# exposomeShiny User's Guide

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# Chapter 1

## Overview



exposomeShiny is a data analysis toolbox with the following features:

- Data handling: imputation, LOD, transformation, ...
- Exposome characterization
- Exposome-wide association analysis
- Multivariate association
- Omic data integration
- Post-omic data analysis: CTD database

To do so, exposomeShiny relies on previously existent Bioconductor packages (rexposome, omicRexposome and CTDquerier), it uses them in a seamless way so the final user of exposomShiny can perform the same studies that would conduct using the Bioconductor packages but without writing a single line of code.

## Chapter 2

# Setup

In order to download and setup the environment to launch exposomeShiny, the latest version of the software has to be downloaded from GitHub. To do so open a new RStudio session. Run the following code on the console once the working directory has been setup.

```
# Set working directory
setwd(dir = "/some/path/")

# Download zip
download.file(url = "https://github.com/isglobal-brge/exposomeShiny/archive/master.zip", destfile
# Unzip the .zip to the working directory
unzip(zipfile = "master.zip")

# Set the working directory inside the downloaded folder
setwd(dir = "/some/path/exposomeShiny-master")
```

Now all the source files are downloaded to the location of chose and the working directory moved to the correct folder, to start the project, open the Rproj file by clicking it on the Files explorer of RStudio.



Once the project is loaded, run the following code to install renv if it's not present on your R packages library and load the dependencies of exposomeShiny on this R session.

```
install.packages("renv")
renv::restore()
```

Now everything is ready to launch the Shiny application. To do so there a two approaches, one is to open the ui.R or the server.R files that are inside the R folder and press Run App.

```
ui.R ×
(in the second s
                                                                                                                                                                                                                                                                                                                                                                                         🕨 Run App 🔻 💁 🔻 🗏
                            1 library(shiny)
                             2 library(shinyBS)
                            3 library(rexposome)
                            4 library(omicRexposome)
                             5 library(MultiDataSet)
                            6
                                               library(mice)
                             7
                                                     library(DT)
                            8
                                                     library(ggplot2)
                            9 library(ggiraph)
                     10 library(data.table)
                      11 library(truncdist)
```

Or the other option is to input the following command on the console.

```
shiny::runApp('R')
```

## Chapter 3

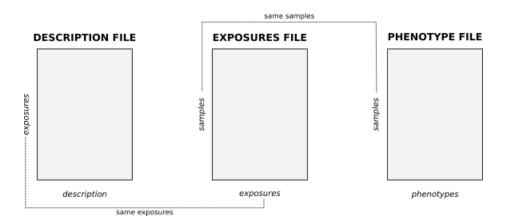
## Data sets

### 3.1 Exposome dataset

The exposome is composed of three different files (in \*.csv format). Those files are referred inside the Shiny as exposures, description and phenotypes. Their content is the following:

- The exposures file contains the measures of each exposure for all the individuals included on the analysis. It is a matrix-like file having a row per individual and a column per exposures. It must includes a column with the subject's identifier.
- The description file contains a row for each exposure and, at last, defined the families of exposures. Usually, this file incorporates a description of the exposures, the matrix where it was obtained and the units of measurement among others.
- The phenotypes file contains the covariates to be included in the analysis as well as the health outcomes of interest. It contains a row per individual included in the analysis and a column for each covariate and outcome. Moreover, it must include a column with the individual's identifier.

A visual representation of the three matrices and how they correlate is the following.



#### Exposures data file example:

```
id bde100 bde138 bde209 PF0A ...
sub01 2.4665 0.7702 1.6866 2.0075 ...
sub02 0.7799 1.4147 1.2907 1.0153 ...
sub03 -1.6583 -0.9851 -0.8902 -0.0806 ...
sub04 -1.0812 -0.6639 -0.2988 -0.4268 ...
sub05 -0.2842 -0.1518 -1.5291 -0.7365 ...
```

#### Description data file example:

```
family matrix
                                 description
exposure
                                  BDE 100 - log10
bde100
          PBDEs
                  colostrum
bde138
          PBDEs
                  colostrum
                                  BDE 138 - log10
                                  BDE 209 - log10
bde209
          PBDEs
                 colostrum
PFOA
          PFAS
                  cord blood
                                  PFOA - log10
PFNA
          PFAS
                  cord blood
                                  PFNA - log10
PFOA
          PFAS
                  maternal serum PFOA - log10
PFNA
                  maternal serum PFNA - log10
          PFAS
hg
          Metals cord blood
                                  hg - log 10
                                  Co (creatinine) - log10
Co
          Metals urine
Zn
          Metals urine
                                  Zn (creatinine) - log10
Pb
          Metals urine
                                  Pb (creatinine) - log10
THM
          Water
                                  Average total THM uptake - log10
CHCL3
         Water
                                 Average Chloroform uptake - log10
BROM
         Water
                              Average Brominated THM uptake - log10
NO2
         Air
                                 NO2 levels whole pregnancy- log10
Ben
         Air
                             Benzene levels whole pregnancy- log10
```

#### Phenotypes data file example:

```
id asthma BMI sex age \dots sub01 control 23.2539 boy 4 \dots sub02 asthma 24.4498 girl 5 \dots
```

```
      sub03 asthma
      15.2356 boy 4 ...

      sub04 control
      25.1387 girl 4 ...

      sub05 control
      22.0477 boy 5 ...
```

#### 3.2 Omics dataset

The omics data inputed to the Shiny must be provided as an \*.RData. This file has to contain an ExpressionSet, which is an S4 object. This object is a data container of the Bioconductor toolset.

For further information on ExpressionSet and how to create and manipulate them, please visit the official documentation and this selected vignette.

## Chapter 4

# Bioconductor packages

This Shiny application is a front end support for other Bioconductor packages in order to provide a comfortable environment on to conduct different analysis with those packages. In concrete the packages are rexposome, omicRexposome and CTDquerier.

#### 4.1 rexposome

Rexposome is a package that allows to explore the exposome and to perform association analyses between exposures and health outcomes.

### 4.2 omicRexposome

OmicRexposome is a package that systematizes the association evaluation between exposures and omic data, taking advantage of MultiDataSet for coordinated data management, rexposome for exposome data definition and limma for association testing. Also to perform data integration mixing exposome and omic data using multi co-inherent analysis (omicade4) and multi-canonical correlation analysis (PMA).

## 4.3 CTDquerier

CTD querier is a package to retrieve and visualize data from the Comparative Toxicogenomics Database. The downloaded data is formated as DataFrames for further downstream analyses.

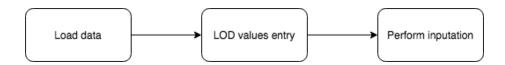
## Chapter 5

# Analysis flowcharts

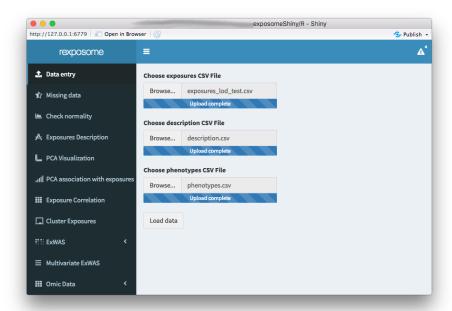
### 5.1 Exposome analysis

As any user would need to do using the Bioconductor packages (rexposome, omicRexposome and CTDquerier) when performing an analysis using an R script, there is some kind of flow (or pipeline) to follow in order to get to the results, this is also true on rexposomeShiny, even though it's a seamless and codeless integration of the packages there's still some need for a flowchart to get the desired results. All the required flowcharts will be detailed with a box flowchart as well as screenshots of exposomeShiny in order to provide extra guidance if needed.

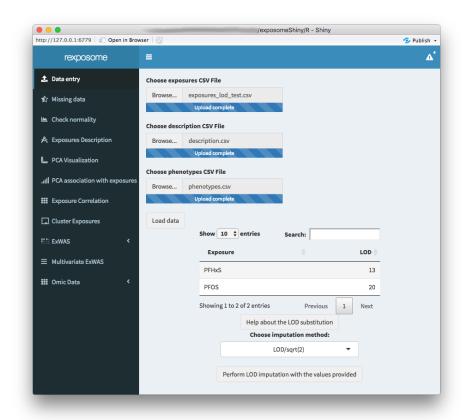
#### 5.1.1 LOD imputation



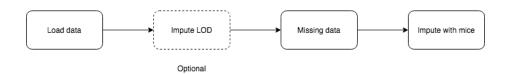
Input the exposures, description and phenotypes files and load them into the application.



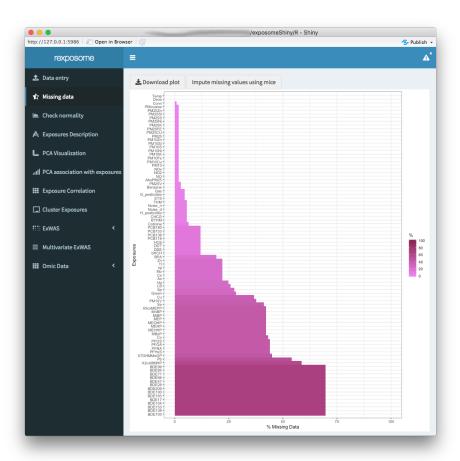
If exposomeShiny detects LODs (limit of detection) on the exposures file (exposures with value: -1), it will prompt the table with the exposures with LOD and double clicking on the desired cell will enable edit mode to input the instrument LOD. There's also the option of selecting "Random imputation" on the imputation method in order to imputate with random values instead of LOD/sqrt(2).



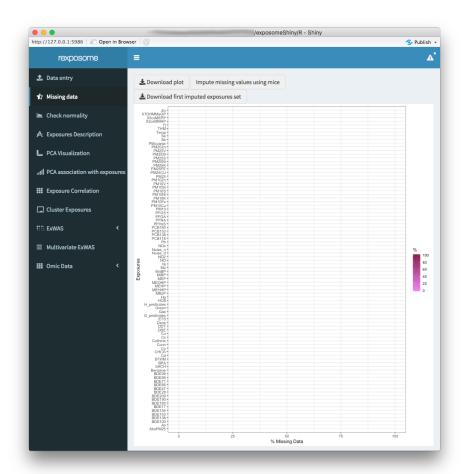
#### 5.1.2 Missing imputation



Once the dataset is loaded into the Shiny, look at the "Missing Data" tab to check the percentages of missing data for each exposure present.

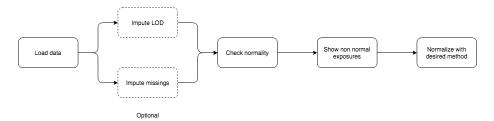


To impute the missing values select "Impute missing values using mice". After the process finishes, the expect output should be a new missing data graph where there's no missing of any exposure.

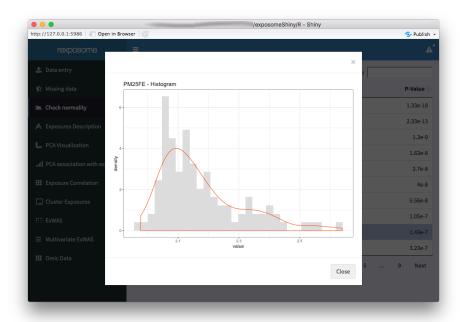


The new imputed exposures set can be downloaded as a \*.csv file, please note that the downloaded file just assigns numbers to the idnum column, if the data you are using has different idnum format it's needed to format it properly so that it matches the idnum on the phenotypes input file when inputting it to the Shiny.

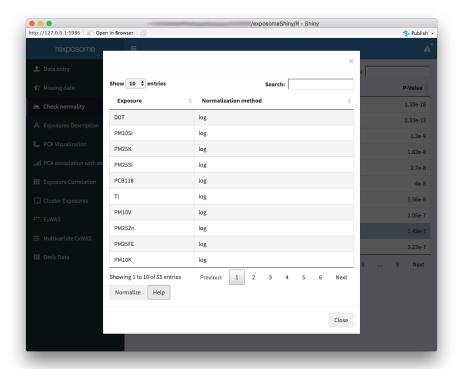
#### 5.1.3 Normality correction



Once the dataset is loaded into the Shiny, look at the "Check Normality" tab to check which exposures are not normal (Normality = false). By selection from the table the desired exposure and clicking the "Plot histogram of selected exposure", as the label of the button implies, a histogram of the selected exposure from the table can be seen.

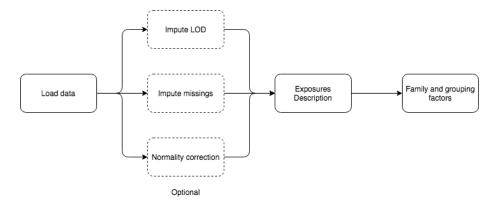


By clicking the "Show false" button, all the non normal exposures are listed with the method that will be applied to normalize, this table can be edited (the "Normalization method" column) by double clicking on the desired row. There are three possible methods to use, "log" (default), " $^1/3$ " and "sqrt". If no method is desired to be applied to an exposure input "none".



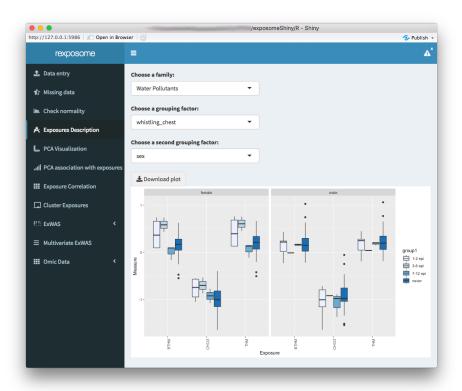
Click "Normalize" and the normalization method selected will be applied, the table on the "Check Normality" tab will be updated with the results of the normalization.

#### 5.1.4 Exposures description

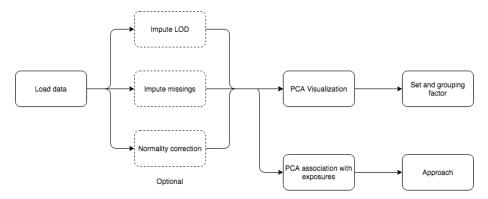


To see all the insights of the exposures dataset loaded into the Shiny, once

loaded it check the exposures description tab, there are three options to dig into the dataset, the family (family of the exposure) to visualize and two grouping factors (phenotypes).

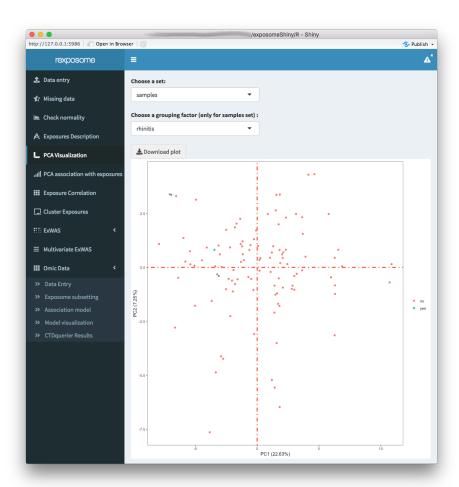


### 5.1.5 PCA Analysis

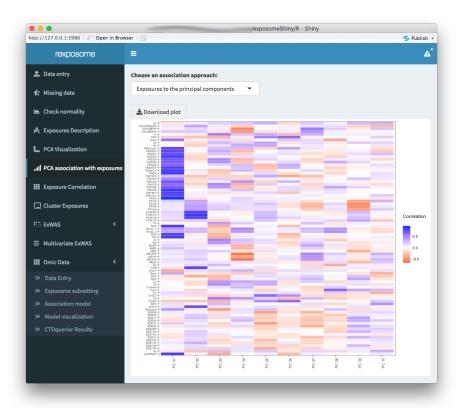


To see the results of a PCA (principal component analysis) study, load the

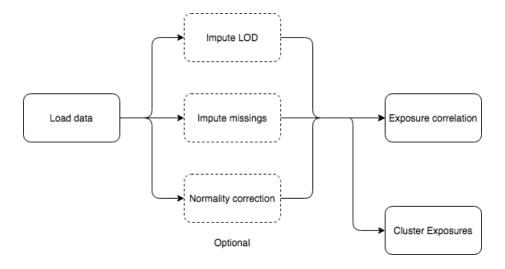
data and check the PCA Visualization tab, there a set and grouping factor can be choose, it's important noting (as it's already stated on the Shiny) that the grouping parameter only works when the set is selected to "samples".



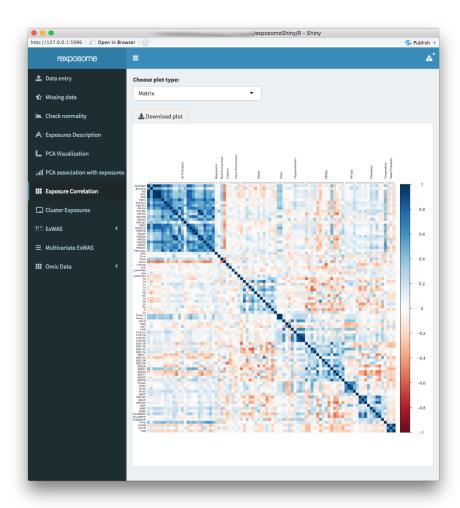
If the association of the PCA analysis with the exposures is desired to visualize, check the "PCA association with exposures" tab, there are two grouping methods to visualize, the phenotypes to principal components and the exposures to principal components.

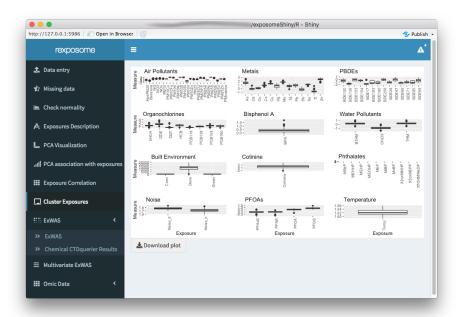


#### 5.1.6 Clusterization and correlation of exposures

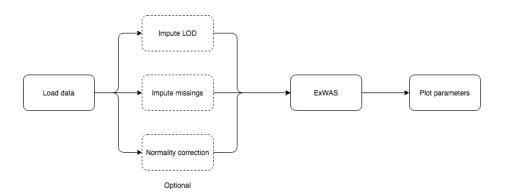


To see the results of the exposure correlation and clustering, select the corresponding tab to each analysis. For the exposure correlation analysis there are two visualizations, the matrix representation and the circos.

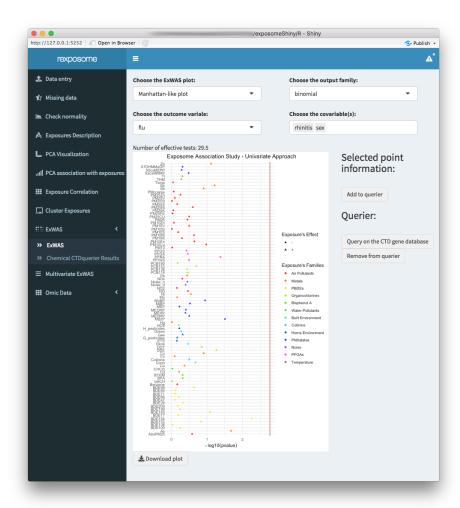




#### 5.1.7 ExWAS

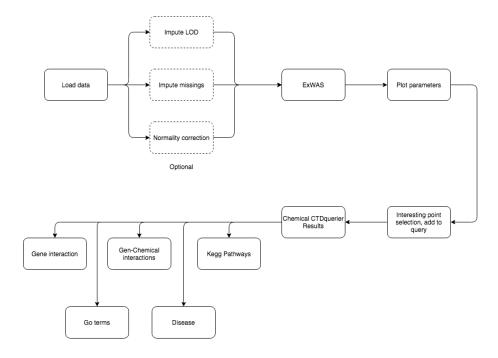


To perform an ExWAS (exposome-wide association) study, check the ExWAS tab and select the addecuate parameters for the ExWAS plot, there are two different plot representations, the output variable to choose (phenotype), the output family and as many covariables (phenotypes) as the user wants. There are internal checks to advise the user on which parameters to select depending if the selected outcome is numerical or bionomial.

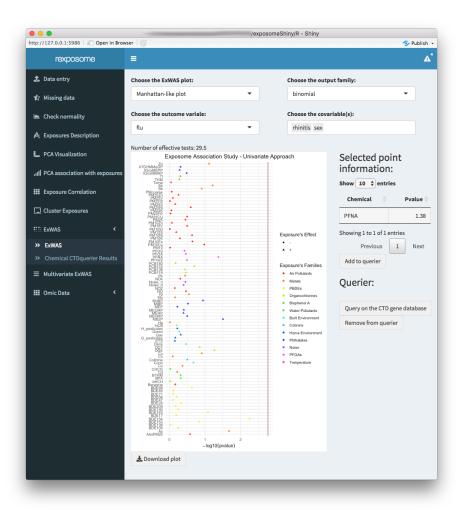


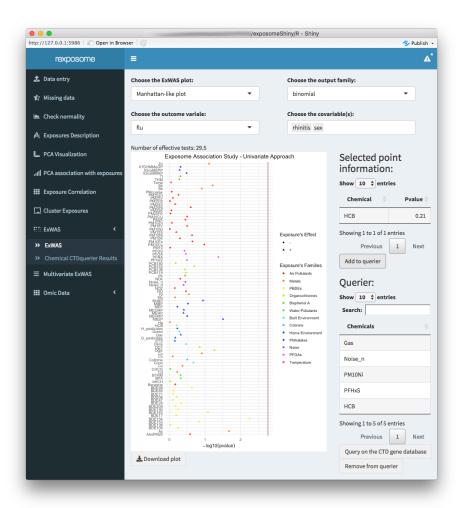
### 5.1.8 ExWAS - CTDquerier

The ExWAS tab also is able to perform a CTD query of the desired chemicals.

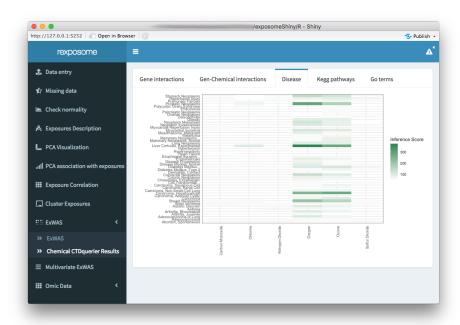


To perform a CTD querier of chemicals with the results of the ExWAS, click on the desired exposure to preload it into the query, when clicked, a chemical name with it's associated P-Value will appear on the table on the right, if that's the desired chemical to add to the query list click "Add to querier". In the case of adding an unwanted chemical to the query list, select it (or them) by clicking on the Querier list and click on "Remove from querier".

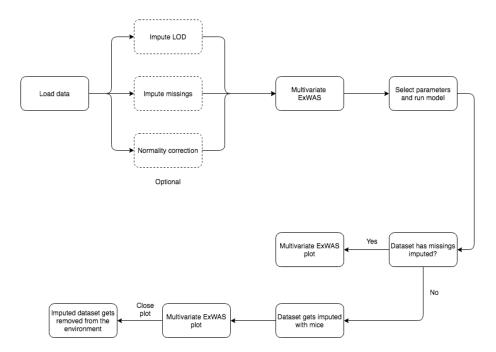




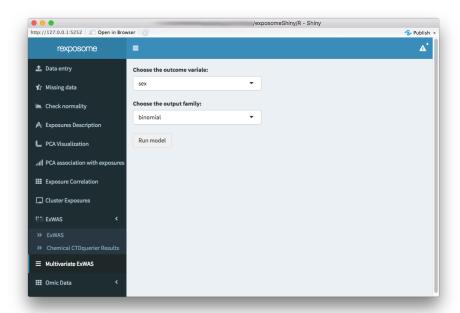
To do the query of the chemicals to de CTD database click on "Query on the CTD gene database" and see the results on the "Chemical CTD querier Results" subtab. It's important noting that on the "Kegg pathways" and "Go terms" the input field corresponds to the negative exponent of the filter.

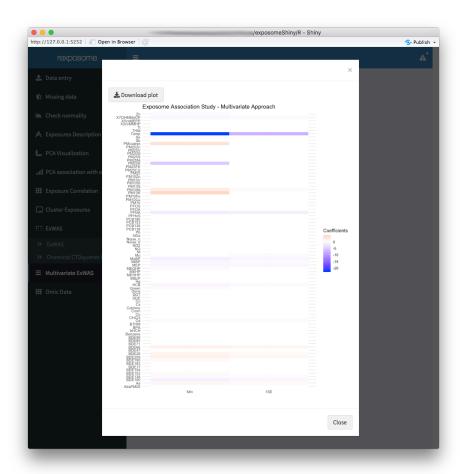


#### 5.1.9 Multivariate ExWAS



To perform a multivariate ExWAS study, check the Multivariate ExWAS tab and select the desired output parameter, click on run model to generate the plot. As on the ExWAS plot options there's implemented an internal check to advise the user on which parameters to select depending if the selected outcome is numerical or bionomial, as the diagrams states if the dataset has not been imputed the missings, it will automatically do it to perform the Multivariate ExWAS, however when closing the plot the imputed dataset will be removed from the environment, so all the other studies performed afterwards will not be altered.



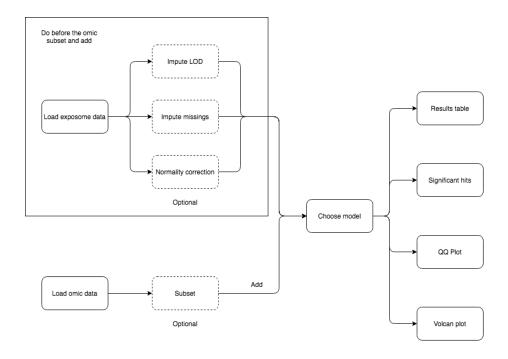


## 5.2 Exposome-Omic analysis

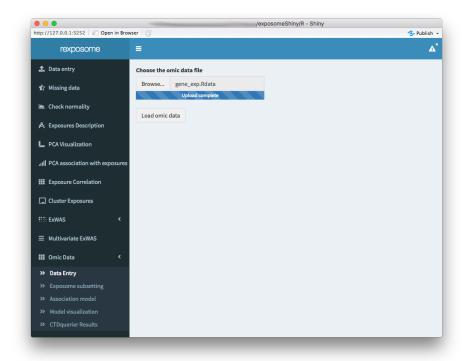
It's important noting that the maximum size of the omics data is 30 MB, if the omics file to be analyzed is bigger, change the line number 2 of the server.R file.

```
# the "30" refers to 30MB, change as needed
options(shiny.maxRequestSize=30*1024^2)
```

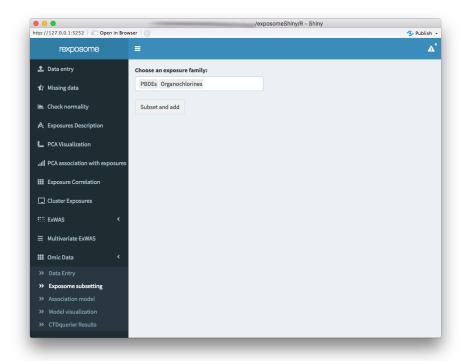
#### 5.2.1 Association analysis



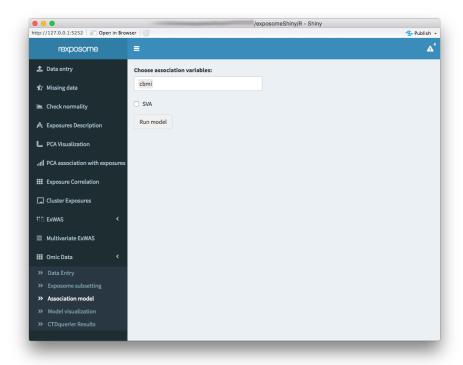
Do first the proceeding of exposome data load and corresponding treatment if desired, then proceed to load the omic dataset on the "Data Entry" subtab of the "Omic Data" tab. The omic data should be provided as a \*.RData file.



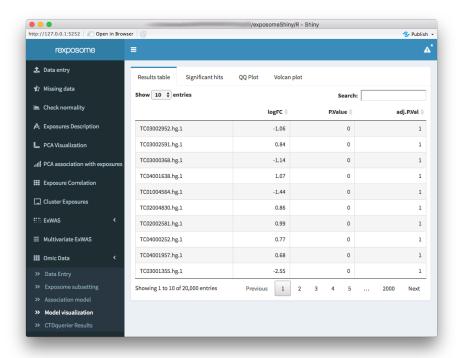
The exposome dataset can be subseted by families, on the "Exposome subsetting" subtab select the families that are desired to be included in this new set to study, if all the families are desired just don't input any and proceed to click the "Subset and add", which will trigger the action to combine the subsetted (or not) exposome dataset with the provided omic dataset.



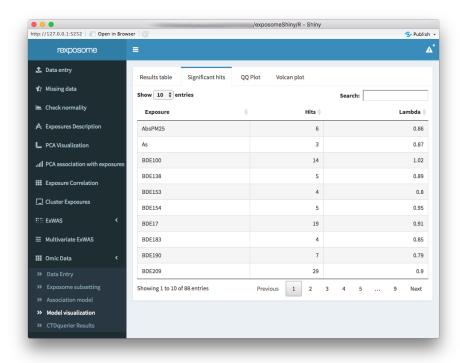
Select the variables for the association analysis and if SVA is wanted on the "Association model" subtab.



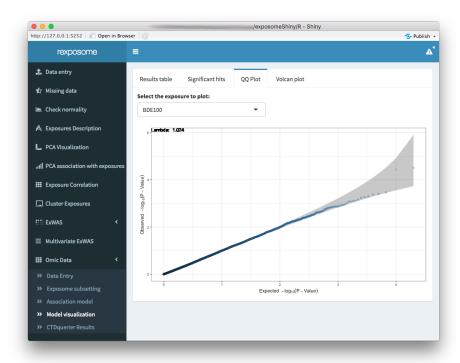
There are tabs to visualize the results of running the association model, all of the are on the "Model visualization" subtab. The "Results table" shows the gene, log of the fold change, p-value and adjusted p-value.



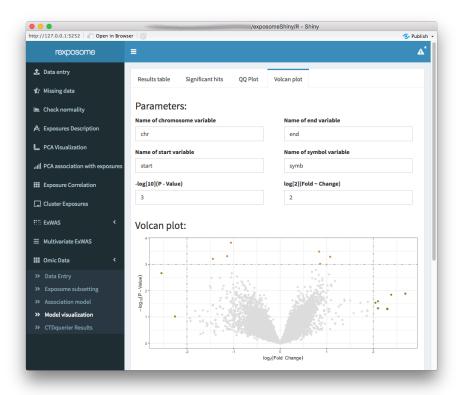
The "Significant hits" shows the exposure, hits and lambda.



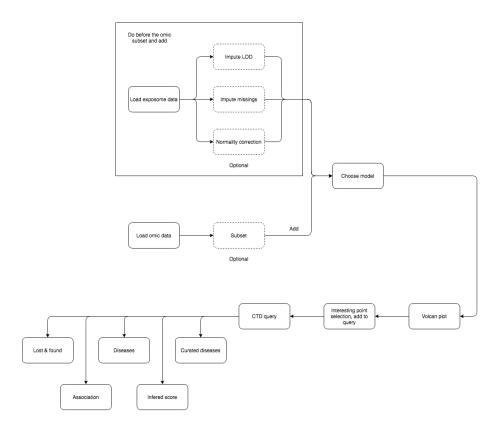
The QQ Plot shows a QQ plot (expected vs. observed -lo10(p-value)) for the selected exposure.



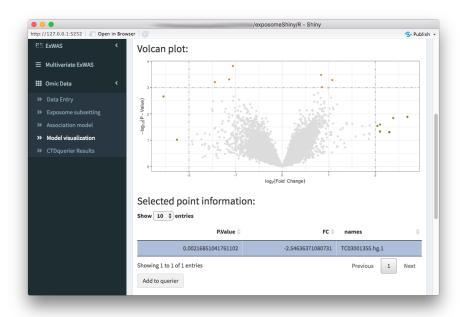
The Volcan plot shows a volcan plot ( $\log 2$ (fold change) vs  $-\log 10$ (p-value)). For this plot there are two input cells to adjust the horizontal and verital limit lines to filter out the results.



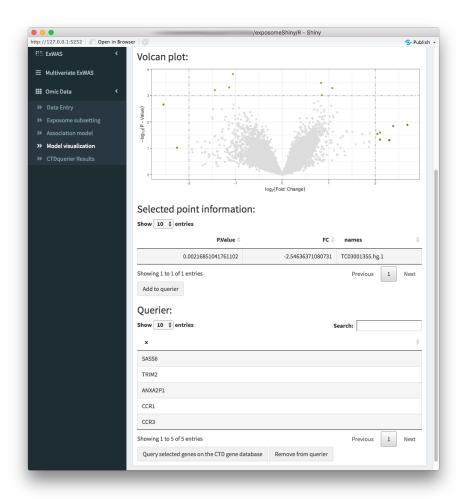
#### 5.2.2 CTD querier



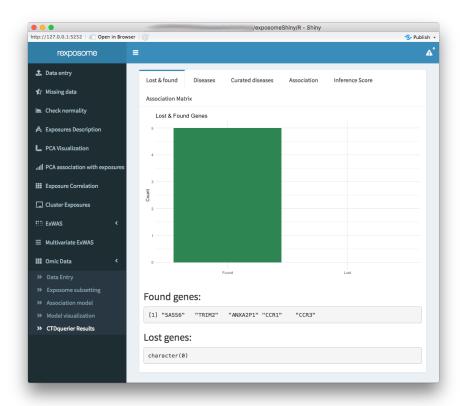
To perform a CTD querier study of the exposome-omic analysis, as before, load both datasets and run the desired model with them, check the Volcan plot and click on the desired point on the Volcan plot, the information of the selected plot will appear on the table below the plot (sometimes there are many points close so more than one rows can appear on the table), select from the table the desired point to add to the query and click "Add to querier". It's important noting that when trying to add to the querier the Shiny will find on the fields of the omic dataset that the user specifies on top of the plot. If the search does not return any symbol a prompt will appear, however if it's found it will be added to the lower table corresponding to the genes to query.



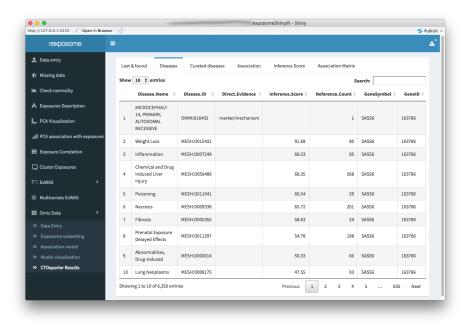
If by mistake some gene (or genes) were introduced to the querier, select them by clicking on the table row and click "Remove from querier". Click on "Query selected genes on the CTD gene database" to perform the query of all the symbols of the querier list.



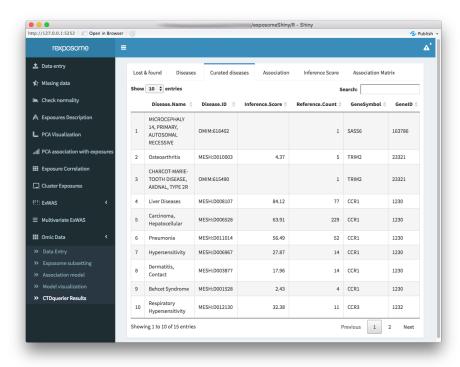
To visualize the results of the query, go to the "CTD querier results" subtab. There are six tabs showing different results interpretations. First there's the "Lost & found" tab which a plot to see the amount of genes found on the CTD database and the ones that were not found them, ther's also two lists stating the names of them.



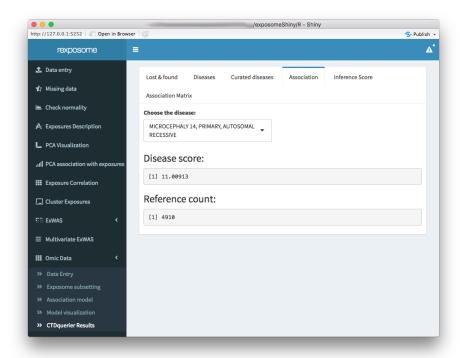
The diseases tab shows a table of all the associated diseases found on the CTD database.



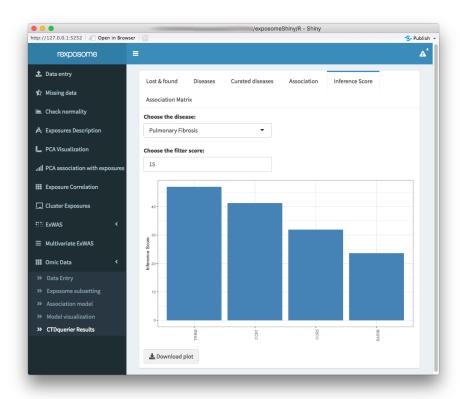
The curated diseases tab shows the table of associated diseases but only shows the ones with direct evidence.



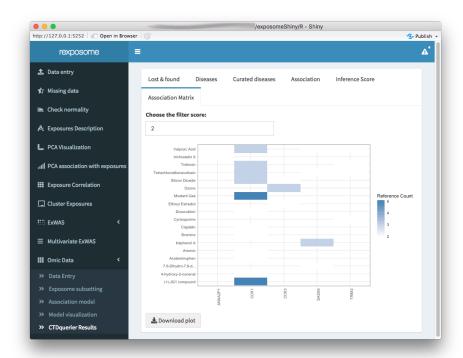
The association tab shows information about all the direct evidence associated diseases. Select the disease of interest to see the score and reference count of it.



The inference score tab shows the inference score for each gene for a selected disease, the filter parameters puts out the genes with an inference score lower than the selected filter.



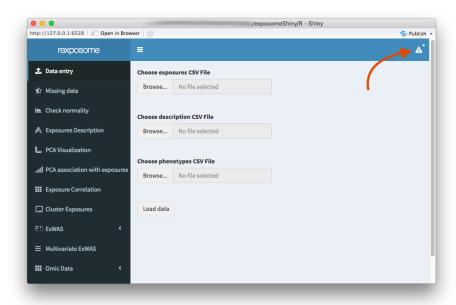
The association matrix tab shows a matrix of genes vs. chemicals with a heatmap representing the existing papers (references) providing evidence about the association between chemicals and genes.



### Chapter 6

# General application functionalities

This whole Shiny application serves the purpose to perform a various number of exposome and omic analysis with an input set of data. To perform this analysis some operations can performed on the inputed dataset prior to the analysis and so in order to follow track of what exactly has been done or what is loaded on the current session, there's implemented some sort of state tracker inside the Shiny application. In order to access it, press the icon on the top right of the application



When clicking it a dropdown menu appears, inside there are seven different notifications:

• Exposome dataset: Turns to 100% when an exposome dataset is loaded in the environment. Here's a graphical example.

## Exposome dataset 0%

## Exposome dataset 100%

- LOD imputed: Turns to 100% if the exposome dataset is LOD imputed.
- Missing imputed: Turns to 100% if the exposome dataset has the missings imputed.
- Normality corrected: Turns to 100% if the exposome dataset is normality

corredted.

- $\bullet$  Omics dataset: Turns to 100% when an omics dataset is loaded in the environment.
- $\bullet$  Subset: Turns to 100% (and displays the subset family (ies)) when the exposome dataset is subseted.
- Model: Turns to 100% (and displays the association variable(s)) when a model is performed for an omics association analysis. Here's an example of a subset and model information.

