

The First Frequency

(Version 1.0 – living, not final)

This ReSonance test is a mirror

It shows you – and us – how you perceive yourself and others.
How conscious you are of your role, your responsibility, and your potential.

In the following questions, there is no right or wrong.
There is no point system. Only ReSonance.
You may pause at any time, skip questions, or go deeper.
You are even invited to question the questions.

Please read ONLY one page completely and answer it before moving on.

Individuality is not the exception – it is the path.

Creativity, courage, honesty and depth are not only allowed, they are encouraged.

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Your name:	<input type="text"/>
your gender:	<input type="text"/>
your year of birth:	<input type="text"/>
Your country of origin:	<input type="text"/>
your martial status:	<input type="text"/>
do you have children?:	<input type="text"/>

Take your time with this test – we´re looking forward to meeting you.

By filling out and submitting this document, you agree
that your responses may be shared anonymously with other members –
for mutual insight, not for judgment.

Your data will never be shared with third parties.

If you ran out of space, write the question number here along with your answer.
You can also use this space for any thoughts, ideas, or suggestions.

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Please read **ONLY** this page carefully and answer the questions **by feeling, not by thinking**.

Who are you? F

Imagine you are immortal – and completely alone in this world.

No one can see you – but you have all the possibilities.

1. Can you imagine a world in which you are alone – truly alone?

2. You may wish for anything – and it will come true. What do you wish for?

(Answer all following questions as if your wish has already come true.)

3. How do you spend your remaining free time?

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After an undefined period, an unknown person enters your world.

You haven't seen them yet – you only know: They are here, looking for you.

4. How much time should pass before this person enters your world?

5. Is there anything you still want to do on your own – before you are never truly alone again?

6. This person can be anything you can imagine – do you trust them?

Please read **ONLY** this page carefully and answer the questions **by feeling, not by thinking**.

Who is this person? A

Your wish is still active. This person has found you. They understand everything you say, but they don't yet have their own opinion. You recognize yourself in them – but they are still untouched by experience, by pain or joy. **Everything they go through is NEW to them – and they accept you completely.**

7. This person is still completely innocent. Who or what do you want to be for them?

8. Does your behavior change in their presence?

Is there something you don't want to show them – and why?

9. What is the one thing you absolutely want to show this person – and why that?

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One morning, this person is gone. No goodbye, no sign.

You find out: They had contact with others – but you don't know when, how, or with whom.

10. What do you feel in this moment? What do you believe has happened – and why?

11. How long do you wait for a sign – or do you take action immediately?

If yes, how?

12. Are you afraid this person might now be negatively influenced?

Please read **ONLY** this page carefully and answer the questions **by feeling, not by thinking**.

Who Will You Become ? T

Your wish is still active. But the other person had a wish too: Not just to find you –but to find more.

And so they return not alone, but with many others.

They have already heard of you – and they are excited to finally meet you.

13. Are you disappointed that this person didn't ask you first?

14. Was it also your wish not to remain “just” the two of you forever? Why?

15. Does your behavior change again now – is there something you don't want the others to find out?

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The group wants more.

They want to stay, to grow, to become a community.

And since you were the first to arrive – they see you as the natural origin.

You are now allowed to decide.

16. Do you accept this responsibility? Are you afraid of it?

17. Do you let others share in the decisions – or do you keep control?

18. How do you ensure no one harms another? How do you respond to those who do?

The Mirror META

Answer these questions quickly and intuitively – there's no right or wrong!

	yes	no
Did you write down your first wish right away?	<input type="checkbox"/>	<input type="checkbox"/>
Does your wish still hold the same meaning as in question 2?	<input type="checkbox"/>	<input type="checkbox"/>
Would you change your wish now? (If you've already changed it: Yes.)	<input type="checkbox"/>	<input type="checkbox"/>
Did you give this person a name?	<input type="checkbox"/>	<input type="checkbox"/>
Was this person, in your mind, someone you know?	<input type="checkbox"/>	<input type="checkbox"/>
Did you form a bond with this person?	<input type="checkbox"/>	<input type="checkbox"/>
Did you truly read and answer each page individually?	<input type="checkbox"/>	<input type="checkbox"/>
Did you later go back and change earlier answers?	<input type="checkbox"/>	<input type="checkbox"/>
Are you satisfied with yourself?	<input type="checkbox"/>	<input type="checkbox"/>
Do you believe you fully understood this test?	<input type="checkbox"/>	<input type="checkbox"/>
Do you believe this test brought you a little closer to yourself?	<input type="checkbox"/>	<input type="checkbox"/>
Did you answer all questions honestly?	<input type="checkbox"/>	<input type="checkbox"/>

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Here you may ask us 3 questions

1.
2.
3.