Please use this self-assesment to determine which tools and skills you have used or practiced, which you have not had the opportunity to learn, and where you would like further instruction or more opportunities to practice.

**Growing Skills** Up Sitt solling to the solution to the solling to t 1 feel confident about my abilities in this alea 1 wom more instruction about this Used done once or thing Used done several times Useal done frequently I'wantotythis Use tools Hula hoe Hand weeding tool Digging fork Long-handled spade Push mower Weed Whip Backpack Sprayer **Build Soil** Add amendments Cover crop Sow Seed in greenhouse Prepare seed bed Direct seed Transplant Tend Thin seedlings Mulch Cultivate (weed) Scout for pest/ disease Irrigate Trellis Reap Process/ clean harvest Bunch Grade produce keep records Document harvest Update field log