### **Explain, in detail, an experience you’ve had in the past 3 to 4 years related to your first-choice major. This can be an experience from an extracurricular activity, in a class you’ve taken, or through something else. (150 words)**

Psychology

Human conformity is a real thing. Something noticeable but not as easily defined or solved. During an internship I took in an education company I completed tons of background studies on self-esteem issues and time management, even managing to make a mental health module for potential clients. In my internship, I researched heavily on interrelations between individuals and how it affected our productivity. My mentors provided me with sufficient support and connected my ideas to create a structured outline for my module. Since this module would be targeted towards students around my age, I communicated and conducted various surveys to reach out. However, considering everything, I learned much more than I expected. Work environments will always be a defining priority that one should take account of. Coming into the major of clinical psychology, many possible careers lie straight ahead, hence a variety of ideal workplaces remain available. Was I going to work in a lab? Or maybe an office space. This edge in experience would opt me to further my skills in this disciplinary major.

### **Describe your personal and/or career goals after graduating from UIUC and how your selected first-choice major will help you achieve them. (150 words)**

Naturally, the pursuit of “greater education” has been a widespread dream for many Asian communities. As a future student of psychology, my aim would be to issue programs specifically for teens suffering with mental health issues. The next step on my bucket list would be to obtain a doctorate. The satisfaction of a higher knowledge had always been a prime necessity for me. I've come to realise that many people in my nation have a significant lack of resources to help intellectually differently abled people and my end goal would be to eliminate that setback. To be able to reach that milestone of creating programs, studying the processes behind why people function and their responses to certain stimuli would be an extremely useful advantage. Classifying the abnormal and the norms is a crucial aspect of my future career. Often it stems from subjective beliefs based on impressions made by the majority. Diving deep into the subject matter would help in developing a more clear empirical system that can judge people holistically.

Hi Amos,

Firstly, I wanted to say that I enjoyed reading your supplemental essays. I found that you were very passionate and it looks like you have quite a clear idea as to why you want to learn Psychology.

However, I think one major issue that you need to try and resolve in your essays is to be more direct in answering the prompts given. Bearing in mind that you only have 150 words to answer the prompt, it is especially crucial for you to be concise in answering the prompts. The prompts need to be answered concisely because they are looking for something specific in your answers, which will also let the readers know more about you within those 150 words.

Therefore, please try to cut down on things that are not directly answering the prompts. Focus on showing (not just telling) how your experiences are directly connected to the major. Focus on displaying how the major you choose to study at UIUC would help you achieve your goals. What are things that you might learn and receive from UIUC that would directly benefit you in pursuing your future career?

Lastly, please be careful with the terminologies that you use. Some of these terms are no longer deemed appropriate, especially when referring to people with disabilities. To be sure, do check online:

* <https://deoc.in/view-point/what-are-the-right-terminologies-for-referring-to-people-with-disabilities/>
* <https://nda.ie/publications/attitudes/appropriate-terms-to-use-about-disability/>

All the best on your application!

Regards,

Johana