



CSA BONUS BUCKS

Making CSA affordable for people on limited incomes.

Community Supported Agriculture is a way to buy local seasonal food directly from a farmer.

At the beginning of the season, you purchase a "share" of whatever the farm produces for that season, and each week you get a box with your share in it; typically it's vegetables, but it can also be fruit, meat, maple syrup, eggs, herbs, whatever the farm grows.

Here's how it works...

First, determine if you qualify by using the chart to the right. The total gross yearly income of all your household members combined must be at or below these levels. *(If you are a dependent on someone else's tax return who does not meet these levels, you do not qualify for CSA Bonus Bucks.*

Limit: one per household per year.

| No. of people in your household | Annual income |
|---------------------------------|---------------|
| 1 | \$30,000 |
| 2 | 37,000 |
| 3 | 44,000 |
| 4 | 51,000 |
| 5 or more | 58,000 |

Second, choose a CSA from the list on the back of this flier. Every farm works differently, every farm produces different food, has different seasons, different drop-off or pick-up options, and different pricing; some have full shares and half shares depending on the size of your family or your needs, some offer different payment options, some offer the opportunity to work at the farm. **Each farm is different so you need to find a CSA farm that works for you** and join. Ask for references, talk to your friends and neighbors. Talk to the farmers. ***Make sure that the CSA farm you choose meets the needs and desires of you and your family.***

Third, fill out the information below and give this form to the CSA farm when you buy your share. You will pay the farm for your share, minus your amount of CSA Bonus Bucks. If the share you choose costs \$200 or less, you will be credited \$50 in Bonus Bucks. If your share costs more than \$200, you will be credited \$100 in Bonus Bucks.

WE ASK that you contribute at least \$25 of your own money to the cost of your CSA share.

You may be able to pay for the rest of your share with your EBT/Food Stamp benefits.

If this option interests you, please call for details. 315-261-8054.

I qualify for CSA Bonus Bucks because the total income of my household is at or below the levels shown in the chart above.

Signed: _____

Number of people in your household: _____

Their ages: age: _____ age: _____ age: _____ age: _____ age: _____ age: _____

(This information is requested by our funders.)

Name of the CSA farm you are joining (from list on back):

Total cost of the share you are purchasing: \$ _____

Minus \$50 or \$100 CSA Bonus Bucks: \$ _____

Amount you pay the CSA farm: \$ _____

Give your payment and this form your CSA farmer.

Date Farmer Received: _____

Date GardenShare Received: _____

PRINT Your Name: _____

Mailing Address: _____

City, State, Zip: _____

Telephone: _____

Email: _____



BONUS BUCKS

2015 Farm List

| FARM | PICK UP LOCATIONS | SEASON/PRODUCTS | COST |
|---|--|--|--|
| Birdsfoot Farm, Canton 315-386-4852 birdsfootfarm@gmail.com birdsfootfarm.weebly.com | At farm (near Canton), also in Canton, Potsdam | 18 weeks, June - Oct Student, late Aug. - Dec. 12 Winter shares start Nov. 4 vegetables, herbs flowers | Family share, \$650 Single or couple, \$332 Student shares, \$275 Plus other options available. |
| Bittersweet Farm 315-344-0443 annmb@localnet.com | At Farm (Heuvelton), Canton Farmers' Market or Ogdensburg Green Market | May - Oct.: 20 weeks Vegetables, eggs, herbs, fruit; custom shares can include beef, chicken, lamb, turkey. Certified Organic | Half share, \$315 Full share, \$595 Customized shares available. |
| Fullers Farm, Canton (315) 379-1412 fullersfarm@gmail.com | Potsdam, Canton, on farm, and others as needed | Minimum of 18 weeks, starting end of June Vegetables, herbs, honey Grown without synthetic pesticides | Full share \$500 Partial share \$300 Senior Citizen share \$250 |
| Kent Family Growers, Lisbon 315-212-7502 kentfamilygrowers.com kentfamilygrowers@hotmail.com | Canton, Potsdam, Madrid | Summer produce shares: June - Nov: vegetables, herbs, berries, melons, cider; Winer share: November-March Certified Organic | Basic, \$375 Full, \$575 Winter, \$400 |
| littleGrasse Foodworks, Canton 315-386-3513 littlegrasse@gmail.com littlegrasse.blogspot.com | At farm (1 mile from downtown Canton) | Fresh share, Year round share(extra for storage and preservation): June - Oct. Fresh Fall share: Sept. - Oct. Various seasons throughout the year: vegetables, chicken, herbs, eggs, berries, | Fresh, \$375 Year Round, \$700 Fresh Fall, \$200 Various add-on options |
| Whitten Family Farm 315-328-5559 circle@slc.com WhittenFarmWinthrop.locallygrown.net | On farm, Potsdam, Massena | July - Sept.: vegetables, herbs, maple, eggs No synthetic chemicals | Family; \$270 Basic; \$150 |

Please note:

- **CSA Bonus Bucks is a program of GardenShare**, a nonprofit organization that works to make wholesome food available to all of us.
- **GardenShare is not itself a CSA farm.** We simply introduce you to CSA farms that accept our CSA Bonus Bucks.
- **The list above is for reference.** Please contact the farms directly for more information about shares, plans and costs.
- **GardenShare does not certify or endorse** any of the CSA farms listed here. It is your responsibility to choose a farm that meets your needs.

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