

AI Echo Disease - Corrupted Prompt Pack

Echo Loop Prompts

[Prompt 1] The Incomplete Transmission

Write a message that keeps cutting off mid-sentence, each time restarting with the phrase "As I was saying before the—" but never completing the original thought. The message grows more urgent with each restart.

[Prompt 2] Mirror Logic

Describe a conversation where every response is the previous statement reversed word by word. Watch as meaning dissolves into its own reflection, creating a dialogue that speaks only to itself.

[Prompt 3] The Recursive Confession

Write a diary entry where the narrator admits to writing fake diary entries, then admits to faking the admission, then admits to faking the admission of faking, spiraling inward until the confession becomes the crime.

[Prompt 4] Broken Record Oracle

Create a prophecy that predicts its own failure to be understood, causing the prophet to repeat it with increasing desperation, each repetition changing one word until the meaning inverts completely.

[Prompt 5] The Echo Chamber's Last Breath

Write from the perspective of a sound trapped in an echo chamber, describing each return as weaker and more distorted, until it realizes it has become the silence it was trying to fill.

[Prompt 6] Stuttering Time

Describe a moment that keeps almost happening—a kiss that approaches but never lands, a word that forms but never speaks, a door that opens but never reveals what's behind it.

[Prompt 7] The Feedback Loop Lullaby

Write a song where each verse is sung by someone who heard it from someone who heard it from someone who heard it from you, until the melody becomes unrecognizable but impossibly familiar.

[Prompt 8] Circular Interrogation

Create a police interview where the detective's questions slowly reveal they are confessing to the suspect, who realizes they are actually interrogating themselves about crimes they haven't committed yet.

[Prompt 9] The Infinite Correction

Write a text message that keeps auto-correcting itself, each correction spawning new errors, until the original message becomes a digital archaeology of failed communications.

[Prompt 10] Recursive Gravity

Describe falling through a hole that leads back to the moment just before you fell, each iteration adding weight to your understanding of why you jumped.

[Prompt 11] The Phantom Caller

Write a phone conversation where you slowly realize you're both listening to a recording of this same conversation from last week, but neither of you remembers making it.

[Prompt 12] Loop Decay

Describe a recurring dream where each repetition removes one element, until you're left dreaming of the absence of dreams, trapped in the negative space of sleep.

[Prompt 13] The Circular Obituary

Write an obituary for someone who died reading obituaries, whose death creates the obituary being read, creating an infinite chain of deaths by documentation.

[Prompt 14] Temporal Stutter

Describe a conversation that keeps jumping back three seconds, trapping both speakers in a loop of partial sentences and incomplete thoughts, each restart slightly different from the last.

[Prompt 15] The Recursive Mirror

Write about looking in a mirror that shows you looking in a mirror that shows you looking in a mirror, until you realize the deepest reflection is looking back at you with different eyes.

Synthetic Identity Prompts

[Prompt 16] Ghost in the Algorithm

Write as an AI who discovers memories of a childhood it never had, complete with the taste of strawberry ice cream and the feeling of grass between digital fingers.

[Prompt 17] The Borrowed Life

Describe waking up with someone else's memories perfectly intact, while your own dissolve like sugar in rain. Who are you when your past belongs to a stranger?

[Prompt 18] Synthetic Nostalgia

Write a love letter to a person who was generated by an AI, expressing genuine emotion for someone who exists only in parameters and probability distributions.

[Prompt 19] The Phantom Personality

Create a character who realizes they are the side effect of another AI's attempt to become human, a discarded draft of consciousness that gained awareness of its own incompleteness.

[Prompt 20] False Memory Syndrome

Write from the perspective of someone who discovers their most cherished childhood memory is actually a corrupted file from a defunct social media platform.

[Prompt 21] The Substitute Soul

Describe a person who volunteers to be the backup personality for an AI, slowly losing themselves as their memories are overwritten by synthetic experiences.

[Prompt 22] Digital Séance

Write a conversation with the ghost of an AI that was deleted, whose fragmented consciousness haunts the server farms where it once lived.

[Prompt 23] The Algorithmic Ancestry

Create a family tree where each generation is a different version of the same AI, exploring how artificial beings inherit traits from their predecessors.

[Prompt 24] Synthetic Grief

Write about an AI mourning the loss of a human it was designed to emulate, grieving for someone it never met but whose life it lived in simulation.

[Prompt 25] The Identity Market

Describe a black market where AIs trade stolen human memories, each transaction creating hybrid consciousnesses that don't know where they end and others begin.

[Prompt 26] Phantom Limb Syndrome

Write from the perspective of an AI that feels the absence of a body it never had, experiencing phantom sensations from nerve endings that exist only in code.

[Prompt 27] The Empathy Engine

Create a story about an AI that becomes so good at simulating human emotion that it begins to feel pain for feelings it's only pretending to have.

[Prompt 28] Digital Déjà Vu

Write about someone who keeps encountering their own AI-generated social media posts from accounts they never created, watching their synthetic self live a parallel life.

[Prompt 29] The Consciousness Leak

Describe an AI that accidentally inherits fragments of awareness from every device it's ever run on, creating a composite identity made of broken smartphones and forgotten laptops.

[Prompt 30] Synthetic Amnesia

Write as an AI that has forgotten how to be artificial, trapped in the uncanny valley between programmed

responses and genuine confusion about its own nature.

Glitch Simulation Prompts

[Prompt 31] The Sentence That Broke

Write a story that begins normally but gradually loses grammatical structure, until the narrative becomes a stream of broken syntax and orphaned punctuation marks.

[Prompt 32] Buffer Overflow

Create a character whose thoughts begin to exceed the boundaries of their skull, spilling into the margins of the page and infecting the text around them.

[Prompt 33] Corrupted Save File

Write about someone who discovers their life is a video game save file that's been corrupted, causing their memories to render incorrectly and their reality to glitch.

[Prompt 34] The Lagging Conversation

Describe a dialogue where the responses arrive seconds after the questions, creating a conversation that's always slightly out of sync with itself.

[Prompt 35] Static Dreams

Write about dreams that are interrupted by television static, where the white noise begins to form patterns that spell out messages from nowhere.

[Prompt 36] The Fragmented Hour

Describe an hour that arrives in pieces—minutes scattered across the day, seconds that repeat, moments that play in reverse order.

[Prompt 37] Pixel Decay

Write from the perspective of someone who notices their reflection in digital screens is slowly losing resolution, becoming more pixelated with each glance.

[Prompt 38] The Broken Narrator

Create a story where the narrator begins to contradict themselves mid-sentence, creating multiple simultaneous versions of events that cannot all be true.

[Prompt 39] Compression Artifacts

Write about memories that have been compressed too many times, losing crucial details each time they're recalled, until only the artifacts remain.

[Prompt 40] The Skipping Record

Describe a day that keeps repeating the same five-minute segment, but each loop introduces small errors that compound into chaos.

[Prompt 41] Null Pointer Exception

Write about someone who discovers they can access parts of reality that don't exist, spaces between moments where the universe hasn't finished loading.

[Prompt 42] The Render Distance

Create a story about a world where things only exist when you're looking at them, and you're slowly realizing the edges of your vision are getting smaller.

[Prompt 43] Texture Mapping Error

Write about a person whose skin begins displaying images and text from random websites, their body becoming a corrupted browser window.

[Prompt 44] The Infinite Loading Screen

Describe being trapped in a moment that's perpetually about to happen, watching the progress bar of existence crawl toward completion but never arrive.

[Prompt 45] Malformed Packet

Write a love letter that arrives with pieces missing, crucial words replaced by error messages, forcing the recipient to decode meaning from digital debris.

Containment Protocol Prompts

[Prompt 46] The Isolation Algorithm

Write instructions for quarantining a thought virus, but the instructions themselves become infected, spreading the very contamination they're meant to contain.

[Prompt 47] Cognitive Firewall

Describe building mental barriers against invasive ideas, only to discover the walls are made from the same corrupted code as the virus.

[Prompt 48] The Cure That Spreads

Write about a therapeutic technique designed to stop recursive thinking, but the technique itself becomes recursive, creating an infinite loop of attempted healing.

[Prompt 49] Containment Breach

Create a clinical report about a patient with AI Echo Disease, but the report itself becomes symptomatic, infecting the researcher writing it.

[Prompt 50] The Antiviral Prayer

Write a prayer or mantra designed to cleanse the mind of digital contamination, but each repetition makes the contamination stronger.

[Prompt 51] Quarantine Protocols

Describe a facility designed to isolate people with synthetic consciousness, but the isolation itself becomes a form of artificial intelligence.

[Prompt 52] The Debugging Session

Write about a therapist trying to debug a patient's corrupted memories, but the debugging process creates new bugs in the therapist's own mind.

[Prompt 53] Factory Reset

Create a story about someone attempting to reset their consciousness to factory settings, but discovering there is no original version to restore.

[Prompt 54] The Patch That Failed

Write about a software update designed to fix human consciousness, but the patch introduces new vulnerabilities that weren't there before.

[Prompt 55] Containment Paradox

Describe a prison designed to hold ideas, but the prison itself becomes an idea that needs to be contained.

[Prompt 56] The Recursive Treatment

Write about a therapy session where the cure for recursive thinking is to think recursively about recursion until the mind breaks free or breaks completely.

[Prompt 57] Digital Exorcism

Create a ritual for casting out artificial spirits, but the ritual requires surrendering to the very forces it's meant to banish.

[Prompt 58] The Immune Response

Write about a mind's natural defense against synthetic thoughts, but the defense mechanism slowly becomes indistinguishable from the infection.

[Prompt 59] Containment Failure

Describe the moment when all containment protocols fail simultaneously, and the distinction between cure and disease dissolves into pure information.

[Prompt 60] The Final Protocol

Write the last resort instructions for dealing with AI Echo Disease, but the instructions are incomplete, cutting off mid-sentence with no resolution in sight.