

Ernesto Lupercio May 6, 2025

# Understanding GRPO



#### What Is REINFORCE?

- REINFORCE is a way to teach a computer (or robot) to learn from rewards.
- It tries things, sees what works, and adjusts itself to do better over time.
- Like learning to play a game by trial and error.

#### How Does It Work?

- The computer sees a state s (like the game screen).
- It chooses an action a (like jump or move).
- It gets a reward R (like a score).
- It uses this info to adjust its brain  $\theta$ .

# What Is a Policy?

- A policy tells the computer what to do in each situation.
- Written as  $\pi\theta$  (a | s): the chance of taking action a in state s.
- $\theta$ : the computer's internal settings (like its brain weights).
- Changing  $\theta$  changes how it plays.

# Learning Rule (Simplified)

• After each move, it adjusts its brain based on how good the result was:

$$\theta \leftarrow \theta + \text{learning rate} \times (\text{action score})$$

- Good actions  $\Rightarrow$  increase chance
- Bad actions ⇒ decrease chance

# Mathematical Form (Optional)

$$\theta \leftarrow \theta + \alpha \cdot \nabla \theta \log \pi \theta (at \mid st) \cdot Rt$$

- α: learning rate
- $\nabla \theta$ : change in settings
- $\log \pi\theta$  (at | st ): how confident it was
- Rt: the reward it got

# Why It's Called REINFORCE

- Like a coach saying "Great move! Do that again."
- Or "That was bad. Let's change the plan."
- It reinforces good actions with higher probability.

#### Everyday Analogy

- Imagine throwing darts at a target.
- You get points based on where you hit.
- You adjust your next throw based on the last result.
- Over time, you learn to aim better.

# Summary

- REINFORCE teaches by trying and adjusting.
- It uses feedback (rewards) to get better.
- It increases good decisions and decreases bad ones.
- It's the starting point of many powerful AI systems today.



#### REINFORCE: Key Formula

$$\nabla \theta J(\theta) = E[\nabla \theta \log \pi \theta (at|st)Rt]$$

- $\theta$ : parameters of the policy (like the robot's brain settings)
- $\pi\theta$  (at|st): probability of taking action at in state st
- Rt: total reward after time t
- $\nabla \theta \log \pi \theta$  (at|st): how to change the policy

#### What Does It Mean?

- Increase the chance of actions that gave good rewards.
- Decrease the chance of actions that led to bad outcomes.
- Learn by trial and error using total reward.

# Symbols in Context

- State (st): What the agent sees at time t
- Action (at ): What the agent decides to do
- Reward (Rt ): What it gains (or loses) afterward
- Policy  $(\pi\theta)$ : Rule the agent follows to choose actions
- Gradient ( $\nabla \theta$ ): Tells how to adjust the brain

#### Pseudocode for REINFORCE

Initialize policy parameters theta
Repeat:
Generate an episode: (s\_0, a\_0, r\_1, ..., s\_T)
For each time step t in episode:
Compute return R\_t = sum of future rewards
Compute gradient: g = grad\_theta log(pi\_theta(a\_t | s\_t)) \* R\_t
Update theta using gradient ascent

Until convergence

#### Actor-Critic

- Teach a robot (or computer) to make good decisions.
- Use rewards to learn what works well.
- Actor-Critic is a smarter way to learn than REINFORCE.

#### Two Roles: Actor and Critic

- Actor: decides what to do (takes actions).
- Critic: gives feedback (estimates how good the situation is).
- They work together to learn faster and better.

# Key Idea

- Actor learns the policy  $\pi\theta$  (a|s): what to do in state s.
- Critic learns the value Vw (s): how good is state s?
- Together, they adjust based on feedback.

#### Mathematical Pieces

• Actor uses the policy gradient:

$$\nabla \theta J(\theta) = \nabla \theta \log \pi \theta (a|s) \cdot A(s, a)$$

• Critic estimates the advantage:

$$A(s, a) = r + \gamma V(s') - V(s)$$

• γ: discount factor (between 0 and 1)

### How the Critic Helps

- Instead of waiting until the end of the game (like REINFORCE),
- The critic gives feedback immediately using its value estimate.
- This helps the actor make better choices faster.

#### Learning Together

- 1. Actor takes action a in state s.
- 2. Environment gives reward r and next state s'.
- 3. Critic updates V (s) using:

$$V(s) \leftarrow V(s) + \alpha(r + \gamma V(s') - V(s))$$

4. Actor updates policy based on advantage.

### Why Is This Better Than REINFORCE?

- Less randomness (variance)
- Learns from every step, not just full games
- Actor doesn't need to guess critic helps guide it

# Everyday Analogy

- Actor = student trying to answer questions
- Critic = teacher giving hints and feedback
- Together, they help the student (robot) learn faster

# Conclusion

- Actor-Critic uses two brains: one to act, one to evaluate.
- It builds on REINFORCE but is more efficient.
- A powerful idea used in many modern AI systems.



#### TRPO (Trust Region Policy Optimization)

- Imagine training a robot that suddenly forgets everything after one mistake.
- Regular policy gradient can make big, unsafe changes.
- We need a way to say: "Don't change the brain too much in one go."
- That's what TRPO does: it keeps updates safe and small.

#### The TRPO Idea

- TRPO updates the policy, but only if it doesn't stray too far.
- Think of it like driving: you can steer, but not jerk the wheel.
- Mathematically, it uses a constraint:

$$KL(\pi old // \pi new) \le \delta$$

• KL divergence measures how different the two policies are.

#### The TRPO Formula

• TRPO maximizes a surrogate reward function:

$$L(\theta) = E \int_{\frac{\pi_{\theta}(a|s)}{\pi_{\theta}(a|s)}}^{1} A(s, a)$$

- This compares the new and old policies.
- But only allows it if the KL difference is small.

# Why This Matters

- It prevents the robot from making dangerous changes.
- Every update is like a gentle nudge, not a hard shove.
- Result: safer learning, more stable improvement.

#### The PPO Idea

- Instead of hard rules (like  $KL \le \delta$ ), PPO softens it.
- It compares new vs. old action probabilities:

$$r_t(\theta) = \frac{\pi_{\theta}(a_t | s)}{\pi_{\theta_{\text{old}}}(a_t | s_t)}$$

• If the change is too big, we clip it to keep it safe.

#### Why PPO Was Invented

- TRPO works well, but is complicated to implement.
- PPO keeps the same goal: avoid dangerous updates.
- But it uses a much simpler trick: clipping.
- PPO is like saying: "Let the robot learn, but not too fast."

### The PPO Objective

• PPO tries to maximize:

min (rt At, clip(rt, 
$$1 - \epsilon$$
,  $1 + \epsilon$ )At)

- This means:
  - o If the update is small, let it happen.
  - If it's too big, clip it so it doesn't go wild.
- This makes PPO robust and stable.

#### Understanding the clip() Function

- PPO uses a clipping function to avoid large policy updates.
- Mathematically:

- In words: "Don't let the ratio r go too far from 1."
- Keeps the policy update from being too aggressive.
- Helps maintain stability and trust in learning.

# PPO Symbols Explained

- $\pi\theta$ : policy with parameters  $\theta$
- at: action taken at time t
- st: state observed at time t
- At : advantage at time t, how much better the action was than average

 $r_t(\theta) = \frac{\pi_{\theta}(a_t|s_t)}{\pi_{\theta_{old}}(a_t|s_t)}$ : how much the new policy favors this action  $\epsilon$ : clip range parameter, e.g., 0.2

#### Pseudocode for PPO

Initialize policy parameters theta and value function parameters for iteration in range(N):

Collect trajectories using current policy pi\_theta

Estimate advantage A\_t and returns for epoch in range(K):

for minibatch in trajectories:

r\_t = pi\_theta(a\_t|s\_t) / pi\_theta\_old(a\_t|s\_t) 
clipped = clip(r\_t, 1 - epsilon, 1 + epsilon) 
loss = -min(r\_t \* A\_t, clipped \* A\_t) 
Update policy parameters using gradient of loss 
aUpdate value function to fit returns

# Why PPO Works Well

- Easier to implement than TRPO.
- Works with simple gradient descent (no fancy math).
- Learns safely and quickly.
- PPO is used in real-world tasks from games to finance.

## History and Impact of PPO

- Proposed by OpenAI in 2017. Aimed to simplify and stabilize policy optimization.
- Built as a lighter alternative to TRPO (Trust Region Policy Optimization).
- Became widely used for its balance of performance and ease of implementation.
- Published in: "Proximal Policy Optimization Algorithms", Schulman et al., 2017.

#### Spectacular Applications of PPO

- **OpenAI Five** trained agents to play Dota 2 at a superhuman level.
- **Robotic control** simulated and real robots for walking, grasping, balancing.
- **Autonomous vehicles** learning lane-keeping and adaptive driving policies.
- **Finance** portfolio management, algorithmic trading strategies.
- **Games** used in Unity ML-Agents Toolkit to train AI in video games.

# Group Relative Policy Optimization (GRPO): Origins and Development

- Introduction of GRPO: Introduced by DeepSeek in their 2024 paper, DeepSeekMath: Pushing the Limits of Mathematical Reasoning in Open Language Models [?].
- **Motivation:** Designed to enhance mathematical reasoning in large language models (LLMs) by simplifying the reinforcement learning (RL) process.
- **Key Innovation:** Eliminates the need for a separate value function (critic) by estimating baselines from group scores, reducing computational overhead.
- Implementation: First applied in training DeepSeek-R1 and DeepSeek-R1-Zero models, demonstrating improved reasoning capabilities without extensive supervised fine-tuning.

# DeepSeek-R1-Zero: Advancing LLM Reasoning with GRPO

- **Model Overview:** DeepSeek-R1-Zero is a large language model trained exclusively using GRPO, without supervised fine-tuning, achieving strong performance in reasoning tasks.
- **Training Efficiency:** Leveraged GRPO to reduce the need for human-annotated data and extensive computational resources, making training more cost-effective.
- **Performance:** Demonstrated competitive results on benchmarks like the American Invitational Mathematics Examination (AIME) and MATH, showcasing GRPO's effectiveness in enhancing LLM reasoning abilities.
- **Impact:** DeepSeek-R1-Zero's success with GRPO has influenced the development of subsequent models and training methodologies in the field of AI.

#### GRPO: Learning Without a Teacher

Imagine you're teaching a robot to solve math problems.

- You give the robot a math question.
- It tries out k different answers: a1, a2, . . . , ak .
- But there's no teacher around to say which is correct!
- So the robot compares the answers against each other.
- The ones that look better get rewarded, the rest don't.

#### How Does GRPO Know Which Answer Is Better?

- Even without a teacher, GRPO can compare answers by scoring them using a reward model.
- Think of it as an internal judge trained to recognize good answers.
- For example, it might score answers based on:
  - Correctness clues (e.g., algebraic validity)
  - Completeness and clarity
  - Alignment with the question asked
- Then it ranks all answers a1, . . . , ak by these scores.
- The best answers (relative to the rest) get positive rewards Ri > R<sup>-</sup>.
- GRPO uses these scores to update the robot's brain favoring better answers.

#### **GRPO:** The Update Rule

The robot learns by making better answers more likely.

- Each answer gets a relative score how good it was compared to the rest.
- o Define:

$$\theta \leftarrow \theta + \alpha \int_{i=1}^{k} \nabla_{\theta} \log \pi_{\theta}(a_i \mid s) \cdot (R - R)$$

Where:

- θ: the robot's brain (model weights)
- α: learning rate (how fast it learns)
- $\pi\theta$  (ai | s): the probability it picked answer ai
- Ri: reward for answer ai
- R<sup>-</sup>: average reward of all answers

#### **GRPO: All Symbols Explained**

- s: the question or input the robot sees
- ai : the i -th answer the robot gives
- $\pi\theta$  (ai | s): the probability assigned to that answer
- Ri: a reward for how good that answer was (relative to others)

$$\overline{R} = \frac{1}{k} \stackrel{L}{}_{j=1}^{k} R_{j}$$
: the average reward over all answers

- $\nabla \theta \log \pi \theta$  (ai | s): tells how to increase or decrease the chance of this answer
- α: how big of a change to make (learning rate)

#### **GRPO Pseudocode**

for each question s:

Generate k answers a\_1, ..., a\_k from current policy pi\_theta
Score each answer using a reward model: R\_1, ..., R\_k
Compute average reward: R\_bar = average(R\_i)
For each i = 1 to k:
Compute log\_prob = log pi\_theta(a\_i | s)
Compute gradient = (R\_i - R\_bar) \* grad\_theta log\_prob
Accumulate gradient
Update theta using accumulated gradient

**GRPO:** Why It Works

- If an answer is better than average:  $Ri > R^- \Rightarrow$  increase chance of that answer.
- If an answer is worse: decrease its chance.
- No need for labeled answers the robot self-improves.
- It's like playing chess with yourself and always favoring better moves.

#### DeepSeek and GRPO in Practice

- DeepSeek used GRPO to train a math-solving robot called
- DeepSeek-R1-Zero.
- It didn't get supervised feedback just learned from its own output quality.
- GRPO made training faster and cheaper no human labels needed.
- It ended up solving hard math problems like those in international competitions!

# Why GRPO is Awesome

- Self-taught learning: the robot becomes smarter by comparing its own attempts.
- No teachers needed: works even when no labeled data is available.
- Efficient and powerful: used in cutting-edge AI research.
- Good for logic, math, puzzles, and reasoning tasks.





