **shade-providing trees** or setting up a **balcony garden** to cool your surroundings naturally.



# April

**Reduce energy consumption** by turning off lights during the day and **embracing natural sunlight**.



# May

Beat the summer heat by using **natural cooling methods** like curtains, fans, and ventilation instead of air conditioners.



# June

Minimize **food waste** by freezing leftovers, storing produce properly, and **composting organic scraps**.



# July

Prepare for the monsoon by installing **rainwater harvesting systems** and maintaining drainage to prevent waterlogging.



# August

Grow **herbs or vegetables** at home using rain-fed methods to make the most of the rains.



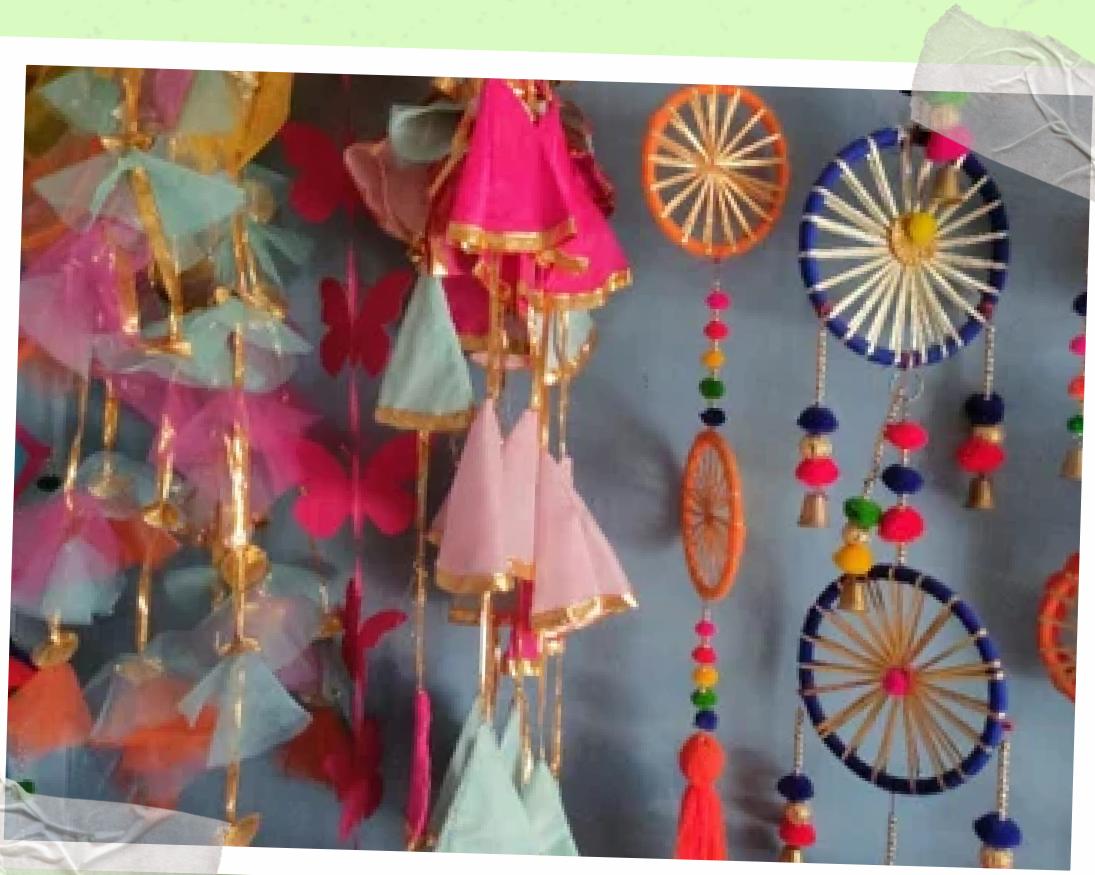
# September

Choose **local and seasonal produce** to celebrate the harvest season and reduce your carbon footprint.



# October

Celebrate festivals responsibly with **handmade decorations**, natural dyes, and **community events** that reduce waste.



# November

Invest in **sustainable clothing** and layer up instead of using heaters excessively as temperatures drop.



# December

End the year with **eco-friendly gifting** by choosing experiences or handmade items and wrapping them in recyclable materials.

