**Mabel – Personal Statement for Fudan University (800 words)**

Since freshman year, I have intended to major in Medicine. It all kicked off when in grade 10, I was mesmerized by a video of Kurzgesagt – In a Nutshell shared by my Biology teacher, which depicted the friendship between T and B cells. B cells act as a frontier to invade pathogens, but they can get ‘exhausted’ after fighting extensively. Concerning this, T cells invigorate B cells, thereby enabling B cells to return vigorously to the war. This has sparked my curiosity to dive into the human body by enrolling in the HEAL Clinical Shadowing Program.

In this program, I studied a multitude of diseases, such as ulcerative colitis, hemorrhoids, Kawasaki disease, etc. I was even taught how to diagnose, fill out SOAP, read a CT scan, do a physical exam on adults and infants, and other tasks. The program also widened my knowledge about medications and treatments, including erythromycin eye ointment, analgesics, and strep throat culture. Overall, I learned that doctors must have high analytical skills, be fast yet accurate. Moreover, they need to discover more diseases as the diseases that appear are increasingly diverse.

Weighing on the progressiveness of human diseases and their concealed root-causes and/or treatments, I hope to address this matter. For instance, there are thousands of people who were unable to survive from lung cancer because it is typically diagnosed at a severe stage and professionals were not able to get better of it. Referring to Scientific American and Quanta Magazine – though there are technologies established to help detect and treat the lethal diseases, such as a robotic bronchoscope to know whether one’s lung is cancerous and a vagina on a chip to examine drugs against bacterial vaginosis, still they are not yet able to prevent one from being afflicted with the disease. As a concern to this, I aim to research intensely to understand everything important about various diseases so that people are able to strongly combat against them.

Later, my visits to doctors guided me to the outlook that being a doctor does not merely require technical skills, but also a genuinely compassionate heart. I was flushed with the joy of succeeding in assisting and comforting others. Hence, my friends and I, under the supervision of a group of medical doctors, decided to give a free health check-up to people in a remote site. I raised funds to purchase items needed, inspected their vital signs, and handed the consumptions prescribed by the doctors.

In addition, I also participated in organizational activities, such as the Student Council. It coached me in social and leadership skills. Before then, I was a genuine introvert. I even had zero spirit to lead people. Fortunately, the Student Council made me present in front of a batch of students, discuss and arrange events with others, become a host and a group leader, which I never imagined I could do. Alongside, I joined a number of essay competitions to express my views frankly.

Once I am referred to as a medical doctor, I dream of refraining people away from the harmful diseases, entirely curing people, providing sufficient aid to people in diverse areas, and soothing one’s mental agitation to help bring back their radiant grin. In my view, it is the irreplaceable sense of achievement. Ultimately, I am elated to publish my blog in which I share my and the public's views revolving around the life of adolescents to adults, while evincing how admirably our body is formed.

Fudan University, one of China's Ivy Leagues, has been my top choice. It has been renowned at its scientific research and medicine disciplines for years which can definitely be of great help in achieving my dreams. What is more, the facilities and programs are unquestionable: dozens of advanced laboratories, large-sized libraries, and affiliated hospitals. Not to mention, it is home to a handful of worldwide students, whom I would love to work with. Most importantly, its motto – rich in knowledge and tenacious in purpose, inquiring with earnestness and reflecting with self practice – is what I have relied on. Since my childhood, I have pushed myself to unendingly enrich my knowledge, practice on my own, and be solemn in my every study. Beyond doubt, I would seize my opportunity in Fudan University to bring the impact I long to create for the world.

Hi Mabel:

I think you have a good foundation in your essay.

I would expand more on what specific courses, clubs, professors, research paper, communities, etc. in Fudan University interest you. And then I suggest connecting that to how they would support your goals.

One suggestion on the outline:

1. Your initial interest in medicine
2. HEAL Clinical Shadowing Program
3. Your concerns and long-term goals
4. Soft skills – being compassionate
5. Why Fudan University – specifics and connecting with your goals
6. Conclusion – how you are a good fit for Fudan University, how it will support your goals and how you will also contribute to it, being part of its community.

All the best!