

ECHELON[®] ROW-7s

COMMERCIAL ROWER

Low Impact Workout. Big Impact on your Facility.

Thousands of Live and On-Demand classes available 24/7.

Class 22" HD touch screen that rotates and flips 180° for cross-training fitness classes

Resistance controls on handlebar

32 levels of magnetic resistance

Foldable design for easy storage and portability



24/7 Live and On-Demand workouts.

From heart-pounding, high-intensity workouts, to calming yoga and everything in between, there's a class for every fitness level and workout preference. Rotate the screen for versatile training



Adjust your resistance while you row.

The Row-7s features a toggle on the handlebar so you can modify the resistance level without skipping a stroke.



Travel the world on your Row-7s.

Discover and savor the world's most beautiful waterways with scenic routes on your rower's class 22" HD touch screen.

ECHELON COMMERCIAL SUBSCRIPTION

Explore thousands of live and on-demand connected fitness classes taught by industry-leading trainers for studio-quality workouts.

WORKOUTS FOR EVERYONE

Choose from an expansive list of workout levels and types to match your mood and goals.

ONE SUBSCRIPTION, UNLIMITED GUESTS

With one commercial subscription per product, your guests will enjoy unlimited workouts and full access to all Echelon content.

ECHELON LICENSED MUSIC

We've taken care of the licensing. Your guests will enjoy the latest hits and new music drops.

VERSATILE BLUETOOTH CONNECTIVITY

The Echelon "Heart Track" system is compatible with Bluetooth heart rate monitors for accurate intensity tracking. Bluetooth audio may also be used for a personalized experience.

FEATURES

Live & On-Demand Fitness Classes with Pro Coaches On and Off the Rower

Global Leaderboard with Great, Licensed Music to Keep You Rowing

Class 22" HD Touch Screen Display

32 Levels of Resistance for all Fitness Levels

Built-In Speakers & Bluetooth® Audio

Easy In / Out Foot Straps for Cross-Training Workouts

Silent Magnetic Resistance to easily hear the Class Instructor and Music

Toggle Thumb resistance controls on the handlebar for quick adjustments

Dozens of Scenic Rowing Experiences to Tour the World



SPECIFICATIONS

MODEL #	ECH-ROW-7S
POWER	110V AC Includes Power Switch on Front Frame
INTERNET CONNECTION	WiFi / Ethernet (Port at Front of Frame)
TOUCH SCREEN	Class 22" HD Touch Screen with 180° Pivot Adjustment
RESISTANCE	32 Levels with Adjustment Toggle Control on Handlebar
AUDIO FEATURES	Built-In Speakers Bluetooth® Audio
ADJUSTABILITY	Foot Platform Adjusts to Foot Size (6 Increments)
PRODUCT DIMENSIONS IN USE FOLDED	85" L x 24" W (216cm L x 61cm W) / Seat Height: 18" (46cm) 48" L x 24" W x 69" H (122cm L x 61cm W x 175cm H)
PRODUCT WEIGHT	108lbs (49kg)
MAX USER WEIGHT	350lbs (159kg)
WARRANTY	2 Year Parts / 2 Year Labor Commercial or Home Use