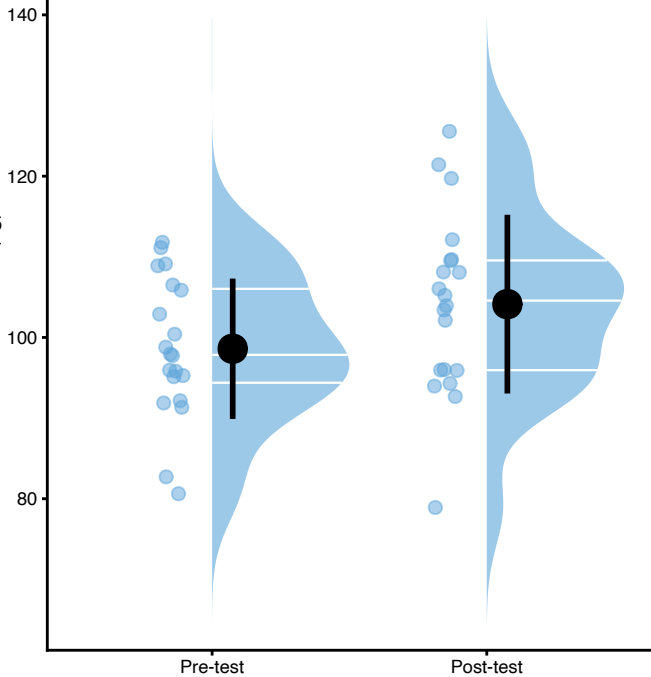


A

Bench Press 1RM (kg)

**B**

Change in Bench Press 1RM (kg)

