

INNOVATIONS WAIVER



The Innovations Waiver provides lifelong support for people in NC with intellectual / developmental disabilities and certain genetic disorders. You can apply at any time, and we recommend doing so early since waitlists can be 10-15 years long.

Do you have...



documentation of I/DD diagnosis by a licensed clinician?



an evaluation showing Adaptive Scores that meet waiver requirements?



What are Adaptive Scores?

Adaptive scores measure support needs for everyday tasks like communication, self-care, and social interaction. This testing can be obtained from licensed psychologists/psychiatrists/developmental pediatricians. Support needs can change over time, so recent testing can be important for accuracy.

If you checked all the boxes...



You should be eligible to apply for an Innovations Waiver.

Next steps...

1. Call your MCO: Ask for an I/DD Specialist.
2. Share Proof: Provide your I/DD diagnosis documentation and any testing scores to your I/DD Specialist.



3. MCO Review: The MCO will decide if you qualify and send a letter with their decision. If you qualify, you'll be placed on the Registry of Unmet Needs (the waitlist for the waiver).



Information on denials and appeals is on the back panel of this pamphlet.

1915(I) SERVICES



1915(i) Services (previously called 1915(b) or B3 services) provide support for people with intellectual / developmental disabilities, mental health disorders, and traumatic brain injuries.

When can 1915(i) services be accessed?



As a member of an NC Medicaid Health Plan.

OR

On the Waitlist for an NC Medicaid Waiver.



Examples of 1915(i) Services vary by age and include:



- Assistance with daily activities like dressing and respite care for caregivers.
- Assistance managing finances, preparing for job interviews and career planning.
- Transportation services and transition support to move into communities.



IMPORTANT TIPS



Denials & Appeals

If you are denied a NC Medicaid Waiver, contact a disability advocacy group, like Disability Rights NC (DRNC), before appealing. They can help review your case, gather documents, and may offer free legal support.

TRY AGAIN

Use this link or scan the QR code to apply for legal help from DRNC: <https://disabilityrightsncc.org/get-help/apply-for-legal-help/>



Medical Documentation

Providers: Be specific in documentation. Clearly show how the person meets the criteria and needs services to avoid institutional care. Without this, the request may be denied.



CAP/C to Innovations Transitions

Talk to your MCO about making a transition plan to the Innovations Waiver for lifelong support before age 20. You can be on the waitlist for the Innovations Waiver without losing your CAP/C slot. This allows you to call and reserve a transition spot starting in July of the year you turn 21. For more information see: <https://fragilekidsnc.org/>



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CAROLINA INSTITUTE FOR DEVELOPMENTAL DISABILITIES

NC MEDICAID WAIVER PAMPHLET FOR PEOPLE WITH DISABILITIES



What are NC Medicaid Waivers?

NC Medicaid Waivers "waive" families' income to provide specialized Medicaid-funded services tailored to individuals' needs.

I am interested in this waiver or service:



My LME/MCO Information:

Name:

Contact Information:

Next Steps & Important Reminders:

Medicaid Waivers are managed by different Managed Care Organizations/Licensing Management Entities across NC. This map shows LME/MCO regions by county, effective 2/1/2024.



LME/MCO Name

- Alliance Health
- Partners Health Management
- Trillium Health Resources
- Vaya Health

LME/MCO Contact Information:

<https://www.ncdhs.gov/providers/lme-mco-directory>

CAP/C Program



The Community Alternatives Program for Children provides services for children through age 20 who live in a private home and can be safely cared for outside of a group facility. There may be a waitlist for services, depending on your county.

Are you...

☐ under 20 years old? < 20

Do you...

☐ have a medical diagnosis that has or will last more than 1 year? + 1y

For this medical diagnosis have you... (Only 1 check needed in this section)

☐ stayed in the hospital at least 3 times in the past year?

OR

☐ stayed in the hospital for longer than a year?

OR

☐ stayed specialized treatment program, ordered by a doctor?

OR

☐ had to go to same day sick doctor's appointment, urgent care, or emergency room at least 4 times during the past year?

Do you... (Only 1 check needed in this section)

☐ use a life-sustaining device?

OR

☐ require hands-on care to prevent serious medical complications?

OR

☐ need more support in daily activities than is typical for your age?

If you checked the boxes in each section...

☒ You should be eligible to apply to CAP/C.

Next steps...

Call the NC DHHS CAP/C Office referral line at 919-855-4340. Leave a message requesting they return your call. Do not transfer to the other number, as that line cannot process referrals.

Your healthcare provider must send paperwork explaining your medical condition and care needs to support your application. Information for denials and appeals is in the Tips panel on the back of this pamphlet.

TBI WAIVER



The Traumatic Brain Injury (TBI) Waiver provides services for those who have experienced a serious head injury. There is no waitlist for this waiver.

Do you have...

☐ documentation of a TBI diagnosis by a licensed clinician?

Were you...

☐ diagnosed with a TBI on or after your 18th birthday? 18+

Do you...

☐ live in Cumberland, Durham, Harnett, Johnston, Mecklenburg, Orange, or Wake county?

If you checked all the boxes...

☒ You should be eligible to apply for a TBI Waiver.

Next steps...

1. Call Alliance Member and Recipient Services at 800-510-9132, Monday-Saturday, 7 a.m. to 6 p.m.
2. Ask for a TBI Access Specialist.

What if I was diagnosed before my 18th birthday?

If you were diagnosed with a TBI before your 18th birthday you may be eligible to apply for an Innovations Waiver.

Scan this QR code to open the digital version of this pamphlet:



<https://tinyurl.com/3sdwa4x6>

CAP/DA Program



The Community Alternatives Program for Disabled Adults (CAP/DA) helps disabled adults and seniors who might otherwise need nursing home care, receive services at home and in the community, and help them live independently.

Are you...

☐ Currently receiving any NC Medicaid benefits?

Are you... (Only 1 check needed in this section)

☐ 18 or older with a long-term physical disability and needing any nursing home or hospital level care. 18+

OR

☐ age 65 and older and at risk of going to a nursing home. 65+

If you checked 1 box in each section...

☒ You should be eligible to apply to CAP D/A.

Next steps...

Call the NC LIFTSS Acentra Health CAP/DA referral line at 919-568-1717 or 833-522-5429. A referral form can also be filled out for faxing at <https://ncliftss.acentra.com/cap-da/>



Should I transition from CAP/C to CAP/DA or Innovations?

Children on CAP/C automatically qualify for an evaluation and placement into CAP/DA. However, if your child meets the Innovations Waiver criteria, we recommend making a CAP/C-to-Innovations transition plan with your MCO for more extensive long-term services. More information is in the Tips panel at the back of this pamphlet.

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