

Anita's Homework

Week 8

Today's Date: 3/30/20

Copyright information etc., etc.

Junk food rules during a Pandemic 1

Chaper 1:What about granola and yogurt? 1

Time to add the image 1

Time to add the procedure 2

Chaper 2:And now, a numbered list with alpha thrown in 2

Time for a random variable (haha) 3



CHAPTER 1

Is It Pop-Tart Time Yet?

JUNK FOOD RULES DURING A PANDEMIC

The rules of junk food during a pandemic are:

- Potato Chips and ice cream are eaten together, on odd days only
- Tortilla chips should not be eaten on the same day as potato chips
- Make brownies, often
- Pop-Tarts are now a healthy choice

In the coming days, there will undoubtedly be revisions to this policy. We understand that the topic of whipped cream has not been covered at all. This is a gross oversight and will be correct in the next edition.

WHAT ABOUT GRANOLA AND YOGURT?

During times of pandemics, added sugars for all comestibles automatically becomes zero.

EATING SCHEDULE

We will now have a table.

TABLE 1-1 *Proper Junk Food Time Spacing*

Junk Food	Servings per Day	Time Between Servings (min)	Satisfaction Factor (Hellas)
Potato Chips	20	10	50
Twinkies	5	60	12.3*
M&Ms	52	4.3	67.8

*. Although Twinkie the Kid is clearly the best Hostess character, the high chemical taste to pleasure ratio exceeds legal limits, except in West Virginia.

- **I just want to try a bullet heading here** — Now I suppose I just type normally. Interesting.
 - **Here’s another just cause** — Cause if you got one bullet, you gotta have another.
- The bullet heading did not flow automatically for me. Oh well. Moving on.

Note: Here’s my note. So easy because the template is already made.
Thanks, Zoe!

Before I move on to Chapter 2, I will play with inline text...

When the moon hits your eye **like** a big pizza pie, that’s amore. We the people, in order to form a more perfect union. Four *score* and seven years ago... Two all beef patties, special sauce, lettuce ^{cheese} and a sesame ^{seed} bun. **Yes, this is really dumb. This is a comment. How do I uncomment?** Oh, default. That’s annoying. Why would I want to *gray something*? Let’s try the **TABLE TITLE**. that’s cool. What page number is this? It’s only used in the temple. Ok. How about a [hyperlink](#) instead? ok, done with this chapter. Will do the rest of my list in the next chapter. So far I find this very clunky.

CHAPTER 1

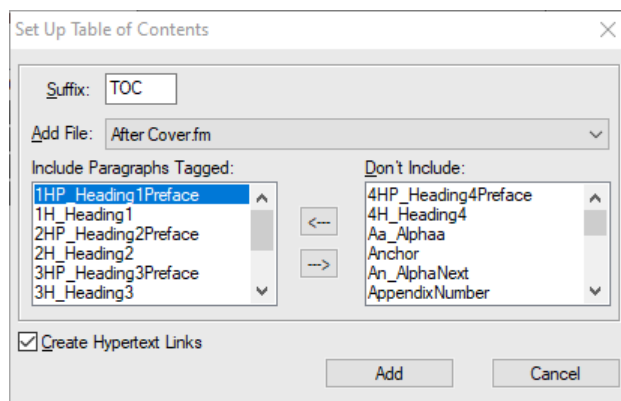
Doodle the Day Away

This chapter is about how you will spend your days of social distancing and self-isolation. But first, lunch and a phone call.

TIME TO ADD THE IMAGE

We will now add the image below. I wonder what it will be. I'll throw in a cross-reference here. Please refer to *Junk food rules during a Pandemic* on page 1-1. **Ok, that cross reference was kinda sweet.** And now, on with the show...

FIGURE 1-1 *Today's Image*



Not much more to say, so we'll move on to a procedure.

TIME TO ADD THE PROCEDURE

THIS IS A PROCEDURE

- Step 1.** Stare out the window.
- Step 2.** Check the sky for birds.
- Step 3.** Twiddle your thumbs. (See Chapter 1, “”)
- Step 4.** Imagine you’re in a movie. I’ll keep this sentence going to see what happens when we drop.
- This is nice. B2 body works well. Moving on.
- Step 5.** How to choose a movie to imagine.
- Step a.** Consider time, place, location
- Step b.** Black & white or color?
- Step c.** Beautiful people everywhere?
- Step d.** Comedy or drama
- Step e.** These aren’t really steps. I know.
- Step 6.** This procedure list is nicely set up. Now it’s time to end.
-

AND NOW, A NUMBERED LIST WITH ALPHA THROWN IN

1. trying out the numbered list.
2. Another number. Moving to an alpha list now.
 - a. Nice sub bullet.
 - b. And here’s another
3. And back to the main numbers. Sweet.

TIME FOR A RANDOM VARIABLE (HAHA)

I'm not really sure what to do with my variable, but here it goes. I tried one on the cover page. I'll try again here.

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I get the concept of the variable, even if this doesn't look so good. Let's move on.

