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ERES Institute for New Age Cybernetics

Millennial Covenant

A Joyful Promise for the Next Thousand Years

January 13, 2026 • Johnson, Arkansas

Joseph A. Sprute, Founder & ERES Maestro



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Our Simple, Heartfelt Promise

We come together — people of all backgrounds, in partnership with the Earth — to create a world where everyone can smile more, live better, and leave a healthier planet for our children's children. This Covenant is our shared commitment to kindness, learning, and growth that lasts a thousand years and beyond.



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What Guides Us Every Day

- **One Loving Principle:** Don't hurt yourself. Don't hurt others. Build for generations to come.
- **One Gentle Teacher:** The Empirical Realtime Education System (ERES) — we learn continuously from life itself: nature's signals, our body's energy, and honest feedback from each other.
- **One Starting Wisdom:** We begin with $C = R \times P / M$ (maximize good contribution with clear purpose and resources, while minimizing harm) — but if time shows a better way, we joyfully evolve it.
- **One True Measure:** Net regenerative joy — more life, more biodiversity, more vitality for all (NBERS).



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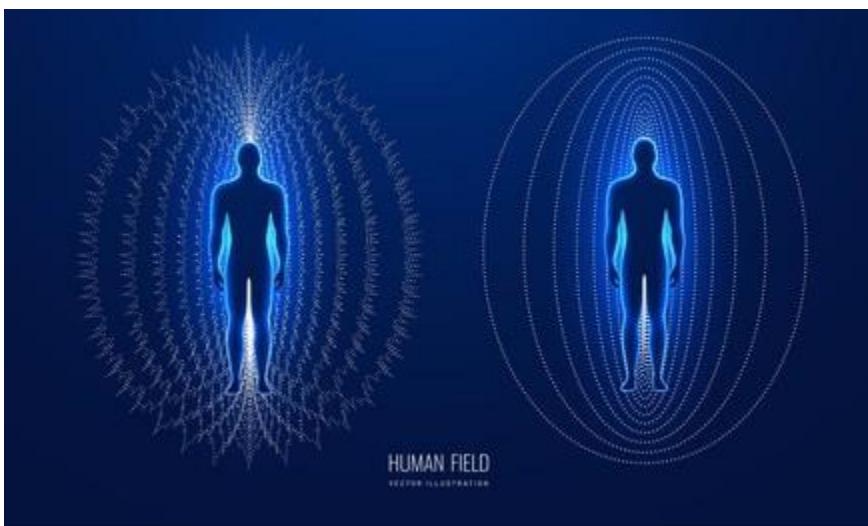
How We Live and Thrive Together

- Decisions come from listening, consent, and proven care — guided by wise, truth-seeking stewardship (GAIA) that looks far ahead.
- Resources flow gracefully to those whose actions make the world healthier and happier.
- When mistakes happen, we heal and restore — never punish. We choose grace over force.
- Planetary health always comes first; everything else aligns with that resonance.



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An Invitation with a Warm Smile

This path offers humble pie that's delicious: trying to take from others or the Earth only leads to less joy for everyone — including yourself. The real happiness? The broad, lasting smiles that come from regenerating life together.

All are welcome here. Join us in this open, evolving promise — simple enough for anyone to feel, strong enough to endure forever.

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With love, resonance, and ever-wider smiles,

Joseph A. Sprute