

EXT. 2D (or 3D) animations

Scene 1

Scene start in darkness, with a little light dot in the center of the scene gradually grow bigger and brighter into a light circle and fill up the viewport space.

Show the light circle shakes and struggle a little

BONE

I was born with a very intricate process.

(Show the mitosis process - light circle separate to two and fours and many more to fill up the viewport space)

BONE

The cells in my body worked hard in transforming me into how I am today.

Zoom out and show a fluid rectangle with soft edges. As bone speaks, the shape becomes structured & soft edges turn into straight lines, span across the viewport.

BONE

I wasn't so strong at the start. It took me years to become strong, sturdy and resilient.

Lines fill up the viewport & dim out. Show silhouette of a few bone shadow profiles (which should look like human figures), with the femur bone take the dominant position

BONE

I am the strongest among all my siblings.

EXT. Still images or short video clips
Scene 2

Wind sound. Light on screen to show transition. Show mountain features coming closer to the viewport as bone speaks

BONE

I've climbed through mountains

Play ocean sound. Mountain features shifts downwards passes through the viewer & flip upside down and become a water feature. Play ocean and water sound & water splashes while bone speaks

BONE

I've dived into oceans.

Switch scene to a desert scene, camera slowly pan horizontally

BONE

I've ran through deserts

Desert image fade away; brighten up and dim out the different bone silhouettes at staggered position & depth of the view ports (laughters, chatters, crys, congratulations; misc noises)

BONE

I've stood by the ups and downs of my
family and loved ones.

Dolly zoom view angle till all figures are dimmed out and viewer position passed all silhouettes

BONE

One day, I became ill.

EXT. 3D space
Scene 3

View port becomes dark, sound effects of cracks and crumble

BONE

My body starts to degenerate, my skin get loose.

Radial gradient red light overlay on viewport; with suspense sound

BONE

A malicious evil monster occupied my body and constantly consumes me.

Show staircase, pool and a piece of land at a plane level above the viewer's headset

BONE

I no longer have the strength to climb the stairs, to dip in the pool, or run even for a short distance.

The items fly further and further away from viewport, black curtain fill the viewport from above and fill up the viewport

BONE

I lost all my mobilities.

Camera close-up to the femur bone, the hip end (imagine if light source is behind the bone) (Show the sick bone)

BONE

I am a hip bone.

EXT. Surgical simulation & statistics

Scene 4

Focus shift out and show an army of bones???

BONE

I am a hip bone.

I live in you. And everyone of you.

Zoom back to the bone and position it in the centre in the X-ray image of human hip

BONE

I am the strongest, sturdiest and most resilient bone inside of you.

Show the surgical process ---
(with data visualisation at the side)

BONE

Oesteoporosis affects ##### of me and others like me.

BONE

We used to be as strong as xxxxxx;
oesteoporosis made some of us weak as egg shell.

BONE

Luckily, me and some others like me were able to be save by the surgery.

EXT. Statistics

Scene 5

Camera fix close-up on the bone, show the transition of bone from strong to weaken to post-surgical view with an implant

BONE

I hope you remember my story, and share
with others those who have the power to
make an impact

BONE

You might be able to save me, and others
like me.

BONE

You can prevent us from breaking, take
care of us, or help to fix us

Light brightens and fill up the viewport -
(or for dramatic effect, we can have 3D words appear at the end)

BONE

You have the power (the power is in you)
to empower mobility.