EINDHOVENSE STUDENTEN TAEKWONDO VERENIGING ILYEO

House rules

These house rules apply equally to all members and everyone who is present in the training room.

DEFINITIONS

- The *trainer* is the person who is appointed by the association to teach during the trainings. If the trainer is not present during a training, the member with the highest belt and teaching qualification will be considered as a trainer during that training.
- A trainee is anyone participating in training.
- A member is anyone who has paid contribution to the association for the current year.
- The *board* are the members of the association who have been chosen during a general members meeting to lead the association.

SECTION 1. GENERAL

- 1. Discrimination based on gender, race or religion is not tolerated during any activities (including trainings) organized by the association.
- 2. Misuse of the Taekwondo knowledge obtained by a trainee is not permitted. A member found to misuse their knowledge of Taekwondo may be suspended from the association.
- 3. A trainee must show respect to all fellow trainees and the trainers.

SECTION 2. TRAININGS

- 1. It is required to greet the trainer at the start and end of each training as a sign of respect to the trainer.
- 2. Trainees must be present in the training room before the start of the lesson.
- 3. If a trainee is late, he or she is only allowed to participate in the training after getting permission from a trainer.
- 4. It is not allowed to chew gum, eat, smoke, or drink anything except water during trainings.
- 5. A trainee is expected to take care of their own personal hygiene. Specifically it is expected of trainees to keep their toenails and fingernails short.
- 6. Using materials present in the training room without permission is forbidden.
- 7. Any materials must be used as instructed. Damage to material due to careless use or not following instructions will be paid for by the trainee(s) that caused the damage.
- 8. It is not permitted to leave the training room without permission from a trainer.
- 9. If a trainee is not able to participate for the entire duration of the training this should be mentioned to a trainer before the start of the training.
- 10. If a trainee does not follow instructions given by the trainer or the board the trainee may be removed from the training room.
- 11. The trainer and the board have the right to forbid a trainee from joining trainings for a specified (but possibly unlimited) duration of time.
- 12. Trainees should not deliberately cause inconvenience to the other trainees and/or the trainer. This includes talking while the trainer is explaining something.

SECTION 3. CLOTHING

- 1. A trainee must wear suitable clothes. Novice members are allowed to wear long trousers and a t-shirt, while members who have a yellow belt or higher must wear a dobok with the correct belt.
- 2. Wearing jewellery is not permitted. An exception is made for jewellery which is hard to remove such as earrings and piercings, but these kinds of jewellery have to be taped down to prevent injury.
- 3. A dobok with black lapel may only be worn by a trainee with a black belt.
- 4. Shoes that are meant for taekwondo are permitted during training, but a trainee wearing such shoes should exercise caution to reduce the risk of injury. During sparring wearing shoes is strictly forbidden.
- 5. The trainer and board members have the final say when it comes to either allowing or disallowing clothing items.

SECTION 4. MEMBERS

- 1. A new member has to give the membership form and contribution to a board member within three weeks after the form has been given to them by the board.
- 2. If a member is unable to join trainings for a long period of time they have to pass this on to a board member.
- 3. Members may be chosen to be honorary members. Honorary members have a limited set of special rights, as described in this document.

SECTION 5. CONTRIBUTION

- 1. The contribution consists of a single payment of 10 euro per academic year.
- 2. Patrons / donors / support members are persons who financially support the association with a donation of at least 10 euro per academic year.
- 3. Honorary members do not have to pay contribution.

SECTION 6. BELT EXAMS

- 1. Members who regularly participate in trainings may be chosen by the trainer to take a belt exam.
- 2. Participation in a belt exam is only allowed if the member is chosen by the trainer.
- 3. A participant of a belt exam must wear a dobok.
- 4. The jury has the final say when determining if a belt exam participant is promoted to a higher belt. The participant should accept their promotion (or lack thereof) without further discussion.

SECTION 7. CLOSING

- 1. The board and the trainers are neither responsible nor liable for accidents or illness of a trainee.
- 2. The board and the trainers are neither responsible nor liable for theft or other material damage to trainees.
- 3. The board and the trainers have the final say in matters that are not specified in these house rules.