SOP: Propagation of human cardiac myocytes (HCM, ScienCell)

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Ordering Information

Human cardiac myocytes (HCM) may be ordered as frozen ampoules. Each vial contains $>5 \times 10^5$ cells in a 1ml volume.

To order frozen ampoules + media:

Name: HCM – Human Cardiac Myocytes

Item #: 6200 (HCM - Cryopreserved ampoule)
6201 (CMM, Cardiac Myocyte Medium)

Notes:

The number of media kits purchased depends on the target number of cells to be generated. A rule of thumb is 10 media kits for every initial cryopreserved ampoule. It is strongly recommended to purchase all of the media that will be required for a complete expansion series, since media supply may be erratic. All culture flasks must be coated with poly-L-lysine (2ug/cm²).

Materials List

- 1. CMM, Cardiac Myocyte Medium (ScienCell, Cat# 6201)
- 2. Poly-L-Lysine (10mg/ml, ScienCell, Cat# 0413)
- 3. Phosphate Buffered Saline (1X PBS) (prepared from 10X stock Cellgro, Cat# 46-013-CM by dilution with sterile deionized water)
- 4. Accutase Enzyme Cell Detachment Medium (EBioscience, Cat# 00-4555)
- 5. T225 culture flasks
- 6. Graduated pipets (1, 5, 10, 25, 50mL)
- 7. Pen-Strep solution (if required; ScienCell typically supplies antibiotics)
- 8. Hemocytometer
- 9. Micropipet w/ P20 tips
- 10. Microscope

Procedure

A. Initiation of culture from cryopreserved cells

- 1) Rapidly thaw cells by holding vial and gently rotating in 37°C water bath.
- 2) As soon as ice crystals disappear, dispense contents of vial into a flask at 7,500 cells/cm² density.
- 3) Let cells recover for 16 hours in a 37°C, 5% CO₂ humidified incubator.
- 4) The next morning, the diluted DMSO-containing shipping/cryopreservation medium is aspirated from the cell layer and replaced with fresh medium.

B. Sub-culture

- 1) Propagate cells until density reaches 90% confluence.
- 2) Aspirate medium.
- 3) Wash cells with warm 1X PBS.
- 4) Add 15mLs of Accutase and return to incubator for 10-15 minutes, or until cells detach.
- 5) Immediately remove cells, rinse flask with warm 1X PBS to collect residual cells, and pellet at 500 x g for 5 minutes (4°C).
- 6) Gently re-suspend cell pellet in warm medium.
- 7) Count cells with hemocytometer.
- 8) Add warmed medium to flasks.
- 9) Seed flasks at 7,500 cells/cm²
- 10) Record each subculture event as a passage.

C. Maintenance

- 1) Change media the day after seeding and every OTHER day thereafter.
- 2) Increase media volume as confluency increases (volumes assume the use of
- 3) T225 flasks):
 - a. 25 % = 1 mL/5 cm 2
 - b. 25-45% = 1.5 mL/5 cm2
 - c. 45%+ = 2mL/5 cm2.
- 4) Per the above an exemplary schedule might be:
 - a. day 1, plate into T225: use 50 mls of media.
 - b. day 2, change media, use 50 mls of media
 - c. day 4, change media, use 100 mls of media (if confluency is >50%)
 - d. day 6, change media, use 100 mls of media (or harvest if ready)
 - e. day 7 or 8 (harvest when cells reach 6 x 10⁶ cells/flask

D. Harvest

- 1) Pass cells 3-4 times until the desired cell number is achieved (primary cells will senesce after 4-5 passages).
- Remove cells from flasks according to protocol described above under 'Sub-culture'.
- 3) Examine viability using Trypan blue staining (SOP TP-7).