

Lecture 02: Introduction to statistical programming

ENVX1002 Introduction to Statistical Methods

Januar Harianto

The University of Sydney

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Learning outcomes

After this week, you will be able to:

1. Navigate and use the RStudio interface effectively
2. Execute basic R functions and understand their syntax
3. Feel confident explaining basic statistical concepts like **samples** and **populations**
4. Understand and explain measures of **central tendency** (mean, median, mode) clearly and without mathematical jargon
5. Master different measures of **spread** (range, IQR, variance, standard deviation) through practical examples
6. Calculate statistical measures using **both R and Excel**
7. Choose appropriate statistical measures for your biological data and explain your choices

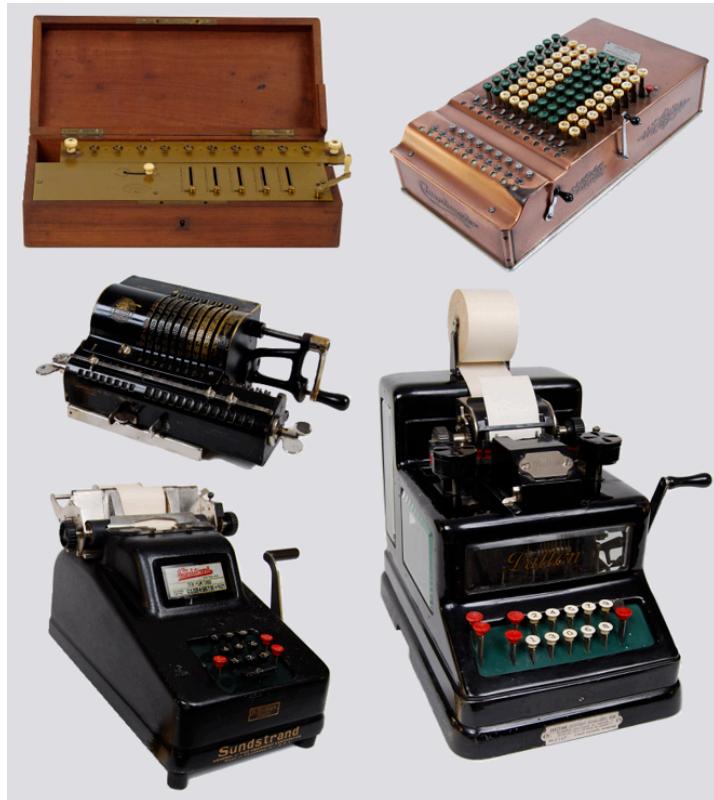
Quick checklist

By now you should have...

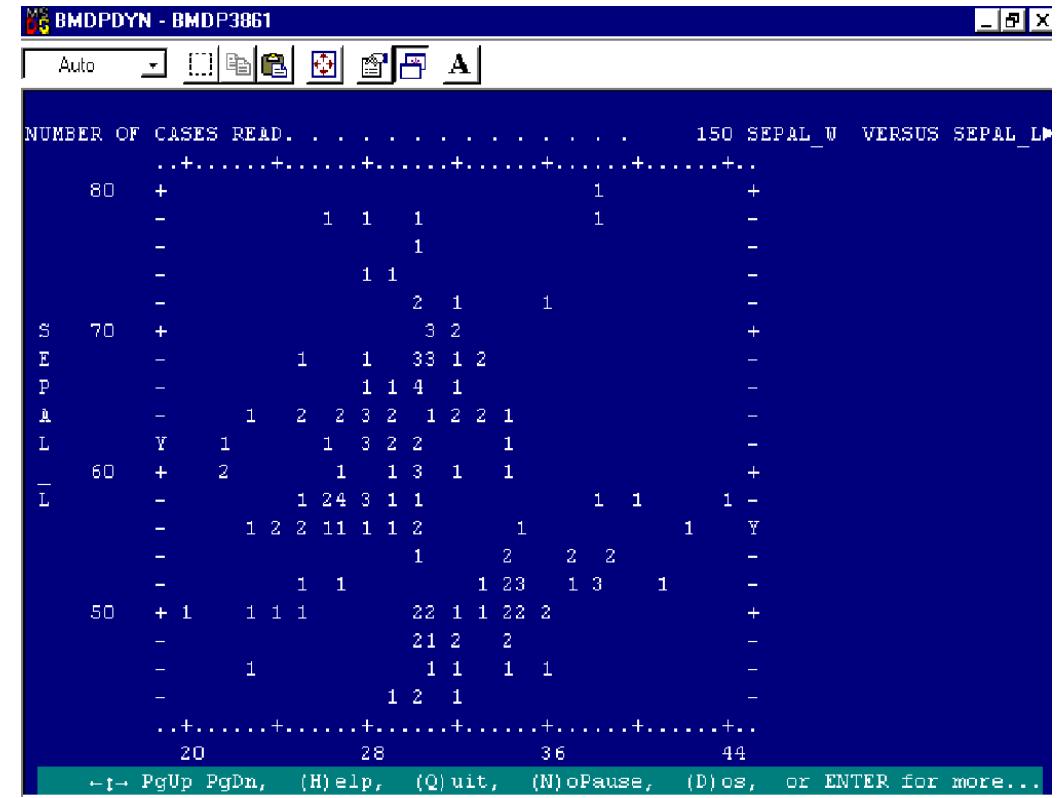
- Installed **R**
- Installed **RStudio**
- Created one (or two) documents in **Markdown** using Quarto

History of statistical programming

From calculators to computers

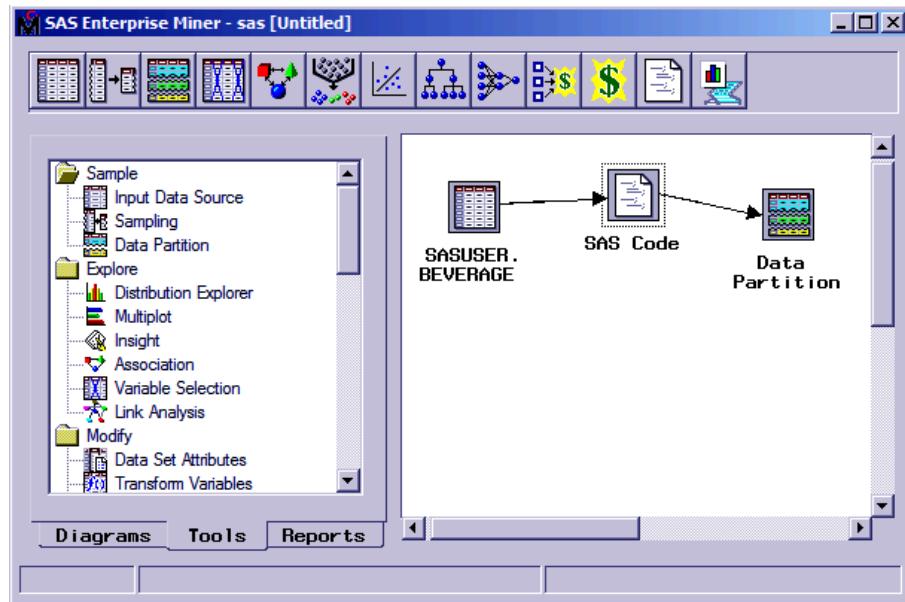


1800s: Mechanical calculators. [Source](#)

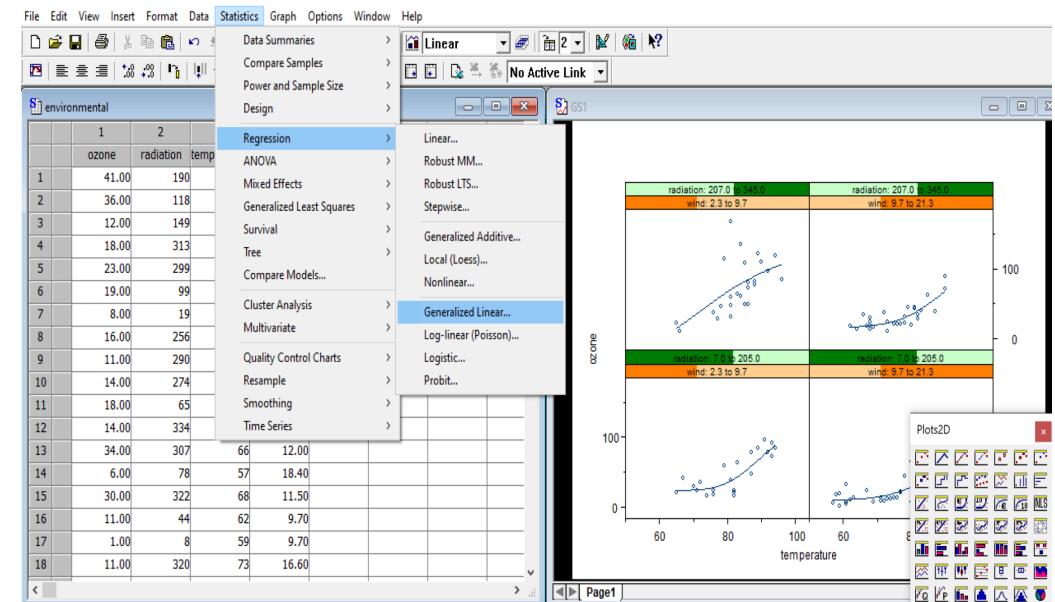


1960s: Statistical software BMDP and SPSS (not in image). [Source](#)

Statistical software in the 1970s



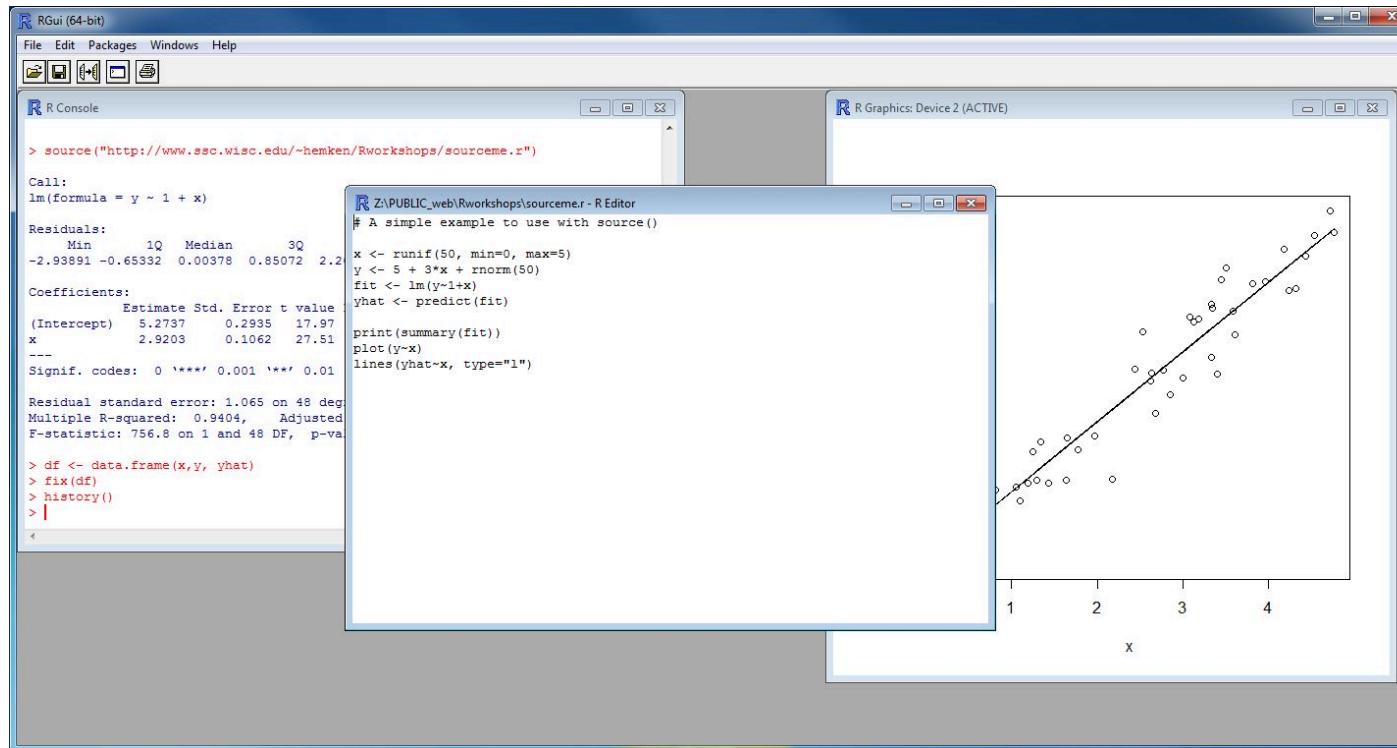
1970s: SAS (Statistical Analysis System) [Source](#)



1976: Birth of S at Bell Labs. S-PLUS debuts in 1988. [Source](#)

The R story

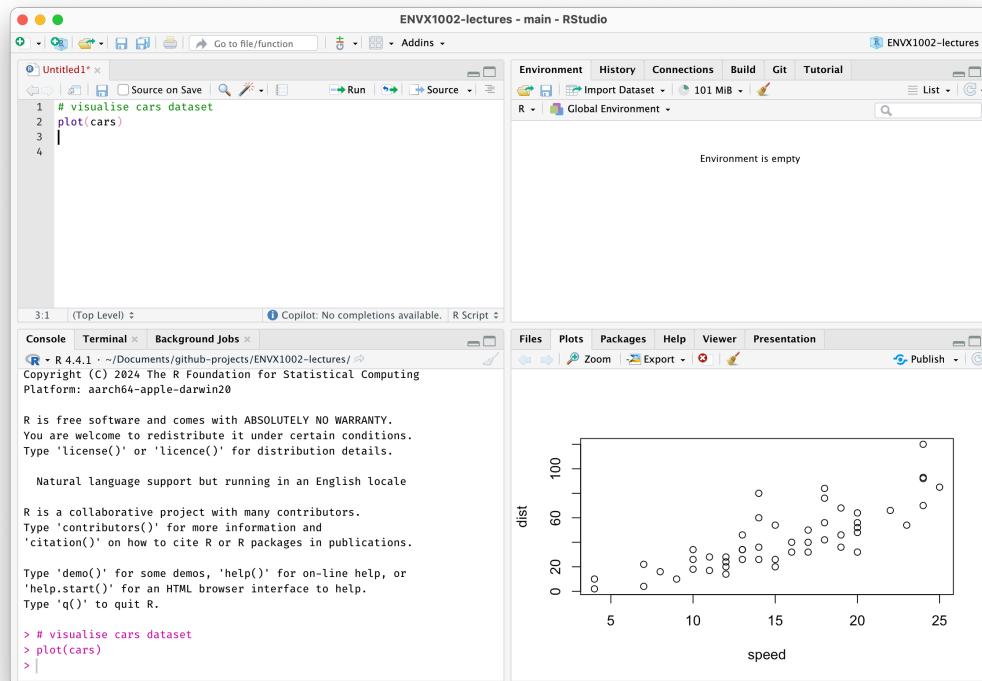
- Created at University of Auckland, New Zealand in 1993
- Named after creators (Ross & Robert) – and inspired by S programming language
- Developed rapidly in the 2000s
- Designed specifically for statistical computing and graphics, but now used in many fields



The R graphical user interface. [Source](#)

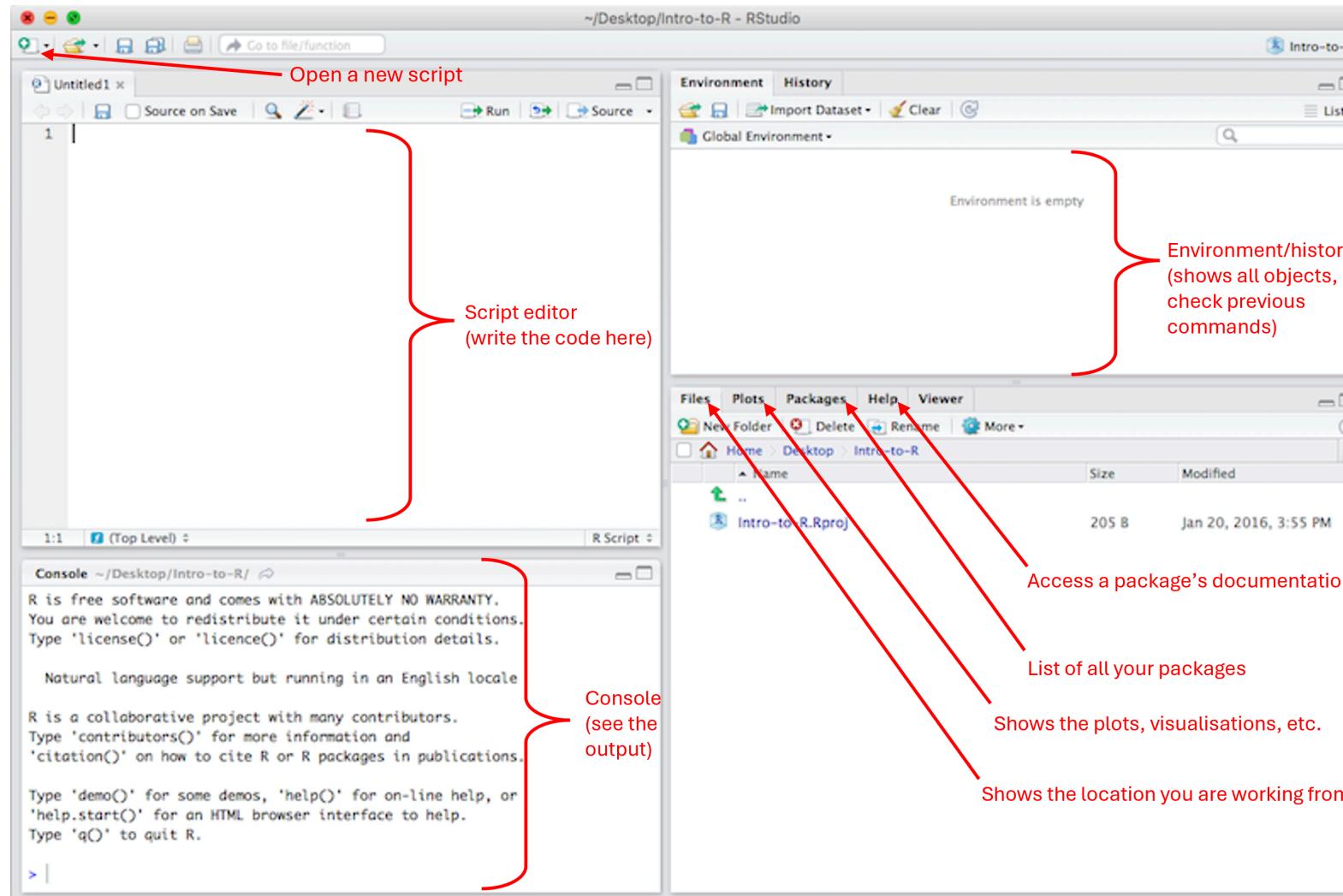
R in today's world

- Leading tool in data science and statistics (although Python leads in majority of machine learning workflows)
- Over 22,000 **packages on CRAN** – extensive statistical capabilities
- Integration with other modern tools: Python, HTML, Javascript, Excel, AJAX...
- **Meets modern academic standards of reproducibility and increasingly preferred by statisticians**



Getting Started with R

Your RStudio workspace



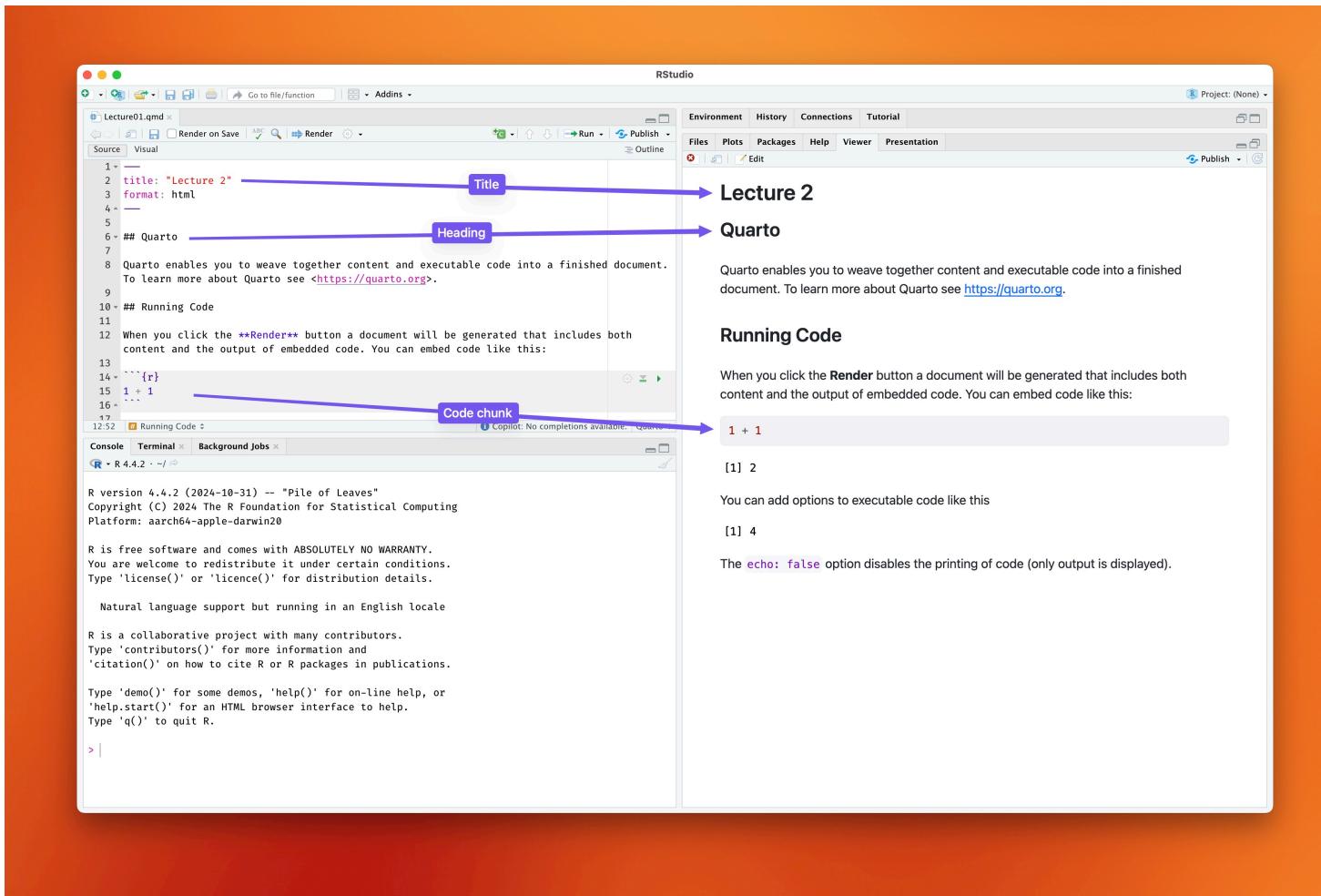
Left: all input, **Right**: all output

We will always work in Quarto

- A **Markdown-based** authoring tool
- Allows you to write **reproducible documents** with code and text
- Outputs to various formats: HTML, PDF, Word, and more
- [Quarto gallery](#)

How Quarto works

- Write your content in **Markdown** (left panel)
- View the output in **Preview** (right panel)
- Quick demo (only available in the live lecture)

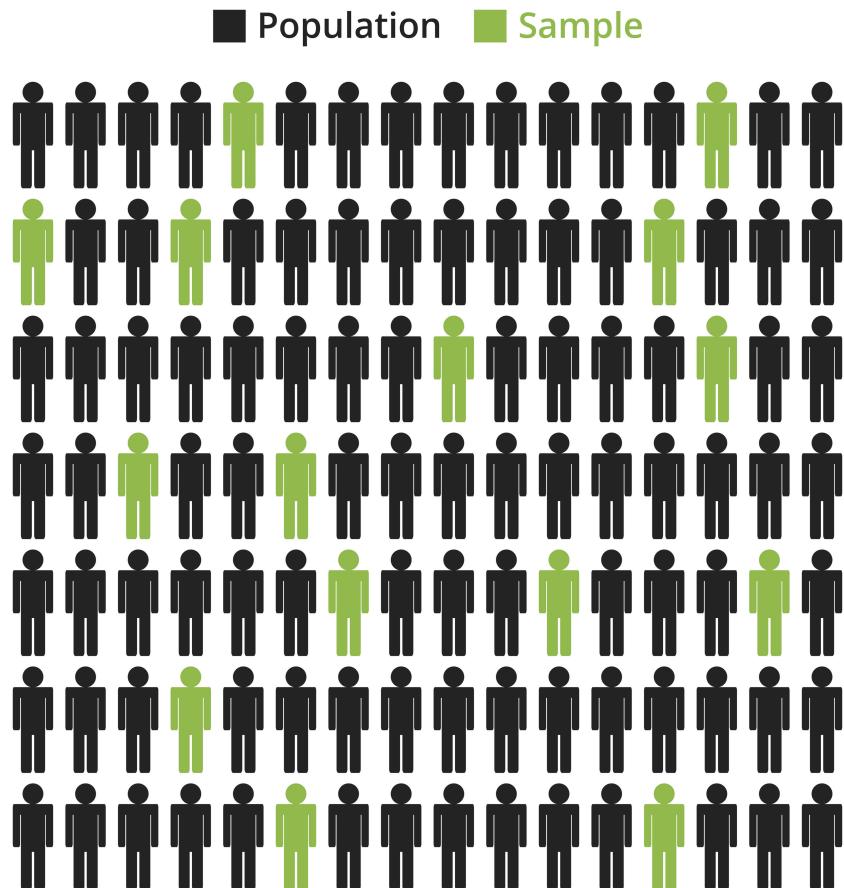


Essential Resources

- Read “A brief R guide for surviving ENVX1002” by Dr. Geoffrey Mazue
 - ➡ Available in the Tool Kit section on Canvas
 - ➡ Contains essential R programming tips and best practices for this unit
- Use the Help panel in RStudio

Key statistical concepts

Population vs Sample



Population

- All possible observations
- Usually too large to measure
- Example: All trees in a forest

Sample

- **Subset of the population**
- What we *actually* measure
- Example: 100 trees measured in a forest

Most (if not all) statistical analyses are based on samples, not populations.

Populations and their samples

Population	Sample
All koalas in Australia	150 koalas studied in NSW
Every fish in Sydney Harbour	300 fish caught in specific locations
All soil bacteria in a forest	Bacteria from 50 soil cores
All cookies in a bakery	Tasting 3 cookies to judge quality
All students at the university	The 200 students in this course
Water quality in the entire ocean	Water samples from specific locations
All trees in a national park	75 trees measured in random plots
All possible blood test results	Blood samples from 100 patients

Disclaimer: use of GenAI for content generation in this slide.

How well does a sample represent the population?

It depends:

- **Sample size:** Larger samples are more likely to represent the population
- **Sampling method:** Random samples are more likely to be representative
- **Population variability:** More variability means larger samples are needed

In reality, we often have to balance these factors due to time, cost, and practical constraints.

Samples vary

Different samples give different results – suppose we have a population of **1000 trees** and we randomly sample 6 tree heights. If this is done 3 times, it is likely that the samples will be different.

We have code to demonstrate this but just focus on the results for now:

► Code

```
Sample 1: 13.7 14.6 14.8 9.6 6.5 10  
Sample 2: 7.6 6.1 9.9 10.1 12.5 14.9  
Sample 3: 9.8 7.9 18.4 19.1 7 26.1
```

Are the samples different? How different are they?

Descriptive statistics

We use **descriptive statistics** to summarise and describe data, helping us compare and contrast.

1. **Measures of central tendency** – describe the “typical” value in a sample

- mean, median, mode

2. **Measures of spread** – describe how much the data varies

- standard deviation, variance (commonly used)
- range, quartiles, IQR (for unique cases)

3. **Measures of uncertainty** – describe how confident we are in our estimates

- standard error
- confidence intervals

Measures of central tendency

Mean – also known as the *average*

- Add up all your numbers
- Divide by how many numbers you have

Mathematical notation

- Population mean: $\mu = \frac{\sum_{i=1}^N x_i}{N}$
- Sample mean: $\bar{x} = \frac{\sum_{i=1}^n x_i}{n}$

Where x_i is each individual value, N is population size, and n is sample size.

Mean in Excel

Excel offers several ways to calculate the mean:

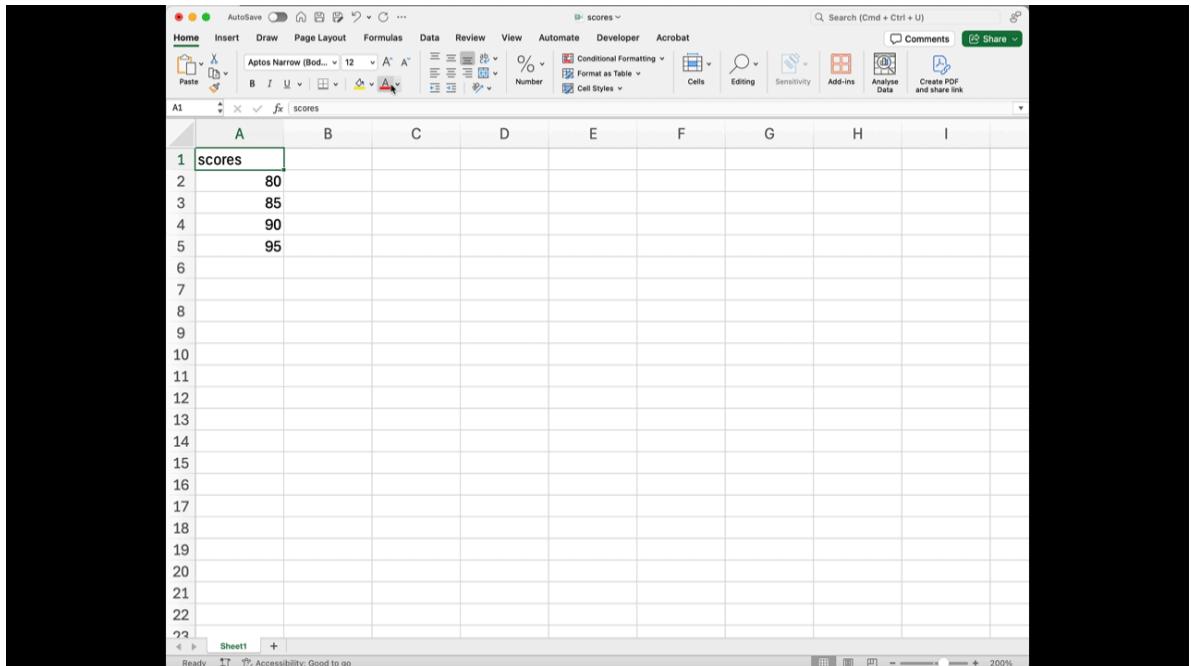
1. Using AVERAGE function

```
=AVERAGE(A1:A4)
```

- Type =AVERAGE(
- Select cells with your data
- Press Enter

2. Using AutoCalculate

- Select your data cells
- Look at bottom right
- Average shown automatically



A screenshot of a Microsoft Excel spreadsheet titled "scores". The table has four columns labeled A, B, C, and D, and 23 rows numbered 1 to 23. Row 1 contains the header "scores". Rows 2 through 5 contain data values: 80, 85, 90, and 95 respectively. The rest of the cells are empty. The Excel ribbon is visible at the top, showing various tabs like Home, Insert, Draw, etc. The status bar at the bottom indicates "Sheet1" and "Ready".

	A	B	C	D	E	F	G	H	I
1	scores								
2		80							
3		85							
4		90							
5		95							
6									
7									
8									
9									
10									
11									
12									
13									
14									
15									
16									
17									
18									
19									
20									
21									
22									
??									

Mean in R

I'll show you how to do this in RStudio.

Step 1: Create a vector of values

In R, we store data in **vectors** (lists of values):

```
1 # Create a vector of test scores  
2 scores ← c(80, 85, 90, 95)  
3  
4 # Display the scores  
5 scores
```

```
[1] 80 85 90 95
```

Step 2: Calculate

Either calculate the mean manually:

```
1 # Sum divided by count  
2 sum(scores) / length(scores)
```

```
[1] 87.5
```

Or use the **mean()** function:

```
1 # The mean() function does the work for us  
2 mean(scores)
```

```
[1] 87.5
```

Median – the middle value

The median is the middle number when your data is in order:

1. First, put your numbers in order
2. Find the middle value
3. If you have an even number of values, take the average of the two middle numbers

Example: House prices (\$'000s): 450, 1100, 480, 460, 470, 420, 1400, 450, 470

Order: 450, 450, 420, 460, **470**, 470, 480, 1100, 1400

How is it useful?

Median in Excel

Excel provides two main ways to find the median:

1. Using MEDIAN function

```
=MEDIAN(A1:A9)
```

- Type =MEDIAN(
- Select your data range
- Press Enter

2. Alternative method

- Sort your data first (use the Sort functionality in the Data tab)
- Find middle value(s)
- If even number of values, average the middle two

Median in R

R does all the ordering and finding the middle for us:

```
1 # House prices  
2 prices <- c(450, 1100, 480, 460, 470, 420, 1400, 450, 470)  
3  
4 # Find median  
5 median(prices)  
  
[1] 470
```

Comparing the mean and median:

```
1 # Compare with mean  
2 mean(prices)  
  
[1] 633.3333
```

Which is a better measure for house prices?

Mode – most frequent value

The mode is the value that appears most frequently in your data. It's particularly useful for:

- Categorical data (like blood types, eye colors)
- Finding the most common item in a group
- Data that has clear repeated values

Calculating the mode can be tricky, especially if there are multiple modes or no mode at all. This is why the mode is not commonly used in statistics.

Questions that the mode can answer

- What is the most common blood type in a population?
- What is the most common eye color in a group of people?

Mode in Excel

Excel provides several methods to find the mode but the simplest is to use the MODE function:

```
=MODE(A1:A10)
```

- Type =MODE(
- Select your data range
- Press Enter

Mode in R

There is no built-in function to calculate the mode, so we use the `modeest` package:

```
1 if(!require("modeest")) install.packages("modeest")
2 library(modeest)
3
4 df ← c(1, 2, 3, 3, 4, 5, 5, 5, 6)
5 mlv(df, method = "mfv") # most frequent value
[1] 5
```

If you were to do it yourself, how would you do it in R?

[Using frequencies](#) [Using run-length encoding](#) [Using loops](#)

Use the `table()` function to count frequencies:

```
1 freq_table ← table(df) # Count frequencies of each value
2 # Find which value(s) appear most often
3 modes ← as.numeric(names(freq_table[freq_table == max(freq_table)]))
4 modes
[1] 5
```

The point is that it doesn't matter how you calculate the mode, as long as you are able to do it. Also – if you needed this – aren't you glad R has a package for it?

Measures of spread

A biological example



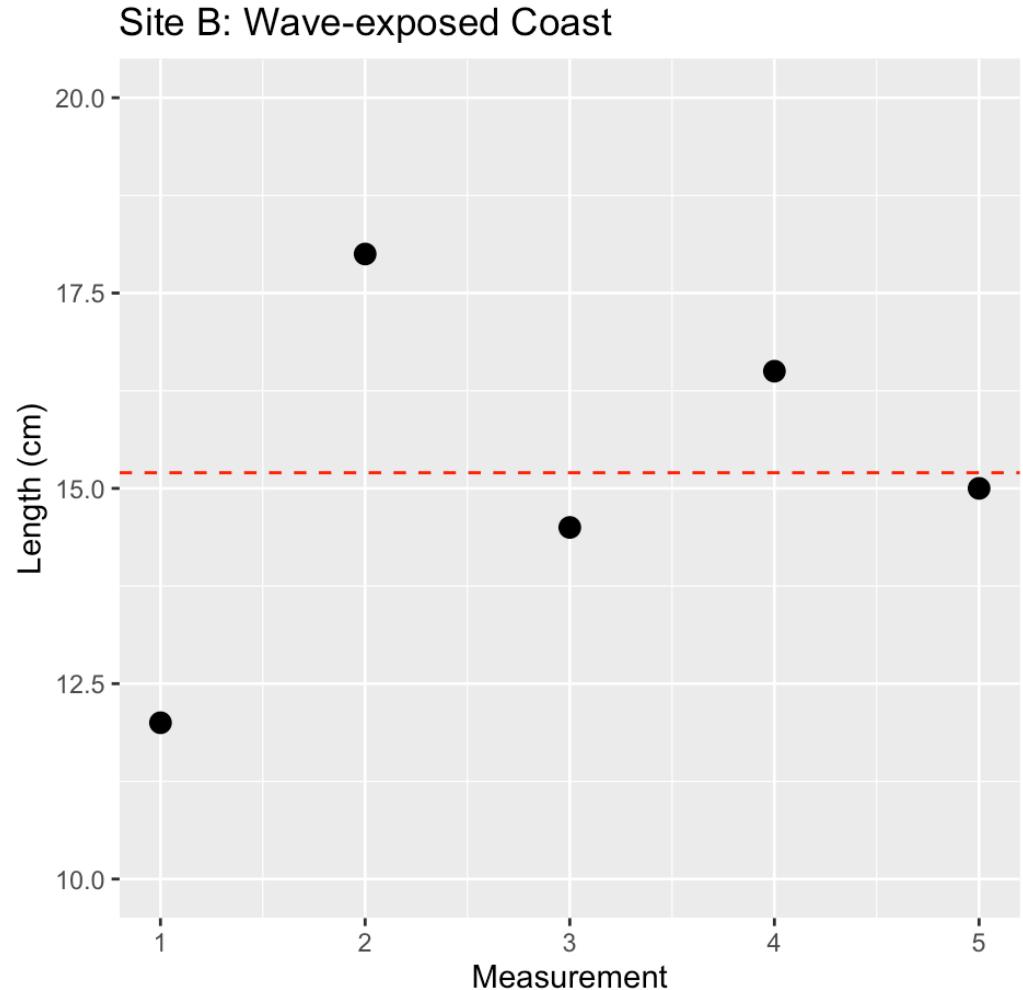
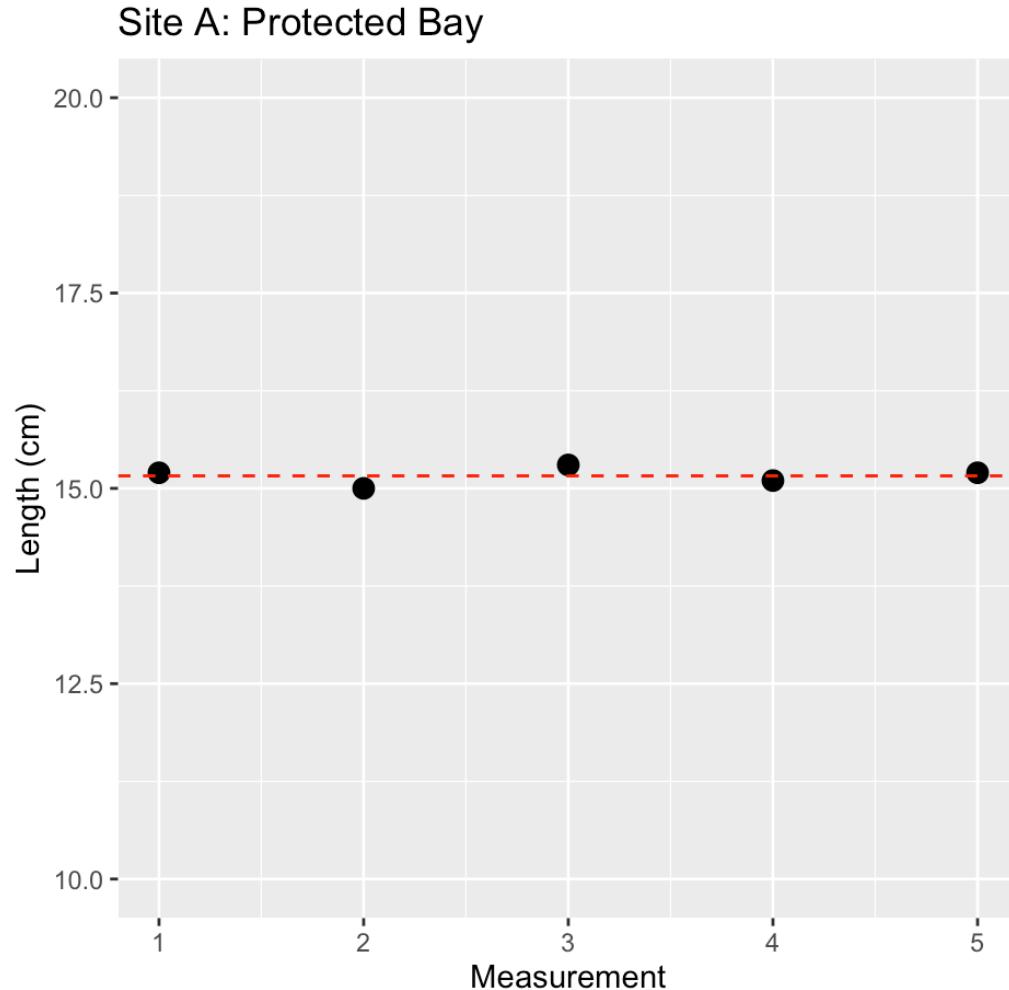
Source: Adobe Stock # 85659279

Imagine sampling seagrass blade lengths from two different sites in a marine ecosystem, and they have the same mean length of 15.2 cm. Are both sites the same?

- **Site A (Protected Bay)**: 15.2, 15.0, 15.3, 15.1, 15.2 centimetres
- **Site B (Wave-exposed Coast)**: 12.0, 18.0, 14.5, 16.5, 15.0 centimetres

Comparing Different Measures

► Code



Why do we need measures of spread?

- Central tendency (mean, median, mode) only tells part of the story
- Spread tells us how much variation exists in our data
- Different measures of spread tell us different things:
 - ➡ **Range**: Overall spread of data
 - ➡ **IQR**: Spread of middle 50% of data
 - ➡ **Variance**: Average squared deviation from mean
 - ➡ **Standard deviation**: Average deviation in original units

Range – The simplest measure of spread

```
1 # Create our seagrass data
2 seagrass_protected <- c(15.2, 15.0, 15.3, 15.1, 15.2) # Protected bay
3 seagrass_exposed <- c(12.0, 18.0, 14.5, 16.5, 15.0)    # Wave-exposed coast
4
5 # Calculate ranges
6 cat("Protected bay range:", diff(range(seagrass_protected)), "cm\n")
```

Protected bay range: 0.3 cm

```
1 cat("Wave-exposed range:", diff(range(seagrass_exposed)), "cm\n")
```

Wave-exposed range: 6 cm

Note

The range shows us that seagrass lengths are much more variable in the wave-exposed site!

Interquartile range (IQR): The middle 50%

The IQR tells us how spread out the middle 50% of our data is:

```
1 # Get quartiles for protected bay
2 quantile(seagrass_protected)

0% 25% 50% 75% 100%
15.0 15.1 15.2 15.2 15.3
```

- 25% of data below Q1 (1st quartile)
- 75% of data below Q3 (3rd quartile)
- $IQR = Q3 - Q1$

Why use IQR?

- Ignores extreme values
- Works with skewed data
- More stable than range

Comparing Sites Using IQR

```
1 # Compare IQRs  
2 pbay ← IQR(seagrass_protected)  
3 pbay
```

```
[1] 0.1
```

```
1 exbay ← IQR(seagrass_exposed)  
2 exbay
```

```
[1] 2
```

- Protected bay IQR: 0.1 cm
- Wave-exposed IQR: 2 cm

Note

The larger IQR in the wave-exposed site shows more spread in the typical seagrass lengths

Variance: a detailed measure of spread

Variance measures how far data points are spread from their mean by:

1. Finding how far each point is from the mean
2. Squaring these distances (to handle negative values)
3. Taking the average of these squared distances

Why use variance?

- Uses **all** data points (unlike IQR)
- Less sensitive to outliers than range
- Shows total spread in both directions

Key points

- Measured in squared units (cm^2)
- Larger variance = more spread

Calculating Variance in R

► Code

```
Protected bay variance: 0.013 cm2
```

► Code

```
Wave-exposed variance: 5.075 cm2
```

Note

The larger variance in wave-exposed site shows more spread from the mean!

Standard deviation: a more interpretable measure

Standard deviation (SD, or σ for population, s for sample) is the square root of variance:

- Tells us the “typical distance” from the mean
- Easy to understand - similar to saying “ \pm value” after a mean
- Small SD means values cluster closely around mean
- Large SD means values are more spread out

When and why to use it

- Values are in the **same units** as your data (unlike variance)
- Perfect for describing natural variation (height, weight, temperature)
- Used in many statistical tests
- Great for comparing different groups or datasets

Interpreting standard deviation (with R)

We can describe our seagrass lengths using mean \pm standard deviation:

```
1 # Protected bay  
2 mean_p <- mean(seagrass_protected)  
3 sd_p <- sd(seagrass_protected)  
4 cat("Protected bay:", round(mean_p, 1), "±", round(sd_p, 2), "cm\n")
```

Protected bay: 15.2 \pm 0.11 cm

```
1 # Wave-exposed  
2 mean_e <- mean(seagrass_exposed)  
3 sd_e <- sd(seagrass_exposed)  
4 cat("Wave-exposed:", round(mean_e, 1), "±", round(sd_e, 2), "cm\n")
```

Wave-exposed: 15.2 \pm 2.25 cm



Tip

The \pm tells us about the typical variation around the mean. Larger values indicate more spread!

Comparing spread measures

Measure	Protected Bay	Wave-exposed Coast	What it Tells Us
Range	0.3 cm	6 cm	Overall spread (sensitive to outliers)
IQR	0.1 cm	2 cm	Middle 50% spread (ignores extremes)
Variance	0.01 cm ²	5.07 cm ²	Average squared distance from mean
SD	0.11 cm	2.25 cm	Average distance from mean (in original units)

Key Observations

- Wave-exposed site shows consistently more variation
- Each measure gives a different perspective
- Choose based on your data and goals
- Standard deviation is most commonly used in research papers

Range and IQR in Excel

Common Excel functions for measuring spread:

1. **Range**: Use `MAX()` and `MIN()`

```
=MAX(A1:A10) - MIN(A1:A10)
```

2. **Quartiles and IQR**: Use `QUARTILE.INC()`

```
For Q1: =QUARTILE.INC(A1:A10, 1)
```

```
For Q3: =QUARTILE.INC(A1:A10, 3)
```

```
For IQR: =QUARTILE.INC(A1:A10, 3) - QUARTILE.INC(A1:A10, 1)
```

Variance and standard deviation in Excel

Statistical functions for variance and standard deviation:

1. **Sample Variance**: Use `VAR.S()`

```
=VAR.S(A1:A10)
```

2. **Sample Standard Deviation**: Use `STDEV.S()`

```
=STDEV.S(A1:A10)
```



Tip

Use `.P` instead of `.S` for population measures:

- `VAR.P()` for population variance
- `STDEV.P()` for population standard deviation

References and Resources

Core Reading

- Quinn & Keough (2024). *Experimental Design and Data Analysis for Biologists*. Cambridge University Press.
Chapter 2: Things to know before proceeding.
- Canvas site for lecture notes and additional resources

Thanks!

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