Creating and Accessing Pandas DataFrames

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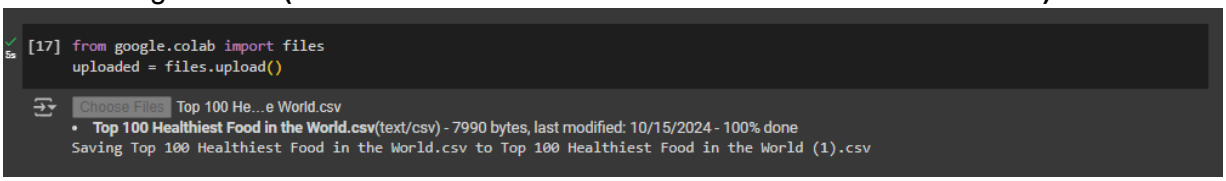
Intended Learning Outcomes (ILO):

By the end of this laboratory session, learners will be able to

- Construct and manipulate Pandas DataFrames from various data structures (such as lists, dictionaries, and NumPy arrays) while demonstrating an understanding of DataFrame attributes and methods. This includes loading the dataset, creating DataFrames with appropriate column labels and accessing data from rows and columns.

Instructions:

1. **Loading your dataset**: Refer back to your chosen dataset from the PRELIM period. Whether you downloaded it or stored it in your Google Drive, you are required to load it into the Google Colab. Watch this video to learn more about how to read CSV files in Google Colab.**(Take a screenshot to document successful execution.)**



2. **Creating a dataframe from your CSV file:** Once you have successfully loaded your dataset, you need to create a dataframe from your uploaded CSV file.**(Take a screenshot to document successful execution.)**

```
[18] import pandas as pd
     data = pd.read_csv('Top 100 Healthiest Food in the World.csv')
     top1h = pd.DataFrame(data)
     print(top1h)
```

```
                Food          Nutrition Value (per 100g)         Quantity  \
0              Kale            High in Vitamins A, C, K   1 cup, chopped
1       Blueberries                 High in Antioxidants            1 cup
2            Salmon          Rich in Omega-3 Fatty Acids            3 oz
3            Garlic                     Contains Allicin          1 clove
4           Spinach              High in Iron and Folate       1 cup, raw
..              ...                                 ...              ...
93          Pomelo                   High in Vitamin C  1 cup, sections
94       Radicchio  Low in Calories, High in Vitamin K  1 cup, shredded
95          Jicama             Good Source of Vitamin C    1 cup, sliced
96  Wakame Seaweed                  High in Fucoxanthin       1 cup, raw
97    Dragon Fruit          Good Source of Antioxidants     1 cup, cubed

           Originated From  Calories  Protein (g)  Fiber (g)  Vitamin C (mg)  \
0           Ancient Greece        49          4.3        3.6            93.4
1            North America        84          1.1        3.6            14.4
2      North Pacific Ocean       208         22.1        0.0             0.0
3             Central Asia         4          0.2        0.1             0.9
4           Ancient Persia        23          2.9        2.2            28.1
..                     ...       ...          ...        ...             ...
93          Southeast Asia        72          1.4        2.4           115.3
94                   Italy         9          0.6        0.4             2.6
95                  Mexico        46          0.9        6.4            20.2
96                   Japan         5          0.3        0.4             3.0
97  Central/South America       136          2.9        7.0             9.0

    Antioxidant Score
0                1770
1                9621
2                 689
3                5708
4                1515
..                ...
93               1548
94               1016
95                406
96               2115
97               2551

[98 rows x 9 columns]
```

3. **Creating a dataframe from a dictionary of lists:** Manually create a dictionary where each value is composed of a list from your original dataset, then load it into a dataframe, before printing it. You are required to provide at least five (5) observations in your list. **(Take a screenshot to document successful execution.)**

```
data = {
    'Food': ['Kale', 'BLueberries','Salmon', 'Garlic', 'Spinach'],
    'Nutrition Value (per 100g)': ['Anti-inflammatory Properties', 'Complete Protein Source', 'Complete Protein Source',
                                   'Contains Allicin', 'Contains Bromelain'],
    'Quantity': ['1 cup, chopped', '1 cup', '3 oz', '1 clove', '1 cup, raw'],
    'Originated From': ['Ancient Greece', 'North America', 'North Pacific Ocean', 'Central Asia', 'Ancient Persia'],
    'Calories': [99, 99, 97, 95, 9]
}

top_one_hun = pd.DataFrame(data)
top_one_hun
```

	Food	Nutrition Value (per 100g)	Quantity	Originated From	Calories
0	Kale	Anti-inflammatory Properties	1 cup, chopped	Ancient Greece	99
1	BLueberries	Complete Protein Source	1 cup	North America	99
2	Salmon	Complete Protein Source	3 oz	North Pacific Ocean	97
3	Garlic	Contains Allicin	1 clove	Central Asia	95
4	Spinach	Contains Bromelain	1 cup, raw	Ancient Persia	9

Next steps: Generate code with top_one_hun | View recommended plots | New interactive sheet

4. **Creating a dataframe from a list of dictionaries:** Manually create a list of dictionaries from your original dataset, then pass it into a dataframe, before printing it. You are required to provide at least five (5) observations in your list. **(Take a screenshot to document successful execution.)**

```
[28] data_list = [
        {
            'Food': 'Kale',
            'Nutrition Value (per 100g)': 'Anti-inflammatory Properties',
            'Quantity': '1 cup, chopped',
            'Originated From': 'Ancient Greece',
            'Calories': 99
        },
        {
            'Food': 'Blueberries',
            'Nutrition Value (per 100g)': 'Complete Protein Source',
            'Quantity': '1 cup',
            'Originated From': 'North America',
            'Calories': 99
        },
        {
            'Food': 'Garlic',
            'Nutrition Value (per 100g)': 'Contains Allicin',
            'Quantity': '1 clove',
            'Originated From': 'Central Asia',
            'Calories': 97
        },
        {
            'Food': 'Spinach',
            'Nutrition Value (per 100g)': 'Contains Bromelain',
            'Quantity': '1 cup, raw',
            'Originated From': 'Ancient Persia',
            'Calories': 95
        },
        {
            'Food': 'Salmon',
            'Nutrition Value (per 100g)': 'Complete Protein Source',
            'Quantity': '3 oz',
            'Originated From': 'North Pacific Ocean',
            'Calories': 9
        }
    ]

    df_from_dict_list = pd.DataFrame(data_list)
    df_from_dict_list
```

	Food	Nutrition Value (per 100g)	Quantity	Originated From	Calories
0	Kale	Anti-inflammatory Properties	1 cup, chopped	Ancient Greece	99
1	Blueberries	Complete Protein Source	1 cup	North America	99
2	Garlic	Contains Allicin	1 clove	Central Asia	97
3	Spinach	Contains Bromelain	1 cup, raw	Ancient Persia	95
4	Salmon	Complete Protein Source	3 oz	North Pacific Ocean	9

5. **Selecting dataframe columns:** Execute a method that would allow you to select a single and multiple dataframe columns. **(Take a screenshot to document successful execution.)**
    a. Single Dataframe Columns:

```
single_column = top_one_hun['Food']
single_column
```

	Food
0	Kale
1	BLueberries
2	Salmon
3	Garlic
4	Spinach

dtype: object

b. Multiple Dataframe Columns:

```
[36] multiple_column = top_one_hun[['Food', 'Nutrition Value (per 100g)']]
     multiple_column
```

	Food	Nutrition Value (per 100g)
0	Kale	Anti-inflammatory Properties
1	BLueberries	Complete Protein Source
2	Salmon	Complete Protein Source
3	Garlic	Contains Allicin
4	Spinach	Contains Bromelain

6. **Selecting dataframe rows:**Execute a method that would allow you to select a single and multiple dataframe rows using panda indexing and python indexing.
   a. Single Dataframe Rows:

```
single_row = top_one_hun.loc[0]
single_row
```

	0
Food	Kale
Nutrition Value (per 100g)	Anti-inflammatory Properties
Quantity	1 cup, chopped
Originated From	Ancient Greece
Calories	99

dtype: object

b. Multiple Dataframe Rows:

```
[35] multiple_row = top_one_hun.loc[[0, 1]]
     multiple_row
```

	Food	Nutrition Value (per 100g)	Quantity	Originated From	Calories
0	Kale	Anti-inflammatory Properties	1 cup, chopped	Ancient Greece	99
1	BLueberries	Complete Protein Source	1 cup	North America	99

Output:

In this lab activity, we learned how to create a DataFrame in Python using two different methods: one from a dictionary of lists and another from a list of dictionaries. We also practiced selecting specific columns, whether just one or several, from a DataFrame. Additionally, we used the .loc method to select certain rows by their index numbers. Overall, this lab helped us build important skills for handling data using pandas, making it easier to organize, explore, and prepare data for analysis.