ENLIGHT Consensus — Round 2

Page 1: ENLIGHT Round 2

IMPORTANT: Please complete this survey on your computer (not on your phone).

Thank you for agreeing to participate in Round 2 of the ENLIGHT survey.

In Round 1, we asked you to rate the importance of a series of potential items for reporting light interventions. We have used this information to construct a draft checklist, which we have shared with you via email.

In this round, Round 2, you will be asked to indicate which format you recommend for a given item (text, table, or figure). Please note that in this round, we are mostly asking you for information that we will include in the recommendation document that accompanies the checklist.

Please make sure that you have the checklist open on your computer or available for reference as a print-out while you are completing this survey.

If you have any comments or feedback you would like to give throughout the survey, there will be an open comment field at the end of the survey.

We look forward to receiving your input.

Any other comments?

If you have any questions throughout the survey, please feel free to reach out to any member of the ENLIGHT team, or our general email address at enlight@lightcat.group.

1. Please enter your unique 5-character ID. * Required

Your answer should be no more than 5 characters long.

Page 2: Reporting format of essential items

The following items were rated by >75% of respondents to be important or very important in Round 1. We consider these to be essential.

In this section, we are asking you to indicate whether these items should be reported as text, table or figure. For some items, some options do not apply. In these cases, please ignore those options. Please note that you can select more than one format for each item.

2. Please indicate how the following **essential** items should be reported. The headings (e.g. A.1, B.2, etc.) refer to the checklist sections.

		* Requi	red
	Text	Table	Figure
A.1. Timeline of experiment (including timing and duration of light)	Г		
A.1. Pre-laboratory light exposure		Г	Г
A.1. Pre-laboratory sleep-wake behaviour		Г	
A.1. Immediate prior light exposure		Г	
A.1. Description of experimental setting			
A.2. Measurement plane (e.g., horizontal or vertical)			
A.2. Measurement viewpoint and location			
A.2. Make & manufacturer of the measurement instrument			Г
A.2. Calibration status of the instrument			
B.1. Type, make and manufacturer of the light source		Г	
B.2. Spectral irradiance distribution			
B.2. Illuminance (lux)		Г	Г
B.2. a-opic irradiance (including melanopic)		Г	Г
B.4. Temporal pattern (including flicker frequency and waveform)			Г
B.4. Location of stimulus and viewing distance	Г		

B.4. Relative size of the stimulus
B 4 Relative size of the stimulus

Page 3: Newly included and non-essential items

Some of the following items were rated as important or very important by <75% of respondents rating. As a consequence, these did not reach the threshold for automatic inclusion but were added for completeness across reporting categoriess and technical accuracy. Other items were newly added based on free-form feedback from participants.

In this section, we are asking you to indicate whether these items should be reported as text, table or figure. For some items, some options do not apply. In these cases, please ignore those options. Please note that you can select more than one format for each item.

If you do not think that these items should be included in the checklist, please indicate this. If you do not know or recognise the quantity, please indicate this as well.

IMPORTANT: If you indicate that the items should not be included in the checklist, please indicate nonetheless which format they should be reported in.

3. The following items did not reach the threshold for inclusion in Round 1, but have been included in the draft for completeness and technical accuracy. Please select how (and if) the following items should be reported.

	* Required				
	Text	Table	Figure	Don't know or recognise this quantity/item	Should not be included
B.2. Spectral radiance distribution		Г	Г	Г	Г
B.2. Luminance (cd/m2)		Г	Г	Г	Г
B.2. a-opic radiance (including melanopic)				Г	
B.2. a-opic equivalent daylight illuminance (EDI, including melanopic)	Г		Г	Г	Г
B.2. a-opic equivalent daylight luminance (EDL, including melanopic)	Г		Г	Г	Г

3.a. The following items were newly added to the checklist based on open-text suggestions in Round 1. Please select how (and if) the following items should be reported.

	* Required				
	Text	Table	Figure	Don't know or recognise this quantity/item	Should not be included
A.3. Pupil dilation	Г			Г	
A.3. Circadian time	Г				
A.3. Ocular health and function				Г	Г
B.1. Use of filtering apparatus (e.g., blue-blocking glasses)		Г		Г	Г

Page 4: Excluded items

Based on your input in Round 1 of this survey, the following items were not added to the checklist as items in their own right. Nevertheless, some items might still be reported and referred to in other categories. For example, CCT might still be included in the "B.3. Colour characteristics" but does not warrant its own row in the checklist.

Please indicate whether the items below should have been included as their own items.

Please note that this only concerns the checklist, not whether these items should be measured.

IMPORTANT: If you do not think that any of these items should be included as their own row in the checklist, you can **skip** this section.



	Should be included
CIE S026 quantities: a-opic efficacy of luminous radiation (a-opic ELR)	Г
CIE S026 quantities: a-opic daylight (D65) efficacy ratio (a-opic DER)	Г
Colour quantities: CIE 1931 XYZ (tristimulus coordinates)	Г
Colour quantities: Duv	
Colour quantities: CIE 1976 u'v'	
Colour quantities: CIE 1964 XYZ (tristimulus coordinates)	
Colour quantities: CIE 1931 xy (chromaticity)	
Colour quantities: CIE 1964 xy (chromaticity)	
Colour quantities: Correlated colour temperature (CCT)	
Colour rendition metrics: Rg (Colour Gamut Score; IES TM-30-15, CIE 224:2017)	Г
Colour rendition metrics: Rf (Colour Fidelity Index; IES TM-30-15, CIE 224:2017)	Г

Colour rendition metrics: Ra (Colour Rendering Index = CRI; CIE 13.3:1995)	Г
Experimental setting-level: Photograph of experimental setting	Г
Experimental setting-level: Drawing of experimental setting	Г
Experimental setting-level: Room geometry (including size)	
Instrument-level characteristics: Serial number	
Instrument-level characteristics: Calibration year	Г
Photometric quantities: Retinal illuminance (in Trolands)	
Source-level characteristics: Manufacturer-supplied characteristics (CCT, spectrum,)	Г
Spatial characteristics: Natural-language descriptors of spatial configuration	Г
Spatial characteristics: Absolute size of stimulus (e.g. in mm)	Г
Spectral characteristics: Spectral power distribution (arbitrary units)	
Spectral characteristics: Spectral power distribution (normalised)	Г

Page 5: Open-ended questions

	Do you have any comments or feedback on to	he current checklist, either regarding
Γ		
L		

IMPORTANT: Please continue the survey until you see a message saying "You may now close this browser window."

Page 6: Final page

Thank you for participating in Round 2 of the ENLIGHT study.

You may now close this browser window.