

§12 不等式中的归纳法

高一 (6) 班 邵亦成 26 号

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1. 设 a_1, a_2, \dots, a_n 为非负数, 求证:

$$\sqrt{a_1 + a_2 + \dots + a_n} + \sqrt{a_1 + a_2 + \dots + a_{n-1}} + \dots + \sqrt{a_1 + a_2} + \sqrt{a_1} \geq \sqrt{n^2 a_1 + (n-1)^2 a_2 + \dots + 2^2 a_{n-1} + a_n}.$$

当 $n = 1$ 时, 原不等式显然成立.

若 $n = k, k \in \mathbb{N}^*$ 时原不等式成立, 即

$$\sqrt{a_1 + a_2 + \dots + a_k} + \sqrt{a_1 + a_2 + \dots + a_{k-1}} + \dots + \sqrt{a_1 + a_2} + \sqrt{a_1} \geq \sqrt{k^2 a_1 + (k-1)^2 a_2 + \dots + 2^2 a_{k-1} + a_k}, \quad (1)$$

只需证当 $n = k + 1$ 时

$$\sqrt{a_1 + a_2 + \dots + a_{k+1}} + \sqrt{a_1 + a_2 + \dots + a_k} + \dots + \sqrt{a_1 + a_2} + \sqrt{a_1} \geq \sqrt{(k+1)^2 a_1 + (k)^2 a_2 + \dots + 2^2 a_k + a_{k+1}}. \quad (2)$$

(2) - (1), 即证

$$\sqrt{a_1 + \dots + a_{k+1}} + \sqrt{k^2 a_1 + (k-1)a_2 + \dots + a_k} \geq \sqrt{(k+1)^2 a_1 + k^2 a_2 + \dots + 2^2 a_k + a_{k+1}}.$$

平方, 只需证

$$2\sqrt{a_1 + \dots + a_{k+1}}\sqrt{k^2 a_1 + \dots + a_k} \geq 2ka_1 + 2(k-1)a_2 + \dots + 2a_k.$$

由 Cauchy 不等式, 得证.

2. 设整数 $n \geq 2$, 且实数 $x_1, x_2, \dots, x_n \in [0, 1]$, 求证:

$$\sum_{1 \leq k < l \leq n} kx_k x_l \leq \frac{n-1}{3} \sum_{k=1}^n kx_k.$$

当 $n = 2$ 时, 左 = $x_1 x_2$, 右 = $\frac{1}{3}(x_1 + 2x_2)$, 成立.

若 n 时成立, 只需证其对 $n + 1$ 也成立, 只需证

$$x_{n+1}(x_1 + 2x_2 + \cdots + nx_n) \leq \frac{n}{3}(n+1)x_{n+1} + \frac{1}{3}(x_1 + 2x_2 + \cdots + nx_n),$$

即证

$$3x_{n+1}(x_1 + \cdots + nx_n) \leq n(n+1)x_{n+1} + (x_1 + \cdots + nx_n).$$

有

$$3kx_kx_{n+1} \leq kx_k + 2kx_{n+1}, (k = 1, 2, \cdots, n)$$

相加即得证.

$$3. \ x_1 \geq 2x_2 \geq \cdots \geq 2^{n-1}x_n \geq 0,$$

$$\sum_{i=1}^n \frac{x_i}{\sqrt{i}} = 1,$$

证明:

$$\sum_{i=1}^n x_i^2 \leq 1.$$

即证

$$\sum_{i=1}^n x_i^2 \leq \left(\sum_{i=1}^n \frac{x_i}{\sqrt{i}} \right)^2.$$

考虑 $n = 1$, 显然成立.

假设 $n = k$ 时成立, 只需证 $n = k + 1$ 时成立, 即证

$$x_{k+1}^2 \leq \frac{x_{k+1}}{\sqrt{x_{k+1}}} \left[\frac{x_{k+1}}{\sqrt{k+1}} + 2 \left(\frac{x_1}{\sqrt{1}} + \frac{x_2}{\sqrt{2}} + \cdots + \frac{x_k}{\sqrt{k}} \right) \right],$$

即证

$$\sqrt{k+1}x_{k+1} \leq \frac{x_{k+1}}{\sqrt{k+1}} + 2 \sum_{i=1}^k \frac{x_i}{\sqrt{i}},$$

即证

$$\frac{k}{\sqrt{k+1}}x_{k+1} \leq 2 \sum_{i=1}^k \frac{x_i}{\sqrt{i}}.$$

有

$$2^{i-1}x_i \geq 2^k \cdot x_{k+1},$$

故

$$x_i \geq 2^{k-i+1} x_{k+1},$$

$$2 \sum_{i=1}^k \frac{x_i}{\sqrt{i}} \geq 2 \sum_{i=1}^k \frac{2^{k-i+1}}{\sqrt{i}} x_{k+1} \geq 2 \frac{2^{k-1+1}}{\sqrt{1}} x_{k+1} = 2^{k+1} x_{k+1} \geq \frac{k}{\sqrt{k+1}} x_{k+1},$$

得证.

4. 已知 $a_1, a_2, \dots, a_n \geq 0 (n \geq 4)$, 求证:

$$4 \sum_{i=1}^n a_{i+1} a_i \leq \left(\sum_{i=1}^n a_i \right)^2,$$

其中 $a_{n+1} = a_1$.

考虑 $n = 4$,

$$\text{左} = 4(a_1 + a_3)(a_2 + a_4) \leq [(a_1 + a_3) + (a_2 + a_4)]^2 = \text{右}.$$

若 $n = k$ 时成立, 只需证 $n = k + 1$ 时成立.

不妨设 $a_{k+1} = \min\{a_1, a_2, \dots, a_{k+1}\}$, 只需证

$$4(a_k a_{k+1} + a_{k+1} a_1 - a_k a_1) \leq a_{k+1} [a_{k+1} + 2(a_1 + \dots + a_k)].$$

只需证

$$\text{右} \geq a_{k+1}(a_{k+1} + 2a_1 + 2a_k) \geq 4(a_k a_{k+1} + a_{k+1} a_1 - a_k a_1),$$

即证

$$a_{k+1}^2 - 2(a_1 + a_k)a_{k+1} + 4a_1 a_k \geq 0,$$

即证

$$(a_{k+1} - 2a_1)(a_{k+1} - 2a_k) \geq 0,$$

得证.

5. 设正整数 $n \geq 4$, 集合 $\{x_1, x_2, \dots, x_n\} = \{y_1, y_2, \dots, y_n\} = \{1, 2, \dots, n\}$, 则

$$\sum_{i=1}^n x_i y_i$$

的可能值有多少种?

不妨设 $x_1 = 1, x_2 = 2, \dots, x_n = n$,

由排序不等式, 有

$$\begin{aligned}
\sum_{i=1}^n x_i y_i &\geq \sum_{i=1}^n i(n+1-i) \\
&= (n+1) \sum_{i=1}^n i - \sum_{i=1}^n i^2 \\
&= (n+1) \cdot \frac{n(n+1)}{2} - \frac{n(n+1)(2n+1)}{6},
\end{aligned}$$

又

$$\sum_{i=1}^n x_i y_i \leq \sum_{i=1}^n i^2 = \frac{n(n+1)(2n+1)}{6}.$$

有

$$\sum_{i=1}^n x_i y_i = \sum_{i=1}^k i y_i,$$

考虑是否能取遍区间内所有的值.

$n = 4$ 时显然可以.

假设 $n = k$ 时可以, 下证 $n = k + 1$ 时同样可以取遍.

取 $y_{k+1} = k + 1$, 则

$$\sum_{i=1}^{k+1} i y_i = \sum_{i=1}^k i y_i + (k+1)^2$$

能取遍

$$\left[\frac{k(k+1)(k+2)}{6} + (k+1)^2, \frac{(k+1)(k+2)(2k+3)}{6} \right]$$

中所有整数.

取 $y_{k+1} = 1$, 则有

$$\sum_{i=1}^{k+1} i y_i = \sum_{i=1}^k i y_i + (k+1) = \sum_{i=1}^k i(y_i - 1) + \frac{k(k+1)}{2} + (k+1),$$

又 $y_1 - 1, y_2 - 1, \dots, y_{k-1} - 1$ 是 $1, 2, \dots, k$ 的一个排列, 由归纳假设, 有

$$\sum_{i=1}^k i(y_i - 1)$$

能取遍

$$\left[\frac{k(k+1)(k+2)}{6}, \frac{k(k+1)(2k+1)}{6} + \frac{(k+1)(k+2)}{2} \right]$$

中所有整数.

6. n 为给定正整数, 已知正整数 $a_1, a_2, \dots, a_n (a_1 \leq a_2 \leq \dots \leq a_n)$ 满足

$$\sum_{i=1}^n \frac{1}{a_i} < 1,$$

求证: 当

$$\sum_{i=1}^n \frac{1}{a_i}$$

取得最大值时, 有 $a_1 = 2ma_{k+1} = a_1 a_2 \cdots a_k + 1 (k = 1, 2, \dots, n-1)$.

设 $\gamma_1 = 2, \gamma_{k+1} = \gamma_1 \gamma_2 \cdots \gamma_k + 1$, 则有

$$\frac{1}{\gamma_1} + \frac{1}{\gamma_2} + \cdots + \frac{1}{\gamma_n} = 1 - \frac{1}{\gamma_1 \gamma_2 \cdots \gamma_n}.$$

要证

$$\sum_{i=1}^n \frac{1}{a_i} \leq 1 - \frac{1}{a_1 a_2 \cdots a_n} \leq 1 - \frac{1}{\gamma_1 \gamma_2 \cdots \gamma_n} = \frac{1}{\gamma_1} + \cdots + \frac{1}{\gamma_n},$$

只需证

$$a_1 a_2 \cdots a_n \leq \gamma_1 \gamma_2 \cdots \gamma_n.$$

$n = 2$ 时显然成立.

假设 $n \leq k$ 时成立, 则 $n = k+1$ 时, 若命题不成立, 只需证

$$m \sqrt[n]{\frac{a_1 a_2 \cdots a_n}{\gamma_1 \gamma_2 \cdots \gamma_n}} \leq \frac{a_1}{\gamma_1} + \frac{a_2}{\gamma_2} + \cdots + \frac{a_n}{\gamma_n} \leq n.$$

有

$$\sum_{i=1}^{k+1} \frac{1}{a_i} < 1,$$

$$\sum_{i=1}^{k+1} \frac{1}{a_i} > \sum_{i=1}^n \frac{1}{\gamma_i}. \quad (*)$$

由归纳假设, 易得

$$\begin{aligned} \frac{1}{a_1} &\leq \frac{1}{\gamma_1}, \\ \frac{1}{a_1} + \frac{1}{a_2} &\leq \frac{1}{\gamma_1} + \frac{1}{\gamma_2}, \\ &\vdots \\ \frac{1}{a_1} + \frac{1}{a_2} + \cdots + \frac{1}{a_n} &\leq \frac{1}{\gamma_1} + \frac{1}{\gamma_2} + \cdots + \frac{1}{\gamma_n}. \end{aligned}$$

记 $A_i = \frac{1}{a_1} + \frac{1}{a_2} + \cdots + \frac{1}{a_i}, \Gamma_i = \frac{1}{\gamma_1} + \frac{1}{\gamma_2} + \cdots + \frac{1}{\gamma_i}$,

则有

$$A_1 \leq \Gamma_1, A_2 \leq \Gamma_2, \dots, A_k \leq \Gamma_k, A_{k+1} > \Gamma_{k+1},$$

则

$$\begin{aligned} \sum_{i=1}^{k+1} \frac{a_i}{\gamma_i} &= \sum_{i=1}^{k+1} (\Gamma_i - \Gamma_{i-1}) a_i \\ &= \sum_{i=1}^k \Gamma_i (a_i - a_{i+1}) + \Gamma_{k+1} a_{k+1} \\ &\leq \sum_{i=1}^k A_i (a_i - a_{i+1}) + A_{k+1} a_{k+1} \\ &= \sum_{i=1}^{k+1} (A_i - A_{i-1}) a_i \\ &= k + 1. \end{aligned}$$

由均值不等式, 有

$$\prod_{i=1}^{k+1} \frac{a_i}{\gamma_i} \leq \left(\frac{\sum_{i=1}^{k+1} \frac{a_i}{\gamma_i}}{k+1} \right)^{k+1} = 1,$$

故有

$$\prod_{i=1}^{k+1} a_i \leq \prod_{i=1}^{k+1} \gamma_i,$$

则

$$\frac{1}{a_1} + \dots + \frac{1}{a_{k+1}} \leq 1 - \frac{1}{a_1 a_2 \cdots a_n} \leq 1 - \frac{1}{\gamma_1 \gamma_2 \cdots \gamma_{k+1}} = \frac{1}{\gamma_1} + \frac{1}{\gamma_2} + \dots + \frac{1}{\gamma_{k+1}},$$

与 (*) 矛盾.

故命题在 $n = k + 1$ 时成立, 得证.