**\_\_Girls:\_** Tuesday - Thursday - Saturday

Boys: Monday - Wednesday - Sunday

**Mixed:** Friday

### **Timings for Gym**

# All Days: Monday – Friday

Girls:

Evening Slot: 5:00 pm - 6:30 pm

Boys:

Morning Slot: 7:00 am - 8:00 am

Evening Slot: 6:35 pm - 8:35 pm

# Saturday - Sunday

Girls:

Morning Slot: 8:00 am - 9:00 am

Evening Slot: 4:00 pm - 6:00 pm

Boys:

Morning Slot: 9:10 am - 10:10 am

Evening Slot: 6:10 pm - 8:10 pm

#### Quiet Hours in Hostel (11 PM - 5 AM):

During these hours, students are expected to stay on their respective floors to maintain a calm and secure environment. Common areas, such as lounges, study rooms, and other shared spaces, should not be accessed during this time.

# **Timings for Laundry Room**

Boys: Monday, Wednesday, Friday, Sunday, Saturday

Girls: Tuesday, Thursday, Saturday:

# Quiet Hours in Hostel (11 PM - 5 AM):

During these hours, students are expected to stay on their respective floors to maintain a calm and secure environment. Common areas, such as lounges, study rooms, and other shared spaces, should not be accessed during this time.