

To benefit

Date: Saturday, October 10, 2015

Time: Registration begins at 8:30 AM Runners leave at 9:30 am with Walkers to follow

Registration information on the reverse More information: www.gardenshare.org or (315) 261-8054

Run, walk, pull the kids in a wagon—whatever works for you, join us to raise awareness and funds for GardenShare! Runners, please note that this is a fundraising fun run and will not be timed.

Make it more fun by putting together a team from your workplace, school, or house of worship!

Event begins and ends at the Potsdam Farmers Market at Ives Park on Main Street. Feel free to stay after and enjoy the Market!

How to get started:

- Gather a team, if you can, from work, school, or your place of worship!
- Ask friends, family, classmates, or co-workers to make a donation to sponsor you and bring those donations with you to the event!
- If you'd like to raise money on line, go to www.crowdrise.com/ fighthunger5k and set up a page for yourself. Then you can email friends and family to ask for a donation via your page.
- Join us on October 10, bring your signed registration form and any cash or checks you have collected, and come dressed for the weather.

Event Sponsored By:







Prizes for the top fundraising individuals and teams

T-shirts for any individual who raises \$50 or more (whether participating as an individual or part of a team)









GardenShare (315) 261-8054 PO Box 516, Canton, NY 13617



FIGHT HUNGER 5K

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Participant Name		Runner Wa	lker
Address	Town	State Zip	
hone	E-mail		
ige T-shirt size Tea	ım Name (if applicable)		
lease collect your donations in adv	v ance and bring them with you along ${ m v}$		e to GardenShare
Don	or name and contact information		Amount
My own donation			
Online donations raised (i	f applicable)		
Total raised (feel free to attac	ch additional sheets if needed!)		
egally bound, hereby, for myself, r ights for damages I may have agai: Iunger 5K. I attest and verify that I i	ollows: In consideration for accepting t my heirs, my executors and administra nst any parties or persons connected (am physically fit to participate in any p , film or videotapes of this event for an	tors, do waive and release a GardenShare for and related portion of this event. I grant	any and all l to the Fight
igned	Date	e	_
Parent or Guardian's signature	if participant is under 18		