

Hussein Haidar

Physiotherapist

Personal

Address

Somewhere On Planet Earth

Phone

+965

E-mail

Hussain200119@gmail.com

Nationality

Lebanon

Skills

Sports injuries training

Exercise planning

Broad understanding of
Neurology

Therapeutic exercises

Skilled in patient relations

Patient Assessments

Broad cardiopulmonary
knowledge

Languages

Arabic

Excellent

English

Focused Physical Therapist committed to helping patients manage pain and injuries. Skillful in monitoring results and prescribing exercises for long-term health. Communicative and reliable professional well-versed in collaborating with practitioners and adhering to treatment instructions.

Education

2019-10 -
2023-06

Bachelor of Science: Physiotherapy And Rehabilitation

Istinye University - Turkiye

2018-09 -
2019-06

High School Diploma

Al Shaheen School - Kuwait

Work History

2023-03 -
2023-06

Physiotherapist

Liv hospital , Istanbul

- Evaluated and treated chronic and acute pain, disc prolapse and neuropathies.
- Planned and administered range of treatments and therapeutic exercise programs involving active and passive ranges of motion and muscle reeducation.
- Managed over 14 patients per day.

2023-01 -
2023-03

Physiotherapist

Bayrampasa football club, Istanbul

- Utilized deep tissue and myofascial massage therapy techniques to provide options to customers.
- Offered kinesiology taping, dry needling and cupping as part of physical therapy treatments.
- Created and implemented strength and conditioning programs for athletes.

2022-11 -
2023-01

Physiotherapist

Medical Park Gaziosmanpasa Hospital, Istanbul

- Planned individually-designed treatment programs to restore, maintain and improve physical functioning, alleviate pain, and prevent disability.

Excellent

Turkish

Good

2022-10 -

2022-11

Physiotherapist

ISUfizyotem clinic, istanbul

- Educated patients on proper body mechanics and injury prevention to avoid risk of re-injury.
- Applied manual techniques and therapeutic exercises to improve range of motion, strength, balance and coordination.

2022-07 -

2022-08

Physiotherapist

Dar al-shifa hospital, Hawally

- Managed acute and chronic conditions with full understanding regarding complex therapy needs.

Certifications

OMTC - Orthopedic Manual Therapy Certified

Cupping Massage Therapy

Kinesiology Taping Course

Interests

Karate: Trained for more than 8 years and played professionally at Al Qadsia club in Kuwait

Running: Completed a half-marathon race and a 5k race (2nd place)