SOCIAL MEDIA ETIQUETTE

Social media has a significant impact on friendships and relationships. Social media is great to keep up with friends and family, but it is easy to get in trouble without considering a few best practices to keep it safe, fun, and friendly!

Post Only with Permission

Never post pictures or videos online without someone's permission or consent. If you do have consent, is it appropriate to post?

Everything Posted is Public

Delete doesn't always mean deleted! Anything posted creates a digital footprint.

When in Doubt, Don't!

Talking online to someone you don't know can be just as dangerous as IRL. It's perfectly okay to deny someone's friend request.

Oversharing Online

If you want to journal thoughts and feelings, do it privately to decide what to do with the information.

Remember the Golden Rule

Treat others as you want to be treated!
Treat them as you would in person. Don't change just because you're online.

Be Kind

Consider how you would feel receiving the message. If you wouldn't feel good, then don't send it.

Protect Your Privacy

Be careful of apps that track your location. Background images can expose you to danger.

Check Yourself

If you are angry or emotional, walk away and take a break. If you are struggling, find a trusted adult to work through your emotions.