

The Mathematics of Lasagne

Edmund Goodman

University of Warwick Computing Society

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Part I - The Cube Rule of Food¹

¹<https://cuberule.com/>

What is a Sandwich?

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But what about edge-cases!

Are hot dogs sandwiches...?

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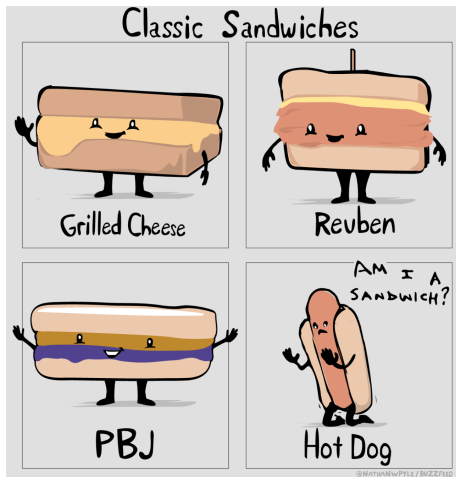
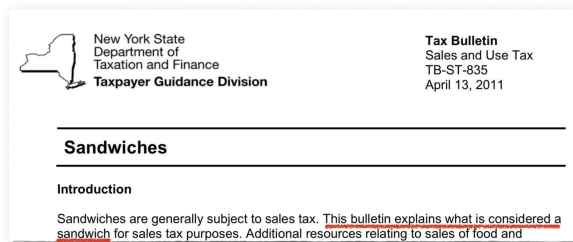


Figure 1: A hot dog experiencing existential dread [1]

The State of New York says “Yes”!



- gyros;
- hamburgers on buns, rolls, etc.;
- heroes, hoagies, torpedoes, grinders, submarines, and other such sandwiches;
- hot dogs and sausages on buns, rolls, etc.;
- melt sandwiches;
- open-faced sandwiches;
- panini sandwiches;
- Reuben sandwiches; and
- wraps and pita sandwiches.

Figure 2: New York State Tax Code classifying hot dogs as sandwiches

The “Sandwich Alignment Chart” attempted to bring order










	INGREDIENT PURIST (Must have classic sandwich toppings: meat, cheese, lettuce, condiments, etc.)	INGREDIENT NEUTRAL (Can contain a broader scope of savoury ingredients)	INGREDIENT REBEL (Can contain literally any food products sandwiched together)
STRUCTURE PURIST (A sandwich must have a classic sandwich shape: two pieces of bread/baked product, with toppings in between)	HARDLINE TRADITIONALISTS  “A BLT is a sandwich.”	STRUCTURAL PURIST, INGREDIENT NEUTRAL  “A chip butty is a sandwich.”	STRUCTURAL PURIST, INGREDIENT REBEL  “Ice cream between waffles is a sandwich.”
STRUCTURE NEUTRAL (The container must be on either side of the toppings, but not necessarily two separate pieces)	STRUCTURAL NEUTRAL, INGREDIENT PURIST  “A sub is a sandwich.”	TRUE NEUTRAL  “A hot dog is a sandwich.”	STRUCTURAL NEUTRAL, INGREDIENT REBEL  “An ice cream taco is a sandwich.”
STRUCTURE REBEL (Can contain any food enveloped in any way by a containing food)	STRUCTURAL REBEL, INGREDIENT PURIST  “A chicken wrap is a sandwich.”	STRUCTURAL REBEL, INGREDIENT NEUTRAL  “A burrito is a sandwich.”	RADICAL SANDWICH ANARCHY  “A Pop-Tart is a sandwich.”

Figure 3: An alignment chart for what is considered a sandwich [2]

But this only led to more chaos...





フォス@ナナシス武道館ライブに行...

@Phosphatide

Follow



are you unsatisfied with current debates regarding what is or is not a sandwich? you should try using the cube rule for identifying what you're eating!

Figure 5: A tweet introducing the “Cube Rule of Food” [3]

The Cube Rule of Food

For identifying dishes based on starch locations



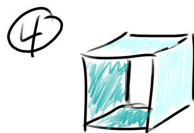
Toast



Sandwich



Taco



Sushi



Soup/Salad
w/ Bread Bowl



Calzone

The Cube Rule of Food

- Two foodstuffs are isomorphic under the “Cube Rule of Food” iff the location of their starch content as mapped onto a cube are the same
- This partitions the set of all foodstuffs into equivalence classes based on the location of their starch content²
 - Foodstuffs can be referred to interchangeably within their equivalence class, for example: *A slice of toast is Pizza*

²Will need some additional special cases to cover the entire set

The Cube Rule of Food – Toast

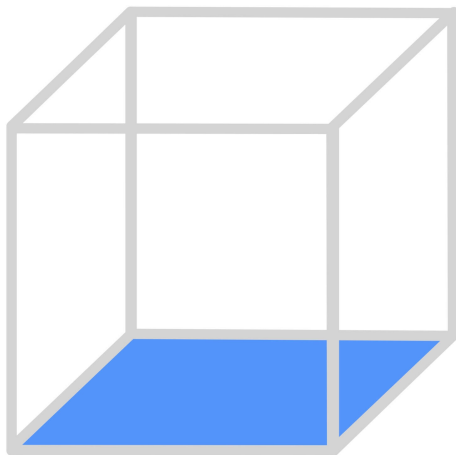


Figure 6: The starch locations of the “Toast” equivalence class

Examples of Toast



(a) Pizza



(b) Nigiri Sushi



(c) A slice of Pumpkin Pie
(i.e. bent toast)

The Cube Rule of Food – Sandwich

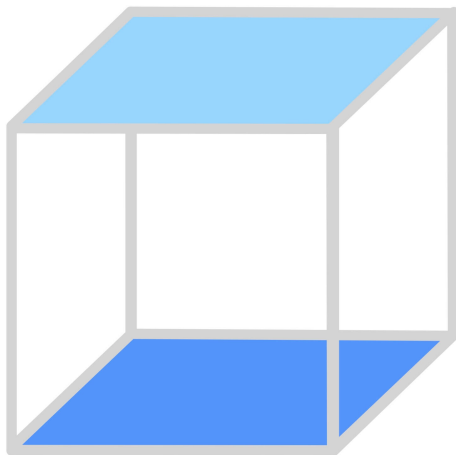


Figure 8: The starch locations of the “Sandwich” equivalence class

Examples of Sandwiches



(a) Quesadilla



(b) Victoria Sponge Cake

The Cube Rule of Food – Taco

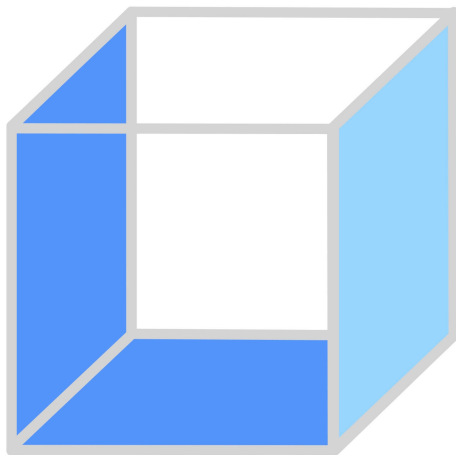


Figure 10: The starch locations of the “Taco” equivalence class

Examples of Tacos



(a) Hot dog



(b) Sub sandwich (uncut)



(c) A slice of pie (a taco on its side)

The Cube Rule of Food – Sushi



Figure 12: The starch locations of the “Sushi” equivalence class

Examples of Sushi



(a) Enchilada



(b) Falafel



(c) Pigs in blankets

The Cube Rule of Food – Quiche

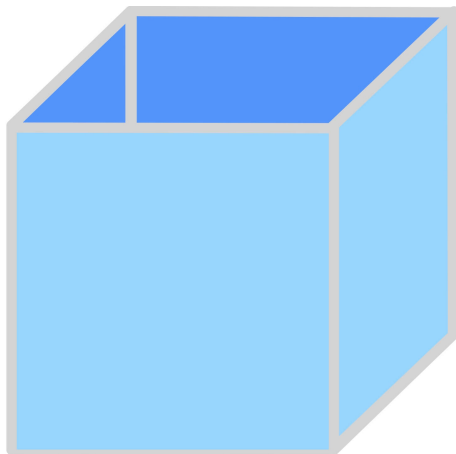


Figure 14: The starch locations of the “Quiche” equivalence class

Examples of Quiche



(a) Cheesecake



(b) Deep dish pizza



(c) Soup bread bowl

The Cube Rule of Food – Calzone

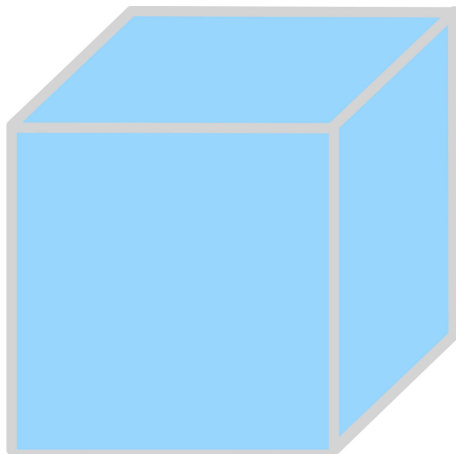


Figure 16: The starch locations of the “Calzone” equivalence class

Examples of Calzone



(a) Pie (whole)



(b) Burrito



(c) Dumplings

Is this enough?

- For these groupings to be equivalence classes, their union must cover the entire set
- In the initial set of rulings, this is not true!
 - For example foodstuffs with no starch, such as salads, are not in any of the groupings
- To address this, we need to introduce a couple more classes to capture the foods which don't conform to our (beautiful) system

The Cube Rule of Food – Salad

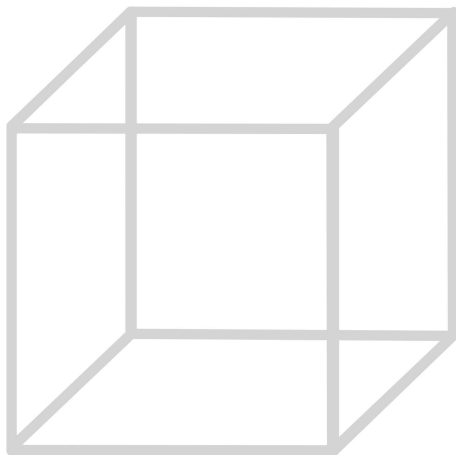


Figure 18: The starch locations of the “Salad” equivalence class

Examples of Salads



(a) Steak



(b) Chocolate



(c) Soup (wet salad)

The Cube Rule of Food – Nachos

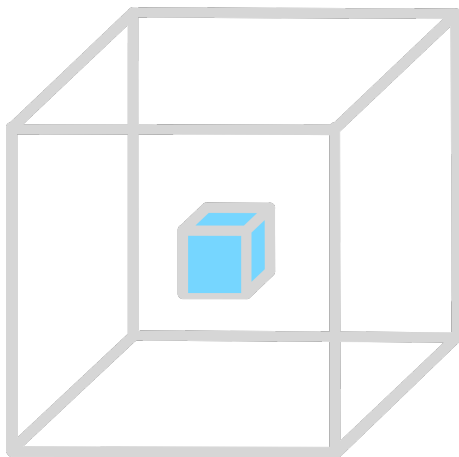


Figure 20: The starch locations of the “Nachos” equivalence class

Examples of Nachos



(a) Salad (with croutons)



(b) Poutine

The Cube Rule of Food – Cake



Figure 22: The starch locations of the “Cake” grouping of foodstuffs

Examples of Cakes



(a) Big Mac™



(b) A stack of pancakes

Is *this* enough?

- I'm not sure how you would actually prove this!
- However, if you take a generous view of equivalence class membership, this is probably enough to uniquely cover all foods

Part II - A (brief) introduction to Group Theory

What is a group?

- Intuitively, a group is an algebraic structure consisting of both:
 - 1 A set of items
 - 2 An operation which combines two of its elements to form a third element

What is a group?

More formally, a group is defined as:

- A set of elements, G
- A binary operation \bullet which maps two elements $a, b \in G$ to another element $c = a \bullet b \in G$ in the set
- Where the following properties hold:
 - 1 **Closure** – $\forall a, b \in G, \quad a \bullet b \in G$
 - 2 **Associativity** – $\forall a, b, c \in G, \quad (a \bullet b) \bullet c = a \bullet (b \bullet c)$
 - 3 **Identity element** – $\exists e \in G \forall a \in G, \quad e \bullet a = a \bullet e = a$
 - 4 **Inverse element** – $\forall a \in G \exists b \in G, \quad a \bullet b = b \bullet a = e$

What if some of the properties don't hold?

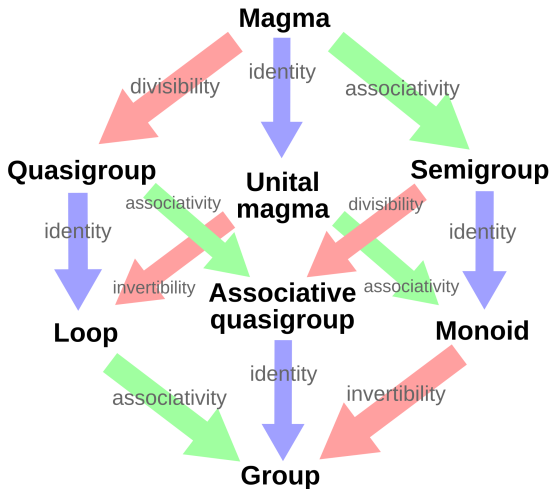


Figure 24: Algebraic structures between magmas and groups [4]

Why are groups interesting?

Groups have many applications for understanding the Real World™

- Modelling physical phenomena
 - Crystals
 - Hydrogen atoms
 - Three of the four known fundamental forces in the universe
- Public key cryptography
- And many more...³

³<https://tvtropes.org/.../ChekhovsGun>

Part III - Defining Lasagne



Figure 25: Garfield loves Lasagne [5]

What is a Lasagne?



Figure 26: A portion of Lasagne

Is this still Lasagne?



Figure 27: If you cut a portion of Lasagne in half, and stack one half on top of the other – it is still Lasagne!

Does Lasagne form a group?

- G is the set containing all Lasagnes with a non-negative number of layers, i.e. $G = \{ n\text{-layer Lasagne} \mid n \in \mathbb{N}_0 \}$
- The binary operation \bullet is stacking two Lasagnes, one atop the other
- Do the four properties hold?
 - 1 **Closure**
 - 2 **Associativity**
 - 3 **Identity element**
 - 4 **Inverse element**

Group properties of Lasagne?

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- Does Lasagne have an identity element under the stacking operation?
 - Yes! The identity element is the empty Lasagne, a Lasagne with no layers
- Does Lasagne have inverse elements under the stacking operation?
 - No! By counter-example, there is no Lasagne with a non-negative integer number of layers which you could stack on a single-layer Lasagne to get the empty Lasagne

So what does it form?

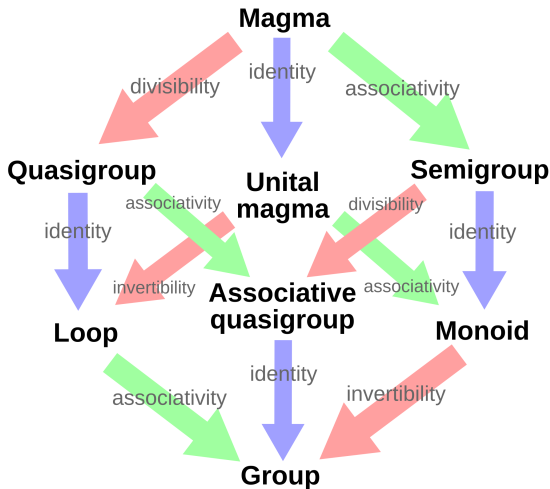


Figure 28: Algebraic structures between magmas and groups [4]

Lasagne is a monoid under
the stacking operation!

Lasagne is a monoid under the stacking operation!

However, it is not a monad, since it is not in the category of endofunctors...

The Lasagne monoid in Haskell

```
newtype Lasagne = Lasagne Int
  deriving (Show, Num)

-- The stacking operating can be considered integer
-- addition of the number of layers
instance Semigroup Lasagne where
  (<>) = (+)

-- The identity element is the empty (zero-layer) Lasagne
instance Monoid Lasagne where
  mempty = Lasagne 0

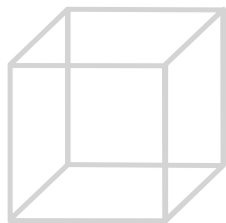
-- Stacking 5 and 6 layers gives 11 layers:
--
-- ghci> Lasagne 5 <> Lasagne 6
-- Lasagne 11
```


Extending the Cube Rule of Food

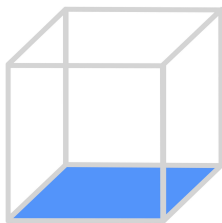
- Now that we know Lasagne is a monoid, we can use it to extend the “Cube Rule of Food”!
 - Salad is isomorphic to the identity element of the Lasagne monoid
 - Pizza is isomorphic to the single-layer element of the Lasagne monoid
 - Sandwiches are isomorphic to the double-layer element in the monoid

Extending the Cube Rule of Food

- Now that we know Lasagne is a monoid, we can use it to extend the “Cube Rule of Food”!
 - Salad is isomorphic to the identity element of the Lasagne monoid
 - Pizza is isomorphic to the single-layer element of the Lasagne monoid
 - Sandwiches are isomorphic to the double-layer element in the monoid
 - **In fact, Lasagne forms a rigorous definition of Cake!**



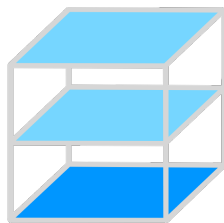
(a) Salad as the identity Lasagne



(b) Toast as a single-layer Lasagne



(c) Sandwiches as a double-layer Lasagne



(d) Triple-layer cakes as a Lasagne

Figure 29: Other equivalence classes as elements of the Lasagne Monoid

Why is this useful?

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It isn't...

It isn't...

But I think it is funny, and maybe you did too...



Thanks for listening!



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I refuse to answer any questions...

Bibliography I

- [1] Nathan W. Pyle. *Classic Sandwiches*. en. URL: <https://imgur.com/a/R2Hru> (visited on 10/17/2023).
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- [3] @Phosphatide. *The Cube Rule*. en-GB. URL: <https://twitter.com/Phosphatide/status/974067376894328833> (visited on 10/17/2023).
- [4] Wikimedia Commons. *Algebraic structures between magmas and groups*. Dec. 2020. URL: https://commons.wikimedia.org/wiki/File:Algebraic_structures_-_magma_to_group.svg (visited on 10/18/2023).

- [5] Jim Davis. *Garfield Loves Lasagna (food)*. en. URL: [https://garfield.fandom.com/wiki/Lasagna_\(food\)](https://garfield.fandom.com/wiki/Lasagna_(food)) (visited on 10/18/2023).