

Work, Energy and Power

1. A man pushes a car with a force of 250 N for 100m. What is the work he does on the car?

ANSWER: _____

2. A man lifts a heavy box 2 m from the ground vertically. If he does 200 J of work, what force does he exert on the box?

ANSWER: _____

3. A ball of mass 0.5 kg has 100 J of kinetic energy. What is the velocity of the ball?

ANSWER: _____

4. An 8 kg mass moves at 30 ms^{-1} . What is its kinetic energy?

ANSWER: _____

5. A horse pulls a sled across the snow with a force of 180 N. He pulls the sled 500 m in 5 minutes.
- What is the power at which the horse pulls?
 - If $1 \text{ hp} = 746 \text{ Js}^{-1}$, is the horse lazy? Why?

ANSWER: a) _____ b) _____

6. A boy of mass 50kg climbs a 3 m wall and then jumps to the ground.
- What is his weight?
 - How much work is done climbing the wall?
 - What kind of energy and how much of it does he have before he jumps off the wall?
 - What is his velocity just before he hits the ground?

ANSWER: a) _____

b) _____

c) _____

d) _____

Solutions

1. 25000 J
2. 100 N
3. 20 ms^{-1}
4. 3600 J
5. .
 - a. 300 Js^{-1} or 300 W
 - b. Yes (horse is pulling at 300 W but 1 hp is 746 W)
6. .
 - a. 490 N
 - b. 1470 J
 - c. Potential energy, 1470 J
 - d. 7.7 ms^{-1}