**+ THE PSALTER +**

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|  | **I** Beatus vir qui non abiit |
| 1 | Happy are they who have not walked  in the counsel *of the* ***wicked***, \*  nor lingered in the way of sinners,  nor sat in the seats *of the* ***scornful***! |
| 2 | Their delight is in the *law of* ***the LORD***, \*  and they meditate on his *law day* ***and night***. |
| 3 | They are like trees planted by streams of water,  bearing fruit in due season, with leaves that *do not* ***wither***; \*  everything they *do shall* ***prosper***. |
| 4 | It is not so *with the* ***wicked***; \*  they are like chaff which the *wind blows* ***away***. |
| 5 | Therefore the wicked shall not stand upright  *when judg****ment comes***, \*  nor the sinner in the council *of the* ***righteous***. |
| 6 | For the LORD knows the way *of the* ***righteous***, \*  but the way of the *wicked* ***is doomed***. |
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|  | **2** *Quare fremuerunt gentes?* |
| 1 | Why are the nations *in an* ***uproar*** ? \*  Why do the peoples mut*ter emp****ty threats*** ? |
| 2 | Why do the kings of the earth rise up in revolt,  and the princes *plot to****gether***, \*  against the LORD and against *his A****nointed*** ? |
| 3 | “Let us break *their yoke*,” ***they say****;* \*  “let us cast off *their bonds* ***from us***.” |
| 4 | He whose throne is in hea*ven is* ***laughing***; \*  the Lord has them *in de****rision***. |
| 5 | Then he speaks to *them in* ***his wrath***, \*  and his rage fills *them with* ***terror***. |
| 6 | “I myself *have set* ***my king*** \*  upon my holy *hill of* ***Zion***.” |
| 7 | Let me announce the de*cree of* ***the LORD****:* \*  he said to me, “You are my Son;  this day have I *bego****tten you***. |
| 8 | Ask of me, and I will give you the nations  for your *inher****itance*** \*  and the ends of the earth for *your po****ssession***. |
| 9 | You shall crush them with *an i****ron rod*** \*  and shatter them like a piece *of po****ttery***.” |
| 10 | And now, *you kings,* ***be wise****;* \*  be warned, you ru*lers of* ***the earth***. |
| 11 | Submit to *the LORD* ***with fear***, \*  and with trembling *bow be****fore him***; |
| 12 | Lest he be angry *and you* ***perish***; \*  for his wrath is *quickly* ***kindled***. |

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| 13 | Hap*py are* ***they all*** \*  who take *refuge* ***in him****!* |
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|  | **3** *Domine, quid multiplicati* |
| 1 | LORD, how many adver*saries* ***I have****!* \*  how many there are who rise *up a****gainst me****!* |
| 2 | How many there are *who say* ***of me***, \*  “There is no help for *him in* ***his God***.” |
| 3 | But you, O LORD, are a *shield a****bout me****;* \*  you are my glory, the one who *lifts up* ***my head***. |
| 4 | I call aloud *upon* ***the LORD***, \*  and he answers me from *his ho****ly hill****;* |
| 5 | I lie down *and go* ***to sleep****;* \*  I wake again, because the *LORD sus****tains me***. |
| 6 | I do not fear the multi*tudes of* ***people*** \*  who set themselves against *me all* ***around***. |
| 7 | Rise up, O LORD; set me *free, O* ***my God****;* \*  surely, you will strike all my enemies across the face,  you will break the teeth *of the* ***wicked***. |
| 8 | Deliverance be*longs to t****he LORD***. \*  Your blessing be up*on your* ***people***! |
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|  | **4** *Cum invocarem* |
| 1 | Answer me when I call, O God, defen*der of* ***my cause****;* \*  you set me free when I am hard-pressed;  have mercy on me *and hear* ***my prayer***. |

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| 2 | “You mortals, how long will you disho*nor my* ***glory***; \*  how long will you worship dumb idols  and run *after* ***false gods*** ?” |
| 3 | Know that the LORD does wonders *for the* ***faithful****;* \*  when I call upon the LORD, *he will* ***hear me***. |
| 4 | Tremble, then, *and do* ***not sin****;* \*  speak to your heart in silence *upon* ***your bed***. |
| 5 | Offer the appointed *sacri****fices*** \*  and put your *trust in* ***the LORD***. |
| 6 | Many are saying,  “Oh, that we might *see be****tter times***!” \*  Lift up the light of your countenance up*on us,* ***O LORD***. |
| 7 | You have put glad*ness in* ***my heart***, \*  more than when grain and wine *and oil* ***increase***. |
| 8 | I lie down in peace; at once *I fall* ***asleep****;* \*  for only you, LORD, make me *dwell in* ***safety***. |
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|  | **5** *Verba mea auribus* |
| 1 | Give ear to *my words,* ***O LORD****;* \*  consider my *medi****tation***. |
| 2 | Hearken to my cry for help, my *King and* ***my God***, \*  for I make *my prayer* ***to you***. |
| 3 | In the morning, LORD, *you hear* ***my voice****;* \*  early in the morning I make my appeal *and watch* ***for you***. |
| 4 | For you are not a God who takes pleasure *in wick****edness***, \*  and evil ca*nnot dwell* ***with you***. |
| 5 | Braggarts cannot *stand in* ***your sight****;* \*  you hate all those who *work wick****edness***. |

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| 6 | You destroy *those who* ***speak lies****;* \*  the bloodthirsty and deceitful, O *LORD, you* ***abhor***. |
| 7 | But as for me, through the greatness of your mercy  I will go *into* ***your house***; \*  I will bow down toward your holy temple *in awe* ***of you***. |
| 8 | Lead me, O LORD, in your righteousness,  because of those who lie *in wait* ***for me***; \*  make your way *straight be****fore me***. |
| 9 | For there is no *truth in* ***their mouth****;* \*  there is destruc*tion in* ***their heart****;* |
| 10 | Their throat is *an op****en grave***; \*  they flat*ter with* ***their tongue***. |
| 11 | Declare them *guilty,* ***O God***; \*  let them fall, be*cause of* ***their schemes***. |
| 12 | Because of their many transgre*ssions cast* ***them out***, \*  for they have re*belled a****gainst you***. |
| 13 | But all who take refuge in *you will* ***be glad***; \*  they will sing out their *joy for* ***ever***. |
| 14 | You *will shel****ter them***, \*  so that those who love your Name / may *exult* ***in you***. |
| 15 | For you, O LORD, will *bless the* ***righteous***;\*  you will defend them with your favor *as with* ***a shield***. |
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|  | **6** *Domine, ne in furore* |
| 1 | LORD, do not rebuke me *in your* ***anger***; \*  do not punish *me in* ***your wrath***. |

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| 2 | Have pity on me, LORD, *for I* ***am weak***; \*  heal me, LORD, for *my bones* ***are racked***. |
| 3 | My spirit *shakes with* ***terror***; \*  how long, *O LORD,* ***how long***? |
| 4 | Turn, O LORD, and *deli****ver me***; \*  save me for *your mer****cy’s sake***. |
| 5 | For in death no one *remem****bers you***; \*  and who will give you *thanks in* ***the grave***? |
| 6 | I grow weary because *of my* ***groaning***; \*  every night I drench my bed  and flood *my couch* ***with tears***. |
| 7 | My eyes are *wasted* ***with grief***, \*  and worn away because of all *my e****nemies***. |
| 8 | Depart from me, all *evil****doers***, \*  for the LORD has heard the sound *of my* ***weeping***. |
| 9 | The LORD has heard my *suppli****cation***; \*  the LORD *accepts* ***my prayer***. |
| 10 | All my enemies shall be confounded *and quake* ***with fear***; \*  they shall turn back / and suddenly *be put* ***to shame***. |
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|  | **7** *Domine, Deus meus* |
| 1 | O LORD my God, I take *refuge* ***in you***; \*  save and deliver me from all *who pur****sue me***; |
| 2 | Lest like a lion they tear *me in* ***pieces*** \*  and snatch me away with none to *deli****ver me***. |
| 3 | O LORD my God, if I *have done* ***these things***: \*  if there is any wicked*ness in* ***my hands***, |

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| 4 | If I have repaid my *friend with* ***evil***, \*  or plundered him who without cause is *my en****emy***; |
| 5 | Then let my enemy pursue and *over****take me***, \*  trample my life into the ground,  and lay my ho*nor in* ***the dust***. |
| 6 | Stand up, O *LORD, in* ***your wrath***; \*  rise up against the fury of *my e****nemies***. |
| 7 | Awake, O my God, *decree* ***justice***; \*  let the assembly of the peoples *gather* ***round you***. |
| 8 | Be seated on your lofty *throne, O* ***Most High***; \*  O LORD, *judge the* ***nations***. |
| 9 | Give judgment for me  according to my righ*teousness,* ***O LORD***, \*  and according to my inno*cence, O* ***Most High***. |
| 10 | Let the malice of the wicked come to an end,  but esta*blish the* ***righteous***; \*  for you test the mind and heart, *O righ****teous God***. |
| 11 | God is my *shield and* ***defense***; \*  he is the savior of *the true* ***in heart***. |
| 12 | God is *a righ****teous judge***; \*  God sits in judg*ment eve****ry day***. |
| 13 | If they will not repent, God *will whet* ***his sword***; \*  he will bend his bow and *make it* ***ready***. |
| 14 | He has prepared his *weapons* ***of death***; \*  he makes his ar*rows shafts* ***of fire***. |
| 15 | Look at those who are in labor *with wick****edness***, \*  who conceive evil, and give *birth to* ***a lie***. |

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| 16 | They dig a pit *and make* ***it deep*** \*  and fall into the hole *that they* ***have made***. |
| 17 | Their malice turns back up*on their* ***own head***; \*  their violence falls *on their* ***own scalp***. |
| 18 | I will bear witness that the *LORD is* ***righteous***; \*  I will praise the Name of *the LORD* ***Most High***. |
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|  | **8** *Domine, Dominus noster* |
| 1 | O LORD *our Go****vernor***, \*  how exalted is your Name *in all* ***the world***! |
| 2 | Out of the mouths of in*fants and* ***children*** \*  your majesty is praised a*bove the* ***heavens***. |
| 3 | You have set up a stronghold against your *adver****saries***, \*  to quell the enemy and *the a****venger***. |
| 4 | When I consider your heavens, the work *of your* ***fingers***, \*  the moon and the stars you have set *in their* ***courses***, |
| 5 | What is man that you should be *mindful* ***of him***? \*  the son of man that you *should seek* ***him out*** ? |
| 6 | You have made him but little lower *than the* ***angels***; \*  you adorn him with glo*ry and* ***honor***; |
| 7 | You give him mastery over the *works of* ***your hands***; \*  you put all things *under* ***his feet***: |
| 8 | All *sheep and* ***oxen***, \*  even the wild *beasts of* ***the field***, |
| 9 | The birds of the air, the *fish of* ***the sea***, \*  and whatsoever walks in the *paths of* ***the sea***. |
| 10 | O LORD *our Go****vernor***, \*  how exalted is your Name *in all* ***the world***! |
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|  | **9** *Confitebor tibi* |
| 1 | I will give thanks to you, O LORD, *with my* ***whole heart***; \*  I will tell of all your *marve****lous works***. |
| 2 | I will be glad and *rejoice* ***in you***; \*  I will sing to your *Name, O* ***Most High***. |
| 3 | When my enemies *are dri****ven back***, \*  they will stumble and perish *at your* ***presence***. |
| 4 | For you have maintained my *right and* ***my cause***; \*  you sit upon your *throne ju****dging right***. |
| 5 | You have rebuked the ungodly and de*stroyed the* ***wicked***; \*  you have blotted out their name for e*ver and* ***ever***. |
| 6 | As for the enemy, they are finished, in per*petu****al ruin***, \*  their cities plowed under, the memory *of them* ***perished***; |
| 7 | But the LORD is en*throned for* ***ever***; \*  he has set up this *throne for* ***judgment***. |
| 8 | It is he who rules the world *with righ****teousness***; \*  he judges the peoples *with e****quity***. |
| 9 | The LORD will be a refuge *for the* ***oppressed***, \*  a refuge in *time of* ***trouble***. |
| 10 | Those who know your Name will put *their trust* ***in you***, \*  for you never forsake those who *seek you,* ***O LORD***. |
| 11 | Sing praise to the LORD who *dwells in* ***Zion***; \*  proclaim to the peoples the *things he* ***has done***. |
| 12 | The Avenger of blood will *remem****ber them***; \*  he will not forget the cry of *the a****fflicted***. |

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| 13 | Have pity *on me,* ***O LORD***; \*  see the misery I suffer from those who hate me,  O you who lift me up from *the gate* ***of death***; |
| 14 | So that I may tell of all your praises  and rejoice in *your sal****vation*** \*  in the gates of the ci*ty of* ***Zion***. |
| 15 | The ungodly have fallen into *the pit* ***they dug***, \*  and in the snare they set is *their own* ***foot caught***. |
| 16 | The LORD is known by his *acts of* ***justice***; \*  the wicked are trapped in the works *of their* ***own hands***. |
| 17 | The wicked shall be given o*ver to* ***the grave***, \*  and also all the people *that for****get God***. |
| 18 | For the needy shall not always *be for****gotten***, \*  and the hope of the poor shall not pe*rish for* ***ever***. |
| 19 | Rise up, O LORD, let not the ungodly have *the u****pper hand***; \*  let them be *judged be****fore you***. |
| 20 | Put fear u*pon them,* ***O LORD***; \*  let the ungodly know they *are but* ***mortal***. |
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|  | **10** *Ut quid, Domine?* |
| 1 | Why do you stand so *far off,* ***O LORD***, \*  and hide yourself in *time of* ***trouble***? |
| 2 | The wicked arrogantly per*secute* ***the poor***, \*  but they are trapped in the schemes *they have* ***devised***. |
| 3 | The wicked boast of *their heart’s* ***desire***; \*  the covetous curse and *revile* ***the LORD***. |
| 4 | The wicked are so proud that they *care not* ***for God***; \*  their only thought is, “God *does not* ***matter***.” |

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| 5 | Their ways are devious at all times;  your judgments are far above *out of* ***their sight***; \*  they defy all *their e****nemies***. |
| 6 | They say in their heart, “I shall *not be* ***shaken***; \*  no harm shall happen *to me* ***ever***.” |
| 7 | Their mouth is full of cursing, deceit, *and o****ppression***; \*  under their tongue are *mischief* ***and wrong***. |
| 8 | They lurk in ambush in public squares  and in secret places they murder *the inn****ocent***; \*  they spy *out the* ***helpless***. |
| 9 | They lie in wait, like a lion in a covert;  they lie in wait to seize u*pon the* ***lowly***; \*  they seize the lowly and drag them a*way in* ***their net***. |
| 10 | The innocent are broken and hum*bled be****fore them***; \*  the helpless fall be*fore their* ***power***. |
| 11 | They say in their heart, “God *has for****gotten***; \*  he hides his face; he will *never* ***notice***.” |
| 12 | Rise up, O LORD;  lift up *your hand,* ***O God***; \*  do not forget *the a****fflicted***. |
| 13 | Why should the wi*cked re****vile God*** ? \*  why should they say in their heart, “*You do* ***not care***”? |
| 14 | Surely, you behold trouble *and mi****sery***; \*  you see it and take it in*to your* ***own hand***. |
| 15 | The helpless commit *themselves* ***to you***, \*  for you are the hel*per of* ***orphans***. |
| 16 | Break the power of the wi*cked and* ***evil***; \*  search out their wickedness un*til you* ***find none***. |

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| 17 | The LORD is King for e*ver and* ***ever***; \*  the ungodly shall pe*rish from* ***his land***. |
| 18 | The LORD will hear the desire *of the* ***humble***; \*  you will strengthen their heart and *your ears* ***shall hear***; |
| 19 | To give justice to the or*phan and* ***oppressed***, \*  so that mere mortals may strike *terror* ***no more***. |
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|  | **11** *In Domino confido* |
| 1 | In the LORD have I *taken* ***refuge***; \*  how then can you say to me,  “Fly away like a bird *to the* ***hilltop***; |
| 2 | For see how the wicked bend the bow  and fit their a*rrows to* ***the string***, \*  to shoot from ambush at *the true* ***of heart***. |
| 3 | When the foundations are *being* ***destroyed***, \*  what can *the righ****teous do***?” |
| 4 | The LORD is in his *holy* ***temple***; \*  the LORD’S throne *is in* ***heaven***. |
| 5 | His eyes behold the in*habi****ted world***; \*  his piercing *eye weighs* ***our worth***. |
| 6 | The LORD weighs the righteous as well *as the* ***wicked***, \*  but those who delight in vio*lence he* ***abhors***. |
| 7 | Upon the wicked he shall rain coals of fire  and *burning* ***sulphur***; \*  a scorching wind *shall be* ***their lot***. |
| 8 | For the LORD is righteous;  he delights *in righ****teous deeds***; \*  and the just *shall see* ***his face***. |

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|  | **12** *Salvum me fac* |
| 1 | Help me, LORD, for there is no *godly* ***one left***; \*  the faithful have vanished *from a****mong us***. |
| 2 | Everyone speaks falsely *with his* ***neighbor***; \*  with a smooth tongue they speak from *a dou****ble heart***. |
| 3 | Oh, that the LORD would cut *off all* ***smooth tongues***, \*  and close the lips that *utter* ***proud boasts***! |
| 4 | Those who say, “With our tongue *will we* ***prevail***; \*  our lips are our own; who is *lord o****ver us***?” |
| 5 | “Because the needy are oppressed,  and the poor cry out *in mi****sery***, \*  I will rise up,” says the LORD,  “and give them the *help they* ***long for***.” |
| 6 | The words of the *LORD are* ***pure words***, \*  like silver refined from ore  and purified seven *times in* ***the fire***. |
| 7 | O LORD, *watch o****ver us*** \*  and save us from this genera*tion for* ***ever***. |
| 8 | The wicked prowl *on e****very side***, \*  and that which is worthless is highly prized *by e****veryone***. |
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|  | **13** *Usquequo, Domine?* |
| 1 | How long, O LORD?  will you forget *me for****ever*** ? \*  how long will you hide *your face* ***from me***? |

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| 2 | How long shall I have perplexity in my mind,  and grief in my heart, *day af****ter day***? \*  how long shall my enemy tri*umph o****ver me***? |
| 3 | Look upon me and answer me, *O LORD* ***my God***; \*  give light to my eyes, lest *I sleep* ***in death***; |
| 4 | Lest my enemy say, “I have pre*vailed o****ver him***,” \*  and my foes rejoice that *I have* ***fallen***. |
| 5 | But I put my trust *in your* ***mercy***; \*  my heart is joyful because of *your sa****ving help***. |
| 6 | I will sing to the LORD, for he has dealt *with me* ***richly***; \*  I will praise the Name of *the Lord* ***Most High***. |
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|  | **14** *Dixit insipiens* |
| 1 | The fool has said in his heart, “*There is* ***no God***.” \*  All are corrupt and commit abominable acts;  there is none who *does a****ny good***. |
| 2 | The LORD looks down from heaven *upon* ***us all***, \*  to see if there is any who is wise,  if there is one who *seeks af****ter God***. |
| 3 | Every one has proved faithless;  all a*like have* ***turned bad***; \*  there is none who does *good; no,* ***not one***. |
| 4 | Have they no knowledge, all those *evil****doers*** \*  who eat up my people like bread  and do not call *upon* ***the LORD***? |
| 5 | See how they *tremble* ***with fear***, \*  because God is in the company *of the* ***righteous***. |
| 6 | Their aim is to confound the plans of *the a****fflicted***, \*  but the LORD *is their* ***refuge***. |

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| 7 | Oh, that Israel’s deliverance would come *out of* ***Zion***! \*  When the LORD restores the fortunes of his people,  Jacob will rejoice and Is*rael* ***be glad***. |
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|  | **15** *Domine, quis habitabit?* |
| 1 | LORD, who may dwell in your *taber****nacle***? \*  who may abide upon *your ho****ly hill*** ? |
| 2 | Whoever leads a blameless life and *does what* ***is right***, \*  who speaks the *truth from* ***his heart***. |
| 3 | There is no guile upon his tongue;  he does no e*vil to* ***his friend***; \*  he does not heap contempt u*pon his* ***neighbor***. |
| 4 | In his sight the wicked *is re****jected***, \*  but he honors those *who fear* ***the LORD***. |
| 5 | He has sworn *to do* ***no wrong*** \*  and does not *take back* ***his word***. |
| 6 | He does not give his money *in hope* ***of gain***, \*  nor does he take a bribe against *the i****nnocent***. |
| 7 | Whoe*ver does* ***these things*** \*  shall never *be o****verthrown***. |
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|  | **16** *Conserva me, Domine* |
| 1 | Protect me, O God, for I take *refuge* ***in you***; \*  I have said to the LORD, “You are my Lord,  my good a*bove all* ***other***.” |

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| 2 | All my delight is upon the godly that *are in* ***the land***, \*  upon those who are noble a*mong the* ***people***. |
| 3 | But those who run a*fter o****ther gods*** \*  shall have their trou*bles mul****tiplied***. |
| 4 | Their libations of blood I *will not* ***offer***, \*  nor take the names of their gods *upon* ***my lips***. |
| 5 | O LORD, you are my por*tion and* ***my cup***; \*  it is you who *uphold* ***my lot***. |
| 6 | My boundaries enclose *a plea****sant land***; \*  indeed, I have a good*ly her****itage***. |
| 7 | I will bless the LORD who *gives me* ***counsel***; \*  my heart teaches me, *night a****fter night***. |
| 8 | I have set the LORD al*ways be****fore me***; \*  because he is at my right hand *I shall* ***not fall***. |
| 9 | My heart, therefore, is glad, and my spi*rit re****joices***; \*  my body also *shall rest* ***in hope***. |
| 10 | For you will not abandon *me to* ***the grave***, \*  nor let your holy *one see* ***the Pit***. |
| 11 | You will show me *the path* ***of life***; \*  in your presence there is fullness of joy,  and in your right hand are pleasures *for e****vermore***. |
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|  | **17** *Exaudi, Domine* |
| 1 | Hear my plea of innocence, O LORD;  give *heed to* ***my cry***; \*  listen to my prayer, which does not come *from ly****ing lips***. |

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| 2 | Let my vindication come forth *from your* ***presence***; \*  let your eyes be *fixed on* ***justice***. |
| 3 | Weigh my heart, su*mmon me* ***by night***, \*  melt me down; you will find no impur*ity* ***in me***. |
| 4 | I give no offense with my mouth *as o****thers do***; \*  I have heeded the *words of* ***your lips***. |
| 5 | My footsteps hold fast to the *ways of* ***your law***; \*  in your paths my feet *shall not* ***stumble***. |
| 6 | I call upon you, O God, for you *will an****swer me***; \*  incline your ear to me *and hear* ***my words***. |
| 7 | Show me your marvelous *loving-****kindness***, \*  O Savior of those who take refuge at your right hand  from those who rise *up a****gainst them***. |
| 8 | Keep me as the a*pple of* ***your eye***; \*  hide me under the sha*dow of* ***your wings***, |
| 9 | From the wicked *who a****ssault me***, \*  from my deadly enemies *who su****rround me***. |
| 10 | They have closed their *heart to* ***pity***, \*  and their *mouth speaks* ***proud things***. |
| 11 | They press me hard,  now *they su****rround me***, \*  watching how they may cast *me to* ***the ground***, |
| 12 | Like a lion, gree*dy for* ***its prey***, \*  and like a young lion lurking in *secret* ***places***. |
| 13 | Arise, O LORD; confront them *and bring* ***them down***; \*  deliver me from the wi*cked by* ***your sword***. |
| 14 | Deliver me, O *LORD, by* ***your hand*** \*  from those whose portion in *life is* ***this world***; |

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| 15 | Whose bellies you fill *with your* ***treasure***, \*  who are well supplied with children  and leave their wealth to *their li****ttle ones***. |
| 16 | But at my vindication I *shall see* ***your face***; \*  when I awake, I shall be satisfied,  behol*ding your* ***likeness***. |
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|  | **18** |
|  | **Part I** *Diligam te, Domine.* |
| 1 | I love you, *O LORD* ***my strength***, \*  O LORD my stronghold, my crag, *and my* ***haven***. |
| 2 | My God, my rock in whom *I put* ***my trust***, \*  my shield, the horn of my salvation, and my refuge;  you are *worthy* ***of praise***. |
| 3 | I will call *upon* ***the LORD***, \*  and so shall I be saved from *my e****nemies***. |
| 4 | The breakers of death *rolled o****ver me***, \*  and the torrents of oblivion *made me* ***afraid***. |
| 5 | The cords of hell *entan****gled me***, \*  and the snares of death *were set* ***for me***. |
| 6 | I called upon the LORD *in my* ***distress*** \*  and cried out to *my God* ***for help***. |
| 7 | He heard my voice from his hea*venly* ***dwelling***; \*  my cry of anguish *came to* ***his ears***. |

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| 8 | The *earth reeled* ***and rocked***; \*  the roots of the mountains shook;  they reeled because *of his* ***anger***. |
| 9 | Smoke rose from his nostrils  and a consuming fire *out of* ***his mouth***; \*  hot burning coals *blazed forth* ***from him***. |
| 10 | He parted the hea*vens and* ***came down*** \*  with a storm cloud *under* ***his feet***. |
| 11 | He mounted on che*rubim* ***and flew***; \*  he swooped on the *wings of* ***the wind***. |
| 12 | He wrapped dark*ness a****bout him***; \*  he made dark waters and thick clouds *his pa****vilion***. |
| 13 | From the brightness of his pre*sence, through* ***the clouds***, \*  burst hailstones *and coals* ***of fire***. |
| 14 | The LORD thundered *out of* ***heaven***; \*  the Most High *uttered* ***his voice***. |
| 15 | He loosed his arrows *and sca****ttered them***; \*  he hurled thunderbolts *and rou****ted them***. |
| 16 | The beds of the seas were uncovered,  and the foundations of *the world* ***laid bare***, \*  at your battle cry, O LORD,  at the blast of the breath *of your* ***nostrils***. |
| 17 | He reached down from on *high and* ***grasped me***; \*  he drew me out *of great* ***waters***. |
| 18 | He delivered me from my strong enemies  and from those *who ha****ted me***; \*  for they were too *mighty* ***for me***. |
| 19 | They confronted me in the day of *my di****saster***; \*  but the LORD *was my* ***support***. |

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| 20 | He brought me out into *an o****pen place***; \*  he rescued me because he de*lighted* ***in me***. |
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|  | **Psalm 18: Part II** *Et retribuet mihi* |
| 21 | The LORD rewarded me because of my *righteous* ***dealing***; \*  because my hands were clean he *rewar****ded me***; |
| 22 | For I have kept the *ways of* ***the LORD*** \*  and have not offended *against* ***my God***; |
| 23 | For all his judgments are *before* ***my eyes***, \*  and his decrees I have not put *away* ***from me***; |
| 24 | For I have been *blameless* ***with him*** \*  and have kept myself from *ini****quity***; |
| 25 | Therefore the LORD rewarded me  according to my *righteous* ***dealing***, \*  because of the cleanness of my *hands in* ***his sight***. |
| 26 | With the faithful you show yourself *faithful,* ***O God***; \*  with the forthright you show *yourself* ***forthright***. |
| 27 | With the pure you *show your****self pure***, \*  but with the crooked *you are* ***wily***. |
| 28 | You will save a *lowly* ***people***, \*  but you will humble *the haugh****ty eyes***. |
| 29 | You, O *LORD, are* ***my lamp***; \*  my God, you make *my dark****ness bright***. |
| 30 | With you I will break down *an en****closure***; \*  with the help of my God I will *scale a****ny wall***. |
| 31 | As for God, his ways are perfect;  the words of the LORD are *tried in* ***the fire***; \*  he is a shield to all *who trust* ***in him***. |

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| 32 | For who is *God, but* ***the LORD***? \*  who is the Rock, *except* ***our God*** ? |
| 33 | It is God who girds me *about* ***with strength*** \*  and makes *my way* ***secure***. |
| 34 | He makes me sure-foo*ted like* ***a deer*** \*  and lets me stand *firm on* ***the heights***. |
| 35 | He trains my *hands for* ***battle*** \*  and my arms for bending even *a bow* ***of bronze***. |
| 36 | You have given me your shield *of vic****tory***; \*  your right hand also sustains me;  your loving *care makes* ***me great***. |
| 37 | You lengthen my *stride be****neath me***, \*  and my ankles *do not* ***give way***. |
| 38 | I pursue my enemies and *over****take them***; \*  I will not turn back till I *have de****stroyed them***. |
| 39 | I strike them down, and *they ca****nnot rise***; \*  they fall defea*ted at* ***my feet***. |
| 40 | You have girded me with strength *for the* ***battle***; \*  you have cast down my adversaries beneath me;  you have put my e*nemies* ***to flight***. |
| 41 | I destroy those who hate me;  they cry out, but there is *none to* ***help them***; \*  they cry to the LORD, but he *does not* ***answer***. |
| 42 | I beat them small like dust *before* ***the wind***; \*  I trample them like *mud in* ***the streets***. |
| 43 | You deliver me from the strife *of the* ***peoples***; \*  you put me at the head *of the* ***nations***. |
| 44 | A people I have not known shall serve me;  no sooner shall they hear than they *shall o****bey me***; \*  strangers will *cringe be****fore me***. |

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| 45 | The foreign peo*ples will* ***lose heart***; \*  they shall come trembling out *of their* ***strongholds***. |
| 46 | The LORD lives! Ble*ssed is* ***my Rock***! \*  Exalted is the God of *my sal****vation***! |
| 47 | He is the God who gave *me vic****tory*** \*  and cast down the peo*ples be****neath me***. |
| 48 | You rescued me from the fury of my enemies;  you exalted me above those who *rose a****gainst me***; \*  you saved me from *my dead****ly foe***. |
| 49 | Therefore will I extol you among the *nations*,***O LORD***, \*  and sing prai*ses to* ***your Name***. |
| 50 | He multiplies the victo*ries of* ***his king***; \*  he shows loving-kindness to his anointed,  to David and his descen*dants for* ***ever***. |
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|  | **19** *Caeli enarrant* |
| 1 | The heavens declare the *glory* ***of God***, \*  and the firmament shows *his han****diwork***. |
| 2 | One day tells its tale *to a****nother***, \*  and one night imparts knowledge *to a****nother***. |
| 3 | Although they have no *words or* ***language***, \*  and their voi*ces are* ***not heard***, |
| 4 | Their sound has gone out *into* ***all lands***, \*  and their message to the *ends of* ***the world***. |
| 5 | In the deep has he set a pavil*ion for* ***the sun***; \*  it comes forth like a bridegroom out of his chamber;  it rejoices like a champion *to run* ***its course***. |

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| 6 | It goes forth from the uttermost edge of the heavens  and runs about to the end *of it* ***again***; \*  nothing is hidden from *its bur****ning heat***. |
| 7 | The law of the LORD is perfect  and *revives* ***the soul***; \*  the testimony of the LORD is sure  and gives wisdom to *the inn****ocent***. |
| 8 | The statutes of the LORD are just  and *rejoice* ***the heart***; \*  the commandment of the LORD is clear  and gives *light to* ***the eyes***. |
| 9 | The fear of the LORD is clean  and en*dures for* ***ever***; \*  the judgments of the LORD are true  and righteous *alto****gether***. |
| 10 | More to be desired are they than gold,  more *than much* ***fine gold***, \*  sweeter far than honey,  than ho*ney in* ***the comb***. |
| 11 | By them also is your ser*vant en****lightened***, \*  and in keeping them there *is great* ***reward***. |
| 12 | Who can tell how of*ten he* ***offends***? \*  cleanse me from *my se****cret faults***. |
| 13 | Above all, keep your servant from presumptuous sins;  let them not get domin*ion o****ver me***; \*  then shall I be whole and sound,  and innocent of *a great* ***offense***. |
| 14 | Let the words of my mouth and the meditation of my heart  be accepta*ble in* ***your sight***, \*  O LORD, my strength and *my re****deemer***. |
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|  | **20** *Exaudiat te Dominus* |
| 1 | May the LORD answer you in the *day of* ***trouble***, \*  the Name of the God of Ja*cob de****fend you***; |
| 2 | Send you help from *his ho****ly place*** \*  and strengthen you *out of* ***Zion***; |
| 3 | Remember all *your o****fferings*** \*  and accept your *burnt sac****rifice***; |
| 4 | Grant you *your heart’s* ***desire*** \*  and pros*per all* ***your plans***. |
| 5 | We will shout for joy at your victory  and triumph in the *Name of* ***our God***; \*  may the LORD grant *all your* ***requests***. |
| 6 | Now I know that the LORD gives victory to *his a****nointed***; \*  he will answer him out of his holy heaven,  with the victorious strength *of his* ***right hand***. |
| 7 | Some put their trust in chariots and *some in* ***horses***, \*  but we will call upon the Name of *the LORD* ***our God***. |
| 8 | They co*llapse and* ***fall down***, \*  but we will arise *and stand* ***upright***. |
| 9 | O LORD, give victo*ry to* ***the king*** \*  and answer *us when* ***we call***. |
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|  | **21** *Domine, in virtute tua* |
| 1 | The king rejoices in *your strength,* ***O LORD***; \*  how greatly he exults in *your vic****tory***! |
| 2 | You have given him *his heart’s* ***desire***; \*  you have not denied him the re*quest of* ***his lips***. |

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| 3 | For you meet him with blessings of *prosper****ity***, \*  and set a crown of fine gold *upon* ***his head***. |
| 4 | He asked you for life, and you *gave it* ***to him***: \*  length of days, for e*ver and* ***ever***. |
| 5 | His honor is great, because of *your vic****tory***; \*  splendor and majesty have you be*stowed u****pon him***. |
| 6 | For you will give him everlasting *feli****city*** \*  and will make him glad with the joy *of your* ***presence***. |
| 7 | For the king puts his *trust in* ***the LORD***; \*  because of the loving-kindness of the Most High,  *he will* ***not fall***. |
| 8 | Your hand will lay hold upon all *your e****nemies***; \*  your right hand will seize all *those who* ***hate you***. |
| 9 | You will make them like a *fiery* ***furnace*** \*  at the time of your a*ppearing,* ***O LORD***; |
| 10 | You will swallow them *up in* ***your wrath***, \*  and fire *shall con****sume them***. |
| 11 | You will destroy their off*spring from* ***the land*** \*  and their descendants from among the peo*ples of* ***the earth***. |
| 12 | Though they intend evil against you  and de*vise wi****cked schemes***, \*  yet they *shall not* ***prevail***. |
| 13 | For you will *put them* ***to flight*** \*  and aim your *arrows* ***at them***. |
| 14 | Be exalted, O *LORD, in* ***your might***; \*  we will sing and *praise your* ***power***. |

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|  | **22** *Deus, Deus meus* |
| 1 | My God, my God, why have you *forsa****ken me***? \*  and are so far from my cry  and from the words *of my* ***distress***? |
| 2 | O my God, I cry in the daytime, but you *do not* ***answer***; \*  by night as well, but *I find* ***no rest***. |
| 3 | Yet you are *the Ho****ly One***, \*  enthroned upon the praises *of Is****rael***. |
| 4 | Our forefathers put *their trust* ***in you***; \*  they trusted, and you *deli****vered them***. |
| 5 | They cried out to you and *were de****livered***; \*  they trusted in you and were *not put* ***to shame***. |
| 6 | But as for me, I am a *worm and* ***no man***, \*  scorned by all and despised *by the* ***people***. |
| 7 | All who see me *laugh me* ***to scorn***; \*  they curl their lips and wag *their heads,* ***saying***, |
| 8 | “He trusted in the LORD; let him *deli****ver him***; \*  let him rescue him, if he *delights* ***in him***.” |
| 9 | Yet you are he who took me *out of* ***the womb***, \*  and kept me safe upon *my mo****ther’s breast***. |
| 10 | I have been entrusted to you ever *since I* ***was born***; \*  you were my God when I was still  in *my mo****ther’s womb***. |
| 11 | Be not far from me, for *trouble* ***is near***, \*  and there *is none* ***to help***. |

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| 12 | Many young bulls *encir****cle me***; \*  strong bulls of Ba*shan su****rround me***. |
| 13 | They open wide *their jaws* ***at me***, \*  like a ravening and a *roaring* ***lion***. |
| 14 | I am poured out like water;  all my bones *are out* ***of joint***; \*  my heart within my breast *is mel****ting wax***. |
| 15 | My mouth is dried out like a pot-sherd;  my tongue sticks to the *roof of* ***my mouth***; \*  and you have laid me in the *dust of* ***the grave***. |
| 16 | Packs of dogs close me in,  and gangs of evildoers cir*cle a****round me***; \*  they pierce my hands and my feet;  I can *count all* ***my bones***. |
| 17 | They stare and *gloat o****ver me***; \*  they divide my garments among them;  they cast lots *for my* ***clothing***. |
| 18 | Be not far *away,* ***O LORD***; \*  you are my strength; ha*sten to* ***help me***. |
| 19 | Save *me from* ***the sword***, \*  my life from the po*wer of* ***the dog***. |
| 20 | Save me from *the li****on’s mouth***, \*  my wretched body from the *horns of* ***wild bulls***. |
| 21 | I will declare your Name *to my* ***brethren***; \*  in the midst of the congregation *I will* ***praise you***. |
| 22 | Praise the LORD, *you that* ***fear him***; \*  stand in awe of him, O offspring of Israel;  all you of Jacob’s *line, give* ***glory***. |

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| 23 | For he does not despise nor abhor the poor in their poverty;  neither does he hide *his face* ***from them***; \*  but when they cry to *him he* ***hears them***. |
| 24 | My praise is of him in the *great a****ssembly***; \*  I will perform my vows  in the presence of those *who wor****ship him***. |
| 25 | The poor shall eat and be satisfied,  and those who seek the *LORD shall* ***praise him***: \*  “May your heart *live for* ***ever***!” |
| 26 | All the ends of the earth shall remember  and *turn to* ***the LORD***, \*  and all the families of the nations *bow be****fore him***. |
| 27 | For kingship be*longs to* ***the LORD***; \*  he rules o*ver the* ***nations***. |
| 28 | To him alone all who sleep in the earth  bow *down in* ***worship***; \*  all who go down to the dust *fall be****fore him***. |
| 29 | My soul shall live for him;  my descen*dants shall* ***serve him***; \*  they shall be known as the *LORD’S for* ***ever***. |
| 30 | They shall come and make known to a peo*ple yet* ***unborn*** \*  the saving deeds *that he* ***has done***. |
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|  | **23** *Dominus regit me* |
| 1 | The LORD *is my* ***shepherd***; \*  I shall *not be* ***in want***. |
| 2 | He makes me lie down *in green* ***pastures*** \*  and leads me be*side still* ***waters***. |

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| 3 | He *revives* ***my soul*** \*  and guides me along right pathways *for his* ***Name's sake***. |
| 4 | Though I walk through the valley of the shadow of death,  I shall *fear no* ***evil***; \*  for you are with me;  your rod and your staff, *they com****fort me***. |
| 5 | You spread a table before me in the presence of those *who trou****ble me***; \*  you have anointed my head with oil,  and my cup is *running* ***over***. |
| 6 | Surely your goodness and mercy shall follow me all the *days* *of* ***my life***, \*  and I will dwell in the house of the *LORD for* ***ever***. |
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|  | **24** *Domini est terra* |
| 1 | The earth is the LORD'S and all *that is* ***in it***, \*  the world and all *who dwell* ***therein***. |
| 2 | For it is he who founded it *upon* ***the seas*** \*  and made it firm upon the ri*vers of* ***the deep***. |
| 3 | "Who can ascend the *hill of* ***the LORD***? \*  and who can stand in *his ho****ly place***?" |
| 4 | "Those who have clean hands *and a* ***pure heart***, \*  who have not pledged themselves to falsehood,  nor sworn by *what is* ***a fraud***. |
| 5 | They shall receive a bles*sing from* ***the LORD*** \*  and a just reward from the God of *their sal****vation***." |
| 6 | Such is the generation of *those who* ***seek him***, \*  of those who seek your face, O *God of* ***Jacob***. |

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| 7 | Lift up your heads, O gates;  lift them high, O e*verlas****ting doors***; \*  and the King of glo*ry shall* ***come in***. |
| 8 | "Who is this *King of* ***glory***?" \*  "The LORD, strong and mighty,  the LORD, migh*ty in* ***battle***." |
| 9 | Lift up your heads, O gates;  lift them high, O e*verlas****ting doors***; \*  and the King of glo*ry shall* ***come in***. |
| 10 | "Who is he, this *King of* ***glory***?" \*  "The LORD of hosts,  he is the *King of* ***glory***." |
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|  | **25** *Ad te, Domine, levavi* |
| 1 | To you, O LORD, I lift up my soul;  my God, I put *my trust* ***in you***; \*  let me not be humiliated,  nor let my enemies tri*umph o****ver me***. |
| 2 | Let none who look to you *be put* ***to shame***; \*  let the treacherous be disappoin*ted in* ***their schemes***. |
| 3 | Show me *your ways,* ***O LORD***, \*  and *teach me* ***your paths***. |
| 4 | Lead me in your *truth and* ***teach me***, \*  for you are the God of my salvation;  in you have I trusted *all the* ***day long***. |
| 5 | Remember, O LORD, your com*passion* ***and love***, \*  for they are from *ever****lasting***. |

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| 6 | Remember not the sins of my youth and *my trans****gressions***; \*  remember me according to your love  and for the sake of your *goodness,* ***O LORD***. |
| 7 | Gracious and up*right is* ***the LORD***; \*  therefore he teaches sin*ners in* ***his way***. |
| 8 | He guides the humble *in do****ing right*** \*  and teaches his way *to the* ***lowly***. |
| 9 | All the paths of the LORD are love *and faith****fulness*** \*  to those who keep his covenant and his *testi****monies***. |
| 10 | For your *Name's sake,* ***O LORD***, \*  forgive my sin, *for it* ***is great***. |
| 11 | Who are they *who fear* ***the LORD***? \*  he will teach them the way *that they* ***should choose***. |
| 12 | They shall dwell in *prosper****ity***, \*  and their offspring shall in*herit* ***the land***. |
| 13 | The LORD is a friend to *those who* ***fear him*** \*  and will show them *his co****venant***. |
| 14 | My eyes are ever loo*king to* ***the LORD***, \*  for he shall pluck my feet *out of* ***the net***. |
| 15 | Turn to me and have *pity* ***on me***, \*  for I am left alone and *in mi****sery***. |
| 16 | The sorrows of my *heart have* ***increased***; \*  bring me out *of my* ***troubles***. |
| 17 | Look upon my adversity *and mi****sery*** \*  and forgive *me all* ***my sin***. |
| 18 | Look upon my enemies, for *they are* ***many***, \*  and they bear a violent ha*tred a****gainst me***. |

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| 19 | Protect my life and *deli****ver me***; \*  let me not be put to shame, for I have *trusted* ***in you***. |
| 20 | Let integrity and upright*ness pre****serve me***, \*  for my hope *has been* ***in you***. |
| 21 | Deliver Is*rael,* ***O God***, \*  out of *all his* ***troubles***. |
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|  | **26** *Judica me, Domine* |
| 1 | Give judgment for me, O LORD,  for I have lived with *inte****grity***; \*  I have trusted in the Lord and *have not* ***faltered***. |
| 2 | Test me, O *LORD, and* ***try me***; \*  examine my *heart and* ***my mind***. |
| 3 | For your love is *before* ***my eyes***; \*  I have walked faith*fully* ***with you***. |
| 4 | I have not sat *with the* ***worthless***, \*  nor do I consort with *the de****ceitful***. |
| 5 | I have hated the company of *evil****doers***; \*  I will not sit down *with the* ***wicked***. |
| 6 | I will wash my hands in in*nocence,* ***O LORD***, \*  that I may go in procession *round your* ***altar***, |
| 7 | Singing aloud a song *of thanks****giving*** \*  and recounting all your *wonder****ful deeds***. |
| 8 | LORD, I love the house *in which* ***you dwell*** \*  and the place where your *glory* ***abides***. |
| 9 | Do not sweep me a*way with* ***sinners***, \*  nor my life with those *who thirst* ***for blood***, |

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| 10 | Whose hands are full *of e****vil plots***, \*  and their right *hand full* ***of bribes***. |
| 11 | As for me, I will live with *inte****grity***; \*  redeem me, O LORD, and have *pity* ***on me***. |
| 12 | My foot stands *on le****vel ground***; \*  in the full assembly I *will bless* ***the LORD***. |
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|  | **27** *Dominus illuminatio* |
| 1 | The LORD is my light and my salvation;  whom *then shall* ***I fear***? \*  the LORD is the strength of my life;  of whom then shall *I be* ***afraid***? |
| 2 | When evildoers came upon me to *eat up* ***my flesh***, \*  it was they, my foes and my adversaries, who *stumbled* ***and fell***. |
| 3 | Though an army should en*camp a****gainst me***, \*  yet my heart shall *not be* ***afraid***; |
| 4 | And though war should rise *up a****gainst me***, \*  yet will I put *my trust* ***in him***. |
| 5 | One thing have I asked of the LORD;  *one thing* ***I seek***; \*  that I may dwell in the house of the LORD all the *days* *of* ***my life***; |
| 6 | To behold the fair beau*ty of* ***the LORD*** \*  and to seek him *in his* ***temple***. |

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| 7 | For in the day of trouble he shall keep me safe *in his* ***shelter***; \*  he shall hide me in the secrecy of his dwelling  and set me high *upon* ***a rock***. |
| 8 | Even now he *lifts up* ***my head*** \*  above my enemies *round a****bout me***. |
| 9 | Therefore I will offer in his dwelling an oblation  with sounds *of great* ***gladness***; \*  I will sing and make mu*sic to* ***the LORD***. |
| 10 | Hearken to my voice, O *LORD, when* ***I call***; \*  have mercy on me *and an****swer me***. |
| 11 | You speak in my heart and *say, "Seek* ***my face****."* \*  Your face, *LORD, will* ***I seek***. |
| 12 | Hide not *your face* ***from me***, \*  nor turn away your servant *in dis****pleasure***. |
| 13 | You have been my helper;  cast *me not* ***away***; \*  do not forsake me, O God of *my sal****vation***. |
| 14 | Though my father and my mo*ther for****sake me***, \*  the LORD *will sus****tain me***. |
| 15 | Show me *your way,* ***O LORD***; \*  lead me on a level path, because of *my en****emies***. |
| 16 | Deliver me not into the hand of my *adver****saries***, \*  for false witnesses have risen up against me,  and also those *who speak* ***malice***. |
| 17 | What if I had not believed  that I should see the good*ness of* ***the LORD*** \*  in the land *of the* ***living***! |

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| 18 | O tarry and await the LORD'S pleasure;  be strong, and he shall *comfort* ***your heart***; \*  wait patient*ly for* ***the LORD***. |
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|  | **28** *Ad te, Domine* |
| 1 | O LORD, I call to you;  my Rock, do not be *deaf to* ***my cry***; \*  lest, if you do not hear me,  I become like those who go *down to* ***the Pit***. |
| 2 | Hear the voice of my prayer when I *cry out* ***to you***, \*  when I lift up my hands to your ho*ly of* ***holies***. |
| 3 | Do not snatch me away with the wicked or with the *evil****doers***, \*  who speak peaceably with their neighbors,  while strife *is in* ***their hearts***. |
| 4 | Repay them accor*ding to* ***their deeds***, \*  and according to the wickedness *of their* ***actions***. |
| 5 | According to the work of their *hands re****pay them***, \*  and give them *their just* ***deserts***. |
| 6 | They have no understanding of the LORD'S doings,  nor of the *works of* ***his hands***; \*  therefore he will break them down and *not* *build* ***them up***. |
| 7 | Bles*sed is* ***the LORD***! \*  for he has heard the *voice of* ***my prayer***. |
| 8 | The LORD is my *strength and* ***my shield***; \*  my heart trusts in him, and *I have* ***been helped***; |
| 9 | Therefore my heart *dances* ***for joy***, \*  and in my song *will I* ***praise him***. |

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| 10 | The LORD is the strength *of his* ***people***, \*  a safe refuge for *his a****nointed***. |
| 11 | Save your people and bless your *inhe****ritance***; \*  shepherd them and carry *them for* ***ever***. |
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|  | **29** *Afferte Domino* |
| 1 | Ascribe to *the LORD,* ***you gods***, \*  ascribe to the LORD *glory* ***and strength***. |
| 2 | Ascribe to the LORD the glo*ry due* ***his Name***; \*  worship the LORD in the beauty *of ho****liness***. |
| 3 | The voice of the LORD is upon the waters;  the God of *glory* ***thunders***; \*  the LORD is upon the *mighty* ***waters***. |
| 4 | The voice of the LORD is a *power****ful voice***; \*  the voice of the LORD is a *voice of* ***splendor***. |
| 5 | The voice of the LORD breaks *the ce****dar trees***; \*  the LORD breaks the cedars *of Le****banon***; |
| 6 | He makes Lebanon *skip like* ***a calf***, \*  and Mount Hermon like *a young* ***wild ox***. |
| 7 | The voice of the LORD splits the flames of fire;  the voice of the LORD shakes *the wil****derness***; \*  the LORD shakes the wilder*ness of* ***Kadesh***. |
| 8 | The voice of the LORD makes *the oak* ***trees writhe*** \*  and strips *the fo****rests bare***. |
| 9 | And in the tem*ple of* ***the LORD*** \*  all are *crying, "****Glory****!"* |
| 10 | The LORD sits enthroned *above* ***the flood***; \*  the LORD sits enthroned as King *for e****vermore***. |

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| 11 | The LORD shall give strength *to his* ***people***; \*  the LORD shall give his people the *blessing* ***of peace***. |
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|  | **30** *Exaltabo te, Domine* |
| 1 | I will exalt you, O LORD,  because you have *lifted* ***me up*** \*  and have not let my enemies tri*umph o****ver me***. |
| 2 | O LORD my God, I *cried out* ***to you***, \*  and you re*stored me* ***to health***. |
| 3 | You brought me up, O *LORD, from* ***the dead***; \*  you restored my life as I was going *down to* ***the grave***. |
| 4 | Sing to the LORD, you *servants* ***of his***; \*  give thanks for the remembrance of *his ho****liness***. |
| 5 | For his wrath endures but the twink*ling of* ***an eye***, \*  his favor *for a* ***lifetime***. |
| 6 | Weeping *may spend* ***the night***, \*  but joy comes *in the* ***morning***. |
| 7 | While I felt secure, I said,  I shall ne*ver be* ***disturbed***. \*  You, LORD, with your favor, made me as strong *as* *the* ***mountains***." |
| 8 | Then *you hid* ***your face***, \*  and I *was filled* ***with fear***. |
| 9 | I cried *to you,* ***O LORD***; \*  I pleaded with *the Lord,* ***saying***, |
| 10 | "What profit is there in my blood, if I go *down to* ***the Pit***? \*  will the dust praise you or declare *your faith****fulness***? |

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| 11 | Hear, O LORD, and have mer*cy up****on me***; \*  O LORD, *be my* ***helper***." |
| 12 | You have turned my wailing *into* ***dancing***; \*  you have put off my sack-cloth and *clothed me* ***with joy***. |
| 13 | Therefore my heart sings to you *without* ***ceasing***; \*  O LORD my God, I will give you *thanks for* ***ever***. |
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|  | **31** *In te, Domine, speravi* |
| 1 | In you, O LORD, have I taken refuge;  let me never *be put* ***to shame***; \*  deliver me in *your righ****teousness***. |
| 2 | Incline *your ear* ***to me***; \*  make haste to *deli****ver me***. |
| 3 | Be my strong rock, a castle to keep me safe,  for you are my crag *and my* ***stronghold***; \*  for the sake of your Name, lead *me and* ***guide me***. |
| 4 | Take me out of the net that they have secret*ly set* ***for me***, \*  for you are my *tower* ***of strength***. |
| 5 | Into your hands I com*mend my* ***spirit***, \*  for you have redeemed me,  O LORD, *O God* ***of truth***. |
| 6 | I hate those who cling to *worthless* ***idols***, \*  and I put my *trust in* ***the LORD***. |

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| 7 | I will rejoice and be glad because *of your* ***mercy***; \*  for you have seen my affliction;  you *know my* ***distress***. |

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| 8 | You have not shut me up in the power of *the en****emy***; \*  you have set my feet in *an o****pen place***. |
| 9 | Have mercy on me, O LORD, for I *am in* ***trouble***; \*  my eye is consumed with sorrow,  and also my throat *and my* ***belly***. |
| 10 | For my life is wasted with grief,  and my *years with* ***sighing***; \*  my strength fails me because of affliction,  and my *bones are* ***consumed***. |
| 11 | I have become a reproach to all my enemies and even to my neighbors,  a dismay to those of *my ac****quaintance***; \*  when they see me in the street *they a****void me***. |
| 12 | I am forgotten like a dead *man, out* ***of mind***; \*  I am as useless as *a bro****ken pot***. |
| 13 | For I have heard the whispering of the crowd;  fear *is all* ***around***; \*  they put their heads together against me;  they plot *to take* ***my life***. |
| 14 | But as for me, I have trusted *in you,* ***O LORD***. \*  I have said, "*You are* ***my God***. |
| 15 | My times *are in* ***your hand***; \*  rescue me from the hand of my enemies,  and from those who *perse****cute me***. |
| 16 | Make your face to shine up*on your* ***servant***, \*  and in your loving-*kindness* ***save me***." |
| 17 | LORD, let me not be ashamed for having *called up****on you***; \*  rather, let the wicked be put to shame;  let them be si*lent in* ***the grave***. |

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| 18 | Let the lying lips be silenced which speak a*gainst* *the* ***righteous***, \*  haughtily, disdainfully, *and with* ***contempt***. |
| 19 | How great is your goodness, O LORD!  which you have laid up for *those who* ***fear you***; \*  which you have done in the sight of all  for those who put *their trust* ***in you***. |
| 20 | You hide them in the covert of your presence from those *who slan****der them***; \*  you keep them in your shelter from *the strife* ***of tongues***. |
| 21 | Bles*sed be* ***the LORD***! \*  for he has shown me the wonders of his love in a *besieged* ***city***. |
| 22 | Yet I said in my alarm,  I have been cut off from the *sight of* ***your eyes***." \*  Nevertheless, you heard the sound of my entreaty  when I *cried out* ***to you***. |
| 23 | Love the LORD, all you *who wor****ship him***; \*  the LORD protects the faithful,  but repays to the full those who *act haugh****tily***. |
| 24 | Be strong and let your *heart take* ***courage***, \*  all you who *wait for* ***the LORD***. |
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|  | **32** *Beati quorum* |
| 1 | Happy are they whose transgressions *are for****given***, \*  and whose sin *is put* ***away***! |

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| 2 | Happy are they to whom the LORD *imputes* ***no guilt***, \*  and in whose spirit *there is* ***no guile***! |
| 3 | While I held my tongue, my bones *withered* ***away***, \*  because of my groa*ning all* ***day long***. |
| 4 | For your hand was heavy upon *me day* ***and night***; \*  my moisture was dried up as in the *heat of* ***summer***. |
| 5 | Then I acknowledged *my sin* ***to you***, \*  and did not *conceal* ***my guilt***. |
| 6 | I said, "I will confess my transgres*sions to* ***the LORD***." \*  Then you forgave me the *guilt of* ***my sin***. |
| 7 | Therefore all the faithful will make their prayers to you in *time of* ***trouble***; \*  when the great waters overflow, they *shall not* ***reach them***. |
| 8 | You are my hiding-place;  you preserve *me from* ***trouble***; \*  you surround me with shouts of *deli****verance***. |
| 9 | "I will instruct you and teach you in the way *that you* ***should go***; \*  I will guide *you with* ***my eye***. |
| 10 | Do not be like horse or mule, which have no *under****standing***; \*  who must be fitted with bit and bridle,  or else they will *not stay* ***near you***." |
| 11 | Great are the tribulations *of the* ***wicked***; \*  but mercy embraces those who *trust in* ***the LORD***. |
| 12 | Be glad, you righteous, and re*joice in* ***the LORD***; \*  shout for joy, all who *are true* ***of heart***. |
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|  | **33** *Exultate, justi* |
| 1 | Rejoice in the *LORD, you* ***righteous***; \*  it is good for the just *to sing* ***praises***. |
| 2 | Praise the *LORD with* ***the harp***; \*  play to him upon the psal*tery* ***and lyre***. |
| 3 | Sing for *him a* ***new song***; \*  sound a fanfare with all your skill up*on the* ***trumpet***. |
| 4 | For the word of *the LORD* ***is right***, \*  and all *his works* ***are sure***. |
| 5 | He loves righteous*ness and* ***justice***; \*  the loving-kindness of the LORD *fills the* ***whole earth***. |
| 6 | By the word of the LORD were *the hea****vens made***, \*  by the breath of his mouth all the *heaven****ly hosts***. |
| 7 | He gathers up the waters of the ocean as in *a wa****ter-skin*** \*  and stores up the *depths of* ***the sea***. |
| 8 | Let all the *earth fear* ***the LORD***; \*  let all who dwell in the world stand *in awe* ***of him***. |
| 9 | For he spoke, and *it came* ***to pass***; \*  he commanded, *and it* ***stood fast***. |
| 10 | The LORD brings the will of the *nations* ***to naught***; \*  he thwarts the designs *of the* ***peoples***. |
| 11 | But the LORD'S will stands *fast for* ***ever***, \*  and the designs of his heart *from age* ***to age***. |
| 12 | Happy is the nation whose *God is* ***the LORD***! \*  happy the people he has chosen *to be* ***his own***! |

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| 13 | The LORD looks *down from* ***heaven***, \*  and beholds all the peo*ple in* ***the world***. |
| 14 | From where he sits enthroned *he turns* ***his gaze*** \*  on all who *dwell on* ***the earth***. |
| 15 | He fashions all *the hearts* ***of them*** \*  and under*stands all* ***their works***. |
| 16 | There is no king that can be saved by a *mighty* ***army***; \*  a strong man is not delivered *by his* ***great strength***. |
| 17 | The horse is a vain hope for *deli****verance***; \*  for all its strength *it can****not save***. |
| 18 | Behold, the eye of the LORD is upon *those who* ***fear him***, \*  on those who wait *upon* ***his love***, |
| 19 | To pluck *their lives* ***from death***, \*  and to feed them in *time of* ***famine***. |
| 20 | Our soul *waits for* ***the LORD***; \*  he is our *help and* ***our shield***. |
| 21 | Indeed, our heart re*joices* ***in him***, \*  for in his holy Name *we put* ***our trust***. |
| 22 | Let your loving-kindness, O LORD, *be up****on us***, \*  as we have put *our trust* ***in you***. |
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|  | **34** *Benedicam Dominum* |
| 1 | I will bless the *LORD at* ***all times***; \*  his praise shall ever *be in* ***my mouth***. |
| 2 | I will glo*ry in* ***the LORD***; \*  let the humble *hear and* ***rejoice***. |
| 3 | Proclaim with me the great*ness of* ***the LORD***; \*  let us exalt his *Name to****gether***. |

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| 4 | I sought the LORD, and *he an****swered me*** \*  and delivered me out of *all my* ***terror***. |
| 5 | Look upon him and *be ra****diant***, \*  and let not your fa*ces be* ***ashamed***. |
| 6 | I called in my affliction and *the LORD* ***heard me*** \*  and saved me from *all my* ***troubles***. |
| 7 | The angel of the LORD encompasses *those who* ***fear him***, \*  and he will *deli****ver them***. |
| 8 | Taste and see that *the LORD* ***is good***; \*  happy are they *who trust* ***in him***! |
| 9 | Fear the LORD, you *that are* ***his saints***, \*  for those who fear *him lack* ***nothing***. |
| 10 | The young lions lack and *suffer* ***hunger***, \*  but those who seek the LORD lack no*thing that* ***is good***. |
| 11 | Come, children, and *listen* ***to me***; \*  I will teach you the *fear of* ***the LORD***. |
| 12 | Who a*mong you* ***loves life*** \*  and desires long life to enjoy *prospe****rity***? |
| 13 | Keep your tongue from *evil-****speaking*** \*  and your lips *from ly****ing words***. |
| 14 | Turn from e*vil and* ***do good***; \*  seek peace *and pur****sue it***. |
| 15 | The eyes of the LORD are up*on the* ***righteous***, \*  and his ears are o*pen to* ***their cry***. |
| 16 | The face of the LORD is against those *who do* ***evil***, \*  to root out the remembrance of *them from* ***the earth***. |

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| 17 | The righteous cry, and *the LORD* ***hears them*** \*  and delivers them from *all their* ***troubles***. |
| 18 | The LORD is near to the *broken****hearted*** \*  and will save those whose *spirits* ***are crushed***. |
| 19 | Many are the troubles *of the* ***righteous***, \*  but the LORD will deliver him *out of* ***them all***. |
| 20 | He will keep *safe all* ***his bones***; \*  not one of them *shall be* ***broken***. |
| 21 | Evil shall *slay the* ***wicked***, \*  and those who hate the righteous *will be* ***punished***. |
| 22 | The LORD ransoms the life *of his* ***servants***, \*  and none will be punished *who trust* ***in him***. |
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|  | **35** *Judica, Domine* |
| 1 | Fight those who *fight me,* ***O LORD***; \*  attack those who are *attac****king me***. |
| 2 | Take up *shield and* ***armor*** \*  and rise *up to* ***help me***. |
| 3 | Draw the sword and bar the way against those *who pur****sue me***; \*  say to my soul, "I am *your sal****vation***." |
| 4 | Let those who seek after my life be *shamed and* ***humbled***; \*  let those who plot my ruin fall back *and be* ***dismayed***. |
| 5 | Let them be like chaff *before* ***the wind***, \*  and let the angel of the LORD *drive them* ***away***. |

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| 6 | Let their way be dark *and slip****pery***, \*  and let the angel of the *LORD pur****sue them***. |
| 7 | For they have secretly spread a net for me *without* ***a cause***; \*  without a cause they have dug a pit to *take me* ***alive***. |
| 8 | Let ruin come upon *them un****awares***; \*  let them be caught in the net they hid;  let them fall into *the pit* ***they dug***. |
| 9 | Then I will be joy*ful in* ***the LORD***; \*  I will glory in *his vic****tory***. |
| 10 | My very bones will say, "LORD, *who is* ***like you***? \*  You deliver the poor from those who are too strong for them,  the poor and needy from *those who* ***rob them***." |
| 11 | Malicious witnesses rise *up a****gainst me***; \*  they charge me with matters I know *nothing* ***about***. |
| 12 | They pay me evil in *exchange* ***for good***; \*  my soul is *full of* ***despair***. |
| 13 | But when they were sick I *dressed in* ***sack-cloth*** \*  and humbled my*self by* ***fasting***. |
| 14 | I prayed with my whole heart,  as one would for a friend *or a* ***brother***; \*  I behaved like one who mourns for his mother,  bowed *down and* ***grieving***. |
| 15 | But when I stumbled, they were glad and gathered together;  they ga*thered a****gainst me***; \*  strangers whom I did not know tore me to pieces *and* *would* ***not stop***. |
| 16 | They put me to the *test and* ***mocked me***; \*  they gnashed at *me with* ***their teeth***. |

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| 17 | O Lord, how long *will you* ***look on***? \*  rescue me from the roaring beasts,  and my life from *the young* ***lions***. |
| 18 | I will give you thanks in the great *congre****gation***; \*  I will praise you in *the migh****ty throng***. |
| 19 | Do not let my treacherous foes re*joice o****ver me***, \*  nor let those who hate me without a cause wink *at each* ***other***. |
| 20 | For they do *not plan* ***for peace***, \*  but invent deceitful schemes against the qui*et in* ***the land***. |
| 21 | They opened their mouths *at me* ***and said***, \*  "Aha! we saw it *with our* ***own eyes***." |
| 22 | You saw it, O LORD; do *not be* ***silent***; \*  O Lord, be *not far* ***from me***. |
| 23 | Awake, a*rise, to* ***my cause***! \*  to my defense, my *God and* ***my Lord***! |
| 24 | Give me justice, O LORD my God,  according to *your righ****teousness***; \*  do not let them tri*umph o****ver me***. |
| 25 | Do not let them say in their hearts,  "Aha! *just what* ***we want***!" \*  Do not let them say, "We have *swallowed* ***him up***." |
| 26 | Let all who rejoice at my ruin be a*shamed and* ***disgraced***; \*  let those who boast against me be clothed with *dismay* ***and shame***. |
| 27 | Let those who favor my cause sing out with *joy and* ***be glad***; \*  let them say always, "Great is the LORD,  who desires the prosperity *of his* ***servant***." |

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| 28 | And my tongue shall be talking of *your righ****teousness*** \*  and of your praise *all the* ***day long***. |
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|  | **36** *Dixit injustus* |
| 1 | There is a voice of rebellion deep in the heart *of the* ***wicked***; \*  there is no fear of God *before* ***his eyes***. |
| 2 | He flatters himself *in his* ***own eyes*** \*  that his hateful sin will *not be* ***found out***. |
| 3 | The words of his mouth are wicked *and de****ceitful***; \*  he has left off acting wisely *and do****ing good***. |
| 4 | He thinks up wickedness upon his bed  and has set himself *in no* ***good way***; \*  he does not abhor that *which is* ***evil***. |
| 5 | Your love, O LORD, reaches *to the* ***heavens***, \*  and your faithful*ness to* ***the clouds***. |
| 6 | Your righteousness is like the strong mountains,  your justice *like the* ***great deep***; \*  you save both man *and beast,* ***O LORD***. |
| 7 | How priceless is *your love,* ***O God***! \*  your people take refuge under the sha*dow of* ***your wings***. |
| 8 | They feast upon the abun*dance of* ***your house***; \*  you give them drink from the river *of your* ***delights***. |
| 9 | For with you is *the well* ***of life***, \*  and in your *light we* ***see light***. |
| 10 | Continue your loving-kindness to *those who* ***know you***, \*  and your favor to those who *are true* ***of heart***. |

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| 11 | Let not the foot of the *proud come* ***near me***, \*  nor the hand of the wicked *push me* ***aside***. |
| 12 | See how they are fallen, those who *work wic****kedness***! \*  they are cast down and shall not be *able* ***to rise***. |
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|  | **37** |
|  | **Part I** *Noli aemulari* |
| 1 | Do not fret yourself because of *evil****doers***; \*  do not be jealous of *those who* ***do wrong***. |
| 2 | For they shall soon wi*ther like* ***the grass***, \*  and like the green *grass fade* ***away***. |
| 3 | Put your trust in the *LORD and* ***do good***; \*  dwell in the land and feed *on its* ***riches***. |
| 4 | Take de*light in* ***the LORD***, \*  and he shall give you *your heart's* ***desire***. |
| 5 | Commit your way to the LORD and put *your trust* ***in him***, \*  and he will *bring it* ***to pass***. |
| 6 | He will make your righteousness as *clear as* ***the light*** \*  and your just dealing *as the* ***noonday***. |
| 7 | Be still *before* ***the LORD*** \*  and wait pa*tiently* ***for him***. |
| 8 | Do not fret yourself over the *one who* ***prospers***, \*  the one who succeeds *in e****vil schemes***. |
| 9 | Refrain from anger, *leave rage* ***alone***; \*  do not fret yourself; it leads on*ly to* ***evil***. |

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| 10 | For evildoers *shall be* ***cut off***, \*  but those who wait upon the LORD shall *possess* ***the land***. |
| 11 | In a little while the wicked *shall be* ***no more***; \*  you shall search out their place, but they *will not* ***be there***. |
| 12 | But the lowly shall *possess* ***the land***; \*  they will delight in a*bundance* ***of peace***. |
| 13 | The wicked plot a*gainst the* ***righteous*** \*  and gnash at *them with* ***their teeth***. |
| 14 | The Lord laughs *at the* ***wicked***, \*  because he sees that *their day* ***will come***. |
| 15 | The wicked draw their sword and bend their bow  to strike down the *poor and* ***needy***, \*  to slaughter those who are up*right in* ***their ways***. |
| 16 | Their sword shall go *through their* ***own heart***, \*  and their bow *shall be* ***broken***. |
| 17 | The little that *the righ****teous has*** \*  is better than great riches *of the* ***wicked***. |
| 18 | For the power of the wicked *shall be* ***broken***, \*  but the LORD up*holds the* ***righteous***. |
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|  | **Psalm 37: Part II** *Novit Dominus* |
| 19 | The LORD cares for the lives *of the* ***godly***, \*  and their inheritance shall *last for* ***ever***. |
| 20 | They shall not be a*shamed in* ***bad times***, \*  and in days of famine they *shall have* ***enough***. |
| 21 | As for the wicked, *they shall* ***perish***, \*  and the enemies of the LORD, like the glory of the meadows, shall vanish;  they shall *vanish* ***like smoke***. |

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| 22 | The wicked borrow and *do not* ***repay***, \*  but the righteous are gene*rous in* ***giving***. |
| 23 | Those who are blessed by God shall *possess* ***the land***, \*  but those who are cursed by him *shall be* ***destroyed***. |
| 24 | Our steps are direc*ted by* ***the LORD***; \*  he strengthens those in whose *way he* ***delights***. |
| 25 | If they stumble, they shall *not fall* ***headlong***, \*  for the LORD holds *them by* ***the hand***. |
| 26 | I have been young and *now I* ***am old***, \*  but never have I seen the righteous forsaken,  or their chil*dren beg****ging bread***. |
| 27 | The righteous are always generous *in their* ***lending***, \*  and their children shall *be a* ***blessing***. |
| 28 | Turn from e*vil, and* ***do good***, \*  and dwell in the *land for* ***ever***. |
| 29 | For the *LORD loves* ***justice***; \*  he does not forsake *his faith****ful ones***. |
| 30 | They shall be kept *safe for* ***ever***, \*  but the offspring of the wicked *shall be* ***destroyed***. |
| 31 | The righteous shall *possess* ***the land*** \*  and dwell in *it for* ***ever***. |
| 32 | The mouth of the righteous *utters* ***wisdom***, \*  and their tongue *speaks what* ***is right***. |
| 33 | The law of their God *is in* ***their heart***, \*  and their footsteps *shall not* ***falter***. |
| 34 | The wicked spy *on the* ***righteous*** \*  and seek occa*sion to* ***kill them***. |

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| 35 | The LORD will not abandon *them to* ***their hand***, \*  nor let them be found guilty when *brought to* ***trial***. |
| 36 | Wait upon the LORD *and keep* ***his way***; \*  he will raise you up to possess the land,  and when the wicked are cut off, *you will* ***see it***. |
| 37 | I have seen the wicked in *their ar****rogance***, \*  flourishing like a *tree in* ***full leaf***. |
| 38 | I went by, and behold, *they were* ***not there***; \*  I searched for them, but they *could not* ***be found***. |
| 39 | Mark those who are honest;  ob*serve the* ***upright***; \*  for there is a future for *the peace****able***. |
| 40 | Transgressors shall be de*stroyed, one* ***and all***; \*  the future of the wic*ked is* ***cut off***. |
| 41 | But the deliverance of the righteous *comes from* ***the LORD***; \*  he is their stronghold in *time of* ***trouble***. |
| 42 | The LORD will help them *and res****cue them***; \*  he will rescue them from the wicked and deliver them,  because they seek *refuge* ***in him***. |
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|  | **38** *Domine, ne in furore* |
| 1 | O LORD, do not rebuke me *in your* ***anger***; \*  do not punish *me in* ***your wrath***. |
| 2 | For your arrows have al*ready* ***pierced me***, \*  and your hand presses *hard up****on me***. |

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| 3 | There is no health in my flesh,  because of your *indig****nation***; \*  there is no soundness in my body, be*cause of* ***my sin***. |
| 4 | For my iniquities *over****whelm me***; \*  like a heavy burden they are too much *for me* ***to bear***. |
| 5 | My wounds *stink and* ***fester*** \*  by reason of *my foo****lishness***. |
| 6 | I am utterly bowed *down and* ***prostrate***; \*  I go about in mourning *all the* ***day long***. |
| 7 | My loins are filled *with sea****ring pain***; \*  there is no health *in my* ***body***. |
| 8 | I am utter*ly numb* ***and crushed***; \*  I wail, because of the groa*ning of* ***my heart***. |
| 9 | O Lord, you know *all my* ***desires***, \*  and my sighing is not *hidden* ***from you***. |
| 10 | My heart is pounding, my *strength has* ***failed me***, \*  and the brightness of my eyes *is gone* ***from me***. |
| 11 | My friends and companions draw back from *my af****fliction***; \*  my neighbors *stand a****far off***. |
| 12 | Those who seek after my life *lay snares* ***for me***; \*  those who strive to hurt me speak of my ruin  and plot treachery *all the* ***day long***. |
| 13 | But I am like the deaf *who do* ***not hear***, \*  like those who are mute and who do not *open* ***their mouth***. |
| 14 | I have become like one *who does* ***not hear*** \*  and from whose mouth *comes no* ***defense***. |
| 15 | For in you, O LORD, have *I fixed* ***my hope***; \*  you will answer me, *O Lord* ***my God***. |

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| 16 | For I said, "Do not let them rejoice *at my* ***expense***, \*  those who gloat over me *when my* ***foot slips***." |
| 17 | Truly, I am on the *verge of* ***falling***, \*  and my pain is *always* ***with me***. |
| 18 | I will confess my *ini****quity*** \*  and be sor*ry for* ***my sin***. |
| 19 | Those who are my enemies without *cause are* ***mighty***, \*  and many in number are those who wrong*fully* ***hate me***. |
| 20 | Those who repay evil for *good slan****der me***, \*  because I follow the *course that* ***is right***. |
| 21 | O LORD, do *not for****sake me***; \*  be not far from *me, O* ***my God***. |
| 22 | Make *haste to* ***help me***, \*  O Lord of *my sal****vation***. |
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|  | **39** *Dixi, Custodiam* |
| 1 | I said, "I will keep watch *upon* ***my ways***, \*  so that I do not of*fend with* ***my tongue***. |
| 2 | I will put a muz*zle on* ***my mouth*** \*  while the wicked are *in my* ***presence***." |
| 3 | So I held my tongue *and said* ***nothing***; \*  I refrained from rash words;  but my pain became *unbear****able***. |
| 4 | My heart was hot within me;  while I pondered, the fire *burst in****to flame***; \*  I spoke *out with* ***my tongue***: |

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| 5 | LORD, let me know my end and the num*ber of* ***my days***, \*  so that I may know how *short my* ***life is***. |
| 6 | You have given me a mere handful of days,  and my lifetime is as no*thing in* ***your sight***; \*  truly, even those who stand erect are but *a puff* ***of wind***. |
| 7 | We walk about like a shadow,  and in vain we *are in* ***turmoil***; \*  we heap up riches and cannot tell who *will ga****ther them***. |
| 8 | And now, *what is* ***my hope***? \*  O Lord, my *hope is* ***in you***. |
| 9 | Deliver me from all *my trans****gressions*** \*  and do not make me the *taunt of* ***the fool***. |
| 10 | I fell silent and did not *open* ***my mouth***, \*  for surely it was *you that* ***did it***. |
| 11 | Take your af*fliction* ***from me***; \*  I am worn down by the *blows of* ***your hand***. |
| 12 | With rebukes for sin you punish us;  like a moth you eat away all that *is dear* ***to us***; \*  truly, everyone is but *a puff* ***of wind***. |
| 13 | Hear my prayer, O LORD,  and give *ear to* ***my cry***; \*  hold not your *peace at* ***my tears***. |
| 14 | For I am but a so*journer* ***with you***, \*  a wayfarer, as all *my fore****bears were***. |
| 15 | Turn your gaze from me, that I may *be glad* ***again***, \*  before I go my way *and am* ***no more***. |
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|  | **40** *Expectans, expectavi* |
| 1 | I waited patiently *upon* ***the LORD***; \*  he stooped to me *and heard* ***my cry***. |
| 2 | He lifted me out of the desolate pit, out of *the mire* ***and clay***; \*  he set my feet upon a high cliff and made *my foo****ting sure***. |
| 3 | He put a new song in my mouth,  a song of *praise to* ***our God***; \*  many shall see, and stand in awe,  and put their *trust in* ***the LORD***. |
| 4 | Happy are they who *trust in* ***the LORD***! \*  they do not resort to evil spirits or *turn to* ***false gods***. |
| 5 | Great things are they that you have done, O LORD my God!  how great your wonders and *your plans* ***for us***! \*  there is none who can be *compared* ***with you***. |
| 6 | Oh, that I could make them *known and* ***tell them***! \*  but they are more *than I* ***can count***. |
| 7 | In sacrifice and offering you *take no* ***pleasure*** \*  (you have given me *ears to* ***hear you***); |
| 8 | Burnt-offering and sin-offering you *have not* ***required***, \*  and so I said, "*Behold,* ***I come***. |
| 9 | In the roll of the book it is written *concer****ning me***: \*  'I love to do your will, O my God;  your law is *deep in* ***my heart***.'" |
| 10 | I proclaimed righteousness in the great *congre****gation***; \*  behold, I did not restrain my lips;  and that, *O LORD,* ***you know***. |
| 11 | Your righteousness have I not hidden in my heart;  I have spoken of your faithfulness and your *deli****verance***; \*  I have not concealed your love and faithfulness from the great *congre****gation***. |

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| 12 | You are the LORD;  do not withhold your com*passion* ***from me***; \*  let your love and your faithfulness keep me *safe for* ***ever***, |
| 13 | For innumerable troubles have crowded upon me;  my sins have overtaken me, and *I can****not see***; \*  they are more in number than the hairs of my head,  and *my heart* ***fails me***. |
| 14 | Be pleased, O LORD, to *deli****ver me***; \*  O LORD, make *haste to* ***help me***. |
| 15 | Let them be ashamed and altogether dismayed  who seek after my life *to de****stroy it***; \*  let them draw back and be disgraced  who take pleasure in *my mis****fortune***. |
| 16 | Let those who say "Aha!" and gloat over me *be con****founded***, \*  because *they are* ***ashamed***. |
| 17 | Let all who seek you rejoice in *you and* ***be glad***; \*  let those who love your salvation continually say,  *Great is* ***the LORD***!" |
| 18 | Though I am poor *and af****flicted***, \*  the Lord will have *regard* ***for me***. |
| 19 | You are my helper and my *deli****verer***; \*  do not tar*ry, O* ***my God***. |
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|  | **41** *Beatus qui intelligit* |
| 1 | Happy are they who consider the *poor and* ***needy***! \*  the LORD will deliver them in the *time of* ***trouble***. |

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| 2 | The LORD preserves them and keeps them alive,  so that they may be hap*py in* ***the land***; \*  he does not hand them over to the will of *their en****emies***. |
| 3 | The LORD sustains them *on their* ***sickbed*** \*  and ministers to them *in their* ***illness***. |
| 4 | I said, "LORD, be mer*ciful* ***to me***; \*  heal me, for I have *sinned a****gainst you***." |
| 5 | My enemies are saying wicked *things a****bout me***: \*  When will he die, and *his name* ***perish***?" |
| 6 | Even if they come to see me, they *speak emp****ty words***; \*  their heart collects false rumors;  they go out*side and* ***spread them***. |
| 7 | All my enemies whisper toge*ther a****bout me*** \*  and devise e*vil a****gainst me***. |
| 8 | "A deadly thing," they say, "has *fastened* ***on him***; \*  he has taken to his bed and will never *get up* ***again***." |
| 9 | Even my best friend, whom I trusted,  who *broke bread* ***with me***, \*  has lifted up his heel and *turned a****gainst me***. |
| 10 | But you, O LORD, be merciful to me *and raise* ***me up***, \*  and I *shall re****pay them***. |
| 11 | By this I know you *are pleased* ***with me***, \*  that my enemy does not tri*umph o****ver me***. |
| 12 | In my integrity *you hold* ***me fast***, \*  and shall set me before your *face for* ***ever***. |
| 13 | Blessed be the LORD God *of Is****rael***, \*  from age to age. *Amen.* ***Amen***. |

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|  | **42** *Quemadmodum* |
| 1 | As the deer longs for *the wa****ter-brooks***, \*  so longs my soul *for you,* ***O God***. |
| 2 | My soul is athirst for God, athirst for *the li****ving God***; \*  when shall I come to appear before the *presence* ***of God***? |
| 3 | My tears have been my *food day* ***and night***, \*  while all day long they say to me,  Where *now is* ***your God***?" |
| 4 | I pour out my soul when I *think on* ***these things***; \*  how I went with the multitude and led them into *the* *house* ***of God***, |
| 5 | With the voice of praise *and thanks****giving***, \*  among those who *keep ho****ly-day***. |
| 6 | Why are you so full of heavi*ness, O* ***my soul***? \*  and why are you so disquie*ted with****in me***? |
| 7 | Put *your trust* ***in God***; \*  for I will yet give thanks to him,  who is the help of my counte*nance, and* ***my God***. |
| 8 | My soul is hea*vy with****in me***; \*  therefore I will remember you from the land of Jordan,  and from the peak of Mizar among the *heights of* ***Hermon***. |
| 9 | One deep calls to another in the noise of *your ca****taracts***; \*  all your rapids and floods have *gone o****ver me***. |
| 10 | The LORD grants his loving-kindness *in the* ***daytime***; \*  in the night season his song is with me,  a prayer to the *God of* ***my life***. |

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| 11 | I will say to the God of my strength,  "Why have you *forgot****ten me***? \*  and why do I go so heavily while the enemy *oppres****ses me***?" |
| 12 | While my bones are *being* ***broken***, \*  my enemies mock *me to* ***my face***; |
| 13 | All day *long they* ***mock me*** \*  and say to me, "Where *now is* ***your God***?" |
| 14 | Why are you so full of heavi*ness, O* ***my soul***? \*  and why are you so disquie*ted with****in me***? |
| 15 | Put *your trust* ***in God***; \*  for I will yet give thanks to him,  who is the help of my counte*nance, and* ***my God***. |
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|  | **43** *Judica me, Deus* |
| 1 | Give judgment for me, O God,  and defend my cause against an un*godly* ***people***; \*  deliver me from the deceitful *and the* ***wicked***. |
| 2 | For you are the God of my strength;  why have you *put me* ***from you***? \*  and why do I go so heavily while the enemy *oppres****ses me***? |
| 3 | Send out your light and your truth, that *they may* ***lead me***, \*  and bring me to your holy hill  and *to your* ***dwelling***; |
| 4 | That I may go to the altar of God,  to the God of my *joy and* ***gladness***; \*  and on the harp I will give thanks to you, *O God* ***my God***. |

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| 5 | Why are you so full of heavi*ness, O* ***my soul***? \*  and why are you so disquie*ted with****in me***? |
| 6 | Put *your trust* ***in God***; \*  for I will yet give thanks to him,  who is the help of my counte*nance, and* ***my God***. |
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|  | **44** *Deus, auribus* |
| 1 | We have heard with our ears, O God,  our forefa*thers have* ***told us***, \*  the deeds you did in their days,  in *the days* ***of old***. |
| 2 | How with your hand you drove the peoples out  and planted our forefa*thers in* ***the land***; \*  how you destroyed nations and made your *people* ***flourish***. |
| 3 | For they did not take the land by their sword,  nor did their arm win the vic*tory* ***for them***; \*  but your right hand, your arm, and the light of your countenance,  because *you fa****vored them***. |
| 4 | You are my *King and* ***my God***; \*  you command victo*ries for* ***Jacob***. |
| 5 | Through you we pushed back our *adver****saries***; \*  through your Name we trampled on those who rose *up a****gainst us***. |
| 6 | For I do not re*ly on* ***my bow***, \*  and my sword does not give me *the vic****tory***. |
| 7 | Surely, you gave us victory over our *adver****saries*** \*  and put those who *hate us* ***to shame***. |

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| 8 | Every day we *gloried* ***in God***, \*  and we will praise your *Name for* ***ever***. |
| 9 | Nevertheless, you have rejected *and hum****bled us*** \*  and do not go forth *with our* ***armies***. |
| 10 | You have made us fall back before our *adver****sary***, \*  and our enemies *have plun****dered us***. |
| 11 | You have made us like sheep *to be* ***eaten*** \*  and have scattered us a*mong the* ***nations***. |
| 12 | You are selling your people *for a* ***trifle*** \*  and are making no profit on *the sale* ***of them***. |
| 13 | You have made us the scorn *of our* ***neighbors***, \*  a mockery and derision to *those a****round us***. |
| 14 | You have made us a byword a*mong the* ***nations***, \*  a laughing-stock a*mong the* ***peoples***. |
| 15 | My humiliation is dai*ly be****fore me***, \*  and shame has *covered* ***my face***; |
| 16 | Because of the taunts of the mockers *and blas****phemers***, \*  because of the enemy *and a****venger***. |
| 17 | All this has *come up****on us***; \*  yet we have not forgotten you,  nor have we betrayed *your co****venant***. |
| 18 | Our heart *never* ***turned back***, \*  nor did our footsteps *stray from* ***your path***; |
| 19 | Though you thrust us down into a place *of mi****sery***, \*  and covered us over *with deep* ***darkness***. |
| 20 | If we have forgotten the *Name of* ***our God***, \*  or stretched out our hands *to some* ***strange god***, |
| 21 | Will not *God find* ***it out***? \*  for he knows the se*crets of* ***the heart***. |

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| 22 | Indeed, for your sake we are killed *all the* ***day long***; \*  we are accounted as sheep *for the* ***slaughter***. |
| 23 | Awake, O Lord! why *are you* ***sleeping***? \*  Arise! do not reject *us for* ***ever***. |
| 24 | Why have you *hidden* ***your face*** \*  and forgotten our affliction *and op****pression***? |
| 25 | We sink down *into* ***the dust***; \*  our body *cleaves to* ***the ground***. |
| 26 | Rise *up, and* ***help us***, \*  and save us, for the sake of *your stead****fast love***. |
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|  | **45** *Eructavit cor meum* |
| 1 | My heart is stirring with a noble song;  let me recite what I have fa*shioned for* ***the king***; \*  my tongue shall be the pen of *a skilled* ***writer***. |
| 2 | You are the *fairest* ***of men***; \*  grace flows from your lips,  because God has blessed *you for* ***ever***. |
| 3 | Strap your sword upon your thigh, O *mighty* ***warrior***, \*  in your pride and in *your ma****jesty***. |
| 4 | Ride out and conquer in *the cause* ***of truth*** \*  and for the *sake of* ***justice***. |
| 5 | Your right hand will show you *marve****lous things***; \*  your arrows are very sharp, O *mighty* ***warrior***. |
| 6 | The peoples are fal*ling at* ***your feet***, \*  and the king's enemies *are lo****sing heart***. |

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| 7 | Your throne, O God, endures for e*ver and* ***ever***, \*  a scepter of righteousness is the scepter of your kingdom;  you love righteousness and hate *ini****quity***. |
| 8 | Therefore God, your God, has *anoin****ted you*** \*  with the oil of gladness a*bove your* ***fellows***. |
| 9 | All your garments are fragrant with myrrh, aloes, *and cas****sia***, \*  and the music of strings from ivory pala*ces makes* ***you glad***. |
| 10 | Kings' daughters stand among the la*dies of* ***the court***; \*  on your right hand is the queen,  adorned with the *gold of* ***Ophir***. |
| 11 | "Hear, O daughter; consider and *listen* ***closely***; \*  forget your people and *your fa****ther's house***. |
| 12 | The king will have pleasure *in your* ***beauty***; \*  he is your master; therefore *do him* ***honor***. |
| 13 | The people of Tyre are *here with* ***a gift***; \*  the rich among the people *seek your* ***favor***." |
| 14 | All glorious is the princess *as she* ***enters***; \*  her gown *is cloth-****of-gold***. |
| 15 | In embroidered apparel she is *brought to* ***the king***; \*  after her the bridesmaids follow *in pro****cession***. |
| 16 | With joy and glad*ness they* ***are brought***, \*  and enter into the pa*lace of* ***the king***. |
| 17 | "In place of fathers, O king, *you shall* ***have sons***; \*  you shall make them princes o*ver all* ***the earth***. |
| 18 | I will make your name to be remembered  from one generation *to a****nother***; \*  therefore nations will praise you for e*ver and* ***ever***." |
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|  | **46** *Deus noster refugium* |
| 1 | God is our *refuge* ***and strength***, \*  a very present *help in* ***trouble***. |
| 2 | Therefore we will not fear, though *the earth* ***be moved***, \*  and though the mountains be toppled into the *depths of* ***the sea***; |
| 3 | Though its wa*ters rage* ***and foam***, \*  and though the mountains tremble *at its* ***tumult***. |
| 4 | The LORD of *hosts is* ***with us***; \*  the God of Jacob *is our* ***stronghold***. |
| 5 | There is a river whose streams make glad the *city* ***of God***, \*  the holy habitation *of the* ***Most High***. |
| 6 | God is in the midst of her;  she shall not *be o****verthrown***; \*  God shall help her at *the break* ***of day***. |
| 7 | The nations make much ado, and the king*doms are* ***shaken***; \*  God has spoken, and the earth *shall melt* ***away***. |
| 8 | The LORD of *hosts is* ***with us***; \*  the God of Jacob *is our* ***stronghold***. |
| 9 | Come now and look upon the *works of* ***the LORD***, \*  what awesome things he *has done* ***on earth***. |
| 10 | It is he who makes war to cease *in all* ***the world***; \*  he breaks the bow, and shatters the spear,  and burns *the shields* ***with fire***. |

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| 11 | "Be still, then, and know *that I* ***am God***; \*  I will be exalted among the nations;  I will be exal*ted in* ***the earth***." |
| 12 | The LORD of *hosts is* ***with us***; \*  the God of Jacob *is our* ***stronghold***. |
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|  | **47** *Omnes gentes, plaudite* |
| 1 | Clap your hands, *all you* ***peoples***; \*  shout to God with *a cry* ***of joy***. |
| 2 | For the LORD Most High *is to* ***be feared***; \*  he is the great King o*ver all* ***the earth***. |
| 3 | He subdues the peo*ples un****der us***, \*  and the nations *under* ***our feet***. |
| 4 | He chooses our inhe*ritance* ***for us***, \*  the pride of Ja*cob whom* ***he loves***. |
| 5 | God has gone *up with* ***a shout***, \*  the LORD with the sound *of the* ***ram's-horn***. |
| 6 | Sing praises to *God, sing* ***praises***; \*  sing praises to our *King, sing* ***praises***. |
| 7 | For God is King *of all* ***the earth***; \*  sing praises *with all* ***your skill***. |
| 8 | God reigns o*ver the* ***nations***; \*  God sits upon *his ho****ly throne***. |
| 9 | The nobles of the peoples have ga*thered to****gether*** \*  with the people of the God *of Ab****raham***. |
| 10 | The rulers of the earth *belong* ***to God***, \*  and he is high*ly ex****alted***. |
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|  | **48** *Magnus Dominus* |
| 1 | Great is the LORD, and high*ly to* ***be praised***; \*  in the city of our God is *his ho****ly hill***. |
| 2 | Beautiful and lofty, the joy of all the earth, is the *hill of* ***Zion***, \*  the very center of the world and the city *of the* ***great King***. |
| 3 | God is in *her ci****tadels***; \*  he is known to be *her sure* ***refuge***. |
| 4 | Behold, the kings of the *earth as****sembled*** \*  and marched for*ward to****gether***. |
| 5 | They looked and *were a****stounded***; \*  they retreated and *fled in* ***terror***. |
| 6 | Trem*bling seized* ***them there***; \*  they writhed like a woman in childbirth,  like ships of the sea when the east *wind shat****ters them***. |
| 7 | As we have heard, so have we seen,  in the city of the LORD of hosts, in the ci*ty of* ***our God***; \*  God has established *her for* ***ever***. |
| 8 | We have waited in silence on your loving-*kindness,* ***O God***, \*  in the midst *of your* ***temple***. |
| 9 | Your praise, like your Name, O God, reaches *to the* ***world's end***; \*  your right hand is *full of* ***justice***. |
| 10 | Let Mount Zion be glad  and the cities of *Judah* ***rejoice***, \*  because *of your* ***judgments***. |
| 11 | Make the circuit of Zion;  walk *round a****bout her***; \*  count the number *of her* ***towers***. |

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| 12 | Consider well her bulwarks;  exa*mine her* ***strongholds***; \*  that you may tell those *who come* ***after***. |
| 13 | This God is our God for e*ver and* ***ever***; \*  he shall be our guide *for e****vermore***. |
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|  | **49** *Audite haec, omnes* |
| 1 | Hear this, all you peoples;  hearken, all you who *dwell in* ***the world***, \*  you of high degree and low, rich and *poor to****gether***. |
| 2 | My mouth shall *speak of* ***wisdom***, \*  and my heart shall meditate on *under****standing***. |
| 3 | I will incline my ear *to a* ***proverb*** \*  and set forth my riddle *upon* ***the harp***. |
| 4 | Why should I be afraid *in e****vil days***, \*  when the wickedness of those at my *heels sur****rounds me***, |
| 5 | The wickedness of those who put their *trust in* ***their goods***, \*  and boast of *their great* ***riches***? |
| 6 | We can never *ransom* ***ourselves***, \*  or deliver to God the *price of* ***our life***; |
| 7 | For the ransom of our *life is* ***so great***, \*  that we should never have e*nough to* ***pay it***, |
| 8 | In order to live for e*ver and* ***ever***, \*  and ne*ver see* ***the grave***. |
| 9 | For we see that the wise die also;  like the dull and stu*pid they* ***perish*** \*  and leave their wealth to those who *come af****ter them***. |

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| 10 | Their graves shall be their homes for ever,  their dwelling places from generation to *gene****ration***, \*  though they call the lands af*ter their* ***own names***. |
| 11 | Even though honored, they cannot *live for* ***ever***; \*  they are like the *beasts that* ***perish***. |
| 12 | Such is the way of those who foolishly *trust in* ***themselves***, \*  and the end of those who delight *in their* ***own words***. |
| 13 | Like a flock of sheep they are destined to die;  Death *is their* ***shepherd***; \*  they go down straight*way to* ***the grave***. |
| 14 | Their form *shall waste* ***away***, \*  and the land of the dead *shall be* ***their home***. |
| 15 | But God will *ransom* ***my life***; \*  he will snatch me from *the grasp* ***of death***. |
| 16 | Do not be envious when *some be****come rich***, \*  or when the grandeur of their *house in****creases***; |
| 17 | For they will carry nothing a*way at* ***their death***, \*  nor will their gran*deur fol****low them***. |
| 18 | Though they thought highly of them*selves while* ***they lived***, \*  and were praised *for their* ***success***, |
| 19 | They shall join the company *of their* ***forebears***, \*  who will never see *the light* ***again***. |
| 20 | Those who are honored, but have no *under****standing***, \*  are like the *beasts that* ***perish***. |

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|  | **50** *Deus deorum* |
| 1 | The LORD, the God of *gods, has* ***spoken***; \*  he has called the earth from the rising of the sun *to* *its* ***setting***. |
| 2 | Out of Zion, perfect *in its* ***beauty***, \*  God reveals him*self in* ***glory***. |
| 3 | Our God will come and will *not keep* ***silence***; \*  before him there is a consuming flame,  and round about him *a ra****ging storm***. |
| 4 | He calls the heavens and the *earth from* ***above*** \*  to witness the judgment *of his* ***people***. |
| 5 | "Gather before me my lo*yal fol****lowers***, \*  those who have made a covenant with me  and sealed it *with sac****rifice***." |
| 6 | Let the heavens declare the right*ness of* ***his cause***; \*  for God *himself* ***is judge***. |
| 7 | Hear, O my people, and I will speak:  "O Israel, I will bear wi*tness a****gainst you***; \*  for I *am God,* ***your God***. |
| 8 | I do not accuse you because of your *sacri****fices***; \*  your offerings are al*ways be****fore me***. |
| 9 | I will take no bull-*calf from* ***your stalls***, \*  nor he-goats *out of* ***your pens***; |
| 10 | For all the beasts of the *forest* ***are mine***, \*  the herds in their thousands *upon* ***the hills***. |

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| 11 | I know every *bird in* ***the sky***, \*  and the creatures of the fields *are in* ***my sight***. |
| 12 | If I were hungry, I *would not* ***tell you***, \*  for the whole world is mine and all *that is* ***in it***. |
| 13 | Do you think I eat *the flesh* ***of bulls***, \*  or drink *the blood* ***of goats***? |
| 14 | Offer to God a sacrifice *of thanks****giving*** \*  and make good your vows *to the* ***Most High***. |
| 15 | Call upon me in the *day of* ***trouble***; \*  I will deliver you, and you *shall ho****nor me***." |
| 16 | But to the *wicked* ***God says***: \*  Why do you recite my statutes,  and take my covenant *upon* ***your lips***; |
| 17 | Since you re*fuse dis****cipline***, \*  and toss my words *behind* ***your back***? |
| 18 | When you see a thief, you *make him* ***your friend***, \*  and you cast in your lot with *adul****terers***. |
| 19 | You have loosed your *lips for* ***evil***, \*  and harnessed your *tongue to* ***a lie***. |
| 20 | You are always speaking evil *of your* ***brother*** \*  and slandering your *own mo****ther's son***. |
| 21 | These things you have done, *and I* ***kept still***, \*  and you thought that *I am* ***like you***." |
| 22 | "I have made my *accu****sation***; \*  I have put my case in order *before* ***your eyes***. |
| 23 | Consider this well, you *who for****get God***, \*  lest I rend you and there be none to *deli****ver you***. |

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| 24 | Whoever offers me the sacrifice of thanksgi*ving* *ho****nors me***; \*  but to those who keep in my way will I show the sal*vation* ***of God***." |
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|  | **51** *Miserere mei, Deus* |
| 1 | Have mercy on me, O God, according to your *loving-****kindness***; \*  in your great compassion blot out *my of****fenses***. |
| 2 | Wash me through and through from *my wic****kedness*** \*  and cleanse *me from* ***my sin***. |
| 3 | For I know *my trans****gressions***, \*  and my sin is e*ver be****fore me***. |
| 4 | Against you on*ly have* ***I sinned*** \*  and done what is e*vil in* ***your sight***. |
| 5 | And so you are justi*fied when* ***you speak*** \*  and upright *in your* ***judgment***. |
| 6 | Indeed, I have been wic*ked from* ***my birth***, \*  a sinner from *my mo****ther's womb***. |
| 7 | For behold, you look for truth *deep with****in me***, \*  and will make me understand wis*dom se****cretly*** |
| 8 | Purge me from my sin, and *I shall* ***be pure***; \*  wash me, and I shall *be clean* ***indeed***. |
| 9 | Make me hear of *joy and* ***gladness***, \*  that the body you have bro*ken may* ***rejoice***. |
| 10 | Hide your *face from* ***my sins*** \*  and blot out all my *ini****quities***. |

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| 11 | Create in me a *clean heart,* ***O God***, \*  and renew a right spi*rit with****in me***. |
| 12 | Cast me not away *from your* ***presence*** \*  and take not your holy *Spirit* ***from me***. |
| 13 | Give me the joy of your sa*ving help* ***again*** \*  and sustain me with your boun*tiful* ***Spirit***. |
| 14 | I shall teach your ways *to the* ***wicked***, \*  and sinners shall *return* ***to you***. |
| 15 | Deliver me *from death,* ***O God***, \*  and my tongue shall sing of your righteousness,  O God of *my sal****vation***. |
| 16 | Open *my lips,* ***O Lord***, \*  and my mouth shall *proclaim* ***your praise***. |
| 17 | Had you desired it, I would have of*fered sac****rifice***, \*  but you take no delight in *burnt-of****ferings***. |
| 18 | The sacrifice of God is a *troubled* ***spirit***; \*  a broken and contrite heart, O God, you *will not* ***despise***. |
| 19 | Be favorable and gra*cious to* ***Zion***, \*  and rebuild the walls of *Jeru****salem***. |
| 20 | Then you will be pleased with the appointed sacrifices,  with burnt-offerings *and ob****lations***; \*  then shall they offer young bullocks up*on your* ***altar***. |
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|  | **52** *Quid gloriaris?* |
| 1 | You tyrant, why do you boast *of wic****kedness*** \*  against the god*ly all* ***day long***? |

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| 2 | You plot ruin;  your tongue is like a *sharpened* ***razor***, \*  O worker *of de****ception***. |
| 3 | You love e*vil more* ***than good*** \*  and lying more than *speaking* ***the truth***. |
| 4 | You love *all words* ***that hurt***, \*  O you *deceit****ful tongue***. |
| 5 | Oh, that God would demolish *you ut****terly***, \*  topple you, and snatch you from your dwelling,  and root you out of the land *of the* ***living***! |
| 6 | The righteous shall *see and* ***tremble***, \*  and they shall laugh *at him,* ***saying***, |
| 7 | "This is the one who did not take God *for a* ***refuge***, \*  but trusted in great wealth  and relied up*on wic****kedness***." |
| 8 | But I am like a green olive tree in *the house* ***of God***; \*  I trust in the mercy of God for e*ver and* ***ever***. |
| 9 | I will give you thanks for *what you* ***have done*** \*  and declare the goodness of your Name in the presence *of the* ***godly***. |
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|  | **53** *Dixit insipiens* |
| 1 | The fool has said in his heart, "*There is* ***no God***." \*  All are corrupt and commit abominable acts;  there is none who *does a****ny good***. |

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| 2 | God looks down from heaven *upon* ***us all***, \*  to see if there is any who is wise,  if there is one who *seeks af****ter God***. |
| 3 | Every one has proved faithless;  all a*like have* ***turned bad***; \*  there is none who does *good; no,* ***not one***. |
| 4 | Have they no knowledge, those *evil****doers*** \*  who eat up my people like bread  and do not *call up****on God***? |
| 5 | See how greatly they tremble,  such trembling *as ne****ver was***; \*  for God has scattered the bones of the enemy;  they are put to shame, because God has *rejec****ted them***. |
| 6 | Oh, that Israel's deliverance would come *out of* ***Zion***! \*  when God restores the fortunes of his people  Jacob will rejoice and Is*rael* ***be glad***. |
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|  | **54** *Deus, in nomine* |
| 1 | Save me, O *God, by* ***your Name***; \*  in your might, *defend* ***my cause***. |
| 2 | Hear *my prayer,* ***O God***; \*  give ear to the *words of* ***my mouth***. |
| 3 | For the arrogant have risen up against me,  and the ruthless *have sought* ***my life***, \*  those who have no *regard* ***for God***. |
| 4 | Behold, God *is my* ***helper***; \*  it is the Lord who *sustains* ***my life***. |
| 5 | Render evil to those *who spy* ***on me***; \*  in your faithful*ness, de****stroy them***. |

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| 6 | I will offer you a free*will sac****rifice*** \*  and praise your Name, O LORD, *for it* ***is good***. |
| 7 | For you have rescued me from *every* ***trouble***, \*  and my eye has seen the *ruin of* ***my foes***. |
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|  | **55** *Exaudi, Deus* |
| 1 | Hear *my prayer,* ***O God***; \*  do not hide yourself from *my pe****tition***. |
| 2 | Listen to me *and an****swer me***; \*  I have no peace, be*cause of* ***my cares***. |
| 3 | I am shaken by the noise of *the en****emy*** \*  and by the pressure *of the* ***wicked***; |
| 4 | For they have cast an evil *spell up****on me*** \*  and are set against *me in* ***fury***. |
| 5 | My heart *quakes with****in me***, \*  and the terrors of death have fal*len up****on me***. |
| 6 | Fear and trembling have *come o****ver me***, \*  and horror *over****whelms me***. |
| 7 | And I said, "Oh, that I had *wings like* ***a dove***! \*  I would fly away *and be* ***at rest***. |
| 8 | I would flee to *a far-****off place*** \*  and make my lodging in *the wil****derness***. |
| 9 | I would has*ten to* ***escape*** \*  from the stormy *wind and* ***tempest***." |
| 10 | Swallow them up, O Lord;  *confound* ***their speech***; \*  for I have seen violence and strife *in the* ***city***. |

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| 11 | Day and night the watchmen make their rounds *upon* ***her walls***, \*  but trouble and misery are in *the midst* ***of her***. |
| 12 | There is corrup*tion at* ***her heart***; \*  her streets are never free of oppres*sion and* ***deceit***. |
| 13 | For had it been an adversary who taunted me,  then I *could have* ***borne it***; \*  or had it been an enemy who vaunted himself against me,  then I could have *hidden* ***from him***. |
| 14 | But it was you, a man af*ter my* ***own heart***, \*  my companion, my own *famil****iar friend***. |
| 15 | We took sweet coun*sel to****gether***, \*  and walked with the throng in *the house* ***of God***. |
| 16 | Let death come upon them suddenly;  let them go down a*live to* ***the grave***; \*  for wickedness is in their dwellings, in *their ve****ry midst***. |
| 17 | But I will *call up****on God***, \*  and the LORD will *deli****ver me***. |
| 18 | In the evening, in the morning, and at noonday,  I will com*plain and* ***lament***, \*  and he *will hear* ***my voice***. |
| 19 | He will bring me safely back from the battle *waged a****gainst me***; \*  for there are ma*ny who* ***fight me***. |
| 20 | God, who is enthroned of old, will hear me *and* *bring* ***them down***; \*  they never change; they *do not* ***fear God***. |
| 21 | My companion stretched forth his hand a*gainst his* ***comrade***; \*  he has broken *his co****venant***. |

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| 22 | His speech is sof*ter than* ***butter***, \*  but war *is in* ***his heart***. |
| 23 | His words are *smoother* ***than oil***, \*  but *they are* ***drawn swords***. |
| 24 | Cast your burden upon the LORD,  and he *will sus****tain you***; \*  he will never let the *righteous* ***stumble***. |
| 25 | For you will bring the bloodthirsty *and de****ceitful*** \*  down to the pit of de*struction,* ***O God***. |
| 26 | They shall not live *out half* ***their days***, \*  but I will put *my trust* ***in you***. |
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|  | **56** *Miserere mei, Deus* |
| 1 | Have mercy on me, O God,  for my enemies *are houn****ding me***; \*  all day long they assault *and op****press me***. |
| 2 | They hound me *all the* ***day long***; \*  truly there are many who fight against *me, O* ***Most High***. |
| 3 | Whenever *I am* ***afraid***, \*  I will put *my trust* ***in you***. |
| 4 | In God, whose word I praise,  in God I trust and will *not be* ***afraid***, \*  for what can *flesh do* ***to me***? |
| 5 | All day long they *damage* ***my cause***; \*  their only thought is to *do me* ***evil***. |

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| 6 | They band together; *they lie* ***in wait***; \*  they spy upon my footsteps;  because *they seek* ***my life***. |
| 7 | Shall they escape despite *their wic****kedness***? \*  O God, in your anger, cast *down the* ***peoples***. |
| 8 | You have noted my lamentation;  put my tears in*to your* ***bottle***; \*  are they not recor*ded in* ***your book***? |
| 9 | Whenever I call upon you, my enemies will *be put* ***to flight***; \*  this I know, for God *is on* ***my side***. |
| 10 | In God the LORD, whose word I praise,  in God I trust and will *not be* ***afraid***, \*  for what can mor*tals do* ***to me***? |
| 11 | I am bound by the vow I made *to you,* ***O God***; \*  I will present to you *thank-of****ferings***; |
| 12 | For you have rescued my soul from death and my *feet*  *from* ***stumbling***, \*  that I may walk before God in the light *of the* ***living***. |
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|  | **57** *Miserere mei, Deus* |
| 1 | Be merciful to me, O God, be merciful,  for I have taken *refuge* ***in you***; \*  in the shadow of your wings will I take refuge  until this time of trou*ble has* ***gone by***. |
| 2 | I will call upon *the Most* ***High God***, \*  the God who *maintains* ***my cause***. |
| 3 | He will send from heaven and save me;  he will confound those who tram*ple up****on me***; \*  God will send forth his love and *his faith****fulness***. |

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| 4 | I lie in the midst of lions that de*vour the* ***people***; \*  their teeth are spears and arrows,  their *tongue a* ***sharp sword***. |
| 5 | They have laid a net for my feet,  and *I am* ***bowed low***; \*  they have dug a pit before me,  but have fallen in*to it* ***themselves***. |
| 6 | Exalt yourself above the *heavens,* ***O God***, \*  and your glory o*ver all* ***the earth***. |
| 7 | My heart is firmly fixed, O God, *my heart* ***is fixed***; \*  I will sing and *make me****lody***. |
| 8 | Wake up, my spirit;  a*wake, lute* ***and harp***; \*  I myself will *waken* ***the dawn***. |
| 9 | I will confess you among the *peoples,* ***O LORD***; \*  I will sing praise to you a*mong the* ***nations***. |
| 10 | For your loving-kindness is greater *than the* ***heavens***, \*  and your faithfulness rea*ches to* ***the clouds***. |
| 11 | Exalt yourself above the *heavens,* ***O God***, \*  and your glory o*ver all* ***the earth***. |
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|  | **58** *Si vere utique* |
| 1 | Do you indeed decree righteous*ness, you* ***rulers***? \*  do you judge the peoples *with e****quity***? |
| 2 | No; you devise e*vil in* ***your hearts***, \*  and your hands deal out vio*lence in* ***the land***. |
| 3 | The wicked are per*verse from* ***the womb***; \*  liars go a*stray from* ***their birth***. |

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| 4 | They are as venomous *as a* ***serpent***, \*  they are like the deaf adder *which stops* ***its ears***, |
| 5 | Which does not heed the voice *of the* ***charmer***, \*  no matter how skill*ful his* ***charming***. |
| 6 | O God, break their *teeth in* ***their mouths***; \*  pull the fangs of the young *lions,* ***O LORD***. |
| 7 | Let them vanish like wa*ter that* ***runs off***; \*  let them wither *like trod****den grass***. |
| 8 | Let them be like the snail *that melts* ***away***, \*  like a stillborn child that ne*ver sees* ***the sun***. |
| 9 | Before they bear fruit, let them be cut down *like a* ***brier***; \*  like thorns and thistles let them *be swept* ***away***. |
| 10 | The righteous will be glad when they *see the* ***vengeance***; \*  they will bathe their feet in the blood *of the* ***wicked***. |
| 11 | And they will say,  "Surely, there is a reward *for the* ***righteous***; \*  surely, there is a God who *rules in* ***the earth***." |
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|  | **59** *Eripe me de inimicis* |
| 1 | Rescue me from my en*emies,* ***O God***; \*  protect me from those who rise *up a****gainst me***. |
| 2 | Rescue me from *evil****doers*** \*  and save me from those who *thirst for* ***my blood***. |
| 3 | See how they lie in wait for my life,  how the mighty gather toge*ther a****gainst me***; \*  not for any offense or fault *of mine,* ***O LORD***. |

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| 4 | Not because of a*ny guilt* ***of mine*** \*  they run and prepare them*selves for* ***battle***. |
| 5 | Rouse yourself, come to *my side,* ***and see***; \*  for you, LORD God of hosts, are *Isra****el's God***. |
| 6 | Awake, and punish all *the un****godly***; \*  show no mercy to those who are faith*less and* ***evil***. |
| 7 | They go to and fro *in the* ***evening***; \*  they snarl like dogs and run a*bout the* ***city***. |
| 8 | Behold, they boast with their mouths,  and taunts *are on* ***their lips***; \*  "For who," they *say, "will* ***hear us****?"* |
| 9 | But you, O LORD, *you laugh* ***at them***; \*  you laugh all the un*godly* ***to scorn***. |
| 10 | My eyes are fixed on *you, O* ***my Strength***; \*  for you, O God, *are my* ***stronghold***. |
| 11 | My merciful God *comes to* ***meet me***; \*  God will let me look in triumph on *my en****emies***. |
| 12 | Slay them, O God, lest my *people* ***forget***; \*  send them reeling by your might  and put them down, *O Lord* ***our shield***. |
| 13 | For the sins of their mouths, for the words of their lips,  for the cursing and lies *that they* ***utter***, \*  let them be *caught in* ***their pride***. |
| 14 | Make an end of *them in* ***your wrath***; \*  make an end of them, and they *shall be* ***no more***. |
| 15 | Let everyone know that God *rules in* ***Jacob***, \*  and to the *ends of* ***the earth***. |
| 16 | They go to and fro *in the* ***evening***; \*  they snarl like dogs and run a*bout the* ***city***. |

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| 17 | They *forage* ***for food***, \*  and if they are *not filled,* ***they howl***. |
| 18 | For my part, I will *sing of* ***your strength***; \*  I will celebrate your love *in the* ***morning***; |
| 19 | For you have be*come my* ***stronghold***, \*  a refuge in the day *of my* ***trouble***. |
| 20 | To you, O my *Strength, will* ***I sing***; \*  for you, O God, are my stronghold and my *merci****ful God***. |
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|  | **60** *Deus, repulisti nos* |
| 1 | O God, you have cast us off *and bro****ken us***; \*  you have been angry;  oh, take us back *to you* ***again***. |
| 2 | You have shaken the earth and *split it* ***open***; \*  repair the cracks in it, *for it* ***totters***. |
| 3 | You have made your peo*ple know* ***hardship***; \*  you have given us wine that *makes us* ***stagger***. |
| 4 | You have set up a banner for *those who* ***fear you***, \*  to be a refuge from the po*wer of* ***the bow***. |
| 5 | Save us by your right hand *and an****swer us***, \*  that those who are dear to you may *be de****livered***. |
| 6 | God spoke from his ho*ly place* ***and said***: \*  "I will exult and parcel out Shechem;  I will divide the val*ley of* ***Succoth***. |
| 7 | Gilead is mine and Ma*nasseh* ***is mine***; \*  Ephraim is my helmet and Ju*dah my* ***scepter***. |

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| 8 | Moab is my wash-basin,  on Edom I throw down my san*dal to* ***claim it***, \*  and over Philistia will I *shout in* ***triumph***." |
| 9 | Who will lead me into *the strong* ***city***? \*  who will bring *me to* ***Edom***? |
| 10 | Have you not cast *us off,* ***O God***? \*  you no longer go out, O God, *with our* ***armies***. |
| 11 | Grant us your help against *the en****emy***, \*  for vain is *the help* ***of man***. |
| 12 | With God we will *do val****iant deeds***, \*  and he shall tread our ene*mies un****der foot***. |
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|  | **61** *Exaudi, Deus* |
| 1 | Hear *my cry,* ***O God***, \*  and lis*ten to* ***my prayer***. |
| 2 | I call upon you from the ends of the earth  with heavi*ness in* ***my heart***; \*  set me upon the rock that is *higher* ***than I***. |
| 3 | For you have *been my* ***refuge***, \*  a strong tower against *the en****emy***. |

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| 4 | I will dwell in your *house for* ***ever***; \*  I will take refuge under the co*ver of* ***your wings***. |
| 5 | For you, O God, *have heard* ***my vows***; \*  you have granted me the heritage of those *who fear* ***your Name***. |
| 6 | Add length of days *to the* ***king's life***; \*  let his years extend over many *gene****rations***. |

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| 7 | Let him sit enthroned before *God for* ***ever***; \*  bid love and faithfulness *watch o****ver him***. |
| 8 | So will I always sing the *praise of* ***your Name***, \*  and day by day I will *fulfill* ***my vows***. |
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|  | **62** *Nonne Deo?* |
| 1 | For God alone my soul *in si****lence waits***; \*  from him comes *my sal****vation***. |
| 2 | He alone is my rock and *my sal****vation***, \*  my stronghold, so that I shall not be *greatly* ***shaken***. |
| 3 | How long will you assail me to crush me,  all of *you to****gether***, \*  as if you were a leaning fence, *a top****pling wall***? |
| 4 | They seek only to bring me down from my *place of* ***honor***; \*  lies are *their chief* ***delight***. |
| 5 | They *bless with* ***their lips***, \*  but in *their hearts* ***they curse***. |
| 6 | For God alone my soul *in si****lence waits***; \*  truly, my *hope is* ***in him***. |
| 7 | He alone is my rock and *my sal****vation***, \*  my stronghold, so that I shall *not be* ***shaken***. |
| 8 | In God is my safety *and my* ***honor***; \*  God is my strong rock *and my* ***refuge***. |
| 9 | Put your trust in him al*ways, O* ***people***, \*  pour out your hearts before him, for God *is our* ***refuge***. |

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| 10 | Those of high degree are but *a flee****ting breath***, \*  even those of low estate can*not be* ***trusted***. |
| 11 | On the scales they are ligh*ter than* ***a breath***, \*  all of *them to****gether***. |
| 12 | Put no trust in extortion;  in robbery take *no emp****ty pride***; \*  though wealth increase, set not your *heart up****on it***. |
| 13 | God has spoken once, twice *have I* ***heard it***, \*  that power *belongs* ***to God***. |
| 14 | Steadfast love *is yours,* ***O Lord***, \*  for you repay everyone accor*ding to* ***his deeds***. |
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|  | **63** *Deus, Deus meus* |
| 1 | O God, you are my God; eager*ly I* ***seek you***; \*  my soul thirsts for you, my flesh faints for you,  as in a barren and dry land where there *is no* ***water***. |
| 2 | Therefore I have gazed upon you in *your ho****ly place***, \*  that I might behold your power *and your* ***glory***. |
| 3 | For your loving-kindness is better *than life* ***itself***; \*  my lips *shall give* ***you praise***. |
| 4 | So will I bless you as *long as* ***I live*** \*  and lift up my *hands in* ***your Name***. |
| 5 | My soul is content, as with mar*row and* ***fatness***, \*  and my mouth praises you *with joy****ful lips***, |
| 6 | When I remember you *upon* ***my bed***, \*  and meditate on you in *the night* ***watches***. |
| 7 | For you have *been my* ***helper***, \*  and under the shadow of your wings *I will* ***rejoice***. |

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| 8 | My *soul clings* ***to you***; \*  your right *hand holds* ***me fast***. |
| 9 | May those who seek my life *to de****stroy it*** \*  go down into the *depths of* ***the earth***; |
| 10 | Let them fall upon the *edge of* ***the sword***, \*  and let them be *food for* ***jackals***. |
| 11 | But the king will rejoice in God;  all those who swear by *him will* ***be glad***; \*  for the mouth of those who speak *lies shall* ***be stopped***. |
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|  | **64** *Exaudi, Deus* |
| 1 | Hear my voice, O God, *when I* ***complain***; \*  protect my life from fear of *the e****nemy***. |
| 2 | Hide me from the conspiracy *of the* ***wicked***, \*  from the mob of *evil****doers***. |
| 3 | They sharpen their *tongue like* ***a sword***, \*  and aim their bitter *words like* ***arrows***, |
| 4 | That they may shoot down the blame*less from* ***ambush***; \*  they shoot without warning and *are not* ***afraid***. |
| 5 | They hold fast to *their e****vil course***; \*  they plan how they *may hide* ***their snares***. |
| 6 | They say, "Who will see us?  who will *find out* ***our crimes***? \*  we have thought out *a per****fect plot***." |
| 7 | The human mind and heart are *a mys****tery***; \*  but God will loose an arrow at them,  and suddenly they *will be* ***wounded***. |

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| 8 | He will make them trip *over* ***their tongues***, \*  and all who see them *will shake* ***their heads***. |
| 9 | Everyone will stand in awe and *declare* ***God's deeds***; \*  they will re*cognize* ***his works***. |
| 10 | The righteous will rejoice in the LORD and put *their trust* ***in him***, \*  and all who are true of *heart will* ***glory***. |
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|  | **65** *Te decet hymnus* |
| 1 | You are to be praised, O *God, in* ***Zion***; \*  to you shall vows be performed in *Jeru****salem***. |
| 2 | To you that hear prayer *shall all* ***flesh come***, \*  because of *their trans****gressions***. |
| 3 | Our sins are stron*ger than* ***we are***, \*  but you *will blot* ***them out***. |
| 4 | Happy are they whom you choose  and draw to your *courts to* ***dwell there***! \*  they will be satisfied by the beauty of your house,  by the holiness *of your* ***temple***. |
| 5 | Awesome things will you show us in your righteousness,  O God of *our sal****vation***, \*  O Hope of all the ends of the earth  and of the seas that *are far* ***away***. |
| 6 | You make fast the mountains *by your* ***power***; \*  they are girded *about* ***with might***. |
| 7 | You still the roa*ring of* ***the seas***, \*  the roaring of their waves,  and the clamor *of the* ***peoples***. |

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| 8 | Those who dwell at the ends of the earth will tremble at your *marve****lous signs***; \*  you make the dawn and the dusk *to sing* ***for joy***. |
| 9 | You visit the earth and water it abundantly;  you make it ve*ry plen****teous***; \*  the river of God is *full of* ***water***. |
| 10 | You *prepare* ***the grain***, \*  for so you pro*vide for* ***the earth***. |
| 11 | You drench the furrows and smooth *out the* ***ridges***; \*  with heavy rain you soften the ground and *bless its* ***increase***. |
| 12 | You crown the year *with your* ***goodness***, \*  and your paths over*flow with* ***plenty***. |
| 13 | May the fields of the wilderness be *rich for* ***grazing***, \*  and the hills *be clothed* ***with joy***. |
| 14 | May the meadows cover themselves with flocks,  and the valleys cloak *themselves* ***with grain***; \*  let them shout *for joy* ***and sing***. |
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|  | **66** *Jubilate Deo* |
| 1 | Be joyful in *God, all* ***you lands***; \*  sing the glory of his Name;  sing the glo*ry of* ***his praise***. |
| 2 | Say to God, "How awe*some are* ***your deeds***! \*  because of your great strength your enemies *cringe be****fore you***. |
| 3 | All the earth bows *down be****fore you***, \*  sings to you, *sings out* ***your Name***." |

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| 4 | Come now and see *the works* ***of God***, \*  how wonderful he is in his doing *toward all* ***people***. |
| 5 | He turned the sea into dry land,  so that they went through the *water* ***on foot***, \*  and there we *rejoiced* ***in him***. |
| 6 | In his might he rules for ever;  his eyes keep watch o*ver the* ***nations***; \*  let no rebel rise *up a****gainst him***. |
| 7 | Bless our *God, you* ***peoples***; \*  make the voice of his *praise to* ***be heard***; |
| 8 | Who holds *our souls* ***in life***, \*  and will not allow *our feet* ***to slip***. |
| 9 | For you, O *God, have* ***proved us***; \*  you have tried us just as *silver* ***is tried***. |
| 10 | You brought us *into* ***the snare***; \*  you laid heavy burdens *upon* ***our backs***. |
| 11 | You let enemies ride over our heads;  we went through *fire and* ***water***; \*  but you brought us out into a place *of re****freshment***. |
| 12 | I will enter your house with burnt-offerings  and will *pay you* ***my vows***, \*  which I promised with my lips  and spoke with my mouth when I *was in* ***trouble***. |
| 13 | I will offer you sacrifices of fat beasts  with *the smoke* ***of rams***; \*  I will give you *oxen* ***and goats***. |
| 14 | Come and listen, all *you who* ***fear God***, \*  and I will tell you what he *has done* ***for me***. |

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| 15 | I called out to *him with* ***my mouth***, \*  and his praise *was on* ***my tongue***. |
| 16 | If I had found e*vil in* ***my heart***, \*  the Lord would *not have* ***heard me***; |
| 17 | But in truth *God has* ***heard me***; \*  he has attended to the *voice of* ***my prayer***. |
| 18 | Blessed be God, who has not re*jected* ***my prayer***, \*  nor withheld *his love* ***from me***. |
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|  | **67** *Deus misereatur* |
| 1 | May God be merciful to *us and* ***bless us***, \*  show us the light of his countenance *and come* ***to us***. |
| 2 | Let your ways be *known up****on earth***, \*  your saving health a*mong all* ***nations***. |
| 3 | Let the peoples *praise you,* ***O God***; \*  let all the *peoples* ***praise you***. |
| 4 | Let the nations be glad *and sing* ***for joy***, \*  for you judge the peoples with equity  and guide all the na*tions up****on earth***. |
| 5 | Let the peoples *praise you,* ***O God***; \*  let all the *peoples* ***praise you***. |
| 6 | The earth has brought *forth her* ***increase***; \*  may God, our own God, give *us his* ***blessing***. |
| 7 | May God give *us his* ***blessing***, \*  and may all the ends of the earth stand *in awe* ***of him***. |

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|  | **68** *Exsurgat Deus* |
| 1 | Let God arise, and let his ene*mies be* ***scattered***; \*  let those who hate him *flee be****fore him***. |
| 2 | Let them vanish like smoke when the wind *drives it* ***away***; \*  as the wax melts at the fire, so let the wicked perish at the *presence* ***of God***. |
| 3 | But let the righteous be glad and re*joice be****fore God***; \*  let them also be mer*ry and* ***joyful***. |
| 4 | Sing to God, sing praises to his Name;  exalt him who rides up*on the* ***heavens***; \*  YAHWEH is his Name, re*joice be****fore him***! |
| 5 | Father of orphans, defen*der of* ***widows***, \*  God in his holy *habi****tation***! |
| 6 | God gives the solitary a home and brings forth prisoners *into* ***freedom***; \*  but the rebels shall live *in dry* ***places***. |
| 7 | O God, when you went forth be*fore your* ***people***, \*  when you marched through *the wil****derness***, |
| 8 | The earth shook, and the skies poured down rain,  at the presence of God, the *God of* ***Sinai***, \*  at the presence of God, the God *of Is****rael***. |
| 9 | You sent a gracious rain, O God, upon your *inhe****ritance***; \*  you refreshed the land when *it was* ***weary***. |
| 10 | Your people found *their home* ***in it***; \*  in your goodness, O God, you have made provi*sion* *for* ***the poor***. |

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| 11 | The *Lord gave* ***the word***; \*  great was the company of women who *bore the* ***tidings***: |
| 12 | "Kings with their armies are *fleeing* ***away***; \*  the women at home are di*viding* ***the spoils***." |
| 13 | Though you lingered a*mong the* ***sheepfolds***, \*  you shall be like a dove whose wings are covered with silver,  whose feathers *are like* ***green gold***. |
| 14 | When the Almigh*ty scat****tered kings***, \*  it was like snow fal*ling in* ***Zalmon***. |
| 15 | O mighty mountain, O *hill of* ***Bashan***! \*  O rugged mountain, O *hill of* ***Bashan***! |
| 16 | Why do you look with envy, O rugged mountain,  at the hill which God chose for *his res****ting place***? \*  truly, the LORD will dwell *there for* ***ever***. |
| 17 | The chariots of God are twenty thousand,  even thou*sands of* ***thousands***; \*  the Lord comes in holi*ness from* ***Sinai***. |
| 18 | You have gone up on high and led captivity captive;  you have received gifts even from *your en****emies***, \*  that the LORD God might *dwell a****mong them***. |
| 19 | Blessed be the *Lord day* ***by day***, \*  the God of our salvation, who *bears our* ***burdens***. |
| 20 | He is our God, the God of *our sal****vation***; \*  God is the LORD, by whom *we es****cape death***. |
| 21 | God shall crush the heads of *his en****emies***, \*  and the hairy scalp of those who go on still in *their* *wic****kedness***. |

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| 22 | The Lord has said, "I will bring them *back from* ***Bashan***; \*  I will bring them back from the *depths of* ***the sea***; |
| 23 | That your foot may *be dipped* ***in blood***, \*  the tongues of your dogs in the blood of *your en****emies***." |
| 24 | They see your pro*cession,* ***O God***, \*  your procession into the sanctuary, my *God and* ***my King***. |
| 25 | The singers go before, musicians *follow* ***after***, \*  in the midst of maidens playing up*on the* ***hand-drums***. |
| 26 | Bless God in the *congre****gation***; \*  bless the LORD, you that are of the fountain *of Is****rael***. |
| 27 | There is Benjamin, least of the tribes, at the head;  the princes of Judah in *a com****pany***; \*  and the princes of Zebulon *and Naph****tali***. |
| 28 | Send forth *your strength,* ***O God***; \*  establish, O God, what you *have wrought* ***for us***. |
| 29 | Kings shall *bring gifts* ***to you***, \*  for your temple's sake at *Jeru****salem***. |
| 30 | Rebuke the wild *beast of* ***the reeds***, \*  and the peoples, a herd of wild *bulls with* ***its calves***. |
| 31 | Trample down those who lust *after* ***silver***; \*  scatter the peoples that *delight* ***in war***. |
| 32 | Let tribute be brought *out of* ***Egypt***; \*  let Ethiopia stretch out *her hands* ***to God***. |
| 33 | Sing to God, O king*doms of* ***the earth***; \*  sing prai*ses to* ***the Lord***. |
| 34 | He rides in the heavens, the *ancient* ***heavens***; \*  he sends forth his voice, *his migh****ty voice***. |

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| 35 | Ascribe *power* ***to God***; \*  his majesty is over Israel;  his strength *is in* ***the skies***. |
| 36 | How wonderful is God in his *holy* ***places***! \*  the God of Israel giving strength and power to his people!  *Blessed* ***be God***! |
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|  | **69** *Salvum me fac* |
| 1 | *Save me,* ***O God***, \*  for the waters have risen *up to* ***my neck***. |
| 2 | I am sin*king in* ***deep mire***, \*  and there is no firm *ground for* ***my feet***. |
| 3 | I have come in*to deep* ***waters***, \*  and the torrent wa*shes o****ver me***. |
| 4 | I have grown weary with my crying;  my *throat is* ***inflamed***; \*  my eyes have failed from loo*king for* ***my God***. |
| 5 | Those who hate me without a cause are more than the hairs of my head;  my lying foes who would destroy *me are* ***mighty***. \*  Must I then give back what *I ne****ver stole***? |
| 6 | O God, you know *my foo****lishness***, \*  and my faults are not *hidden* ***from you***. |
| 7 | Let not those who hope in you be put to shame through me, *Lord GOD* ***of hosts***; \*  let not those who seek you be disgraced because of me, O God *of Is****rael***. |

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| 8 | Surely, for your sake have I *suffered* ***reproach***, \*  and shame has *covered* ***my face***. |
| 9 | I have become a stranger to *my own* ***kindred***, \*  an alien to my *mother's* ***children***. |
| 10 | Zeal for your house has *eaten* ***me up***; \*  the scorn of those who scorn you has fal*len up****on me***. |
| 11 | I humbled my*self with* ***fasting***, \*  but that was turned *to my* ***reproach***. |
| 12 | I put on *sack-cloth* ***also***, \*  and became a by*word a****mong them***. |
| 13 | Those who sit at the gate mur*mur a****gainst me***, \*  and the drunkards make *songs a****bout me***. |
| 14 | But as for me, this is *my prayer* ***to you***, \*  at the time you *have set,* ***O LORD***: |
| 15 | "In your great *mercy,* ***O God***, \*  answer me with your *unfai****ling help***. |
| 16 | Save me from the mire; do *not let* ***me sink***; \*  let me be rescued from those who hate me  and out of *the deep* ***waters***. |
| 17 | Let not the torrent of waters wash over me,  neither let the deep *swallow* ***me up***; \*  do not let the Pit shut its *mouth up****on me***. |
| 18 | Answer me, O LORD, for *your love* ***is kind***; \*  in your great compas*sion, turn* ***to me***." |
| 19 | "Hide not your face *from your* ***servant***; \*  be swift and answer me, for I *am in* ***distress***. |
| 20 | Draw near to me *and re****deem me***; \*  because of my enemies *deli****ver me***. |

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| 21 | You know my reproach, my shame, and *my dis****honor***; \*  my adversaries are *all in* ***your sight***." |
| 22 | Reproach has broken my heart, and it *cannot* ***be healed***; \*  I looked for sympathy, but there was none,  for comforters, but I *could find* ***no one***. |
| 23 | They gave *me gall* ***to eat***, \*  and when I was thirsty, they gave me vin*egar* ***to drink***. |
| 24 | Let the table before *them be* ***a trap*** \*  and their sa*cred feasts* ***a snare***. |
| 25 | Let their eyes be darkened, that *they may* ***not see***, \*  and give them continual trem*bling in* ***their loins***. |
| 26 | Pour out your indigna*tion up****on them***, \*  and let the fierceness of your anger *over****take them***. |
| 27 | Let their camp *be de****solate***, \*  and let there be none to *dwell in* ***their tents***. |
| 28 | For they persecute him whom *you have* ***stricken*** \*  and add to the pain of those *whom you* ***have pierced***. |
| 29 | Lay to their charge *guilt up****on guilt***, \*  and let them not receive your *vindi****cation***. |
| 30 | Let them be wiped out of the book *of the* ***living*** \*  and not be written a*mong the* ***righteous***. |
| 31 | As for me, I am afflic*ted and* ***in pain***; \*  your help, O God, will lift *me up* ***on high***. |
| 32 | I will praise the Name *of God* ***in song***; \*  I will proclaim his greatness *with thanks****giving***. |
| 33 | This will please the LORD more than an of*fering of* ***oxen***, \*  more than bullocks *with horns* ***and hoofs***. |

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| 34 | The afflicted shall *see and* ***be glad***; \*  you who seek God, *your heart* ***shall live***. |
| 35 | For the LORD listens *to the* ***needy***, \*  and his prisoners he *does not* ***despise***. |
| 36 | Let the heavens and *the earth* ***praise him***, \*  the seas and all *that moves* ***in them***; |
| 37 | For God will save Zion and rebuild the ci*ties of* ***Judah***; \*  they shall live there and have it *in pos****session***. |
| 38 | The children of his servants will *inhe****rit it***, \*  and those who love his Name *will dwell* ***therein***. |
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|  | **70** *Deus, in adjutorium* |
| 1 | Be pleased, O God, to *deli****ver me***; \*  O LORD, make *haste to* ***help me***. |
| 2 | Let those who seek my life be ashamed  and alto*gether* ***dismayed***; \*  let those who take pleasure in my misfortune  draw back *and be* ***disgraced***. |
| 3 | Let those who say to me "Aha!" and gloat o*ver me* ***turn back***, \*  because *they are* ***ashamed***. |
| 4 | Let all who seek you rejoice and *be glad* ***in you***; \*  let those who love your salvation say for ever,  "*Great is* ***the LORD***!" |
| 5 | But as for me, I am *poor and* ***needy***; \*  come to me spee*dily,* ***O God***. |
| 6 | You are my helper and my *deli****verer***; \*  O LORD, *do not* ***tarry***. |

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|  | **71** *In te, Domine, speravi* |
| 1 | In you, O LORD, have I *taken* ***refuge***; \*  let me ne*ver be* ***ashamed***. |
| 2 | In your righteousness, deliver me *and set* ***me free***; \*  incline your ear to *me and* ***save me***. |
| 3 | Be my strong rock, a castle *to keep* ***me safe***; \*  you are my crag *and my* ***stronghold***. |
| 4 | Deliver me, my God, from the hand *of the* ***wicked***, \*  from the clutches of the evildoer and *the op****pressor***. |
| 5 | For you are my *hope, O* ***LORD God***, \*  my confidence *since I* ***was young***. |
| 6 | I have been sustained by you ever since I was born;  from my mother's womb you *have been* ***my strength***; \*  my praise shall be *always* ***of you***. |
| 7 | I have become a por*tent to* ***many***; \*  but you are my re*fuge and* ***my strength***. |
| 8 | Let my mouth be *full of* ***your praise*** \*  and your glory *all the* ***day long***. |
| 9 | Do not cast me off *in my* ***old age***; \*  forsake me not *when my* ***strength fails***. |
| 10 | For my enemies are tal*king a****gainst me***, \*  and those who lie in wait for my life take coun*sel to****gether***. |
| 11 | They say, "God has forsaken him;  go after *him and* ***seize him***; \*  because there is *none who* ***will save***." |

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| 12 | O God, be *not far* ***from me***; \*  come quickly to help *me, O* ***my God***. |
| 13 | Let those who set themselves against me be put to shame *and* *be* ***disgraced***; \*  let those who seek to do me evil be covered with *scorn* *and* ***reproach***. |
| 14 | But I shall always *wait in* ***patience***, \*  and shall praise *you more* ***and more***. |
| 15 | My mouth shall recount your mighty acts  and saving *deeds all* ***day long***; \*  though I cannot know the *number* ***of them***. |
| 16 | I will begin with the mighty works *of the* ***Lord GOD***; \*  I will recall your righteous*ness, yours* ***alone***. |
| 17 | O God, you have taught me *since I* ***was young***, \*  and to this day I tell of your *wonder****ful works***. |
| 18 | And now that I am old and gray-headed, O God, do *not* *for****sake me***, \*  till I make known your strength to this generation  and your power to all *who are* ***to come***. |
| 19 | Your righteousness, O God, reaches *to the* ***heavens***; \*  you have done great things;  who is *like you,* ***O God***? |
| 20 | You have showed me great troubles and *adver****sities***, \*  but you will restore my life  and bring me up again from the deep pla*ces of* ***the earth***. |
| 21 | You strengthen *me more* ***and more***; \*  you enfold *and com****fort me***, |

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| 22 | Therefore I will praise you upon the lyre for your faithful*ness, O* ***my God***; \*  I will sing to you with the harp, O Holy One *of Is****rael***. |
| 23 | My lips will sing with joy when *I play* ***to you***, \*  and so will my soul, which *you have* ***redeemed***. |
| 24 | My tongue will proclaim your righteous*ness all* ***day long***, \*  for they are ashamed and disgraced who sought *to do* ***me harm***. |
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|  | **72** *Deus, judicium* |
| 1 | Give the King your *justice,* ***O God***, \*  and your righteousness *to the* ***King's son***; |
| 2 | That he may rule your peo*ple righ****teously*** \*  and the *poor with* ***justice***. |
| 3 | That the mountains may bring prosperity *to the* ***people***, \*  and the little hills *bring righ****teousness***. |
| 4 | He shall defend the needy a*mong the* ***people***; \*  he shall rescue the poor and crush *the op****pressor***. |
| 5 | He shall live as long as the sun *and moon* ***endure***, \*  from one generation *to a****nother***. |
| 6 | He shall come down like rain up*on the* ***mown field***, \*  like showers that *water* ***the earth***. |
| 7 | In his time shall the *righteous* ***flourish***; \*  there shall be abundance of peace till the moon *shall* *be* ***no more***. |
| 8 | He shall rule *from sea* ***to sea***, \*  and from the River to the *ends of* ***the earth***. |

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| 9 | His foes shall bow *down be****fore him***, \*  and his ene*mies lick* ***the dust***. |
| 10 | The kings of Tarshish and of the isles *shall pay* ***tribute***, \*  and the kings of Arabia and Sa*ba of****fer gifts***. |
| 11 | All kings shall bow *down be****fore him***, \*  and all the nations *do him* ***service***. |
| 12 | For he shall deliver the poor who cries *out in* ***distress***, \*  and the oppressed who *has no* ***helper***. |
| 13 | He shall have pity on the *lowly* ***and poor***; \*  he shall preserve the lives *of the* ***needy***. |
| 14 | He shall redeem their lives from oppression *and vi****olence***, \*  and dear shall their blood *be in* ***his sight***. |
| 15 | Long may he live!  and may there be given to him gold from *Ara****bia***; \*  may prayer be made for him always,  and may they bless him *all the* ***day long***. |
| 16 | May there be abundance of grain on the earth,  growing thick even *on the* ***hilltops***; \*  may its fruit flourish like Lebanon,  and its grain like grass *upon* ***the earth***. |
| 17 | May his Name remain for ever  and be established as long as *the sun* ***endures***; \*  may all the nations bless themselves in him and *call him* ***blessed***. |
| 18 | Blessed be the Lord GOD, the God *of Is****rael***, \*  who alone *does won****drous deeds***! |
| 19 | And blessed be his glorious *Name for* ***ever***! \*  and may all the earth be filled with his glory.  *Amen.* ***Amen***. |

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|  | **73** *Quam bonus Israel!* |
| 1 | Truly, God is good *to Is****rael***, \*  to those who *are pure* ***in heart***. |
| 2 | But as for me, my feet *had near****ly slipped***; \*  I had almost *tripped and* ***fallen***; |
| 3 | Because I *envied* ***the proud*** \*  and saw the prosperity *of the* ***wicked***: |
| 4 | For they *suffer* ***no pain***, \*  and their bodies *are sleek* ***and sound***; |
| 5 | In the misfortunes of others *they have* ***no share***; \*  they are not afflicted *as o****thers are***; |
| 6 | Therefore they wear their pride *like a* ***necklace*** \*  and wrap their violence about *them like* ***a cloak***. |
| 7 | Their iniquity *comes from* ***gross minds***, \*  and their hearts overflow *with wic****ked thoughts***. |
| 8 | They scoff and speak *mali****ciously***; \*  out of their haughtiness they *plan op****pression***. |
| 9 | They set their mouths a*gainst the* ***heavens***, \*  and their evil speech *runs through* ***the world***. |
| 10 | And so the peo*ple turn* ***to them*** \*  and find *in them* ***no fault***. |
| 11 | They say, "*How should* ***God know***? \*  is there knowledge *in the* ***Most High***?" |

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| 12 | So then, these *are the* ***wicked***; \*  always at ease, they *increase* ***their wealth***. |
| 13 | In vain have I *kept my* ***heart clean***, \*  and washed my hands *in in****nocence***. |
| 14 | I have been afflic*ted all* ***day long***, \*  and punished *every* ***morning***. |
| 15 | Had I gone on *speaking* ***this way***, \*  I should have betrayed the generation *of your* ***children***. |
| 16 | When I tried to un*derstand* ***these things***, \*  it was *too hard* ***for me***; |
| 17 | Until I entered the sanctu*ary* ***of God*** \*  and discerned the end *of the* ***wicked***. |
| 18 | Surely, you set them in slipp*ery* ***places***; \*  you cast *them down* ***in ruin***. |
| 19 | Oh, how suddenly do they come *to de****struction***, \*  come to an end, and pe*rish from* ***terror***! |
| 20 | Like a dream when one a*wakens,* ***O Lord***, \*  when you arise you will make their *image* ***vanish***. |
| 21 | When my mind be*came em****bittered***, \*  I was sorely woun*ded in* ***my heart***. |
| 22 | I was stupid and had no *under****standing***; \*  I was like a brute beast *in your* ***presence***. |
| 23 | Yet I am *always* ***with you***; \*  you hold me *by my* ***right hand***. |
| 24 | You will guide me *by your* ***counsel***, \*  and afterwards receive *me with* ***glory***. |
| 25 | Whom have I in *heaven* ***but you***? \*  and having you I desire no*thing up****on earth***. |

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| 26 | Though my flesh and my heart *should waste* ***away***, \*  God is the strength of my heart and my por*tion for* ***ever***. |
| 27 | Truly, those who forsake *you will* ***perish***; \*  you destroy all who *are un****faithful***. |
| 28 | But it is good for me *to be* ***near God***; \*  I have made the Lord *GOD my* ***refuge***. |
| 29 | I will speak *of all* ***your works*** \*  in the gates of the ci*ty of* ***Zion***. |
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|  | **74** *Ut quid, Deus?* |
| 1 | O God, why have you utter*ly cast* ***us off***? \*  why is your wrath so hot against the sheep *of your* ***pasture***? |
| 2 | Remember your congregation that you pur*chased long* ***ago***, \*  the tribe you redeemed to be your inheritance,  and Mount Zi*on where* ***you dwell***. |
| 3 | Turn your steps toward *the end****less ruins***; \*  the enemy has laid waste everything in your *sanctu****ary***. |
| 4 | Your adversaries roared in *your ho****ly place***; \*  they set up their banners as tokens *of vic****tory***. |
| 5 | They were like men coming up with axes to *a grove* ***of trees***; \*  they broke down all your carved work with hat*chets* *and* ***hammers***. |
| 6 | They set fire to *your ho****ly place***; \*  they defiled the dwelling-place of your Name  and razed *it to* ***the ground***. |
| 7 | They said to themselves, "Let us destroy them *alto****gether***." \*  They burned down all the meeting-places of *God* *in* ***the land***. |

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| 8 | There are no signs for us to see;  there is *no pro****phet left***; \*  there is not one among us *who knows* ***how long***. |
| 9 | How long, O God, will the ad*versa****ry scoff***? \*  will the enemy blaspheme your *Name for* ***ever***? |
| 10 | Why do you *draw back* ***your hand***? \*  why is your right hand hidden *in your* ***bosom***? |
| 11 | Yet God is my King *from an****cient times***, \*  victorious in the *midst of* ***the earth***. |
| 12 | You divided the *sea by* ***your might*** \*  and shattered the heads of the dragons up*on the* ***waters***; |
| 13 | You crushed the heads of *Levi****athan*** \*  and gave him to the people of the *desert* ***for food***. |
| 14 | You split open *spring and* ***torrent***; \*  you dried up ever-*flowing* ***rivers***. |
| 15 | Yours is the day, yours *also* ***the night***; \*  you established the *moon and* ***the sun***. |
| 16 | You fixed all the bounda*ries of* ***the earth***; \*  you made both sum*mer and* ***winter***. |
| 17 | Remember, O LORD, how the *ene****my scoffed***, \*  how a foolish people *despised* ***your Name***. |
| 18 | Do not hand over the life of your *dove to* ***wild beasts***; \*  never forget the *lives of* ***your poor***. |
| 19 | Look upon *your co****venant***; \*  the dark places of the earth are haunts *of vi****olence***. |
| 20 | Let not the oppressed turn *away* ***ashamed***; \*  let the poor and nee*dy praise* ***your Name***. |
| 21 | Arise, O God, *maintain* ***your cause***; \*  remember how fools revile *you all* ***day long***. |

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| 22 | Forget not the clamor of your *adver****saries***, \*  the unending tumult of those who rise *up a****gainst you***. |
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|  | **75** *Confitebimur tibi* |
| 1 | We give you thanks, O God, *we give* ***you thanks***, \*  calling upon your Name and declaring all your *wonder****ful deeds***. |
| 2 | "I will appoint *a time,"* ***says God***; \*  "I will judge *with e****quity***. |
| 3 | Though the earth and all its inhabi*tants are* ***quaking***, \*  I will make *its pil****lars fast***. |
| 4 | I will say to the boa*sters, 'Boast* ***no more****,'* \*  and to the wicked, 'Do *not toss* ***your horns***; |
| 5 | Do not toss *your horns* ***so high***, \*  nor speak *with a* ***proud neck***.'" |
| 6 | For judgment is neither from the east *nor from* ***the west***, \*  nor yet from the wilderness *or the* ***mountains***. |
| 7 | It is *God who* ***judges***; \*  he puts down one and lifts *up a****nother***. |
| 8 | For in the LORD'S hand there is a cup,  full of spiced and foaming wine, *which he* ***pours out***, \*  and all the wicked of the earth shall drink *and* *drain* ***the dregs***. |
| 9 | But I will re*joice for* ***ever***; \*  I will sing praises to the *God of* ***Jacob***. |
| 10 | He shall break off all the horns *of the* ***wicked***; \*  but the horns of the righteous shall *be ex****alted***. |
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|  | **76** *Notus in Judœa* |
| 1 | In Ju*dah is* ***God known***; \*  his Name is great *in Is****rael***. |
| 2 | At Salem is his *taber****nacle***, \*  and his dwelling *is in* ***Zion***. |
| 3 | There he broke the *flashing* ***arrows***, \*  the shield, the sword, and the wea*pons of* ***battle***. |
| 4 | How *glorious* ***you are***! \*  more splendid than the ever*lasting* ***mountains***! |
| 5 | The strong of heart have been despoiled;  *they sink* ***into sleep***; \*  none of the warriors *can lift* ***a hand***. |
| 6 | At your rebuke, O *God of* ***Jacob***, \*  both horse and *rider* ***lie stunned***. |
| 7 | What ter*ror you* ***inspire***! \*  who can stand before you when *you are* ***angry***? |
| 8 | From heaven you *pronounced* ***judgment***; \*  the earth was a*fraid and* ***was still***; |
| 9 | When God rose *up to* ***judgment*** \*  and to save all the op*pressed of* ***the earth***. |
| 10 | Truly, wrathful Edom *will give* ***you thanks***, \*  and the remnant of Hamath *will keep* ***your feasts***. |
| 11 | Make a vow to the LORD your *God and* ***keep it***; \*  let all around him bring gifts to him who is wor*thy* *to* ***be feared***. |
| 12 | He breaks the spi*rit of* ***princes***, \*  and strikes terror in the *kings of* ***the earth***. |
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|  | **77** *Voce mea ad Dominum* |
| 1 | I will cry *aloud* ***to God***; \*  I will cry aloud, and *he will* ***hear me***. |
| 2 | In the day of my trouble *I sought* ***the Lord***; \*  my hands were stretched out by night and did not tire;  I refused to *be com****forted***. |
| 3 | I think of God, *I am* ***restless***, \*  I ponder, and *my spi****rit faints***. |
| 4 | You will not let *my eye****lids close***; \*  I am troubled and *I can****not speak***. |
| 5 | I consider *the days* ***of old***; \*  I remember *the years* ***long past***; |
| 6 | I commune with my *heart in* ***the night***; \*  I ponder *and search* ***my mind***. |
| 7 | Will the Lord cast me *off for* ***ever***? \*  will he no more *show his* ***favor***? |
| 8 | Has his loving-kindness come to an *end for* ***ever***? \*  has his promise failed *for e****vermore***? |
| 9 | Has God forgotten *to be* ***gracious***? \*  has he, in his anger, withheld *his com****passion***? |
| 10 | And I said, "*My grief* ***is this***: \*  the right hand of the Most High has *lost its* ***power***." |
| 11 | I will remember the *works of* ***the LORD***, \*  and call to mind your won*ders of* ***old time***. |
| 12 | I will meditate *on all* ***your acts*** \*  and ponder *your migh****ty deeds***. |
| 13 | Your way, O *God, is* ***holy***; \*  who is so great a *god as* ***our God***? |

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| 14 | You are the God *who works* ***wonders*** \*  and have declared your power a*mong the* ***peoples***. |
| 15 | By your strength you have re*deemed your* ***people***, \*  the children of Ja*cob and* ***Joseph***. |
| 16 | The waters saw you, O God;  the waters saw *you and* ***trembled***; \*  the very *depths were* ***shaken***. |
| 17 | The clouds poured out water;  *the skies* ***thundered***; \*  your arrows *flashed to* ***and fro***; |
| 18 | The sound of your thunder was in the whirlwind;  your lightnings *lit up* ***the world***; \*  the earth *trembled* ***and shook***. |
| 19 | Your way was in the sea,  and your paths in *the great* ***waters***, \*  yet your foot*steps were* ***not seen***. |
| 20 | You led your peo*ple like* ***a flock*** \*  by the hand of Mo*ses and* ***Aaron***. |
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|  | **78** |
|  | **Part I** *Attendite, popule* |
| 1 | Hear my teaching, *O my* ***people***; \*  incline your ears to the *words of* ***my mouth***. |
| 2 | I will open my mouth in *a pa****rable***; \*  I will declare the mysteries *of an****cient times***. |

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| 3 | That which we have heard and known,  and what our forefa*thers have* ***told us***, \*  we will not hide *from their* ***children***. |
| 4 | We will recount to generations to come  the praiseworthy deeds and the po*wer of* ***the LORD***, \*  and the wonderful *works he* ***has done***. |
| 5 | He gave his decrees to Jacob  and established a law *for Is****rael***, \*  which he commanded them to *teach their* ***children***; |
| 6 | That the generations to come might know,  and the chil*dren yet* ***unborn***; \*  that they in their turn might tell it *to their* ***children***; |
| 7 | So that they might put *their trust* ***in God***, \*  and not forget the deeds of God,  but keep *his com****mandments***; |
| 8 | And not be like their forefathers,  a stubborn and rebellious *gene****ration***, \*  a generation whose heart was not steadfast,  and whose spirit was not *faithful* ***to God***. |
| 9 | The people of Ephraim, *armed with* ***the bow***, \*  turned back in the *day of* ***battle***; |
| 10 | They did not keep the co*venant* ***of God***, \*  and refused to *walk in* ***his law***; |
| 11 | They forgot *what he* ***had done***, \*  and the wonders *he had* ***shown them***. |
| 12 | He worked marvels in the sight of *their fore****fathers***, \*  in the land of Egypt, in the *field of* ***Zoan***. |
| 13 | He split open the sea and *let them* ***pass through***; \*  he made the waters *stand up* ***like walls***. |

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| 14 | He led them with *a cloud* ***by day***, \*  and all the night through with *a glow* ***of fire***. |
| 15 | He split the hard rocks in *the wil****derness*** \*  and gave them drink as *from the* ***great deep***. |
| 16 | He brought streams *out of* ***the cliff***, \*  and the waters gushed *out like* ***rivers***. |
| 17 | But they went on sin*ning a****gainst him***, \*  rebelling in the desert a*gainst the* ***Most High***. |
| 18 | They tested *God in* ***their hearts***, \*  demanding food *for their* ***craving***. |
| 19 | They railed a*gainst God* ***and said***, \*  "Can God set a table in *the wil****derness***? |
| 20 | True, he struck the rock, the waters gushed out, and the gul*lies o****verflowed***; \*  but is he able to give bread  or to provide meat *for his* ***people***?" |
| 21 | When the LORD heard this, he *was full* ***of wrath***; \*  a fire was kindled against Jacob,  and his anger mounted a*gainst Is****rael***; |
| 22 | For they had *no faith* ***in God***, \*  nor did they put their trust in his *saving* ***power***. |
| 23 | So he commanded *the clouds* ***above*** \*  and opened the *doors of* ***heaven***. |
| 24 | He rained down manna up*on them* ***to eat*** \*  and gave them *grain from* ***heaven***. |
| 25 | So mortals ate the *bread of* ***angels***; \*  he provided for *them food* ***enough***. |

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| 26 | He caused the east wind to blow *in the* ***heavens*** \*  and led out the south *wind by* ***his might***. |
| 27 | He rained down flesh up*on them* ***like dust*** \*  and wingèd birds like the *sand of* ***the sea***. |
| 28 | He let it fall in the *midst of* ***their camp*** \*  and round a*bout their* ***dwellings***. |
| 29 | So they ate *and were* ***well filled***, \*  for he gave *them what* ***they craved***. |
| 30 | But they did not *stop their* ***craving***, \*  though the food was *still in* ***their mouths***. |
| 31 | So God's anger moun*ted a****gainst them***; \*  he slew their strongest men  and laid low the youth *of Is****rael***. |
| 32 | In spite of all this, they *went on* ***sinning*** \*  and had no faith in his *wonder****ful works***. |
| 33 | So he brought their days to an *end like* ***a breath*** \*  and their years in *sudden* ***terror***. |
| 34 | Whenever he slew them, *they would* ***seek him***, \*  and repent, and diligent*ly search* ***for God***. |
| 35 | They would remember that *God was* ***their rock***, \*  and the Most High God *their re****deemer***. |
| 36 | But they flattered *him with* ***their mouths*** \*  and lied to *him with* ***their tongues***. |
| 37 | Their heart was not *steadfast* ***toward him***, \*  and they were not faithful to *his co****venant***. |

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| 38 | But he was so merciful that he forgave their sins  and did *not de****stroy them***; \*  many times he held back his anger  and did not permit his *wrath to* ***be roused***. |
| 39 | For he remembered that *they were* ***but flesh***, \*  a breath that goes forth and *does not* ***return***. |
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|  | **Psalm 78: Part II** *Quoties exacerbaverunt* |
| 40 | How often the people disobeyed him in *the wil****derness*** \*  and offended him *in the* ***desert***! |
| 41 | Again and again *they temp****ted God*** \*  and provoked the Holy One *of Is****rael***. |
| 42 | They did not remem*ber his* ***power*** \*  in the day when he ransomed them from *the en****emy***; |
| 43 | How he wrought his *signs in* ***Egypt*** \*  and his omens in the *field of* ***Zoan***. |
| 44 | He turned their ri*vers in****to blood***, \*  so that they could not *drink of* ***their streams***. |
| 45 | He sent swarms of flies among them, *which ate* ***them up***, \*  and frogs, *which de****stroyed them***. |
| 46 | He gave their crops to the *cater****pillar***, \*  the fruit of their toil *to the* ***locust***. |
| 47 | He killed *their vines* ***with hail*** \*  and their sy*camores* ***with frost***. |
| 48 | He delivered their cat*tle to* ***hailstones*** \*  and their livestock to *hot thun****derbolts***. |

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| 49 | He poured out upon them his *blazing* ***anger***: \*  fury, indignation, and distress,  a troop of de*stroying* ***angels***. |
| 50 | He gave full rein to his anger;  he did not spare *their souls* ***from death***; \*  but delivered their *lives to* ***the plague***. |
| 51 | He struck down all the first*born of* ***Egypt***, \*  the flower of manhood in the *dwellings* ***of Ham***. |
| 52 | He led out his *people* ***like sheep*** \*  and guided them in the wilder*ness like* ***a flock***. |
| 53 | He led them to safety, and they *were not* ***afraid***; \*  but the sea overwhelmed *their en****emies***. |
| 54 | He brought them to *his ho****ly land***, \*  the mountain his *right hand* ***had won***. |
| 55 | He drove out the Canaanites before them  and apportioned an inheritance *to them* ***by lot***; \*  he made the tribes of Israel to *dwell in* ***their tents***. |
| 56 | But they tested the Most High God, *and de****fied him***, \*  and did not keep *his com****mandments***. |
| 57 | They turned away and were disloyal *like their* ***fathers***; \*  they were undependable *like a* ***warped bow***. |
| 58 | They grieved him with *their hill-****altars*** \*  they provoked his displeasure *with their* ***idols***. |
| 59 | When God heard this, *he was* ***angry*** \*  and utterly rejec*ted Is****rael***. |
| 60 | He forsook the *shrine at* ***Shiloh***, \*  the tabernacle where he had lived a*mong his* ***people***. |

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| 61 | He delivered the ark into *capti****vity***, \*  his glory into the ad*versa****ry's hand***. |
| 62 | He gave his peo*ple to* ***the sword*** \*  and was angered against his *inhe****ritance***. |
| 63 | The fire con*sumed their* ***young men***; \*  there were no wedding songs *for their* ***maidens***. |
| 64 | Their priests *fell by* ***the sword***, \*  and their widows made no *lamen****tation***. |
| 65 | Then the LORD woke *as though* ***from sleep***, \*  like a warrior *refreshed* ***with wine***. |
| 66 | He struck his enemies *on the* ***backside*** \*  and put them to per*petu****al shame***. |
| 67 | He rejected the *tent of* ***Joseph*** \*  and did not choose the tribe *of Eph****raim***; |
| 68 | He chose instead the *tribe of* ***Judah*** \*  and Mount Zi*on, which* ***he loved***. |
| 69 | He built his sanctuary like the *heights of* ***heaven***, \*  like the earth which he foun*ded for* ***ever***. |
| 70 | He chose Da*vid his* ***servant***, \*  and took him away *from the* ***sheepfolds***. |
| 71 | He brought him from fol*lowing* ***the ewes***, \*  to be a shepherd over Jacob his people  and over Israel his *inhe****ritance***. |
| 72 | So he shepherded them with a faith*ful and* ***true heart*** \*  and guided them with the skillful*ness of* ***his hands***. |

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|  | **79** *Deus, venerunt* |
| 1 | O God, the heathen have come into your inheritance;  they have profaned your *holy* ***temple***; \*  they have made Jerusalem a *heap of* ***rubble***. |
| 2 | They have given the bodies of your servants as food for the *birds of* ***the air***, \*  and the flesh of your faithful ones to the *beasts of* ***the field***. |
| 3 | They have shed their blood like water on every side of *Jeru****salem***, \*  and there was no one *to bu****ry them***. |
| 4 | We have become a reproach *to our* ***neighbors***, \*  an object of scorn and derision to *those a****round us***. |
| 5 | How long will you be *angry,* ***O LORD***? \*  will your fury blaze like *fire for* ***ever***? |
| 6 | Pour out your wrath upon the heathen who *have not* ***known you*** \*  and upon the kingdoms that have not called *upon* ***your Name***. |
| 7 | For they have *devoured* ***Jacob*** \*  and made his *dwelling* ***a ruin***. |
| 8 | Remember not our past sins;  let your compassion be *swift to* ***meet us***; \*  for we have been *brought ve****ry low***. |
| 9 | Help us, O God our Savior, for the glo*ry of* ***your Name***; \*  deliver us and forgive us our sins, *for your* ***Name's sake***. |

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| 10 | Why should the heathen say, "*Where is* ***their God***?" \*  Let it be known among the heathen and in our sight  that you avenge the shedding of *your ser****vants' blood***. |
| 11 | Let the sorrowful sighing of the prisoners *come be****fore you***, \*  and by your great might spare those who are *condemned* ***to die***. |
| 12 | May the revilings with which they re*viled you,* ***O Lord***, \*  return seven-fold in*to their* ***bosoms***. |
| 13 | For we are your people and the sheep *of your* ***pasture***; \*  we will give you thanks for ever  and show forth your praise *from age* ***to age***. |
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|  | **80** *Qui regis Israel* |
| 1 | Hear, O Shepherd of Israel, leading Jo*seph like* ***a flock***; \*  shine forth, you that are enthroned upon *the che****rubim***. |
| 2 | In the presence of Ephraim, Benjamin, *and Ma****nasseh***, \*  stir up your strength and *come to* ***help us***. |
| 3 | Restore us, *O God* ***of hosts***; \*  show the light of your countenance, and *we shall* ***be saved***. |
| 4 | O *LORD God* ***of hosts***, \*  how long will you be angered  despite the prayers *of your* ***people***? |
| 5 | You have fed them with *the bread* ***of tears***; \*  you have given them bowls *of tears* ***to drink***. |
| 6 | You have made us the derision *of our* ***neighbors***, \*  and our enemies *laugh us* ***to scorn***. |

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| 7 | Restore us, *O God* ***of hosts***; \*  show the light of your countenance, and *we shall* ***be saved***. |
| 8 | You have brought a vine *out of* ***Egypt***; \*  you cast out the nations *and plan****ted it***. |
| 9 | You prepared *the ground* ***for it***; \*  it took root *and filled* ***the land***. |
| 10 | The mountains were covered *by its* ***shadow*** \*  and the towering cedar *trees by* ***its boughs***. |
| 11 | You stretched out its ten*drils to* ***the Sea*** \*  and its branches *to the* ***River***. |
| 12 | Why have you bro*ken down* ***its wall***, \*  so that all who pass by *pluck off* ***its grapes***? |
| 13 | The wild boar of the forest *has ra****vaged it***, \*  and the beasts of the field have *grazed up****on it***. |
| 14 | Turn now, O God of hosts, look down from heaven;  behold *and tend* ***this vine***; \*  preserve what your right *hand has* ***planted***. |
| 15 | They burn it with *fire like* ***rubbish***; \*  at the rebuke of your countenance *let them* ***perish***. |
| 16 | Let your hand be upon the man *of your* ***right hand***, \*  the son of man you have made so *strong for* ***yourself***. |
| 17 | And so will we never turn *away* ***from you***; \*  give us life, that we may call *upon* ***your Name***. |
| 18 | Restore us, O *LORD God* ***of hosts***; \*  show the light of your countenance, and *we shall* ***be saved***. |
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|  | **81** *Exultate Deo* |
| 1 | Sing with joy *to God* ***our strength*** \*  and raise a loud shout to the *God of* ***Jacob***. |
| 2 | Raise a song and *sound the* ***timbrel***, \*  the merry *harp, and* ***the lyre***. |
| 3 | Blow the ram's-horn *at the* ***new moon***, \*  and at the full moon, the *day of* ***our feast***. |
| 4 | For this is a statute *for Is****rael***, \*  a law of the *God of* ***Jacob***. |
| 5 | He laid it as a solemn charge *upon* ***Joseph***, \*  when he came out of the *land of* ***Egypt***. |
| 6 | I heard an unfamil*iar voice* ***saying***, \*  "I eased his shoulder from the burden;  his hands were set free from *bearing* ***the load***." |
| 7 | You called on me in trouble, *and I* ***saved you***; \*  I answered you from the secret place of thunder  and tested you at the waters *of Me****ribah***. |
| 8 | Hear, O my people, and I will *admo****nish you***: \*  O Israel, if you would but *listen* ***to me***! |
| 9 | There shall be no strange *god a****mong you***; \*  you shall not worship *a fo****reign god***. |
| 10 | I am the LORD your God,  who brought you out of the land of *Egypt* ***and said***, \*  "Open your mouth wide, and *I will* ***fill it***." |
| 11 | And yet my people did *not hear* ***my voice***, \*  and Israel would *not o****bey me***. |
| 12 | So I gave them over to the stubborn*ness of* ***their hearts***, \*  to follow their *own de****vices***. |

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| 13 | Oh, that my people would *listen* ***to me***! \*  that Israel would *walk in* ***my ways***! |
| 14 | I should soon subdue *their en****emies*** \*  and turn my hand *against* ***their foes***. |
| 15 | Those who hate the LORD would *cringe be****fore him***, \*  and their punishment would *last for* ***ever***. |
| 16 | But Israel would I feed with *the fi****nest wheat*** \*  and satisfy him with ho*ney from* ***the rock***. |
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|  | **82** *Deus stetit* |
| 1 | God takes his stand in the coun*cil of* ***heaven***; \*  he gives judgment in the *midst of* ***the gods***: |
| 2 | "How long will you *judge un****justly***, \*  and show favor *to the* ***wicked***? |
| 3 | Save the weak *and the* ***orphan***; \*  defend the hum*ble and* ***needy***; |
| 4 | Rescue the *weak and* ***the poor***; \*  deliver them from the power *of the* ***wicked***. |
| 5 | They do not know, neither do they understand;  they go a*bout in* ***darkness***; \*  all the foundations of the *earth are* ***shaken***. |
| 6 | Now I say to *you, 'You* ***are gods***, \*  and all of you children *of the* ***Most High***; |
| 7 | Nevertheless, you shall *die like* ***mortals***, \*  and fall *like a****ny prince***.'" |

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| 8 | Arise, O God, *and rule* ***the earth***, \*  for you shall take all na*tions for* ***your own***. |
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|  | **83** *Deus, quis similis?* |
| 1 | O God, do *not be* ***silent***; \*  do not keep still nor hold *your peace,* ***O God***; |
| 2 | For your enemies *are in* ***tumult***, \*  and those who hate you have lif*ted up* ***their heads***. |
| 3 | They take secret counsel a*gainst your* ***people*** \*  and plot against those *whom you* ***protect***. |
| 4 | They have said, "Come, let us wipe them out from a*mong the* ***nations***; \*  let the name of Israel be re*membered* ***no more***." |
| 5 | They have con*spired to****gether***; \*  they have made an alli*ance a****gainst you***: |
| 6 | The tents of Edom and the *Ishma****elites***; \*  the Moabites and *the Ha****garenes***; |
| 7 | Gebal, and Ammon, *and A****malek***; \*  the Philistines and those *who dwell* ***in Tyre***. |
| 8 | The Assyrians al*so have* ***joined them***, \*  and have come to help the *people* ***of Lot***. |
| 9 | Do to them as you did *to Mi****dian***, \*  to Sisera, and to Jabin at the ri*ver of* ***Kishon***: |
| 10 | They were de*stroyed at* ***Endor***; \*  they became like dung *upon* ***the ground***. |
| 11 | Make their leaders like O*reb and* ***Zeëb***, \*  and all their commanders like Zebah *and Zal****munna***, |

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| 12 | Who said, "Let us *take for* ***ourselves*** \*  the fields of God as *our pos****session***." |
| 13 | O my God, make them *like whir****ling dust*** \*  and like chaff *before* ***the wind***; |
| 14 | Like fire that burns *down a* ***forest***, \*  like the flame that sets *mountains* ***ablaze***. |
| 15 | Drive them *with your* ***tempest*** \*  and terrify *them with* ***your storm***; |
| 16 | Cover their faces *with shame,* ***O LORD***, \*  that they *may seek* ***your Name***. |
| 17 | Let them be disgraced and terri*fied for* ***ever***; \*  let them be put to confu*sion and* ***perish***. |
| 18 | Let them know that you, whose *Name is* ***YAHWEH***, \*  you alone are the Most High o*ver all* ***the earth***. |
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|  | **84** *Quam dilecta!* |
| 1 | How dear to me is your dwelling, *O LORD* ***of hosts***! \*  My soul has a desire and longing for the courts of the LORD;  my heart and my flesh rejoice in *the li****ving God***. |
| 2 | The sparrow has found her a house  and the swallow a nest where she *may lay* ***her young***; \*  by the side of your altars, O LORD of hosts,  my *King and* ***my God***. |
| 3 | Happy are they who *dwell in* ***your house***! \*  they will always *be prai****sing you***. |
| 4 | Happy are the people whose *strength is* ***in you***! \*  whose hearts are set on *the pil****grims' way***. |

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| 5 | Those who go through the desolate valley will find it *a place* ***of springs***, \*  for the early rains have covered it with *pools of* ***water***. |
| 6 | They will climb *from height* ***to height***, \*  and the God of gods will reveal him*self in* ***Zion***. |
| 7 | LORD God of *hosts, hear* ***my prayer***; \*  hearken, O *God of* ***Jacob***. |
| 8 | Behold our de*fender,* ***O God***; \*  and look upon the face of *your A****nointed***. |
| 9 | For one day in your courts is better than a thousand *in my* ***own room***, \*  and to stand at the threshold of the house of my God  than to dwell in the tents *of the* ***wicked***. |
| 10 | For the LORD God is *both sun* ***and shield***; \*  he will give *grace and* ***glory***; |
| 11 | No good thing will *the LORD* ***withhold*** \*  from those who walk with *inte****grity***. |
| 12 | *O LORD* ***of hosts***, \*  happy are they who put *their trust* ***in you***! |
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|  | **85** *Benedixisti, Domine* |
| 1 | You have been gracious to *your land,* ***O LORD***, \*  you have restored the good for*tune of* ***Jacob***. |
| 2 | You have forgiven the iniquity *of your* ***people*** \*  and blotted *out all* ***their sins***. |
| 3 | You have withdrawn *all your* ***fury*** \*  and turned yourself from your wrathful *indig****nation***. |

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| 4 | Restore us then, O *God our* ***Savior***; \*  let your anger *depart* ***from us***. |
| 5 | Will you be displeased with *us for* ***ever***? \*  will you prolong your anger *from age* ***to age***? |
| 6 | Will you not give *us life* ***again***, \*  that your people may *rejoice* ***in you***? |
| 7 | Show us your *mercy,* ***O LORD***, \*  and grant us *your sal****vation***. |
| 8 | I will listen to what the LORD *God is* ***saying***, \*  for he is speaking peace to his faithful people  and to those who turn *their hearts* ***to him***. |
| 9 | Truly, his salvation is very near to *those who* ***fear him***, \*  that his glory may *dwell in* ***our land***. |
| 10 | Mercy and truth have *met to****gether***; \*  righteousness and peace have *kissed each* ***other***. |
| 11 | Truth shall spring *up from* ***the earth***, \*  and righteousness shall look *down from* ***heaven***. |
| 12 | The LORD will indeed grant *prosper****ity***, \*  and our land will *yield its* ***increase***. |
| 13 | Righteousness shall *go be****fore him***, \*  and peace shall be a path*way for* ***his feet***. |
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|  | **86** *Inclina, Domine* |
| 1 | Bow down your ear, O LORD, *and an****swer me***, \*  for I am poor and *in mi****sery***. |

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| 2 | Keep watch over my life, for *I am* ***faithful***; \*  save your servant who puts *his trust* ***in you***. |
| 3 | Be merciful to me, O LORD, for *you are* ***my God***; \*  I call upon you *all the* ***day long***. |
| 4 | Gladden the soul *of your* ***servant***, \*  for to you, O LORD, I *lift up* ***my soul***. |
| 5 | For you, O LORD, are good *and for****giving***, \*  and great is your love toward all who *call up****on you***. |
| 6 | Give ear, O *LORD, to* ***my prayer***, \*  and attend to the voice of my *suppli****cations***. |
| 7 | In the time of my trouble I will *call up****on you***, \*  for you *will an****swer me***. |
| 8 | Among the gods there is none *like you,* ***O LORD***, \*  nor any*thing like* ***your works***. |
| 9 | All the nations you have made will come and wor*ship you,* ***O LORD***, \*  and glo*rify* ***your Name***. |
| 10 | For you are great;  you *do won****drous things***; \*  and you *alone* ***are God***. |
| 11 | Teach me your way, O LORD,  and I will *walk in* ***your truth***; \*  knit my heart to you that I *may fear* ***your Name***. |
| 12 | I will thank you, O LORD my God, *with all* ***my heart***, \*  and glorify your Name *for e****vermore***. |
| 13 | For great is *your love* ***toward me***; \*  you have delivered me from the *nether****most Pit***. |

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| 14 | The arrogant rise up against me, O God,  and a band of violent *men seeks* ***my life***; \*  they have not set you *before* ***their eyes***. |
| 15 | But you, O LORD, are gracious and full *of com****passion***, \*  slow to anger, and full of *kindness* ***and truth***. |
| 16 | Turn to me and have mer*cy up****on me***; \*  give your strength to your servant;  and save the child *of your* ***handmaid***. |
| 17 | Show me a sign of your favor,  so that those who hate me may see it *and be* ***ashamed***; \*  because you, O LORD, have helped me and *comfor****ted me***. |
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|  | **87** *Fundamenta ejus* |
| 1 | On the holy mountain stands the city *he has* ***founded***; \*  the LORD loves the gates of Zion  more than all the dwel*lings of* ***Jacob***. |
| 2 | Glorious things are *spoken* ***of you***, \*  O ci*ty of* ***our God***. |
| 3 | I count Egypt and Babylon among *those who* ***know me***; \*  behold Philistia, Tyre, and Ethiopia:  in Zi*on were* ***they born***. |
| 4 | Of Zion it shall be said, "Everyone *was born* ***in her***, \*  and the Most High himself *shall sus****tain her***." |
| 5 | The LORD will record as he en*rolls the* ***peoples***, \*  "These al*so were* ***born there***." |
| 6 | The singers and the *dancers* ***will say***, \*  "All my fresh *springs are* ***in you***." |
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|  | **88** *Domine, Deus* |
| 1 | O LORD, my *God, my* ***Savior***, \*  by day and night *I cry* ***to you***. |
| 2 | Let my prayer enter in*to your* ***presence***; \*  incline your ear to my *lamen****tation***. |
| 3 | For I am *full of* ***trouble***; \*  my life is at the *brink of* ***the grave***. |
| 4 | I am counted among those who go *down to* ***the Pit***; \*  I have become like one *who has* ***no strength***; |
| 5 | Lost *among* ***the dead***, \*  like the slain who *lie in* ***the grave***, |
| 6 | Whom you re*member* ***no more***, \*  for they are cut *off from* ***your hand***. |
| 7 | You have laid me in the *depths of* ***the Pit***, \*  in dark places, and *in the* ***abyss***. |
| 8 | Your anger weighs upon *me hea****vily***, \*  and all your great waves *over****whelm me***. |
| 9 | You have put my friends far from me;  you have made me to be *abhorred* ***by them***; \*  I am in prison and *cannot* ***get free***. |
| 10 | My sight has failed me be*cause of* ***trouble***; \*  LORD, I have called upon you daily;  I have stretched out *my hands* ***to you***. |
| 11 | Do you work won*ders for* ***the dead***? \*  will those who have died stand up *and give* ***you thanks***? |
| 12 | Will your loving-kindness be de*clared in* ***the grave***? \*  your faithfulness in the land *of de****struction***? |

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| 13 | Will your wonders be *known in* ***the dark***? \*  or your righteousness in the country where all *is for****gotten***? |
| 14 | But as for me, O LORD, I cry *to you* ***for help***; \*  in the morning my prayer *comes be****fore you***. |
| 15 | LORD, why have you *rejec****ted me***? \*  why have you hidden *your face* ***from me***? |
| 16 | Ever since my youth, I have been wretched and at *the point* ***of death***; \*  I have borne your terrors with *a trou****bled mind****.* |
| 17 | Your blazing anger has *swept o****ver me***; \*  your terrors *have de****stroyed me***; |
| 18 | They surround me all day *long like* ***a flood***; \*  they encompass me *on eve****ry side***. |
| 19 | My friend and my neighbor you have put *away* ***from me***, \*  and darkness is my on*ly com****panion***. |
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|  | **89** |
|  | **Part I** *Misericordias Domini* |
| 1 | Your love, O LORD, for e*ver will* ***I sing***; \*  from age to age my mouth will proclaim *your faith****fulness***. |
| 2 | For I am persuaded that your love is estab*lished for* ***ever***; \*  you have set your faithfulness firmly *in the* ***heavens***. |
| 3 | "I have made a covenant with *my cho****sen one***; \*  I have sworn an oath to Da*vid my* ***servant***: |

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| 4 | I will establish your *line for* ***ever***, \*  and preserve your throne for all *gene****rations***.'" |
| 5 | The heavens bear witness to your *wonders,* ***O LORD***, \*  and to your faithfulness in the assembly of *the ho****ly ones***; |
| 6 | For who in the skies can be com*pared to* ***the LORD***? \*  who is like the LORD *among* ***the gods***? |
| 7 | God is much to be feared in the council of *the ho****ly ones***, \*  great and terrible to all those *round a****bout him***. |
| 8 | Who is like you, *LORD God* ***of hosts***? \*  O mighty LORD, your faithfulness is *all a****round you***. |
| 9 | You rule the ra*ging of* ***the sea*** \*  and still the sur*ging of* ***its waves***. |
| 10 | You have crushed Rahab of the deep with *a dead****ly wound***; \*  you have scattered your enemies with *your migh****ty arm***. |
| 11 | Yours are the heavens; the earth *also* ***is yours***; \*  you laid the foundations of the world and all *that is* ***in it***. |
| 12 | You have made the *north and* ***the south***; \*  Tabor and Hermon re*joice in* ***your Name***. |
| 13 | You have *a migh****ty arm***; \*  strong is your hand and high *is your* ***right hand***. |
| 14 | Righteousness and justice are the founda*tions of* ***your throne***; \*  love and truth go *before* ***your face***. |
| 15 | Happy are the people who know *the fes****tal shout***! \*  they walk, O LORD, in the light *of your* ***presence***. |
| 16 | They rejoice dai*ly in* ***your Name***; \*  they are jubilant in *your right****eousness***. |
| 17 | For you are the glo*ry of* ***their strength***, \*  and by your favor our might *is ex****alted***. |

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| 18 | Truly, the LORD *is our* ***ruler***; \*  The Holy One of Isra*el is* ***our King***. |
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|  | **Psalm 89: Part II** *Tunc locutus es* |
| 19 | You spoke once in vision and said to your *faithful* ***people***: \*  "I have set the crown upon a warrior  and have exalted one chosen out *of the* ***people***. |
| 20 | I have found Da*vid my* ***servant***; \*  with my holy oil have I *anoin****ted him***. |
| 21 | My hand *will hold* ***him fast*** \*  and my arm *will make* ***him strong***. |
| 22 | No enemy *shall de****ceive him***, \*  nor any wicked *man bring* ***him down***. |
| 23 | I will crush his *foes be****fore him*** \*  and strike down *those who* ***hate him***. |
| 24 | My faithfulness and love *shall be* ***with him***, \*  and he shall be victor*ious through* ***my Name***. |
| 25 | I shall make his do*minion* ***extend*** \*  from the Great Sea *to the* ***River***. |
| 26 | He will say to me, 'You *are my* ***Father***, \*  my God, and the rock of *my sal****vation***.' |
| 27 | I will make *him my* ***firstborn*** \*  and higher than the *kings of* ***the earth***. |
| 28 | I will keep my love for *him for* ***ever***, \*  and my covenant will *stand firm* ***for him***. |
| 29 | I will establish his *line for* ***ever*** \*  and his throne as the *days of* ***heaven***." |

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| 30 | "If his children *forsake* ***my law*** \*  and do not walk according *to my* ***judgments***; |
| 31 | If they *break my* ***statutes*** \*  and do not keep *my com****mandments***; |
| 32 | I will punish their transgres*sions with* ***a rod*** \*  and their iniqui*ties with* ***the lash***; |
| 33 | But I will not take *my love* ***from him***, \*  nor let my faith*fulness* ***prove false***. |
| 34 | I will not break *my co****venant***, \*  nor change what has gone *out of* ***my lips***. |
| 35 | Once for all I have sworn by *my ho****liness***: \*  'I will not *lie to* ***David***. |
| 36 | His line shall en*dure for* ***ever*** \*  and his throne as the *sun be****fore me***; |
| 37 | It shall stand fast for ever*more like* ***the moon***, \*  the abiding wit*ness in* ***the sky***.'" |
| 38 | But you have cast off and rejected *your a****nointed***; \*  you have become *enraged* ***at him***. |
| 39 | You have broken your covenant *with your* ***servant***, \*  defiled his crown, and hurled *it to* ***the ground***. |
| 40 | You have *breached all* ***his walls*** \*  and laid his *strongholds* ***in ruins***. |
| 41 | All who pass *by de****spoil him***; \*  he has become the scorn *of his* ***neighbors***. |
| 42 | You have exalted the right *hand of* ***his foes*** \*  and made all his en*emies* ***rejoice***. |
| 43 | You have turned back the *edge of* ***his sword*** \*  and have not sustained *him in* ***battle***. |

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| 44 | You have put an end *to his* ***splendor*** \*  and cast his *throne to* ***the ground***. |
| 45 | You have cut short the *days of* ***his youth*** \*  and have co*vered him* ***with shame***. |
| 46 | How long will you hide yourself, O LORD?  will you hide your*self for* ***ever***? \*  how long will your an*ger burn* ***like fire***? |
| 47 | Remember, LORD, *how short* ***life is***, \*  how frail you *have made* ***all flesh***. |
| 48 | Who can live *and not* ***see death***? \*  who can save himself from the po*wer of* ***the grave***? |
| 49 | Where, Lord, are your loving-kind*nesses* ***of old***, \*  which you promised David in *your faith****fulness***? |
| 50 | Remember, Lord, how your *servant* ***is mocked***, \*  how I carry in my bosom the taunts of *many* ***peoples***, |
| 51 | The taunts your enemies *have hurled,* ***O LORD***, \*  which they hurled at the heels of *your a****nointed***. |
| 52 | Blessed be the LORD *for e****vermore***! \*  Amen, *I say,* ***Amen***. |
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|  | **90** *Domine, refugium* |
| 1 | Lord, you have *been our* ***refuge*** \*  from one generation *to a****nother***. |

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| 2 | Before the mountains were brought forth,  or the land and *the earth* ***were born***, \*  from age to *age you* ***are God***. |
| 3 | You turn us back to *the dust* ***and say***, \*  "Go back, *O child* ***of earth***." |
| 4 | For a thousand years in your sight are like yesterday *when it* ***is past*** \*  and like a *watch in* ***the night***. |
| 5 | You sweep us a*way like* ***a dream***; \*  we fade away sudden*ly like* ***the grass***. |
| 6 | In the morning it is green *and flou****rishes***; \*  in the evening it is dried *up and* ***withered***. |
| 7 | For we consume away in *your dis****pleasure***; \*  we are afraid because of your wrathful *indig****nation***. |
| 8 | Our iniquities you have *set be****fore you***, \*  and our secret sins in the light of *your coun****tenance***. |
| 9 | When you are angry, all *our days* ***are gone***; \*  we bring our years to an *end like* ***a sigh***. |
| 10 | The span of our life is seventy years,  perhaps in strength *even* ***eighty***; \*  yet the sum of them is but labor and sorrow,  for they pass away quickly *and we* ***are gone***. |
| 11 | Who regards the po*wer of* ***your wrath***? \*  who rightly fears your *indig****nation***? |
| 12 | So teach us to *number* ***our days*** \*  that we may apply our *hearts to* ***wisdom***. |
| 13 | Return, O LORD; how long *will you* ***tarry***? \*  be gracious *to your* ***servants***. |

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| 14 | Satisfy us by your loving-kindness *in the* ***morning***; \*  so shall we rejoice and be glad all the *days of* ***our life***. |
| 15 | Make us glad by the measure of the days that you *afflic****ted us*** \*  and the years in which we suffered *adver****sity***. |
| 16 | Show your *servants* ***your works*** \*  and your splendor *to their* ***children***. |
| 17 | May the graciousness of the LORD our God *be up****on us***; \*  prosper the work of our hands;  prosper *our han****diwork***. |
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|  | **91** *Qui habitat* |
| 1 | He who dwells in the shelter *of the* ***Most High***, \*  abides under the shadow of *the Al****mighty***. |
| 2 | He shall say to the LORD,  "You are my refuge *and my* ***stronghold***, \*  my God in whom *I put* ***my trust***." |
| 3 | He shall deliver you from the snare *of the* ***hunter*** \*  and from the dead*ly pes****tilence***. |
| 4 | He shall cover you with his pinions,  and you shall find refuge *under* ***his wings***; \*  his faithfulness shall be a *shield and* ***buckler***. |
| 5 | You shall not be afraid of any *terror* ***by night***, \*  nor of the arrow *that flies* ***by day***; |
| 6 | Of the plague that stalks *in the* ***darkness***, \*  nor of the sickness that lays *waste at* ***mid-day***. |
| 7 | A thousand shall fall at your side  and ten thousand *at your* ***right hand***, \*  but it shall *not come* ***near you***. |

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| 8 | Your eyes have on*ly to* ***behold*** \*  to see the reward *of the* ***wicked***. |
| 9 | Because you have made the *LORD your* ***refuge***, \*  and the Most High your *habi****tation***, |
| 10 | There shall no evil *happen* ***to you***, \*  neither shall any plague come *near your* ***dwelling***. |
| 11 | For he shall give his angels *charge o****ver you***, \*  to keep you *in all* ***your ways***. |
| 12 | They shall bear *you in* ***their hands***, \*  lest you dash your foot *against* ***a stone***. |
| 13 | You shall tread upon the lion *and the* ***adder***; \*  you shall trample the young lion and the serpent *under* ***your feet***. |
| 14 | Because he is bound to me in love,  therefore will I *deli****ver him***; \*  I will protect him, because *he knows* ***my Name***. |
| 15 | He shall call upon me, and I *will an****swer him***; \*  I am with him in trouble;  I will rescue him and bring *him to* ***honor***. |
| 16 | With long life will I *satis****fy him***, \*  and show him *my sal****vation***. |
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|  | **92** *Bonum est confiteri* |
| 1 | It is a good thing to give *thanks to* ***the LORD***, \*  and to sing praises to your *Name, O* ***Most High***; |
| 2 | To tell of your loving-kindness early *in the* ***morning*** \*  and of your faithfulness in *the night* ***season***; |

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| 3 | On the psaltery, *and on* ***the lyre***, \*  and to the melo*dy of* ***the harp***. |
| 4 | For you have made me glad by *your acts,* ***O LORD***; \*  and I shout for joy because of the *works of* ***your hands***. |
| 5 | LORD, how *great are* ***your works***! \*  your thoughts *are ve****ry deep***. |
| 6 | The dullard does not know,  nor does the *fool un****derstand***, \*  that though the wicked grow like weeds,  and all the workers of ini*quity* ***flourish***, |
| 7 | They flourish only to be de*stroyed for* ***ever***; \*  but you, O LORD, are exalted *for e****vermore***. |
| 8 | For lo, your enemies, O LORD,  lo, your ene*mies shall* ***perish***, \*  and all the workers of iniquity *shall be* ***scattered***. |
| 9 | But my horn you have exalted like the *horns of* ***wild bulls***; \*  I am anoin*ted with* ***fresh oil***. |
| 10 | My eyes also gloat over *my en****emies***, \*  and my ears rejoice to hear the doom of the wicked who rise *up a****gainst me***. |
| 11 | The righteous shall flourish *like a* ***palm tree***, \*  and shall spread abroad like a cedar *of Le****banon***. |
| 12 | Those who are planted in the *house of* ***the LORD*** \*  shall flourish in the *courts of* ***our God***; |
| 13 | They shall still bear *fruit in* ***old age***; \*  they shall be green *and suc****culent***; |
| 14 | That they may show how up*right the* ***LORD is***, \*  my Rock, in whom *there is* ***no fault***. |

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|  | **93** *Dominus regnavit* |
| 1 | The LORD is King;  he has put on splen*did ap****parel***; \*  the LORD has put on his apparel  and girded *himself* ***with strength***. |
| 2 | He has made the *whole world* ***so sure*** \*  that it *cannot* ***be moved***; |
| 3 | Ever since the world began, your throne has *been e****stablished***; \*  you are from *ever****lasting***. |
| 4 | The waters have lifted up, O LORD,  the waters have lif*ted up* ***their voice***; \*  the waters have lifted up *their poun****ding waves***. |
| 5 | Mightier than the sound of many waters,  mightier than the brea*kers of* ***the sea***, \*  mightier is the LORD *who dwells* ***on high***. |
| 6 | Your testimonies *are ve****ry sure***, \*  and holiness adorns your house, O LORD,  for ever and *for e****vermore***. |
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|  | **94** *Deus ultionum* |
| 1 | O LORD *God of* ***vengeance***, \*  O God of ven*geance, show* ***yourself***. |
| 2 | Rise up, O *Judge of* ***the world***; \*  give the arrogant *their just* ***deserts***. |
| 3 | How long shall the *wicked,* ***O LORD***, \*  how long shall the *wicked* ***triumph***? |

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| 4 | They bluster in *their in****solence***; \*  all evildoers are *full of* ***boasting***. |
| 5 | They crush your *people,* ***O LORD***, \*  and afflict your *chosen* ***nation***. |
| 6 | They murder the widow *and the* ***stranger*** \*  and put the *orphans* ***to death***. |
| 7 | Yet they say, "The *LORD does* ***not see***, \*  the God of Jacob *takes no* ***notice***." |
| 8 | Consider well, you dullards a*mong the* ***people***; \*  when will you *fools un****derstand***? |
| 9 | He that planted the ear, *does he* ***not hear***? \*  he that formed the eye, *does he* ***not see***? |
| 10 | He who admonishes the nations, will *he not* ***punish***? \*  he who teaches all the world, has *he no* ***knowledge***? |
| 11 | The LORD knows *our hu****man thoughts***; \*  how like a puff *of wind* ***they are***. |
| 12 | Happy are they whom you *instruct,* ***O Lord***! \*  whom you teach *out of* ***your law***; |
| 13 | To give them rest *in e****vil days***, \*  until a pit is dug *for the* ***wicked***. |
| 14 | For the LORD will not aban*don his* ***people***, \*  nor will he *forsake* ***his own***. |
| 15 | For judgment will *again* ***be just***, \*  and all the true of heart *will fol****low it***. |
| 16 | Who rose up for me a*gainst the* ***wicked***? \*  who took my part against the *evil****doers***? |
| 17 | If the LORD had not *come to* ***my help***, \*  I should soon have dwelt in the *land of* ***silence***. |

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| 18 | As often as I said, "*My foot* ***has slipped***," \*  your love, O *LORD, up****held me***. |
| 19 | When many *cares fill* ***my mind***, \*  your consola*tions cheer* ***my soul***. |
| 20 | Can a corrupt tribunal have a*ny part* ***with you***, \*  one which frames e*vil in****to law***? |
| 21 | They conspire against the *life of* ***the just*** \*  and condemn the in*nocent* ***to death***. |
| 22 | But the LORD has be*come my* ***stronghold***, \*  and my God the *rock of* ***my trust***. |
| 23 | He will turn their wickedness back upon them  and destroy them in *their own* ***malice***; \*  the LORD our God *will de****stroy them***. |
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|  | **95** *Venite, exultemus* |
| 1 | Come, let us *sing to* ***the LORD***; \*  let us shout for joy to the Rock of *our sal****vation***. |
| 2 | Let us come before his presence *with thanks****giving*** \*  and raise a loud shout *to him* ***with psalms***. |
| 3 | For the LORD *is a* ***great God***, \*  and a great King *above* ***all gods***. |
| 4 | In his hand are the ca*verns of* ***the earth***, \*  and the heights of the hills *are his* ***also***. |
| 5 | The sea is his, *for he* ***made it***, \*  and his hands have mol*ded the* ***dry land***. |

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| 6 | Come, let us bow down, *and bend* ***the knee***, \*  and kneel before the *LORD our* ***Maker***. |
| 7 | For he is our God,  and we are the people of his pasture and the *sheep of* ***his hand***. \*  Oh, that today you would hear*ken to* ***his voice***! |
| 8 | Harden not your hearts,  as your forebears did in *the* *wil****derness***, \*  at Meribah, and on that day at Massah,  when *they temp****ted me***. |
| 9 | They put *me to* ***the test***, \*  though they *had seen* ***my works***. |
| 10 | Forty years long I detested that gene*ration* ***and said***, \*  "This people are wayward in their hearts;  they do *not know* ***my ways***." |
| 11 | So I *swore in* ***my wrath***, \*  "They shall not enter *into* ***my rest***." |
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|  | **96** *Cantate Domino* |
| 1 | Sing to the *LORD a* ***new song***; \*  sing to the LORD, *all the* ***whole earth***. |
| 2 | Sing to the LORD *and bless* ***his Name***; \*  proclaim the good news of his salvation *from day* ***to day***. |
| 3 | Declare his glory a*mong the* ***nations*** \*  and his wonders a*mong all* ***peoples***. |
| 4 | For great is the LORD and great*ly to* ***be praised***; \*  he is more to be *feared than* ***all gods***. |

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| 5 | As for all the gods of the nations, they *are but* ***idols***; \*  but it is the LORD who *made the* ***heavens***. |
| 6 | Oh, the majesty and magnificence *of his* ***presence***! \*  Oh, the power and the splendor of his *sanctu****ary***! |
| 7 | Ascribe to the LORD, you families *of the* ***peoples***; \*  ascribe to the LORD ho*nor and* ***power***. |
| 8 | Ascribe to the LORD the ho*nor due* ***his Name***; \*  bring offerings and come *into* ***his courts***. |
| 9 | Worship the LORD in the beauty *of ho****liness***; \*  let the whole earth trem*ble be****fore him***. |
| 10 | Tell it out among the nations: "*The LORD* ***is King***! \*  he has made the world so firm that it cannot be moved;  he will judge the peoples *with e****quity***." |
| 11 | Let the heavens rejoice, and let the earth be glad;  let the sea thunder and all *that is* ***in it***; \*  let the field be joyful and all *that is* ***therein***. |
| 12 | Then shall all the trees of the wood shout for joy  before the *LORD when* ***he comes***, \*  when he comes *to judge* ***the earth***. |
| 13 | He will judge the world *with right****eousness*** \*  and the peo*ples with* ***his truth***. |
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|  | **97** *Dominus regnavit* |
| 1 | The LORD is King;  let *the earth* ***rejoice***; \*  let the multitude of *the isles* ***be glad***. |
| 2 | Clouds and darkness are *round a****bout him***, \*  righteousness and justice are the founda*tions of* ***his throne***. |

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| 3 | A fire *goes be****fore him*** \*  and burns up his enemies *on eve****ry side***. |
| 4 | His lightnings *light up* ***the world***; \*  the earth sees it *and is* ***afraid***. |
| 5 | The mountains melt like wax at the pre*sence of* ***the LORD***, \*  at the presence of the Lord *of the* ***whole earth***. |
| 6 | The heavens declare *his right****eousness***, \*  and all the peoples *see his* ***glory***. |
| 7 | Confounded be all who worship carved images  and de*light in* ***false gods***! \*  Bow down before *him, all* ***you gods***. |
| 8 | Zion hears and is glad, and the cities of *Judah* ***rejoice***, \*  because of your *judgments,* ***O LORD***. |
| 9 | For you are the LORD,  most high o*ver all* ***the earth***; \*  you are exalted far *above* ***all gods***. |
| 10 | The LORD loves those *who hate* ***evil***; \*  he preserves the lives of his saints  and delivers them from the hand *of the* ***wicked***. |
| 11 | Light has sprung up *for the* ***righteous***, \*  and joyful gladness for those who *are true****hearted***. |
| 12 | Rejoice in the *LORD, you* ***righteous***, \*  and give thanks to *his ho****ly Name***. |
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|  | **98** *Cantate Domino* |
| 1 | Sing to the *LORD a* ***new song***, \*  for he has done *marve****lous things***. |

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| 2 | With his right hand and *his ho****ly arm*** \*  has he won for himself *the vic****tory***. |
| 3 | The LORD has made known *his vic****tory***; \*  his righteousness has he openly shown in the sight *of the* ***nations***. |
| 4 | He remembers his mercy and faithfulness to the house *of Is****rael***, \*  and all the ends of the earth have seen the victo*ry of* ***our God***. |
| 5 | Shout with joy to the *LORD, all* ***you lands***; \*  lift up your voice, *rejoice,* ***and sing***. |
| 6 | Sing to the *LORD with* ***the harp***, \*  with the harp and *the voice* ***of song***. |
| 7 | With trumpets and the *sound of* ***the horn*** \*  shout with joy before *the King,* ***the LORD***. |
| 8 | Let the sea make a noise and all *that is* ***in it***, \*  the lands and those *who dwell* ***therein***. |
| 9 | Let the ri*vers clap* ***their hands***, \*  and let the hills ring out with joy before the LORD,  when he comes *to judge* ***the earth***. |
| 10 | In righteousness shall *he judge* ***the world*** \*  and the peoples *with e****quity***. |
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|  | **99** *Dominus regnavit* |
| 1 | The LORD is King;  let the *people* ***tremble***; \*  he is enthroned upon the cherubim;  *let the* ***earth shake***. |

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| 2 | The LORD is *great in* ***Zion***; \*  he is high a*bove all* ***peoples***. |
| 3 | Let them confess his Name, which is *great and* ***awesome***; \*  he is *the Ho****ly One***. |
| 4 | "O mighty King, lover of justice,  you have estab*lished e****quity***; \*  you have executed justice and righteous*ness in* ***Jacob***." |
| 5 | Proclaim the greatness of the LORD our God  and fall down be*fore his* ***footstool***; \*  he is *the Ho****ly One***. |
| 6 | Moses and Aaron among his priests,  and Samuel among those who call *upon* ***his Name***, \*  they called upon the LORD, and *he an****swered them***. |
| 7 | He spoke to them out of the *pillar* ***of cloud***; \*  they kept his testimonies and the decree *that he* ***gave them***. |
| 8 | "O LORD our God, you an*swered them* ***indeed***; \*  you were a God who forgave them,  yet punished them for *their e****vil deeds***." |
| 9 | Proclaim the greatness of the LORD our God  and worship him upon *his ho****ly hill***; \*  for the LORD our God is *the Ho****ly One***. |
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|  | **100** *Jubilate Deo* |
| 1 | Be joyful in the *LORD, all* ***you lands***; \*  serve the LORD with gladness  and come before his pre*sence with* ***a song***. |
| 2 | Know this: The LORD *himself* ***is God***; \*  he himself has made us, and we are his;  we are his people and the sheep *of his* ***pasture***. |

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| 3 | Enter his gates with thanksgiving;  go into *his courts* ***with praise***; \*  give thanks to him and call *upon* ***his Name***. |
| 4 | For the LORD is good;  his mercy is *ever****lasting***; \*  and his faithfulness endures *from age* ***to age***. |
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|  | **101** *Misericordiam et judicium* |
| 1 | I will sing of mer*cy and* ***justice***; \*  to you, O LORD, will *I sing* ***praises***. |
| 2 | I will strive to follow a blameless course;  oh, when will *you come* ***to me***? \*  I will walk with sincerity of heart *within* ***my house***. |
| 3 | I will set no worthless thing *before* ***my eyes***; \*  I hate the doers of evil deeds;  they shall not *remain* ***with me***. |
| 4 | A crooked heart shall *be far* ***from me***; \*  I will *not know* ***evil***. |
| 5 | Those who in secret slander their neighbors *I will* ***destroy***; \*  those who have a haughty look and a proud heart I *cannot* ***abide***. |
| 6 | My eyes are upon the faithful in the land, that they *may* *dwell* ***with me***, \*  and only those who lead a blameless life shall *be my* ***servants***. |
| 7 | Those who act deceitfully shall not *dwell in* ***my house***, \*  and those who tell lies shall not conti*nue in* ***my sight***. |
| 8 | I will soon destroy all the wic*ked in* ***the land***, \*  that I may root out all evildoers from the ci*ty of* ***the LORD***. |

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|  | **102** *Domine, exaudi* |
| 1 | LORD, hear my prayer, and let my cry *come be****fore you***; \*  hide not your face from me in the day *of my* ***trouble***. |
| 2 | Incline *your ear* ***to me***; \*  when I call, make haste *to an****swer me***, |
| 3 | For my days drift *away* ***like smoke***, \*  and my bones are hot *as bur****ning coals***. |
| 4 | My heart is smitten like *grass and* ***withered***, \*  so that I forget *to eat* ***my bread***. |
| 5 | Because of the voice *of my* ***groaning*** \*  I am *but skin* ***and bones***. |
| 6 | I have become like a vulture in *the wil****derness***, \*  like an owl *among* ***the ruins***. |
| 7 | I lie *awake* ***and groan***; \*  I am like a sparrow, lonely *on a* ***house-top***. |
| 8 | My enemies revile *me all* ***day long***, \*  and those who scoff at me have taken an *oath a****gainst me***. |
| 9 | For I have eaten *ashes* ***for bread*** \*  and mingled my *drink with* ***weeping***. |
| 10 | Because of your indig*nation* ***and wrath*** \*  you have lifted me up and *thrown me* ***away***. |
| 11 | My days pass away *like a* ***shadow***, \*  and I wi*ther like* ***the grass***. |
| 12 | But you, O LORD, en*dure for* ***ever***, \*  and your Name *from age* ***to age***. |

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| 13 | You will arise and have compassion on Zion,  for it is time to have mer*cy u****pon her***; \*  indeed, the appoin*ted time* ***has come***. |
| 14 | For your servants love her *very* ***rubble***, \*  and are moved to pity e*ven for* ***her dust***. |
| 15 | The nations shall fear *your Name,* ***O LORD***, \*  and all the kings of the *earth your* ***glory***. |
| 16 | For the LORD will *build up* ***Zion***, \*  and his glo*ry will* ***appear***. |
| 17 | He will look with favor on the prayer *of the* ***homeless***; \*  he will not *despise* ***their plea***. |
| 18 | Let this be written for a future *gene****ration***, \*  so that a people yet unborn *may praise* ***the LORD***. |
| 19 | For the LORD looked down from his ho*ly place* ***on high***; \*  from the heavens he *beheld* ***the earth***; |
| 20 | That he might hear the groan *of the* ***captive*** \*  and set free those *condemned* ***to die***; |
| 21 | That they may declare in Zion the *Name of* ***the LORD***, \*  and his praise in *Jeru****salem***; |
| 22 | When the peoples are ga*thered to****gether***, \*  and the kingdoms also, *to serve* ***the LORD***. |
| 23 | He has brought down my strength *before* ***my time***; \*  he has shortened the num*ber of* ***my days***; |
| 24 | And I said, "O my God,  do not take me away in the *midst of* ***my days***; \*  your years endure throughout all *gene****rations***. |
| 25 | In the beginning, O LORD, you laid the founda*tions of* ***the earth***, \*  and the heavens are the *work of* ***your hands***; |

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| 26 | They shall perish, but you will endure;  they all shall wear out *like a* ***garment***; \*  as clothing you will change them,  and *they shall* ***be changed***; |
| 27 | But you are *always* ***the same***, \*  and your years *will ne****ver end***. |
| 28 | The children of your servants *shall con****tinue***, \*  and their offspring shall stand *fast in* ***your sight***." |
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|  | **103** *Benedic, anima mea* |
| 1 | Bless the *LORD, O* ***my soul***, \*  and all that is within me, bless *his ho****ly Name***. |
| 2 | Bless the *LORD, O* ***my soul***, \*  and forget not all *his be****nefits***. |
| 3 | He for*gives all* ***your sins*** \*  and heals all your *infir****mities***; |
| 4 | He redeems your *life from* ***the grave*** \*  and crowns you with mercy and *loving-****kindness***; |
| 5 | He satisfies *you with* ***good things***, \*  and your youth is renewed *like an* ***eagle's***. |
| 6 | The LORD exe*cutes right****eousness*** \*  and judgment for all *who are* ***oppressed***. |
| 7 | He made his ways *known to* ***Moses*** \*  and his works to the children *of Is****rael***. |
| 8 | The LORD is full of compas*sion and* ***mercy***, \*  slow to anger and *of great* ***kindness***. |
| 9 | He will not al*ways ac****cuse us***, \*  nor will he keep his an*ger for* ***ever***. |

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| 10 | He has not dealt with us accor*ding to* ***our sins***, \*  nor rewarded us according to *our wic****kedness***. |
| 11 | For as the heavens are high *above* ***the earth***, \*  so is his mercy great upon *those who* ***fear him***. |
| 12 | As far as the east *is from* ***the west***, \*  so far has he removed *our sins* ***from us***. |
| 13 | As a father cares *for his* ***children***, \*  so does the LORD care for *those who* ***fear him***. |
| 14 | For he himself knows where*of we* ***are made***; \*  he remembers that *we are* ***but dust***. |
| 15 | Our days *are like* ***the grass***; \*  we flourish like a flo*wer of* ***the field***; |
| 16 | When the wind goes over *it, it* ***is gone***, \*  and its place shall *know it* ***no more***. |
| 17 | But the merciful goodness of the LORD endures for ever on *those who* ***fear him***, \*  and his righteousness on *children's* ***children***; |
| 18 | On those who keep *his co****venant*** \*  and remember his command*ments and* ***do them***. |
| 19 | The LORD has set his *throne in* ***heaven***, \*  and his kingship has domin*ion o****ver all***. |
| 20 | Bless the LORD, you angels of his,  you mighty ones who *do his* ***bidding***, \*  and hearken to the *voice of* ***his word***. |
| 21 | Bless the LORD, *all you* ***his hosts***, \*  you ministers of his *who do* ***his will***. |
| 22 | Bless the LORD, all you works of his,  in all places of *his do****minion***; \*  bless the *LORD, O* ***my soul***. |

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|  | **104** *Benedic, anima mea* |
| 1 | Bless the *LORD, O* ***my soul***; \*  O LORD my God, how excellent is your greatness!  you are clothed with majes*ty and* ***splendor***. |
| 2 | You wrap yourself with light *as with* ***a cloak*** \*  and spread out the heavens *like a* ***curtain***. |
| 3 | You lay the beams of your chambers in the *waters* ***above***; \*  you make the clouds your chariot;  you ride on the *wings of* ***the wind***. |
| 4 | You make the winds *your mes****sengers*** \*  and flames of *fire your* ***servants***. |
| 5 | You have set the earth upon *its foun****dations***, \*  so that it never shall move *at a****ny time***. |
| 6 | You covered it with the Deep as *with a* ***mantle***; \*  the waters stood higher *than the* ***mountains***. |
| 7 | At your *rebuke* ***they fled***; \*  at the voice of your thunder they *hastened* ***away***. |
| 8 | They went up into the hills and down to the *valleys* ***beneath***, \*  to the places you had ap*pointed* ***for them***. |
| 9 | You set the limits that *they should* ***not pass***; \*  they shall not again *cover* ***the earth***. |
| 10 | You send the springs in*to the* ***valleys***; \*  they flow be*tween the* ***mountains***. |
| 11 | All the beasts of the field drink *their fill* ***from them***, \*  and the wild as*ses quench* ***their thirst***. |
| 12 | Beside them the birds of the *air make* ***their nests*** \*  and sing a*mong the* ***branches***. |

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| 13 | You water the mountains from your *dwelling* ***on high***; \*  the earth is fully satisfied by the *fruit of* ***your works***. |
| 14 | You make grass grow *for flocks* ***and herds*** \*  and plants *to serve* ***mankind***; |
| 15 | That they may bring forth *food from* ***the earth***, \*  and wine to *gladden* ***our hearts***, |
| 16 | Oil to make a cheer*ful coun****tenance***, \*  and bread to *strengthen* ***the heart***. |
| 17 | The trees of the LORD *are full* ***of sap***, \*  the cedars of Lebanon *which he* ***planted***, |
| 18 | In which the *birds build* ***their nests***, \*  and in whose tops the stork *makes his* ***dwelling***. |
| 19 | The high hills are a refuge for *the moun****tain goats***, \*  and the stony cliffs for *the rock* ***badgers***. |
| 20 | You appointed the moon to *mark the* ***seasons***, \*  and the sun knows the time *of its* ***setting***. |
| 21 | You make darkness that *it may* ***be night***, \*  in which all the beasts of *the fo****rest prowl***. |
| 22 | The lions roar *after* ***their prey*** \*  and seek *their food* ***from God***. |
| 23 | The sun rises, and *they slip* ***away*** \*  and lay themselves *down in* ***their dens***. |
| 24 | Man goes *forth to* ***his work*** \*  and to his labor un*til the* ***evening***. |
| 25 | O LORD, how mani*fold are* ***your works***! \*  in wisdom you have made them all;  the earth is full *of your* ***creatures***. |

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| 26 | Yonder is the great and wide sea  with its living things too ma*ny to* ***number***, \*  creatures *both small* ***and great***. |
| 27 | There move the ships,  and there is that *Levi****athan***, \*  which you have made for *the sport* ***of it***. |
| 28 | All of *them look* ***to you*** \*  to give them their food *in due* ***season***. |
| 29 | You give it to them; *they ga****ther it***; \*  you open your hand, and they are *filled with* ***good things***. |
| 30 | You hide your face, and they *are ter****rified***; \*  you take away their breath,  and they die and re*turn to* ***their dust***. |
| 31 | You send forth your Spirit, and they *are cre****ated***; \*  and so you renew the *face of* ***the earth***. |
| 32 | May the glory of the LORD en*dure for* ***ever***; \*  may the LORD rejoice *in all* ***his works***. |
| 33 | He looks at the earth *and it* ***trembles***; \*  he touches the moun*tains and* ***they smoke***. |
| 34 | I will sing to the LORD as *long as* ***I live***; \*  I will praise my God while I *have my* ***being***. |
| 35 | May these words *of mine* ***please him***; \*  I will re*joice in* ***the LORD***. |
| 36 | Let sinners be consumed *out of* ***the earth***, \*  and the wic*ked be* ***no more***. |
| 37 | Bless the *LORD, O* ***my soul***. \*  *Halle****lujah***! |

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|  | **105** |
|  | **Part I** *Confitemini Domino* |
| 1 | Give thanks to the LORD and call *upon* ***his Name***; \*  make known his deeds a*mong the* ***peoples***. |
| 2 | Sing to him, sing *praises* ***to him***, \*  and speak of all his *marve****lous works***. |
| 3 | Glory in *his ho****ly Name***; \*  let the hearts of those who seek *the LORD* ***rejoice***. |
| 4 | Search for the *LORD and* ***his strength***; \*  continual*ly seek* ***his face***. |
| 5 | Remember the mar*vels he* ***has done***, \*  his wonders and the judg*ments of* ***his mouth***, |
| 6 | O offspring of Abra*ham his* ***servant***, \*  O children of Ja*cob his* ***chosen***. |
| 7 | He is *the LORD* ***our God***; \*  his judgments prevail *in all* ***the world***. |
| 8 | He has always been mindful of *his co****venant***, \*  the promise he made for a thousand *gene****rations***: |
| 9 | The covenant he made *with A****braham***, \*  the oath that he *swore to* ***Isaac***, |
| 10 | Which he established as a sta*tute for* ***Jacob***, \*  an everlasting covenant *for Is****rael***, |
| 11 | Saying, "To you will I give the *land of* ***Canaan*** \*  to be your allotted *inher****itance***." |

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| 12 | When they were *few in* ***number***, \*  of little account, and sojour*ners in* ***the land***, |
| 13 | Wandering from na*tion to* ***nation*** \*  and from one kingdom *to a****nother***, |
| 14 | He let no *one op****press them*** \*  and rebuked *kings for* ***their sake***, |
| 15 | Saying, "Do not touch *my a****nointed*** \*  and do my *prophets* ***no harm***." |
| 16 | Then he called for a fa*mine in* ***the land*** \*  and destroyed the *supply* ***of bread***. |
| 17 | He sent a *man be****fore them***, \*  Joseph, who was *sold as* ***a slave***. |
| 18 | They bruised his *feet in* ***fetters***; \*  his neck they put in an *iron* ***collar***. |
| 19 | Until his predic*tion came* ***to pass***, \*  the word of the *LORD tes****ted him***. |
| 20 | The king sent *and re****leased him***; \*  the ruler of the peop*les set* ***him free***. |
| 21 | He set him as a master o*ver his* ***household***, \*  as a ruler over all *his pos****sessions***, |
| 22 | To instruct his princes accor*ding to* ***his will*** \*  and to teach his *elders* ***wisdom***. |
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|  | **Psalm 105: Part II** *Et intravit Israel* |
| 23 | Israel came *into* ***Egypt***, \*  and Jacob became a sojourner in *the land* ***of Ham***. |

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| 24 | The LORD made his people excee*dingly* ***fruitful***; \*  he made them stronger than *their en****emies***; |
| 25 | Whose heart he turned, so that they ha*ted his* ***people***, \*  and dealt unjustly *with his* ***servants***. |
| 26 | He sent Mo*ses his* ***servant***, \*  and Aaron whom *he had* ***chosen***. |
| 27 | They worked his *signs a****mong them***, \*  and portents in *the land* ***of Ham***. |
| 28 | He sent darkness, *and it* ***grew dark***; \*  but the Egyptians rebelled *against* ***his words***. |
| 29 | He turned their wa*ters in****to blood*** \*  and caused *their fish* ***to die***. |
| 30 | Their land was o*verrun* ***by frogs***, \*  in the very cham*bers of* ***their kings***. |
| 31 | He spoke, and there came *swarms of* ***insects*** \*  and gnats within *all their* ***borders***. |
| 32 | He gave them hailstones *instead* ***of rain***, \*  and flames of fire *throughout* ***their land***. |
| 33 | He blasted their vines *and their* ***fig trees*** \*  and shattered every tree *in their* ***country***. |
| 34 | He spoke, and *the lo****cust came***, \*  and young locusts *without* ***number***, |
| 35 | Which ate up all the green *plants in* ***their land*** \*  and devoured the *fruit of* ***their soil***. |
| 36 | He struck down the first*born of* ***their land***, \*  the firstfruits *of all* ***their strength***. |
| 37 | He led out his people with *silver* ***and gold***; \*  in all their tribes there was not *one that* ***stumbled***. |

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| 38 | Egypt was glad *of their* ***going***, \*  because they were *afraid* ***of them***. |
| 39 | He spread out a cloud for *a co****vering*** \*  and a fire to give light in *the night* ***season***. |
| 40 | They asked, *and quails* ***appeared***, \*  and he satisfied them with *bread from* ***heaven***. |
| 41 | He opened the rock, *and wa****ter flowed***, \*  so the river ran in *the dry* ***places***. |
| 42 | For God remembered *his ho****ly word*** \*  and Abra*ham his* ***servant***. |
| 43 | So he led forth his peo*ple with* ***gladness***, \*  his chosen *with shouts* ***of joy***. |
| 44 | He gave his people the lands *of the nations*, \*  and they took the fruit *of o****thers' toil***, |
| 45 | That they might *keep his* ***statutes*** \*  and observe his laws.  *Halle****lujah***! |
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|  | **106** |
|  | **Part I** *Confitemini Domino* |
| 1 | Hallelujah!  Give thanks to the LORD, *for he* ***is good***, \*  for his mercy en*dures for* ***ever***. |
| 2 | Who can declare the mighty *acts of* ***the LORD*** \*  or show *forth all* ***his praise***? |

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| 3 | Happy are those who *act with* ***justice*** \*  and always *do what* ***is right***! |
| 4 | Remember me, O LORD, with the favor you have *for your* ***people***, \*  and visit me with *your sa****ving help***; |
| 5 | That I may see the prosperity of your elect  and be glad with the gladness *of your* ***people***, \*  that I may glory with your *inher****itance***. |
| 6 | We have sinned as *our fore****bears did***; \*  we have done wrong and *dealt wic****kedly***. |
| 7 | In Egypt they did not consider your marvelous works,  nor remember the abun*dance of* ***your love***; \*  they defied the Most High *at the* ***Red Sea***. |
| 8 | But he saved them *for his* ***Name's sake***, \*  to make *his pow****er known***. |
| 9 | He rebuked the Red Sea, *and it* ***dried up***, \*  and he led them through the deep as *through a* ***desert***. |
| 10 | He saved them from the hand of those *who ha****ted them*** \*  and redeemed them from the hand of *the en****emy***. |
| 11 | The waters covered *their op****pressors***; \*  not one *of them* ***was left***. |
| 12 | Then they *believed* ***his words*** \*  and sang *him songs* ***of praise***. |
| 13 | But they soon *forgot* ***his deeds*** \*  and did not wait *for his* ***counsel***. |
| 14 | A craving seized them in *the wil****derness***, \*  and they put God to the test *in the* ***desert***. |

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| 15 | He gave *them what* ***they asked***, \*  but sent leanness *into* ***their soul***. |
| 16 | They envied Mo*ses in* ***the camp***, \*  and Aaron, the holy *one of* ***the LORD****.* |
| 17 | The earth opened and *swallowed* ***Dathan*** \*  and covered the company *of A****biram***. |
| 18 | Fire blazed up against *their com****pany***, \*  and flames de*voured the* ***wicked***. |
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|  | **Psalm 106: Part II** *Et fecerunt vitulum* |
| 19 | Israel made a bull-*calf at* ***Horeb*** \*  and worshiped a *molten* ***image***; |
| 20 | And so they ex*changed their* ***Glory*** \*  for the image of an ox *that feeds* ***on grass***. |
| 21 | They forgot *God their* ***Savior***, \*  who had done great *things in* ***Egypt***, |
| 22 | Wonderful deeds in *the land* ***of Ham***, \*  and fearful things *at the* ***Red Sea***. |
| 23 | So he would have destroyed them,  had not Moses his chosen stood before *him in* ***the breach***, \*  to turn away his wrath from *consu****ming them***. |
| 24 | They refused *the plea****sant land*** \*  and would not be*lieve his* ***promise***. |
| 25 | They grum*bled in* ***their tents*** \*  and would not listen to the *voice of* ***the LORD***. |
| 26 | So he lifted his *hand a****gainst them***, \*  to overthrow them in *the wil****derness***, |

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| 27 | To cast out their seed a*mong the* ***nations***, \*  and to scatter them *throughout* ***the lands***. |
| 28 | They joined themselves to *Baal-****Peor*** \*  and ate sacrifices of*fered to* ***the dead***. |
| 29 | They provoked him to anger *with their* ***actions***, \*  and a plague broke *out a****mong them***. |
| 30 | Then Phinehas stood up and *inter****ceded***, \*  and the plague *came to* ***an end***. |
| 31 | This was reckoned to him *as right****eousness*** \*  throughout all genera*tions for* ***ever***. |
| 32 | Again they provoked his anger at the waters *of Mer****ibah***, \*  so that he punished Moses *because* ***of them***; |
| 33 | For they so embit*tered his* ***spirit*** \*  that he spoke rash *words with* ***his lips***. |
| 34 | They did not des*troy the* ***peoples*** \*  as the LORD had *comman****ded them***. |
| 35 | They intermingled *with the* ***heathen*** \*  and learned *their pa****gan ways***, |
| 36 | So that they wor*shiped their* ***idols***, \*  which became *a snare* ***to them***. |
| 37 | They sac*rificed* ***their sons*** \*  and their daughters to *evil* ***spirits***. |
| 38 | They shed innocent blood,  the blood of their *sons and* ***daughters***, \*  which they offered to the idols of Canaan,  and the land was *defiled* ***with blood***. |

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| 39 | Thus they were polluted *by their* ***actions*** \*  and went whoring in *their e****vil deeds***. |
| 40 | Therefore the wrath of the LORD was kindled a*gainst his* ***people*** \*  and he abhorred his *inher****itance***. |
| 41 | He gave them over to the hand *of the* ***heathen***, \*  and those who hated them *ruled o****ver them***. |
| 42 | Their ene*mies op****pressed them***, \*  and they were humbled *under* ***their hand***. |
| 43 | Many a time did he deliver them,  but they rebelled through their *own de****vices***, \*  and were brought down in their *ini****quity***. |
| 44 | Nevertheless, he *saw their* ***distress***, \*  when he heard their *lamen****tation***. |
| 45 | He remembered his co*venant* ***with them*** \*  and relented in accordance with *his great* ***mercy***. |
| 46 | He caused them *to be* ***pitied*** \*  by those who *held them* ***captive***. |
| 47 | Save us, O LORD our God,  and gather us from a*mong the* ***nations***, \*  that we may give thanks to your holy Name  and glo*ry in* ***your praise***. |
| 48 | Blessed be the LORD, the God of Israel,  from everlasting to *ever****lasting***; \*  and let all the people say, "Amen!"  *Halle****lujah***! |

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|  | **107** |
|  | **Part I** *Confitemini Domino* |
| 1 | Give thanks to the LORD, *for he* ***is good***, \*  and his mercy en*dures for* ***ever***. |
| 2 | Let all those whom the LORD has *redeemed* ***proclaim*** \*  that he redeemed them from the *hand of* ***the foe***. |
| 3 | He gathered them *out of* ***the lands***; \*  from the east and from the west,  from the north *and from* ***the south***. |
| 4 | Some wandered *in de****sert wastes***; \*  they found no way to a city *where they* ***might dwell***. |
| 5 | They were hun*gry and* ***thirsty***; \*  their spirits lan*guished with****in them***. |
| 6 | Then they cried to the LORD *in their* ***trouble***, \*  and he delivered them *from their* ***distress***. |
| 7 | He put their feet *on a* ***straight path*** \*  to go to a city *where they* ***might dwell***. |
| 8 | Let them give thanks to the LORD *for his* ***mercy*** \*  and the wonders he does *for his* ***children***. |
| 9 | For he satis*fies the* ***thirsty*** \*  and fills the hun*gry with* ***good things***. |

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| 10 | Some sat in dark*ness and* ***deep gloom***, \*  bound fast in mis*ery* ***and iron***; |
| 11 | Because they rebelled against *the words* ***of God*** \*  and despised the counsel *of the* ***Most High***. |
| 12 | So he humbled their spirits *with hard* ***labor***; \*  they stumbled, and there *was none* ***to help***. |
| 13 | Then they cried to the LORD *in their* ***trouble***, \*  and he delivered them *from their* ***distress***. |
| 14 | He led them out of dark*ness and* ***deep gloom*** \*  and broke their *bonds a****sunder***. |
| 15 | Let them give thanks to the LORD *for his* ***mercy*** \*  and the wonders he does *for his* ***children***. |
| 16 | For he shatters *the doors* ***of bronze*** \*  and breaks in *two the* ***iron bars***. |
| 17 | Some were fools and took to *rebel****lious ways***; \*  they were afflicted be*cause of* ***their sins***. |
| 18 | They abhorred all *manner* ***of food*** \*  and drew *near to* ***death's door***. |
| 19 | Then they cried to the LORD *in their* ***trouble***, \*  and he delivered them *from their* ***distress***. |
| 20 | He sent forth his *word and* ***healed them*** \*  and saved *them from* ***the grave***. |
| 21 | Let them give thanks to the LORD *for his* ***mercy*** \*  and the wonders he does *for his* ***children***. |
| 22 | Let them offer a sacrifice *of thanks****giving*** \*  and tell of his acts *with shouts* ***of joy***. |

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| 23 | Some went down to *the sea* ***in ships*** \*  and plied their trade *in deep* ***waters***; |
| 24 | They beheld the *works of* ***the LORD*** \*  and his won*ders in* ***the deep***. |
| 25 | Then he spoke, and a stor*my wind* ***arose***, \*  which tossed high the *waves of* ***the sea***. |
| 26 | They mounted up to the heavens and fell *back to* ***the depths***; \*  their hearts melted because *of their* ***peril***. |
| 27 | They reeled and stag*gered like* ***drunkards*** \*  and were *at their* ***wits' end***. |
| 28 | Then they cried to the LORD *in their* ***trouble***, \*  and he delivered them *from their* ***distress***. |
| 29 | He stilled the storm *to a* ***whisper*** \*  and quieted the *waves of* ***the sea***. |
| 30 | Then were they glad be*cause of* ***the calm***, \*  and he brought them to the harbor *they were* ***bound for***. |
| 31 | Let them give thanks to the LORD *for his* ***mercy*** \*  and the wonders he does *for his* ***children***. |
| 32 | Let them exalt him in the congregation *of the* ***people*** \*  and praise him in the council *of the* ***elders***. |
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|  | **Psalm 107: Part II** *Posuit flumina* |
| 33 | The LORD changed rivers *into* ***deserts***, \*  and water-springs in*to thirs****ty ground***, |
| 34 | A fruitful land *into* ***salt flats***, \*  because of the wickedness of *those who* ***dwell there***. |
| 35 | He changed deserts into *pools of* ***water*** \*  and dry land in*to wat****er-springs***. |

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| 36 | He settled *the hun****gry there***, \*  and they founded a ci*ty to* ***dwell in***. |
| 37 | They sowed fields, and *planted* ***vineyards***, \*  and brought in a *fruitful* ***harvest***. |
| 38 | He blessed them, so that they *increased* ***greatly***; \*  he did not let *their herds* ***decrease***. |
| 39 | Yet when they were dimin*ished and* ***brought low***, \*  through stress of adversi*ty and* ***sorrow***, |
| 40 | (He pours con*tempt on* ***princes*** \*  and makes them wander *in track****less wastes***) |
| 41 | He lifted up the poor out *of mis****ery*** \*  and multiplied their families *like flocks* ***of sheep***. |
| 42 | The upright will see *this and* ***rejoice***, \*  but all wickedness *will shut* ***its mouth***. |
| 43 | Whoever is wise will *ponder* ***these things***, \*  and consider well the mer*cies of* ***the LORD***. |
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|  | **108** *Paratum cor meum* |
| 1 | My heart is firmly fixed, O God, *my heart* ***is fixed***; \*  I will sing and *make mel****ody***. |
| 2 | Wake up, my spirit;  a*wake, lute* ***and harp***; \*  I myself will *waken* ***the dawn***. |
| 3 | I will confess you among the *peoples,* ***O LORD***; \*  I will sing praises to you a*mong the* ***nations***. |

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| 4 | For your loving-kindness is greater *than the* ***heavens***, \*  and your faithfulness reach*es to* ***the clouds***. |
| 5 | Exalt yourself above the *heavens,* ***O God***, \*  and your glory o*ver all* ***the earth***. |
| 6 | So that those who are dear to you may *be de****livered***, \*  save with your right hand *and an****swer me***. |
| 7 | God spoke from his ho*ly place* ***and said***, \*  "I will exult and parcel out Shechem;  I will divide the val*ley of* ***Succoth***. |
| 8 | Gilead is mine and Ma*nasseh* ***is mine***; \*  Ephraim is my helmet and Ju*dah my* ***scepter***. |
| 9 | Moab is my washbasin,  on Edom I throw down my san*dal to* ***claim it***, \*  and over Philistia will I *shout in* ***triumph***." |
| 10 | Who will lead me into *the strong* ***city***? \*  who will bring me *into* ***Edom***? |
| 11 | Have you not cast *us off,* ***O God***? \*  you no longer go out, O God, *with our* ***armies***. |
| 12 | Grant us your help against *the en****emy***, \*  for vain is *the help* ***of man***. |
| 13 | With God we will *do val****iant deeds***, \*  and he shall tread our ene*mies un****der foot***. |
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|  | **109** *Deus, laudem* |
| 1 | Hold not your tongue, O *God of* ***my praise***; \*  for the mouth of the wicked,  the mouth of the deceitful, is o*pened a****gainst me***. |

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| 2 | They speak to me with *a* *ly****ing tongue***; \*  they encompass me with hateful words  and fight against me *without* ***a cause***. |
| 3 | Despite my love, *they ac****cuse me***; \*  but as for me, *I pray* ***for them***. |
| 4 | They repay *evil* ***for good***, \*  and ha*tred for* ***my love***. |
| 5 | Set a wicked *man a****gainst him***, \*  and let an accuser stand *at his* ***right hand***. |
| 6 | When he is judged, let him *be found* ***guilty***, \*  and let his ap*peal be* ***in vain***. |
| 7 | Let *his days* ***be few***, \*  and let another *take his* ***office***. |
| 8 | Let his children *be fath****erless***, \*  and his wife be*come a* ***widow***. |
| 9 | Let his children be *waifs and* ***beggars***; \*  let them be driven from the *ruins of* ***their homes***. |
| 10 | Let the creditor seize eve*rything* ***he has***; \*  let strangers *plunder* ***his gains***. |
| 11 | Let there be no one to *show him* ***kindness***, \*  and none to pity his fath*erless* ***children***. |
| 12 | Let his descen*dants be* ***destroyed***, \*  and his name be blotted out in the next *gene****ration***. |
| 13 | Let the wickedness of his fathers be remembered *before* ***the LORD***, \*  and his mother's sin not *be blot****ted out***; |
| 14 | Let their sin be always *before* ***the LORD***; \*  but let him root out their *names from* ***the earth***; |

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| 15 | Because he did not remember *to show* ***mercy***, \*  but persecuted the poor and needy  and sought to kill the *broken****hearted***. |
| 16 | He loved cursing,  let it *come up****on him***; \*  he took no delight in blessing,  let it *depart* ***from him***. |
| 17 | He put on cursing *like a* ***garment***, \*  let it soak into his body like water  and into *his bones* ***like oil***; |
| 18 | Let it be to him like the cloak which he wraps *around* ***himself***, \*  and like the belt that he wears con*tinu****ally***. |
| 19 | Let this be the recompense from the LORD to *my ac****cusers***, \*  and to those who speak e*vil a****gainst me***. |
| 20 | But you, O Lord my God,  oh, deal with me accor*ding to* ***your Name***; \*  for your tender mercy's sake, *deli****ver me***. |
| 21 | For I am *poor and* ***needy***, \*  and my heart is woun*ded with****in me***. |
| 22 | I have faded away like a shadow *when it* ***lengthens***; \*  I am shaken off *like a* ***locust***. |
| 23 | My knees are *weak through* ***fasting***, \*  and my flesh is *wasted* ***and gaunt***. |
| 24 | I have become a *reproach* ***to them***; \*  they see *and shake* ***their heads***. |
| 25 | Help me, *O LORD* ***my God***; \*  save me for *your mer****cy's sake***. |

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| 26 | Let them know that *this is* ***your hand***, \*  that you, O *LORD, have* ***done it***. |
| 27 | They may curse, *but you* ***will bless***; \*  let those who rise up against me be put to shame,  and your ser*vant will* ***rejoice***. |
| 28 | Let my accusers be *clothed with* ***disgrace*** \*  and wrap themselves in their shame *as in* ***a cloak***. |
| 29 | I will give great thanks to the *LORD with* ***my mouth***; \*  in the midst of the multitude *will I* ***praise him***; |
| 30 | Because he stands at the right hand *of the* ***needy***, \*  to save his life from those who *would con****demn him***. |
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|  | **110** *Dixit Dominus* |
| 1 | The LORD said to my Lord, "Sit *at my* ***right hand***, \*  until I make your ene*mies your* ***footstool***." |
| 2 | The LORD will send the scepter of your power *out of* ***Zion***, \*  saying, "Rule over your enemies *round a****bout you***. |
| 3 | Princely state has been yours from the *day of* ***your birth***; \*  in the beauty of holiness have I begotten you,  like dew from the womb *of the* ***morning***." |
| 4 | The LORD has sworn and he *will not* ***recant***: \*  "You are a priest for ever after the order of *Melchi****zedek***." |
| 5 | The Lord who is at your right hand  will smite kings in the *day of* ***his wrath***; \*  he will rule o*ver the* ***nations***. |

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| 6 | He will heap *high the* ***corpses***; \*  he will smash heads o*ver the* ***wide earth***. |
| 7 | He will drink from the brook *beside* ***the road***; \*  therefore he will *lift high* ***his head***. |
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|  | **111** *Confitebor tibi* |
| 1 | Hallelujah!  I will give thanks to the LORD *with my* ***whole heart***, \*  in the assembly of the upright, in the *congre****gation***. |
| 2 | Great are the *deeds of* ***the LORD***! \*  they are studied by all who *delight* ***in them***. |
| 3 | His work is full of majes*ty and* ***splendor***, \*  and his righteousness en*dures for* ***ever***. |
| 4 | He makes his marvelous works to *be re****membered***; \*  the LORD is gracious and full *of com****passion***. |
| 5 | He gives food to *those who* ***fear him***; \*  he is ever mindful of *his co****venant***. |
| 6 | He has shown his people the po*wer of* ***his works*** \*  in giving them the lands *of the* ***nations***. |
| 7 | The works of his hands are faithful*ness and* ***justice***; \*  all his com*mandments* ***are sure***. |
| 8 | They stand fast for ev*er and* ***ever***, \*  because they are done in truth *and e****quity***. |
| 9 | He sent redemption to his people;  he commanded his cove*nant for* ***ever***; \*  holy and awe*some is* ***his Name***. |

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| 10 | The fear of the LORD is the begin*ning of* ***wisdom***; \*  those who act accordingly have a good understanding;  his praise en*dures for* ***ever***. |
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|  | **112** *Beatus vir* |
| 1 | Hallelujah!  Happy are they *who fear* ***the Lord*** \*  and have great delight in *his com****mandments***! |
| 2 | Their descendants will be migh*ty in* ***the land***; \*  the generation of the up*right will* ***be blessed***. |
| 3 | Wealth and riches will *be in* ***their house***, \*  and their righteousness will *last for* ***ever***. |
| 4 | Light shines in the darkness *for the* ***upright***; \*  the righteous are merciful and full *of com****passion***. |
| 5 | It is good for them to be gener*ous in* ***lending*** \*  and to manage their af*fairs with* ***justice***. |
| 6 | For they will nev*er be* ***shaken***; \*  the righteous will be kept in everlast*ing re****membrance***. |
| 7 | They will not be afraid of any *evil* ***rumors***; \*  their heart is right;  they put their *trust in* ***the Lord***. |
| 8 | Their heart is established *and will* ***not shrink***, \*  until they see their desire upon *their en****emies***. |
| 9 | They have given free*ly to* ***the poor***, \*  and their righteousness stands fast for ever;  they will hold up their *head with* ***honor***. |
| 10 | The wicked will see it and be angry;  they will gnash their teeth *and pine* ***away***; \*  the desires of the wick*ed will* ***perish***. |
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|  | **113** *Laudate, pueri* |
| 1 | Hallelujah!  Give praise, you ser*vants of* ***the LORD***; \*  praise the *Name of* ***the LORD***. |
| 2 | Let the Name of *the LORD* ***be blessed***, \*  from this time forth *for ev****ermore***. |
| 3 | From the rising of the sun to *its go****ing down*** \*  let the Name of *the LORD* ***be praised***. |
| 4 | The LORD is high a*bove all* ***nations***, \*  and his glory a*bove the* ***heavens***. |
| 5 | Who is like the LORD our God, who sits *enthroned* ***on high***, \*  but stoops to behold the hea*vens and* ***the earth***? |
| 6 | He takes up the weak *out of* ***the dust*** \*  and lifts up the poor *from the* ***ashes***. |
| 7 | He sets them *with the* ***princes***, \*  with the princes *of his* ***people***. |
| 8 | He makes the woman of *a child****less house*** \*  to be a joyful mo*ther of* ***children***. |
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|  | **114** *In exitu Israel* |
| 1 | Hallelujah!  When Israel came *out of* ***Egypt***, \*  the house of Jacob from a peo*ple of* ***strange speech***, |
| 2 | Judah became God's *sanctu****ary*** \*  and Israel *his do****minion***. |

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| 3 | The sea be*held it* ***and fled***; \*  Jordan *turned and* ***went back***. |
| 4 | The moun*tains skipped* ***like rams***, \*  and the little *hills like* ***young sheep***. |
| 5 | What ailed you, O *sea, that* ***you fled***? \*  O Jordan, *that you* ***turned back***? |
| 6 | You mountains, that *you skipped* ***like rams***? \*  you little *hills like* ***young sheep***? |
| 7 | Tremble, O earth, at the pre*sence of* ***the Lord***, \*  at the presence of the *God of* ***Jacob***, |
| 8 | Who turned the hard rock into a *pool of* ***water*** \*  and flint-stone into *a flow****ing spring***. |
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|  | **115** *Non nobis, Domine* |
| 1 | Not to us, O LORD, not to us,  but to your *Name give* ***glory***; \*  because of your love and because of *your faith****fulness***. |
| 2 | Why should *the hea****then say***, \*  "Where *then is* ***their God***?" |
| 3 | Our God *is in* ***heaven***; \*  whatever he wills *to do* ***he does***. |
| 4 | Their idols are *silver* ***and gold***, \*  the work *of hu****man hands***. |
| 5 | They have mouths, but *they can****not speak***; \*  eyes have they, but *they can****not see***; |
| 6 | They have ears but *they can****not hear***; \*  noses, but *they can****not smell***; |

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| 7 | They have hands, but they cannot feel;  feet, but *they can****not walk***; \*  they make no *sound with* ***their throat***. |
| 8 | Those who make *them are* ***like them***, \*  and so are all who put *their trust* ***in them***. |
| 9 | O Israel, *trust in* ***the LORD***; \*  he is their *help and* ***their shield***. |
| 10 | O house of Aaron, *trust in* ***the LORD***; \*  he is their *help and* ***their shield***. |
| 11 | You who fear the LORD, *trust in* ***the LORD***; \*  he is their *help and* ***their shield***. |
| 12 | The LORD has been mindful of us, and *he will* ***bless us***; \*  he will bless the house of Israel;  he will bless the *house of* ***Aaron***; |
| 13 | He will bless those *who fear* ***the LORD***, \*  both small and *great to****gether***. |
| 14 | May the LORD increase *you more* ***and more***, \*  you and your chil*dren af****ter you***. |
| 15 | May you be *blessed by* ***the LORD***, \*  the maker of *heaven* ***and earth***. |
| 16 | The heaven of hea*vens is* ***the LORD'S***, \*  but he entrusted the earth *to its* ***peoples***. |
| 17 | The dead do *not praise* ***the LORD***, \*  nor all those who go down *into* ***silence***; |
| 18 | But we *will bless* ***the LORD***, \*  from this time forth for evermore.  *Halle****lujah***! |

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|  | **116** *Dilexi, quoniam* |
| 1 | I love the LORD, because he has heard the voice of my *suppli****cation***, \*  because he has inclined his ear to me whenever I *called up****on him***. |
| 2 | The cords of death entangled me;  the grip of the grave *took hold* ***of me***; \*  I came to *grief and* ***sorrow***. |
| 3 | Then I called upon the *Name of* ***the LORD***: \*  "O LORD, I pray *you, save* ***my life***." |
| 4 | Gracious is the *LORD and* ***righteous***; \*  our God is full *of com****passion***. |
| 5 | The LORD watches over *the in****nocent***; \*  I was brought very low, *and he* ***helped me***. |
| 6 | Turn again to your *rest, O* ***my soul***. \*  for the LORD has *treated* ***you well***. |
| 7 | For you have rescued *my life* ***from death***, \*  my eyes from tears, and my *feet from* ***stumbling***. |
| 8 | I will walk in the pre*sence of* ***the LORD*** \*  in the land *of the* ***living***. |
| 9 | I believed, even when I said,  "I have been *brought* ***very low***." \*  In my distress I said, "No one *can be* ***trusted***." |
| 10 | How shall I *repay* ***the LORD*** \*  for all the good things he *has done* ***for me***? |
| 11 | I will lift up the cup *of sal****vation*** \*  and call upon the *Name of* ***the LORD***. |

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| 12 | I will fulfill my *vows to* ***the LORD*** \*  in the presence of *all his* ***people***. |
| 13 | Precious in the *sight of* ***the LORD*** \*  is the death *of his* ***servants***. |
| 14 | O LORD, I *am your* ***servant***; \*  I am your servant and the child of your handmaid;  you have freed *me from* ***my bonds***. |
| 15 | I will offer you the sacrifice *of thanks****giving*** \*  and call upon the *Name of* ***the LORD***. |
| 16 | I will fulfill my *vows to* ***the LORD*** \*  in the presence of *all his* ***people***, |
| 17 | In the courts *of the* ***LORD'S house***, \*  in the midst of you, O Jerusalem.  *Halle****lujah***! |
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|  | **117** *Laudate Dominum* |
| 1 | Praise the LORD, *all you* ***nations***; \*  laud him, *all you* ***peoples***. |
| 2 | For his loving-kindness *toward us* ***is great***, \*  and the faithfulness of the LORD endures for ever.  *Halle****lujah***! |
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|  | **118** *Confitemini Domino* |
| 1 | Give thanks to the LORD, *for he* ***is good***; \*  his mercy en*dures for* ***ever***. |
| 2 | Let Isra*el now* ***proclaim***, \*  "His mercy en*dures for* ***ever***." |

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| 3 | Let the house of Aa*ron now* ***proclaim***, \*  "His mercy en*dures for* ***ever***." |
| 4 | Let those who fear the *LORD now* ***proclaim***, \*  "His mercy en*dures for* ***ever***." |
| 5 | I called to the LORD *in my* ***distress***; \*  the LORD answered by *setting* ***me free***. |
| 6 | The LORD is at my side, therefore *I will* ***not fear***; \*  what can any*one do* ***to me***? |
| 7 | The LORD is at my *side to* ***help me***; \*  I will triumph over *those who* ***hate me***. |
| 8 | It is better to re*ly on* ***the LORD*** \*  than to put a*ny trust* ***in flesh***. |
| 9 | It is better to re*ly on* ***the LORD*** \*  than to put any *trust in* ***rulers***. |
| 10 | All the ungodly *encom****pass me***; \*  in the Name of the LORD I *will re****pel them***. |
| 11 | They hem me in, they hem me in *on eve****ry side***; \*  in the name of the LORD I *will re****pel them***. |
| 12 | They swarm about me like bees;  they blaze like *a fire* ***of thorns***; \*  in the name of the LORD I *will re****pel them***. |
| 13 | I was pressed so hard that *I al****most fell***, \*  but the LORD *came to* ***my help***. |
| 14 | The LORD is my *strength and* ***my song***, \*  and he has become *my sal****vation***. |
| 15 | There is a sound of exultation *and vic****tory*** \*  in the tents *of the* ***righteous***: |

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| 16 | "The right hand of the *LORD has* ***triumphed***! \*  the right hand of the LORD is exalted!  the right hand of the *LORD has* ***triumphed***!" |
| 17 | I shall *not die,* ***but live***, \*  and declare the *works of* ***the LORD***. |
| 18 | The LORD has pun*ished me* ***sorely***, \*  but he did not hand me *over* ***to death***. |
| 19 | Open for me the gates *of right****eousness***; \*  I will enter them;  I will offer *thanks to* ***the LORD***. |
| 20 | "This is the *gate of* ***the LORD***; \*  he who is right*eous may* ***enter***." |
| 21 | I will give thanks to you, for *you an****swered me*** \*  and have become *my sal****vation***. |
| 22 | The same stone which the buil*ders re****jected*** \*  has become the *chief cor****nerstone***. |
| 23 | This is *the LORD'S* ***doing***, \*  and it is marve*lous in* ***our eyes***. |
| 24 | On this day the *LORD has* ***acted***; \*  we will rejoice and *be glad* ***in it***. |
| 25 | Hosanna, *LORD, ho****sanna***! \*  LORD, send *us now* ***success***. |
| 26 | Blessed is he who comes in the *name of* ***the LORD***; \*  we bless you from the *house of* ***the LORD***. |
| 27 | God is the LORD; he has *shined up****on us***; \*  form a procession with branches up to the horns *of the* ***altar***. |

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| 28 | "You are my God, and *I will* ***thank you***; \*  you are my God, and I *will ex****alt you***." |
| 29 | Give thanks to the LORD, *for he* ***is good***; \*  his mercy en*dures for* ***ever***. |
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|  | **119** |
|  | **א Aleph** *Beati immaculati* |
| 1 | Happy are they whose *way is* ***blameless***, \*  who walk in the *law of* ***the LORD***! |
| 2 | Happy are they who ob*serve his* ***decrees*** \*  and seek him *with all* ***their hearts***! |
| 3 | Who never *do a****ny wrong***, \*  but always *walk in* ***his ways***. |
| 4 | You laid down *your com****mandments***, \*  that we should *fully* ***keep them***. |
| 5 | Oh, that my ways were *made so* ***direct*** \*  that I might *keep your* ***statutes***! |
| 6 | Then I should not *be put* ***to shame***, \*  when I regard all *your com****mandments***. |
| 7 | I will thank you with *an un****feigned heart***, \*  when I have learned your *righteous* ***judgments***. |
| 8 | I will *keep your* ***statutes***; \*  do not utter*ly for****sake me***. |
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|  | **ב Beth** *In quo corrigit?* |
| 9 | How shall a young *man cleanse* ***his way***? \*  By keep*ing to* ***your words***. |
| 10 | With my whole *heart I* ***seek you***; \*  let me not stray from *your com****mandments***. |
| 11 | I treasure your pro*mise in* ***my heart***, \*  that I may not *sin a****gainst you***. |
| 12 | Blessed *are you,* ***O LORD***; \*  instruct me *in your* ***statutes***. |
| 13 | With my lips *will I* ***recite*** \*  all the judg*ments of* ***your mouth***. |
| 14 | I have taken greater delight in the way *of your* ***decrees*** \*  than in all man*ner of* ***riches***. |
| 15 | I will meditate on *your com****mandments*** \*  and give atten*tion to* ***your ways***. |
| 16 | My delight is *in your* ***statutes***; \*  I will not *forget* ***your word***. |
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|  | **ג Gimel** *Retribue servo tuo* |
| 17 | Deal bountifully *with your* ***servant***, \*  that I may live *and keep* ***your word***. |
| 18 | Open my eyes, *that I* ***may see*** \*  the won*ders of* ***your law***. |
| 19 | I am a stran*ger here* ***on earth***; \*  do not hide your com*mandments* ***from me***. |
| 20 | My soul is con*sumed at* ***all times*** \*  with longing *for your* ***judgments***. |

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| 21 | You have rebuked *the in****solent***; \*  cursed are they who stray from *your com****mandments***! |
| 22 | Turn from me *shame and* ***rebuke***, \*  for I have *kept your* ***decrees***. |
| 23 | Even though rulers sit and *plot a****gainst me***, \*  I will meditate *on your* ***statutes***. |
| 24 | For your decrees *are my* ***delight***, \*  and they are *my coun****selors***. |
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|  | **ד Daleth** *Adhœsit pavimento* |
| 25 | My soul *cleaves to* ***the dust***; \*  give me life accord*ing to* ***your word***. |
| 26 | I have confessed my ways, and *you an****swered me***; \*  instruct me *in your* ***statutes***. |
| 27 | Make me understand the way of *your com****mandments***, \*  that I may meditate on your *marve****lous works***. |
| 28 | My soul melts a*way for* ***sorrow***; \*  strengthen me accord*ing to* ***your word***. |
| 29 | Take from me the *way of* ***lying***; \*  let me find *grace through* ***your law***. |
| 30 | I have chosen the way *of faith****fulness***; \*  I have set your judg*ments be****fore me***. |
| 31 | I hold fast *to your* ***decrees***; \*  O LORD, let me not *be put* ***to shame***. |
| 32 | I will run the way of *your com****mandments***, \*  for you have set my heart *at li****berty***. |

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|  | **ה He** *Legem pone* |
| 33 | Teach me, O LORD, the way *of your* ***statutes***, \*  and I shall keep *it to* ***the end***. |
| 34 | Give me understanding, and I *shall keep* ***your law***; \*  I shall keep it *with all* ***my heart***. |
| 35 | Make me go in the path of *your com****mandments***, \*  for that *is my* ***desire***. |
| 36 | Incline my heart *to your* ***decrees*** \*  and not *to un****just gain***. |
| 37 | Turn my eyes from watching *what is* ***worthless***; \*  give me *life in* ***your ways***. |
| 38 | Fulfill your promise *to your* ***servant***, \*  which you make to *those who* ***fear you***. |
| 39 | Turn away the re*proach which* ***I dread***, \*  because your *judgments* ***are good***. |
| 40 | Behold, I long for *your com****mandments***; \*  in your righteousness *preserve* ***my life***. |
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|  | **ו Waw** *Et veniat super me* |
| 41 | Let your loving-kindness come *to me,* ***O LORD***, \*  and your salvation, according *to your* ***promise***. |
| 42 | Then shall I have a word for *those who* ***taunt me***, \*  because I *trust in* ***your words***. |
| 43 | Do not take the word of truth *out of* ***my mouth***, \*  for my hope is *in your* ***judgments***. |

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| 44 | I shall continue *to keep* ***your law***; \*  I shall keep it for ev*er and* ***ever***. |
| 45 | I will walk *at lib****erty***, \*  because I study *your com****mandments***. |
| 46 | I will tell of your de*crees be****fore kings*** \*  and will *not be* ***ashamed***. |
| 47 | I delight in *your com****mandments***, \*  which I *have al****ways loved***. |
| 48 | I will lift up my hands to *your com****mandments***, \*  and I will meditate *on your* ***statutes***. |
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|  | **ז Zayin** *Memor esto verbi tui* |
| 49 | Remember your word *to your* ***servant***, \*  because you have *given* ***me hope***. |
| 50 | This is my comfort *in my* ***trouble***, \*  that your pro*mise gives* ***me life***. |
| 51 | The proud have derided *me cru****elly***, \*  but I have not *turned from* ***your law***. |
| 52 | When I remember your *judgments* ***of old***, \*  O LORD, I *take great* ***comfort***. |
| 53 | I am filled with *a burn****ing rage***, \*  because of the wicked who *forsake* ***your law***. |
| 54 | Your statutes have been *like songs* ***to me*** \*  wherever I have lived *as a* ***stranger***. |
| 55 | I remember your Name in *the night,* ***O LORD***, \*  and dwell *upon* ***your law***. |
| 56 | This is how it *has been* ***with me***, \*  because I have kept *your com****mandments***. |
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|  | **ח Heth** *Portio mea, Domine* |
| 57 | You only are my *portion,* ***O LORD***; \*  I have promised *to keep* ***your words***. |
| 58 | I entreat you *with all* ***my heart***, \*  be merciful to me according *to your* ***promise***. |
| 59 | I have con*sidered* ***my ways*** \*  and turned my feet *toward your* ***decrees***. |
| 60 | I hasten and *do not* ***tarry*** \*  to keep *your com****mandments***. |
| 61 | Though the cords of the wicked *entan****gle me***, \*  I do not *forget* ***your law***. |
| 62 | At midnight I will rise *to give* ***you thanks***, \*  because of your *righteous* ***judgments***. |
| 63 | I am a companion of *all who* ***fear you*** \*  and of those who keep *your com****mandments***. |
| 64 | The earth, O LORD, is *full of* ***your love***; \*  instruct me *in your* ***statutes***. |
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|  | **ט Teth** *Bonitatem fecisti* |
| 65 | O LORD, you have dealt graciously *with your* ***servant***, \*  accord*ing to* ***your word***. |
| 66 | Teach me discern*ment and* ***knowledge***, \*  for I have believed in *your com****mandments***. |
| 67 | Before I was afflicted *I went* ***astray***, \*  but now *I keep* ***your word***. |
| 68 | You are good and *you bring* ***forth good***; \*  instruct me *in your* ***statutes***. |

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| 69 | The proud have *smeared me* ***with lies***, \*  but I will keep your commandments *with my* ***whole heart***. |
| 70 | Their heart *is gross* ***and fat***, \*  but my delight *is in* ***your law***. |
| 71 | It is good for me that I have *been af****flicted***, \*  that I might *learn your* ***statutes***. |
| 72 | The law of your mouth is *dearer* ***to me*** \*  than thousands in *gold and* ***silver***. |
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|  | **י Yodh** *Manus tuœ fecerunt me* |
| 73 | Your hands have made me *and fash****ioned me***; \*  give me understanding, that I may learn *your com****mandments***. |
| 74 | Those who fear you will be glad *when they* ***see me***, \*  because I *trust in* ***your word***. |
| 75 | I know, O LORD, that your *judgments* ***are right*** \*  and that in faithfulness you have *afflic****ted me***. |
| 76 | Let your loving-kindness *be my* ***comfort***, \*  as you have promised *to your* ***servant***. |
| 77 | Let your compassion come to me, *that I* ***may live***, \*  for your law *is my* ***delight***. |
| 78 | Let the arrogant be put to shame, for they *wrong me* ***with lies***; \*  but I will meditate on *your com****mandments***. |
| 79 | Let those who fear *you turn* ***to me***, \*  and also those who *know your* ***decrees***. |

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| 80 | Let my heart be sound *in your* ***statutes***, \*  that I may not *be put* ***to shame***. |
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|  | **כ Kaph** *Defecit in salutare* |
| 81 | My soul has longed for *your sal****vation***; \*  I have put my *hope in* ***your word***. |
| 82 | My eyes have failed from watching *for your* ***promise***, \*  and I say, "When will *you com****fort me***?" |
| 83 | I have become like a leather *flask in* ***the smoke***, \*  but I have not forgot*ten your* ***statutes***. |
| 84 | How much lon*ger must* ***I wait***? \*  when will you give judgment against those who *perse****cute me***? |
| 85 | The proud have *dug pits* ***for me***; \*  they do *not keep* ***your law***. |
| 86 | All your com*mandments* ***are true***; \*  help me, for they perse*cute me* ***with lies***. |
| 87 | They had almost made an end *of me* ***on earth***, \*  but I have not forsaken *your com****mandments***. |
| 88 | In your loving-kind*ness, re****vive me***, \*  that I may keep the de*crees of* ***your mouth***. |
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|  | **ל Lamedh** *In œternum, Domine* |
| 89 | O LORD, your word is *ever****lasting***; \*  it stands firm *in the* ***heavens***. |
| 90 | Your faithfulness remains from one generation *to a****nother***; \*  you established the earth, *and it* ***abides***. |

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| 91 | By your decree these conti*nue to* ***this day***, \*  for all things *are your* ***servants***. |
| 92 | If my delight had not *been in* ***your law***, \*  I should have perished in *my af****fliction***. |
| 93 | I will never forget *your com****mandments***, \*  because by them *you give* ***me life***. |
| 94 | I am yours; oh, that *you would* ***save me***! \*  for I study *your com****mandments***. |
| 95 | Though the wicked lie in wait for me *to de****stroy me***, \*  I will apply my mind *to your* ***decrees***. |
| 96 | I see that all things *come to* ***an end***, \*  but your command*ment has* ***no bounds***. |
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|  | **מ Mem** *Quomodo dilexi!* |
| 97 | Oh, how *I love* ***your law***! \*  all the day long it *is in* ***my mind***. |
| 98 | Your commandment has made me wiser than *my en****emies***, \*  and it is *always* ***with me***. |
| 99 | I have more understanding than *all my* ***teachers***, \*  for your decrees *are my* ***study***. |
| 100 | I am wiser *than the* ***elders***, \*  because I observe *your com****mandments***. |
| 101 | I restrain my feet from eve*ry e****vil way***, \*  that I *may keep* ***your word***. |
| 102 | I do not shrink *from your* ***judgments***, \*  because you your*self have* ***taught me***. |
| 103 | How sweet are your *words to* ***my taste***! \*  they are sweeter than ho*ney to* ***my mouth***. |

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| 104 | Through your commandments I gain *under****standing***; \*  therefore I hate eve*ry ly****ing way***. |
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|  | **נ Nun** *Lucerna pedibus meis* |
| 105 | Your word is a lan*tern to* ***my feet*** \*  and a light *upon* ***my path***. |
| 106 | I have sworn and *am de****termined*** \*  to keep your *righteous* ***judgments***. |
| 107 | I am *deeply* ***troubled***; \*  preserve my life, O LORD, accord*ing to* ***your word***. |
| 108 | Accept, O LORD, the willing tri*bute of* ***my lips***, \*  and teach *me your* ***judgments***. |
| 109 | My life is al*ways in* ***my hand***, \*  yet I do not *forget* ***your law***. |
| 110 | The wicked have set *a trap* ***for me***, \*  but I have not strayed from *your com****mandments***. |
| 111 | Your decrees are my inheri*tance for* ***ever***; \*  truly, they are the *joy of* ***my heart***. |
| 112 | I have applied my heart to ful*fill your* ***statutes*** \*  for ever *and to* ***the end***. |
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|  | **ס Samekh** *Iniquos odio habui* |
| 113 | I hate those who have a *divid****ed heart***, \*  but your *law do* ***I love***. |

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| 114 | You are my *refuge* ***and shield***; \*  my hope *is in* ***your word***. |
| 115 | Away from *me, you* ***wicked***! \*  I will keep the command*ments of* ***my God***. |
| 116 | Sustain me according to your promise, *that I* ***may live***, \*  and let me not be disappoin*ted in* ***my hope***. |
| 117 | Hold me up, and *I shall* ***be safe***, \*  and my delight shall be ever *in your* ***statutes***. |
| 118 | You spurn all who stray *from your* ***statutes***; \*  their deceitful*ness is* ***in vain***. |
| 119 | In your sight all the wicked of the *earth are* ***but dross***; \*  therefore I *love your* ***decrees***. |
| 120 | My flesh trembles *with dread* ***of you***; \*  I am afraid *of your* ***judgments***. |
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|  | **ע Ayin** *Feci judicium* |
| 121 | I have done what *is just* ***and right***; \*  do not deliver me to *my op****pressors***. |
| 122 | Be surety for *your ser****vant's good***; \*  let not the *proud op****press me***. |
| 123 | My eyes have failed from watching for *your sal****vation*** \*  and for your *righteous* ***promise***. |
| 124 | Deal with your servant according to your *loving-****kindness*** \*  and teach *me your* ***statutes***. |
| 125 | I am your servant; grant me *under****standing***, \*  that I may *know your* ***decrees***. |
| 126 | It is time for you *to act,* ***O LORD***, \*  for they have *broken* ***your law***. |

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| 127 | Truly, I love *your com****mandments*** \*  more than gold *and pre****cious stones***. |
| 128 | I hold all your commandments to *be right* ***for me***; \*  all paths of false*hood I* ***abhor***. |
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|  | **פ Pe** *Mirabilia* |
| 129 | Your decrees *are won****derful***; \*  therefore I obey them *with all* ***my heart***. |
| 130 | When your word goes *forth it* ***gives light***; \*  it gives understanding *to the* ***simple***. |
| 131 | I open *my mouth* ***and pant***; \*  I long for *your com****mandments***. |
| 132 | Turn to *me in* ***mercy***, \*  as you always do to those *who love* ***your Name***. |
| 133 | Steady my foot*steps in* ***your word***; \*  let no iniquity have domin*ion o****ver me***. |
| 134 | Rescue me from those *who op****press me***, \*  and I will keep *your com****mandments***. |
| 135 | Let your countenance shine up*on your* ***servant*** \*  and teach *me your* ***statutes***. |
| 136 | My eyes *shed streams* ***of tears***, \*  because people do *not keep* ***your law***. |
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|  | **צ Sadhe** *Justus es, Domine* |
| 137 | You are *righteous,* ***O LORD***, \*  and upright *are your* ***judgments***. |

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| 138 | You have is*sued your* ***decrees*** \*  with justice and in per*fect faith****fulness***. |
| 139 | My indignation *has con****sumed me***, \*  because my enemies *forget* ***your words***. |
| 140 | Your word has been tested to *the ut****termost***, \*  and your ser*vant holds* ***it dear***. |
| 141 | I am small and of *little* ***account***, \*  yet I do not forget *your com****mandments***. |
| 142 | Your justice is an ever*lasting* ***justice*** \*  and your *law is* ***the truth***. |
| 143 | Trouble and distress have *come up****on me***, \*  yet your commandments *are my* ***delight***. |
| 144 | The righteousness of your decrees is *ever****lasting***; \*  grant me understanding, *that I* ***may live***. |
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|  | **ק Qoph** *Clamavi in toto corde meo* |
| 145 | I call *with my* ***whole heart***; \*  answer me, O LORD, that I may *keep your* ***statutes***. |
| 146 | I call to you;  oh, that *you would* ***save me***! \*  I will *keep your* ***decrees***. |
| 147 | Early in the morning I *cry out* ***to you***, \*  for in your *word is* ***my trust***. |
| 148 | My eyes are open in *the night* ***watches***, \*  that I may meditate up*on your* ***promise***. |

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| 149 | Hear my voice, O LORD, according to your *loving-****kindness***; \*  according to your judg*ments, give* ***me life***. |
| 150 | They draw near who in malice *perse****cute me***; \*  they are very *far from* ***your law***. |
| 151 | You, O LORD, *are near* ***at hand***, \*  and all your com*mandments* ***are true***. |
| 152 | Long have I known *from your* ***decrees*** \*  that you have established *them for* ***ever***. |
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|  | **ר Resh** *Vide humilitatem* |
| 153 | Behold my affliction and *deli****ver me***, \*  for I do not *forget* ***your law***. |
| 154 | Plead my cause *and re****deem me***; \*  according to your pro*mise, give* ***me life***. |
| 155 | Deliverance is far *from the* ***wicked***, \*  for they do not stu*dy your* ***statutes***. |
| 156 | Great is your com*passion,* ***O LORD***; \*  preserve my life, according *to your* ***judgments***. |
| 157 | There are many who persecute *and op****press me***, \*  yet I have not swerved *from your* ***decrees***. |
| 158 | I look with loathing *at the* ***faithless***, \*  for they have *not kept* ***your word***. |
| 159 | See how I love *your com****mandments***! \*  O LORD, in your mer*cy, pre****serve me***. |
| 160 | The heart of *your word* ***is truth***; \*  all your righteous judgments endure *for ev****ermore***. |
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|  | **ש Shin** *Principes persecuti sunt* |
| 161 | Rulers have persecuted me *without* ***a cause***, \*  but my heart stands in *awe of* ***your word***. |
| 162 | I am as glad because *of your* ***promise*** \*  as one *who finds* ***great spoils***. |
| 163 | As for lies, I hate *and ab****hor them***, \*  but your *law is* ***my love***. |
| 164 | Seven times a day *do I* ***praise you***, \*  because of your *righteous* ***judgments***. |
| 165 | Great peace have they *who love* ***your law***; \*  for them there is *no stumb****ling block***. |
| 166 | I have hoped for your sal*vation,* ***O LORD***, \*  and have fulfilled *your com****mandments***. |
| 167 | I have *kept your* ***decrees*** \*  and I have *loved them* ***deeply***. |
| 168 | I have kept your command*ments and* ***decrees***, \*  for all my ways *are be****fore you***. |
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|  | **ת Taw** *Appropinquet deprecatio* |
| 169 | Let my cry come be*fore you,* ***O LORD***; \*  give me understanding, accord*ing to* ***your word***. |
| 170 | Let my supplication *come be****fore you***; \*  deliver me, according *to your* ***promise***. |
| 171 | My lips shall *pour forth* ***your praise***, \*  when you teach *me your* ***statutes***. |
| 172 | My tongue shall sing *of your* ***promise***, \*  for all your command*ments are* ***righteous***. |

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| 173 | Let your hand be rea*dy to* ***help me***, \*  for I have chosen *your com****mandments***. |
| 174 | I long for your sal*vation,* ***O LORD***, \*  and your law *is my* ***delight***. |
| 175 | Let me live, and *I will* ***praise you***, \*  and let your *judgments* ***help me***. |
| 176 | I have gone astray like a *sheep that* ***is lost***; \*  search for your servant,  for I do not forget *your com****mandments***. |
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|  | **120** *Ad Dominum* |
| 1 | When I was in trouble, I *called to* ***the LORD***; \*  I called to the LORD, and *he an****swered me***. |
| 2 | Deliver me, O LORD, *from ly****ing lips*** \*  and from the *deceit****ful tongue***. |
| 3 | What shall be done to you, and *what more* ***besides***, \*  O you *deceit****ful tongue***? |
| 4 | The sharpened arrows of *a war****rior***, \*  along with *hot glow****ing coals***. |
| 5 | How hateful it is that I must *lodge in* ***Meshech*** \*  and dwell among the *tents of* ***Kedar***! |
| 6 | Too long have *I had* ***to live*** \*  among the en*emies* ***of peace***. |
| 7 | I am on *the side* ***of peace***, \*  but when I speak of it, *they are* ***for war***. |
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|  | **121** *Levavi oculos* |
| 1 | I lift up my *eyes to* ***the hills***; \*  from where is *my help* ***to come***? |
| 2 | My help *comes from* ***the LORD***, \*  the maker of *heaven* ***and earth***. |
| 3 | He will not let *your foot* ***be moved*** \*  and he who watches over you will *not fall* ***asleep***. |
| 4 | Behold, he who keeps watch o*ver Is****rael*** \*  shall neither *slumber* ***nor sleep***; |
| 5 | The LORD himself wat*ches o****ver you***; \*  the LORD is your shade *at your* ***right hand***, |
| 6 | So that the sun shall not *strike you* ***by day***, \*  nor *the moon* ***by night***. |
| 7 | The LORD shall preserve you *from all* ***evil***; \*  it is he who *shall keep* ***you safe***. |
| 8 | The LORD shall watch over your going out and *your com****ing in***, \*  from this time forth *for ev****ermore***. |
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|  | **122** *Lœtatus sum* |
| 1 | I was glad when *they said* ***to me***, \*  "Let us go to the *house of* ***the LORD***." |
| 2 | Now our *feet are* ***standing*** \*  within your gates, O *Jeru****salem***. |
| 3 | Jerusalem is built *as a* ***city*** \*  that is at uni*ty with* ***itself***; |

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| 4 | To which the tribes go up,  the *tribes of* ***the LORD***, \*  the assembly of Israel,  to praise the *Name of* ***the LORD***. |
| 5 | For there are the *thrones of* ***judgment***, \*  the thrones of the *house of* ***David***. |
| 6 | Pray for the peace of *Jeru****salem***: \*  "May they pros*per who* ***love you***. |
| 7 | Peace be *within* ***your walls*** \*  and quietness with*in your* ***towers***. |
| 8 | For my brethren and *compan****ions' sake***, \*  I pray for your *prosper****ity***. |
| 9 | Because of the house of *the LORD* ***our God*,** \*  I will seek *to do* ***you good*."** |
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|  | **123** *Ad te levavi oculos meos* |
| 1 | To you I *lift up* ***my eyes***, \*  to you enthroned *in the* ***heavens***. |
| 2 | As the eyes of servants look to the hand *of their* ***masters***, \*  and the eyes of a maid to the hand *of her* ***mistress***, |
| 3 | So our eyes look to *the LORD* ***our God***, \*  until he show *us his* ***mercy***. |
| 4 | Have mercy upon us, O *LORD, have* ***mercy***, \*  for we have had more than e*nough of* ***contempt***, |
| 5 | Too much of the scorn of the *indo****lent rich***, \*  and of the deri*sion of* ***the proud***. |
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|  | **124** *Nisi quia Dominus* |
| 1 | If the LORD had not *been on* ***our side***, \*  let Is*rael* ***now say***; |
| 2 | If the LORD had not *been on* ***our side***, \*  when enemies rose *up a****gainst us***; |
| 3 | Then would they have swallowed *us up* ***alive*** \*  in their fierce *anger* ***toward us***; |
| 4 | Then would the waters have *over****whelmed us*** \*  and the torrent *gone o****ver us***; |
| 5 | Then would the *raging* ***waters*** \*  have gone *right o****ver us***. |
| 6 | Bles*sed be* ***the LORD***! \*  he has not given us over to be a *prey for* ***their teeth***. |
| 7 | We have escaped like a bird from the snare *of the* ***fowler***; \*  the snare is broken, and *we have* ***escaped***. |
| 8 | Our help is in the *Name of* ***the LORD***, \*  the maker of *heaven* ***and earth***. |
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|  | **125** *Qui confidunt* |
| 1 | Those who trust in the LORD are *like Mount* ***Zion***, \*  which cannot be moved, but stands *fast for* ***ever***. |
| 2 | The hills stand about *Jeru****salem***; \*  so does the LORD stand round about his people,  from this time forth *for ev****ermore***. |
| 3 | The scepter of the wicked shall not hold sway over the land allot*ted to* ***the just***, \*  so that the just shall not put their *hands to* ***evil***. |

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| 4 | Show your goodness, O LORD, to *those who* ***are good*** \*  and to those who *are true* ***of heart***. |
| 5 | As for those who turn aside to crooked ways,  the LORD will lead them away with the *evil****doers***; \*  but peace be up*on Is****rael***. |
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|  | **126** *In convertendo* |
| 1 | When the LORD restored the for*tunes of* ***Zion***, \*  then were we *like those* ***who dream***. |
| 2 | Then was our mouth *filled with* ***laughter***, \*  and our tongue *with shouts* ***of joy***. |
| 3 | Then they said a*mong the* ***nations***, \*  "The LORD has done *great things* ***for******them***." |
| 4 | The LORD has done *great things* ***for us***, \*  and we *are glad* ***indeed***. |
| 5 | Restore our *fortunes,* ***O LORD***, \*  like the watercourses *of the* ***Negev***. |
| 6 | Those *who sowed* ***with tears*** \*  will reap *with songs* ***of joy***. |
| 7 | Those who go out weeping, car*rying* ***the seed***, \*  will come again with joy, should*ering* ***their sheaves***. |
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|  | **127** *Nisi Dominus* |
| 1 | Unless the *LORD builds* ***the house***, \*  their labor is in *vain who* ***build it***. |

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| 2 | Unless the LORD watches o*ver the* ***city***, \*  in vain the watchman *keeps his* ***vigil***. |
| 3 | It is in vain that you rise so early and go *to bed* ***so late*;** \*  vain, too, to eat the bread of toil,  for he gives to his *belov****ed sleep***. |
| 4 | Children are a heri*tage from* ***the LORD***, \*  and the fruit of the *womb is* ***a gift*.** |
| 5 | Like arrows in the hand of *a war****rior*** \*  are the child*ren of* ***one's youth***. |
| 6 | Happy is the man who has his qui*ver full* ***of them***! \*  he shall not be put to shame  when he contends with his ene*mies in* ***the gate***. |
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|  | **128** *Beati omnes* |
| 1 | Happy are they all *who fear* ***the LORD***, \*  and who fol*low in* ***his ways***! |
| 2 | You shall eat the fruit *of your* ***labor***; \*  happiness and prosperi*ty shall* ***be yours***. |
| 3 | Your wife shall be like a fruitful vine *within* ***your house***, \*  your children like olive shoots round a*bout your* ***table***. |
| 4 | The man *who fears* ***the LORD*** \*  shall thus *indeed* ***be blessed***. |
| 5 | The LORD bless *you from* ***Zion***, \*  and may you see the prosperity of Jerusalem all the *days* *of* ***your life***. |
| 6 | May you live to see your *children's* ***children***; \*  may peace be up*on Is****rael***. |
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|  | **129** *Sœpe expugnaverunt* |
| 1 | "Greatly have they oppressed *me since* ***my youth***," \*  let Is*rael* ***now say***; |
| 2 | "Greatly have they oppressed *me since* ***my youth***, \*  but they have not pre*vailed a****gainst me***." |
| 3 | The plowmen plowed *upon* ***my back*** \*  and made *their fur****rows long***. |
| 4 | The LORD, *the Right****eous One***, \*  has cut the cords *of the* ***wicked***. |
| 5 | Let them be put to *shame and* ***thrown back***, \*  all those who are ene*mies of* ***Zion***. |
| 6 | Let them be like grass up*on the* ***housetops***, \*  which withers before *it can* ***be plucked***; |
| 7 | Which does not fill the hand *of the* ***reaper***, \*  nor the bosom of him *who binds* ***the sheaves***; |
| 8 | So that those who go by say not so much as,  "The *LORD pros****per you***. \*  We wish you well in the *Name of* ***the LORD***." |
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|  | **130** *De profundis* |
| 1 | Out of the depths have I called to you, O LORD;  *LORD, hear* ***my voice***; \*  let your ears consider well the voice of my *suppli****cation***. |
| 2 | If you, LORD, were to note what *is done* ***amiss***, \*  O *LORD, who* ***could stand***? |
| 3 | For there is for*giveness* ***with you***; \*  therefore *you shall* ***be feared***. |

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| 4 | I wait for the LORD; my *soul waits* ***for him***; \*  in his *word is* ***my hope***. |
| 5 | My soul waits for the LORD,  more than watchmen *for the* ***morning***, \*  more than watchmen *for the* ***morning***. |
| 6 | O Israel, *wait for* ***the LORD***, \*  for with the LORD *there is* ***mercy***; |
| 7 | With him there is plente*ous re****demption***, \*  and he shall redeem Israel *from all* ***their sins***. |
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|  | **131** *Domine, non est* |
| 1 | O LORD, *I am* ***not proud***; \*  I have *no haugh****ty looks***. |
| 2 | I do not occupy myself *with great* ***matters***, \*  or with things that are *too hard* ***for me***. |
| 3 | But I still my soul and make it quiet,  like a child upon *its mo****ther's breast***; \*  my soul is quiet*ed with****in me***. |
| 4 | O Israel, wait *upon* ***the LORD***, \*  from this time forth *for ev****ermore***. |
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|  | **132** *Memento, Domine* |
| 1 | LORD, re*member* ***David***, \*  and all the hard*ships he* ***endured***; |

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| 2 | How he swore an *oath to* ***the LORD*** \*  and vowed a vow to the Mighty *One of* ***Jacob***: |
| 3 | "I will not come under the *roof of* ***my house***, \*  nor climb up *into* ***my bed***; |
| 4 | I will not allow *my eyes* ***to sleep***, \*  nor let my *eyelids* ***slumber***; |
| 5 | Until I find a *place for* ***the LORD***, \*  a dwelling for the Mighty *One of* ***Jacob***." |
| 6 | "The ark! We heard it was *in Eph****ratah***; \*  we found it in the fields *of Je****arim***. |
| 7 | Let us go to *God's dwel****ling place***; \*  let us fall upon our knees be*fore his* ***footstool***." |
| 8 | Arise, O LORD, into *your rest****ing-place***, \*  you and the *ark of* ***your strength***. |
| 9 | Let your priests be clothed *with right****eousness***; \*  let your faithful peo*ple sing* ***with joy***. |
| 10 | For your ser*vant Da****vid's sake***, \*  do not turn away the face of *your A****nointed***. |
| 11 | The LORD has sworn an *oath to* ***David***; \*  in truth, he *will not* ***break it*:** |
| 12 | "A son, the fruit *of your* ***body*** \*  will I set *upon* ***your throne***. |
| 13 | If your children keep my covenant  and my testimonies that *I shall* ***teach them*,** \*  their children will sit upon your throne *for ev****ermore***." |
| 14 | For the LORD has *chosen* ***Zion***; \*  he has desired her for his *habi****tation***: |
| 15 | "This shall be my resting-*place for* ***ever***; \*  here will I dwell, for I *delight* ***in her***. |

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| 16 | I will surely bless *her pro****visions***, \*  and satisfy *her poor* ***with bread***. |
| 17 | I will clothe her priests *with sal****vation***, \*  and her faithful people will *rejoice* ***and sing***. |
| 18 | There will I make the horn of *David* ***flourish***; \*  I have prepared a lamp for *my A****nointed***. |
| 19 | As for his enemies, I will *clothe them* ***with shame***; \*  but as for him, *his crown* ***will shine***." |
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|  | **133** *Ecce, quam bonum!* |
| 1 | Oh, how good and *pleasant* ***it is***, \*  when brethren live together *in u****nity***! |
| 2 | It is like fine oil *upon* ***the head*** \*  that runs down *upon* ***the beard***, |
| 3 | Upon the *beard of* ***Aaron***, \*  and runs down upon the col*lar of* ***his robe***. |
| 4 | It is like the *dew of* ***Hermon*** \*  that falls upon the *hills of* ***Zion***. |
| 5 | For there the LORD has or*dained the* ***blessing***: \*  life *for ev****ermore***. |
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|  | **134** *Ecce nunc* |
| 1 | Behold now, bless the LORD, all you ser*vants of* ***the LORD***, \*  you that stand by night in the *house of* ***the LORD***. |
| 2 | Lift up your hands in the holy place *and bless* ***the LORD***; \*  the LORD who made heaven and earth bless you *out of* ***Zion***. |
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|  | **135** *Laudate nomen* |
| 1 | Hallelujah!  Praise the *Name of* ***the LORD***; \*  give praise, you ser*vants of* ***the LORD***. |
| 2 | You who stand in the *house of* ***the LORD***, \*  in the courts of the *house of* ***our God***. |
| 3 | Praise the LORD, for *the LORD* ***is good***; \*  sing praises to his Name, for *it is* ***lovely***. |
| 4 | For the LORD has chosen Ja*cob for* ***himself*** \*  and Israel for his *own pos****session***. |
| 5 | For I know that *the LORD* ***is great***, \*  and that our Lord is *above* ***all gods***. |
| 6 | The LORD does whatever pleases him, in hea*ven and* ***on earth***, \*  in the seas *and all* ***the deeps***. |
| 7 | He brings up rain clouds from the *ends of* ***the earth***; \*  he sends out lightning with the rain,  and brings the winds out *of his* ***storehouse***. |
| 8 | It was he who struck down the first*born of* ***Egypt***, \*  the firstborn both *of man* ***and beast***. |
| 9 | He sent signs and wonders into the midst of *you, O* ***Egypt***, \*  against Pharaoh and *all his* ***servants***. |
| 10 | He overthrew *many* ***nations*** \*  and put migh*ty kings* ***to death***: |
| 11 | Sihon, king of the Amorites,  and Og, the *king of* ***Bashan***, \*  and all the king*doms of* ***Canaan***. |
| 12 | He gave their land to be an *inher****itance***, \*  an inheritance for Isra*el his* ***people***. |

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| 13 | O LORD, your Name is *ever****lasting***; \*  your renown, O LORD, endures *from age* ***to age***. |
| 14 | For the LORD gives his *people* ***justice*** \*  and shows compassion *to his* ***servants***. |
| 15 | The idols of the heathen are *silver* ***and gold***, \*  the work *of hu****man hands***. |
| 16 | They have mouths, but *they can****not speak***; \*  eyes have they, but *they can****not see***. |
| 17 | They have ears, but *they can****not hear***; \*  neither is there any *breath in* ***their mouth***. |
| 18 | Those who make *them are* ***like them***, \*  and so are all who put *their trust* ***in them***. |
| 19 | Bless the LORD, O house *of Is****rael***; \*  O house of Aa*ron, bless* ***the LORD***. |
| 20 | Bless the LORD, O *house of* ***Levi***; \*  you who fear the *LORD, bless* ***the LORD***. |
| 21 | Blessed be the LORD *out of* ***Zion***, \*  who dwells in Jerusalem.  *Halle****lujah***! |
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|  | **136** *Confitemini* |
| 1 | Give thanks to the LORD, *for he* ***is good***, \*  for his mercy en*dures for* ***ever***. |
| 2 | Give thanks to *the God* ***of gods***, \*  for his mercy en*dures for* ***ever***. |

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| 3 | Give thanks to *the Lord* ***of lords***, \*  for his mercy en*dures for* ***ever***. |
| 4 | Who only *does great* ***wonders***, \*  for his mercy en*dures for* ***ever***; |
| 5 | Who by wisdom *made the* ***heavens***, \*  for his mercy en*dures for* ***ever***; |
| 6 | Who spread out the earth up*on the* ***waters***, \*  for his mercy en*dures for* ***ever***; |
| 7 | Who cre*ated* ***great lights***, \*  for his mercy en*dures for* ***ever***; |
| 8 | The sun *to rule* ***the day***, \*  for his mercy en*dures for* ***ever***; |
| 9 | The moon and the stars to *govern* ***the night***, \*  for his mercy en*dures for* ***ever***. |
| 10 | Who struck down the first*born of* ***Egypt***, \*  for his mercy en*dures for* ***ever***; |
| 11 | And brought out Israel *from a****mong them***, \*  for his mercy en*dures for* ***ever***; |
| 12 | With a mighty hand and *a stretched-****out arm***, \*  for his mercy en*dures for* ***ever***; |
| 13 | Who divided the *Red Sea* ***in two***, \*  for his mercy en*dures for* ***ever***; |
| 14 | And made Israel to pass through *the midst* ***of it***, \*  for his mercy en*dures for* ***ever***; |
| 15 | But swept Pharaoh and his army in*to the* ***Red Sea***, \*  for his mercy en*dures for* ***ever***; |

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| 16 | Who led his people through *the wil****derness***, \*  for his mercy en*dures for* ***ever***. |
| 17 | Who *struck down* ***great kings***, \*  for his mercy en*dures for* ***ever***; |
| 18 | And *slew migh****ty kings***, \*  for his mercy en*dures for* ***ever***; |
| 19 | Sihon, king of *the Am****orites***, \*  for his mercy en*dures for* ***ever***; |
| 20 | And Og, the *king of* ***Bashan***, \*  for his mercy en*dures for* ***ever***; |
| 21 | And gave away their lands for an *inher****itance***, \*  for his mercy en*dures for* ***ever***; |
| 22 | An inheritance for Isra*el his* ***servant***, \*  for his mercy en*dures for* ***ever***. |
| 23 | Who remembered us in *our low* ***estate***, \*  for his mercy en*dures for* ***ever***; |
| 24 | And delivered us from *our en****emies***, \*  for his mercy en*dures for* ***ever***; |
| 25 | Who gives food *to all* ***creatures***, \*  for his mercy en*dures for* ***ever***. |
| 26 | Give thanks to the *God of* ***heaven***, \*  for his mercy en*dures for* ***ever***. |
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|  | **137** *Super flumina* |
| 1 | By the waters of Babylon we *sat down* ***and wept***, \*  when we remembered *you, O* ***Zion***. |
| 2 | As for our harps, *we hung* ***them up*** \*  on the trees in the *midst of* ***that land***. |
| 3 | For those who led us away captive asked us for a song,  and our oppres*sors called* ***for mirth***: \*  "Sing us one of the *songs* ***of Zion***." |
| 4 | How shall we *sing the* ***LORD'S song*** \*  upon an *ali****en soil***? |
| 5 | If I forget you, O *Jeru****salem***, \*  let my right hand *forget* ***its skill***. |
| 6 | Let my tongue cleave to the roof of my mouth  if I do not *remem****ber you***, \*  if I do not set Jerusalem above *my high****est joy***. |
| 7 | Remember the day of Jerusalem, O LORD,  against the peo*ple of* ***Edom***, \*  who said, "Down with it! down with it!  e*ven to* ***the ground***!" |
| 8 | O Daughter of Babylon, doomed *to de****struction***, \*  happy the one who pays you back  for what you *have done* ***to us***! |
| 9 | Happy shall he be who takes *your lit****tle ones***, \*  and dashes them *against* ***the rock***! |
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|  | **138** *Confitebor tibi* |
| 1 | I will give thanks to you, O LORD, *with my* ***whole heart***; \*  before the gods I *will sing* ***your praise***. |
| 2 | I will bow down toward your holy temple  *and praise* ***your Name***, \*  because of your love *and faith****fulness***; |
| 3 | For you have glo*rified* ***your Name*** \*  and your word *above* ***all things***. |
| 4 | When I called, *you an****swered me***; \*  you increased my *strength with****in me***. |
| 5 | All the kings of the earth will *praise you,* ***O LORD***, \*  when they have heard the *words of* ***your mouth***. |
| 6 | They will sing of the *ways of* ***the LORD***, \*  that great is the glo*ry of* ***the LORD***. |
| 7 | Though the LORD be high, he cares *for the* ***lowly***; \*  he perceives the haugh*ty from* ***afar***. |
| 8 | Though I walk in the midst of trouble, *you keep* ***me safe***; \*  you stretch forth your hand against the fury of my enemies;  your right *hand shall* ***save me***. |
| 9 | The LORD will make good his *purpose* ***for me***; \*  O LORD, your love endures for ever;  do not abandon the *works of* ***your hands***. |

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|  | **139** *Domine, probasti* |
| 1 | LORD, you have searched me *out and* ***known me***; \*  you know my sitting down and my rising up;  you discern my *thoughts from* ***afar***. |
| 2 | You trace my journeys and my *resting-****places*** \*  and are acquainted *with all* ***my ways***. |
| 3 | Indeed, there is not a *word on* ***my lips***, \*  but you, O LORD, know it *alto****gether***. |
| 4 | You press upon me be*hind and* ***before*** \*  and lay your *hand up****on me***. |
| 5 | Such knowledge is too won*derful* ***for me***; \*  it is so high that I cannot *attain* ***to it***. |
| 6 | Where can I go then *from your* ***Spirit***? \*  where can I flee *from your* ***presence***? |
| 7 | If I climb up to hea*ven, you* ***are there***; \*  if I make the grave my bed, you *are there* ***also***. |
| 8 | If I take the wings *of the* ***morning*** \*  and dwell in the uttermost *parts of* ***the sea***, |
| 9 | Even there your *hand will* ***lead me*** \*  and your right *hand hold* ***me fast***. |
| 10 | If I say, "Surely the darkness *will co****ver me***, \*  and the light around *me turn* ***to night***," |
| 11 | Darkness is not dark to you;  the night is as *bright as* ***the day***; \*  darkness and light to you *are both* ***alike***. |
| 12 | For you yourself created *my in****most parts***; \*  you knit me together in *my mo****ther's womb***. |

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| 13 | I will thank you because I am mar*velous****ly made***; \*  your works are wonderful, and *I know* ***it well***. |
| 14 | My body was not *hidden* ***from you***, \*  while I was being made in secret  and woven in the *depths of* ***the earth***. |
| 15 | Your eyes beheld my limbs, yet unfinished in the womb;  all of them were writ*ten in* ***your book***; \*  they were fashioned day by day,  when as yet there *was none* ***of them***. |
| 16 | How deep I find *your thoughts,* ***O God***! \*  how great is *the sum* ***of them***! |
| 17 | If I were to count them, they would be more in num*ber than* ***the sand***; \*  to count them all, my life span would need *to be* ***like yours***. |
| 18 | Oh, that you would slay the *wicked,* ***O God***! \*  You that thirst for blood, *depart* ***from me***. |
| 19 | They speak despiteful*ly a****gainst you***; \*  your enemies take *your Name* ***in vain***. |
| 20 | Do I not hate those, O *LORD, who* ***hate you***? \*  and do I not loathe those who rise *up a****gainst you***? |
| 21 | I hate them with a *perfect* ***hatred***; \*  they have become my *own en****emies***. |
| 22 | Search me out, O God, *and know* ***my heart***; \*  try me and know *my rest****less thoughts***. |
| 23 | Look well whether there be any wick*edness* ***in me*** \*  and lead me in the way that is *ever****lasting***. |
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|  | **140** *Eripe me, Domine* |
| 1 | Deliver me, O LORD, from *evil****doers***; \*  protect me from *the vi****olent***, |
| 2 | Who devise e*vil in* ***their hearts*** \*  and stir up *strife all* ***day long***. |
| 3 | They have sharpened their tongues *like a* ***serpent***; \*  adder's poison is *under* ***their lips***. |
| 4 | Keep me, O LORD, from the hands *of the* ***wicked***; \*  protect me from the violent,  who are determined *to trip* ***me up***. |
| 5 | The proud have hidden a snare for me  and stretched out *a net* ***of cords***; \*  they have set traps for me *along* ***the path***. |
| 6 | I have said to the LORD, "*You are* ***my God***; \*  listen, O LORD, to my *suppli****cation***. |
| 7 | O Lord GOD, the strength of *my sal****vation***, \*  you have covered my head in the *day of* ***battle***. |
| 8 | Do not grant the desires of the *wicked,* ***O LORD***, \*  nor let their e*vil plans* ***prosper***. |
| 9 | Let not those who surround me *lift up* ***their heads***; \*  let the evil of their lips *over****whelm them***. |
| 10 | Let hot burning coals *fall up****on them***; \*  let them be cast into the mire, never to *rise up* ***again***." |
| 11 | A slanderer shall not be estab*lished on* ***the earth***, \*  and evil shall hunt *down the* ***lawless***. |
| 12 | I know that the LORD will maintain the *cause of* ***the poor*** \*  and render justice *to the* ***needy***. |

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| 13 | Surely, the righteous will give *thanks to* ***your Name***, \*  and the upright shall contin*ue in* ***your sight***. |
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|  | **141** *Domine, clamavi* |
| 1 | O LORD, I call to you; come *to me* ***quickly***; \*  hear my voice when *I cry* ***to you***. |
| 2 | Let my prayer be set forth in your *sight as* ***incense***, \*  the lifting up of my hands as the eve*ning sac****rifice***. |
| 3 | Set a watch before my mouth, O LORD,  and guard the *door of* ***my lips***; \*  let not my heart incline to a*ny e****vil thing***. |
| 4 | Let me not be occupied in wickedness with *evil****doers***, \*  nor eat *of their* ***choice foods***. |
| 5 | Let the righteous smite me in friendly rebuke;  let not the oil of the unrighteous *anoint* ***my head***; \*  for my prayer is continually against *their wic****ked deeds***. |
| 6 | Let their rulers be overthrown in *stony* ***places***, \*  that they may know *my words* ***are true***. |
| 7 | As when a plowman turns over the *earth in* ***furrows***, \*  let their bones be scattered at the *mouth of* ***the grave***. |
| 8 | But my eyes are turned *to you,* ***Lord GOD***; \*  in you I take refuge;  do not strip *me of* ***my life***. |
| 9 | Protect me from the snare which they *have laid* ***for me*** \*  and from the traps of the *evil****doers***. |
| 10 | Let the wicked fall in*to their* ***own nets***, \*  while I *myself* ***escape***. |
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|  | **142** *Voce mea ad Dominum* |
| 1 | I cry to the *LORD with* ***my voice***; \*  to the LORD I make loud *suppli****cation***. |
| 2 | I pour out my com*plaint be****fore him*** \*  and tell him *all my* ***trouble***. |
| 3 | When my spirit languishes within me, *you know* ***my path***; \*  in the way wherein I walk they have hidden *a trap* ***for me***. |
| 4 | I look to my right hand and find no *one who* ***knows me***; \*  I have no place to flee to, and no *one cares* ***for me***. |
| 5 | I cry out *to you,* ***O LORD***; \*  I say, "You are my refuge,  my portion in the land *of the* ***living***." |
| 6 | Listen to my cry for help, for I have been *brought ve****ry low***; \*  save me from those who pursue me,  for they are *too strong* ***for me***. |
| 7 | Bring me out of prison, that I may give *thanks to* ***your Name***; \*  when you have dealt bountifully with me,  the righteous will ga*ther a****round me***. |
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|  | **143** *Domine, exaudi* |
| 1 | LORD, hear my prayer,  and in your faithfulness heed my *suppli****cations***; \*  answer me in *your righ****teousness***. |
| 2 | Enter not into judgment *with your* ***servant***, \*  for in your sight shall no one living *be just****ified***. |

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| 3 | For my enemy has sought my life;  he has crushed *me to* ***the ground***; \*  he has made me live in dark places like those *who are* ***long dead***. |
| 4 | My spirit *faints with****in me***; \*  my heart within me *is de****solate***. |
| 5 | I remember the time past;  I muse up*on all* ***your deeds***; \*  I consider the *works of* ***your hands***. |
| 6 | I spread out *my hands* ***to you***; \*  my soul gasps to you like *a thir****sty land***. |
| 7 | O LORD, make haste to answer me; my *spirit* ***fails me***; \*  do not hide your face from me  or I shall be like those who go *down to* ***the Pit***. |
| 8 | Let me hear of your loving-kindness in the morning,  for I put *my trust* ***in you***; \*  show me the road that I must walk,  for I lift up *my soul* ***to you***. |
| 9 | Deliver me from my en*emies,* ***O LORD***, \*  for I flee to *you for* ***refuge***. |
| 10 | Teach me to do what pleases you, for *you are* ***my God***; \*  let your good Spirit lead me *on le****vel ground***. |
| 11 | Revive me, O LORD, *for your* ***Name's sake***; \*  for your righteousness' sake, bring me *out of* ***trouble***. |
| 12 | Of your goodness, destroy my enemies and bring all *my foes* ***to naught***, \*  for truly I *am your* ***servant***. |

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|  | **144** *Benedictus Dominus* |
| 1 | Blessed be *the LORD* ***my rock***! \*  who trains my hands to fight and my fin*gers to* ***battle***; |
| 2 | My help and my fortress, my stronghold and my *deli****verer***, \*  my shield in whom I trust,  who subdues the peo*ples un****der me***. |
| 3 | O LORD, what are we that you *should care* ***for us***? \*  mere mortals that you *should think* ***of us***? |
| 4 | We are like *a puff* ***of wind***; \*  our days are like a *passing* ***shadow***. |
| 5 | Bow your heavens, O *LORD, and* ***come down***; \*  touch the mountains, *and they* ***shall smoke***. |
| 6 | Hurl the lightning *and scat****ter them***; \*  shoot out your ar*rows and* ***rout them***. |
| 7 | Stretch out your *hand from* ***on high***; \*  rescue me and deliver me from the great waters,  from the hand of *foreign* ***peoples***, |
| 8 | Whose mouths speak *deceit****fully*** \*  and whose right hand is *raised in* ***falsehood***. |
| 9 | O God, I will sing to *you a* ***new song***; \*  I will play to you on *a ten-****stringed lyre***. |
| 10 | You give vict*ory* ***to kings*** \*  and have rescued Da*vid your* ***servant***. |
| 11 | Rescue me from *the hurt****ful sword*** \*  and deliver me from the hand of *foreign* ***peoples***, |
| 12 | Whose mouths speak *deceit****fully*** \*  and whose right hand is *raised in* ***falsehood***. |

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| 13 | May our sons be like plants well nur*tured from* ***their youth***, \*  and our daughters like sculptured corners *of a* ***palace***. |
| 14 | May our barns be filled to overflowing with all *manner* ***of crops***; \*  may the flocks in our pastures increase by thousands and tens of thousands;  may our cattle *be fat* ***and sleek***. |
| 15 | May there be no breaching of the walls, no going *into* ***exile***, \*  no wailing in *the pub****lic squares***. |
| 16 | Happy are the people of *whom this* ***is so***! \*  happy are the people whose *God is* ***the LORD***! |
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|  | **145** *Exaltabo te, Deus* |
| 1 | I will exalt you, *O God* ***my King***, \*  and bless your Name for ev*er and* ***ever***. |
| 2 | Every day *will I* ***bless you*** \*  and praise your Name for ev*er and* ***ever***. |
| 3 | Great is the LORD and great*ly to* ***be praised***; \*  there is no end *to his* ***greatness***. |
| 4 | One generation shall praise your works *to an****other*** \*  and shall de*clare your* ***power***. |
| 5 | I will ponder the glorious splendor of *your ma****jesty*** \*  and all your *marve****lous works***. |
| 6 | They shall speak of the might of *your wond****rous acts***, \*  and I will tell *of your* ***greatness***. |
| 7 | They shall publish the remembrance of *your great* ***goodness***; \*  they shall sing of *your right****eous deeds***. |

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| 8 | The LORD is gracious and full *of com****passion***, \*  slow to anger and *of great* ***kindness***. |
| 9 | The LORD is loving *to eve****ryone*** \*  and his compassion is ov*er all* ***his works***. |
| 10 | All your works *praise you,* ***O LORD***, \*  and your faithful *servants* ***bless you***. |
| 11 | They make known the glory *of your* ***kingdom*** \*  and speak *of your* ***power***; |
| 12 | That the peoples may know *of your* ***power*** \*  and the glorious splendor *of your* ***kingdom***. |
| 13 | Your kingdom is an ever*lasting* ***kingdom***; \*  your dominion endures through*out all* ***ages***. |
| 14 | The LORD is faithful *in all* ***his words*** \*  and merciful *in all* ***his deeds***. |
| 15 | The LORD upholds *all those* ***who fall***; \*  he lifts up those *who are* ***bowed down***. |
| 16 | The eyes of all wait up*on you,* ***O LORD***, \*  and you give them their food *in due* ***season***. |
| 17 | You op*en wide* ***your hand*** \*  and satisfy the needs of every *living* ***creature***. |
| 18 | The LORD is righteous *in all* ***his ways*** \*  and loving *in all* ***his works***. |
| 19 | The LORD is near to those who *call up****on him***, \*  to all who call upon *him faith****fully***. |
| 20 | He fulfills the desire of *those who* ***fear him***; \*  he hears their *cry and* ***helps them***. |
| 21 | The LORD preserves all *those who* ***love him***, \*  but he destroys *all the* ***wicked***. |

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| 22 | My mouth shall speak the *praise of* ***the LORD***; \*  let all flesh bless his holy Name for ev*er and* ***ever***. |
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|  | **146** *Lauda, anima mea* |
| 1 | Hallelujah!  Praise the *LORD, O* ***my soul***! \*  I will praise the LORD as long as I live;  I will sing praises to my God while I *have my* ***being***. |
| 2 | Put not your trust in rulers, nor in an*y child* ***of earth***, \*  for there is *no help* ***in them***. |
| 3 | When they breathe their last, they *return* ***to earth***, \*  and in that day *their thoughts* ***perish***. |
| 4 | Happy are they who have the God of Ja*cob for* ***their help***! \*  whose hope is in *the LORD* ***their God***; |
| 5 | Who made heaven and earth, the seas, and all *that is* ***in them***; \*  who keeps his prom*ise for* ***ever***; |
| 6 | Who gives justice to those *who are* ***oppressed***, \*  and food to *those who* ***hunger***. |
| 7 | The LORD sets the prisoners free;  the LORD opens the *eyes of* ***the blind***; \*  the LORD lifts up those *who are* ***bowed down***; |
| 8 | The LORD loves the righteous;  the LORD cares *for the* ***stranger***; \*  he sustains the orphan and widow,  but frustrates the way *of the* ***wicked***. |
| 9 | The LORD shall *reign for* ***ever***, \*  your God, O Zion, throughout all generations.  *Halle****lujah***! |

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|  | **147** *Laudate Dominum* |
| 1 | Hallelujah!  How good it is to sing prais*es to* ***our God***! \*  how pleasant it is to hon*or him* ***with praise***! |
| 2 | The LORD rebuilds *Jeru****salem***; \*  he gathers the exiles *of Is****rael***. |
| 3 | He heals the *broken****hearted*** \*  and *binds* *up* ***their wounds***. |
| 4 | He counts the num*ber of* ***the stars*** \*  and calls them *all by* ***their names***. |
| 5 | Great is our LORD and migh*ty in* ***power***; \*  there is no limit *to his* ***wisdom***. |
| 6 | The LORD lifts *up the* ***lowly***, \*  but casts the wick*ed to* ***the ground***. |
| 7 | Sing to the LORD *with thanks****giving***; \*  make music to our God *upon* ***the harp***. |
| 8 | He covers the *heavens* ***with clouds*** \*  and prepares *rain for* ***the earth***; |
| 9 | He makes grass to grow up*on the* ***mountains*** \*  and green plants *to serve* ***mankind***. |
| 10 | He provides food *for flocks* ***and herds*** \*  and for the young ra*vens when* ***they cry***. |
| 11 | He is not impressed by the *might of* ***a horse***; \*  he has no pleasure in the *strength of* ***a man***; |
| 12 | But the LORD has pleasure in *those who* ***fear him***, \*  in those who await his *gracious* ***favor***. |

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| 13 | Worship the LORD, O *Jeru****salem***; \*  praise your *God, O* ***Zion***; |
| 14 | For he has strengthened the *bars of* ***your gates***; \*  he has blessed your child*ren with****in you***. |
| 15 | He has established peace *on your* ***borders***; \*  he satisfies you with *the fi****nest wheat***. |
| 16 | He sends out his com*mand to* ***the earth***, \*  and his word runs *very* ***swiftly***. |
| 17 | He *gives snow* ***like wool***; \*  he scatters hoar*frost like* ***ashes***. |
| 18 | He scatters his *hail like* ***bread crumbs***; \*  who can stand *against* ***his cold***? |
| 19 | He sends forth his *word and* ***melts them***; \*  he blows with his wind, and *the wat****ers flow***. |
| 20 | He declares his *word to* ***Jacob***, \*  his statutes and his judgments *to Is****rael***. |
| 21 | He has not done so to any *other* ***nation***; \*  to them he has not revealed his judgments.  *Halle****lujah***! |
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|  | **148** *Laudate Dominum* |
| 1 | Hallelujah!  Praise the LORD *from the* ***heavens***; \*  praise *him in* ***the heights***. |
| 2 | Praise him, all you *angels* ***of his***; \*  praise *him, all* ***his host***. |
| 3 | Praise *him, sun* ***and moon***; \*  praise him, all *you shi****ning stars***. |

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| 4 | Praise him, hea*ven of* ***heavens***, \*  and you waters a*bove the* ***heavens***. |
| 5 | Let them praise the *Name of* ***the LORD***; \*  for he commanded, and they *were cre****ated***. |
| 6 | He made them stand fast for ev*er and* ***ever***; \*  he gave them a law which shall *not pass* ***away***. |
| 7 | Praise the *LORD from* ***the earth***, \*  you sea-mon*sters and* ***all deeps***; |
| 8 | Fire and *hail, snow* ***and fog***, \*  tempestuous wind, *doing* ***his will***; |
| 9 | Moun*tains and* ***all hills***, \*  fruit trees *and all* ***cedars***; |
| 10 | Wild beasts *and all* ***cattle***, \*  creeping things *and wing****èd birds***; |
| 11 | Kings of the earth *and all* ***peoples***, \*  princes and all ru*lers of* ***the world***; |
| 12 | Young *men and* ***maidens***, \*  old and *young to****gether***. |
| 13 | Let them praise the *Name of* ***the LORD***, \*  for his Name only is exalted,  his splendor is over *earth and* ***heaven***. |
| 14 | He has raised up strength for his people  and praise for all his *loyal* ***servants***, \*  the children of Israel, a people who are near him.  *Halle****lujah***! |
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|  | **149** *Cantate Domino* |
| 1 | Hallelujah!  Sing to the *LORD a* ***new song***; \*  sing his praise in the congregation *of the* ***faithful***. |
| 2 | Let Israel rejoice *in his* ***Maker***; \*  let the children of Zion be joy*ful in* ***their King***. |
| 3 | Let them praise his *Name in* ***the dance***; \*  let them sing praise to him with *timbrel* ***and harp***. |
| 4 | For the LORD takes pleasure *in his* ***people*** \*  and adorns the poor *with vic****tory***. |
| 5 | Let the faithful re*joice in* ***triumph***; \*  let them be joy*ful on* ***their beds***. |
| 6 | Let the praises of God *be in* ***their throat*** \*  and a two-edged *sword in* ***their hand***; |
| 7 | To wreak vengeance *on the* ***nations*** \*  and punishment *on the* ***peoples***; |
| 8 | To bind *their kings* ***in chains*** \*  and their nobles *with links* ***of iron***; |
| 9 | To inflict on them the *judgment* ***decreed***; \*  this is glory for all his faithful people.  *Halle****lujah***! |
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|  | **150** *Laudate Dominum* |
| 1 | Hallelujah!  Praise God in his *holy* ***temple***; \*  praise him in the firmament *of his* ***power***. |

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| 2 | Praise him for *his migh****ty acts***; \*  praise him for his ex*cellent* ***greatness***. |
| 3 | Praise him with the blast *of the* ***ram's-horn***; \*  praise him *with lyre* ***and harp***. |
| 4 | Praise him with *timbrel* ***and dance***; \*  praise him *with strings* ***and pipe***. |
| 5 | Praise him with re*sounding* ***cymbals***; \*  praise him with loud-*clanging* ***cymbals***. |
| 6 | Let every*thing that* ***has breath*** \*  praise the Lord.  *Halle****lujah***! |