



தமிழ்நாடு அரசு

ஒன்பதாம் வகுப்பு

முதல் பருவம்

தொகுதி 1

தமிழ்
ENGLISH

தமிழ்நாடு அரசு விலையில்லாப் பாடநூல் வழங்கும் திட்டத்தின்கீழ் வெளியிடப்பட்டது

பள்ளிக் கல்வித்துறை

PREFACE

The revised course book for English standard IX is based on the communicative approach which recognizes the importance of developing students' competence to express them fluently, confidently and appropriately. The syllabus aligns with the recommendations of the National Curriculum Framework 2005. The selection of contents has been determined by the students' present and future academic and social needs.

Each unit focuses on inculcating universal human values, gender sensitization and inclusivity. To explore the digital world, ICT Corner is introduced in each unit at first time in State Board Text Book.

How to use the book

- Different types of warm up activities can be used to discuss the theme.
- Make use of the different genres in the text for understanding and appreciating the plot and characterization.
- 'Do You Know' boxes can be used for thinking beyond the texts.

- Facilitate the children to enjoy and appreciate the poem.
- Encourage the students to practice the situational grammar exercises.
- Think and Answer questions can be used for promoting higher order thinking skills.

- Use the listening, speaking, reading and writing activities to support effective learning.
- Open-ended questions in the writing tasks can be used for promoting creative writing.
- Project can be used for developing team spirit and collaborative learning.

- Motivate the students to read independently and explore by accessing resources in the library and other ICT resources.
- Make use of literary and non-literary texts to develop analytical, inferential and evaluative reading strategies.

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* Memoriter



E-Book



Digi links

Unit 1

Prose

Goal Setting

Kris Srikanth

Warm Up

Think of what you would like to do in future. Fill in the spaces.

My Goals	
Timeline	Action Plans
2020	
20....	
20....-20....	
20....-20....	
2030 Onwards	

Kris Shrikanth, an experienced sports person is happy to share with you his winning formula in the process of goal setting.



1. Very often in life, you find yourself at a **crossroads**. The most common example taken is that of **Alice in Wonderland**, a children's classic written by Lewis Carroll. Alice comes to a crossroads during her travel and she

finds a cat sitting there. She asks the cat, "Which road do I take?" You know what the response is? The cat says, "Where do you want to go?" When you make a career choice, you may want to take up engineering, you want to get into medicine or you want to take up a job. You must know what you want to do.

Have you found yourself at a crossroads?

2. I am a very firm believer in one thing. You will ultimately become what your innermost and deep-rooted desire is. Of course, desires change for a person from time to time. But your deep rooted desire is what motivates you.

There are 5 steps to the goal setting process. The first step is the most important one:

- Put your goals on paper.
- Analyse what the benefits are.
- Identify obstacles and challenges.
- Help required: People and Resources
- Put down milestones with dates.

Which is the most important step in the goal setting process?

3. During my third year or fourth year of engineering, suddenly I had this desire to play cricket, first play for Tamil Nadu, then play cricket for India. Again, it was in my subconscious mind that I wanted to play for India.



4. Believe it or not, I played for India. That was the deep-rooted desire. As you all know, we won the 1983 World Cup. But after the 1983 World Cup, unfortunately, my form **deteriorated**. Sometime later, a stage came where in, within about six to seven months of the 1983 World Cup, my form was so bad, they really even thought of dropping me from the Tamil Nadu Ranji Trophy team. That was the stage I was in... This was it! But then, something kept on telling me "Don't worry, Cheeka... you will make it. You will make a comeback in the Indian team, you will be a successful cricketer". There was this little voice... an inner voice that kept on telling me.



Indian cricket team is the only one to have won world cups of sixty overs, fifty overs and twenty overs.



5. That time, it was a Ranji Trophy match in Coimbatore, and I still remember the events very clearly. Today's famous commentator L. Sivaramakrishnan and a few others were all sitting in a room and chatting. We were all having some fun. Then, suddenly I told them, "Guys, take it from me - in five years' time, I'll captain India". This was way early in 1984. They thought I'd gone mad. Here is a guy struggling to find a place in the Tamil Nadu team. He says that in five years' time, he will captain India, and with people

like Sunil Gavaskar, Kapil Dev, Mohinder Amarnath all established cricketers there, and this guy says, he is going to captain India. But I said, "Boss, you wait and watch. In five years' time, I'll captain India."

What made Srikanth keep trying to realise his dream?

6. As I said, rewind your life. You think about it. There must have been small and big desires. Always there will be something within you, speaking to you, right? You will make it! You will succeed. As long as the inner feeling is there that you will succeed, just continue trying. Continue doing it. Don't worry about failure. You will succeed.

What kind of attitude helps us to succeed?



7. When you talk about deep-rooted desire, what did Sachin say, even after winning the 2011 World Cup? Sachin said that his deep-rooted desire was to win the World Cup. Don't forget, this man had all the records in the world.

8. He had got everything in the world that one would want as a batsman and as a cricketer; but still, his deep-rooted desire was to win the World Cup one day and be a part of a World Cup-winning team for India. That **ultimately** happened. Maybe, it happened after a long time.





But still, he himself admitted that this is the best thing that ever happened to him in cricket. Don't forget, my dear friends, when you have a deep-rooted desire and when you consciously work towards it, you will achieve it.

9. **Passion** is the key word. When I say passion, you do something with your heart and soul. When you do something with passionate interest, you'll always be successful in life. When you put your heart and soul and you are passionate, you start enjoying what you do. And when you enjoy what you do, ultimately you do everything in the right manner. That's what I mean by passion. Without passion, please don't do anything. There are times when you are down and out and when you just don't feel like doing something; but, nevertheless you just do something for the sake of doing. Never ever do that. The moment your mind is not there, just stop doing something, take a break and come back, because whatever you do in life, please do it with passion.

When will you be successful in life?
Why should you enjoy what you do?

10. The best example I can think of for doing something with passion is Sachin Tendulkar. Just imagine, this guy has got all the records you want in international cricket. He has played the maximum number of test matches, one-day matches; he has got all the runs and all the records with him. But

till his retirement, whenever he played, he played with great passion. That's why Sachin was so successful.

What is the secret of Sachin Tendulkar's success?

Keep in Mind!

11. Here are some ways to make sure that the goals that you are working on are things that you want and not just things that sound good.

12. Set goals on a yearly basis. Set smaller goals and achieve the smaller goals, and go on a step-by-step basis. When you go on a step-by-step basis, as I told you with live examples, it becomes easier to achieve your goals. Time management is important when you want to achieve your goals. If you work towards it in a very conscious manner, with passion, by putting your heart and soul into whatever you want to be, you will get it.

- Write your goal with positive attitude.
- Write your goal in complete detail.
- Make sure your goal is high enough.

13. The next step in the goal setting process is to identify the benefits of achieving that goal. Make sure that you're going towards where you actually want to go.

What are the steps in the goal setting process?

How do goals become easy to achieve?



14. Make sure that you take an informed decision when choosing your career. Let us see what happens when you are choosing your career.

Choosing a career

15. There are lots of factors which actually **influence** you when you are trying to choose your career.

They are your

- educational background,
- parental influence,
- teachers and mentors,
- the environment that you are in.
- personal aspirations and
- **peer** pressure.

We need to have proper career orientation. Your personality plays an important role in choosing the type of career you want. Choose something you enjoy and really want to do and you will be successful.

About the author

Kris Srikanth, former Indian Cricket Team Captain, is a member of the 1983 world cup winning team. He was the former chairman and senior selection committee of the 2011 World Cup Winning Indian Team. He works as a broadcaster and expert commentator with various sports and news channels and is well-known for his honest, straightforward comments, often laced with humour.



Glossary



crossroads (n.) :

to be at a point when you have to make a very important decision

deteriorated (v.) :

became worse

influence (n.) :

the capacity to have an effect on the character development

peer (n.) :

person of same age, status or ability

Passion (n.) :

strong desire

ultimately (adv.) :

being the best or most extreme example

Read and Understand

A. Based on your understanding of the lesson, answer the following questions by choosing the correct options.

- i) The author's desire was to _____
 - a) become an engineer.
 - b) become a big shot in life.
 - c) play football.
 - d) play cricket.
- ii) After the 1983 World Cup, he was dropped from the Indian team because _____
 - a) his form deteriorated.
 - b) he went abroad.

- c) he got a job.
d) he was not healthy.
- iii) A little voice in Srikanth said,
a) "You should become a big shot."
b) "You will make it."
c) "Be sure of your goal."
d) "Don't give up."
- iv) You should not do anything without _____
a) goal.
b) involvement.
c) passion.
d) personality.
- v) _____ change for a person
from time to time.
a) Aims
b) Goals
c) Desires
d) Opportunities

B. Answer the following questions in one or two sentences.

1. According to the author, what are the steps in the goal setting process?
2. Explain "Don't worry, Cheeka... you will make it. You will make a comeback in the Indian team, you will be a successful cricketer."
3. How did the author's deep rooted desire become a reality?
4. What was Tendulkar's greatest wish?
5. When can you achieve your own goals in life?

C. Answer the following in about 80 - 100 words each.

1. Describe how Srikanth achieved his professional goals.
2. Even after being dropped from the Indian team, why did they select him to be the captain?
3. What is Srikanth's advice to achieve your goals?

D. Think and Answer.

1. Give four or five factors which could influence you in the choice of subjects or career.
2. Passion is the keyword to success. Explain this with Sachin's achievement.

Vocabulary

E. Match the words in column A with their synonym in column B.



A	B
fructify	plan
concrete	oppose
relevant	appropriate
contradict	fruitful
strategy	real

F. Match the words in column A with their antonym in column B.

A	B
success	forget
remember	failure
gradually	physically
destruction	suddenly
mentally	creation

Homonyms

Homonyms are words with similar sound and spelling, but with a different meaning.

G. Use the words given below in your own sentences so as to get different meanings. One is done for you.

cricket	Cricket is a popular sport. A cricket is active at night.
bank	
will	
bark	
watch	

Homophones

Homophones are words with similar sound but different spelling and meaning.

H. Consult a dictionary, to find the homophones for the given words.

1	in	
2	know	
3	be	
4	to	
5	watt	
6	right	
7	were	

Prefix and Suffix

Prefixes are added to the beginning of a root word while suffixes are added to the end.

I. Look at the prefixes given and frame two new words for each prefix and suffix. One is done for you.

Prefix	Word-1	Word-2
sub	subway	subconscious
un		
re		
en		
dis		
ir		

Suffix	Word-1	Word-2
ly	suddenly	happily
or		
er		
ness		
ian		
ist		

* Listening

J. Listen to the passage on Paralympics and choose the correct answer.

- The Paralympic games are for _____.
 - children.
 - disabled people.
 - women.
- The Paralympic games usually happen _____.
 - in Greece.
 - every four years.
 - after the Olympic Games.

*Listening text is on Page No. 218

3. The first true Paralympic Games happened in Rome in _____

- a. 1960.
- b. 1952.
- c. 1848.

4. In 394 BCE, the _____ stopped the Greek Olympic Games, because they didn't like them.

- a. Romans
- b. Greeks
- c. British

5.was a doctor at the Stoke Mandeville hospital in England.

- a. Pierre de Coubertin
- b. Sir Ludwig Guttmann
- c. Natalie du Toit

Speaking

K. Just a minute

Given below are five main qualities for true sportsmanship.

i.	Determination
ii.	Optimization
iii.	Stamina
iv.	Perseverance
v.	Decisiveness

Get into groups of four. Each group will choose one quality to talk about to the whole class for about one minute. But before you talk, you have two minutes to think about it. You can make notes if you wish.

L. Prepare a speech in about 80-100 words for the morning assembly, stressing on the importance of games and sports in ensuring a healthy body and mind.

Writing

M. Your friend who lives in another town/city has won his/her championship trophy in the recent sports meet. Write a letter congratulating him/ her.

N. Collect information from newspapers, magazines, periodicals and books about any two famous sports women. Prepare their profiles. Use the following format.

Name	Details
Date of birth	
State/Team she represents	
Sports/ Games she is associated with	
Debut (first entry)	
Best in her career	
Hobbies	
Awards/ Medals received	

Creative Writing

O. Write a newspaper article in about 100 words, comparing the achievements of the two sportswomen based on the information you have already collected.



Reading

Folk Culture And Folklore Of Tamil Nadu

Tamil Nadu is deeply rooted in a great tradition of folk arts and crafts, which display the customs and skills that have come down from generations. The folk music and dances of Tamil Nadu represent the ethos, aesthetic, values and melody of the region. Traditionally, folk dances and music are performed during festivals and community functions. The following article describes some of the folk musical styles and dances of Tamil Nadu.

Karagaattam is a popular folk dance of Tamil Nadu, which involves balancing a pot on the head to musical accompaniment. The Karagam pots are decorated with a cone of flower arrangements, topped by a paper parrot. The parrot swings as the dancer swings along.



Karagaattam has two divisions—atta karagam and sakthi karagam. This form of dance is very popular all over Tamil Nadu. Both male and female performers participate in this dance. Acrobatics such as dancing on a rolling block of wood,

moving up and down a ladder, threading a needle while bending backwards form a part of this dance.

Kavadi Aattam is one of the predominant folk dances of Tamil Nadu.



When the ancient Tamils went on pilgrimages, they used to carry offerings tied on either end of a long stick, balanced on their shoulders. A kavadi is made of bamboo strips and a light pole. To lessen the boredom of the long travel, they sing and dance in praise of God. Kavadi Aattam traces its origin to this practice. This led to the composition of special songs for carrying the kavadi.

Poikkal Kudhirai Aattam is a dance in which the dancer puts on the





dummy figure of a horse on his / her hips. This folk dance needs a lot of training and skill. The dummy is made of lightweight materials and the cloth at the sides of the dummy swings to and fro covering the legs of the dancer who dons wooden legs so that they look like the hooves of the horse. While performing, the dancer brandishes either a sword or a whip.

Parai Aattam is a special type of dance in Tamil culture in which the performers beat the parai and dance to



its rhythm. This is one of the oldest traditional dances. In olden days, the parai was used for multiple reasons, ranging from warning people about the upcoming war, requesting civilians to leave the battlefield, announcing victory or defeat, stopping a breach of a water body, gathering farmers for farming activities, warning wild animals about human presence, during festivals, weddings, celebrations, worship of nature and so on. Parai Attam plays a prominent part in all the celebrations in Tamil Nadu even today.

Bommalaattam or Puppetry is held in rural areas of Tamil Nadu during festivals and fairs. Skilled puppeteers



manipulate the puppets with strings or wires. They stand behind a screen and the puppets are held in front. The puppetry depicts stories mainly from the Puranas, epics and folklore. Even during Indian freedom struggle awareness programmes for the common people were conducted through puppet shows to instill patriotism among the people.

Therukoothu is usually conducted during village festivals in the months of Aadi and Panguni. Therukoothu is performed on the streets and in open air. In this dance form, make-up and costumes are considered very important. The performance involves storytelling, songs, dance and dialogue

