

1. **PLAN**

RECIPES

- Availability
- Correct quantities
- Appropriate choice Order of work
- Availability
- Proper sequencing List of foodstuffs and equipment
- Availability
- Adequacy
- Appropriateness

PREPARATION AND COOKING

Correct procedure

- Item 1
- Item 2
- Nutritious drink

Methods of cooking (at least two)

- Quality of results

Item 1

Item 2

Nutritious drink

PACKING

Equipment

- Appropriate
- Clear
- Suitable basket/bag
- Availability of serving utensils/cutlery Hygiene
- Food

Kitchen

Personal

ECONOMY OF RESOURCES

-Water

-Food

-Fuel

Other resources

Clearing up

-During work

After work