#### **ORIGINAL ARTICLE**



# Neuroprotective effect of grape seed extract on brain ischemia: a proteomic approach

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#### Abstract

Stroke is one of the leading causes of long-lasting disability in human and oxidative stress an important underlying cause. Molecular insights into pathophysiology of ischemic stroke are still obscure, and the present study investigated the protective effect of high dosage Grape Seed Extract (GSE 2.5 g/kg) on brain ischemia-reperfusion (I/R) injury using a proteomic approach. Ischemia was realized by occlusion of the common carotid arteries for 30 min followed by 1 h reperfusion on control or GSE pretreated rats, and a label-free quantification followed by mass spectrometry analysis used to evaluate I/R induced alterations in protein abundance and metabolic pathways as well as the protection afforded by GSE. I/R-induced whole brain ionogram dyshomeostasis, ultrastructural alterations, as well as inflammation into hippocampal dentate gyrus area, which were evaluated using ICP-OES, transmission electron microscopy and immuno-histochemistry respectively. I/R altered the whole brain proteome abundance among which 108 proteins were significantly modified (35 up and 73 down-regulated proteins). Eighty-four proteins were protected upon GSE treatment among which 27 were up and 57 down-regulated proteins, suggesting a potent protective effect of GSE close to 78% of the disturbed proteome. Furthermore, GSE efficiently prevented the brain from I/R-induced ion dyshomeostasis, ultrastructural alterations, inflammatory biomarkers as CD56 or CD68 and calcium burst within the hippocampus. To conclude, a potent protective effect of GSE on brain ischemia is evidenced and clinical trials using high dosage GSE should be envisaged on people at high risk for stroke.

Keywords Stroke · Ischemia-reperfusion · Grape seed extract · Proteomics · Neuroprotection

#### Introduction

Ischemic stroke is a leading cause of death and long lasting disability worldwide that occurred following the obstruction or diminution of blood flow supply to specific brain areas. Up to now there is no satisfactory therapy and most of the clinical treatments failed to improve the stroke outcome (Doyle et al.

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2008). Ischemic insult induces a wide array of early events including excitotoxicity, inflammation, free radical production and ions dyshomeostasis in the ischemic core leading to cell death. Excitotoxicity is triggered by Ca<sup>2+</sup> burst along with ATP depletion and failure of Na+/K+ATPases leading to membrane depolarization, glutamate accumulation into the extracellular space and opening of NMDA associated Ca<sup>2+</sup>channels. The burst in calcium triggers the activation of destructive enzymes such as calpains or lipases, which in turn induce the release of pro-inflammatory cytokines and cellular mediators such as NO which interacts with free radicals to induce highly toxic peroxynitrite (Sharipov et al. 2014), a powerful free radical capable of inducing severe lipoperoxidation into the brain, highly prone to oxidative stress due to its low anti-oxidative defence and high polyunsaturated fatty acids content (Pacher et al. 2007).

GSE is a natural and complex mixture of bioactive polyphenolic compounds such as flavonoids, non flavonoids, stilbenes and anthocyanins (Nassiri-Asl and Hosseinzadeh 2009). GSE exhibits a large spectrum of pharmacological



and multi-organ protective effects such as antiinflammatory (Chao et al. 2011), and anti-oxidative (Dogan and Celik 2012) as well as liver (Sehirli et al. 2008), brain (Kadri et al. 2015), heart (Mokni et al. 2012) and lung protection (Khazri et al. 2016).

Proteomics, which has the potential to contribute significantly to medical research, is useful for identifying multiple pathogenesis and their progression as stroke. Qualitative label-free LC-MS based proteome analysis has increased drastically over the past decade as a result of technological advances including improvement in sample preparation, database searching and bioinformatics tools that facilitate data interpretation (Lindsey et al. 2015).

In a previous work we showed that GSE protected rat brain from I/R insult mainly through its anti-oxidative properties (Kadri et al. 2015). In the present study, using a high resolution orbitrap LC-MS/MS based proteomic approach we analyzed the effect of I/R on protein abundances, ontologies and pathways as well as the prevention afforded by GSE treatment.

#### Material and methods

## Reagents

GSE was processed from the grape cultivar carignan of *Vitis vinifera* from northern Tunisia. Seeds were air dried and separately grounded using an electric mincer (FP3121 Moulinex) until an ultrafine powder was obtained and dissolved in 10% ethanol (v/v) and after vigorous shaking (30 min) and centrifugation (10,000 g, 15 min, 4 °C) supernatant containing soluble polyphenols was used. Composition of GSE was given elsewhere (Charradi et al. 2012).

#### **Animals and treatment**

Male Wistar rats (206–226 g) from Pasteur Institute Tunis, were used in accordance with the Ethic Committee of Tunis University and NIH guidelines (Institute of Laboratory Animal Resources (U.S.). Committee on Care and Use of Laboratory Animals., National Institutes of Health (U.S.). Division of Research Resources 1985). They were provided with food and water ad libitum and maintained in animal house at fixed temperature of 22 °C + \_ 2 °C with a 12 h light–dark cycle. Rats were randomly divided into three groups of six animals each and daily treated with GSE (2.5 g/kg) by intraperitoneal (ip) route for one week. Such a GSE dosage was chosen according to previous dose response experiments demonstrating the safety and efficiency of varying GSE doses (Charradi et al. 2018).

Group I: Control (C) Group II: I/R (I)

Group III: GSE + I/R (GI)



## Induction of brain I/R injury

At the end of the treatment period, brain I/R was collectively carried out according to (Ueda et al. 2000) at 9 h a.m. to avoid circadian rhythms fluctuations. Briefly, rats were anesthetized with urethane (200 mg/kg) and both common carotid arteries were dissected and clamped for 30 min followed by one hour reperfusion. Animals were then subjected to transcardiac perfusion with NaCl solution (0.9%), brain rapidly excised and homogenized using phosphate buffer saline pH 7.4 with an ultrathuraxT25 homogenizator and sonicated (3x 10s). After centrifugation at 10000 g for15 min at 4 °C, supernatant was used for protein extraction.

# Brain protein extraction and in gel digestion

Brain proteins were extracted using bicarbonate buffer 50 mM containing 50 mM DTT and 1% SDS at 55 °C for 15 min and then loaded on 12% polyacrylamide gel. After migration, the gel was incubated in a fixative solution for 30 min, stained with colloidal coomassie brilliant blue overnight and destained after extensive washing with distilled deionized water. The gel was cut into pieces that were washed with 300 µL of distilled deionized water for 15 min, 300 µL of ACN for 15 min and 300 µL of NH<sub>4</sub>HCO<sub>3</sub> 100 mM pH 8 for 15 min, then a mixture of 300 µL of NH<sub>4</sub>HCO<sub>3</sub>/ACN (1:1; v/v) for 15 min and 300 µL of ACN for 5 min. Band pieces were dried in a speedvac for 5 min, reduction of cysteine residues achieved with 50 µL of 10 mM DTT in NH<sub>4</sub>HCO<sub>3</sub> 100 mM (pH 8) and gel pieces incubated at 56 °C for1h. Alkylation of cysteine residues was realized using 50 mM iodoacetic acid in 100 mM NH<sub>4</sub>HCO<sub>3</sub> pH 8 for 30 min at room temperature in the dark. Band pieces were washed a second time with 300 µL NH<sub>4</sub>HCO<sub>3</sub> 100 mM pH 8 for 15 min, then incubated in 300 μL NH<sub>4</sub>HCO<sub>3</sub>/ACN (1:1; ν/v) mixture for 15 min followed by 5 min incubation in 300 µL ACN and dried in a Speedvac for 5 min. Proteins embedded into band pieces were subjected to tryptic digestion (trypsin 12.5 µg/mL) in NH<sub>4</sub>HCO<sub>3</sub> 20 mM pH 8 at 37 °C overnight. Peptides were then extracted two times using 1% TFA for 20 min then with 150 µL ACN for 10 min on a shaking platform and then dried into a speedvac.

#### Nano LC-MS/MS

All analyses were conducted on a LTQ-Orbitrap Elite (Thermo Scientific) coupled with an Easy nLC II system (Thermo Scientific) and nano LC-MS/MS repeated twice. Peptide sample was re-suspended in 10  $\mu$ L 1% TFA and 4  $\mu$ L were injected into an enrichment column (C18 PepMap100, Thermo Scientific) and separation achieved with an analytical column needle (NTCC-360/100-5-153, NikkyoTechnos, Japan). The mass spectrometer was used in

positive ionization mode with a capillary voltage and a source temperature set at 1.5 kV and 275 °C, respectively. For protein identification, peptides were analyzed by collision induced dissociation (CID) method and the first scan (MS spectra) was recorded in the Orbitrap analyzer (R = 60.000) at a mass range m/z 400-2000. Then, the 20 most intense ions were selected for MS2 experiments and singly charged species were excluded for MS2 analysis. Dynamic exclusion of already fragmented precursor ions was applied for 30 s, with one repeat count, a repeat duration of 30 s, and an exclusion mass width of  $\pm 10$  ppm. Fragmentation occurred in the linear ion trap analyzer with collision energy of 35 eV. A target of 5000 ions and a maximum injection time of 200 ms were used for CID MS2 spectra. The method was set to analyze the 20 most intense ions from the survey scan and dynamic exclusion was enabled for 20s. All measurements with the orbitrap analyzer were performed using on-the-fly internal recalibration.

## **Data analyses**

Tandem mass spectra were processed with Thermo Scientific Proteome Discoverer software version 1.3 (Thermo fisher Scientific). Peak lists were determined using the MASCOT engine (Matrix Science version 2.3) and the *Rattus norvegicus* database and SEQUEST® algorithm. The parent-ion and daughter-ion tolerances were 10 ppm and 0.5 Da respectively and peptides filtered based on a false discovery rate (FDR) of 1%.

#### Label free quantification

The Progenesis LC-MS software from nonlinear dynamics (Newcastle upon Tyne, U.K.) was used to perform label-free quantification. The thermo raw files were loaded onto Progenesis LC-MS software (version 1.0.0.1), aligned automatically, and the resulting aggregate spectrum filtered to include +1, +2, and +3 charge state. Protein identification was accepted if established for at least 2 identified peptides. Normalization was done on top 3 total ion current (TIC) in addition to spectral counting.

# **Hierarchical clustering**

The transcript clusters that were differentially expressed between ischemia and control samples, euclidean distance of expression levels was computed and hierarchical clustering performed using complete-linkage method using R Studio (3.1.1).

#### Gene ontology annotation

Functional categorization and pathway analysis were performed using David 6.7 Bioinformatics tool (http://david.

abcc.nciferf.gov/) as described by (Huang et al. 2009). David Bioinformatics mainly provided batch gene annotation and Gene Ontology (GO) term enrichment analysis to highlight the most relevant GO terms associated with the uploaded gene list.

## Cytoscape analysis

Differentially expressed protein *p*-values were mapped into Protein-Protein Interaction (PPI) network using Cytoscape version 3.2.1 (Shannon et al. 2003). Human PPI data were obtained from gene mania database (http://www.genemania.org/) after conversion to rat PPI using orthologous relationship ("interologs") obtained from inparanoid database (http://inparanoid.sbc.su.se/).

#### **Brain ions determination**

Whole brains were wet ashed in nitric acid (15.5 mol/L), diluted, and filtered for the determination of iron, potassium, sodium and magnesium by dual view ICP-OES.

# Ultrastructure of hippocampus

Where indicated brain hippocampi were carefully dissected, immediately fixed in 3% glutaraldehyde (buffered at pH 7.4) and post-fixed in 2% osmium tetroxide. Following hydration, hippocampi were embedded in Epon 812 and ultrathin sections of the dentate gyrus area realized, stained with uranyl acetate and lead citrate and observed using a JEM 1010 transmission electron microscope.

#### Immunohistochemistry of hippocampus

Due to its role in memory and cognitive processes hippocampus was used for the detection of calcium burst, CD56 and CD68 inflammatory biomarkers (Eichenbaum 2004). Briefly, hippocampi were fixed in 10% (v/v) formaldehyde, dehydrated and embedded in paraffin. Five micrometer thick sections were stained with haematoxylin-eosin (HE) or with Von kossa reagent for calcium labeling and examined under light microscope. Sections were also deparaffinized, rehydrated and antigen retrieval realized after incubation with bond™ ready to use primary antibody against CD56 (clone CD564, catalogue number PA0191) or CD68 (clone 514H12, catalogue number PA0273) purchased from Leica Biosystems, (Newcastle upon Tyne UK) for 15 min at room temperature, followed by peroxidase conjugated secondary antibody for 8 min and revealed using diaminobenzidine (DAB) as chromogen substrate.



#### **Statisticals**

Results are expressed by mean  $\pm$  SEM. Significance between groups was evaluated using Student's t test. P < 0.05 was considered significant. (\*) indicated significance for I versus C and (§) for GI versus I.

#### Results

## Proteomic profiling and networking

To approach the biological events occurring in the brain after transient global ischemia, a quantitative proteomic analysis of differentially expressed proteins, their ontologies and pathways in C vs I, C vs GI and I vs GI was conducted. Analysis of C vs I (pool 1) expressed proteins revealed that 108 proteins among 1614 were altered upon I/R (Table 1). Analysis of C vs GI (pool 2) identified 66 proteins among which 17 proteins were also found in pool 1. Comparison of the two pools revealed that 90 proteins from pool 1 were not modified in pool 2, thus considered as protected proteins (pool 3), and 16 proteins that were present in both pool 1 and 2 considered as unprotected proteins. Among the 49 proteins remaining in pool 2, forty were modified by GSE alone and the nine other proteins were identified when comparing C vs GI pool. Figure 1 Aillustrated the various protein pools where pool 1 and pool 3 are divided into over-expressed (enriched ontologies) and under-expressed proteins (depleted ontologies) and ontology analysis applied on each individual pool. Pool 1 and 2 have been represented in a network obtained using Gene MANIA Cytoscape plugin (version 3.3.4) that highlight the functional interactions between these proteins (Fig. 1b). Overally I/R mostly down-regulated proteins and GSE protected almost all major altered protein network.

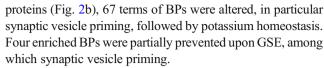
# Hierarchical clustering and heat-map

Raw data were used to draw a hierarchical clustering heat-map (Fig. 1c), delineating good reproducibility and homogeneity for the various experimental groups.

# Over and under expressed proteins ontologies

108 proteins were linked to at least one annotation term within the GO biological process (BP), molecular function (MF) and cellular component (CC) categories, and identified proteins were functionally categorized based on universal GO annotation terms.

The most enriched BP was glycolysis related process. Three enriched BPs were not protected by GSE, namely complement activation, protein activation cascade and humoral immune response (Fig. 2a). Concerning under-expressed



Concerning MF ontology (Fig. 2c), 8 terms were over-represented. Metallo-amino-peptidase activity was the most abundant term representing 15% of over-expressed proteins, followed by hydro-lyase. Five MFs were not fully prevented upon GSE among which metallo-amino-peptidase and hydro-lyase activities. Analysis of under-expressed MFs showed that 26 MFs were altered among which myosin heavy chain binding (18% of under-expressed proteins) (Fig. 2d). Noticeable that ATPase activity, coupled to trans-membrane movement of ions was detected in both depleted and enhanced MFs.

Eleven terms of CC process were enriched, cytosol being the most enriched one reaching 33% (Fig. 3a). Six CCs were not fully protected by GSE among which cytosol and mitochondrion. Regarding under-expressed proteins, 34 terms were altered among which clathrin sculpted gamma-aminobutyric acid transport vesicle was the most depleted term representing 25% of under-expressed proteins (Fig. 3b) and 14 CC ontologies were partially protected by GSE.

# Altered pathways and reactomes

Concerning reactomes (Fig. 3c) mitochondrial fatty acid betaoxidation wasthe main up-regulated one followed by glycolysis, transferrin endocytosis and recycling with 25%, 13% and 13% respectively. The most depleted reactome was GABA metabolism (22%) followed by nuclear envelope reassembly (15%) (Fig. 3d).

#### **Brain ionograme**

To further support ontology data, complementary ion determinations were conducted. Free iron and sodium increased upon I/R respectively by +80% and +100% and GSE protected them efficiently, to near control for sodium (Fig. 4a) or to lower level for free iron (Fig. 4b). On the other hand potassium (Fig. 4c) and magnesium (Fig. 4d) decreased upon I/R by 50% that were efficiently protected upon GSE.

#### Transmission Electron Microscopy (TEM)

Ultra-structural impairment occurring into hippocampus upon I/R was also investigated. Most nervous cells in the sham group exhibited intact and smooth nuclear membranes, well distributed chromatin and normal organelles (Fig. 5) whereas upon I/R disrupted nuclear membranes, abnormal chromatin, sparse cytoplasm and collapsed organelles were detected. Interestingly ultrastructural morphology of GI group was close to sham control.



Uniprot ID	Descrption	С	I	GI	Peptid count	Confidence score	Anova (p)	Max fold change
P49748	Very long-chain specific acyl-CoA dehydrogenase, mitochondrial	5055 ± 135,5	3477 ± 301,7	4648 ± 653,7*	25	1282,71	0,002573	3,455,258
P63267	Actin, gamma-enteric smooth muscle	$3,252,000 \pm 288,380$	$1,964,000 \pm 319,599$	$2,179,000 \pm 245,408$	20	859,98	5,88E-05	7,739,726
P11137	Microtubule-associated protein	$144,124 \pm 7647$	$85,343 \pm 8927$	$132,971 \pm 4675*$	25	1632,69	7,61E-05	2,064,409
P10809	60 kDa heat shock protein, mitochondrial	$71,010 \pm 8949$	$36,903 \pm 6489$	$74,393 \pm 4198$	17	1108,72	0,005148	2,634,518
P11142	Heat shock cognate 71 kDa protein	$140,279 \pm 10,256$	$108,514 \pm 7172$	$141,301 \pm 3124*$	16	1138,94	0,04833	1,262,912
Q13554	Calcium/calmodulin-dependentprotein kinase type II subunit beta	$49,683 \pm 11,597$	$19,699 \pm 3189$	51,614 ± 4911*	11	492,31	0,000269	894,107
Q9H4G0	Isoform L of Band 4.1-like protein 1	$44,040 \pm 6635$	$18,346 \pm 1971$	$39,201 \pm 1954*$	16	862,44	8,66E-05	740,769
P50395	Rab GDP dissociation inhibitor beta	$42,146 \pm 8918$	$16,968 \pm 3452$	$20,387 \pm 917,6$	4	171,56	0,000348	625,743
P61764	Syntaxin-bindingprotein 1	$23,107 \pm 6486$	$3644 \pm 2236$	$24,217 \pm 2341*$	13	678,58	0,00073	2,010,513
Q00765	Reep5 protein;Receptor expression-enhancing protein 5	$40,128 \pm 5878$	$22,390 \pm 3814$	$37,490 \pm 2763*$	3	238,02	0,022145	2,681,887
O75390	Citrate synthase, mitochondrial	$20,474 \pm 4924$	$4052 \pm 1901$	$16,509 \pm 1774*$	8	468,1	6,45E-07	23,77,178
P61421	ATPase, H+ transporting, lysosomal 38 kDa, V0 subunit d1	$33,875 \pm 2001$	$17,479 \pm 3629$	$26,982 \pm 1318*$	11	581,8	0,000278	9,744,108
O15020	Spectrin beta chain, non-erythrocytic 2	$32,775 \pm 6597$	$16,931 \pm 1415$	$33,944 \pm 3224*$	9	504,09	0,000579	2,222,275
Q16623	Syntaxin-1A	$37,686 \pm 3897$	$21,870 \pm 2326$	$37,461 \pm 2467*$	2	95,87	0,00041	320,579
P78356	Phosphatidylinositol 5-phosphate 4-kinase type-2 beta	$39,522 \pm 3849$	$24,024 \pm 3078$	$37.278 \pm 2971*$	10	570,28	1,08E-05	3,860,319
O9UBO0	Vps29 protein	$44,340 \pm 1732$	$30,990 \pm 3003$	$39,996 \pm 530,0*$	12	572,57	0.00334	190,339
P46821	Microtubule-associatedprotein 1B	$38,145 \pm 2847$	$27,235 \pm 2127$	$35.894 \pm 1172*$	11	421,13	4,62E-05	5,026,468
Q96EQ0	Small glutamine-rich tetratricopeptide repeat-containing protein beta	$18,552 \pm 4024$	$8334 \pm 779,1$	$17,712 \pm 2581*$	4	176,58	0,011948	2,808,595
P05388	60S acidic ribosomal protein P0	$15,501 \pm 4104$	$5600 \pm 1034$	$16,780 \pm 964,9*$	9	542,82	0,002591	2,018,508
Q9NWU1	3-oxoacyl-[acyl-carrier-protein] synthase, mitochondrial	$15,528 \pm 1639$	$5982 \pm 783.5$	$12,613 \pm 1827*$	8	365,87	0,000625	9,903,951
Q53FP2	Transmembraneprotein 35	$20,319 \pm 3211$	$11,008 \pm 342,6$	$19,277 \pm 2244*$	11	620,15	0,003125	2,223,157
P17844	Probable ATP-dependent RNA helicase DDX5	$18,501 \pm 3490$	$9824 \pm 843,3$	$16,054 \pm 2657*$	11	584,84	0,001087	3,391,522
P80723	Brainacid soluble protein 1	$17.046 \pm 2174$	$8839 \pm 1065$	$8955 \pm 95,41*$	11	626,63	0,021677	1,729,477
Q01814	Calcium-transporting ATPase	$10,989 \pm 2817$	$4052 \pm 967.5$	$9747 \pm 789.8*$	12	506,12	0,011177	248,812
P0CW22	40S ribosomal protein S17	$15,075 \pm 1108$	$8434 \pm 1452$	$9863 \pm 583.0$	3	236,21	0,00241	3,655,883
P42166	Lamina-associated polypeptide 2, isoform beta	$9239 \pm 2083$	$2762 \pm 968,5$	$8975 \pm 676,0*$	11	624,1	0,00511	5,043,472
P30084	Enoyl-CoA hydratase, mitochondrial	$27,980 \pm 2253$	$21,553 \pm 380,9$	$23,088 \pm 735,4*$	3	222,91	8,18E-06	294,521
P26885	peptidyl-prolyl cis-transisomerase FKBP2 isoform X3	$38,321 \pm 1022$	$32,365 \pm 744$	$38,160 \pm 421,8*$	10	552,59	0,042588	1,420,318
P05023	Sodium/potassium-transporting ATPase subunit alpha-1	$16,871 \pm 2235$	$10,943 \pm 611,3$	$17,496 \pm 1269*$	9	402,96	0,00607	3,513,623
P00441	Superoxidedismutase [Cu-Zn]	$7253 \pm 874.4$	$1540 \pm 194.2$	$6652 \pm 1167*$	9	552,8	5,80E-07	9,532,971
Q14103	RNA binding protein p45AUF1	$14,219 \pm 1398$	$8865 \pm 872$	$13,232 \pm 684,7*$	8	447,84	0,000197	1,856,757
Q9P2X3	Protein IMPACT	$7576 \pm 1357$	$2342 \pm 640.2$	$7173 \pm 643.6*$	8	494,76	0,027181	6,980,045
O14828	Secretory carrier-associated membrane protein 3	$10,115 \pm 1299$	$4955 \pm 872,1$	$6013 \pm 846.2$	9	464,88	0,00181	2,320,972
Q9H0Q0	Protein FAM49A	$12,449 \pm 1010$	$7543 \pm 1087$	$12,838 \pm 940,0*$	8	317,98	0,006062	6,720,712
O75122	CLIP-associatingprotein 2	$9231 \pm 1576$	$4413 \pm 964,2$	$5552 \pm 390.9$	5	162,95	0,005476	5,859,161
Q08170	;Protein Srsf4	$8050 \pm 1622$	$3450 \pm 378.8$	$6651 \pm 347,7*$	7	447,05	3,50E-06	7,143,609
P23677	Inositol-trisphosphate 3-kinase A	$6980 \pm 361.4$	$2479 \pm 636,5$	$5848 \pm 565,2*$	8	599,98	0,001035	1,807,211
O75396	Vesicle-traffickingprotein SEC22b	$9600 \pm 818.8$	$5263 \pm 369.8$	$8992 \pm 840.7*$	7	550,09	0,002699	21,543
Q3KRD5	Mitochondrial import receptorsubunit TOM34	$10,562 \pm 1525$	$6392 \pm 455,3$	$10,799 \pm 1035*$	7	375,36	0,049136	1,627,609
Q99259	Glutamate decarboxylase 1	$18,671 \pm 1142$	$14,805 \pm 344,7$	$18,423 \pm 811,4*$	6	256,13	0,002276	3,261,434
P20700	Lamin-B1	$6128 \pm 1422$	$2489 \pm 513,4$	$5806 \pm 985,4*$	8	413,02	0,000589	296,066
Q00535	Cyclin-dependent-like kinase 5	$7409 \pm 1176$	$3853 \pm 540,8$	$6505 \pm 1118*$	8	536,22	0,002548	2,597,922
P62750	60S ribosomal protein L23a-like	$5529 \pm 1245$	$2002 \pm 337,6$	$2797 \pm 361,2$	7	301,46	0,001858	2,264,326
P31323	cAMP-dependent protein kinase type II-beta regulatory subunit	$7515 \pm 755,6$	$4097 \pm 193,2$	$6561 \pm 499,4*$	7	349,74	0,001509	7,479,962
O14289	Protein-tyrosine kinase 2-beta	$6412 \pm 1091$	$2995 \pm 351.3$	$5541 \pm 634.9*$	8	361,78	6,90E-05	2,690,438
P04843	Dolichyl-diphosphooligosaccharideproteinglycosyltransferasesubunit 1	$4894 \pm 1057$	$1693 \pm 366.6$	$4129 \pm 269,1*$	3	142,35	5,08E-06	23,94,797
Q16799	Reticulon-1	$4796 \pm 585,0$	$1605 \pm 366,6$ $1605 \pm 436,6$	$4256 \pm 395,0$ *	5	253,8	0,001059	7,122,095

Table 1 (continued)

Uniprot ID	Descrption	С	I	GI	Peptid count	Confidence score	Anova (p)	Max fold change
P08133	Annexin A6	$7177 \pm 819,5$	4151 ± 551,5	5767 ± 970,1*	7	460,83	0,004801	2,584,196
Q13557	Calcium/calmodulin-dependentprotein kinase type II subunit delta	$9157 \pm 128,0$	$6202 \pm 810,1$	$8739 \pm 252,7*$	7	297,33	0,000219	21,91,005
P51648	Fattyaldehydedehydrogenase	$4272 \pm 915,1$	$1494 \pm 352,4$	$2017 \pm 232,5$	7	300,18	0,018354	1,733,637
Q16352	Alpha-internexin	$3115 \pm 52,39$	$430,6 \pm 168,4$	$3523 \pm 277,5*$	2	64,68	0,00036	20,40,332
Q16653	myelin/oligodendrocyte glycoprotein;	$2726 \pm 1471$	$197,4 \pm 12,66$	$2315 \pm 181,4*$	7	393,43	2,30E-06	22,35,441
206576	ATP synthase subunit beta, mitochondrial	$2949 \pm 904,4$	$567,0 \pm 142,8$	$2264 \pm 592,6*$	4	182,12	0,000556	17,66,827
49368	T-complexprotein 1 subunit gamma	$3781 \pm 384,4$	$1415 \pm 359,9$	$1787 \pm 398,0$	4	289,71	0,019728	238,443
)9Y6E0	Serine/threonine-protein kinase 24	$3843 \pm 547,4$	$1758 \pm 415,7$	$3206 \pm 187,6*$	4	257,68	0,012597	2,091,177
060641	Clathrincoatassemblyprotein AP180	$4241 \pm 516,3$	$2211 \pm 398,3$	$3846 \pm 638,3*$	8	373,97	0,00102	3,012,692
9NQX3	Gephyrin	$2507 \pm 592,4$	$497,0 \pm 68,12$	$2217 \pm 117,8*$	5	224,58	0,003377	328,009
25786	Proteasomesubunit alpha type-1	$3205 \pm 313,8$	$1586 \pm 289,9$	$1893 \pm 136,9$	6	405,87	0,043391	2,600,922
215700	Disks large homolog 2	$3393 \pm 106,5$	$1903 \pm 317,5$	$2606 \pm 905 *$	5	215,98	0,007634	2,588,708
094925	Glutaminase kidney isoform, mitochondrial	$2491 \pm 556,1$	$1004 \pm 120,1$	$2210 \pm 216,6*$	7	438,47	0,019917	2,255,259
)96EY1	Tid-1 long isoform	$1570 \pm 448$	$238.8 \pm 153.9$	$1431 \pm 140,4*$	7	353,45	0,007204	2,106,677
8IYB5	Stromal membrane-associated protein 1	$2541 \pm 405,7$	$1314 \pm 197,7$	$1304 \pm 142,8$	6	340,61	0,001606	2,112,866
96SB3	Neurabin-2	$1258 \pm 203,5$	$178,2 \pm 85,22$	$1105 \pm 199,5*$	7	327,8	0,008212	2,630,158
9Y2J0	Rabphilin-3A	$2863 \pm 347.7$	$1864 \pm 109.9$	$2294 \pm 454.9*$	5	178,82	0,002048	207,256
28289	Tropomodulin 1	$2437 \pm 62.33$	$1531 \pm 138,8$	$1702 \pm 147.9$	6	305,04	1,51E-05	2,521,176
000330	Pyruvate dehydrogenaseprotein X component, mitochondrial	$1736 \pm 209,2$	$830,7 \pm 162,4$	$1389 \pm 45,23*$	3	91,77	1,66E-05	801,897
00610	Clathrinheavychain 1	$2714 \pm 209,2$	$2030 \pm 133.8$	$1790 \pm 943$	6	424,11	0,015616	1,923,140
95674	Phosphatidatecytidylyltransferase 2	$1141 \pm 179$	$468,6 \pm 123$	$1076 \pm 75,26*$	6	305,39	0,006727	23,223
13521	Secretogranin-2	$1458 \pm 165,5$	$951,7 \pm 91,29$	$1437 \pm 205,7*$	5	189,42	1,32E-05	14,36,003
62807	Histone H2B type 1	$858.9 \pm 73.81$	$441,5 \pm 91,81$	$864.0 \pm 36.90*$	4	247,7	0,000961	2,632,955
16949	Stathmin	$381,3 \pm 156,7$	$65,16 \pm 20,45$	$275,1 \pm 40,06*$	4	192,1	0,001819	2,216,247
99962	Endophilin-A1	$277,7 \pm 90,7$	$39,82 \pm 15,85$	$263.7 \pm 34.49*$	2	80,88	0,025369	1,426,053
31146	Coronin-1A	$201,2 \pm 41,54$	$78,22 \pm 15,81$	$166.7 \pm 20.71*$	5	371,58	3,27E-07	4,728,283
07021	Complement component 1 Q subcomponent-bindingprotein, mitochondrial	$31,28 \pm 9018$	$124.9 \pm 2905$	$43,99 \pm 6811*$	3	142,25	0,019028	3,848,112
)92499	ATP-dependent RNA helicase DDX1	$1040 \pm 0.5626$	$223,6 \pm 99,64$	$5504 \pm 3677$	5	224,93	0,000107	2,980,979
99798	Aconitate hydratase, mitochondrial	$0.0 \pm 0$	$415,5 \pm 235,8$	$1973 \pm 0.9180$	6	216,04	0,004936	3,158,173
16615	Sarcoplasmic/endoplasmic reticulum calcium ATPase 2	$700,3 \pm 53,88$	$1117 \pm 54,05$	$766,1 \pm 74,16*$	5	184,64	0,000154	2,290,602
99623	Prohibitin-2	$2356 \pm 2356$	$493,4 \pm 96,53$	$20,62 \pm 1349$	5	209,17	0,002807	1,645,111
11217	Alpha-1,4 glucanphosphorylase	$2186 \pm 124,9$	$2816 \pm 67,77$	$2407 \pm 146,1*$	5	224	0,001864	2,422,725
43301	Heat shock 70 kDa protein 12A	$166,4 \pm 34,78$	$873,7 \pm 256,9$	$485,1 \pm 167,9$	5	305,1	0,000116	4,790,286
61353	60S ribosomal protein L27	$106,0 \pm 24,12$	$806,4 \pm 118,6$	$284.8 \pm 62.97$	5	230,07	0,003263	2,566,074
93077	Histone H2A type 4	$352.8 \pm 133.2$	$1398 \pm 82,77$	$417.5 \pm 103.1*$	4	194,95	0,000588	2,906,15
16401	Proteasome	$625,7 \pm 76,65$	$1690 \pm 32,77$ $1690 \pm 273,2$	$820.0 \pm 74.46*$	4	184,59	0,000198	2,457,571
01813	ATP-dependent 6-phosphofructokinase, platelet type	$0.9254 \pm 0.9162$	$1134 \pm 684,5$	$1266 \pm 1154*$	4	209,63	0,008342	2,664,819
189C4	Glyceraldehyde-3-phosphate dehydrogenase	$0.9234 \pm 0.9102$ $150.35 \pm 3.51$	$1209,471 \pm 12,95$	$1260 \pm 1134$ $196,301 \pm 5963$	9	490,67	0,000342	8,044,369
55786	ProteinNpepps	$520.8 \pm 172.1$	$1209,471 \pm 12,93$ $1694 \pm 423,2$	$1334 \pm 235,5$	5	213,02	0,000273	2,481,745
49720	Proteasomesubunit beta type-3	$986.7 \pm 308.1$	$1094 \pm 423,2$ $2232 \pm 185,2$	$1334 \pm 233,3$ $1223 \pm 264,7*$	5	207,95	0,001094	10,09238
49720 14324	Farnesyl pyrophosphate synthase	$1490 \pm 409,7$	$2232 \pm 183,2$ $3826 \pm 230$	$1223 \pm 204,7$ $1852 \pm 348,8$ *	4	257,75	0,000118	2,481,753
17987	T-complexprotein 1 subunit alpha	$1490 \pm 409,7$ $1316 \pm 285,8$	$3668 \pm 208,9$	$1632 \pm 348,8^{\circ}$ $1663 \pm 215,6^{\circ}$	5	282,22	0,002218	2,481,733
1/98/ 9UHG2	ProSAAS		$3008 \pm 208,9$ $8212 \pm 205,9$		3	124,17	,	
-		$5842 \pm 616,2$	,	$8866 \pm 685,1$		,	0,004416	3,441,157
49591	SerinetRNA ligase, cytoplasmic	$4014 \pm 489,8$	$6496 \pm 631$	5488 ± 312,6*	4	119,72	0,001994	6,215,821
19338	Nucleolin	$2988 \pm 72,94$ $2951 \pm 417,1$	$5989 \pm 1157$ $6271 \pm 932,5$	$3523 \pm 246,9*$	3 5	163,85 221,5	0,015476 0,000344	23,59,000 20,9491

2,926,054 2,780,319 6,255,352 3,460,626 1,840,022 2,183,475 2,326,795 7,832,123 1,435,242 299,785 2,816,599 Max fold change Anova (p) 1,10E-08 0,011336 4,28E-09 0,000268 3,011266 0,000179 5,47E-05 0.002264 5,88E-05 0,027441 0,01145 0.002573 Confidence 157,22 189,09 356,45 Peptid count 262,869 ± 21054\*  $11,216 \pm 217,5*$   $35,791 \pm 2523*$  $24,433 \pm 1311$  $41,019 \pm 632,4*$  $34,611 \pm 838,9*$  $23,695 \pm 1787*$  $54,132 \pm 3033*$  $79,975 \pm 5318*$  $23,345 \pm 9445*$  $\overline{\mathbf{G}}$ 22,478 ± 1308 16,892 ± 881,7 39,152 ± 1327  $12,190 \pm 3580$  $29,380 \pm 2371$  $58,271 \pm 8152$  $94,202 \pm 18,701$  $41,174 \pm 3072$  $40,822 \pm 1028$  $55,290 \pm 5709$  $5,045 \pm 1255$  $5462 \pm 2418$  $21,278 \pm 756,2$   $32,357 \pm 2207$  $14,836\pm1233\\8688\pm851,8$  $18,137 \pm 426,8$  $223,320 \pm 7724$  $1575 \pm 325,9$  $733,5 \pm 71,19$  $32,932 \pm 3669$  $71,595 \pm 9159$  $46,996 \pm 1393$  $3350 \pm 764.3$  $9333 \pm 1252$ 7-type proton ATPase catalyticsubunit A Dihydropyrimidinase-relatedprotein 3 ructose-bisphosphatealdolase C Glutathione S-transferase Mu 1 Temoglobinsubunit alpha-1/2 GTP-binding protein Rab-3D Systathionine beta-synthase Kaa-Pro aminopeptidase Cysteine-richprotein 2 vruvate kinase PKM Purkinje cellprotein 4 Jamma-enolase Uniprot ID Description Cofilin Fable 1 (continued) 29NQW7 014195 P52943 P14618 095716 P09104 P38606 P23528 209972 50669 948539 935520 909488

## Immunohistochemistry analysis

Immuno-detection of CD56 and CD68 biomarkers, used to evaluate inflammation that occurred into stressed hippocampus, supported data of proteomic analysis in such a way that I/R decreased CD56 (also called NCAM) but increased CD68 labeling and GSE protected these disturbances till control level (Fig. 6, Fig. 7). Von kossa staining evidenced the I/R-induced calcium burst as well as the prevention afforded by GSE (Fig. 8).

## **Discussion**

The present work investigated the proteomic changes occurring after brain I/R injury as well as the putative prevention afforded by GSE pre-treatment. Oxygen and glucose deprivation (OGD) occurring after altered blood supply leads to ATP depletion within few minutes (Caplan 2000), inducing the inactivation of Na<sup>+</sup>/K<sup>+</sup> and Ca<sup>2+</sup> ATPases (Racay et al. 1998), alteration of neurons and glial cells membrane potential, opening of voltage-dependent Ca<sup>2+</sup> and Na<sup>+</sup> channels, giving rise to the first wave of excitotoxicity and cell death (Yamashita 2012). The burst in calcium constitutes one of the most critical events triggering proteases activities as calpain (Kadri et al. 2015) or phospholipase A2 and protein kinases (Won et al. 2002; Kadri et al. 2015) leading *in fine* to cell death.

The abundance of 108 proteins was altered upon I/R which is quite high when compared to previous studies (Zhang et al. 2011; Chen et al. 2015). The use of global transient model of brain ischemia and early reperfusion allows the standardization of the whole brain behavior to I/R insult, which might explain why proteomic studies of focal ischemia always reveal a limited number of altered proteins.

Over-expressed proteins ontology reveals that most enriched BPs are related to glycolysis process. Depletion of ATP and lack of cellular energy force the brain towards urgent energy fueling via anaerobic glycolysis and similar data were described for OGD cultured astrocytes (Amaral et al. 2010). Moreover, NADH and NADPH metabolic processes are upregulated upon I/R. NAD metabolism is a key process in brain function and NAD/NADH ratio a good indicator of brain energy disposal. Previous studies reported the imbalance of NAD/NADH ratio upon ischemia (Ma et al. 2015) and NADPH has even been proposed as a drug candidate in the treatment of ischemic stroke (Li et al. 2016).

Iron related processes are also enriched BPs as confirmed by high free iron level upon I/R (data not shown) and in accordance with our previous work on I/R-induced transition metal disturbances constituting one of the earliest events at the basis of the ischemic insult (Kadri et al. 2015). Mechanisms underlying iron accumulation into the brain are still unresolved but a



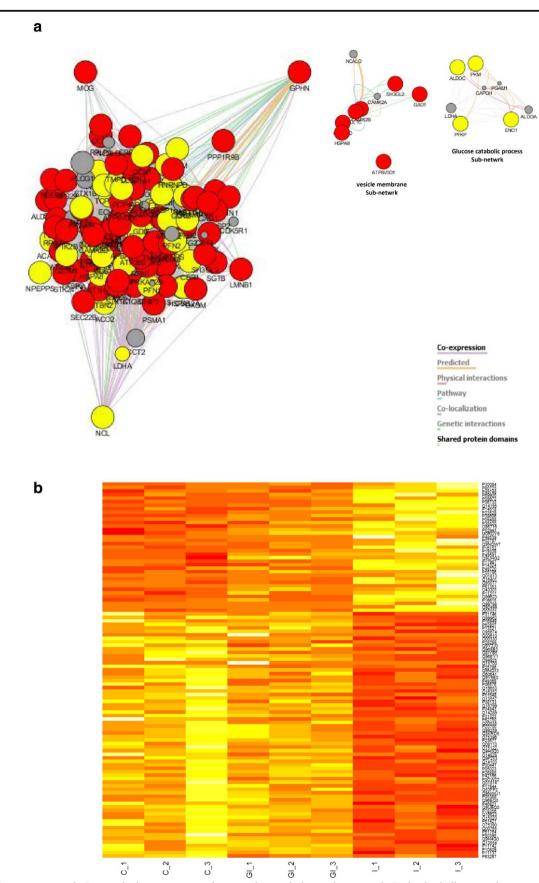


Fig. 1 a Cytoscape network. Proteomic data were mapped on protein-protein interaction network. Red color indicates under-expressed proteins and yellow color over-expressed proteins. b Hierarchical clustering of differentially expressed proteins (C = Control; I = I/R; GI = GSE + I/R)



putative way could be the rapid burst of free iron through L-type calcium channels (Oudit et al. 2006). However we have no idea on the mechanism of I/R-induced depletion of other transition metals as Cu, Zn or Mn. Noticeably is the depletion in Cu/Zn SOD abundance confirming the decrease in Cu/Zn isoform activity (Kadri et al. 2015) or of glutaminase abundance, a Mn dependent enzyme.

Under-expressed proteins are also involved in several BPs and the synaptic vesicle priming process the most down regulated BP. Other BPs related to synaptic function such as synaptic vesicle fusion to pre-synaptic membrane or synaptic vesicle endocytosis are also down regulated, likely altering most synaptic contacts. Our data are in line with those of (Fernandes et al. 2014) who showed that ischemia triggers a transcriptional response to down-regulate synaptic proteins and that inhibition of synaptic functioning is considered protective to ensure minimal brain injury.

Most enhanced MFs are peptidase and lyase activities, leading to the first wave of cell death within the ischemic core as described for calpain (Curcio et al. 2016). Enhancement of protease activity may also be associated with the switch to alternative energy fueling i-e from glycolysis to lipolysis. Although calpain activation is considered as one of the earliest events of stroke (Jiang et al. 2004), its delayed and sustained activity may play a great role in the development of ischemia-induced dementia.

Myosin heavy chain binding constitutes one of the most depleted MFs, followed by neurotransmitter vesicle docking and priming which are related to neurofilament disorganization and degradation. (Schafer et al. 2009) argued for the implication of calpain in the degradation of ankyrin G and beta IV spectrin. Modulation of such MFs in the brain could also explain the biological remodeling leading to the alteration in exocytosis process.

Concerning proteins localization, under-expressed and overexpressed proteins are clearly not distributed uniformly in the various cellular compartments. Major under-expressed proteins are located in the prolongations more exactly in the clathrinsculpted vesicle, as I/R dropped the proteins associated to vesicle endocytosis and recycling. One putative explanation could be the calpain-induced hydrolysis of  $\alpha$  and  $\beta_2$  adaptins leading to a fall in clathrin-dependent endocytosis (Rudinskiy et al. 2009). Noticeably that under-expressed proteins are also located at the dendritic shaft and spine, neuron spine and main axon, suggesting the down-regulation of synaptic activity and plasticity upon I/R whereas most over-expressed proteins are located at the cytosol and cell body. Moreover, non-membrane bound organelles such as ribosome, proteasome and microtubule organizing center are also enhanced upon I/R which confirm previous data (Caldeira et al. 2014). Proteasome related proteins (26S proteasome), non-ATPase regulatory subunit 5 (PSMD5) and proteasome subunit beta type-3 are over-expressed as well

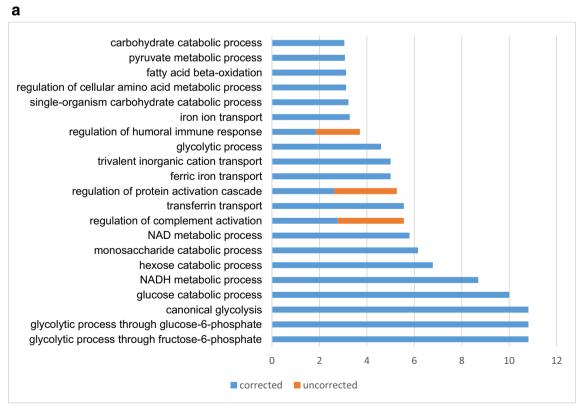


Fig. 2 Up (a) and down-regulated BP (b) and Up (c) and down-regulated MF (d) upon I/R insult and GSE correction



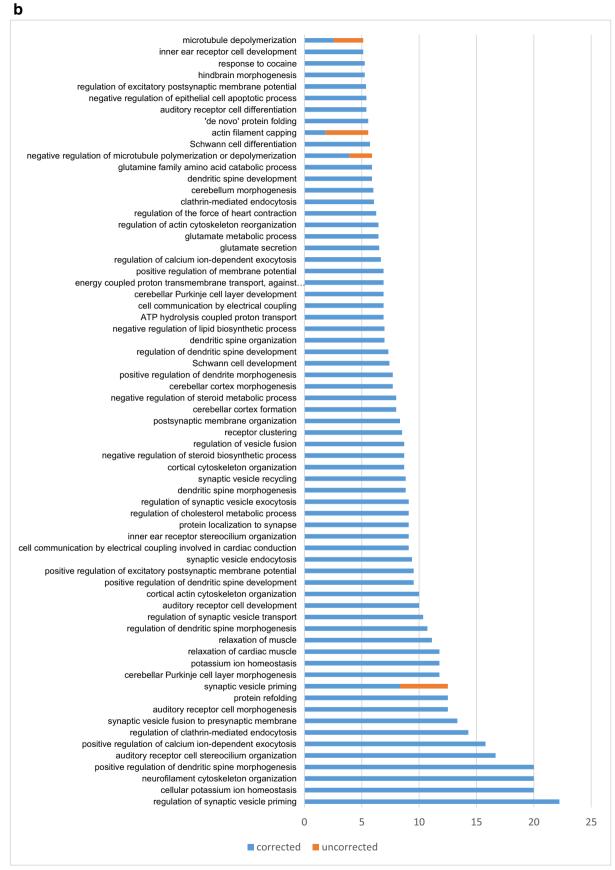
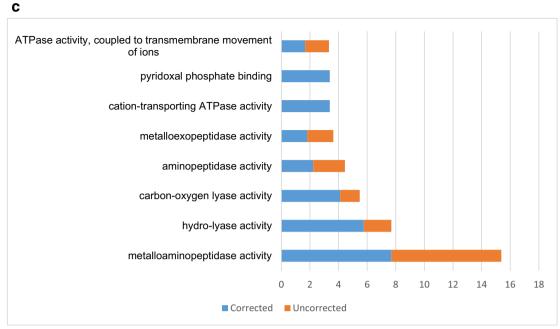


Fig. 2 (continued)





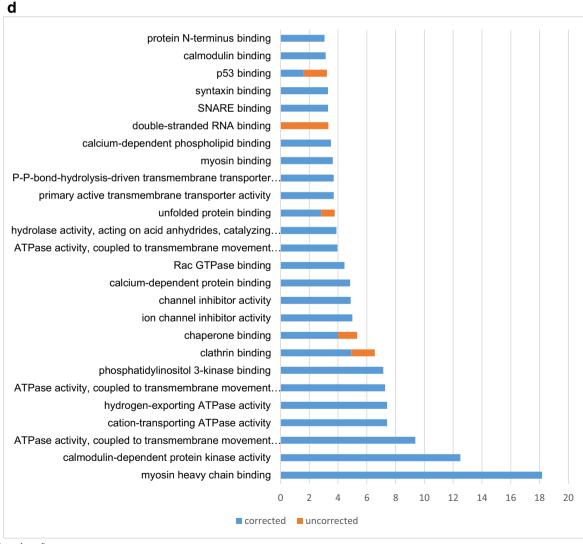
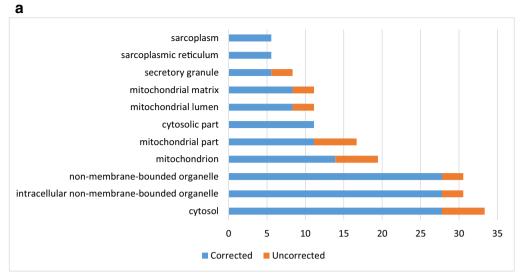


Fig. 2 (continued)



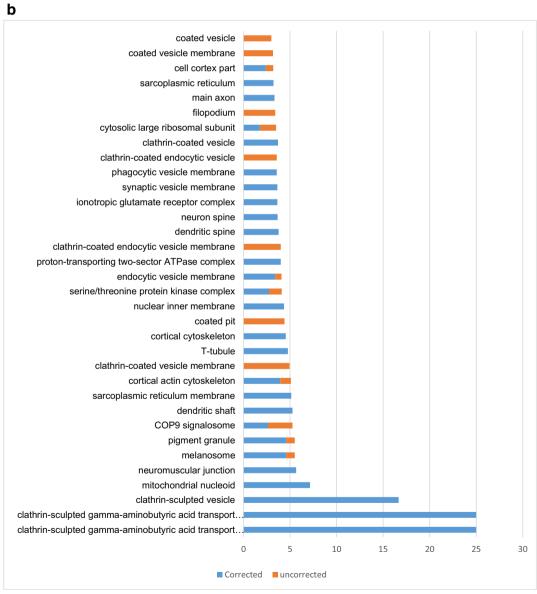
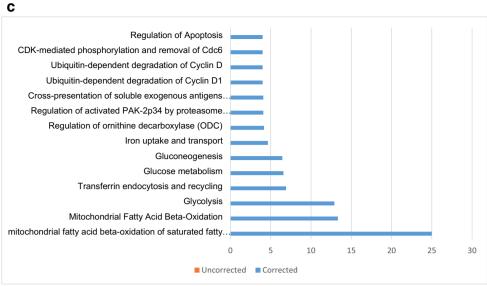


Fig. 3 Up (a) and down-regulated CC (b) and Up (c) and down-regulated reactomes (d) upon I/R insult and GSE correction





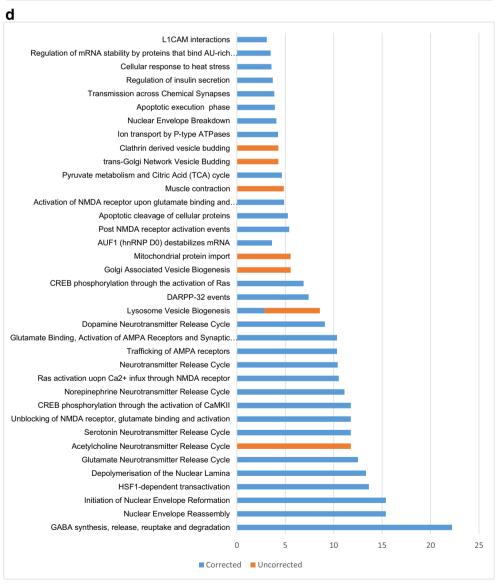


Fig. 3 (continued)

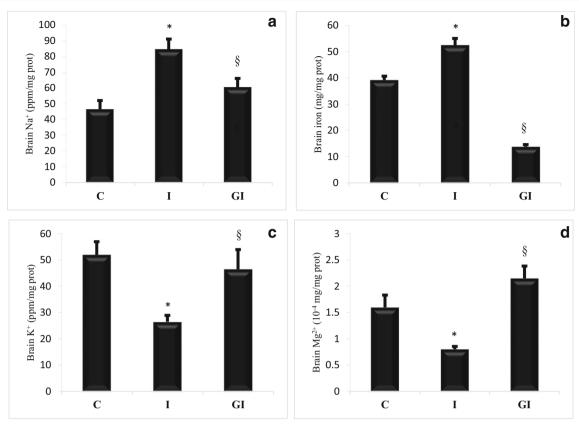


Fig. 4 Effect of I/R and GSE on brain sodium (a), labile iron (b), potassium (c), and magnesium (d)

and PSMD5 was proven to be implicated in 26S proteasome assembly and activity (Shim et al. 2012).

I/R provokes plentiful physiological changes in the brain as assessed by reactome enrichment analysis. Ischemia enhances mitochondrial fatty acid beta-oxidation which could represent an alternative pathway for cell fueling. Such data were previously described by (Ma et al. 2010) who found that fatty acid-binding proteins 5 and 7 expression increased after ischemic brain damage in a primate model. Along with fatty acid beta-oxidation, glycolysis and related reactomes as gluconeogenesis are also enhanced and these data fully support the BP ontology enrichment. It is also important to underline that I/R induces the down-regulation of almost all neurotransmitter release cycle such as glutamate, acetylcholine, serotonin, nor-epinephrine, dopamine and that such effects are likely linked to energy depletion (Boulland and Levy 2005).

GABA metabolism is one of the most depleted reactome and GABA the major inhibitory neurotransmitter and modulator of excitability, implicated in the reduction of glutamate release. Recent studies showed that OGD decreased GABA receptor recycling and expression thus contributing to neuronal death (Mele et al. 2016). Furthermore I/R decreasing the nuclear envelope reassembly reactome is fully supported by our current ultrastructural observation of the nuclear membrane disappearance in cells of the dentate gyrus area and also by previous related studies (Zhang et al. 2015).

Almost all disturbances on protein abundance generated upon ischemia are prevented by GSE pretreatment reaching 78% of altered proteins. GSE prevents from major changes in BP enhancement except partial enrichment of some terms associated with inflammation such as complement activation and humoral immune response.

GSE corrects several key glycolytic enzymes as GAPDH, enolase, pyruvate kinase and aldolase that are up-regulated upon I/R. GAPDH was implicated in ATP synthesis at the synaptic terminal(Ikemoto et al. 2003) and played a critical role in cell death after glutamate-induced neuronal excitotoxicity inducing apoptotic cell death by means of its nuclear translocation and complexation with P<sub>53</sub> (Zhai et al. 2014) or with PARP-1 (Nakajima et al. 2015). GAPDH has even been assimilated to a GABA receptor kinase that links glycolysis to neurotransmission (Laschet et al. 2004) and several reports highlighted its involvement in neuro-degeneration by means of non-glycolytic activity as protein oligomerization (Qvit et al. 2016) as occuring in the brain of AD patients (El Kadmiri et al. 2014). Although GAPDH increase is not strictly linked to reperfusion, this latter enhanced GAPDH overexpression (Tanaka et al. 2002). Accordingly GAPDH activity is clearly enhanced upon I/R and restored to near control in the presence of GSE (data not shown). Enolase exhibited important functions for brain cell survival as protection from amyloid accumulation and glutamate excitotoxicity



Fig. 5 Effect of I/R and GSE on hippocampal dentate gyrus area ultrastructure. Sham group exhibited intact and smooth nuclear membranes, well distributed chromatin and normal organelles although ischemia (I) group exhibited disrupted nuclear membranes, abnormal chromatin, sparse cytoplasm and collapsed organelles, whereas GSE treated animals exhibited ultrastructural appearance (GI) close to control

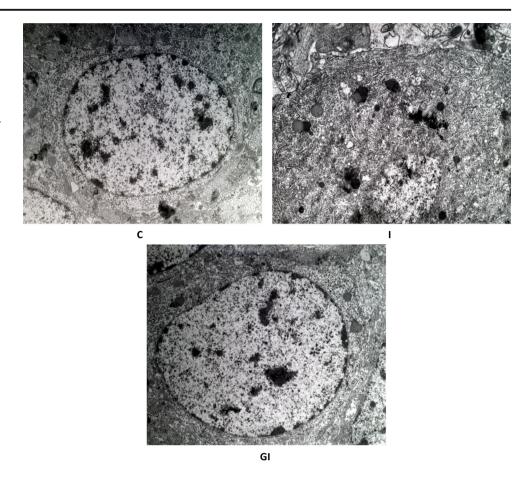


Fig. 6 Immunohistochemistry of CD56 antigen into dentate gyrus area (arrows: brown color). CD56 labeling decreasing upon I/R (I) and restored with GSE (GI) till control level (C)

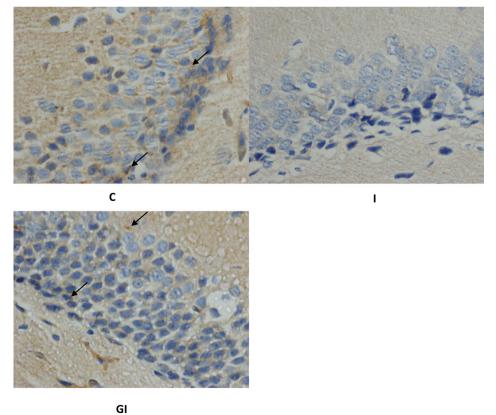




Fig. 7 Immunohistochemistry of CD68 antigen into dentate gyrus area (arrows: brown color). CD68 staining increasing upon I/R (I) and restored with GSE (GI) to near control level (C)

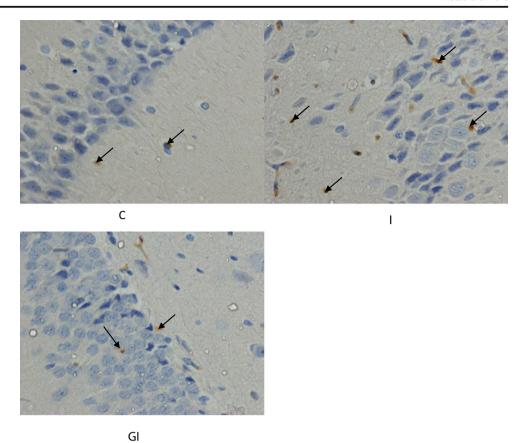
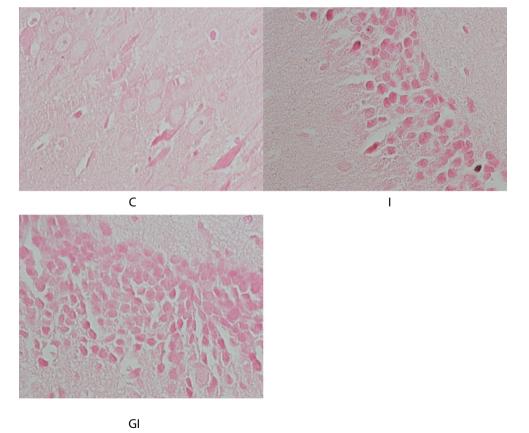


Fig. 8 Von kossa staining of calcium into dentate gyrus area (pink color). Calcium burst occurring upon I/R(I) was restored with GSE(GI) to near control level(C)





(Butterfield and Lange 2009) and aldolase, another key glycolytic enzyme, was recently reported to be strongly enhanced (5 fold) in the ischemic cortex (Chen et al. 2014). Overally, it seems that brain cells especially astrocytes, respond to hypoxia by increasing glycolytic pathway, to cope with OGD insult for providing sufficient ATP for cell survival (Marrif and Juurlink 1999). Nonetheless glycolytic enzymes functioning as moonlighting proteins should also be considered (Gancedo et al. 2016).

Likewise, GSE prevents the depletion of synaptic vesicle priming, ion homeostasis and many other terms. Thus for instance GSE protects from I/R-induced magnesium, potassium and sodium dyshomeostasis likely by acting on key protein abundances or post translational alterations as ion transporting ATPases. In this respect Mg<sup>2+</sup>was recently shown to protect against the bio-energetic consequences as cellular ATP breakdown that occurs after glutamate excitotoxicity (Clerc et al. 2013). Furthermore GSE potently restores the abundance of the microtubule associated 1 β protein, spectrin  $\beta$  chain, SNARE protein Sec22b,  $\alpha$  internexin, neurabin2, rabphilin-3A, the synaptic vesicle calcium dependent protein stathmin, the synaptic vesicle endocytosis protein endophilin A1 and coronin1A, an actin binding protein. GSE partially corrects other cytoskeleton proteins such as  $\gamma$  actin, CLIP associating protein2, tropomodulin1, but not clathrin dependent endocytosis as stromal membrane associated protein or clathrin heavy chain land cofilin 1. In addition we also identify other GSE-protected proteins such as secretory factor like secretogranin II, Purkinje cell protein 4 (PEP19), Pro-SAAS and dihydropyrimidinase-like 3 (Dpysl3). In fact, secretogranin II coupled to enolase and through its derived neuropeptide secretoneurin, are known to act directly on neurons after ischemic insult allowing their survival by activating theJak2/Stat3 pathway(Shyu et al. 2008). PEP19 is also neuroprotective via its implication in calmodulin inhibition following glutamate excitotoxicity as well as Pro-SAAS through the inhibition of Aβ1–42induced cytotoxicity (Hoshino et al. 2014) and Dpysl3, a member of the collapsin response mediator protein family, implicated in the inflammatory reaction of microglia through inhibition of the phagocytosis process (Manivannan et al. 2013). By acting simultaneously on this large array of proteins, GSE appeared as a multifaceted and multi-targeted mixture capable of efficient neuroprotection via its well established antioxidant and antiinflammatory properties (Mezni et al. 2017b) which confirmed recent proteomic data on GSE efficiency against lithium neurotoxicity (Mezni et al. 2017a).

The use of high dosage GSE (2,5 g/kg) is a highly relevant feature which was inspired from the pionneering work of (Bagchi et al. 2000) and other subsequent studies that led to the elaboration of calibrated commercial preparations of GSE (Li et al. 2015). Owing to its safety and tolerability, GSE is increasingly used at high dosage (1-4 g/kg) according to our

own data (Mokni et al. 2012; Charradi et al. 2013; Kadri et al. 2015; Khazri et al. 2016) or to current literature (Li et al. 2015; Margalef et al. 2015) as we recently demonstrated the lack of any toxicity and the dose effect safety till high dosing range GSE reaching the tremendous dosage of 16 g/kg (Charradi et al. 2018). In addition repeated high dosing range GSE improving polyphenols bioavailability into the brain (Charradi et al. 2018), the translational application of high dosage GSE in the prevention of human stroke is realistic as we already conducted clinical trials on chronic kidney disease patients administered with repeated high dosing GSE with no side effects nor drop out during the 6 month-long treatment (Turki et al. 2016).

## **Conclusion**

This work provides evidence of the potent prevention of GSE on brain ischemia, paving the way to clinical trials targeting high risk or predisposed stroke patients that should be undertaken rapidly due to the safety and tolerability of high dosage and GRAS certified GSE.

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#### Compliance with ethical standards

Conflict of interest None.

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