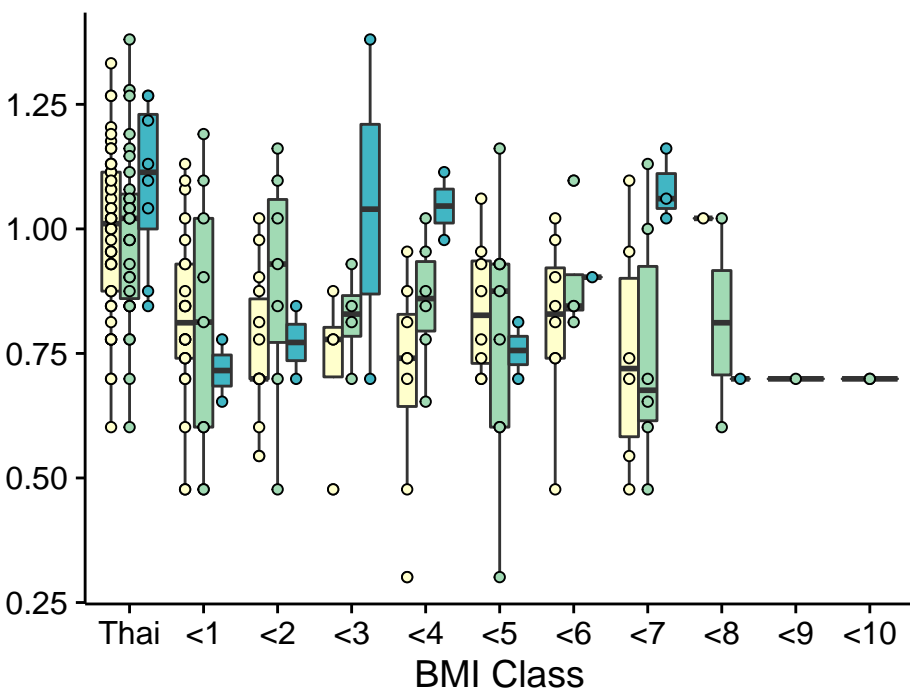
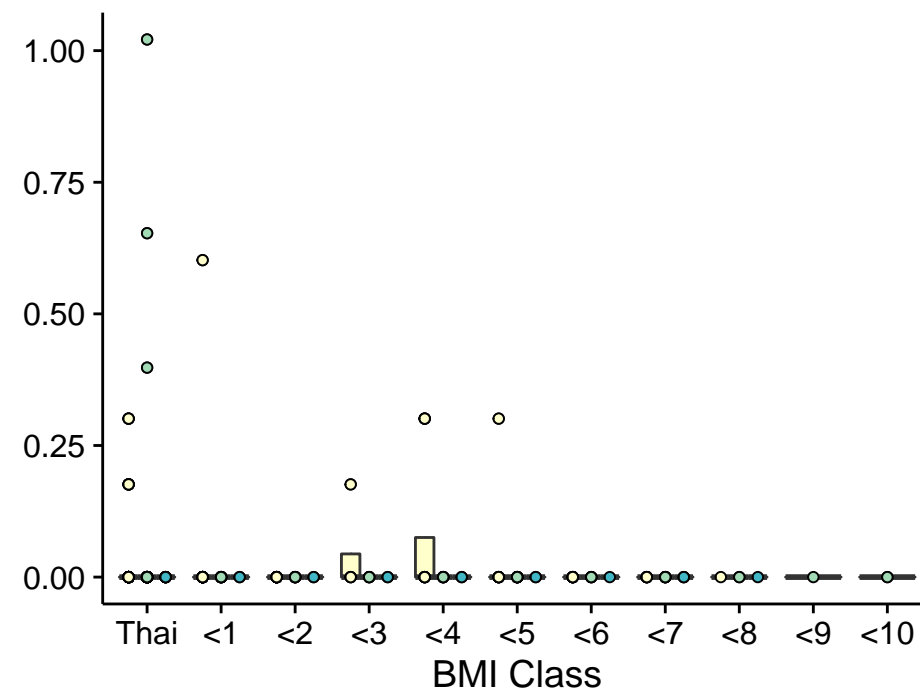


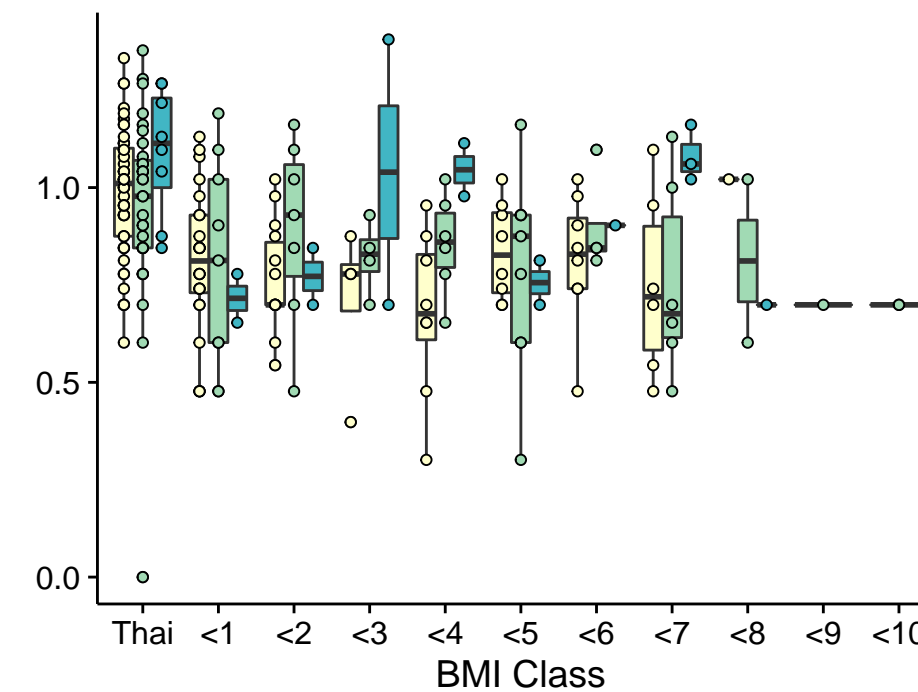
Amount.Grains in oz.



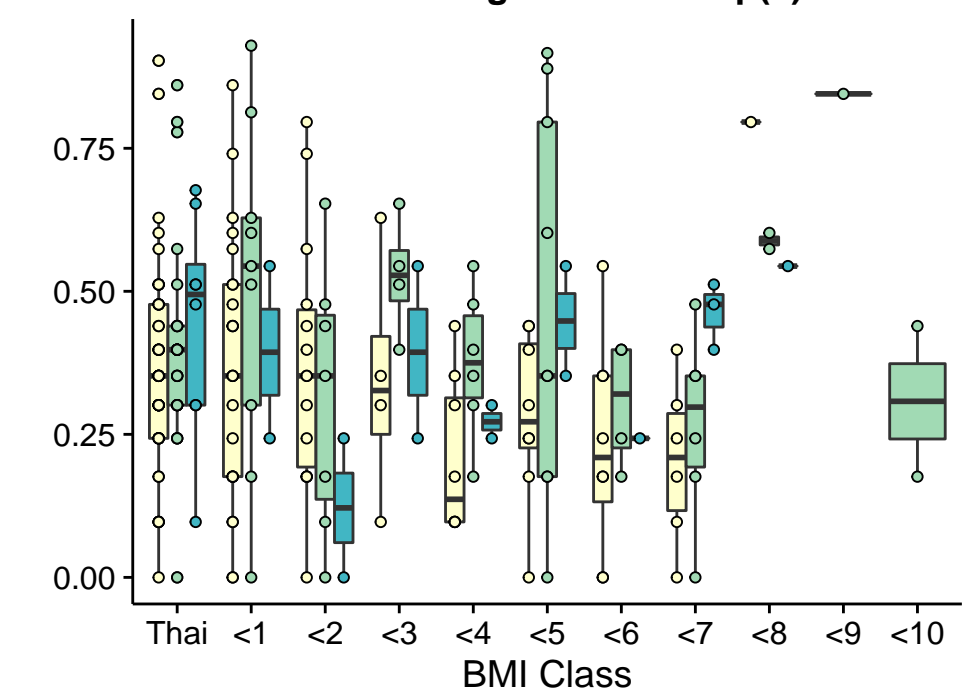
Amount.Whole Grains in oz.



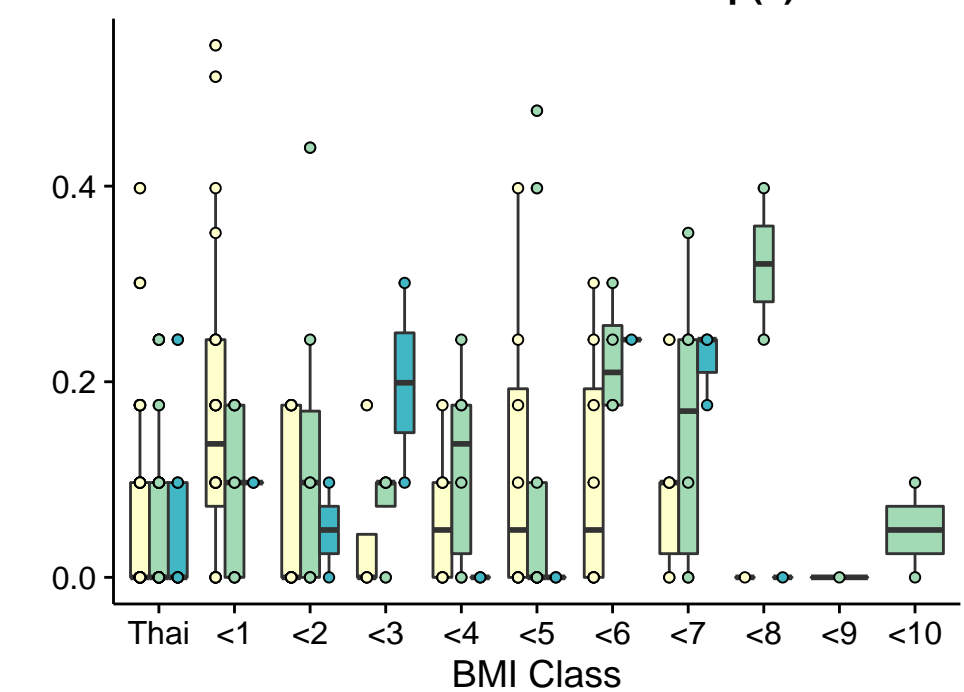
Amount.Refined Grains in oz.



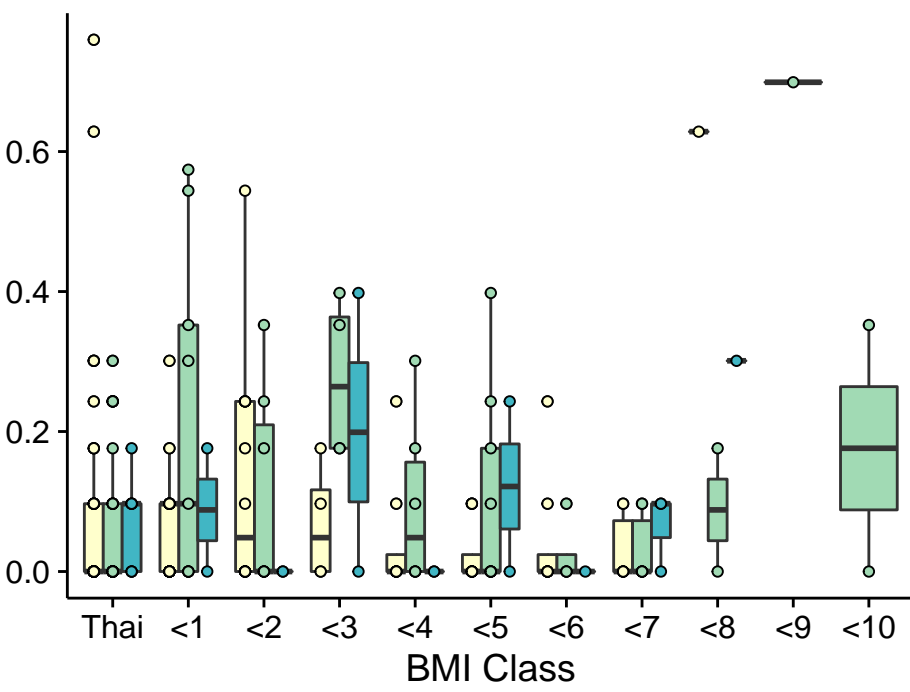
Amount.Vegetables in cup(s)



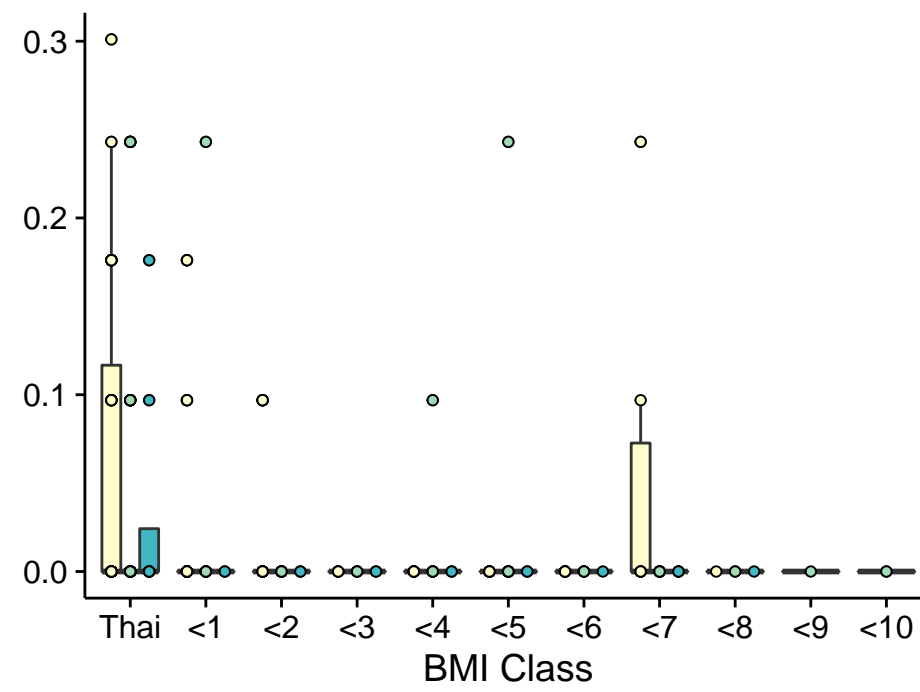
Amount.Dark Green in cup(s)



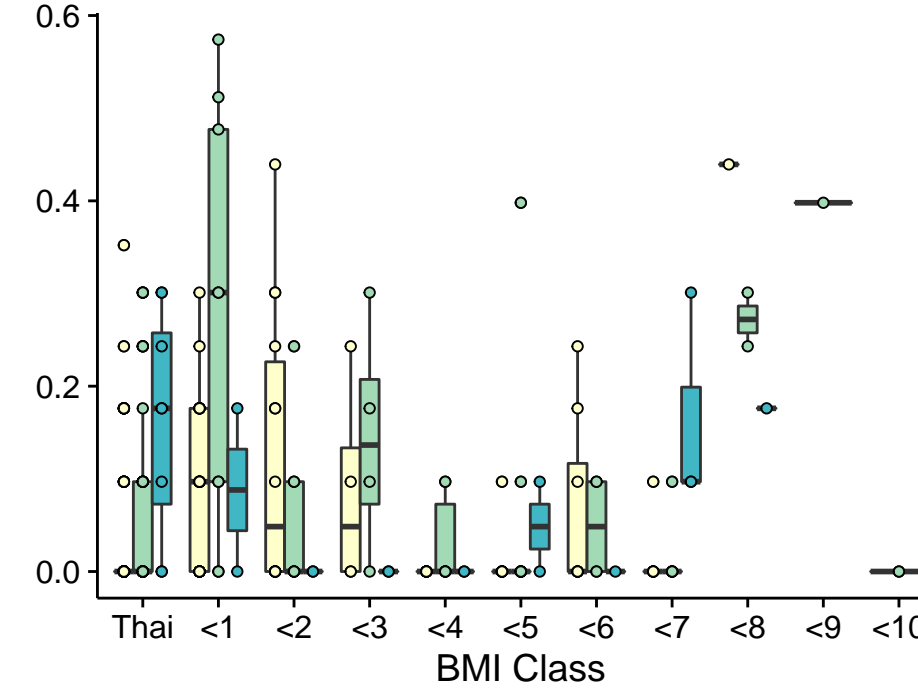
Amount.Red &amp; Orange in cup(s)



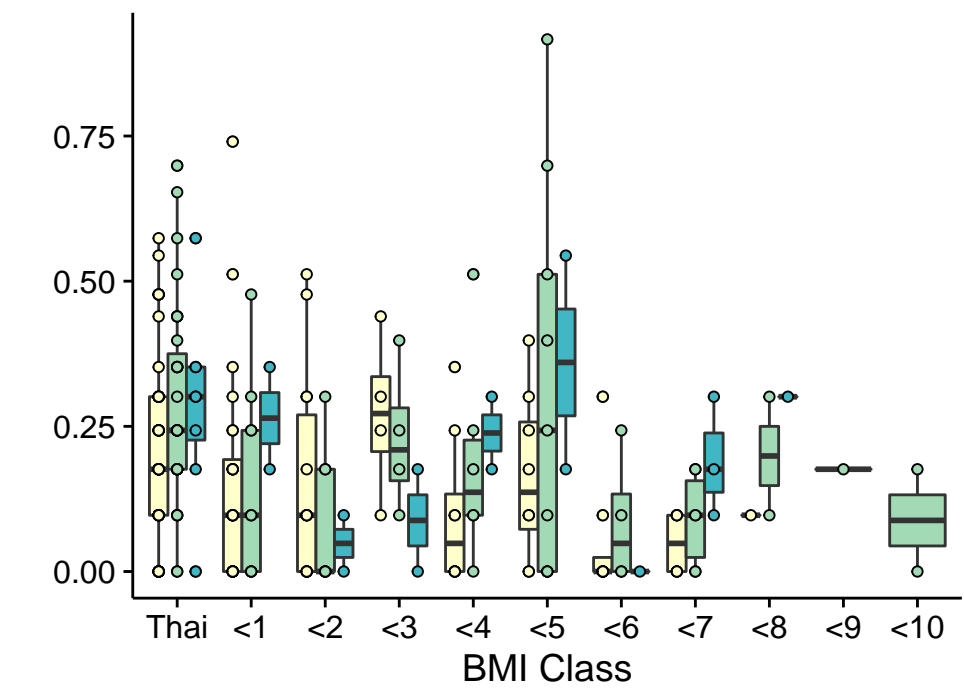
Amount.Beans &amp; Peas in cup(s)



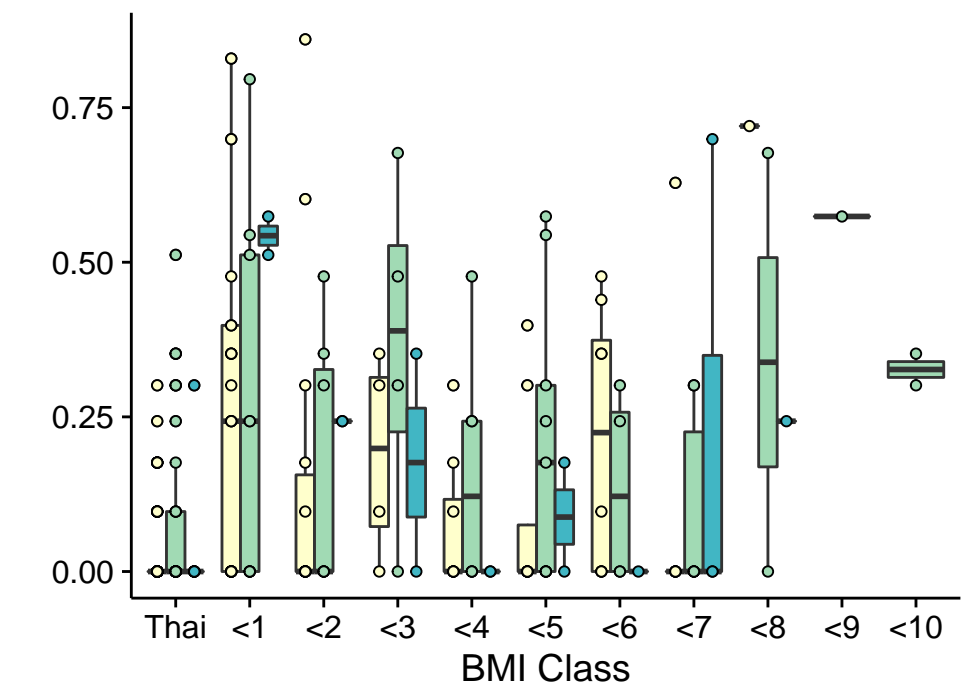
Amount.Starchy in cup(s)



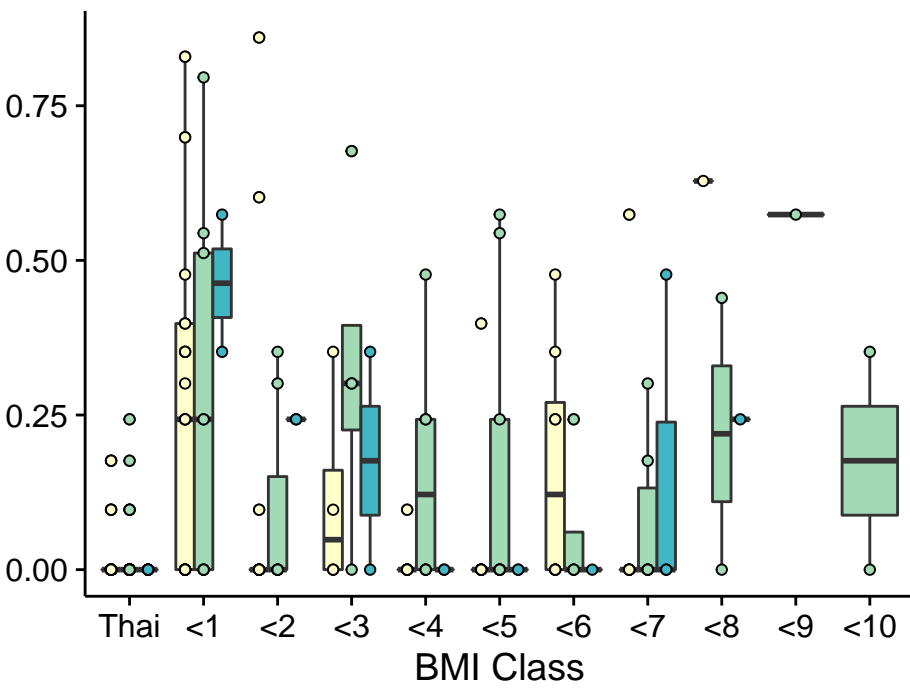
Amount.Other in cup(s)



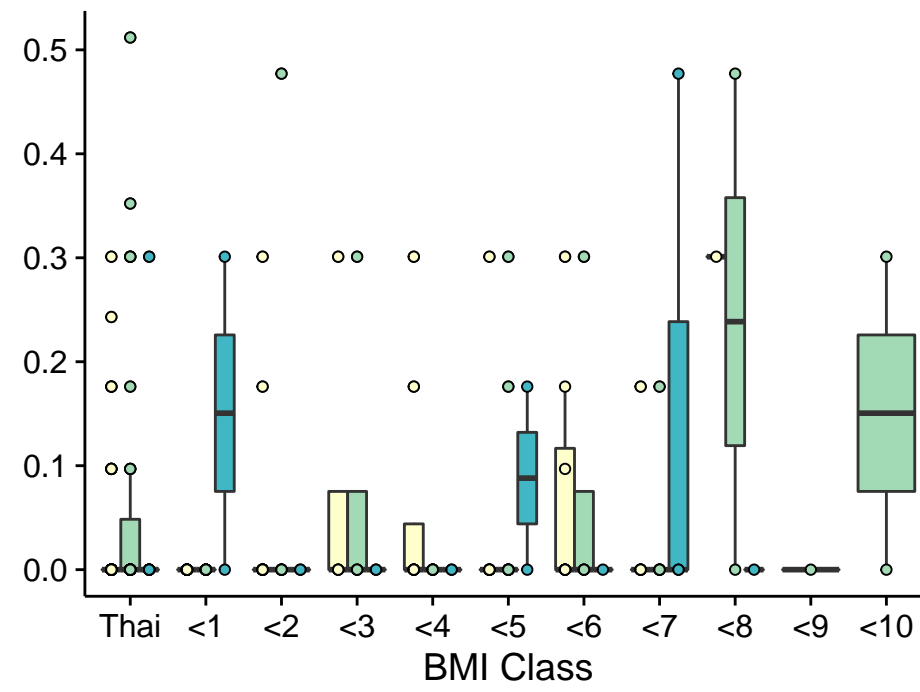
Amount.Fruits in cup(s)



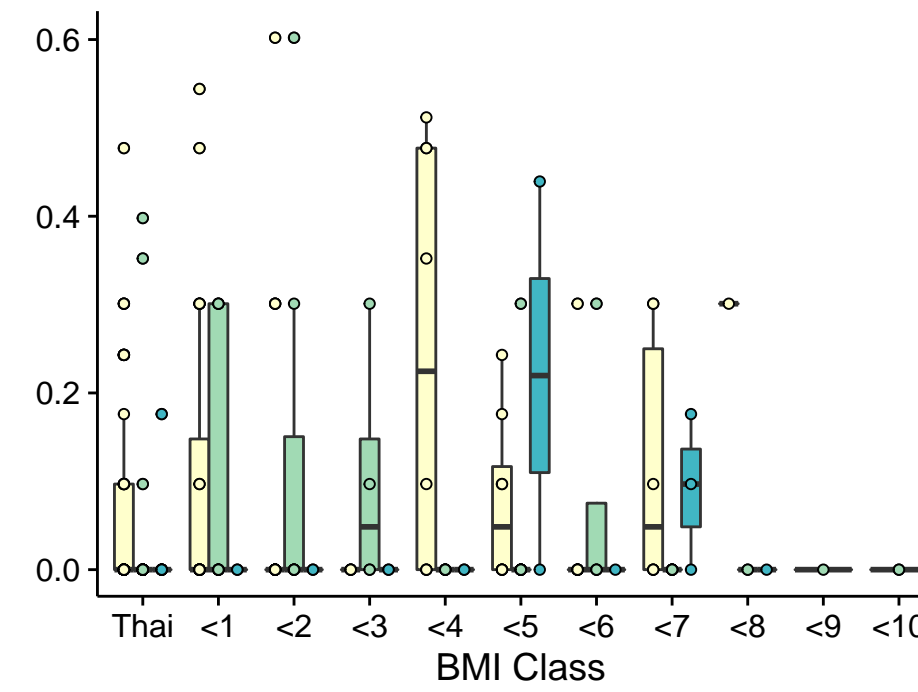
Amount.Fruit Juice in cup(s)



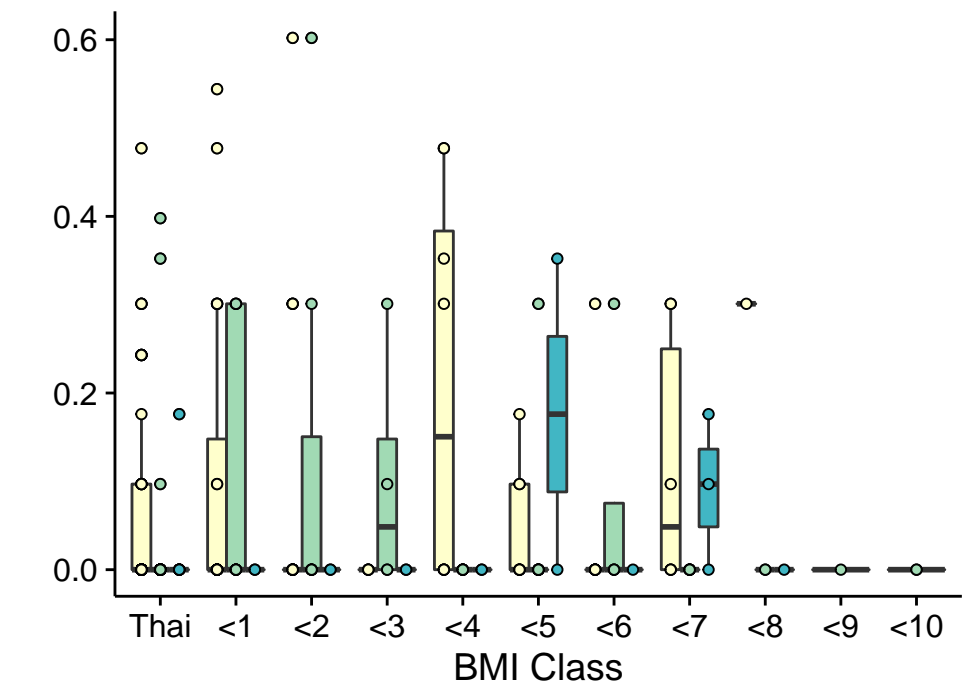
Amount.Whole Fruit in cup(s)



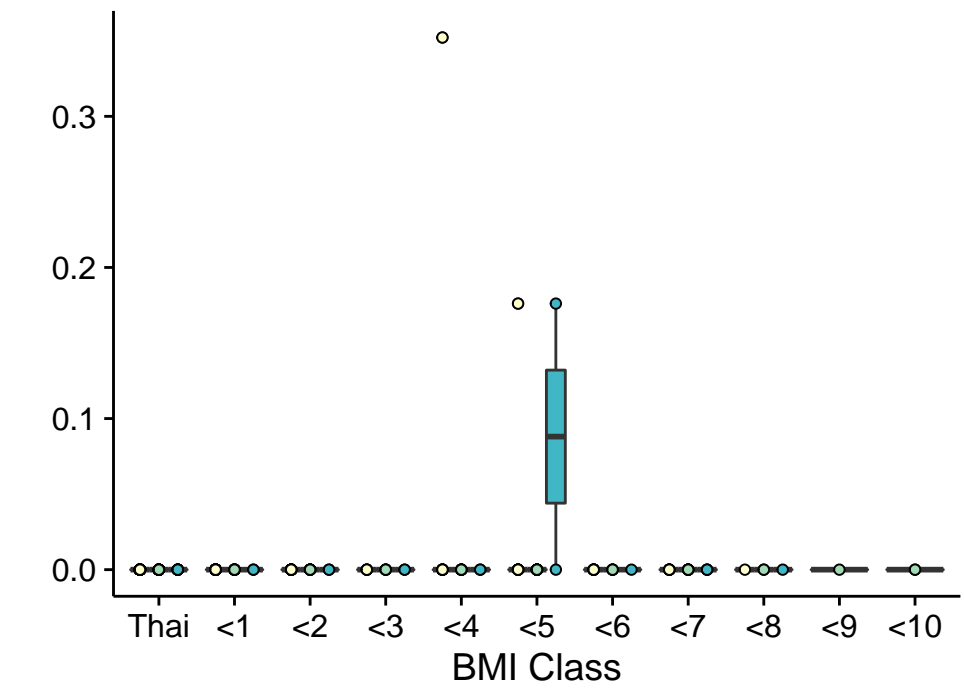
Amount.Dairy in cup(s)



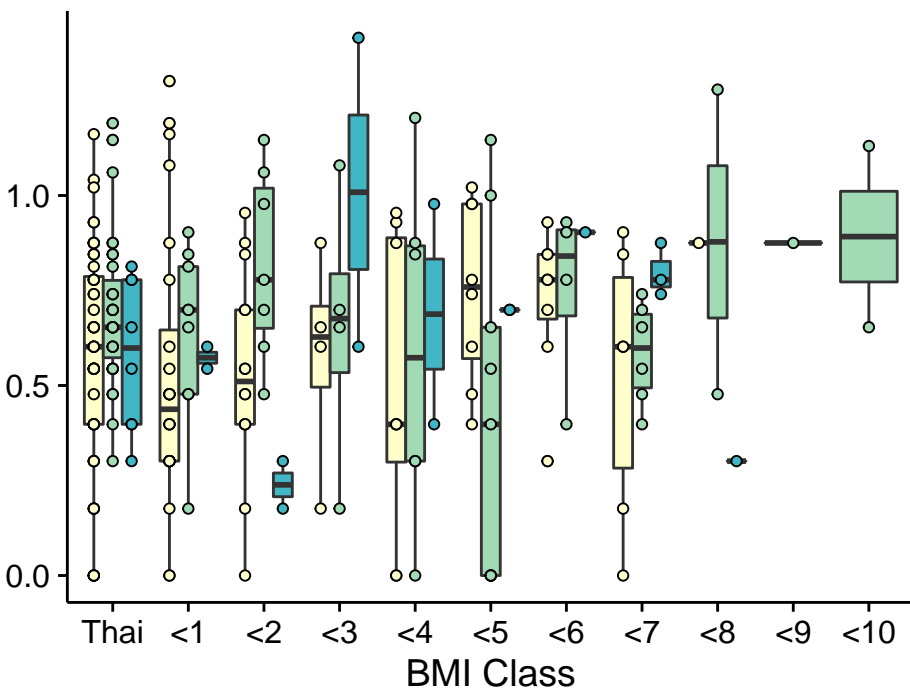
Amount.Milk &amp; Yogurt in cup(s)



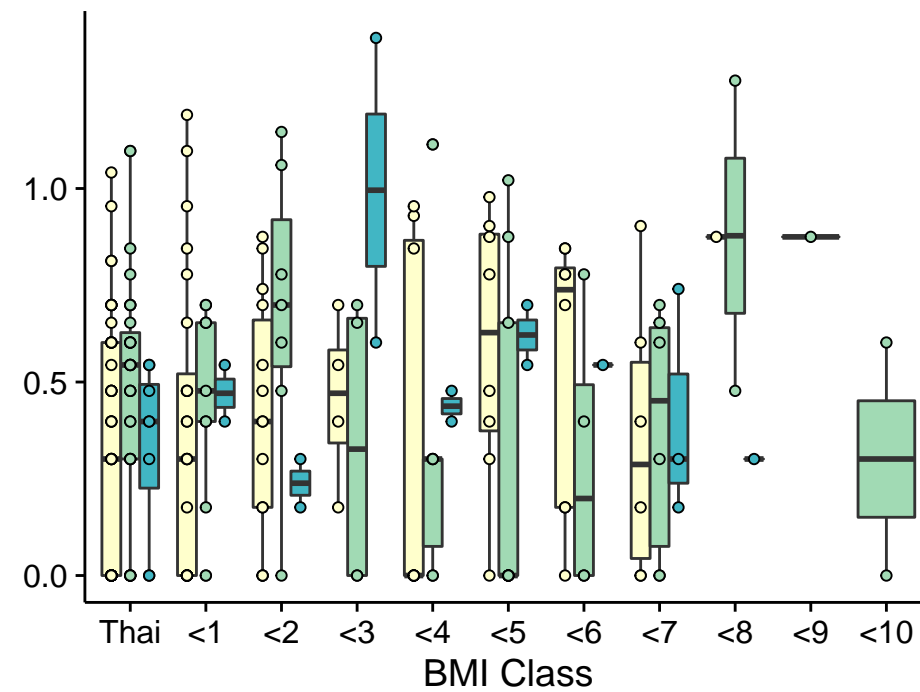
Amount.Cheese in cup(s)



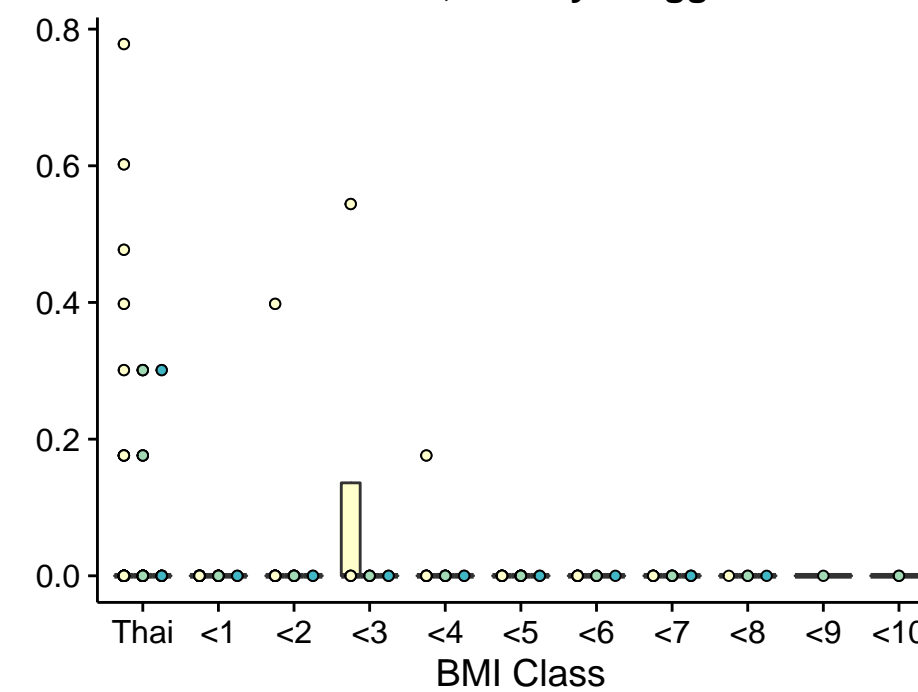
Amount.Protein Foods in oz.



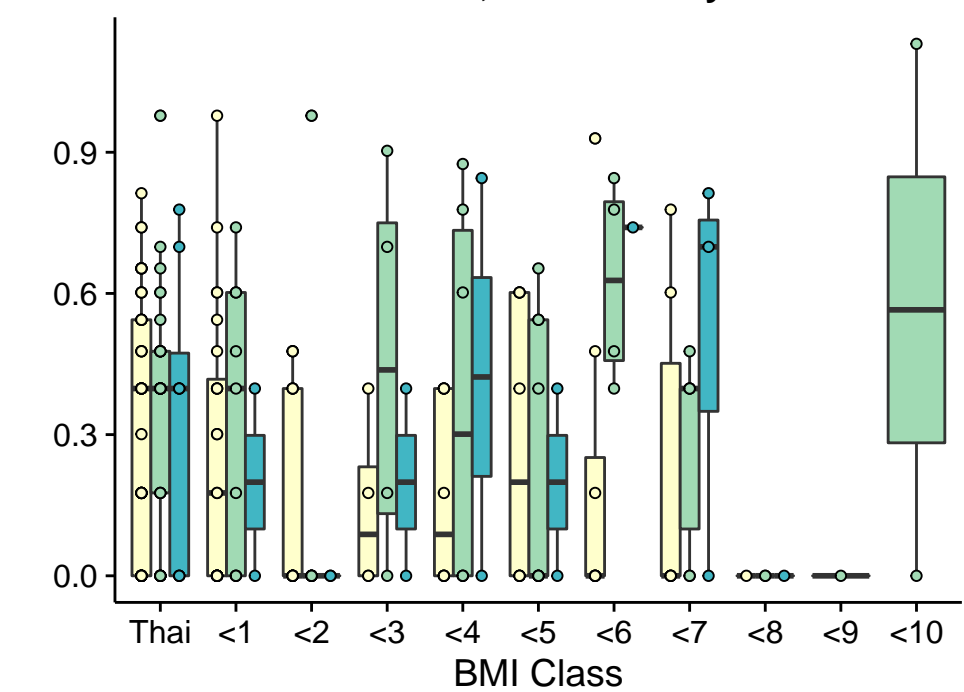
Amount.Seafood in oz.



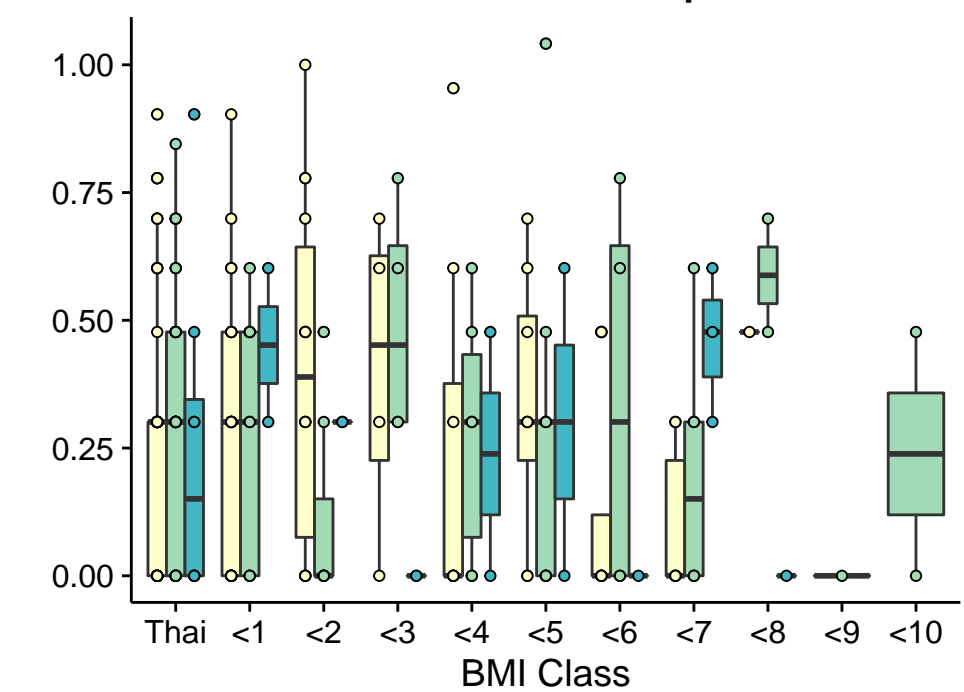
Amount.Meat, Poultry &amp; Eggs in oz.



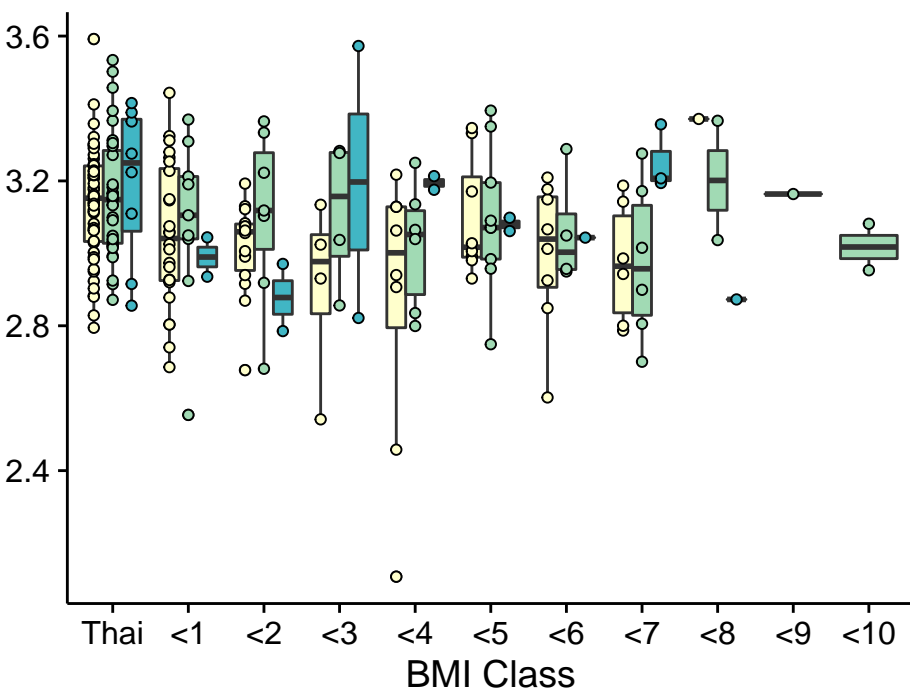
Amount.Nuts, Seeds &amp; Soy in oz.



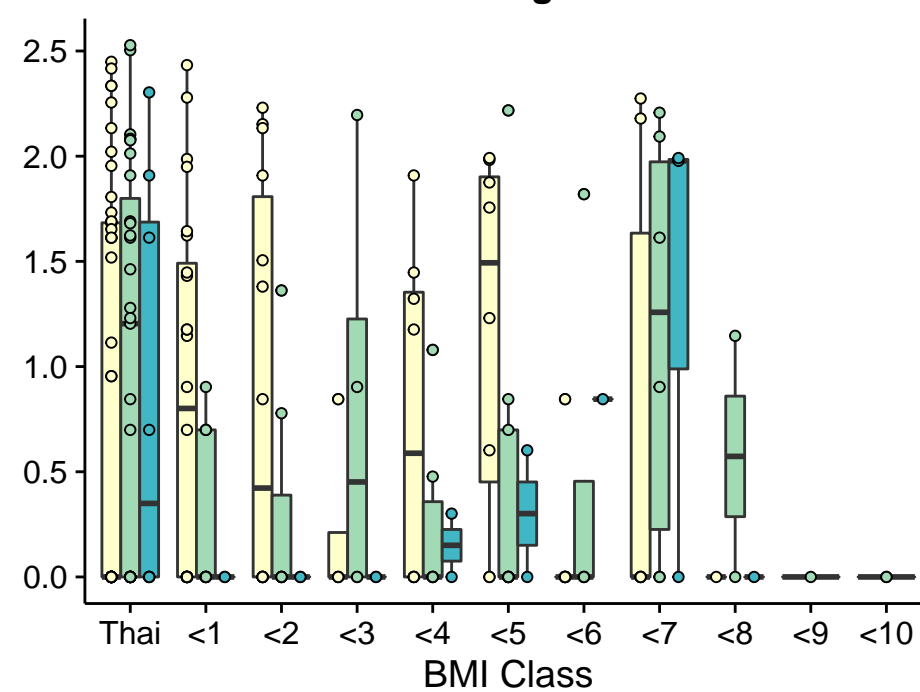
Amount.Oils in tsp.



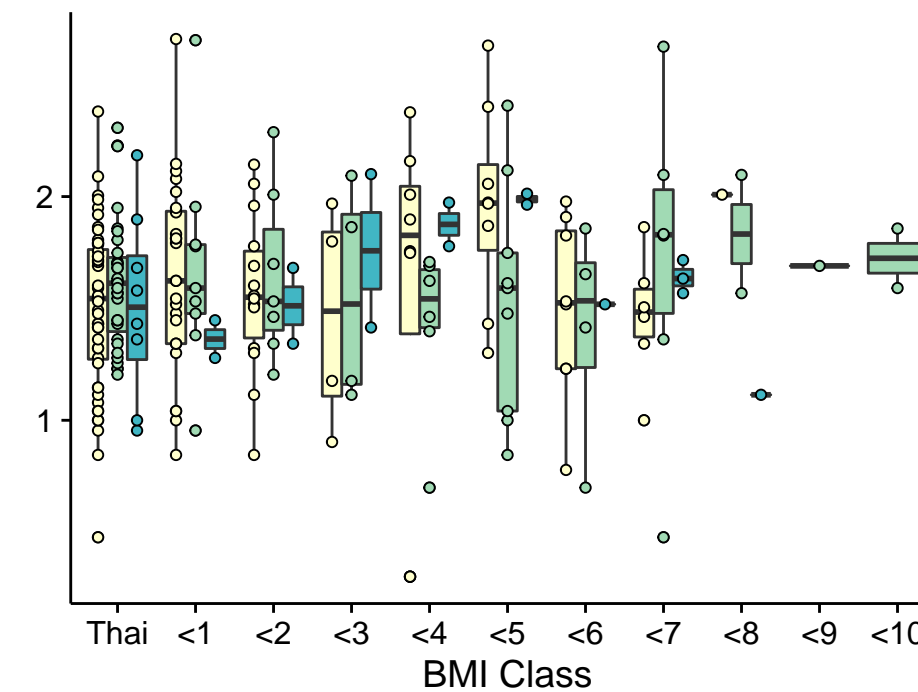
Amount.Total Calories in Calories



Amount.Added Sugars in Calories



Amount.Saturated Fat in Calories



Amount.Alcohol in Calories

