

My First Time Using restructured text (RST)

It Feels Awkward

Although this is an awkward thing to do, it seems that it is significantly easier than using HTML.

If I were to convert this experience into a book, I would title it, *My Silly RST Adventures*.

While playing and experimenting with RST I learned how to **make words bold**. I also learned how to add a link, like this link <https://www.africanbites.com/jamaican-curry-goat/> to curried goat, a variation of which, I made this past weekend.

I caused a "System Message: WARNING..." but I resolved the issue after digging in a bit more. I'm finding that I kinda dig RST.

RST & Cooking Goat

Using RST I tried to make this a "Headline 2" but was unsuccessful; I was able to make it a subheading like "It Feels Awkward," however. RST and cooking goat were both new experiences for me.

Jamaican Goat Curry Ingredients:

- Goat meat
- Scotch bonnet peppers
- Jamaican curry powder
- Onions
- Garlic
- Tomato paste
- Scallions

Directions:

1. Prepare a dry rub with curry powder, garlic, and salt; rub into goat, and let sit refrigerated for up to 3 days.
2. Sear goat meat in grapeseed oil in batches, and set aside.
3. Add onions, additional garlic, additional curry powder, tomato paste, and scallions and cook for a couple of minutes, scraping up the crusty bits on the bottom of the pan (the fond). When onions begin to soften, add enough water to almost cover the goat, and bring to a simmer.
4. Place, partially covered, in 300 oven and gently cook for approximately 2 hours. (I couldn't figure how to make a degree symbol - is that possible in RST?)
5. Serve with rice or crusty bread.