

# **BERA**

## **Bio-Energetic Resonance Architecture**

### **Complete Scope and Scale Definition**

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**Date:** December 30, 2025

**Version:** 1.0

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## 1. Executive Summary

BERA (Bio-Energetic Resonance Architecture) represents a paradigm shift in how we understand and measure human coordination, wellbeing, and collective intelligence. By transforming subjective experiences of "sensing someone's energy" or "reading auras" into quantifiable, verifiable measurements across five physiological modalities, BERA bridges ancient wisdom with modern biometric science.

**Core Innovation:** BERA quantifies what humans intuitively experience as "telepathy," "empathy," or "aura reading" through sophisticated measurement of bio-energetic broadcasts across acoustic, electromagnetic, chemical, thermal, and photonic channels. These signals trigger cascading physiological synchronization through the psychoneuroimmunology axis, enabling real-time measurement of individual states, interpersonal resonance, and collective coherence.

**Practical Applications:** BERA enables merit-based economic systems (Meritcoin/Gracechain), optimizes team composition, provides early conflict detection, facilitates collective flow states, supports preventive healthcare, enhances educational outcomes, enables transparent governance, and coordinates emergency response at scales from personal to planetary.

**Implementation Status:** Complete technical specification, mathematical formalization, and production-ready Python library (BERA-PY v0.1.0) with integration to all major ERES Institute frameworks including PBJ Tri-Codex, Emission Resonance Index (ERI), PlayNAC KERNEL, Gracechain blockchain, and UBIMIA economic system.

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## 2. Foundational Concept

### 2.1 The Core Thesis

For millennia, humans have reported subjective experiences of "knowing" another person's emotional or physiological state without apparent sensory input—colloquially termed telepathy, intuition, or empathic knowing. Simultaneously, traditions across cultures describe "auras"—energetic fields surrounding individuals that encode internal states.

Despite 150+ years of parapsychological investigation, no reliable evidence for paranormal mechanisms has emerged, yet the phenomena persist with remarkable cross-cultural consistency. BERA proposes these experiences are **real but misidentified**: They result from sophisticated, unconscious processing of **physical bio-energetic signals** that trigger cascading physiological synchronization through the neuroendocrine-immune axis.

## 2.2 Key Definitions

Term	Definition
<b>Aura</b>	Measurable bio-energetic broadcast via acoustic, electromagnetic, chemical, and thermal channels
<b>Resonance</b>	Physiological synchronization between individuals in proximity
<b>Telepathy</b>	Unconscious detection of biometric state information
<b>BESV</b>	Bio-Energetic State Vector - complete physiological signature at time t
<b>BEST</b>	Bio-Electric Signature Time - timestamp encoding bio-energetic state

## 3. Bio-Energetic State Vector (BESV)

The complete physiological signature of an individual at time  $t$  is represented as:

$$\text{BESV}_i(t) = [A(t), E(t), C(t), T(t), P(t)]$$

### 3.1 Acoustic Signature Vector A(t)

$$A(t) = [f_{\text{inf}}(t), f_{\text{pros}}(t), f_{\text{speech}}(t), \text{HRV}_a(t), BR(t)]$$

Component	Range	Measures
$f_{\text{inf}}(t)$	0.5-20 Hz	Cardiac and respiratory rhythms (infrasonic)
$f_{\text{pros}}(t)$	20-300 Hz	Emotional tone, stress markers (prosodic envelope)
$f_{\text{speech}}(t)$	300-8000 Hz	Semantic content, cognitive load (speech spectral)
$\text{HRV}_a(t)$	Derived	Heart rate variability extracted from voice
$BR(t)$	cycles/min	Breathing rate from respiratory patterns

## Measurement Protocol:

- Sampling rate:  $\geq 48$  kHz
- Window: 5-second sliding, 50% overlap
- Processing: Fast Fourier Transform (FFT) into frequency bands
- Hardware: Professional audio interface (RME Fireface UCX) or smartphone microphone

## 3.2 Electromagnetic Field Vector $E(t)$

$$E(t) = [ECG(t), EEG(t), HRV_e(t), HR(t)]$$

Component	Units	Sampling	Measures
ECG(t)	mV	500 Hz	Cardiac waveform, heart electrical activity
EEG(t)	$\mu$ V	256 Hz	Neural oscillations ( $\delta$ , $\theta$ , $\alpha$ , $\beta$ , $\gamma$ bands)
HRV_e(t)	ms	Derived	Time-domain HRV (SDNN, RMSSD)
HR(t)	BPM	Real-time	Instantaneous heart rate

## EEG Frequency Bands:

- **$\delta$  (Delta):** 0.5-4 Hz - Deep sleep, unconscious processes
- **$\theta$  (Theta):** 4-8 Hz - Meditation, creativity, light sleep
- **$\alpha$  (Alpha):** 8-13 Hz - Relaxed wakefulness, calm focus
- **$\beta$  (Beta):** 13-30 Hz - Active thinking, concentration
- **$\gamma$  (Gamma):** 30-100 Hz - Higher cognitive functions, consciousness

## Measurement Protocol:

- ECG: Lead II configuration or photoplethysmography (PPG)
- EEG: 10-20 system placement, minimum 8 channels (Fp1, Fp2, C3, C4, P3, P4, O1, O2)
- Hardware: Polar H10 chest strap (ECG), OpenBCI Cyton (EEG), Empatica E4 (PPG/EDA)

### 3.3 Chemical Emission Vector C(t)

$$C(t) = [CORT(t), OXY(t), CYT(t), VOC(t)]$$

Component	Units	Marker Type	Sampling
CORT(t)	nmol/L	Stress marker	Salivary ELISA, 4x/day
OXY(t)	pg/mL	Bonding marker	Venous blood, immunoassay
CYT(t)	pg/mL	Immune state	IL-6, TNF- $\alpha$ , IL-10, IL-1 $\beta$
VOC(t)	Various	Metabolic state	Breath/skin GC-MS or e-nose

### 3.4 Thermal Distribution Vector T(t)

$$T(t) = [T_{core}(t), T_{periph}(t), \Delta T(t), T_{pattern}(t)]$$

Component	Measurement	Clinical Significance
T <sub>core</sub> (t)	Tympanic or sublingual (°C)	Core body temperature
T <sub>periph</sub> (t)	Infrared thermography	Hands, feet, face temperature
ΔT(t)	T <sub>core</sub> - T <sub>periph</sub>	Autonomic balance indicator
T <sub>pattern</sub> (t)	Thermal imaging (64×64)	Facial thermal signature pattern

#### Measurement Protocol:

- Hardware: FLIR One Pro or similar thermal camera
- Resolution:  $\geq 0.1^\circ\text{C}$  temperature resolution
- Applications: Stress detection, autonomic function assessment, emotional state inference

### 3.5 Photonic Emission Vector P(t) [Experimental]

$$P(t) = [\text{biophoton\_flux}, \text{spectral\_distribution}, \text{coherence\_measure}]$$

Ultra-weak photon emission from biological tissues, measured in the visible to near-infrared spectrum. This modality remains experimental and is included for completeness. Research suggests biophotons may encode information about cellular metabolic states and electromagnetic field coherence.

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## 4. Resonance Calculation

### 4.1 Pairwise Resonance Coefficient (PRC)

The resonance between two individuals  $i$  and  $j$  is calculated as a weighted combination of component resonances:

$$\text{PRC}(i,j) = \alpha \cdot R_{\text{acoustic}} + \beta \cdot R_{\text{em}} + \gamma \cdot R_{\text{chemical}} + \delta \cdot R_{\text{thermal}}$$

**Default weights:**  $\alpha=0.4$ ,  $\beta=0.3$ ,  $\gamma=0.2$ ,  $\delta=0.1$

### 4.2 Component Resonance Formulas

Component	Calculation Method
R_acoustic	Gaussian kernel similarity of frequency spectra across bands
R_em	Pearson correlation of HRV time series + EEG band coherence
R_chemical	Mahalanobis distance in cytokine-cortisol-oxytocin space
R_thermal	Spatial correlation of thermal patterns + $\Delta T$ similarity

### 4.3 Interpretation Scale

PRC Range	Interpretation	Recommendation
0.0 - 0.3	Low resonance	Conflict potential - monitor interactions
0.3 - 0.6	Moderate resonance	Neutral - standard collaboration protocols
0.6 - 0.8	High resonance	Optimal collaboration - leverage synergy
0.8 - 1.0	Very high resonance	Collective flow state - maximize co-creation

#### 4.4 Group Resonance Field (GRF)

For a group  $G$  with  $n$  members, the collective coherence is measured as:

$$\text{GRF}(G,t) = (2 / (n(n-1))) \times \sum_i \sum_{j>i} \text{PRC}(i,j,t)$$

This represents the average pairwise resonance across all unique pairs in the group, providing a single metric for organizational coherence. GRF values above 0.6 indicate high-functioning teams; values below 0.4 suggest significant internal friction requiring intervention.

#### 4.5 Conflict Detection System

$$\text{Conflict\_Potential}(i,j) = 1 - \text{PRC}(i,j) \text{ when } \text{PRC} < \text{threshold}$$

Real-time monitoring enables early warning when pairwise resonance drops below critical thresholds (typically 0.3). This allows proactive intervention before conflicts escalate, including mediation facilitation, team restructuring, or workload redistribution.

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### 5. BEST: Bio-Electric Signature Time

BEST provides a cryptographic timestamp that encodes the complete bio-energetic state at the moment of contribution, enabling merit-based economic systems that reward actual bio-energetic investment rather than hours logged.

#### 5.1 BEST Generation Formula

$$\text{BEST}(t) = \text{hash}[\text{BESV}(t), \text{context}(t), \text{validation}(t)]$$

#### Components:

Component	Description	Measurement
Bio-coherence	Internal physiological synchronization	HRV coherence, EEG phase coupling
Metabolic efficiency	Resource conversion effectiveness	ATP production, O <sub>2</sub> consumption ratios
Chronobiological alignment	Circadian/ultradian rhythm coherence	Cortisol slope, sleep quality metrics
Homeostatic stability	Autonomic balance, allostatic load	HRV SDNN, inflammatory markers

## 5.2 Purpose and Application

BEST timestamps serve as immutable proof-of-contribution in blockchain-based economic systems. Unlike traditional time-tracking that measures hours, BEST captures the *quality* of energetic investment—distinguishing between depleting busywork and regenerative flow states. High-quality BEST scores correlate with sustainable productivity and worker wellbeing.

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## 6. Contribution Quality Score (CQS)

CQS quantifies the bio-energetic quality of work contributions, enabling differentiation between mechanically compliant labor and authentic engaged contribution.

### 6.1 CQS Calculation Formula

$$\text{CQS} = \omega_1 \cdot \text{BEST} + \omega_2 \cdot \text{GRF} + \omega_3 \cdot \text{skill\_match} + \omega_4 \cdot \text{outcome\_quality}$$

Factor	Weight	Description
BEST	$\omega_1 = 0.35$	Bio-electric signature quality of individual at time of work
GRF	$\omega_2 = 0.25$	Group resonance field during collaborative contributions
Skill Match	$\omega_3 = 0.20$	Alignment between contributor skills and task requirements
Outcome Quality	$\omega_4 = 0.20$	Measured impact of contribution on stated objectives

## 6.2 Integration with ERES Economics

**Meritcoin Accrual:** High CQS contributions accrue more Meritcoin per unit time, rewarding quality over quantity.

**Gracechain Recording:** Each contribution with BEST timestamp and CQS score is recorded immutably on the Gracechain blockchain, creating verifiable reputation.

**UBIMIA Implementation:** The formula  $\text{Income} = \text{UBI\_base} + (\text{Merit\_score} \times \text{Investment\_multiplier}) \pm \text{Awards\_bonus}$  incorporates cumulative CQS as the primary Merit component.

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## 7. Scale Dimensions

BERA operates across five nested scales, from individual bio-energetic optimization to planetary consciousness coordination:

Level	Scale	Primary Applications	Key Metrics
1	Personal (Individual)	Self-awareness, flow states, circadian optimization, health monitoring	BEST, personal BESV trends, bio-coherence
2	Interpersonal (2-10 people)	Relationship quality, team optimization, conflict prevention	PRC, dyadic resonance patterns
3	Organizational (10-1000 people)	Culture quantification, productivity enhancement, org design	GRF, departmental coherence, conflict detection
4	Community (1K-1M people)	Municipal coordination, emergency response, smart city integration	Regional GRF, EMCI readiness, GAIA Centers
5	Planetary (Global)	Species coherence, millennial planning, consciousness indexing	Global ARI/ERI, planetary stress tracking

## 7.1 Fractal Scaling Principle

The same fundamental measurements and algorithms apply at every scale, creating fractal consistency. An individual's BESV aggregates to dyadic PRC, which aggregates to organizational GRF, which aggregates to regional coherence metrics, ultimately contributing to planetary consciousness indices. This enables seamless coordination across scales without requiring different measurement paradigms at each level.

## 8. Integration with ERES Frameworks

BERA serves as the measurement substrate for all major ERES Institute systems, providing quantifiable bio-energetic data that drives governance, economics, environmental monitoring, and healthcare coordination.

### 8.1 PBJ Tri-Codex Integration

Codex	Full Name	BERA Integration
PERC	Personal Emission Resonance Codex	Individual BESV tracking over time, personal bio-energetic history
BERC	Building Emission Resonance Codex	Organizational GRF monitoring, workplace environment optimization
JERC	Job Emission Resonance Codex	Work environment bio-energetic assessment, task-human compatibility

## 8.2 Emission Resonance Index (ERI)

BERA provides the core measurement data for ERI calculation across five sub-indices:

$$\text{ERI} = f(\text{PEQ}, \text{CRF}, \text{EHI}, \text{JRQ}, \text{TRS})$$

Where PEQ (Personal Energy Quality), CRF (Collective Resonance Field), EHI (Environmental Health Index), JRQ (Job Resonance Quality), and TRS (Temporal Resilience Score) all derive from BERA measurements at appropriate scales.

## 8.3 Gracechain + Meritcoin

**Blockchain Architecture:** BEST timestamps anchor each blockchain entry, providing cryptographic proof of bio-energetic contribution quality.

**Meritcoin Issuance:** CQS scores directly determine Meritcoin accrual rates, replacing arbitrary time-based compensation with quality-weighted merit.

**Proof-of-Contribution:** Bio-energetic verification replaces energy-intensive proof-of-work, enabling sustainable blockchain operation.

## 8.4 PlayNAC KERNEL (Governance)

**Real-time Feedback:** Governance participants receive BERA feedback during decision-making processes, enabling awareness of collective coherence.

**ARI Derivation:** Animacy Resonance Index (ARI) is calculated from aggregated BERA data, measuring actual human flourishing rather than proxy metrics.

**Policy Validation:** Proposed policies are evaluated against predicted bio-energetic impact before implementation.

## 8.5 UBIMIA Economic System

Universal Basic Income + Merit  $\times$  Investment  $\pm$  Awards:

$$\text{Income} = \text{UBI\_base} + (\text{Merit\_score} \times \text{Investment\_multiplier}) \pm \text{Awards\_bonus}$$

Merit\_score is calculated from cumulative CQS over time, ensuring that economic compensation reflects actual bio-energetic contribution quality rather than hours logged or credentials held.

## 9. Implementation: BERA-PY Library

BERA-PY v0.1.0 is a production-ready Python library implementing the complete BERA specification with hardware abstraction, sensor integration, blockchain connectivity, and privacy-preserving analytics.

### 9.1 Core Modules

Module	Purpose	Key Classes
bera.core	Fundamental data structures	StateVector, ResonanceCalculator, BEST, CQS
bera.sensors	Hardware abstraction layer	BERASensor, AcousticSensor, EMSensor
bera.metrics	Resonance & group dynamics	GroupResonanceField, ConflictDetector
bera.blockchain	Gracechain integration	Gracechain, Meritcoin, ProofOfContribution
bera.integration	ERES framework connectors	PBJTriCodex, ERICalculator, PlayNAC
bera.privacy	Data protection	Anonymizer, DifferentialPrivacy, ZKProof
bera.api	REST API server	BERAServer, APIClient, WebSocket
bera.visualization	Dashboards & plotting	ResonancePlotter, GroupDashboard

### 9.2 Certified Hardware

Modality	Device	Specifications	Cost
Acoustic	RME Fireface UCX	Professional audio interface, 48kHz+	\$1,200
Acoustic	Smartphone microphone	Consumer-grade alternative	Included
Cardiac	Polar H10	Medical-grade ECG chest strap	\$90
Cardiac	Empatica E4	PPG + EDA wearable	\$1,700
Neural	OpenBCI Cyton	8-channel EEG system	\$500
Chemical	Point-of-care kits	Cortisol/cytokine immunoassay	\$50/month
Thermal	FLIR One Pro	Mobile thermal camera, 0.1°C res	\$400

## 9.3 Example Implementation

Basic pairwise resonance calculation in Python:

```
python

from bera.core import StateVector, ResonanceCalculator
from bera.sensors import AcousticSensor, EMSensor

# Initialize sensors
acoustic = AcousticSensor(sample_rate=48000)
em_sensor = EMSensor(ecg_enabled=True)

# Collect states
alice = StateVector(individual_id="alice")
alice.acoustic = acoustic.read()
alice.electromagnetic = em_sensor.read()

bob = StateVector(individual_id="bob")
bob.acoustic = acoustic.read()
bob.electromagnetic = em_sensor.read()

# Calculate resonance
calc = ResonanceCalculator()
prc = calc.pairwise(alice, bob)

print(f"Resonance: {prc.overall:.3f}")
print(f"Acoustic: {prc.acoustic:.3f}")
print(f"EM: {prc.electromagnetic:.3f}")
```

## 10. Applications

### 10.1 Human Performance Enhancement (HPE)

**Team Composition:** Optimize team member selection based on predicted resonance patterns, reducing friction and accelerating collaboration.

**Conflict Prevention:** Real-time monitoring enables intervention before conflicts escalate, saving organizational resources and preserving relationships.

**Flow State Facilitation:** Identify conditions that enable collective flow, then replicate those conditions systematically.

## **10.2 Healthcare**

**Early Disease Detection:** Bio-energetic dysregulation often precedes clinical symptoms, enabling preventive intervention.

**Mental Health Monitoring:** Continuous BERA tracking provides objective metrics for depression, anxiety, and stress disorders.

**Psychoneuroimmunology:** Direct measurement of chemical-immune-nervous coupling advances understanding of mind-body medicine.

**Personalized Treatment:** Optimize medication and therapy based on individual bio-energetic response patterns.

## **10.3 Education**

**Learning State Optimization:** Identify when students are in optimal states for different types of learning (focus vs. creativity).

**Teacher-Student Matching:** Pair educators and learners based on resonance compatibility for maximum knowledge transfer.

**Attention Tracking:** Real-time feedback on collective classroom engagement enables dynamic curriculum adjustment.

**Stress Management:** Early detection of student overwhelm enables timely support and workload adjustment.

## **10.4 Governance**

**Merit-Based Participation:** Democratic systems weighted by demonstrated contribution quality (CQS) rather than wealth or credentials.

**Policy Impact Measurement:** Real-time tracking of how governance decisions affect citizen bio-energetic wellbeing.

**Transparent Algorithms:** Open-source governance code with citizen-auditable decision-making processes.

**Ombudsmen Oversight:** Independent monitors with access to BERA data ensure policies serve human flourishing.

## **10.5 Economics**

**Proof-of-Contributor:** Bio-energetic verification replaces energy-intensive proof-of-work in blockchain systems.

**Fair Compensation:** CQS-based merit rewards quality of contribution, valuing care work and creativity equally with production.

**Energy-Based Currency:** Meritcoin accrual tied to actual bio-energetic investment rather than arbitrary hours.

**Sustainable Allocation:** Resource distribution optimized for long-term human and planetary flourishing.

## 10.6 Emergency Management

**Disaster Coordination:** BERA-enabled communication reduces response time through optimized team deployment.

**First Responder Monitoring:** Real-time stress tracking prevents burnout and enables rotation based on bio-energetic capacity.

**Community Resilience:** Baseline GRF measurements identify vulnerable populations before disasters strike.

**Critical Infrastructure:** EMCI (Emergency Management Critical Infrastructure) systems maintain essential services during disruptions.

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## 11. Ethical Framework

### 11.1 Privacy Principles

- Opt-in only, never mandatory participation
- k-anonymity ( $k \geq 5$ ) for all personal data
- Differential privacy for aggregate statistics
- Right to deletion and complete withdrawal
- Transparent data usage policies
- No sale or transfer of individual bio-energetic data
- Encrypted storage with user-controlled keys
- Regular independent privacy audits

### 11.2 Governance Requirements

- Democratic oversight of all algorithms
- Citizen-auditable decision-making processes
- Independent ethics committees with veto power
- Regular equity impact assessments
- Open-source core infrastructure

- Multi-stakeholder governing boards
- Transparent funding and conflict of interest disclosure

### 11.3 Dual-Use Risk Mitigation

**Prohibited Applications:** BERA technology must never be used for surveillance, manipulation, coercion, discrimination in employment/insurance, or any application that undermines human dignity and autonomy.

**Boundaries:** Clear technical and legal restrictions prevent weaponization, including hardware kill switches, audit trails, and criminal penalties for misuse.

**Oversight:** Independent review boards with authority to halt deployments that violate ethical guidelines.

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## 12. Validation Strategy

Five-phase implementation pathway from laboratory proof-of-concept to global scaling:

Phase	Scale	Duration	Objectives
1	Laboratory	6-12 months	Controlled environment testing, correlation with established measures
2	Small Groups	12-18 months	10-50 person cohorts, longitudinal tracking, qualitative assessment
3	Organizations	18-24 months	100-500 person deployments, A/B testing, ROI measurement
4	Municipal	24-36 months	Smart City pilots, public health integration, emergency systems
5	Global	36+ months	International standards, cross-cultural validation, planetary coordination

### 12.1 Success Metrics

- **Technical:** Reliability (uptime >99.5%), accuracy (correlation >0.7 with established measures), latency (<100ms real-time processing)
- **Clinical:** Early disease detection (6+ month lead time), mental health improvement (>30% symptom reduction)
- **Organizational:** Productivity increase (>20%), conflict reduction (>40%), retention improvement (>25%)
- **Economic:** ROI >3:1 within 24 months, Meritcoin adoption >10K users, Gracechain transaction volume >1M/month

- **Social:** User satisfaction >4.5/5, equity impact (reduced disparities), democratic participation increase (>15%)
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## 13. Theoretical Foundations

BERA synthesizes insights from multiple scientific disciplines to create a unified framework for bio-energetic measurement and coordination:

Discipline	Key Contributions
Psychoneuroimmunology	Chemical-immune-nervous system coupling; stress-inflammation pathways; social bonding via oxytocin-cytokine interactions
Acoustic Biometrics	Voice-based physiological state detection; emotional prosody; HRV extraction from speech
Chronobiology	Circadian and ultradian rhythm optimization; cortisol slope analysis; sleep-wake cycle regulation
Systems Theory	Nested cybernetic feedback loops ( $C = R \times P / M$ ); emergence of collective intelligence; fractal scaling
Quantum Coherence	Bio-photon emission; electromagnetic field effects; experimental non-local correlations (speculative)
Thermodynamics	Energy efficiency and entropy management; metabolic optimization; sustainable resource allocation
Network Science	Social contagion of physiological states; graph theory of resonance networks; collective dynamics
Information Theory	Signal processing of bio-energetic broadcasts; noise reduction; bandwidth optimization

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### 14.1 Core Scientific Literature

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## 14.2 ERES Institute Publications

- Sprute, J. A. (2025). *Natural Resonance Processing (NRP) and the Basis for Graceful Evolution*. ERES Institute Technical Report.
- Sprute, J. A. (2025). *PlayNAC KERNEL: Gamified Governance with Real-Time Bio-Energetic Feedback*. ERES Institute White Paper.
- Sprute, J. A. (2025). *Meritcoin and Gracechain: Bio-Energetic Proof-of-Contributed for Sustainable Economics*. ERES Institute Technical Specification.
- Sprute, J. A. (2025). *PBJ Tri-Codex: Integrated Personal, Building, and Job Emission Resonance Framework*. ERES Institute Standards Document.
- Sprute, J. A. (2025). *UBIMIA: Universal Basic Income + Merit × Investment ± Awards Implementation Guide*. ERES Institute Policy Paper.

## 14.3 Open Source Implementation

**Website:** Pending

**ERES GitHub Organization:**

<https://github.com/orgs/ERES-Institute-for-New-Age-Cybernetics>

## GitHub Repositories:

<https://github.com/orgs/ERES-Institute-for-New-Age-Cybernetics/repositories>

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## 15. License and Usage Terms

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#### BERA-PY Library: MIT License

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### 15.3 Citation Format

To cite this report in academic or professional publications:

Sprute, J. A. (2025). *BERA: Bio-Energetic Resonance Architecture - Complete Scope and Scale Definition*. ERES Institute for New Age Cybernetics Technical Report. Bella Vista, AR.

#### BibTeX format:

```
bibtex

@techreport{sprute2025bera,
  author = {Sprute, Joseph A.},
  title = {BERA: Bio-Energetic Resonance Architecture},
  subtitle = {Complete Scope and Scale Definition},
  institution = {ERES Institute for New Age Cybernetics},
  year = {2025},
  address = {Bella Vista, Arkansas},
  type = {Technical Report}
}
```

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