



Food Day Youth Summit

October 24, 2011

Potsdam, New York

Your school is invited to send a team of students and adults to the North Country's first Food Day Youth Summit, a special one-day event sponsored by GardenShare.

Scholarships are available to help your school attend the Youth Summit.

What is Food Day?

Food Day—October 24, 2011—is a nationwide event that aims to change the way Americans eat and think about food. Food Day will showcase activities around the country that encourage Americans to “eat real” and support healthy, affordable food grown in a sustainable, humane way (see FoodDay.org).

What is the Food Day Youth Summit?

On Food Day here in northern New York, GardenShare will bring together high school students (grades 9–12) from around our region to stimulate interest in, understanding of, and engagement with food issues.

What will happen at the Youth Summit?

Through dynamic presentations, interactive workshops, discussions, and networking, the Food Day Youth Summit will explore themes such as the following:

- Enjoying healthy food, creating healthy diets
- Considering alternatives in local agriculture
- Ending hunger, making food affordable
- Understanding our food system
- Curbing junk-food marketing to kids

Where will the Youth Summit be held?

The 2011 summit will be held on the campus of SUNY Potsdam. Food for the event will be catered by the college's PACES Dining Services, a pioneer in sourcing locally grown and produced ingredients in its delicious menus, which ranked second in a customer satisfaction survey of all the SUNY campuses.

What does it cost to attend the Youth Summit?

There is no registration fee to attend the Youth Summit, and GardenShare will cover the cost of all handouts, snacks, and a delicious local-foods lunch for all team members. But preregistration is required.

Is financial aid available to help my school attend the Youth Summit?

GardenShare will provide scholarships to assist schools with the cost of transportation and substitute teachers. While we hope to provide full coverage of these costs for all schools, this will depend on the funding we receive. Collaborations are encouraged. For example, neighboring schools that arrange to share a bus are more likely to receive full reimbursement. To apply for a scholarship, submit the attached application form.

Who is organizing the Youth Summit?

The Youth Summit is being organized by GardenShare, a nonprofit organization headquartered in Canton. Since 1996, GardenShare has worked to end hunger and nurture a sustainable food system

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in northern New York (GardenShare.org). For this Youth Summit, the Health Initiative of St. Lawrence County (GetHealthySLC.org) is GardenShare's partner agency. In addition, some two dozen teachers, parents, students, and others from around the region compose the Youth Summit advisory committee.

Who will attend the Youth Summit?

GardenShare invites schools from across the Adirondack–North Country region to send teams of young people and adults who have a passion to explore the crucial food issues of our day. Every high school is invited to participate, but space is limited and preregistration is required.

What will the school teams do at the Youth Summit?

The day will begin with a dynamic keynote presentation by Mark and Kristin Kimball of Essex Farm in the Adirondacks. Then team members will attend two interactive workshops of their choice, each one a lively exploration of an important food-related topic (see a list elsewhere on the website). During lunch, participants can roam through a “food fair” of booths with hands-on activities and info about food and farming organizations. After lunch, each team will meet to devise an action plan describing three to five food-related activities or commitments to implement when returning to their schools.

What is the tentative schedule for October 24?

8:30	Arrival and registration
8:45	Opening and introductions
9:00	Keynote presentation
10:00	Interactive workshops
11:00	Interactive workshops
11:45	Lunch and food fair
12:45	Team meetings
1:45	Final plenary session
2:00	Departure

What will the teams do after the Youth Summit?

Teams are encouraged to implement their chosen action plans over the course of the school year and provide periodic progress reports to GardenShare for distribution to the other teams.

How can my school participate?

- *First*, identify a team of people to represent your school. School teams must be comprised of three to six students (from grades 9, 10, 11, or 12) and two adults. The adults should include at least one teacher. The second adult should be someone (teacher, parent, staff person, administrator, school board member) involved with food at your school—for example, the school's food service, garden, or ag program. All team members should show an active desire to explore today's food issues and a commitment to bring new ideas and practices back to their schools.
- *Second*, print and complete the attached registration form. Mail it to
GardenShare, PO Box 516, Canton NY 13617.

Questions?

For further inquiries, email summit@gardenshare.org or call GardenShare at (315) 261-8054.





Registration Form ~ Food Day Youth Summit ~ October 24, 2011

School Name: _____

School Mailing Address: _____

City: _____ NY Zip: _____

School Telephone with Area Code: _____

Team Leader/Teacher (Adult #1)

Name: _____

Phone/Area Code: _____ Email: _____

Teaching Position: _____

Adult #2

Name: _____

Telephone/Area Code: _____ Email: _____

Connection with food issues at your school: _____

Student #1

Name: _____ Circle grade: 9 10 11 12

Student #2

Name: _____ Circle grade: 9 10 11 12_

Student #3

Name: _____ Circle grade: 9 10 11 12

Student #4 (optional)

Name: _____ Circle grade: 9 10 11 12

Student #5 (optional)

Name: _____ Circle grade: 9 10 11 12

Student #6 (optional)

Name: _____ Circle grade: 9 10 11 12

Questions? Email summit@gardenshare.org. Call (315) 261-8054. Or visit online GardenShare.org.

Mail this form to: GardenShare
PO Box 516
Canton NY 13617



Scholarship Application ~ Food Day Youth Summit ~ October 24, 2011

GardenShare will provide scholarships to assist schools with costs of transportation and substitute teachers. While we hope to provide full coverage of these costs for all schools, this will depend on the funding we receive. Collaborations are encouraged. For example, neighboring schools that arrange to share a bus are more likely to receive full reimbursement.

School Name: _____

School Mailing Address: _____

City: _____ NY Zip: _____

School Telephone with Area Code: _____

Team Leader/Teacher

Name: _____

Phone/Area Code: _____ Email: _____

Teaching Position: _____

\$ _____

Substitute Teachers Cost

\$ _____

Bus Transportation Cost

Other schools that will ride on this bus:

\$ _____

Total Scholarship Request

Questions? Email summit@gardenshare.org or call (315) 261-8054.

Mail this application to:

GardenShare
PO Box 516
Canton NY 13617