

Enseñando tecnología juntos

Greg Wilson

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Contents

Chapter 1	Introducción.....	1
	1.1 Who You Are	1
	1.2 What to Read Instead.....	2
	1.3 Acknowledgments	3
	1.4 Exercises	4
Chapter 2	Modelos mentales y evaluación formativa	7
	2.1 ¿Están aprendiendo tus estudiantes?.....	8
	2.2 Máquina nocional	12
	2.3 Ejercicios	14
Chapter 3	Expertise and Memory	19
	3.1 Concept Maps	20
	3.2 Seven Plus or Minus Two	23
	3.3 Becoming an Expert	25
	3.4 Exercises	26
Chapter 4	Cognitive Architecture	29
	4.1 What's Going On In There?.....	29
	4.2 Cognitive Load	30
	4.3 Other Models of Learning	35
	4.4 Exercises	36
Chapter 5	Individual Learning	39
	5.1 Six Strategies	40
	5.2 Time Management	43
	5.3 Peer Assessment	45
	5.4 Exercises	46
Chapter 6	A Lesson Design Process	49
	6.1 Learner Personas.....	50
	6.2 Learning Objectives	51
	6.3 Maintainability.....	54
	6.4 Exercises	55

Chapter 7	Pedagogical Content Knowledge.....	59
7.1	What Are We Teaching Them Now?	60
7.2	How Much Are They Learning?	61
7.3	What Misconceptions Do Novices Have?	62
7.4	What Mistakes Do Novices Make?	62
7.5	How Do Novices Program?	63
7.6	How Do Novices Debug?	63
7.7	What About Testing?	64
7.8	Do Languages Matter?.....	65
7.9	Do Better Error Messages Help?	67
7.10	What Else Can We Do to Help?.....	68
7.11	Where Next?	70
7.12	Exercises	70
Chapter 8	Teaching as a Performance Art.....	75
8.1	Live Coding	75
8.2	Lesson Study	80
8.3	Giving and Getting Feedback on Teaching.....	81
8.4	How to Practice Performance	84
8.5	Exercises	85
Chapter 9	In the Classroom.....	89
9.1	Enforce the Code of Conduct	89
9.2	Peer Instruction.....	90
9.3	Teach Together.....	91
9.4	Assess Prior Knowledge	92
9.5	Plan for Mixed Abilities	93
9.6	Pair Programming	94
9.7	Take Notes... Together?.....	95
9.8	Sticky Notes.....	96
9.9	Never a Blank Page.....	98
9.10	Setting Up Your Learners	98
9.11	Other Teaching Practices	99
9.12	Limit Innovation	102
9.13	Exercises	102
Chapter 10	Motivation and Demotivation	105
10.1	Authentic Tasks.....	106
10.2	Demotivation.....	107
10.3	Accessibility	111
10.4	Inclusivity	113
10.5	Exercises	116

Chapter 11	Teaching Online.....	121
	11.1 MOOCs.....	121
	11.2 Video.....	125
	11.3 Hybrid Models	128
	11.4 Online Engagement	129
	11.5 Exercises	131
Chapter 12	Exercise Types	133
	12.1 The Classics	133
	12.2 Tracing	135
	12.3 Diagrams.....	137
	12.4 Automatic Grading	139
	12.5 Higher-Level Thinking	141
	12.6 Exercises	141
Chapter 13	Construyendo una comunidad de práctica.....	145
	13.1 Aprende, luego haz	148
	13.2 Cuatro pasos.....	148
	13.3 Incorporación.....	150
	13.4 Retención.....	151
	13.5 Gobernanza	152
	13.6 Cuídate.....	153
	13.7 Ejercicios	154
Chapter 14	Outreach	159
	14.1 Marketing.....	159
	14.2 Branding and Positioning	160
	14.3 The Art of the Cold Call	162
	14.4 Academic Change	164
	14.5 Free-Range Teaching	166
	14.6 Final Thoughts	167
	14.7 Exercises	167
Chapter 15	¿Por qué enseño?	171
References	173
Appendix A	Licencia	215
Appendix B	Código de Conducta	217

Appendix C	Unirse a nuestra comunidad	219
	C.1 Usando este material	219
	C.2 Contribuyendo y Manteniendo	221
Appendix D	Glosario	223
Appendix E	Meetings, Meetings, Meetings	233
	E.1 Martha's Rules	235
	E.2 Online Meetings.....	236
	E.3 The Post Mortem	236
Appendix F	Checklists and Templates	239
	F.1 Teaching Evaluation	239
	F.2 Teamwork Evaluation	240
	F.3 Event Setup.....	241
	F.4 Lesson Design.....	242
	F.5 Pre-Assessment Questionnaire	244
Appendix G	Ejemplos de mapas conceptuales	247
Appendix H	Chunking Exercise Solution	249
Index	251

Las reglas

1. Sé amable: todo lo demás son detalles.
2. Recuerda que tu no eres tus estudiantes...
3. ...que la mayoría de la gente prefiere fracasar que cambiar...
4. ...y que el noventa por ciento de la magia consiste en saber una cosa más (que tu audiencia).
5. Nunca enseñes sólo/a.
6. Nunca dudes en sacrificar la verdad por la claridad.
7. Haz de cada error una lección.
8. Recuerda que ninguna clase sobrevive el primer contacto con estudiantes...
9. ...que cada clase es demasiado corta para quien enseña y demasiado larga para quien la recibe...
10. ...y que nadie tendrá más entusiasmo que tú por tu clase.

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1 Introducción

Grassroots groups have sprung up around the world to teach programming, web design, robotics, and other skills to **free-range learners**. These groups exist so that people don't have to learn these things on their own, but ironically, their founders and teachers are often teaching themselves how to teach.

There's a better way. Just as knowing a few basic facts about germs and nutrition can help you stay healthy, knowing a few things about cognitive psychology, instructional design, inclusivity, and community organization can help you be a more effective teacher. This book presents key ideas you can use right now, explains why we believe they are true, and points you at other resources that will help you go further.

Re-Use

Parts of this book were originally created for the Software Carpentry instructor training program¹, and all of it can be freely distributed and re-used under the Creative Commons Attribution-NonCommercial 4.0 license (Appendix A). You can use the online version at <http://teachtogether.tech/> in any class (free or paid), and can quote short excerpts under fair use² provisions, but cannot republish large parts in commercial works without prior permission.

Contributions, corrections, and suggestions are all welcome, and all contributors will be acknowledged each time a new version is published. Please see Appendix C for details and Appendix B for our code of conduct.

1.1 WHO YOU ARE

Section 6.1 explains how to figure out who your learners are. The four that this book is for are all **end-user teachers**: teaching isn't their primary occupation, they have little or no background in pedagogy, and they may work outside institutional classrooms.

Emily trained as a librarian and now works as a web designer and project manager in a small consulting company. In her spare time she helps run web design classes for women entering tech as a second career. She is now recruiting colleagues to run more classes in her area, and wants to know how to make lessons others can use and grow a volunteer teaching organization.

¹<http://carpentries.github.io/instructor-training/>

²https://en.wikipedia.org/wiki/Fair_use

Moshe is a professional programmer with two teenage children whose school doesn't offer programming classes. He has volunteered to run a monthly after-school programming club, and while he frequently gives presentations to colleagues, he has no classroom experience. He wants to learn how to build effective lessons in reasonable time, and would like to know more about the pros and cons of self-paced online classes.

Samira is an undergraduate in robotics who is thinking about becoming a teacher after she graduates. She wants to help at weekend robotics workshops for her peers, but has never taught a class before and feels a lot of **impostor syndrome**. She wants to learn more about education in general in order to decide if it's for her, and is also looking for specific tips to help her deliver lessons more effectively.

Gene is a professor of computer science. They have been teaching undergraduate courses on operating systems for six years, and increasingly believe that there has to be a better way. The only training available through their university's teaching and learning center is about posting assignments and submitting grades in the online learning management system, so they want to find out what else they should be asking for.

These people have *a variety of technical backgrounds and some previous teaching experience*, but *no formal training in teaching, lesson design, or community organization*. Most work with *free-range learners* and are *focused on teenagers and adults* rather than children; all *have limited time and resources*. We expect our quartet to use this material as follows:

Emily will take part in a weekly online reading group with her volunteers.

Moshe will cover part of this book in a one-day weekend workshop and study the rest on his own.

Samira will use this book in a one-semester undergraduate course with assignments, a project, and a final exam.

Gene will read the book on their own in their office or while commuting, wishing all the while that universities did more to support high-quality teaching.

1.2 WHAT TO READ INSTEAD

If you are in a hurry or want a taste of what this book will cover, [Brow2018] presents ten evidence-based tips for teaching computing. You may also enjoy:

- The Carpentries instructor training³, from which this book is derived.
- [Lang2016] and [Hust2012], which are short and approachable, and which connect things you can do right now to the research that backs them.

³<http://carpentries.github.io/instructor-training/>

- [Berg2012; Lemo2014; Majo2015; Broo2016; Rice2018; Wein2018b] are all full of practical suggestions for things you can do in your classroom, but may make more sense once you have a framework for understanding why their ideas work.
- [DeBr2015], which explains what's true about education by explaining what isn't, and [Dida2016], which grounds learning theory in cognitive psychology.
- [Pape1993], which remains an inspiring vision of how computers could change education. Amy Ko's excellent description⁴ does a better job of summarizing Papert's ideas than I possibly could, and [Craw2010] is a thought-provoking companion to both.
- [Gree2014; McMi2017; Watt2014] explain why so many attempts at educational reform have failed over the past forty years, how for-profit colleges are exploiting and exacerbating the growing inequality in our society, and how technology has repeatedly failed to revolutionize education.
- [Brow2007] and [Mann2015], because you can't teach well without changing the system in which we teach, and you can't do that on your own.

Those who want more academic material may also find [Guzd2015a; Hazz2014; Sent2018; Finc2019; Hpl2018] rewarding, while Mark Guzdial's blog⁵ has consistently been informative and thought-provoking.

1.3 ACKNOWLEDGMENTS

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⁴<https://medium.com/bits-and-behavior/mindstorms-what-did-papert-argue-and-what-does-it-mean-for-learning-and-education-c8324b58aca4>

⁵<http://computinged.wordpress.com>

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1.4 EXERCISES

Each chapter ends with a variety of exercises that include a suggested format and how long they usually take to do in person. Most can be used in other formats—in particular, if you are going through this book on your own, you can still do many of the exercises that are intended for groups—and you can always spend more time on them than what’s suggested.

If you are using this material in a teacher training workshop, you can give the exercises below to participants a day or two in advance to get an idea of who they are and how best you can help them. Please read the caveats in Section 9.4 before doing this.

HIGHS AND LOWS (WHOLE CLASS/5)

Write brief answers to the following questions and share with your peers. (If you are taking notes together online as described in Section 9.7, put your answers there.)

1. What is the best class or workshop you ever took? What made it so good?
2. What was the worst one? What made it so bad?

KNOW THYSELF (WHOLE CLASS/10)

Share brief answers to the following questions with your peers. Record your answers so that you can refer back to them as you go through the rest of this book.

1. What do you most want to teach?
2. Who do you most want to teach?
3. Why do you want to teach?
4. How will you know if you’re teaching well?
5. What do you most want to learn about teaching and learning?
6. What is one specific thing you believe is true about teaching and learning?

WHY LEARN TO PROGRAM? (INDIVIDUAL/20)

Politicians, business leaders, and educators often say that people should learn to program because the jobs of the future will require it. However, as Benjamin Doxtator pointed out⁶, many of those claims are built on shaky ground. Even if they were true, education shouldn’t prepare people for the jobs of the future: it should give them the

⁶<http://www.longviewoneducation.org/field-guide-jobs-dont-exist-yet/>

power to decide what kinds of jobs there are and to ensure that those jobs are worth doing. And as Mark Guzdial points out⁷, there are actually many reasons to learn how to program:

1. To understand our world.
2. To study and understand processes.
3. To be able to ask questions about the influences on their lives.
4. To use an important new form of literacy.
5. To have a new way to learn art, music, science, and mathematics.
6. As a job skill.
7. To use computers better.
8. As a medium in which to learn problem-solving.

Draw a 3×3 grid whose axes are labeled “low,” “medium,” and “high” and place each reason in one sector according to how important it is to you (the X axis) and to the people you plan to teach (the Y axis).

1. Which points are closely aligned in importance (i.e. on the diagonal in your grid)?
2. Which points are misaligned (i.e. in the off-diagonal corners)?
3. How should this affect what you teach?

⁷<https://computinged.wordpress.com/2017/10/18/why-should-we-teach-programming-hint-its-not-to-learn-problem-solving/>

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2 Modelos mentales y evaluación formativa

La primera tarea en la enseñanza es descifrar quiénes son tus estudiantes. Nuestra aproximación está basada en el trabajo de investigadores/as como Patricia Benner, quien estudió cómo las personas progresan de novatas a expertas en la carrera de enfermería [Benn2000]. Benner identificó cinco etapas de desarrollo cognitivo que la mayor parte de la gente atraviesa de forma bastante consistente. Para nuestros propósitos, simplificamos esta evolución en tres etapas:

Personas novatas no saben qué es lo que no saben, es decir, aún no tienen un modelo mental utilizable del dominio del problema.

Practicantes competentes tienen un modelo mental que es adecuado para los propósitos diarios. Pueden llevar a cabo tareas normales con un esfuerzo normal bajo circunstancias normales y tienen algún entendimiento de los límites de su conocimiento (es decir, saben lo que no saben).

Personas expertas tienen modelos mentales que incluyen excepciones y casos especiales, los cuales les permiten manejar situaciones que están por fuera de lo ordinario. Discutiremos sobre la experiencia o pericia en más detalle en el Capítulo 3.

Entonces, ¿qué *es* un **modelo mental**? Como el nombre lo sugiere, es una representación simplificada de las partes más importantes de algún dominio del problema; que a pesar de ser simplificada es suficientemente buena para permitir la resolución del problema. Un ejemplo es el modelo molecular de bolas y varillas que se usa en las clases de química de la escuela. Los átomos no son en realidad bolas y las uniones atómicas no son en realidad varillas, pero el modelo permite a la gente razonar sobre los componentes químicos y sus reacciones. Un modelo más sofisticado de un átomo es aquel con una bola pequeña en el centro (el núcleo) rodeada de electrones orbitantes. También es incorrecto, pero la complejidad extra le permite a la gente explicar más y resolver más problemas. (Como con el software, los modelos mentales nunca son finalizados: simplemente son utilizados.)

Presentar a personas novatas un montón de hechos es contraproducente porque aún no tienen un modelo donde ubicarlos. Incluso, presentar demasiados hechos muy pronto puede reforzar el modelo mental incorrecto que han improvisado. Como observó [Mull2007a] en un estudio sobre video-instrucción para estudiantes de ciencia:

Los/las estudiantes tienen ideas existentes acerca de... los fenómenos antes de ver un video. Si el video presenta... conceptos de una forma clara, bien ilustrada, los/las estudiantes creen que están aprendiendo, pero no se involucran con el video en un nivel suficientemente profundo como para darse cuenta

de que lo que se les ha presentado difiere de sus conocimientos previos... Sin embargo, hay esperanza. Se ha demostrado que el aprendizaje aumenta al presentar en un video ... las concepciones erróneas comunes de los/las estudiantes junto con los... conceptos a enseñar, ya que aumenta el esfuerzo mental que los/las estudiantes realizan mientras miran el video.

Tu objetivo cuando enseñes a personas novatas debe por lo tanto ser ayudarles a construir un modelo mental para que tengan algún lugar en el que ordenar los hechos. Por ejemplo, la lección sobre la consola Unix¹ del software Carpentry introduce quince comandos en tres horas. Eso sería un comando cada doce minutos, lo que parece muy lento hasta que te das cuenta de que el propósito real de la lección no es enseñar esos quince comandos: es enseñar las rutas de acceso, la historia de comandos, el autocompletado con el tabulador, los comodines, los *pipes* los argumentos de la línea de comando y las redirecciones. Los comandos específicos no tienen sentido hasta que las personas novatas entienden estos conceptos; una vez que lo hacen, pueden empezar a leer manuales, pueden buscar las palabras claves correctas en la web, y pueden decidir si los resultados de sus búsquedas son útiles o no.

Las diferencias cognitivas entre personas novatas y practicantes competentes apuntalan las diferencias entre dos tipos de materiales educativos. Un **tutorial** ayuda a construir un modelo mental a quienes recién llegan a un determinado campo; un **manual**, por otro lado, ayuda a practicantes competentes a llenar los baches de su conocimiento. Los tutoriales frustran a practicantes competentes porque avanzan demasiado lento y dicen cosas que son obvias (aunque no son *para nada* obvios para personas novatas). De la misma manera, los manuales frustran a las personas novatas porque usan jergas y *no* explican las cosas. Este fenómeno se llama el **el efecto inverso de la experiencia** [Kaly2003], y es una de las razones por las que tienes que decidir tempranamente para quiénes son tus lecciones.

Un puñado de excepciones

Una de las razones por las que Unix y C se hicieron populares es que [Kern1978; Kern1983; Kern1988] de alguna manera consiguieron tener buenos tutoriales y buenos manuales al mismo tiempo. [Fehi2008] y [Ray2014] están entre los otros pocos libros de computación que consiguieron esto; incluso luego de re-leerlos varias veces, no sé cómo lo lograron.

2.1 ¿ESTÁN APRENDIENDO TUS ESTUDIANTES?

Mark Twain escribió: “No es lo que no sabes lo que te mete en problemas. Es lo que tienes seguridad de saber y simplemente no es así.” Uno de los ejercicios al construir un modelo mental es, por lo tanto, despejar las cosas que *no* pertenecen al modelo.

¹<http://swcarpentry.github.io/shell-novice/>

En sentido amplio, las concepciones erróneas de las personas novatas caen en tres categorías:

Errores fácticos como creer que Río de Janeiro es la capital de Brasil (es Brasilia).

Estos errores generalmente son fáciles de corregir.

Modelos rotos como creer que el movimiento y la aceleración deben estar en la misma dirección. Podemos lidiar con estos errores haciendo que las personas novatas razonen a través de ejemplos en los que sus modelos den una respuesta incorrecta.

Creencias fundamentales como por ejemplo “el mundo solo tiene algunos miles de años de antigüedad” o “algunos tipos de personas son naturalmente mejores en programación que otros” [Guzd2015b; Pati2016]. Estos errores están generalmente conectados profundamente con la identidad social del/de la estudiante, por lo que resisten a las evidencias y racionalizan las contradicciones.

La gente aprende más rápido cuando los/las docentes identifican y aclaran los conceptos erróneos de sus estudiantes mientras se está dando la lección. Esto se llama **evaluación formativa** porque forma (o le da forma a) la enseñanza mientras se está llevando a cabo. Los/as estudiantes no aprueban o reprueban una evaluación formativa; en cambio, esta evaluación da, tanto a quien enseña como a quien aprende, una retroalimentación sobre qué tan bien les está yendo y en qué se deberían enfocar en los próximos pasos. Por ejemplo, un/una docente de música le puede pedir a un/una estudiante que toque una escala muy lentamente para chequear su respiración. Entonces, el/la estudiante averigua si la respiración es correcta, mientras que el/la docente recibe retroalimentación sobre si la explicación que acaba de dar fue comprendida.

En resumen

*El contrapunto de la evaluación formativa es la **evaluación sumativa**, que tiene lugar al final de la lección. La evaluación sumativa es como un examen de conducir: le dice a quien está aprendiendo a conducir si ha dominado el tópico y a quien le está enseñando si su lección ha sido exitosa. Una forma de pensar la diferencia entre los dos tipos de evaluaciones es que quien prueba la comida mientras cocina está haciendo evaluaciones formativas, mientras que quien es comensal y prueba la comida cuando se le sirve está haciendo una evaluación sumativa. Desafortunadamente, la escuela ha entrenado a la mayoría de la gente para creer que toda evaluación es sumativa, es decir, que si algo se siente como un examen, le va a jugar en contra resolverlo pobremente. Hacer que las evaluaciones formativas se sientan informales reduce esta ansiedad; en mi experiencia, usar cuestionarios en línea, o donde deba hacerse click, o cualquier cosa semejante parece aumentar la ansiedad, ya que hoy en día la mayoría de la gente cree que todo lo que hace en internet está siendo mirado y grabado.*

Para ser útil durante la enseñanza, una evaluación formativa debe ser rápida de administrar (de manera que no rompa el flujo de la lección) y debe tener una re-

spuesta correcta no ambigua (de manera que pueda ser usada en grupos). El tipo de evaluación formativa más ampliamente usado es probablemente el cuestionario de opciones múltiples (COM). Muchos y muchas docentes tienen una mala opinión de ellos, pero cuando están bien diseñados pueden revelar mucho más que si alguien sabe o no algunos hechos específicos. Por ejemplo, supón que estás enseñando a niños y niñas cómo hacer sumas de números con múltiples dígitos [Ojos2015] y les das este COM:

¿Cuánto es $37 + 15$?

- a) 52
- b) 42
- c) 412
- d) 43

La respuesta correcta es 52, pero las otras respuestas proporcionan información valiosa:

- Si el/la niño/a elige 42, no entiende qué significa “llevarse” una unidad. (Podría escribir 12 como respuesta a $7+5$, pero luego reemplazaría el 1 con el 4 que obtiene de la suma de $3+1$.)
- Si elige 412, está tratando a cada columna de números como un problema separado. Esto sigue siendo incorrecto, pero es incorrecto por un motivo distinto.
- Si elige 43, entonces sabe que tiene que llevarse el 1, pero lo lleva de vuelta a la columna de donde viene. De nuevo, es un error distinto que requiere de una explicación clarificadora diferente por parte de quien enseña.

Cada una de estas respuestas incorrectas es un **distractor plausible** con **poder diagnóstico**. Un distractor es una respuesta incorrecta o peor que la mejor respuesta; “plausible” significa que parece que podría ser correcta, mientras que “poder diagnóstico” significa que cada uno de los distractores ayuda al docente a darse cuenta de qué explicar a continuación a estudiantes particulares.

La variedad de respuestas a una evaluación formativa te guía cómo continuar. Si una cantidad suficiente de la clase tiene la respuesta correcta, avanzas. Si la mayoría de la clase elige la misma respuesta incorrecta, deberías retroceder y trabajar en corregir la concepción errónea que ese distractor señala. Si las respuestas de la clase se dividen equitativamente entre varias opciones, probablemente están arriesgando, entonces deberías retroceder y re-explicar la idea de una manera distinta. (Repetir exactamente la misma explicación probablemente no será útil, lo cual es uno de los motivos por los que tantos cursos por video son pedagógicamente ineficientes.)

¿Qué pasa si la mayoría de la clase vota por la respuesta correcta pero un grupo pequeño vota por las incorrectas? En ese caso, tienes que decidir si deberías destinar tiempo a que la minoría entienda o si es más importante mantener a la mayoría cautivada. No importa cuán duro trabajes o qué prácticas de enseñanza uses, no siempre vas a conseguir darle a todos y todas lo que necesitan; es tu responsabilidad como docente tomar la decisión.

¿De dónde vienen las respuestas incorrectas?

Para diseñar distractores plausibles, piensa en las preguntas que tus estudiantes hicieron o en los problemas que tuvieron la última vez que enseñaste esta temática. Si no la has enseñado antes, piensa en tus propios conceptos erróneos, pregúntale a colegas sobre sus experiencias o busca la historia de tu campo temático: si las demás personas tuvieron los mismos malentendidos sobre tu temática cincuenta años atrás, hay chances de que la mayoría de tus estudiantes aún malentiendan la temática de la misma forma al día de hoy. También puedes hacer preguntas abiertas en clase para recoger las concepciones erróneas sobre los temas que vas a abarcar en una clase posterior, o consultar sitios de preguntas y respuestas como Quora² o Stack Overflow³ para ver con qué se confunden quienes aprenden la temática en cualquier otro lugar.

Desarrollar evaluaciones formativas hace mejor tus lecciones porque te fuerza a pensar en los modelos mentales de tus estudiantes. En mi experiencia, al pensar evaluaciones formativas automáticamente escribo la lección de forma de abarcar los baches y errores más probables. Las evaluaciones formativas, por lo tanto, dan buenos resultados incluso si no son utilizadas (aunque la enseñanza es más efectiva cuando sí se utilizan).

Los COMs no son el único tipo de evaluación formativa: el Chapter 12 describe otros tipos de ejercicios que son rápidos y no son ambiguos. Cualquiera sea la evaluación que escojas, deberías hacer algo que tome un minuto o dos cada 10–15 minutos de manera de asegurarte que tus estudiantes están realmente aprendiendo. Este ritmo no está basado en un límite de atención intrínseco: [Wils2007] encontró poca evidencia a favor de la afirmación usualmente repetida de que los/las estudiantes solo pueden prestar atención durante 10–15 minutos. En cambio, la guía asegura que, si un número significativo de personas se ha quedado atrás, solo tienes que repetir una pequeña porción de la lección. Las evaluaciones formativas frecuentes también mantienen el compromiso de tus estudiantes, particularmente si se involucran en una discusión en un grupo pequeño. (Section 9.2).

Las evaluaciones formativas también pueden ser usadas *antes* de las lecciones. Si comienzas una clase con un COM y toda la clase lo contesta correctamente, puedes evitar explicar algo que tus estudiantes ya saben. Este tipo de **enseñanza activa** te da más tiempo para enfocarte en las cosas que tus estudiantes no saben. También le muestra a tus estudiantes que respetas su tiempo lo suficiente como para no desperdiciarlo, lo que ayuda a la motivación (Chapter 10).

Inventario de conceptos

*Con una cantidad de datos suficiente, los COMs pueden ser sorprendentemente precisos. El ejemplo más conocido es el **inventario del concepto de fuerza** [Hest1992], que evalúa la comprensión sobre los mecan-*

²<http://www.quora.com>

³<https://stackoverflow.com/>

ismos básicos newtonianos. Al entrevistar un gran número de participantes, correlacionando sus concepciones erróneas con los patrones de respuestas correctas e incorrectas, así como mejorando las preguntas, los creadores de este inventario construyeron una herramienta de diagnóstico que permite identificar concepciones erróneas específicas. Las personas que investigan pueden utilizar dicha herramienta para medir el efecto de los cambios en los métodos de enseñanza [Hake1998]. Tew y colaboradores desarrollaron y validaron una evaluación independiente del lenguaje para programación introductoria [Tew2011]; [Park2016] la replicaron y [Hamo2017] está desarrollando un inventario de conceptos sobre la recursividad. Sin embargo, es muy costoso construir herramientas de este tipo y su validez está cada vez más amenazada por la habilidad de los/las estudiantes para buscar respuestas en línea.

Desarrollar evaluaciones formativas en una clase solo requiere un poco de preparación y práctica. Puedes darles a tus estudiantes tarjetas coloreadas o numeradas para que respondan un COMs simultáneamente (en lugar de que tengan que levantar sus manos en turnos), incluyendo como una de las opciones “No tengo idea” y alentándoles a hablar con sus pares más cercanos por un par de segundos antes de responder. Todas estas prácticas te ayudarán a asegurar que el flujo de enseñanza no sea interrumpido. La Section 9.2 describe un método de enseñanza poderoso y basado en evidencias, construido a partir de estas simples ideas.

Humor

Los/las docentes a veces incluyen respuestas supuestamente tontas en los COMs, como “¡mi nariz!”, particularmente en los cuestionarios destinados a estudiantes jóvenes. Sin embargo, estas respuestas no proveen ninguna idea sobre las concepciones erróneas de los/las estudiantes, y la mayoría de la gente no las encuentran graciosas. Como regla, deberías solo incluir un chiste en una lección si lo encuentras gracioso la tercera vez que lo vuelves a leer.

Las evaluaciones formativas de una lección deberían preparar a los/las estudiantes para su evaluación sumativa: nadie debería encontrar nunca una pregunta en un examen para la cual la enseñanza no lo/la ha preparado. Esto no significa que nunca debes incluir nuevos tipos de problemas en un examen, pero, si lo haces, deberías de antemano haberles dado a tus estudiantes prácticas para abordar problemas nuevos. El Chapter 6 explora este punto en profundidad.

2.2 MÁQUINA NOCIONAL

El término **pensamiento computacional** está muy extendido, en parte porque la gente coincide en que es importante aún cuando con el mismo término se suele referir a cosas muy distintas. En vez de discutir qué incluye y qué no incluye el término, es más útil pensar en la **máquina nocional** que quieres que tus estudiantes entiendan [DuBo1986]. De acuerdo a [Sorv2013], una máquina nocional:

- es una abstracción idealizada del *hardware* de computación y de otros aspectos de los entornos del tiempo de ejecución de los programas;
- permite describir la semántica de los programas; y
- refleja correctamente qué hacen los programas cuando son ejecutados.

Por ejemplo, mi máquina nocional para Python es:

1. Ejecutar programas en el momento en la memoria, la cual se divide en la pila de llamadas y el *heap*.
2. La memoria para los datos siempre es asignada desde el *heap*.
3. Cada conjunto de datos se almacena en una estructura de dos partes. La primera parte dice de qué tipo de datos se trata y la segunda parte es el valor real.
4. Booleanos, números y caracteres de texto nunca son modificados una vez que se crean.
5. Las listas, conjuntos y otras colecciones almacenan referencias a otros datos en lugar de almacenar estos valores directamente. Pueden ser modificados una vez que se crean, i.e. una lista puede ser ampliada o nuevos valores pueden ser agregados a un conjunto.
6. Cuando un código se carga a la memoria, Python lo convierte a una secuencia de instrucciones que son almacenadas como cualquier otro tipo de dato. Este es el motivo por el que es posible asignar funciones a variables y luego pasarlas como parámetros.
7. Cuando un código es ejecutado, Python sigue las instrucciones paso a paso, haciendo lo que cada instrucción le indica de a una por vez.
8. Algunas instrucciones hacen que Python lea datos, haga cálculos y cree nuevos datos. Otras instrucciones controlan qué instrucciones ejecuta Python, que es el modo en que los bucles y condicionales trabajan. Otra instrucción le indica a Python que llame a una función.
9. Cuando se llama a una función, Python coloca un nuevo marco de pila en la pila de llamadas.
10. Cada marco de pila almacena los nombres de las variables y las referencias a los datos. Los parámetros de las funciones son simplemente otro tipo de variable.
11. Cuando una variable es utilizada, Python la busca en el marco de la pila superior. Si no la encuentra allí, busca en el último marco en la memoria global.
12. Cuando la función finaliza, Python la borra del marco de la pila y vuelve a las instrucciones que estaba ejecutando antes de llamar a la función. Si no encuentra un “antes,” el programa ha finalizado.

Uso esta versión caricaturizada de la realidad siempre que enseño Python. Después de 25 horas de instrucción y 100 horas de trabajar en su propio tiempo, espero que la mayor parte del grupo tenga un modelo mental que incluya todas o la mayoría de estas características.

2.3 EJERCICIOS

TUS MODELOS MENTALES (PENSAR-PAREJAS-COMPARTIR/15)

¿Cuál es el modelo mental que usas para entender tu trabajo? Escribe unas pocas oraciones para describirlo y hazle una devolución a tu pareja sobre su modelo mental. Una vez que has hecho esto en pareja, algunas pocas personas de la clase compartirán sus modelos con el grupo completo. ¿Está todo el grupo de acuerdo sobre qué es un modelo mental? ¿Es posible dar una definición precisa?, ¿o el concepto es útil justamente porque es difuso?

SÍNTOMAS DE SER UNA PERSONA NOVATA (CLASE COMPLETA/5)

Decir que las personas novatas no tienen un modelo mental de un dominio particular no es equivalente a decir que no tienen ningún modelo mental. Las personas novatas tienden a razonar por analogía y arriesgan conjeturas: toman prestado fragmentos y partes de modelos mentales de otros dominios que superficialmente parecen similares.

La gente que hace esto generalmente dice cosas que ni siquiera son falsas⁴. Como clase, discutir qué otros síntomas hay de ser una persona novata. ¿Qué dice o hace una persona para llevarte a clasificarla como novata en algún dominio?

MODELAR MODELOS MENTALES DE LAS PERSONAS NOVATAS (PAREJAS/20)

Crea un cuestionario de múltiples opciones relacionado a un tópico que has enseñado o pretendas enseñar y explica el poder diagnóstico de cada uno de sus distractores (i.e. qué concepción errónea pretende ser identificada con cada distractor).

Una vez que hayas finalizado, intercambia COMs con tu pareja. ¿Son sus preguntas ambiguas? ¿Son las concepciones erróneas plausibles? ¿Los distractores realmente evalúan esas concepciones erróneas? ¿Hay otras posibles concepciones erróneas que *no* sean evaluadas?

PENSAR EN LAS COSAS (CLASE COMPLETA/15)

Una buena evaluación formativa requiere que la gente piense profundamente en un problema. Por ejemplo, imagina que has colocado un bloque de hielo en un recipiente y luego llenas de agua este recipiente, hasta el borde. Cuando el hielo se derrite, ¿el nivel de agua aumenta (de manera que el recipiente rebasa)?, ¿el nivel de agua baja?, ¿o se mantiene igual(Figure 2.1)?

La solución correcta es que el nivel de la tina permanece igual: el hielo desplaza a su propio peso en el agua, por lo que completa exactamente el “agujero” que ha dejado al derretirse. Para darse cuenta del porqué la gente construye un modelo de la relación entre el peso, el volumen y la densidad [Epst2002].

⁴https://es.wikipedia.org/wiki/Ni_siquiera_es_falso

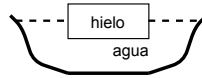


Figure 2.1: Hielo en un recipiente

Describe otra evaluación formativa que hayas visto o hayas utilizado, alguna que consideres que lleve a los/las estudiantes a pensar profundamente en algo, y por lo tanto ayude a identificar los defectos en sus razonamientos.

Cuando hayas finalizado, explícale tu ejemplo a a otra persona de tu grupo y dale retroalimentación sobre su ejemplo.

UNA PROGRESIÓN DIFERENTE (INDIVIDUOS/15)

El modelo de desarrollo de habilidades de persona novata-competente-experta es a veces llamado modelo Dreyfus⁵. Otra progresión comúnmente utilizada es el modelo de las cuatro etapas de la competencia⁶:

Incompetencia inconsciente: la persona no sabe lo que no sabe.

Incompetencia consciente: la persona se da cuenta de que no sabe algo.

Competencia consciente: la persona ha aprendido cómo hacer algo, pero solo lo puede hacer mientras mantiene su concentración y quizás aún deba dividir la tarea en varios pasos..

Competencia inconsciente: la habilidad se ha transformado en una segunda naturaleza y la persona puede realizarla reflexivamente.

Identifica una temática en la que te encuentres en cada uno de los niveles de desarrollo de habilidades. En la materia que enseñas, ¿en qué nivel están usualmente la mayoría de tus estudiantes? ¿Qué nivel estás tratando que alcancen? ¿Cómo se relacionan estas cuatro etapas con la clasificación persona novata-competente-experta?

¿QUÉ TIPO DE COMPUTACIÓN? (INDIVIDUOS/10)

[Tedr2008] resume tres tradiciones en computación:

Matemática: Los programas son la encarnación de los algoritmos. Son correctos o incorrectos, así como más o menos eficientes.

Científica: Los programas son modelos de procesos de información más o menos adecuados que pueden ser estudiados usando el método científico.

⁵https://es.qwe.wiki/wiki/Dreyfus_model_of_skill_acquisition

⁶https://es.wikipedia.org/wiki/Cuatro_etapas_de_competencia

Ingenieril: Los programas son objetos que se construyen, tales como los diques y los aviones, y son más o menos efectivos y confiables.

¿Cuál de estas tradiciones coincide mejor con tu modelo mental de la computación? Si ninguna de ellas coincide, ¿qué modelo tienes?

EXPLICAR POR QUÉ NO (PAREJAS/5)

Un/a estudiante de tu curso piensa que hay algún tipo de diferencia entre el texto que tipea carácter por carácter y el texto idéntico que copia y pega. Piensa en una razón por la que tu estudiante puede creer esto o en algo que pueda haber sucedido para darle esa impresión. Luego, simula ser esa persona mientras tu pareja te explica por qué no es así. Intercambia roles con tu pareja y vuelve a probar.

TU MODELO AHORA (CLASE COMPLETA/5)

Como clase, creen una lista de elementos clave de tu modelo mental de enseñanza. ¿Cuál es la media docena de conceptos más importantes y cómo se relacionan?

TUS MÁQUINAS NOCIONALES (GRUPOS PEQUEÑOS/20)

En grupos pequeños, escriban una descripción de la máquina nocional que quieren que sus estudiantes usen para entender cómo corren sus programas. ¿En qué difiere una máquina nocional para un lenguaje basado en bloques como Scratch de la máquina nocional para Python? ¿Y en qué difiere de una máquina nocional para hojas de cálculo o para un buscador que está interpretando HTML y CSS cuando renderiza una página web?

DISFRUTAR SIN APRENDER (INDIVIDUOS/5)

Muchos estudios han mostrado que las evaluaciones de la enseñanza no se correlacionan con los resultados de la enseñanza [Star2014; Uttl2017], i.e. cuán alto sea el puntaje del grupo de estudiantes en un curso no predice cuánto recuerdan. ¿Alguna vez has disfrutado de una clase en la que en realidad no has aprendido nada? Si la respuesta es sí, ¿qué hizo que disfrutes esa clase?

REVISIÓN

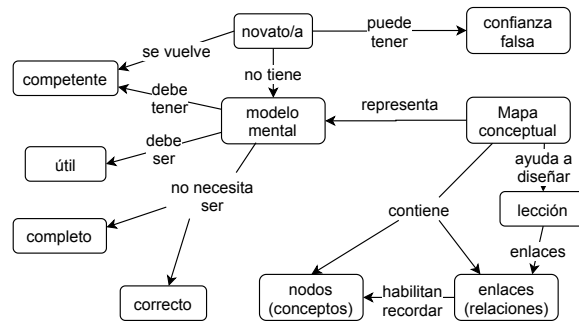


Figure 2.2: Conceptos: modelos mentales

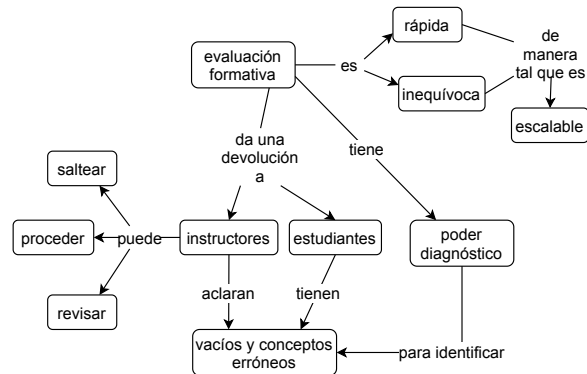


Figure 2.3: Conceptos: evaluación

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3 Expertise and Memory

Memory is the residue of thought.

— Daniel Willingham, *Why Students Don't Like School*

The previous chapter explained the differences between novices and competent practitioners. This one looks at expertise: what it is, how people acquire it, and how it can be harmful as well as helpful. We then introduce one of the most important limits on learning and look at how drawing pictures of mental models can help us turn knowledge into lessons.

To start, what do we mean when we say someone is an expert? The usual answer is that they can solve problems much faster than people who are “merely competent”, or that they can recognize and deal with cases where the normal rules don’t apply. They also somehow make this look effortless: in many cases, they seem to know the right answer at a glance [Parn2017].

Expertise is more than just knowing more facts: competent practitioners can memorize a lot of trivia without noticeably improving their performance. Instead, imagine for a moment that we store knowledge as a network or graph in which facts are nodes and relationships are arcs¹. The key difference between experts and competent practitioners is that experts’ mental models are much more densely connected, i.e. they are more likely to know a connection between any two facts.

The graph metaphor explains why helping learners make connections is as important as introducing them to facts: without those connections, people can’t recall and use what they know. It also explains many observed aspects of expert behavior:

- Experts can often jump directly from a problem to a solution because there actually is a direct link between the two in their mind. Where a competent practitioner would have to reason $A \rightarrow B \rightarrow C \rightarrow D \rightarrow E$, an expert can go from A to E in a single step. We call this **intuition**: instead of reasoning their way to a solution, the expert recognizes a solution in the same way that they would recognize a familiar face.
- Densely-connected graphs are also the basis for experts’ **fluid representations**, i.e. their ability to switch back and forth between different views of a problem [Petr2016]. For example, when trying to solve a problem in mathematics, an expert might switch between tackling it geometrically and representing it as a set of equations.
- This metaphor also explains why experts are better at diagnosis than competent practitioners: more linkages between facts makes it easier to reason backward from symptoms to causes. (This in turn is why asking programmers to debug during job interviews gives a more accurate impression of their ability than asking them to program.)

¹This is definitely *not* how our brains work, but it’s a useful metaphor.

- Finally, experts are often so familiar with their subject that they can no longer imagine what it's like to *not* see the world that way. This means they are often less able to teach the subject than people with less expertise who still remember learning it themselves.

The last of these points is called **expert blind spot**. As originally defined in [Nath2003], it is the tendency of experts to organize explanation according to the subject's deep principles rather than being guided by what their learners already know. It can be overcome with training, but it is part of reason there is no correlation between how good someone is at doing research in an area and how good they are at teaching it [Mars2002].

The J Word

Experts often betray their blind spot by using the word “just,” as in, “Oh, it’s easy, you just fire up a new virtual machine and then you just install these four patches to Ubuntu and then you just re-write your entire program in a pure functional language.” As we discuss in Chapter 10, doing this signals that the speaker thinks the problem is trivial and that the person struggling with it must therefore be stupid, so don’t do this.

3.1 CONCEPT MAPS

Our tool of choice for representing someone's mental model is a **concept map**, in which facts are bubbles and connections are labeled connections. As examples, Figure 3.1 shows why the Earth has seasons (from IHMC²), and Appendix G presents concept maps for libraries from three points of view.

To show how concept maps can be using in teaching programming, consider this for loop in Python:

```
for letter in "abc":  
    print(letter)
```

whose output is:

```
a  
b  
c
```

The three key “things” in this loop are shown in the top of Figure 3.2, but they are only half the story. The expanded version in the bottom shows the relationships between those things, which are as important for understanding as the concepts themselves.

²<https://cmap.ihmc.us/>

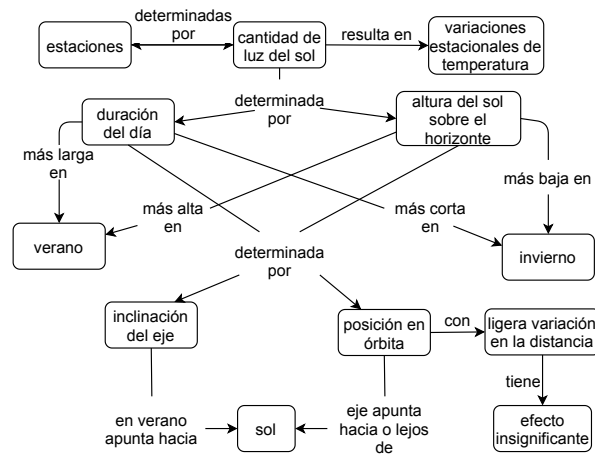


Figure 3.1: Concept map for seasons

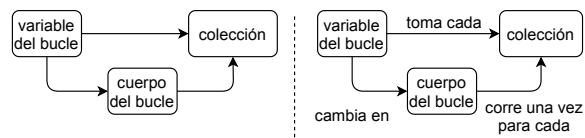


Figure 3.2: Concept map for a for loop

Concept maps can be used in many ways:

Helping teachers figure out what they’re trying to teach. A concept map separates content from order: in our experience, people rarely wind up teaching things in the order in which they first drew them.

Aiding communication between lesson designers. Teachers with very different ideas of what they’re trying to teach are likely to pull their learners in different directions. Drawing and sharing concept maps can help prevent this. And yes, different people may have different concept maps for the same topic, but concept mapping makes those differences explicit.

Aiding communication with learners. While it’s possible to give learners a pre-drawn map at the start of a lesson for them to annotate, it’s better to draw it piece by piece while teaching to reinforce the ties between what’s in the map and what the teacher said. We will return to this idea in Section 4.1.

For assessment. Having learners draw pictures of what they think they just learned shows the teacher what they missed and what was miscommunicated. Reviewing learners’ concept maps is too time-consuming to do as a formative assessment during class, but very useful in weekly lectures *once learners are familiar with the technique*. The qualification is necessary because any new way of doing things initially slows people down—if a learner is trying to make sense of basic programming, asking them to figure out how to draw their thoughts at the same time is an unfair load.

Some teachers are also skeptical of whether novices can effectively map their understanding, since introspection and explanation of understanding are generally more advanced skills than understanding itself. For example, [Kepp2008] looked at the use of concept mapping in computing education. One of their findings was that, “. . . concept mapping is troublesome for many students because it tests personal understanding rather than knowledge that was merely learned by rote.” As someone who values understanding over rote knowledge, I consider that a benefit.

Start Anywhere

When first asked to draw a concept map, many people will not know where to start. When this happens, write down two words associated with the topic you’re trying to map, then draw a line between them and add a label explaining how those two ideas are related. You can then ask what other things are related in the same way, what parts those things have, or what happens before or after the concepts already on the page in order to discover more nodes and arcs. After that, the hard part is often stopping.

Concept maps are just one way to represent our understanding of a subject [Eppl2006]; others include Venn diagrams, flowcharts, and decision trees [Abel2009]. All of these **externalize cognition**, i.e. make mental models visible so that they can be compared and combined³.

³To paraphrase Oscar Wilde’s Lady Windermere, people often don’t know what they’re thinking until

Rough Work and Honesty

Many user interface designers believe that it's better to show people rough sketches of their ideas rather than polished mock-ups because people are more likely to give honest feedback on something that they think only took a few minutes to create: if it looks as though what they're critiquing took hours to create, most will pull their punches. When drawing concept maps to motivate discussion, you should therefore use pencils and scrap paper (or pens and a whiteboard) rather than fancy computer drawing tools.

3.2 SEVEN PLUS OR MINUS TWO

While the graph model of knowledge is wrong but useful, another simple model has a sounder physiological basis. As a rough approximation, human memory can be divided into two distinct layers. The first, called **long-term** or **persistent memory**, is where we store things like our friends' names, our home address, and what the clown did at our eighth birthday party that scared us so much. Its capacity is essentially unlimited, but it is slow to access—too slow to help us cope with hungry lions and disgruntled family members.

Evolution has therefore given us a second system called **short-term** or **working memory**. It is much faster, but also much smaller: [Mill1956] estimated that the average adult's working memory could only hold 7 ± 2 items at a time. This is why phone numbers⁴ are 7 or 8 digits long: back when phones had dials instead of keypads, that was the longest string of numbers most adults could remember accurately for as long as it took the dial to go around several times.

Participation

The size of working memory is sometimes used to explain why sports teams tend to have about half a dozen members or are broken into sub-groups like the forwards and backs in rugby. It is also used to explain why meetings are only productive up to a certain number of participants: if twenty people try to discuss something, either three meetings are going on at once or half a dozen people are talking while everyone else listens. The argument is that people's ability to keep track of their peers is constrained by the size of working memory, but so far as I know, the link has never been proven.

7 ± 2 is the single most important number in teaching. A teacher cannot place information directly in a learner's long-term memory. Instead, whatever they present is first stored in the learner's short-term memory, and is only transferred to long-term memory after it has been held there and rehearsed (Section 5.1). If the teacher presents too much information too quickly, the new information displaces the old before the latter is transferred.

they've heard themselves say it.

⁴<https://www.quora.com/Why-did-Bell-Labs-create-phone-numbers-of-7-digits-10-digits-Is-there-a-reason-that-dashes-and-brackets-are-used>

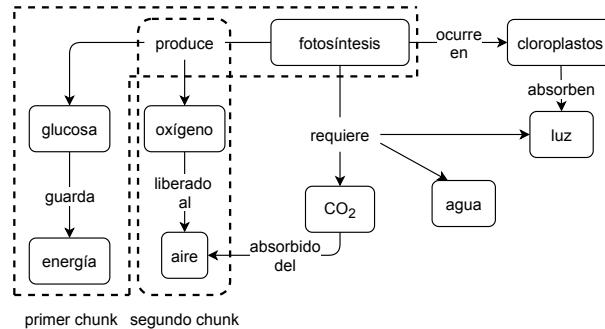


Figure 3.3: Using concept maps in lesson design

This is one of the ways to use a concept map when designing a lesson: it helps make sure learners' short-term memories won't be overloaded. Once the map is drawn, the teacher chooses a subsection that will fit in short-term memory and lead to a formative assessment (Figure 3.3), then adds another subsection for the next lesson episode and so on.

Building Concept Maps Together

The next time you have a team meeting, give everyone a sheet of paper and have them spend a few minutes drawing their own concept map of the project you're all working on. On the count of three, have everyone reveal their concept maps to their group. The discussion that follows may help people understand why they've been tripping over each other.

Note that the simple model of memory presented here has largely been replaced by a more sophisticated one in which short-term memory is broken down into several modal stores (e.g. for visual vs. linguistic memory), each of which does some involuntary preprocessing [Mill2016a]. Our presentation is therefore an example of a mental model that aids learning and everyday work.

PATTERN RECOGNITION

Recent research suggests that the actual size of short-term memory might be as low as 4 ± 1 items [Dida2016]. In order to handle larger sets of information, our minds create **chunks**. For example, most of us remember words as single items rather than as sequences of letters. Similarly, the pattern made by five spots on cards or dice is remembered as a whole rather than as five separate pieces of information.

Experts have more and larger chunks than non-experts, i.e. experts “see” larger patterns and have more patterns to match things against. This allows them to reason at a higher level and to search for information more quickly and more accurately. However, chunking can also mislead us if we mis-identify things: newcomers really can sometimes see things that experts have looked at and missed.

Given how important chunking is to thinking, it is tempting to identify design patterns⁵ and teach them directly. These patterns help competent practitioners think and talk to each other in many domains (including teaching [Berg2012]), but pattern catalogs are too dry and too abstract for novices to make sense of on their own. That said, giving names to a small number of patterns does seem to help with teaching, primarily by giving the learners a richer vocabulary to think and communicate with [Kuit2004; Byck2005; Saja2006]. We will return to this in Section 7.5.

3.3 BECOMING AN EXPERT

So how does someone become an expert? The idea that ten thousand hours of practice will do it is widely quoted but probably not true⁶: doing the same thing over and over again is much more likely to solidify bad habits than improve performance. What actually works is doing similar but subtly different things, paying attention to what works and what doesn’t, and then changing behavior in response to that feedback to get cumulatively better. This is called **deliberate** or **reflective practice**, and a common progression is for people to go through three stages:

Act on feedback from others. A learner might write an essay about what they did on their summer holiday and get feedback from a teacher telling them how to improve it.

Give feedback on others’ work. The learner might critique character development in a Harry Potter novel and get feedback from the teacher on their critique.

Give feedback to themselves. At some point, the learner starts critiquing their own work as they do it using the skills they have now built up. Doing this is so much faster than waiting for feedback from others that proficiency suddenly starts to take off.

What Counts as Deliberate Practice?

[Macn2014] found that, “. . . deliberate practice explained 26% of the variance in performance for games, 21% for music, 18% for sports, 4% for education, and less than 1% for professions.” However, [Eric2016] critiqued this finding by saying, “Summing up every hour of any type of practice during an individual’s career implies that the impact of all types of practice activity on performance is equal—an assumption that. . . is inconsistent with the evidence.” To be effective, deliberate practice requires both a clear

⁵https://en.wikipedia.org/wiki/Software_design_pattern

⁶<http://www.goodlifeproject.com/podcast/anders-ericsson/>

performance goal and immediate informative feedback, both of which are things teachers should strive for anyway.

3.4 EXERCISES

CONCEPT MAPPING (PAIRS/30)

Draw a concept map for something you would teach in five minutes. Trade with a partner and critique each other's maps. Do they present concepts or surface detail? Which of the relationships in your partner's map do you consider concepts and vice versa?

CONCEPT MAPPING (AGAIN) (SMALL GROUPS/20)

Working in groups of 3–4, have each person independently draw a concept map showing their mental model of what goes on in a classroom. When everyone is done, compare the concept maps. Where do your mental models agree and disagree?

ENHANCING SHORT-TERM MEMORY (INDIVIDUAL/5 MINUTES)

[Cher2007] suggests that the main reason people draw diagrams when they are discussing things is to enlarge their short-term memory: pointing at a wiggly bubble drawn a few minutes ago triggers recall of several minutes of debate. When you exchanged concept maps in the previous exercise, how easy was it for other people to understand what your map meant? How easy would it be for you if you set it aside for a day or two and then looked at it again?

THAT'S A BIT SELF-REFERENTIAL, ISN'T IT? (WHOLE CLASS/30)

Working independently, draw a concept map for concept maps. Compare your concept map with those drawn by other people. What did most people include? What were the significant differences?

NOTICING YOUR BLIND SPOT (SMALL GROUPS/10)

Elizabeth Wickes listed all the things you need to understand⁷ in order to read this one line of Python:

```
answers = ['tuatara', 'tuataras', 'bus', "lick"]
```

- The square brackets surrounding the content mean we're working with a list (as opposed to square brackets immediately to the right of something, which is a data extraction notation).

⁷<https://twitter.com/elliewix/status/981285432922202113>

- The elements are separated by commas outside and between the quotes (rather than inside, as they would be for quoted speech).
- Each element is a character string, and we know that because of the quotes. We could have number or other data types in here if we wanted; we need quotes because we're working with strings.
- We're mixing our use of single and double quotes; Python doesn't care so long as they balance around the individual strings.
- Each comma is followed by a space, which is not required by Python, but which we prefer for readability.

Each of these details might be overlooked by an expert. Working in groups of 3–4, select something equally short from a lesson you have recently taught or learned and break it down to this level of detail.

WHAT TO TEACH NEXT (INDIVIDUAL/5)

Refer back to the concept map for photosynthesis in Figure 3.3. How many concepts and links are in the selected chunks? What would you include in the next chunk of the lesson and why?

THE POWER OF CHUNKING (INDIVIDUAL/5)

Look at Figure 3.4 for 10 seconds, then look away and try to write out your phone number with these symbols⁸. (Use a space for '0'.) When you are finished, look at the alternative representation in Appendix H. How much easier are the symbols to remember when the pattern is made explicit?

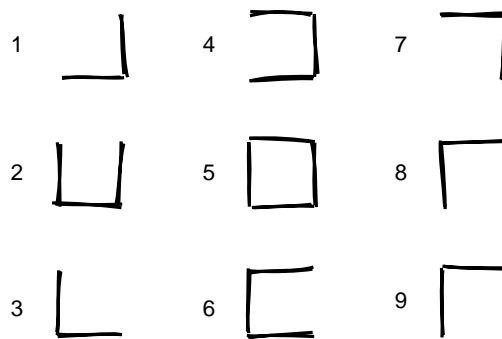


Figure 3.4: Unchunked representation

⁸My thanks to Warren Code for introducing me to this example.

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4 Cognitive Architecture

We have been talking about mental models as if they were real things, but what actually goes on in a learner's brain when they're learning? The short answer is that we don't know; the longer answer is that we know a lot more than we used to. This chapter will dig a little deeper into what brains do while they're learning and how we can leverage that to design and deliver lessons more effectively.

4.1 WHAT'S GOING ON IN THERE?

Figure 4.1 is a simplified model of human cognitive architecture. The core of this model is the separation between short-term and long-term memory discussed in Section 3.2. Long-term memory is like your basement: it stores things more or less permanently, but you can't access its contents directly. Instead, you rely on your short-term memory, which is the cluttered kitchen table of your mind.

When you need something, your brain retrieves it from long-term memory and puts it in short-term memory. Conversely, new information that arrives in short-term memory has to be encoded to be stored in long-term memory. If that information isn't encoded and stored, it's not remembered and learning hasn't taken place.

Information gets into short-term memory primarily through your verbal channel (for speech) and visual channel (for images)¹. Most people rely primarily on their visual channel, but when images and words complement each other, the brain does a better job of remembering them both: they are encoded together, so recall of one later on helps trigger recall of the other.

Linguistic and visual input are processed by different parts of the human brain, and linguistic and visual memories are stored separately as well. This means that correlating linguistic and visual streams of information takes cognitive effort: when

¹ A more complete model would also include your senses of touch, smell, and taste, but we'll ignore those for now.

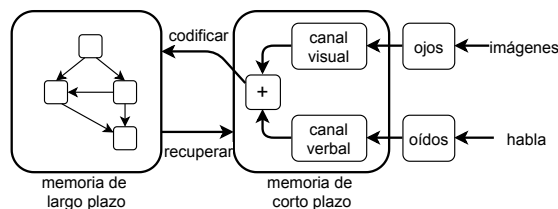


Figure 4.1: Cognitive architecture

someone reads something while hearing it spoken aloud, their brain can't help but check that it's getting the same information on both channels.

Learning is therefore increased when information is presented simultaneously in two different channels, but is reduced when that information is redundant rather than complementary, a phenomenon called the **split-attention effect** [Maye2003]. For example, people generally find it harder to learn from a video that has both narration and on-screen captions than from one that has either the narration or the captions but not both, because some of their attention has to be devoted to checking that the narration and the captions agree with each other. Two notable exceptions to this are people who do not yet speak the language well and people with hearing impairments or other special needs, both of whom may find that the value of the redundant information outweighs the extra processing effort.

Piece by Piece

The split attention effect explains why it's more effective to draw a diagram piece by piece while teaching than to present the whole thing at once. If parts of the diagram appear at the same time as things are being said, the two will be correlated in the learner's memory. Pointing at part of the diagram later is then more likely to trigger recall of what was being said when that part was being drawn.

The split-attention effect does *not* mean that learners shouldn't try to reconcile multiple incoming streams of information—after all, this is what they have to do in the real world [Atki2000]. Instead, it means that instruction shouldn't require people to do it while they are first mastering unit skills; instead, using multiple sources of information simultaneously should be treated as a separate learning task.

Not All Graphics are Created Equal

[Sung2012] presents an elegant study that distinguishes seductive graphics (which are highly interesting but not directly relevant to the instructional goal), decorative graphics (which are neutral but not directly relevant to the instructional goal), and instructive graphics (which are directly relevant to the instructional goal). Learners who received any kind of graphic gave material higher satisfaction ratings than those who didn't get graphics, but only learners who got instructive graphics actually performed better.

Similarly, [Stam2013; Stam2014] found that having more information can actually lower performance. They showed children pictures, pictures and numbers, or just numbers for two tasks. For some, having pictures or pictures and numbers outperformed having numbers only, but for others, having pictures outperformed pictures and numbers, which outperformed just having numbers.

4.2 COGNITIVE LOAD

In [Kirs2006], Kirschner, Sweller and Clark wrote:

Although unguided or minimally guided instructional approaches are very popular and intuitively appealing...these approaches ignore both the structures that constitute human cognitive architecture and evidence from empirical studies over the past half-century that consistently indicate that minimally guided instruction is less effective and less efficient than instructional approaches that place a strong emphasis on guidance of the student learning process. The advantage of guidance begins to recede only when learners have sufficiently high prior knowledge to provide “internal” guidance.

Beneath the jargon, the authors were claiming that having learners ask their own questions, set their own goals, and find their own path through a subject is less effective than showing them how to do things step by step. The “choose your own adventure” approach is known as **inquiry-based learning**, and is intuitively appealing: after all, who would argue *against* having learners use their own initiative to solve real-world problems in realistic ways? However, asking learners to do this in a new domain overloads them by requiring them to master a domain’s factual content and its problem-solving strategies at the same time.

More specifically, **cognitive load theory** proposed that people have to deal with three things when they’re learning:

Intrinsic load is what people have to keep in mind in order to absorb new material.

Germane Load is the (desirable) mental effort required to link new information to old, which is one of the things that distinguishes learning from memorization.

Extraneous Load is anything that distracts from learning.

Cognitive load theory holds that people have to divide a fixed amount of working memory between these three things. Our goal as teachers is to maximize the memory available to handle intrinsic load, which means reducing the germane load at each step and eliminating the extraneous load.

PARSONS PROBLEMS

One kind of exercise that can be explained in terms of cognitive load is often used when teaching languages. Suppose you ask someone to translate the sentence, “How is her knee today?” into Frisian. To solve the problem, they need to recall both vocabulary and grammar, which is a double cognitive load. If you ask them to put “hoe,” “har,” “is,” “hjoed,” and “knie” in the right order, on the other hand, you are allowing them to focus solely on learning grammar. If you write these words in five different fonts or colors, though, you have increased the extraneous cognitive load, because they will involuntarily (and possibly unconsciously) expend some effort trying to figure out if the differences are meaningful (Figure 4.2).

The coding equivalent of this is called a **Parsons Problem**² [Pars2006]. When teaching people to program, you can give them the lines of code they need to solve a

²Named after one of its creators.

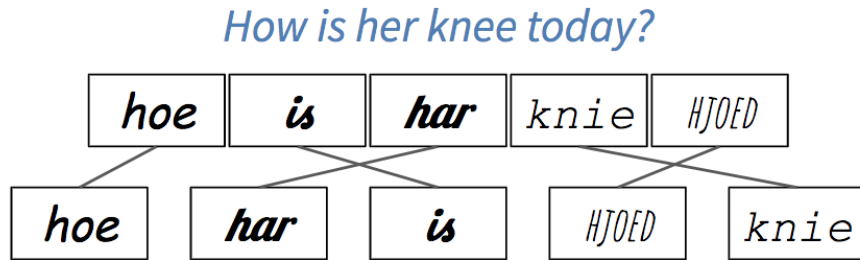


Figure 4.2: Constructing a sentence

problem and ask them to put them in the right order. This allows them to concentrate on control flow and data dependencies without being distracted by variable naming or trying to remember what functions to call. Multiple studies have shown that Parsons Problems take less time for learners to do but produce equivalent educational outcomes [Eric2017].

FADED EXAMPLES

Another type of exercise that can be explained in terms of cognitive load is to give learners a series of **faded examples**. The first example in a series presents a complete use of a particular problem-solving strategy. The next problem is of the same type, but has some gaps for the learner to fill in. Each successive problem gives the learner less **scaffolding**, until they are asked to solve a complete problem from scratch. When teaching high school algebra, for example, we might start with this:

$$\begin{aligned}
 (4x + 8)/2 &= 5 \\
 4x + 8 &= 2 * 5 \\
 4x + 8 &= 10 \\
 4x &= 10 - 8 \\
 4x &= 2 \\
 x &= 2 / 4 \\
 x &= 1 / 2
 \end{aligned}$$

and then ask learners to solve this:

$$\begin{aligned}
 (3x - 1)*3 &= 12 \\
 3x - 1 &= _ / _ \\
 3x - 1 &= 4 \\
 3x &= _ \\
 x &= _ / 3 \\
 x &= _
 \end{aligned}$$

and this:

$$\begin{array}{rcl}
 (5x + 1) * 3 & = & 4 \\
 5x + 1 & = & - \\
 5x & = & - \\
 x & = & -
 \end{array}$$

and finally this:

$$\begin{array}{rcl}
 (2x + 8) / 4 & = & 1 \\
 x & = & -
 \end{array}$$

A similar exercise for teaching Python might start by showing learners how to find the total length of a list of words:

```
# total_length(["red", "green", "blue"]) => 12
def total_length(list_of_words):
    total = 0
    for word in list_of_words:
        total = total + length(word)
    return total
```

and then ask them to fill in the blanks in this (which focuses their attention on control structures):

```
# word_lengths(["red", "green", "blue"]) => [3, 5, 4]
def word_lengths(list_of_words):
    list_of_lengths = []
    for ____ in ____:
        append(list_of_lengths, ____)
```

return list_of_lengths

The next problem might be this (which focuses their attention on updating the final result):

```
# join_all(["red", "green", "blue"]) => "redgreenblue"
def join_all(list_of_words):
    joined_words = ____
    for ____ in ____:
        ____
    return joined_words
```

Learners would finally be asked to write an entire function on their own:

```
# make_acronym(["red", "green", "blue"]) => "RGB"
def make_acronym(list_of_words):
    ____
```

Faded examples work because they introduce the problem-solving strategy piece by piece: at each step, learners have one new problem to tackle, which is less intimidating than a blank screen or a blank sheet of paper (Section 9.11). It also encourages learners to think about the similarities and differences between various approaches, which helps create the linkages in their mental models that help retrieval.

The key to constructing a good faded example is to think about the problem-solving strategy it is meant to teach. For example, the programming problems above all use the accumulator design pattern, in which the results of processing items from a collection are repeatedly added to a single variable in some way to create the final result.

Cognitive Apprenticeship

*An alternative model of learning and instruction that also uses scaffolding and fading is **cognitive apprenticeship**, which emphasizes the way in which a master passes on skills and insights to an apprentice. The master provides models of performance and outcomes, then coaches novices by explaining what they are doing and why [Coll1991; Casp2007]. The apprentice reflects on their own problem solving, e.g. by thinking aloud or critiquing their own work, and eventually explores problems of their own choosing.*

This model tells us that teachers should present several examples when presenting a new idea so that learners can see what to generalize, and that we should vary the form of the problem to make it clear what are and aren't superficial features³. Problems should be presented in real-world contexts, and we should encourage self-explanation to help learners organize and make sense of what they have just been taught (Section 5.1).

LABELED SUBGOALS

Labeling subgoals means giving names to the steps in a step-by-step description of a problem-solving process. [Marg2016; Morr2016] found that learners with labeled subgoals solved Parsons Problems better than learners without, and the same benefit is seen in other domains [Marg2012]. Returning to the Python example used earlier, the subgoals in finding the total length of a list of words or constructing an acronym are:

1. Create an empty value of the type to be returned.
2. Get the value to be added to the result from the loop variable.
3. Update the result with that value.

Labeling subgoals works because grouping related steps into named chunks (Section 3.2) helps learners distinguish what's generic from what is specific to the problem at hand. It also helps them build a mental model of that kind of problem so that

³For a long time, I believed that the variable holding the value a function was going to return *had* to be called `result` because my teacher always used that name in examples.

they can solve other problems of that kind, and gives them a natural opportunity for self-explanation (Section 5.1).

MINIMAL MANUALS

The purest application of cognitive load theory may be John Carroll's **minimal manual** [Carr1987; Carr2014]. Its starting point is a quote from a user: "I want to do something, not learn how to do everything." Carroll and colleagues redesigned training to present every idea as a single-page self-contained task: a title describing what the page was about, step-by-step instructions of how to do just one thing (e.g. how to delete a blank line in a text editor), and then several notes on how to recognize and debug common problems. They found that rewriting training materials this way made them shorter overall, and that people using them learned faster. Later studies confirmed that this approach outperformed the traditional approach regardless of prior experience with computers [Lazo1993]. [Carr2014] summarized this work by saying:

Our "minimalist" designs sought to leverage user initiative and prior knowledge, instead of controlling it through warnings and ordered steps. It emphasized that users typically bring much expertise and insight to this learning, for example, knowledge about the task domain, and that such knowledge could be a resource to instructional designers. Minimalism leveraged episodes of error recognition, diagnosis, and recovery, instead of attempting to merely forestall error. It framed troubleshooting and recovery as learning opportunities instead of as aberrations.

4.3 OTHER MODELS OF LEARNING

Critics of cognitive load theory have sometimes argued that any result can be justified after the fact by labeling things that hurt performance as extraneous load and things that don't as intrinsic or germane. However, instruction based on cognitive load theory is undeniably effective. For example, [Maso2016] redesigned a database course to remove split attention and redundancy effects and to provide worked examples and sub-goals. The new course reduced the exam failure rate by 34% and increased learner satisfaction.

A decade after the publication of [Kirs2006], a growing number of people believe that cognitive load theory and inquiry-based approaches are compatible if viewed in the right way. [Kaly2015] argues that cognitive load theory is basically micro-management of learning within a broader context that considers things like motivation, while [Kirs2018] extends cognitive load theory to include collaborative aspects of learning. As with [Mark2018] (discussed in Section 5.1), researchers' perspectives may differ, but the practical implementation of their theories often wind up being the same.

One of the challenges in educational research is that what we mean by "learning" turns out to be complicated once you look beyond the standardized Western

classroom. Two specific perspectives from **educational psychology** have influenced this book. The one we have used so far is **cognitivism**, which focuses on things like pattern recognition, memory formation, and recall. It is good at answering low-level questions, but generally ignores larger issues like, “What do we mean by ‘learning’?” and, “Who gets to decide?” The other is **situated learning**, which focuses on bringing people into a community and recognizes that teaching and learning are always rooted in who we are and who we aspire to be. We will discuss it in more detail in Chapter 13.

The Learning Theories website⁴ and [Wibu2016] have good summaries of these and other perspectives. Besides cognitivism, those encountered most frequently include **behaviorism** (which treats education as stimulus/response conditioning), **constructivism** (which considers learning an active process during which learners construct knowledge for themselves), and **connectivism** (which holds that knowledge is distributed, that learning is the process of navigating, growing, and pruning connections, and which emphasizes the social aspects of learning made possible by the internet). These perspectives can help us organize our thoughts, but in practice, we always have to try new methods in the class, with actual learners, in order to find out how well they balance the many forces in play.

4.4 EXERCISES

CREATE A FADED EXAMPLE (PAIRS/30)

It’s very common for programs to count how many things fall into different categories: for example, how many times different colors appear in an image, or how many times different words appear in a paragraph of text.

1. Create a short example (no more than 10 lines of code) that shows people how to do this, and then create a second example that solves a similar problem in a similar way but has a couple of blanks for learners to fill in. How did you decide what to fade out? What would the next example in the series be?
2. Define the audience for your examples. For example, are these beginners who only know some basics programming concepts? Or are these learners with some experience in programming?
3. Show your example to a partner, but do *not* tell them what level you think it is for. Once they have filled in the blanks, ask them to guess the intended level.

If there are people among the trainees who don’t program at all, try to place them in different groups and have them play the part of learners for those groups. Alternatively, choose a different problem domain and develop a faded example for it.

⁴<http://www.learning-theories.com/>

CLASSIFYING LOAD (SMALL GROUPS/15)

1. Choose a short lesson that a member of your group has taught or taken recently.
2. Make a point-form list of the ideas, instructions, and explanations it contains.
3. Classify each as intrinsic, germane, or extraneous. What did you all agree on? Where did you disagree and why?

(The exercise “Noticing Your Blind Spot” in Section 3.4 will give you an idea of how detailed your point-form list should be.)

CREATE A PARSONS PROBLEM (PAIRS/20)

Write five or six lines of code that does something useful, jumble them, and ask your partner to put them in order. If you are using an indentation-based language like Python, do not indent any of the lines; if you are using a curly-brace language like Java, do not include any of the curly braces. (If your group includes people who aren’t programmers, use a different problem domain, such as making banana bread.)

MINIMAL MANUALS (INDIVIDUAL/20)

Write a one-page guide to doing something that your learners might encounter in one of your classes, such as centering text horizontally or printing a number with a certain number of digits after the decimal point. Try to list at least three or four incorrect behaviors or outcomes the learner might see and include a one- or two-line explanation of why each happens and how to correct it.

COGNITIVE APPRENTICESHIP (PAIRS/15)

Pick a coding problem that you can do in two or three minutes and think aloud as you work through it while your partner asks questions about what you’re doing and why. Do not just explain what you’re doing, but also why you’re doing it, how you know it’s the right thing to do, and what alternatives you’ve considered but discarded. When you are done, swap roles with your partner and repeat the exercise.

WORKED EXAMPLES (PAIRS/15)

Seeing worked examples helps people learn to program faster than just writing lots of code [Skud2014], and deconstructing code by tracing it or debugging it also increases learning [Grif2016]. Working in pairs, go through a 10–15 line piece of code and explain what every statement does and why it is necessary. How long does it take? How many things do you feel you need to explain per line of code?

CRITIQUING GRAPHICS (INDIVIDUAL/30)

[Maye2009; Mill2016a] presents six principles for good teaching graphics:

Signalling: visually highlight the most important points so that they stand out from less-critical material.

Spatial contiguity: place captions as close to the graphics as practical to offset the cost of shifting between the two.

Temporal contiguity: present spoken narration and graphics as close in time as practical. (Presenting both at once is better than presenting them one after another.)

Segmenting: when presenting a long sequence of material or when learners are inexperienced with the subject, break the presentation into short segments and let learners control how quickly they advance from to the next.

Pre-training: if learners don't know the major concepts and terminology used in your presentation, teach just those concepts and terms beforehand.

Modality: people learn better from pictures plus narration than from pictures plus text, unless they are non-native speakers or there are technical words or symbols.

Choose a video of a lesson or talk online that uses slides or other static presentations and rate its graphics as “poor,” “average,” or “good” according to these six criteria.

REVIEW

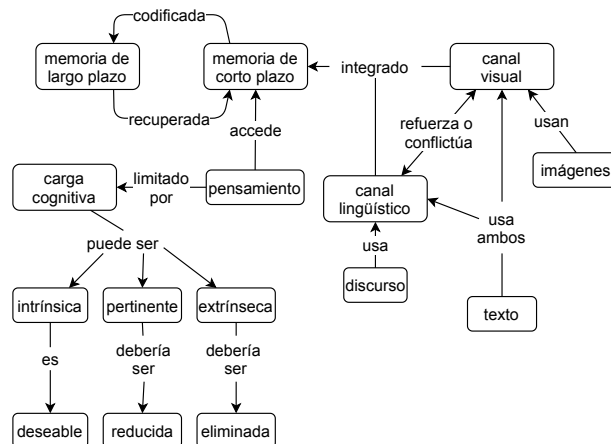


Figure 4.3: Concepts: Cognitive load

5 Individual Learning

Previous chapters have explored what teachers can do to help learners. This chapter looks at what learners can do for themselves by changing their study strategies and getting enough rest.

The most effective strategy is to switch from **passive learning** to **active learning** [Hpl2018], which significantly improves performance and reduces failure rates [Free2014]:

Passive	Active
Read about something	Do exercises
Watch a video	Discuss a topic
Attend a lecture	Try to explain it

Referring back to our simplified model of cognitive architecture (Figure 4.1), active learning is more effective because it keeps new information in short-term memory longer, which increases the odds that it will be encoded successfully and stored in long-term memory. And by using new information as it arrives, learners build or strengthen ties between that information and what they already know, which in turn increases the chances that they will be able to retrieve it later.

The other key to getting more out of learning is **metacognition**, or thinking about one’s own thinking. Just as good musicians listen to their own playing and good teachers reflect on their teaching (Chapter 8), learners will learn better and faster if they make plans, set goals, and monitor their progress. It’s difficult for learners to master these skills in the abstract—just telling them to make plans doesn’t have any effect—but lessons can be designed to encourage good study practices, and drawing attention to these practices in class helps learners realize that learning is a skill they can improve like any other [McGu2015; Miya2018].

The big prize is **transfer of learning**, which occurs when one thing we have learned helps us learn other things more quickly. Researchers distinguish between **near transfer**, which occurs between similar or related areas like fractions and decimals in mathematics, and **far transfer**, which occurs between dissimilar domains—for example, the idea that learning to play chess will help mathematical reasoning or vice versa.

Near transfer undoubtedly occurs—no kind of learning beyond simple memorization could occur if it didn’t—and teachers leverage it all the time by giving learners exercises that are similar to material that has just been presented in a lesson. However, [Sala2017] analyzed many studies of far transfer and concluded that:

...the results show small to moderate effects. However, the effect sizes are inversely related to the quality of the experimental design. . . We conclude that far transfer of learning rarely occurs.

When far transfer does occur, it seems to happen only once a subject has been mastered [Gick1987]. In practice, this means that learning to program won't help you play chess and vice versa.

5.1 SIX STRATEGIES

Psychologists study learning in a wide variety of ways, but have reached similar conclusions about what actually works [Mark2018]. The Learning Scientists¹ have catalogued six of these strategies and summarized them in a set of downloadable posters². Teaching these strategies to learners, and mentioning them by name when you use them in class, can help them learn how to learn faster and better [Wein2018a; Wein2018b].

SPACED PRACTICE

Ten hours of study spread out over five days is more effective than two five-hour days, and far better than one ten-hour day. You should therefore create a study schedule that spreads study activities over time: block off at least half an hour to study each topic each day rather than trying to cram everything in the night before an exam [Kang2016].

You should also review material after each class, but not immediately after—take at least a half-hour break. When reviewing, be sure to include at least a little bit of older material: for example, spend twenty minutes looking over notes from that day's class and then five minutes each looking over material from the previous day and from a week before. Doing this also helps you catch any gaps or mistakes in previous sets of notes while there's still time to correct them or ask questions: it's painful to realize the night before the exam that you have no idea why you underlined "Demodulate!!!" three times.

When reviewing, make notes about things that you had forgotten: for example, make a flash card for each fact that you couldn't remember or that you remembered incorrectly [Matt2019]. This will help you focus the next round of study on things that most need attention.

The Value of Lectures

According to [Mill2016a], "The lectures that predominate in face-to-face courses are relatively ineffective ways to teach, but they probably contribute to spacing material over time, because they unfold in a set schedule over time. In contrast, depending on how the courses are set up, online students can sometimes avoid exposure to material altogether until an assignment is nigh."

¹<http://www.learningscientists.org/>

²<http://www.learningscientists.org/downloadable-materials>

RETRIEVAL PRACTICE

The limiting factor for long-term memory is not retention (what is stored) but recall (what can be accessed). Recall of specific information improves with practice, so outcomes in real situations can be improved by taking practice tests or summarizing the details of a topic from memory and then checking what was and wasn't remembered. For example, [Karp2008] found that repeated testing improved recall of word lists from 35% to 80%.

Recall is better when practice uses activities similar to those used in testing. For example, writing personal journal entries helps with multiple-choice quizzes, but less than doing practice quizzes [Mill2016a]. This phenomenon is called **transfer-appropriate processing**.

One way to exercise retrieval skills is to solve problems twice. The first time, do it entirely from memory without notes or discussion with peers. After grading your own work against a rubric supplied by the teacher, solve the problem again using whatever resources you want. The difference between the two shows you how well you were able to retrieve and apply knowledge.

Another method (mentioned above) is to create flash cards. Physical cards have a question or other prompt on one side and the answer on the other, and many flash card apps are available for phones. If you are studying as part of a group, swapping flash cards with a partner helps you discover important ideas that you may have missed or misunderstood.

Read-cover-retrieve is a quick alternative to flash cards. As you read something, cover up key terms or sections with small sticky notes. When you are done, go through it a second time and see how well you can guess what's under each of those stickies. Whatever method you use, don't just practice recalling facts and definitions: make sure you also check your understanding of big ideas and the connections between them. Sketching a concept map and then comparing it to your notes or to a previously-drawn concept map is a quick way to do this.

Hypercorrection

*One powerful finding in learning research is the **hypercorrection effect** [Metc2016]. Most people don't like to be told they're wrong, so it would be reasonable to assume that the more confident someone is in the answer they've given on a test, the harder it is to change their mind if they were actually wrong. It turns out that the opposite is true: the more confident someone is that they were right, the more likely they are not to repeat the error if they are corrected.*

INTERLEAVING

One way you can space your practice is to interleave study of different topics: instead of mastering one subject, then a second and third, shuffle study sessions. Even better, switch up the order: A-B-C-B-A-C is better than A-B-C-A-B-C, which in turn is better than A-A-B-B-C-C [Rohr2015]. This works because interleaving fosters creation of more links between different topics, which in turn improves recall.

How long you should spend on each item depends on the subject and how well you know it. Somewhere between 10 and 30 minutes is long enough for you to get into a state of flow (Section 5.2) but not for your mind to wander. Interleaving study will initially feel harder than focusing on one topic at a time, but that's a sign that it's working. If you are using flash cards or practice tests to gauge your progress, you should see improvement after only a couple of days.

ELABORATION

Explaining things to yourself as you go through them helps you understand and remember them. One way to do this is to follow up each answer on a practice quiz with an explanation of why that answer is correct, or conversely with an explanation of why some other plausible answer isn't. Another is to tell yourself how a new idea is similar to or different from one you have seen previously.

Talking to yourself may seem like an odd way to study, but [Biel1995] found that people trained in self-explanation outperformed those who hadn't been trained. Similarly, [Chi1989] found that some learners simply halt when they hit a step they don't understand when trying to solve problems. Others pause and generate an explanation of what's going on, and the latter group learns faster. An exercise to build this skill is to go through an example program line by line with a class, having a different person explain each line in turn and say why it is there and what it accomplishes.

CONCRETE EXAMPLES

One particularly useful form of elaboration is the use of concrete examples. Whenever you have a statement of a general principle, try to provide one or more examples of its use, or conversely take each particular problem and list the general principles it embodies. [Raws2014] found that interleaving examples and definitions like this made it more likely that learners would remember the latter correctly.

One structured way to do this is the ADEPT method³: give an **A**nalogy, draw a **D**iagram, present an **E**xample, describe the idea in **P**lain language, and then give the **T**echnical details. Again, if you are studying with a partner or in a group, you can swap and check work: see if you agree that other people's examples actually embody the principle being discussed or which principles are used in an example that they haven't listed.

Another useful technique is to teach by contrast, i.e. to show learners what a solution is *not* or what kind of problem a technique *won't* solve. For example, when showing children how to simplify fractions, it's important to give them a few like $\frac{5}{7}$ that can't be simplified so that they don't become frustrated looking for answers that don't exist.

³<https://betterexplained.com/articles/adept-method/>

DUAL CODING

The last of the six core strategies that the Learning Scientists⁴ describe is to present words and images together. As discussed in Section 4.1, different subsystems in our brains handle and store linguistic and visual information, so if complementary information is presented through both channels, they can reinforce one another. However, learning is less effective when the same information is presented simultaneously in two different channels, because then the brain has to expend effort to check the channels against each other [Maye2003].

One way to take advantage of dual coding is to draw or label timelines, maps, family trees, or whatever else seems appropriate to the material. (I am personally fond of pictures showing which functions call which others in a program.) Drawing a diagram *without* labels, then coming back later to label it, is excellent retrieval practice.

5.2 TIME MANAGEMENT

I used to brag about the hours I was working. Not in so many words, of course—I had *some* social skills—but I would show up for class around noon, unshaven and yawning, and casually mention to whoever would listen that I’d been up working until 6:00 a.m.

Looking back, I can’t remember who I was trying to impress. What I remember instead is how much of the work I did in those all-nighters I threw away once I’d had some sleep, and how much damage the stuff I didn’t throw away did to my grades.

My mistake was to confuse “working” with “being productive.” You can’t produce software (or anything else) without doing some work, but you can easily do lots of work without producing anything of value. Convincing people of this can be hard, especially when they’re in their teens or twenties, but it pays tremendous dividends.

Scientific study of overwork and sleep deprivation goes back to at least the 1890s—see [Robi2005] for a short, readable summary. The most important results for learners are:

1. Working more than 8 hours a day for an extended period of time lowers your total productivity, not just your hourly productivity—i.e. you get less done in total (not just per hour) when you’re in crunch mode.
2. Working over 21 hours in a stretch increases the odds of you making a catastrophic error just as much as being legally drunk.
3. Productivity varies over the course of the workday, with the greatest productivity occurring in the first 4 to 6 hours. After enough hours, productivity approaches zero; eventually it becomes negative.

These facts have been reproduced and verified for over a century, and the data behind them is as solid as the data linking smoking to lung cancer. The problem is

⁴<http://www.learningscientists.org/>

that *people usually don't notice their abilities declining*. Like drunks who think they are still able to drive, people who are deprived of sleep don't realize that they are not finishing their sentences (or thoughts). Five 8-hour days per week has been proven to maximize long-term total output in every industry that has ever been studied; studying or programming are no different.

But what about short bursts now and then, like pulling an all-nighter to meet a deadline? That has been studied too, and the results aren't pleasant. Your ability to think drops by 25% for each 24 hours you're awake. Put it another way, the average person's IQ is only 75 after one all-nighter, which puts them in the bottom 5% of the population. If you do two all-nighters in a row your effective IQ is 50, which is the level at which people are usually judged incapable of independent living.

"But—but—I have so many assignments to do!" you say. "And they're all due at once! I *have* to work extra hours to get them all done!" No: people have to prioritize and focus in order to be productive, and in order to do that, they have to be taught how. One widely-used technique is to make a list of things that need to be done, sort them by priority, and then switch off email and other interruptions for 30–60 minutes and complete one of those tasks. If any task on a to-do list is more than an hour long, break it down into smaller pieces and prioritize those separately.

The most important part of this is switching off interruptions. Despite what many people want to believe, human beings are not good at multi-tasking. What we can become good at is **automaticity**, which is the ability to do something routine in the background while doing something else [Mill2016a]. Most of us can talk while chopping onions, or drink coffee while reading; with practice, we can also take notes while listening, but we can't study effectively, program, or do other mentally challenging tasks while paying attention to something else—we only think we can.

The point of organizing and preparing is to get into the most productive mental state possible. Psychologists call it **flow** [Csik2008]; athletes call it "being in the zone," and musicians talk about losing themselves in what they're playing. Whatever name you use, people produce much more per unit of time in this state than normal. The bad news is that it takes roughly 10 minutes to get back into a state of flow after an interruption, no matter how short the interruption was. This means that if you are interrupted half a dozen times per hour, you are *never* at your productive peak.

How Did He Know?

In his 1961 short story “Harrison Bergeron”⁵, Kurt Vonnegut described a future in which everyone is forced to be equal. Good-looking people have to wear masks, athletic people have to wear weights—and intelligent people are forced to carry around radios that interrupt their thoughts at random intervals. I sometimes wonder if—oh, hang on, my phone just—sorry, what were we talking about?

5.3 PEER ASSESSMENT

Asking people on a team to rate their peers is a common practice in industry. [Sond2012] surveyed the literature on peer assessment, distinguishing between grading and reviewing. They found that peer assessment increased the amount, diversity, and timeliness of feedback, helped learners exercise higher-level thinking, encouraged reflective practice, and supported development of social skills. The concerns were predictable: validity and reliability, motivation and procrastination, trolls, collusion, and plagiarism.

However, the evidence shows that these concerns aren’t significant in most classes. For example, [Kauf2000] compared confidential peer ratings and grades on several axes for two undergraduate engineering courses and found that self-rating and peer ratings statistically agreed, that collusion wasn’t significant (i.e. people didn’t just give all their peers high grades), that learners didn’t inflate their self-ratings, and crucially, that ratings were not biased by gender or race.

One way to implement peer assessment is **contributing student pedagogy**, in which learners produce artifacts to contribute to others’ learning. This can be developing a short lesson and sharing it with the class, adding to a question bank, or writing up notes from a particular lecture for in-class publication. For example, [Fran2018] found that learners who made short videos to teach concepts to their peers had a significant increase in their own learning compared to those who only studied the material or viewed the videos. I have found that asking learners to share one bug and its fix with the class every day helps their analytic abilities and reduces impostor syndrome.

Another approach is **calibrated peer review**, in which a learner reviews one or more examples using a rubric and compares their evaluation against the teacher’s review of the same work [Kulk2013]. Once learners’ evaluations are close enough to the teacher’s, they start evaluating their peers’ actual work. If several peers’ assessments are combined, this can be as accurate as assessment by teachers [Pare2008].

Like everything else, assessment is aided by rubrics. The evaluation form in Section F.2 shows a sample to get you started. To use it, rank yourself and each of your teammates, then calculate and compare scores. Large disparities usually indicate a need for a longer conversation.

⁵https://en.wikipedia.org/wiki/Harrison_Bergeron

5.4 EXERCISES

LEARNING STRATEGIES (INDIVIDUAL/20)

1. Which of the six learning strategies do you regularly use? Which ones do you not?
2. Write down three general concepts that you want your learners to master and give two specific examples of each (concrete examples practice). For each of those concepts, work backward from one of your examples to explain how the concept explains it (elaboration).

CONNECTING IDEAS (PAIRS/5)

This exercise is an example of using elaboration to improve retention. Pick a partner have each person independently choose an idea, then announce your ideas and try to find a four-link chain that leads from one to the other. For example, if the two ideas are “Saskatchewan” and “statistics,” the links might be:

- Saskatchewan is a province of Canada;
- Canada is a country;
- countries have governments;
- governments use statistics to analyze public opinion.

CONVERGENT EVOLUTION (PAIRS/15)

One practice that wasn’t covered above is **guided notes**, which are notes prepared by the teacher that cue learners to respond to key information in a lecture or discussion. The cues can be blank spaces where learners add information, asterisks next to terms learners should define, and so on.

Create two to four guided note cards for a lesson you have recently taught or are going to teach. Swap cards with your partner: how easy is it to understand what is being asked for? How long would it take to fill in the prompts? How well does this work for programming examples?

CHANGING MINDS (PAIRS/10)

[Kirs2013] argues that myths about digital natives, learning styles, and self-educators are all reflections of the mistaken belief that learners know what is best for them, and cautions that we may be in a downward spiral in which every attempt by education researchers to rebut these myths confirms their opponents’ belief that learning science is pseudo-science. Pick one thing you have learned about learning so far in this book that surprised you or contradicted something you previously believed and practice explaining it to a partner in 1–2 minutes. How convincing are you?

FLASH CARDS (INDIVIDUAL/15)

Use sticky notes or anything else you have at hand to make up half a dozen flash cards for a topic you have recently taught or learned. Trade with a partner and see how long it takes each of you to achieve 100% perfect recall. Set the cards aside when you are done, then come back after half an hour and see what your recall rate is.

USING ADEPT (WHOLE CLASS/15)

Pick something you have recently taught or been taught and outline a short lesson that uses the five-step ADEPT method to introduce it.

THE COST OF MULTI-TASKING (PAIRS/10)

The Learning Scientists blog⁶ describes a simple experiment you can do with only a stopwatch to demonstrate the mental cost of multi-tasking. Working in pairs, measure how long it takes each person to do each of these three tasks:

- Count from 1 to 26 twice.
- Recite the alphabet from A to Z twice.
- Interleave the numbers and letters, i.e. say, “1, A, 2, B, . . .” and so on.

Have each pair report their numbers. Without specific practice, the third task always takes significantly longer than either of the component tasks.

MYTHS IN COMPUTING EDUCATION (WHOLE CLASS/20)

[Guzd2015b] presents a list of the top ten mistaken beliefs about computing education, which includes:

1. The lack of women in Computer Science is just like all the other STEM fields.
2. To get more women in CS, we need more female CS faculty.
3. Student evaluations are the best way to evaluate teaching.
4. Good teachers personalize education for students' learning styles.
5. A good CS teacher should model good software development practice because their job is to produce excellent software engineers.
6. Some people are just naturally better programmers than others.

Have everyone vote +1 (agree), -1 (disagree), or 0 (not sure) for each point, then read the full explanations in the original article⁷ and vote again. Which ones did people change their minds on? Which ones do they still believe are true, and why?

⁶<http://www.learningscientists.org/blog/2017/7/28-1>

⁷<https://cacm.acm.org/blogs/blog-cacm/189498-top-10-myths-about-teaching-computer-science/fulltext>

CALIBRATED PEER REVIEW (PAIRS/20)

1. Create a 5–10 point rubric with entries like “good variable names,” “no redundant code,” and “properly-nested control flow” for grading the kind of programs you would like your learners to write.
2. Choose or create a small program that contains 3–4 violations of these entries.
3. Grade the program according to your rubric.
4. Have a partner grade the same program with the same rubric. What do they accept that you did not? What do they critique that you did not?

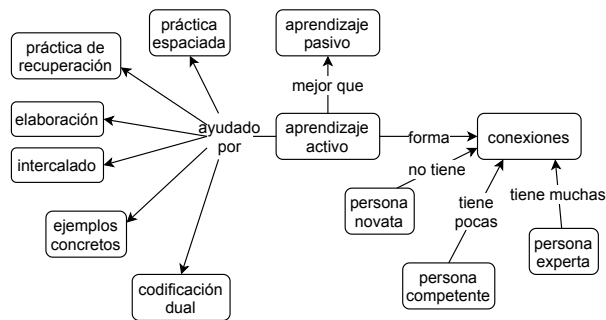
REVIEW

Figure 5.1: Concepts: Active learning

6 A Lesson Design Process

Most people design lessons like this:

1. Someone asks you to teach something you barely know or haven't thought about in years.
2. You start writing slides to explain what you know about the subject.
3. After 2 or 3 weeks, you make up an assignment based on what you've taught so far.
4. You repeat step 3 several times.
5. You stay awake into the wee hours of the morning to create a final exam and promise yourself that you'll be more organized next time.

A more effective method is similar in spirit to a programming practice called **test-driven development** (TDD). Programmers who use TDD don't write software and then test that it is working correctly. Instead, they write the tests first, then write just enough new software to make those tests pass.

TDD works because writing tests forces programmers to be precise about what they're trying to accomplish and what "done" looks like. TDD also prevents endless polishing: when the tests pass, you stop coding. Finally, it reduces the risk of confirmation bias: someone who hasn't yet written a piece of software will be more objective than someone who has just put in several hours of hard work and really, really wants to be done.

A similar method called **backward design** works very well for lesson design. This method was developed independently in [Wigg2005; Bigg2011; Fink2013] and is summarized in [McTi2013]. In simplified form, its steps are:

1. Create or recycle learner personas (discussed in the next section) to figure out who you are trying to help and what will appeal to them.
2. Brainstorm to get a rough idea of what you want to cover, how you're going to do it, what problems or misconceptions you expect to encounter, what's *not* going to be included, and so on. Drawing concept maps can help a lot at this stage (Section 3.1).
3. Create a summative assessment (Section 2.1) to define your overall goal. This can be the final exam for a course or the capstone project for a one-day workshop; regardless of its form or size, it shows how far you hope to get more clearly than a point-form list of objectives.
4. Create formative assessments that will give people a chance to practice the things they're learning. These will also tell you (and them) whether they're making progress and where they need to focus their attention. The best way to do this is to itemize the knowledge and skills used in the summative assessment you developed in the previous step and then create at least one formative assessment for each.

5. Order the formative assessments to create a course outline based on their complexity, their dependencies, and how well topics will motivate your learners (Section 10.1).
6. Write material to get learners from one formative assessment to the next. Each hour of instruction should consist of three to five such episodes.
7. Write a summary description of the course to help its intended audience find it and figure out whether it's right for them.

This method helps keep teaching focused on its objectives. It also ensures that learners don't face anything at the end of the course that they are not prepared for.

Perverse Incentives

*Backward design is not the same thing as **teaching to the test**. When using backward design, teachers set goals to aid in lesson design; they may never actually give the final exam that they wrote. In many school systems, on the other hand, an external authority defines assessment criteria for all learners, regardless of their individual situations. The outcomes of those summative assessments directly affect the teachers' pay and promotion, which means teachers have an incentive to focus on having learners pass tests rather than on helping them learn.*

[Gree2014] argues that focusing on testing and measurement appeals to those with the power to set the tests, but is unlikely to improve outcomes unless it is coupled with support for teachers to make improvements based on test outcomes. The latter is often missing because large organizations usually value uniformity over productivity [Scot1998].

Reverse design is described as a sequence, but it's almost never done that way. We may, for example, change our mind about what we want to teach based on something that occurs to us while we're writing an MCQ, or re-assess who we're trying to help once we have a lesson outline. However, the notes we leave behind should present things in the order described above so that whoever has to use or maintain the lesson after us can retrace our thinking [Parn1986].

6.1 LEARNER PERSONAS

The first step in the reverse design process is figuring out who your audience is. One way to do this is to write two or three **learner personas** like those in Section 1.1. This technique is borrowed from user experience designers, who create short profiles of typical users to help them think about their audience.

A learner persona consists of:

1. the person's general background;
2. what they already know;
3. what they want to do; and
4. any special needs they have.

The personas in Section 1.1 have the four points listed above, along with a short summary of how this book will help them. A learner persona for a volunteer group that runs weekend Python workshops might be:

1. Jorge just moved from Costa Rica to Canada to study agricultural engineering. He has joined the college soccer team and is looking forward to learning how to play ice hockey.
2. Other than using Excel, Word, and the internet, Jorge's most significant previous experience with computers is helping his sister build a WordPress site for the family business back home.
3. Jorge wants to measure properties of soil from nearby farms using a handheld device that sends data to his computer. Right now he has to open each data file in Excel, delete the first and last column, and calculate some statistics on what's left. He has to collect at least 600 measurements in the next few months, and really doesn't want to have to do these steps by hand for each one.
4. Jorge can read English well, but sometimes struggles to keep up with spoken conversation that involves a lot of jargon.

Rather than writing new personas for every lesson or course, teachers usually create and share half a dozen that cover everyone they are likely to teach, then pick a few from that set to describe the audience for particular material. Personas that are used this way become a convenient shorthand for design issues: when speaking with each other, teachers can say, "Would Jorge understand why we're doing this?" or, "What installation problems would Jorge face?"

Their Goals, Not Yours

Personas should always describe what the learner wants to do rather than what you think they actually need. Ask yourself what they are searching for online; it probably won't include jargon that they don't yet know, so part of what you have to do as an instructional designer is figure out how to make your lesson findable.

6.2 LEARNING OBJECTIVES

Formative and summative assessments help teachers figure out what they're going to teach, but in order to communicate that to learners and other teachers, a course description should also have **learning objectives**. These help ensure that everyone has the same understanding of what a lesson is supposed to accomplish. For example, a statement like "understand Git" could mean any of the following:

- Learners can describe three ways in which version control systems like Git are better than file-sharing tools like Dropbox and two ways in which they are worse.
- Learners can commit a changed file to a Git repository using a desktop GUI tool.
- Learners can explain what a detached HEAD is and recover from it using command-line operations.

Objectives vs. Outcomes

*A learning objective is what a lesson strives to achieve. A **learning outcome** is what it actually achieves, i.e. what learners actually take away. The role of summative assessment is therefore to compare learning outcomes with learning objectives.*

A learning objective describes how the learner will demonstrate what they have learned once they have successfully completed a lesson. More specifically, it has a *measurable or verifiable verb* that states what the learner will do and specifies the *criteria for acceptable performance*. Writing these may initially seem restrictive, but they will make you, your fellow teachers, and your learners happier in the long run: you will end up with clear guidelines for both your teaching and assessment, and your learners will appreciate having clear expectations.

One way to understand what makes for a good learning objective is to see how a poor one can be improved:

- *The learner will be given opportunities to learn good programming practices.*
This describes the lesson's content, not the attributes of successful learners.
- *The learner will have a better appreciation for good programming practices.*
This doesn't start with an active verb or define the level of learning, and the subject of learning has no context and is not specific.
- *The learner will understand how to program in R.*
While this starts with an active verb, it doesn't define the level of learning and the subject of learning is still too vague for assessment.
- *The learner will write one-page data analysis scripts to read, filter, and summarize tabular data using R.*
This starts with an active verb, defines the level of learning, and provides context to ensure that outcomes can be assessed.

When it comes to choosing verbs, many teachers use **Bloom's Taxonomy**. First published in 1956 and updated at the turn of the century [Ande2001], it is a widely used framework for discussing levels of understanding. Its most recent form has six categories; the list below gives a few of the verbs typically used in learning objectives written for each:

Remembering: Exhibit memory of previously learned material by recalling facts, terms, basic concepts, and answers. (*recognize, list, describe, name, find*)

Understanding: Demonstrate understanding of facts and ideas by organizing, comparing, translating, interpreting, giving descriptions, and stating main ideas. (*interpret, summarize, paraphrase, classify, explain*)

Applying: Solve new problems by applying acquired knowledge, facts, techniques and rules in a different way. (*build, identify, use, plan, select*)

Analyzing: Examine and break information into parts by identifying motives or causes; make inferences and find evidence to support generalizations. (*compare, contrast, simplify*)

Evaluating: Present and defend opinions by making judgments about information, validity of ideas, or quality of work based on a set of criteria. (*check, choose, critique, prove, rate*)

Creating: Compile information together in a different way by combining elements in a new pattern or proposing alternative solutions. (*design, construct, improve, adapt, maximize, solve*)

Bloom's Taxonomy appears in almost every textbook on education, but [Masa2018] found that even experienced educators have trouble agreeing on how to classify specific things. The verbs are still useful, though, as is the notion of building understanding in steps: as Daniel Willingham has said, people can't think without something to think about [Will2010], and this taxonomy can help teachers ensure that learners have those somethings when they need them.

Another way to think about learning objectives comes from [Fink2013], which defines learning in terms of the change it is meant to produce in the learner. **Fink's Taxonomy** also has six categories, but unlike Bloom's they are complementary rather than hierarchical:

Foundational Knowledge: understanding and remembering information and ideas. (*remember, understand, identify*)

Application: skills, critical thinking, managing projects. (*use, solve, calculate, create*)

Integration: connecting ideas, learning experiences, and real life. (*connect, relate, compare*)

Human Dimension: learning about oneself and others. (*come to see themselves as, understand others in terms of, decide to become*)

Caring: developing new feelings, interests, and values. (*get excited about, be ready to, value*)

Learning How to Learn: becoming a better learner. (*identify source of information for, frame useful questions about*)

A set of learning objectives based on this taxonomy for an introductory course on HTML and CSS might be:

- Explain what CSS properties are and how CSS selectors work.
- Style a web page using common tags and CSS properties.
- Compare and contrast writing HTML and CSS to writing with desktop publishing tools.
- Identify and correct issues in sample web pages that would make them difficult for the visually impaired to interact with.

- Describe features of favorite web sites whose design particularly appeals to you and explain why.
- Describe your two favorite online sources of information about CSS and explain what you like about them.

6.3 MAINTAINABILITY

Once a lesson has been created someone needs to maintain it, and doing that is a lot easier if it has been built in a maintainable way. But what exactly does “maintainable” mean? The short answer is that a lesson is maintainable if it’s cheaper to update it than to replace it. This equation depends on four factors:

How well documented the course’s design is. If the person doing maintenance doesn’t know (or doesn’t remember) what the lesson is supposed to accomplish or why topics are introduced in a particular order, it will take them more time to update it. One reason to use reverse design is to capture decisions about why each course is the way it is.

How easy it is for collaborators to collaborate technically. Teachers usually share material by mailing PowerPoint files to each other or by putting them in a shared drive. Collaborative writing tools like Google Docs¹ and wikis are a big improvement, as they allow many people to update the same document and comment on other people’s updates. The version control systems used by programmers, such as GitHub², are another approach. They let any number of people work independently and then merge their changes in a controlled, reviewable way. Unfortunately, version control systems have a steep learning curve and don’t handle common office document formats.

How willing people are to collaborate. The tools needed to build a Wikipedia for lessons have been around for twenty years, but most teachers still don’t write and share lessons the way that they write and share encyclopedia entries.

How useful sharing actually is. The **Reusability Paradox** states that the more reusable a learning object is, the less pedagogically effective it is [Wile2002]. The reason is that a good lesson resembles a novel more than it does a program: its parts are tightly coupled rather than independent black boxes. Direct re-use may therefore be the wrong goal for lessons; we might get further by trying to make them easier to remix.

If the Reusability Paradox is true, collaboration will be more likely if the things being collaborated on are small. This fits well with Mike Caulfield’s theory of choral explanations³, which argues that sites like Stack Overflow⁴ succeed because they

¹<http://docs.google.com>

²<http://github.com>

³<https://happgood.us/2016/05/13/choral-explanations/>

⁴<https://stackoverflow.com/>

provide a chorus of answers for every question, each of which is most suitable for a slightly different questioner. If this is right, the lessons of tomorrow may be guided tours of community-curated Q&A repositories designed for learners at widely different levels.

6.4 EXERCISES

CREATE LEARNER PERSONAS (SMALL GROUPS/30)

Working in small groups, create a 4-point persona that describes one of your typical learners.

CLASSIFY LEARNING OBJECTIVES (PAIRS/10)

Look at the example learning objectives for an introductory course on HTML and CSS in Section 6.2 and classify each according to Bloom's Taxonomy. Compare your answers with those of your partner. Where did you agree and disagree?

WRITE LEARNING OBJECTIVES (PAIRS/20)

Write one or more learning objectives for something you currently teach or plan to teach using Bloom's Taxonomy. Working with a partner, critique and improve the objectives. Does each one have a verifiable verb and clearly state criteria for acceptable performance?

WRITE MORE LEARNING OBJECTIVES (PAIRS/20)

Write one or more learning objectives for something you currently teach or plan to teach using Fink's Taxonomy. Working with a partner, critique and improve the objectives.

HELP ME DO IT BY MYSELF (SMALL GROUPS/15)

The educational theorist Lev Vygotsky introduced the notion of a **Zone of Proximal Development** (ZPD), which includes the problems that people cannot yet solve on their own but are able to solve with help from a mentor. These are the problems that are most fruitful to tackle next, as they are out of reach but attainable.

Working in small groups, choose one learner persona you have developed and describe two or three problems that are in that learner's ZPD.

BUILDING LESSONS BY SUBTRACTING COMPLEXITY (INDIVIDUAL/20)

One way to build a programming lesson is to write the program you want learners to finish with, then remove the most complex part that you want them to write and make it the last exercise. You can then remove the next most complex part you want them to write and make it the penultimate exercise, and so on. Anything that's left after

you have pulled out the exercises, such as loading libraries or reading data, becomes the starter code that you give them.

Take a program or web page that you want your learners to be able to create and work backward to break it into digestible parts. How many are there? What key idea is introduced by each one?

INESSENTIAL WEIRDNESS (INDIVIDUAL/15)

Betsy Leondar-Wright coined the phrase “inessential weirdness⁵” to describe things groups do that aren’t really necessary, but which alienate people who aren’t yet members of that group. Sumana Harihareswara later used this notion as the basis for a talk on inessential weirdnesses in open source software⁶, which includes things like using command-line tools with cryptic names. Take a few minutes to read these articles, then make a list of inessential weirdnesses you think your learners might encounter when you first teach them. How many of these can you avoid?

PETE (INDIVIDUAL/15)

One pattern that works well for programming lessons is PETE: introduce the **P**roblem, work through an **E**xample, explain the **T**heory, and then **E**laborate on a second example so that learners can see what is specific to each case and what applies to all cases. Pick something you have recently taught or been taught and outline a short lesson for it that follows these five steps.

PRIMM (INDIVIDUAL/15)

Another lesson pattern is PRIMM [Sent2019]: **P**redict a program’s behavior or output, **R**un it to see what it actually does, **I**nvestigate why it does that by stepping through it in a debugger or drawing the flow of control, **M**odify it (or its inputs), and then **M**ake something similar from scratch. Pick something you have recently taught or been taught and outline a short lesson for it that follows these five steps.

CONCRETE-REPRESENTATIONAL-ABSTRACT (PAIRS/15)

Concrete-Representational-Abstract⁷ (CRA) is an approach to introducing new ideas that is used primarily with younger learners: physically manipulate a **C**oncrete object, **R**epresent the object with an image, then perform the same operations using numbers, symbols, or some other **A**bstraction.

1. Write each of the numbers 2, 7, 5, 10, 6 on a sticky note.
2. Simulate a loop that finds the largest value by looking at each in turn (concrete).

⁵http://www.classmatters.org/2006_07/its-not-them.php

⁶<https://www.harihareswara.net/sumana/2016/05/21/0>

⁷<https://makingeducationfun.wordpress.com/2012/04/29/concrete-representational-abstract-cra/>

3. Sketch a diagram of the process you used, labeling each step (representational).
4. Write instructions that someone else could follow to go through the same steps (abstract).

Compare your representational and abstract materials with your partner's.

EVALUATING A LESSON REPOSITORY (SMALL GROUPS/10)

[Leak2017] explores why computer science teachers don't use lesson sharing sites and recommends ways to make them more appealing:

1. The landing page should allow site visitors to identify their background and their interests in visiting the site. Sites should ask two questions: "What is your current role?" and "What course and grade level are you interested in?"
2. Sites should display all learning resources in the context of the full course so that potential users can understand their intended context of use.
3. Many teachers have concerns about having their (lack of) knowledge judged by their peers if they post to sites' discussion forums. These forums should therefore allow anonymous posting.

In small groups, discuss whether these three features would be enough to convince you to use a lesson sharing site, and if not, what would.

REVIEW

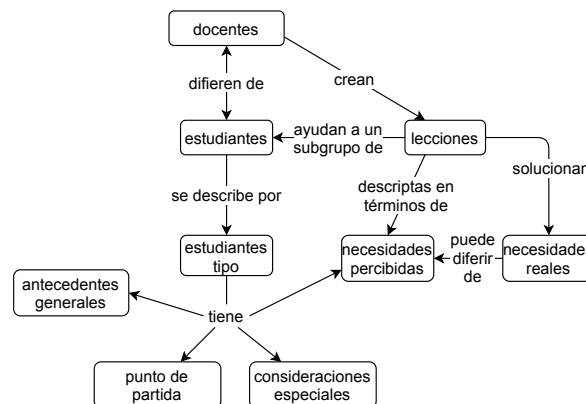


Figure 6.1: Concepts: Learner personas

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7 Pedagogical Content Knowledge

Every teacher needs three things:

content knowledge such as how to program;

general pedagogical knowledge such as an understanding of the psychology of learning; and

pedagogical content knowledge (PCK), which is the domain-specific knowledge of how to teach a particular concept to a particular audience. In computing, PCK includes things like what examples to use when teaching how parameters are passed to a function or what misconceptions about nesting HTML tags are most common.

We can add technical knowledge to this mix [Koeh2013], but that doesn't change the key point: it isn't enough to know the subject and how to teach—you have to know how to teach that particular subject [Maye2004]. This chapter therefore summarizes some results from computing education research that will add to your store of PCK.

As with all research, some caution is required when interpreting results:

Theories change as more data becomes available. Computing education research (CER) is a young discipline: the American Society for Engineering Education was founded in 1893 and the National Council of Teachers of Mathematics in 1920, but the Computer Science Teachers Association didn't exist until 2005. While a steady stream of new insights are reported at conferences like SIGCSE¹, ITiCSE², and ICER³, we simply don't know as much about learning to program as we do about learning to read, play a sport, or do basic arithmetic.

Most of these studies' subjects are WEIRD: they are from Western, Education, Industrialized, Rich, and Democratic societies [Henr2010]. What's more, they are also mostly young and in institutional classrooms, since that's the population most researchers have easiest access to. We know much less about adults, members of marginalized groups, learners in free-range settings, or **end-user programmers**, even though there are far more of them.

If this was an academic treatise, I would therefore preface most claims with qualifiers like, “Some research may seem to indicate that...” But since actual teachers

¹<http://sigcse.org/>

²<http://iticse.acm.org/>

³<https://icer.hosting.acm.org>

in actual classrooms have to make decisions regardless of whether research has clear answers yet or not, this chapter presents actionable best guesses rather than nuanced perhapses.

Jargon

Like any specialty, CER has jargon. CS1 refers to an introductory semester-long course in which learners meet variables, loops, and functions for the first time, while CS2 refers to a second course that covers basic data structures like stacks and queues, and CS0 refers to an introductory course for people without any prior experience who aren't intending to continue with computing right away. Full definitions for these terms can be found in the ACM Curriculum Guidelines⁴.

7.1 WHAT ARE WE TEACHING THEM NOW?

Very little is known about what coding bootcamps and other free-range initiatives teach, in part because many are reluctant to share their curriculum. We know more about what is taught by institutions [Lux2017]:

Topic	%	Topic	%
Programming Process	87%	Data Types	23%
Abstract Programming Thinking	63%	Input/Output	17%
Data Structures	40%	Libraries	15%
Object-Oriented Concepts	36%	Variables & Assignment	14%
Control Structures	33%	Recursion	10%
Operations & Functions	26%	Pointers & Memory Management	5%

High-level topic labels like these can hide a multitude of sins. A more tangible result comes from [Rich2017], which reviewed a hundred articles to find learning trajectories for computing classes in elementary and middle schools. Their results for sequencing, repetition, and conditionals are essentially collective concept maps that combine and rationalize the implicit and explicit thinking of many different educators (Figure 7.1).

⁴<https://www.acm.org/education/curricula-recommendations>

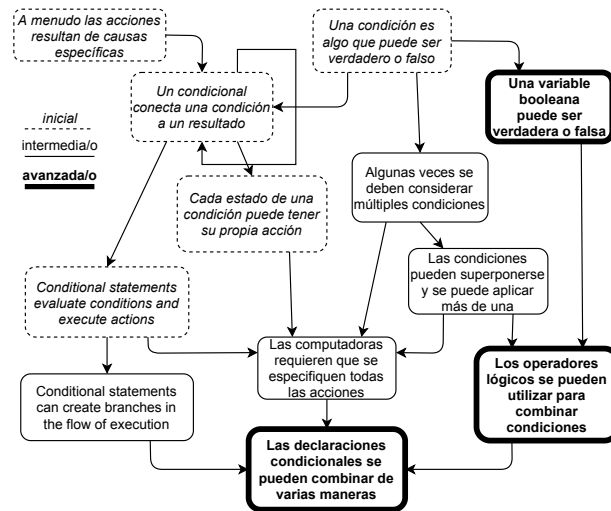


Figure 7.1: Learning trajectory for conditions (from [Rich2017])

7.2 HOW MUCH ARE THEY LEARNING?

There can be a world of difference between what teachers teach and how much learners learn. To explore the latter, we must use other measures or do direct studies. Taking the former approach, roughly two-thirds of post-secondary students pass their first computing course, with some variations depending on class size and so on, but with no significant differences over time or based on language [Benn2007a; Wats2014].

How does prior experience affect these results? To find out, [Wilc2018] compared the performance and confidence of novices with and without prior programming experience in CS1 and CS2 (see below). They found that novices with prior experience outscored novices without by 10% in CS1, but those differences disappeared by the end of CS2. They also found that women with prior exposure outperformed their male peers in all areas, but were consistently less confident in their abilities (Section 10.4).

As for direct studies of how much novices learn, [McCr2001] presented a multi-site international study that was later replicated by [Utti2013]. According to the first study, "... the disappointing results suggest that many students do not know how to program at the conclusion of their introductory courses." More specifically, "For a combined sample of 216 students from four universities, the average score was 22.89 out of 110 points on the general evaluation criteria developed for this study." This result may say as much about teachers' expectations as it does about student ability, but either way, our first recommendation is to *measure and track results* in ways that can be compared over time so that you can tell if your lessons are becoming more or less effective.

7.3 WHAT MISCONCEPTIONS DO NOVICES HAVE?

Chapter 2 explained why clearing up novices’ misconceptions is just as important as teaching them strategies for solving problems. The biggest misconception novices have—sometimes called the “superbug” in coding—is the belief that computers understand what people mean in the way that another human being would [Pea1986]. Our second recommendation is therefore to *teach novices that computers don’t understand programs*, i.e. that calling a variable “cost” doesn’t guarantee that its value is actually a cost.

[Sorv2018] presents over forty other misconceptions that teachers can also try to clear up, many of which are also discussed in [Qian2017]’s survey. One is the belief that variables in programs work the same way they do in spreadsheets, i.e. that after executing:

```
grade = 65
total = grade + 10
grade = 80
print(total)
```

the value of `total` will be 90 rather than 75 [Kohn2017]. This is an example of the way in which novices construct a plausible-but-wrong mental model by making analogies; other misconceptions include:

- A variable holds the history of the values it has been assigned, i.e. it remembers what its value used to be.
- Two objects with the same value for a `name` or `id` attribute are guaranteed to be the same object.
- Functions are executed as they are defined, or are executed in the order in which they are defined.
- A `while` loop’s condition is constantly evaluated, and the loop stops as soon as it becomes false. Conversely, the conditions in `if` statements are also constantly evaluated, and their statements are executed as soon as the condition becomes true regardless of where the flow of control is at the time.
- Assignment moves values, i.e. after `a = b`, the variable `b` is empty.

7.4 WHAT MISTAKES DO NOVICES MAKE?

The mistakes novices make can tell us what to prioritize in our teaching, but it turns out that most teachers don’t know how common different kinds of mistakes actually are. The largest study of this is [Brow2017], which found that mismatched quotes and parentheses are the most common type of errors in novice Java programs, but also the easiest to fix, while some mistakes (like putting the condition of an `if` in `{}` instead of `()`) are most often made only once. Unsurprisingly, mistakes that produce compiler errors are fixed much faster than ones that don’t. Some mistakes, however, are made many times, like invoking methods with the wrong arguments (e.g. passing a string instead of an integer).

Not Right vs. Not Done

One difficulty in research like this is distinguishing mistakes from work in progress. For example, an empty `if` statement or a method that is defined but not yet used may be a sign of incomplete code rather than an error.

[Brow2017] also compared the mistakes novices actually make with what their teachers thought they made. They found that, "... educators formed only a weak consensus about which mistakes are most frequent, that their rankings bore only a moderate correspondence to the students in the... data, and that educators' experience had no effect on this level of agreement." For example, mistaking `=` (assignment) and `==` (equality) wasn't nearly as common as most teachers believed.

Not Just for Code

[Park2015] collected data from an online HTML editor during an introductory web development course and found that nearly all learners made syntax errors that remained unresolved weeks into the course. 20% of these errors related to the relatively complex rules that dictate when it is valid for HTML elements to be nested in one another, but 35% related to the simpler tag syntax determining how HTML elements are nested. The tendency of many teachers to say, "But the rules are simple," is a good example of expert blind spot discussed in Chapter 3...

7.5 HOW DO NOVICES PROGRAM?

[Solo1984; Solo1986] pioneered the exploration of novice and expert programming strategies. The key finding is that experts know both "what" and "how," i.e. they understand what to put into programs *and* they have a set of program patterns or plans to guide their construction. Novices lack both, but most teachers focus solely on the former, even though bugs are often caused by not having a strategy for solving the problem rather than to lack of knowledge about the language. Recent work has shown the effectiveness of teaching four distinct skills in a specific order [Xie2019]:

	semantics of code	templates related to goals
reading	1. read code and predict behavior	3. recognize templates and their uses
writing	2. write correct syntax	4. use templates to meet goals

Our next recommendations are therefore to *have learners read code, then modify it, then write it*, and to *introduce common patterns explicitly and have learners practice using them*. [Mull2007b] is just one of many studies proving the benefits of teaching common patterns explicitly, and decomposing problems into patterns creates natural opportunities for creating and labeling subgoals [Marg2012; Marg2016].

7.6 HOW DO NOVICES DEBUG?

A decade ago, [McCa2008] wrote, "It is surprising how little page space is devoted to bugs and debugging in most introductory programming textbooks." Little

has changed since: there are hundreds of books on compilers and operating systems, but only a handful about debugging, and I have never seen an undergraduate course devoted to the subject.

[List2004; List2009] found that many novices struggled to predict the output of short pieces of code and to select the correct completion of the code from a set of possibilities when told what it was supposed to do. More recently, [Harr2018] found that the gap between being able to trace code and being able to write it has largely closed by CS2, but that novices who still have a gap (in either direction) are likely to do poorly.

Our fifth recommendation is therefore to *explicitly teach novices how to debug*. [Fitz2008; Murp2008] found that good debuggers were good programmers, but not all good programmers were good at debugging. Those who were used a symbolic debugger to step through their programs, traced execution by hand, wrote tests, and re-read the spec frequently, which are all teachable habits. However, tracing execution step by step was sometimes used ineffectively: for example, a novice might put the same `print` statement in both parts of an `if-else`. Novices would also comment out lines that were actually correct as they tried to isolate a problem; teachers can make both of these mistakes deliberately, point them out, and correct them to help novices get past them.

Teaching novices how to debug can also help make classes easier to manage. [Alqa2017] found that learners with more experience solved debugging problems significantly faster, but times varied widely: 4–10 minutes was a typical range for individual exercises, which means that some learners need 2–3 times longer than others to get through the same exercises. Teaching the slower learners what the faster ones are doing will help make the group’s overall progress more uniform.

Debugging depends on being able to read code, which multiple studies have shown is the single most effective way to find bugs [Basi1987; Keme2009; Bacc2013]. The code quality rubric developed in [Steg2014; Steg2016a] is a good checklist of things to look for, though it is best presented in chunks rather than all at once.

Having learners read code and summarize its behavior is a good exercise (Section 5.1), but often takes too long to be practical in class. Having them predict a program’s output just before it is run, on the other hand, helps reinforce learning (Section 9.11) and also gives them a natural moment to ask “what if” questions. Teachers or learners can also trace changes to variables as they go along, which [Cunn2017] found was effective (Section 12.2).

7.7 WHAT ABOUT TESTING?

Novice programmers seem just as reluctant to test software as professionals. There’s no doubt that doing it is valuable—[Cart2017] found that high-performing novices spent a lot of time testing, while low performers spent much more time working on code with errors—and many teachers require learners to write tests for assignments. But how well do they do this? One answer comes from [Bria2015], which scored learners’ programs by how many teacher-provided test cases those programs

passed, and conversely scores test cases written by learners according to how many deliberately-seeded bugs they caught. They found that novices' tests often have low coverage (i.e. they don't test most of the code) and that they often test many things at once, which makes it hard to pinpoint the causes of errors.

Another answer comes from [Edwa2014b], which looked at all of the bugs in all novices' code submissions combined and identified those detected by the novices' test suite. They found that novices' tests only detected an average of 13.6% of the faults present in the entire program population. What's more, 90% of the novices' tests were very similar, which indicates that novices mostly write tests to confirm that code is doing what it's supposed to rather than to find cases where it isn't.

One approach to teaching better testing practices is to define a programming problem by providing a set of tests to be passed rather than through a written description (Section 12.1). Before doing this, though, take a moment to look at how many tests you've written for your own code recently, and then decide whether you're teaching what you believe people should do, or what they (and you) actually do.

7.8 DO LANGUAGES MATTER?

The short answer is "yes": novices learn to program faster and learn more using blocks-based tools like Scratch (Figure 7.2) [Wein2017]. One reason is that blocks-based systems reduce cognitive load by eliminating the possibility of syntax errors. Another is that block interfaces encourage exploration in a way that text does not: like all good tools, Scratch can be learned accidentally [Malo2010].

But what happens *after* blocks? [Chen2018] found that learners whose first programming language was graphical had higher grades in introductory programming courses than learners whose first language was textual when the languages were introduced in or before early adolescent years. Our sixth recommendation is therefore to *start children and teens with blocks-based interfaces* before moving to text-based systems. The age qualification is there because Scratch deliberately looks like it's meant for younger users, and it can still be hard to convince adults to take it seriously.

Scratch has probably been studied more than any other programming tool. One example is [Aiva2016], which analyzed over 250,000 Scratch projects and found (among other things) that about 28% of projects have some blocks that are never called or triggered. As in the earlier aside about incomplete versus incorrect Java programs, the authors hypothesize that users may be using these blocks as a scratchpad to keep track of bits of code they don't (yet) want to throw away. Another example is [GroV2017; Mlad2017], which studied novices learning about loops in Scratch, Logo, and Python. They found that misconceptions about loops are minimized when using a block-based language rather than a text-based language. What's more, as tasks become more complex (such as using nested loops) the differences become larger.

Harder Than Necessary

The creators of programming languages make those languages harder to

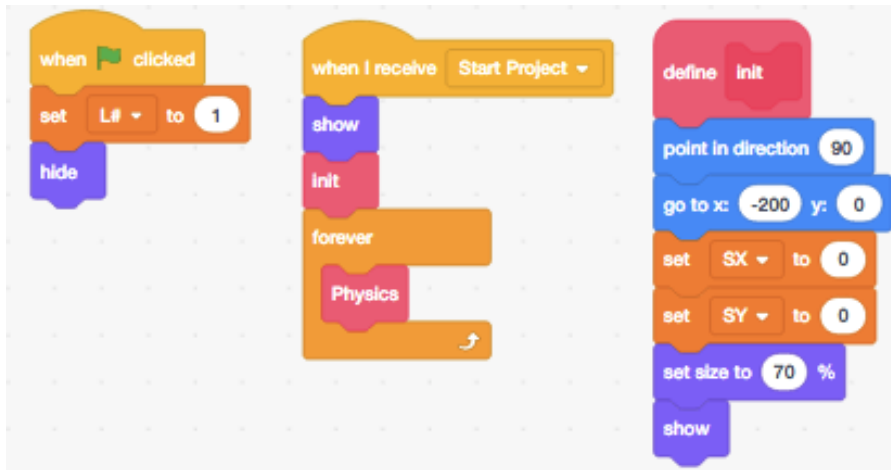


Figure 7.2: Scratch

learn by not doing basic usability testing. For example, [Stef2013] found that, “...the three most common words for looping in computer science, *for*, *while*, and *foreach*, were rated as the three most unintuitive choices by non-programmers.” Their work shows that C-style syntax (as used in Java and Perl) is just as hard for novices to learn as a randomly designed syntax, but that the syntax of languages such as Python and Ruby is significantly easier to learn, and the syntax of a language whose features are tested before being added to the language is easier still. [Stef2017] is a useful brief summary of what we actually know about designing programming languages and why we believe it’s true, while [Guzd2016] lays out five principles that programming languages for learners should follow.

OBJECT-ORIENTED PROGRAMMING

Objects and classes are power tools for experienced programmers, and many educators advocate an **objects first** approach to teaching programming (though they sometimes disagree on exactly what that means [Benn2007b]). [Sorv2014] describes and motivates this approach, and [Koll2015] describes three generations of tools designed to support novice programming in object-oriented environments.

Introducing objects early has a few challenges. [Mill2016b] found that most novices using Python struggled to understand `self` (which refers to the current object): they omitted it in method definitions, failed to use it when referencing object attributes, or both. [Rago2017] found something similar in high school students, and also found that high school teachers often weren’t clear on the concept either. On balance, we recommend that teachers *start with functions rather than objects*, i.e. that learners not be taught how to define classes until they understand basic control structures and data types.

TYPE DECLARATIONS

Programmers have argued for decades about whether variables' data types should have to be declared or not, usually based on their personal experience as professionals rather than on any kind of data. [Endr2014; Fisc2015] found that requiring novices to declare variable types does add some complexity to programs, but it pays off fairly quickly by acting as documentation for a method's use—in particular, by forestalling questions about what's available and how to use it.

VARIABLE NAMING

[Kern1999] wrote, "Programmers are often encouraged to use long variable names regardless of context. This is a mistake: clarity is often achieved through brevity." Lots of programmers believe this, but [Hofm2017] found that using full words in variable names led to an average of 19% faster comprehension compared to letters and abbreviations. In contrast, [Beni2017] found that using single-letter variable names didn't affect novices' ability to modify code. This may be because their programs are shorter than professionals' or because some single-letter variable names have implicit types and meanings. For example, most programmers assume that *i*, *j*, and *n* are integers and that *s* is a string, while *x*, *y*, and *z* are either floating-point numbers or integers more or less equally.

How important is this? [Bink2012] reported that reading and understanding code is fundamentally different from reading prose: "...the more formal structure and syntax of source code allows programmers to assimilate and comprehend parts of the code quite rapidly independent of style. In particular...beacons and program plans play a large role in comprehension." It also found that experienced developers are relatively unaffected by identifier style, so our recommendation is just to use consistent style in all examples. Since most languages have style guides (e.g. PEP 8⁵ for Python) and tools to check that code follows these guidelines, our full recommendation is to *use tools to ensure that all code examples adhere to a consistent style*.

7.9 DO BETTER ERROR MESSAGES HELP?

Incomprehensible error messages are a major source of frustration for novices (and for experienced programmers as well). Several researchers have therefore explored whether better error messages would help alleviate this. For example, [Beck2016] rewrote some of the Java compiler's messages so that instead of:

```
C:\stj\Hello.java:2: error: cannot find symbol
    public static void main(string[ ] args)
    ^
1 error
Process terminated ... there were problems.
```

⁵<https://www.python.org/dev/peps/pep-0008/>

learners would see:

Looks like a problem on line number 2.

If "string" refers to a datatype, capitalize the 's'!

Sure enough, novices given these messages made fewer repeated errors and fewer errors overall.

[Bari2017] went further and used eye tracking to show that despite the grumblings of compiler writers, people really do read error messages—in fact, they spend 13–25% of their time doing this. However, reading error messages turns out to be as difficult as reading source code, and how difficult it is to read the error messages strongly predicts task performance. Teachers should therefore *show learners how to read and interpret error messages*. [Marc2011] has a rubric for responses to error messages that can be useful in grading such exercises.

DOES VISUALIZATION HELP?

Visualizing program execution is a perennially popular idea, and tools like the Online Python Tutor [Guo2013] and Loupe⁶ (which shows how JavaScript's event loop works) are useful teaching aids. However, people learn more from constructing visualizations than they do from viewing visualizations constructed by others [Stas1998; Ceti2016], so does visualization actually help learning?

To answer this, [Cunn2017] replicated an earlier study of the kinds of sketching learners do when tracing code execution. They found that not sketching at all correlates with lower success, while tracing changes to variables' values by writing new values near their names as they change was the most effective strategy.

One possible confounding effect they checked was time: since sketchers take significantly more time to solve problems, do they do better just because they think for longer? The answer is no: there was no correlation between the time taken and the score achieved. Our recommendation is therefore to *teach learners to trace variables' values when debugging*.

Flowcharts

One often-overlooked finding about visualization is that people understand flowcharts better than pseudocode if both are equally well structured [Scan1989]. Earlier work showing that pseudocode outperformed flowcharts used structured pseudocode and tangled flowcharts; when the playing field was leveled, novices did better with the graphical representation.

7.10 WHAT ELSE CAN WE DO TO HELP?

[Viha2014] examined the average improvement in pass rates of various kinds of intervention in programming classes. They point out that there are many reasons to

⁶<http://latentflip.com/loupe/>

take their findings with a grain of salt: the pre-change teaching practices are rarely stated clearly, the quality of change is not judged, and only 8.3% of studies reported negative findings, so either there is positive reporting bias or the way we're teaching right now is the worst possible and anything would be an improvement. And like many other studies discussed in this chapter, they were only looking at university classes, so their findings may not generalize to other groups.

With those caveats in mind, they found ten things teachers can do to improve outcomes (Figure 7.3):

Collaboration: Activities that encourage learner collaboration either in classrooms or labs.

Content Change: Parts of the teaching material were changed or updated.

Contextualization: Course content and activities were aligned towards a specific context such as games or media.

CS0: Creation of a preliminary course to be taken before the introductory programming course; could be organized only for some (e.g. at-risk) learners.

Game Theme: A game-themed component was introduced to the course.

Grading Scheme: A change in the grading scheme, such as increasing the weight of programming activities while reducing that of the exam.

Group Work: Activities with increased group work commitment such as team-based learning and cooperative learning.

Media Computation: Activities explicitly declaring the use of media computation (Chapter 10).

Peer Support: Support by peers in form of pairs, groups, hired peer mentors or tutors.

Other Support: An umbrella term for all support activities, e.g. increased teacher hours, additional support channels, etc.

This list highlights the importance of cooperative learning. [Beck2013] looked at this specifically over three academic years in courses taught by two different teachers and found significant benefits overall and for many subgroups. The cooperators had higher grades and left fewer questions blank on the final exam, which indicates greater self-efficacy and willingness to try to debug things.

Computing Without Coding

*Writing code isn't the only way to teach people how to program: having novices work on computational creativity exercises improves grades at several levels [Shel2017]. A typical exercise is to describe an everyday object (such as a paper clip or toothbrush) in terms of its inputs, outputs, and functions. This kind of teaching is sometimes called **unplugged**; the CS Unplugged⁷ site has lessons and exercises for doing this.*

⁷<https://csunplugged.org/en/>

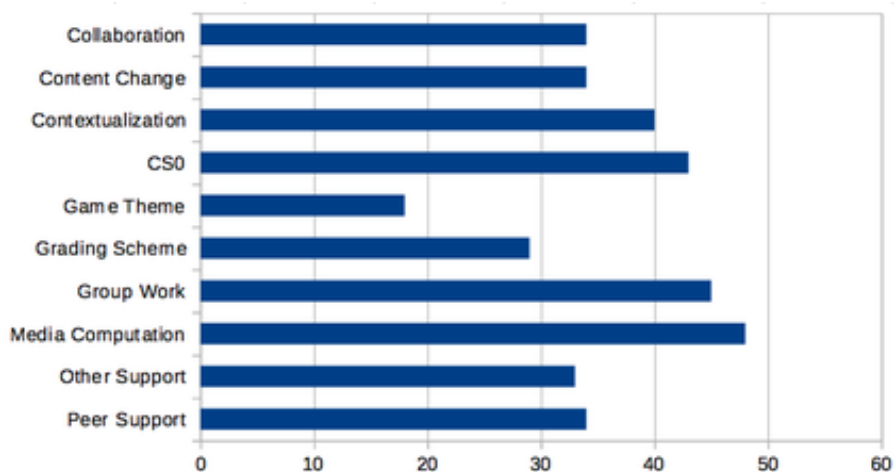


Figure 7.3: Effectiveness of interventions

7.11 WHERE NEXT?

For those who want to go deeper, [Finc2019] is a comprehensive summary of CER, [Ihan2016] summarizes the methods that studies use most often. I hope that some day we will have catalogs like [Ojos2015] and more teacher training materials like [Hazz2014; Guzd2015a; Sent2018] to help us all do better.

Most of the research reported in this chapter was publicly funded but is locked away behind paywalls: at a guess, I broke the law 250 times to download papers from sites like Sci-Hub⁸ while writing this book. I hope the day is coming when no one will need to do that; if you are a researcher, please hasten that day by publishing your work in open access venues.

7.12 EXERCISES

YOUR LEARNERS' MISUNDERSTANDINGS (SMALL GROUPS/15)

Working in small groups, re-read Section 7.3 and make a list of misconceptions you think your learners have. How specific are they? How would you check how accurate your list is?

CHECKING FOR COMMON ERRORS (INDIVIDUAL/20)

These common errors are taken from a longer list in [Sirk2012]:

Inverted assignment: The learner assigns the value of the left-hand variable to the right-hand variable rather than the other way around.

⁸<https://en.wikipedia.org/wiki/Sci-Hub>

Wrong branch: The learner thinks the code in the body of an `if` is run even if the condition is false.

Executing function instead of defining it: The learner believes that a function is executed as it is defined.

Write one exercise for each to check that learners *aren't* making that mistake.

MANGLED CODE (PAIRS/15)

[Chen2017] describes exercises in which learners reconstruct code that has been mangled by removing comments, deleting or replacing lines of code, moving lines, and so on. Performance on these correlates strongly with performance on assessments in which learners write code, but these questions require less work to mark. Take the solution to a programming exercise you've created in the past, mangle it in two different ways, swap with a partner, and see how long it takes each of you to answer the other's question correctly.

THE RAINFALL PROBLEM (PAIRS/10)

[Solo1986] introduced the Rainfall Problem, which has been used in many subsequent studies of programming [Fisl2014; Simo2013; Sepp2015]. Write a program that repeatedly reads in positive integers until it reads the integer 99999. After seeing 99999, the program prints the average of the numbers seen.

1. Solve the Rainfall Problem in the programming language of your choice.
2. Compare your solution with that of your partner. What does yours do that theirs doesn't and vice versa?

ROLES OF VARIABLES (PAIRS/15)

[Kuit2004; Byck2005; Saja2006] presented a set of single-variable patterns that I have found very useful in teaching beginners:

Fixed value: A data item that does not get a new proper value after its initialization.

Stepper: A data item stepping through a systematic, predictable succession of values.

Walker: A data item traversing in a data structure.

Most-recent holder: A data item holding the latest value encountered while going through a succession of values.

Most-wanted holder: A data item holding the best or most appropriate value encountered so far.

Gatherer: A data item accumulating the effect of individual values.

Follower: A data item that always gets its new value from the old value of some other data item.

One-way flag: A two-valued data item that cannot get its initial value once the value has been changed.

Temporary: A data item holding some value for a very short time only.

Organizer: A data structure storing elements that can be rearranged.

Container: A data structure storing elements that can be added and removed.

Choose a 5–15 line program and classify its variables using these categories. Compare your classifications with those of a partner. Where you disagreed, did you understand each other's view?

WHAT ARE YOU TEACHING? (INDIVIDUAL/10)

Compare the topics you teach to the list developed in [Lux2017] (Section 7.1). Which topics do you cover? Which *don't* you cover? What extra topics do you cover that aren't in their list?

BENEFICIAL ACTIVITIES (INDIVIDUAL/10)

Look at the list of interventions developed by [Viha2014] (Section 7.10). Which of these things do you already do in your classes? Which ones could you easily add? Which ones are irrelevant?

MISCONCEPTIONS AND CHALLENGES (SMALL GROUPS/15)

The Professional Development for CS Principles Teaching⁹ site includes a detailed list of learners' misconceptions and exercises¹⁰. Working in small groups, choose one section (such as data structures or functions) and go through their list. Which of these misconceptions do you remember having when you were a learner? Which do you still have? Which have you seen in your learners?

WHAT DO YOU CARE MOST ABOUT? (WHOLE CLASS/15)

[Denn2019] asked people to propose and rate various CER questions, and found that there was no overlap between those that researchers cared most about and those that non-researchers cared most about. The researchers' favorites were:

1. What fundamental programming concepts are the most challenging for students?
2. What teaching strategies are most effective when dealing with a wide range of prior experience in introductory programming classes?
3. What affects students' ability to generalize from simple programming examples?
4. What teaching practices are most effective for teaching computing to children?

⁹<http://www.pd4cs.org/>

¹⁰<http://www.pd4cs.org/mc-index/>

5. What kinds of problems do students in programming classes find most engaging?
6. What are the most effective ways to teach programming to various groups?
7. What are the most effective ways to scale computing education to reach the general student population?

while the most important questions for non-researchers were:

1. How and when is it best to give students feedback on their code to improve learning?
2. What kinds of programming exercises are most effective when teaching students Computer Science?
3. What are the relative merits of project-based learning, lecturing, and active learning for students learning computing?
4. What is the most effective way to provide feedback to students in programming classes?
5. What do people find most difficult when breaking problems down into smaller tasks while programming?
6. What are the key concepts that students need to understand in introductory computing classes?
7. What are the most effective ways to develop computing competency among students in non-computing disciplines?
8. What is the best order in which to teach basic computing concepts and skills?

Have each person in the class independently give one point to each of the eight questions from the combined lists that they care most about, then calculate an average score for each question. Which ones are most popular in your class? In which group are the most popular questions?

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8 Teaching as a Performance Art

In *Darwin Among the Machines*, George Dyson wrote, “In the game of life and evolution there are three players at the table: human beings, nature, and machines. I am firmly on the side of nature. But nature, I suspect, is on the side of the machines. . . .” There are similarly now three players in the game of education: textbooks and other read-only materials, live lectures, and automated online lessons. You may give your learners both written lessons and some combination of recorded video and self-paced exercises, but if you are going to teach in person you must offer something different from (and hopefully better than) either of them. This chapter therefore focuses on how to teach programming by actually doing it.

8.1 LIVE CODING

Teaching is theater, not cinema.
— Neal Davis

The most effective way to teach programming is **live coding** [Rubi2013; Haar2017; Raj2018]. Instead of presenting pre-written material, the teacher writes code in front of the class while the learners follow along, typing it in and running it as they go. Live coding works better than slides for several reasons:

- It enables **active teaching** by allowing teachers to follow their learners’ interests and questions in the moment. A slide deck is like a railway track: it may be a smooth ride, but you have to decide in advance where you’re going. Live coding is more like driving an off-road vehicle: it may be bumpier, but it’s a lot easier to change direction and go where people want.
- Watching a program being written is more motivating than watching someone page through slides.
- It facilitates unintended knowledge transfer: people learn more than we are consciously teaching by watching *how* we do things.
- It slows the teacher down: if they have to type in the program as they go along then they can only go twice as fast as their learners rather than ten times faster as they could with slides.
- It helps reduce the load on short-term memory because it makes the teacher more aware of how much they are throwing at their learners.
- Learners get to see how to diagnose and correct mistakes. They are going to spend a lot of time doing this; unless you’re a perfect typist, live coding ensures that they get to see how to.

- Watching teachers make mistakes shows learners that it's all right to make mistakes of their own. If the teacher isn't embarrassed about making and talking about mistakes, learners will be more comfortable doing so too.

Another benefit of live coding is that it demonstrates the order in which programs should be written. When looking at how people solved Parsons Problems, [Ihan2011] found that experienced programmers often dragged the method signature to the beginning, then added the majority of the control flow (i.e. loops and conditionals), and only then added details like variable initialization and handling of corner cases. This out-of-order authoring is foreign to novices, who read and write code in the order it's presented on the page; seeing it helps them learn to decompose problems into subgoals that can be tackled one by one. Live coding also gives teachers a chance to emphasize the importance of small steps with frequent feedback [Blik2014] and the importance of picking a plan rather than making more-or-less random changes and hoping things will get better [Spoh1985].

It takes a bit of practice to get comfortable talking while you code in front of an audience, but most people report that it quickly becomes no more difficult than talking around a deck of slides. The sections below offer tips on how to make your live coding better.

EMBRACE YOUR MISTAKES

The typos are the pedagogy.
— Emily Jane McTavish

The most important rule of live coding is to embrace your mistakes. No matter how well you prepare, you will make some; when you do, think through them with your audience. While data is hard to come by, professional programmers spend anywhere from 25% to 60% of their time debugging; novices spend much more (Section 7.6), but most textbooks and tutorials spend little time diagnosing and correcting problems. If you talk aloud while you figure out what you mistyped or where you took the wrong path, and explain how you've corrected yourself, you will give your learners a toolbox they can use when they make their own mistakes.

Deliberate Fumbles

*Once you have given a lesson several times, you're unlikely to make anything other than basic typing mistakes (which can still be informative). You can try to remember past mistakes and make them deliberately, but that often feels forced. An alternative approach is **twitch coding**: ask learners one by one to tell you what to type next. This is pretty much guaranteed to get you into some kind of trouble.*

ASK FOR PREDICTIONS

One way to keep learners engaged while you are live coding is to ask them to make predictions about what the code on the screen is going to do. You can then write down

the first few suggestions they make, have the whole class vote on which they think is most likely, and then run the code. This is a lightweight form of peer instruction, which we will discuss in Section 9.2; as well as keeping their attention on task, it gives them practice at reasoning about code's behavior.

TAKE IT SLOW

Every time you type a command, add a line of code to a program, or select an item from a menu, say what you are doing out loud and then point to what you have done and its output on the screen and go through it a second time. This allows learners to catch up and to check that what they have just done is correct. It is particularly important when some of your learners have seeing or hearing challenges or are not fluent in the language of instruction.

Whatever you do, *don't* copy and paste code: doing this practically guarantees that you'll race ahead of your learners. And if you use tab completion, say it out loud so that your learners understand what you're doing: "Let's use turtle dot 'r' 'i' and tab to get 'right'."

If the output of your command or code makes what you just typed disappear from view, scroll back up so learners can see it again. If that's not practical, execute the same command a second time or copy and paste the last command(s) into the workshop's shared notes.

BE SEEN AND HEARD

When you sit down, you are more likely to look at your screen rather than at your audience and may be hidden from learners in the back rows of your classroom. If you are physically able to stand up for a couple of hours, you should therefore do so while teaching. Plan for this and make sure that you have a raised table, standing desk, or lectern for your laptop so that you don't have to bend over to type.

Regardless of whether you are standing or sitting, make sure to move around as much as you can: go to the screen to point something out, draw something on the whiteboard, or just step away from your computer for a few moments and speak directly to your audience. Doing this draws your learners' attention away from their screens and provides a natural time for them to ask questions.

If you are going to be teaching for more than a couple of hours, it's worth using a microphone even in a small room. Your throat gets tired just like every other part of your body; using a mike is no different from wearing comfortable shoes (which you also ought to do). It can also make a big difference to people with hearing disabilities.

MIRROR YOUR LEARNER'S ENVIRONMENT

You may have customized your environment with a fancy Unix shell prompt, a custom color scheme for your development environment, or a plethora of keyboard shortcuts. Your learners won't have any of this, so try to create an environment that mirrors what they *do* have. Some teachers create a separate bare-bones account on

their laptop or a separate teaching-only account if they're using an online service like Scratch or GitHub. Doing this can also help prevent packages that you installed for work yesterday breaking the lesson you are supposed to teach this morning.

USE THE SCREEN WISELY

You will usually need to enlarge your font considerably for people to read it from the back of the room, which means you can put much less on the screen than you're used to. In many cases you will be reduced to 60–70 columns and 20–30 rows, so that you're using a 21st century supercomputer as if it was a dumb terminal from the early 1980s.

To manage this, maximize the window you are using to teach and then ask everyone to give you a thumbs-up or thumbs-down on its readability. Use a black font on a lightly-tinted background rather than a light font on a dark background—the light tint will glare less than pure white.

Pay attention to the room lighting as well: it should not be fully dark, and there should be no lights directly on or above your projection screen. Allow a few minutes for learners to reposition their tables so that they can see clearly.

When the bottom of the projection screen is at the same height as your learners' heads, people in the back won't be able to see the lower parts. You can raise the bottom of your window to compensate, but this will give you even less space for typing.

If you can get a second projector and screen, use it: the extra real estate will allow you to display your code on one side and its output or behavior on the other. If second screen requires its own computer, ask a helper to control it rather than hopping back and forth between two keyboards.

Finally, if you are teaching something like the Unix shell in a console window, it's important to tell people when you run an in-console text editor and when you return to the console prompt. Most novices have never seen a window take on multiple personalities in this way, and can quickly become confused by when you are interacting with the shell, when you are typing in the editor, and when you are dealing with an interactive prompt for Python or some other language. You can avoid this problem by using a separate window for editing; if you do this, always tell learners when you are switching focus from one to the other.

Accessibility Aids Help Everyone

Tools like Mouseposé¹ (for Mac) and PointerFocus² (for Windows) highlight the position of your mouse cursor on the screen, and screen recording tools like Camtasia³ and standalone applications like KeyCastr⁴ echo invisible keys like tab and Control-J as you type them. These can be a bit

¹<https://boinx.com/mousepose/overview/>

²<http://www.pointerfocus.com/>

³<https://www.techsmith.com/video-editor.html>

⁴<https://github.com/keycastr/keycastr>

annoying when you first start to use them, but help your learners figure out what you're doing.

DOUBLE DEVICES

Some people now use two devices when teaching: a laptop plugged into the projector for learners to see and a tablet so that they can view their own notes and the notes that the learners are taking (Section 9.7). This is more reliable than flipping back and forth between virtual desktops, though a printout of the lesson is still the most reliable backup technology.

DRAW EARLY, DRAW OFTEN

Diagrams are always a good idea. I sometimes have a slide deck full of ones that I have prepared in advance, but building diagrams step by step helps with retention (Section 4.1) and allows you to improvise.

AVOID DISTRACTIONS

Turn off any notifications you may use on your laptop, especially those from social media. Seeing messages flash by on the screen distracts you as well as your learners, and it can be awkward when a message pops up you'd rather not have others see. Again, you might want to create a second account on your computer that doesn't have email or other tools set up at all.

IMPROVISE—AFTER YOU KNOW THE MATERIAL

Stick fairly closely to the lesson plan you've drawn up or borrowed the first time you teach a lesson. It may be tempting to deviate from the material because you would like to show a neat trick or demonstrate another way to do something, but there is a fair chance you'll run into something unexpected that will cost you more time than you have.

Once you are more familiar with the material, though, you can and should start improvising based on the backgrounds of your learners, their questions in class, and what you personally find most interesting. This is like playing a new song: you stick to the sheet music the first few times, but after you're comfortable with the melody and chord changes, you can start to put your own stamp on it.

When you want to use something new, run through it beforehand *using the same computer that you'll be teaching on*: installing several hundred megabytes of software over high school WiFi in front of bored 16-year-olds isn't something you ever want to have to do.

Direct Instruction

Direct Instruction (DI) is a teaching method centered around meticulous curriculum design delivered through a prescribed script. It's more like an

actor reciting lines than it is like the improvisational approach we recommend. [Stoc2018] found a statistically significant positive effect for DI even though it sometimes gets knocked for being mechanical. I prefer improvisation because DI requires more up-front preparation than most free-range learning groups can afford.

FACE THE SCREEN—OCCASIONALLY

It's OK to face the projection screen occasionally when you are walking through a section of code or drawing a diagram: *not* looking at a roomful of people who are all looking at you can help lower your anxiety levels and give you a moment to think about what to say next.

You shouldn't do this for more than a few seconds at a time, though. A good rule of thumb is to treat the projection screen as one of your learners: if it would be uncomfortable to stare at someone for as long as you are spending looking at the screen, it's time to turn around and face your class again.

DRAWBACKS

Live coding does have some drawbacks, but they can all be avoided or worked around with a little bit of practice. If you find that you are making too many trivial typing mistakes, set aside five minutes every day to practice typing: it will help your day-to-day work as well. If you think you are spending too much time referring to your lesson notes, break them into smaller pieces so that you only ever have to think about one small step at a time.

And if you feel that you're spending too much time typing in library import statements, class headers, and other boilerplate code, give yourself and your learners some skeleton code as a starting point (Section 9.9). Doing this will also reduce their cognitive load, since it will focus their attention where you want it.

8.2 LESSON STUDY

From politicians to researchers and teachers themselves, educational reformers have designed systems to find and promote people who can teach well and eliminate those who cannot. But the assumption that some people are born teachers is wrong: instead, like any other performance art, the keys to better teaching are practice and collaboration. As [Gree2014] explains, the Japanese approach to this is called **jogyokenkyu**, which means “lesson study”:

In order to graduate, [Japanese] education majors not only had to watch their assigned master teacher work, they had to effectively replace him, installing themselves in his classroom first as observers and then, by the third week, as a wobbly... approximation of the teacher himself. It worked like a kind of teaching relay. Each trainee took a subject, planning five days' worth of lessons... [and then] each took a day. To pass the baton, you had to teach a day's lesson in

every single subject: the one you planned and the four you did not... and you had to do it right under your master teacher's nose. Afterward, everyone—the teacher, the college students, and sometimes even another outside observer—would sit around a formal table to talk about what they saw.

Putting work under a microscope in order to improve it is commonplace in fields as diverse as manufacturing⁵ and music. A professional musician, for example, will dissect half a dozen recordings of “Body and Soul” or “Smells Like Teen Spirit” before performing it. They would also expect to get feedback from fellow musicians during practice and after performances.

But continuous feedback isn't part of teaching culture in most English-speaking countries. There, what happens in the classroom stays in the classroom: teachers don't watch each other's lessons on a regular basis, so they can't borrow each other's good ideas. Teachers may get lesson plans and assignments from colleagues, the school board or a textbook publisher, or go through a few MOOCs on the internet, but each one has to figure out how to deliver specific lessons in specific classrooms for specific learners. This is particularly true for volunteers and other free-range teachers involved in after-school workshops and bootcamps.

Writing up new techniques and giving **demonstration lessons** (in which one person teaches actual learners while other teachers observe) are not solutions. For example, [Finc2007; Finc2012] found that of the 99 change stories analyzed, teachers only searched actively for new practices or materials in three cases, and only consulted published material in eight. Most changes occurred locally, without input from outside sources, or involved only personal interaction with other educators. [Bark2015] found something similar:

Adoption is not a “rational action”... but an iterative series of decisions made in a social context, relying on normative traditions, social cueing, and emotional or intuitive processes... Faculty are not likely to use educational research findings as the basis for adoption decisions... Positive student feedback is taken as strong evidence by faculty that they should continue a practice.

Jugyokenkyu works because it maximizes the opportunity for unplanned knowledge transfer between teachers: someone sets out to demonstrate X, but while watching them, their audience actually learns Y as well (or instead). For example, a teacher might intend to show learners how to search for email addresses in a text file, but what their audience might take away is some new keyboard shortcuts.

8.3 GIVING AND GETTING FEEDBACK ON TEACHING

Observing someone helps you, and giving them feedback helps them, but it can be hard to receive feedback, especially when it's negative (Figure 8.1).

⁵https://en.wikipedia.org/wiki/W._Edwards_Deming

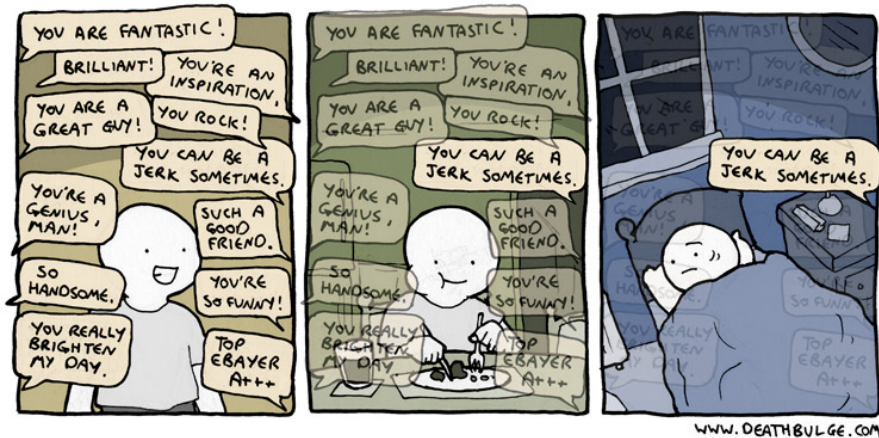


Figure 8.1: Feedback feelings (copyright © Deathbulge 2013)

Feedback is easier to give and receive when both parties share expectations about what is and isn't in scope and about how comments ought to be phrased. If you are the person asking for feedback:

Initiate feedback. It's better to ask for feedback than to receive it unwillingly.

Choose your own questions, i.e. ask for specific feedback. It's a lot harder for someone to answer, "What do you think?" than to answer either, "Was I speaking too quickly?" or, "What is one thing from this lesson I should keep doing?" Directing feedback like this is also more helpful to you. It's always better to try to fix one thing at once than to change everything and hope it's for the better. Directing feedback at something you have chosen to work on helps you stay focused, which in turn increases the odds that you'll see progress.

Use a feedback translator. Have someone else read over all the feedback and give you a summary. It can be easier to hear, "Several people think you could speed up a little," than to read several notes all saying, "This is too slow" or, "This is boring."

Be kind to yourself. Many of us are very critical of ourselves, so it's always helpful to jot down what we thought of ourselves *before* getting feedback from others. That allows us to compare what we think of our performance with what others think, which in turn allows us to scale the former more accurately. For example, it's very common for people to think that they're saying "um" and "err" too often when their audience doesn't notice it. Getting that feedback once allows teachers to adjust their assessment of themselves the next time they feel that way.

You can give feedback to others more effectively as well:

Interact. Staring at someone is a good way to make them feel uncomfortable, so

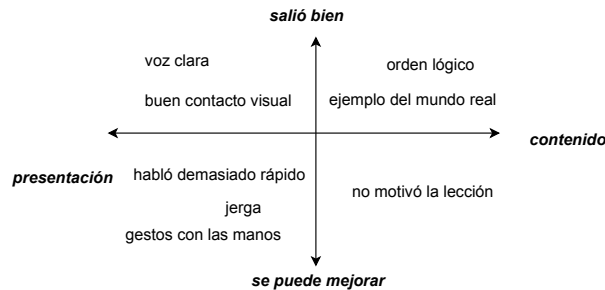


Figure 8.2: Teaching rubric

if you want to give feedback on how someone normally teaches, you need to set them at ease. Interacting with them the way that a real learner would is a good way to do this, so ask questions or (pretend to) type along with their example. If you are part of a group, have one or two people play the role of learner while the others take notes.

Balance positive and negative feedback. The “compliment sandwich” made up of one positive comment, one negative, and a second positive becomes tiresome pretty quickly, but it’s important to tell people what they should keep doing as well as what they should change⁶.

Take notes. You won’t remember everything you noticed if the presentation lasts longer than a few seconds, and you definitely won’t recall how often you noticed them. Make a note the first time something happens and then add a tick mark when it happens again so that you can sort your feedback by frequency.

Taking notes is more efficient when you have some kind of rubric so that you’re not scrambling to write your observations while the person you’re observing is still talking. The simplest rubric for free-form comments from a group is a 2x2 grid whose vertical axis is labeled “what went well” and “what can be improved”, and whose horizontal axis is labeled “content” (what was said) and “presentation” (how it was said). Observers write their comments on sticky notes as they watch the demonstration, then post those in the quadrants of a grid drawn on a whiteboard (Figure 8.2).

Rubrics and Question Budgets

Section F.1 contains a sample rubric for assessing 5–10 minutes of programming instruction. It presents items in more or less the order that they’re likely to come up, e.g. questions about the introduction come before questions about the conclusion.

Rubrics like this one tend to grow over time as people think of things they’d like to add. A good way to keep them manageable is to insist that

⁶For a while, I was so worried about playing in tune that I completely lost my sense of timing.

the total length stays constant: if someone wants to add a question, they have to identify one that's less important and can be removed.

If you are interested in giving and getting feedback, [Gorm2014] has good advice that you can use to make peer-to-peer feedback a routine part of your teaching, while [Gawa2011] looks at the value of having a coach.

Studio Classes

Architecture schools often include studio classes in which students solve small design problems and get feedback from their peers right then and there. These classes are most effective when the teacher critiques the peer critiques so that participants learn not only how to make buildings but how to give and get feedback [Scho1984]. Master classes in music serve a similar purpose, and I have found that giving feedback on feedback helps people improve their teaching as well.

8.4 HOW TO PRACTICE PERFORMANCE

The best way to improve your in-person lesson delivery is to watch yourself do it:

- Work in groups of three.
- Each person rotates through the roles of teacher, audience, and videographer. The teacher has 2 minutes to explain something. The person pretending to be the audience is there to be attentive, while the videographer records the session using a cellphone or other handheld device.
- After everyone has finished teaching, the whole group watches the videos together. Everyone gives feedback on all three videos, i.e. people give feedback on themselves as well as on others.
- After the videos have been discussed, they are deleted. (Many people are justifiably uncomfortable about images of themselves appearing online.)
- Finally, the whole class reconvenes and adds all the feedback to a shared 2x2 grid of the kind described above *without* saying who each item of feedback is about.

In order for this exercise to work well:

- Record all three videos and then watch all three. If the cycle is teach-review-teach-review, the last person to teach invariably runs short of time (sometimes on purpose). Doing all the reviewing after all the teaching also helps put a bit of distance between the two, which makes the exercise slightly less excruciating.
- Let people know at the start of the class that they will be asked to teach something so that they have time to choose a topic. Telling them this too far in advance can be counter-productive, since some people will fret over how much they should prepare.
- Groups must be physically separated to reduce audio cross-talk between their recordings. In practice, this means 2–3 groups in a normal-sized classroom, with the rest using nearby breakout spaces, coffee lounges, offices, or (on one occasion) a janitor's storage closet.

- People must give feedback on themselves as well as on each other so that they can calibrate their impressions of their own teaching against those of other people. Most people are harder on themselves than they ought to be, and it's important for them to realize this.

The announcement of this exercise is often greeted with groans and apprehension, since few people enjoy seeing or hearing themselves. However, those same people consistently rate it as one of the most valuable parts of teaching workshops. It's also good preparation for co-teaching (Section 9.3): teachers find it a lot easier to give each other informal feedback if they have had some practice doing so and have a shared rubric to set expectations.

And speaking of rubrics: once the class has put all of their feedback on a shared grid, pick a handful of positive and negative comments, write them up as a checklist, and have them do the exercise again. Most people are more comfortable the second time around, and being assessed on the things that they themselves have decided are important increases their sense of self-determination (Chapter 10).

Tells

We all have nervous habits: we talk more rapidly and in a higher-pitched voice than usual when we're on stage, play with our hair, or crack our knuckles. Gamblers call these "tells," and people often don't realize that they pace, look at their shoes, or rattle the change in their pocket when they don't actually know the answer to a question.

You can't get rid of tells completely, and trying to do so can make you obsess about them. A better strategy is to try to displace them—for example, to train yourself to scrunch your toes inside your shoes when you're nervous instead of cleaning your ear with your pinky finger.

8.5 EXERCISES

GIVE FEEDBACK ON BAD TEACHING (WHOLE CLASS/20)

As a group, watch this video of bad teaching⁷ and give feedback on two axes: positive vs. negative and content vs. presentation. Have each person in the class add one point to a 2x2 grid on a whiteboard or in the shared notes without duplicating any points. What did other people see that you missed? What did they think that you strongly agree or disagree with?

PRACTICE GIVING FEEDBACK (SMALL GROUPS/45)

Use the process described in Section 8.4 to practice teaching in groups of three and pool feedback.

⁷<https://www.youtube.com/watch?v=-ApVt04rB4U>

THE BAD AND THE GOOD (WHOLE CLASS/20)

Watch the videos of live coding done poorly⁸ and live coding done well⁹ and summarize your feedback on the differences using the usual 2x2 grid. How is the second round of teaching better than the first? Is there anything that was better in the first than in the second?

SEE, THEN DO (PAIRS/30)

Teach 3–4 minutes of a lesson using live coding to a classmate, then swap and watch while that person live codes for you. Don't bother trying to record these sessions—it's difficult to capture both the person and the screen with a handheld device—but give feedback the same way you have previously. Explain in advance to your fellow trainee what you will be teaching and what the learners you teach it to are expected to be familiar with.

- What felt different about live coding compared to standing up and lecturing? What was easier or harder?
- Did you make any mistakes? If so, how did you handle them?
- Did you talk and type at the same time, or alternate?
- How often did you point at the screen? How often did you highlight with the mouse?
- What will you try to keep doing next time? What will you try to do differently?

TELLS (SMALL GROUPS/15)

1. Make a note of what you think your tells are, but do not share them with other people.
2. Teach a short lesson (2–3 minutes long).
3. Ask your audience how they think you betray nervousness. Is their list the same as yours?

TEACHING TIPS (SMALL GROUPS/15)

The CS Teaching Tips¹⁰ site has a large number of practical tips on teaching computing, as well as a collection of downloadable tip sheets. Go through their tip sheets in small groups and classify each tip according to whether you use it all the time, use it occasionally, or never use it. Where do your practice and your peers' practice differ? Are there any tips you strongly disagree with or think would be ineffective?

⁸<https://youtu.be/bXxBeNkKmJE>

⁹https://youtu.be/SkPmwe_WjeY

¹⁰<http://csteachingtips.org/>

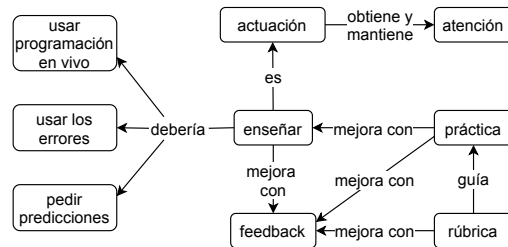
REVIEW

Figure 8.3: Concepts: Feedback

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9 In the Classroom

The previous chapter described how to practice lesson delivery and described one method—live coding—that allows teachers to adapt to their learners’ pace and interests. This chapter describes other practices that are also useful in programming classes.

Before describing them, it’s worth pausing for a moment to set expectations. The best teaching method we know is individual tutoring: [Bloo1984] found that students taught one-to-one did two standard deviations better than those who learned through conventional lecture, i.e. that individually tutored students outperformed 98% of students who were lectured to. However, while mentoring and apprenticeship were the most common ways to pass on knowledge throughout most of history, the industrialization of formal education has made it the exception today. Despite the hype around artificial intelligence, it isn’t going to square this circle any time soon, so every method described below is essentially an attempt to approach the effectiveness of individual tutoring at scale.

9.1 ENFORCE THE CODE OF CONDUCT

The most important thing I’ve learned about teaching in the last 30 years is how important it is for everyone to treat everyone else with respect, both in and out of class. If you use this material in any way, please adopt a Code of Conduct like the one in Appendix B and require everyone who takes part in your classes to abide by it. It can’t stop people from being offensive, any more than laws against theft stop people from stealing, but it *can* make expectations and consequences clear, and signal that you are trying to make your class welcoming to all.

But a Code of Conduct is only useful if it is enforced. If you believe that someone has violated yours, you may warn them, ask them to apologize, and/or expel them, depending on the severity of the violation and whether or not you believe it was intentional. Whatever you do:

Do it in front of witnesses. Most people will tone down their language and hostility in front of an audience, and having someone else present ensures that later discussion doesn’t degenerate into conflicting claims about who said what.

If you expel someone, say so to the rest of the class and explain why. This helps prevent rumors from spreading and shows that your Code of Conduct actually means something.

Email the offender as soon as you can to summarize what happened and the steps you took, and copy the message to your workshop’s hosts or one of your fellow teachers so that there’s a contemporaneous record of the conversation. If the offender replies, don’t engage in a long debate: it’s never productive.

What happens outside of class matters at least as much as what happens within it [Part2011], so you need to provide a way for learners to report problems that you aren't there to see yourself. One step is to ask someone who isn't part of your group to be the first point of contact; that way, if someone wants to make a complaint about you or one of your fellow teachers, they have some assurance of confidentiality and independent action. [Auro2019] has lots of other advice and is both short and practical.

9.2 PEER INSTRUCTION

No matter how good a teacher is, they can only say one thing at a time. How then can they clear up many different misconceptions in a reasonable time? The best solution developed so far is a technique called **peer instruction**. Originally created by Eric Mazur at Harvard [Mazu1996], it has been studied extensively in a wide variety of contexts, including programming [Crou2001; Port2013], and [Port2016] found that learners value peer instruction even at first contact.

Peer instruction attempts to provide one-to-one instruction in a scalable way by interleaving formative assessment with learner discussion:

1. Give a brief introduction to the topic.
2. Give learners a multiple choice question that probes for their misconceptions (rather than testing simple factual knowledge).
3. Have all the learners vote on their answers to the MCQ.
 - If the learners all have the right answer, move on.
 - If they all have the same wrong answer, address that specific misconception.
 - If they have a mix of right and wrong answers, give them several minutes to argue with each other in groups of 2–4, then vote again.

As this video¹ shows, group discussion significantly improves learners' understanding because it uncovers gaps in their reasoning and forces them to clarify their thinking. Re-polling the class then lets the teacher know if they can move on or if further explanation is necessary. A final round of additional explanation after the correct answer is presented gives learners one more chance to solidify their understanding.

But could this be a false positive? Are results improving because of increased understanding during discussion or simply from a follow-the-leader effect ("vote like Jane, she's always right")? [Smit2009] tested this by following the first question with a second one that learners answered individually. They found that peer discussion actually does enhance understanding, even when none of the learners in a discussion group originally knew the correct answer. As long as there is a diversity of opinion within the group, their misconceptions cancel out.

¹<https://www.youtube.com/watch?v=2LbuoxAy56o>

Taking a Stand

It is important to have learners vote publicly so that they can't change their minds afterward and rationalize it by making excuses to themselves like "I just misread the question." Much of the value of peer instruction comes from the hypercorrection of getting the wrong answer and having to think through the reasons why (Section 5.1).

9.3 TEACH TOGETHER

Co-teaching describes any situation in which two teachers work together in the same classroom. [Frie2016] describes several ways to do this:

Team teaching: Both teachers deliver a single stream of content in tandem, taking turns like musicians taking solos.

Teach and assist: Teacher A teaches while Teacher B moves around the classroom to help struggling learners.

Alternative teaching: Teacher A provides a small set of learners with more intensive or specialized instruction while Teacher B delivers a general lesson to the main group.

Teach and observe: Teacher A teaches while Teacher B observes the learners, collecting data on their understanding to help plan future lessons.

Parallel teaching: The class is divided in two and the teachers present the same material simultaneously to each.

Station teaching: The learners are divided into small groups that rotate from one station or activity to the next while teachers supervise where needed.

All of these models create more opportunities for unintended knowledge transfer than teaching alone. Team teaching is particularly beneficial in day-long workshops: it gives each teacher's voice a chance to rest and reduces the risk that they will be so tired by the end of the day that they will start snapping at their learners or fumbling at their keyboard.

Helping

Many people who aren't comfortable teaching are willing and able to provide in-class technical support. They can help learners with setup and installation, answer technical questions during exercises, monitor the room to spot people who may need help, or keep an eye on the shared notes (Section 9.7), and either answer questions or remind the teacher to do so during breaks.

Helpers are sometimes people training to become teachers (i.e. they're Teacher B in the teach and assist model), but they can also be members of the host institution's technical support staff, alumni of the class, or advanced learners who already know the material well. Using the latter as helpers is doubly effective: not only are they more likely to understand the

problems their peers are having, it also stops them from getting bored. This helps the whole class stay engaged because boredom is infectious: if a handful of people start checking out, the people around them will follow suit.

If you and a partner are co-teaching:

- Take 2–3 minutes before the start of each class to confirm who’s teaching what. If you have time, try drawing or reviewing a concept map together.
- Use that time to work out a couple of hand signals as well. “You’re going too fast,” “speak up,” “that learner needs help,” and, “It’s time for a bathroom break” are all useful.
- Each person should teach for at least 10–15 minutes at a stretch, since learners will be distracted by more frequent switch-ups.
- The person who isn’t teaching shouldn’t interrupt, offer corrections or elaborations, or do anything else to distract from what the person teaching is doing or saying. The one exception is to ask leading questions if the learners seem lethargic or unsure of themselves.
- Each person should take a couple of minutes before they start teaching to see what their partner is going to teach after they’re done, and then *not* present any of that material.
- The person who isn’t teaching should stay engaged with the class, not catch up on their email. Monitoring the shared notes (Section 9.7), keeping an eye on the learners to see who’s struggling, jotting down some feedback to give your teaching partner at the next break—anything that contributes to the lesson is better than anything that doesn’t.

Most importantly, take a few minutes when the class is over to congratulate or commiserate with each other: in teaching as in life, shared misery is lessened and shared joy increased.

9.4 ASSESS PRIOR KNOWLEDGE

The more you know about your learners before you start teaching, the more you will be able to help them. Inside a formal school system, the prerequisites to your course will tell you something about what they’re likely to already know. In a free-range setting, though, your learners may be much more diverse, so you may want to give them a short survey or questionnaire in advance of your class to find out what knowledge and skills they have.

Asking people to rate themselves on a scale from 1 to 5 is pointless because the less people know about a subject, the less accurately they can estimate their knowledge (Figure 9.1, from <https://theness.com/neurologicablog/index.php/misunderstanding-dunning-kruger/>²), a phenomenon called the **Dunning-Kruger effect** [Krug1999].

²Neurologica

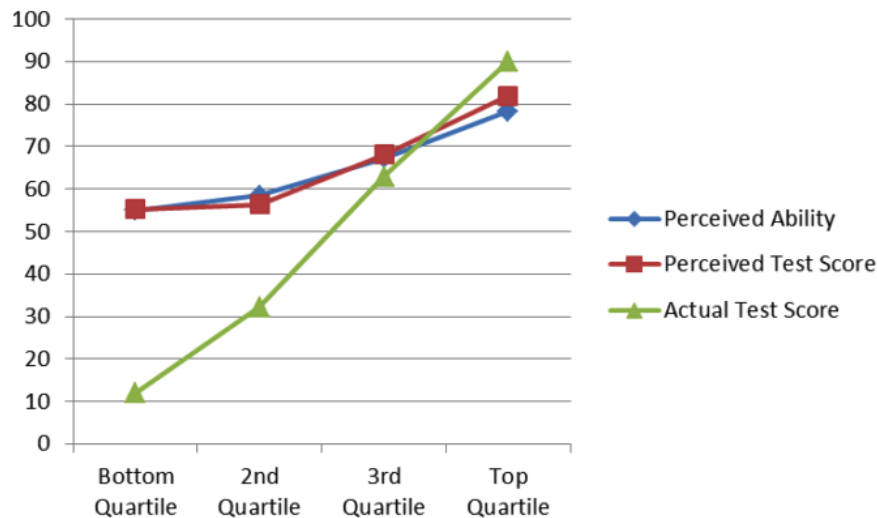


Figure 9.1: The Dunning-Kruger Effect

Conversely, people who are members of underrepresented groups will often under-rate their skills.

Rather than asking people to self-assess, you can ask them how easily they could complete some specific tasks. Doing this is risky, though, because school trains people to treat anything that looks like an exam as something they have to pass rather than as a chance to shape instruction. If someone answers “I don’t know” to even a couple of questions on your pre-assessment, they might conclude that your class is too advanced for them. You could therefore scare off many of the people you most want to help.

Section F.5 presents a short pre-assessment questionnaire that most potential learners are unlikely to find intimidating. If you use it or anything like it, try to follow up with people who *don’t* respond to find out why not and compare your evaluation of learners with their self-assessment to improve your questions.

9.5 PLAN FOR MIXED ABILITIES

If your learners have widely varying levels of prior knowledge, you can easily wind up in a situation where a third of your class is lost and a third is bored. That’s unsatisfying for everyone, but there are some strategies you can use to manage the situation:

- Before running a workshop, communicate its level clearly to everyone by showing a few examples of exercises that they will be asked to complete. This helps potential participants gauge the level of the class far more effectively than a point-form list of topics.

- Provide extra self-paced exercises so that more advanced learners don't finish early and get bored.
- Keep an eye out for learners who are falling behind and intervene early so that they don't become frustrated and give up.
- Ask more advanced learners to help people next to them (see Section 9.6 below).

One other way to accommodate mixed abilities is to have everyone work through material on their own at their own pace as they would in an online course, but to do it simultaneously and side by side with helpers roaming the room to get people unstuck. Some people will go three or four times further than others when workshops are run like this, but everyone will have had a rewarding and challenging day.

False Beginners

*A **false beginner** is someone who has studied a language before but is learning it again. They may be indistinguishable from **absolute beginners** on pre-assessment tests, but they are able to move much more quickly once the class starts because they are re-learning rather than learning for the first time.*

*Being a false beginner is often a sign of **preparatory privilege** [Marg2010], and false beginners are common in free-range programming classes. For example, a child whose family is affluent enough to have sent them to a robotics summer camp may do poorly on a pre-test of programming knowledge because the material isn't fresh in their mind, but still has an advantage over a child from a less fortunate background. The strategies described above can help level the playing field in cases like this, but again, the real solution is to use your own privilege to address larger out-of-class factors [Part2011].*

The most important thing is to accept that you can't help everyone all of the time. If you slow down to accommodate two people who are struggling, you are failing the other eighteen. Equally, if you spend a few minutes talking about an advanced topic to a learner who is bored, the rest of the class will feel left out.

9.6 PAIR PROGRAMMING

Pair programming is a software development practice in which two programmers work together on one computer³. One person (the driver) does the typing while the other (the navigator) offers comments and suggestions, and the two switch roles several times per hour.

Pair programming is an effective practice in professional work [Hann2009] and is also a good way to teach: benefits include increased success rate in introductory courses, better software, and higher learner confidence in their solutions. There is also evidence that learners from underrepresented groups benefit even more than

³<https://www.youtube.com/watch?v=vgkahOzFH2Q>

others [McDo2006; Hank2011; Port2013; Cele2018]. Partners can help each other out during practical exercises, clarify each other's misconceptions when the solution is presented, and discuss common interests during breaks. I have found it particularly helpful with mixed-ability classes, since pairs are more homogeneous than individuals.

When you use pairing, put *everyone* in pairs, not just learners who are struggling, so that no one feels singled out. It's also useful to have people sit in new places (and hence pair with different partners) on a regular basis, and to have people switch roles within each pair three or four times per hour so that the stronger personality in each pair doesn't dominate the session.

If your learners are new to pair programming, take a few minutes to demonstrate what it actually looks like so that they understand that the person who doesn't have their hands on the keyboard isn't supposed to just sit and watch. Finally, tell them that people who focus on trying to complete the task as quickly as possible are less fair in their sharing [Lewi2015].

Switching Partners

Teachers have mixed opinions on whether people should be required to change partners at regular intervals. On the one hand it gives everyone a chance to gain new insights and make new friends. On the other, moving computers and power adapters to new desks several times a day is disruptive, and pairing can be uncomfortable for introverts. That said, [Hann2010] found weak correlation between the “Big Five” personality traits and performance in pair programming, although an earlier study [Wall2009] found that pairs whose members had differing levels of personality traits communicated more often.

9.7 TAKE NOTES... TOGETHER?

Note-taking is a form of real-time elaboration (Section 5.1): it forces you to organize and reflect on material as it's coming in, which in turn increases the likelihood that you will transfer it to long-term memory. Many studies have shown that taking notes while learning improves retention [Aike1975; Boha2011]. While it has not yet been widely studied [Ornd2015; Yang2015], I have found that having learners take notes together in a shared online page is also effective:

- It allows people to compare what they think they're hearing with what other people are hearing, which helps them fill in gaps and correct misconceptions right away.
- It gives the more advanced learners in the class something useful to do. Rather than getting bored and checking Instagram during class, they can take the lead in recording what's being said, which keeps them engaged and allows less advanced learners to focus more of their attention on new material.
- The notes the learners take are usually more helpful *to them* than those the teacher would prepare in advance, since the learners are more likely to write down what they actually found new rather than what the teacher predicted would be new.

- Glancing at recent notes while learners are working on an exercise helps the teacher discover that the class missed or misunderstood something.

Is the Pen Mightier than the Keyboard?

[Muel2014] reported that taking notes on a computer is generally less effective than taking notes using pen and paper. While their result was widely shared, [More2019] was unable to replicate it.

If learners are taking notes together, you can also have them paste in short snippets of code and point-form or sentence-length answers to formative assessment questions. To prevent everyone from trying to edit the same couple of lines at the same time, make a list of everyone's name and paste it into the document whenever you want each person to answer a question.

Learners often find that taking notes together is distracting the first time they try it because they have to split their attention between what the teacher is saying and what their peers are writing (Section 4.1). If you are only working with a particular group once, you should therefore heed the advice in Section 9.12 and have them take notes individually.

Points for Improvement

One way to demonstrate to learners that they are learning with you, not just from you, is to allow them to take notes by editing (a copy of) your lesson. Instead of posting PDFs for them to download, create editable copies of your slides, notes, and exercises in a wiki, a Google Doc, or anything else that allows you to review and comment on changes. Giving people credit for fixing mistakes, clarifying explanations, adding new examples, and writing new exercises doesn't reduce your workload, but increases engagement and the lesson's lifetime (Section 6.3).

9.8 STICKY NOTES

Sticky notes are one of my favorite teaching tools, and I'm not alone in loving their versatility, portability, stickability, foldability, and subtle yet alluring aroma [Ward2015].

AS STATUS FLAGS

Give each learner two sticky notes of different colors, such as orange and green. These can be held up for voting, but their real use is as status flags. If someone has completed an exercise and wants it checked, they put the green sticky note on their laptop; if they run into a problem and need help, they put up the orange one. This works much better than having people raise their hands: it's more discreet (which means they're more likely to actually do it), they can keep working while their flag is raised rather than trying to type one-handed, and the teacher can quickly see from the front of the room what state the class is in. Status flags are particularly helpful

when people in mixed-ability classes are working through material at their own speed (Section 9.5).

Once your learners are comfortable with two stickies, give them a third that they can put up when their brains are full or they need a bathroom break⁴. Again, adults are more likely to post a sticky than to raise their hand, and once one blue sticky note goes up, a flurry of others usually follows.

TO DISTRIBUTE ATTENTION

Sticky notes can also be used to ensure the teacher's attention is fairly distributed. Have each learner write their name on a sticky note and put it on their laptop. Each time the teacher calls on them or answers one of their questions, they take their sticky note down. Once all the sticky notes are down, everyone puts theirs up again.

This technique makes it easy for the teacher to see who they haven't spoken with recently, which in turn helps them avoid unconscious bias and interacting preferentially with their most extroverted learners. Without a check like this, it's all too easy to create a feedback loop in which extroverts get more attention, which leads to them doing better, which in turn leads to them getting more attention, while quieter, less confident, or marginalized learners are left behind [Alvi1999; Juss2005].

It also shows learners that attention is being distributed fairly so that when they *are* called on, they won't feel like they're being picked on. When I am working with a new group, I allow people to take down their own sticky notes during the first hour or two of class if they would rather not be called on. If they keep doing this as time goes on, I try to have a quiet conversation with them to find out why and to see if there's anything I can do to make them more comfortable.

AS MINUTE CARDS

You can also use sticky notes as **minute cards**. Before each break, learners take a minute to write one thing on the green sticky note that they think will be useful and one thing on the orange note that they found too fast, too slow, confusing, or irrelevant. While they are enjoying their coffee or lunch, review their notes and look for patterns. It takes less than five minutes to see what learners in a 40-person class are enjoying, what they are confused by, what problems they're having, and what questions you have not yet answered.

Learners should not sign their minute cards: they are meant as anonymous feedback. The one-up/one-down technique described in Section 9.11 is a chance for collective, attributable feedback.

⁴A colleague once told me that the basic unit of teaching is the bladder. When I said I'd never thought of that, she said, "You've obviously never been pregnant."

9.9 NEVER A BLANK PAGE

Programming workshops and other kinds of classes can be built around a set of independent exercises, develop a single extended example in stages, or use a mixed strategy. The two main advantages of independent exercises are that people who fall behind can easily re-synchronize and that lesson developers can add, remove, and rearrange material at will (Section 6.3). A single extended example, on the other hand, will show learners how the bits and pieces they’re learning fit together: in educational parlance, it provides more opportunity for them to integrate their knowledge.

Whichever approach you take, novices should never start doing exercises with a blank page or screen, since they often find this intimidating or bewildering. If they have been following along as you do live coding, ask them to add a few more lines or to modify the example you have built up. Alternatively, if they are taking notes together, paste a few lines of starter code into the document for them to extend or modify.

Modifying existing code instead of writing new code from scratch doesn’t just give learners structure: it is also closer to what they will do in real life. Keep in mind, though, that learners may be distracted by trying to understand all of the starter code rather than doing their own work. Java’s `public static void main()` or a handful of `import` statements at the top of a Python program may make sense to you, but is extraneous load to them (Chapter 4).

9.10 SETTING UP YOUR LEARNERS

Free-range learners often want bring their own computers and to leave the class with those machines set up to do real work. Free-range teachers should therefore prepare to teach on both Windows and MacOS⁵, even though it would be simpler to require learners to use just one.

Common Denominators

If your participants are using different operating systems, try to avoid using features which are specific to just one and point out any that you do use. For example, the “minimize window” controls and behavior on Windows are different from those on MacOS.

No matter how many platforms you have to deal with, put detailed setup instructions on your course website and email learners a couple of days before the workshop starts to remind them to do the setup. A few people will still show up without the required software because they ran into problems, couldn’t find time to complete all the steps, or are simply the sort of person who never follows instructions in advance. To detect this, have everyone run some simple command as soon as they arrive and show the teachers the result, then get helpers and other learners to assist people who have run into trouble.

⁵“And Linux!” someone shouts from the back of the room.

Virtual Machines

Some people use tools like Docker⁶ to put virtual machines on learners' computers so that everyone is working with exactly the same tools, but this introduces a new set of problems. Older or smaller machines simply aren't fast enough to run them, learners struggle to switch back and forth between two different sets of keyboard shortcuts for things like copying and pasting, and even competent practitioners will become confused about what exactly is happening where.

Setting up is so complicated that many teachers prefer to have learners use browser-based tools instead. However, this makes the class dependent on institutional WiFi (which can be of highly variable quality) and doesn't satisfy learners' desire to leave with their own machines ready for real-world use. As cloud-based tools like Glitch⁷ and RStudio Cloud⁸ become more robust, though, the latter consideration is becoming less important.

One last way to tackle setup issues is to split the class over several days, and to have people install what's required for each day before leaving class on the day before. Dividing the work into chunks makes each one less intimidating, learners are more likely to actually do it, and it ensures that you can start on time for every lesson except the first.

9.11 OTHER TEACHING PRACTICES

None of the smaller practices described below are essential, but all will improve lesson delivery. As with chess and marriage, success in teaching is often a matter of slow, steady progress.

START WITH INTRODUCTIONS

Begin your class by introducing yourself. If you're an expert, tell them a bit about how you got to where you are; if you're only two steps ahead of them, emphasize what you and they have in common. Whatever you say, your goals are to make yourself more approachable and to encourage their belief that they can succeed.

Learners should also introduce themselves to each other. In a class of a dozen, they can do this verbally; in a larger class or if they are strangers to one another, I find it's better to have them each write a line or two about themselves in the shared notes (Section 9.7).

SET UP YOUR OWN ENVIRONMENT

Setting up your environment is just as important as setting up your learners', but more involved. As well as having network access and all the software you're going

⁶<http://docker.com>

⁷<https://glitch.com/>

⁸<http://rstudio.cloud>

to use, you should also have a glass of water or a cup of tea or coffee. This helps keep your throat lubricated, but its real purpose is to give you an excuse to pause and think for a couple of seconds when someone asks a hard question or when you lose track of what you were going to say next. You will probably also want some whiteboard pens and a few of the other things described in Section F.3.

One way to keep your day-to-day work from getting in the way of your teaching is to create a separate account on your computer for the latter. Use system defaults for everything in this second account, along with a larger font and a blank screen background, and turn off notifications so that your teaching isn't interrupted by pop-ups.

AVOID HOMEWORK IN ALL-DAY FORMATS

Learners who have spent an entire day programming will be tired. If you give them homework to do after hours, they'll start the next day tired as well, so don't.

DON'T TOUCH THE LEARNER'S KEYBOARD

It's often tempting to fix things for learners, but even if you narrate every step, it's likely to demotivate them by emphasizing the gap between their knowledge and yours. Instead, keep your hands off the keyboard and talk your learners through whatever they need to do: it will take longer, but it's more likely to stick.

REPEAT THE QUESTION

Whenever someone asks a question in class, repeat it back to them before answering to check that you've understood it and to give people who might not have heard it a chance to do so. This is particularly important when presentations are being recorded or broadcast, since your microphone will usually not pick up what other people are saying. Repeating questions back also gives you a chance to redirect the question to something you're more comfortable answering...

ONE UP, ONE DOWN

An adjunct to minute cards is to ask for summary feedback at the end of each day. Learners alternately give either one positive or one negative point about the day without repeating anything that has already been said. The ban on repeats forces people to say things they otherwise might not: once all the "safe" feedback has been given, participants will start saying what they really think.

Different Modes, Different Answers

Minute cards (Section 9.8) are anonymous; the alternating up-and-down feedback is not. You should use the two together because anonymity allows both honesty and trolling.

HAVE LEARNERS MAKE PREDICTIONS

Research has shown that people learn more from demonstrations if they are asked to predict what's going to happen [Mill2013]. Doing this fits naturally into live coding: after adding or changing a few lines of a program, ask the class what is going to happen when it runs. If the example is even moderately complex, prediction can serve as a motivating question for a round of peer instruction.

SETTING UP TABLES

You may not have any control over the layout of the desks or tables in the room in which you teach, but if you do, we find it's best to have flat (dinner-style) seating rather than banked (theater-style) seating so that you can reach learners who need help more easily and so that it's easier for learners to pair with one another (Section 9.5). In-floor power outlets so that you don't have to run power cords across the floor make life easier as well as safer, but are still uncommon.

Whatever layout you have, try to make sure that every seat has an unobstructed view of the screen. Good back support is important too, since people are going to be in them for an extended period. Like in-floor power outlets, good classroom seating is still unfortunately uncommon.

COUGH DROPS

If you talk all day to a room full of people, your throat gets raw because you are irritating the epithelial cells in your larynx and pharynx. This doesn't just make you hoarse—it also makes you more vulnerable to infection (which is part of the reason people often come down with colds after teaching).

The best way to protect yourself against this is to keep your throat lined, and the best way to do that is to use cough drops early and often. Good ones will also mask the onset of coffee breath, for which your learners will probably be grateful.

THINK-PAIR-SHARE

Think-pair-share is a lightweight technique that helps people improve ideas through discussion with their peers. Each person starts by thinking individually about a question or problem and jotting down a few notes. They then explain their ideas to each other in pairs, merging them or selecting the most promising. Finally, a few pairs present their ideas to the whole group.

Think-pair-share works because it forces people to externalize their cognition (Section 3.1). It also gives them a chance to spot and resolve gaps or contradictions in their ideas *before* exposing them to a larger group, which can make less extroverted learners a little less nervous about appearing foolish.

MORNING, NOON, AND NIGHT

[Smar2018] found that learners do less well if their classes and other work are scheduled at times that don't line up with their natural body clocks, i.e. that if a morning person takes night classes or vice versa, their grades suffer. It's usually not possible to accommodate this in small groups, but larger ones should try to stagger start times for parallel sessions. This can also help people juggling childcare responsibilities and other constraints, and reduce the length of lineups at coffee breaks and for washrooms.

HUMOR

Humor should be used sparingly when teaching: most jokes are less funny when written down and become even less funny with each re-reading. Being spontaneously funny while teaching usually works better but can easily go wrong: what's a joke to your circle of friends may turn out to be a serious political issue to your audience. If you do make jokes when teaching, don't make them at the expense of any group, or of any individual except possibly yourself.

9.12 LIMIT INNOVATION

Each of the techniques presented in this chapter will make your classes better, but you shouldn't try to adopt them all at once. The reason is that every new practice increases *your* cognitive load as well as your learners', since you are all now trying to learn a new way to learn as well as the lesson's subject matter. If you are working with a group repeatedly, you can introduce one new technique every few lessons; if you only have them for a one-day workshop, it's best to pick just one method they haven't seen before and get them comfortable with that.

9.13 EXERCISES

CREATE A QUESTIONNAIRE (INDIVIDUAL/20)

Using the questionnaire in Section F.5 as a template, create a short questionnaire you could give learners before teaching a class of your own. What do you most want to know about their background, and how can both parties be sure they agree on what level of understanding you're asking about?

ONE OF YOUR OWN (WHOLE CLASS/15)

Think of one teaching practice that hasn't been described so far. Present your idea to a partner, listen to theirs, and select one to present to the group as a whole. (This exercise is an example of think-pair-share.)

MAY I DRIVE? (PAIRS/10)

Swap computers with a partner (preferably one who uses a different operating system than you) and work through a simple programming exercise. How frustrating is it? How much insight does it give you into what novices have to go through all the time?

PAIRING (PAIRS/15)

Watch this video⁹ of pair programming and then practice doing it with a partner. Remember to switch roles between driver and navigator every few minutes. How long does it take you to fall into a working rhythm?

COMPARE NOTES (SMALL GROUPS/15)

Form groups of 3–4 people and compare the notes you have taken on this chapter. What did you think was noteworthy that your peers missed and vice versa? What did you understand differently?

CREDIBILITY (INDIVIDUAL/15)

[Fink2013] describes three things that make teachers credible in their learners' eyes:

Competence: knowledge of the subject as shown by the ability to explain complex ideas or reference the work of others.

Trustworthiness: having the learners' best interests in mind. This can be shown by giving individualized feedback, offering a rational explanation for grading decisions, and treating all learners the same.

Dynamism: excitement about the subject (Chapter 8).

Describe one thing you do when teaching that fits into each category, and then describe one thing you don't do but should.

MEASURING EFFECTIVENESS (INDIVIDUAL/15)

[Kirk1994] defines four levels at which to evaluate training:

Reaction: how did the learners feel about the training?

Learning: how much did they actually learn?

Behavior: how much have they changed their behavior as a result?

Results: how have those changes in behavior affected their output or the output of their group?

What are you doing at each level to evaluate what and how you teach? What could you do that you're not doing?

⁹<https://www.youtube.com/watch?v=vgekahOzFH2Q>

OBJECTIONS AND COUNTER-OBJECTIONS (THINK-PAIR-SHARE/15)

You have decided not to ask your learners if your class was useful because you know there is no correlation between their answers and how much they actually learn (Section 7.1). Instead, you have put forward four proposals, each of which your colleagues have shot down:

See if they recommend the class to friends. Why would this be any more meaningful than asking them how they feel about the class?

Give them an exam at the end. But how much learners know at the end of the day is a poor predictor of how much they will remember two or three months later, and any kind of final exam will make the class a lot more stressful.

Give them an exam two or three months later. That's practically impossible with free-range learners, and the people who didn't get anything out of the workshop are probably less likely to take part in follow-up, so feedback gathered this way will be skewed.

See if they keep using what they learned. Installing spyware on learners' computers is frowned upon, so how will this be implemented?

Working on your own, come up with answers to these objections, then share your responses with a partner and discuss the approaches you have come up with. When you are done, share your favored approach with the class.

10 Motivation and Demotivation

Learners need encouragement to step out into unfamiliar terrain, so this chapter discusses ways teachers can motivate them. More importantly, it talks about how teachers can *demotivate* them and how to avoid doing that.

Our starting point is the difference between **extrinsic motivation**, which we feel when we do something to avoid punishment or earn a reward, and **intrinsic motivation**, which is what we feel when we find something personally fulfilling. Both affect most situations—for example, people teach because they enjoy it and because they get paid—but we learn best when we are intrinsically motivated [Wlod2017]. According to self-determination theory¹, the three drivers of intrinsic motivation are:

Competence: the feeling that you know what you’re doing.

Autonomy: the feeling of being in control of your own destiny.

Relatedness: the feeling of being connected to others.

A well-designed lesson encourages all three. For example, a programming exercise can let learners practice the tools they need to use to solve a larger problem (competence), let them tackle the parts of that problem in whatever order they want (autonomy), and allow them to talk to their peers (relatedness).

The Problem of Grades

I’ve never had an audience in my life. My audience is a rubric.
– quoted by Matt Tierney²

Grades and the way they distort learning are often used as an example of extrinsic motivation, but as [Mill2016a] observes, they aren’t going to go away any time soon, so it’s pointless to try to build a system that ignores them. Instead, [Lang2013] explores how courses that emphasize grades can incentivize learners to cheat and offers some tips on how to diminish this effect, while [Covi2017] looks at the larger problem of balancing intrinsic and extrinsic motivation in institutional education, and the constructive alignment³ approach advocated in [Bigg2011] seeks to bring learning activities and learning outcomes into line with each other.

¹https://en.wikipedia.org/wiki/Self-determination_theory

²<https://twitter.com/figuralities/status/987330064571387906>

³https://en.wikipedia.org/wiki/Constructive_alignment

[Ambr2010] contains a list of evidence-based methods to motivate learners. None of them are surprising—it’s hard to imagine someone saying that we *shouldn’t* identify and reward what we value—but it’s useful to check lessons to make sure they are doing at least a few of these things. One strategy I particularly like is to have learners who struggled but succeeded come in and tell their stories to the rest of the class. Learners are far more likely to believe stories from people like themselves [Mill2016a], and people who have been through your course will always have advice you would never have thought of.

Not Just for Learners

Discussions of motivation in education often overlook the need to motivate the teacher. Learners respond to a teacher’s enthusiasm, and teachers (particularly volunteers) need to care about a topic in order to keep teaching it. This is another powerful reason to co-teach (Section 9.3): just as having a running partner makes it more likely that you’ll keep running, having a teaching partner helps get you up and going on those days when you have a cold and the projector bulb has burned out and nobody knows where to find a replacement and seriously, are they doing construction again?

Teachers can do other positive things as well. [Bark2014] found three things that drove retention for all learners: meaningful assignments, faculty interaction with learners, and learner collaboration on assignments. Pace and workload relative to expectations were also significant drivers, but primarily for male learners. Things that *didn’t* drive retention were interactions with teaching assistants and interactions with peers in extracurricular activities. These results seem obvious, but the reverse would seem obvious too: if the study had found that extracurricular activities did drive retention, we would also think that made sense. Noticeably, two of the four retention drivers (faculty interaction and learner collaboration) take extra effort to replicate online (Chapter 11).

10.1 AUTHENTIC TASKS

As Dylan Wiliam points out in [Hend2017], motivation doesn’t always lead to achievement, but achievement almost always leads to motivation: learners’ success motivates them far more than being told how wonderful they are. We can use this idea in teaching by creating a grid whose axes are “mean time to master” and “usefulness once mastered” (Figure 10.1).

Things that are quick to master and immediately useful should be taught first, even if they aren’t considered fundamental by people who are already competent practitioners, because a few early wins will build learners’ confidence in themselves and their teacher. Conversely, things that are hard to learn and aren’t useful to your learners at their current stage of development should be skipped entirely, while topics along the diagonal need to be weighed against each other.



Figure 10.1: What to teach

Useful to Whom?

If someone wants to build websites, foundational computer science concepts like recursion and computability may inhabit the lower right corner of this grid. That doesn't mean they aren't worth learning, but if our aim is to motivate people, they can and should be deferred. Conversely, a senior who is taking a programming class to stimulate their mind may prefer exploring these big ideas to doing anything practical. When you are making up your grid, you should do it with your learner personas in mind (Section 6.1). If topics wind up in very different places for different personas, you should think about creating different courses.

A well-studied instance of prioritizing what's useful without sacrificing what's fundamental is the media computation approach developed at Georgia Tech [Guzd2013]. Instead of printing “hello world” or summing the first ten integers, a learner's first program might open an image, resize it to create a thumbnail, and save the result. This is an **authentic task**, i.e. something that learners believe they would actually do in real life. It also has a **tangible artifact**: if the image comes out the wrong size, learners have something in hand that can guide their debugging. [Lee2013] describes an adaption of this approach from Python to MATLAB, while others are building similar courses around data science, image processing, and biology [Dahl2018; Meys2018; Ritz2018].

There will always be tension between giving learners authentic problems and exercising the individual skills they need to solve those problems: after all, programmers don't answer multiple choice questions on the job any more than musicians play scales over and over in front of an audience. Finding the balance is hard, but a first step is to take out anything arbitrary or meaningless. For example, programming examples shouldn't use variables called `foo` and `bar`, and if you're going to have learners sort a list, make it a list of songs rather than strings like “aaa” and “bbb”.

10.2 DEMOTIVATION

Women aren't leaving computing because they don't know what it's like; they're leaving because they *do* know.

— variously attributed

If you are teaching in a free-range setting, your learners are probably volunteers, and probably want to be in your classroom. Motivating them is therefore less of a concern than not demotivating them. Unfortunately, you can easily demotivate people by accident. For example, [Cher2009] reported four studies showing that subtle environmental clues have a measurable difference on the interest that people of different genders have in computing: changing objects in a Computer Science classroom from those considered stereotypical of computer science (e.g. Star Trek posters and video games) to objects not considered stereotypical (e.g. nature posters and phone books) boosted female undergraduates' interest to the level of their male peers. Similarly, [Gauc2011] reports a trio of studies showing that gendered wording commonly employed in job recruitment materials can maintain gender inequality in traditionally male-dominated occupations.

There are three main demotivators for adult learners:

Unpredictability demotivates people because if there's no reliable connection between what they do and what outcome they achieve, there's no reason for them to try to do anything.

Indifference demotivates because learners who believe that the teacher or educational system doesn't care about them or the material won't care about it either.

Unfairness demotivates people who are disadvantaged for obvious reasons. What's surprising is that it also demotivates people who benefit from unfairness: consciously or unconsciously, they worry that they will some day find themselves in the disadvantaged group [Wilk2011].

In extreme situations, learners may develop **learned helplessness**: when repeatedly subjected to negative feedback in a situation that they can't change, they may learn not to even try to change the things they could.

One of the fastest and surest ways to demotivate learners is to use language that suggests that some people are natural programmers and others aren't. Guzdial has called this the biggest myth about teaching computer science⁴, and [Pati2016] backed this up by showing that people see evidence for a "geek gene" where none exists. They analyzed grade distributions from 778 university courses and found that only 5.8% showed signs of being multimodal, i.e. only one class in twenty showed signs of having two distinct populations of learners. They then showed 53 Computer Science professors histograms of ambiguous grade distributions; those who believed that some people are innately predisposed to be better at Computer Science were more likely to see them as bimodal than those who didn't.

These beliefs matter because teachers act on them [Brop1983]. If a teacher believes that a learner is likely to do well they naturally (often unconsciously) focus on that learner, who then fulfills the teacher's expectations because of the increased

⁴<https://cacm.acm.org/blogs/blog-cacm/189498-top-10-myths-about-teaching-computer-science/fulltext>

attention, which in turn appears to confirm the teacher's belief. Sadly, there is little sign that mere evidence of the kind presented in [Pati2016] is enough to break this vicious cycle...

Here are a few other specific things that will demotivate your learners:

A holier-than-thou or contemptuous attitude from a teacher or a fellow learner.

Telling them that their existing skills are rubbish. Unix users sneer at Windows, programmers of all kinds make jokes about Excel, and no matter what web application framework you already know, some programmer will tell you that it's out of date. Learners have often invested a lot of time and effort into acquiring the skills they have; disparaging them is a good way to guarantee that they won't listen to anything else you have to say.

Diving into complex or detailed technical discussion with the most advanced learners in the class.

Pretending that you know more than you do. Learners will trust you more if you are frank about the limitations of your knowledge, and will be more likely to ask questions and seek help.

Using the J word ("just") or feigning surprise. As discussed in Chapter 3, saying things like "I can't believe you don't know X" or "you've never heard of Y?" signals to the learner that the teacher thinks their problem is trivial and that they must be stupid for not being able to figure it out.

Software installation headaches. People's first contact with programming or with new programming tools is often demoralizing, and believing that something is hard to learn is a self-fulfilling prophecy. It isn't just the time it takes to get set up or the feeling that it's unfair to have to debug something that depends on precisely the knowledge they don't yet have. The real problem is that every such failure reinforces their belief that they would have a better chance of making next Thursday's deadline if they kept doing things the way they always have.

It is even easier to demotivate people online than in person, but there are now evidence-based strategies for dealing with this. [Ford2016] found that five barriers to contribution on Stack Overflow⁵ are seen as significantly more problematic by women than men: lack of awareness of site features, feeling unqualified to answer questions, intimidating community size, discomfort interacting with or relying on strangers, and the feeling that searching for things online wasn't "real work." Fear of negative feedback didn't quite make this list, but would have been the next one added if the authors weren't quite so strict about their statistical cutoffs. All of these factors can and should be addressed in both in-person and online settings using methods like those in Section 10.4, and doing so improves outcomes for everyone [Sved2016].

Productive Failure and Privilege

⁵<https://stackoverflow.com/>

*Some recent work has explored **productive failure**, where learners are deliberately given problems that can't be solved with the knowledge they have and have to go out and acquire new information in order to make progress [Kapu2016]. Productive failure is superficially reminiscent of tech's "fail fast, fail often" mantra, but the latter is more a sign of privilege than of understanding. People can only afford to celebrate failure if they're sure they'll get a chance to try again; many of your learners, and many people from marginalized or underprivileged groups, can't be sure of that, and assuming that failure is an option is a great way to demotivate them.*

IMPOSTOR SYNDROME

Impostor syndrome is the belief that your achievements are lucky flukes and an accompanying fear that someone will finally figure this out. It is common among high achievers who undertake publicly visible work, but disproportionately affects members of underrepresented groups: as discussed in Section 7.1, [Wilc2018] found that female learners with prior exposure to computing outperformed their male peers in all areas in introductory programming courses but were consistently less confident in their abilities, in part because society keeps signaling in subtle and not-so-subtle ways that they don't really belong.

Traditional classrooms can fuel impostor syndrome. Schoolwork is frequently undertaken alone or in small groups, but the results are shared and criticized publicly. As a result, we rarely see how others struggle to finish their work, which can feed the belief that everyone else finds this easy. Members of underrepresented groups who already feel additional pressure to prove themselves may be particularly affected.

The Ada Initiative has created some guidelines⁶ for fighting your own impostor syndrome, which include:

Talk about the issue with people you trust. When you hear from others that impostor syndrome is a common problem, it becomes harder to believe your feelings of being a fraud are real.

Go to an in-person impostor syndrome session. There's nothing like being in a room full of people you respect and discovering that 90% of them have impostor syndrome.

Watch your words, because they influence how you think. Saying things like, "I'm not an expert in this, but..." detracts from the knowledge you actually possess.

Teach others about your field. You will gain confidence in your own knowledge and skill and help others avoid some impostor syndrome shoals.

Ask questions. Asking questions can be intimidating if you think you should know the answer, but getting answers eliminates the extended agony of uncertainty and fear of failure.

⁶<https://www.usenix.org/blog/impostor-syndrome-proof-yourself-and-your-community>

Build alliances. Reassure and build up your friends, who will reassure and build you up in return. (If they don't, you might want to think about finding new friends...)

Own your accomplishments. Keep actively recording and reviewing what you have done, what you have built, and what successes you've had.

As a teacher, you can help people with their impostor syndrome by sharing stories of mistakes that you have made or things you struggled to learn. This reassures the class that it's OK to find topics hard. Being open with the group also builds trust and gives them confidence to ask questions. (Live coding is great for this: as noted in Section 8.1, your typos show your class that you're human.) Frequent formative assessments help as well, particularly if learners see you adjusting what you teach or how quickly you go based on their outcomes.

MINDSET AND STEREOTYPE THREAT

Carol Dweck and others have studied the differences of **fixed mindset** and **growth mindset** on learning outcomes. If people believe that competence in some area is intrinsic (i.e. that you either “have the gene” for it or you don't), *everyone* does worse, including the supposedly advantaged. The reason is that if someone doesn't do well at first, they assume that they lack that aptitude, which biases their future performance. On the other hand, if people believe that a skill is learned and can be improved, they do better on average.

There are concerns⁷ that growth mindset has been oversold, or that it is much more difficult to translate research about it into practice than its more enthusiastic advocates have implied [Sisk2018]. However, it does appear that learners with low socioeconomic status or who are academically at risk might benefit from mindset interventions.

Another widely discussed effect is **stereotype threat** [Stee2011]. Reminding people of negative stereotypes, even in subtle ways, can make them anxious about the risk of confirming those stereotypes, which in turn can reduce their performance. Again, there are some concerns about the replicability of key studies⁸, and the issue is further clouded by the fact that the term has been used in many ways [Shap2007], but no one would argue that mentioning stereotypes in class will help learners.

10.3 ACCESSIBILITY

Putting lessons and exercises out of someone's reach is about as demotivating as it gets, and it's very easy to do this inadvertently. For example, the first online programming lessons I wrote had a transcript of the narration beside the slides, but didn't include the actual source code: that was in screenshots of PowerPoint slides.

⁷<https://educhatter.wordpress.com/2017/03/26/growth-mindset-is-the-theory-flawed-or-has-gm-been-debated-in-the-classroom/>

⁸<https://www.psychologytoday.com/blog/rabble-rouser/201512/is-stereotype-threat-overcooked-overstated-and-oversold>

Someone using a screen reader⁹ could therefore hear what was being said about the program, but wouldn't know what the program actually was. It isn't always feasible to accommodate every learner's needs, but adding description captions to images and making navigation controls accessible to people who can't use a mouse can make a big difference.

Curb Cuts

Making material accessible helps everyone, not just people facing challenges. Curb cuts¹⁰—the small sloped ramps joining a sidewalk to the street—were originally created to make it easier for the physically disabled to move around, but proved to be equally helpful to people with strollers and grocery carts. Similarly, captioning images doesn't just help the visually impaired: it also makes images easier for search engines to find and index.

The first and most important step in making lessons accessible is to involve people with disabilities in decision making: the slogan *nihil de nobis, sine nobis*¹¹ (literally, “nothing for us without us”) predates accessibility rights, but is always the right place to start. A few specific recommendations are:

Find out what you need to do. Each of these posters¹² offers do's and don'ts for people on the autistic spectrum, users of screen readers, and people with low vision, physical or motor disabilities, hearing exercises, and dyslexia.

Don't do everything at once. The enhancements described in the previous point can seem pretty daunting, so make one change at a time.

Do the easy things first. Font size, using a clip-on microphone so that people can hear you more easily, and checking your color choices are good places to start.

Know how well you're doing. Sites like WebAIM¹³ allow you to check how accessible your online materials are to visually impaired users.

[Coom2012; Burg2015] are good guides to visual design for accessibility. Their recommendations include:

Format documents with actual headings and other landmarks rather than just changing font sizes and styles.

Avoid using color alone to convey meaning in text or graphics. Instead, use color plus different cross-hatching patterns (which also makes material understandable when printed in black and white).

⁹https://en.wikipedia.org/wiki/Screen_reader

¹⁰https://en.wikipedia.org/wiki/Curb_cut

¹¹https://en.wikipedia.org/wiki/Nothing_About_Us_Without_Us

¹²<https://accessibility.blog.gov.uk/2016/09/02/dos-and-donts-on-designing-for-accessibility/>

¹³<http://webaim.org/>

Remove unnecessary elements rather than just making them invisible, because screen readers will still often say them aloud.

Allow self-pacing and repetition for people with reading or hearing issues.

Include narration of on-screen action in videos (and talk while you type when live coding).

SPOONS

In 2003, Christine Miserandino started using spoons¹⁴ as a way to explain what it's like to live with chronic illness. Healthy people start each day with an unlimited supply of spoons, but people with lupus or other debilitating conditions only have a few, and everything they do costs them one. Getting out of bed? That's a spoon. Making a meal? That's another spoon, and pretty soon, you've run out.

You cannot simply just throw clothes on when you are sick... If my hands hurt that day buttons are out of the question. If I have bruises that day, I need to wear long sleeves, and if I have a fever I need a sweater to stay warm and so on. If my hair is falling out I need to spend more time to look presentable, and then you need to factor in another 5 minutes for feeling badly that it took you 2 hours to do all this.

As Elizabeth Patitsas has argued¹⁵, people who have a lot of spoons can accumulate more, but people whose supply is limited may struggle to get ahead. When designing classes and exercises, remember that some of your learners may have physical or mental obstacles that aren't obvious. When in doubt, ask: they almost certainly have more experience with what works and what doesn't than anyone else.

10.4 INCLUSIVITY

Inclusivity is a policy of including people who might otherwise be excluded or marginalized. In computing, it means making a positive effort to be more welcoming to women, underrepresented racial or ethnic groups, people with various sexual orientations, the elderly, those facing physical challenges, the formerly incarcerated, the economically disadvantaged, and everyone else who doesn't fit Silicon Valley's affluent white/Asian male demographic. Figure 10.2 (from NPR¹⁶) graphically illustrates the effects of computing's exclusionary culture on women.

[Lee2017] is a brief, practical guide to doing that with references to the research literature. The practices it describes help learners who belong to one or more marginalized or excluded groups, but help motivate everyone else as well. They are phrased in terms of term-long courses, but many can be applied in workshops and other free-range settings:

¹⁴<https://butyoudontlooksick.com/articles/written-by-christine/the-spoon-theory/>

¹⁵<https://patitsas.blogspot.com/2018/03/spoons-are-form-of-capital.html>

¹⁶<https://www.npr.org/sections/money/2014/10/21/357629765/when-women-stopped-coding>

What Happened To Women In Computer Science?

% Of Women Majors, By Field

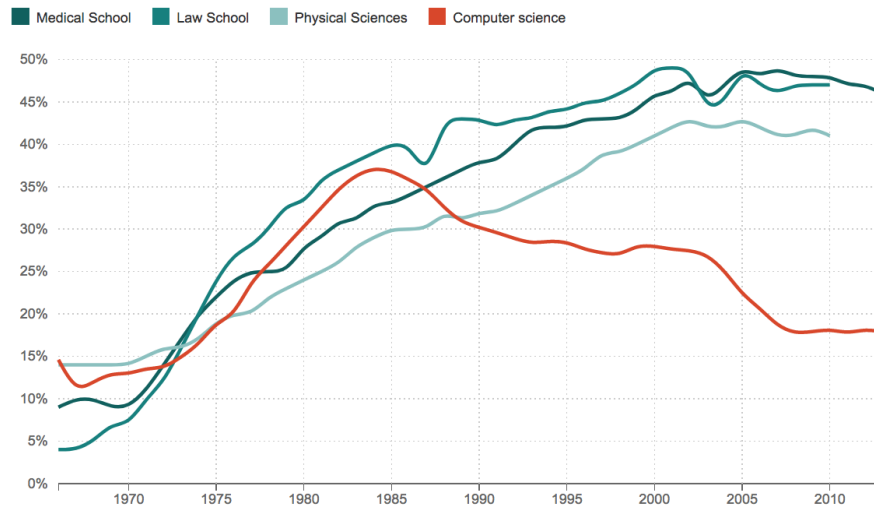


Figure 10.2: Female computer science majors in the US

Ask learners to email you before the workshop to explain how they believe the training could help them achieve their goals.

Review your notes to make sure they are free from gendered pronouns, include culturally diverse names, etc.

Emphasize that what matters is the rate at which they are learning, not the advantages or disadvantages they had when they started.

Encourage pair programming, but demonstrate it first so that learners understand the roles of driver and navigator.

Actively mitigate behavior that some learners may find intimidating, e.g. use of jargon or “questions” that are actually asked to display knowledge.

One way to support learners from marginalized groups is to have people sign up for workshops in groups rather than individually. That way, everyone in the room knows in advance that they will be with people they trust, which increases the chances of them actually coming. It also helps after the workshop: if people come with their friends or colleagues, they can work together to use what they’ve learned.

More fundamentally, lesson authors need to take everyone’s entire situation into account. For example, [DiSa2014a] found that 65% of male African-American participants in a game testing program went on to study computing, in part because the gaming aspect of the program was something their peers respected. [Lach2018] explored two general strategies for creating inclusive content and the risks associated with them:

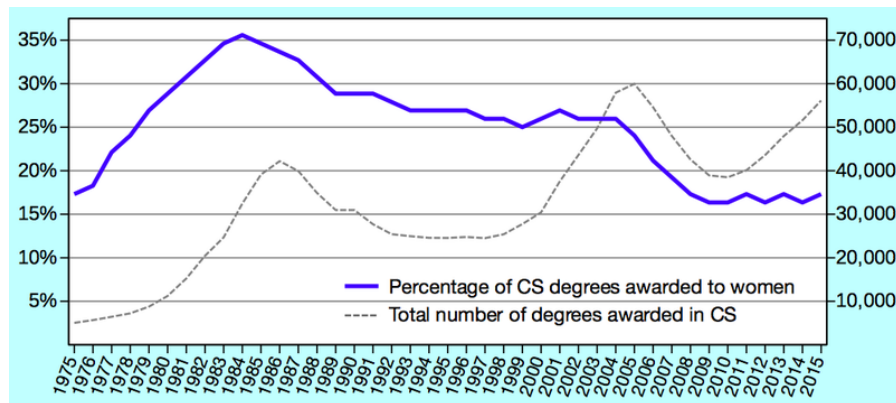


Figure 10.3: Degrees awarded and female enrollment

Community representation highlights learners' social identities, histories, and community networks using after-school mentors or role models from learners' neighborhoods, or activities that use community narratives and histories as a foundation for a computing project. The major risk with this approach is shallowness, e.g. using computers to build slideshows rather than do any real computing.

Computational integration incorporates ideas from the learner's community, such as reproducing indigenous graphic designs in a visual programming environment. The major risk here is cultural appropriation, e.g. using practices without acknowledging origins.

If in doubt, ask your learners and members of the community what they think you ought to do. We return to this in Chapter 13.

Conduct as Accessibility

We said in Section 9.1 that classes should enforce a Code of Conduct like the one in Appendix B. This is a form of accessibility: while closed captions make video accessible to people with hearing disabilities, a Code of Conduct makes lessons accessible to people who would otherwise be marginalized.

MOVING PAST THE DEFICIT MODEL

Depending on whose numbers you trust, only 12–18% of people getting computer science degrees are women, which is less than half the percentage seen in the mid-1980s (Figure 10.3, from [Robe2017]). And western countries are the odd ones for having such low percentage of women in computing: women are still often 30–40% of computer science students elsewhere [Galp2002; Varm2015].

Since it's unlikely that women have changed drastically in the last 30 years, we have to look for structural causes to understand what's gone wrong and how to fix

it. One explanation is the way that home computers were marketed as “boys’ toys” starting in the 1980s [Marg2003]; another is the way that computer science departments responded to explosive growth in enrollment in the 1980s and again in the 2000s by changing admission requirements [Robe2017]. None of these factors may seem dramatic to people who aren’t affected by them, but they act like the steady drip of water on a stone: over time, they erode motivation, and with it, participation.

The first and most important step toward fixing this is to stop thinking in terms of a “leaky pipeline” [Mill2015]. More generally, we need to move past a **deficit model**, i.e. to stop thinking that the members of underrepresented groups lack something and are therefore responsible for not getting ahead. Believing that puts the burden on people who already have to do extra work to overcome structural inequities and (not coincidentally) gives those who benefit from the current arrangements an excuse not to look at themselves too closely.

Rewriting History

[Abba2012] describes the careers and accomplishments of the women who shaped the early history of computing, but have all too often been written out of it; [Ensm2003; Ensm2012] describes how programming was turned from a female into a male profession in the 1960s, while [Hick2018] looks at how Britain lost its early dominance in computing by systematically discriminating against its most qualified workers: women. (See [Milt2018] for a review of all three books.) Discussing this history makes some men in computing very uncomfortable; in my opinion, that’s a good reason to do it.

Misogyny in video games, the use of “cultural fit” in hiring to excuse conscious or unconscious bias, a culture of silence around harassment, and the growing inequality in society that produces preparatory privilege (Section 9.5) are not any one person’s fault, but fixing them is everyone’s responsibility. As a teacher, you have more power than most; this workshop¹⁷ has excellent practical advice on how to be a good ally, and its advice is probably more important than anything this book teaches you about teaching.

10.5 EXERCISES

AUTHENTIC TASKS (PAIRS/15)

1. In pairs, list half a dozen things you did this week that use the skills you teach.
2. Place your items on a 2x2 grid of “time to master” and “usefulness”. Where do you agree and disagree?

¹⁷<https://frameshiftconsulting.com/ally-skills-workshop/>

CORE NEEDS (WHOLE CLASS/10)

Paloma Medina identifies six core needs¹⁸ for people at work: belonging, improvement (i.e. making progress), choice, equality, predictability, and significance. After reading her description of these, order them from most to least significant for you personally, then compare rankings with your peers. How do you think your rankings compare with those of your learners?

IMPLEMENT ONE STRATEGY FOR INCLUSIVITY (INDIVIDUAL/5)

Pick one activity or change in practice from [Lee2017] that you would like to work on. Put a reminder in your calendar three months in the future to ask yourself whether you have done something about it.

AFTER THE FACT (THINK-PAIR-SHARE/20)

1. Think back to a course that you took in the past and identify one thing the teacher did that demotivated you. Make notes about what could have been done afterward to correct the situation.
2. Pair up with your neighbor and compare stories, then add your comments to a set of notes shared by the whole class.
3. Review the comments in the shared notes as a group. Highlight and discuss a few of the things that could have been done differently.
4. Do you think that doing this will help you handle situations like these in the future?

WALK THE ROUTE (WHOLE CLASS/15)

Find the nearest public transportation drop-off point to your building and walk from there to your office and then to the nearest washroom, making notes about things you think would be difficult for someone with mobility issues. Now borrow a wheelchair and repeat the journey. How complete was your list of exercises? And did you notice that the first sentence in this exercise assumed you could actually walk?

WHO DECIDES? (WHOLE CLASS/15)

In [Litt2004], Kenneth Wesson wrote, “If poor inner-city children consistently outscored children from wealthy suburban homes on standardized tests, is anyone naive enough to believe that we would still insist on using these tests as indicators of success?” Read this article¹⁹ by Cameron Cottrill, and then describe an example from your own experience of “objective” assessments that reinforced the status quo.

¹⁸<https://www.palomamedina.com/biceps>

¹⁹<https://mobile.nytimes.com/2016/04/10/upshot/why-talented-black-and-hispanic-students-can-go-undiscovered.html>

COMMON STEREOTYPES (PAIRS/10)

Some people still say, “It’s so simple that even your grandmother could use it.” In pairs, list two or three other phrases that reinforce stereotypes about computing.

NOT BEING A JERK (INDIVIDUAL/15)

This short article²⁰ by Gary Bernhardt rewrites an unnecessarily hostile message to be less rude. Using it as a model, find something unpleasant on Stack Overflow²¹ or some other public discussion forum and rewrite it to be more inclusive.

SAVING FACE (INDIVIDUAL/10)

Would any of your hoped-for learners be embarrassed to admit that they don’t already know some of the things you want to teach? If so, how can you help them save face?

CHILDHOOD TOYS (WHOLE CLASS/15)

[Cutt2017] surveyed adult computer users about their childhood activities and found that the strongest correlation between confidence and computer use were based on reading on one’s own and playing with construction toys like Lego that do not have moving parts. Survey the class and see what other activities people engaged in, then search for these activities online. How strongly gendered are descriptions and advertising for them? What effect do you think this has?

LESSON ACCESSIBILITY (PAIRS/30)

In pairs, choose a lesson whose materials are available online and independently rank it according to the do’s and don’ts in these posters²². Where did you and your partner agree? Where did you disagree? How well did the lesson do for each of the six categories of user?

TRACING THE CYCLE (SMALL GROUPS/15)

[Coco2018] traces a depressingly common pattern in which good intentions are undermined by an organization’s leadership being unwilling to actually change. Working in groups of 4–6, write brief texts or emails that you imagine each of the parties involved would send to the other at each stage in this cycle.

²⁰<https://www.destroyallsoftware.com/blog/2018/a-case-study-in-not-being-a-jerk-in-open-source>

²¹<https://stackoverflow.com/>

²²<https://accessibility.blog.gov.uk/2016/09/02/dos-and-donts-on-designing-for-accessibility/>

WHAT'S THE WORST THING THAT COULD HAPPEN? (SMALL GROUPS/5)

Over the years, I have had a projector catch fire, a student go into labor, and a fight break out in class. I've fallen off stage twice, fallen asleep in one of my own lectures, and had many jokes fall flat. In small groups, make up a list of the worst things that have happened to you while you were teaching, then share with the class. Keep the list to remind yourself later that no matter how bad class was, at least none of *that* happened.

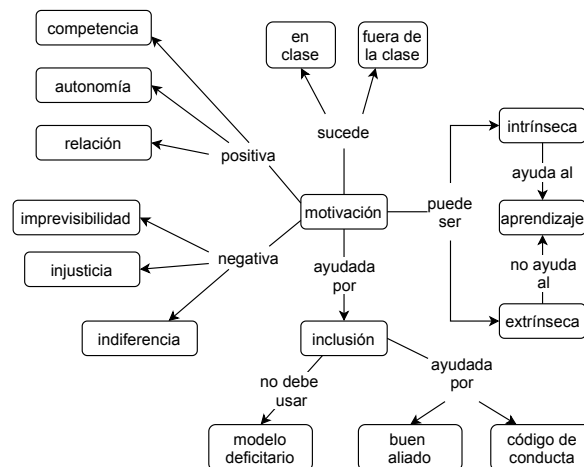
REVIEW

Figure 10.4: Concepts: Motivation

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11 Teaching Online

If you use robots to teach, you teach people to be robots.
— variously attributed

Technology has changed teaching and learning many times. Before blackboards were introduced into schools in the early 1800s, there was no way for teachers to share an improvised example, diagram, or exercise with an entire class at once. Cheap, reliable, easy to use, and flexible, blackboards enabled teachers to do things quickly and at a scale that they had only been able to do slowly and piecemeal before. Similarly, hand-held video cameras revolutionized athletics training, just as tape recorders revolutionized music instruction a decade earlier.

Many of the people pushing the internet into classrooms don't know this history, and don't realize that theirs is just the latest in a long series of attempts¹ to use machines to teach [Watt2014]. From the printing press through radio and television to desktop computers and mobile devices, every new way to share knowledge has produced a wave of aggressive optimists who believe that education is broken and that technology can fix it. However, ed tech's loudest advocates have often known less about "ed" than "tech," and behind their rhetoric, many have been driven more by the prospect of profit than by the desire to empower learners.

Today's debate is often muddled by confusing "online" with "automated." Run well, a dozen people working through a problem in a video chat feels like any other small-group discussion. Conversely, a squad of teaching assistants grading hundreds of papers against an inflexible rubric might as well be a collection of Perl scripts. This chapter therefore starts by looking at fully automated online instruction using recorded videos and automatically graded exercises, then explores some alternative hybrid models.

11.1 MOOCS

The highest-profile effort to reinvent education using the internet is the **Massive Open Online Course**, or MOOC. The term was invented by David Cormier in 2008 to describe a course organized by George Siemens and Stephen Downes. That course was based on a **connectivist** view of learning, which holds that knowledge is distributed and that learning is the process of finding, creating, and pruning connections.

The term "MOOC" was quickly co-opted by creators of courses more closely resembled the hub-and-spoke model of a traditional classroom, with the teacher at the center defining goals and the learners seen as recipients or replicators of knowledge. Classes that use the original connectivist model are now sometimes referred to as

¹<http://teachingmachin.es/timeline.html>

“cMOOCs,” while classes that centralize control are called “xMOOCs.” (The latter is also sometimes called a “MESS,” for Massively Enhanced Sage on the Stage.)

Five years ago, you couldn’t walk across a major university campus without hearing someone talking about how MOOCs would revolutionize education, destroy it, or possibly both. MOOCs would give learners access to a wider range of courses and allow them to work when it was convenient for them rather than fitting their learning to someone else’s schedule.

But MOOCs haven’t been nearly as effective as their more enthusiastic proponents predicted [Ubel2017]. One reason is that recorded content is ineffective for many novices because it cannot clear up their individual misconceptions (Chapter 2): if they don’t understand an explanation the first time around, there usually isn’t a different one on offer. Another is that the automated assessment needed to put the “massive” in MOOC only works well at the lowest levels of Bloom’s Taxonomy (Section 6.2). It’s also now clear that learners have to shoulder much more of the burden of staying focused in a MOOC, that the impersonality of working online can encourage uncivil behavior and demotivate people, and that “available to everyone” actually means “available to everyone affluent enough to have high-speed internet and lots of free time.”

[Marg2015] examined 76 MOOCs on various subjects and found that while the organization and presentation of material was good, the quality of lesson design was poor. Closer to home, [Kim2017] studied thirty popular online coding tutorials, and found that they largely taught the same content the same way: bottom-up, starting with low-level programming concepts and building up to high-level goals. Most required learners to write programs and provided some form of immediate feedback, but this feedback was typically very shallow. Few explained when and why concepts are useful (i.e. they didn’t show how to transfer knowledge) or provided guidance for common errors, and other than rudimentary age-based differentiation, none personalized lessons based on prior coding experience or learner goals.

Personalized Learning

*Few terms have been used and abused in as many ways as **personalized learning**. To most ed tech proponents, it means dynamically adjusting the pace of lessons based on learner performance, so that if someone answers several questions in a row correctly, the computer will skip some of the subsequent questions.*

Doing this can produce modest improvements², but better is possible. For example, if many learners find a particular topic difficult, the teacher can prepare multiple alternative explanations of that point rather than accelerating a single path. That way, if one explanation doesn’t resonate, others are available. However, this requires a lot more design work on the teacher’s part, which may be why it hasn’t proven popular. And even if it does work, the effects are likely to be much less than some of its advocates believe. A good teacher makes a difference of 0.1–0.15 standard deviations

²https://www.rand.org/pubs/research_briefs/RB9994.html

in end-of-year performance in grade school [Chet2014] (see this article³ for a brief summary). It's unrealistic to believe that any kind of automation can outdo this any time soon.

So how *should* the internet be used in teaching and learning tech skills? Its pros and cons are:

Learners can access more lessons, more quickly, than ever before. Provided, of course, that a search engine considers those lessons worth indexing, that their internet service provider and government don't block it, and that the truth isn't drowned in a sea of attention-sapping disinformation.

Learners can access *better* lessons than ever before, unless they are being steered toward second-rate material in order to redistribute wealth from the have-nots to the haves [McMi2017]. It's also worth remembering that scarcity increases perceived value, so as online education becomes cheaper, it will increasingly become what everyone wants for someone else's children.

Learners can access far more people than ever before as well. But only if those learners actually have access to the required technology, can afford to use it, and aren't driven offline by harassment or marginalized because they don't conform to the social norms of whichever group is talking loudest. In practice, most MOOC users come from secure, affluent backgrounds [Hans2015].

Teachers can get far more detailed insight into how learners work. So long as learners are doing things that are amenable to large-scale automated analysis and either don't object to surveillance in the classroom or aren't powerful enough for their objections to matter.

[Marg2015; Mill2016a; Nils2017] describe ways to accentuate the positives in the list above while avoiding the negatives:

Make deadlines frequent and well-publicized, and enforce them so that learners will get into a work rhythm.

Keep synchronous all-class activities like live lectures to a minimum so that people don't miss things because of scheduling conflicts.

Have learners contribute to collective knowledge, e.g. take notes together (Section 9.7), serve as classroom scribes, or contribute problems to shared problem sets (Section 5.3).

Encourage or require learners to do some of their work in small groups that *do* have synchronous online activities such as a weekly online discussion. This helps learners stay engaged and motivated without creating too many scheduling headaches. (See Appendix E for some tips on how to make these discussions fair and productive.)

³<http://educationnext.org/in-schools-teacher-quality-matters-most-coleman/>

Create, publicize, and enforce a code of conduct so that everyone can actually take part in online discussions (Section 9.1).

Use lots of short lesson episodes rather than a handful of lecture-length chunks in order to minimize cognitive load and provide lots of opportunities for formative assessment. This also helps with maintenance: if all of your videos are short, you can simply re-record any that need maintenance, which is often cheaper than trying to patch longer ones.

Use video to engage rather than instruct. Disabilities aside (Section 10.3), learners can read faster than you can talk. The exception to this rule is that video is actually the best way to teach people verbs (actions): short screencasts that show people how to use an editor, step through code in a debugger, and so on are more effective than screenshots with text.

Identify and clear up misconceptions early. If data shows that learners are struggling with some parts of a lesson, create alternative explanations of those points and extra exercises for them to practice on.

All of this has to be implemented somehow, which means that you need some kind of teaching platform. You can either use an all-in-one **learning management system** like Moodle⁴ or Sakai⁵, or assemble something yourself using Slack⁶ or Zulip⁷ for chat, Google Hangouts⁸ or appear.in⁹ for video conversations, and WordPress¹⁰, Google Docs¹¹, or any number of wiki systems for collaborative authoring. If you are just starting out, pick whatever is easiest to set up and administer and is most familiar to your learners. If faced with a choice, the second consideration is more important than the first: you're expecting people to learn a lot in your class, so it's only fair for you to learn how to drive the tools they're most comfortable with.

Assembling a platform for learning is necessary but not sufficient: if you want your learners to thrive, you need to create a community. Hundreds of books and presentations talk about how to do this, but most are based on their authors' personal experiences. [Krau2016] is a welcome exception: while it predates the accelerating descent of Twitter and Facebook into weaponized abuse and misinformation, most of its findings are still relevant. [Foge2005] is also full of useful tips about the communities of practice that learners may hope to join; we explore some of its ideas in Chapter 13.

⁴<http://moodle.org>

⁵<https://www.sakaiproject.org/>

⁶<http://slack.com>

⁷<https://zulipchat.com/>

⁸<http://hangouts.google.com>

⁹<https://appear.in/>

¹⁰<https://wordpress.org/>

¹¹<http://docs.google.com>

Freedom To and Freedom From

Isaiah Berlin's 1958 essay "Two Concepts of Liberty"¹² made a distinction between positive liberty, which is the ability to actually do something, and negative liberty, which is the absence of rules saying that you can't do it. Online discussions usually offer negative liberty (nobody's stopping you from saying what you think) but not positive liberty (many people can't actually be heard). One way to address this is to introduce some kind of throttling, such as only allowing each learner to contribute one message per discussion thread per day. Doing this gives those with something to say a chance to say it, while clearing space for others to say things as well.

One other concern people have about teaching online is cheating. Day-to-day dishonesty is no more common in online classes than in face-to-face settings [Beck2014], but the temptation to have someone else write the final exam, and the difficulty of checking whether this happened, is one of the reasons educational institutions have been reluctant to offer credit for pure online classes. Remote exam proctoring is possible, but before investing in this, read [Lang2013]: it explores why and how learners cheat, and how courses can be structured to avoid giving them a reason to do so.

11.2 VIDEO

A prominent feature of most MOOCs is their use of recorded video lectures. These can be effective: as mentioned in Chapter 8, a teaching technique called Direct Instruction based on precise delivery of a well-designed script has repeatedly been shown to be effective [Stoc2018]. However, scripts for direct instruction have to be designed, tested, and refined very carefully, which is an investment that many MOOCs have been unwilling or unable to make. Making a small change to a web page or a slide deck only takes a few minutes; making even a small change to a short video takes an hour or more, so the cost to the teacher of acting on feedback can be unsupportable. And even when they're well made, videos have to be combined with activities to be beneficial: [Koed2015] estimated, "... the learning benefit from extra doing... to be more than six times that of extra watching or reading."

If you are teaching programming, you may use screencasts instead of slides, since they offer some of the same advantages as live coding (Section 8.1). [Chen2009] offers useful tips for creating and critiquing screencasts and other videos; Figure 11.1 (from [Chen2009]) reproduces the patterns that paper presents and the relationships between them. (It's also a good example of a concept map (Section 3.1).)

So what makes an instructional video effective? [Guo2014] measured engagement by looking at how long learners watched MOOC videos, and found that:

- Shorter videos are much more engaging—videos should be no more than six minutes long.

¹²https://en.wikipedia.org/wiki/Two_Concepts_of_Liberty

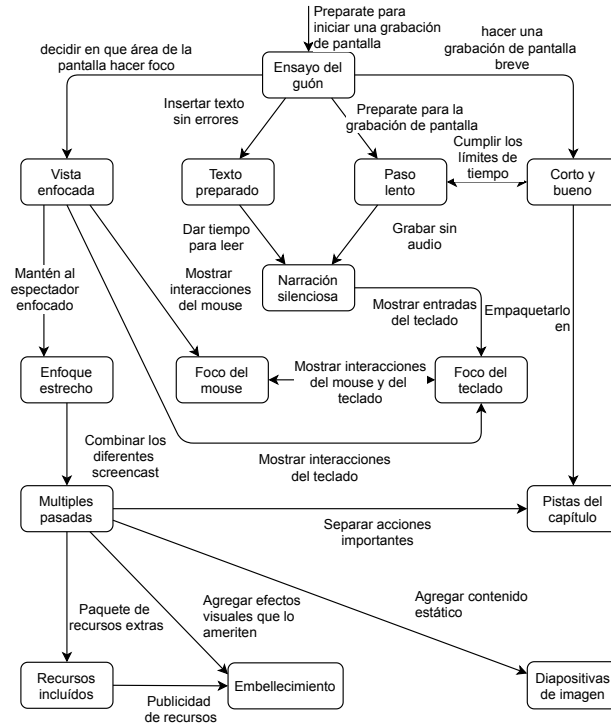


Figure 11.1: Patterns for screencasting

- A talking head superimposed on slides is more engaging than voice over slides alone.
- Videos that felt personal could be more engaging than high-quality studio recordings, so filming in informal settings could work better than professional studio work for lower cost.
- Drawing on a tablet is more engaging than PowerPoint slides or code screencasts, though it's not clear whether this is because of the motion and informality or because it reduces the amount of text on the screen.
- It's OK for teachers to speak fairly fast as long as they are enthusiastic.

One thing [Guo2014] didn't address is the chicken-and-egg problem: do learners find a certain kind of video engaging because they're used to it, so producing more videos of that kind will increase engagement simply because of a feedback loop? Or do these recommendations reflect some deeper cognitive processes? Another thing this paper didn't look at is learning outcomes: we know that learner evaluations of courses don't correlate with learning [Star2014; Uttl2017], and while it's plausible that learners won't learn from things they don't watch, it remains to be proven that they *do* learn from things they *do* watch.

I'm a Little Uncomfortable

[Guo2014]'s research was approved by a university research ethics board, the learners whose viewing habits were monitored almost certainly clicked "agree" on a terms of service agreement at some point, and I'm glad to have these insights. On the other hand, the word "privacy" didn't appear in the title or abstract of any of the dozens of papers or posters at the conference where these results were presented. Given a choice, I'd rather not know how engaged learners are than foster ubiquitous surveillance in the classroom.

There are many different ways to record video lessons; to find out which are most effective, [Mull2007a] assigned 364 first-year physics learners to online multimedia treatments of Newton's First and Second Laws in one of four styles:

Exposition: concise lecture-style presentation.

Extended Exposition: as above with additional interesting information.

Refutation: Exposition with common misconceptions explicitly stated and refuted.

Dialog: Learner-tutor discussion of the same material as in the Refutation.

Refutation and Dialog produced the greatest learning gains compared to Exposition; learners with low prior knowledge benefited most, and those with high prior knowledge were not disadvantaged. Again, this highlights the importance of directly addressing learners' misconceptions. Don't just tell people what *is*: tell them what *isn't* and why not.

11.3 HYBRID MODELS

Fully automated teaching is only one way to use the web in teaching. In practice, almost all learning in affluent societies has an online component today, either officially or through peer-to-peer back channels and surreptitious searches for answers to homework questions. Combining live and automated instruction allows teachers to use the strengths of both. In a traditional classroom, the teacher can answer questions immediately, but it takes days or weeks for learners to get feedback on their coding exercises. Online, it can take longer for a learner to get an answer, but they can get immediate feedback on their coding (at least for those kinds of exercises we can auto-grade).

Another difference is that online exercises have to be more detailed because they have to anticipate learners' questions. I find that in-person lessons start with the intersection of what everyone needs to know and expands on demand, while online lessons have to include the union of what everyone needs to know because the teacher isn't there to do the expanding.

In reality, the distinction between online and in-person is now less important for most people than the distinction between synchronous and asynchronous: do teachers and learners interact in real time, or is their communication spread out and interleaved with other activities? In-person will almost always be synchronous, but online is increasingly a mixture of both:

I think that our grandchildren will probably regard the distinction we make between what we call the real world and what they think of as simply the world as the quaintest and most incomprehensible thing about us.

— William Gibson

The most popular implementation of this blended future today is the **flipped classroom**, in which learners watch recorded lessons on their own and class time is used for discussion and working through problem sets. Originally described in [King1993], the idea was popularized as part of peer instruction (Section 9.2) and has been studied intensively over the past decade. For example, [Camp2016] compared learners who took an introductory computer science class online with those who took it in a flipped classroom. Completion of (unmarked) practice exercises correlated with exam scores for both, but the completion rate of rehearsal exercises by online learners was significantly lower than lecture attendance rates for in-person learners.

But if recordings are available, will learners still show up to class to do practice exercises? [Nord2017] examined the impact of recordings on both lecture attendance and learners' performance at different levels. In most cases the study found no negative consequences of making recordings available; in particular, learners didn't skip lectures when recordings are available (at least, not any more than they usually do). The benefits of providing recordings were greatest for learners early in their careers, but diminished as learners become more mature.

Another hybrid model brings online life into the classroom. Taking notes together is a first step (Section 9.7); pooling answers to multiple choice questions in real time

using tools like Pear Deck¹³ and Socrative¹⁴ is another. If the class is small—say, a dozen to fifteen people—you can also have all of the learners join a video conference so that they can screenshare with the teacher. This allows them to show their work (or their problems) to the entire class without having to connect their laptop to the projector. Learners can also then use the chat in the video call to post questions for the teacher; in my experience, most of them will be answered by their fellow learners, and the teacher can handle the rest when they reach a natural break. This model helps level the playing field for remote learners: if someone isn’t able to attend class for health reasons or because of family or work commitments, they can still take part on a nearly-equal basis if everyone is used to collaborating online in real time.

I have also delivered classes using real-time remote instruction, in which learners are co-located at 2–6 sites with helpers present while I taught via streaming video (Section C.1). This scales well, saves on travel costs, and allows the use of techniques like pair programming (Section 9.6). What *doesn’t* work is having one group in person and one or more groups remotely: with the best will in the world, the local participants get far more attention.

11.4 ONLINE ENGAGEMENT

[Nuth2007] found that there are three overlapping worlds in every classroom: the public (what the teacher is saying and doing), the social (peer-to-peer interactions between learners), and the private (inside each learner’s head). Of these, the most important is usually the social: learners pick up as much via cues from their peers as they do from formal instruction.

The key to making any form of online teaching effective is therefore to facilitate peer-to-peer interactions. To aid this, courses almost always have some kind of discussion forum. [Mill2016a] observed that learners use these in very different ways:

... procrastinators are particularly unlikely to participate in online discussion forums, and this reduced participation, in turn, is correlated with worse grades. A possible explanation for this correlation is that procrastinators are especially hesitant to join in once the discussion is under way, perhaps because they worry about being perceived as newcomers in an established conversation. This aversion to jump in late causes them to miss out on the important learning and motivation benefits of peer-to-peer interaction.

[Vell2017] analyzes discussion forum posts from 395 CS2 students at two universities by dividing them into four categories:

Active: request for help that does not display reasoning and doesn’t display what the student has already tried or already knows.

¹³<https://www.peardeck.com/>

¹⁴<https://socrative.com/>

Constructive: reflect students' reasoning or attempts to construct a solution to the problem.

Logistical: course policies, schedules, assignment submission, etc.

Content clarification: request for additional information that doesn't reveal the student's own thinking.

They found that constructive and logistical questions dominated, and that constructive questions correlated with grades. They also found that students rarely ask more than one active question in a course, and that these *don't* correlate with grades. While this is disappointing, knowing it helps set teachers' expectations: while we might all want our courses to have lively online communities, we have to accept that most won't, or that most learner-to-learner discussion will take place through channels that they are already using that we may not be part of.

Co-opetition

[Gull2004] describes an online coding contest that combines collaboration and competition. The contest starts when a problem description is posted along with a correct but inefficient solution. When it ends, the winner is the person who has made the greatest overall contribution to improving the performance of the overall solution. All submissions are in the open, so that participants can see one another's work and borrow ideas from each other. As the paper shows, the final solution is almost always a hybrid borrowing ideas from many people.

[Batt2018] described a small-scale variation of this in an introductory computing class. In stage one, each learner submitted a programming project individually. In stage two, learners were paired to create an improved solution to the same problem. The assessment indicates that two-stage projects tend to improve learners' understanding and that they enjoyed the process. Projects like these not only improve engagement, they also give participants more experience building on someone else's code.

Discussion isn't the only way to get learners to work together online. [Pare2008] and [Kulk2013] report experiments in which learners grade each other's work, and the grades they assign are then compared with the grades given by graduate-level teaching assistants or other experts. Both found that learner-assigned grades agreed with expert-assigned grades as often as the experts' grades agreed with each other, and that a few simple steps (such as filtering out obviously unconsidered responses or structuring rubrics) decreased disagreement even further. And as discussed in Section 5.3, collusion and bias are *not* significant factors in peer grading.

Trust, but Educate

The most common way to measure the validity of feedback is to compare learners' grades to experts' grades, but calibrated peer review (Section 5.3) can be equally effective. Before asking learners to grade each others' work, they are asked to grade samples and compare their results with the grades assigned by the teacher. Once the two align, the learner is

allowed to start giving grades to peers. Given that critical reading is an effective way to learn, this result may point to a future in which learners use technology to make judgments, rather than being judged by technology.

One technique we will definitely see more of in coming years is online streaming of live coding sessions [Raj2018; Haar2017]. This has most of the benefits discussed in Section 8.1, and when combined with collaborative note-taking (Section 9.7) it can be a close approximation to an in-class experience.

Looking even further ahead, [Ijss2000] identified four levels of online presence, from realism (we can't tell the difference) through immersion (we forget the difference) and involvement (we're engaged but aware of the difference) to suspension of disbelief (we are doing most of the work). Crucially, they distinguish physical presence, which is the sense of actually being somewhere, and social presence, which is the sense of being with others. The latter is more important in most learning situations, and again, we can foster it by using learners' everyday technology in the classroom. For example, [Deb2018] found that real-time feedback on in-class exercises using learners' own mobile devices improved concept retention and learner engagement while reducing failure rates.

Online and asynchronous teaching are both still in their infancy. Centralized MOOCs may prove to be an evolutionary dead end, but there are still many other promising models to explore. In particular, [Broo2016] describes fifty ways that groups can discuss things productively, only a handful of which are widely known or implemented online. If we go where our learners are technologically rather than requiring them to come to us, we may wind up learning as much as they do.

11.5 EXERCISES

TWO-WAY VIDEO (PAIRS/10)

Record a 2–3 minute video of yourself doing something, then swap machines with a partner so that each of you can watch the other's video at 4x speed. How easy is it to follow what's going on? What if anything did you miss?

VIEWPOINTS (INDIVIDUAL/10)

According to [Irib2009], different disciplines focus on different factors affecting the success or otherwise of online communities:

Business: customer loyalty, brand management, extrinsic motivation.

Psychology: sense of community, intrinsic motivation.

Sociology: group identity, physical community, social capital, collective action.

Computer Science: technological implementation.

Which of these perspectives most closely corresponds to your own? Which are you least aligned with?

HELPING OR HARMING (SMALL GROUPS/30)

Susan Dynarski's article in the *New York Times*¹⁵ explains how and why schools are putting students who fail in-person courses into online courses, and how this sets them up for even further failure. Read the article and then:

1. In small groups, come up with 2–3 things that schools could do to compensate for these negative effects and create rough estimates of their per-learner costs.
2. Compare your suggestions and costs with those of other groups. How many full-time teaching positions do you think would have to be cut in order to free up resources to implement the most popular ideas for a hundred learners?
3. As a class, do you think that would be a net benefit for the learners or not?

Budgeting exercises like this are a good way to tell who's serious about educational change. Everyone can think of things they'd like to do; far fewer are willing to talk about the tradeoffs needed to make change happen.

¹⁵<https://www.nytimes.com/2018/01/19/business/online-courses-are-harming-the-students-who-need-the-most-help.html>

12 Exercise Types

Every good carpenter has a set of screwdrivers, and every good teacher has different kinds of exercises to check what learners are actually learning, help them practice their new skills, and keep them engaged. This chapter starts by describing several kinds of exercises you can use to check if your teaching has been effective. It then looks at the state of the art in automated grading, and closes by exploring discussion, projects, and other important kinds of work that require more human attention to assess. Our discussion draws in part on the Canterbury Question Bank¹ [Sand2013], which has entries for various languages and topics in introductory computing.

12.1 THE CLASSICS

As Section 2.1 discussed, *multiple choice questions* (MCQs) are most effective when the wrong answers probe for specific misconceptions. They are usually designed to test the lower levels of Bloom’s Taxonomy (Section 6.2), but can also require learners to exercise judgment.

A Multiple Choice Question

In what order do operations occur when the computer evaluates the expression `price = addTaxes(cost - discount)`?

1. *subtraction, function call, assignment*
2. *function call, subtraction, assignment*
3. *function call, then assignment and subtraction simultaneously*
4. *none of the above*

The second classic type of programming exercise is *code and run* (C&R), in which the learner writes code that produces a specified output. C&R exercises can be as simple or as complex as the teacher wants, but when used in class, they should be brief and have only one or two plausible correct answers. It’s often enough to ask novices to calculate and print a single value or call a specific function: experienced teachers often forget how hard it can be to figure out which parameters go where. For more advanced learners, figuring out which function to call is more engaging and a better gauge of their understanding.

Code & Run

The variable `picture` contains a full-color image read from a file. Using one function, create a black and white version of the image and assign it to a new variable called `monochrome`.

Write and run exercises can be combined with MCQs. For example, this MCQ can only be answered by running the Unix `ls` command:

¹<http://web-cat.org/questionbank/>

Combining MCQ with Code & Run

You are in the directory /home. Which of the following files is not in that directory?

1. *autumn.csv*
2. *fall.csv*
3. *spring.csv*
4. *winter.csv*

C&Rs help people practice the skills they most want to learn, but they can be hard to assess: there can be lots of unexpected ways to get the right answer, and people will be demoralized if an automatic grading system rejects their code because it doesn't match the teacher's. One way to reduce how often this occurs is to assess only their output, but that doesn't give them feedback on how they are programming. Another is to give them a small test suite they can run their code against before they submit it (at which point it is run against a more comprehensive set of tests). Doing this helps them figure out if they have completely misunderstood the intent of the exercise before they do anything that they think might cost them grades.

Instead of writing code that satisfies some specification, learners can be asked to write tests to determine whether a piece of code conforms to a spec. This is a useful skill in its own right, and doing it may give learners a bit more sympathy for how hard their teachers work.

Inverting Code & Run

The function `monotonic_sum` calculates the sum of each section of a list of numbers in which the values are strictly increasing. For example, given the input `[1, 3, 3, 4, 5, 1]`, the output is `[4, 12, 1]`. Write and run unit tests to determine which of the following bugs the function contains:

- *Considers every negative number the start of a new sub-sequence.*
- *Does not include the first value of each sub-sequence in the sub-sum.*
- *Does not include the last value of each sub-sequence in the sub-sum.*
- *Only re-starts the sum when values decrease rather than fail to increase.*

Fill in the blanks is a refinement of C&R in which the learner is given some starter code and has to complete it. (In practice, most C&R exercises are actually fill in the blanks because the teacher provides comments to remind the learners of the steps they should take.) Questions of this type are the basis for faded examples; as discussed in Chapter 4, novices often find them less intimidating than writing all the code from scratch, and since the teacher has provided most of the answer's structure, submissions are much more predictable and therefore easier to check.

Fill in the Blanks

Fill in the blanks so that the code below prints the string 'hat'.

```
text = 'all that it is'
slice = text[____:____]
print(slice)
```

Parsons Problems also avoid the “blank screen of terror” problem while allowing learners to concentrate on control flow separately from vocabulary [Pars2006; Eric2015; Morr2016; Eric2017]. Tools for building and doing Parsons Problems online exist [Ihan2011], but they can be emulated (albeit somewhat clumsily) by asking learners to rearrange lines of code in an editor.

Parsons Problem

Rearrange and indent these lines to sum the positive values in a list. (You will need to add colons in appropriate places as well.)

```
total = 0
if v > 0
total += v
for v in values
```

Note that giving learners more lines than they need, or asking them to rearrange some lines and add a few more, makes Parsons Problems significantly harder [Harm2016].

12.2 TRACING

Tracing execution is the inverse of a Parsons Problem: given a few lines of code, the learner has to trace the order in which those lines are executed. This is an essential debugging skill and a good way to solidify learners’ understanding of loops, conditionals, and the evaluation order of function and method calls. The easiest way to implement it is to have learners write out a sequence of labeled steps. Having them choose the correct sequence from a set (i.e. presenting this as an MCQ) adds cognitive load without adding value, since they have to do all the work of figuring out the correct sequence, then search for it in the list of options.

Tracing Execution Order

In what order are the labeled lines in this block of code executed?

- A) vals = [-1, 0, 1]
- B) inverse_sum = 0
 - try:
 - for v in vals:
- C) inverse_sum += 1/v
 - except:
- D) pass

Tracing values is similar to tracing execution, but instead of spelling out the order in which code is executed, the learner lists the values that one or more variables take on as the program runs. One way to implement this is to give the learner a table whose columns are labeled with variable names and whose rows are labeled with line numbers, and ask them to fill in the values taken on by the variables on those lines.

Tracing Values

What values do `left` and `right` take on as this program executes?

- A) `left = 23`
- B) `right = 6`
- C) `while right:`
- D) `left, right = right, left % right`

Line	left	right

You can also require learners to trace code backwards to figure out what the input must have been for the code to produce a particular result [Armo2008]. These *reverse execution* problems require search and deductive reasoning, and when the output is an error message, they help learners develop valuable debugging skills.

Reverse Execution

Fill in the missing number in values that caused this function to crash.

```
values = [ [1.0, -0.5], [3.0, 1.5], [2.5, ____] ]
runningTotal = 0.0
for (reading, scaling) in values:
    runningTotal += reading / scaling
```

Minimal fix exercises also help learners develop debugging skills. Given a few lines of code that contain a bug, the learner must find it and make one small change to fix it. Making the change can be done using C&R, while identifying it can be done as a multiple choice question.

Minimal Fix

This function is supposed to test whether a number lies within a range. Make one small change so that it actually does so.

```
def inside(point, lower, higher):
    if (point <= lower):
        return false
    elif (point <= higher):
        return false
    else:
        return true
```

Theme and variation exercises are similar, but the learner is asked to make a small alteration that changes the output in some specific way instead of making a change to fix a bug. Allowed changes can include changing a variable's initial value, replacing one function call with another, swapping inner and outer loops, or changing the order

of tests in a complex conditional. Again, this kind of exercise gives learners a chance to practice a useful real-world skill: the fastest way to produce the code they need is to tweak code that already does something close.

Theme and Variations

Change the inner loop in the function below so that it fills the upper left triangle of an image with a specified color.

```
function fillTriangle(picture, color) is
  for x := 1 to picture.width do
    for y := 1 to picture.height do
      picture[x, y] = color
    end
  end
end
```

Refactoring exercises are the complement of theme and variation exercises: given a working piece of code, the learner has to modify it in some way *without* changing its output. For example, the learner could replace loops with vectorized expressions or simplify the condition in a while loop. This is also a useful real-world skill, but there are often so many ways to refactor code that grading requires human inspection.

Refactoring

Write a single list comprehension that has the same effect as this loop.

```
result = []
for v in values:
  if len(v) > threshold:
    result.append(v)
```

12.3 DIAGRAMS

Having learners draw concept maps and other diagrams gives insight into how they're thinking (Section 3.1), but free-form diagrams take human time and judgment to assess. *Labeling diagrams*, on the other hand, is almost as powerful pedagogically but much easier to scale.

Rather than having learners create diagrams from scratch, provide them with a diagram and a set of labels and have them put the latter in the right places on the former. The diagram can be a data structure ("after this code is executed, which variables point to which parts of this structure?"), a chart ("match each of these pieces of code with the part of the chart it generated"), or the code itself ("match each term to an example of that program element").

Labeling a Diagram

Figure 12.1 shows how a small fragment of HTML is represented in memory. Put the labels 1–9 on the elements of the tree to show the order in which they are reached in a depth-first traversal.

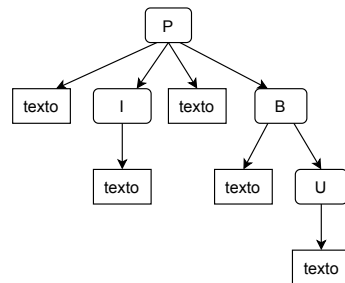


Figure 12.1: Labeling a diagram

Another way to use diagrams is to give learners the pieces of the diagram and ask them to arrange them correctly. This is a visual equivalent of a Parsons Problem, and you can provide as much or as little of a skeleton to help with placement as you think they're ready for. I have fond memories of trying to place resistors and capacitors in a circuit diagram in order to get the right voltage at a certain point, and have seen teachers give learners a fixed set of Scratch blocks and ask them to create a particular drawing using only those blocks.

Matching problems can be thought of as a special case of labeling in which the “diagram” is a column of text and the labels are taken from the other column. *One-to-one matching* gives the learner two lists of equal length and asks them to pair corresponding items, e.g. “match each piece of code with the output it produces.”

Matching

Match each regular expression operator in Figure 12.2 with what it does.

Operator	<input data-bbox="584 1245 619 1276" type="text" value="?"/>	<input data-bbox="687 1245 722 1276" type="text" value="*"/>	<input data-bbox="786 1245 821 1276" type="text" value="+"/>	<input data-bbox="885 1245 920 1276" type="text" value="\$"/>	<input data-bbox="984 1245 1019 1276" type="text" value="^"/>
Action	<input data-bbox="560 1312 643 1344" type="text" value="inicio de línea"/>	<input data-bbox="659 1312 750 1344" type="text" value="cero o uno"/>	<input data-bbox="766 1312 841 1344" type="text" value="fin de línea"/>	<input data-bbox="857 1312 948 1344" type="text" value="uno o más"/>	<input data-bbox="963 1312 1054 1344" type="text" value="cero o más"/>

Figure 12.2: Matching items

With *many-to-many matching* the lists aren't the same length, so some items may be matched to several others and others may not be matched at all. Many-to-many are more difficult because learners can't do easy matches first to reduce their search space. Matching problems can be implemented by having learners submit lists of matching pairs (such as “A3, B1, C2”), but that's clumsy and error-prone. Having them recognize a set of correct pairs in an MCQ is even worse, as it's painfully easy to misread. Drawing or dragging works much better, but may require some work to implement.

Ranking is a special case of matching that is (slightly) more amenable to answering via lists, since our minds are pretty good at detecting errors or anomalies in se-

quences. The ranking criteria determine the level of reasoning required. If you have learners order sorting algorithms from fastest to slowest you are probably exercising recall (i.e. asking them recognizing the algorithms' names and know their properties), while asking them to rank solutions from most robust to most brittle exercises reasoning and judgment.

Summarization also requires learners to use higher-order thinking and gives them a chance to practice a skill that is very useful when reporting bugs. For example, you can ask learners, "Which sentence best describes how the output of *f* changes as *x* varies from 0 to 10?" and then given several options as a multiple choice question. You can also ask for very short free-form answers to questions in constrained domains, such as, "What is the key feature of a stable sorting algorithm?" We can't fully automate checks for these without a frustrating number of false positives (accepting wrong answers) and false negatives (rejecting correct ones), but questions of this kind lend themselves well to peer grading (Section 5.3).

12.4 AUTOMATIC GRADING

Automatic program grading tools have been around longer than I have been alive: the earliest published mention dates from 1960 [Holl1960], and the surveys published in [Douc2005; Ihan2010] mention many specific tools by name. Building such tools is a lot more complex than it might first seem. How are assignments represented? How are submissions tracked and reported? Can learners co-operate? How can submissions be executed safely? [Edwa2014a] is an entire paper devoted to an adaptive scheme for detecting and managing infinite loops in code submissions, and that's just one of the many issues that comes up.

When discussing auto-graders, it is important to distinguish learner satisfaction from learning outcomes. For example, [Magu2018] switched informal programming labs for a second-year CS course to a weekly machine-evaluated test using an auto-grader. Learners didn't like the automated system, but the overall failure rate for the course was halved and the number of learners gaining first class honors tripled. In contrast, [Rubi2014] also began to use an auto-grader designed for competitions, but saw no significant decrease in their learners' dropout rates; once again, learners made some negative comments about the tool, which the authors attribute to the quality of its feedback messages rather than to dislike of auto-grading.

[Srid2016] took a different approach. They used **fuzz testing** (i.e. randomly generated test cases) to check whether learner code does the same thing as a reference implementation supplied by the teacher. In the first project of a 1400-learner introductory course, fuzz testing caught errors that were missed by a suite of hand-written test cases for more than 48% of learners.

[Basu2015] gave learners a suite of solution test cases, but learners had to unlock each one by answering questions about its expected behavior before they were allowed to apply it to their proposed solution. For example, suppose learners had to write a function to find the largest adjacent pair of numbers in a list. Before being allowed to use the question's tests, they had to choose the right answer to, "What does `largestPair(4, 3, -1, 5, 3, 3)` produce?" In a 1300-person university

course, the vast majority of learners chose to validate their understanding of test cases this way before attempting to solve problems, and then asked fewer questions and expressed less confusion about assignments.

Against Off-the-Shelf Tools

It's tempting to use off-the-shelf style checking tools to grade learners' code. However, [Nutb2016] initially found no correlation between human-provided marks and style-checker rule violations. Sometimes this was because learners violated one rule many times (thereby losing more points than they should have), but other times it was because they submitted the assignment starter code with few alterations and got more points than they should have.

Even tools built specifically for teaching can fall short of teachers' needs. [Keun2016a; Keun2016b] looked at the messages produced by 69 auto-grading tools. They found that the tools often do not give feedback on how to fix problems and take the next step. They also found that most teachers cannot easily adapt most of the tools to their needs: like many workflow tools, they tend to enforce their creators' unrecognized assumptions about how institutions work. Their classification scheme is a useful shopping list when looking at tools of this kind.

[Buff2015] presents a well-informed reflection on the whole idea of providing automated feedback. Their starting point is that, “Automated grading systems help learners identify bugs in their code, [but] may inadvertently discourage learners from thinking critically and testing thoroughly and instead encourage dependence on the teacher’s tests.” One of the key issues they identified is that a learner may thoroughly test their code, but the feature may still not be implemented according to the teacher’s specifications. In this case, the “failure” is not caused by a lack of testing but by a misunderstanding of the requirements, and it is unlikely that more testing will expose the problem. If the auto-grading system doesn’t provide insightful, actionable feedback, this experience will only frustrate the learner.

In order to provide that feedback, [Buff2015]’s system identifies which methods in the learner’s code are executed by failing tests so that the system can associate failed tests with particular features within the learner’s submission. The system decides whether specific hints have been “earned” by seeing whether the learner has tested the associated feature enough, so learners cannot rely on hints instead of doing tests.

[Srid2016] describes some other approaches for sharing feedback with learners when automatically testing their code. The first is to provide the expected output for the tests—but then learners hard-code output for those inputs (because anything that can be gamed will be). The second is to report the pass/fail results for the learners’ code, but only supply the actual inputs and outputs of the tests after the submission date. However, telling learners that they are wrong but not telling them why is frustrating.

A third option is to use a technique called **hashing** to generate a value that depends

on the output but doesn't reveal it. If the user produces exactly the right output then its hash will unlock the solution, but it is impossible to work backward from the hash to figure out what the output is supposed to be. Hashing requires more work and explanation to set up, but strikes a good balance between revealing answers prematurely and not revealing them when it would help.

12.5 HIGHER-LEVEL THINKING

Many other kinds of programming exercises are hard for teachers to assess in a class with more than handful of learners and equally hard for automated platforms to assess at all. Larger programming projects are (hopefully) what classes are building toward, but the only way to give feedback is case by case.

Code review is also hard to grade automatically in general, but can be tackled if learners are given a list of faults to look for and asked to match particular comments against particular lines of code. For example, the learner can be told that there are two indentation errors and one bad variable name and asked to point them out. If they are more advanced, they could be given half a dozen kinds of remarks they could make about the code without being told how many of each they should find.

[Steg2016b] is a good starting point for a code style rubric, while [Luxt2009] looks at peer review in programming classes more generally. If you are going to have learners do reviews, use calibrated peer review (Section 5.3) so that they have models of what good feedback should look like.

Code Review

Mark the problems in each line of code using the rubric provided.

```
01) def addem(f):
02)     x1 = open(f).readlines()
03)     x2 = [x for x in x1 if x.strip()]
04)     changes = 0
05)     for v in x2:
06)         print('total', total)
07)         tot = tot + int(v)
08)     print('total')
```

- | | |
|-------------------------|------------------------------|
| 1. poor variable name | 2. use of undefined variable |
| 3. missing return value | 4. unused variable |

12.6 EXERCISES

CODE AND RUN (PAIRS/10)

Create a short C&R exercise, then trade with a partner and see how long it takes each of you to understand and do the other's exercise. Were there any ambiguities or misunderstandings in the exercise description?

INVERTING CODE AND RUN (SMALL GROUPS/15)

Form groups of 4–6 people. Have each member of the group create an inverted C&R exercise that requires people to figure out what input produces a particular output. Pick two at random and see how many different inputs the group can find that satisfy the requirements.

TRACING VALUES (PAIRS/10)

Write a short program (10–15 lines), trade with a partner, and trace how the variables in the program change value over time. What differences are there in how you and your partner wrote down your traces?

REFACTORING (SMALL GROUPS/15)

Form groups of 3–4 people. Have each person select a short piece of code (10–30 lines long) they have written that isn't as tidy as it could be, then choose one at random and have everyone in the group tidy it up independently. How do your cleaned-up versions differ? How well or how poorly would you be able to accommodate all of these variations if marking automatically or in a large class?

LABELING A DIAGRAM (PAIRS/10)

Draw a diagram showing something that you have explained recently: how browsers fetch data from servers, the relationship between objects and classes, or how data frames are indexed in R. Put the labels on the side and ask your partner to place them.

PENCIL-AND-PAPER PUZZLES (WHOLE CLASS/15)

[Butl2017] describes a set of pencil-and-paper puzzles that can be turned into introductory programming assignments and reports that these assignments are enjoyed by learners and encourage meta-cognition. Think of a simple pencil-and-paper puzzle or game you played as a child and describe how you would turn it into a programming exercise.

COUNTING FAILURES (PAIRS/15)

Any useful estimate of how much time an exercise needs must take into account how frequent failures are and how much time is lost to them. For example, editing text files seems like a simple task, but what about finding those files? Most GUI editors save things to the user's desktop or home directory; if the files used in a course are stored somewhere else, a substantial fraction won't be able to navigate to the right directory without help. (If this seems like a small problem to you, please revisit the discussion of expert blind spot in Chapter 3.)

Working with a partner, make a list of “simple” things you have seen go wrong in exercises you have used or taken. How often do they come up? How long do they take learners to fix on their own or with help? How much time do you currently budget in class to deal with them?

SPEAKING OF TIMINGS (INDIVIDUAL/10)

How accurate have the time estimates on the exercises in this book been so far?

|

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13 Construyendo una comunidad de práctica

No tienes que arreglar todos los males de la sociedad para enseñar programación, pero *si* te tienes que involucrar en lo que sucede fuera de tu clase si quieres que las personas aprendan. Esto se aplica tanto a las personas que enseñan como a las que aprenden: muchos docentes free-range comienzan como voluntarios o como trabajadores a medio tiempo y deben hacer malabares con sus clases y muchos otros compromisos. Lo que sucede fuera del aula es tan importante para su éxito como lo es para sus estudiantes, así que la mejor manera de ayudar a ambos es fomentar una comunidad de enseñanza.

Finlandia y por qué no

Las escuelas de Finlandia se encuentran entre las más exitosas del mundo, pero como Anu Partanen señaló¹, no han tenido éxito solas. Los intentos de otros países por adoptar métodos de enseñanza finlandeses están condenados al fracaso a menos que esos países también garanticen que los niños (y sus padres) estén seguros, bien alimentados, y tratados justamente por las cortes [Sahl2015; Wilk2011]. Esto no es ninguna sorpresa dado lo que sabemos sobre la importancia de la motivación para el aprendizaje (Chapter 10): todas las personas lo harán peor si creen que el sistema es impredecible, injusto o indiferente.

Un marco para pensar sobre las comunidades de enseñanza es el **aprendizaje situado**, que se centra en cómo una **participación periférica legítima** lleva a las personas a convertirse en miembros de una **comunidad de práctica** [Weng2015]. Analizando esos términos, una comunidad de práctica es un grupo de personas unidas por su interés en alguna actividad, como tejer o la física de partículas. La participación periférica legítima significa realizar tareas simples y de bajo riesgo que la comunidad reconoce como contribuciones válidas: hacer tu primera bufanda, llenar sobres durante una campaña electoral, o revisar documentación de software de código abierto.

El aprendizaje situado se centra en la transición de ser un recién llegado a ser aceptado como un compañero por aquellos que ya son miembros de la comunidad. Esto generalmente significa comenzar con tareas y herramientas simples, luego hacer tareas similares con herramientas más complejas, y finalmente abordar el mismo trabajo que los practicantes avanzados. Por ejemplo, los niños que aprenden música pueden comenzar tocando canciones infantiles en una grabadora o un ukelele, luego tocan otras canciones simples en una trompeta o saxofón en una banda, y finalmente

¹<https://www.theatlantic.com/national/archive/2011/12/what-americans-keep-ignoring-about-finlands-school-success/250564/>

comienzan a explorar sus propios gustos musicales. Las formas comunes de apoyar esta progresión incluyen:

Resolución de problemas: “No puedo avanzar — ¿podemos trabajar en el diseño de esta lección juntos? ”

Requests for information: “¿Cuál es la contraseña para el administrador de la lista de correo? ”

Búsqueda de experiencia: “¿Alguien ha tenido un alumno con discapacidad para leer? ”

Compartir recursos: “El año pasado armé un sitio web para una clase que puedes usar como punto de partida ”.

Coordinación: “¿Podemos hacer nuestros pedidos de camisetas juntos para obtener un descuento? ”

Construir un argumento: “Será más fácil convencer a mi jefe para que haga cambios si sé cómo otros campistas hacen esto ”.

Documentar proyectos: “Hemos tenido este problema cinco veces ahora. Vamos a escribirlo de una vez por todas ”.

Mapeo del conocimiento: “¿Qué otros grupos están haciendo cosas como esta en vecindarios o ciudades cercanas? ”

Visitas: “¿Podemos venir a ver su programa extracurricular? Necesitamos establecer uno en nuestra ciudad ”.

En términos generales², Una comunidad de práctica puede ser:

Comunidad de acción: personas enfocadas en un objetivo compartido, como conseguir que un candidato sea elegido.

Comunidad de preocupación: los miembros se unen por un problema compartido, como tratar una enfermedad a largo plazo.

Comunidad de interés: enfocado en un amor compartido por algo como el backgammon o tejer.

Comunidad de lugar: personas que viven o trabajan juntas.

La mayoría de las comunidades son mezclas de estos tipos, como las personas en Toronto a las que les gusta enseñar tecnología. El enfoque de una comunidad también puede cambiar con el tiempo: por ejemplo, un grupo de apoyo para personas que padecen depresión (comunidad de interés) puede decidir recaudar fondos para mantener una línea de ayuda (comunidad de acción). Mantener el funcionamiento la línea de ayuda puede convertirse en el foco del grupo (comunidad de interés).

Sopa, luego himnos

Los manifestos son divertidos de escribir, pero la mayoría de las personas se unen a una comunidad de voluntarios para ayudar y ser ayudados en

²<https://www.feverbee.com/types-of-community-and-activity-within-the-community/>

lugar de discutir sobre la redacción de una declaración de visión³. Por lo tanto, debes centrarte en qué personas pueden crear lo que otros miembros de la comunidad usarán de inmediato. Una vez que tu organización demuestre que puede lograr cosas pequeñas, la gente estará más segura de que vale la pena ayudarte con proyectos más grandes. Es el momento de preocuparse por definir los valores que guiarán a sus miembros.

13.1 APRENDE, LUEGO HAZ

El primer paso para construir una comunidad es decidir si deberías construirla, o si sería más efectivo unirse a una organización existente. Miles de grupos ya están enseñando habilidades tecnológicas a las personas, desde los 4-H Club⁴ y los programas de alfabetización⁵ hasta organizaciones sin fines de lucro que te inician en la programación como Black Girls Code⁶ y Bridge⁷. Unirse a un grupo existente te dará ventaja en la enseñanza, un conjunto inmediato de colegas, y una oportunidad de aprender más sobre cómo manejar las cosas; Con suerte, ir aprendiendo esas habilidades mientras haces una contribución inmediata será más importante que poder decir que sos el fundador o líder de algo nuevo.

Ya sea que te unas a un grupo existente o inicies uno propio, serás más efectivo si lees un poco sobre como organizar una comunidad. [Alin1989; Lake2018] probablemente es el trabajo más conocido sobre organización de grupos de base, mientras que [Brow2007; Midw2010; Lake2018] son manuales prácticos basados en décadas de experiencia. Si quieres leer más profundamente, [Adam1975] es la historia de la Highlander Folk School, cuyo enfoque ha sido emulado por muchos grupos exitosos, mientras que [Spal2014] es una guía para enseñar a adultos escrita por alguien con profundas raíces personales en la organización y NonprofitReady.org⁸ ofrece capacitación profesional gratuita.

13.2 CUATRO PASOS

Todas las personas que se involucren con tu organización (incluyéndote) pasa por cuatro fases: reclutamiento, incorporación, retención y retiro. No necesitas preocuparte por este ciclo cuando estés comenzando, pero vale la pena pensar en este tema tan pronto como más de un puñado de personas no fundadoras estén involucradas.

El primer paso es reclutar voluntarias y voluntarios. Tu estrategia de marketing debería ayudarte con esto haciendo que tu organización sea localizable y que tu misión y valor sean claros para las personas que quieran involucrarse

³Las personas que prefieren lo último a menudo están *solo* interesadas en discutir. . .

⁴<http://www.4-h-canada.ca/>

⁵<https://www.frontiercollege.ca/>

⁶<http://www.blackgirlscode.com/>

⁷<http://bridgeschool.io/>

⁸<https://www.nonprofitready.org/>

(Chapter 14). Comparte historias que ejemplifiquen el tipo de ayuda que desea así como historias sobre las personas a las que estás ayudando, y deja en claro que hay muchas maneras de involucrarse. (Discutiremos esto con más detalle en la siguiente sección).

Tu mejor fuente de nuevos reclutas son tus propias clases: “ver uno, hacer uno, enseñar uno” ha funcionado bien para organizaciones voluntarias durante el tiempo que ha *habido* organizaciones voluntarias. Asegúrate que cada clase u otro encuentro termina diciéndole a las personas cómo pueden ayudar y que su ayuda será bienvenida. Las personas que vienen a ti de esta manera sabrán lo que haces y tienen la experiencia reciente de ser receptores de lo que ofreces, lo que ayuda a tu organización a evitar el punto ciego experto colectivo (Chapter 3).

Empieza pequeño

Ben Franklin⁹ observó que una persona que le ha hecho un favor a alguien es más probable que les vuelva a hacer otro favor que alguien que había recibido un favor de esa persona. Por lo tanto, pedirle a la gente que haga algo pequeño por ti es un buen paso para lograr que hagan algo más grande. Una forma natural de hacer esto al enseñar es pedirle a la gente que corrijan la redacción o errores ortográficos en los materiales de tus lecciones, o que sugieran nuevos ejercicios o ejemplos. Si tus materiales están escritos de una manera mantenible (Section 6.3), les da la oportunidad de practicar algunas habilidades útiles y te da la oportunidad de comenzar una conversación que podría conducir a una nueva incorporación a tu organización.

La mitad del ciclo de vida voluntario es la incorporación y la retención, que cubriremos en las Secciones 13.3 y ???. El último paso es cuando un miembro deja de ser parte de la organización: eventualmente, todas las personas se mueven, y las organizaciones saludables planean ese momento. Algunas cosas simples pueden hacer que, tanto la persona que se va, como todas las que se quedan se sientan de forma positiva sobre el cambio:

Pide a las personas que sean explícitas sobre su partida. para que todos sepan que realmente se han ido.

Asegúrate de que no se sientan con vergüenza de irse o sobre cualquier otra cosa.

Dales la oportunidad de transmitir sus conocimientos. Por ejemplo, puedes pedirles que mentoreen a alguien durante algunas semanas como su última contribución, o que alguien se queda en la organización les realice una entrevista para recopilar cualquier historia que valga la pena volver a contar.

Asegúrate que entreguen las llaves. Es incómodo descubrir seis meses después de que alguien se fué que es la única persona que sabe cómo reservar un lugar para el picnic anual.

⁹https://en.wikipedia.org/wiki/Ben_Franklin_effect

Contáctalos 2 a 3 meses después de que se vayan para ver si tienen más ideas sobre lo que funcionó y lo que no funcionó mientras estuvieron contigo, o algún consejo para ofrecer que tampoco pensaron dar o que se sentían incómodos de dar mientras salían por la puerta.

Agradeceles, tanto cuando se van como la próxima vez que tu grupo se reúna.

Un manual que falta

Se han escrito miles de libros sobre cómo iniciar una empresa. Solo unos pocos describen cómo terminar una o cómo dejarla con gracia, a pesar de que hay un final para cada comienzo. Si alguna vez escribes uno, por favor hacemelo saber.

13.3 INCORPORACIÓN

Después de decidir formar parte de un grupo, la gente necesita ponerse al día, y [Shol2019] resume lo que sabemos sobre hacer esto. La primera regla es tener y hacer cumplir un código de conducta (Section 9.1), y encontrar una parte independiente que esté dispuesta a recibir y revisar informes de comportamiento inapropiado. Alguien fuera de la organización tendrá la objetividad que los miembros de la organización pueden carecer, y puede proteger a quienes reporten los incidentes para que no duden en plantear problemas relacionados con las personas encargadas del proyecto por temor a represalias o daños a su reputación. El equipo que lidera el proyecto debe publicar las decisiones donde se aplique el código de conducta para que la comunidad reconozca que el código es significativo.

La siguiente regla más importante es ser amigable. Como dijo Fogel [Foge2005], “Si un proyecto no hace una primera buena impresión, los recién llegados van a esperar mucho tiempo antes de darle una segunda oportunidad.” Otros autores han confirmado empíricamente la importancia de los entornos sociales amables y educados en proyectos abiertos [Sing2012; Stei2013; Stei2018]:

Publica un mensaje de bienvenida en las páginas de redes sociales, canales de Slack, foros o listas de correo electrónico del proyecto. Los proyectos podrían considerar mantener un canal o lista de “Bienvenida” exclusivos para ese fin, donde alguna de las personas que lidera el proyecto o gestiona la comunidad escribe una breve publicación pidiendo a los recién llegados que se presenten.

Ayuda a las personas a encontrar una manera de hacer una contribución inicial, como etiquetar lecciones particulares o talleres que necesitan trabajo como “adecuados para los recién llegados” y pidiendo a los miembros ya establecidos que no los arreglen para asegurar que haya lugares adecuados para que los recién llegados comiencen a trabajar.

Dirige a las personas recién llegadas a otras personas del proyecto similares a ellas para demostrarles que pertenecen.

Indícale los recursos esenciales del proyecto a las personas recién llegadas como las pautas de contribución.

Designa una o dos personas del proyecto como contacto. para cada nueva persona recién llegada. Hacer esto puede hacer que quienes recién llegan sean menos reacios a hacer preguntas.

Una tercera regla que ayuda a todas las personas (no solo a quienes recién llegan) es hacer que el conocimiento se pueda encontrar y mantenerlo actualizado. Las personas nuevas son como exploradores que deben orientarse dentro de un paisaje desconocido [Dage2010]. La información que se distribuye generalmente hace que las nuevas personas se sientan perdidas y desorientadas. Dadas las diferentes posibilidades de lugares para mantener la información (por ejemplo, wikis, archivos en control de versiones, documentos compartidos, tweets antiguos o mensajes de Slack y archivos de correo electrónico) es importante mantener la información sobre un tema específico consolidada en un solo lugar para que las personas nuevas no necesiten navegar por múltiples fuentes de datos para encontrar lo que necesitan. Organizar la información hace que las personas recién llegadas tengan más confianza y mejor orientación [Stei2016].

Finalmente, reconoce las primeras contribuciones de quienes recién inician y piensa dónde y cómo podrían ayudar a largo plazo. Una vez que han realizado exitosamente su primera contribución, es probable que ambos tengan una mejor idea de lo que tienen para ofrecer y cómo el proyecto puede ayudarlos. Ayuda a las personas nuevas a encontrar el siguiente problema en el que tal vez quieran trabajar o guíalos al siguiente tema que podrían disfrutar leyendo. En particular, animarles a ayudar a la próxima ola de nuevas personas es una buena manera de reconocer lo que han aprendido y una forma efectiva de transmitirlo.

13.4 RETENCIÓN

Si tu gente no se divierte, algo está muy mal.
— Saul Alinsky

Quienes participan de la comunidad no deberían esperar disfrutar cada momento de su trabajo con tu organización, pero si no disfrutan nada de eso, no se quedarán. El disfrute no necesariamente significa tener una fiesta anual: la gente puede disfrutar cocinar, entrenar a otras personas, o simplemente trabajar en silencio junto a otros y otras. Hay varias cosas que toda organización debe hacer para garantizar que las personas obtienen algo que valoran de su trabajo:

Pregunta a las personas qué quieren en vez de adivinar. Así como no sos tus estudiantes (Section 6.1), probablemente seas diferente de otras personas de tu organización. Pregúntales a las personas qué quieren hacer, que se sienten cómodas haciendo (que puede no ser lo mismo), y qué limitaciones de tiempo tienen. Pueden llegar a decir: “Cualquier cosa”, pero incluso una breve conversación probablemente ayude a descubrir el hecho de que les gusta interactuar con las personas, pero prefiere no administrar las finanzas del grupo o viceversa.

Proporcionar muchas formas de contribuir. Cuantas más formas haya para que las personas ayuden, más personas podrán hacerlo. Alguien a quien no le gusta estar frente a una audiencia puede mantener el sitio web de su organización, manejar sus cuentas o corregir las lecciones.

Reconoce las contribuciones. A todos y todas nos gusta que nos aprecien, así que las comunidades deben reconocer las contribuciones de sus miembros, tanto en público como en privado, mencionándolas en presentaciones, poniéndolas en el sitio web, etc. Cada hora que alguien le haya dado a tu proyecto puede ser una hora quitada de su vida personal o de su empleo oficial; reconoce ese hecho y deja en claro que, si bien más horas serían bienvenidas, no esperas que hagan sacrificios insostenibles.

Haz espacio. Crees que estás siendo útil, pero intervenir en cada decisión priva a las personas de su autonomía, lo que reduce su motivación (Section 10). En particular, si siempre eres quien responde primero a correos electrónicos o mensajes de chat, las personas tienen menos oportunidades de crecer como miembros y crear colaboraciones horizontales. Como resultado, la comunidad continuará centrada en una o dos personas en lugar de convertirse en una red altamente conectada en la que otros y otras se sientan cómodos participando.

Otra forma de recompensar la participación es ofrecer capacitación. Las organizaciones necesitan presupuestos, propuestas de subvenciones y resolución de disputas. A la mayoría de las personas nunca se les enseña cómo hacer estas tareas más de lo que se les enseña a enseñar, así que la oportunidad de adquirir habilidades transferibles es una razón poderosa para que las personas se involucren y se mantengan involucradas. Si vas a hacer esto, no intentes proporcionar la capacitación tú mismo a menos que sea en lo que te especialices. Muchos grupos cívicos y comunitarios tienen programas de este tipo y probablemente puedas llegar a un acuerdo con alguno de ellos.

Finalmente, mientras que las personas voluntarias pueden hacer mucho, tareas como la administración del sistema y la contabilidad eventualmente necesitan personal remunerado. Cuando llegue a este punto, no pagues nada paga un salario adecuado. Si no les paga nada, su verdadera recompensa es la satisfacción de hacer el bien; por otro lado, si les pagas una cantidad simbólica, le quitas esa satisfacción sin darles la posibilidad de ganarse la vida.

13.5 GOVERNANZA

Cada organización tiene una estructura de poder: la única pregunta es si es formal y explicable o informal y, por lo tanto, inexplicable [Free1972]. Esta última forma, en realidad, funciona bastante bien para grupos de hasta media docena de personas en las que todos y todas se conocen. Más allá de esa cantidad, necesitas reglas para explicar quién tiene la autoridad para tomar qué decisiones y cómo lograr consenso (Section E.1).

El modelo de gobierno que prefiero se denomina **commons** (como en un bien común), donde la administración se realiza conjuntamente por la comunidad, de

acuerdo con las reglas que ella misma ha desarrollado y adoptado [Ostr2015]. Como subraya [Boll2014], las tres partes de esa definición son esenciales: commons no es solo una pastura compartida o un conjunto de bibliotecas de software, sino que también incluye a la comunidad que lo comparte y las reglas que usan para hacerlo.

Los modelos más populares son las corporaciones con fines de lucro y las organizaciones sin fines de lucro; la mecánica varía de una jurisdicción a otra, por lo que debes buscar asesoramiento antes de elegir¹⁰. Ambos tipos de organización tienen la máxima autoridad en su junta o directorio. En términos generales, se trata de un **directorio o junta de servicio** cuyos miembros también asumen otras funciones en la organización o un **directorio o junta** cuya responsabilidad principal es contratar, supervisar y, si es necesario, despedir al director. Los miembros de la junta pueden ser elegidos por la comunidad o nombrados; en cualquier caso, es importante priorizar la capacidad sobre la pasión (la última es más importante para la base de la organización) y tratar de reclutar habilidades particulares como contabilidad, marketing, etc.

Elige la democracia

Cuando llegue el momento, haz de tu organización una democracia: tarde o temprano (generalmente más temprano que tarde), cada junta designada se convierte en una sociedad de mutuo acuerdo. Darle poder a sus miembros es complicado, pero es la única forma inventada hasta ahora para garantizar que las organizaciones continúen satisfaciendo las necesidades reales de las personas.

13.6 CUÍDATE

El Síndrome de desgaste ocupacional (*burnout* en inglés) es un riesgo crónico en cualquier actividad comunitaria [Pign2016], así que aprende a decir no más seguido de lo que dices sí. Si no te cuidas, no podrás cuidar a tu comunidad.

Quedándose sin “No”

*Investigaciones en la década de 1990 parecían mostrar que nuestra capacidad de ejercer fuerza de voluntad es finita: si tenemos que resistirnos a comer la última dona en la caja cuando tenemos hambre, somos menos propensos a doblar la ropa y viceversa. Este fenómeno se llama **agotamiento del ego**, y si bien los estudios recientes no han podido replicar esos primeros resultados [Hagg2016], decir “sí” cuando estamos demasiado cansados para decir “no” es una trampa en la que caen muchos organizadores.*

Una forma de asegurarte de cumplir con tu “no” es escribir una lista de cosas que vale la pena hacer pero que *no* vas a hacer. Al momento de escribir este libro, mi

¹⁰Este es uno de los momentos en que vale la pena tener vínculos con el gobierno local u otras organizaciones afines.

lista incluye cuatro libros, dos proyectos de software, el rediseño de mi sitio web personal, y aprender a tocar el silbato.

Finalmente, recuerda de vez en cuando que eventualmente toda organización necesita ideas y liderazgo nuevos. Cuando llegue ese momento, entrena a tus sucesores y continúa con la mayor gracia posible. Indudablemente harán cosas que tú no harías, pero pocas cosas en la vida son tan satisfactorias como ver algo que ayudaste a construir adquiere vida propia. Celebra eso — no tendrás ningún problema para encontrar otra cosa que te mantenga ocupado/a.

13.7 EJERCICIOS

Varios de estos ejercicios se toman de [Brow2007].

¿QUÉ TIPO DE COMUNIDAD? (INDIVIDUAL/15)

Vuelve a leer la descripción de los cuatro tipos de comunidades. y decide cuál/cuales es o aspira ser su grupo.

PERSONAS QUE PUEDES CONOCER (GRUPOS PEQUEÑOS/30)

Como organizador/a, a veces, parte de tu trabajo, es ayudar a las personas a encontrar una manera de contribuir a pesar de sí mismas. En pequeños grupos, elige tres de las personas a continuación y discute cómo los ayudarías a convertirse en una mejor contribuyente para tu organización.

Ana sabe más sobre cada tema que todas las demás personas juntas — al menos, ella cree que lo hace. No importa lo que digas, ella te corregirá; no importa lo que sepas, ella lo sabe mejor.

Catalina tiene tan poca confianza en su propia habilidad que no tomará ninguna decisión, sin importar que tan pequeña sea, hasta que no haya consultado con alguien más.

Fernando disfruta saber cosas que otras personas no saben. Puede hacer milagros, pero cuando se le pregunta cómo lo hizo, sonreirá y dirá: “Oh, estoy seguro de que puedes resolverlo”.

Andrea es tranquila. Nunca habla en las reuniones, incluso cuando sabe que otras personas están equivocadas. Podría contribuir a la lista de correo, pero es muy sensible a las críticas y siempre retrocede en lugar de defender su punto.

René aprovecha el hecho de que la mayoría de las personas preferiría hacer su parte del trabajo que quejarse de él. Lo frustrante es que es tan plausible cuando alguien finalmente lo confronta. ‘Ha habido errores en todos lados,’ dice él, o, ‘Bueno, creo que estás siendo un poco quisquilloso.’

Melisa tiene buenas intenciones pero de alguna manera siempre surge algo y sus tareas nunca terminan hasta el último momento posible. Por supuesto, eso significa

que todos los que dependen de ella no pueden hacer su trabajo hasta *después* del último momento posible ...

Roberto Es grosero. “Así es la forma en que hablo”, dice. “Si no puedes hackearlo, ve a buscar otro equipo”. Su frase favorita es: “Eso es estúpido”. y usa una obscenidad en cada segunda oración.

VALORES (GRUPOS PEQUEÑOS/45)

Responde estas preguntas por tu cuenta y luego compara tus respuestas con las de los demás.

1. ¿Cuáles son los valores que expresa tu organización?
2. ¿Son estos los valores que deseas que la organización exprese?
3. Si tu respuesta es no, ¿qué valores te gustaría expresar?
4. ¿Cuáles son los comportamientos específicos que demuestran esos valores?
5. ¿Qué comportamientos demostrarían lo contrario de esos valores?

PROCEDIMIENTOS DE REUNIONES (GRUPOS PEQUEÑOS/30)

Responde estas preguntas por tu cuenta y luego compara tus respuestas con las de los demás.

1. ¿Cómo se llevan a cabo las reuniones?
2. ¿Es así como quieres que se realicen tus reuniones?
3. ¿Las reglas para ejecutar reuniones son explícitas o simplemente se asumen?
4. ¿Estas son las reglas que quieres?
5. ¿Quién es elegible para votar o tomar decisiones?
6. ¿Son estas personas las que quieres que se le otorgue autoridad para tomar decisiones?
7. ¿Utilizan la regla de la mayoría, toman decisiones por consenso u otra cosa?
8. ¿Es así como quieres tomar decisiones?
9. ¿Cómo saben las personas en una reunión cuándo se ha tomado una decisión?
10. ¿Cómo saben las personas que no estuvieron en una reunión qué decisiones se tomaron?
11. ¿Funciona esto para tu grupo?

TAMAÑO (GRUPOS PEQUEÑOS/20)

Responde estas preguntas por tu cuenta y luego compara tus respuestas con las de los demás.

1. ¿Qué tan grande es tu grupo?
2. ¿Es este el tamaño que deseas para su organización?
3. Si tu respuesta es no, ¿de qué tamaño te gustaría que fuera?
4. ¿Tienes algún límite en cuanto a la cantidad de miembros?
5. ¿Te beneficiarías de establecer ese límite?

CONVERTIRSE EN MIEMBRO (GRUPOS PEQUEÑOS/45)

Responde estas preguntas por tu cuenta y luego compara tus respuestas con las de los demás.

1. ¿Cómo se une alguien a tu grupo?
2. ¿Qué tan bien funciona este proceso?
3. ¿Hay cuotas de membresía?
4. ¿Se requiere que las personas estén de acuerdo con alguna regla de comportamiento al unirse?
5. ¿Son estas las reglas de comportamiento que quieres?
6. ¿Cómo descubren las personas recién llegadas lo que hay que hacer?
7. ¿Qué tan bien funciona este proceso?

DOTACIÓN DE PERSONAL (GRUPOS PEQUEÑOS/30)

Responde estas preguntas por tu cuenta y luego compara tus respuestas con las de los demás.

1. ¿Tiene personal pagado en su organización? o son todos y todas voluntarios?
2. ¿Deberías tener personal pago?
3. ¿Quieres / necesitas más o menos personal?
4. ¿Qué hacen los miembros del personal?
5. ¿Son estos los roles y funciones principales que necesitas que el personal desempeñe?
6. ¿Quién supervisa a tu personal?
7. ¿Es este el proceso de supervisión que quieres para tu grupo?
8. ¿Cuánto le pagan a tu personal?
9. ¿Es este el salario adecuado para realizar el trabajo necesario?

DINERO (GRUPOS PEQUEÑOS/30)

Responde estas preguntas por tu cuenta y luego compara tus respuestas con las de los demás.

1. ¿Quién paga y por qué?
2. Is this who you want to be paying? ¿Es a él a quien le quieres pagar? ¿Es por esto y a quien le quieres pagar?
3. ¿De dónde sacas/obienes tu dinero?
4. ¿Es así como quieres obtener tu dinero?
5. Si no, ¿tiene algún plan para hacerlo de otra manera?
6. Si es así, ¿cuáles son esos planes?
7. ¿Quién está siguiendo estos planes para asegurarse de que suceda?
8. ¿Cuánto dinero tienes?
9. ¿Cuánto dinero necesitas?
10. ¿En qué gastas la mayor parte de tu dinero?
11. ¿Es así como quieres gastar tu dinero?

TOMANDO IDEAS PRESTADAS (TODA LA CLASE/15)

Muchas de mis ideas sobre cómo construir una comunidad han sido moldeadas por mi experiencia en el desarrollo de software de código abierto. [Foge2005] (que es disponible en línea¹¹) es una buena guía de lo que ha funcionado y lo que no ha funcionado para esas comunidades, y el sitio de guías de código abierto¹² tiene una gran cantidad de información útil también. Elige una sección de este último recurso, como “Encontrar usuarios para su proyecto (*Finding Users for Your Project* en inglés)” o “Liderazgo y gobernanza (*Leadership and Governance* en inglés)” y presenta al grupo, en dos minutos, una idea que encuentre útil o con la que estuviste muy en desacuerdo.

¿QUIÉN ERES TÚ? (GRUPOS PEQUEÑOS/20)

La Administración Nacional Oceánica y Atmosférica (NOAA por sus siglas en inglés) tiene una guía breve, útil y divertida para lidiar con comportamientos disruptivos¹³. Clasifica esos comportamientos bajo etiquetas como “hablador”, “indecisa” y “tímida”. y describe estrategias para manejar cada una. En grupos de 3 a 6 personas, lean la guía y decidan cuál de estas descripciones les queda mejor. ¿Crees que las estrategias descritas para manejar personas como tú son efectivas? ¿Son otras estrategias igualmente o más efectivas?

CREANDO LECCIONES ENTRE TODOS Y TODAS (GRUPOS PEQUEÑOS/30)

Una de las claves del éxito de the Carpentries¹⁴ es su énfasis en construir y mantener lecciones en forma colaborativa [Wils2016; Deve2018]. Trabajando en grupos de 3–4:

1. Elige una lección breve que todos/as hayan usado.
2. Haz una revisión cuidadosa para crear una única lista con sugerencias de mejoras.
3. Ofrece esas sugerencias al autor de la lección.

¿ESTÁS CRUJIENTE? (INDIVIDUAL/10)

Johnathan Nightingale escribió¹⁵:

Cuando trabajaba en Mozilla, utilizamos el término “crujiente” (*crispy* en inglés) para referirnos al estado justo antes de llegar al síndrome de desgaste ocupacional. Las personas que son crujientes no son divertidas. Son descorteses.

¹¹<http://producingoss.com/>

¹²<https://opensource.guide/>

¹³<https://coast.noaa.gov/ddb/>

¹⁴<http://carpentries.org>

¹⁵<https://mailchi.mp/d54702d0a790/take-my-horse-to-the-sand-hill-road>

Están ansiosos por una pelea que pueden ganar. Lloran sin mucha advertencia. ... reconoceríamos lo "crujiente" de nuestros colegas y nos cuidaríamos mutuamente [pero] es una cosa fea, que vimos tanto, que tuvimos un proceso cultural completo a su alrededor.

Responde “sí” o “no” a cada una de las siguientes preguntas. ¿Qué tan cerca estás de tener síndrome de desgaste ocupacional?

- ¿Te has vuelto cínica/o o crítica/o en el trabajo?
- ¿Tienes que arrastrarte al trabajo o tienes problemas para comenzar a trabajar?
- ¿Te has vuelto irritable o impaciente con tus compañeros de trabajo?
- ¿Te resulta difícil concentrarte?
- ¿No logras satisfacción de tus logros?
- ¿Estás usando comida, drogas o alcohol para sentirte mejor o simplemente no sentir?

14 Outreach

It's fashionable in tech circles to disparage universities and government institutions as slow-moving dinosaurs, but in my experience they are no worse than companies of similar size. Your local school board, library, and your city councilor's office may be able to offer space, funding, publicity, connections with other groups that you may not have met yet, and a host of other useful things; getting to know them can help you solve or avoid problems in the short term and pay dividends down the road.

14.1 MARKETING

People with academic or technical backgrounds often think that **marketing** is about spin and misdirection. In reality, it's about seeing things from other people's perspective, understanding their wants and needs, and explaining how you can help them—in short, how to teach them. This chapter will look at how to use ideas from the previous chapters to get people to understand and support what you're doing.

The first step is to figure out what you are offering to whom, i.e. what actually brings in the volunteers, funding, and other support you need to keep going. The answer is often counter-intuitive. For example, most scientists think their papers are their product, but it's actually their grant proposals, because those are what brings in grant money [Kuch2011]. Their papers are the advertising that persuades people to fund those proposals, just as albums are now what persuades people to buy musicians' concert tickets and t-shirts.

Suppose that your group offers weekend programming workshops to people who are re-entering the workforce after being away for several years. If workshop participants can pay enough to cover your costs, then they are your customers and the workshops are the product. If, on the other hand, the workshops are free or the learners are only paying a token amount to cut the no-show rate, then your actual product may be some mix of:

- your grant proposals;
- the alumni of your workshops that the companies sponsoring you would like to hire;
- the half-page summary of your workshops in the mayor's annual report to city council that shows how she's supporting the local tech sector; or
- the personal satisfaction that volunteers get from teaching.

As with lesson design (Chapter 6), the first steps in marketing are to create personas of people who might be interested in what you're doing and to figure out which of their needs you can meet. One way to summarize the latter is to write **elevator pitches** aimed at different personas. A widely used template for these is:

For	<i>target audience</i>
who	<i>dissatisfaction with what's currently available</i>
our	<i>category</i>
provide	<i>key benefit.</i>
Unlike	<i>alternatives</i>
our program	<i>key distinguishing feature.</i>

Continuing the weekend workshop example, we could use this pitch for participants:

For people re-entering the workforce after being away for several years who still have family responsibilities, our introductory programming workshops provide weekend classes with on-site childcare. Unlike online classes, our program gives people a chance to meet others at the same stage of life.

and this one for decision makers at companies that might sponsor the workshops:

For companies that want to recruit entry-level software developers that struggle to find mature candidates from diverse backgrounds our introductory programming workshops provide potential recruits. Unlike college recruiting fairs, our program connects companies with a wide variety of candidates.

If you don't know why different potential stakeholders might be interested in what you're doing, ask them. If you do know, ask them anyway: answers can change over time, and you may discover things you previously overlooked.

Once you have these pitches, they should drive what you put on your website and in publicity material to help people figure out as quickly as possible if you and they have something to talk about. (You probably *shouldn't* copy them verbatim, though: many people in tech have seen this template so often that their eyes will glaze over if they encounter it again.)

As you are writing these pitches, remember that there are many reasons to learn how to program (Section 1.4). A sense of accomplishment, control over their own lives, and being part of a community may motivate people more than money (Chapter 10). They might volunteer to teach with you because their friends are doing it; similarly, a company may say that they're sponsoring classes for economically disadvantaged high school students because they want a larger pool of potential employees further down the road, but the CEO might actually be doing it simply because it's the right thing to do.

14.2 BRANDING AND POSITIONING

A **brand** is someone's first reaction to a mention of a product; if the reaction is "what's that?", you don't have a brand (yet). Branding is important because people aren't going to help something they don't know about or don't care about.

Most discussion of branding today focuses on how to build awareness online. Mailing lists, blogs, and Twitter all give you ways to reach people, but as the volume

of misinformation increases, people pay less attention to each individual interruption. This makes **positioning** ever more important. Sometimes called “differentiation,” it is what sets your offering apart from others—the “unlike” section of your elevator pitches. When you reach out to people who are already familiar with your field, you should emphasize your positioning, since it’s what will catch their attention.

There are other things you can do to help build your brand. One is to use props like a robot that one of your learners made from scraps she found around the house [Schw2013] or the website another learner made for his parents’ retirement home. Another is to make a short video—no more than a few minutes long—that showcases the backgrounds and accomplishments of your learners. The aim of both is to tell a story: while people always ask for data, they believe and remember stories.

Foundational Myths

One of the most compelling stories a person or group can tell is why and how they got started. Are you teaching what you wish someone had taught you but didn’t? Was there one particular person you wanted to help, and that opened the floodgates? If there isn’t a section on your website starting, “Once upon a time,” think about adding one.

One crucial step is to make your organization findable in online searches. [DiSa2014b] discovered that the search terms that parents used for out-of-school computing classes didn’t actually find those classes, and many other groups face similar challenges. There’s a lot of folklore about how to make things findable (otherwise known as **search engine optimization** or SEO); given Google’s near-monopoly powers and lack of transparency, most of it boils down to trying to stay one step ahead of algorithms designed to prevent people from gaming rankings.

Unless you’re very well funded, the best you can do is to search for yourself and your organization on a regular basis and see what comes up, then read these guidelines¹ and do what you can to improve your site. Keep this XKCD cartoon² in mind: people don’t want to know about your org chart or get a virtual tour of your site—they want your address, parking information, and some idea of what you teach, when you teach it, and how it’s going to change their lives.

Not Everyone Lives Online

These examples assume people have access to the internet and that groups have money, materials, free time, and/or technical skills. Many don’t—in fact, those serving economically disadvantaged groups almost certainly don’t. (As Rosario Robinson says, “Free works for those that can afford free.”) Stories are more important than course outlines in those situations because they are easier to retell. Similarly, if the people you hope to reach are not online as often as you, then notice boards in schools, local libraries, drop-in centers, and grocery stores may be the most effective way to reach them.

¹<https://moz.com/learn/seo/on-page-factors>

²<https://xkcd.com/773/>

14.3 THE ART OF THE COLD CALL

Building a website and hoping that people find it is easy; calling people up or knocking on their door without any sort of prior introduction is much harder. As with standing up and teaching, though, it's a craft that can be learned. Here are ten simple rules for talking people into things:

- 1: Don't.** If you have to talk someone into something, odds are that they don't really want to do it. Respect that: it's almost always better in the long run to leave some particular thing undone than to use guilt or any underhanded psychological tricks that will only engender resentment.
- 2: Be kind.** I don't know if there actually is a book called *Secret Tricks of the Ninja Sales Masters*, but if there is, it probably tells readers that doing something for a potential customer creates a sense of obligation, which in turn increases the odds of a sale. That may work, but it only works once and it's a skeezy thing to do. On the other hand, if you are genuinely kind and help other people because it's what good people do, you just might inspire them to be good people too.
- 3: Appeal to the greater good.** If you open by talking about what's in it for them, you are signaling that they should think of their interaction with you as a commercial exchange of value to be bargained over. Instead, start by explaining how whatever you want them to help with is going to make the world a better place, and *mean it*. If what you're proposing isn't going to make the world a better place, propose something better.
- 4: Start small.** Most people are understandably reluctant to dive into things head-first, so give them a chance to test the waters and to get to know you and everyone else involved in whatever it is you want help with. Don't be surprised or disappointed if that's where things end: everyone is busy or tired or has projects of their own, or maybe just has a different mental model of how collaboration is supposed to work. Remember the 90-9-1 rule—90% of people will watch, 9% will speak up, and 1% will actually do things—and set your expectations accordingly.
- 5: Don't build a project: build a community.** I used to belong to a baseball team that never actually played baseball: our "games" were just an excuse for us to hang out and enjoy each other's company. You probably don't want to go quite that far, but sharing a cup of tea with someone or celebrating the birth of their first grandchild can get you things that no reasonable amount of money can.
- 6: Establish a point of connection.** "I was speaking to X" or "we met at Y" gives them context, which in turn makes them more comfortable. This must be specific: spammers and cold-callers have trained us all to ignore anything that starts, "I recently came across your website..."
- 7: Be specific about what you are asking for.** People need to know this so that they can figure out whether the time and skills they have are a match for what you need. Being realistic up front is also a sign of respect: if you tell people you need a hand moving a few boxes when you're actually packing up an entire house, they're probably not going to help you a second time.

- 8: Establish your credibility.** Mention your backers, your size, how long your group has been around, or something that you've accomplished in the past so that they'll believe you're worth taking seriously.
- 9: Create a slight sense of urgency.** "We're hoping to launch this in the spring" is more likely to get a positive response than "We'd eventually like to launch this." However, the word "slight" is important: if your request is urgent, most people will assume you're disorganized or that something has gone wrong and may then err on the side of prudence.
- 10: Take a hint.** If the first person you ask for help says no, ask someone else. If the fifth or the tenth person says no, ask yourself if what you're trying to do makes sense and is worth doing.

The email template below follows all of these rules. It has worked pretty well: we found that about half of emails were answered, about half of those wanted to talk more, and about half of those led to workshops, which means that 10–15% of targeted emails turned into workshops. That can still be pretty demoralizing if you're not used to it, but is much better than the 2–3% response rate most organizations expect with cold calls.

Hi NAME,

I hope you don't mind mail out of the blue, but I wanted to follow up on our conversation at VENUE to see if you would be interested in having us run a teacher training workshop—we're scheduling the next batch over the next couple of weeks.

This one-day workshop will teach your volunteers a handful of practical, evidence-based teaching practices. It has been run over a hundred times in various forms on six continents for nonprofit organizations, libraries, and companies, and all of the material is freely available online at <http://teachtogether.tech>. Topics will include:

- learner personas
- differences between different kinds of learners
- using formative assessment to diagnose misunderstandings
- teaching as a performance art
- what motivates and demotivates adult learners
- the importance of inclusivity and how to be a good ally

If this sounds interesting, please give me a shout—I'd welcome a chance to talk ways and means.

Thanks,
NAME

Referrals

Building alliances with other groups that are doing things related to your work pays off in many ways. One of those is referrals: if someone who approaches you for help would be better served by some other organization,

take a moment to make an introduction. If you've done this several times, add something to your website to help the next person find what they need. The organizations you are helping will soon start to help you in return.

14.4 ACADEMIC CHANGE

Everyone is afraid of the unknown and of embarrassing themselves. As a result, most people would rather fail than change. For example, Lauren Herckis looked at why university faculty don't adopt better teaching methods³. She found that the main reason is a fear of looking stupid in front of learners; secondary reasons were concern that the inevitable bumps in changing teaching methods would affect course evaluations (which could in turn affect promotion and tenure) and people's desire to continue emulating the teachers who had inspired them. It's pointless to argue about whether these issues are "real" or not: faculty believe they are, so any plan to work with faculty needs to address them⁴.

[Bark2015] did a two-part study of how computer science educators adopt new teaching practices as individuals, organizationally, and in society as a whole. They asked and answered three key questions:

How do faculty hear about new teaching practices? They intentionally seek out new practices because they're motivated to solve a problem (particularly student engagement), are made aware through deliberate initiatives by their institutions, pick them up from colleagues, or get them from expected *and unexpected* interactions at conferences (teaching-related or otherwise).

Why do they try them out? Sometimes because of institutional incentives (e.g. they innovate to improve their chances of promotion), but there is often tension at research institutions where rhetoric about the importance of teaching is largely disbelieved. Another important reason is their own cost/benefit analysis: will the innovation save them time? A third is that they are inspired by role models—again, this largely affects innovations aimed to improve engagement and motivation rather than learning outcomes—and a fourth is trusted sources, e.g. people they meet at conferences who are in the same situation they are and reported successful adoption.

But faculty had concerns that were often not addressed by people advocating changes. The first was Glass's Law: any new tool or practice initially slows you down, so while new practices might make teaching more effective in the long run, they can't be afforded in the short run. Another is that the physical layout of classrooms makes many new practices hard: for example, discussion groups don't work well in theater-style seating.

³<https://www.insidehighered.com/news/2017/07/06/anthropologist-studies-why-professors-dont-adopt-innovative-teaching-methods>

⁴And the prevalence of fixed mindset among faculty when it comes to teaching, i.e. the belief that some people are "just better teachers."

But the most telling result was this: “Despite being researchers themselves, the CS faculty we spoke to for the most part did not believe that results from educational studies were credible reasons to try out teaching practices.” This is consistent with other findings: even people whose entire careers are devoted to research often disregard educational research.

Why do they keep using them? As [Bark2015] says, “Student feedback is critical,” and is often the strongest reason to continue using a practice, even though we know that learners’ self-reports don’t correlate strongly with learning outcomes [Star2014; Uttl2017] (though attendance in lectures is a good indicator of engagement). Another reason to retain a practice is institutional requirements, although if this is the only motivation, people will often drop the practice when the explicit incentive or monitoring is removed.

The good news is that you can tackle these problems systematically. [Baue2015] looked at adoption of new medical techniques within the US Veterans Administration. They found that evidence-based practices in medicine take an average of 17 years to be incorporated into routine general practice, and that only about half of such practices are ever widely adopted. This depressing finding and others like it spurred the growth of **implementation science**, which is the study of how to get people to adopt better practices.

As Chapter 13 said, the starting point is to find out what the people you’re trying to help believe they need. For example, [Yada2016] summarizes feedback from K-12 teachers on the preparation and support they want. While it may not all be applicable to all settings, having a cup of tea with a few people and listening before you speak makes a world of difference to their willingness to try something new.

Once you know what people need, the next step is to make changes incrementally, within institutions’ own frameworks. [Nara2018] describes an intensive three-year bachelor’s program based on tight-knit cohorts and administrative support that tripled graduation rates, while [Hu2017] describes the impact of introducing a six-month certification program for existing high school teachers who want to teach computing. The number of computing teachers had been stable from 2007 to 2013, but quadrupled after introduction of the new certification program without diluting quality: new-to-computing teachers seemed to be as effective as teachers with more computing training at teaching the introductory course.

More broadly, [Borr2014] categorizes ways to make change happen in higher education. The categories are defined by whether the change is individual or systemic and whether it is prescribed (top-down) or emergent (bottom-up). The person trying to make the changes (and make them stick) has a different role in each situation, and should pursue different strategies accordingly. The paper goes on to explain each of the methods in detail, while [Hend2015a; Hend2015b] present the same ideas in more actionable form.

Coming from outside, you will probably fall into the Individual/Emergent category to start with, since you will be approaching teachers one by one and trying to make change happen bottom-up. If this is the case, the strategies Borrego and

Henderson recommend center around having teachers reflect on their teaching individually or in groups. Live coding to show them what you do or the examples you use, then having them live code in turn to show how they would use those ideas and techniques in their setting, gives everyone a chance to pick up things that will be useful to them in their context.

14.5 FREE-RANGE TEACHING

Schools and universities aren't the only places people go to learn programming; over the past few years, a growing number have turned to free-range workshops and intensive bootcamp programs. The latter are typically one to six months long, run by volunteer groups or by for-profit companies, and target people who are retraining to get into tech. Some are very high quality, but others exist primarily to separate people from their money [McMi2017].

[Thay2017] interviewed 26 alumni of such bootcamps that provide a second chance for those who missed computing education opportunities earlier (though phrasing it this way makes some pretty big assumptions when it comes to people from underrepresented groups). Bootcamp participants face great personal costs and risks: they must spend significant time, money, and effort before, during, and after bootcamps, and changing careers can take a year or more. Several interviewees felt that their certificates were looked down on by employers; as some said, getting a job means passing an interview, but since interviewers often won't share their reasons for rejection, it's hard to know what to fix or what else to learn. Many resorted to internships (paid or otherwise) and spent a lot of time building their portfolios and networking. The three informal barriers they most clearly identified were jargon, impostor syndrome, and a sense of not fitting in.

[Burk2018] dug into this a bit deeper by comparing the skills and credentials that tech industry recruiters are looking for to those provided by four-year degrees and bootcamps. Based on interviews with 15 hiring managers from firms of various sizes and some focus groups, they found that recruiters uniformly emphasized soft skills (especially teamwork, communication, and the ability to continue learning). Many companies required a four-year degree (though not necessarily in computer science), but many also praised bootcamp graduates for being older or more mature and having more up-to-date knowledge.

If you are approaching an existing bootcamp, your best strategy could be to emphasize what you know about teaching rather than what you know about tech, since many of their founders and staff have programming backgrounds but little or no training in education. The first few chapters of this book have played well with this audience in the past, and [Lang2016] describes evidence-based teaching practices that can be put in place with minimal effort and at low cost. These may not have the most impact, but scoring a few early wins helps build support for larger efforts.

14.6 FINAL THOUGHTS

It is impossible to change large institutions on your own: you need allies, and to get allies, you need tactics. The most useful guide I have found is [Mann2015], which catalogs more than four dozen of these and organizes them according to whether they're best deployed early, later, throughout the change cycle, or when you encounter resistance. A handful of their patterns include:

In Your Space: Keep the new idea visible by placing reminders throughout the organization.

Token: To keep a new idea alive in a person's memory, hand out tokens that can be identified with the topic being introduced.

Champion Skeptic: Ask strong opinion leaders who are skeptical of your new idea to play the role of "official skeptic." Use their comments to improve your effort, even if you don't change their minds.

Future Commitment: If you are able to anticipate some of your needs, you can ask for a future commitment from busy people. If given some lead time, they may be more willing to help.

The most important strategy is to be willing to change your goals based on what you learn from the people you are trying to help. Tutorials showing them how to use a spreadsheet might help them more quickly and more reliably than an introduction to JavaScript. I have often made the mistake of confusing things I was passionate about with things that other people ought to know; if you truly want to be a partner, always remember that learning and change have to go both ways.

The hardest part about building relationships is getting started. Set aside an hour or two every month to find allies and maintain your relationships with them. One way to do this is to ask them for advice: how do they think you ought to raise awareness of what you're doing? Where have they found space to run classes? What needs do they think aren't being met and would you be able to meet them? Any group that has been around for a few years will have useful advice; they will also be flattered to be asked, and will know who you are the next time you call.

And as [Kuch2011] says, if you can't be first in a category, try to create a new category that you can be first in. If you can't do that, join an existing group or think about doing something else entirely. This isn't defeatist: if someone else is already doing what you have in mind, you should either chip in or tackle one of the other equally useful things you could be doing instead.

14.7 EXERCISES

PITCHING A CITY COUNCILOR (INDIVIDUAL/10)

This chapter described an organization that offers weekend programming workshops for people re-entering the workforce. Write an elevator pitch for that organization aimed at a city councilor whose support the organization needs.

PITCHING YOUR ORGANIZATION (INDIVIDUAL/30)

Identify two groups of people your organization needs support from and write an elevator pitch aimed at each one.

EMAIL SUBJECTS (PAIRS/10)

Write the subject lines (and only the subject lines) for three email messages: one announcing a new course, one announcing a new sponsor, and one announcing a change in project leadership. Compare your subject lines to a partner's and see if you can merge the best features of each while also shortening them.

HANDLING PASSIVE RESISTANCE (SMALL GROUPS/30)

People who don't want change will sometimes say so out loud, but may also often use various forms of passive resistance, such as just not getting around to it over and over again, or raising one possible problem after another to make the change seem riskier and more expensive than it's actually likely to be [Scot1987]. Working in small groups, list three or four reasons why people might not want your teaching initiative to go ahead, and explain what you can do with the time and resources you have to counteract each.

WHY LEARN TO PROGRAM? (INDIVIDUAL/15)

Revisit the "Why Learn to Program?" exercise in Section 1.4. Where do your reasons for teaching and your learners' reasons for learning align? Where do they not? How does that affect your marketing?

CONVERSATIONAL PROGRAMMERS (THINK-PAIR-SHARE/15)

A **conversational programmer** is someone who needs to know enough about computing to have a meaningful conversation with a programmer, but isn't going to program themselves. [Wang2018] found that most learning resources don't address this group's needs. Working in pairs, write a pitch for a half-day workshop intended to help people that fit this description and then share your pair's pitch with the rest of the class.

COLLABORATIONS (SMALL GROUPS/30)

Answer the following questions on your own, then compare your answers to those given by other members of your group.

1. Do you have any agreements or relationships with other groups?
2. Do you want to have relationships with any other groups?
3. How would having (or not having) collaborations help you to achieve your goals?
4. What are your key collaborative relationships?

5. Are these the right collaborators for achieving your goals?
6. What groups or entities would you like your organization to have agreements or relationships with?

EDUCATIONALIZATION (WHOLE CLASS/10)

[Laba2008] explores why the United States and other countries keep pushing the solution of social problems onto educational institutions and why that continues not to work. As he points out, “[Education] has done very little to promote equality of race, class, and gender; to enhance public health, economic productivity, and good citizenship; or to reduce teenage sex, traffic deaths, obesity, and environmental destruction. In fact, in many ways it has had a negative effect on these problems by draining money and energy away from social reforms that might have had a more substantial impact.” He goes on to write:

So how are we to understand the success of this institution in light of its failure to do what we asked of it? One way of thinking about this is that education may not be doing what we ask, but it is doing what we want. We want an institution that will pursue our social goals in a way that is in line with the individualism at the heart of the liberal ideal, aiming to solve social problems by seeking to change the hearts, minds, and capacities of individual students. Another way of putting this is that we want an institution through which we can express our social goals without violating the principle of individual choice that lies at the center of the social structure, even if this comes at the cost of failing to achieve these goals. So education can serve as a point of civic pride, a showplace for our ideals, and a medium for engaging in uplifting but ultimately inconsequential disputes about alternative visions of the good life. At the same time, it can also serve as a convenient whipping boy that we can blame for its failure to achieve our highest aspirations for ourselves as a society.

How do efforts to teach computational thinking and digital citizenship in schools fit into this framework? Do bootcamps avoid these traps or simply deliver them in a new guise?

INSTITUTIONAL ADOPTION (WHOLE CLASS/15)

Re-read the list of motivations to adopt new practices given in Section 14.4. Which of these apply to you and your colleagues? Which are irrelevant to your context? Which do you emphasize if and when you interact with people working in formal educational institutions?

IF AT FIRST YOU DON'T SUCCEED (SMALL GROUPS/15)

W.C. Fields probably never said, “If at first you don’t succeed, try, try again. Then quit—there’s no use being a damn fool about it.” It’s still good advice: if the people you’re trying to reach aren’t responding, it could be that you’ll never convince

them. In groups of 3–4, make a short list of signs that you should stop trying to do something you believe in. How many of them are already true?

MAKING IT FAIL (INDIVIDUAL/15)

[Farm2006] presents some tongue-in-cheek rules for ensuring that new tools *aren't* adopted, all of which apply to new teaching practices:

1. Make it optional.
2. Economize on training.
3. Don't use it in a real project.
4. Never integrate it.
5. Use it sporadically.
6. Make it part of a quality initiative.
7. Marginalize the champion.
8. Capitalize on early missteps.
9. Make a small investment.
10. Exploit fear, uncertainty, doubt, laziness, and inertia.

Which of these have you seen done recently? Which have you done yourself? What form did they take?

MENTORING (WHOLE CLASS/15)

The Institute for African-American Mentoring in Computer Science⁵ has published guidelines for mentoring doctoral students⁶. Read them individually, then go through them as a class and rate your efforts for your own group as +1 (definitely doing), 0 (not sure or not applicable), or -1 (definitely not doing).

⁵<http://www.iaamcs.org/>

⁶<http://iaamcs.org/guidelines>

15 ¿Por qué enseño?

Cuando comencé a trabajar como voluntario en la Universidad de Toronto, mis estudiantes me preguntaron por qué enseñaba gratis. Esta fue mi respuesta:

Cuando tenía tu edad, pensaba que las universidades existían para enseñarle a la gente a aprender. Más tarde, en la escuela de posgrado, pensaba que las universidades se dedicaban a investigar y a crear nuevos conocimientos. Sin embargo, ahora que estoy en mis cuarenta años de edad, pienso que lo que realmente te estamos enseñando es cómo hacerte cargo del mundo, porque vas a tener que hacerlo quieras o no.

Mis padres tienen setenta años. Ya no manejan el mundo; son las personas de mi edad quienes aprueban leyes y toman decisiones de vida o muerte en los hospitales. Y sin importar que tan aterrador sea, *nosotras/os* somos las personas adultas.

En veinte años, *nosotras/os* estaremos camino hacia la jubilación y *tú* estarás a cargo. Eso puede parecer mucho tiempo cuando tienes diecinueve años, pero se pasa en un suspiro. Por eso te damos problemas cuyas respuestas no se pueden encontrar en las notas del año pasado. Por eso te ponemos en situaciones en las que tienes que decidir qué hacer ahora, qué se puede dejar para más tarde y qué puedes simplemente ignorar. Porque si no aprendes cómo hacer estas cosas ahora, no estarás lista/o para hacerlo cuando sea necesario.

Todo esto era verdad, pero no es toda la historia. No quiero que la gente haga del mundo un lugar mejor para que yo me pueda retirar cómodamente. Quiero que lo hagan porque es la aventura más grande de nuestro tiempo. Hace ciento cincuenta años, la mayoría de las sociedades practicaban la esclavitud. Hace cien años, en Canadá, mi abuela no era legalmente considerada una persona¹. El año en que nací, la mayoría de las personas del mundo sufrían bajo algún régimen totalitario, y los jueces todavía dictaminaban terapia de electroshock para "curar" a los homosexuales. Todavía hay muchas cosas que están mal en el mundo, pero mira cuántas opciones más que nuestros abuelos y abuelas tenemos. Mira cuántas cosas más podemos saber, ser y disfrutar porque finalmente nos estamos tomando en serio la Regla de Oro.

Hoy soy menos optimista que entonces. Cambio climático, extinción masiva, capitalismo de vigilancia, desigualdad a una escala que no hemos visto hace un siglo, el resurgimiento del nacionalismo racista: mi generación vio cómo sucedió todo y se quedó de brazos cruzados. La factura de nuestra cobardía, letargo y avaricia no se pagará hasta que mi hija crezca, pero *llegará*, y para cuando lo haga, no habrá soluciones fáciles para estos problemas (y posiblemente no hayan soluciones en absoluto).

¹[https://en.wikipedia.org/wiki/The_Famous_Five_\(Canada\)](https://en.wikipedia.org/wiki/The_Famous_Five_(Canada))

Así que por eso enseño: Estoy enojado. Estoy enojado porque tu sexo, tu color y la riqueza y conexiones de tu madre y tu padre no deberían contar más que cuán inteligente, honesto/a o trabajador/a seas . Estoy enojado porque convertimos a Internet en una cloaca. Estoy enojado porque los nazis están en marcha una vez más y los multimillonarios juegan con cohetes espaciales mientras el planeta se derrite. Estoy enojado, entonces enseño, porque el mundo solo mejora cuando enseñamos a las personas cómo mejorarlo.

En su ensayo de 1947 “¿Por qué escribo?”, George Orwell² escribió:

En una época pacífica, podría haber escrito libros superficiales, decorativos o simplemente descriptivos, y podría haber permanecido casi inconsciente de mis lealtades políticas. Pero tal como están las cosas, me he visto obligado a convertirme en una especie de panfletista ... Cada línea de trabajo serio que he escrito desde 1936 ha sido escrita, directa o indirectamente, en contra del totalitarismo. . . Me parece una tontería, en un período como el nuestro, pensar que uno/a puede evitar escribir sobre tales temas. Todos escriben al respecto de una manera u otra. La cuestión es simplemente elegir de qué lado lo hacemos.

Reemplaza “escribir” por “enseñar” y tendrás la razón por la que hago lo que hago.

Gracias por leer — Espero que podamos enseñar juntos algún día. Hasta entonces:

Comienza donde estás.
Usa lo que tienes.
Ayuda a quien puedas.

²<http://www.resort.com/prime8/Orwell/whywrite.html>

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B Código de Conducta

Con el objetivo de fomentar un ambiente abierto y amigable, las personas encargadas del proyecto, colaboradoras/es y personas de soporte, nos comprometemos a hacer de la participación en nuestro proyecto y en nuestra comunidad una experiencia libre de acoso para todas las personas, independientemente de edad, tamaño corporal, discapacidad, etnia, identidad y expresión de género, nivel de experiencia, educación, nivel socioeconómico, nacionalidad, apariencia personal, raza, religión o identidad y orientación sexual.

NUESTROS ESTÁNDARES

Ejemplos de comportamiento que contribuye a crear un ambiente positivo para nuestra comunidad:

- utilizar un lenguaje amigable e inclusivo,
- respetar diferentes puntos de vista y experiencias,
- aceptar adecuadamente la crítica constructiva,
- enfocarse en lo que es mejor para la comunidad y
- mostrar empatía hacia otros miembros de la comunidad.

Ejemplos de comportamiento inaceptable:

- el uso de lenguaje o imágenes sexualizadas así como dar atención o generar avances sexuales no deseados,
- ofender o provocar de modo malintencionado (*trolling*), comentarios despectivos, insultantes y ataques personales o políticos,
- acoso público o privado,
- publicar información privada de otras personas, tales como direcciones físicas o de correo electrónico, sin su permiso explícito, y
- otras conductas que puedan ser razonablemente consideradas como inapropiadas en un entorno profesional

NUESTRAS RESPONSABILIDADES

Las personas encargadas del proyecto somos responsables de aclarar los estándares de comportamiento aceptable y se espera que tomemos medidas de acción correctivas apropiadas y justas en respuesta a cualquier caso de comportamiento inaceptable.

Las personas encargadas del proyecto tienen el derecho y la responsabilidad de eliminar, editar o rechazar comentarios, *commits*, código, ediciones en la wiki, *issues* y otras contribuciones que no estén alineadas con este Código de Conducta. También pueden prohibir la participación temporal o permanente de cualquier persona

por comportamientos que sean considerados inapropiados, amenazantes, ofensivos o dañinos.

ALCANCE

Este Código de Conducta aplica tanto en espacios dentro del proyecto como en espacios públicos, mientras una persona represente al proyecto o a la comunidad. Ejemplos de representación del proyecto o la comunidad incluyen el uso de una dirección de correo electrónico oficial del proyecto, realizar publicaciones a través de una cuenta oficial de redes sociales o actuar como representante designada/o en cualquier evento presencial o en línea. La representación del proyecto puede ser aclarada y definida en más detalles por las personas encargadas.

APLICACIÓN

Los casos de comportamiento abusivo, acosador o inaceptable pueden ser denunciados enviando un correo electrónico a la persona encargada del proyecto a la dirección gvwilson@third-bit.com. Todas las quejas serán revisadas e investigadas y darán como resultado una respuesta que se considere necesaria y apropiada a las circunstancias. El equipo encargado del proyecto está obligado a mantener la confidencialidad de quien reporte un incidente. Se pueden publicar por separado más detalles de políticas de aplicación específicas.

Aquellas personas encargadas del proyecto que no cumplan o apliquen este código de conducta de buena fé pueden enfrentar repercusiones temporales o permanentes determinadas por el resto del equipo encargado del proyecto.

ATRIBUCIÓN

Este código de conducta es una adaptación del Contributor Covenant¹ version 1.4

¹<https://www.contributor-covenant.org>

C Unirse a nuestra comunidad

Esperamos que elijas ayudarnos a hacer lo mismo para este libro. Si esta forma de trabajo es nueva para tí, consulta Appendix B para ver nuestro código de conducta, y luego:

Empieza pequeño. Arregla un error tipográfico aclara la redacción de un ejercicio, corrige o actualiza una cita, o sugiere un mejor ejemplo o analogía para ilustrar algún punto.

Únete a la conversación. Mira a los issues y a los cambios propuestos por otras personas y añádeles tus comentarios. A menudo es posible mejorar las mejoras, y es una buena manera de presentarte a la comunidad y hacer nuevos amigos.

Discute, luego edita. Si quieres proponer un gran cambio, como reorganizar o dividir un capítulo completo, por favor, completa un issue que describa tu propuesta y tu razonamiento y etiquételo con “Proposal.”. Alentamos a todos a agregar comentarios a estos issues para que toda la discusión sobre qué y por qué esté abierta y se pueda archivar. Si se acepta la propuesta, el trabajo real puede dividirse en varios problemas o cambios más pequeños que se puede abordar de forma independiente.

C.1 USANDO ESTE MATERIAL

Como se declaró en Chapter 1, todo este material puede distribuirse y reutilizarse libremente bajo la licencia Creative Commons Atribución – No Comercial 4.0 (Appendix ??). Puedes usar la versión en línea en <http://teachtogether.tech/> en cualquier clase (gratuita o de pago), y puede citar extractos breves en las disposiciones de uso justo¹, pero no puedes volver a publicar piezas grandes en obras comerciales sin permiso previo.

Este material ha sido usado de muchas maneras, desde una clase en línea de varias semanas hasta un taller intensivo en persona. Por lo general, es posible cubrir grandes partes de los capítulos Chapter 2 a Chapter 6, Chapter ??, y Chapter ?? en dos días largos.

EN PERSONA

Esta es la forma más efectiva de impartir esta capacitación, pero también la más exigente. Las personas participantes están físicamente en el mismo lugar. Cuando

¹https://en.wikipedia.org/wiki/Fair_use

necesitan practicar enseñar en pequeños grupos, algunos o todos van a espacios de descanso cercanos. Los participantes usan sus propias tabletas o computadoras portátiles para ver material en línea durante la clase y para tomar notas compartidas (Section ??), y usan lápiz y papel o pizarras blancas para otros ejercicios. Las preguntas y la discusión se hacen en voz alta.

Si estás enseñando en este formato, debes usar notas adhesivas como indicadores de estado para que puedas ver quién necesita ayuda, quien tiene preguntas y quién está listo/a para seguir adelante (Section ??). También debes usarlos para distribuir la atención. para que todos tengan atención y tiempo del docente de forma justa, y como tarjetas de minutos para alentar a los alumnos a reflexionar sobre lo que acaban de aprender y para darte retroalimentación procesable mientras todavía tienes tiempo para actuar en consecuencia.

EN LÍNEA EN GRUPOS

En este formato, 10 a 40 estudiantes están juntos en 2 a 6 grupos de 4 a 12 personas, pero esos grupos están distribuidos geográficamente. Cada grupo usa una cámara y un micrófono para conectarse a la videollamada, en lugar de que cada persona esté en la llamada por separado.

Un buen audio es más importante que un buen video en ambas direcciones: una voz sin imágenes (como la radio) es mucho más fácil de entender que las imágenes sin narrativa, y los instructores e instructoras no tienen que poder ver personas para responder preguntas, siempre y cuando esas preguntas se puedan escuchar con claridad. Dicho esto, si una lección no es accesible, entonces no es útil (Section ??): proporcionar texto descriptivo ayuda a todos cuando la calidad del audio es deficiente, y a las personas que tienen dificultades auditivas, incluso cuando el audio es bueno.

Toda la clase toma notas compartidas, y también usa las notas compartidas para hacer y responder preguntas. Tener varias docenas de personas tratando de hablar en una llamada no funciona bien, así que en la mayoría de las sesiones, el profesor habla y los estudiantes responden a través del chat de la herramienta para tomar notas.

EN LÍNEA DE FORMA INDIVIDUAL

La extensión natural de estar en línea en grupos es estar en línea en forma individual. Al igual que con los grupos en línea, el/la docente hablará la mayoría de las veces y los y las estudiantes participarán principalmente a través del chat de texto. Un buen audio es una vez más más importante que un buen video, y los participantes deben usar el chat de texto para indicar que quieren hablar(Appendix E).

Tener participantes en línea individualmente hace que sea más difícil dibujar y compartir mapas conceptuales (Section 3.4) o dar retroalimentación sobre la enseñanza (Section 8.5). Por lo tanto, los docentes deberán descansar más en el uso de ejercicios con resultados escritos que se pueden poner en las notas compartidas, como dar feedback sobre videos de personas enseñando.

MULTI-SEMANA EN LÍNEA

La clase se reúne todas las semanas durante una hora a través de videoconferencia. Cada reunión puede realizarse dos veces para acomodar las zonas horarias y los horarios de los alumnos. Los participantes toman notas compartida, como se describió anteriormente, para las clases grupales en línea, para publicar tareas en línea entre clases, y comentar sobre el trabajo de los demás. En la práctica, los comentarios son relativamente raros: la gente prefiere discutir el material en las reuniones semanales.

Este fue el primer formato utilizado, y ya no lo recomiendo: mientras que extender la clase les da a las personas tiempo para reflexionar y abordar ejercicios más extensos, también aumenta en gran medida las probabilidades de que tengan que abandonar debido a otras demandas de su tiempo.

C.2 CONTRIBUYENDO Y MANTENIENDO

Contribuciones de todo tipo son bienvenidas, desde sugerencias para mejoras a erratas y nuevo material. Todas las personas que contribuyan deben cumplir con nuestro Código de conducta (Appendix B); enviando tu trabajo, aceptas que puede incorporarse tanto en forma original como editada y publicado bajo la misma licencia que el resto de este material (Appendix A).

Si tu material es incorporado, te agregaremos a los agradecimientos (Section 1.3) a menos que solicites lo contrario.

La fuente de este libro se almacena en GitHub en:

<https://github.com/gvwilson/teachtogether.tech/>

Si sabes cómo usar Git y GitHub y deseas cambiar, arreglar o agregar algo, por favor envía un **pull request** que modifique la fuente del LaTeX. Si deseas obtener una vista previa de tus cambios, por favor ejecuta `make pdf` or `make html` en la línea de comandos.

Si quieres reportar un error, hacer una pregunta, o hacer una sugerencia, presenta un issue en el repositorio. Necesitas tener una cuenta de GitHub para hacer esto, pero no necesitas saber cómo usar Git.

Si no deseas crear una cuenta de GitHub, envía tu contribución por correo electrónico a gvwilson@third-bit.com con “T3” o “Teaching Tech Together” en algún lugar del asunto. Intentaremos responder en una semana.

Finalmente, siempre nos gusta escuchar cómo se ha usado este material, y estamos *siempre* agradecidos por más diagramas.

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D Glosario

Absolute beginner Someone who has never encountered concepts or material before. The term is used in distinction to **false beginner**.

Principiante absoluto Alguien que nunca se ha encontrado con los conceptos o material antes. El término se usa en distinción para **falso principiante**.

Active learning An approach to instruction in which learners engage with material through discussion, problem solving, case studies, and other activities that require them to reflect on and use new information in real time. See also **passive learning**.

Aprendizaje activo Un enfoque de la enseñanza en el que los estudiantes se involucran con el material a través de la discusión, resolución de problemas, estudios de casos, y otras actividades que requieren que reflexionen y usen nueva información en tiempo real. Ver también **aprendizaje pasivo**.

Active teaching An approach to instruction in which the teacher acts on new information acquired from learners while teaching (e.g. by dynamically changing an example or rearranging the intended order of content). See also **passive teaching**.

Enseñanza activa Un enfoque de la instrucción en el que el maestro actúa sobre la nueva información adquirida de los alumnos mientras enseña (ej. cambiando dinámicamente un ejemplo o reorganizando el orden previsto del contenido). Ver también **enseñanza pasiva**.

Authentic task A task which contains important elements of things that learners would do in real (non-classroom situations). To be authentic, a task should require learners to construct their own answers rather than choose between provided answers, and to work with the same tools and data they would use in real life.

Tarea auténtica Una tarea que contiene elementos importantes de cosas que los alumnos harían en situaciones reales (fuera del aula). Para ser auténtica, una tarea debe requerir que los alumnos construyan sus propias respuestas en lugar de elegir entre las respuestas proporcionadas, y trabajar con las mismas herramientas y datos que usarían en la vida real.

Automaticity The ability to do a task without concentrating on its low-level details.

Automaticidad La capacidad de hacer una tarea sin concentrarse en sus detalles de bajo nivel.

Backward design An instructional design method that works backwards from a summative assessment to formative assessments and thence to lesson content.

Diseño hacia atrás Un método de diseño instruccional que trabaja hacia atrás desde una evaluación sumativa hasta evaluaciones formativas y desde allí al contenido de la lección.

Behaviorism A theory of learning whose central principle is stimulus and response, and whose goal is to explain behavior without recourse to internal mental states or

other unobservables. See also **cognitivism**.

Comportamiento Una teoría del aprendizaje cuyo principio central es estímulo y respuesta, y cuyo objetivo es explicar el comportamiento sin recurrir a estados mentales internos u otros inobservables. Ver además **cognitivismo**.

Bloom's Taxonomy A six-part hierarchical classification of understanding whose levels are *knowledge, comprehension, application, analysis, synthesis, and evaluation* that has been widely adopted. See also **Fink's Taxonomy**.

Taxonomía de Bloom Una jerarquía de seis partes clasificación de comprensión cuyos niveles son *emph conocimiento, comprensión, aplicación, análisis, síntesis y evaluación* que ha sido ampliamente adoptado. Ver también **Taxonomía de Fink**.

Brand The associations people have with a product's name or identity.

Marca Las asociaciones que las personas tienen con el nombre de un producto o identidad.

Calibrated peer review Having learners compare their reviews of sample work with a teacher's reviews before being allowed to review their peers' work.

Revisión por pares calibrada Hacer que los alumnos comparen sus revisiones del trabajo de muestra con las de un maestro antes de que se les permita revisar el trabajo de sus pares.

Chunking The act of grouping related concepts together so that they can be stored and processed as a single unit.

Fragmentación El acto de agrupar conceptos relacionados juntos que pueden almacenarse y procesarse como una sola unidad.

Co-teaching Teaching with another teacher in the classroom.

Co-enseñanza Enseñanza con otro maestro en el salón de clases.

Cognitive apprenticeship A theory of learning that emphasizes the process of a master passing on skills and insights situationally to an apprentice.

Aprendizaje cognitivo Una teoría de aprendizaje que enfatiza el proceso de un maestro que transmite habilidades e ideas situacionalmente a un aprendiz.

Cognitive load The mental effort needed to solve a problem. Cognitive load theory divides this into **intrinsic**, **germane**, and **extraneous** load, and holds that people learn fastest when germane and extraneous load are reduced.

Cognitivism A theory of learning that holds that mental states and processes can and must be included in models of learning. See also **behaviorism**.

Commons something managed jointly by a community according to rules they themselves have evolved and adopted.

Community of practice A self-perpetuating group of people who share and develop a craft such as knitters, musicians, or programmers. See also **legitimate peripheral participation**.

Community representation Using cultural capital to highlight learners' social iden-

tities, histories, and community networks in learning activities.

Computational integration Using computing to re-implement pre-existing cultural artifacts, e.g. creating variants of traditional designs using computer drawing tools.

Competent practitioner Someone who can do normal tasks with normal effort under normal circumstances. See also **novice** and **expert**.

Computational thinking Thinking about problem-solving in ways inspired by programming (though the term is used in many other ways).

Concept inventory A test designed to determine how well a learner understands a domain. Unlike most instructor-authored tests, concept inventories are based on extensive research and validation.

Concept map A picture of a mental model in which concepts are nodes in a graph and relationships are (labeled) arcs.

Connectivism A theory of learning that holds that knowledge is distributed, that learning is the process of navigating, growing, and pruning connections, and which emphasizes the social aspects of learning made possible by the internet.

Constructivism A theory of learning that views learners as actively constructing knowledge.

Content knowledge A person's understanding of a subject. See also **general pedagogical knowledge** and **pedagogical content knowledge**.

Contributing student pedagogy Having learners produce artifacts to contribute to others' learning.

Conversational programmer Someone who needs to know enough about computing to have a meaningful conversation with a programmer, but isn't going to program themselves.

CS Unplugged A style of teaching that introduces computing concepts using non-programming examples and artifacts.

CS0 An introductory college-level course on computing aimed at non-majors with little or no prior experience of programming.

CS1 An introductory college-level computer science course, typically one semester long, that focuses on variables, loops, functions, and other basic mechanics.

CS2 A second college-level computer science course that typically introduces basic data structures such as stacks, queues, and dictionaries.

Deficit model The idea that some groups are underrepresented in computing (or some other field) because their members lack some attribute or quality.

Deliberate practice The act of observing performance of a task while doing it in order to improve ability.

Demonstration lesson A staged lesson in which one teacher presents to actual learners while other teachers observe in order to learn new teaching techniques.

Diagnostic power The degree to which a wrong answer to a question or exercise tells the teacher what misconceptions a particular learner has.

Direct instruction A teaching method centered around meticulous curriculum design delivered through prescribed script.

Dunning-Kruger effect The tendency of people who only know a little about a subject to incorrectly estimate their understanding of it.

Educational psychology The study of how people learn. See also **instructional design**.

Ego depletion The impairment of self control resulting from prolonged or intensive use. Recent work has failed to substantiate its existence.

Elevator pitch A short description of an idea, project, product, or person that can be delivered and understood in just a few seconds.

End-user programmer Someone who does not consider themselves a programmer, but who nevertheless writes and debugs software, such as an artist creating complex macros for a drawing tool.

End-user teacher By analogy with **end-user programmer**, someone who is teaching frequently, but whose primary occupation is not teaching, who has little or no background in pedagogy, and who may work outside institutional classrooms.

Expert Someone who can diagnose and handle unusual situations, knows when the usual rules do not apply, and tends to recognize solutions rather than reasoning to them. See also **competent practitioner** and **novice**.

Expert blind spot The inability of experts to empathize with novices who are encountering concepts or practices for the first time.

Expertise reversal effect The way in which instruction that is effective for novices becomes ineffective for competent practitioners or experts.

Externalized cognition The use of graphical, physical, or verbal aids to augment thinking.

Extraneous load Any **cognitive load** that distracts from learning.

Extrinsic motivation Being driven by external rewards such as payment or fear of punishment. See also **intrinsic motivation**.

Faded example A series of examples in which a steadily increasing number of key steps are blanked out. See also **scaffolding**.

False beginner Someone who has studied a language before but is learning it again. False beginners start at the same point as true beginners (i.e. a pre-test will show the same proficiency) but can move much more quickly.

Far transfer The **transfer of learning** between widely-separated domains, e.g. improvement in math skills as a result of playing chess.

Fink's Taxonomy A six-part non-hierarchical classification of understanding first proposed in [Fink2013] whose categories are *foundational knowledge*, *application*, *integration*, *human dimension*, *caring*, and *learning how to learn*. See also **Bloom's Taxonomy**.

Fixed mindset The belief that an ability is innate, and that failure is due to a lack of

some necessary attribute. See also **growth mindset**.

Flipped classroom One in which learners watch recorded lessons on their own time, while class time is used to work through problem sets and answer questions.

Flow The feeling of being fully immersed in an activity; frequently associated with high productivity.

Fluid representation The ability to move quickly between different models of a problem.

Formative assessment Assessment that takes place during a lesson in order to give both the learner and the teacher feedback on actual understanding. See also **summative assessment**.

Free-range learner Someone learning outside an institutional classroom with required homework and mandated curriculum. (Those who use the term occasionally refer to learners in classrooms as “battery-farmed learners,” but we don’t because that would be rude.)

Fuzz testing A software testing technique based on generating and submitting random data.

General pedagogical knowledge A person’s understanding of the general principles of teaching. See also **content knowledge** and **pedagogical content knowledge**.

Germane load The **cognitive load** required to link new information to old.

Governance board A board whose primary responsibility is to hire, monitor, and if need be, fire the director.

Growth mindset The belief that ability comes with practice. See also **fixed mindset**.

Guided notes Teacher-prepared notes that cue learners to respond to key information in a lecture or discussion.

Hashing Generating a condensed pseudo-random digital key from data; any specific input produces the same output, but different inputs are highly likely to produce different outputs.

Hypercorrection effect The more strongly someone believed that their answer on a test was right, the more likely they are not to repeat the error once they discover that in fact they were wrong.

Implementation science The study of how to translate research findings to everyday clinical practice.

Impostor syndrome A feeling of insecurity about one’s accomplishments that manifests as a fear of being exposed as a fraud.

Inclusivity Working actively to include people with diverse backgrounds and needs.

Inquiry-based learning The practice of allowing learners to ask their own questions, set their own goals, and find their own path through a subject.

Instructional design The craft of creating and evaluating specific lessons for specific audiences. See also **educational psychology**.

Intrinsic load The **cognitive load** required to absorb new information.

Intrinsic motivation Being driven by enjoyment of a task or the satisfaction of doing it for its own sake. See also **extrinsic motivation**.

Intuition The ability to understand something immediately, without any apparent need for conscious reasoning.

Jugyokenkyu Literally “lesson study,” a set of practices that includes having teachers routinely observe one another and discuss lessons to share knowledge and improve skills.

Learned helplessness A situation in which people who are repeatedly subjected to negative feedback that they have no way to escape learn not to even try to escape when they could.

Learner persona A brief description of a typical target learner for a lesson that includes their general background, what they already know, what they want to do, how the lesson will help them, and any special needs they might have.

Learning Management System (LMS): An application for tracking course enrollment, exercise submissions, grades, and other bureaucratic aspects of formal classroom learning.

Learning objective What a lesson is trying to achieve.

Learning outcome What a lesson actually achieves.

Legitimate peripheral participation Newcomers’ participation in simple, low-risk tasks that a **community of practice** recognizes as valid contributions.

Live coding The act of teaching programming by writing software in front of learners as the lesson progresses.

Long-term memory The part of memory that stores information for long periods of time. Long-term memory is very large, but slow. See also **short-term memory**.

Manual Reference material intended to help someone who already understands a subject fill in (or remind themselves of) details.

Marketing The craft of seeing things from other people’s perspective, understanding their wants and needs, and finding ways to meet them

Massive Open Online Course (MOOC) An online course designed for massive enrollment and asynchronous study, typically using recorded videos and automated grading.

Mental model A simplified representation of the key elements and relationships of some problem domain that is good enough to support problem solving.

Metacognition Thinking about thinking.

Minimal manual An approach to training that breaks every task into single-page instructions that also explain how to diagnose and correct common errors.

Minute cards A feedback technique in which learners spend a minute writing one positive thing about a lesson (e.g. one thing they’ve learned) and one negative thing (e.g. a question that still hasn’t been answered).

Near transfer **Transfer of learning** between closely-related domains, e.g. improvement in understanding of decimals as a result of doing exercises with fractions.

Notional machine A general, simplified model of how a particular family of programs executes.

Novice Someone who has not yet built a usable mental model of a domain. See also **competent practitioner** and **expert**.

Objects first An approach to teaching programming in which objects and classes are introduced early.

Pair programming A software development practice in which two programmers share one computer. One programmer (the driver) does the typing, while the other (the navigator) offers comments and suggestions in real time. Pair programming is often used as a teaching practice in programming classes.

Parsons Problem An assessment technique developed by Dale Parsons and others in which learners rearrange given material to construct a correct answer to a question [Pars2006].

Passive learning An approach to instruction in which learners read, listen, or watch without immediately using new knowledge. Passive learning is less effective than **active learning**.

Passive teaching An approach to instruction in which the teacher does not adjust pace or examples, or otherwise act on feedback from learners, during the lesson. See also **active teaching**.

Pedagogical content knowledge (PCK) The understanding of how to teach a particular subject, i.e. the best order in which to introduce topics and what examples to use. See also **content knowledge** and **general pedagogical knowledge**.

Peer instruction A teaching method in which an teacher poses a question and then learners commit to a first answer, discuss answers with their peers, and commit to a (revised) answer.

Persistent memory See **long-term memory**.

Personalized learning Automatically tailoring lessons to meet the needs of individual learners.

Plausible distractor A wrong or less-than-best answer to a multiple-choice question that looks like it could be right. See also **diagnostic power**.

Positioning What sets one brand apart from other, similar brands.

Preparatory privilege The advantage of coming from a background that provides more preparation for a particular learning task than others.

Productive failure A situation in which learners are deliberately given problems that can't be solved with the knowledge they have and must go out and acquire new information in order to make progress. See also **Zone of Proximal Development**.

Pull request A set of proposed changes to a GitHub repository that can be reviewed,

updated, and eventually merged.

Read-cover-retrieve A study practice in which the learner covers up key facts or terms during a first pass through material, then checks their recall on a second pass.

Reflective practice See **deliberate practice**.

Reusability Paradox Holds that the more reusable part of a lesson is, the less pedagogically effective it is.

Scaffolding Extra material provided to early-stage learners to help them solve problems.

Search engine optimization Increasing the quantity and quality of web site traffic by making pages more easily found by, or seem more important to, search engines.

Service board A board whose members take on working roles in the organization.

Short-term memory The part of memory that briefly stores information that can be directly accessed by consciousness.

Situated learning A model of learning that focuses on people's transition from being newcomers to be accepted members of a **community of practice**.

Split-attention effect The decrease in learning that occurs when learners must divide their attention between multiple concurrent presentations of the same information (e.g. captions and a voiceover).

Stereotype threat A situation in which people feel that they are at risk of being held to stereotypes of their social group.

Subgoal labeling Giving names to the steps in a step-by-step description of a problem-solving process.

Summative assessment Assessment that takes place at the end of a lesson to tell whether the desired learning has taken place.

Tangible artifact Something a learner can work on whose state gives feedback about the learner's progress and helps the learner diagnose mistakes.

Teaching to the test Any method of "education" that focuses on preparing students to pass standardized tests, rather than on actual learning.

Test-driven development A software development practice in which programmers write tests first in order to give themselves concrete goals and clarify their understanding of what "done" looks like.

Think-pair-share A collaboration method in which each person thinks individually about a question or problem, then pairs with a partner to pool ideas, and then have one person from each pair present to the whole group.

Transfer of learning Applying knowledge learned in one context to problems in another context. See also **near transfer** and **far transfer**.

Transfer-appropriate processing The improvement in recall that occurs when practice uses activities similar to those used in testing.

Tutorial A lesson intended to help someone improve their general understanding of

a subject.

Twitch coding Having a group of people decide moment by moment or line by line what to add to a program next.

Working memory see **short-term memory**.

Zone of Proximal Development (ZPD) Includes the set of problems that people cannot yet solve on their own but are able to solve with assistance from a more experienced mentor. See also **productive failure**.

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E Meetings, Meetings, Meetings

Most people are really bad at meetings: they don't make an agenda, they don't take minutes, they waffle on or wander off into irrelevancies, they say something banal or repeat what others have said just so that they'll have said something, and they hold side conversations (which pretty much guarantees that the meeting will be a waste of time). Knowing how to run a meeting efficiently is a core skill for anyone who wants to get things done; knowing how to take part in someone else's meeting is just as important (though it gets far less attention—as a colleague once said, everyone offers leadership training, but nobody offers followership training).

The most important rules for making meetings efficient are not secret, but are rarely followed:

Decide if there actually needs to be a meeting. If the only purpose is to share information, send a brief email instead. Remember, you can read faster than anyone can speak: if someone has facts for the rest of the team to absorb, the most polite way to communicate them is to write them up.

Write an agenda. If nobody cares enough about the meeting to write a point-form list of what's to be discussed, the meeting probably doesn't need to happen.

Include timings in the agenda. Agendas can also help you prevent early items stealing time from later ones if you include the time to be spent on each item in the agenda. Your first estimates with any new group will be wildly optimistic, so revise them upward for subsequent meetings. However, you shouldn't plan a second or third meeting because the first one ran over-time: instead, try to figure out why you're running over and fix the underlying problem.

Prioritize. Every meeting is a micro-project, so work should be prioritized in the same way that it is for other projects: things that will have high impact but take little time should be done first, and things that will take lots of time but have little impact should be skipped.

Make one person responsible for keeping things moving. One person should be tasked with keeping items to time, chiding people who are checking email or having side conversations, asking people who are talking too much to get to the point, and inviting people who aren't talking to express an opinion. This person should *not* do all the talking; in fact, whoever is in charge will talk less in a well-run meeting than most other participants.

Require politeness. No one gets to be rude, no one gets to ramble, and if someone goes off topic, it is both the moderator's right and responsibility to say, "Let's discuss that elsewhere."

No interruptions. Participants should raise a finger or put up a sticky note if they want to speak next. If the person speaking doesn't notice them, the moderator should.

No technology unless it's required for accessibility reasons. Insist that everyone put their phones, tablets, and laptops into politeness mode (i.e. close them).

Record minutes. Someone other than the moderator should take point-form notes about the most important pieces of information that were shared, every decision that was made, and every task that was assigned to someone.

Take notes. While other people are talking, participants should take notes of questions they want to ask or points they want to make. (You'll be surprised how smart it makes you look when it's your turn to speak.)

End early. If your meeting is scheduled for 10:00-11:00, you should aim to end at 10:50 to give people time to visit the bathroom on their way to where they need to go next.

As soon as the meeting is over, email the minutes to everyone or post them on the web:

People who weren't at the meeting can keep track of what's going on. A web page or email message is a much more efficient way to catch up than asking a team mate what you missed.

Everyone can check what was actually said or promised. More than once, I have looked over the minutes of a meeting I was in and thought, "Did I say that?" or, "Wait a minute, I didn't promise to have it ready then!" Accidentally or not, people will often remember things differently; writing it down gives team members a chance to correct mistakes, which can save a lot of anguish later on.

People can be held accountable at subsequent meetings. There's no point making lists of questions and action items if you don't follow up on them later. If you're using some kind of issue tracking system, create an issue for each new question or task right after the meeting and update those that are being carried forward, then start each meeting by going through a list of those issues.

[Brow2007; Broo2016; Roge2018] have lots of advice on running meetings. In my experience, an hour of training on how to be a moderator is one of the best investments you will ever make.

Sticky Notes and Interruption Bingo

Some people are so used to the sound of their own voice that they will insist on talking half the time no matter how many other people are in the room. To combat this, give everyone three sticky notes at the start of the meeting. Every time they speak, they have to take down one sticky note. When they're out of notes, they aren't allowed to speak until everyone has used at least one, at which point everyone gets all of their sticky notes back. This ensures that nobody talks more than three times as often as the

quietest person in the meeting, and completely changes the dynamics of most groups: people who have given up trying to be heard because they always get trampled suddenly have space to contribute, and the overly-frequent speakers quickly realize just how unfair they have been¹.

Another technique is interruption bingo. Draw a grid and label the rows and columns with participants' names. Add a tally mark to the appropriate cell each time someone interrupts someone else, and take a moment to share the results halfway through the meeting. In most cases, you will see that one or two people are doing all of the interrupting, often without being aware of it. That alone is often enough to get them to throttle back. (Note that this technique is intended to manage interruptions, not speaking time: it may be appropriate for people with more knowledge of a subject to speak about it more often in a meeting, but it is never appropriate to repeatedly cut people off.)

E.1 MARTHA'S RULES

Organizations all over the world run their meetings according to Robert's Rules of Order², but they are far more formal than most small projects require. A lightweight alternative known as "Martha's Rules" may be much better for consensus-based decision making [Mina1986]:

1. Before each meeting, anyone who wishes may sponsor a proposal by sharing it with the group. Proposals must be filed at least 24 hours before a meeting in order to be considered at that meeting, and must include:
 - a one-line summary;
 - the full text of the proposal;
 - any required background information;
 - pros and cons; and
 - possible alternatives

Proposals should be at most two pages long.
2. A quorum is established in a meeting if half or more of voting members are present.
3. Once a person has sponsored a proposal, they are responsible for it. The group may not discuss or vote on the issue unless the sponsor or their delegate is present. The sponsor is also responsible for presenting the item to the group.
4. After the sponsor presents the proposal, a preliminary vote is cast for the proposal prior to any discussion:
 - Who likes the proposal?
 - Who can live with the proposal?
 - Who is uncomfortable with the proposal?

¹I certainly did when this was done to me...

²https://en.wikipedia.org/wiki/Robert%27s_Rules_of_Order

Preliminary votes can be done thumb up, thumb sideways, or thumb down (in person) or by typing +1, 0, or -1 into online chat (in virtual meetings).

5. If all or most of the group likes or can live with the proposal, it is immediately moved to a formal vote with no further discussion.
6. If most of the group is uncomfortable with the proposal, it is postponed for further rework by the sponsor.
7. If some members are uncomfortable they can briefly state their objections. A timer is then set for a brief discussion moderated by the facilitator. After ten minutes or when no one has anything further to add (whichever comes first), the facilitator calls for a yes-or-no vote on the question: “Should we implement this decision over the stated objections?” If a majority votes “yes” the proposal is implemented. Otherwise, the proposal is returned to the sponsor for further work.

E.2 ONLINE MEETINGS

Chelsea Troy’s discussion³ of why online meetings are often frustrating and unproductive makes an important point: in most online meetings, the first person to speak during a pause gets the floor. The result? “If you have something you want to say, you have to stop listening to the person currently speaking and instead focus on when they’re gonna pause or finish so you can leap into that nanosecond of silence and be the first to utter something. The format... encourages participants who want to contribute to say more and listen less.”

The solution is to run a text chat beside the video conference where people can signal that they want to speak. The moderator then selects people from the waiting list. If the meeting is large or argumentative, have everyone mute themselves and only allow the moderator to unmute people.

E.3 THE POST MORTEM

Every project should end with a post mortem in which participants reflect on what they just accomplished and what they could do better next time. Its aim is *not* to point the finger of shame at individuals, although if that has to happen, the post mortem is the best place for it.

A post mortem is run like any other meeting with a few additional guidelines [Derb2006]:

Get a moderator who wasn’t part of the project and doesn’t have a stake in it.

Set aside an hour, and only an hour. In my experience, nothing useful is said in the first ten minutes of anyone’s first post mortem, since people are naturally a bit shy about praising or damning their own work. Equally, nothing useful is said after the first hour: if you’re still talking, it’s probably because one or two people have things they want to get off their chests rather than suggestions for improvements.

³<https://chelseatroy.com/2018/03/29/why-do-remote-meetings-suck-so-much/>

Require attendance. Everyone who was part of the project ought to be in the room for the post mortem. This is more important than you might think: the people who have the most to learn from the post mortem are often least likely to show up if the meeting is optional.

Make two lists. When I'm moderating, I put the headings "Do Again" and "Do Differently" on the board, then ask each person to give me one item for each list in turn without repeating anything that has already been said.

Comment on actions rather than individuals. By the time the project is done, some people may no longer be friends. Don't let this sidetrack the meeting: if someone has a specific complaint about another member of the team, require them to criticize a particular event or decision. "They had a bad attitude" does *not* help anyone improve.

Prioritize the recommendations. Once everyone's thoughts are out in the open, sort them according to which are most important to keep doing and which are most important to change. You will probably only be able to tackle one or two from each list in your next project, but if you do that every time, your life will quickly get better.

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F Checklists and Templates

[Gawa2007] popularized the idea that using checklists can save lives, and more recent studies have generally supported their effectiveness [Avel2013; Urba2014; Rams2019]. We find them useful, particularly when bringing new teachers onto a team; the ones given below can be used as starting points for developing your own.

F.1 TEACHING EVALUATION

This rubric is designed to assess people teaching for 5–10 minutes with slides, live coding, or a mix of both. Rate each item as “Yes,” “Iffy,” “No,” or “Not Applicable.”

Opening	Exists (use N/A for other responses if not) Good length (10–30 seconds) Introduces self Introduces topics to be covered Describes prerequisites
Content	Clear goal/narrative arc Inclusive language Authentic tasks/examples Teaches best practices/uses idiomatic code Steers a path between the Scylla of jargon and the Charybdis of over-simplification
Delivery	Clear, intelligible voice (use “Iffy” or “No” for strong accent) Rhythm: not too fast or too slow, no long pauses or self-interruption, not obviously reading from a script Self-assured: does not stray into the icky tarpit of uncertainty or the dungheap of condescension
Slides	Exist (use N/A for other responses if not) Slides and speech complement one another (dual coding) Readable fonts and colors/no overwhelming slabs of text Frequent change on screen (something every 30 seconds) Good use of graphics
Live Coding	Used (use N/A for other responses if not) Code and speech complement one another Readable fonts and colors/right amount of code on the screen Proficient use of tools Highlights key features of code Dissects errors

Closing	Exists (use N/A for other responses if it doesn't) Good length (10–30 seconds) Summarizes key points Outlines next steps
Overall	Points clearly connected/logical flow Make the topic interesting (i.e. not boring) Knowledgeable

F.2 TEAMWORK EVALUATION

This rubric is designed to assess individual performance within a team. You can use it as a starting point for creating a rubric of your own. Rate each item as “Yes,” “Iffy,” “No,” or “Not Applicable.”

Communication	Listens attentively to others without interrupting Clarifies what others have said to ensure understanding Articulates ideas clearly and concisely Gives good reasons for ideas Wins support from others
Decision Making	Analyzes problems from different points of view Applies logic in solving problems Offers solutions based on facts rather than “gut feel” or intuition Solicits new ideas from others Generates new ideas Accepts change
Collaboration	Acknowledges issues that the team needs to confront and resolve Works toward solutions that are acceptable to all involved Shares credit for success with others Encourages participation among all participants Accepts criticism openly and non-defensively Cooperates with others
Self-Management	Monitors progress to ensure that goals are met Puts top priority on getting results Defines task priorities for work sessions Encourages others to express views even when they are contrary Stays focused on the task during meetings Uses meeting time efficiently Suggests ways to proceed during work sessions

F.3 EVENT SETUP

The checklists below are used before, during, and after events.

SCHEDULING THE EVENT

- Decide if it will be in person, online for one site, or online for several sites.
- Talk through expectations with the host and make sure everyone agrees who is covering travel costs.
- Determine who is allowed to take part: is the event open to all comers, restricted to members of one organization, or something in between?
- Arrange teachers.
- Arrange space, including breakout rooms if needed.
- Choose dates. If it is in person, book travel.
- Get names and email addresses of attendees from host.
- Make sure everyone is registered.

SETTING UP

- Set up a web page with details on the workshop, including date, location, and what participants need to bring.
- Check whether any attendees have special needs.
- If the workshop is online, test the video conferencing—twice.
- Make sure attendees will have network access.
- Create a page for sharing notes and exercise solutions (e.g. a Google Doc).
- Email attendees a welcome message with a link to the workshop page, background readings, a description of any setup they need to do, a list of what they need to bring, and a way to contact the host or teacher on the day.

AT THE START OF THE EVENT

- Remind everyone of the code of conduct.
- Take attendance and create a list of names to paste into the shared page.
- Distribute sticky notes.
- Make sure everyone can get online.
- Make sure everyone can access the shared page.
- Collect any relevant online account IDs.

AT THE END OF THE EVENT

- Update the attendance list.
- Collect feedback from participants.
- Make a copy of the shared page.

TRAVEL KIT

Here are a few things teachers take with them to workshops:

sticky notes	cough drops
comfortable shoes	a small notepad
a spare power adapter	a spare shirt
deodorant	video adapters
laptop stickers	their notes (printed or on a tablet)
a granola bar or some other snack	antacid (because road food)
business cards	spare glasses/contacts
a notebook and pen	a laser pointer
an insulated cup for tea/coffee	extra whiteboard markers
a toothbrush or mouthwash	wet wipes (because spills happen)

When travelling, many teachers also take running shoes, a bathing suit, a yoga mat, or whatever else they exercise in or with. Some also bring a portable WiFi hub in case the room's network isn't working and some USB drives with installers for the software learners need.

F.4 LESSON DESIGN

This section summarizes the backward design method developed independently by [Wigg2005; Bigg2011; Fink2013]. It lays out a step-by-step progression to help you think about the right things in the right order and provides spaced deliverables so you can re-scope or redirect effort without too many unpleasant surprises.

Everything from Step 2 onward goes into your final lesson, so there is no wasted effort; as described in Chapter 6, writing sample exercises early helps ensure that everything you ask your learners to do contributes to the lesson's goals and that everything they need to know is covered.

The steps are described in order of increasing detail, but the process itself is always iterative. You will frequently go back to revise earlier work as you learn something from your answers to later questions or realize that your initial plan isn't going to play out the way you first thought.

WHO IS THIS LESSON FOR?

Create some learner personas (Section 6.1) or (preferably) choose ones that you and your colleagues have drawn up for general use. Each persona should have:

1. the person's general background;
2. what they already know;
3. what they think they want to do; and
4. any special needs they have.

Deliverable: brief summaries of who you are trying to help.

WHAT'S THE BIG IDEA?

Write point-form answers to three or four of the questions below to help you figure out the scope of the lesson. You don't need to answer all of these questions, and you may pose and answer others if you think it's helpful, but you should always include a couple of answers to the first one. You may also create a concept map at this stage (Section 3.1).

- What problems will people learn how to solve?
- What concepts and techniques will people learn?
- What technologies, packages, or functions will people use?
- What terms or jargon will you define?
- What analogies will you use to explain concepts?
- What mistakes or misconceptions do you expect?
- What datasets will you use?

Deliverable: a rough scope for the lesson. Share this with a colleague—a little bit of feedback at this point can save hours of wasted effort later on.

WHAT WILL LEARNERS DO ALONG THE WAY?

Make the goals in Step 2 firmer by writing full descriptions of a couple of exercises that learners will be able to do toward the end of the lesson. Doing this is analogous to test-driven development¹: rather than working forward from a (probably ambiguous) set of learning objectives, work backward from concrete examples of where you want your learners to end up. Doing this also helps uncover technical requirements that might otherwise not be found until uncomfortably late.

To complement the full exercise descriptions, write brief point-form descriptions of one or two exercises per lecture hour to show how quickly you expect learners to progress. Again, these serve as a good reality check on how much you're assuming and help uncover technical requirements. One way to create these "extra" exercises is to make a point-form list of the skills needed to solve the major exercises and create an exercise that targets each.

Deliverable: 1–2 fully explained exercises that use the skills people are to learn, plus half a dozen point-form exercise outlines. Include complete solutions so that you can make sure the software you want learners to use actually works.

HOW ARE CONCEPTS CONNECTED?

Put the exercises you have created in a logical order and then derive a point-form lesson outline from them. The outline should have 3–4 bullet points for each hour with

¹https://en.wikipedia.org/wiki/Test-driven_development

a formative assessment of some kind for each. It is common to change assessments in this stage so that they can build on each other.

Deliverable: a lesson outline. You are likely to discover things you forgot to list earlier during this stage, so don't be surprised if you have to double back a few times.

LESSON OVERVIEW

You can now write a lesson overview with:

- a one-paragraph description (i.e. a sales pitch to learners);
- half a dozen learning objectives; and
- a summary of prerequisites.

Doing this earlier often wastes effort, since material is usually added, cut, or moved around in earlier steps.

Deliverable: course description, learning objectives, and prerequisites.

F.5 PRE-ASSESSMENT QUESTIONNAIRE

This questionnaire helps teachers gauge the prior programming knowledge of participants in an introductory JavaScript workshop. The questions and answers are concrete, and the whole thing is short so that respondents won't find it intimidating.

1. Which of these best describes your experience with programming in general?
 - I have none.
 - I have written a few lines now and again.
 - I have written programs for my own use that are a couple of pages long.
 - I have written and maintained larger pieces of software.
2. Which of these best describes your experience with programming in JavaScript?
 - I have none.
 - I have written a few lines now and again.
 - I have written programs for my own use that are a couple of pages long.
 - I have written and maintained larger pieces of software.
3. Which of these best describes how easily you could write a program in any language to find the largest number in a list?
 - I wouldn't know where to start.
 - I could struggle through by trial and error with a lot of web searches.
 - I could do it quickly with little or no use of external help.

4. Which of these best describes how easily you could write a JavaScript program to find and capitalize all of the titles in a web page?
 - I wouldn't know where to start.
 - I could struggle through by trial and error with a lot of web searches.
 - I could do it quickly with little or no use of external help.
5. What do you want to know or be able to do after this class that you don't know or can't do right now?

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G Ejemplos de mapas conceptuales

Estos mapas conceptuales fueron creados por Amy Hodge de la Universidad de Stanford, y se reutilizan con permiso.

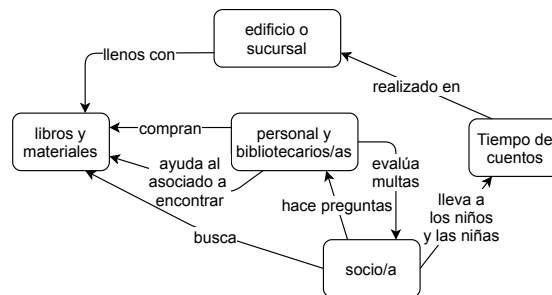


Figure G.1: Mapa conceptual desde el punto de vista los/las socios/as de la Biblioteca

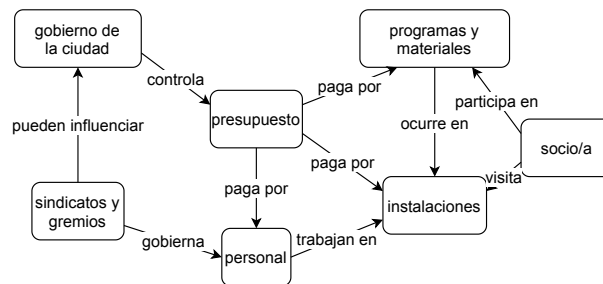


Figure G.2: Mapa conceptual desde el punto de vista de la dirección de la biblioteca

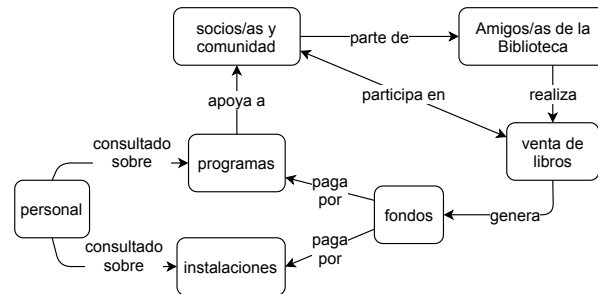


Figure G.3: Mapa conceptual desde el punto de vista de los/las amigos/as de la biblioteca

H Chunking Exercise Solution

See the last exercise in Chapter 3 for the unchunked representation of these symbols.

1	2	3
4	5	6
7	8	9

Figure H.1: Chunked representation

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Index

- absolute beginner, 94
- accessibility, 111
- active learning, 39
- active teaching, 75
- ADEPT (lesson pattern), 42
- agotamiento del ego, 153
- Alinsky, Saul, 151
- aprendizaje situado, 145
- artificial intelligence (hype), 89
- authentic task, 107
- automatic grading, 139
- automaticity, 44

- backward design, 49
- behaviorism, 36
- Benner, Patricia, 7
- Berlin, Isaiah, 125
- blocks-based programming, 65
- Bloom's Taxonomy, 52, 122, 133
- brand, 160
- burnout, 153

- calibrated peer review, 45, 130, 141
- Carroll, John, 35
- Caulfield, Mike, 54
- chunking, 24, 34
- co-teaching, 85, 91
- Code of Conduct, 89
 - enforcement, 89
- Code, Warren, 27
- cognitive apprenticeship, 34
- cognitive architecture, 29, 39
- cognitive load
 - criticism of, 35
 - extraneous, 31
 - germane, 31
 - intrinsic, 31
- cognitive load theory, 31
- cognitivism, 36
- commons, 152
- community representation, 115
- competent practitioner, 7

- computational integration, 115
- computing education research, 59
- comunidad de práctica, 145
- concept inventory, 11
- concept map, 20, 49
- concrete examples (learning strategy), 42
- connectivism, 36, 121
- constructivism, 36
- content knowledge, 59
- contributing student pedagogy, 45
- conversational programmer, 168
- Cormier, David, 121
- CRA (lesson pattern), 56
- CS unplugged, 69
- CS0, 60
- CS1, 60
- CS2, 60
- Código de Conducta, 150

- Davis, Neal, 75
- debugging, 64, 135
- deficit model, 116
- deliberate practice, 25
- demonstration lesson, 81
- demotivation
 - environmental causes, 108
 - indifference, 108
 - unfairness, 108
 - unpredictability, 108
- design patterns, 25
- Direct Instruction, 79, 125
- directorio o junta, 153
- directorio o junta de servicio, 153
- distractor plausible, 10
- Downes, Stephen, 121
- dual coding (learning strategy), 43
- Dunning-Kruger effect, 92
- Dweck, Carol, 111
- Dyson, George, 75

- educational psychology, 36
- effect of prior experience, 61

- el efecto inverso de la experiencia, 8
- elaboration (learning strategy), 42
- elevator pitch, 159
- end-user programmer, 59
- end-user teacher, 1
- enseñanza activa, 11
- error messages, 67
- evaluación formativa, 9
- evaluación sumativa, 9
- expert, 7, 19
- expert blind spot, 20
- externalized cognition, 22
- extrinsic motivation, 105

- faded example, 32
- false beginner, 94
- feedback
 - getting, 82
 - giving, 82
- findability
 - of lessons, 51
 - of organizations, 148, 161
- Fink's Taxonomy, 53
- fixed mindset, 111
- flipped classroom, 128
- flow, 44
- flowcharts, 68
- fluid representation, 19
- formative assessment, 24, 49
 - requirements, 10
- free-range learner, 1
- fuzz testing, 139

- geek gene (nonexistence of), 108
- general pedagogical knowledge, 59
- Gibson, William, 128
- governance, 152
- graphics
 - decorative, 30
 - instructive, 30
 - seductive, 30
- growth mindset, 111
- guided notes, 46

- hashing, 140

- Herckis, Lauren, 164
- hybrid teaching, 128
- hypercorrection effect, 41

- illegal downloading (mine), 70
- implementation science, 165
- impostor syndrome, 2, 110
 - combating, 110
- inclusivity, 113
- individual tutoring (effectiveness of), 89
- inquiry-based learning, 31
- institutional WiFi (perils of), 99
- interleaving (learning strategy), 41
- intrinsic motivation, 105
- intuition, 19

- jugyokenkyu, 80

- labeled subgoals, 34, 63
- learned helplessness, 108
- learner persona, 50, 159
- learning management system, 124
- learning objective, 51
- learning outcome, 52
- learning strategy
 - concrete examples, 42
 - dual coding, 43
 - elaboration, 42
 - interleaving, 41
 - retrieval practice, 41
 - spaced practice, 40
- lesson pattern
 - ADEPT, 42
 - CRA, 56
 - PETE, 56
 - PRIMM, 56
 - teach by contrast, 42
- live coding, 75
- long-term memory, 23, 29, 39

- maintainability (of lessons), 54
- manual, 8
- marketing, 159
- Massive Open Online Course, 121
- Mazur, Eric, 90

- McTavish, Emily Jane, 76
- media computation, 107
- metacognition, 39
- minimal manual, 35
- minute card, 97
- misconception
 - broken mental model, 9
 - factual error, 9
 - fundamental belief, 9
- mistakes (importance of embracing), 76
- mixed abilities (accommodating), 93
- modelo mental, 7
- motivation
 - autonomy, 105
 - competence, 105
 - of teachers, 106
 - relatedness, 105
- multi-tasking, 44
- multiple choice question, 10, 133
- máquina nocional, 12
- note-taking, 95
- novice, 7
- object-oriented programming, 66
- objects first, 66
- onboarding (of members), 150
- online learning
 - implementation of, 124
 - pros and cons of, 123
- Orwell, George, 172
- overwork, 43
- pair programming, 94
- Parsons Problem, 31, 76, 135
- Partanen, Anu, 145
- participación periférica legítima, 145
- passive learning, 39
- pedagogical content knowledge, 59
- peer assessment, 45
- peer instruction, 77, 90
- pensamiento computacional, 12
- Perl (disparaging reference to), 121
- persistent memory, 23
- personalized learning, 122
- PETE (lesson pattern), 56
- poder diagnóstico, 10
- positioning, 161
- preparatory privilege, 94
- PRIMM (lesson pattern), 56
- productive failure, 110
- program patterns, 63
- program visualization, 68
- pull request, 221
- Python, 13, 16, 20, 33, 65, 66
- read-cover-retrieve, 41
- recruitment (of members), 148
- reflective practice, 25
- retención (de participantes), 151
- retirement (of members), 149
- retrieval practice (learning strategy), 41
- Reusability Paradox, 54
- Robinson, Rosario, 161
- Ruby, 66
- scaffolding, 32
- Scratch, 16, 65, 138
- screencasts, 125
- search engine optimization, 161
- self-assessment (perils of), 92
- short-term memory, 23, 29, 39
- Siemens, George, 121
- situated learning, 36
- sleep deprivation, 43
- spaced practice (learning strategy), 40
- split-attention effect, 30
- spoons (metaphorical), 113
- stereotype threat, 111
- sticky notes
 - as minute cards, 97
 - as status flags, 96
 - to distribute attention, 97
- studio class, 84
- summative assessment, 49
- superbug, 62
- tangible artifact, 107
- teach by contrast (lesson pattern), 42
- teaching to the test, 50

test-driven development, 49
testing (software), 64
The Carpentries, 8
think-pair-share, 101
transfer of learning, 39
 far transfer, 39
 near transfer, 39
transfer-appropriate processing, 41
tutorial, 8
Twain, Mark, 8
twitch coding, 76
type declarations, 67

unintended knowledge transfer, 75, 91

variable naming, 67
verbal channel, 29
virtual machines, 99
visual channel, 29

WEIRD, 59
Wilde, Oscar, 22
William, Dylan, 106
Willingham, Daniel, 19, 53
working memory, 23

Zone of Proximal Development, 55