

FIGHT HUNGER 5K

To benefit



PRIZES

Date: Saturday, October 10, 2015

**Time: Registration begins at 8:30 AM
Runners leave at 9:30 am with Walkers to follow**

**Registration information on the reverse
More information: www.gardenshare.org or (315) 261-8054**

Prizes for the top fundraising individuals and teams

T-shirts for any individual who raises \$50 or more (whether participating as an individual or part of a team)

Run, walk, pull the kids in a wagon—whatever works for you, join us to raise awareness and funds for GardenShare! Runners, please note that this is a fundraising fun run and will not be timed.

Make it more fun by putting together a team from your workplace, school, or house of worship!

Event begins and ends at the Potsdam Farmers Market at Ives Park on Main Street. Feel free to stay after and enjoy the Market!



How to get started:

- Gather a team, if you can, from work, school, or your place of worship!
- Ask friends, family, classmates, or co-workers to make a donation to sponsor you and bring those donations with you to the event!
- If you'd like to raise money on line, go to www.crowdrise.com/fighthunger5k and set up a page for yourself. Then you can e-mail friends and family to ask for a donation via your page.
- Join us on October 10, bring your signed registration form and any cash or checks you have collected, and come dressed for the weather.



Event Sponsored by:



GardenShare (315) 261-8054
PO Box 516, Canton, NY 13617



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Participant Name _____ Runner _____ Walker _____

Address _____ Town _____ State _____ Zip _____

Phone _____ E-mail _____

Age _____ T-shirt size _____ Team Name (if applicable) _____

Please collect your donations in advance and bring them with you along with this form to the event!

(Checks payable to GardenShare)

| Donor name and contact information | Amount |
|--|--------|
| My own donation | |
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| Online donations raised (if applicable) | |
| Total raised (feel free to attach additional sheets if needed!) | |

I agree, warrant, and covenant as follows: In consideration for accepting this entry, I, the registrant, intending to be legally bound, hereby, for myself, my heirs, my executors and administrators, do waive and release any and all rights for damages I may have against any parties or persons connected GardenShare for and related to the Fight Hunger 5K. I attest and verify that I am physically fit to participate in any portion of this event. I grant GardenShare permission to use any photographs, film or videotapes of this event for any purpose.

Signed _____ Date _____

Parent or Guardian's signature if participant is under 18