Learning Contract

Names: Abenes, Enrico O. Schedule: 11: 30 am – 1: 20 pm FSat

Section: INTL 1

Question	Answers
What will you gain? (What are your expectations)	 I expect that this course/ subject will be able broaden my knowledge and understanding related to the topics, as well as improve my communication skills, namely public speaking. My expectation of our instructor is that she will guide us when we have difficulties not only in the classes but also in the activities, and she will also advise us when we encounter a barrier. I anticipate that I will adapt and do well in the activities/requirements. My assumption is that my classmates will be able to help me or one another with their skills, knowledge, abilities, and expertise, especially in group activities. Overall, a healthy mental state.
What will you give? (What are your contributions)	 As much as possible, I can assist anyone who require assistance or are experiencing difficulties. Attend every class meeting and avoid being late to avoid interrupting my classmates and, especially, our instructor. Behaving well Being friendly Contribute significantly to the overall activities
What are your motivations?	 Family Gaining knowledge Enhancing specific skills My Future (Profession) Potential Friends/ Classmates

What are your	For Online Class (Synchronous and Asynchronous):
hindrances?	1. Power Outages
	2. Internet Outages
	For Face to Face:
	3. Laziness
	4. Social Anxiety
	Overall:
	5. Depression