

HEX # 000033

HELM

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Mission

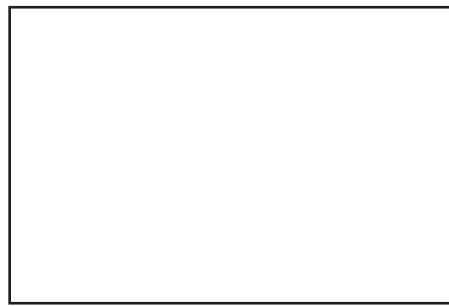
Team



Identify

Connect

Improve



The #1 cause of death in the US.

Almost 1 million deaths every year in the US occur from diseases that are preventable.

Many of these deaths can be prevented by not smoking, being physically active and eating nutritious foods.

A \$2 trillion healthcare inefficiency.

75% of US healthcare spending is on chronic, largely preventable diseases.

Healthcare reform has incentivized players to promote preventative health measures.

A unique opportunity

Helm Health leverages technology-based interventions to empower individuals to take control of their health.