



Humanitarian Design Summit -Cambodia

Pre-Departure Information Pack

6th February to 20th February 2016



engineers
without borders
australia

Dear Participant,

On behalf of Engineers Without Borders Australia (EWB) I would like to welcome you to the 2016 Cambodia Humanitarian Design Summit.

On this program you will travel to Cambodia and learn about community development and the role of technology and engineering in community-based change processes.

I feel that you will make a great contribution to the program and look forward to including you in the departure for Cambodia. As always, time is of the essence so there are a few processes you will need to get underway as soon as possible; one of these is making travel arrangements to arrive in time to meet up with the other participants at the locations specified below.



Getting there and away

Arrive 3pm
06/02/2016

- Golden Bridge Guesthouse, St278 (between St51 and St57). Near Wat Lanka BKK1, Phnom Penh, Cambodia.

Depart
anytime
20/02/2016

- Phnom Penh, Cambodia. Accommodation is provided for the evening of 20/02

This pre-departure pack contains all of the information that you will need to prepare for your travels including a list of pre-work that you will need to complete for EWB prior to being permitted to travel with the group.

In addition to this pack, we will also be holding a teleconference with participants to share some more information with you and give you a chance to ask any questions that you may have. Attendance at the pre-departure teleconference is required. A detailed itinerary and community partner information pack will also be sent to you shortly.

I'm sure you will find the program both enjoyable and stimulating. Good luck with your preparations.

Kind Regards,

Joli Price
Training Program Coordinator
EWB Institute

T / +61 3 9329 1166
designsummit@ewb.org.au



Checklist

Please complete your [Participant Information Form](#) and upload all the relevant documents by their deadline. Please progressively fill out the Participant Information Form as information becomes available to you. You can save and resume at any point. Please follow this [link](#).

Checklist	Upload to the Participant Information Form	Due Date	Done ?
<p>Ensure your passport has 6 months or more validity after your return date.</p> <p>Book your flights.</p> <p>Register your travel details with Smart Traveller: http://www.smarttraveller.gov.au/</p> <p>Visit a doctor and obtain a letter confirming that you are fit to travel using the medical assessment form:</p> <p>Read EWB's code of conduct. To be able to read and understand the code of conduct you will also need to have read and understood EWB's Child Protection Policy and the Photo and Story Policy.</p> <p>Obtain a Federal Police Check. This process can take a couple of weeks. We can also accept Working with Children checks. Participate in the pre-departure teleconference</p> <p>Pay balance payment (\$3,000)</p> <p>Obtain a tourist visa for travel to Cambodia. Either obtain an electronic visa in advance (no sooner than 3 months before your return date) https://www.evisa.gov.kh/ or you can buy your visa on arrival at the airport in Cambodia. If you are buying your visa on arrival, you will need \$30 USD in cash and a passport photos (4x6 cm). Tourist Visas are valid for 30 days from entry into Cambodia.</p>	Upload a copy of the photo page of your passport.	30/11/15	
		30/11/15	
		30/11/15	
	Upload a copy of Medical Travel Approval.	30/11/15	
		30/11/15	
	Upload a copy of your Federal Police Check.	30/11/15	
		TBC	
		06/01/16	



Program Expectations

This program requires participants to remain open-minded and flexible, given the locality and nature of remote and busy communities. The community representatives we visit are willing and open to share their experiences, thoughts and time with us, however it is important that participants have adjusted expectations outside of the realm of university. This program requires participants to be:

Open minded, with an aptitude to listen and learn

- Comments, opinions and situations experienced may be outside of the comfort zone of participants' usual work and social environments. It's important to approach the program with an open mind and willingness to experience things in the moment.

Respectful

- Respectful, of both fellow participants and facilitators, along with the community members we meet along the way.

Flexible

- Things change; community representatives are busy and have many other commitments. We need to approach the program ready to adapt our timing, experience and activities.

Culturally sensitive

- We all have our personal values and beliefs, however, direct engagement with communities requires a listening, open and non-judgmental mind. Our actions, behaviours and comments must be culturally sensitive and appropriate.

Understand that Summit is not a holiday

- It will be fun, it will take you to interesting and exciting places, but the program isn't designed for sightseeing and tourist related experiences. We are hoping to attract passionate, change driven advocates who are committed to learning and experiencing community issues first hand. It requires participants to engage, interact and push themselves outside of their comfort zones.



Design Summit Aims

The Humanitarian Design Summit is a unique opportunity for students to expand upon their engineering and community development knowledge while engaging in an overseas educational experience.

The primary aims of the Design Summit are to:

- Nurture future development leaders
- Embed people-centred values and approaches in engineering, technology and design education and practise
- Practise and promote two-way knowledge sharing
- Promote the professional development of community partner staff
- Support community partners by generating ideas for their project

Quick Facts

Local name: Kampuchea

Official Language: Khmer

Population: 15.14 million,

Population Growth Range: 1.63 percent per year (2014)

Area: 181,040 km²

Time Zone: GMT +7 hours

Capital: Phnom Penh, population 2.2 million

Other Major Towns: Battambang and Siem Reap.

Climate: Tropical; rainy, monsoon season (May to November); dry season (December to April); the temperature is hot or very hot all year round.

Terrain: Mostly low, flat plains; some mountains in the Southwest and North.

Religion: Buddhism is the official religion of Cambodia and Theravada Buddhism is the religion of virtually all ethnic Khmer. Some branch of Buddhism is the religion of about 95% of the total population.

Gained Independence: In 1953 from France.

Main Produce: Rice, rubber, clothing, wood, semi-precious stone.

Program Basics



The recommended way of getting to the Golden Bridge Guesthouse from the airport is by tuk tuk or taxi. If you would like to be met at Phnom Penh Airport on the 5th and morning of the 6th of February, we can arrange this.

The journey from the airport to the guesthouse should cost ~ \$10USD by tuk tuk. The journey to the guesthouse will be approximately 30 minutes. Transport throughout the program is a combination of hired vehicle (with driver) and tuk tuk.



The accommodation provided is twin share, as far as possible. Accommodation is in modest, comfortable hotels, guesthouses or training centres. In some instances



accommodation with local organisations is arranged. When in villages or small towns on project visits, accommodation can be basic.



It is essential to have a valid passport with a minimum of 6 months validity in order to enter Cambodia. If you do not have a passport, or if it will expire soon, please begin the process of application for a new passport as soon as possible.

You will also need to have a Tourist Visa for the purpose of this visit. You can apply online for an e-Visa. Alternatively you can obtain one from the airport on arrival, using this method you will need to have a passport photo with you and ~ \$30US. These visas will remain valid for 30 days. Note that visa requirements regularly change, so check the most up to date information.

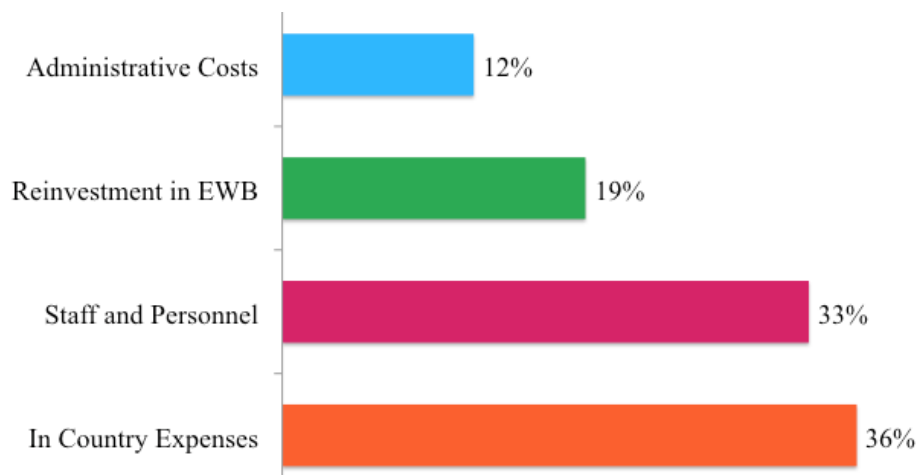


The deadline or your [balance payment of \\$3,000](#) is 06/01/16.

Cost Breakdown

Eighty-one percent of your participation fee goes directly toward program expenses. These include: in-country logistics, a professional team of facilitators, community partner liaison, and administrative activities such as risk management and curriculum development.

The remaining 19% of fees are reinvested back into EWB's wider work. Areas of reinvestment may include works such as the **International Volunteer Program** and the **EWB Research Program**. Please note the breakdown below is a guide only and may vary between individual trips.



Program Inclusions

Included	Not Included
<ul style="list-style-type: none">• All costs for the program including tuition, trainers and facilitators and learning materials• All accommodation for the duration of the program• Meals• Travel insurance• Unique access to project sites and community representatives• Group activities• All administration costs of the program	<ul style="list-style-type: none">• International airfares• Visa costs• Beverages• Medical costs• Excess baggage• Personal sightseeing tours• Cleaning, laundry and other items of a personal nature

Responsibility

EWB will ensure:

- Appropriate risk identification assessment has taken place.
- Staff and participants are fit and competent to undertake the program.
- All current and relevant details for participants are recorded including emergency contact details and any special requirements.
- Adequate documentation is provided outlining safety considerations and other environmental, health and security issues and to provide warnings and guidelines to participants.
- Participants receive a safety and security briefing as soon as possible after arriving at location.

Participant's responsibilities are to ensure:

- All relevant documentation is read, considered and appropriately followed in preparation for departure.
- All necessary and appropriate information about your health, travel, contact information in case of emergency and any other special requirements are supplied.
- Any medication needed for current health conditions such as asthma, diabetes, epilepsy, heart, allergic reactions, depression etc. is brought with you. Please make sure you consult your doctor before you leave so that your health management plans are current.
- You attend the safety and security briefing.
- You realise this is a learning program. The abuse of alcohol or other drugs will affect the program and impact on your learning and the learning of other participants and will be cause for considering terminating your involvement in the program.



Responsible Travel - Tips

- Respect local rules and values
- Be as informed as possible about Cambodia to maximise the educational component of the program
- Try to speak some basics of the local language
- Be warm, gentle and polite to the local people – encourage cultural exchange
- Respect cultural differences, including acceptance and patience with nonlinear time standards
- Show environmental responsibility:
 - take own bags rather than request plastic bags
 - collect your rubbish as you go and dispose of when possible
- Be sensitive regarding the impact of photography and always ask prior to taking photos
- Do not take souvenir pieces from the environment
- Do not purchase wildlife souvenirs or products
- Try to only bring fully biodegradable products (shampoo, soap, toothpaste, clothes detergent)
- Consider where your money goes. Try and put money into local people's hands, try local products rather than imported brands
- Maintain a sense of humour when haggling – don't be too aggressive

Useful Information Before and While You Are There



Money

Most transactions in Cambodia are conducted in US dollars rather than Cambodian Riel, if you need extra US currency then there are ATMs readily available in Phnom Penh which you can use – although please bring some US dollars with you. Change under \$1 is given in Cambodian Riel, the rate is 4000 Riel = \$1 USD. For example something costing \$1.25 USD can be paid with \$1 USD and 1000 Riel note. Bring at least US\$50 in cash before entering Cambodia.

For a comparative figure: a small bottle of water may cost around US\$0.60 and a short tuk tuk trip around US\$2.

It is very easy to access ATMs which will dispense in local currency or US dollars (please check with your bank for banking details and international phone numbers in Cambodia). Credit cards are not generally accepted except at some of the more expensive hotels, so you will need to use cash for your day to day spending needs. Cash passports and traveller's cheques aren't recommended, but check with your provider for access and availability information.

We are recommending that participants allow for around AU\$100 to AU\$300 personal spending money.



Bargaining is widely used in shopping in Cambodia, particularly in the markets. Do not enter into the bargaining process until you are sure that you really want to purchase the object. Bargaining is conducted in a friendly manner and hostility should be avoided. Please ask your host for advice or help if in doubt.

Tipping is not generally practiced in Cambodian restaurants and is not recommended as it may send the wrong message about the income gap between groups.



Language

Khmer is the official language of Cambodia, however many people in the cities speak some English. When travelling in the rural areas we will be accompanied by translators who will assist us in communicating. You might want to purchase a phrase book with Khmer phrases before you go.



Visiting mosques, temples and pagodas

When visiting these places of worship the following guidelines need to be observed:

- Shoes need to be removed prior to entering the sacred part of a temple or mosque.
- Everyone needs to cover their shoulders and knees at all times, and certain areas such as the monks private quarters may be off-limits.
- Clothing should be modest as above.
- Visitors need to be respectful and quiet.



Photography

Cambodia is a place of natural and cultural beauty, and we hope you take some amazing photos to share with friends, colleagues and family. That said, there are some things to note.

- Areas with military importance should be avoided. Do not photograph military personnel or police.
- In church, mosque and temple grounds always ask permission before photographing anyone or anything.
- You will be briefed on the rules regarding photographing people when you arrive in Cambodia.
- EWB has a [Photo Policy](#), which outlines other rules and requirements.



Phone and internet

Mobile phones are widely used in Cambodia and connection is excellent across the country. As in Australia, in some rural areas, coverage might not be complete. We will provide you with a disposable SIM card in Cambodia. Calls to Australia will cost around \$1 per minute. Please make sure you bring a phone that is unlocked so that you can change the sim card.



To call an Australian home phone number from Cambodia the format you should use is 00 61 <city code> <local number>. Mobile numbers are +61 4 <8-digit number>.



The need for calm

If you find yourself in a frustrating or futile situation, please remember to keep your cool. Losing one's temper makes it very hard to solve a problem. *Remember, a smile goes a long way in Cambodia.*



Baggage

Take baggage that is robust and that can be easily carried. Take one small shoulder bag/day pack as a cabin bag as well and check that it conforms to airline size requirements. Label all baggage inside and outside. *Remember that you will have to carry your own luggage on most occasions* (including into taxis and tuk tuks, so please ensure that you are able to manage it).



Clothing

Light-weight clothing that can be washed and dried readily.

Cambodia will be in the middle of its wet season during the time of our travels. Although it rains often, it doesn't rain for long. Despite the rainfall, the average temperature will be quite warm. It is recommended that you bring waterproof clothing and shoes. Ponchos are readily available at shops and stalls for a modest price of around 2000 Riel (\$0.50 USD). These plastic ponchos provide good cover against the rain and is compact and light to carry.

- Long shorts/3-quarter pants.
- T-shirts, short sleeve shirts, and polo shirts are recommended for everyone. No singlets, midriff baring or low-cut tops should be worn unless beneath other clothing.
- Take a shawl or jumper in case we travel to a region where the climate is cooler and for resistance to mosquitoes.
- Sun hat, sunglasses, and a cotton scarf or small towel are advisable for keeping the sun off. It is likely we will have the opportunity to go swimming, in which case swimming shorts are recommended for both sexes. Girls should also wear a t-shirt if swimming outside of a hotel.
- Socks, cotton underwear,
- Poncho or light rain jacket..
- Shoes that are easy to slip on and off.





EWB Participants and RainWater Cambodia staff. Participants are wearing appropriate clothing. Shoulders, cleavage, midriff and upper legs are covered. The participants are also wearing light clothing appropriate for the warm climate. Photo: Josh Rogers



Toiletries

- Don't forget your toothpaste, toothbrush, shampoo, soap, hand cream, deodorant etc.
- Women should take sufficient tampons and/or sanitary pads to cover the duration of the tour plus a few spares. Some zip-lock bags can also be useful when disposal is difficult.
- Antiseptic hand wash gel is recommended for times when you cannot find soap and water to wash your hands.
- A medical kit as advised by your doctor.
- There is a higher volume of mosquitoes during the wet season, it is highly recommended that you bring insect repellent. (High concentration of deet is required for maximum protection).





General

- Your passport, tickets, cash, copies of your passport front page and visa (if you are not purchasing your visa on arrival).
- You may want to bring a sleeping bag liner and a pillow slip for when we stay in small rural hotels.
- Pen and note book.
- Water bottle to refill. We normally purchase large drums of potable water for the group.
- Journal to record your journey.
- If you take electrical appliances please note that the local voltage is 230-240 Volts, 50Hz. The twin round-pin plugs are the most common.



- Cash for personal needs.
- You may like to bring a smart phone or tablet for keeping up to date with friends and family – wi-fi is common.

Health

You will need to visit your GP or Vaccination Centre to arrange appropriate vaccinations and to receive medical advice about your travel in Cambodia. The national network of Traveller's Medical and Vaccination Centres (TMVCs) – check online for address and phone numbers - can arrange any vaccinations you require. Always carry your health/vaccination certificate on you while travelling. Your doctor should be able to provide you with appropriate advice as to any medical concerns, including the need for a personal medical kit. Ensure that you have a letter from your doctor for any medications that you will be carrying. Ensuring adequate sun protection and hydration is extremely important while on the trip.

In Flight:

- Drink non-alcoholic beverages frequently
- Drink as little alcohol as possible
- Eat moderately
- Do the exercises suggested by the airline to help circulation and avoid DVT
- Dress comfortably



Food:

- Do not drink any water unless you know it is safe. Reputable bottled water and soft drinks are okay. Do not drink the filtered water provided in most hotel rooms and restaurants.
- Bring a reusable water bottle, there will be stations to refill them.
- Food should be freshly cooked, well cooked and not reheated.
- Don't eat ice-cream, dairy products, sugar cane juice (or other juices pressed by street vendors) and salads unless you are sure that they are safe. Usually city hotels are OK.
- Fruit should always be peeled.
- Avoid restaurants and food stalls where flies in unreasonable numbers are seen.

Personal:

- Keep your hands away from your mouth to avoid transmitting germs which are likely to cause stomach upsets.
- Wash your hands before eating food and after going to the toilet. Use hand sanitiser where available. (Highly recommended to bring)
- Don't walk about barefoot.
- Don't swim in lakes or streams unless you know they are disease free.
- Don't go near animals unnecessarily. If you get bitten see a doctor and be aware of rabies.
- Wash frequently and dry all nooks and crannies carefully to prevent fungal infections.
- Wear in your shoes before you leave to prevent blisters when walking.
- Empty your shoes before putting them on in the mornings - all sorts of things can crawl into them during the night.
- Carry a small torch with you and use it at night in areas where there might be animals or obstructions.
- Drink plenty of liquids when it is hot.
- Wear light clothes if it is hot.
- Wear sunglasses to protect your eyes from UV damage.
- Avoid the sun if at all possible and always wear a hat, and if possible long sleeves.
- Use a 30+ sunscreen when going out into the sun.

The Travel Doctor TMVC website provides vaccination advice, travel health advice, clinic details and current health alerts for overseas travel www.tmvc.com.au. TMVC have also prepared a useful [Health Fact Sheet](#) about Cambodia.

Safety and Security

Please take a few moments to read and familiarise yourself with DFAT's travel advice for Cambodia <http://www.smartraveller.gov.au/zw-cgi/view/Advice/Cambodia>. We will have a safety and security briefing in the pre-departure teleconference and on the first day of the trip. Throughout the trip we will have short sessions to update you with any new information and give you a space to voice any concerns or issues.

Transport throughout the program is a combination of hired vehicle (with driver) and tuk tuk. Travelling by road is a constant risk in many parts of Asia, including Cambodia. EWB



makes every effort to ensure selected vehicles are in safe condition and sourced from reputable companies known to field staff. Please be aware that it is forbidden for participants to ride or be a passenger on a motorbike or bicycle.

Unhygienic conditions and facilities bring a high risk of sickness when travelling in parts of Asia. Participants will use bottled water at all times and reputable restaurants known to the facilitators or local partners are used wherever possible.

By agreeing to attend this program you are agreeing to comply with EWB's Code of Conduct and other policies. Not adhering to EWB's policies may result in your removal from the program

Please register your travel details with DFAT Smart Traveller.
<http://www.smartraveller.gov.au/>

Insurance

Travel Insurance is essential for this program and will be arranged by EWB. If you are conducting your own personal travel for more than two days before or after the program, you will need to purchase your own insurance for this period.

EWB Insurance Details:

ACE Insurance

Policy Number – 03PP004909

Contact: +61 2 8907 5995 Website: www.acegroup.com

Insurance period 4th February to February 22nd 2016

Frequently Asked Questions

1. Can we book our flights as a group?

If you would like to book flights in a group you are more than welcome to. EWB won't be organising flights for participants but you might like to coordinate flights with other participants from your state. A Facebook group for all the participants will be created to discuss flights etc.

2. Would I be able to base my university research project on the Design Summit?

Yes. The Design Summit may be used as a base for your university research project. If you are considering basing your research project on the Summit, please get in contact with Nick, n.brown@ewb.org.au. To see the type of EWB research projects that are currently available, have a look at <http://www.ewb.org.au/available-research-projects>. The Design Summit is a great way to see humanitarian engineering first hand, and you may discover new ideas for possible research projects.

3. What other financial assistance opportunities are available?

You may be eligible for OS-Help funding loans through your study abroad office. Please check your eligibility and contact your Study Abroad office for more details.



Your faculty may also have funding allocated for leadership and additional education opportunities. Contact your faculty for more information.

4. I already have a Working with Children's Check, will you accept it or do I need to apply for a new one?

We will accept all Working with Children's checks that have not expired. Apply for a Volunteer type of check, this may be free in some states. Please note that in some states, the Working with Children's check may have a slightly different name.

5. I am under 18 years old, can I still come on the Design Summit?

Unfortunately we cannot accept minors on this program. EWB will be running a number of other study tours throughout the year. You are encouraged to apply for these programs when you have turned 18.

6. Will there be any opportunities to meet the other participants before the trip?

A Facebook group will be set up to allow participants to share information and to meet informally. If you do not have Facebook we will also be holding a pre-departure teleconference in the lead up to the trip. A social catch-up will be organised on a state-by-state basis. Details will be emailed to participants.

7. Do I need to purchase my own travel insurance?

Travel Insurance is essential for this program and will be arranged by EWB. If you are conducting your own personal travel for more than two days before or after the program you will need to purchase your own insurance for this period.

8. Will there be any workshops prior to departure for Cambodia?

A teleconference will be held for all participants prior to departure. The teleconference will cover a preliminary safety briefing, preparations for departure and answer any additional questions that participants may have. More complete workshops will be held over the first two days in Cambodia in preparation for the community visits. Suggested pre-readings have been provided to prepare students for the Summit experience.

9. Is my deposit refundable?

Deposits will not be refunded if you decide to withdraw after you are accepted into the program. In some cases (e.g. family illness and death) your travel insurance may cover you for cancellations.

10. What can I do to best prepare myself for the Summit?

The pre-viewing/pre-reading list in this pack has been designed to give you a firm background on Cambodia, development and humanitarian engineering. Students may also like to post on the Facebook group any discussion questions they might have or meet with other participants to share expectations about the trip.

11. Can I travel before or after the program?

You are more than welcome to organise your own travel before and after the program's official start and end dates. Participants are expected from 3pm 6th February to the 20th of February to attend the full duration of the Summit. Accommodation will be covered by EWB



on the evenings of the 5th February and 20th of February. You will need to organise your own travel insurance if you are travelling outside of the program dates

12. Will I be provided with an invoice for tax purposes?

A tax invoice will be sent automatically via email once payment has been received.

13. What sort of clothing is required? Do I need to adhere to cultural customs?

Whilst in Cambodia, it will be important for participants to wear culturally appropriate clothing, which includes T-shirt sleeves and long pants. Low cut tops, singlets and short skirts are not appropriate, especially when visiting communities. It is also important to note that Cambodian climate is tropical and humid, and so light cotton fabrics will be most comfortable. There may be an opportunity to purchase some clothing at local markets.

14. Do we need to provide our own bedding and mosquito nets?

Bedding and mosquito nets are provided for all participants. Participants are welcome to bring a sleeping bag liner and pillowcase of their own for the community visits if they wish to, however, this is not a requirement.

15. Should I take electronic devices such as tablets or laptop computers?

Some places you will stay at in Cambodia will have a wifi connection. However, the use of electronic devices is completely optional and not required for the work done on the Summit. Participants will be responsible for ensuring that their own devices are secure.

16. Do I need to take my mobile phone?

Participants are required to have an unlocked mobile phone for the Design Summit, for safety, and so that everyone in the group can keep in contact. Local sim cards will be organised on your arrival. If you would like to take your own mobile phone, it is up to you to contact your provider in Australia to negotiate roaming costs.

17. As a foreign passport holder am I able to still register with Smart Traveller?

Smart Traveller allows all Australian citizens to register their travel plans, and receive updates from their country that they are visiting. If you are not an Australian citizen, and your country of citizenship has a similar service, please register your travel there and inform EWB. If you are an Australian citizen travelling on a foreign passport, leave the passport number blank when registering with Smart Traveller.

18. What time does the design summit start and finish?

The design summit begins at 3pm on Saturday 6th February, and finishes at 1pm on Saturday 20th February. Participants are encouraged to arrange their flights so that they can be in Phnom Penh at these times.

19. Am I able to stay in the accommodation for a few nights before or after the actual dates of the design summit?

Accommodation is provided for one night both before (February 5th) and one night after (February 20th) the Summit, if required. Accommodation and travel outside of these times is the responsibility of the participant.



20. Will there be laundry facilities available?

Laundromats are widely available in Cambodia where you can have your clothes washed, dried, and folded for only around \$1-2 per kg clothing. In addition, many of the hostels we are staying in have a laundry service included with your room. During community visits, facilities may be more basic.

21. Is there an opportunity to leave luggage in a central location before going out to community visits?

There will be an opportunity for participants to leave extra luggage at a central location before going out to visit communities. However, it is encouraged that you pack lightly, as everyone will be responsible for carrying their own luggage.

22. What are the sleeping arrangements? Will I be sharing accommodation and will I be able to choose who I share with?

Accommodation will be mostly twin share in hostels and lovely local hotels. Accommodation is pre-arranged by gender into twin-rooms. Participants will rotate roommates over the course of the Design Summit. During community visits, participants may be staying in the one location, and may share rooms with more than one other person, depending on the facilities of the community.

23. What information are you able to give us on what engineering projects we will be working on?

The focus of the design summit is learning from community partners, and engaging in the design process. Rather than working on set building projects for the short period of the design summit, we will be working with EWB's community partners, in order to learn from and contribute to longer term solutions. You will be sent information on your community partner shortly so that you will be able to begin familiarising yourself with the community.

24. What last minute preparations should I do?

In terms of last minute preparations, make sure you have some foreign currency in cash and a passport photo if you are purchasing a visa on arrival, an unlocked mobile phone, insect repellent and sunscreen, a notebook and pen, and your passport. In addition, be sure to keep family, and those close to you, informed of your travel plans and any emergency contact details.

Suggested Pre-Viewing and Pre-Reading:

Films:

The Missing Picture (2013)

A River Changes Course (2013)

Videos:

EWB volunteer Michael Brown - Sanitation Solutions in Cambodia
<https://www.youtube.com/watch?v=vrXBloZRbHA>



Weathering the Storm - Cambodia Climate Change Alliance

<https://www.youtube.com/watch?v=z1JAHvzTO4E&index=6&list=UULA2WukJSgrltSnVKBqZnUA>

Litre of Light

<https://www.youtube.com/watch?v=JOL4vwhwkW8>

I was born into a war: The Cambodian Genocide- Video about the Khmer Rouge

<https://www.youtube.com/watch?v=IbmjUoU54k>

TED Talks:

Escaping the Khmer Rouge- Sophal Ear

http://www.ted.com/talks/sophal_ear_escaping_the_khmer_rouge

What is wrong with volunteer travel?-Daniela Papi

<http://youtu.be/oYWl6Wz2NB8>

What happens when an NGO admits failure- David Damberger

http://www.ted.com/talks/david_damberger_what_happens_when_an_ngo_admits_failure

*Sh*t for Change- Mark Talesnik*

[www.youtube.com/watch?v=Hc7sktETJEs&feature=share&list=PLsRNoUx8w3rOxht-e-SlPu4DK3JvQeIG &index=1](http://www.youtube.com/watch?v=Hc7sktETJEs&feature=share&list=PLsRNoUx8w3rOxht-e-SlPu4DK3JvQeIG&index=1)

Teaching design for change- Emily Pilloton

http://www.ted.com/talks/emily_pilloton_teaching_design_for_change?language=en

Want to help someone? Shut up and listen!- Ernesto Sirolli

http://www.ted.com/talks/ernesto_sirolli_want_to_help_someone_shut_up_and_listen?language=en

The ancient ingenuity of water harvesting- Anupam Mishra

http://www.ted.com/talks/anupam_mishra_the_ancient_ingenuity_of_water_harvesting

A bath without water- Ludwick Marishane

http://www.ted.com/talks/ludwick_marishane_a_bath_without_water

Readings:

IDEO Human Centred Design Kit

<http://www.designkit.org/resources/1/>

Hey Voluntourist, take a back seat!

<https://newmatilda.com/2014/02/06/hey-voluntourist-take-back-seat>



Appropriate Technology Factsheets

<https://ewb.box.com/s/x06m8jykij03bfjhu5tj>

Does it Matter that we do not agree on the Definition of Poverty? A Comparison of Four Approaches

<https://ewb.box.com/s/2f1qus2nzqlsuk3y0j8x>

Working in development: what you really need to know

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Cambodia's Curse (2011) by Joel Brinkley

Further Questions and Point of Contact

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