

## Making CSA affordable for people on limited incomes.

## Community Supported Agriculture is a way to buy local seasonal food directly from a farmer.

At the beginning of the season, you purchase a "share" of whatever the farm produces for that season, and each week you get a box with your share in it; typically it's vegetables, but it can also be fruit, meat, maple syrup, eggs, herbs, or whatever the farm grows.

## Here's how it works...

**First, determine if you qualify** by using the chart to the right. The total gross yearly income of all your household members combined must be at or below these levels. (*If you are a dependent on someone else's tax return who does not meet these levels, you do not qualify for CSA Bonus Bucks.) Limit: one per household per year.* 

You may be able to pay for the rest of your share with your EBT/Food Stamp benefits.

Date Farmer Received: \_\_\_\_\_

Date GardenShare Received:

No. of people in your household	Annual income	
1	\$41,000	
2	\$49,000	
3	\$56,000	
4	\$64,000	
5 or more	\$71,000	

Second, choose a CSA from the list on the back of this flier. Every farm works differently, produces different food, has different seasons, different drop-off or pick-up options, and different pricing; some have full shares and half shares depending on the size of your family or your needs, some offer different payment options, some offer the opportunity to work at the farm. Each farm is different, so you need to find a CSA farm that works for you and join. Ask for references, talk to your friends and neighbors. Talk to the farmers. *Make sure the CSA farm you choose meets the needs and desires of you and your family.* 

Third, fill out the information below and give this form directly to the CSA farm you choose to purchase a share from, along with your payment. You can receive half the original cost from GardenShare Bonus Bucks, up to a max Bonus Bucks value of \$250, and pay the rest yourself. For instance, if you pick a \$350 share, you would be awarded \$175 of Bonus Bucks. However, if your share costs \$550, half of which is \$275, you would receive \$250 of Bonus Bucks.

If this option interests you, please call for details: 315-261-8054. Number of people in your household: I qualify for CSA Bonus Bucks because the total income of my household Their ages: age: age: age: age: age: is at or below the levels shown in the chart above. (This information is requested by our funders.) Signed: Name of the CSA farm you are joining (from list on back): PRINT Your Name: Total cost of the share you are purchasing: \$\_\_\_\_\_ Mailing Address:\_\_\_\_ Minus Bonus Bucks (half your share value): \$\_\_\_\_\_\_ City, State, Zip: \_\_\_\_\_ Amount you pay the CSA farm: Telephone: Give your payment and this form to your CSA farmer.



FARM	PICK UP LOCATIONS	SEASON/PRODUCTS	COST
Birdsfoot Farm, Canton 315-386-4852 birdsfootfarm@gmail.com birdsfootfarm.weebly.com	At farm (near Canton), also in Canton, Potsdam	18 weeks, June - Oct Student, late Aug Dec. 12 Winter shares start Nov. 4 vegetables, herbs flowers	Family share, \$650 Single or couple, \$332 Student shares, \$275 Plus other options available.
Fullers Farm, Canton (315) 379-1412 fullersfarm@gmail.com	Potsdam, Canton, on farm, and others as needed	Minimum of 18 weeks, starting end of June Vegetables, herbs, honey Grown without synthetic pesticides	Full share, \$550 Partial share, \$350 Senior Citizen (or single) share, \$250 *\$50 discount if payment or partial payment is received by April 15th
Kent Family Growers, Lisbon 315-212-7502 kentfamilygrowers.com kentfamilygrowers@hotmail.com	Canton, Potsdam, Madrid	Summer produce shares: June - Nov: Vegetables, herbs, berries, melons, cider; Winter share: November – March Certified Organic	Basic, \$400 Full, \$600 Winter, \$450
littleGrasse Foodworks, Canton 315-379-9176 littlegrasse@gmail.com Littlegrasse.com	At farm (1 mile from downtown Canton)	Fresh share, Year round share (extra for storage and preservation): June - Oct. Fresh Fall share: Sept Oct. Various seasons throughout the year: Vegetables, herbs	Fresh, \$375 Year Round, \$750- (updated 3/11/16) Fresh Fall, \$200 Various add-on options
Whitten Family Farm, Winthrop 315-328-5559 circle@slic.com WhittenFarmWinthrop.locallygrown.net	On farm, Potsdam, Massena	July - Sept.: vegetables, herbs, maple, eggs No synthetic chemicals	Family, \$270 Basic, \$150

## Please note:

CSA Bonus Bucks is a program of GardenShare, a nonprofit organization that works to make wholesome food available to all of us.

GardenShare is not itself a CSA farm. We simply introduce you to CSA farms that accept our CSA Bonus Bucks.

The list above is for reference. Please contact the farms directly for more information about shares, plans and costs.

GardenShare does not certify or endorse any of the CSA farms listed here. It is your responsibility to choose a farm that meets your needs.

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