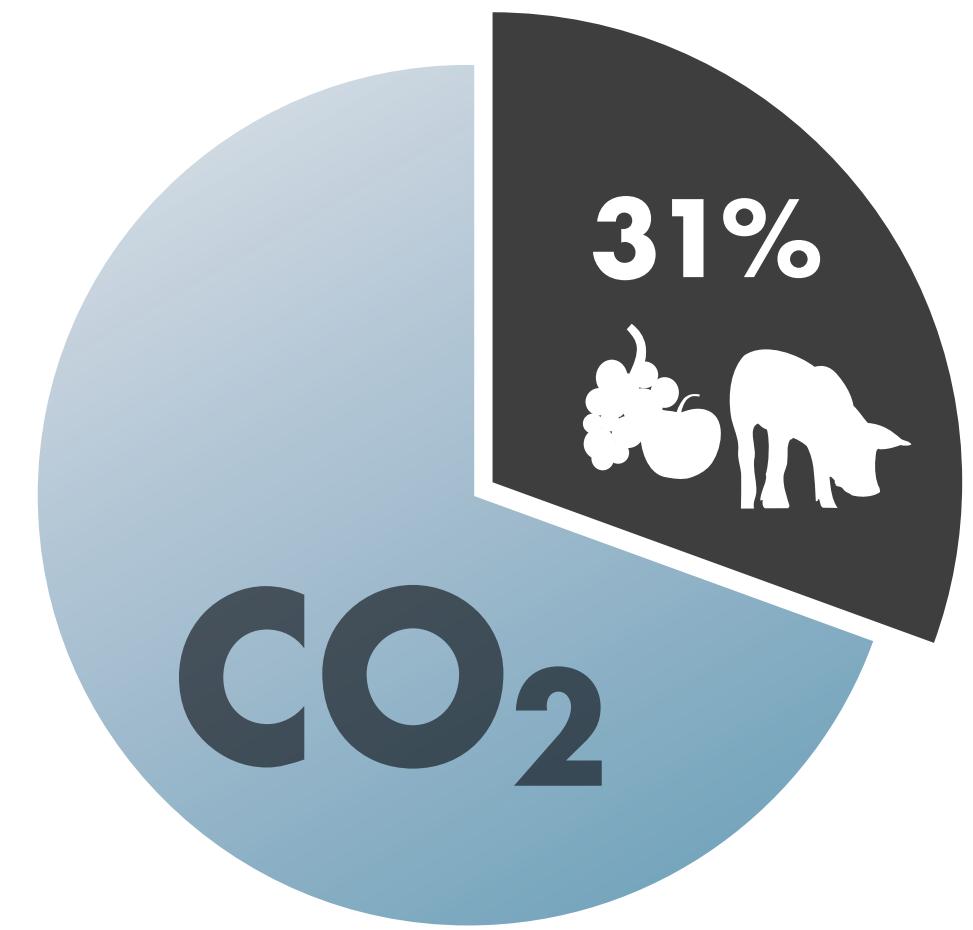


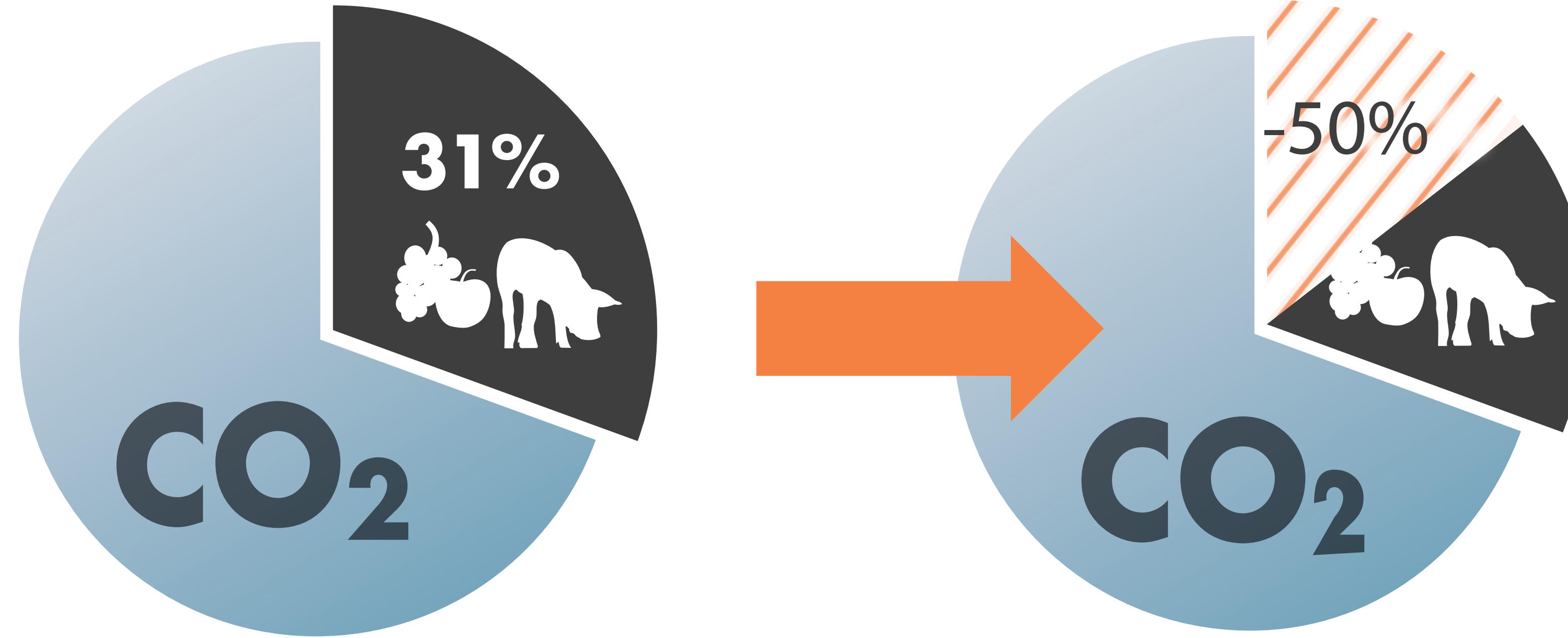
# Hacking against Climate Change?!

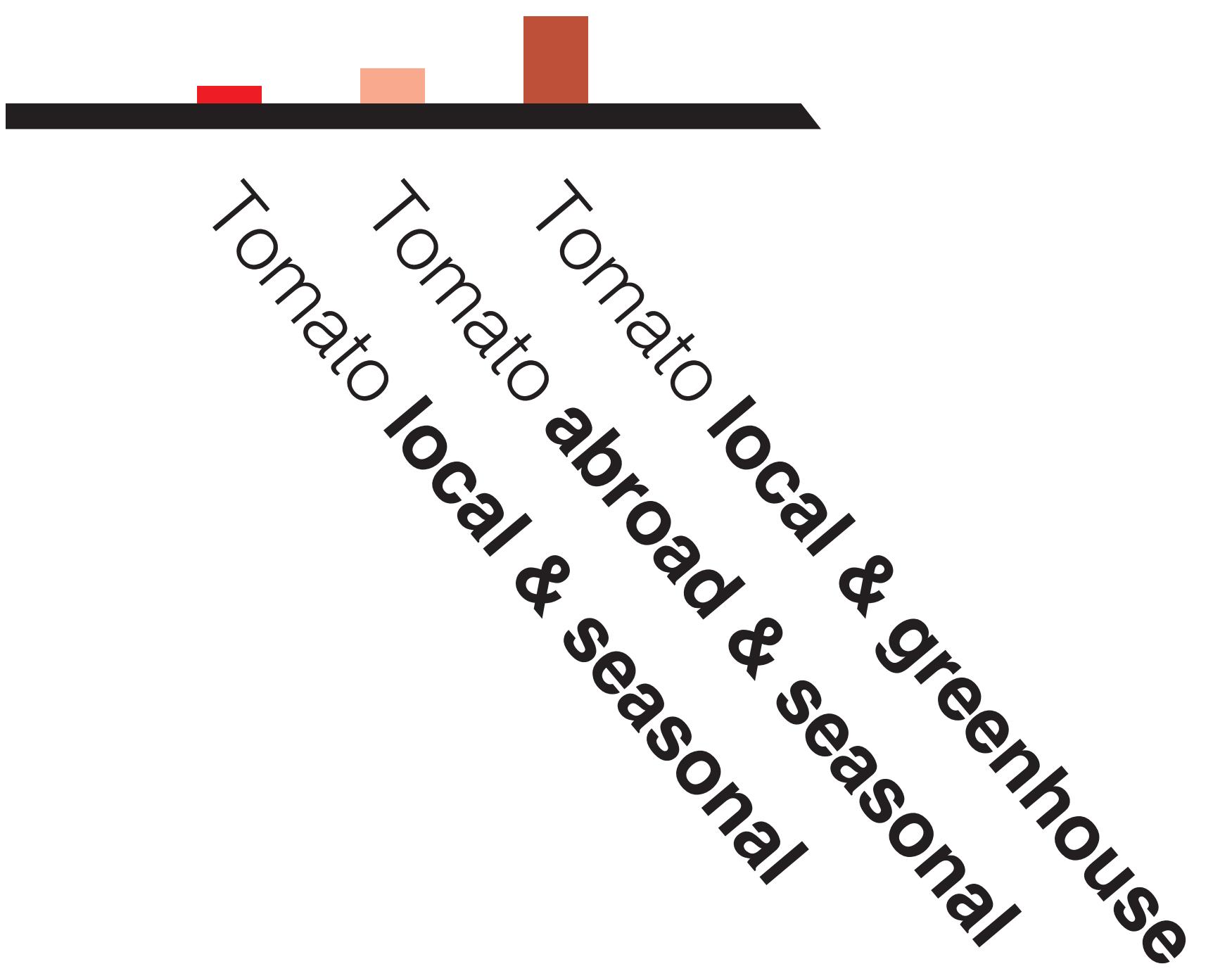
**1/3** of our **emissions**  
originate from **our foods**

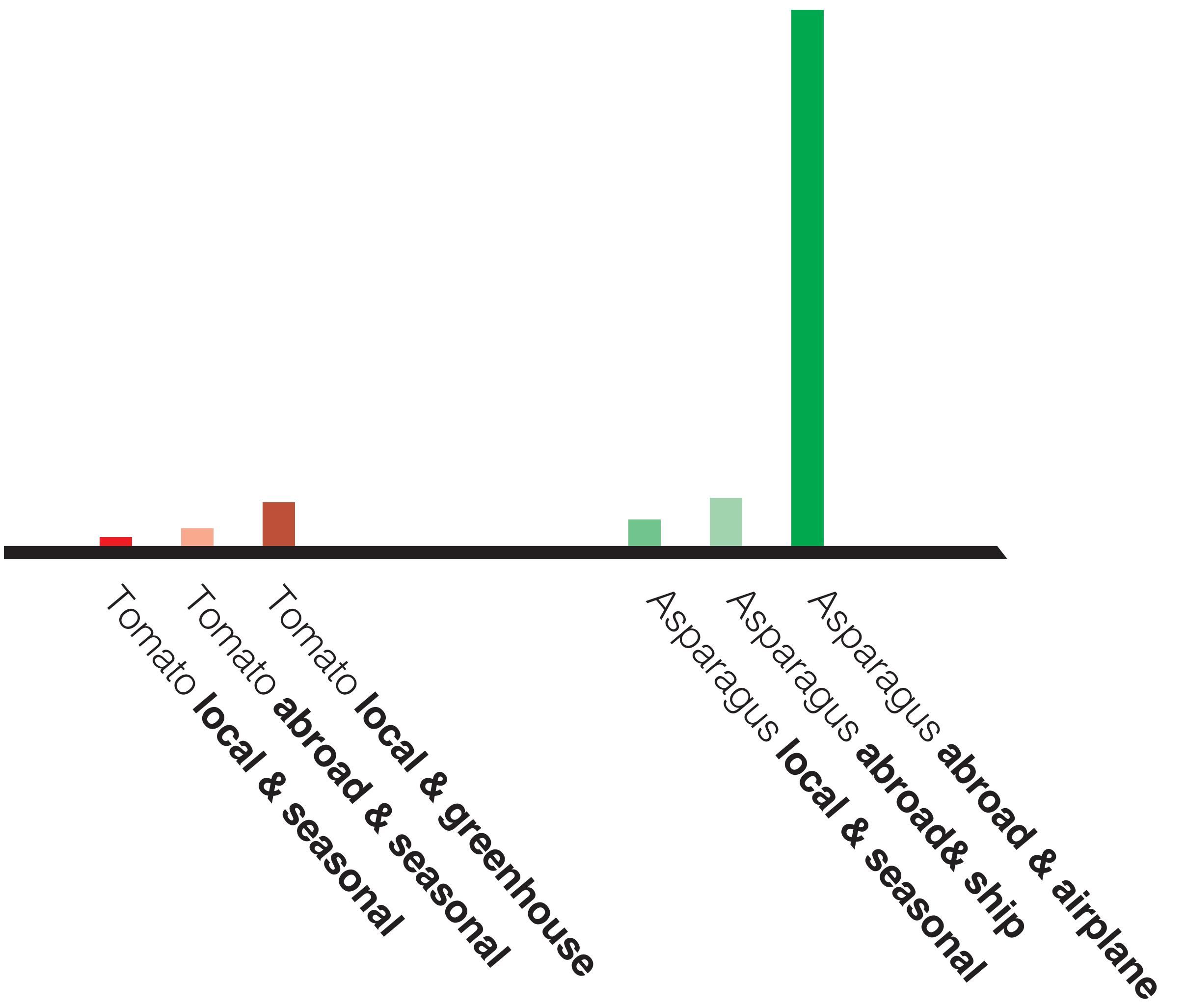


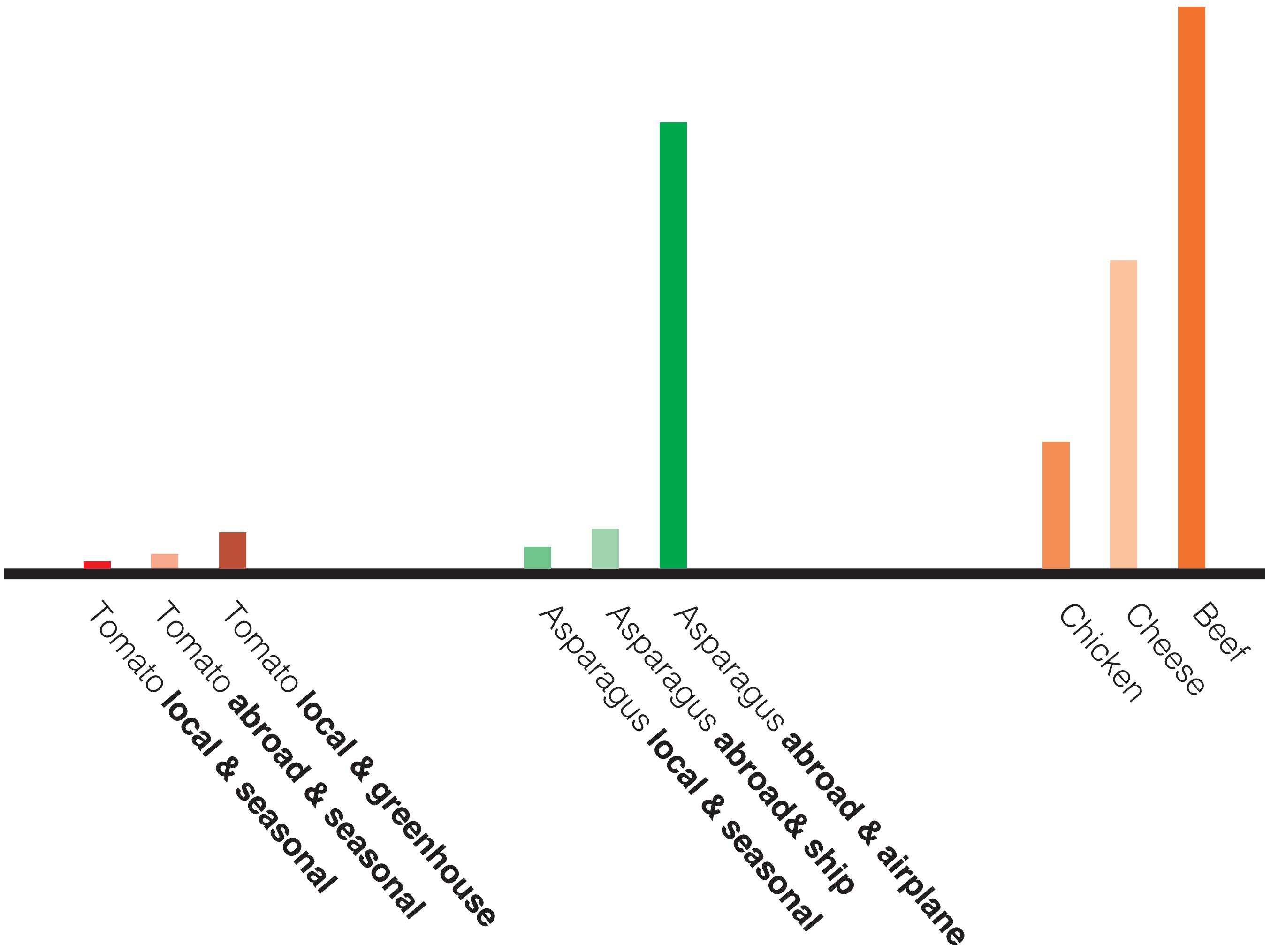


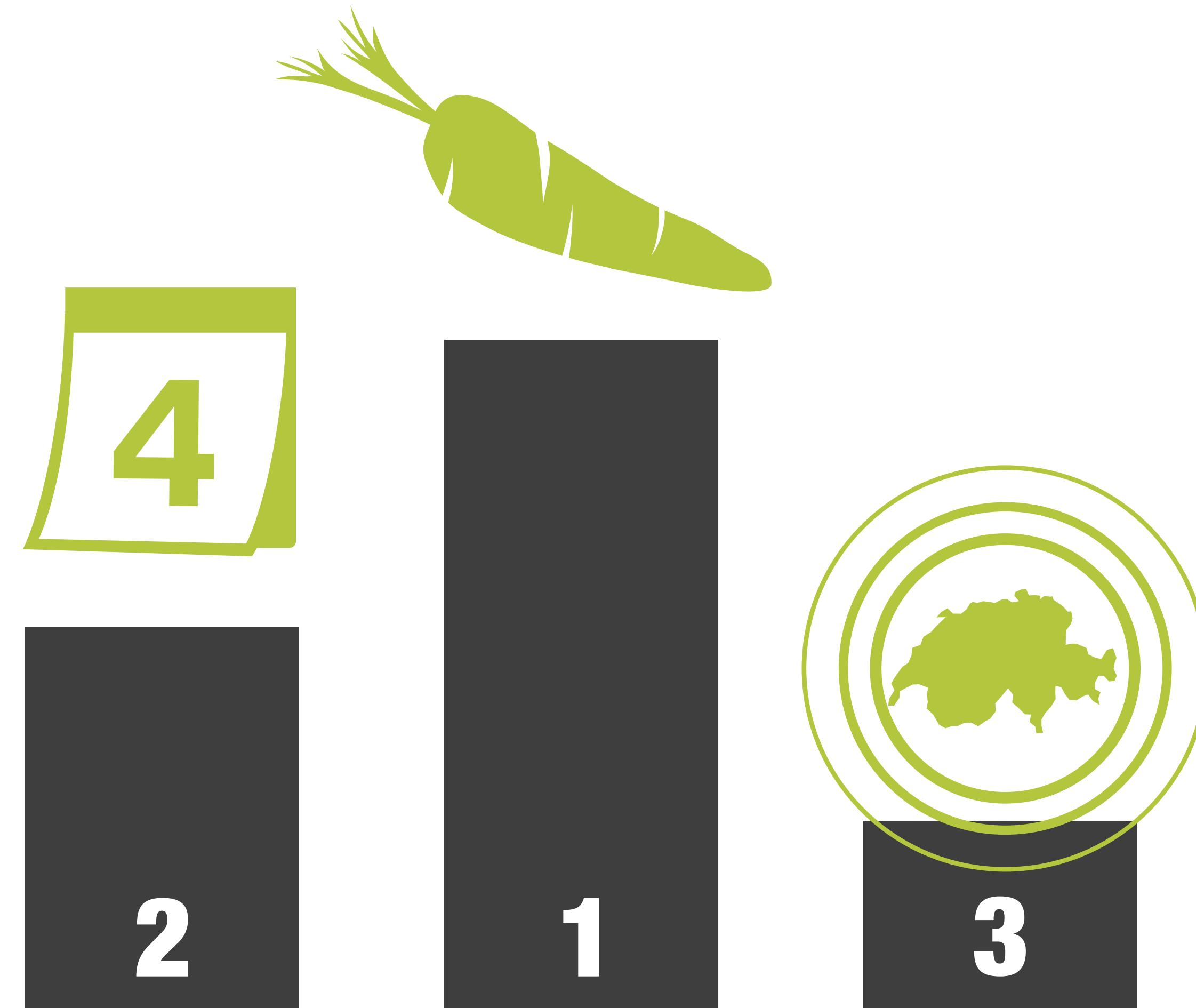








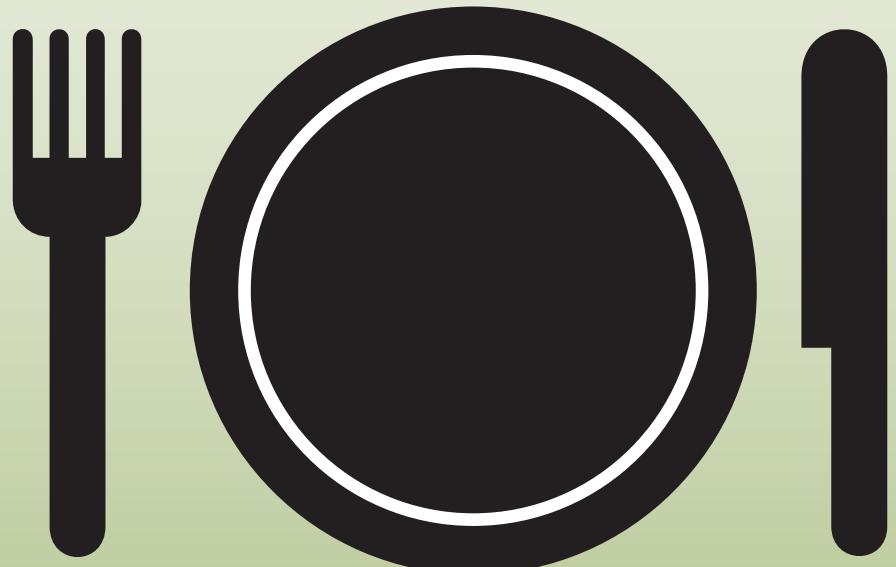




# climate friendly meal

60%

less CO<sub>2</sub>



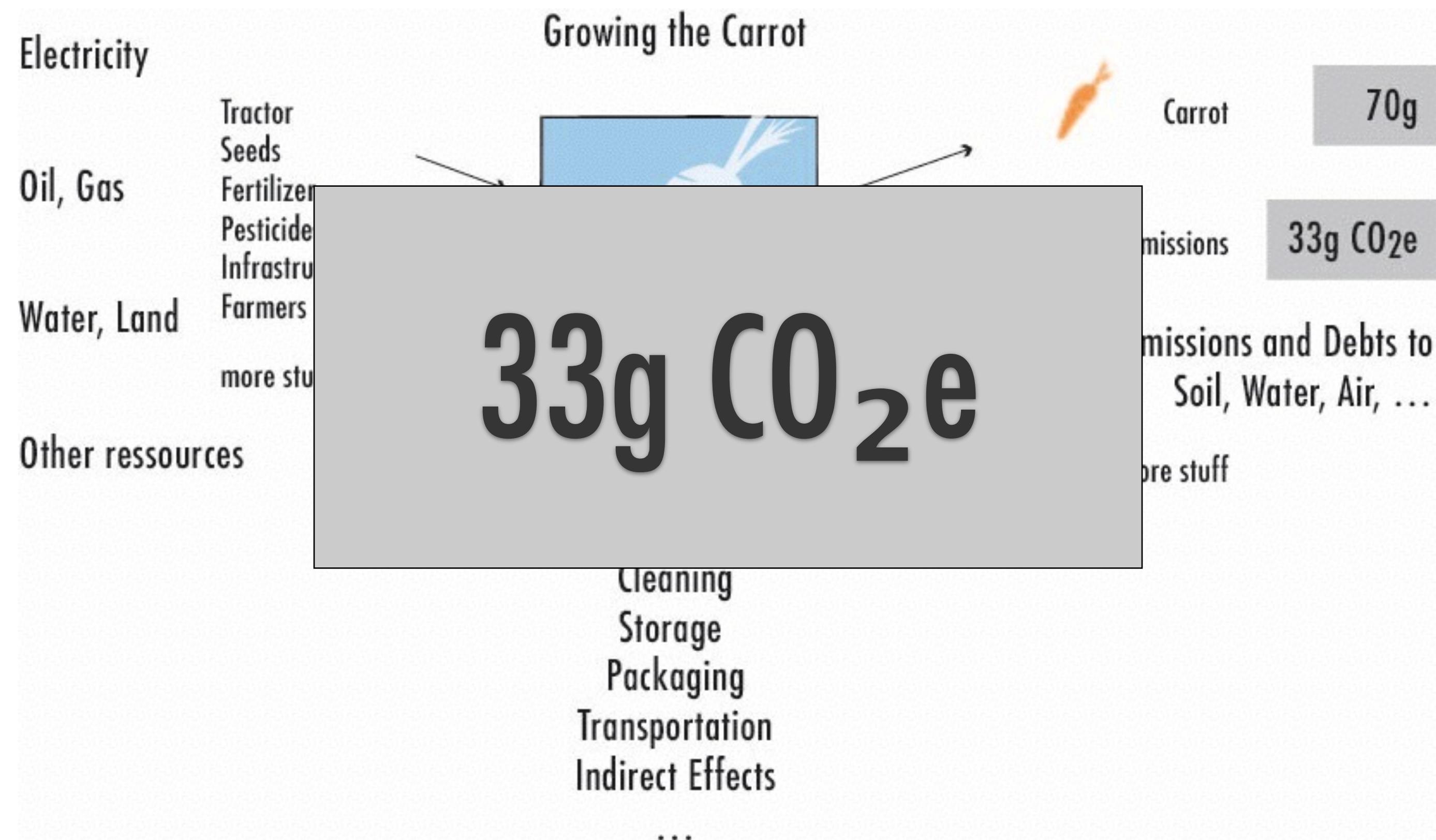
560g CO<sub>2</sub>-eq.

climate friendly

1440g CO<sub>2</sub>-eq

average meal



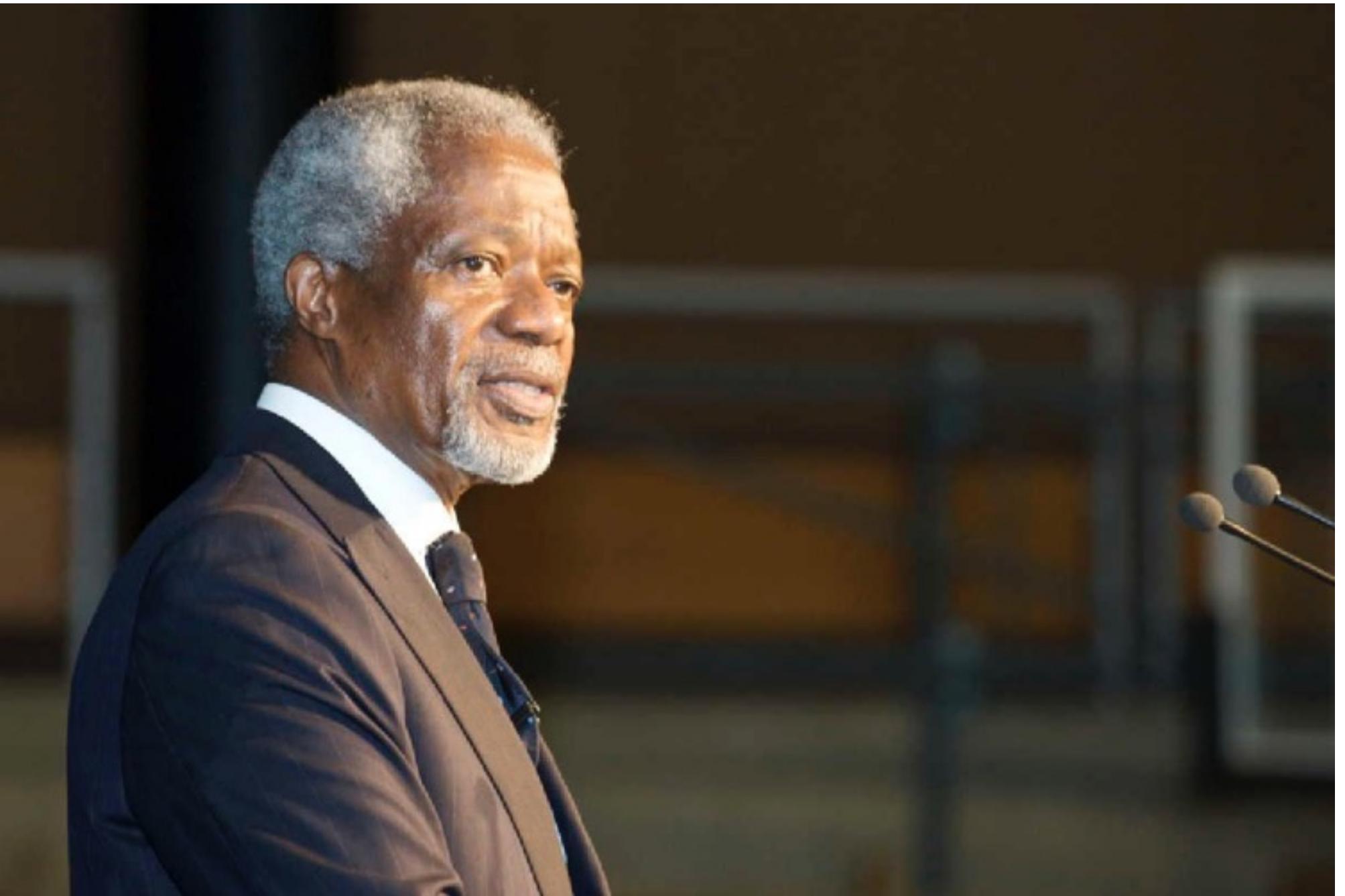


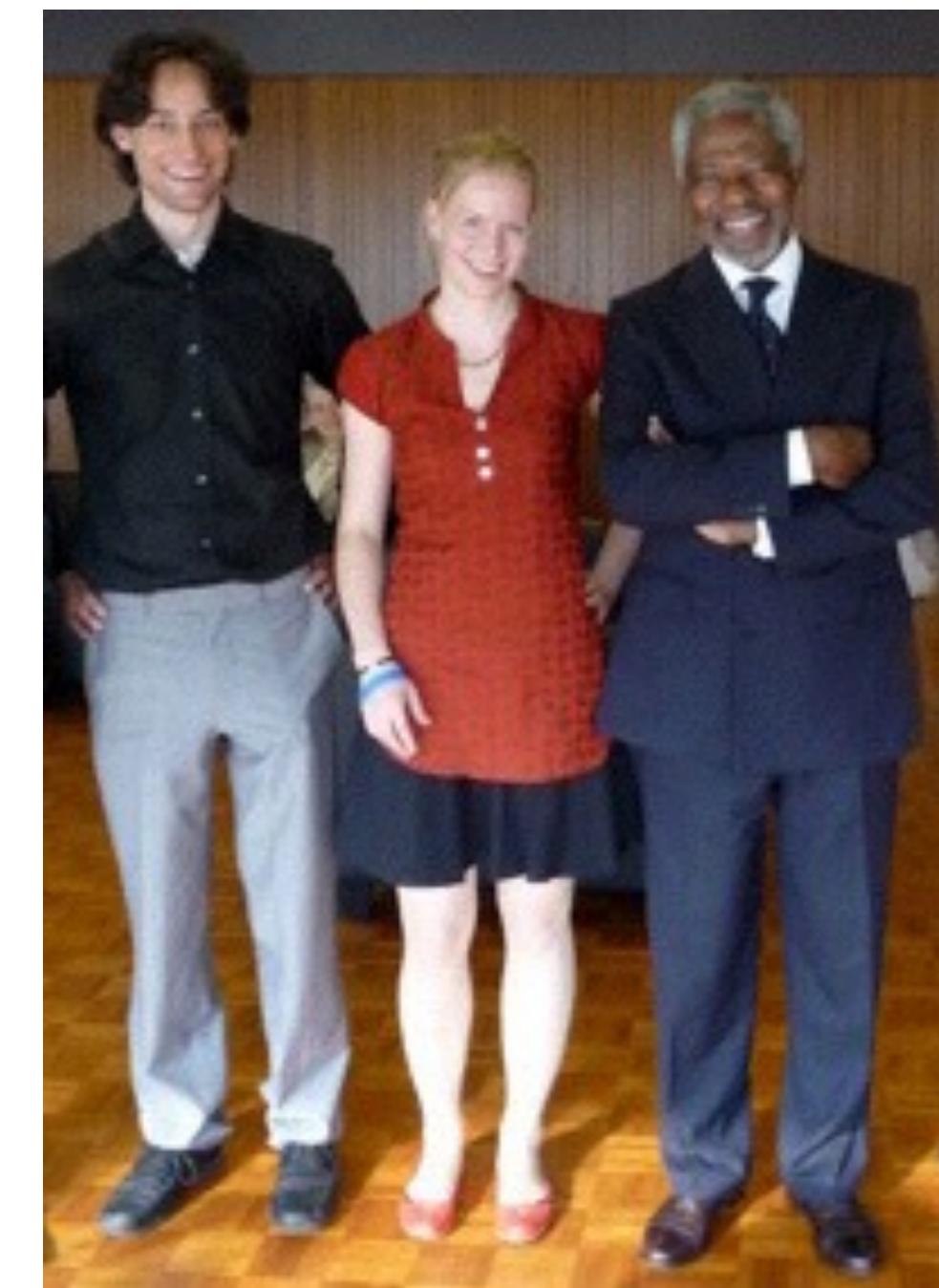
A central word cloud composed of various food and cooking-related words, including:

- MEAT**: SAUSAGE, HAM, GARLIC, SWISS, PUMPKIN, SHRIMPS, SPRING, TOMATO, CAKE, RADISH, CUBES, FLOUR, POWDER, SPOTZLE, CHARD, WITH, SUGAR, DILL, CORN, MAYONNAISE.
- VEGETABLES**: BEETROOT, CREAM, FRUIT, CAKE, RADISH, CUBES, FLOUR, POWDER, SPOTZLE, CHARD, WITH, SUGAR, DILL, CORN, MAYONNAISE.
- CHEESE**: CHEESE, SALMON, STOCK, CURRY, SOY, PLUM, PORK, MIX, PIE, CHICKEN, POTATOES, GOAT, MUSTARD, CELERY, HUMUS, HUMUS, HUMUS.
- BREAD**: SANDWICH, COOKIE, LAMB, EGGS, RADICCHIO, TUNA, TEA, CRESS, VERBENA, MINERAL, BEANS, LIME, COMPOTE, ALMOND, ARTICHOKE, PARSLEY, ROOT.
- SALAD**: SALAD, CHOCOLATE, MILK, APPLE, BAKED, MONKS, WOODRUFF, CHOCOLATE, VINEGAR, HONEY, ICE, HONEY, HONEY, HONEY.
- OIL**: OIL, SEEDS, BRIE, WHEAT, ROMANE, WATER, HUMUS, HUMUS, HUMUS.
- SAUCE**: SAUCE, FLAKES, CHIPS, DRESSING, CARROTS, SESAME, MILLET, COFFEE, TURNIP, CANNED, PEPPERED, SUNFLOWER, LEMON, SWEDISH, BACON, PASTA, MAIZE, ROUX.











<http://co2.eaternity.ch>



WAS IST Eaternity



UMWELTFAKTEN



PROJEKTE



WERDE AKTIV

## Klimafreundliche Rezepte-Küche

SUCHE

suchen



Risotto mit grünem Spargel  
und Kürbiskernen



346 g<sup>CO<sub>2</sub></sup>  
pro Person



Saftiger Karotten Kuchen  
Rezept Beschreibung



385 g<sup>CO<sub>2</sub></sup>  
pro Person



Weihnachtsbirne mit Schokolade  
Rezept Beschreibung



91 g<sup>CO<sub>2</sub></sup>  
pro Person

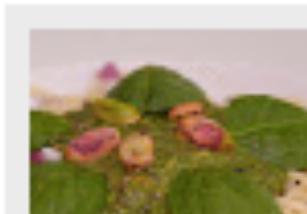


Maronibraten mit Pilz-Rotwein-Sosse

Rezept Beschreibung



1212 g<sup>CO<sub>2</sub></sup>  
pro Person



Würziges Pistazien Pesto mit  
Jungspinat



296 g<sup>CO<sub>2</sub></sup>  
pro Person

sortieren ▾



Ich esse  
die Welt gesund.



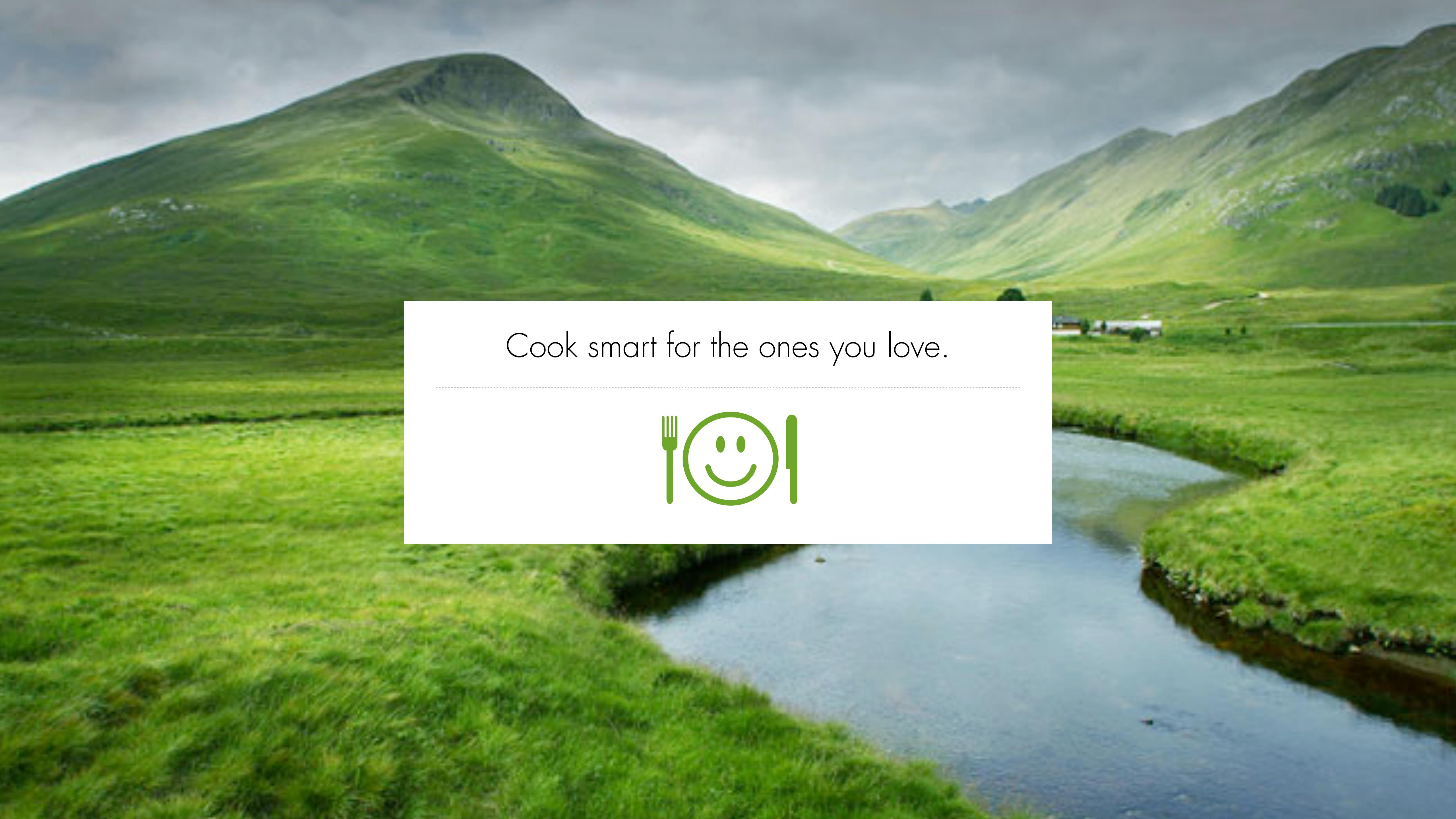




3 climate-friendly meals per week =

**1 Billion Tons less of CO<sub>2</sub>**

a year

The background of the image is a wide-angle photograph of a lush, green mountainous landscape. In the foreground, there's a bright green grassy field on the left and a winding blue river flowing from the bottom right towards the center. In the middle ground, a small, white, single-story building with a dark roof sits near the river. The background features several more green hills and mountains under a clear blue sky.

Cook smart for the ones you love.

